

The Community Leader

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LOCALLY OWNED & LOCALLY MADE

ISSUE 13

NEW MANLY RESTAURANT PLAYS WITH FIRE

Like moths to a flame, we all love an open fire in winter. It warms the body, and enchants the soul. And when the bay breeze blasts its chill along the Manly waterfront, a new restaurant will glow as a beacon of warmth, enticing diners with the most traditional of cooking techniques: fire.

Playing with fire and food is all in a day's work for renowned Australian chef Mat Fulford, who's ready to stoke the flames at Manly's newest dining destination.

Welcome to The Arsonist. With a glam refurbishment reminiscent of a dark and moody den, this fiery addition to Manly's dining scene will open just in time for winter.

Here fire is the hero, contained by the custom-built wood-fired pit and grill in the open kitchen, where guests can immerse themselves in the experience of cooking over flames.

"This will be more than just a restaurant," Fulford said. "It will be an experience."

"There is something exciting about working with charcoal and open flames. By simplifying the cooking process, we enable the freshly-sourced produce and flavours to shine," he said.

Whiskey lovers will rejoice in The Arsonist's whiskey safes, allowing guests to purchase a bottle and store it securely onsite to enjoy whenever they visit.

This new bright spark on The Esplanade is another welcome gem in Manly's evolving collection of diverse, quality restaurants.



Kyle Bradley, Head Chef, The Arsonist and Mathew Fulford, Group Executive Chef, The Consortium Qld.

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COUNCIL INVESTS IN MANLY VILLAGE REVITALISATION

Work is underway to revitalise Manly Harbour Village, which is one of 10 suburban strip upgrades to be delivered as part of Brisbane City Council's \$10.5 million Village Precinct Projects.

Lord Mayor Adrian Schrinner said the \$890,000 restoration would boost the seaside precinct, which was renowned for its charm and vibrant entertainment, dining and retail offerings.

"Suburban shopping precincts like Manly Harbour Village are the beating hearts of neighbourhoods and places where people can connect with their community and gain a sense of community pride and ownership," Cr Schrinner said.

"As part of this Village Precinct Project transformation, we're making them more attractive places to shop, dine and relax in with improvements including new street furniture, lush greenery and art installations.

"These upgrades are more than just a facelift; they're about supporting businesses through COVID-19 by increasing foot traffic and luring in new visitors to an area, with retailers telling us they've boosted business."

Construction on the Manly Harbour Village Precinct Project is underway and is expected to be complete by the end of 2021.



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COMMUNITY UPDATE

JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

BAYSIDE CANDLELIGHT DV VIGIL



May is the month that we unite against domestic and family violence, and together we Baysiders have made it clear that enough is enough. Over 200 people joined me on the 6th of May for a moving Domestic Violence Vigil at Pandanus Beach.

This is our third year holding the candlelight vigil and it has been truly heart-warming to see the event grow in numbers every year. Coordinating the vigil is a collaborative effort, with many of our local organisations and people playing a part including the Rotary Club of Wynnum Manly, Winnam Aboriginal and Torres Strait Islanders Corporation, Scope Club of Wynnum, BABI Youth and Family Service, Wynnum Police, Councillor Peter Cumming and Bayside East Zonta Club.

We heard from Zoe Sullivan and Jo Jackson, both domestic violence survivors. The vigil was attended by people from many different walks of life, both young and old, united in support of all those who have experienced the devastating effects of domestic violence.

VIBRANT SMALL BUSINESSES



Small business is the backbone of our economy. It's often where we find our first job, and it's always the first to support local events and pitch in to help our community. Small businesses invest in our economy each and every day, employing around 1 million Queenslanders. Small business represents over 97% of businesses state-wide and they employ around 44% of all private sector workers.

The Palaszczuk Government has just released the Business Growth Fund Grants which are the first in a package of \$25m of new grants. This package includes the Business Growth Fund, which is open now, the Business Basics and the Business Boost, which will open later in the year. What this means for the more than 6,500 small businesses in the Bayside is that we value you and we support you and that we will work with you to ensure that you can do what you do so well, and continue making your valuable contribution to the Bayside.

I love supporting our local small businesses and that's why I've reintroduced the Bayside Business of the Month award. This month I hosted a small business event at the Waterloo Bay Hotel, which saw the launch of Wynnum Commerce Inc. Wynnum Commerce Inc are ramping up support, growth and promotion of our local businesses. With laneway events, brewery and homeware trails, it is all happening in the Bayside! I am delighted with the efforts of Wynnum UpLate, and I'm excited to welcome brand new small businesses to our local area.

The Wynnum Manly Leagues Club (WMLC) deserves a special mention for the opening of their refurbished club. WMLC are also great supporters of our local community, making significant investments in our clubs and schools.

CRAFT BEER AND ARTISAN LIQUOR LICENSES

The Palaszczuk Government recognises that the thriving artisan liquor industry is supporting thousands of jobs across our state. That's why we have introduced a special new license to support the industry and enable the artisan liquor business to flourish. We are lucky to have one of these businesses in our local area – Hudsons Brewery on Gibbs St. If you haven't been there yet, I strongly recommend stopping by!

The new Artisan Liquor license is now live for applications. We have already seen 13 brand new producers and 34 existing businesses apply for the license. Benefits of the new licence include: no limit to how much of their own product can be sold on their premises; an option to showcase and sell samples of their product at promotional events such as farmer's markets; and the ability to sell their product as takeaway, including online.

FAREWELL TO LOCAL EDUCATOR

Sadly, the indomitable Miss Handley OAM has passed away. Miss Handley was a much-loved local pioneer and educator of young



Joan Pease MP
Standing up for the Bayside

women in the Bayside. She was an innovative trailblazer, enriching young girls' worlds by introducing them to ideas and ideals, and exposing them to cultural pursuits. Miss Handley was proud to be part of the flourishing Moreton Bay College community and she will be missed by many. Vale Miss Handley, and thank you for your contribution to education.

NATIONAL RECONCILIATION WEEK

National Reconciliation Week is celebrated from 27 May – 3 June each year, celebrating and building on respectful relationships shared by Aboriginal, Torres Strait Islander and non-Indigenous people. The Queensland Government is working on a number of initiatives as an act of reconciliation through grants, awards and the Queensland Government Reconciliation Action Plan which outlines policy development and the delivery of programs and services for Aboriginal and Torres Strait Islander Queenslanders.

INTERNATIONAL NURSES DAY

I want to acknowledge the great work of our wonderful nurses and midwives in our community and thank them for their valuable contribution to taking care of Queenslanders and Australia during COVID.

JoanPease MP | State Member for Lytton

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MAGGIE'S MATES

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Name: Hugo.

Suburb: Wakerley.

How long have you lived there? Just a few months – we are renting while Mum and Dad build our forever home!

Your favourite local walk? Definitely running wild in the Elanora Dog Park; I'm very friendly and have to say 'hello' to every doggie and parent there.

Your most treasured toy? My little stuffed cow – I still gnaw on it every night before bed like I did when I was a puppy.

Your favourite food? Anything that Mum or Dad are eating!

Your worst habit? Needing to eat anything that Mum or Dad are eating!

Your favourite local hangout? Groundhog Social cafe – I always get a pat from the lovely staff there!

Your best doggo friends? My cousins, Rooney and Mimi, who I have lots of play dates with.

Any funny or embarrassing stories you'd like to share? Much to their dismay, my favourite place to snuggle up during the night is on top of Mum's and Dad's pillows in bed.

What do people love most about you? My cuddles, and my funny habit of fake sneezing to get attention!

Name: Shadow.

Suburb: Wynnum.

How long have you lived there? Three years.

Your favourite local walk? Across the neighbour's yard to visit Snowy (the wonder dog) down the back. Snowy used to live with me.

Your most treasured toy? Butterflies are toys, aren't they? Asking for a friend...

Your favourite food? Whiskas!

Your worst habit? Waking up my owner at 4:30am to be fed.

Your favourite local hangout? Snowy's place.

Your best doggo friend? Snowy!

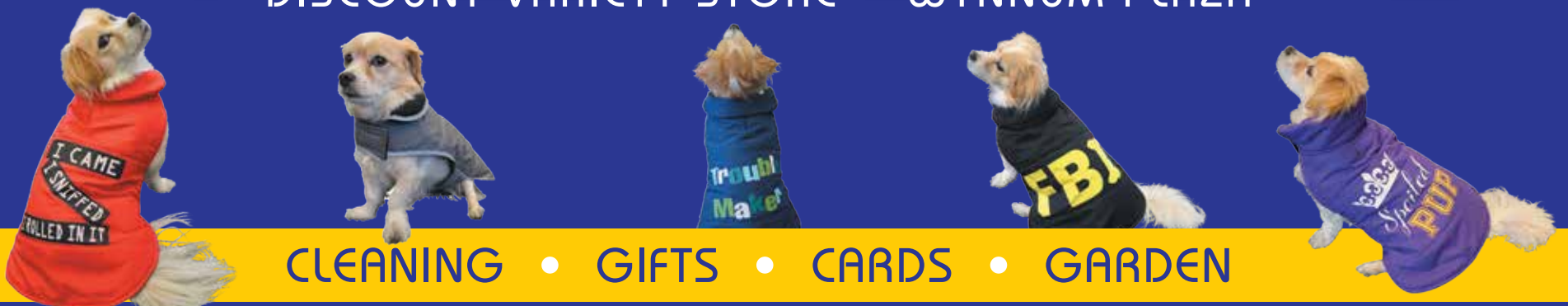
Any funny or embarrassing stories you'd like to share? I once leaped out at a stranger, giving them a fright, when I thought it was my owner.

What do people love most about you? Watching me chase Snowy when Snowy fetches her ball.



