# **ECommunity Leader**

ISSN 2652-8738

### **LOCALLY OWNED & LOCALLY MADE**

ISSUE 17





### PARALYMPIC CYCLING TEAM'S PITSTOP AT MANLY

FROM MANLY MARINA COVE MOTEL

Manly Marina Cove Motel recently had the pleasure of hosting the Australian Paralympic Cycle Team prior to their Tokyo Olympic trip.

To witness the dedication and determination of the athletes, the logistics and support required from their support crew, and the comradeship of the entire team was inspiring.

The team spent three weeks living and training in the Wynnum/Manly area. We'd like to thank the many local businesses who supported them, with a particular mention to the owners and staff at Lido Italia, Thai Boat and SeaVibes who catered for their specialist dietary requirements.

To be able to watch and cheer on these athletes as they competed on the world stage was fantastic. The team went on to win four gold, four silver and five bronze medals.

To see more of the athletes' stories, and quest for success at the Tokyo2020 Paralympics visit www.paralympic.org.au/tokyo2020/

For the first time, the Paralympics not only received the same media coverage as the Olympics, but athletes were recognised for their achievements in the form of a financial bonus from the federal government.

To help current and future Paralympians, during the games you could purchase a virtual seat - 94,443 seats were purchased filling over two Olympic stadiums! If you would like to assist visit www.paralympic.org.au/make-a-donation.

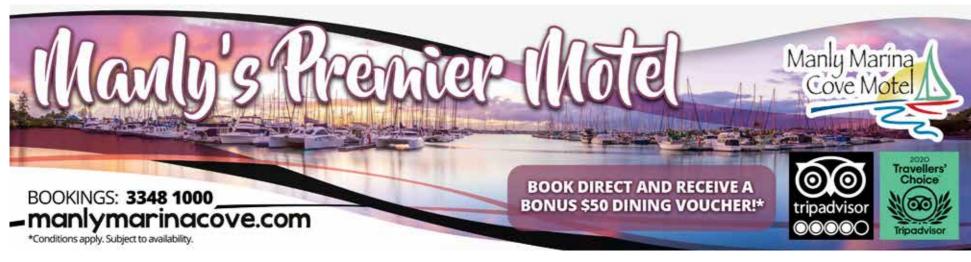
The Australian Paralympic Cycle Team is now back in Australia, completing their mandatory two-week quarantine.

The Manly Marina Cove Motel has previously hosted the Scottish and Welsh cycling teams that competed at the 2018 Commonwealth Games, and the team looks forward to welcoming more athletes to Brisbane's bayside in the future.













Lasual aining restaurant located on the bay of the Manly Harbour. Open for lunch and dinner 7 days a week. Live music from 6pm & tapas from 4-6pm every. Friday in our terrace. Breakfast every Saturday and Sunday.

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### MANLY STATION UPGRADES ARE NOW UNDERWAY

FROM JOAN PEASE MP

The Palaszczuk Government is kicking off a number of projects to improve pedestrian and commuter safety around Manly station.

Member for Lytton Joan Pease said the projects will upgrade the western station car park to include two new pedestrian crossings, new footpaths and better lighting, plus build a new secure bike enclosure.

"These upgrades will improve safety for pedestrians and commuters, and that's why the Palaszczuk Government has made them a priority," Ms Pease said.

"Manly station is in close proximity to Manly State School and the safety of all our customers, especially local schools kids, is paramount.

"I've been out talking to the community about what it wants to see at Manly station, and these upgrades are in direct response to the feedback I've been getting.

"Works are underway, with construction on the new bike enclosure expected to take approximately six weeks, becoming fully operational in late-October.

"The new bicycle enclosure has room for up to 40 bikes, will be

secured with fob access, have around-the-clock security cameras to ensure customer and bicycle safety and be constructed with steel mesh, to allow for increased surveillance of the enclosure.

"This is part of a rolling program being delivered by the Palaszczuk Government, with the aim to increase bicycle accommodation across the South-East Queensland rail network.

"And we know that's more important than ever with a trial underway allowing bikes and e-scooters onto peak hour trains.

"The first month of that trial saw more than 23,000 passengers take bikes and e-scooters onto peak hour trains, so clearly there is a demand for more active transport options around existing rail services."

Ms Pease said construction of the pedestrian works in the carpark commenced on Tuesday 14 September, and would take up to eight weeks, during which parts of the car park would be closed at different stages of construction.

"We understand this is an inconvenience for commuters so temporary additional full day parking will be made available on the eastern side of the station (from Yamboyna Street) in the drop-off parking area," she said.



Photo: Supplied.

"Safety is our number one priority, which is why the Palaszczuk Government continues to invest in upgrades and innovative solutions to improve pedestrian safety at stations."

The installation of an additional pedestrian crossing at the Yamboyna Street entrance was completed last year.



# WYNNUM FRINGE ROLLS WITH THE PUNCHES, AND PIVOTS!

FROM WYNNUM FRINGE

Photo by Occhio Photography.

### Well, there's nothing like a pandemic to keep us on our toes!

Ongoing travel restrictions and border closures mean some of our previously announced acts can no longer join us in person to Rock the Bay on Saturday 9 October. Thankfully, A Little Ray of Sunshine has burst through the clouds to save the day!

Headlining the inaugural Rock the Bay day-long concert is internationally renowned singer-songwriter and Eurovision queen Kate Miller-Heidke, Aussie music icon, Cold Chisel founding member and guitarist lan Moss, legendary singer-songwriter and former Little River Band frontman Glenn Shorrock, and rocker Sarah McLeod of The Superjesus and solo fame.

And while they can't join us in person, Kate Ceberano and Bachelor Girl will stretch the limits of social distancing, joining the party remotely to perform a virtual set of their most-loved songs, streamed exclusively to Rock the Bay.

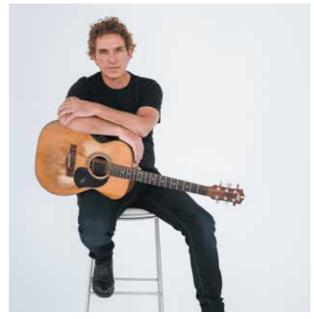
Grooving alongside these world-class headline acts is a packed local line-up including singer-songwriters Luke Kennedy and Mark Sholtez, folk-pop duo Women in Docs plus the electro-pop stylings of Ella Fence and Lucid Safari's reggae-tinged vibes.

Kicking things off will be Minjerribah's (North Stradbroke Island) Yulu Burri Ba Dancers presenting a Welcome to Country with a twist.

Hosted by Wynnum Fringe Founder Tom Oliver, Johnny Balbuziente (Married at First Sight) and Brisbane actor Leon Cain, this exciting addition to the bayside calendar is not to be missed.

Join us on the hill at Iona College, Lindum, on October 9 for a spot of Reminiscing and to support some great homegrown talents who've had a tough 18 months.

Rock the Bay is a COVID-safe event.



lan Moss. Photo by Daniel Boud.



2/264 Tingal Rd, Wynnum www.baysidedance.com.au

...for the love of dance.



Wynnum Fringe sponsors were treated to a sneak peek of entertainment from the upcoming festival.



Michael Jullyan, Danielle Davis and Randall Davis



The Bay FM team with Tom Oliver



Peter Oliver, Stephanie Oliver and Margaret Vote



Tom Oliver and Father Michael Twigg



Holly Bambridge, Kaitlin Hague, Danielle Davis and Mali Hannun



Megen Kelleher



### **COMMUNITY UPDATE**

### JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

### FIXING THE LINDUM LEVEL CROSSING

I am very pleased to say that that all three levels of government are working closely together to fix the Lindum Level Crossing

We're about to get started on the first of three phases of work at Lindum Crossing

The first phase will be Initial safety works underway by mid-late November to improve safety for all those who use the busy crossing.

The initial safety works will include:

- An extended boom gate
- Extension of the median island on Lindum Road
- · Removal and replacement of road resurface over the level crossing
- · New on-road line marking.

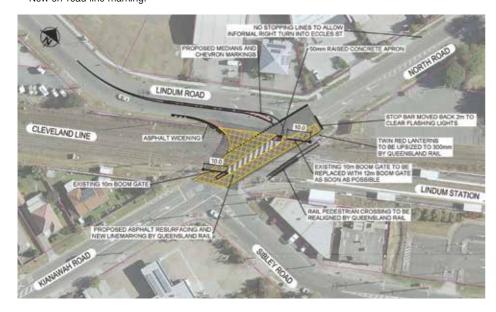
Once we have completed these safety works we will come back to the community to consult on possible designs for the signalisation of the intersection.

The Palaszczuk Government has also committed \$40 million to a full accessibility upgrade of the Lindum Train Station, which will include upgrades to the Park 'N Ride.

I look forward to keeping the community up to date on the progress at Lindum.

For more information visit www.tmr.qld.gov.au/ projects/Lindum-Station-Precinct-Study

The plans for Lindum Station:





### **BOAT RAMP BEHAVIOUR MONITORING AND INFORMATION SYSTEM**

A new ramp-monitoring system, designed to give boaties a safer launch and retrieval, is being trialled at Manly Boat Harbour.

The Boat Ramp Behaviour Monitoring and Information System (BRBMIS) has been installed in the middle of the two lanes near the floating walkway abutment at the harbour's northern boat

Real-time activity, local weather and safety information will be collected by the system and used to inform boaties about conditions over the 12 month trial.

The equipment is powered by renewable energy, including solar panels and a wind generator, and has carbon neutral benefits.

As one of the largest boat harbours in the southern hemisphere, Manly is best placed to try out this innovative technology.



All vision and data will be available for analysis by Maritime Safety Queensland, to better understand the harbour's use and improve safety compliance.

The BRBMIS trial is funded by Maritime Safety Queensland.

### **GO LOCAL LOTTO**

Congratulations to the winners of my 'Go Local Lotto' draws! We received a lot of entries into the \$100 gift voucher draw and it's great to see so many locals out there supporting our Bayside businesses.

Locals like Leisa, whose gift purchases from Wynnum Central Pharmacy resulted in her winning our second draw.

Wynnum Central Pharmacy has been servicing the Bayside community for over 24 years. The owner, Mr David Hui, thanked Baysiders for their support.



"Thank you Baysiders for shopping locally. With your support I can continue to proudly serve our wonderful local community."

While our September promotion has been a success, it doesn't stop here. I'd like to remind Baysiders that every day is a good day to Go Local to Grow Local.

Joan**Pease MP** 













### **DISCOVERY AT YOUR DOORSTEP: SHOREBIRD DISPLAY**

CONTRIBUTED BY THE MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

The Wynnum Manly Tourism and Visitor Information Centre's newest display has visitors and locals flocking to witness a world-first.

Take a stroll down William Gunn Jetty and you will find a wealth of knowledge waiting within the Wynnum Manly Tourism and Visitor Information Centre (WMTVIC). This volunteer-run organisation is brimming with local insights on everything Wynnum-Manly and surrounding areas.

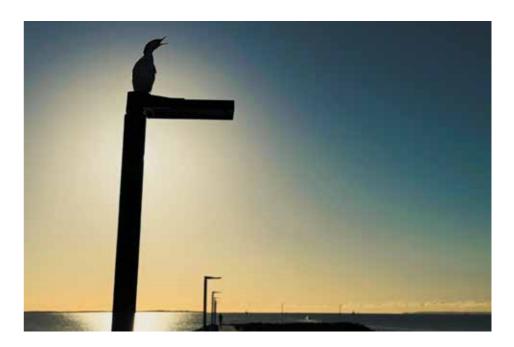
From day trips and island tours to local mechanic recommendations, the team at WMTVIC have the inside scoop on just about everything this side of the bayside, and have been a reliable source of information for both residents and tourists since opening 17 years ago in 2004.

