

The Community Leader

ISSN 2652-8738

YOUR LOCAL MONTHLY NEWSLETTER

ISSUE 12

IT'S GOOD NEWS – WE'RE TURNING ONE!



May marks issue 12 of The Community Leader, which is our chance to celebrate you!

Without the support of people, organisations and businesses in our community, this publication wouldn't be possible. Over the last year we've been able to throw light on a diverse range of people in the community. We hope you've been inspired by their efforts, and perhaps joined a club, volunteered your time, shopped locally, or attended an event featured in The Community Leader.

Thank you to all our advertisers; to the community groups and

individuals who enthusiastically share their good news stories, and to our readers who invest their time getting to know more about the beautiful bayside region.

This month we also pay tribute to our mums, and whether you have a mum in a traditional sense, or you 'adopt' a mum in the community to spoil, there's so much to do locally on the second Sunday of May.

Need some inspiration? Take mum on shopping spree for fabulous fashions at Bella Botiqo, Sobidah, and Simply Bella. Browse The Collective Store, where you'll find hand-crafted items from more

than 100 Australian creators. Catch a movie at the new Majestic Cinemas. Pour over fiction at the Little Gnome Bookstore.

Sip champagne by the bay at Tide on the Jetty. Relax with freshly shucked oysters and original cocktails at Shucks Bar. Grab some take-away fish and chips from Sea Vibes and watch the boats sail in. Pack a picnic and get outside to enjoy the divine autumn weather.

With so many good things happening daily in the Wynnum Manly area, we're excited to continue to bring you all the good news each month.

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COMMUNITY UPDATE

JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

BAYSIDE LEGAL SERVICE

Bayside Community Legal Service is a fantastic resource for our local community. Since opening their doors to Baysiders in 1992, Bayside Community Legal Service has been providing free legal services, help and education to people in the Bayside community who are socially, economically and/ or physically disadvantaged or otherwise vulnerable.

If you're in need of some legal advice, why not pop by their office at Wynnum Community Centre Floor 1, 105 Florence St, Wynnum. Their opening hours are 8:30am – 4:30pm, Monday to Thursday.

ANZAC DAY COMMEMORATIONS

On Anzac Day each year we remember all Australians who served and died in all wars, conflicts and peacekeeping operations. 25 April marks the anniversary of the first major military action fought by Australian and New Zealand forces during the First World War.

On the Bayside, Anzac Day commemorations at Manly Lota RSL, Wynnum RSL and Bayside National Servicemen's Association took place in a respectful and COVIDSafe way.

It was a time of reflection and commemoration and an opportunity to come together as a community to acknowledge the sacrifice of servicemen and women.

DOMESTIC VIOLENCE VIGIL

Each May, Queensland marks Domestic and Family Violence Prevention Month to raise community awareness of domestic and family violence and to send a clear message that any kind of violence in families and homes will not be tolerated.

Locally, we gather at 5.30pm on May 6 for the Bayside Candle Light Vigil at Pandanas Beach to take a united stance against domestic violence.

QLD SMALL BUSINESS MONTH

In May we celebrate Queensland Small Business Month 2021 (QSBM 2021) which celebrates local small businesses that make such a vital contribution to our state's economy and play an important role in the Bayside.

This year, QSBM will be better than ever. With activities and events across the state, delivering a range of opportunities for small business owners to network, connect and learn new skills that will help them succeed now and into the future.

QSBM 2021 aims to give small business owners the opportunity to learn and acquire new ideas, skills and tools to take their businesses to the next level by either participating in or hosting an activity during the month of May. More information is available at: <https://www.business.qld.gov.au/starting-business/advice-support/support/small-business/qsbm>

AS PART OF THE QSBM I AM RELAUNCHING MY "BAYSIDE BUSINESS OF THE MONTH" AWARD!

One local small business will be recognised each month and promoted via my social media, featured in my monthly community newsletter, and acknowledged in my community window.

I am calling for nominations from locals for local businesses that you think deserve to be recognised. You may have experienced exceptional customer service or purchased a fabulous product or seen something amazing at a local store.

So why not nominate your favourite local business? Please send me an email and provide details in no more than 100 words why you think this business should be the "Bayside Business of the Month."

OLYMPICS UNLEASHED

We know that sport can transform lives by inspiring kids to be the best they can be. As part of the Olympics Unleashed program, I encourage Bayside primary schools to host an Olympian to share their amazing stories with students.

With the Tokyo Olympics just around the corner, this is an exciting opportunity for Bayside kids to meet our Aussie Olympic Heroes. Athletes have been visiting schools across Queensland and inspiring students with their stories of perseverance and dedication.

Schools can learn more and register their interest on the Australian Olympic Committee's Olympics Unleashed webpage: <https://www.olympics.com.au/olympics-unleashed/states/qld/>

ROAD SAFETY CAMPAIGN

The Queensland Police Service in partnership with the Department of Transport and Main Roads, recently launched its Easter Road Safety Campaign. This important campaign will run until the end of May. The key message of this year's campaign is: We want to stop you, before speeding does. Expect police anywhere, anytime.



Joan Pease MP
Standing up for the Bayside

THE BAYSIDE IS "GOOD TO GO"

The travel bubble with New Zealand has commenced and we know our Kiwi mates need a Queensland holiday. So tell your New Zealand friends that the Bayside is Good to Go! We already know how fabulous the Bayside is, let's share this with our Kiwi friends!

QLD'S ANIMAL WELFARE LAWS UNDER REVIEW

I know that we Baysiders love our animal friends, and that's why I'm inviting you to have your say as the Palaszczuk Government initiates a major review of our animal welfare laws to ensure Queensland laws keep pace with community expectations. This review will examine all aspects of the Animal Care and Protection Act 2001 to ensure that the Act continues to meet changing community expectations and modern animal welfare practices.

I encourage anyone who has an interest in the care of animals to have a say as part of the review - whether you have pets, produce livestock for a living, or work with animals. To have your say before the 21 May 2021 you can visit the biosecurity.qld.gov.au and search for 'ACPA review' to complete the survey. Alternatively, you can contact my office if you would like to submit a written response.

JoanPease MP | State Member for Lytton

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MAGGIE'S MATES

SPONSORED BY MARKET 2 MARKET **20** YEARS



Name: Paisley.

Suburb: Wakerley.

How long have you lived there? Thirteen years.

Favourite local walk? I love to walk with my owner Casey at the dog park in Lota.

Your most treasured toy? I love to play with Jackson's (my human brother's) shoes – I love their aroma!

Your favourite food? All human food, except brussel sprouts.

Your worst habit? Eating possum poo!

Your favourite local hangout?

The dog park at Lota.

Your best doggo friend? Scout, a blue heeler. We were born seven days apart from each other.

Any funny or embarrassing stories you'd like to share? I'm pretty brave all the time, but storms scare me. Recently, I was nearly renamed Winnie the Pooh, because I got stuck in the doggy door trying to escape a storm. This caused a great deal of concern for my family, but I am all recovered now.

What do people love most about you? My dalmation smile!

Name: Roundabout.

Suburb: My Dad Josh works in Wynnum.

How long have you lived there? I've been visiting with Dad since I came into his life five months ago.

Favourite local walk? Everywhere! I love a trip to the Wynnum foreshore, but I also love venturing to the City... though let's be honest, I much prefer to be carried (preferably in my custom carry-bag).

Your most treasured toy? That would have to be shoelaces. I don't care whose. I just love them.

Your favourite food? Peanut butter.

Your worst habit? Just wanting to talk to everyone!

Your favourite local hangout? I love visiting Blue Tongue Collectables with Dad and seeing what's new in the shop.

Your best doggo friend? Snoopy, he's a beagle I play with at the dog park.

Any funny or embarrassing stories you'd like to share? I don't have a bed, I prefer to sleep in the shower every night – don't knock it 'til you've tried it, it's the best way to stay cool.

What do people love most about you? They all tell me I'm so cuddly, fluffy and gorgeous!



Name: Dudley.

Suburb: Birkdale.

How old are you? I turned 19-years-old in April.

Your favourite local activity? I love a drive along the Esplanade in the car.

Your most treasured toy? A ball with a bell inside – I'm very musical!

Your favourite food? Peanuts.

Your worst habit? I screech loudly when anyone is trying to talk on the phone.

Your favourite local hangout? The podiatrist at the Brisbane Physio Clinic (secret – she's my Mum, Elaine).

Any funny or embarrassing stories you'd like to share? I often try to steal more than my daily share of peanuts. Unfortunately I get caught sometimes.

What do people love most about you? I'm the smartest yellow bird you could meet.

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MISS MAGGIE OF MANLY



ALL ABOUT ARTHRITIS IN DOGS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Arthritis is a degenerative joint disease and is the most common cause of reduced mobility in dogs. It can occur at any age and body weight, but is most commonly seen in large breed older dogs or in animals after an injury.