DOLLAR STRETCHER

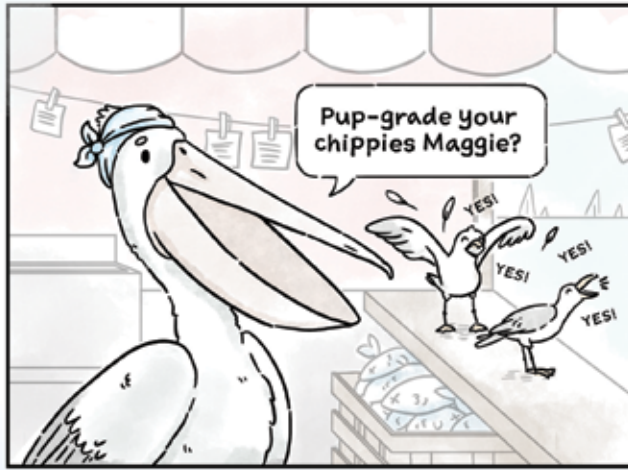
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MISS MAGGIE OF MANLY



ALL ABOUT ARTHRITIS IN CATS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

We are very used to considering the possibility of arthritis occurring in our ageing dogs but what about our feline friends? Ageing cats can develop arthritis which can lead to decreased mobility and pain.

The symptoms of arthritis in cats:

- overall stiffness or lameness in one or more joints
- swelling of joints
- lethargy
- decreased activity
- toileting in unusual places
- reluctance to jump on or off furniture or climb stairs
- increased vocalisation
- matted coat, especially around the hindquarters

What treatment is available for arthritic cats?

- Your vet may prescribe pain medications for your cat. It is recommended that blood tests to check kidney and liver function be performed prior to starting some pain medications.

- There are a variety of options for pain relief including liquid medications administered orally or transdermal medications which can be applied to the skin in less co-operative patients!
- Nutritional supplements. The use of products including Seaflex and Antinol can help to improve your cat's joint health.

What can I do to help my arthritic cat?

- Provide a blanket or bed for them to sleep on.
- Some (not all!) cats will allow some gentle massage which helps to relieve the muscle tension which can occur as the result of sore joints.
- Keep your cat well groomed – arthritic cats are not always able to self-groom and may develop matted fur.
- Ensure litter trays are low sided and easy to access and food and water bowls are provided at a height which your cat can easily reach.
- Make sure your cat is not carrying extra weight. An overweight cat has a greater load to carry around on already sore joints.



Have a chat with your vet to develop a management plan if you suspect that your cat is becoming arthritic.

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PLAYER PROFILES

WYNNUM MANLY SEAGULLS' PLAYER PROFILES

This month we're getting to know Seagulls' players RC Robati and Selwyn Cobbo. Cheer them on at the next Wynnum Manly Seagulls game!



Name: TC Robati.

Suburb: I live at Bracken Ridge.

What position do you play? I play back row/lock.

When did you start playing footy? When I was five-years-old.

Which NRL player do you model your game after?
Boyd Cordner and Sam Burgess.



What do you like to do in the Wynnum Manly area for fun?

I like to play a bit of cricket and just have a laugh with the team.

Do you have any big plans for 2021 – on or off the field?

I'd like to do my family proud.

Who are your funniest teammates? Grand, Emanuel and Selwyn.

What's your favourite movie? *Fast Five* – I'm a big fan of The Rock.

Name: Selwyn Cobbo.

Suburb: I live at Calamvale.

What position do you play? I play fullback and centre.

When did you start playing footy? I started in the Under 6's.

Who did you look up to as a kid? My Dad.

What do you like to do in the Wynnum Manly area for fun?

Whatever the team is doing. I enjoy getting around with the boys and celebrating with them.

Do you have any big plans for 2021 – on or off the field?

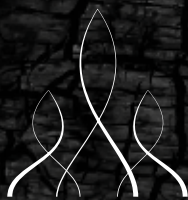
I am hoping to make my debut for the Brisbane Broncos.

Do you have any hidden talents? I enjoy painting and doing different art.

What is your favourite movie? *Remember the Titans*.



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Community spirit is one of Bayside's natural charms. This strong sense of community sets us apart from the rest. Here at Sash & Gable Property we want to warmly welcome some very dear friends moving into the Edith Street Business Hub ...

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Ken, Megan & Shelby from Loan Crew

We wish you all a prosperous future and look forward to working with you all.



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Enjoy our local area and be inspired with all our community has to offer.

'Movies In The Park' each 1st Saturday of every month at 6pm in the Little Bayside Park, Manly.

Sasha our beloved CEO 'Client Engagement Officer' might see you there!



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MANLY WARMS UP FOR WINTER

CONTRIBUTED BY THE MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

Once a quiet fishing village, Manly's days of hibernation are long gone. Emerging here is a vibrant village that comes alive when the sun sets. As the days grow shorter, experience the magic of Manly after dark.

Manly Harbour Village is the ideal location for a date night under the stars, with an abundance of premium dining, shopping and live music options in the precinct. The eagerly awaited opening of The Arsonist, a fire-powered restaurant bringing open flame cooking to Manly's Esplanade, is the hot topic around town. Be among the first to experience the locally sourced menu by Mat Fulford, former executive chef at Sirromet Winery. What's not to love about char-grilled or slow cooked meat, cooked on a custom-built wood-fired pit and grill, with some premium gin on the side? The Arsonist opens this winter – join the VIP list at www.the arsonist.com.au/ and be one of the first to experience this new luxe dining venue looking out over the lights of Manly Marina.

Of course, spectacular winter skies over the Bay are standard fare by the Marina, and the area is 'glowing' as new street tree lighting adorn the park and high street, beautifying the already charming precinct. Further Brisbane City Council plans for the harbourside and street areas of Manly Village precinct are now underway, with the final improvements including bespoke seating with LED lighting, new shade trees and refreshed garden beds, plus expanded creative lighting and projection artworks designed by local artist Delvene Cockatoo-Collins.

Looking for the perfect excuse to see the magic of Manly by night for yourself? Don't miss the next free Movies in the Park event on the first Saturday of every month – in June, we are excited to bring you the People's Choice – Disney's *Frozen* and in July, Australian classic, *Bran Nue Dae* is on the big screen.

Experience a wonderland in the heart of Manly this winter.

Visit www.manlyharbourvillage.com.au for more great days out in Manly Harbour Village.



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WYNNUM WEST'S ECOMARINES ARE BAY WARRIORS

FROM WYNNUM WEST STATE SCHOOL

Every year EcoMarine schools work hard to create change in their own communities by encouraging others to take action to look after their local environments, catchments and river systems that feed into Moreton Bay (Quandamooka Country).

At Wynnum West State School, EcoMarine Ambassadors (Harrison, Billie, Julia and Zephania) endeavour to create behavioural change by educating other students and adults, encouraging them to identify and tackle challenges impacting on our local community in a fun and creative way.

Recently these students completed a training day at Tangalooma Island Resort where they met more ambassadors from other primary schools and participated in activities and competitions.

Since becoming an EcoMarine school, Wynnum West students have raised awareness of the importance of looking after our local environment through several initiatives such as 'Wrapper Free Wednesdays', classroom recycling programs for paper/cardboard, participating in the 'We Love Water' bag competition from Queensland Urban Utilities, speaking at school assemblies educating the community, growing their own vegetables and fruit (which they love eating) and learning about sustainability integrated into the curriculum units of work.

Wynnum West students are looking forward to 2021 being another successful year of looking after our precious planet.



Wynnum West State School students Billie, Zephania, Harrison and Julia are EcoMarines.
Photo: Wynnum West State School.

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THE BONNER UPDATE- BUDGET EDITION

ROSS VASTA MP FEDERAL
MEMBER FOR BONNER



FEDERAL BUDGET 2021-22 – WHAT’S IN IT FOR YOU?

Bonner families and small businesses have been big winners from the Morrison Government’s 2021 Federal Budget, which sets out the next stage of the Government’s job-led recovery to build a more resilient and secure Australia post-COVID.

The Australian Government has been taking all possible steps to protect lives and livelihoods, including unprecedented support for health care and mental health.

For information on the 2021 Budget and how it will benefit Bonner, please visit my website at <https://www.rossvasta.com.au/community/budget-2021/>



FUEL SECURITY PACKAGE LOCKS IN THE AMPOL REFINERY LYTTON

As part of the Budget, the Morrison Government announced a fuel security package, enforcing its commitment to the refining sector.

This package locks in the future of our refining sector at the Ampol refinery in Lytton, which is one of only two refineries across the country supporting the operation.

I was joined by the Prime Minister and Minister for Energy and Emissions Reduction The Hon Angus Taylor MP for the announcement at the Lytton refinery. Having our fuel security on shore and localised to areas which can best deliver, means we are protecting 550 local jobs in Bonner, giving certainty to key industries, and bolstering our national security.

MINISTER FOR WOMEN’S SAFETY VISITS BONNER

Recently, Minister for Women’s Safety and Minister for Families and Social Services, Senator the Hon Anne Ruston visited the Bonner electorate to bring attention at a local level to our Government’s agenda when it comes to women’s safety ahead of the delivery of the Budget.

The Senator’s visit was timely as the month of May marked Queensland Domestic and Family Violence Prevention Month. As part of the visit, I hosted a pre-Budget Women in Business breakfast event at the Wynnum Golf Club where I was able to sponsor six students from Brisbane Bayside State College, Moreton Bay College and Wynnum High to come along and hear from Senator Ruston.

Following this, the Senator and I attended a roundtable I had convened at Beyond DV’s centre. During Treasurer Josh Frydenberg’s Budget delivery speech, he reiterated the urgency of domestic violence response and prevention, with this year’s Budget containing a historic \$1 billion for women’s safety measures.

The visit provided a meaningful opportunity for Senator Ruston and I to hear from survivors of domestic violence and listen the needs of the community when it comes to women’s safety.



LOCAL ARTISTS BOND THROUGH SHARED TRAGEDY

Natalie Lynch of Manly West and Donna Butler of Birkdale first met in December 2020, in a coffee shop in Manly at a function organised by First Light Widowed Association. Upon meeting they soon discovered that as well as being young widows, both shared a passion for art.