The exciting addition of the Moreton Bay Discovery Centre will feature a world-first shorebird display, with live footage of Moreton Bay's (Quandamooka) iconic shorebird roost off Manly Harbour. This visually thrilling experience will delight and educate people of all ages, with the display also providing detailed information on the threats posed to migratory shorebirds, such as the Eastern Curlew, and actionable steps that can be taken to help protect them.

The WMTVIC also features a curated collection of gifts available for purchase, with many produced by local artisans, making this destination a must-do for anyone visiting the area, including residents wanting to explore their own backyard.

Why not make a weekend out of your visit, with plenty of accommodation options available at the nearby Manly Marina Cove Motel, Manly Harbour Backpackers, and the Manly Hotel.

With so many ways to eat, shop, play and stay, discover the wonders on your doorstep at Manly Harbour Village.



The Wynnum Manly Tourism and Visitor Information Centre is always on the lookout for volunteers who can commit to a regular weekly shift, specifically Saturdays or Sundays. Contact Rebecca at manager.info@manlyharbourvillage.com to learn more.



### THE BONNER UPDATE

**ROSS VASTA MP FEDERAL** MEMBER FOR BONNER



### THE BAYSIDE'S RACHAEL WATSON **CLAIMS GOLD AT TOKYO 2020!**

How inspirational were our Aussie Paralympians at Tokyo 2020? 80 medals - 21 Gold, 29 Silver and 30 Bronze. The Bayside's own Rachael Watson was one of these Gold medal winners, not to mention also smashing two Paralympic records!

Rachael claimed gold and a Paralympic record in the 50m freestyle swimming an incredible 39.36. She also swam up a class in the 100m Freestyle S5, breaking the S4 class record with a time of 1:35.27.

I had the opportunity to catch up with Rachael just before she jetted off to Tokyo.

Rachael said, "After training incredibly hard over the last five years, I am thrilled the games are going ahead this year. I can't wait for the opportunity to be with the team in Tokyo and for all my hard work to pay off."

Well Rachael, your hard work has certainly paid off! Bonner is so proud.





### FIGHTING FOR MORE MENTAL HEALTH SERVICES FOR THE BAYSIDE



I am fighting to secure more mental health services for the Bayside. Whilst in Canberra last month I raised both the community survey and the Bayside Mental Health Roundtable in Federal Parliament, informing the House of the progress made so far and needs of our community.

Most recently, I've met with Assistant Minister to the Prime Minister for Mental Health and Suicide Prevention, Hon David Coleman MP via Zoom to bring him up to date and create awareness around where support is needed for the Bayside area.

I was incredibly encouraged to hear how supportive Minister Coleman is of this plan. The Minister has taken immediate action to inform next steps so we can deliver for the Bayside. I will keep you updated as we continue the momentum for increased services in our community.





### **BACKING LOCAL BUSINESSES DOING IT TOUGH**

The last 18 months haven't been easy and that's why the Morrison Government is backing local businesses doing it tough with the \$600 million Queensland COVID-19 Business Support Grants.

The package includes support for non-employing sole traders and expands on support for eligible small and medium businesses, and large tourism and hospitality businesses.

Applications close on 16 November 2021. Visit the business.qld.gov.au website to apply.



69 Clara Street, Wynnum QLD 4178



07 3893 3488



ross.vasta.mp@aph.gov.au



rossvasta.com.au



RossVastaMP



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### **BLESSING LAUNCHES DARLING POINT'S SAILING SEASON**

FROM SAILABILITY BAYSIDE

The sailing season commenced at Darling Point Sailing Squadron with a Blessing of the Fleet ceremony on Sunday September 12.

Commodore Peter Robba noted that the club had now been operating in the Wynnum Manly area for almost 100 years. Many families from the area had started their sailing careers here and that tradition continues with the younger generation today keeping the club strong and viable.

As a prelude to the event, the junior members of the club decorated their boats and paraded in the harbour for prizes, with some showing their dancing skills to impress the judges. DPSS Patron, Bruce Pattison, presented a new Australian flag to the club, on behalf of Ross Vasta MP.

The premises located on Norfolk Point at the entrance to Manly Harbour is also home to many other sailing groups such as Sailability Bayside, the Multihull Yacht Club of Qld and the Pandanus Paddle Club, who were all represented at the ceremony.

Commodore Peter acknowledged that the numbers present indicated the huge community support for the venue, and how vital it is to encourage the younger generation into the sport of sailing.

#### Need more information? Email:

dpssmanly@hotmail.com.au sailabilitybayside@gmail.com ppcsecretary@icloud.com



Photo: Supplied.



### PETER CUMMING'S LOCAL AREA UPDATE

### COUNCILLOR FOR WYNNUM MANLY WARD



On the 20th September it was a pleasure to welcome and swear in new Australians into our community at my annual Citizenship Ceremony.

The Ceremony is approved by the Department of Immigration and my office puts the event together.

Last month over 60 people joined with family and friends at the Wynnum RSL to pledge their new home as Australia. Citizens came from all around the world including Columbia, Bulgaria, Mexico, France, South Africa, Iran and Denmark to name a few.

It was good to see 90% of the new citizens came from the Wynnum Manly Ward and others from adjoining suburbs.

I again welcome all new citizens to our shores and hope they do well and their children do even better.

### **DOG REGISTRATION**

Brisbane City Council has put together a colourful registration tag collection for pet owners.

The dog registration tags are a fun way to ensure you are reunited with your dog should they wander away. They come in various colours and in the shape of a bone, made out of aluminium.

In the Brisbane City Council area it is a requirement to register your dog over 12 weeks of age. To order your new registration tag or for any dog registration details visit brisbane.qld.gov.au, or phone 3403 8888 24/7.

In addition, I have been pleased to note that Council has met the request of local residents to install two extra dog poo bag dispensers along the Esplanade. Many residents have raised concerns that there were no dispensers along the Esplanade. There are two new dispensers one near the Wynnum Wading Pool Park and the other is at George Clayton Park. Council does advise on their website that dog owners must be responsible for the collection of any droppings, but have supplied two dispensers as a courtesy.

#### KITCHENER PARK PLAYGROUND UPGRADE

There will be a great new playground at Kitchener Park, corner of West Avenue and Stradbroke Avenue Wynnum.

Public Consultation will be held on Saturday 9th October from 9am to 11am. If you would like to see the plans come and speak with Council staff and myself to find out more.

#### PARKING IN BRISBANE

The Council has published a Parking Guide to Brisbane. It is very handy if you are driving into the City.

It provides information on the 15min free parking options, tips on what the signs and road markings mean as well as a guide to Traffic Areas that are regulated parking zones near venues like The Gabba, South Bank and PA Hospital.

My office has copies if you would like to drop in and collect, or you can read online at brisbane.qld.gov.au. Motorists who don't understand the system get fined regularly in these areas.

Wynnum Parking has always been of concern for residents and shoppers. Recently I was advised that parking bays are being used all day due to the lack of Council enforcement. I have asked Council staff to visit and monitor parking in the area. Please comply or risk being fined.

### **CHRISTMAS CAKES**

Locally we have been lucky to have the local Lions Club provide Christmas Cakes and Puddings for sale. This year we will have the Rotary Cakes and Puddings for sale as well. Details of prices and locations will be out soon.

I will promote further details in my weekly community e-newsletter once I have more information.

### **EMAIL NEWSLETTER**

You can receive my community newsletter by contacting my office with your email address. This is an informative e-newsletter that is sent out weekly with a guide to 'What's Happening' in the Wynnum Manly Ward. It lists community events that are being held, when the local theatre productions are held and a lot more. Email me to subscribe at wynnummanly.ward@bcc.qld.gov.au

PARKRUN LEGEND Javana has reached two outstanding numbers on the same day at Wynnum Parkrun. On the 18th of

September, she completed her 300th run and in a solid time, then completed her 50th volunteer day as well.

Well done Javana.





Wynnum Manly Ward Office 3a/212 Bay Terrace (Cnr of Pine Street) Wynnum Qld 4178 Office hours:8.30am-4.30pm, Monday-Friday

Phone: 07 3403 2180

Email: wynnummanly.ward@bcc.qld.gov.au

# WHAT'S ON AT WYNNUM MANLY ARTS COUNCIL

#### **CLASSES**

Monday – Beginner's art classes with by Deb Brown and Janice Lamb.

Tuesday – Sewing classes facilitated by Fauna from Faun Creations.

Wednesday - Art classes, any level, with Sandra Temple.

Friday - Crochet classes facilitated by Barbara Weber.

#### **WORKSHOPS**

#### OCTOBER, NOVEMBER

On the third Saturday of each month, come along for Christmas sewing with Fauna from Faun Creations.

For any enquiries on classes or workshops please phone 3348 2369 or email wmarts@tpg.com.au.

### **LEARN TO SEW WITH FAUNA**

FROM WMAC

Come and learn to sew with Fauna from Faun Creations. Lessons are held weekly in the Wynnum Manly Arts Room, Level 1, Wynnum Community Centre, Florence Street, Wynnum.

Classes are for beginners and anyone who may have sewn in the past and would like to brush up on their skills. All you need is a basic sewing machine and a sewing kit. You can learn to make or alter your own or your family's clothes.

Fauna has been sewing for most of her life, and on retirement from full-time work, started her own sewing business in 2008. Fauna's business has been so successful that at times there was a waiting list. However, she has now given away the design side of her business to focus on teaching.

Fauna holds a Bachelor of Business, Cert IV Training & Assessment and Cert IV in Retail Fashion & Design.

For more information and to book your place in the class, contact Fauna on 0408 655 388.



Fauna from Faun Creations is ready to teach you to sew. Photo: Supplied.



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Name: Trixie.

Suburb: Belmont.

How long have you lived here? All my life!

Your favourite local walk? I am 11-years-old, so now I just enjoy my little wanders around my street.

Your most treasured toy? 'Moo' was my first toy and is still my favourite!

Your favourite food? Chicken.

Your worst habit? Giving too many kisses to some

Your favourite local hangout? Spatzi's house. When I was younger, I adored Home Beach at Straddie, and the Carindale dog park.

Your best doggo friend? Spatzi.

Any funny or embarrassing stories you'd like to share? When I was a puppy, I found a \$50 note. It was so much fun having Mum chase me around the yard to get it back!

What do people love most about you?

I do really cool tricks and I have an infectious smile!

Name: Ella.

Suburb: Manly West.

How long have you lived here? All my life.

Your favourite local walk? I can't walk that far these days so short walks to the park in our estate are my favourite.

Your most treasured toy? All my stuffed toys!

Your favourite food? I love all foods especially human left-overs.

Your worst habit? Stealing clean and dirty socks. I don't chew them, I just run away with them to the

Your favourite local hangout? Picnics at Lota with Mum and Dad.

Your best doggo friend? Peppa, he lives next door.

Any funny or embarrassing stories you'd like to share? I love to sneak cheese off the platters when people aren't looking!

What do people love most about you? I have to say I am damn good looking.





