## **ECommunity Leader**

ISSN 2652-8738

#### **LOCALLY OWNED & LOCALLY MADE**

ISSUE 15

## CHEERS, AND THANKS FOR THE MEMORIES

One family has been so entrenched in the bayside community for more than five decades, it's hard to imagine the area without them. So it's with more than a tinge of sadness that we say goodbye to the McDonald family, as they hand over the lease of The Manly Hotel to its new custodians, Endeavour Group.

A chapter in Manly's history is about to close as Sandy, Jenny, and Doug McDonald hand over the lease to The Manly Hotel's new licensees after 51 years.

This is more than just a bricks and mortar pub; it's an iconic institution where milestone memories have been made, careers forged and friendships endured.

"Working at The Manly, where everybody knows Sandy, Jenny and Doug, is like being a part of an even bigger family than the McDonald clan," said Janet Moore, niece to Jenny, Sandy and Doug McDonald. "A strong, community-minded spirit is in everything we do and it has been a privilege to get to know the locals who feel so at home at The Manly."

Janet recalls many happy memories of the extended family celebrations that have taken place at the pub over the last 51 years.

"The first big one would have been Doug's 21st back in 1970, and 49 years later it was time to celebrate Doug's 70th. How time flies!"

Endeavour will take the reins on October 1, which marks the start of the group's new 50-year lease.

And while it's sad to see the McDonald family go, the community can look forward to many more celebrations and good cheer under the hospitality of The Manly Hotel's new custodians.



Doug McDonald, Janet Moore, Sandy McDonald, Christian McDonald, Jenny Bradley, Susan Bradley.

#### WWW.THECOMMUNITYLEADER.COM.AU



## REMEMBER WHEN A HORSE WALKED INTO THE MANLY HOTEL?

FROM THE MANLY HOTEL

When the hotel's license transferred into their names in 1980, the McDonald siblings set about turning The Manly Hotel into a venue that was ahead of market trends at the time.

You want a liquor barn? In 1982, you got it! How about a beer garden and two completely refurbished bars? In 1986, consider it done!

Some West Indian Termites got swept up in the renovation fever in 1989. Unfortunately, their vision wasn't shared with the McDonalds, and they were sent off to the big termite mound in the sky. But termites weren't the only animal invaders that needed to be dealt with during this decade.



A horse walked into a bar - no, really! A horse walked into OUR bar! After an Expo 88 celebration a gentleman thought that the Clipper Gaming Lounge might be an ideal place to water his real, live horse. After ripping off the ice machine door and sending people running in its wake, it was decided that horses weren't ideal patrons. Who would have thought a "No Horses In Bar" sign would be required? The sign is still fixed above the Clipper Gaming Lounge door to this day, just in case.

Sandy McDonald described his role in the industry to the Wynnum Redlands Herald in 1984: "I've got a sort of wandering brief which covers everything... generally trying to encourage social activity. That's really what hotels are all about."





Photos courtesy of The Manly Hotel.





## THE BONNER UPDATE

**ROSS VASTA MP FEDERAL** MEMBER FOR BONNER



### **BONNER WINTER APPEAL** 2021-THANK YOU



My Bonner Winter Appeal has now wrapped up for 2021! I want to express my sincere thanks to everyone who donated and helped to spread the love this winter.

I am incredibly humbled to see how members of the community and local businesses have come together to make a difference. Donations were dropped by my office multiple times per day, even after the appeal had finished up!

These have now been given to local community organisations including Wynnum Community Place, Rosie's and St Pete's Pantry. All of whom couldn't be more grateful.

St Pete's Pantry Coordinator Marilyn Jacob said, "The donations meant we didn't have to disappoint any locals in need. We were able to give generously because of the communities generosity."

### MANLY WEST STATE SCHOOL VISIT PARLIAMENT HOUSE



I recently had some very special visitors at Parliament House when I welcomed year 6 students from Manly West State School (who might I just add, braved the chilly Canberra weather!).

It was great to catch up with the students, show them around and answer their many questions about how Parliament works and what I get up to during sitting weeks.

After our catch up, I noticed they came to get a sneak peak of the gallery where I was sat in the chair and I gave them a wave. I always love seeing our students in Canberra and teaching them about the role our Government plays.



### HAPPY NEW FINANCIAL YEAR!

About to lodge your tax return? Here's what you need to know! This new financial year, the Morrison Government is securing our national recovery and providing a helping hand with key measures to lower taxes and create jobs.

We are putting more money back in the pockets of low to middle income earners with tax cuts. There's also more support for Bonner's first home buyers and single parents with 30,000 additional places under the Family Home Guarantee.

Our local businesses are benefitting from lower tax rates and the extension of the instant asset write off. These measures will provide tax relief to millions of hard-working Australians.



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#### SPONSORED BY MARKET 2 MARKET 20





Name: Rosie.

Suburb: Wynnum.

**How long have you lived here?** Two-and-a-half years — all my doggie life!

**Your favourite local walk?** Along the Manly Esplanade to Norfolk Point – so many smells

Your most treasured toy? I have two: Highland cow head and highland cow body (which used to be one toy).

Your favourite food? Cheese, but sometimes Mummy puts my tablets in it, so I spit them out!

Your worst habit? Jumping up and wanting to lick everyone who comes to the door.

Your favourite local hangout? Caffeination Station on Tingal Road they always give me a doggie bickie and I love them.

Your best doggo friend? My new neighbour Bella.

Any funny or embarrassing stories you'd like to share? I often forget I have a doggie door and just sit next to it, whimpering, waiting to be let in.

What do people love most about you? My cute button nose and foxy tail.

Name: Zander.

Suburb: Manly West.

How long have you lived here? All my life, about six months.

Your favourite local walk? The Manly West streets.

Your most treasured toy? My rubber duck.

Your favourite food? Every food!

Your worst habit? Ripping up Mum and Dad's brand new carpet that just got laid.

Your favourite local hangout? My back yard where I do zoomies.

Your best doggo friend? Calvin Klein.

Any funny or embarrassing stories you'd like to share? I ate all the flowers in this photo. My Mum seemed angry at me, but I'm not sure why, as I am so soft and cuddly.

What do people love most about you? That I am a Lassie dog, and older people remember the Lassie movie



## DOLLAR STRETCHER

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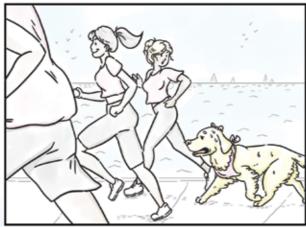


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## Miss Maggie Of Manly









## ALL ABOUT EAR INFECTIONS IN DOGS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Ear infections are a very common skin disease in many dogs (and less commonly in cats) and often the cause of repeated vet visits.

There are a couple of factors which make our pets more prone to ear infections. The first of these is the shape of the ear canal. Unlike the human ear canal which goes straight in, a dog's ear canal has both vertical and horizontal canals. This forms a "j" shape and allows ear wax, skin oils and other debris to accumulate deep in the canal. Bacteria and yeast which live in the normal ear canal feed on this material and multiply, leading to clinical signs of ear infection.

The second factor which increases the likelihood of ear infection is anything which leads to an increase in the amount of wax present. Allergic skin disease is a very common cause of ear infections. Other causes include parasites (e.g. ear mites), foreign bodies lodging in the ear canal (e.g. grass seeds), a narrow ear canal (often seen in breeds such as shar peis) or

excess hair growth in the ear canal (typical in breeds such as poodles and schnauzers).

Signs of ear infection include a discharge or odour from the ear, head shaking or scratching of the ears or pain on handling around the head.

Commonly yeast infections will present with a "vegemite" type wax while bacterial infections may result in pus or bleeding from the ear.

The treatment of ear infections involves examination of the ear canal to check for the presence of mites or foreign bodies; microscopic examination of the discharge to look for yeast or bacteria; cleaning of the excess wax and debris from the ear canal and medicated drops to treat underlying infections. With the increasing frequency of allergic skin disease there is often the need for allergy medications to help reduce itching and inflammation in the ear canals to reduce the risk of infection developing.



Ongoing prevention of ear infections may involve plucking excess fur from the canals and regular flushing with a pet-specific ear cleaner to help remove wax.

If your pet suffers with ear infections it is important to regularly check their ears and ensure they are kept clean and dry.

Wynnum Manly Veterinary Hospital



To make an appointment call

07 3396 6488

vets@wmvh.com.au



232 Bay Terrace, Wynnum, QLD, 4178

Mon to Fri: 8am - 7pm Sat: 8am - 12pm Sun: 8am - 11am

## **HELPING A LITTLE LOCAL LEGEND: RICHIE WALSH**

BY BRENT STORY

While the last year has been a challenge for many in our community, Richie Walsh has had it tougher than most. Richie is a nine-year-old boy within our local community who has been fighting an extremely rare cancer since March 2020.

Richie has undergone multiple rounds of chemotherapy and radiation therapy. Unfortunately, the treatment has been unable to cure Richie — his doctors are now trialling further chemotherapy treatments to keep the cancer at bay.



But there is hope for Richie – his family now has one of the top cancer doctors in the world onboard. Dr Leo is an oncologist who specialises in treating Rhabdomyosarcoma from a clinic in Los Angeles, United States. His family needs help to raise funds for Richie to make this life saving trip.

My business has been helping to raise funds – we believe that as a community we have the power to help Richie access the treatment he needs.

If you can help Richie then please visit his GoFundMe page titled 'Richie needs vital treatment for Rhabdomyosarcoma' organised by Lauren Haigh. You can learn more about Richie's courageous journey by visiting his blog at https://littleslegends.com.



Photos: Supplied.





## **COMMUNITY UPDATE**

#### JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

#### **BAYSIDE BUSINESS OF THE MONTH**



I was delighted to award Damien Lugg and The Community Leader the Bayside Business of the Month for July. Damien and Kirsten have recently celebrated The Community Leader's 1st anniversary. What a fabulous year it's been - connecting our community. Thanks for your efforts and congratulations on Bayside Business of the Month.

#### **BOOMERANG BAG SALES TO BENEFIT LOCAL GROUPS**

Wynnum Manly Boomerang Bags is a wonderful community enterprise which began as a group of local ecowarriors sewing cloth bags in an endeavour to reduce landfill. Baysiders have been madly purchasing their beautifully made bags from Clara Street Day and Night Pharmacy. Sales have been so successful, the group has surplus funds, which they are proudly giving back to the community in the form of 3x \$500 grants. The lucky recipients include Bayside BMX, who received a grant to complete some minor landscaping around their clubhouse, Tingalpa State School who will set up a compost and worm farm system at their school, and Bayside Creeks Catchment Group who will use the money to help with administration and marketing costs. Congratulations Wynnum Manly Boomerang Bags for your success and dedication to our environment and our community. Baysiders,

keep showing your support and keep buying those bags!

