



# Community Leader

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**LOCALLY OWNED & LOCALLY MADE**
SCAN AND  
SUBSCRIBE

Get your bells ready to jingle, grab your Santa hat and harness your Christmas cheer – festive season is here! Manly Village retailers L-R: Armando Vitale, Haidee Jackson, Latisha Andrews, David Farley, Ebony Starr, Julianne Starr and Tammy Vitale.

## CHRISTMAS IS COOL IN BRISBANE'S BAYSIDE

There's a jolly kind of energy in the village, in anticipation of a celebration of all things festive.

Tinsel trims glisten in shop fronts while Rotary Santas keep a merry watch from the rooftops.

December is a time to take stock, and consider the year that's hurtled by, the lessons learned and achievements earned.

Many of us have a packed social calendar in the lead up to Christmas, so we're lucky to have easy access to a fabulous selection of stores

in our neighbourhood, which makes shopping locally a pure joy.

In Manly village, step inside Flowers on Cambridge and take a deep breath – it's a total delight for the senses.

Ebb & Flow is an emporium overflowing with gorgeous gifts; this small store packs a serious punch! For unique one-off gifts, Manly Harbour Gallery's got the goods.

Have a chat to Gary at The Local Butcher, he's got all the inside tips for preparing perfect Christmas fare.

Take a break mid-shop for lunch at The Arsonist or Sea Vibes, grab brunch at Manly Kitchen or a cold pint at the Celtic Corner.

Gift a smile to a stranger, make a donation to a local charity, or volunteer your time.

And while Christmas is a welcome economic boost for our community, it's also about spreading good cheer, which costs nothing, and after all, that's what the spirit of Christmas is all about.





# JINGLE YOUR BELLS: CHRISTMAS CAROLS ARE BACK!

Pack a picnic, bring a chair or a rug, and get ready to groove along to your favourite Christmas carols on Saturday December 18 at Manly's George Clayton Park.

Brisbane Bayside Carols is a family-friendly event, with music provided by the talented musicians from the Queensland Services Heritage Band Association. The event will feature free pre-Christmas carols entertainment and activities, including jumping castles and face painting.

For those who don't want to self-cater with a picnic, food trucks will be in the park to tempt concert goers with a variety of mouth-watering food options.

Paul Jones, from the Queensland Services Heritage Band Association, said the event will start at 4pm with a variety of pre-carols entertainment.

"Last year's event was cancelled due to COVID restrictions, so it's especially pleasing to be able to hold the event this year," said Paul.

"It's just a great community event for families to celebrate Christmas in such a great place on the bayside."

Brisbane Bayside Carols is made possible thanks to sponsorship from Joan Pease MP for Lytton, Cr Peter Cumming for Wynnum Manly Ward, the Wynnum Manly Leagues Club and Australian Concert Productions.

For more information visit: [www.facebook.com/BrisbaneBaysideCarols/](http://www.facebook.com/BrisbaneBaysideCarols/)

Paul says the band is always on the lookout for new members, so whether you're a beginner musician or an experienced player, contact Paul on 0418 740 919 for more information about how you can get involved.







# ARE YOU ALONE? THERE'S ROOM AT ROSIES THIS CHRISTMAS

FROM ROSIES

As we set our sights on Christmas and end of year festivities, it can be easy to get caught up in the hustle and bustle of searching for the "perfect" gift, afternoons out with friends or workmates, and trimming the Christmas tree.

It can be easy to forget the message and meaning of the festive season – gathering together with family and friends, being present for one another, and giving of ourselves and our time freely.

Many of the people in our local community struggle at Christmas, having no place to go or being separated from loved ones. If you're feeling alone this Christmas there is always room at Rosies.

Our outreaches operate somewhere across the state every single night of the year including Christmas. Our volunteers strive to provide a safe and inclusive space for all those who are homeless, at risk of homelessness, socially isolated, or lonely.

We would love to share Christmas with you this year. For more information on our outreach locations and times, or if you'd like to support the work we do in the local community, please visit the website: [www.rosies.org.au](http://www.rosies.org.au). Happy Christmas, and we hope to see you soon.



The team at Rosies would love to share Christmas with you this year. Photo: Supplied.

LOCKDOWN SPECIALS



**Peroni Nastro Azzurro 24pk**

**\$50**



**Hard Fizz Range**

**2 FOR \$40**



**821 South Sauv Blanc**

**2 FOR \$30**



**Mumm Cordon Rouge**

**\$55**



**Ruffed feather wine range**

**6 FOR \$40**



**Strongbow Cider Range 24pk**

**\$50**



**Corona 24pk**

**\$55**

ONLY INDEPENDENT ON THE BAY

NEW STORE COMING SOON!!

LOCATIONS

<p><b>Waterloo Bay Hotel Drive Thru</b> 75 Berrima Street, Wynnum</p> <p><b>Manly 7/11 Site</b> 459 Manly Rd, Manly</p> <p><b>Wondall Road</b> 99 Wondall Rd, Manly West</p>	<p><b>Twin Parks Shopping Centre</b> 1534 Wynnum Rd, Tingalpa</p> <p><b>Gumdale</b> 682 New Cleveland Rd, Gumdale</p> <p><b>Camp Hill Market Place</b> 25 Samuel St, Camp Hill</p>
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Cellarbrations

VALID UNT 30TH OF JANUARY 2022



WATERLOO BAY HOTEL





# THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



## FUNDING TRANSFORMS BAYSIDE PCYC



Federal Member for Bonner Ross Vasta MP visiting the completed renovations at Bayside PCYC. Photo: Supplied.

Bayside PCYC is looking better than ever! I recently visited the PCYC based in Lota to check out what \$558,000 in Federal funding has delivered for upgrades of their facilities.

With a growing membership base, the clubs' facilities were in urgent need of repair and this funding has enabled the upgrade of its gym kitchen, electrical, front entrance, fans and roofing to give our community an unbeatable experience. For 49 years, Bayside PCYC has been making an invaluable difference to people of all ages in our area and now they've transformed the space so it can meet needs of our community for years to come.

## KEEPING UP THE MOMENTUM TO DELIVER MORE MENTAL HEALTH SERVICES ON THE BAYSIDE

As part of my ongoing plan to deliver more mental health services on the Bayside I reconvened the Bayside Mental Health Working Group. The over 20 local mental health and community providers in attendance heard from Brisbane South PHN Senior HR Business Partner Melissa Binks and Head of Be Someone for Someone (Initiative of Feros Care) Joanne Winwood who presented social prescribing as an early intervention and prevention approach for youth mental health; a plan tailored to the Bayside.



Social connections are the greatest protection against depression and are proven to reduce suicidal behaviour. I look forward to continuing to work with Brisbane South PHN, Feros and the working group on this plan for our community.

## REDUCING EMISSIONS, THE AUSTRALIAN WAY

The Morrison Government has unveiled our plan for Australia to achieve net zero emissions by 2050. We're taking real action and doing this the Australian way - through technology, not taxes and choices, not mandates.

Tackling climate change and protecting the environment is important to our entire community. It is also a priority of mine. That is why I welcome the news of this plan. It's a responsible and practical plan which will help Australia be a leader in low emissions technologies, while preserving existing industries.

To read our Net Zero 2050 plan visit: [industry.gov.au/LongTermEmissionsReduction](https://industry.gov.au/LongTermEmissionsReduction)



## BETTER OUR COMMUNITY BY ENTERING BONNER'S BIGGEST SURVEY!

The Bonner electorate is a great place to live, work and raise a family. I have always stood to protect our lifestyle and will continue to do so as we secure our recovery and build for the future.

To keep delivering for our community, I want to hear about what's important to you and what you believe is a need in our area. That's why I am inviting everyone, no matter if you're a resident, community group or a local business, to take part in my 'Biggest Survey'. There's also a pair of new Apple AirPods up for grabs for one lucky participating constituent! This survey will close **Monday 6 December 2021**, so get in quick.