Signs of arthritis include:

- limping, stiffness, change in gait
- reluctance to walk, jump or climb stairs
- difficulty rising from a resting position or finding a comfortable position
- licking affected joints
- reduced interaction with people
- change in toileting behaviour
- increased vocalisation

There are five significant components of equal importance to consider when treating arthritis.

1. Weight control – overweight dogs have a greater load to carry on their joints.
2. Provide a warm, soft bed in a draft-free location.
3. Exercise – regular gentle exercise such as short leash walks or swimming can be very beneficial in keeping joints moving and maintaining muscle mass.
4. Physiotherapy – regular massage and range of motion exercises can be performed at home (your vet can demonstrate these). There are specially trained animal physiotherapists who utilise a range of treatments including massage, underwater treadmills, ultrasound, laser therapy and acupuncture to help relieve arthritis pain.

5. Medications – there are a range of medications used to help treat and prevent worsening of arthritis. Injectable chondroprotective agents can be administered by injection. Oral supplements are available in a range of options including powders and capsules which can be added to food. Anti-inflammatory and analgesic medications are often necessary – make an appointment with your vet to discuss the best options for your pet.



LOCAL PERSONALITY PROFILES



Name: Janie Weightman.

Suburb: Manly.

What's your business? Flowers on Cambridge, a bricks and mortar florist and Australian giftwares shop located on Manly Harbour Village's main street.

Do you have any fun/interesting stories about your job? I just love learning a little about everyday people and the lives they lead from small conversations, and the gifts and flowers they buy for their loved ones for special and everyday occasions.

What's your favourite local dine-in and take-away? Tide on the Jetty for a beautiful experience on the marina and Ocean Thai for take-away.

Best local activity? Walking the dogs with hubby looking out over the always amazing Moreton Bay.

The last book you read? Still to read, but next in line is *Honeybee* by Craig Silvey.

The last tv show or movie you watched? *Masterchef* – because my culinary skills go to jelly!

Is there anything you'd like to see happen in the local area? A night market along Cambridge Parade with food trucks and fairy lights.

Is there a local business/community group/club you'd like to give a shout-out to? I want to thank all the local Manly Harbour Village businesses and eateries that have welcomed me personally into the area and supported Flowers on Cambridge over the past six months. I love the community spirit and sense of belonging.

Name: Stella Carter.

Suburb: Lota.

What's your business? I'm a Social Media Manager and a Creative Team Member for Tea-Cup Cottage Disability Support services, based at Blue Tongue Collectables on Tingal Road.

Do you have any fun/interesting stories about your job? As part of the creative team I find myself doing all sorts of things, from making soaps and candles with young adults with disabilities, to working in our Collectables homewares store, to even selecting fresh flowers from the markets to arrange and sell at our café in Thorneside. I am always kept on my feet!

What's your favourite local dine-in and take-away? Although this may be extremely biased, I absolutely adore one of our very own business branches called Blue Tongue Pantry in Thorneside.

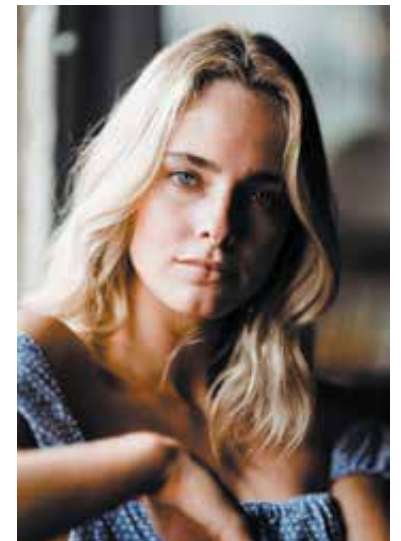
Best local activity? Manly is home to some brand-new bars and restaurants along the waterfront which are perfect for afternoon drinks as they have the best views of the harbour and neighbouring islands. The experience is even more stunning at sunset!

The last book you read? *Women Don't Owe You Pretty* by Florence Given.

The last tv show or movie you watched? *Before Sunrise*.

Is there anything you'd like to see happen in the local area? I'd love to see more local live music!

Is there a local business/community group/club you'd like to give a shout-out to? I'd love to give a shout out to Lido Italia, the most delicious, classic Italian restaurant in Cambridge Parade. It is such a family-oriented business, the staff are always lovely and the food is so authentic. They are my family's go-to for take-away for dinner and they never disappoint. Their gelato is to die for too!



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LET'S CHAT
about your
investment
property

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★★★★★

GREAT EXPERIENCE! We were so impressed by the professionalism and experience of the Sash and Gable team we have signed up all 8 of our investment properties. We secured a wonderful tenant on the first open for inspection and couldn't be happier. Highly recommend if you want high level and quality service! – LANDLORD



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Wynnum



Wynnum

MAKE THE MOST OF MAY THE BAYSIDE WAY

CONTRIBUTED BY THE MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

“Life doesn’t come with a manual, it comes with a mother.”

Mother’s Day is coming up on Sunday 9th May, and Manly Harbour Village is the perfect spot to spend some quality time by the scenic Moreton Bay!

The friendly team at Bella Botiqo have a great new range of brands in-store to choose from, plus gift vouchers available. Or why not delight Mum’s tastebuds at Shucks Bar, offering a Mother’s Day Sunday lunch set menu for just \$89 per person – including a glass of prosecco on arrival, shared cold seafood platter, main and dessert. Two seatings are available, and bookings can be made via shucksbar.com.au. If you prefer, enjoy a picnic in the park and pick up a take-away tote filled with gourmet house-made edible goodies, plus a special gift for Mum inside.

However, May is not all about Mother’s Day, and many of us can’t be with our mums. This month is the perfect time to remind all of our loved ones and caregivers how much they mean to us! And it doesn’t have to break the bank.

Hand-make a gift from the heart – why not fill a jar with reasons why you think someone is wonderful, and surprise them with this thoughtful gesture? Take a walk along the Esplanade, ask about their life, and see the world through their eyes. Make a meal together and enjoy company, conversation, and connection.

Manly Harbour Village hosts a variety of free community events each month, including Movies in the Park on the first Saturday of the month (May’s scheduled movie is *The Lion King*), Manly Creative Markets every Sunday, and the Jan Powers Farmers Market on the first and third Saturday of the month.



Photo courtesy of Bella Botiqo.

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The complex block features a dark blue background with a collage of images on the right side, including a couple with ice cream, people walking, and a bicycle. The text is white and centered.

SAVOYARDS CELEBRATE 60 YEARS OF SHOWBIZ

FROM THE SAVOYARDS MUSICAL COMEDY SOCIETY

Savoyards Musical Comedy Society Inc. is excited to announce its 60th Anniversary year.

To celebrate, Savoyards is taking a journey back in time by launching the Savoyards Archive – a treasure trove of memorabilia honouring the history as Queensland’s longest continuously running musical theatre society.

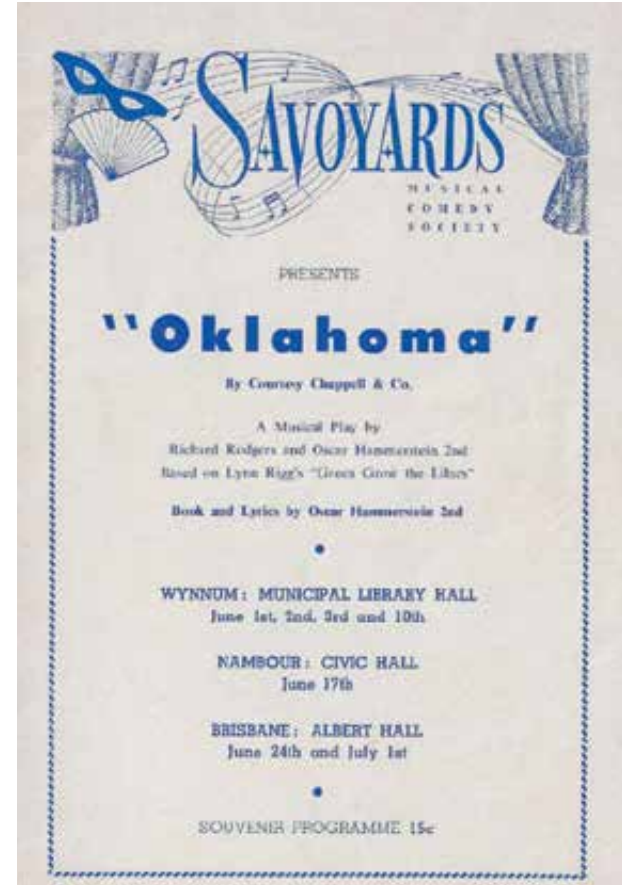
The site includes copies of original programmes, photos and news clippings for productions from 1961 to present. The first ten years of history is currently available at www.savoyardsarchive.online and decades will be progressively released throughout 2021.