#### **FAREWELL MRS HADFIELD**



At the end of last term, Wynnum State School bid farewell to their inaugural Principal, the incredible Mrs Glenyce Hadfield. Glenyce is an amazing educator who has contributed so much to our community and touched the lives of countless children during her many decades in education.

Glenyce led the amalgamation of our local schools during the State Schools of Tomorrow Project, a daunting and complex task involving a \$150m state government investment. Glenyce rose to the challenge of creating and enacting a vision for Wynnum State School and ensured the students and families of Wynnum gained the excellent school they deserved.

Since the doors opened to students in 2012, Glenyce has led Wynnum State School to enjoy many successes, including gaining accreditation as an internationally recognised 'Habits of Mind' School and achieving the status of an 'Australasian Schools Accreditation Agency' school, in acknowledgment of school performance. In 2001, Glenyce received an Australia Day medal for her service to

Glenyce also served as Principal of Wynnum North State School during the early 2000's,

and together with her husband Peter, also an educator, has worked in many school communities across the state including Wondai, Mannuem Creek, Monto, Moonford, Bluff, Blackwater, Ipswich, Dinmore, Palm Island and Wellington Point.

Thank you Glenyce for the wonderful, lasting legacy you've created in the Bayside and I hope your retirement is the fabulous new adventure you deserve.

#### **SPORTS INFRASTRUCTURE FUNDING**

We know local sporting clubs have been doing it tough during the pandemic, and that's why the Palaszczuk Government has created the new \$9m Active Gameday Projects fund as part of our Covid-19 Economic Recovery Plan. Funding of up to \$150,000 will be available for eligible sport and recreation projects where the club is able chip in 20 per cent of their project's cost.

Examples of eligible projects include developing or upgrading playing surfaces and installing or upgrading irrigation and field lighting. The Active Gameday Projects fund will help our local clubs get back on their feet, freshen up their facilities for existing members, and encourage new sign ups. Applications open in September. Further information is available at: https://www.dtis.gld.gov.au/sport/fundingprograms

#### **2021 GRANTS FORUM**





Together with Councillor Peter Cumming I will be hosting our annual Community Grants Forum at 6pm, Thursday, 26 August, at the Wynnum RSL. Speakers on the night include representatives from Sport and Recreation Queensland, the Gambling Community Benefit Fund, Wynnum Manly Leagues Club, Port of Brisbane, Transurban and Brisbane Airport, and Councillor Cumming who will present about Brisbane City Council Opportunities.

I want to make sure Baysiders can take advantage of the range of government funds available to all groups including sporting, community, not-for-profit organisations and private organisations. So come and hear about available grants and gain valuable tips on how to make the most of your application. Please RSVP your attendance to lytton@parliament. gld.gov.au - 3915 1100 or wynnummanly. ward@bcc.qld.gov.au - 3403 2180.

Joan**Pease MP** 

**State Memeber** 











PO Box 719, Wynnum QLD 4178 🔼 (07) 3915 1100 📑 JoanForLytton 🔼 lytton@parliament.gld.gov.au 📮 @JoanPeaseMP | www.joanpease.com

## Cheers!



Celebrating 5 Years

ON THIS MILESTONE BIRTHDAY, Sash & Gable Property would like to give warm thanks to all our loyal clients past and present. Beautiful life-long friendships have blossomed, and without your support, this real estate dream could not have been possible.

Gail and Ian would like to take this opportunity to sincerely thank all Sash & Gable Property's dear friends and growing family including clients, suppliers, wonderful staff members and all those it has had the pleasure of supporting in the local Bayside community.

"Gail and her teal our dream home Candice Lance

"Gail and her team are amazing - they helped us purchase our dream home and made us feel like part of the family!" Candice Lance

"We have had many dealings around the world with real estate agents and in Australia over the many years. None have been as utterly professional AND truly hospitable, and welcoming as Gail Gobey of Sash and Gable .There is a real sense of duty of care and knowledge to go with it. Moreover, my wife has been in the industry and knows the difference and is generally reserved about expectations. Even she was highly impressed. Totally outstanding and highly recommended!" John Keeney

"We were so impressed by the professionalism and experience of Ian and Gail that we have signed up all 8 of our investment properties. We secured a wonderful tenant on the first open for inspection and couldn't be happier. Highly recommend if you want high level quality service! Have also worked with them for selling our properties and they are true professionals." *Cristina Milonakos* 

"Super warm, friendly agency, like walking into a lounge room to have a cuppa tea with friends!" Shae Giles

















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and opportunities present.

## MANLY WAYS TO GET MOVING

CONTRIBUTED BY THE MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

#### MOVE INTO AUGUST WITH A RENEWED SENSE OF SELF.

It can be difficult to find the motivation to get moving during winter, but the scenic beauty of Manly Harbour and surrounding areas is just one of the many rewards waiting. There is something for every fitness level by the bayside. Why not find an accountability buddy and try one of these activities?

#### SAIL AWAY

What better way to see Manly Harbour and the surrounding islands of Moreton Bay than by boat? The RQYS Sailing Academy offers a wide range of nationally recognised courses that will have them calling you Captain in no time.

#### STANDUP PADDLE BOARD

The sheltered, calm waters of Moreton Bay make Manly Harbour the perfect spot to try stand-up paddle boarding. However, don't let this balancing act fool you — SUP is a serious workout! Take a beginners class, or if your core is not quite up to the challenge yet, chat to the friendly team at 4ShoreFitness about how you can achieve your training goals.

#### THE WHEEL DEAL

Fancy feeling the breeze in your hair as your cruise along the esplanade? The foreshore's extra wide pathways are well suited for cycling, blading or roller skating. Or hire a non-electric scooter from ScooterBike Adventures, a safe and fun way to get fit while having a 'wheely' good time!

#### **TAKE A WALK**

Is a leisurely stroll more your style? Slip, slop, slap and strut your way to a great mood with one of many gentle bayside walking trails. Start at Wynnum Jetty and make your way up to Manly Harbour, a delightful walk at high tide or low tide, when crabs can be spotted scuttling along the mudflats. Or begin at Lota and take in the charming seaside village and spectacular views across to St Helena and King Islands.

#### **FIND YOUR ZEN**

Simply sitting by the ocean and practicing mindfulness is a great way to centre your mind, body and soul. Connect with your breath, journal, or practice light yoga in Little Bayside Park. Apothecary Botanica is just across the road and offers reiki healing, readings, crystals and more, so be sure to peek inside.



There are plenty of other ways to show your body some love this Winter too – drop into Move Podiatry, Mint Massage, Skin Revolution and Manly Village Medical at Manly Harbour Village to get expert care from top practitioners – after all, we only have one body.

Visit manlyharbourvillage.com to explore more.



## REGISTER INTEREST NOW FOR THE VILLAGE MANLY

FROM THE VILLAGE RETIREMENT GROUP

The highly anticipated new development from The Village Retirement Group, in conjunction with Anglicare Southern Queensland, is now selling at Manly, Queensland.

Partnering the expertise and vision of two of the most esteemed providers in the retirement and aged care sectors, The Village Manly will offer an integrated independent retirement precinct for retirees within the Bayside area.

"The Village Manly will deliver an unprecedented level of luxury for retirees seeking to downsize in the area they love," says The Village Retirement Group Managing Director, Justin Harrison. "We are excited to finally launch this project which will deliver two medium rise buildings in Stage 1, each comprising 23 apartments across 4 storeys."

Executive Director of Anglicare Southern Queensland, Karen Crouch confirmed that this is the second venture between Anglicare and The Village Retirement Group, with The Village Taigum representing the first village to evolve from this successful partnership.

"One of the defining features of our retirement communities is just that, the sense of community. We are thrilled to once again be

partnering with such a well-esteemed operator who can assist us with delivering the best retirement living experience for our Bayside retirees," Ms Crouch said.

The Village Manly is the first medium rise retirement development for the area and promises to set a benchmark for retirement living, providing residents with complete independence in well appointed, private apartments with access to homecare services and support if required.

The heritage listed Lota House will remain a central hero of the site and Anglicare's existing residential aged care facility, E.M. Tooth Memorial Home, will cater to the potential future health needs of the community.

The luxurious design of the 2 and 3 bedroom apartments boast effortless and open living spaces, state-of-the- art inclusions and spacious balconies to maximise the Bayside location. On-site facilities will include a café/restaurant, library, arts and craft room, communal alfresco BBQ area, bowls green, senior's gym, yoga/ dance area, deluxe cinema, heated pool, beauty and hair salon, medical and allied health suite, club lounge and billiards room.



With only 46 apartments available in Stage 1 and many retired homeowners now capitalising on the strength of the housing market, demand for the new development is high.

The information centre is now open for appointments Tuesday to Saturday. If you would like to find out more and receive an information pack, please visit www.thevillagemanly.com.au.



#### Good looking on the outside. Great living on the inside.

Gourmet kitchens, spacious balconies and an unbeatable location. Our luxurious apartments are selling now at The Village Manly. Independent retirement living has never looked better! 2 bedroom from \$490,000, 3 bedroom from \$630,000.

Call Kath on 3854 3737 to register your interest today.

Visit our Information Centre, Tue-Sat 10am-4pm | 162 Oceana Terrace, Manly

Anglicare
Southern Queensland



thevillagemanly.com.au

## PETER CUMMING'S LOCAL AREA UPDATE

#### COUNCILLOR FOR WYNNUM MANLY WARD



I have been made aware of a development application for Council to approve a four storey storage complex at 300 Tingal Road, Wynnum, on the corner of Glenora St.

Many submissions have been made in opposition to the development so close to homes and at such a prominent location.

If you would like to oppose the development of a 24/7 storage complex on Tingal Road, you can sign the petition via the link or drop into my office.

https://www.epetitions.brisbane.gld.gov.au/petition/view/pid/1067 until Monday 16 August 2021

#### **BRISBANE FESTIVAL COMES BACK TO WYNNUM**

Great to have the Brisbane Festival back on the streets of Wynnum.

The Queensland Ballet will be hosting 8 workshops for seniors at the Wynnum RSL on Mondays (2 per day) 16, 23 and 30 August and 7 September.

In addition, Queensland Ballet will be performing at the Wynnum Esplanade, Saturday 11 September from 3.30pm to 6pm.

From 2-25 September there will be more Street Serenade concerts and I will promote once the performances once they are published. Wynnum hosted a number of events last year, so let's hope to see more acts in 2021 in our suburbs.

**BAYSIDE BRASS** celebrated 50 years of music at the Bandstand in George Clayton Park on the weekend, 17 July 2021.

A brief on the history from the Wynnum Manly & District History Society:-

A bandstand standing on Manly foreshore, near the entrance to the Baths was built about 1933. The building became unsafe and was demolished on 28 August 1963, with the promise of a replacement.