## Miss Maggie Of Manly













### WHAT IS ATOPY?

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Hay fever is a very common condition in people — everyone knows someone with a never-ending supply of Zyrtec and a hoard of tissues to deal with the associated sneezing and runny nose. Did you know that dogs can have a similar type of allergy?

Atopy is the dog equivalent of hay fever — instead of sneezing though, dogs get itchy.

Airborne pollens, moulds, dust particles and other allergens enter the skin and cause an inflammatory reaction leading to itching and scratching.

There are a number of reasons that dogs may be itchy. These include parasites such as fleas, lice and mites, food allergy and secondary skin infections.

Common findings in dogs with atopy are:

 Young age of onset (usually between one and three years-ofage).



- A mostly indoor lifestyle airborne allergens tend to concentrate indoors.
- Chronic or recurrent skin infections.
- Foot licking is very common the tops of and between the toes of the front paws are a common site.
- The inside of the pinna (ear) becomes red and irritated.

Atopy can be seasonal, although in Brisbane the humidity and temperature provide ideal conditions for year round allergens.

### Treatment

The treatment of atopy includes:

- Controlling secondary infections. These are usually yeast or bacterial infections which may require a combination of shampoos, lotions, antibiotics or anti-fungal medications to control.
- Desensitisation injections may help. There are veterinary dermatologists who can perform skin tests to determine which allergens your dog is affected by and formulate a vaccination to try and help control the allergy.
- There are a number of medications which work to suppress
  the immune or itch response. The newer classes of drugs
  target specific "itch" receptors in the body and can be very
  helpful in making your pet more comfortable.

Wynnum Manly Veterinary Hospital



To make an appointment call

07 3396 6488

vets@wmvh.com.au

232 Bay Terrace, Wynnum, QLD, 4178

Mon to Fri: 8am - 7pm Sat: 8am - 12pm Sun: 8am - 11am

### HEART BEATS LOUD AT WYNNUM MANLY LEAGUES CLUB

FROM WMLC

Community clubs are part of the social fabric in strong, healthy communities. They are often where the heart of the community beats the strongest. And here at Wynnum Manly Leagues Club, the bayside heart beats loud.

Since 1997, the local club contribution to the Bayside community is an incredible \$17,662,560 and it grows yearly! The CEO of Wynnum Manly Leagues Club, Mr Craig Thomas, is a proud advocate of community growth alongside the club's Board of Directors.

"The club is regularly asked to support local non-profit organisations, schools, fundraisers, donations to raffles and much more," explained Mr Thomas.

"We endeavour to support where possible."



Peter Smith, Bruce Baxter, Craig Thomas, and John Quinn. Photo: Supplied.

The club has recently assessed the grants received as part of the 2021 major community grants and was proud to announce that on Tuesday 28 September the club distributed over \$50,000 to 19 local non-profit organisations.

For more information on the Community Grant Program, visit www.wmlc.com.au/grants.

#### \$3150 Acacia Bayside Swimming Club – Spin bikes Manly Community Kindergarten – Ipads and lighting \$3500 Queensland Services Heritage Band Association – Audio and lighting system \$3300 Rotary Club of Wynnum Manly - Website build \$3500 Wondall Seagulls Swimming Club - Pool cover \$3500 Babi Youth & Family Service – Healthy Active YOUth \$3500 Wynnum Manly Bridge Club Inc \$2660 Tingalpa and District Kindergarten Association Inc \$2536 Bayside Sea Scouts – BBQ equipment for fundraising \$3500 Bayside BMX Club Inc - Security system \$3500 Darling Point Special School P & C Association – fathering projects \$3135 Pandanus Paddle Club – 3 person canoe \$3500 Probus Club Of Wynnum Manly Inc - Computer program and first aid kits \$752 Wynnum Commerce – Development of a laneway project \$3500 Wynnum Instrumental Music Parent Support – School band tour \$3500 Wynnum Manly District Cricket Club – Shipping container \$3500 Wynnum General Gordon Community Preschool & Kindergarten – Play equipment \$3475 Wynnum Manly Historical Society Inc - Subscription to catalogue and index history \$1800 Wynnum State School P & C Association – Home readers and library books \$2000

**MAJOR COMMUNITY GRANT RECIPIENTS** 



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### **NANDASEELI: A SHINING LIGHT IN A PANDEMIC**

While she can't fly home, Nandaseeli's contribution to the community has spirits soaring at this local branch of Rotary.

Many Wynnum-Manly locals will know Byron Freeborn through his work at Raine & Horne Wynnum, and also via his contribution to the Rotary Club of Wynnum and Manly. What many might not know about Byron is that his mother-in-law, Nandaseeli Gunasekera, is also making her mark on the local community.

Born in Columbo, Sri Lanka, 64-year-old Nandaseeli has been a regular traveller to Australia, visiting her daughter Jayani and son-in-law Byron. When Nandaseeli touched down in Wynnum in 2020, she found herself unable to return to Sri Lanka as a result of the Covid-19 pandemic.

And while Nandaseeli fills her days cooking delicious Sri Lankan food, sewing, knitting and gardening, she has also found time to give back to the community through Rotary, namely through the Days for Girls (DfG) program. Her presence has proved an enriching experience for Rotary Wynnum Manly members and Nandaseeli.

"The Days for Girls team of volunteers are dedicated to creating a healthy, dignified world, by helping to provide lasting access to feminine hygiene solutions and health education," explained Rotary Club of Wynnum and Manly's joint president Jo-Anne O'Connor.

"Volunteers trace, cut, sew, and prepare all the components of DfG menstrual kits ready for distribution to overseas communities in need. These kits offer girls in the greatest need, a pathway to improved health, education and livelihood."

Fellow volunteers are quick to praise Nandaseeli for her contribution.

"Meeting Nandaseeli has been very special, learning of her life back home and how her enforced stay in Australia has affected her life," said volunteer Trish Peddie. "She is such a wonderful worker, quietly achieving such high levels of sewing, and we as a group are privileged to have her with us."

Volunteers meet fortnightly in the Shire Clerks Cottage in Wynnum where Nandaseeli has made many new friends from the local



community in a group that shares common interests, enjoys giving back to others through volunteering, and reaps the rewards of fun and fellowship together.

Interested in learning more? Please contact Rotary "Days for Girls" team leader Di Catto on 0408 776 278.

# **ECommunity Leader**

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TO HOMES AND LOCAL BUSINESSES

The Community Leader is a monthly publication, home delivered to Wynnum, Wynnum West, Manly, Lota, parts of Capalaba, Gumdale, Wakerley, Hemmant, Tingalpa, Murarrie and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point.

Any submissions can be emailed to **sales@market2market.com.au** for consideration.



### **LOCAL PICK UP POINTS**

#### BELMONT

Y Eaten Belmont IGA Belmont Newsagent

GUMDALE

Gumdale Newsagent

#### TINGALPA

Tingalpa Newsagent Fielders

HEMMANT

Queensport Hotel

MANLY

Manly Village Shopping Centre

Manly Hotel Tide Bar

MANI Y WEST

Wynnum Leagues Club Manly West Newsagent Manly Bowls

WYNNUM

Perry's Fruit

Wynnum Plaza
Joan Pease's office
Peter Cumming's office
Ross Vasta's office
Waterloo Bay Leisure Centre
Majestic Cinemas Wynnum
Re/Max Advantage
Sash & Gable

### **ADVERTISEMENT SIZES**

Full Page Half Page Quarter Page Strip Ad Image Area Image Area Image Area Image Area

285mm deep x 255mm wide 128mm deep x 255mm wide 65mm deep x 255mm wide 40mm deep x 255 mm wide

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### **NOVEMBER BOOKINGS**

- · Community editorial 13th of October
- Advertising cut off 13th of October
- Distribution 27th of October (shopping centres) and the 1st of November into homes
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising 0421 786 302 sales@market2market.com.au

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### WHAT'S ON BY THE BAY

FROM DOT DASH EVENTS

The Bayside gets ready to rock its way into the busy season this month, with a variety of music, arts and cultural events for all ages.

### WHAT'S ON THIS OCTOBER

#### **FEATURED**

Rock The Bay | Iona College, 85 North Rd Lindum | Saturday 9
 Oct 1pm - 9.30pm | Tickets from \$109 | wynnumfringe.com

#### COMMUNITY

- Movies in the Park: Saturday 2 Oct, 6-8pm | Movie: Sing | Free to attend, family friendly | Little Bayside Park, Manly | 07 3348 3524 | manlyharbourvillage.com.au
- Manly Creative Markets: Every Sunday, 8am 2pm | Little Bayside Park, Manly | Free to attend, family friendly | 07 3348 3524 | manlyharbourvillage.com.au
- Jan Powers Farmers Markets: Saturday 2 and 16 Oct, 6am –
   12pm | Little Bayside Park, Manly | Free to attend, family friendly
   1 07 3348 3524 | manlyharbourvillage.com.au
- Wynnum Shire Clerks Cottage Market | Saturday 16 Oct 8am
   1pm | 241 Tingal Rd Wynnum | wynnumnow.com
- Workshop Hub: Weekly creative workshops | Royal Queensland Yacht Squadron | Bookings essential | 0487 224 021 | workshophub.com.au
- Brisbane Bayside Steam Railway Miniature Train Rides | 1st and 3rd Sunday of month 10am 4pm | Brisbane Bayside Railway Society, Wynnum West | Single ticket \$2.50 or six rides \$10 | info@brisbanebaysidesteamrailway.com.au

### BUSINESS

- Chapter Launch Day: BNI | Tuesday 5 Oct 7am 8.30am
   | Waterloo Bay Hotel, Wynnum | \$10 inc. barista beverage, bookings essential | eventbrite.com.au
- How To Use Marketing To Tell A Story: BWIB | Friday 15 Oct 12pm - 2pm | Wynnum Manly Leagues Club | From \$35 per person, bookings essential | info@baysidewomeninbusiness.org | eventbrite.com.au

#### **ARTS & CULTURE**

- The Drowsy Chaperone: A Musical Within a Comedy | 25 Sep 9 Oct | Star Theatre, Wynnum SHS, Peel St Manly | From \$30, booking essential | 3393 4321 | savoyards.com.au
- BMS Music Fest | Tues 12 Oct Thurs 28 Oct | Iona Performing Arts Centre, Wynnum West | Various sessions, bookings essential | trybooking.com
- Design Your Own Fabric Workshop | Thursday 28 Oct 10am –
   1pm | 105 Florence St Wynnum | Tickets from \$200, bookings essential | loopladesigns@gmail.com | loopla.com.au/events
- Micro Island Vibe | Friday 29 Saturday 30 Oct | Home Beach, Point Lookout Minjerrribah (North Stradbroke Island) | Tickets from \$65 | events.humantix.com/micro-island-vibe-2021/tickets
- Wynnum Car Meet: All Wheels A Go | Every Saturday from 5pm
   Wynnum Plaza, Wynnum Rd Wynnum West | 0412 302 669 | baysideclub.org.au

#### WELLNESS

- BCC Active Parks Sailing and Kayaking: Sails at Bayside

   I Saturday 9 Oct 9.15am 1.15pm (2 x 2hr sessions) I

   Breakwater Park, Waterloo Esplanade, Wynnum I Free, bookings essential I 07 3137 0000 I sails-at-bayside.com.au
- Strike Me Pink Foreshore Fun Walk | Thursday 14 Oct 9.30am
   2.30pm | Bayside Park, Manly | Suitable for seniors | Entry \$7
   1 07 3348 6306
- Manly Meditation Circle | Tuesdays 6.45pm 7.45pm |
   Branches Community Hub, 29 Fox St Wynnum | Entry by
   donation | meditationmanly@gmail.com
- Wynnum / Lota Parkrun: Weekly free 5km timed run | Every Saturday from 7am | parkrun.com.au
- Be Active & Healthy: FREE Zumba and Line dancing classes
   | Thursdays, Wynnum Community Centre | 07 3403 8888 |
   | eventbrite.com.au