Brisbane-born Natalie has lived in the bayside area since she married a 'southsider' in 1986. She worked at Wynnum High School and Moreton Bay College as an art teacher before starting her own business teaching art classes and art therapy to adults.

"I started Studio Yellow as a direct response to the tragedy of losing my husband to suicide in 2009," explained Natalie.

"His passing made me realise how vital it is for us all to nurture our mental health. After years of teaching children and teenagers, I now teach adults how to find the confidence they need to dabble in art and enjoy the healing benefits of a creative hobby."

Donna only returned home to Queensland in January 2020. Born in Mackay, Donna moved to England in November 1998 and was married soon after. Donna spent 12 years in the UK followed by 10 years in Asia, Singapore and Hong Kong, but after her husband was diagnosed with incurable cancer, they decided it was important that Donna and their children move back to Australia.

"We knew I would need the support of my family to get through the months ahead," said Donna.

"My energy is now focused on healing myself and others by making Donna Butler Art, which allows the imagination to find its own path. Natalie's friendship at this time in my life has been an inspiration."



Natalie Lynch of Studio Yellow and Donna Butler, of Donna Butler Art. Photo: Supplied.

Through teaching art or producing and selling art, Natalie and Donna aim to bring joy to others, because they both understand life has its challenges and this is their way of giving back to the community.

Find out more about First Light Widowed Association at <https://www.firstlight.org.au/>

Discover Donna Butler Art at www.donnabutlerart.com, and Studio Yellow at www.studioyellow.com.au.



Peter Cumming Councillor for Wynnum Manly Ward



Wynnum Manly Ward Office
3a/212 Bay Terrace (Cnr of Pine Street)
Wynnum Qld 4178

Office hours: 8.30am-4.30pm, Monday-Friday
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Great web stuff, made here in Wynnum



ROTARY CLUB OF WYNNUM MANLY'S DAYS FOR GIRLS PROJECT

BY JO-ANNE O'CONNOR

Days for Girls volunteers work to get safe, beautiful, washable, and long-lasting feminine hygiene kits into the hands of those who would otherwise go without. These kits have reached more than one million girls around the world already so together our aim is to create a world with dignity, health, and equal opportunity for all.

If volunteering, sewing and helping a great humanitarian project is something that you could be interested in then The Rotary Club of Wynnum and Manly Days for Girls (DFG) project might be right for you. The Rotary Club have recently established a group of Rotary and community volunteers who meet to help make and distribute much needed feminine hygiene kits for girls in remote Australian communities and developing countries overseas.

Days for Girls group leader and organiser Dianne Catto explained, "Meeting fortnightly provides the opportunity for women from our local community to serve as volunteers in a safe, fun environment where they can use their skills and develop new skills as they assist in all tasks within the project. From washing and ironing donated material to creating templates, cutting out patterns and sewing kits – there is definitely a role for everyone".

The newly formed group meet every second Thursday at the Shire Clerks Cottage in Tingal Road. Volunteers are welcome! If you are interested in learning more about our Days for Girls project please call Rotary DFG Group Leader Dianne Catto on 0408 776 278.



COMMUNITY KINDNESS

BY GRAHAME MERRICK


One Sunday morning, at the Night Owl service station on New Cleveland Road, I was waiting for a pump to become available. As it became vacant, another customer came from the other side of the servo and obviously didn't see me waiting, and the driver began filling their vehicle. Another pump became available adjacent to the pump and the driver, a young lady, apologised for taking the pump. I told her not to worry about it and she apologised again.

When I went in to pay for my fuel (\$50.00), the attendant said it had been paid for by the young lady. Fortunately when I got outside she was just getting into her car and I was able to thank her for her kindness. I was absolutely blown away; unfortunately this is far from our now expected "normal".

I would like to say, publicly, a heartfelt "thank you" to this unknown young lady.



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REGIS WYNNUM RESIDENTS STAY ACTIVE DURING COVID

FROM REGIS WYNNUM

Residents and staff at Regis Wynnum were delighted to receive their first dose of the Pfizer COVID-19 vaccination, with a second dose due by the end of the month. With a packed activities schedule, the vaccination is a welcome safeguard that allows residents and staff to enjoy everything the Regis lifestyle has to offer.

Residents have been kept busy by Regis' energetic Lifestyle Team with an array of activities each day such as learning to create mosaic outdoor tables, gardening (fruit, vegetables, edible flowers and herbs used by Regis chef Paula), upcycling pallets into vertical gardens, enjoying twice weekly happy hours, men's and ladies'

social groups, choir (the Wynnum Warblers), craft clubs and twice weekly bingo to name a few.

From 3 May all visitors coming into any aged care facility in Australia were required to provide proof of their influenza (flu) vaccine, or a medical exemption letter from their treating doctor. Flu vaccines can be obtained from local medical centres and local pharmacies.

If you would like further information, a tour, or you'd like to explore volunteering opportunities at Regis Wynnum, please contact Sally Clark (07) 3249 5100.



Regis Wynnum residents have grown a bounty of fresh produce for use in the Regis kitchen. Photo: Supplied.

BRUCE STEPS UP FOR SICK KIDS AND THEIR FAMILIES

Sick kids and their families always have a helping hand, a shoulder to lean on or even a comforting cuddle thanks to Children's Hospital Foundation volunteers who donate their time at the Queensland Children's Hospital.

Manly West resident, Bruce Corrie, donates his time to supporting children and their families going through treatment at Queensland Children's Hospital, having dedicated more than 510 hours of his time over the past six years.

As a Ward Orientation and previous Bedside Play Volunteer, Bruce helps alleviate the anxiety of newly admitted families into inpatient wards by giving them all the information they need for their stay and advising where they can seek help and support.

Bruce turned to the Children's Hospital Foundation to volunteer as a way of putting smiles on kids' faces and helping to make their time in hospital a more pleasant experience, and it certainly hasn't been short of memorable moments.

"I will always remember visiting a young indigenous girl in her room while completing a bedside play shift, and we instantly connected and had so much fun playing games from the loans trolley together," Mr Corrie said.

"It was particularly special as her family were from a remote community, so she didn't get a lot of visitors, and the nursing staff had advised me that she really looked forward to my visits as it meant fun and laughter.

"Sadly, I was advised before one of my shifts that she had passed away from her long-term illness, which was such a tragic loss. The time I spent with her and her family will always stay with me and remain close to my heart.

"If you're thinking about volunteering, give it a go. Believe me, you will be a better person for meeting all the amazing people, including patients and families, medical staff, and the wonderful Children's Hospital Foundation family."

Bruce has also volunteered through the pet therapy program, in the holding bay and Kidzone – a dedicated free and supervised playroom on Level 6 of Queensland Children's Hospital, manned by Foundation staff and volunteers.

"Volunteers are truly the heart of our organisation, and we couldn't provide the services we do throughout the hospital and community centres without the dedication, commitment and kindness of our volunteers," said Children's Hospital Foundation CEO Rosie Simpson.



Manly West's Bruce Corrie is an invaluable member of the Queensland Children's Hospital volunteer team. Photo: Supplied.



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GETTING TO KNOW OUR SNEAKY SEA CREATURES

BY DR BLAKE CHAPMAN

How lucky are we to call the Bayside home! If you're anything like me, you take every chance to spend time near the water. This would give you great glimpses of marine animals – birds, crabs, possibly some fish, and even the occasional turtle or dugong if you're lucky.

But what you see and experience this way barely scratches the surface of the amazing diversity of life that lies beneath the waves. In addition to our sea-lebrities, like dolphins, sharks and whales, the oceans hold more unusual and fantastical creatures than you could ever imagine.

Some of these animals are really clever; others have mastered the art of disguise. Some are downright disgusting, and then there are those that are just really big! What is your favourite ocean animal? More so, have you ever considered what you can do to help protect these animals and their salty home?

For kids who'd like to discover more about these amazing marine animals, Little Gnome Bookstore at Wynnum has copies of my children's book, *Ocean Animals: The Weirdest, Smartest and Sneakiest Sea Creatures* available now. I'll be there signing copies and asking you personally what your favourite ocean animal is on Saturday 19 June at 10:00am – please come by and say hello!

*Blake Chapman has a passion for helping people to better understand, appreciate and conserve marine animals. She has published two books: *Ocean Animals: The Weirdest, Smartest and Sneakiest Sea Creatures*, and *Shark Attacks: Myths, Misunderstandings and Human Fear*. Both are published by CSIRO Publishing.*



Blake Chapman is passionate about marine conservation. Photo courtesy of The University of Queensland.

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MARKET 2 MARKET

The Community Leader and Real Estate News & Views are now available to read online.

If you missed your printed copies, or if you have a 'no junk mail' sticker on your letterbox, you can still stay up to date with news and events in your local community.

www.thecommunityleader.com.au

[In the Community](#)

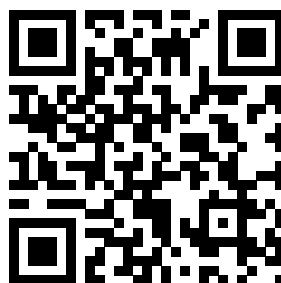
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LOCAL POETRY

BUILDING BOXES

BY GEOFF SMILEY

I can hear the sounds of
my young neighbour
parenting his son.
With patience and love
they make a wooden box.
Hammering a nail,
holding a tool,
teaching, building
with more than nails.

There is risk, reassurance,
more boxes to come.
I remember my distracted parent.
Saddened now at opportunity lost.
Their needs trumped by mine.
They have forgiven
but I realise what we missed,
over a childhood of
wooden boxes uncommenced.



Many males of my generation regret the past parenting opportunities we squandered. It is reassuring and a little sad to hear the lovely interactions coming over my fence.

YOU ARE INVITED TO ATTEND OUR
Chaplaincy Gala Dinner

Join us in raising vital funds for our seven Chaplains in our eight local State Schools.
The evening will feature a two course meal, and a variety of valuable insights from our school communities on the impact of chaplaincy in the lives of young people and their families.