The replacement bandstand was constructed in George Clayton Park in 1970, 7 years later. \$5000 was contributed towards the building by the Wynnum Manly Citizen's Band.

Great to see the band still playing today and the bandstand used on a regular basis.

**CONGRATULATIONS** to Chocolate Elements who hosted their opening on 20th July. This new hand crafted chocolate shop has opened in Edith Street to the delight of chocolate lovers across the district. www.chocolateelements.com.au

Chocolate Elements is working in collaboration with 3 Elements Coffee (a veteran owned and run social enterprise that supports veteran and community initiatives through the love of coffee) and Lee Child, (award-winning #1 bestselling author of the Jack Reacher series), brings you an espresso coffee: 'Worth Dying For' which is sold through the shop.

This collaboration supports PTSD Resurrected, a registered charity bringing hope, healing and purpose to our veteran and first responder community, as a % of all coffee sales goes into veteran initiative programs.

It is a Care Trade Coffee<sup>™</sup> which uses up to 50% less gas-energy compared to conventional roasting systems.

I also liked their 100% 60 days' fully biodegradable and compostable cups.

And when in Edith Street, new kids on the block for men's wear is Sonny Jim. This new men's shop brings a great range of clothes and I especially liked their hat range. Their accessories are of high quality. Well done!

Good to see retail is opening up its doors and expanding in Wynnum CBD.

#### **COUNCIL GRANTS**

The 2021/22 Community Fund Grants are now open. Funding available is only \$35,000 which already half has been allocated.

Wynnum Manly Ward Office 3a/212 Bay Terrace (Cnr of Pine Street) Wynnum Qld 4178

Office hours: 8.30am-4.30pm, Monday-Friday

Phone: 07 3403 2180

Email: wynnummanly.ward@bcc.qld.gov.au



## WHY DANCE IS A FANTASTIC ACTIVITY FOR ADULTS

FROM BAYSIDE DANCE

Dance classes are super popular with kids and teens, but there are so many great benefits for adults to dance as well! If you're looking for a way to keep fit and reconnect with your sense of joy, joining a dance class could be just what you need to kickstart your journey.

"As a business owner and mother of three, I find it hard to fit in cardio sessions (especially because I don't enjoy running)," explained local adult dancer Kathryn Steinhardt.

"But adult dance sessions later in the evening give me the cardio in an enjoyable way that I can fit into my schedule. There's no pressure to be perfect; just move, get your heart rate up and time flies by."

Here are a few reasons why dance classes are great for adults.

#### **FEEL-GOOD FITNESS**

Dance is a great alternative or addition to the gym. Moving to the beat gives you a fantastic feeling of strength, joy and fun!

#### **VARIETY OF MOVEMENT**

If you want to work every muscle in your body, dance is a brilliant

option. The variety of movement will challenge your body in new ways.

#### YOU'RE NOT AIMING FOR THE STARS

As an adult dancer, there's no pressure to perform, pass an exam, or dream of becoming a Rockette. You can turn up to class and just enjoy your time.

#### IT'S GOOD FOR YOUR BRAIN

Dancers are constantly changing the wiring in their brains by learning new steps and choreography. According to researchers in Brazil, dancing strengthens the activity between both cerebral hemispheres.

#### IT'S EMPOWERING

Whether fast and furious or delicate and controlled, dance moves give the dancer a real sense of strength and 'owning it' on the dance floor!

#### STRESS LESS

The opportunity to express yourself physically is also a great outlet to blow off steam and rebalance emotions.



Bayside Dance offers a range of adult dance classes, including Barre, Zumba, Ballet and Tap. Many classes cater for beginners as well. There's no need to wear a leotard – just wear comfortable gym-style clothes. For more information and to view our timetable, visit https://www.baysidedance.com.au/classes/adults/.



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## NEW POLICE RECRUIT HEADED FOR WYNNUM

FROM JOAN PEASE MP

Member for Lytton, Joan Pease recently welcomed the arrival of a new police officer to the Wynnum Police Station.

The new officer graduated in June at Townsville Stadium after completing their training at the North Queensland Police Academy.

This new recruit is in addition to the nine new police officers heading to the South Brisbane District who recently graduated from the Oxley Police Academy.

Member for Lytton, Joan Pease, congratulated the new officer on their decision to pursue a career in community safety.



"I'm looking forward to seeing the new first year constable out and about in our community, keeping us safe," Mrs Pease said.

"I wish the new officer all the very best as they embark on their new career in policing."

## BLUE LIGHT DISCO A HIT WITH BRANCHES' CLIENTS

FROM BRANCHES LIFESTYLE SUPPORT

Branches Lifestyle Support recently hosted its first blue light disco at its newly opened Community Hub at 29 Fox Street, Wynnum.

It was an evening of fun and dancing for clients of all abilities to let their hair down and have some fun.

"This was a big achievement for us to finally be able to invite the clients down to christen the hub and set the bar for all the future events we hope to run in the space," said Micah Fraser, Community Hub manager.

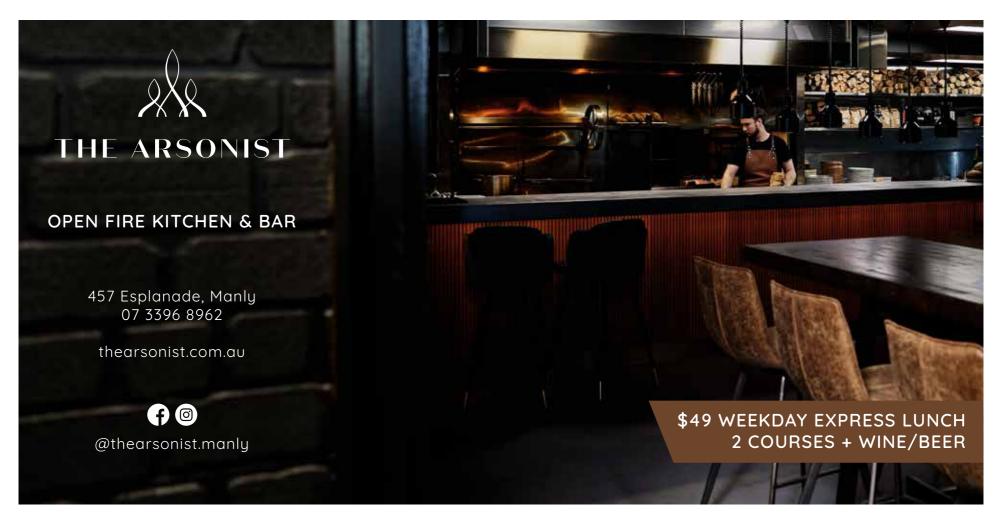
Branches is aiming to hold regular events throughout the year to provide varied social



Photo: Supplied.

opportunities for people living with disabilities. Their goal with these events is to create a safe, fun atmosphere where people can come and mingle and enjoy themselves.

Branches also offer the Community Hub for hire to suitable community groups who are active in the Wynnum area and wanting a place to meet up. Please contact them on (07) 38 934 528, or visit them between 9am and 3pm weekdays at 29 Fox Street, Wynnum.



## ARCHIE NEWFONG'S STRUGGLE FOR ABORIGINAL EQUAL RIGHTS

BY DAVID HUGGONSON

Archie Newfong was born 15 October 1910. He was the descendant of the Ngugi people of the Moreton Bay area and a Chinese fisherman. Under a 1902 amendment to Queensland's *Protection of Aboriginals and Restriction of the Sale of Opium Act of 1897*, Aboriginal wages were paid into trust accounts at the Government Saving Bank. Withdrawals from these trust accounts could only be made with the written approval of the local protector of Aboriginals or the Chief Protector. The local police sergeants or senior constables were deemed local protectors of Aboriginals in the area covered by their police station.

After considerable pressure from the Australian Workers' Union, The Chief Protector gazetted regulations on 6 June 1919, which assessed Aboriginal wage values at two-thirds of rates of white workers. This did not apply to Aborigines living on government reserves or missions, who received housing and rations in return for their labour maintaining the settlements at the direction of the managers.

Mainstream Aboriginal workers were covered by the *Workers Compensation Act of 1910*, but all compensation payments were paid into trust accounts controlled by agents of the Chief Protectors Office. Aborigines were not entitled to the Commonwealth Old Age and Invalid Pensions, as were their fellow British Subjects of European origin. They received federal pensions in 1909

after the Commonwealth Parliament passed the legislation in 1908.

Archie Newfong, like many Aborigines living on North Stradbroke Island, was employed at the Dunwich Benevolent Asylum, which was established in 1865 to provide shelter and care for the poor and needy of Queensland. In 1920 the Aboriginal workers of the institution began a campaign for cash wages, not rations but for equal pay under the awards applying to white employees.

Archie Newfong was a superb sportsman playing cricket and football. He was also a boxer. One year he won the Amity Cup on his horse, "Pet". The Amity Cup was a horse race along the beach at Dunwich held each year. In 1941 Archie became the heavyweight boxing champion of Queensland.

When Australia entered World War Two in defence of the British Empire, the Military Board on 6 May 1939 issued a memo declaring, "the enlistment of aliens or British subjects of non-European origin or descent was neither necessary nor desirable". However, once Japan entered the war this policy was quickly dropped. *The Courier-Mail* of 11 July 1941 ran a story on the enlistment of Archie Newfong and his Dunwich mate G F Enoch.

Aborigines who served in Australian military forces enjoyed the same pay and conditions as white servicemen. For many it was the first time they had received equal pay.

After the war Archie became active in the Incapacitated Servicemen and Women Association serving as welfare officer helping returned diggers put their lives back together. He went on to become State President for seven years from 1977.

Archie and son John were active campaigners during the 1967 referendum, which gave power to the Commonwealth Government to legislate on Aboriginal matters. John went on to become a journalist for a major newspaper and was heavily involved in the 1972 tent embassy in Canberra.

In 1988 Archie Newfong was appalled to hear of the motion moved at the RSL's national congress by the Victorian president, Mr Bruce Ruxton. The motion called for Aborigines to be race-tested before being allowed to claim government benefits. The motion was widely condemned and Archie campaigned in the Courier Mail on 29 September to have the motion rescinded.

The Courier Mail reported on 22 April 1991, that 80-year-old Archie Newfong had unveiled Australia's first Aboriginal war memorial in the Jebbribillum Borta Park at Burleigh Heads.

Throughout their lives Archie and his wife Edna campaigned for the betterment of Aboriginal people. His wife was Edna Crouch, who came from a famous sporting family. She had represented Australia in the national women's cricket team that played England in 1935. Their exemplary lives deserve to be better known.





Photos: Supplied.





## LOCAL POETRY

Only recently we came to this place. Forebears found a land occupied. We were new in a country to be endured. We were people too poor and changed to return. Marginals, English Oaks transplanted to a land of Banksias.