 Walk & Talk: Every Sunday, 4 – 5pm | Bayside Park | Free to attend

#### **SOCIAL**

- Halloween Party ft. CHI CHI | Saturday 30 Oct from 6pm |
   Wynnum RSL Club | \$35 per person inc. two course dinner,
   bookings essential | 18+ | 07 3396 7333 | wynnumrsl.com.au/events
- Live Music: The Fat Duck | Every Sunday from 3pm | 07 3396 2765 | mrhibachiandfatduck.com.au
- Blue Bottle: Manly Harbour Village | Karaoke Thursdays
   7pm 11pm | Live music Friday-Sunday | 07 3161 3764 | bluebottlemanly.com.au
- Manly Hotel: Manly Harbour Village | Karaoke Thursdays 7pm 11pm | Live music Friday-Sunday | 07 3249 5999 | manlyhotel. com
- Sunday Sounds: Tide on the Jetty | Every Sunday 3pm 6pm | 07 3396 8962 | tideonthejetty.com.au
- Social Sailing: Royal Queensland Yacht Squadron | WAG Every Wednesday from 12pm | Thurs & Fri 3.30 pm 5.30 pm; Sat 9.30am 11.30 am | Ladies Sailing Saturdays 1pm 3pm | 07 3396 8666 | rqys.com.au

Dot Dash Events in a Bayside-based events and marketing consultancy helping businesses increase engagement via community events. Have an upcoming event you would like to feature? Email hello@dotdashevents.com.au or phone 0447 031 410.

### dot.dash-events

orchestrating events and marketing solutions



# Mother Duck Where Happiness Comes First

At Mother Duck Child Care, we start with happy. Our child care centres in Wynnum & Manly offer rich and rewarding work environments for the most passionate early childhood educators. Delivering the best in play-based learning programs, our happy educators inspire happy children. Contact one of our experienced management team to take a tour of our centres.

Limited Vacancies Available



Mother Duck Manly | 59 Manly Road, Manly | 3393 3544 | manly@motherduck.com.au Mother Duck Wynnum | 405 Tingal Road, Wynnum | 3348 5352 | wynnum@motherduck.com.au

### HOW TO TELL IF YOU HAVE 3 PHASE POWER

FROM GOODHEW ELECTRICAL & SOLAR

When you first start enquiring about getting a solar install done in Brisbane one of the first questions you will commonly get asked is, "do you have single phase or 3 phase power?".

The reason this is such a crucial piece of information is because this drastically affects the options that you have in regards to your solar installation. There are multiple ways to determine what sort of supply you have connected to your property. Here we are going to talk you through the three simplest way to identify if you have single phase or 3 phase power.

### **OPTION 1**

Visual check on the main switch at your switchboard. Is the main switch on your switchboard a single or three pole?

If you have any circuit breakers like the example pictured on the right here, with all three switches connected together, then this is a 3 phase switch, which means that you have 3 phase power connected.





#### **OPTION 2**

If you have metering isolation links already installed at the property, then you can simply count the number of these to determine how many phases you currently have.

These may be located at a different switchboard to the one with all of your circuit breaks and may be located in the same location as your energy meters on the outside of your house (or if it is a townhouse/unit complex, these will be located on a common board).



Single phase
Only one isolation
link is installed
below the meter



3 phase
Three isolation
links are
installed below
meter

#### **OPTION 3**

It is actually written on your electricity meter if the install is single phase or 3 phase power. The old analogue meters with the spinning discs will have the actual words "single phase or three phase"

The digital meters will have:

1P for single phase or 3P for three phase

Single phase, 1P has been highlighted



Three phases, 3P has been highlighted



MASTER

Now that you know how to work out how many phases supply your property, give Goodhew Electrical & Solar a call to help you design the perfect solar solution for you.



### WE SERVICE & REPAIR ALL SOLAR SYSTEMS & OFFER ANNUAL MAINTENANCE PACKAGES

If you haven't thought about your solar panels since they've been installed — you're not alone! Once solar panels are installed they are often out of sight out of mind. Lets discuss the importance of solar maintenance.

It may not be until you notice a jump in your energy bills that you give your solar system much consideration. If there hasn't been a run of grey, gloomy, dark days and your energy output is continuing to decline — then your solar panels are likely in need of some well overdue maintenance!

### **RESIDENTIAL SOLAR**

Over the years we have learnt to only install the very best. LONGi Solar is a world leading manufacturer of highefficiency mono-crystalline solar cells and modules. The Company was established in 2000 and is today the largest supplier of mono-crystalline products in the world. Growatt ranks as the world's number 1 biggest seller of Residential solar inverters. Giving 10 years warranty on their inverters.



### **SOLAR HOT WATER PACKAGE**

Evacuated tube technology, when compared to more traditional at plate collectors, there are several advantages offered by evacuated tube collectors:

- Up to 163% more efficient in heat transfer as demonstrated in Australian conditions
- Greater durability; and yet, should a tube break, it can be replaced easily and yerv affordably
- Excellent performance in overcast conditions



#### **OFF-GRID**

With the technology available today for solar systems, battery inverters and chargers, anyone can produce their own electricity. You could have a fully off grid system which would mean you never have to rely on the utility network to generate power for your home.



### WANT TO SAVE MONEY ON YOUR ELECTRICITY BILLS?

For an obligation free home or business assessment call today and speak to our solar power specialists

### **TESLA POWERWALL 2**

Powerwall is a battery that stores energy, detects outages and automatically becomes your home's energy source when the grid goes down. Unlike generators, Powerwall keeps your lights on and phones charged without upkeep, fuel or noise. Pair with solar and recharge with sunlight to keep your appliances running for days. Powerwall reduces your reliance on the grid by storing your solar energy for use when the sun isn't shining.



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**Contractors Licence No: 78875** 

### **BICYCLETTE POWERS UP FEMALE SOCIAL CYCLING**

Hundreds of women of all ages and abilities will roll through the streets of Brisbane on Sunday 10 October at the inaugural Bicyclette bike ride, raising money for Rare Ovarian Cancer (ROC) Incorporated.

Supported by Health and Wellbeing Queensland (HWQld), the event is designed to power up participation of women and girls in social cycling, and will take the pack through the city across the Story and Gateway Bridges.

Founded by Emily Manchon, who is a cyclist, trail runner, busy mum and part of the team that delivered the Brisbane Ride for Life Challenge, Bicyclette is expected to become a popular event among seasoned cyclists, as well as those just getting into the sport.

"Cycling is a huge part of my life and it's one of the things so many people can do at any level," explained Emily.

"The format of this event provides new riders with a safe introduction into road cycling as well as being suited to those cyclists already taking to the road several times a week. With a police escort, support vehicles and cycling guides, each participant virtually gets their own closed road ride around Brisbane.

"This is the first women's only cycling event in Queensland, and females of all ages are invited to attend, on whatever bike they have available to them."

Entry costs \$99 - \$149 and includes a jersey, sponsor products, breakfast and a fully supported and police escorted ride. To learn more and register visit www.bicyclette.com.au.







Photos: Supplied.





### **BOATING SAFETY AWARENESS CAMPAIGN RAMPS UP**

CONTRIBUTED BY BRISBANE COAST GUARD

A recent series of incidents on the Bay has prompted Brisbane Water Police to arrange safety education campaigns at local boat ramps. These are supported by Maritime Safety Queensland and Coast Guard, and aim to prevent incidents on the water by talking to boaties about safety.

"This isn't an inspection of your boat," explained Brisbane Coast Guard crewman Michael Neumann. "Instead it's a chance for you to ask questions about the right equipment to have on board, the rules for different zones on the Bay, and the best weather conditions to be on the water."

Every two weeks, the team will visit a different boat ramp around the Bay. With a coffee van also on site, the events are an opportunity to get a coffee and talk to any of the water safety organisations.

"Even if it seems like a basic question, it could be the small thing that helps keep you alive on the water," Michael added. "One of the Coast Guard missions is to educate people about maritime safety."

The public can also talk to crew at the Brisbane Coast Guard station at Manly. The station is staffed from 6am to 6pm on weekends and public holidays, where you can return old flares and EPIRBs, and buy new flares and other safety equipment.



Police, Maritime Safety Queensland and Coast Guard chat to boaties about safety . Photo credit: Toni Dugdale, Brisbane Coast Guard.

### **WORLD RECORD CHALLENGE AT WYNNUM GOLF CLUB**

FROM WYNNUM GOLF CLUB

Wynnum Golf Club in Brisbane's stunning bayside will soon be known for more than being an 18-hole championship course in one of the best locations in the state. This November, the club will host the world record attempt by Brisbane businessman, philanthropist and Ronald McDonald House Charities South East Queensland (RMHC SEQ) supporter Mick McLoughlin to play 2001 golf holes in seven days (that's 286 holes or 16 rounds per day) and raise \$250,000 for the charity.

After Covid-19 brought the usual fundraising efforts of RMHC SEQ to a halt, Board member and huge supporter Mick McLoughlin was inspired to fill the coffers by pushing himself — and from November 21 to 27 this year at Wynnum Golf Club (WGC), this is exactly what he'll do.

After almost 12 months of training and preparation, he will take a tilt at the world record of playing the greatest number of golf holes in seven days (cart assisted).

"The Club Board and membership are delighted to support Mick and his team in this bold and entertaining event, and in support of such a worthy cause and charity," said WGC Club President Laurie Hoppner. "Good luck and good golfing Mick!"

For more information or to support Mick's World Record Challenge, visit micksgolfchallenge.org.au.



Photo: Supplied.





### Wynnum Golf

- members and locals
- golf course views
- patio & club seating
- a la carte menu

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Want to make a difference every day? Then come join our team!

We have part time positions available for our ever growing disability service - Branches Lifestyle Support, which will lead to full time for the right person. Experience not necessary as we provide all the training you will need in the role.

We are looking for someone who is an active person, with the right attitude and has the motivation to work in a team environment where supports are designed to be a bit more flexible and creative.

Please email any expression of interest with a cover letter, resume, and contact details to holly.smith@bls.org.au.

- · Car and drivers licence essential
- Job Type: Permanent part time
- Experience: NOT essential
- Branches Lifestyle Support



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- Great growth opportunities to progress within the firm
- Supportive modern management style
- · Close to train and bus routes



### **Wynnum Manly Leagues Cub**

Manly West

Wynnum Manly Leagues Club is looking for a Barista at the Manly West club.

Contact: 3906 7800 or email james@wmlc.com.au



#### Wynnum RSL

Wynnum RSL is a leading RSL Club and a first class provider of entertainment, gaming and dining. The club is located on south-eastern bayside of Brisbane right next to the Wynnum Central train station. With 100 state-ofthe art poker machines, three bars, a restaurant, coffee shop, tab and keno facilities, conference room and 300 seat function room, it is one of the larger bayside clubs. Working with a great team, the right people will require the following skills and attributes:

Mark Lillicrap: (07) 3106 5600 or wreception@dbl.com.au

#### **BISTRO & COFFEE SHOP REQUIRMENTS**

Berrima's Restaurant features full a la carte dining and a great coffee shop. Working within a team the right person must be energetic and have good attention to detail.