Wynnnum/Manly Leagues Club
Friday 11 June 2021
6.00pm

Cost: \$50 per person (to cover the dinner expenses)
Seating: Tables of 10
Bookings: SU online www.suqld.org.au/wynnnummanlydinner21
RSVP: Friday 4 June 2021
Dress: Smart Casual

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WORLD-CLASS OLYMPIC WINTER TRAINING FACILITY OPENS AT SLEEMAN SPORTS COMPLEX

A new world-class Olympic winter training facility has opened at the Sleeman Sports Complex in Chandler.

The Geoff Henke Olympic Winter Training Centre is the Southern Hemisphere's only all-year outdoor water ski ramp, elevating the aspirations of athletes for generations to come.

The Commonwealth Government contributed \$5.3 million towards construction of the \$6.5 million facility, in collaboration with the Queensland Government, the Australian Olympic Committee and the Olympic Winter Institute of Australia.

Federal Member for Bonner Ross Vasta MP said he was thrilled to see the opening of the centre, with Bonner becoming home to these athletes ahead of the 2022 Winter Olympics.

"To compete on a world stage, our Australian athletes need to be at the top of their game. With this new centre, athletes now have access to the facilities they need, that previously never existed in this part of the world," Mr Vasta said.

"The idea for this facility has been more than a decade in the making. All levels of Government have worked together to deliver

on Geoff Henke's incredible vision for this centre and ensure the ongoing support of our athletes.

"This will well and truly be a game-changer for the future of Australian winter sport and the generations of elite athletes to come."

Minister for Sport, Richard Colbeck, said "The Morrison Government is right behind the bid to bring the 2032 Summer Olympics and Paralympics to Brisbane, but right now we're delivering a world-class facility to our Aussie Winter Olympians".

"Australia has long enjoyed success in aerial ski disciplines, from Alisa Camplin's historic Olympic gold medal in 2002, through to the success this year of aerial ski world champion Laura Peel and Crystal Globe winner Matt Graham, in the moguls," Minister Colbeck said.

The facility boasts varying levels of difficulty making it a fitting training venue for athletes eager to hone their skills and one day represent Australia on the world stage.

Athletes can reach speeds of more than 70km/h and launch up to 17m above the water from the top of the 37m ramp. It allows trainees to test and perfect manoeuvres safely before transitioning to snow.



Image (L-R): Minister for Sport Richard Colbeck, Federal Member for Bonner Ross Vasta MP, President of Australian Olympic Committee John Coates. Photo: Supplied.

The Community Leader

YOUR LOCAL MONTHLY NEWSLETTER

DELIVERED TO LOCAL HOMES AND BUSINESSES

The Community Leader is a monthly publication, home-delivered to Wynnum, Manly, Lota and Capalaba areas. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read.

Any submissions can be emailed to sales@market2market.com.au for consideration.



HOME DISTRIBUTION BREAKDOWN

POST CODE	SUBURB	DISTRIBUTION
4153	BELMONT (QLD)	485
4157	CAPALABA	1,240
4154	GUMDALE	111
4154	WAKERLEY	2,386
4172	MURARRIE	1,302
4173	TINGALPA	2,739
4174	HEMMANT	807
4178	WYNNUM	4,221
4178	WYNNUM WEST	4,124
4179	LOTA	1,041
4179	MANLY (QLD)	1,185
4179	MANLY WEST	3,593
TOTAL		23,234

Plus 4,000 copies to local businesses

ADVERTISEMENT SIZES

Full Page	Image Area	318mm deep x 265mm wide
Half Page	Image Area	135mm deep x 265mm wide
Quarter Page	Image Area	68mm deep x 265mm wide
Strip Ad	Image Area	40mm deep x 265 mm wide

JULY BOOKINGS

- Community editorial 16th of June
- Advertising cut off 18th of June
- Distribution 30th of June (shopping centres) and the 5th of July into homes
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
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We look forward to receiving your resume and you becoming part of the fantastic Bartons Team!



Club Manly is a local bowls club that offers space and functionality for many events. The Club runs a Bistro on Thursday and Friday nights along with multiple functions all year round.

KITCHEN HAND

Qualifications and experience

- Five years or more experience in a commercial kitchen.
- Cert III commercial cookery or experience; food handling certificate; barista certificate; event planning experience, excellent plating skills and attention to detail.

Tasks and responsibilities

- Working alongside the Head Chef and Function Co-ordinator, you will be responsible for food preparation for evening bistro, maintaining food safety standards, and assisting with functions/ weekend work. Email resume to admin@clubmanly.com.au



BAREFOOT BOWLS CO-ORDINATOR

The successful candidate will implement club policy at barefoot bowls events.

Email resume to admin@clubmanly.com.au



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BIG NIGHT IS NEARLY HERE FOR BLUE TONGUE ARTISTS

The Blue Tongue Adventure crew is gearing up for a fabulous night showcasing art works to the community, at the Blue Tongue Collectables Art Show on June 22.

An incredibly diverse array of pieces will be on display, demonstrating both the creativity of the participants, and the new techniques and skills they have learned through their participation in Blue Tongue's programs.

Blue Tongue Adventure runs day programs for young adults with disabilities, and the Blue Tongue Collectables art space and wood workshop is the hub where the participants are able to let their creativity flow while socialising with friends.

Under the guidance of program coordinators Josh and Ruby, participants have explored tribal themes, collaborating to build a ceramic totem pole and creating wooden masks. They've also explored pattern and texture to create eye-catching 3D wall art.

They've also been able to explore their own creativity: from Taylah's breath-taking indigenous-inspired pieces, to Hanalei's assortment of works, which always reflects her fun and adventurous personality, but is also often inspired by her beloved cat, Harrison Ford.

Whether you're looking to appreciate and support the work of local artists, or you're keen to learn more about the programs – everyone are welcome!

This is a free, ticketed event. See the Blue Tongue Collectables Facebook page for details. Drinks and canapes will be sponsored by Blue Tongue Pantry (gold coin donations welcome). The artists earn a portion of proceeds from the sale of their pieces, while part proceeds will go towards the purchase of an on-site kiln to benefit the pottery program.



art show

FREE TICKETED EVENT

Save the date for Blue Tongue Collectables inaugural art show

📍 260 Tingal Road, Wynnum
Tuesday June 22, 6:30pm

f Follow for further details
@bluetongue.collectables

JUN 22

MAYFAIR TURKISH KEBAB & CUISINE

Mayfair Turkish Kebab & Cuisine is a casual Turkish Restaurant, serving kebabs, chargrills, pides, gozlemes and Turkish breads. Dine-in, take-away, BYO and uber eats is available.



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PUZZLES

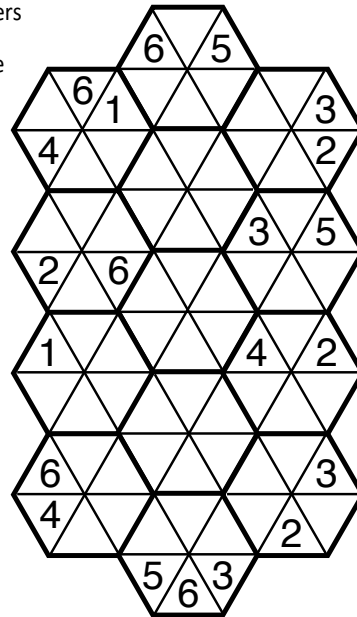
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

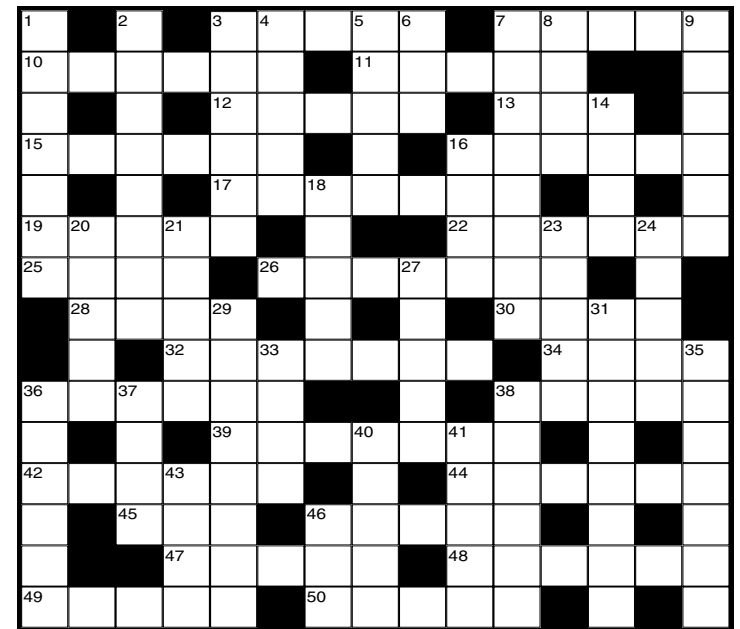
					5		1	
				1	7		6	
9								8
4								1
				6	2		5	
	1							7
				5			8	
8			9					5
6		4					7	2

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



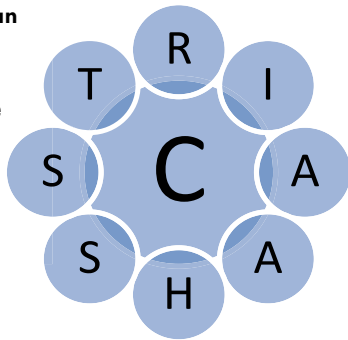
Crossword



Focus

An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words



TODAY'S FOCUS Good: 11 words
Very good: 17 words
Excellent: 27 words

Reference: Macquarie Concise Dictionary
Focus No. 3844

ACROSS

- 3 Underwater worker
- 7 Prejudiced person
- 10 Cowardly
- 11 Famous
- 12 Cold dish
- 13 Depressed
- 15 Gain by effort
- 16 Lubricating
- 17 Refractory
- 19 Riverside embankment
- 22 Dodges
- 25 Slender support
- 26 Made wrathful
- 28 Employed
- 30 Free from danger
- 32 Approaching
- 34 Female swans
- 36 Offer
- 38 Condition