But over time, we became part of this continent; Australians, accepting the inevitable, accepting the unpredictable. Wars fought for a past identity, while dialect and art evolved.

Self-protecting "white Australia," till the reality of location prevailed.

Everyone needs somewhere to live. We have a collective memory, of newness in this place. And of previous peoples with whom we shared this land.

Surely fellow arrivals could be included with grace. Let us not hold too tightly, to our taken home.



CHOCOLATE MAKING

(INTRODUCTION)

The Australian community is confused by the competing issues of having a coherent society and being fair by including new arrivals. The base fear of xenophobia is likely to outweigh generosity. But let us remember our own history in this wonderful country.



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## STAR-STUDDED ACTS WILL ROCK THE BAY IN OCTOBER

FROM THE WYNNUM FRINGE

After a mega-successful inaugural outing last year, Wynnum Fringe 2021 is back - bigger and bolder than before - with a star-studded line up of local, national and international acts across six days from 16 to 21 November.

But first...Brisbane's only annual fringe festival will also debut Rock the Bay - a one-day outdoor concert on Saturday 9 October 2021 on the front hill of Iona College, Lindum - as a musical precursor to the festival event.

In the grand tradition of Australian music festivals, Rock the Bay boasts a must-see line up of beloved homegrown icons alongside up-and-coming local talent, hosted by Wynnum Fringe Founder Tom Oliver and Johnny Balbuziente (Married at First Sight).

Headlined by Aussie music legend Daryl Braithwaite, concert-goers will be able to groove along to Australian rock royalty such as soulful singer Kate Ceberano, '90s pop duo Bachelor Girl and singer-songwriter Sarah MacLeod of The

Superjesus and solo fame.

Northern Territory's Wildfire Manwurrk will take to the stage for the first time outside Arnhem Land with the hard-rocking family band performing in their native languages of Kune, Dalabon and Rembarrnga.

Rounding out the local line up is Brisbane-based singer-songwriters Luke Kennedy and Mark Sholtez and folk-pop duo Women in Docs plus the electronic pop stylings of Ella Fence and reggaetinged vibes of Lucid Safari.

Wynnum-based producer, performing artist, actor and singer Tom Oliver said he is thrilled to bring such a high calibre of Australian musical talent to the Bay.

"Having performed at outdoor concerts such as A Day on the Green and been a punter at many outdoor gigs, I love the vibe of music festivals and wanted to bring that to my hometown, Wynnum," Mr Oliver said.



Photo: Supplied.

The musical momentum will carry through to the second annual Wynnum Fringe, which will up the ante to build on the runaway success of last year's festival, which staged more than 50 events with 150 artists performing for an in-person and online global audience of 45,000 within a COVID-safe environment across three days.

Rock the Bay is on Saturday 9 October 2021 on the front hill at Iona College, Lindum. Wynnum Fringe 2021 is on from Tuesday 16 November to Sunday 21 November 2021 at various venues. For pre-sale tickets and to view the full program, visit www.wynnumfringe.com





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## **CHARITY DAY HOSTS MORE THAN 300 GUESTS AT MANLY**

#### **BETA SIGMA CHARITY DAY**

Beta Sigma Phi's annual charity day, held on Tuesday July 13 at Royal Queensland Yacht Squadron, attracted more than 300 guests who enjoyed an afternoon of entertainment.

A highlight was a special guest appearance by Queensland Police Commissioner Katarina Carroll, who spoke of her journey from childhood, when she unable to speak a word of English, to milestone achievements throughout her distinguished career.



Rachael Ooi (treasurer), Elizabeth Noske (president), Katarina Carroll, Queensland Police Commissioner, and Joan Dean (charity day organiser).



Katarina Carroll with Elizabeth Noske, (president, Epsilon Chapter Beta Sigma Phi). Photo: Joan Dean.

## WHAT'S ON BY THE BAY

FROM DOT DASH EVENTS

#### With EKKA around the corner, the festival spirit comes alive in August!

The Ekka is not the only show in town this month. Avoid large crowds and choose local events instead – the Bayside is buzzing with a variety of fun activities for everyone.

#### WHAT'S ON THIS AUGUST

#### COMMUNITY

- 2nd Brisbane to Hamilton Island Yacht Race, 15th Club Marine Brisbane to Keppel Tropical Yacht Race: Friday 6 August | Royal Queensland Yacht Squadron | 07 3396 8666 | rgys.com.au
- Movies in the Park: Saturday 7th August, 6-8pm | Movie: Cool Runnings | Free to attend, family friendly | Little Bayside Park, Manly | 07 3348 3524 | manlyharbourvillage.com.au
- Manly Creative Markets: Every Sunday, 8am 2pm | Little Bayside Park, Manly | Free to attend, family friendly | 07 3348 3524 | manlyharbourvillage.com.au
- Jan Powers Farmers Markets: Saturday 7th and 21st August, 6am – 12pm | Little Bayside Park, Manly | Free to attend, family friendly | 07 3348 3524 | manlyharbourvillage.com.au
- Workshop Hub: Weekly creative workshops | Royal Queensland Yacht Squadron | Bookings essential | 0487 224 021 | workshophub.com.au
- Mini EKKA & Shire Clerk's Cottage Market: Saturday 14th August 8am - 1pm | 241 Tingal Rd Wynnum | Family friendly | 0402 202 546 | wblc.com.au

#### BUSINESS

- Free HR Workshop: Employsure | Thursday 5th August 8:30am
   10:30aml Wynnum Golf Club | Free, bookings essential | 1300
   652 415 | eventbrite.com.au
- Overcome Daily Overwhelm How to Easily do 30 Social Media Posts: BWIB | Friday 13th August 12pm - 2pm | Wynnum Manly Leagues Club | \$43.29 per person, bookings essential | info@baysidewomeninbusiness.org | eventbrite.com.au

#### **ARTS & CULTURE**

• Quandamooka Festival: 26 - 29 August | North Stradbroke Island | 07 3415 2816 | quandamookafestival.com.au

#### **ACTIVE**

- Be Active & Healthy: FREE Zumba and Line dancing classes
   I Thursdays, Wynnum Community Centre | 07 3403 8888 | eventbrite.com.au
- Walk & Talk: Every Sunday, 4 5pm | Bayside Park | Free to attend

#### **SOCIAL**

 Mumm Wine Tasting Masterclass: Thursday 5th August | Manly Hotel | \$59 per person, bookings essential | 107 3249 5999 | manlyhotel.com/special-events/

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- Blue Bottle: Manly Harbour Village | Karaoke Thursdays
   7pm 11pm | Live music Friday-Sunday | 07 3161 3764 | bluebottlemanly.com.au
- Manly Hotel: Manly Harbour Village | Karaoke Thursdays 7pm 11pm | Live music Friday-Sunday | 07 3249 5999 | manlyhotel.
- Sunday Sounds: Tide on the Jetty | Every Sunday 3pm 6pm | 07 3396 8962 | tideonthejetty.com.au
- Social Sailing: Royal Queensland Yacht Squadron | WAG Every Wednesday from 12pm | Thurs & Fri 3.30 pm 5.30 pm; Sat 9.30am 11.30 am | Ladies Sailing Saturdays 1pm 3pm | 07 3396 8666 | rgys.com.au
- Soul Nights: A night of tapas, live music, fashion and fun | The Fat Duck | Tuesday 10 August from 6pm |\$49 per person, bookings essential | 07 3396 2765 | eventbrite.com.au
- Great Gatsby Awards Night: Saturday 7th August 2021 | Club Manly | From \$39 per person, bookings essential | 0428 419 157 | eventbrite.com.au

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## **BAYSIDE WOODIES CONTINUE TO PUZZLE LOCAL KIDS**

BY CHRIS YOUNG

Members of the Bayside Woodturners and Woodcrafters Club (BWWC) have been busy making jigsaw puzzles for the last few weeks and distributing them to local early childhood learning centres.

The scrollsaw group have been cutting out a range of jigsaw puzzles for weeks now. A scrollsaw is a machine that can cut very fine lines, ideal for making jigsaws. Under the guidance of Rod Goody the group have cut out and sanded approximately 50 puzzles and have boxed them



Puzzles crafted by the Bayside Wood Turners and Crafters Club. Photo: Supplied.

up ready to present to early learning centres and kindergartens in the Wynnum area. So far four centres have gladly accepted a box of puzzles.

Each puzzle has been bagged and each piece labelled so that they don't get mixed up. A picture is included in each bag to assist with assembly.

Early reports suggest that the puzzles have been well received by the children, and they are looking forward to seeing what other wooden toys the club can make in the future.

## **MAJESTIC CINEMAS HELP SHARE** THE DIGNITY

This August Majestic Cinemas Wynnum will be asking patrons and the wider community to donate period products and sanitary items for the SHARE THE DIGNITY Donation Drive.

Since 2015 the Brisbane based charity has been able to donate 3 million period products to those in need, from people experiencing homelessness, fleeing domestic violence, and those living in crisis.



The donation box is located in the downstairs cinema foyer and is accessible all hours that the cinema is operating.

Assistant Manager Brie Wright feels passionate about this cause.

"As a woman I cannot imagine the feeling of not being able to afford or access such products on a monthly basis," said Brie. "Everyone who requires these products must have access. I'm just grateful we can assist in some way."

Majestic Cinemas Wynnum is located at 82 Berrima St Wynnum, opposite Waterloo Bay Hotel.

Share the Dignity believes everyone experiencing period poverty deserves the right to their dignity.

You can find out more information about Share the Dignity via www.sharethedignity.org.au.

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#### SEPTEMBER BOOKINGS

- Community editorial 16th of August
- Advertising cut off 16th of August
- · Distribution 1st of September (shopping centres) and the 6th of September into homes
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising 0421 786 302

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## SEAGULLS CONTINUE PARTNERSHIP WITH DEADLY CHOICES

FROM THE BMD WYNNUM MANLY SEAGULLS

The BMD Wynnum Manly Seagulls are proud to extend their long-standing partnership with Deadly Choices. As an initiative of the Institute for Urban Indigenous Health, Deadly Choices focuses on improving access to primary health care for Aboriginal and Torres Strait Islander peoples.

Through the partnership, the Seagulls hosted two Indigenous Recognition games, in Redlands and Maryborough, as part of the Intrust Super Cup season. In back-to-back games this July, the Gulls took on the Northern Pride at Pinklands Sporting Complex, then faced the PNG Hunters for the second time this season at Eskdale Park.

Indigenous Recognition match days incorporate a variety of coaching clinics and junior games, as well as the chance to meet rugby league icons and Deadly Choices ambassadors. The club played in a unique Indigenous jersey for each match to represent the local Indigenous culture, with the designs revealed in the lead up to the games.