To be successful for this position you will need:

- A minimum of two years' experience in a similar role
- · Barista experience will be highly favourable
- Be able to work split shifts, weekends and nights.
- A great attitude, and the ability to work in a team
- Good communication skills
- · Immediate start preferred

If you would like to be considered for one of the above positions please email your current CV to: manager@ wynnumrsl.com.au. All applications will be treated in strict confidence and you will be contacted only if you have been short listed.

**IMPORTANT:** No commission only positions will be advertised. Market to Market reserves the right to refuse advertising at its discretion.





MARKET 2 MARKET 20 \$



**PHONE:** 07 3220 3061 or 0421 786 302 **EMAIL:** sales@market2market.com.au

WEB: www.market2market.com.au



#### **Bartons**

Located in Brisbane's Redlands, Bartons is a family-owned business that retail over 500 new and used vehicles per month.

Bartons offer a professional and fun atmosphere, established staff, supportive management, work life balance and an excellent reputation for selling quality vehicles.

- Used Car Sales Manager Wynnum
- Accessory Fitter and Pre-Delivery Technician
- Service Advisor Mitsubishi and Subaru Capalaba
- Service Advisor Hyundai and Nissan Capalaba
- Used Vehicle Sales Executive/Trainee Capalaba
- Qualified Technician/Mechanic
- New Vehicle Sales Professional/Trainee
- Brokerage Manager

If you are seeking a genuine long-term career within the Motor Industry and believe you have the skills, abilities, and positive attitude to become part of the Bartons' team, please send your resume to hr@bartons.net.au



### **Poolwerx Wynnum**

Poolwerx Wynnum is looking for a Retail/Accounts Manager to join our team on a full-time basis rotating Mon-Fri and Tues-Sat, although for the right candidate, we will consider someone who can work school hours and every second Saturday. Remuneration will be dependent on this and experience.

Duties will include:

- Assisting with management of service schedule and retail merchandising
- Supplier ordering, invoices and inventory control, deb collection and account management

The successful applicant must have:

- Skills and attitude to co-ordinate staff and give technical guidance while improving staff morale
- Strong customer service focus
- · Technical knowledge and skills (pool products and equipment)
- · Marketing and sales skills and experience
- Experience with sales profit margins and expense reduction management

To apply please drop your resume instore or email james.poma@poolwerx.com.au

We appreciate your interest and wish to advise you that only those candidates required for an interview will be contacted.



#### Ebb and Flow

We are looking for an experienced retail/merchandising STAR to join our busy little team here in #manlyharbourvillage.

Initially a casual role (8-16hrs per week) however, after a trial period a more permanent position will be offered. You will need to be flexible, including one weekend per month. These hours will increase during peak times and you MUST be available to work during our busy Christmas season. Email application to ebbflowboutique@icloud.com



### Blue Tongue Pantry Thorneside

#### Front of House/Baristas

Hospitality all-rounders needed for fun, community focused café/restaurant overlooking Waterloo Bay. Variety of casual shifts available 7 days a week.

Contact Hadleigh: bluetonguepantry@tea-cupcottage.com.au or 0427 664 480



### **Blue Tongue Pantry Thorneside**

#### Apprentice and Qualified Chefs

Exciting opportunity to join a community focused café/restaurant overlooking Waterloo Bay. Serving diverse menu options 7 days a week.

Contact Hadleigh: bluetonguepantry@tea-cupcottage.com.au or 0427 664 480



### **Marketing Coordinator**

Cleveland

Full time position to manage our marketing and communications, aiming to increase brand awareness, engagement, conversion and loyalty. Marketing & Communications degree preferred.

Contact: anneke@goodhewsolar.com.au



### Solar & Electrical Sales Consultant

Cleveland

A motivated and driven individual with a love of sales and a passion to deliver outstanding customer service. Full time, salary plus commission.

Contact: anneke@goodhewsolar.com.au

### **Domestic Electrician**

Cleveland

This role would be best suited to someone local wanting a permanent, long term & secure job.

Contact: anneke@goodhewsolar.com.au



#### **Jarrod Black Exercise Physiology**

Wynnum

Well established, thriving, exercise physiologist looking for an energetic, passionate AEP to help with an ever increasing client caseload. Contact: Jarrod on 0439744611 or info@jbep.net

### **LEMINE Pty Ltd**

### Lemine Pty Ltd

Birkdale

Air Conditioning Refrigeration Mechanic / 3rd or 4th Year Apprentice Trades assistant or qualified installer (2 positions).

Contact: 3207 1596 or aircon@lemine.com.au

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104 Preston Road, Manly West





SOLD

If you want to experience the best of the Queensland lifestyle, then this stunningly renovated/extended character residence is exactly what you've been searching for!

Situated approximately 900m from the glistening Esplanade and located in the Manly State School catchment zone, this home will not last long on the

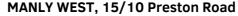
2 🗐 1+ 🛱 3 🛌

For Sale: Inspect: Contact:

Contact Agent By Appt or Open Home Travis Gill - 0407 124 733 Zoe O'Connor - 0422 804 419



**FOR SALE** 



INVESTORS TAKE NOTE!!

Privately nestled and tucked away in this well cared for complex of only 27 and located a stone's throw to Manly Station and Manly Harbour Village sits this fantastic lowset, low maintenance property awaiting your inspection.

Suitable for investors with a fantastic tenant in place, (currently paying \$320 per week) this investment provides an unrivalled return and growth potential in this ever-increasing Bayside



1 **-**For Sale:

1 🖨

Inspect: Contact: By Appt or Open Home Travis Gill - 0407 124 733 Zoe O'Connor - 0422 804 419

Offers from \$265,000



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### GET INVOLVED WITH WYNNUM MANLY EISTEDDFOD INC.

Wynnum Manly Eisteddfod Inc. will hold its annual general meeting on November 6 to elect a management committee, and to welcome new members and volunteers for its 2022 eisteddfod year.

The event has run annually for the last 50 years, and volunteers are needed to ensure this community-based eisteddfod will continue for another 50.

Committee members attend four general meetings (approximately one to one-and-a-half hours in duration) from January to April. They assist with the running of Dance, Music and Speech & Drama events in May.

To find out how you can get involved in this iconic annual eisteddfod, email volunteer@wmeisteddfod.com.au for further information.

The AGM will be held on November 6, 2021 at 2.00 pm at the Waterloo Bay Leisure Centre, 241 Tingal Road, Wynnum.









### The Wynnum Manly Leagues Club Ltd.

Board of Directors hereby give notice that nominations for the position of Director will open from Monday 18<sup>th</sup> October 2021 at 10.00am and will close Wednesday 27<sup>th</sup> October 2021 at 5.00pm

For further information and nomination forms please contact

Craig Thomas

Company Secretary
Ph 3906 7800





# **LOCAL TRADES** & SERVICES

Since The Community Leader's first issue, readers have asked for the inclusion of a local trades and services section.

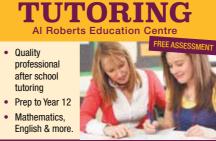
To kick things off, we'd like to thank the local businesses that have committed to advertising in this section. If you'd like to promote your trade or service, prices start from \$145 plus GST\* per month, which includes a feature in our print and online version of The Community Leader.













- . Dry store for boats to 10m
- Marine Trades and slipping
- · No joining or membership fees



### **DOWN TO EART CARPET CLEANING & PEST CONTROL**







- Carpet Cleaning
- **Upholstery Cleaning**
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### **PEST CONTROL SERVICES**

- · All general pest control and rodent control
- Termite Specialists
- Pre-purchases termite inspections
- Cockroaches, Spiders, Ants, Fleas
- Free Ant treatment with Internal & External
- . Free Roof Dusting Internal and External

### \*CONTACT US FOR MORE INFO

Call Rhonda on 0416 245 193 or email sales@market2market.com.au. Bookings are for a minimum of 6 issues paid monthly.

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### MANLY DRAGONS PROMOTE FUN AND FITNESS

BY PETER BROWN, PRESIDENT, MANLY DRAGON BOAT CLUB

Manly Dragon Boat Club (MDBC) recently held its season launch for the 2021/2022 season.

Major events for the season are:

State Championships Kawana March 2022
AusChamps – National Titles Adelaide April 2022
World Club Championships Sarasota, Florida July 2022

There are also a number of club and other regattas held during the course of the season.

MDBC is currently looking for new paddlers, particularly males.

The club holds 'Come and Try' sessions each fortnight on Saturday mornings where for \$20.00 potential paddlers can take part in three fully coached sessions to test the water before making a final decision as to whether this adrenaline pumping sport is for them.

MDBC is a friendly and family-oriented club which promotes fitness and camaraderie. All ages and levels of paddlers from social through to Australian representatives are catered for.

The club operates out of Wynnum Manly Yacht Club with training sessions currently on Saturday and Sunday mornings, with Thursday evenings to be added in October.



Photo: Supplied.

So, if you feel you would like to try this exciting and fast-growing sport, please visit the 'Come and Try' section of the club's website and register your interest at www.manlydragons.com.



After 'mind melding the team's production schedule, **Mel** rewards her taste buds with marvelous morsels from Manly's magnificent **Yahara Restaurant** 

**nichestudio.com.au**Great web stuff, made here near Manly (a.k.a Wynnum)





## CAMBRIDGE HAIR HAS MOVED TO A NEW LUXE LOCATION

Cambridge Hair Collective is the Bayside's go-to hair destination, voted Brisbane's best blonde salon.

(Book today and receive 20% off colour and cut services for all new clients)



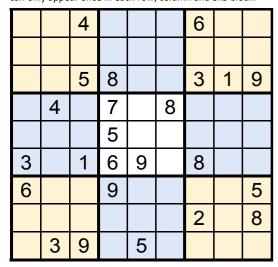
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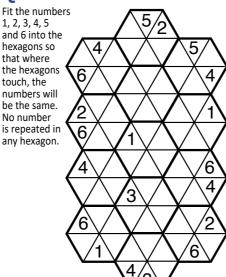


#### Sudoku

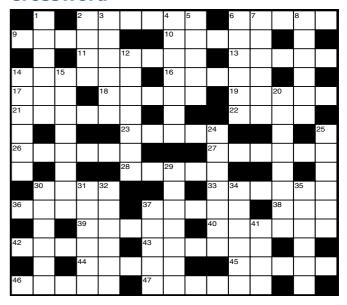
Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.