DOWN

- 1 Scribbles
- 2 Prisoners
- 3 Longing
- 4 Lacking sense
- 5 Ordain
- 6 Fishing pole
- 7 Credits
- 8 Worshipped image
- 9 Tints
- 14 Feral

- 16 Above
- 18 Echo sounder
- 20 Musical study piece
- 21 Free from faults
- 23 Make suitable
- 24 Happening
- 27 Boredom
- 29 Made deeper
- 31 Not afraid
- 33 Dry
- 35 Times of the year
- 36 Reel
- 37 Tide attaining least height
- 38 Hunting dog
- 40 Wish evil upon
- 41 Mother-of-pearl
- 43 Low sand hill
- 46 Finish

Word Find

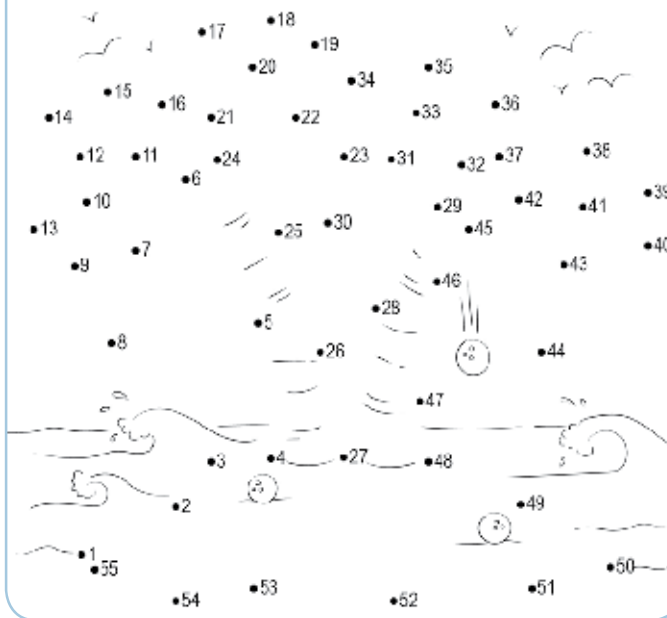
N	T	H	G	I	F
A	R	O	S	E	C
F	L	U	I	D	O
F	O	R	T	R	R
U	G	S	E	E	D
P	O	H	O	W	L

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

- | | | | |
|-------|-------|------|------|
| Cord | Fort | Howl | Rose |
| Drew | Golf | Logo | Seed |
| Fan | Grief | Ours | Site |
| Fight | Hero | Puff | Turn |
| Fluid | Hop | Riot | |

Join the Dots

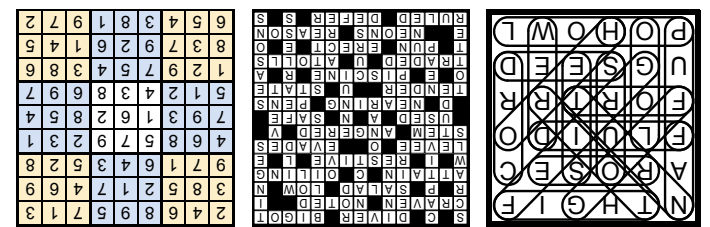
What is this? Find out by joining the dots.



Solutions

Puzzles and pagination supplied by Auspac Media

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LOCAL FISHING

JUNE FISHING ON MORETON BAY WITH SPERO

BY SPERO KARTANOS

June is upon us and apart from the cold nights and early mornings, the days are normally glorious with calm winds and beautiful sunrises and sunsets, and the fishing is very good!

The tiger squid will slow a little in the shallows but the good news is the ugly ones (i.e. cuttlefish) and arrow squid start coming into the bay. These are a little different to catching tiger squid as they tend to be in the deeper water, anywhere from 20 to 35ft wide of Ormiston all the way to St Helena, and I for one love the taste of cuttlefish. Only one problem: they are the messiest of all to bring on the boat as they have the capacity to hold water and are able to squirt the ink forwards and backwards, so your chance of getting inked is very high. A couple of things that will help is a stainless steel pot with a lid to put them in as you catch them, and a round large stainless steel tray to clean them in.

The method I use is the same jigs as we use to catch the tigers, but add a ball sinker above the jig to get to the bottom and then just raise it a foot or two. Drifting is the way I fish for them, and the other thing is cuttlefish grab the jig from the middle and sometimes are hard to hook, so the razor jigs from Jarvis Walker are worth having on the boat as they have prongs on the back as well. Of course the arrow squid are in the same area and depth; they're tender and sweet, and are great for stuffing, but please don't remove the skin and if possible clean them in sea water.

The school mackerel will be throughout the bay and once you find them, anchor up and float out pillies but be careful as this is the best way to get stitches or a hook through some part of your body.

Winter whiting will be in full swing, especially around the Amity Banks, Fisherman's Gutter and around the eastern banks at the Rous Channel.

The squire and snapper started in the bay last month and June is a great month for these beautiful tasting fish around the Bay Islands and artificial reefs.

Good fishing 'til next time!



Photos: Spero Kartanos.

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IT'S A WRAP: WYNNUM MANLY EISTEDDFOD

FROM ANNETTE ROSELLI DANCE ACADEMY

The Wynnum Manly Dance Eisteddfod has been part of the local community for many years and is celebrating its 50 year anniversary in 2021. The Eisteddfod is run by a dedicated team of volunteers and has allowed young performers to showcase their talents in dance, music, and speech and drama, in a friendly supportive environment. Many careers were launched at this Eisteddfod including the only Australian female dancer in the Royal Ballet Company, London – local dancer Amelia Townsend.

The 2021 Dance Eisteddfod for groups and solos was held in May. Dance studios from around Brisbane competed for the overall award of Grand Champion.

Local studio Annette Roselli Dance Academy was awarded the Grand Champion – the highest aggregate of points across all genres and all studios throughout the Eisteddfod. The Annette Roselli Dance Academy was also awarded the Most Promising Classical Group of the Eisteddfod, with the Open group achieving a mark of 95%.

The studio has proven to be a formidable force across all genres – not just in classical ballet. This is due to the technique taught to the students from an early age. The studio was successful in Contemporary, Lyrical, Classical Ballet, Tap and Jazz, proving that those with a good technical foundation can do just about anything in the dance world.

Congratulations to the Wynnum Manly Dance Eisteddfod organisers for putting on such a well organised eisteddfod while faced with Covid restrictions. It's a testament to the passion and dedication of the volunteers. A special thanks to Gail Hansen and Pearl MacIntosh who helped run the Eisteddfod for many years.



Grand Champions: Members of the Annette Roselli Dance Academy Eisteddfod team. Photo: Supplied.



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GUIDING YOUNG GIRLS TO REACH THEIR POTENTIAL

FROM GIRL GUIDES QLD

The Australian Guide Program is a non-formal educational program based on shared leadership and decision making for all ages.

It consists of four main elements: physical, people, practical, and most importantly, self. The program includes a variety of activities that focus on self-development in the areas of practical skills, physical development and relationships with people that align with age groups and interests.

The young girls are involved in decision making, planning, implementing, and evaluating their activities. Within the structured unit, participants will be a member of a Patrol (4-8 girls), where experiences are learned and shared. Guiding is about being part of a team. Leadership development begins with the youngest Guides and develops through a staged approach as the girls mature.

The program is underpinned by a Discover, Decide, Plan, Do and Check process that enables individuals, family, and leaders to monitor progress.

Guides have fun, whether that be outdoors, indoors or contributing to community-based outcomes. As an Australian and world-wide organisation, girls and young women have the opportunity to have a voice, work individually and together towards common goals, and be the best they possibly can be – all in a structured and safe environment.

Local leader, Yvette, invites parents of aspiring young girls to discover what's happening in 2021 – please email ymorgo@tpg.com.au.



Photos: Girl Guides QLD.



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NZ LOLLIE CAKE RECIPE

BY Y'EATEN?, BELMONT

This recipe can be adjusted according to your requirements and is super easy! You can purchase the biscuits and lollies for this recipe, along with many others, from Y'eaten? at Belmont.



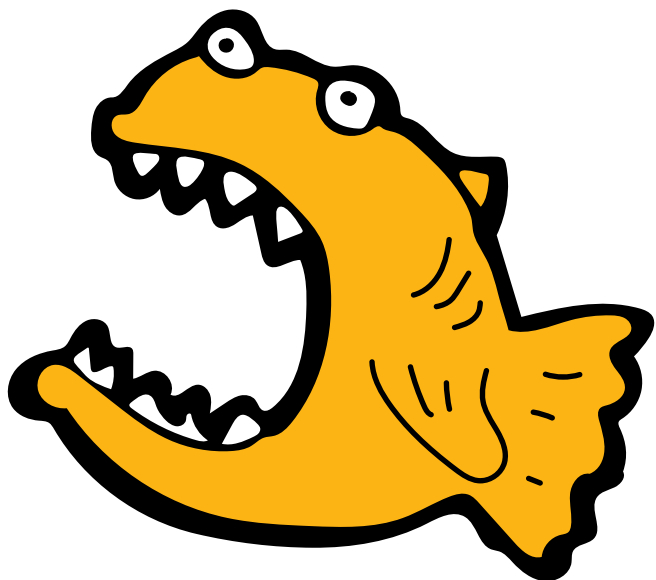
Photos courtesy of Y'Eaten? Belmont.