The Savoyards Star Committee is also presenting “60 Years in 60 Minutes”, a unique insight into what it takes to bring a Savoyards production to life on the stage. Hosted by Graham Colenutt, this series of five-minute episodes will take you on a journey from show selection right through to opening night. It’s a wonderful opportunity to look behind the curtain and see how the magic of a great night at the theatre is created. The series can be found on the Savoyards website at www.savoyards.com.au.



Photos courtesy of Savoyards Musical Comedy Society.

Savoyards has been honoured to bring music and theatre to the Brisbane bayside community for over 60 years, and look forward to bringing Hot Shoe Shuffle and The Drowsy Chaperone to the stage later this year. Keep your eyes out for ticket sales announcements!



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AUTUMN ORCHID SHOWCASE BRINGS BEAUTY TO BELMONT

Here's your chance to explore a natural gallery of beautiful orchids in one place.

Brisbane Orchid Society Inc. will hold its 47th Annual Autumn Show at the Belmont International Shooting Complex Centre, located at 1485 Old Cleveland Road, Belmont.

Over the weekend of Saturday 22nd and Sunday 23rd of May, visitors can expect to enjoy an extensive display of orchids nurtured by Orchid Society members who hail from the greater Brisbane area.

"This show is an opportunity to see and learn; there will be members available to answer any questions you may have in relation to the care and growing needs of your orchids, and there will be potting demonstrations over the weekend," explained Brisbane Orchid Society Vice President Milton Ludlow.

"As well as members having plants for sale, there will also be several orchid vendors in attendance where you may be able to purchase an orchid or two, or buy some pots or product you may be

wanting.

"The popularity of orchids is increasing, with over 25,000 species worldwide as well as hybrids, is there any wonder this hobby has grown over the past years. Orchids have become much more popular in recent years within the general public, not just the hobbyist."

The show will be run under Covid-19 regulations with the number of patrons at any one time monitored and social distancing in place.

The Lions Club of Holland Park will be catering this event. The show is open to the public for a small entry fee of \$4.



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BACK IN TIME: THE QUEENSPORT HOTEL

BY JILL GREENHILL, LIBRARIAN, WYNNUM MANLY HISTORICAL SOCIETY

In the *Brisbane Courier* of 5 May 1891 Martin Kavanagh was advertising “a new hotel for Hemmant”.

Martin Kavanagh was already well established in the district. He had purchased seven acres of land in Doughboy Creek (Hemmant) in 1867 and was then advertised as a “farmer”. The government-owned land, originally occupied by the Gnaloongpin people, was gradually sold off in the 1840s and 1850s to private landholders. The land was cleared, and the Aboriginals displaced. Farms were established, with fruit and vegetables transported by boat up-river into town. The bridging of Doughboy (Bulimba) Creek in 1861 further opened up the area. The small villages of Doughboy Creek (renamed Hemmant in the 1870’s) and Lytton developed.

Martin changed his occupation to “Publican” and was the publican of the Lytton Hotel from 1879 to 1891. During those years, Hemmant acquired a school, a postmaster, a policeman, three dairymen, 26 farmers, a butcher, and a baker. The Queensport meat works was established in the 1880s close by on the riverbank. The railway line to Cleveland passed through Hemmant in 1889 and a permanent station was in place by 1914.

One of Brisbane’s first amusement parks was built in 1889, at the end of today’s Aquarium Avenue, beside the river. Day trippers boarded steam boats in the City to be brought to the “Queensport Aquarium”. Within the park were six large glass fish tanks, a penguin enclosure, performing seals, tame pelicans, a dance hall, a switch-back railway and a merry-go-round. A zoo, with monkeys, tigers, snakes, cheetahs and panthers, was also an attraction. Unfortunately, as a result of the 1893 floods and poor financial



management, the park closed in 1897.

Martin realised the potential of establishing a hotel at Hemmant and announced his intention in the Brisbane press. He was granted a hotel license in 1891 and built the hotel on his land, near the Queensport Aquarium, as well as close to the Queensport meat works, ensuring that he had a steady clientele for the hotel.

The new Queensport Hotel was designed by respected Brisbane architect, Charles McLay, who had worked for the Queensland Government from 1885. In 1890 Charles McLay moved into private practice and the Queensport Hotel was

one of his first assignments. The building was of brick and timber construction.

When Martin opened the Queensport Hotel in May 1891, the license for the Lytton Hotel was transferred to his daughter, Bridget Kavanagh. Martin died in 1898 and passed the license for the Queensport Hotel over to another of his daughters, Mary Ann Kavanagh.

Mary Ann Kavanagh married Martin McGladrigan and the hotel was run by the Kavanagh family until 1911. Then the lease passed to John Henry Campbell and thus followed a series of licensees for the hotel.

Many of Brisbane’s small villages established around the mouth of the river in the nineteenth century have disappeared – Lytton, Cribb Island and Myrtle town – due to infrastructure and industrial expansion. Pinkenba and Hemmant remain today.

The Queensport Hotel is the last nineteenth-century hotel remaining and continues to provide hospitality to industry workers and the local community.

The Queensport Hotel is located at 49 Gosport Street, Hemmant.

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THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



FEDERAL BUDGET TO BE DELIVERED ON MAY 11

The 2021-22 Federal Budget will be handed down by Treasurer Josh Frydenberg on May 11 and the Prime Minister has indicated it will focus on building on our National Economic Recovery Plan.

As the Prime Minister said in an address to the Business Council of Australia recently:

“We have a long way still to go to deliver the jobs, to guarantee the services that Australians rely on and keep Australians safe, both now and into the future. And our economic recovery plan, the second phase of that which will be in the Treasurer’s Budget, is geared to keeping our economy on that right track. To protect and preserve those lives and livelihoods, but also to build a strong and durable recovery for the future. Not one that depends on the taxpayers’ continued subsidy, but one that is based on a robust, vibrant, business-led economy that can stand on its own two feet. Stage Two of our National Economic Recovery Plan will be in that Budget in a few weeks’ time, and it builds on the strong foundations laid in last year’s October Budget.”

If you would like to keep up to date with the Budget announcement and stay informed on how this will affect you and the Bonner electorate, sign up to my e-news at www.rossvasta.com.au/news/community_e-news



NATIONAL VOLUNTEER WEEK

National Volunteer Week (NVW) is Australia’s largest annual celebration of volunteers.

Every year I host the Bonner Volunteer Awards to recognise the incredible contribution of volunteers in our local community. I look forward to sharing an update on our winners and their amazing stories in the next issue.

However, from May 17 to 23, National Volunteer Week is when we come together as a nation to celebrate Australia’s six million volunteers!

From sporting clubs to wildlife carers, community groups and more, volunteers come from all walks of life to assist in a myriad of ways. To all our volunteers I say thank you! You are the heart and soul of our local communities.



MOBILE OFFICE AT THE MANLY MARKETS

My Mobile Office is coming to the Manly Creative Markets on Sunday, May 23. My team will be set up from 6.30am to 3pm and I’ll be popping in throughout the day.

Drop in if you’d like to catch up for a chat about the Budget or any other issues you may have. If you can’t get along to the markets, stay up to date on upcoming mobile offices via my Facebook page.

LOCAL SAILING

LOCAL KEELBOAT REGATTA A FIRST FOR WYNNUM MANLY

Royal Queensland Yacht Squadron (RQYS) will host its first ever Women's Keelboat Regatta on the 30 May 2021.

"Women's keelboat regattas have been created to address the historical gender bias in competitive yachting and break down barriers to entry, to encourage women to get out on the water and perform in the key roles of skipper, tactician, main trim and bow person," said organiser Kate Kenny.

Kate explained that this will be the first time RQYS has hosted a women's keelboat regatta, but the precedent for these events has been set by sailing clubs in Sydney and Melbourne. Adding a Brisbane event creates a national circuit, attracting competitors from around the country and showcases the area's brightest jewel, Moreton Bay.

"Sailing is a big part of the bayside lifestyle, and we hope you will join us in welcoming this new and exciting event for women in our community and beyond.

"To make the event a success and to attract as many competitors as possible and their families to the region, we are hoping to put together a generous prize pool. If you are a local business and want to donate goods or services, a gift voucher or cash prize, please get in touch via sailing@rqys.com.au," said Kate.

Alternatively, if you are a lady who is interested in sailing in this regatta, whether you've had a little or a lot of experience with boats, you are invited to join the Facebook group – *RQYS Ladies Sailing*.

The Brisbane Women's Keelboat Regatta is supported by SheSails, the Royal Queensland Yacht Squadron and Australian Sailing.



Photo: Supplied.