### **Quick Workout**



#### Crossword

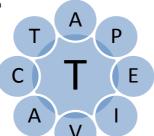


### **Focus**

An All Australian **Word Game** 

- \* Fach word must contain the centre 'Focus' letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words

TODAY'S Good: 9 words **FOCUS** Very good: 14 words Excellent: 26 words



Reference: Macquarie Concise Dictionary Focus No. 3848

#### **ACROSS**

- 2 Temporary stops
- **6** Corroded
- 9 Mechanical mover
- 10 Acting parts
- 11 Pay attention
- 13 Wall painting
- 14 Rest
- 16 Person under age
- 17 Greek letter
- 18 Relating to morals 19 Direct attention to
- 21 Agreement
- **22** Dry
- 23 Vegetables
- 26 Narcotic
- 27 Time of holding
- **28** Play 30 Nothing more
- 33 Pig-like animals with flexible shouts

- 36 Of the nose 37 Small arboreal mammal
- 38 Meshed fabric
- 39 Gem weight
- 40 Held principles
- 42 Undress
- 43 Principal ore of lead 44 Useful thing
- 45 Separated
- 46 Confuse
- 47 Amend DOWN
- 1 Heavenly bodies
- 2 Sport 3 Got up
- 4 Recluse
- 5 Of sound waves
- 6 Sucking fish
- 7 One demanding exorbitant rate of interest

- 8 Bartered 12 Established
- 14 Sanity 15 Amusements
- 20 Statuette
- 24 Written law
- 25 Banquets
- 29 Salt of acetic acid 30 Entangled in
- thick mass
- 31 Of race
- 32 Pass away
- 34 Fields of conflict
- 35 Laboratory vessel 37 Light beer
- 41 Back of the neck

### **Word Find**

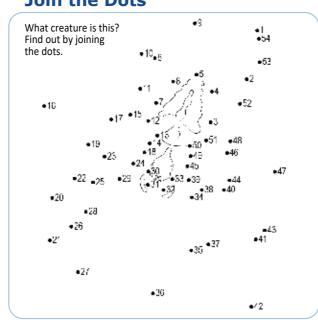


Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

.. ..

Arch	Find	Nation	When
Cast	Flow	Noisy	Word
Celt	Idle	Real	
Draw	Lad	Test	
Eye	Lays	Tone	

### Join the Dots



### **Solutions**

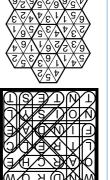
Puzzles and pagination supplied by Auspac Media

tape teat vacate vatic vitta bieta bita bitta tacet tacit tact civet epact evict pact pate peat

CAPTIVATE captive caveat cite activate active apatite attic







### **BRISBANE SENIORS ONLINE**

Brisbane Seniors On Line provides affordable one-on-one tuition for Seniors and over 50s in your own home using your own computer. We can help you learn how to send emails and photos, keep in touch using social media apps like Facebook, become more confident with your computer, tablet or smart phone, ensure your computer is secure and much more! VOLUNTEER MENTORS ALSO WELCOME TO JOIN.









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Supported by Cr Peter Cumming, Wynnum Manly Ward funding

### PANTHEA: A NEW NOVEL BY LUC WATSON

Local author Luc Watson gives us a rundown of his latest novel, Panthea, which is sure to intrigue sci-fi fans.

Humanity discovered long ago that they were not alone in the Milky Way. The Suvelian Unity, a spiritual order of aliens, calls this Galaxy home as well. The two Sentient Races have remained at odds with each other, and for many centuries have kept a respectful distance.

Until the year 2500, when the Arden prison ship comes under attack from an unknown enemy, leaving no survivors save for one of its prisoners: Mike Labine. After escaping to a nearby planet, he discovers the Suvelian Unity are claiming this new world as Panthea, their home, to replace the one they lost long ago. Ancient feuds between the two Races brings him swiftly into their custody.

But for all its seamless beauty, covering much of Panthea's atmosphere looms a giant storm that shouldn't be physically possible, and Lolanne, one of the Suvelians, comes to the conclusion that Mike is somehow connected to it, and decides she must take action and seek out its strange source, with Mike Labine reluctantly



tagging along. Will they learn to work together or let their ancestors' actions drive a wedge between man and alien?

The third Sentient Race has presented itself, and has set its sights on our Galaxy, starting with the new Suvelian homeworld. The fate of the Suvelian's and their planet will come to rest on the shoulders of Mike Labine, who, although haunted by his dark past, may find his redemption in the hands of those who are not even human.

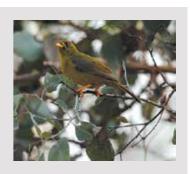
Panthea is available from Amazon, in paperback and Kindle versions: https://www.amazon. com.au/Panthea-Luc-Watson-ebook/dp/ B08YJWC6BG



### **LOCAL POETRY** BELL BIRDS

BY GEOFF SMILEY

"And softer than slumber, and sweeter than singing, The notes of the bell birds are running and ringing." Henry Kendall



The poet Henry Kendall, lovingly recalled, the ringing of the bell birds, they kept him so enthralled.

Though Inspector of State Forests, he did not understand. the singing of the bell birds, erodes silence all around.

Other creatures cannot drown the constant shrilling. Walls of sound relentless through the forest filling.

The bell bird ultimately destroys. through large and noisy numbers. Their song excludes those birds, who protect the precious trees.

Bell birds are really bullying in nature, not the gentle birds their song suggests. Trees are destroyed by the pests which the bell bird nurtures for their sweet secretions. Pest predator birds are deterred by the bell bird's constant noise.

















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### PROBUS WELCOMES HISTORIC GUEST SPEAKER

BY DAVID MACKIE, WATERLOO BAY PROBUS CLUB

Local historian Myrtle Beitz is the next guest speaker at the Waterloo Bay Probus Club. Myrtle is a foundation member of the Wynnum Historical Society and regularly publishes insights on Facebook on matters of historical interest to the Wynnum community.

The Merv Beitz Historical Room at the Wynnum Library houses a collection of historical photos and is open to all who have an interest in what has come before us.

It was the famous author Mark Twain who said, "history does not repeat itself but it does rhyme" and the truth of that can be seen in the photo of Wynnum waterfront in the 1930s, where people can be seen relaxing and enjoying themselves just as we do today.

Things may change but people stay the same.

The Waterloo Bay Probus Club meets on the fourth Thursday of the month. Prospective members may contact Secretary lan at lan.probus@gmail.com.



Photo: Supplied.

### SHIRE CLERK'S ANNUAL SPRING FAIR AND MINI EKKA

Waterloo Bay Leisure Centre Shire Clerk's Cottage Annual Spring Fair and Mini Ekka (postponed from August due to COVID lockdowns) will be held on Saturday 16th October, 2021 from 8am to 1pm at 241 Tingal Road, Wynnum.

The market will host a Mini Ekka, featuring special entertainment for children including a petting zoo, pony rides, face painting, fairy floss, and 100-plus free showbags to give away to children under 12-years-of-age. Thank you to Boomerang Bags (members of the Centre) for generously donating 50 handmade bags to fill, and Ross Vasta, Joan Pease and Peter Cumming for their generous donations.

The market showcases local talented artists and craftspeople. It's your opportunity to buy

an original painting for yourself or as a special gift, or beautiful handicrafts including jewellery, clothing, knitted goods, home baked goods, plants and much more.

There will be over 80 amazing market stalls both inside the auditorium and outside in the grounds of the cottage. It's not too early to find that special, unique Christmas gift. Enjoy a delicious Devonshire Tea on the cottage verandah. Fresh scones are baked on site on market day. The cottage is also open for viewing on market day.

### **OCTOBER CONCERTS**

Concerts are held in the auditorium of the Waterloo Bay Leisure Centre. Doors open at 9.30am. The cost is \$8 for the concert and morning tea, plus an additional \$10 for a two-

course hot lunch served by volunteers at the conclusion of the concert.

Please phone 3396 9488 to make a booking (bookings are essential).

12th October – Entertainment by Dennis Boland

19th October – With entertainer Terry Scott

26th October - Entertainment by John Corneilus

### **CAKE DECORATORS' DISPLAY**

The Qld Cake Decorators' Association Bayside Branch have a number of exquisitely decorated cakes (showpieces from the Brisbane Exhibition) on display at the Waterloo Bay Leisure Centre. Visitors are welcome to come along and view the display during October.





### **CAREGIVERS NEEDED**

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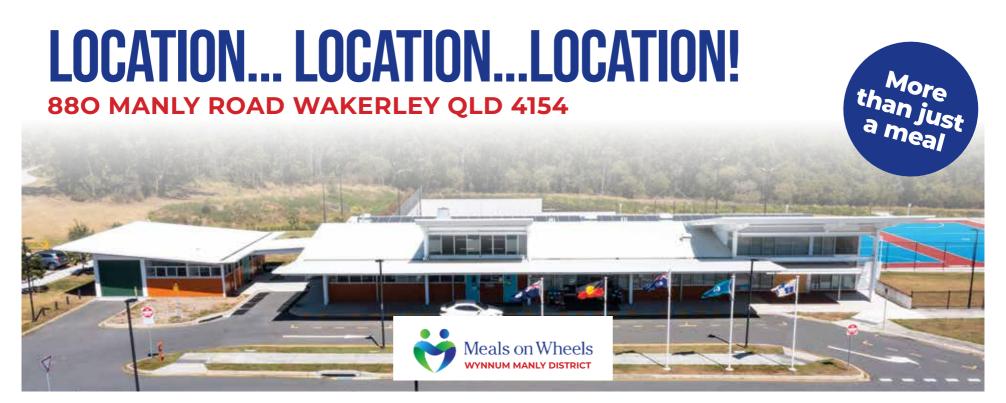
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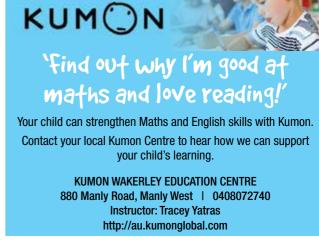
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### **VOLUNTEERS WANTED! & WELCOMED!!**



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### **BAYSIDE DANCE LAUNCHES TALENT DEVELOPMENT PROGRAM**

Joining a performance team is a fantastic opportunity to further engage in dance training and gain extra experience on stage. In 2022 Bayside Dance will offer three different performance team opportunities, each designed to suit dancers with different needs and aspirations. They will be offering Mini Troupe (for dancers aged 4 to 6 years), Performance Troupes (for dancers aged 7 and above) and a brand new initiative — the Talent Development Program.

The Talent Development Program is designed for dancers seeking an exceptional dance experience, with additional coaching, multiple performance opportunities and a high calibre of technical tuition. Drawing from the latest academic research in talent development in dance, this program is designed for dancers who are seeking specialised training in order to propel them towards future full-time dance training and a professional dance career.

The package combines group classes in the dancer's chosen specialty, private tuition with highly accomplished teachers, strength and conditioning classes, as well as team rehearsals.

The beauty of this part-time training package is that it allows for dancers to deepen their technical and artistic skills, while balancing their school work and other commitments.

Bayside Dance offers a range of dance classes and creative experiences in the Wynnum/Manly area. The school encourages a widespread love of dance, welcoming children and adults who can't help but feel the rhythm! Established in 2014, Bayside Dance aims to create a positive, welcoming environment which is encouraging for all.



Photo: Supplied

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### CHRISTMAS GIVING WITH ART + SOUL AT BLUE TONGUE

CONTRIBUTED BY BLUE TONGUE ADVENTURE

The creative crew behind Blue Tongue Adventure's disability support programs have started ramping up preparations for Christmas to stock the shelves at Blue Tongue Collectables with unique and heartfelt gifts.

The luxurious bath and body products, ceramics and candles are the result of various Blue Tongue Adventure programs which run in the studio space behind the Collectables shop. These programs provide a chance for participants to learn new skills and let their creativity flow.

Through the Industries Program, participants get hands-on in the production process by making and packaging a bath and body range including aromatherapy bath salts, whipped scrubs, lotions, moisturisers and scented soap bars. Their scented soy candles are also a huge hit with shoppers.