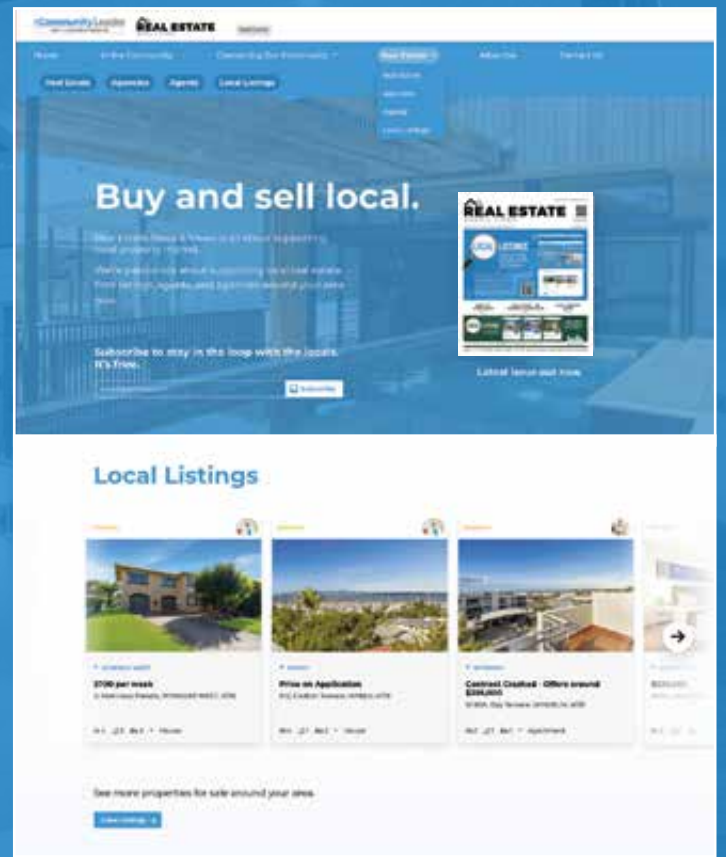




# LOCAL LISTINGS

A great way to see what local property is on the market in your community.

If you're looking for a home to buy or rent, or you need an agent to sell your home, log on to The Community Leader's website to browse local listings. Each month we will add more agencies and properties to the site. If you're selling your property ask your agent to include The Community Leader and Real Estate News & Views in your marketing plan.








## ASK YOUR AGENT TODAY FOR MORE INFORMATION

PARTICIPATING AGENTS



The **Community Leader** | **REAL ESTATE**  
NEWS & VIEWS

PHONE: 07 3220 3061 or 0421 786 302





# PETER CUMMING'S LOCAL AREA UPDATE

## COUNCILLOR FOR WYNNUM MANLY WARD



The recent Fringe Festival was a great success with good crowds attending over the Fringe weekend. Many ticketed shows were heavily booked and there was also a good attendance to the wide range of free events around the area. A big congratulations to the event organiser, Tom Oliver and to the large number of volunteers who worked hard to make this event a success!

Remembrance Day this year was a very special day for Guardian Angels Primary School where they officially opened and blessed their Defence Services & Centenary Memorial. There was even a fly over of a N02 SQN Boeing 737 'Wedgetail'.

November has been a very busy month with community events. I attended various AGM's for local community groups & sports clubs, fundraisers, community group reunions, Savoyards's 60th Anniversary Celebration/ Award events such as the Tangalooma EcoMarine Awards / Night of Broken Glass Memorial for the Jewish Community / Remembrance Day Services / Christmas Markets / Fringe Festival / Community Concerts & Brisbane Pride Festival all to name a few!



## EULOGIES

The Wynnum Manly Historical Society are keen to preserve funeral eulogies for Wynnum Manly residents who have passed away. If you would like to supply a copy for future historical reference to

the Society, you may do so. Contact [admin@wmhs.org.au](mailto:admin@wmhs.org.au) or their website [www.wmhs.org.au](http://www.wmhs.org.au)

## WILL YOU BE ALONE ON CHRISTMAS DAY?

The Bayside Uniting Church will be hosting Christmas Day Lunch for Bayside community people who will be spending Christmas Day by themselves. There will be Covid seating requirements in place, so be sure to register. Contact the Bayside Uniting Church on 3890 2395 for more information. Also let them know if transport is required.

## RECYCLING RESPONSIBLY

As the Christmas Season is drawing upon us, I thought it might be valuable to let you know how to recycle responsibly!

### Items That Can Be Recycled

- **Cardboard Boxes** – including cereal boxes / egg cartons / cardboard coffee cups / laundry detergent boxes / long-life milk & fruit juice cartons / manilla folders / pizza boxes (grease stains are acceptable but food scraps to be removed) / removalists boxes / tissue boxes / toilet rolls
- **Firm Plastic Containers & Bottles** – including biscuit and sushi trays / cleaning product bottles (domestic only) / coffee cups lids / disposable plastic plates & cups / margarine containers / milk, juice & cordial bottles / shampoo & conditioner bottles / soft drink bottles & cans \*\* / strawberry & other berry/fruit punnet containers / takeaway containers / yoghurt tubs
- **Glass Bottles & Jars** – including beer, wine & spirit bottles \*\* / beverage bottles, jam jars / sauce bottles & jars / vitamin jars
- **Paper** – including envelopes (including window style) / glossy magazines / greeting cards / junk mail & brochures / newspapers / notepaper & scrap paper / office paper (white & coloured) / paper bags / phone books / receipts / wrapping & packaging paper
- **Steel & Aluminium** – including aerosol cans (empty) / aluminium foil (including pie trays) / food cans (aluminium or steel) / soft drink cans \*\* / paint tins (empty & dry)

\*\* Most aluminium, glass, plastic, steel & liquid paperboard drink containers are eligible for the 10cent refund under the Containers for Change Program. You will be asked to remove the lids so you can recycle these separately. Lids4Kids Australia provides a recycling option for plastic lids.

## NON RECYCLABLE ITEMS

Biopack cups & containers (biodegradable hard plastics) / bread clips / coffee pods / corks / crockery / pots / pans / heatproof dishes (eg. Pyrex) / drinking glasses / E-Waste (batteries / compact discs / DVD's / fluorescent tubes / kitchen appliances / food waste / garden waste (includes timber, bricks and soil) / gas bottles / helium tanks & other hazardous material / hangers (plastic & metal) / hard plastic compact disc cases / helium tanks / ink cartridges \*\*\* / light bulbs / mirrors/ window glass/ nappies / needles & syringes / polystyrene (expanded foam e.g. cups, trays, packaging) / soft plastics (bubble wrap / chip plastics, shopping bags & zip lock bags) / surgical face masks / textiles (clothing, fabric, linen & towels) / toilet paper, tissues / wax coated paper (baking paper) and wax coated boxes

\*\*\* You can return your cartridge to the supplier/manufacturer for a refill.

For more information on recycling, go to the Brisbane City Council website: [www.brisbane.qld.gov.au](http://www.brisbane.qld.gov.au) for more information

## CHRISTMAS CAKES

For some years, we have had the Lions Christmas Cakes and Puddings for sale. This year Christmas Cakes cost \$17 and Christmas Puddings at \$13. However, this year, we will also be selling Rotary's Traditional Rum & Brandy Fruit Cakes at \$16.50 each, Traditional Steamed Puddings \$17.50 and Traditional Baked Small Puddings (Pack of 4) for \$7.50 per pack. All of these products are now on sale at my Ward Office. Please have correct money when purchasing.

## EMAIL NEWSLETTER

You can receive my community newsletter by contacting my office with your email address. This is an informative e-newsletter that is sent out weekly with a guide to "What's Happening" in the Wynnum Manly Ward. It lists community events, social activities and much more. Email me to subscribe at [wynnummanly.ward@bcc.qld.gov.au](mailto:wynnummanly.ward@bcc.qld.gov.au)



**Wynnum Manly Ward Office**  
3a/212 Bay Terrace (Cnr of Pine Street)  
Wynnum Qld 4178

**Office hours: 8.30am-4.30pm, Monday-Friday**  
**Phone: 07 3403 2180**  
**Email: [wynnummanly.ward@bcc.qld.gov.au](mailto:wynnummanly.ward@bcc.qld.gov.au)**





# HAVE YOURSELF A VERY MANLY CHRISTMAS

CONTRIBUTED BY THE MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

**The festive season is upon us, and after a long year of restrictions it's time to reconnect with loved ones and eat, shop, play and stay your way at Manly Harbour Village.**

December is a busy and social month for many, and with restrictions easing in time for Summer comes the opportunity to catch up, celebrate and connect with loved ones. Manly Harbour Village has everything you need to spoil yourself and your nearest and dearest this Christmas.