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INTRODUCING THE BAYSIDE WOODIES

FROM THE BAYSIDE WOODTURNERS AND CRAFTERS CLUB

From humble beginnings in a bayside home, to a membership of over 160, the Bayside Woodturners and Crafters Club has grown to be one of the leading clubs of its type.

The club formed in 1989 through the efforts of a small group of like-minded enthusiasts, willing to share their ideas, skills and knowledge. This primary aim remains strong in the club today, with experienced members only too willing to pass on their expertise in a number of wood crafts, in a variety of ways.

In 1993 the club moved to a member's home in Thorneside where monthly Saturday meetings and demonstrations were held. Over the next two decades the club expanded and found a

permanent home, clubhouse and extensive workshops to accommodate the rapidly growing membership in Manly.

The club holds beginner, intermediate and advanced sessions for members in the areas of wood turning, scroll sawing, intarsia, carving, pyrography, instrument and box making.

The Bayside Woodies are now a familiar addition to a number of state-wide shows and exhibitions where they demonstrate their crafts, exhibit some of their wares and sell a variety of wooden items to the attending public. These shows include Redfest, the Mt. Gravatt show, the tool, timber and artisan show and the Maleny wood exhibition.



Photos: Supplied.



The club actively involves itself in the community with events including hosting other community groups to demonstrate some wood skills, and visiting aged care facilities to encourage residents' participation and occupational therapy sessions.

The club now has over 160 members, but always welcomes enquiries regarding activities and possible membership. If you're interested contact the club via its website or Facebook page.

DEVELOPING ARTISTS AT BLUE TONGUE COLLECTABLES

Final preparations are underway for the Blue Tongue Collectables' art show in June, and the process has helped Blue Tongue Adventure participants tap into an artistic side many didn't know they had.

Will Evans is part of the Collectables' Woodwork program, but he has discovered there's more to woodwork than building structures.

"When I did woodwork at school, we made dollhouses, that sort of thing. But now I know I can make art with woodwork," he said.

"I never thought I could be an artist, because I can't really draw. But I can be an artist with woodwork."

Participants are also working together on a central piece for the show, taking inspiration from the symbolism of North American totem poles.

Art program coordinator Ruby MacGregor said participants have used mixed media to create a fascinating variety of elements.

"Masks are a feature of the piece, and some of our artists have created some detailed ceramic pieces. Others have used woodwork and some have enjoyed acrylic painting," she said.

"The artists have loved being involved in the entire ceramic process – from hand crafting, to glazing, then seeing the pieces return from firing with incredible glaze effects."

The art show will be held on Tuesday June 22 at 6:30pm, at Blue Tongue Collectables studio at 260 Tingal Road Wynnum.

A portion of proceeds from pieces sold at the show will go towards Blue Tongue Collectables' purchase of their own kiln for the art studio.



art show FREE TICKETED EVENT

Save the date for Blue Tongue Collectables inaugural art show

📍 260 Tingal Road, Wynnum
Tuesday June 22, 6:30pm

f Follow for further details
[@bluetongue.collectables](#)

JUN 22

FASHION IN THE SPOTLIGHT AT WYNNUM UPLATE

A fabulous night of fun and fashion was had by all who attended the recent Wynnum UpLate event.

Shoppers keen to see this season's best new trends were treated to a fashion parade held outside Sobidah Clothing Co, with models Joanne and Christine modelling new season styles from Sobidah and Bare Traps shoes.

March UpLate hamper winner Michelle Templin was excited to take home the prize for the second time. "She had won this hamper once before and is a massive Wynnum supporter," said Danielle from Sobidah.



Photos courtesy of Sobidah Clothing Co.

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4-8 MAY 2021

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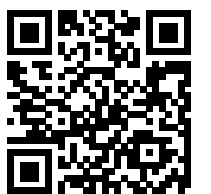


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EASY SALT AND PEPPER SQUID RECIPE

BY SPERO KARTANOS

This is one of the easiest dishes and one of the best tasting ones you are ever going to have, and I think it's so easy anyone can make it. You'll need fresh squid – cleaned, guts out and head and beak removed, and leave the rest as is with skin on, wings/flaps on and leave the tentacles on.

INGREDIENTS

- A couple of squid
- ½ cup of white flour for dusting
- Salt and pepper
- Chilli flakes
- Lemons
- Olive oil – enough to fill your frypan 1cm deep
- 4 cloves of garlic chopped finely
- A few sprigs of flat leaf parsley
- Crusty bread for dunking

METHOD

1. In a plastic bag put in all your cut pieces of squid and tentacles, add half a cup of flour and shake make sure all the squid is lightly covered in flour.
2. Heat up a 1cm deep of good virgin olive oil in a large pan, put in all your squid and cook for a few minutes until the colour changes and the skin browns up a little.
3. Stir in your garlic and parsley and chilli, add the salt and pepper, and cook for another few minutes, then squeeze some lemon over it.
4. Put pan in the middle of the table and start eating, and of course some chunks of bread to dunk in that garlic chilli infused oil...it's yummy! And remember, it's better underdone then overdone.



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BILL'S BEEF & GUINNESS PIE RECIPE

FROM THE ROTARY CLUB OF WYNNUM MANLY'S ISOLATION: KITCHEN DESTINATION COOKBOOK

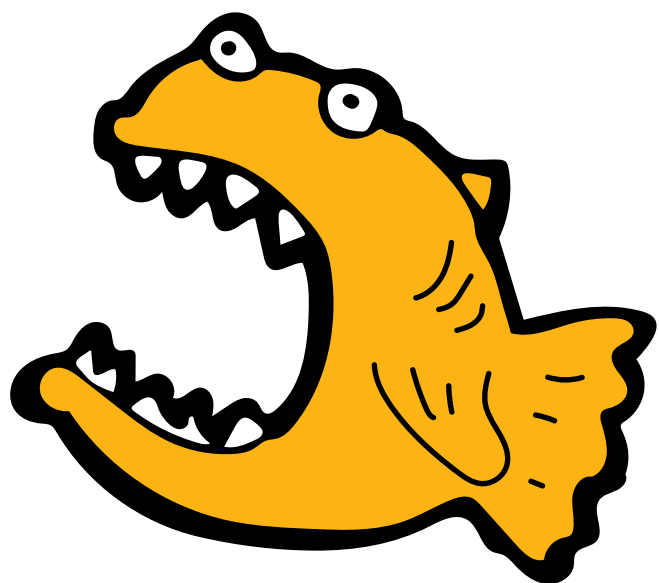
CONTRIBUTOR: BILL SIMPSON

INGREDIENTS

- 1.5 kgs stewing beef (cut into 15mm cubes)
- 4 fatty rashers of bacon (sliced into 10mm squares)
- 5 tablespoons plain flour
- 1 teaspoon salt
- 1 teaspoon pepper
- 5 tablespoons of extra virgin olive oil
- 3 cloves garlic minced
- 2 large onions chopped
- 2 x 440ml cans Guinness
- 2 beef stock cubes dissolved in 300ml water
- 4 bay leaves
- Leaves from 3 thyme sprigs or a teaspoon of dried thyme
- 1 1/2 cups sliced button mushrooms
- 2 sheets puff pastry, thawed
- 1 egg beaten for glazing
- 1 cup corn kernels
- 1 cup peas

METHOD

1. Heat 1 tablespoon of oil into heavy frying pan and add the bacon and cook for 3 minutes or until brown.
2. Remove bacon including fatty bits and rest until beef is cooked. (Leave bacon fat/olive oil in pan).
3. Toss beef with seasoned flour in a bowl to coat. Shake off any excess flour.
4. Add and heat the remaining 4 tablespoons of olive oil in a heavy saucepan with left over bacon fat and oil, adding the beef in batches, and cook until browned.
5. When cooked return all beef to pan (including fried flour scraps), add bacon, garlic and onion, and cook, stirring for three minutes.
6. Prepare slow cooker, add 2 x 440ml cans of Guinness and 300ml beef stock, with mushrooms, bay leaves and thyme. Set on high for 20 minutes before adding meat.
7. Remove meat from pan, scraping all the sediment from the base of the pan and add to slow cooker.
8. Cook on low for 6-8 hours until very tender and mix is thickened.
9. Cool and spoon mixture into pie ramekins. Place corn and peas on top of beef. Cover with thawed puff pastry and use a fork or knife to make a vent. Glaze with beaten egg. Cook in a medium oven until pastry is golden and brown.



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The role will require applicants to be flexible with working hours and must be available for evenings and weekends. Experience with Odyssey gaming system is preferred.

The successful applicant must have:

- a fun and vibrant personality
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CONFRATERNITY CARNIVAL 2020 KICKS OFF IN '21

FROM IONA COLLEGE

Iona has been preparing to host the Confraternity Carnival, the largest Schools Rugby League carnival in Australia, for two-and-a-half years, and to say that we are ready and excited would be a significant understatement.