The relationship between the Seagulls and Deadly Choices has a proud history, with previous games held on North Stradbroke Island in an effort to bring elite rugby league to passionate local fans. The partnership also allows Deadly Choices and their affiliated health clinics to promote healthy choices at the game and improve long-term health outcomes for the community.



Tristan Hope, Sam Scarlett, Tracey Thompson (Deadly Choices ambassador and former rugby league player), Jayden Berrell and Daine Spencer. Photo: Supplied.

#### WYNNUM MANLY SEAGULLS' UPCOMING GAMES

See the Seagulls live at BMD Kougari Oval. Get your tickets at wynnumseagulls.com.au

Round 16 vs Norths - Sunday August 8th at BMD Kougari Oval | Round 19 vs Falcons - Saturday August 28th at BMD Kougari Oval



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## THE SECRET TO PERFECT, HOME-MADE FISH AND CHIPS

BY SPERO KARTANOS

Local fisherman Spero Kartanos knows his fish, and how to cook them! Here he shares a few insider tips for perfect fish and chips.

We all have our favourite fish and chip shop to have a feed along our beautiful waterfront, but I think nothing beats fresh-caught, home-cooked seafood. Fresh whiting, mackerel, snapper, garfish, mullet, prawns, squid, or even some bought Tassie scallops with the roe on that you cook at home are easy and quick to cook.

I only use light olive oil for cooking — I know people carry on about the heat range, but I have been using it all my life, as did my Mum and Dad before me.

I always use the same old pan, which is now black from all the years of being used.

I cook fish in 3 to 4cm of light olive oil (depending on the thickness of the fish I am cooking) and get

it to a temperature that sizzles when you throw a chip in - that means it's hot enough to cook your fish.

I used to make my own batter with water or beer, but I found the beer held too much oil for my liking and now I only use Japanese tempura batter, with a teaspoon of salt. Just add freezing cold water to the tempura batter to make it thin or thick (I like it thin). To cook perfectly, the trick is to have the pan hot and the tempura icy cold and don't overcrowd the pan. The taste is fantastic!

When it comes to chips, I do like home-cut chips from fresh potatoes, but I have to say for convenience sake, frozen thick/thin are pretty good. Just add salt and malt vinegar with a pickled onion (in brown vinegar, I am old-school). To make a really great meal, add some aioli and home-made chilli jam.







Photos: Spero Kartanos.

### FIND OUT MORE ABOUT COMMUNITY GRANTS

Councillor for Wynnum Manly, Peter Cumming and State Member for Lytton, Joan Pease MP extend an invitation to their annual Community Grants Forum on August 26.

This is a joint event to allow people involved in any local community, sporting, and not-for-profit organisations to learn about grants available to them.

WHEN: Thursday, 26 August

**TIME:** 6:00pm

VENUE: Wynnum RSL, 241 Tingal Road Wynnum.

PLEASE RSVP: lytton@parliament.qld.gov.au or phone 3915 1100 or wynnummanly.ward@bcc.qld.gov.au or phone 3403 2180.

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## **COMMUNITY PROFILE: NATIONAL MALAYA & BORNEO VETERANS**

BY ALLEN EDWARDS

The National Malaya & Borneo Veterans Association of Australia was officially established in Australia in 1995 and is a self-funded, non-profit association run by unpaid volunteers.

The association is open to anyone who has served in Malaya, Borneo, Singapore and Brunei at any time, along with their spouse and family members. We are an all Services association with members from the Army, Navy, Air Force, Police, Planters, Teachers, and overseas military members.

We meet on the 4th Tuesday of each month at 11am at the Wynnum RSL for a short meeting to allow the members catch up on what has been happening, then we have a social luncheon downstairs.

On August 31 we will be joining the members of S.E.A.K at Southport to remember the end of the confrontation between Indonesia and Malaya. This occurred in 1966 and is recognised as a special day for our members.

If you would like any further information, or would like to join the group, please phone president Allen Edwards on 3396 6705 or 0408 431 590.



Isabel and Bill Lagas with their granddaughter at an Anzac Day Parade. Photo: Supplied.

## LOCAL KNITTERS SHARE THE LOVE VIA BEANIE COLLECTIVE

FROM ROSIES



Photo: Supplied

The lovely ladies of the St Mary Mackillop Knitting Group have been busy putting their talents towards a great cause. The group is one of the many wonderful community organisations involved with Rosies' Beanie Collective initiative.

Ladies meet weekly to connect and knit beautiful pieces for Rosies to fundraise and distribute to patrons. These talented knitters hand-stitch every beanie, blanket, sock, and scarf with love, so that when a patron receives an item they know that someone out there cares for them and their wellbeing.

Sometimes a blanket isn't just a blanket. We couldn't do what we do without the generous support from people in our community like the ladies at St Mary Mackillop.

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Name: Kelly McKenna.

Suburb: Wynnum.

Where do you work? I work at Bartons Motors.

What's your favourite local dine-in and take-away: For dine-in, it's Manly Boathouse, and for take-away, May's Thai at Wynnum.

Best local activity? Walking and enjoying the Wynnum Manly waterfront.

The last book you read? The Secret.

What's the last tv show or movie you watched? A UK series, *Luther, Marcella* and *Line of Duty*.

**Is there anything you'd like to see happen in the local area?** Make Edith Street a mall and add more clothing shop options.



Name: Karen Bradford.

Suburb: I live in Lota and work in Wynnum.

What's your business? A relaxed and blokey shop exclusively for fellas — Sonny Jim. It's a bit of an emporium. I've collected very interesting and high-quality products from Australian brands, including leather products and fabulous clothing, shoes, belts, hats and plenty of men's gifts.

Do you have any fun/interesting stories about your job? I'm hearing from the local ladies that their fellas have not bought

clothes or accessories since DBS closed its doors. Come on fellas, spruce up your wardrobes!

What's your favourite local dine-in and take-away? Shucks Bar in Manly is hands down my favourite. Belinda and her team give relaxed, attentive service, and the quality of food and wine pairing is fun and reliable. My partner, Klaus and I love hanging out at her bar, with a Prosecco, watching the end of the Manly Sunday marketeers packing up in the twilight.

**Best local activity?** Going sailing with RQYS on their Wednesday Afternoon Go Sailing Day (WAGS). You can put your inexperienced name down and go and get on a huge yacht and enjoy our beautiful bay.

**The last book you read?** To be honest I have struggled to concentrate on a book for the past few years. After I read Charles Dickens' *Great Expectations* in 2010 I haven't been able to connect properly with a book since. It was that good. Quite a surprise.

**The last tv show or movie you watched?** I loved the series *Call My Agent.* It's French, with subtitles, a bit of a cross between *Friends* and *The Office*. They put actual big name actors into hilarious situations. Sigourney's episode was my favourite. I watched all the series three times.

Is there anything you'd like to see happen in the local area? Yes! Lots! I've lived locally for 15 years, and I've been saying Wynnum is Brisbane's best kept secret. Let's encourage someone to start a really good continental delicatessen, with cured meats hanging, fromage, hand-made pasta, etc. I've joined the local cinema, and that's great, and I'd love to see more fantastic retailers move here. I also love the festivals that have appeared over the past few years. We are a vibrant community, we just need people to invest!

Is there a local business/community group/club you'd like to give a shout-out to? Yeah I'd like to shout out a huge hug to Robbie Porter who is attempting to improve the quality of the water in our bay by replenishing some areas with oyster reefs. Oysters were plundered over the decades from our bay and crushed to make cement. Robbie, with his loyal right-hand man, Will, drives around and collects oyster shells from local restaurants, cleans them in the sun for a year at a property he leases, then takes them out in his tinny and tips them overboard in strategic places in Moreton Bay. Robbie has full backing of marine biologists and local authorities to do this. He's awesome don't you think?

### AN INVITATION TO COMMUNITY GROUPS

As The Community Leader evolves, we'd love to include your local story. We openly encourage community groups, sporting clubs, and charities to contact us with their stories and photos. The newsletter's objective is to promote activities and events in the community, while encouraging the support of local businesses. Thank you to the community leaders who have enthusiastically supported the idea of developing a friendly local newsletter. Please support them, and engage with them as best you can. Any submissions can be emailed to <code>sales@market2market.com.au</code> for consideration.





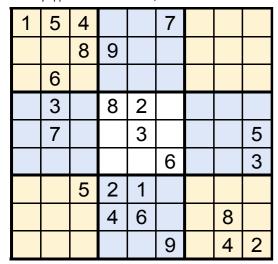
After ensuring the highest level of cyber security on our meticulously **managed hosting**, Bonnie enjoys short walkies to **Waterloo Bay Hotel** for a work lunch.

**nichestudio.com.au** Great web woofs, made here in Wynnum



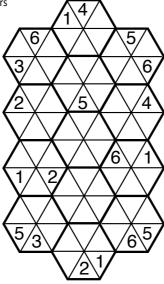
#### Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

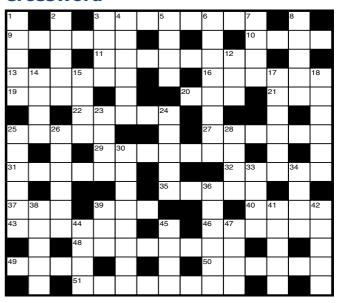


#### **Quick Workout**

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



#### Crossword



#### **Focus**

An All Australian **Word Game** 

- \* Each word must contain the centre 'Focus' letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words

TODAY'S Good: 12 words **FOCUS** Very good: 20 words Excellent: 31 words



Reference: Macquarie Concise Dictionary Focus No. 3846

#### **ACROSS**

- 3 Hand-held firework
- 9 Appropriate **10** Prayer ending
- 11 Formal observance
- 13 Swindles
- 16 Snuggle
- **19** Slay
- 20 Curved bone
- 21 Bricks trough 22 Tempest
- 27 Consequence
- 29 Go before 31 Dish before main
- course
- 32 Church office bearer
- 35 Foolish
- **37** Self
- 39 Speed an engine
- 40 Scoff

- 43 Meal 46 From that place
- 48 Without teeth
  - 49 Adhesive
- 50 Great number 51 Earned

DOWN

- 1 Small spot 2 Mean dwelling
- 3 Cult
- 4 Quickly (mus)
- 5 Shoal
- 6 Treated as a celebrity 7 Narrow beams
- 8 Stringed instrument
- 12 Beak
- 14 Conceal
- 15 As well
- 17 Fine cord
- 18 Publication executive

- **23** Kind
- 24 Makes fun of 25 Judged
- 26 Soft white downy substance
- 28 Touch
- 30 Arbitrators
- 33 Old stringed instrument
- **34** Poem of heroism 36 Small
- 38 Breathing organs
- 39 Colour
- 41 Smith's block
- 42 Inclines 44 Require
- 45 Agitate
- 47 Pay attention

#### **Word Find**

 $\mathbf{O}$ S ΚE M

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

Red	Herb	Knee	Rock
Bike	Hone	Lewd	Sink
Brim	Idle	Memo	Sore
Echo	Image	Move	
Gone	Iron	Rend	

#### Join the Dots

What is this? Find out by joining the dots. •36 **•**37 •35 33 •31 •18 •20 •23 •29 •19 •24 •25 •27

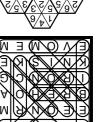
#### **Solutions**

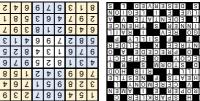
Puzzles and pagination supplied by Auspac Media

turt

FRUITCAKE raft refit rife rift tufa fecit feta fiat fire freak fret fruit farce fare fate faucet fear feat tacet tact tair take taker takir afire after cafe craft face facer









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## TIPS FOR TACKLING WINTER FISHING ON MORETON BAY

**Bait and Tackle** 

BY SPERO KARTANOS

It's Ekka time, which means westerlies and great fishing in the bay, especially as the wind drops and the days become glassy.