In the Art + Soul program participants have been enjoying ceramics workshops, hand-painting bisqueware pieces ranging from unique platters



to delicate trinket dishes. They've also crafted some handmade clay pinch pots with rustic glaze effects. Each one is unique and sure to make a statement on display in any home.

Blue Tongue Adventure's director Alex Shaw said this will be just the second Christmas season for the Blue Tongue Collectables shop.

"We had such a great response from the local community to the crew's products last year, and I know they'll be delighted to see how popular their creations are again this year," she said.

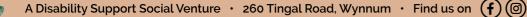
More stock will be added to the shelves in the lead-up to Christmas, so be sure to visit the shop on 260 Tingal Road, Wynnum.



Photos: Supplied.

blue tongue collectables

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### LOTA STUDENTS ADD NEW TREES TO SCHOOL ORCHARD

FROM LOTA STATE SCHOOL

Lota State School students recently celebrated National Tree Day by planting new trees in the school's orchard. Four fruit trees - a lime, orange, lemon and olive tree - were generously donated to the school by Downtown Toyota.

Eleanor from Downtown Toyota spoke on parade about the importance of trees for our planet. She was very impressed with the poster that students from Environmental Club made showing the relationship between the earth's elements (Light, Water, Soil, Fire and Air) and trees. The environmental club students involved with this project then planted the new trees in the orchard.







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### FISHING IS ABOUT MORE THAN JUST A GOOD FEED!

Water Tower Bait and Tackle

BY SPERO KARTANOS

This month I thought I would share some great shots from the photos I have been sent over time of young ones fishing in the bay. Personally, this is my favourite part of doing reports on where the fish are biting, because the end result is seeing the smiles and the joy these photos bring, not only to the kids, but also to their families.

I know I always think back to the photo I have of me fishing with my Dad and Grandad, picking up sea urchins in the old country, and I hope the children in these more recent photos will look back with a smile on their faces one day, remembering when they started to fish.

I hope you enjoy these photos as much as I do!

On the fishing front, there are plenty of school mackerel in the western side of the bay. Whiting are plentiful in the Rous and Small Boat Channel, and there's arrow squid and cuttlefish in the deeper water on the western side of the bay. Reef fish are in good numbers in the artificial reefs and close in near the island drop-offs, and as reported last month, the whales are in the bay just east of Green Island, so keep an eye out.







Haines hunter V146 cabin 70hp Yamaha









Photos courtesy of Spero Kartanos.

Haines hunter 530 classic 115hp Yamaha



Ally craft 475m Yamaha 60hp 4stroke

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## **CEOS ROLL UP THEIR SLEEVES FOR TRACTION**

Twenty-eight CEOs and business leaders from across Brisbane swapped the boardroom for the workshop to help young people involved with local charity TRACTION assemble new bicycles as part of the TRACTION CEO Bike Build event during September.

The event raised over \$110,000 for TRACTION programs, which engage young people in 'hands on' learning programs aimed at building their resilience, leadership and teamwork skills, and keeping them in school.

During the half-day session, TRACTION participants led the role of building a bike, guiding their CEO partner to get the job done. The participants worked from the Port of Brisbane's Multi-User Terminal before testing out their new bikes on a temporary track set up in the car park.

Funds raised on the day will help enable more than 50 young people to access TRACTION programs.

You can find out more about the work TRACTION does to support the local community via its website at https://traction.community/.





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## SEAGULLS FIND FORM FOR FINALS CHARGE

FROM THE BMD WYNNUM MANLY SEAGULLS

An impressive start to the Intrust Super Cup finals series has seen the BMD Wynnum Manly Seagulls advance to the preliminary finals. Their next match will be held on Sunday October 3 at Suncorp Stadium, as a curtain raiser to the NRL Grand Final!

A passionate home crowd urged the Gulls to victory against the Burleigh Bears in Week 1 of the Finals series. In a thrilling contest, the Seagulls took home a 22-14 win thanks to a game breaking try to Selwyn Cobbo. Cobbo recently extended a full time contract with the Brisbane Broncos after making his NRL debut this season.

Plenty of other Seagulls had impressive games in Week 1, in what was one of the team's best games in recent weeks. The Intrust Super Cup squad is rounding into form at the perfect time, looking to secure a spot in the grand final to be held at Redcliffe on October 10.

The McDonald's Seagulls Academy Colts also kicked off their finals campaign at home at BMD Kougari Oval. After finishing their season on top of the ladder, the Seagulls secured the Minor Premiership in the Hastings Deering Colts competition. It was a tough contest for the Colts on Sunday afternoon, going down to the Sunshine Coast Falcons. The Colts live to fight another day and will move on to Week 2 of the finals series.

There's still plenty of footy to come in the bayside, with junior footy finals and TRL all through the Summer. Stay tuned for more information about those finals. The club would like to thank fans and members for their support of our home games this season and looks forward to welcoming the community back again in early 2022.





Selwyn Cobbo celebrates a game winning try in front of the Chook Pen.



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## WHAT'S NEW AT THE MOVIES

FROM MAJESTIC CINEMAS, WYNNUM



#### International Series - We'll End Up Together (M) October 7th

Handsomely mounted and music-fuelled,  $We'll\ End\ Up\ Together$  — the second highest-grossing French film of 2019 — is a story of long-term bonds and the joy of friendship, but also of suppressed emotions, personal and professional resentments, and the many ways having children can both fracture and cement social circles.



#### The Last Duel (CTC) October 21st

The Last Duel is a cinematic and thought-provoking drama set in the midst of the Hundred Years War that explores the ubiquitous power of men, the frailty of justice and the strength and courage of one woman willing to stand alone in the service of truth. Based on actual events, the film unravels long-held assumptions about France's last sanctioned duel between Jean de Carrouges and Jacques Le Gris, two friends turned bitter rivals.



#### Exhibition on Screen: Lucian Freud - A Self Portrait (CTC) October 14th

Exploring one of the most highly original and popular artists of recent years — the grandson of Sigmund Freud — who was a key figure in London's radical post-war art scene.

For the first time in history the Royal Academy of Arts in London, in collaboration with the Museum of Fine Arts in Boston, is bringing together Lucian Freud's self-portraits. The exhibition will display more than 50 paintings, prints and drawings in which this modern master of British art turned his unflinching eye firmly on himself.

This intensely compelling exhibition creates a unique opportunity for *Exhibition on Screen* to reveal the life's work of a master in one show. A must-see for anyone interested in 20th-century and 21st-century art.



### The Rocky Horror Picture Show (M) Halloween Screening – Saturday 30th October @ 6.30pm

In this cult classic, sweethearts Brad (Barry Bostwick) and Janet (Susan Sarandon), stuck with a flat tire during a storm, discover the eerie mansion of Dr. Frank-N-Furter (Tim Curry), a transvestite scientist. As their innocence is lost, Brad and Janet meet a houseful of wild characters, including a rocking biker (Meat Loaf) and a creepy butler (Richard O'Brien). Through elaborate dances and rock songs, Frank-N-Furter unveils his latest creation: a muscular man named "Rocky."



### MARKET 2 MARKET

## **CONNECTING OUR COMMUNITY**

### LOOK LOCALLY • www.thecommunityleader.com.au

Market to Market is committed to promoting local bayside businesses, community groups, clubs, events, and personalities, in print and online. We have recently invested in a website, which we hope will help connect you quickly and easily with true locals in the community.

If you're looking for a job, a club to join, a school or a real estate agent, log on to The Community Leader online, and look locally. Each month we'll be adding more links and content.

We're excited to bring you the best of our community in one convenient place.































The Community Leader

**PHONE:** 07 3220 3061 or 0421 786 302 **WEB:** www.thecommunityleader.com.au **EMAIL:** sales@market2market.com.au



Name: Jonathon JJ Cowley.

Suburb: I live in Manly West, work in Wynnum West, and I volunteer in Manly and Wynnum.

What's your business? Rosies

- Friends on the Street (fulltime volunteer management role), Manly-Lota Scout Group (volunteer leader) and Wynnum Manly Community Bank, Branch of Bendigo Bank (volunteer on Board).

Do you have any fun/interesting stories about your job? As a manager of volunteers it always blows me away how rewarded volunteers tell me they feel when they realise they have made a difference to someone's life, and in my current role the person they have assisted was often unknown to the volunteer until they met through outreaching on the street.

#### What's your favourite local dine-in and take-away?

Dine-in: Wynnum Manly Leagues Club – a walk from home and the renovations are incredible. Take-away: The Tasty Pocket food truck is the flavour of the season in our house.

Best local activity? Scouting - taking young people out of their comfort zone and proving to themselves they can do more than expected and over time seeing them grow into wonderful individuals is awesome. Building an individual's character is an integral part of what communities should be aiming to achieve.

The last book you read? Volunteer Program Management: An Essential Guide. Learning how to empower people to empower people.

The last tv show or movie you watched? The Last Full Measure

(movie) - respect to all those who serve/d in the armed forces.

Is there anything you'd like to see happen in the local area? Business and community groups working together to improve the lives of those who live and visit our bayside. Space, facilities, equipment, food – there is so much more we can do with the resources we don't use all the time.

Is there a local business/community group/club you'd like to

give a shout-out to? All community groups deserve a 'shout out' as the more options we have available for people the more likely they are to seek assistance, or our kids have activities to keep them busy and develop their skills, or the more opportunities we have to provide assistance by volunteering a little bit of our time to improve the lives of others





Name: Lauren Micale.

Suburb: I live in Wakerley, and work in Manly.

What's your business? Bayside Admin – Virtual Assistance/Bookkeeping/NDIS Plan Management.

Do you have any fun/interesting stories about your **job?** Our new Sage Room – we are fab together – as independent business owners working and supporting each other to grow and live our best. I love working in

Manly Harbour Village and getting to meet all the local business communities.

What's your favourite local dine-in and take-away?

Dine-in - Tide on the Jetty.

Take-away – I can't go past Bay Blends' dumplings in Wynnum...yum!

Best local activity? Open Mic Night at Cedar & Pine.

The last book you read? The Dry by Jane Harper.

The last tv show or movie you watched? Beauty and the Geek - yes I know, but it is so good.

Is there anything you'd like to see happen in the local area? We live in a fabulous area - I love it all. It would be good to see the Brisbane bayside lifestyle extend to more local suburbs so we are inclusive and play a part in the sustainable development of our area.

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**FINANCE AVAILABLE** 

## PROFILE: VISITOR INFORMATION CENTRE VOLUNTEERS

"Why not volunteer with this view?" That's the chorus from the group assembled in the William Gunn Jetty building overlooking Manly Boat Harbour – the location of the Visitor Information Centre.

A group of nine volunteers, along with Manager Rebecca Keim, are the everyday ambassadors for Wynnum Manly, promoting the beauty of Moreton Bay to those from near and far.

The Visitor Information Centre was established as an employment training project in the early 1990s, originally located in Cambridge Parade where Bare Naked Bowls is now. It moved to its present site alongside Tide on the Jetty seven years ago, and is managed by Manly Harbour Village Chamber of Commerce.

Volunteers are always learning about marine life and the new businesses springing up in the community. "I've leant that dugongs and bull sharks have been sighted in the harbour," says one volunteer, and "that you can go paddle boarding around the harbour," says another.

Unusual requests include how to scatter ashes over the bay and working out a full itinerary with transport options for a visitor who wanted to fill his weekend with sporting fixtures.