Planning a seafood extravaganza at home this Christmas? Pre-order fresh Aussie seafood from Shucks Bar to skip the queues and pick up a selection of delicious fresh produce. Or drop into The Local Butcher for premium quality meat and IGA Manly Village for all the trimmings to complete your festive spread.

For last-minute gift shopping and stocking fillers, Manly Harbour Village retail traders will be open until 8pm for Manly After Dark on Friday December 3, 10 and 17. For more festive fun, join us at the Village on Saturday December 11 for Christmas carols and night markets.

Looking for fun family outing ideas? Hire a scooterbike, standup paddle board, boat, fishing line, or bike and adventure your way along the picturesque water's edge. Or drop into the Moreton Bay Discovery Centre off William Gunn Jetty and check out the new displays for a fantastic and fun educational experience suitable for all ages. The attached Visitor Information Centre and shop is filled with unique artisan and locally crafted giftwares to fill Christmas stockings with, and the friendly team can help you plan a personalised day out on the bay, with plenty of tours and secret spots to explore in the area.

Top the day off with a relaxing meal or refreshing beverage overlooking the peaceful Moreton Bay, at one of the many premium dining options including The Arsonist, Seavibes, Tide on the Jetty, and Manly Deck.



However you plan to spend the festive season, Manly Harbour Village has you covered! For more information visit [manlyharbourvillage.com](http://manlyharbourvillage.com).

EAT | SHOP | PLAY | STAY



MANLY  
HARBOUR VILLAGE

a unique  
harbour-front retail  
village and leisure destination

*Where Brisbane meets the bay*

[manlyharbourvillage.com](http://manlyharbourvillage.com)








# COMMUNITY UPDATE

## JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

### LYTTON CHRISTMAS TREE

I've gone with something a little different for my Christmas tree this year, and the talented gentlemen at the Wynnum and Districts Men's Shed have helped make my vision come to life. The tree will be unveiled in my window on 1 December and will go to St Pete's to be displayed from 6 – 16 December.



### CHRISTMAS FOOD DRIVE

I'm calling on Baysiders to dig deep again for my Christmas Food Drive. Our recipient this year is Silky Oaks Children's Haven, a wonderful local not-for-profit that has helped children and disadvantaged people for more than 80 years.

My office will be accepting donations of non-perishable food and hygiene items from now until 10 December.



### QUEENSLAND'S COVID-19 VACCINE PLAN TO UNITE FAMILIES

Well done Queensland – we've reached the 70% vaccination mark! Further restrictions will be lifted as further quotas are met.

When 80% of the eligible Queensland population is vaccinated, quarantine requirements will be lifted for fully vaccinated domestic travellers, and fully vaccinated international travellers may be able to home quarantine.

When 90% of eligible Queenslanders are vaccinated, there will be no entry requirements for fully vaccinated arrivals.

We're so close Baysiders! Vaccinations are more important than ever. Visit the Queensland Health website to find a location near you – <https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/protect-yourself-others/covid-19-vaccine/book> – or contact my office on 3915 1100 or [lytton@parliament.qld.gov.au](mailto:lytton@parliament.qld.gov.au).

### BANTER – BAYSIDE BUSINESS OF THE MONTH

Congratulations Banter Coffee House, our November business of the Month. A bit of a hidden gem in Manly West, Banter has already amassed a following thanks to their friendly service and delicious food - including all day Eggs Benedict.



### CONGRATULATIONS TO ALL GRADUATES



I extend congratulations and best wishes to all the Year 12's finishing school and the Year 6's finishing Primary School in 2021. I encourage you all to take pride in how far you've come, have faith in how far you can go and, most importantly, enjoy the journey!

With school holidays coming up, I would also like to remind Baysiders to keep an eye on the local schools and to call School Watch on 13 17 88 if you see anything suspicious.

### KEEP IT LOCAL THIS CHRISTMAS

I challenge all Baysiders to stick to the local postcodes as much as possible when Christmas shopping this year.

Between Wynnum, Manly and surrounds, we are incredibly lucky to have a wealth of small, locally owned businesses at our back door. Where else can you find takeaway stores next to fine dining restaurants, theatres and a cinema, every beauty service imaginable, and clothing and gifts to suit every budget? So take the Wynnum Manly Christmas challenge and see how much of your Christmas shopping you can do without leaving the area.



JoanPease MP

State Member for Lytton

PO Box 719, Wynnum QLD 4178

(07) 3915 1100

JoanForLytton

lytton@parliament.qld.gov.au

@JoanPeaseMP | www.joanpease.com





# THANK YOU AND HAPPY RETIREMENT TO DR ABDUL SALEH

BY JANE POCOCK, MANLY VILLAGE MEDICAL

**Dr Abdul Saleh GP at Manly Village Medical is retiring in December 2021.**

Dr Saleh moved to Wynnum as a GP in 1981. He started a solo practice in Wynnum Central on Bay Terrace (above the library). In 1988 he moved his practice to the newly renovated shopping centre in Wynnum and in 2000 he joined up with Dr Ian Upton (deceased 2020) and Dr David Hishon in the Wynnum and Bayside Medical Practice where he served the local community for 17 years.

In 2017 Dr Abdul Saleh moved to Manly Village Medical in Cambridge Parade. Abdul has enjoyed all aspects of general practice and many of his patients have seen him for the 40 years that he has been a GP in the area.

Abdul was born in Pretoria, South Africa, and studied medicine in Dublin, Ireland. After receiving his Licentiate of the Royal College of Physicians & Surgeons of Ireland, he moved to sunny Queensland where he did his internship at Redcliffe Hospital. Returning to South Africa he furthered his medical experience with terms at Baragwanath Hospital in Soweto and Kalafong Hospital in Pretoria. Upon his return to Australia he worked at the Royal Brisbane Hospital and did locum work in the Brisbane region. During a six-month term in Charleville, Abdul met his wife, a teacher at a local primary school.

Abdul is looking forward to having more time to pursue his other interests which include gardening, woodwork, camping and travelling. He is also looking forward to spending more time with his grandchildren.

The Team at Manly Village Medical will miss him, wish him a long and happy retirement and thank him for his dedication as a doctor for the past 40 years. His patients will be most welcome to stay and be taken care of by other doctors at the practice.




After very busy (but fun) year, our dedicated **Team** will be digging into fresh popcorn and other delicious treats while we all enjoy Dune just down the road. In the ever so decadent crown class at the **Majestic Cinemas Wynnum**.

*Unfortunately Dune is not rated D for dogs, Sorry Bonnie*

**nichestudio.com.au**  
Great web stuff 



## Mother Duck Where Happiness Comes First

At Mother Duck Child Care, we start with happy. Our child care centres in Wynnum & Manly offer rich and rewarding work environments for the most passionate early childhood educators. Delivering the best in play-based learning programs, our happy educators inspire happy children. Contact one of our experienced management team to take a tour of our centres.

Limited Vacancies Available



**Mother Duck Manly** | 59 Manly Road, Manly | 3393 3544 | manly@motherduck.com.au | **Mother Duck Wynnum** | 405 Tingal Road, Wynnum | 3348 5352 | wynnum@motherduck.com.au





# WHAT'S ON BY THE BAY

FROM DOT DASH EVENTS

Celebrate the festive season the bayside way, with plenty of local events and activities for everyone this December.