INGREDIENTS

- 1 packet Griffin's Malt biscuits
- 200g Eskimo's or Emo's or Fruit Puffs
- 1/2 can Condensed Milk
- 125g Butter
- 1/4 cup Desiccated Coconut

METHOD

1. Melt the butter and condensed milk together in a saucepan, then set aside to cool.
2. Crush the biscuits into crumbs.
3. Cut lollies into small pieces.
4. Mix all ingredients together and roll to form into a tight log shape.
5. Roll the log in coconut and pop it in the fridge to set.
6. Cut into slices and enjoy!



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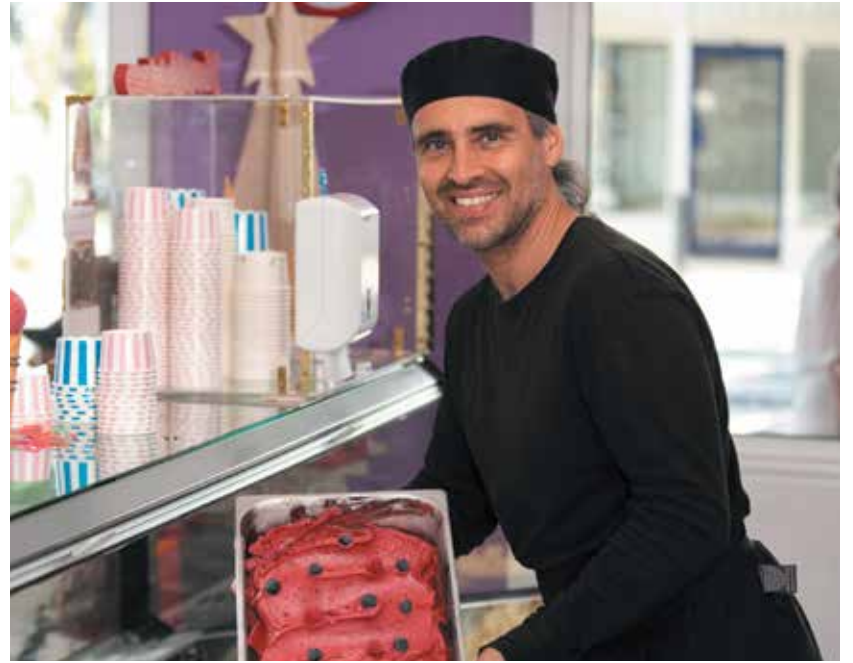
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TORTA BISCOTTO GELATO RECIPE

BY RUDI, MATILDA THE ART OF GELATO



INGREDIENTS (SERVES 6)

- 2 litre tub of stracciatella gelato (choc chip) or any other gelato flavour you like
- 250g flour
- 125g butter
- 100g icing sugar
- 15g cocoa powder
- 62g whole eggs
- 12g egg yolk
- 4g baking powder

METHOD

COOKIE BASE/TOP

1. Start by mixing butter, icing sugar, eggs and yolks, flour, cocoa powder, baking powder in a bowl until you have a soft dough.
2. Put the mixture in the fridge for three hours.
3. Remove from the fridge. Roll the dough with a "mattarello" (rolling pin), then make two discs (the same size) 2mm thick.

4. Use a fork to poke holes in the dough, then place in the oven on a baking tray lined with baking paper at 250 degrees for five minutes to bake.
5. When cold, put one cookie base on the bottom, then fill with the gelato, and cover with the second cookie disc.
6. Put it in the freezer for 15 minutes to set, then enjoy!

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Touch Football is Australia's largest social sport, with 700,000 participants around the country, with over 100,000 of those participating here in Queensland each year and growing.

If you're looking for a way to stay fit and healthy locally, consider joining one of Brisbane's social touch football competitions at City Touch Football.

Touch Football comes with a low risk of injury compared to other team sports and age is not a barrier. Everyone can play together, family members, work colleagues and friends in our mixed, men's or women's competitions with both social and competitive divisions on offer.

"Our upcoming season taps off early May, just around the corner at Colmslie on Tuesday nights so why not give it a go?" said Renee Sandilands, City Touch Football Competition Manager.

"City Touch Football has been playing at the State Hockey Centre on Lytton Road at Colmslie for over 15 years and continues to provide a fun, social environment with the opportunity to make new friends."

An advantage is that City Touch Football typically runs all year round, three nights a week with eight venues across Brisbane to choose from!

For more information on the upcoming season and how to get involved, visit <https://citytouch.com.au/team/>.



SEAN'S SUCCESS AT NATIONAL CHAMPIONSHIPS

FROM BRISBANE BAYSIDE STATE COLLEGE

Sean Gallagher, Year 12 student of Brisbane Bayside State College, competed at the Australian Athletics Championships (Nationals) in Sydney last month.

Sean threw a huge 89cm PB landing fourth place in the U20 para discus, narrowly missing out on the bronze medal by the last throw.

Sean also participated in the U20 para javelin and came home with a silver medal after finishing in second place! He threw a season best distance and was very close to his personal best.

Although the COVID restrictions impacted his usual training routine, Sean still excelled on the athletics field. Well done Sean, we are very proud to have such a talented athlete in the Brisbane Bayside Community.



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SEAGULLS TO HOST MITCH CRONIN MEMORIAL MATCH ON JUNE 13

FROM THE BMD WYNNUM MANLY SEAGULLS

Wynnum Manly Seagulls will host the Mitch Cronin Memorial match in honour of our late captain when the Seagulls face the Souths Logan Magpies on Sunday June 13 at BMD Kougari Oval.

The Seagulls and Magpies will play for the Mitch Cronin Memorial Cup, which will become an annual fixture for both clubs.

The match-up reflects Cronin's history with both clubs – he debuted with the Magpies in the Intrust Super Cup in 2011 before joining the Seagulls in 2016, becoming club captain.

In honour of Cronin, the respective hookers of each side will wear a different playing number on the day and the number nine jersey from each team will be placed on the first chair of the club's bench.

There will be a special tribute to the much-loved

former captain prior to the Intrust Super Cup game, with both teams walking out together alongside former team mates of Cronin and a dedicatory video will be played on the big screen.

Prior to kick off there will be a minute's silence in recognition of Cronin.

Seagulls CEO Hanan Laban said the match will be a celebration in memory of the beloved club man.

"Mitch Cronin was more than a great player; he was a beloved member of our club who made a huge contribution to the Seagulls and its community.

"Sunday June 13 will be a special day to honour Mitch, and we expect there will be a lot of people wanting to come and pay tribute to him alongside his family, friends, teammates and former teammates."



WYNNUM MANLY SEAGULLS' UPCOMING HOME GAMES
 See the Seagulls live at BMD Kougari Oval. Get your tickets at wynnumseagulls.com.au
 Round 9 vs Mackay - Sat 5 June | Round 10 vs Souths - Sun 13 June | Round 11 vs Easts - Sun 20 June | Round 16 vs Norths - Sun 8 August | Round 19 vs Falcons - Sat 28 August

AN INVITATION TO COMMUNITY GROUPS

As The Community Leader evolves, we'd love to include your local story. We openly encourage community groups, sporting clubs, and charities to contact us with their stories and photos. The newsletter's objective is to promote activities and events in the community, while encouraging the support of local businesses. Thank you to the community leaders who have enthusiastically supported the idea of developing a friendly local newsletter. Please support them, and engage with them as best you can. Any submissions can be emailed to sales@market2market.com.au for consideration.









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WHAT'S ON BY THE BAY

Brisbane's bayside area of Wynnum-Manly-Lota has shown incredible resilience in the face of a pandemic. As public gatherings return and our community defines the new normal, we bring you the best of what's on by the bay!

Dot Dash Events in a bayside-based events and marketing consultancy helping businesses increase engagement via community events. We love our local area and want to showcase the vibrancy of the Bay to the wider area. With over 19,000 residents and 5,000 families in the area, plus visitors from Greater Brisbane and beyond flocking to the seaside to get a taste of our idyllic lifestyle, it's no wonder there's so much happening on the water's edge! There are so many benefits to getting out and about, including a revitalised sense of wellbeing, connection, and community spirit. Keep an eye out for upcoming events in this new monthly section.

Royal Queensland Yacht Squadron in June

WINE DOWN FRIDAY

Every Friday evening from 5:30pm!

The perfect way to wind down and wine down at the end of the week! Ladies can enjoy a complimentary glass of bubbles on arrival with free nibbles making their way around.

This event is completely free for all members, guests, and visitors of the Squadron.

SOCIAL SAILING

Saturdays from 9:30 to 11:30am

Social Sailing is a sailing program that anyone can book into. Sailing on the Elliott 6's, the program is the perfect way for anyone and everyone to experience beautiful Moreton Bay in a monohull sailing boat. On board each boat will be a qualified Instructor who will teach you how to sail. Price: \$50.00 per session.

LADIES SAILING

Ladies Sailing is a ladies-only sailing program which runs Saturday from 1pm to 3pm all year round (excluding Public Holidays). The program is perfect for women interested in exercise, learning to sail, and experiencing the great outdoors – right outside your doorstep! Sailing in the Elliott 6's (Keelboats), the women will sail around Moreton Bay with a highly experienced and qualified keelboat instructor on each boat, helping the women develop their skill levels. Price: \$50.00 per session.

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Wynnum RSL

The Australian Jon Bon Jovi Experience, 26th June at 7pm. Tickets are \$25.

Network in the Suburbs, Wynnum

This event will be held at 219 Bay Tce Wynnum on Wednesday 23 Jun 2021 from 10am to 11am. Entry is free.

Brisbane City Council is hosting a series of free Networking in the Suburbs sessions. These events are designed to bring local businesses together to connect and network with other Brisbane business owners and operators.

Wynnum Manly Leagues Club

BWIB Networking Event – Getting reviews and optimising the google map pack.

Friday 18th June at 12pm. Tickets via Eventbrite, \$38 per person.

THE HISTORIC SHIRE CLERK'S COTTAGE

BY JULIE DIXON

Built in 1890 and beautifully restored in 1984 by the Wynnum/Manly community, the Shire Clerk's Cottage is currently maintained and preserved by the Waterloo Bay Leisure Centre.