We are embracing the opportunity to welcome 50 schools from across Queensland to the bayside community of which we are very proud. Originally planned for June 2020, the Carnival was postponed due to the COVID-19. Thus the rebranding of this year's Carnival to Confraternity 2020 in '21.

All games will be played at Iona across our six fields from Monday 28 June to Friday 2 July. For the first time ever there will be a female tournament and we are honoured to be the first host to welcome female competitors to Confraternity.

It is only through the donation of people's time, services and money that such an event can take place. In the Bayside we are proud that this comes to fruition as a result of the sense of community that exists here. We would like to acknowledge the community spirit and all of our local sponsors who have come on board with goods and services or donations of cash to support the running of this year's event.



Photo courtesy of Iona College.

A special thank you to the Wynnum Manly Leagues Club as the major sponsor for Iona College and as the venue for the CQUniversity Confraternity Carnival QISSRL and Iona Dinner. Our appreciation goes to the Central Queensland University, QISSRL

and the support of governments at all levels who have made a contribution to the preparations of the 2021 event.

We thank everyone who will play a role in helping to make the carnival a success.



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FIREBIRDS CONTINUE COMMITMENT TO DEADLY CHOICES

Boosting cultural awareness and creating talent identification pathways for young Aboriginal and Torres Strait Islanders to excel in netball is pivotal to the Deadly Choices program.

Queensland Firebirds' players are fantastic role models for up-and-coming young players, which is why they're working in partnership with the Institute for Urban Indigenous Health's Deadly Choices preventative health program to inspire and guide local netballers.

The continuation of this partnership into 2021 is music to the ears of many young aspiring Indigenous netballers from across the Wynnum Manly area, who'll be able to engage and have greater access to Deadly Choices role models Jemma Mi Mi and Romelda Aiken, while showing support for the team during the regular season.

Understanding that health and education are two of the major social determinants which impact an individual's capacity to reach their potential, Firebirds Ambassadors Jemma and Romelda will play a central role in driving health and wellbeing outcomes, and an increase in future Indigenous representation across Queensland's netball ranks.

Queensland Firebirds CEO, Catherine Clark, expressed the club's pride in partnering with Deadly Choices for a second consecutive year to continue to empower Aboriginal and Torres Strait Islander peoples to make healthy choices for themselves and their families.

"Netball has such a significant relationship with our First Nations People, particularly here in Queensland, and the Firebirds are deeply committed to continuing our work with Deadly Choices to improve health outcomes in our communities," Ms Clark said.



Photos: Supplied.

MAYFAIR TURKISH KEBAB & CUISINE

Mayfair Turkish Kebab & Cuisine is a casual Turkish Restaurant, serving kebabs, chargrills, pides, gozlemes and Turkish breads. Dine-in, take-away, BYO and uber eats is available.



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PUZZLES

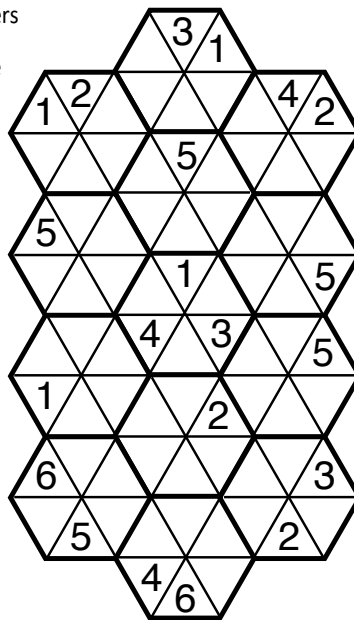
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

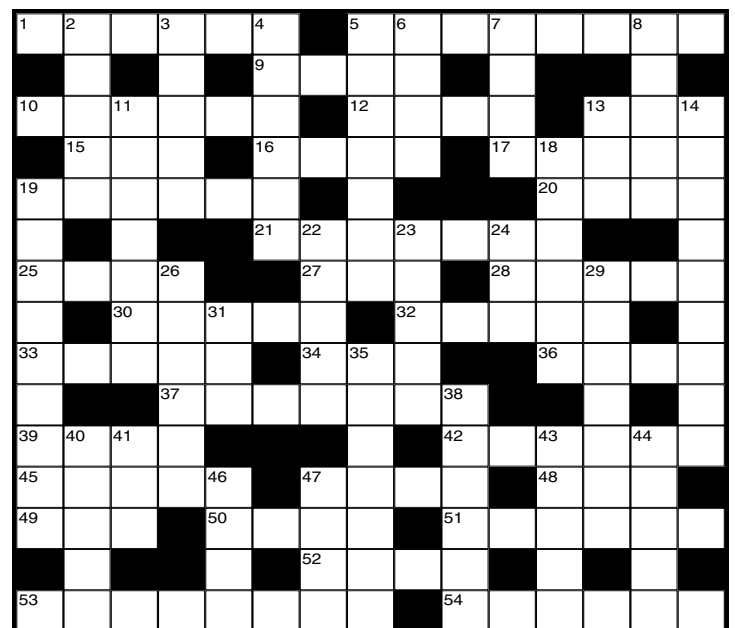
				8	7			2
1		2						
	5	9	3					
						9		4
			2					
8				1	5	6		7
	3		8	4				
	9	6						
					6	3		

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



Crossword

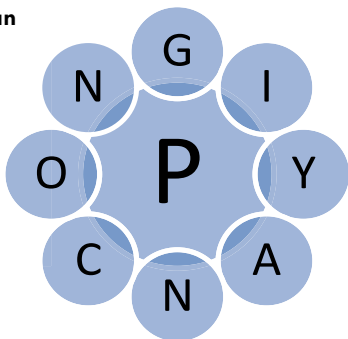


Focus

An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S FOCUS Good: 8 words
Very good: 13 words
Excellent: 24 words



Reference: Macquarie Concise Dictionary
Focus No. 3843

ACROSS

- Gain
- Joined firmly
- Gem
- Vegetable
- Skin eruption
- Concealed
- Horseplay
- Paradise
- Abnormally fat
- High regard
- Insects
- Speech defect
- Tree
- Drink
- Raised platform
- Small hard seed
- Garden tools
- Comforted
- Fuel
- Latvian capital

DOWN

- Army rank
- Cult
- Widespreading dominion
- Rub out
- Repose
- United
- Small spot
- Disguise
- Symbols
- Remedy
- Arbitrators
- Steal livestock
- Belongs
- Smith's forge
- Tribal symbols
- Solicitously mindful
- Dash
- Reflected sound

8 Have being

- Sailors
- Female bird
- Reckless from despair
- Trade by exchange
- Set forth an opinion
- Dance
- Concise
- Queensland town
- Builds
- Silly
- Fuss
- Devotional exercise
- Missive
- Wear away
- Domestic animal
- Prods
- Of the kidneys
- At all times
- Starchy food

Word Find

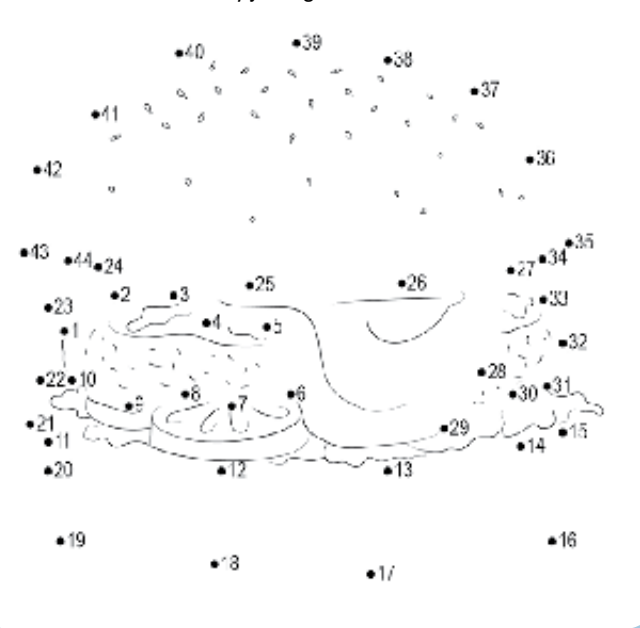


Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

- | | | | |
|------|------|------|------|
| Cent | Iron | Pelt | Year |
| Ease | Lids | Ply | Zero |
| Flew | Man | Raft | |
| Hide | Mode | Type | |
| Holy | Nice | Will | |

Join the Dots

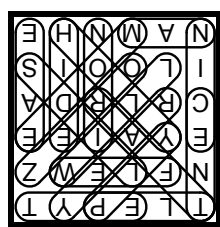
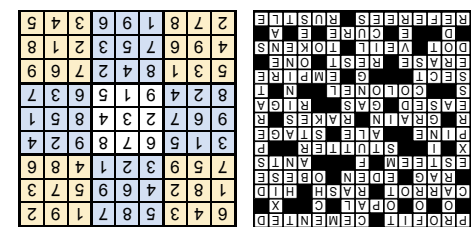
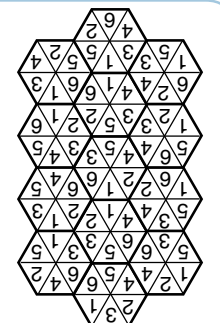
What is this? Find out by joining the dots.