## WHAT'S ON THIS DECEMBER

- **Manly Creative Markets:** Every Sunday, 8am - 2pm | Little Bayside Park, Manly | Free to attend, family friendly | 07 3348 3524 | [manlyharbourvillage.com](http://manlyharbourvillage.com)
- **Manly After Dark** | Friday 3, 10, 17 Dec until 8pm | Late night shopping in Manly Harbour Village, Manly | For updates follow @manlyharbourvillage | [manlyharbourvillage.com](http://manlyharbourvillage.com)
- **Wynnum Up Late** | Friday 10 Dec, 5pm - 9pm | Late-night shopping in Florence Street, Bay Terrace and Edith Street, Wynnum Central | [wynnumnow.com](http://wynnumnow.com)
- **Manly Night Market & Christmas Carols** | Saturday 11 Dec until 8pm | Manly Harbour Village, Manly | For updates follow @manlyharbourvillage | [manlyharbourvillage.com](http://manlyharbourvillage.com)
- **Brisbane Bayside Carols** | Saturday 18 Dec from 3pm | George Clayton Park, Wynnum Esplanade | 0418 740 919 | [facebook.com/BrisbaneBaysideCarols](http://facebook.com/BrisbaneBaysideCarols)
- **Very Merry Christmas Party** | Sunday 19 Dec 4pm - 7.30pm | Wynnum Baptist Church, 287 Kianawah Rd, Wynnum West | Carols, food and kids activities | Free to attend | 07 3390 5833 | [eventbrite.com.au](http://eventbrite.com.au)

## WELLNESS & RECREATION

- **Free Yoga & Meditation** | Every Friday 7am - 8.15am | Drevesen Park, 352 Upper Esplanade, Manly | 0431 588 498 | [facebook.com/Suniyoga20](http://facebook.com/Suniyoga20)
- **Manly Meditation Circle** | Tuesdays 6.45pm - 7.45pm | Branches Community Hub, 29 Fox Street, Wynnum | Entry by donation | [meditationmanly@gmail.com](mailto:meditationmanly@gmail.com)
- **Wynnum / Lota Parkrun:** Weekly free 5km timed run | Every Saturday from 7am, various locations | [parkrun.com.au](http://parkrun.com.au)
- **Be Active & Healthy:** FREE Zumba and Line dancing classes | Thursdays, Wynnum Community Centre, 105 Florence Street, Wynnum | 07 3403 8888 | [eventbrite.com.au](http://eventbrite.com.au)
- **Walk & Talk:** Every Sunday, 4 - 5pm | Bayside Park, Manly | Free to attend

## SOCIAL

- **BlueBottle: Karaoke** Thursdays 7pm - 11pm | Live music Friday-Sunday | BlueBottle Cocktail & Tapas Bar, 55 Cambridge Parade, Manly | 07 3161 3764 | [bluebottlemanly.com.au](http://bluebottlemanly.com.au)
- **Manly Hotel: Karaoke** Thursdays 7pm - 11pm | Live music Friday-Sunday | Manly Hotel, 54 Cambridge Parade, Manly | 07 3249 5999 | [manlyhotel.com](http://manlyhotel.com)
- **Sunday Sounds: Tide on the Jetty** | Every Sunday 3pm - 6pm | Tide on the Jetty, William Gunn Jetty, 1 Wyvernleigh Close, Manly | 07 3396 8962 | [tideonthejetty.com.au](http://tideonthejetty.com.au)

*Dot Dash Events is a Bayside-based events and marketing consultancy helping businesses increase engagement via community events. Have an upcoming event you would like to feature? Email [hello@dotdashevents.com.au](mailto:hello@dotdashevents.com.au) or phone 0447 031 410.*

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NEW LUNCH MENU  
NOW AVAILABLE





# WYNNUM CENTRAL STATION TO BLOOM WITH NEW GARDENS

FROM JOAN PEASE MP

**Wynnum Central station is blooming with the addition of two new gardens on the platform, which were planted and will be maintained by students at Darling Point Special School.**

Member for Lytton Joan Pease said the project was a fantastic community partnership that added to the beautification of Wynnum Central station.

"I'm pleased to see the idea come to life and thank Queensland Rail for their support in helping us get off the ground," Ms Pease said.

"Queensland Rail loved the idea of this project and were happy to work with the school to make it happen. They have even supplied the planter boxes as well as soil."

"Queensland Rail aims to connect communities and this project does exactly that – it brings students to the station to brighten the day of customers."

"I can't wait to see the plants in full bloom and hope the students take as much pride in their work as I'm sure the locals will."

Darling Point Special School Principal Charmaine Driver said the project allowed students to feel engaged with the community as well as valued and supported.

"They're a highly motivated group and these students as well as their teacher, Ms Julie Bendall, are very excited about this project," Mrs Driver said.

"It fits in beautifully with the school's program because we operate a certificate in agri-food and horticulture. This provides a real-life work experience opportunity for the students to practically demonstrate the content they are learning in the classroom."

"They're really hoping commuters notice the new garden beds and say hello while they're planting and nurturing them."

Wynnum Commerce Incorporated Chairman Michael Jullyan initially planted the seed for the idea, as part of its mission to make Wynnum Central the most beautiful train station in Brisbane.

"We've already installed a mural at the station building and this is a continuation of a drive to beautify the station," Mr Jullyan said.

"We want to promote Wynnum as an end destination with fun things to do here. We are always engaging with the local community, so we asked Darling Point Special School to be involved and applied for a grant on its behalf."

Port of Brisbane Interim CEO Neil Stephens said this phase of the project was possible thanks to a \$15,000 grant from the Port of Brisbane, as part of its annual Community Grants program.

"When the opportunity came up to support Darling Point Special School and the local community through Queensland Rail, we jumped at the chance," Mr Stephens said.



"We consider ourselves very proud members of the bayside community, and this project has been a fantastic collaboration between many stakeholders all keen to make a positive difference."

"I hope the kids at Darling Point Special School have a great time completing the project. We all look forward to seeing the final outcome."

Ten students aged between 11 and 17-years-old planted a number of flowering plants in the garden beds over two days in October. They will travel by bus from the school to Wynnum Central station to water and maintain the gardens as often as needed.

Darling Point Special School is located in Manly and has 140 students from Prep to Year 12.

**THE 'Mad Hatters' BOOKSHOP**

MadHattersBookshop.com.au

**WE'RE MAD ABOUT BOOKS!**

Independent, family-friendly bookshop located in the heart of Manly Harbour Village.

Open weekdays 9:30am - 5pm  
Saturday 9am - 3pm  
Sunday 9am - 1pm

Children's Books | New Releases | Local Authors & Illustrators | Stationery & Gifts | Games & Toys





# ROTARY BRIGHTENS UP MANLY TO CELEBRATE 100 YEARS

BY JOANNE O'CONNOR

## Rotary has been around a while – 100 years in fact!

In 2021 along with many other clubs around the country, the Rotary Club of Wynnum and Manly celebrated 100 years of Rotary in Australia, New Zealand and the South Pacific. Club members decided to mark the occasion in a lasting way and were delighted to be allocated a traffic signal box to paint on one of the busy street corners within the local community.

Local artist Natalie Lynch from Studio Yellow joined the project to help club members bring the traffic signal box to life with a celebratory message in colour and art.

Located on the corner of Manly and Wondall Roads, the freshly painted signal box now displays the Rotary club's focus of community, diversity, integrity, leadership, fellowship, and service – all are great qualities to motivate us for the next 100 years.

If you are interested in learning more about the Rotary Club of Wynnum and Manly please feel free to contact our Joint President JoAnne O'Connor on 0407 522 347.



Photos: Supplied.



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*We are also open through the XMAS period for on-site sales. Open 7 Days: 9am - 8pm daily except for XMAS Day.*







# CHRIS THE COFFEE MAN MARKS ONE YEAR IN WYNNUM

FROM BLUE TONGUE ADVENTURE

A local Wynnum coffee cart, providing training and job opportunities for young adults with disability, is celebrating a special anniversary this month.

The Blue Tongue Pantry coffee cart is marking one year of operation – and that means one year of providing fulfilling supported employment to bayside NDIS participant, Chris Morris.

Chris completed his barista training at Thorneside’s Blue Tongue Pantry café, through the Blue Tongue Adventure disability support program. When the time came for him to take on a job of his own, each coffee locals purchased at the café helped to fundraise for the coffee cart start-up.

A year on from its opening, the coffee cart now boasts a daily-fresh selection of sweet and savoury temptations, ranging from salmon bagels to gourmet donuts, brownies and loaded cookies.

The adjacent courtyard, in front of the Blue Tongue Collectables homewares store, has also had a revamp to provide an inviting, shady seating area for customers.

Barista and hospitality work are just some of the many training and employment avenues available through Blue Tongue’s parent company, Tea-Cup Cottage. Blue Tongue Adventure also offers day programs including woodwork and art workshops and social activities.

For more information, check out [bluetongue-adventure.com.au](http://bluetongue-adventure.com.au).