The Shire Clerk's Cottage and Devonshire Teas are a unique experience.

From the time you are greeted by Iris Brewer, our pink lady, who was Chair of the Restoration Committee for the Shire Clerk's Cottage, you will be transported back in time to a much more genteel era. Beautifully furnished with donations from the general public, the cottage gives an insight into how the family would have lived 130 years ago.

The Shire Clerk's Cottage Devonshire Teas are made on the premises at the Waterloo Bay Leisure Centre on the day by our president Bev Weeks (you can't get fresher than that). The strawberry jam is home made by our resident 'Pink Lady', Iris Brewer. Sadly, we don't have our own cow to produce the fresh cream. Although they did in the past.

The Devonshire Teas are served on beautiful china on tables laid with lace tablecloths, and floral decorations made by our Secretary, Sandy Lawton, and Market Coordinator, Julie Dixon.

We appreciate the volunteers from the Boomerang Bags, coordinated by Louise Yearn, and our Zumba group. You will be entertained by Laurie Blauw on piano accordion, playing songs you know and love. All proceeds go to the maintenance and daily running of WBLC and the cottage.



Guests enjoying a Devonshire Tea on the verandah at the Shire Clerk's Cottage. Photo: Supplied.

EVENTS FOR MONTH OF JUNE

8th June – Terry Scott Concert.

22nd June – John Cornelius Concert.

SHIRE CLERK'S COTTAGE MARKET

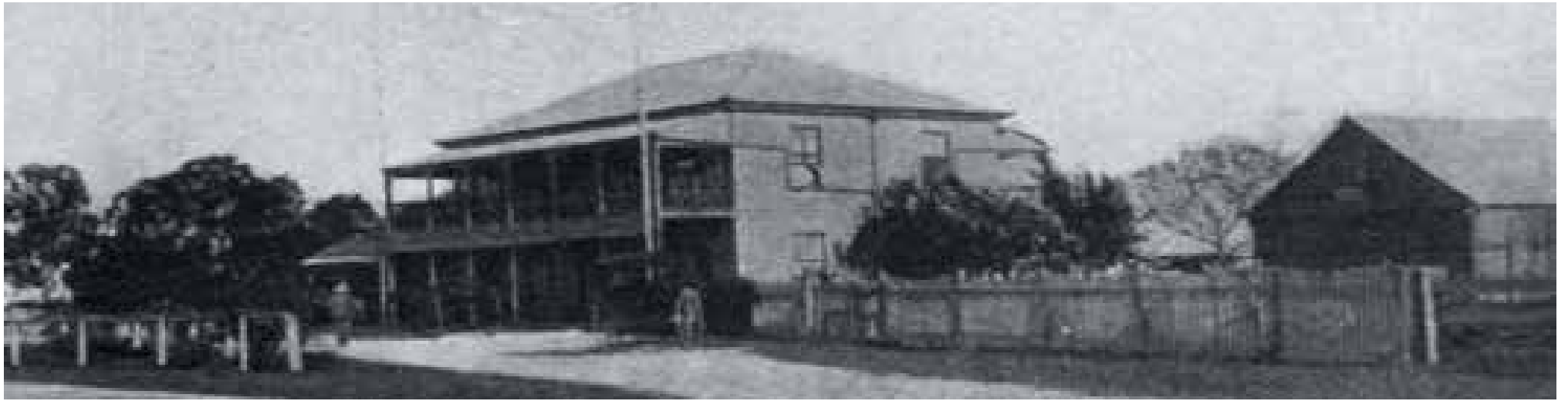
WHERE: Shire Clerk's Cottage Market, 241 Tingal Road, Wynnum.

WHEN: Saturday, 19th June, 2021. Market 8am – 1pm. Devonshire Teas 9am – 12pm.

COST: Entry is FREE, Devonshire Teas are \$6.00.

THE HISTORY OF TINGALPA'S TWO HOTELS

FROM JILL GREENHILL, WYNNUM MANLY HISTORICAL SOCIETY INC.



The Royal Mail Hotel, Tingalpa, 1908.

Tingalpa hotel number 1.

This hotel was located at the junction of Old Cleveland Road and Mt Gravatt – Capalaba Road, Capalaba. Surveyor, David Warner in 1863 set out the “Town of Tingalpa” on the northern bank of Tingalpa Creek, where the track from Brisbane to Cleveland (Old Cleveland Road) met the track from Ipswich to Cleveland (Mt Gravatt – Capalaba Road) in Capalaba.

This was in the days when Cleveland, and not Brisbane, was being considered as the location for the Port for Queensland. This location was chosen for the Town of Tingalpa as here, there was a shallow ford to allow easier crossing of Tingalpa Creek. The roads can still be traced out today.

Here, in the mid 1860's James Murray was operating an unlicensed “grog-shanty” on the corner of Old Cleveland Road and the Ipswich track. In 1872 Robert Murray applied for, “a country publican's license to be able to sell fermented and spirituous liquors in premises, at the Tingalpa Hotel at the Tingalpa Creek crossing.” (Brisbane Courier 30.05.1872).

The ford over the Tingalpa creek was replaced with a bridge in 1874.

This spurred on the development and settlement of the lands south of the Creek. Tingalpa Hotel was advertised for sale on 15 August 1873. In 1877 Farmer William Jarvis took out the license for the Capalaba Hotel, built on the southern bank of the creek in Capalaba. The Township of “Old Tingalpa” on the northern bank of Tingalpa Creek never developed as intended and became known as Capalaba West. The name ‘Town of Tingalpa’ was abolished 1948.

Tingalpa hotel number 2.

The Royal Mail Hotel was located on the corner of Old Cleveland Road and Wynnum Road.

Joseph and Mary Kendrick opened a store on Old Cleveland Road at the junction of Lytton Road (Wynnum Road) in 1862. In 1867 Mary was the Post Mistress. Liquor was sold on the side, as in many small stores of that day. In 1870, Mrs Kendrick was charged with selling four glasses of rum (“Queenslander” 31.12.1870).

Joseph Kendrick obtained the first license of the Royal Mail Hotel in 1871 and it is presumed that he built the hotel. Due to ill-health Joseph sold the hotel to George Waldock in 1873. But George died in 1874 and his widow, Mercy Waldock was still holding the license in 1880. In the 1890s when Wilhelm Helmholtz was licensee, the hotel provided sustenance for the patrons of the nearby Tingalpa races.



The Royal Mail Hotel, Tingalpa, 1871.

In 1908, the name “Half Way House” was used to describe the location of the Royal Mail Hotel due to its being considered to be half way between Brisbane and Cleveland. The local stage coaches carrying people, mail and luggage rested here.

When Mr E Harding was manager, in 1909 the hotel underwent massive renovations and in the local press the hotel was reported to be “greatly improved and a credit to the district”.

Even after the days of stagecoaches delivering mail, the Hotel still retained “Royal Mail” in its name. There have been many owners, many renovations and re-buildings but the Hotel still trades on the original site today.

A refurbished Cobb and Co stage coach was mounted outside the hotel in 2011 but unfortunately this was set alight in 2017. However, there is no evidence to support the mail or passenger contracts being held by Cobb and Co for the service from Brisbane to Cleveland. The contracts were always held by local operators.

After the opening of the railway from Brisbane to Cleveland in 1889, mail and passenger road transport decreased which would have affected the takings of roadside hotels. Today the hotel is known as the Tingalpa Hotel.

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LOCAL AUTHOR HELPS MUMS TRANSFORM THEIR LIVES

CONTRIBUTED BY TARA HEGERTY



Local mum, Tara Hegerty is transforming tired, overwhelmed mothers to “*Dawn Warriors*”.

After experiencing the devastation of miscarriage and the emotional and physical upheaval of IVF, Tara Hegerty is now the mother of two beautiful young children and author of the newly released book, *Dawn Warrior: A Modern Mama's Guide To Harnessing Your Power and Creating A Life you Love*.

Like so many other women, Tara experienced a huge identity shift when she became a mother. She felt overwhelmed, anxious, inadequate and guilty, and wondered if she would ever feel truly happy and connected to her soul.

While in the depths of despair, Tara began listening to the tug of her

heart, and was inspired by her grandfather's love of finding the joy in each new morning.

She also implemented powerful personal growth tools that have transformed her life. She came up with her unique path transforming how she felt, how she wants to live and adopting new life design strategies that feels right to her. Her whole experience of motherhood evolved.

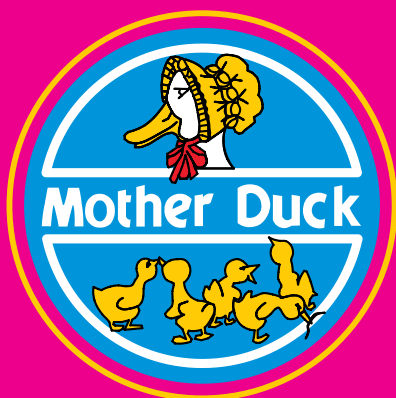
And what she found was the evidence of setting up your day right, centering your energy and making sure you have the right mindset is too strong to ignore.

“The days became less overwhelming, I was calmer, I even felt like the glowing, balanced mum I'd been picturing in my mind.”

Through her book, one-on-one and group-based mentoring, she now teaches mothers how to live their most inspired lives. She helps them to see that motherhood is a life passage that can be utterly, positively transformational.

Tara lives locally with her husband Al and children Austin and Sienna. When not exploring the great outdoors (including volunteering for the Heart Foundation), she loves being with family and friends, chatting with Al over a bonfire and devouring books about spiritual adventures.

To discover more about Tara and how she can help you to become an empowered mama, grab her book at dawnwarrior.com/book or connect @dawnwarrior.



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PORT LENDS A HAND DURING VOLUNTEER WEEK

Our communities are built on the generosity of volunteers and charitable organisations who support those in need.

According to Volunteering Australia, almost six million volunteers dedicate over 600 million hours to help others. Whichever way you look at it, it's an incredible contribution to benefit others.