Solutions

Puzzles and pagination supplied by Auspac Media

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pacing pacy pain pang panic
paying piana pica ping pingao
pina piny POIGNANCY pong
ponga pony



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ARTS COUNCIL MAY WORKSHOPS

SEWING WORKSHOPS WITH FAUNA FROM FAUN CREATIONS

Saturdays 8th and 15th May (you must have your own sewing machine) at the Wynnum Community Centre, Florence Street, from 10am to 2pm. Cost is \$35 for members, or \$40 non-members.

For enquiries please contact Fauna on 0408 655 388.

PAINT 'N' PLONK

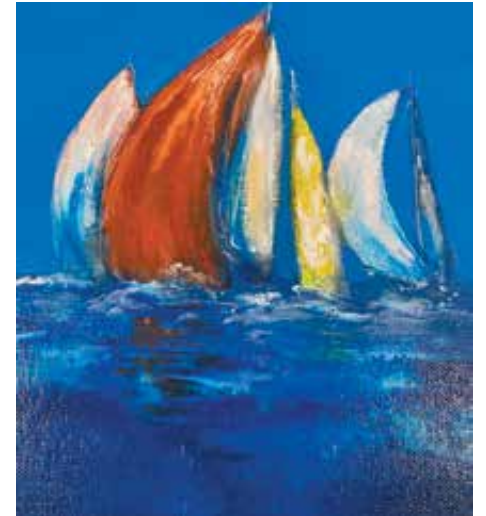
Saturday May 22 from 6.30pm to 8.30pm at the Wynnum Community Centre, Florence Street.

Paint your own St Helena Cup, with step-by-step instructions. The class will be facilitated by Deb Brown and Janice Lamb.

All materials will be supplied, and numbers are limited. To book phone 0417 286 555 or 3348 2369 before May 14. The cost is \$55 per person, or \$50 per person for members.



Photos: Supplied



Painting by Deb Brown.

VENUE HIRE AND CONCERTS AT WATERLOO BAY LEISURE CENTRE

BY KAY RIGGALL

Are you planning a special function, party, family reunion, social group meeting or a special gathering? The Waterloo Bay Leisure Centre (The Centre) at 241 Tingal Road, Wynnum is a local community centre which has several areas and rooms for hire for your special occasion.

From small to large gatherings and functions, there are areas suitable for up to 160 people (subject to COVID restrictions).

The auditorium has a timber floor suitable for dancing and exercise, as well as a stage for bands and concerts. The Centre can also provide tables, chairs, and access to kitchen facilities for catering purposes.

The Heritage listed Shire Clerks Cottage in the grounds of The Centre is a great hire option for weddings and photographs.

The Centre is operated totally by volunteers and the income from venue hire is used to cover operating costs.

Currently The Centre plays host to groups running lessons and sessions such as karate, thai chi, ukulele group, zumba, social group meetings, and eisteddfods.



The canteen at The Centre is open for food and drinks for patrons as well as the general public (during opening hours).

Please contact The Centre on 3396 9488 with any queries you may have in regard to venue hire and costs. Visitors are welcome to come and visit to view the various options available for hire.

CONCERTS IN MAY 2021

Concert 11th May at 9.30am – entertainment by Terry Scott.

Concert 25th May at 9.30 am – entertainment by Dolphin Studios.

Doors open and morning tea is served from 9.30am, with the concert starting at 10.15am to 11.45am.

A two-course lunch is served after the concert. The cost is \$8 for the concert plus morning tea, plus an additional \$10 for a two-course lunch. Bookings are essential by phoning the Centre on 3396 9488.

AN INVITATION TO COMMUNITY GROUPS

As The Community Leader evolves, we'd love to include your local story. We openly encourage community groups, sporting clubs, and charities to contact us with their stories and photos. The newsletter's objective is to promote activities and events in the community, while encouraging the support of local businesses. Thank you to the community leaders who have enthusiastically supported the idea of developing a friendly local newsletter. Please support them, and engage with them as best you can.

Any submissions can be emailed to sales@market2market.com.au for consideration.



LOCAL SAILING

ROTARY HELPS SAILABILITY TO HELP OTHERS

CONTRIBUTED BY SAILABILITY BAYSIDE

The Rotary club of Wynnum Manly is now in its 68th year of working for the community. Sailability Bayside of Manly have been providing sailing experiences for all people with disability since 2003, and it was in that year that Rotary supplied a new Hansa sailing dinghy to enable Sailability's sailing program to continue into the future.

Fast forward many years later, and that same dinghy is still active, though recently underwent a refurbishment to ensure it can service the sailing program for some years to come.

Now, the Rotary Club of Wynnum Manly has again stepped up for Sailability to equip the recently refurbished dinghy with new sails, and return it to almost new condition to ensure many more smiles on the faces of sailors yet to come.

The new sails were presented by Tony Fox (President of Rotary) to Geoff Grace (President of Sailability Bayside) at a ceremony recently where both clubs committed to continuing to work together for the benefit of the local community.

If you'd like to be involved with Rotary, send an email to: secretary@rotaryclubofwynnumandmanly.asn.au.

To get involved with Sailability, email: sailabilitybayside@gmail.com.



Photo courtesy of Sailability Bayside.



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COAST GUARD VOLUNTEER WINS MERITORIOUS SERVICE AWARD

BY HARVEY SHORE

Phillip Smith, Coast Guard volunteer in Manly for 43 years, has just received their top operational award.

Phil joined Coast Guard in 1977, when he was a 32-year-old Queensland Rail employee.

After initial training, he became a rescue crewman, serving on scores of rescues, saving dozens of lives, and eventually becoming a duty officer.

However, after 30 years working on rescue boats, in all weathers, by day and night, a medical problem made Phil decide to come ashore. Still keen to serve the community, Phil transferred his skills to Coast Guard's radio room in Manly, where his decades of marine rescue experience still proved vital.

On numerous occasions, when boaties called Brisbane Coast Guard in a panic, shouting for

help, Phil's calm voice and advice kept them safe until he could direct rescue boats to their location.

Phil never sought praise nor reward for the many times he saved lives at sea. But his shipmates asked Coast Guard's National Board for appropriate recognition.

Last week, Phil's Roster Skipper Mark Sherwood (whose regular job is Manager of The Good Guys in Capalaba) called Phil's shipmates together in their radio room in Manly ... and surprised Phil by presenting him with Coast Guard's Meritorious Service Award.

Very few of these awards are presented in Australia each year. Phil's name will now be added to the Honour Board at the Manly base, and he'll be entitled to wear the blue and white award ribbon with pride, for a job well done.



Phil Smith with his Meritorious Service Award. Photo courtesy of Coast Guard.



Nigel coordinates a rescue operation from the Coast Guard's radio room. Photo credit: Hugh Webster

MARINE RADIOS ARE A VITAL LIFELINE

FROM COAST GUARD BRISBANE

In today's modern world, many boat users rely on mobile telephones for emergency communications. This can cause challenges when boats are in mobile phone blackspots on the Bay, or the phone battery runs dead.

"A handheld or mounted VHF radio can make the difference, providing a lifeline to monitoring stations on land – although radios are not just for emergencies, they are also used for weather updates, advising about hazards to navigation, and communications between boats," Coast Guard radio officer Nigel Moore said.

One Sunday each month Coast Guard Brisbane conducts public radio courses, accredited by the Australian Maritime College, that licence people to use VHF and HF radios.

The Long Range Operator Certificate of Proficiency (LROCP) and Short Range Operator Certificate of Proficiency (SROCP) courses cover theory on how radios work and how to make calls, and includes practical demonstrations on using handsets.

"I try to keep the training relatable based on my experience in the Merchant Navy," Nigel explained, "and I usually tell a few salty sea tales as well!"

If you're interested in doing a radio course, contact Nigel for further details via email at radio.qf2@coastguard.com.au.

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CELEBRATING OUR DIVERSE CULTURES

FROM BRISBANE BAYSIDE STATE COLLEGE

Students and teachers celebrated the diverse cultures at Brisbane Bayside State College with an afternoon filled with activities, visual art, rock climbing, cultural dance, performances and food. It's all part of the school's annual Diversity Day event.