*Pop in and say hi to Chris at the blue and white cart located at 260 Tingal Road, Wynnum.*



## Looking for a stocking filler this Christmas?

**Maggie’s new book is out now!**



Miss Maggie of Manly’s new book is locally printed, and available at all these great retailers.

- Celtic Corner Manly
- Wynnum Jewellers
- Chocolate Elements
- Water Tower Bait and Tackle
- Manly Harbour Gallery
- Shucks Bar Manly
- Mad Hatter’s Bookshop
- Wynnum North Newsagents
- Ray White Tingalpa
- Perry’s Prime Meats
- Cultivate Design Co
- Frenchies Café
- Dollar Stretchers
- Manly Visitor Centre
- Tru Blu Trophies & Engraving
- Vitale & Co Property Management Services
- Belle Property Manly
- Little Gnome Bookshop
- Gumdale Pharmacy
- Le Buste Wynnum
- Top Katz Hair Studio
- Wynnum Manly Leagues Club
- Bartons
- Bango Jango
- Joan Pease’s office
- Ross Vasta’s office
- Tree House Manly



Miss Maggie on a press check at Murarrie (above) and at Mad Hatter’s Bookshop (above right).





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**Name:** I'm Ginger!

**Suburb:** I live in Wynnum.

**How old are you?** I'm nine-years-old.

**Your favourite local walk?** I love my daily mangrove walks, but more so when my family kicks the ball with me.

**Your favourite doggo friend?** Look, I'm a collie, but I am really attracted to rottweilers!

**Your favourite food?** Mostly chicken and carrots.

**Your most treasured toy?** I love tennis balls and if I have a chance to catch one, I always bring it back to my owner. However, sometimes I'll bring a ball back to a different owner if their dog gets too tired, or is not interested in bringing it back!

**What do people love most about you?** What people like about me is my soft coat...they always want to pat me.

**Your favourite local activity?** What I love the most after a rainy day is to cool off in a puddle...any puddle!

**Any funny or embarrassing stories you'd like to share?**

We visited a friend one day after our walk and I felt so hot that I jumped into the pond at the back of her garden.

**Name:** Miss Bailey.

**Suburb:** I live in Wynnum West.

**How long have you lived there?** Since coming to my forever home in 2014.

**Your favourite local walk?** Sniffing around my garden – I prefer quiet spaces, and snuggling up with my family, but I do like a windy walk down to the end of the pier at Wynnum, just not too close to the water!

**Your most treasured toy?** I'm more partial to a fluffy bed than toys, but if you want to throw me some food, I'll gladly catch it!

**Your favourite food?** Eggs (preferably scrambled please), chicken, biscuits – I'm a general foodie really.

**Your worst habit?** Getting overly 'friendly' with my family's washing if they leave it lying in my reach.

**Your favourite local hangout?** Anywhere there's a chance of chicken, so maybe a wander past Pierre's – yum!

**Your best doggo friend?** I tolerate my next-door neighbour Freddie – he's very protective and loves when I come to visit (I prefer humans to be honest, shhhhhh!).

**Any funny or embarrassing stories you'd like to share?**

We recently had a 'leak' come through the smoke alarm downstairs. After about an hour of frantically checking pipes, taps etc, my humans (and the plumber) realised that I'd had an accident right above the smoke alarm...oops!

**What do people love most about you?** I still look like a puppy, at the ripe old age of 13! And if you have chicken or eggs for me, I will act like one too!





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## CHRISTMAS TREES AND DECORATIONS GALORE







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## MISS MAGGIE OF MANLY



**MERRY CHRISTMAS**  
FROM MAGGIE AND HER MANLY MATES

## TIPS FOR KEEPING YOUR PETS SAFE THIS CHRISTMAS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Christmas is such a wonderful time of year when we often celebrate with food and other festivities. It is important to make sure that all members of the family stay safe to keep the season joyful.

Here are some tips to keep your furry friend's Christmas fun and avoid spending Boxing Day at the emergency vet!

**CHRISTMAS FOOD** Common Christmas treats such as Christmas cake, pudding and mince pies are all toxic to dogs and cats due to the sultanas and raisins used in the recipes. Grapes are also toxic to animals. Chocolate and nuts (especially macadamia nuts) are not

suitable for dogs and cats. Leftover ham and roast meats often find their way to dog's bowls but these can cause pancreatitis.

Stock up on your pet's favourite treats so that they can safely join in the feasting – liver treats, skinless chicken and carrots are all safe options.

**CHRISTMAS DECORATIONS** Inquisitive puppies and cats can find Christmas decorations very tempting as chew toys.

Swallowing tinsel and other decorations can lead to foreign body obstruction (blockage of the gastrointestinal tract) which can be very serious. Keep decorations high out of reach of pets or have your Christmas tree in a room your pet doesn't use.

**KEEP PETS COOL** December can be really hot. Make sure to only exercise your pet in the cooler parts of the day (early morning or later in the evening).

Provide a shady place for your pet to shelter from the sun. Have multiple water bowls topped up regularly with clean, cool water. Paddle pools, cooling mats and air-conditioning can all help to keep your pet from overheating during the hot summer days.

Wishing everyone a safe and happy Christmas and a wonderful 2022!

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Hospital**



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Wynnum, QLD, 4178



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Sat: 8am - 12pm  
Sun: 8am - 11am





# GREATER CHILD CARE SUPPORT BROUGHT FORWARD

FROM ROSS VASTA MP

**Families in Bonner will benefit from greater child care support sooner, with the increased Child Care Subsidy (CCS) for multiple children brought forward from 7 March 2022, four months earlier than first expected.**

The increased subsidies were due to come into effect on 11 July 2022, but the Government has been able to work with Commonwealth agencies and service providers to make necessary technical changes sooner.

From 7 March 2022, families with two or more children aged five years and under in care will have their CCS rate increased by 30 percentage points for their second child and younger children, up to a maximum rate of 95 per cent.

A family earning \$11,000 a year with two kids in care, four days a week, will be better off by \$100 a week.

The \$10,655 annual cap will also be scrapped on 10 December 2021 and applied retrospectively for the whole 2021-22 financial year, meaning families who hit the cap before the date will receive a refund on any excess fees paid.

There are around 1,700 families in Bonner that have two or more children in care and could benefit from the increased subsidy. More than half of eligible Australian families will receive the maximum 95 per cent subsidy.

Federal Member for Bonner Ross Vasta MP said the support would be targeted at those who need it most.

“We know child care costs can really add up when you have two, three or more children in care and this package will help those families by significantly reducing out-of-pocket costs for the second child and younger children,” Mr Vasta said.



Federal Member for Bonner Ross Vasta MP and the team at Mother Duck Child Care and Kindergarten Manly. Photo: Supplied.

“This will make a real difference in the lives of families in Bonner. The changes will also see this government’s total investment in child care grow to \$11 billion a year they build on the Child Care Package we introduced in 2018 that is still keeping out-of-pocket costs low.”

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# THE MOTIVATION TO BE ACTIVE EVERY DAY: #MOVE365

Created and facilitated by Wakerley mum Nicola Glasper in 2019, #move365 is a group aimed at keeping people moving and improving mental and physical health.

At the end of 2019 Nicola decided to make some life changes including moving every day in 2020, documenting the daily moving on social media. Towards the end of 2020 Nicola was approached by friends asking if they could join her in 2021, and from there the #move365\_2021 challenge was born.

The group was created to motivate everyone to be more active in their busy daily lives, to increase physical activity and ultimately improve mental health even if it's just for five minutes each day. The aim is to move more than you normally would on a daily basis.

Nicola is seeking support from local businesses to assist with the 2022 challenge.

Financial support is needed to offset the cost of the challenge. Sponsorship funds will go towards the cost of a t-shirt pack for members, and donations of prizes are also welcome for the monthly Mover of the Month draw, challenge pack contents such as free fitness class passes, coffee vouchers and special offers for health services such as physio and podiatry for members.

All businesses involved will have their logo printed on the challenge t-shirt and have the opportunity to market their business to the group.

To express your interest in joining the 2022 challenge, or if you're a local business able to support the challenge or would like more information, email [nicola@inspireathletic.com.au](mailto:nicola@inspireathletic.com.au).



Nicola Glasper is inspiring locals to get moving. Photo: Supplied.