"We have locals who come in and have lived here for 20 years who are learning about St Helena and the other Bay Islands," says one volunteer. Other locals pop in to plan their Queensland trip, taking advantage of the range of brochures and maps featuring locations across the state. The fantastic range of gift items, souvenirs and books is another drawcard.

Manager Rebecca oversees the running of the centre and its team of volunteers.

"We are a fully accredited Visitor Information Centre," says Rebecca, who says the centre is required to be open from 9am to 3pm each day. This can be a challenge with a small team of volunteers, so Rebecca is always looking for new recruits.



Inside the Discovery Centre: Lyn, Rebecca, Helen, Gay, Lysette, Ann, and Robyn. Photo: Supplied.

"They need to be a people-person with a passion to learn about the area, and be able to commit long-term for two shifts a week either morning, afternoon or day."

Rebecca encourages all those who have time or an interest to apply. A recent volunteer is 16-year-old Roberto, who took the opportunity to hone his skills in customer service and show future employers a commitment through volunteering.

Contact Rebecca at manager.info@manlyharbourvillage.com if you're interested in volunteering at the centre.

## WYNNUM MANLY QUOTA UPDATE

BY YVONNE SPANNER

The Quota Club of Wynnum Manly held a fashion parade in June and musical bingo in July. The funds raised at the musical bingo event enabled us to donate \$930 to Drought Angels.

The fashion parade money will be distributed at our next changeover. We gave to the following organisations this year: S.A.I.L.S., Rosies, Mission to Seafarers, Scripture Union (School Chaplains at Bayside College and Wynnum State High), Orange Sky Laundry, Mission Possible, Stella Maris, DeBRa (Cotton wool babies), Carers Foundation Australia, and Head and Neck Cancer Australia.

Sadly, we had to postpone our annual auction until October 30. The money raised from the auction will go to the Hear & Say Centre for deaf and hard-of-hearing children.

By the time this goes to print we will have had a trivia night (Covid permitting), and then on October 22, we will hold our designer wear fashion parade.

For more information about the Quota Club of Wynnum Manly, contact Beryl Vayro (president) via email: gjbbvayro@optusnet.com.au.



## **VETERANS' HEALTH WEEK EXPO AT WYNNUM RSL**

CONTRIBUTED BY WYNNUM RSL

This year the Wynnum RSL Club, in partnership with the Department of Veterans Affairs, will be hosting an Expo on Saturday 16th October for Veterans' Health Week.

This Expo aims to connect Service Members with the support and facts needed to make more informed decisions about their health and wellbeing. This free event is open to all ex-servicemen and women and their families. We encourage you to attend as the past year-and-a-half has been difficult on everyone's health, and this is a wonderful opportunity to create a better lifestyle, plus get to know other service members around the area over a cup of coffee and morning tea.

During this pandemic we have all been a witness to the toll COVID-19 has had on our mental wellbeing. The correlation between mental and physical health is paramount and one is often reflective of the other. We encourage all to choose mindfulness and listen to your body; reaching out is the first step on achieving a better lifestyle. Sometimes all it takes is a friendly chat to get started.

Support staff from some of our local health practices, community groups and clubs will be looking forward to meeting members and discussing services they can assist with. Representatives from QLD RSL and from Everyman's Welfare Service will also be in attendance to provide information on veteran services available.

#### **EXPO DETAILS**

Date: Saturday 16th October

Location: The Pandanus Room, Wynnum RSL Club, 174 Tingal Road, Wynnum, 07 3396 7333

Event to begin: 10.30am

Event to conclude: 12.30pm



Jim Steele and Laura Aspinall. Photo: Supplied.





## PARKRUN IS SEEKING LOCAL VOLUNTEERS

BY ALLANA BIANCHI. PARKRUN AMBASSADOR

Every Saturday morning at 7am at the Wynnum wading pool, a number of people run, walk or jog 5km for parkrun. The event can only occur with the help of generous volunteers, and there are over 20 volunteer roles available every week. All volunteer roles are outdoors surrounded by people of all ages and abilities, and there is always lots of laughter shared.

Why not kick-off your weekend in a positive way by volunteering at parkrun where you can be outdoors meeting people, joining a supportive group, using your skills and developing new skills? Around one hour of time is all that is required.

If you would like to lend a hand, register for free at parkrun. com.au/register, and let us know your availability by emailing wynnum@parkrun.com or message us on Facebook at www. facebook.com/wynnumparkrun. We look forward to welcoming you and having you as part of the team.



Photos: Supplied.

# ALL ABOUT PARKRUN

**WHAT IS PARKRUN?** It's about people, not running! Parkrun is a free, social community event where everyone is invited to get involved as volunteers, walkers and runners.

**HOW MUCH DOES PARKRUN COST?**Nothing! Parkrun is free.

#### WHO VOLUNTEERS AT PARKRUN?

Anyone and everyone! 120,000 different people in Australia have helped out at their local parkrun since 2011.

**WHERE IS PARKRUN?** Wynnum parkrun takes place at the Wynnum Manly Foreshore.

**WHEN IS PARKRUN?** Every Saturday at 7am throughout the year.

WHY GO TO PARKRUN? At parkrun you can meet people, make friends, join a supportive group, use your skills, develop new skills, spend time outside, kick off your weekend in a positive way and be part of your community.

**WHO ORGANISES PARKRUN?** The local community. Anybody can help out in a wide variety of roles every week.

#### **HOW DO I VOLUNTEER WITH PARKRUN?**

Register online for free at www.parkrun.com. au/register before you go to parkrun the first time. You do not need to register again.

Contact us at wynnum@parkrun.com, send us a message through Facebook (www. facebook.com/wynnumparkrun) or just come along any Saturday morning.

# Poolwerx for healthy pool people

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- Pool safety inspections
- Equipment repairs and installations
- Pool equipment and toys
- + Much more

## YOU'RE NEVER TO OLD TO LEARN NEW TECHNOLOGIES

FROM WROCCS

Are you a Holden or a Ford person? This was a bone of contention last century. In this 21st century the question is, "are you an Apple or an Android person?". If you are still confused as to what your phone, tablet or computer is, or you're tired of asking your grandchildren for help, WROCCS — the Wynnum Region Organised Computing Club for Seniors — is the club for you.

Friendly monthly meetings are held on the second Tuesday of each month at the Wynnum Community Centre, Florence St, Wynnum, Room 2.10, commencing 10.30am.

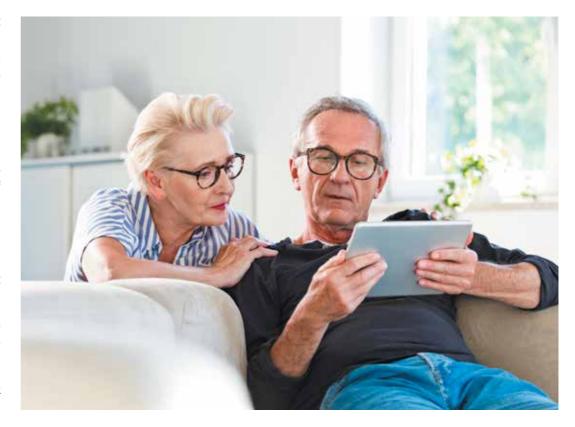
Monthly guest speakers cover a wide range of subjects of interest to seniors, October's being the Senior Librarian of the Wynnum BCC Library covering the wonderful world of e-books.

A newsletter is available at the members' meetings covering all topics, dates, times and fees, plus other interesting information.

In addition, during the meeting full information is provided on topics available for tuition at the club's base in Sunflower Street for the following four weeks.

Our volunteer coaches are available to discuss your needs and bookings can be made then. Classes consist of two-hour sessions over two, three or four weeks depending on the subject. One-on-one sessions are also offered with a coach and just yourself for one hour.

Please call 0411 806 154 if you require more information. We, the friendly club, look forward to seeing you on 12th October.



# NEED FAMILY LAW HELP? GET THE RIGHT ADVICE, RIGHT WHEN YOU NEED IT

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## SPRING HAS SPRUNG - TIME FOR A SPRING CLEAN?

FROM DENTAL ON CAMBRIDGE

With the warmer weather starting to sneak up on us, we're often left feeling like we need to 'get things in order' – decluttering the wardrobe, spring cleaning the kitchen cupboards – so why not add booking your routine examination and clean with your dentist to the list?

Now is a great time to book ahead to ensure there's adequate time for an appointment before the Christmas rush.

Many health funds roll over at the end of the calendar year, and we often have patients who leave their examinations and cleans until later in the year, only to find they require further treatment. Sometimes, this can mean they're unable to find suitable appointment times to fit their busy end-of-year schedules, which means they don't have time to complete their treatment to take advantage of their health fund's benefits. Don't leave your booking to the last minute, book ahead now — the end of the year will be here before we know it!

Did you know that the best time to undertake teeth whitening is after a clean and check of the health of your teeth? If you've ever considered whitening but aren't sure if it can work for you, ask our dentists at your next appointment. They will go through the treatment with you and let you know if your teeth are suitable — great timing for a bright white smile for the celebratory season ahead!

As always, if you're looking for a local professional and knowledgeable team to look after your oral healthcare needs, why not give our team at Dental on Cambridge a try? Book online via our website www.dentaloncambridge.com or call our wonderful team on 3348 6661.





## DO YOU WANT GORGEOUS, LUSCIOUS LASHES?

FROM BEAUTY ON BELMONT

Beauty on Belmont's experienced technicians can transform your eyelashes with beautiful lash extensions that are comfortable and long-lasting.

The team at Beauty on Belmont love OLashes, because they're like dry shampoo – always there for you when you're too tired to get ready!

And when it comes to choosing the right style of lashes for you, there are plenty of options ranging from subtle, natural looking extensions to glamourous glossy versions.

There really is something for everyone, with classics, hybrids, volumes, and also mega volumes to choose from, expertly applied by Beauty on Belmont's friendly team members.

Here are some easy tips for making your lash extensions last longer:

- Don't pull or tug them out
- Avoid mascara or eyelash curlers
- Don't sleep on your face
- Keep them clean we recommend using a lash shampoo

If you simply implement these four easy tips, you'll extend the life of your lash extensions.

Beauty on Belmont's team would love to treat you to a spring makeover and an amazing set of lashes.

















#### HAIR SERVICES

Ladies style cuts
Pensioner ladies cuts
Men's cuts
Children's and teens cuts
Blow dry, straightening, curling
Upstyles
Balayage

Foiling
Bleach
Colour
Beard colouring
Hair extensions
Ear piercings

#### BEAUTY SERVICES

Lash Extensions
Lash Lifts
Brow Lamination
Chin Waxing
Lip Waxing
Brow Waxing
Arm and Leg Waxing
Eyelash Tinting

Brow Tinting
Teeth Whitening
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- 8" Multimedia Touchscreen Displa

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88 drive

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#### T&C's Apply

Bartons Shiploads Offer ends October 31st at 5pm, vehicle must be delivered or paid for by the 31st october to qualify for this offer, All Hyundai vehicles purchased by October 31st, 2021, are eligible for the free 55" 4K LED Screen Smart TV. To receive the free TV, vehicle purchased must be taken delivery of by October 31st, 2021, Buyer must present this advert for redemption, TV to be supplied upon full payment of vehicle purchased, Offer is only valid on available vehicles in stock at time of publication that are sold and delivered before 30 September 2021. Private and retail customers only, Excludes fleet and government buyers. This offer cannot be used in conjunction with any other offer. Excludes metallic paint. Colours of vehicles may

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BARBER & HAIR