August is not only the start of the Ekka, it's also the time to start looking for the migrating whales heading south with their calves coming in for a rest inside Moreton Bay. September is a better time to spot them, but we have had them come in as south as Peel Island over the years. The trouble is it's hard to go fishing when you see these majestic mammals with their babies in front of you.

Fishing for whiting this time of year is as good as it gets. There will be plenty from the Chain Banks into the small boat channel, all the way to the Rous, Amity Banks, Maroon Gutter, Sand Hills and Blue Hole, so there's no excuse not to get out and get a feed.

School mackerel are better at the end of the month, which is normally the time all the 35 to

45cm fish are in their thousands. I remove the barb on the spoons as it is easier to release all the babies - there are big fish mixed in so it's a matter of finding them between all the small

Cuttlefish and arrow squid are in the deeper water on the eastern side of the mainland and the Bay Islands, just off the bottom. Last year we were getting them even in the weed banks where the whiting were.

Snapper and squire season re-starts mid-month, and if history repeats we are going to have plenty for the dinner plate.

So enjoy the bay, but please be careful with the westerlies in smaller boats this time of year. The bay looks glassy from shore, but it's incredibly rough and treacherous when heading back, especially around the mouth of the river with wind against tide.

For weekly and daily updates on fishing in Moreton Bay and whale sightings, you can see my latest info at fishingmonthly.com.au, Moreton Bay reports.





Photos: Spero Kartanos



### **Mother Duck** Where Happiness Comes First

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## LOCAL AUTHOR LAUNCHES NEW BOOK: THE ADVOCATES

Local author Dr Robyn Gulliver's new book *The Advocates: Women within the Australian Environment Movement* traces the stories of nine women environmentalists around Australia. Over the past fifty years these women have held corporations to account, cleaned up toxic waste in their own backyards, and returned biodiversity to our forests.

One of these advocates is local Heather Barns, the co-founder of Bulimba Creek Catchment Coordinating Committee ('B4C'). In the book we learn of the challenges Heather has experienced while building this thriving catchment and landcare social enterprise.

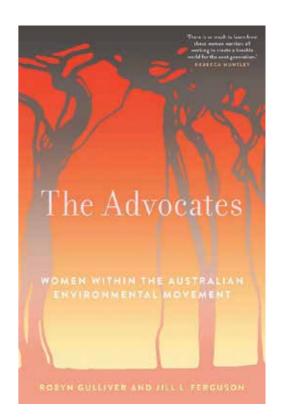
Through her and her co-founders' efforts, B4C now supports multiple bushcare groups, undertakes education and school projects, organises hundreds of events and supports thousands of conservation volunteers right here in our local community.

Eight other women are featured in the book, two of whom have also spent decades advocating for Queensland's unique environment.

One of these is June Norman, who walked 1200 km alongside the Great Barrier Reef in her retirement and won a UN award for facing down the military and authorities at peace and anti-mining camps. Jan Nicol, born in West End, bought a 'Wombat Acre' as a teenager and now volunteers full time as a climate advocate in her retirement.

Author Robyn lives locally in Wynnum while co-author Jill L. Ferguson lives in California. Together they are excited to launch *The Advocates* with Melbourne University Press, and share the stories of these women's behind-the-scenes struggle to preserve and restore Australia's environment.

You can read these stories and learn more about the book at https://www.mup.com.au/books/the-advocates-paperback-softback or robynegulliver@gmail.com





## MINI EKKA COMES TO SHIRE CLERK'S COTTAGE MARKET

FROM THE WATERLOO BAY LEISURE CENTRE

Come along to the next market on Saturday August 14, from 8am to 1pm and browse more than 70 stalls in the grounds of the Shire Clerks Cottage and inside the Waterloo Bay Leisure Centre auditorium.

The market will showcase items produced by talented local artists and craftspeople, including arts, crafts, jewellery, clothing, homebaked goods, plants and much more.

In addition to the usual stalls, the August market will incorporate a mini Ekka featuring special entertainment for children including a petting zoo, pony rides, face painting, fairy floss and 50 free show bags to give away to the first 50 children aged under 12.

As with every market, delicious Devonshire Teas will be served on the verandah of the cottage. Fresh scones are baked on site each market day. The cottage is open for viewing on market day, where you'll find Iris, the lady dressed in pink greeting guests, and Laurie playing the piano accordion.

We look forward to seeing all our regular visitors as well as welcoming new visitors to this community market. The market is run by volunteers and raises much needed funds for the Waterloo Bay Leisure Centre.

#### **AUGUST CONCERTS**

- 10th August, with entertainment by Dennis Boland.
- 24th August, with entertainment by Redlands Country Music.

Doors open at 9.30am. The cost is \$8 for the concert and morning tea, plus an additional \$10 for a two-course lunch served after the concert. Please phone 3396 9488 to make your booking.



Photo: Supplied.

## DOLLS AND BEARS FOR A GOOD CAUSE

Wynnum will welcome a group of very special visitors this month when dolls and bears take over the Waterloo Bay Leisure Centre for one day only.

Brisbane Doll Society's annual Doll & Bear Fair will showcase antique, vintage and retro dolls and bears alongside new creations. Doll making supplies, haberdashery and clothes will be available to purchase, and this year's theme is Dolls of the World.

Workshops will be held on the day, along with hourly raffles and a lucky door prize. Hot and cold food will be available.

Entry is \$6 for adults, \$5 for concessions, and children under 12 receive free entry. Funds raised on the day will be donated to the Mater Little Miracles Foundation.

The Doll & Bear Fair is on August 28 at the Waterloo Bay Leisure Centre, 241 Tingal Road Wynnum, from 9am to 3pm.





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f (i)

## IS YOUR DOG A CANINE ATHLETE OR WEEKEND WARRIOR?

BY AMBER STEWART, BF PET REHAB, WYNNUM

#### Is your dog an athlete or a weekend warrior?

Some dogs are very athletic and run and jump most days. These dogs, though fit, can still suffer from repetitive and stress related injuries the same as human athletes do.

Agility and working dogs can be particularly susceptible to joint injuries caused by the sudden stopping and turning at speed and pressure. Hind limb conditions such as arthritis of the hip, stifle and tarsus can be frequently found in sporting dogs. The most common hindlimb injury for dogs is cranial cruciate ligament (CCL) rupture.

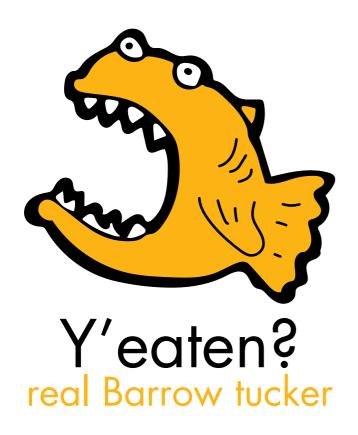
Other dogs are the same as humans. If they aren't used to a lot of cardio exercise and then suddenly go to the park and run around with their mates or chase birds or balls at the beach or even in your back yard, they can put stress on their joints, injure their muscles and suffer other more serious injuries.

So whether your dog is an athlete or the WW type, regular massage sessions can really assist by keeping their muscles and joints supple and flexible, this is especially important when the weather is getting cooler or if your dog is getting older.

Where possible always try to let your dog warm up before they start running around or exercising at speed. This may mean keeping them on leash a bit longer with a brisk walk around the outside of the park or beach before you let them run with their friends. Or maybe park a bit further away from your destination and give yourself and your dog a chance to warm up and smell the roses on the way.

If your dog needs some assistance keeping in peak form or have any questions around how canine remedial massage could assist your dog feel free to reach out via my website www.bfpetrehab.com.au or Facebook page @bfpetrehab.





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## YOUNG ENTREPRENUER OFFERS SERVICE WITH A SMILE

BY MATTHEW OWEN

Clay Lewis is something of a legend in the local area. This 19-year-old autistic entrepreneur based in Wynnum set up his own mobile wheelie bin cleaning business after he was unable to find a job.

Rather than feel sorry for himself Clay set up his own company cleaning bins in the Wynnum, Manly and surrounding suburbs.

Clay started his endeavours at 16-years-old whilst still at school and has created jobs for other teens along the way. After a Covid hit in 2020, Clay's business has gone from strength to strength in 2021.

You know when Clay comes to clean your bins it will be service with a smile along with a friendly chat – quite often about Formula 1 racing!

All the dogs visited along the way will get some extra attention but most importantly, your wheelie bins will be left sparkling and smelling as fresh as a daisy — even the maggot filled ones!

You can follow Clay's business journey and book a bin cleaning appointment on his Facebook page @ clayisachamp. Clay covers Wynnum, Manly, Capalaba, Tingalpa, Belmont and surrounding areas and is available for appointments Monday to Friday.



Photo: Supplied.

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## **GREEN ISLAND'S FASCINATING HISTORY**

BY JILL GREENHILL, WYNNUM MANLY HISTORICAL SOCIETY INC

Just 5km off Wynnum Esplanade lies a low flat wooded coral cay known as Green Island, which is 2km in length and 1km wide.

A coral cay is formed by marine debris, floating plants and then sand, continually catching on a coral reef and slowly building up. These coral cay islands become large enough to support the growth of vegetation, especially mangroves. Mud, St Helena and King Islands formed in the same way. Today these Moreton Bay islands are fringed by coral and close to the southernmost limit of reef building.

Green Island has a northern beach descending to a swampy mangrove area at the southern end of the island.

On July 15 1799 the first European, Lieutenant Matthew Flinders, entered the northern end of a large bay in the *Norfolk*. He partially mapped and named the bay, "Moreton Bay". He saw low flat wooded islands and identified them by number. Green Island was No.3, Mud and St Helena being 1 and 2. Flinders did land on No.6 (Coochiemudlo Island). He also experienced the first clash with Aborigines at Point Skirmish on Bribie Island.