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# HOW TO SAVE MONEY ON YOUR POWER BILL THIS CHRISTMAS

FROM GOODHEW ELECTRICAL AND SOLAR

Christmas is a time for celebration, but when you receive your summer power bill there's usually not much to celebrate. With family and friends visiting and the kids home from school for extended periods over the holidays, your energy use can increase extensively. Don't stress however, as there's a few things you can do to help reduce your household's power bill this Christmas.

## USE LED CHRISTMAS LIGHTS

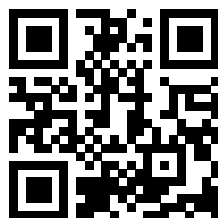
Most people display Christmas lights throughout the month of December. By switching out your old incandescent lights to new LED equivalents, you can save up to 80% on energy usage. Another option is to use low-wattage solar Christmas lights which are readily available at all retailers and will fully eliminate your decorations' energy use.

## GET THE MOST OUT OF YOUR AIR-CONDITIONING

In Brisbane's sub-tropical climate, the ideal air conditioning temperature in summer is 25°C. If you change your temperature from 22°C to 25°C, you will cut your daily air conditioning energy consumption by more than 20%.

## SWITCH TO SOLAR

The easiest way to reduce your power bill year-round is to install a rooftop solar system. By harnessing the power of the sun, you can run your home during the day, and become less reliant on the power grid. Whether you're wanting to reduce your bill or eliminate it entirely, with over 14 years' experience in the industry, Goodhew Electrical and Solar can design a system for your requirements using only the highest quality products, installed by fully qualified technicians.



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If you haven't thought about your solar panels since they were installed - you're not alone! Once solar panels are installed they are often left out of sight, out of mind. Lets discuss the importance of solar maintenance.

It may not be until you notice a jump in your energy bills that you give your solar system much consideration. If there hasn't been a run of grey, gloomy, dark days and your energy output is continuing to decline - then your solar panels are likely in need of some well overdue maintenance!

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- Greater durability; and if a tube does break, it can be replaced easily and very affordably.
- Excellent performance in overcast conditions.

#### OFF GRID SYSTEMS



With the technology available today for solar systems, battery inverters and chargers, anyone can produce their own electricity. You could have a fully off grid system which would mean you never have to rely on the utility network to generate power for your home.

#### TESLA POWERWALL



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## LOCAL POETRY CHRISTMAS

BY GEOFF SMILEY

Christmas is often told  
as if winter is about.  
But we all reside  
where the sun shines bright.  
Summer heat, not a fireside  
is our Christmas delight.

Christmas, first of all,  
is a time to notice  
an event that enthral;  
a baby's birth and sacrifice.  
The love God has for all,  
His gift, the Christ.

An Australian Christmas,  
like those round the world,  
reminds of joyous things;  
of families, parties, friends.  
Everyone needs Christmas,  
the hope that never ends.

Gone are the distractions  
of another year.  
Christmas and its joys,  
bring peace, not fear.  
Children's excitement for these.  
What fun, Christmas is near.

The Christmas tree stands;  
decorations everywhere.  
Presents waiting to be shared,  
anticipation in the air,  
for festive plans abound.  
Yes, Christmastide is here!

© Geoff Smiley



*"Christmas is a wonderful time of the year for most people. It is when the usual preoccupations and stresses of the year can be set aside for a short period. This, even if you are not an observer of Christian rituals."*

INSPIRATIONAL

# Christmas

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# DON'T MISS THE *Christmas Tree Festival*

The annual TREErific Christmas Tree festival will be held in St Peter's church hall, Bride Street Wynnum, from Wednesday 8 December until Wednesday 15 December. A huge range of Christmas trees from community groups and local businesses will be adorned to create a forest of Christmas cheer.

Take a stroll through the display from 10am to 2pm and 6pm to 8pm daily. Admission is free.



## SANTA IS COMING *to Town*



**WMLC**  
Saturday 18 Dec  
from 5-7pm

**Fielders**  
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# LOCAL PERSONALITY PROFILE

**Name:** Kyle Bradley.

**Suburb:** Manly.

**What's your business?** The Arsonist.

**Do you have any fun/interesting stories about your job?** As a chef, every day throws something interesting and fun at you. Before The Arsonist, I was gearing up for an 85pax service with myself and another chef. As orders were rolling in, the kitchen ran out of gas. Two hours later we were back on track, but that was a nightmare!

On a serious note, the most fun I have had is making trips to Rocky Point Aquaculture to see where some breeds of fish are bred, and to learn more about sustainability. I really enjoy visiting farms and butchers to learn where the best produce comes from – not just in a packet, off the back of the truck.

**What's your favourite local dine-in and takeaway?** My favourite local dine-in would have to be Tide on the Jetty. Absolutely amazing views, and

spectacular food and drink to match. My favourite takeaway would have to be Lota Takeaway – the best fish and chips around, in my opinion.

**Best local activity:** Frenzy Fishing Charters.

**The last book you read:** *American Sniper*.

**The last tv show or movie you watched?** *Brooklyn Nine Nine*.

**Is there anything you'd like to see happen in the local area?** I would love to see Manly grow and produce the best dining scene this side of Brisbane. This would help all the local businesses thrive and develop to be the best they can be.

**Is there a local business/community group/club you'd like to give a shout-out to?** I would like to give a shout out to Shucks Bar for their patience and professionalism throughout our build of The Arsonist. Belinda, Brian, Michelle and Chris are a great bunch of people and it's a privilege to work in the same area as them.



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# Christmas

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Children aged 3-9

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# RECYCLERS TO BENEFIT AS NEW HEMMANT DEPOT OPENS

Claiming recycling refunds on Brisbane's byside just became more convenient with the establishment of a new depot servicing the Containers for Change scheme.

Advanced Container Recycling has opened at 1289 Lytton Rd in Hemmant in an expansion to make drink container recycling easier for locals.

The Containers for Change scheme provides a 10-cent refund to customers returning eligible beverage containers at any registered refund point across Queensland.

More than 4.5 billion containers have been recycled across the state since the scheme began three years ago, with Queenslanders claiming over \$450 million in refunds.

The opening of Advanced Container Recyclers Hemmant will allow to customers to use the drive-through depot to claim refunds in cash or through EFT or PayPal via the use of their scheme ID.

They will not even have to leave their vehicle, with the depot providing a full in-car service.

The container refund point will provide recycling access to residents in the suburbs of Hemmant, Lota, Lytton, Manly, Manly West, Wynnum and Wynnum West.

The depot is open seven days a week from 8am, again highlighting its convenience for customers.

The business holds deep environmental sensibilities, with all staff at their depots wearing work shirts made from 100 per cent recycled plastic.

They were recently shortlisted as a finalist in the sustainability category of the annual state-wide Change Maker Awards.

Ken Noye, the chief executive of Containers Exchange, the not-for-profit organisation that administers the Containers for Change scheme, said the new depot would be a win for locals.

"The Queensland scheme welcomes Advanced Container Recycling opening up a new drive-through depot at Hemmant," said Mr Noye.

"The business already has a strong record servicing nearby areas, with existing depots in Capalaba and Cleveland.

"With thousands of satisfied customers at their other depots they will now bring that wealth of experience to this new venture.

"The Containers for Change scheme is continuing



Advanced Container Recyclers business owner Janelle Jordan with son Vinnie at the opening of the new Hemmant depot. Photo: Supplied.

its strong push to raise recycling rates in south-east Queensland for the good of the natural environment.

"This is an effort all local residents need to play their part in, and the new depot will provide residents in Hemmant and neighbouring suburbs

greater convenience to claim their refunds and find the cash in their containers."

For more information on the Containers for Change scheme, visit [www.containersforchange.com.au/qld](http://www.containersforchange.com.au/qld).