Student Council – in collaboration with teachers – planned, led, and ran the afternoon. The school hosted TRUE, Headspace, Leona Morete (the school's artist in residence), Hazel from the Queensland Police Pipes and Drums, Black Canvas Barber Shop, Tai Pumanawa, Samoan Dancing, Duriban Gunjiyl (our Indigenous dance troupe), and Queensland Police Liaison Officers Aleni Ta'alolo and Tom Govonor.

"It was so heartening to see our community together smiling, dancing, climbing, singing, drawing and making together to celebrate each other," said Brisbane Bayside State College's Mrs Claire Stanic. "Thanks everyone see you next year!"



Photos: Supplied.



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A THANK YOU TO ALL AT NATIONAL SENIORS

BY DENICE CAMERON

When I joined National Seniors the first thing that happened to me was that I immediately felt at home and that is because of the friendship that was offered to me. All I had to do was take it.

The second thing, which brings me joy every day, is that I won a raffle. The prize was a throw (pictured) with bright, happy, coloured squares, lovingly crocheted by one of a group of women who are the backbone of our club, National Seniors Wynnum/Manly Branch.

All have a long history of service to our club, working behind the scenes, crafting special occasion cards and arranging guest speakers, organising games of trivia, cooking and running the Bring and Buy table with the proceeds subsidising activities for members, being the club contact for over a decade and mentoring newbies, organising entertainment for meetings, and much more.

These special women embody the spirit of our older generation, as they do in thousands of organisations across Australia. We are lucky to have these special women by our side and we thank them all.



Photo: Supplied.

MAY IS DOMESTIC AND FAMILY VIOLENCE PREVENTION MONTH

BY DANIELLE DICK, DBL SOLICITORS WYNNUM

Each May in Queensland marks Domestic and Family Violence Prevention Month to raise community awareness of domestic and family violence and to send a clear message that violence will not be tolerated.

One woman a week and one man a month dies due to domestic and family violence. These statistics are alarming and simply unacceptable.

The consequences of domestic violence can be devastating and far reaching. It is important to ensure those who are experiencing domestic and family violence know how to access help and support. There are many resources available to support those affected. If it is an emergency you should call the police on Triple Zero (000). Otherwise, you can contact:

- DVConnect Womensline -1800 811 811
- DVConnect Mensline - 1800 600 636
- 1800RESPECT (1800 737 732)
- White Ribbon Australia via their website at www.whiteribbon.org.au.



There are also many support services in the Wynnum/Manly area who can help, such as:

- Centacare Wynnum – 88 Chestnut Street, Wynnum, 1300 236 822
- Bayside Community Legal Service – Wynnum Community Centre, 3162 3282
- The Salvation Army – Cnr Florence & Akonna Streets, 3893 7685

DBL Solicitors at Wynnum are also offering complimentary initial consultations (free 1 hour appointment with a solicitor) for those requiring advice or assistance in relation to domestic and family violence matters. Contact DBL Solicitors today on 3106 5600 to book an appointment.

BENEFITS OF CANINE REMEDIAL MASSAGE THERAPY

BY AMBER STEWART

Wynnum resident Amber Stewart has recently launched BF Pet Rehab. Here's her take on how canine massage can help your dog.

What's canine remedial massage therapy? As the name suggests it is remedial massage for dogs.

Dogs can benefit from remedial massage the same way that people can.

It can be used for assistance when recovering from operations, whether they are orthopaedic in nature or other. Massage can help break down scar tissue so that the skin around the wound heals in

a way that does not impact the surrounding tissue and muscles.

Massage can help reduce stiffness in compensatory muscles after an injury, surgery or arthritis has changed your dog's gait and posture.

Massage can also assist anxious, nervous, or stressed dogs. Changes around the house such as new children, new partners, other pets coming or going, or you spending more or less time at home can all lead to stress and anxiety in some dogs. Massage can assist your dog during these times

also by using more calming and relaxing massage styles than the more targeted and pressured remedial styles.

Remedial massage is not a replacement for quality vet care, it is not going to fix a joint, muscle or tendon that requires surgery. Massage is a complementary service that can help your dog recover quicker from injuries or surgeries or help make them more comfortable as they get older or if they have arthritis.

If you think your dog could benefit from massage,



if you want to know more or have any questions around how it could assist your dog feel free to reach out via my website or Facebook page or via email at info@bfpetrehab.com.au.

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FAMILY NOODLE DRIVE HELPS THE HOMELESS

When Amy and Jai moved from a small country town on the border of New South Wales and Victoria to Queensland they were shocked at the amount of people who were homeless.

"In the town where I grew up there was one homeless person and we all knew him well enough to know his name and say hello," explained Amy.

"It's a sharp contrast to what we see in South East Queensland, where the rental crisis the lack of affordable accommodation has seen an increase in the amount of people sleeping rough or in cars.

"The first homeless person we saw when we moved I had Jai go over with a sandwich and introduce himself. I was homeless for a little while, living in temporary accommodation at a caravan park, when Jai was very young, he doesn't remember it but I know that acknowledgement and kindness can make a big difference."

As the child of a single parent Jai has seen first-hand what it's like to struggle and he wanted to help those who were doing it tough.

"Jai is a very sweet, kind hearted boy and had been asking about the different ways that we might be able to able those who were homeless," Amy said.

Amy and Jai first approached Rosies with the idea of making sandwiches for those who came to outreach.

"I spoke to someone in the office and she suggested the best way to help was by holding a noodle drive. When Jai got home from school that day I'd purchased a few pot noodles and explained to him what we were going to do," said Amy.

Amy and Jai started collecting noodles in late March, and five days later they had collected over 160 pot noodles from friends and neighbours! They are aiming to collect 500 pot noodles by the end of the month.

Rosies is so grateful for the generosity of community members like Amy and Jai. It's because of individuals like them that Rosies can keep its vans fully stocked and in the communities where they are needed most.



Photo: Supplied.

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ENRICHING LIVES AT BRANCHES LIFESTYLE SUPPORT HUB

Branches Lifestyle Support Community Hub has enjoyed a productive first few months since it opened early March.

Classes and activities are running weekdays, and community groups are beginning to access the space when it's not being used for the day service for people with a disability.

"We've had many well-wishers pop by, even volunteers coming in to help with ongoing renovations. We enjoy having passers-by say a quick hello to the clients while we're out in the gardens," said hub manager, Micah Fraser.

Micah says Branches' cooking program is already proving to be very popular. Attendees focus on different themes each lesson – so far, they have cooked Mexican, Italian, and Japanese dishes.

Branches manager and cooking instructor Holly Smith said, "Our clients really like the sensory aspects of the class like rolling dough between their hands, the smells, and obviously the tastes. They get so engrossed in the process and then they all enjoy each other's company when it's time eat the finished product".

Branches would like to remind the Wynnum community that the hub is available to other community groups evenings and weekends. Please visit them at 29 Fox St for more information, or phone 3893 4528.



Branches' clients enjoying a cooking class. Photo: Supplied.

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LOCAL POETRY

MORRIE

BY GEOFF SMILEY

We live in a place
not yet populated
by our own history.
Only 100 years ago
the Aborigine still
lived separate among us;
dugongs travelled our bay
in herds a kilometer long;
and we then few had focused,
on a European war.

This location
is our home;
but we need reasons,
to know that we belong.
We need people
who reach out;
who impact on our lives;

help us define who we are.
Morrie was one of those.

His cheery wall of sound,
as he walked the waterfront,
encouraged us. His
"You're an inspiration to us all"
lifted us.

It put a smile
on a stranger's face
when Morrie would
give a wave and shout,
"gee you're lookin' good;"
even if this was
in Winter's
darkened dawn.

When Morrie was around
everything was fine.
If he wasn't seen,
word would spread and
someone had to phone.
The waterfront
needed him, and of course,
we knew he lived alone.

We worried lately
about his frailty.
Every waterfront walker,
on hearing of his passing,
has been questioning.
We don't know what to ask,
except to express our loss
of a man who helped,
locate us a little, in our lives.

Morrie was a lovely man. He was single and came from an earlier time.

This man cared for his disabled brother, did gardening work at minimal rates for elderly widows in the area and gave funds to his local church charity. Not that it was he who told of these.

Morrie was loved by waterfront walkers for his cheery nature and his openness. A number of us attended his funeral and were pallbearers. A plaque on the waterfront celebrates his time with us.



SAVE THE DATE FOR BETA SIGMA PHI'S ANNUAL CHARITY DAY


Always a popular social event in Manly, Beta Sigma Phi's Annual Charity Day will be held on Tuesday 13 July at the Royal Queensland Yacht Squadron.

This year's guest speaker will be Queensland Police Commissioner Katarina Carroll, who will be welcomed on arrival by the Epsilon Chapter's President, Elizabeth Noske.

As part of the festivities, a fashion parade will be held by SFH Boutique, New Farm, while guests will enjoy a three-course gourmet lunch.