Held 17 to 23 May this year, National Volunteer Week is Australia's largest annual celebration of volunteers. Port of Brisbane sought to recognise the occasion by getting out into the community with a special program of volunteering activities.

During the week, 30 port employees volunteered 166 hours of their time to work with its charity partners to help build bikes for disadvantaged youth, sort bottle caps for recycling, assist a 'get set for work' program, work in food trucks and plant trees to help restore environmental areas.

It's part of a broader volunteering effort at the Port, which was boosted in March last year in response to the impacts of the pandemic.

Many of the Port's community partners were struggling under the increased demand for their services due to COVID and a lack of volunteers due to COVID restrictions.

In response, the Port doubled the amount of volunteer leave available to its employees and developed a targeted program of volunteer opportunities to encourage its people to roll up their sleeves and assist.

Over the last 10 months, 66 port employees have completed 681 hours of volunteer work for local charities and there is more planned over the coming months.

For those interested in learning more about volunteering or to find opportunities, Volunteering Australia's 'Go Volunteer' website has plenty of information: www.govolunteer.com.au.



PORT TIDINGS LATEST NEWS FROM THE PORT OF BRISBANE

JUNE 2021



Port of Brisbane is Queensland's largest multi-cargo port, handling 95% of the state's containers and motor vehicles and approximately 50% of its agricultural products.

Over 70 businesses are located within the port precinct, employing thousands of people. We're also an active member of the local and regional community, supporting not-for-profit and community organisations and playing our part in protecting and enhancing the natural environment.

TRADE

Improved growing conditions in the Darlings Downs, Southern Downs, Western Downs, and Northern New South Wales has led to a significant volume of export grain coming into the Port. We've also seen an increase in wheat, chickpeas and sorghum, which will be exported to North East Asia and the Indian sub-continent.

This season's cotton harvest is now in full swing with Cotton Australia forecasting national production to reach over 2.5 million bales; a significant increase on the 600,000 bales produced across Australia last season.

COMMUNITY

Port of Brisbane has proudly launched its first Reconciliation Action Plan (RAP), sharing the news with the port community at our annual National Reconciliation Week event in May. We have a long and proud history of actively supporting the community in which we operate, and our RAP is arguably the most important next step on our journey.

We were honoured to have renowned Quandamooka artist, Delvene Cockatoo-Collins, create an artwork to support our RAP. Titled "Journey through the bay to the river", it's a representation of the journey from the southern parts of Quandamooka Waters to the mouth of the Brisbane River.

Our National Reconciliation Week celebration was attended by over 100 people from across the Port as well as respected local Elders and Indigenous representatives and some of our community partners. We thank all who attended for their support.

ENVIRONMENT

Conservation Volunteers Australia received a Commonwealth grant to improve native habitat around Lucinda Lake at the Port.

Completed in May, the works included treating weeds and planting native vegetation.

The works were supported by B4C – a long-term partner of the Port who has also undertaken habitat and water quality improvement projects at the lake.

Lucinda Lake attracts native wildlife including water birds, small mammals and reptiles. There is public access to the Lake, which offers an undercover seating area to observe the wildlife.



Journey through the bay to the river
by Delvene Cockatoo-Collins.

For more information about the Port of Brisbane, visit www.portbris.com.au or email info@portbris.com.au.

NEW FIREFIGHTERS BOOST QFES CAPABILITY

Queensland Fire and Emergency Services (QFES) ranks were boosted following a firefighter recruit graduation at the Queensland Combined Emergency Services Academy in Lytton today.

Representing the Minister for Fire and Emergency Services Mark Ryan MP at the recently held ceremony, Member for Lytton Joan Pease MP, said the graduates would be deployed to regions across Queensland to take up their role as frontline responders to emergency and disaster events.

"It is great to see another 12 firefighters joining QFES' ranks ready to make a difference to Queensland communities," Ms Pease said.

"All recruits have undertaken an intense 80-day training program where they completed specialised training units for live fire behaviour, bushfire training, road crash rescue, technical rescue and hazardous materials management.

"QFES expects the highest standards from its firefighters and these graduates have shown they are dedicated and committed to gaining the skills and knowledge necessary to perform this important role.

"When they take up their positions in communities around Queensland, they will be relied upon to act when disasters and emergencies strike.

In completing the course, firefighters were presented with a Certificate II in Public Safety (Firefighting and Emergency Operations).

QFES Deputy Commissioner Mark Roche said the firefighter training course prepared graduates to lead their communities when disasters and emergencies occurred.

"They will now embark on their new career, supporting their local communities with fire and emergency responses and educating them in prevention and preparedness activities, which helps to build a more resilient Queensland," Mr Roche said.



QFES graduates with Joan Pease MP. Photo: Supplied.

"QFES has a proud history of working with the people of Queensland, and I believe these recruits will continue to provide the vital fire and emergency services our state needs.

"The dedication and hard work shown by these recruits through this first phase of their training reflects our values of respect, integrity, courage, loyalty and trust.

"Responding to incidents, confronting disasters and working to protect people, businesses and the environment will become part of their daily working life."

Recruits will continue their studies over the next three years, completing a Certificate III in Public Safety (Firefighting and Emergency Operations) and a Certificate III in Public Safety (Community Safety).

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ANNUAL CHARITY DAY: CELEBRATING “WINTER’S GLORY”

PRESENTED BY EPSILON CHAPTER BETA SIGMA PHI

President Elizabeth Noske and members would love you and your friends to join us for a very special day overlooking the Bay.



Photo: Supplied.

Keynote Guest

Katarina Carroll APM

Queensland Police Commissioner

- The event will showcase a Parade of Accessories from McKinney’s exclusive jewellery collection, and a Fashion Parade from SFH Designs, with fashion stylist Sarah Hutson
- Welcome glass of bubbles
- Three course gourmet lunch created by RQYS’ Chef
- Tea, coffee, chocolates
- Major raffle donated by McKinney’s Jewellers
- Unique raffle prizes and lucky door prizes
- Emporium of gifts
- Music by Nick Koschel Entertainment

VENUE: Royal Qld Yacht Squadron Manly

DATE: Tuesday 13th July 2021

TICKETS: \$85 per person

TIME: 9.30am to 2.30pm

* Book and pay for a table of 10 (1 payment 1 booking) and you will go into the draw for a gift for you and your guests.

RSVP by: Tuesday 6th July 2021

For more information contact:

Joan Dean: 0417 551 806

Elizabeth Noske: 0479 045 552

LAWYER’S HISTORICAL CONNECTION TO WYNNUM

FROM DBL SOLICITORS

Shortly after opening the Wynnum office of DBL Solicitors in 2014, local lawyer Mark Lillicrap discovered a connection with Wynnum, dating back generations.

“Wynnum has always felt very special to me. I have worked my entire career in the eastern suburbs of Brisbane. I often had found myself spending time in Wynnum, even before opening an office here,” said Mark.

“It was when I opened the Wynnum office of our law firm that a family member brought to my attention an old newspaper article published after the death of my great-grandmother. That article was from late 1978. It wrote of the passing of my great-grandmother, Kate Steen (nee Crimmin), reporting that she was the first white child to be born in Wynnum.

“Wynnum has a charm about it that is hard to define. It has all the natural beauty of the bay and the islands yet some aspects of it remind me of a country town. Having grown up in regional Queensland, I was struck by the comradery between local businesses and how local business owners looked after each other and their clients,” Mark observes.

Mark’s great-grandmother, Kate Steen, was born in Wynnum in 1890. In 1917 she moved away from Wynnum as an adult, moving to North Queensland from where Mark hails.

Mark admits to being an avid but unsuccessful fisherman and admits to learning some boating lessons the hard way on Moreton Bay.

One of Mark’s favourite observations about Wynnum is: if this suburb was in Sydney, what would land be worth?

“I see huge potential for Wynnum. Having said that I hope it always keeps its charm. I feel privileged to live and work in this part of the world and feel a real sense of belonging, knowing that I have returned to the birthplace of one of my ancestors.”



Mark Lillicrap’s family has a long-standing connection to Wynnum. Photo: Supplied.

DIABETES AND ORAL HEALTH: AN INTRICATE RELATIONSHIP

FROM DENTAL ON CAMBRIDGE

Diabetes is estimated to affect 1.2 million Australians (4.9% of the population) and puts these individuals at an increased risk of developing certain oral health conditions (ABS 2017-18). But the good news is, if you have been diagnosed with diabetes, you can lower these risks with good oral healthcare and managing your blood glucose levels.

If you have diabetes, you are often at a higher risk of dental conditions such as:

- periodontal (gum) disease
- tooth decay
- oral infections
- dry mouth complications

Periodontal (gum) disease is caused by different bacteria than those responsible for tooth decay, it causes the gums to swell, become red and often bleed; surprisingly however this is often painless. If you notice any of these symptoms you should get in touch with your dentist as soon as possible. Unfortunately, if left untreated it will start to destroy the bone around your teeth and could even lead to tooth loss. The good news is that by managing your blood glucose levels you can reduce your risk of periodontal disease.

Tooth decay and an increase in oral infections are two other areas of oral health that can be negatively impacted by diabetes. Higher levels of glucose in the blood mean less saliva is produced causing dry mouth. This creates the ideal environment for tooth decay and can increase the risk of oral infections such as oral thrush. Brushing your teeth twice a day and flossing between your teeth daily will remove most of the dental plaque in your mouth. However, every person is different, so it is important to discuss the best oral healthcare routine for your personal situation with your dentist who can advise on special techniques and prescribe additional products if required.

If it's been longer than six months since you've last seen your dentist and you have diabetes, you're in a higher-risk group for an increased risk of oral health issues. It is important to continue with regular



oral examinations to allow your dentist to assist you to prevent problems occurring or be able to treat them at an earlier stage, which results in better outcomes. Remember to mention your medical history to your dentist so they can recommend a maintenance and treatment plan that is individual to your needs.

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