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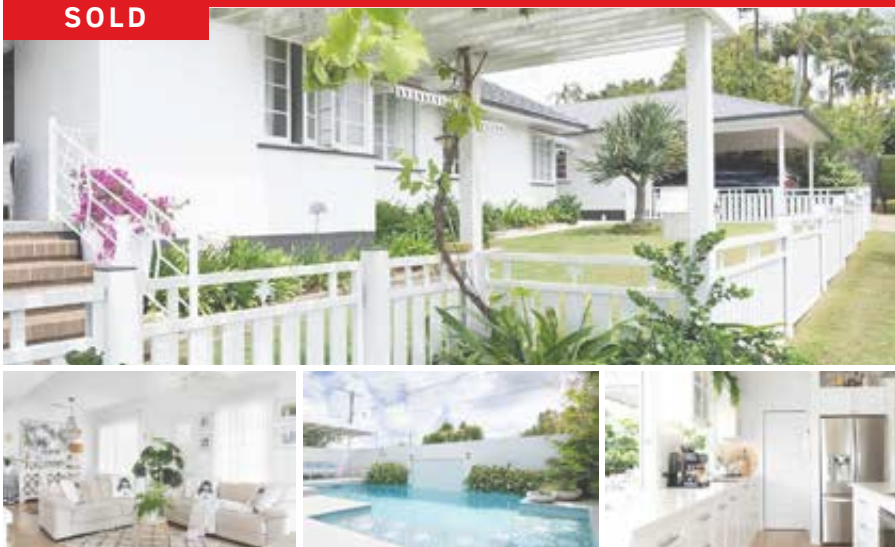


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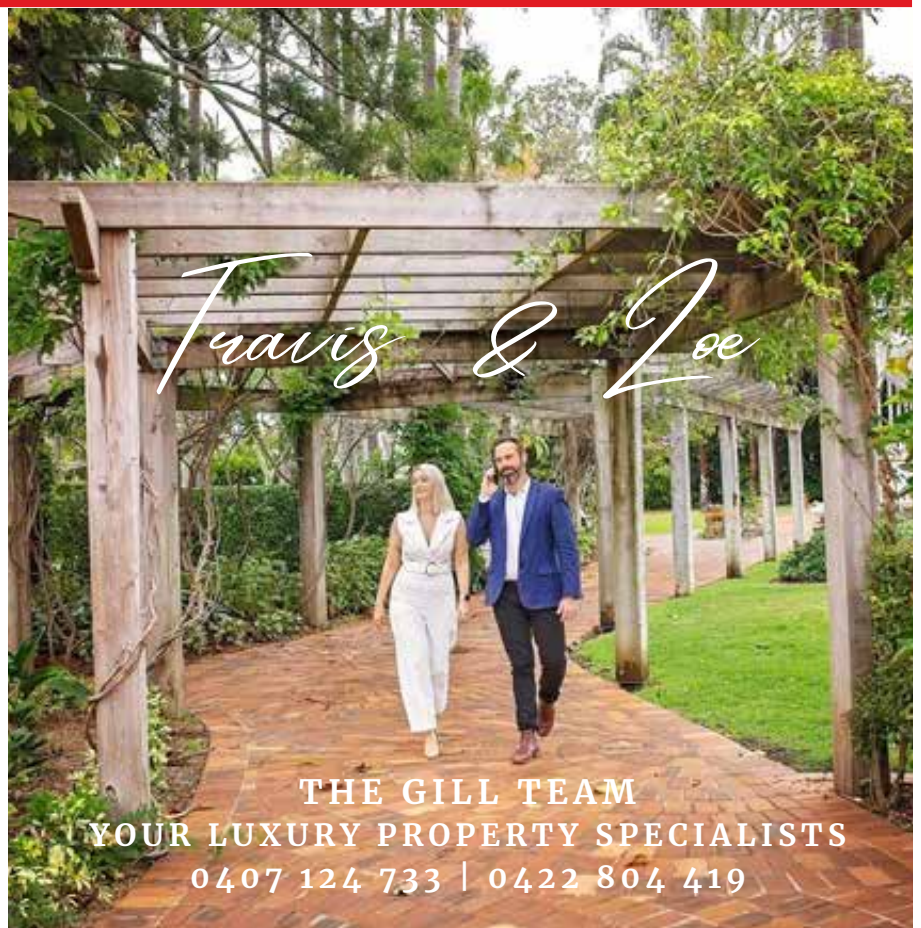
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## BRINGING CHRISTMAS JOY TO TOWN!

Pop into Sash & Gable's office... guess how many candy canes are in the jar to win a Vtech Kidizoom Smart Watch DX2, 4 movie tickets to Majestic Cinemas Wynnum plus the jar full of candy canes.

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**Ainsleigh Shepard**  
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Personal Assistant  
to Gail Gobey



**Ian Gobey**  
0424 623 613  
Principal of Property  
Management



**Caitlin Greenbury**  
0410 623 616  
Property Manager



**Andrew McGregor**  
0424 919 774  
Property Manager

Shop 2, 113 Edith St, Wynnum

3396 1396 | [sashandgable.com.au](http://sashandgable.com.au)





# SAFETY IMPROVEMENT WORKS START AT LINDUM CROSSING

FROM JOAN PEASE MP

**A series of works to improve the safety of the Kianawah Road railway crossing in Lindum kicked off in October, starting with the trial of a Queensland Rail-first boom gate at the site.**

Member for Lytton Joan Pease said the trial would see a custom-made 12-metre-long boom gate installed at the level crossing.

“Safety is the highest priority and Queensland Rail has been working closely with Brisbane City Council and the Department of Transport and Main Roads to support a range of upgrades to improve the safety of this intersection,” Ms Pease said.

“As the first step in these works, Queensland Rail crews will be working overnight on Sunday 24 October to replace the existing 10-metre long boom arm with a longer 12-metre model that has been custom made.

“The new boom arm aims to better protect drivers and deter them from entering the crossing once activated.

“Queensland Rail’s current design limits boom arms to 10 metres, however recent work has seen specialist parts supplied for the custom-made 12-metre boom arm – a Queensland Rail-first.

“The new boom arm has undergone extensive testing by Queensland Rail engineers to make sure it is suitable and will extend further across the road to stop cars from inadvertently entering the crossing once it’s activated.”

Transport and Main Roads Minister Mark Bailey said the safety initiative complemented the multi-million dollar upgrade of Lindum train station.

“Lindum station is set to receive an accessibility face lift through the over \$500 million Station Accessibility Upgrade Program,” Mr Bailey said.

“The upgrade will see the installation of an improved pedestrian overpass with lift access linking platforms, as well as upgrades to the park ‘n’ ride facility.

“Detailed design and planning is well underway, so I look forward to sharing more information with the community soon.”



Photo: Supplied.

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# PATRON DEFINES THE TRUE MEANING OF ROSIES

Rosies has been sharing friendship and connection since 1987, but many in the local community are unaware of the true meaning behind the service. One gentleman and regular patron of Rosies, Wayne, shares his experiences with Rosies.

"I first attended Rosies two-and-a-half years ago," Wayne recalls. "I'd experienced the loss of a significant family member and had one setback after another. I was seeking socialisation and regular support when someone mentioned I should give Rosies a try."

Wayne was a little hesitant at first; he was looking for a safe space to engage and interact with people on a regular basis.

"I showed up to outreach and saw a few people there, everyone was welcoming and friendly. I enjoyed that first outreach and thought I'd come back again just to be around others and feel connected with the local community," he said.

Wayne continued, "I live alone so it's nice to have a place to go where I can chat to people. I like spending time with the people at Rosies; it helps me to feel connected with the local community and society in general".

Nearly three years on from his first visit with Rosies, Wayne attends almost every week.

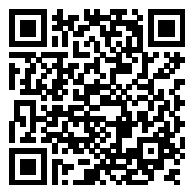
"Rosies is really about feeling connected and spending time with people," said Wayne.

"There are people who attend that are on the street, but others are people who are lonely or don't have family in the area. At first I thought it was just for people who were homeless but it's also about connection and friendship with people.

"Rosies provides a much needed service in the local community and society in general. A lot of people could benefit from coming along to outreach. Don't be afraid to rock up to Rosies – take the leap and it will be great."

Thousands of people like Wayne will find community and connection through Rosies this Christmas. Your gift no matter how large or small makes a real impact in the lives of people who attend outreach.

To donate please visit the website or contact the team to find out how you can keep Rosies' vans on the street and in the communities where they are needed most.