An Emporium of Gifts – a selection of stalls featuring fashionable items – is back again this year, and raffles will be held throughout the afternoon.

If you'd like to find out more about Beta Sigma Phi, contact Joan Dean 0417 551 806 or Elizabeth Noske on 0479 045 552.



Peter Cumming

Councillor for Wynnum Manly Ward



Wynnum Manly Ward Office
3a/212 Bay Terrace (Cnr of Pine Street)
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LOCAL FISHING

COOL AUTUMN FISHING ON MORETON BAY

BY SPERO KARTANOS

The weather has finally cooled and calmed down, but the fishing is as good as ever!

There are plenty of whiting in the Maroon Gutter all the way to Maroon Hole and on the eastern Amity Banks as well – just remember they love a good run in the tide, so don't think there are no fish when it's slack water.

There's also plenty of whiting at the Sand Hills and the Blue Hole, and have a squid jig out in all those areas as the tiger squid will be fighting to get to the jigs. Tiger squid are even in their dozens on the foreshores and marinas, so if you are land-based, a night's fishing off any of the jetties should get you a squid or two, and red and orange jigs will do the trick.

The school mackerel are now spread throughout the bay from close in between King and Green Islands to the front of the Huybers, and along the deeper water to Ormiston, and all the way to Hope Banks. At the drop off at Amity Banks to Peel Island, there are some nice big spotties hanging deep as well, and the broad mackerel should not be far away.

Squire and snapper, sweet lip, cod and a few jewfish are around Green and the passage to King Island, and live herrings are doing the trick as bait. In the same area lots of big tailor are hanging around as well.

By all reports there are plenty of sand crabs in the bay and plenty of big muddies in the marina at the moment.

Cuttlefish and arrow squid are showing up in the deeper water so a sinker above the jig and bouncing it off the bottom should catch you a couple; remember the razorback squid jigs work really well for cuttlefish.

The bonito and long tail tuna are smashing whitebait all over the bay and a chrome slug into the feeding packs should produce a nice feed.

So get out onto our beautiful bay – it's a great time of the year for a fish, or cast a net for some prawns for young and old. Good fishing!



Photos: Spero Kartanos.



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BAYSIDE COLLEGE STUDENTS KINGS OF THE POOL

Brisbane Bayside State College students Austin and Indiana King recently recorded some outstanding performances in the pool at the Metropolitan East Swimming Trials.

Both had busy schedules at the meet and both have been successful in making the Metropolitan East swimming team.

Austin will represent Met East in the 200m Fly. Indiana will represent the region in nine events including the 50m Free, 100m Fly, 50m Back, 50m Fly, 100m Back, 100m Free and 200m IM. Indiana is also swimming for the Met East team in the 200m Medley Relay and 200m Free Relay. Well done to both of the Kings!



Photos courtesy of Brisbane Bayside State College.

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The Community Leader

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Any submissions can be emailed to sales@market2market.com.au for consideration.



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MAY BOOKINGS

- Community editorial 16th of May
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- Distribution 28th of May (shopping centres) and the 7th of June into homes
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FISHERS TACKLE LITTER IN LOCAL WATERWAYS

FROM OZFISH UNLIMITED

Australia's leading fishing conservation charity OzFish Unlimited has partnered with Tangaroa Blue Foundation to help recreational fishers tackle rubbish in their local waterways.

From flotsam collecting in saltmarshes, to riverbank dumping, from forgotten tackle to microplastics that end up in fish bellies, OzFish and Tangaroa Blue are finding innovative ways to create lasting change and turn around outdated practices of past generations.

OzFish Director of Habitat Programs Cassie Price said the new partnership and education program, ReefClean Look after your Tackle, reinforces the changing perception of recreational fishers in Australia and their motivation to be part of the solution.

"Actions that make fishing more sustainable remain an ongoing challenge and key area of focus for the Australian recreational fishing industry.

"Many fishers are knowledgeable of the problem and practice responsible fishing, including taking their litter with them, and catch and release best practice. We're becoming more aware of what are now some outdated fishing behaviours, so we are seeing real change," says Ms Price.

"Recreational fishers are some of the most passionate people when it comes to caring for our waterways. They see firsthand the impact that litter has on their own fishing experiences, whether that's in our oceans, estuaries or inland rivers.

"Litter can have lasting impacts on the natural environments we fish in, reduces fish numbers and even makes some fishing spots difficult to access and certainly less enjoyable.

"We are thrilled to be working with Tangaroa Blue on such a critical issue. While there have been some small improvements, we know there is more work to do and as an industry we need to step up and take action. That is exactly what we are trying to do – and we know that education is key.



Photo: Supplied.

"With the expertise of Tangaroa Blue in this issue, we know we can make a real difference," Ms Price says.

Tangaroa Blue Foundation CEO Heidi Tait says the marine debris organisation is excited to be joining forces with OzFish to tackle the issue of fishing litter.

Combating marine litter is a complex issue with a wide variety of sources contributing to the levels of plastic in our oceans. But collaborations like this one offers fishers a simple and effective solution to improve the long-term health of our marine environment through both the removal and prevention of marine litter.

As part of the partnership the organisations will:

- Launch the #Know Your Knots Challenge, which encourages fishers to tie knots successfully to reduce the amount of tackle lost and left behind.
- Start a Rig Recycle program enabling fishers to recycle their old fishing gear at BCF Stores across the country. It will also see additional fishing line bins made available at popular fishing sites.

To learn more about the partnership and how you can get involved with OzFish and Tangaroa Blue go to www.ozfish.org.au or call 1800 431 308.



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TEACHING TECHNOLOGY FOR FUN AT WROCCS

BY CHRISTINA, SECRETARY, WROCCS

WROCCS is a local computer club helping over 50s to navigate the computer world. All our coaches are volunteers, seniors, and very knowledgeable on their subjects.

This month, Jim is teaching us how to arrange our photos into albums on Google Photos – or rather Google will be doing the work, we just have to know how to press the right buttons!

Laurel will be continuing her class's exploration of MS Word, a very versatile word processing tool.

Lavina will be helping her class come to grips with the basics of computing, and in her spare time, she will be teaching students a variety of Apple phone applications, and other subjects of their choice, on a one-to-one basis.

Pia is our Family History teacher. She has been researching her own family history for a number of years and has helped many people find their lost ancestors.

Rick only does one-on-ones, but he is very knowledgeable and versatile in what he can teach.

We conduct classes, one-on-ones and workshops, and we also have a club day once a month on the second Tuesday at Wynnum Community Centre where you can make new friends and talk to a coach about what you have been learning or discuss the next step to further your knowledge



Learning how to use the internet safely, avoiding scams and finding that certain something on the internet that you always wanted, are just a few of the lessons our volunteer coaches will teach.

You could be a beginner not knowing how to even turn on your computer or start your smartphone, or someone who is ready for the next step to surprising your children or grandchildren with your extra knowledge. Come along and join WROCCS and our friendly volunteer coaches will be only too willing to show you how with classes about the internet, Microsoft programs, tablets, smartphones, family history and much more.



If you think your memory isn't what it used to be, and you're all out of practice at learning new things, we understand this! However, computers have pretty well taken over the world so we think you may as well join in, at least enough to feel comfortable with them.

Do you think you might have what it takes to be a coach? If so, please get in touch. We are always looking for more coaches.

Check out our website wroccs.org.au if you can, or ring us on 0411 806 154 – we'd love to hear from you.



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DENTAL IMPLANTS — RECREATING YOUR MISSING TOOTH

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Dental Implant placement is a dental procedure utilised to replace a missing tooth. Unlike dentures to replace missing teeth, a dental implant is permanently placed in the mouth and does not move.

Dr Alex Ritchie is highly trained in implant dentistry and uses state-of-the-art technologies, including minimally invasive and virtually pain-free keyhole techniques to place dental implants. As always, in addition to obtaining excellent outcomes, Alex's top priority is patient comfort and safety.

Dental Implants are made from high grade medical titanium and have a tooth root like appearance. The first step in an implant process is to gently place the implant into the jawbone where the roots of the natural tooth once were, during the 3-month integration period the bone grows around the implant which firmly secures it in place. After integration is complete an implant crown is then attached to the implant. Once completed, it is difficult to distinguish the difference between an implant crown and natural teeth. Additionally, implant surgery is extremely effective with success rates of over 95%, making it one of the most successful dental treatment available.

Implant surgery is a highly skilled area of dentistry, requiring careful assessment and planning to ensure an optimal outcome for patients. If you would like to see if dental implant treatment may be suitable for you, we recommend a 30-minute consultation with Alex to discuss the procedure.

We have a limited time offer for our 'start to finish' fully restored implant treatment, including the attachment of the finished crown for \$3999 (traditionally \$5500).

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