The steamer *Somerset* was anchored off the island in January 1879. In February 1879 Green Island was declared a lazaret and declared off limits. But its quarantine status was rescinded on 10th April 1879.

In 1915, the Wynnum and Manly Sailing Club applied, and gained permission, to clear the scrub at the sandy northern end of the island for the development of a Pleasure Resort. Volunteers did the clearing of the scrub and erected numerous facilities. The development

was significant. There was a grandstand. There were barbecues, shelter sheds, bathing boxes, swings, see saws and picnic tables as well as a very long and substantial t-head jetty. A tank was erected for water supply.

The facilities were officially opened on the 9 April 1917 with many people in attendance. About 60 boats participated in the 16-footer race held to commemorate the opening, the race being won by *Orchard* (C Goodall).

The pilgrimage to the island became an annual event. In 1919 a large garden bed in the shape of the Club's Crest, was officially opened. Mr Henry Bone, a founding member and the Club's timekeeper and starter, was the designer and planted the bed. There were novelty races, a fishing competition and a tug-of-war.

The sailing club erected an Honour Board on the island to perpetuate the memory of those members who were involved in WWI.

However by 1921 the sailing club no longer had a controlling interest on the island and the Honour Board was removed to the double-storey band rotunda opposite No.2 jetty on Wynnum Esplanade. When this rotunda was demolished, the board disappeared but in the 1950s was retrieved by members of the Manly Lota RSL and today hangs in their hall, beautifully renovated by Robert Belfield in 2009.

Over the years, thousands of people enjoyed these facilities on Green Island, travelling over by boat from Wynnum and Manly for picnics. But eventually, time, vandalism and the weather took their toll and today no evidence of the Pleasure Resort remains.

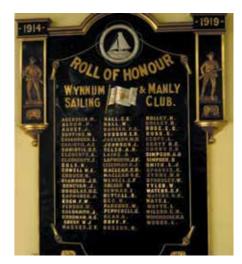
In 1923 Richard William Marshall, aged 22 years, took his bride Eileen May, aged 19 years, to live on the northern end of Green Island. They lived in a log cabin, situated up from the beach, behind the jetty, made of trees cut down on the island. The log cabin had one large room and a smaller lean-to at the back. A well was dug and there was a spring.

Mr Marshall had previously worked for the railways on the Brisbane to Sydney line, but during the Depression years work was not available. Hence, he turned to fishing. He took his fish across to Wynnum Fish Market in his 18-ft sailing boat.

Queensland Cement and Lime Company (QCL) was established in 1914 in Darra, originally obtaining limestone from Gore on the Daring Downs. In the early 1930s, QCL built a wharf on the Brisbane River at Oxley for the landing of limestone (coral) from Mud Island. In 1956, official mining leases for the removal of coral from Mud, St Helena and Green Islands, and Wellington, Empire and Cleveland Points were granted by the State Government. These leases were safeguards to protect the ecology and natural environment.

In the early 1990s, there was a need to assess the effects from the mining. Mud Island was ruined. There was no regeneration of the coral due to the depth of the coral removal. Loose dead coral was washed up on the island forming a bund wall. Creeks were blocked. Mangroves were killed. The suggestion was made to place Green and Peel Islands into the Moreton Bay Marine Park to protect their extensive coral reefs.

A reprieve for Green Island came on July 23 1994. QCL deferred its application to dredge coral from the eastern seaward side of Green Island. Then in November 1995 QCL ceased all mining in Moreton Bay with the intention of relocating to Gladstone by 1998. (QCL have returned to Gore on the Darling Downs).



The renovated Wynnum and Manly Sailing Club Honour Board, originally unveiled on Green Island in c.1919, and now mounted on a wall in Manly Lota RSI



Green Island Jetty. Mrs Curtis (right) and friend. Pre 1920s. All photos courtesy of the Wynnum Manly Historical Society Inc.



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## WHAT'S ON AT WYNNUM MANLY ARTS COUNCIL

Wynnum Manly Arts Council is a not-for-profit organisation, providing support, resources and access to live performing arts, visual arts and arts education.

#### **CLASSES**

Monday – Beginner's art classes facilitated by Deb Brown and Janice Lamb.

Tuesday – Sewing classes with Fauna from Faun Creations.

Wednesday – Art classes, any level, with Sandra Temple.

#### WHAT'S NEW

Friday – Crochet Along (make your own shawl).

#### **AUGUST WORKSHOPS**

Saturday 7 and 21 – Sewing (bring what you would like to work on) with Fauna.

#### **PAINT N PLONK**

Saturday 14 August – Watercolour with Janice Lamb and Deb Brown.

For any enquiries on classes or workshops please contact Wynnum Manly Arts Council Inc. on 3348 2369 or email wmarts@tpg.com.au

Pictured right are artworks produced by members of the Wynnum Manly Arts Council.



The Single Child



Caldera Moonlight



Ebony & Ivory

### **CommunityBankWynnum-Manly**

### **Bendigo Bank**

Community Bank - Wynnum Manly proudly offers community organisations an opportunity to apply for grants; to be provided in October 2021.

Unlike other grant applications, we want to hear more about your organisation, your people and what is planned strategically over the next 3 to 5 years for your organisation and our community.

Are you innovative? How and what are the outcomes? Do you have any environmentally focussed initiatives? Does your organisation share value with other community groups, wholly or in-part? How and what are the outcomes of that shared value?

Do you have any initiatives to develop and/or engage young people? If so, what are they and what are the outcomes?

Our intent is to support organisations that are wholly based in our area and who invest, return value to, and support locally.

Grants of a maximum \$1,000 will be awarded in October 2021. Grants will not be provided to individuals or to State or National Organisations where the funds leave our 'footprint'. Applications will only be accepted from organisations in the Wynnum Manly and immediately adjacent areas. Applications must be submitted in hard copy; addressed to "The Chairman, Community Bank Wynnum Manly" and delivered to 63 Bay Terrace Wynnum by COB September 15th.



A2/63 Bay Terrace Wynnum QLD 4178 | 3893 0286 | Mon-Fri: 9:30 - 4:00

FOLLOWUS



## **GET GLAM FOR A GREAT CAUSE**

CONTRIBUTED BY JAMES DEAN RESIDENTIAL

James Dean is honoured to be partnering with The Allison Baden-Clay Foundation to host a gala fundraising event 'Shine' to raise awareness in the community of domestic violence issues.

James Dean, a fourth generation family business, has been serving the local community for 101 years. Recently the team has helped support several clients who found themselves in domestic violence situations. This has inspired them to want to do more to raise awareness and support for victims and their families. A perfect choice for a partnership is the Brisbane-based The Allison Baden-Clay Foundation.

The black tie gala event 'Shine' will be held on 17th September, 2021 at the Royal Queensland Yacht Squadron at Manly, commencing at 6.00 pm. The evening will consist of dinner, raffles, a charity auction, entertainment and special guest speaker, Vanessa Fowler, Chair of the Board of Directors of The Allison Baden-Clay Foundation and sister of Allison Baden-Clay.

For any enquiries please contact Simonne Auer or Nicole Garnham on 07 3907 9666.



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Diviner | Keynote Speaker | Auction | Live Music

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ROYS MANLY | TICKETS \$150

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Federal Member for Bonner Ross Vasta MP and alongside Couplemate team based in Wynnum. Photo: Supplied.

## APPLICATIONS OPEN FOR LOCAL BUSINESSES TO STRENGTHEN AUSTRALIA'S SUPPLY CHAINS

Businesses across Bonner are encouraged to apply for the Supply Chain Resilience Initiative grant to help strengthen Australia's supply chain capabilities and access to critical products in times of crisis.

Applications have now opened for manufacturers— a key part of the Government's \$1.5 billion Modern Manufacturing Strategy.

Matched grants of between \$50,000 and \$2 million are on offer for local businesses which can help address supply chain vulnerabilities across medicines and agricultural production chemicals — which were identified as sectors of focus in the Sovereign Manufacturing Capability Plan.

Federal Member for Bonner Ross Vasta MP said businesses across the electorate with project ideas are encouraged to apply for funding.

"The Morrison Government is working to not only strengthen our ability to access critical products for the health and wellbeing of all Australians, but also to grow our manufacturing sector and create new jobs," Mr Vasta.

"This initiative enables vital opportunities for businesses in Bonner to be part of important efforts when it comes to shoring up the nation's supply chains."

To find out more or apply for a grant under the Supply Chain Resilience Initiative visit business.gov. au/scri

## **WE'D LOVE TO HAVE YOU AS A VOLUNTEER**

CONTRIBUTED BY WYNNUM AND MANLY DISTRICT MEALS ON WHEELS

For the past 54 years Meals on Wheels have prepared fresh meals, Monday to Friday, plus fresh cook-chill and frozen meals for weekends.

In May 2020, Wynnum and Manly District Meals on Wheels commenced operation from a modern kitchen capable of producing hundreds of hot, nutritious meals per day. In fact, last year the kitchen produced 33,000 meals!

The operation is driven by a wonderful group of volunteers, who are the backbone of the service, and deliver meals to those who are frail and aged, and younger people with disabilities.

"We do what we do best," said President Ken Edwards OAM.

"Our volunteers deliver much more than freshly prepared, nutritious home-style cooked meals. They provide a friendly smile, social interaction, and the opportunity to check on a person's wellbeing. Our volunteers may be the only people the recipients see."

The Meals on Wheels kitchen, located at 880 Manly Road Wakerley, has an accredited five-star food service rating from the Brisbane City Council. The building houses an auditorium which can seat up to 160 people, and a welcoming volunteer lounge and kitchen. There are also training facilities and a boardroom equipped for teleconferencing.

Environmentally friendly, the builder is equipped to harvest water (50,000 litres) and hosts a facility for charging electric vehicles. There's also 80 solar panels, soon to be backed up with nine batteries providing a total system size of 31.95 KWH

If you'd like to volunteer, please visit https://www. qmow.org/volunteers to register your interest.

Phone: 3396 9479



Joanne and Tracey loading the eskys containing the precious cargo of nutritious meals for delivery.



Two fantastic volunteers, Allan and Trish, preparing to deliver meals. Photos: Supplied.

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### WHAT'S NEW AT THE MOVIES

FROM MAJESTIC CINEMAS, WYNNUM



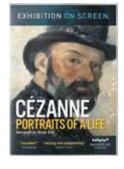
#### The Suicide Squad, August 5

The government sends the most dangerous supervillains in the world — Bloodsport, Peacemaker, King Shark, Harley Quinn and others — to the remote, enemy-infused island of Corto Maltese. Armed with high-tech weapons, they trek through the dangerous jungle on a search-and-destroy mission, with only Col. Rick Flag on the ground to make them behave. *The Suicide Squad*: Directed by James Gunn, with Margot Robbie, Idris Elba, John Cena, Sylvester Stallone, Taika Waititi, Joel Kinnaman.



#### Free Guy, August 12

A bank teller who discovers he is actually a background player in an openworld video game, decides to become the hero of his own story...one he rewrites himself. Now in a world where there are no limits, he is determined to be the guy who saves his world his way... before it is too late.



#### Cézanne: Portraits of a Life, August 12

Exhibition on Screen is thrilled to bring back one of its most successful films ever, offering a unique and fascinating exploration of the life and times of Paul Cézanne. One cannot appreciate 20th century art without understanding the significance and genius of Paul Cézanne. Filmed on location at the National Portrait Gallery London, National Gallery of Art Washington, and Musée d'Orsay Paris, this film features interviews with curators and experts, and correspondence from the artist himself, taking us beyond Cézanne's portraits to the places he lived and worked, and sheds light on an artist who is perhaps the least known of all the impressionists — until now.



#### Respect, August 19

Respect is the remarkable true story of legendary music star Aretha Franklin's journey to find her voice in the midst of the turbulent social and political landscape of 1960s America. Academy Award® winner Jennifer Hudson (2007, Best Supporting Actress, *Dreamgirls*) — handpicked by Franklin — headlines an all-star cast that includes Oscar® winner Forest Whitaker (2007, Best Actor, *The Last King of Scotland*), Mary J. Blige, Marlon Wayans and four-time Emmy® nominee Tituss Burgess.



## MARKET 2 MARKET

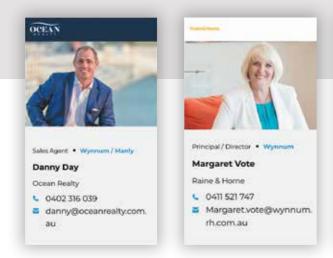
## CONNECTING OUR COMMUNITY

#### LOOK LOCALLY • www.thecommunityleader.com.au

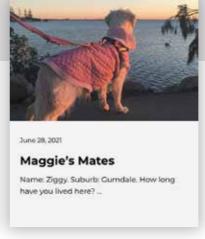
Market to Market is committed to promoting local bayside businesses, community groups, clubs, events, and personalities, in print and online. We have recently invested in a website, which we hope will help connect you quickly and easily with true locals in the community.

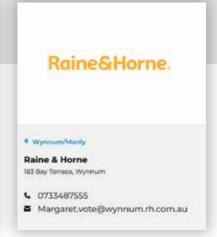
If you're looking for a job, a club to join, a school or a real estate agent, log on to The Community Leader online, and look locally. Each month we'll be adding more links and content.

We're excited to bring you the best of our community in one convenient place.















**PHONE:** 07 3220 3061 or 0421 786 302 **WEB:** www.thecommunityleader.com.au **EMAIL:** sales@market2market.com.au

## IF THERE'S WINDS GALORE - STAY ASHORE!

CONTRIBUTED BY BRISBANE COAST GUARD

Two simple things can stop you becoming a statistic on the water.

Four people have died in the Bay in the last three months, and Coast Guard crews have rescued several other boaties in dire circumstances. Marine authorities are concerned that boaties are not taking simple marine safety steps that could prevent them from becoming a statistic.

"We're all familiar with the 'flooded – forget it' message about driving across inundated roads," skipper Allan Tennent said.

"Equally boaties need to be thinking about something similar for their trips to sea: 'winds galore – stay ashore'. Check the weather, and if the conditions are going to be too rough, then stay home.

"If you get to the boat ramp and the swell has picked up, the smart decision is to turn around and go home, rather than press on."

The second important step is to wear a lifejacket, no matter what you're doing on the water. Kayakers and fishermen in small tinnies are particularly vulnerable, but all boaties should wear a lifejacket at all times. Between 1992 and 2018, 230 people drowned, or were presumed to have drowned, as the result of a marine incident in Queensland waters. Of these, only 12 were known to have been wearing a lifejacket.

"A lifejacket can save you, but only if you're wearing it — in a sudden emergency on the water such as a capsize or swamping, you may not have time to grab your lifejacket," Allan said.

"Modern lifejackets come in a range of styles including jackets and vests, and are more slim-fitting and comfortable than in the past and won't restrict your movement.

"They're a small investment, buy one, always put it on and it will save your life."



Water Police and a Brisbane Coast Guard vessel coordinate during a recennight search. Photo: Kerri Williams, Brisbane Coast Guard.

## ROTARY CLUB JOINT PRESIDENTS A FIRST FOR WYNNUM AND MANLY

Locals Jo-Anne O'Connor and David Groves were recently inducted as joint presidents to the Rotary Club of Wynnum and Manly – a club with a great track record of true spirit and determination dating back 68 years to the club's beginnings in 1953.

A joint presidency is all about a great partnership — with each other, with the club and its members, and with businesses and the local community.

"It is a first for our club to have joint presidents and only the second time in our club history to have a female president," exclaimed David.

"We are operating in a new world with new challenges so we believe that two heads will be better than one as we navigate the year together!" Jo-Anne and David proudly state that "Our Rotary club has access to an enormously diverse pool of talent and expertise, which members give willingly in the cause of Rotary service, a service that will continue to focus on achieving positive outcomes for the community".

Working together with the club, presidents Jo-Anne and David will help to motivate and inspire their members to embrace the theme of the new Rotary year which is "Serve to Change Lives".

If you are interested in learning more about joining the Rotary Club of Wynnum and Manly please contact Membership Director Jo Soothill on 0400 844 471.





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bradtownsendplumbing.com.au 0419 774 583 • dolilama@hotmail.com Brad Townsend Plumbing has been in the plumbing industry for over 40 years specialising in general households in the Wynnum, Manly, Tingalpa, Ransome, Wakerley, Lota, Thornside, Cannon Hill, Capalaba, Camp Hill areas Brad is the one man that does the quotes and DOES the work.

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## **BLEEDING GUMS, NO BIG DEAL RIGHT?**

FROM DENTAL ON CAMBRIDGE

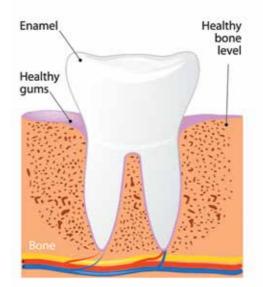
Bleeding gums are most often indicative of a problem known as gingivitis, which is the inflammation of the gums. Although mild gingivitis is not overly problematic in many patients, this will progress to a condition known as periodontitis, which is gum and jaw disease and infection.

Periodontitis is a common oral health condition affecting 10 to 15% of the population. The biggest problem with periodontitis is that in many patients it develops and progresses without any or with minimal symptoms, often only bleeding gums and unusual breath odor. Unfortunately, untreated periodontitis will eventually lead to catastrophic loss of the bone supporting the tooth and eventual tooth loss. Periodontitis can easily be diagnosed by dentists looking for the condition via measuring gum pocket depths around teeth, observing bleeding and bone loss changes on x-ray.

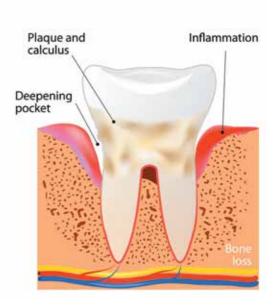
So the next time you are experiencing bleeding gums, don't just assume it's because you haven't flossed in a while, or it's only gingivitis. Bring it up at your next routine examination and clean, or make an appointment especially to ensure that you're not developing periodontitis and looking at a future with potential tooth and bone loss.

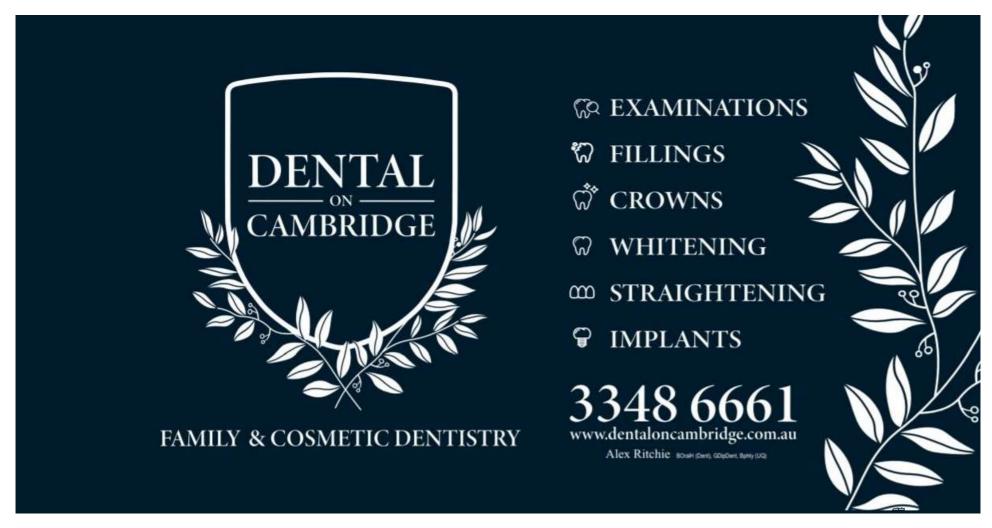
If you have any concerns about your bleeding gums and want an expert opinion on how you can prevent this condition progressing, the team at Dental on Cambridge would be more than happy to assist you – after all preventative dentistry is our passion! Call us now on 3348 6661 to book your appointment or you can book online via our website www.dentaloncambridge.com

#### Normal tooth



#### Periodontitis





## BEAUTIFUL HAIR STYLING, WITHOUT THE HEAT

FROM BEAUTY ON BELMONT

#### Does your hair need to take a heat break?

As often as possible, in between washing and styling, take a break from using heat to style your hair, and allow your hair the opportunity to retain moisture and de-stress.

If you have to use heat to style your hair, heat protection products will help protect your hair, but the more breaks you have from heat styling, the healthier your hair will be long-term.

The haircare range we use and recommend here at beauty on Belmont is Pure Haircare. Their products are beautifully Australian made, vegan, gluten free, sulphate and paraben free. They are just so nourishing for your hair!

This styling primer is a spray that you can use before you Blowdry your hair, and before styling your hair (it is to only be used when your hair is wet) it is also anti-humidity (which means less frizz)!

We also love Pure's sacred mask. This is a treatment to use instead of your usual conditioner. Simple leave it in for a few minutes after shampooing your hair, keeping it off the scalp! This helps with heat protection and is great for putting moisture back into the hair.

Pictured right are hairstyles without heat. Simply braid or plait hair, then take the braid out the following day for beautiful, natural curls. You could also try a half-up/half-down style with natural curls, or even a top bun with natural curls.















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Chin Waxing
Lip Waxing
Brow Waxing
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