Find out more scan here



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# EROBIN: FASCINATING FACTS ABOUT KING ISLAND'S HISTORY

BY JILL GREENHILL, WYNNUM MANLY HISTORICAL SOCIETY

***Erobin is the Aboriginal name for King Island, which is only an island at high tide.***

King Island, or Erobin, is a mass of dead coral, pebbles and sand settled out from Wellington Point on a broad flat plate. When the tide is out, millions of crustaceans, tiny crabs, limpets and grey mud whelks surround the island. As the water rises, at about 2cm depth, larger crabs quickly emerge and then disappear, camouflaged by the wet mud.

Coarse beach grass stabilises the ground above high tide where small shrubs grow. Nearer the water there are Grey Mangroves, with their vertical above-ground roots uncovered during each tide change.

When the tide is out, there is an easy walk, gentle underfoot, along a sand bar laid down in a long, narrow "s" curve which commences at Wellington Point and continues far beyond the island in a single sweep out into the bay. Scores of visitors walk out at low tide; the game is to hurry back to safety at Wellington Point, and over the last dip before the rising water covers the pathway and is swirling around one's ankles, then up to one's knees.

This island was named No. 4 Island by Lieutenant Flinders who entered and named Moreton Bay in 1799. Mud, St Helena and Green Islands were named Nos. 1, 2 and 3 accordingly. The island's outline appears on the chart of John Gray in 1824, appearing as a rather larger area than today.

In the 1860s and 1870s the multitude of visiting campers denuded the trees for their campfires. The trees died leaving the coral cay unstable. Underlying sand and stones were gradually washed away by the tides.

The first attempt to save the shrinking island is noted in the Government Gazette of February 1887 when the island was proclaimed as a "Reserve for Recreation". Later, in 1975, the island was said to be an "Environmental Park".

The island and its foreshores lie within the Moreton Bay Wetlands, which is one of the Australia's Ramsar sites, protected by the Ramsar Convention. This convention was the first modern convention designed to conserve the world's natural resources, and on 2 February 1971, the first site was declared at the small Iranian town of Ramsar. This protection is of international significance in the conservation of natural biodiversity and halting the loss of world-wide wetlands and preserving and managing those still in place.

The Ramsar site includes the offshore sand islands and surrounding mangroves, intertidal mudflats, marshes, sandflats, coral reefs and seagrass beds. Around King Island there are extensive intertidal areas that are valuable for supporting waterbirds and fauna of conservation significance, as well as providing important nursery conditions for fish and crustaceans. So the island is now titled a "Conservation Park",



*Relaxation on King Island, 1909. Photo: Supplied.*

just one hectare of mangroves with shore and dune vegetation, surrounded by Moreton Bay Marine Park and included within the Moreton Bay Ramsar site.

There can be no development; the location is to be maintained in its natural condition. Prickly Pear first came to Australia in 1788 and was introduced to King Island to stabilise and reduce the soil loss caused by tides and wind, but by 1920 the Pear was overrunning the natural vegetation. Introduction of the cactoblasts moth, to eat and kill off the Pear, was unsuccessful. Volunteers are slowly removing the Pear, now a declared weed, from the island. Ironically the Pear does assist in the regeneration of young native plants as visitors are temporarily kept away by the prickles. The new native seedlings do not become trampled before they have time to become established.

Infantile Paralysis (Poliomyelitis) is a disease little heard of today. In 1903 there was no known treatment. Patients were advised to live a healthy life and bathe daily in warm salt water. The Phillips family, who lived at Hamilton Heights had a young daughter, Jo, who contracted the disease. Being a sailing family, they explored the bay for somewhere to live, and decided to move to King Island. They stayed there for 16 months.

Mr Phillips was the manager of the Brisbane branch of the Commercial Bank of Sydney. He continued working in Brisbane and travelled each day by boat to Wellington Point, took a lift to the station and then a train ride, arriving for a daily 9.00am start. Similarly, he returned home to the island around 6.00pm in the evening, often in the dark. Mother Phillips, left on the island with seven children and a maid, is known to have been a very good cook and always full of energy.

Clarrie Phillips, brother to patient Jo, was another of the family's seven children. In 1980, at the age of 89, he wrote of his memories of the time spent on the island, from December 1904 to April 1906. Here

are snippets from his writings.

*"We spent 16 lovely months there... Daily, the children were swimming, boating and fishing. The fish were plentiful, as were oysters and crabs and these became the stable diet of the family. There was no fresh water on the island so 'Old Mr Radford', who had a stall on the Point, was engaged to carry water over to us. At low tide he came in his trap, drawn by his faithful horse 'Duke'. The track across was fairly good as the coral pieces, pebbles and shells made a pretty good surface."*

But time was not all spent in play. The older children attended school. Clarence, Cyril and Bruce, aged 13, 11 and 7 years respectively, are recorded on the Wellington Point State School roll in 1905. Their address is "Camped on King Island", and father's occupation, "Bank Manager".

Clarrie noted with amazement, when writing in the 1980s, that the island had shrunk, saying that, "...more than half of the island has disappeared. The reason for that, was the action of the local council, in the 1930s. They cut down all the surrounding mangrove trees and the land washed away. The sandspit to Wellington Point has built up very considerably over time. We used to be cut off for three hours at each high tide.

*"Sleeping quarters consisted of a large marquee with a wooden floor and a bell tent for the boys. The maid had a separate tent. The dining room/kitchen was under a large cottonwood tree and was protected by a galvanized roof. There was a colonial oven and a lean-to with an open fire and a camp oven."*

The whole letter is available to read in the resources room of Wynnum Manly Historical Society located in the Wynnum Community Centre (the old Wynnum Central State School building) at 105 Florence Street, Wynnum. The room is open weekdays between 10am and 12noon.





# AND THE WINNERS ARE...

Wynnum Manly Arts Council's Kaleidoscope Exhibition showcased a bevy of brilliant artworks. Here are the winning artists with their awards.



The Community Leader Acquisitive Award winner Graham W. Smith.



Manly Harbour Gallery Best Acrylic Award went to Antonia Tester.



The Ivanovic Family Award was won by Simon Bell.



Manson Framers and Art Supplies Award for Highly Commended: Elizabeth Kling.



Manson Framers and Art Supplies Award for Commended: Christine Rimell.



Wild Art Best Pastel Award went to Yvonne Fraser.



Artist Slingshot Best Drawing Award was won by Bronwen Shannon.

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# WYNNUM MANLY & DISTRICT MEN'S SHED UPDATE

BY DAVID WESTLAKE, PRESIDENT, WYNNUM MANLY & DISTRICTS MENS SHED INC.

The Wynnum Manly & Districts Men's Shed held a belated celebration on the 27th October (belated due to Covid restrictions) for its 10th birthday. Over 100 people attended, and the surprise of the day were the Life Memberships awarded to Ron Haslet, Barry Mair, David Westlake and Wayne Holmes – the remaining four men who started the Men's Shed in Wynnum. They were blown away!

In other recent news, the Men's Shed held a sausage sizzle for the Mater Foundation's project, Catherine's House. The event raised \$1000, and this money will go towards the refurbishment of the old convent, a building to be specifically used for mums who suffer from Post Natal Depression and think about suicide.

At the moment there are only four beds in the public hospitals in Queensland for people suffering this illness. Our Men's Shed will also be supporting this organisation next year. We are very proud to have been able to support worthy organisations over the years. We also donate \$1000 annually to the Black Dog Foundation and \$500 to the Mater Little Miracles.



Foundation Members Ron Haslet, Barry Mair, David Westlake and Wayne Holmes with their Life Membership certificates.



John Kunowski and David Westlake presenting Sister Angela Mary with the donation for Catherine's House. Photos: Supplied.



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# CHRISTMAS TREASURES GALORE AT SHIRE CLERK'S MARKET

FROM THE WATERLOO BAY LEISURE CENTRE

Waterloo Bay Leisure Centre's final market for the year will be held on Saturday 12th December from 8am to 1pm at 241 Tingal Road, Wynnum. There will be over 70 stalls in the grounds of the Shire Clerk's Cottage and indoors in the auditorium of the Waterloo Bay Leisure Centre.

The market will showcase the creations of talented local artists and craft groups. Items for sale will include artworks, hand-made crafts, jewellery, plants and home-baked goods plus so much more.

The cottage will be open to the public for viewing and those famous Devonshire Teas will be served on the cottage verandah – if you haven't tried one, you're missing out! Hot food and coffee will be available from the canteen and a barbeque will be held in the cottage grounds.

The Waterloo Bay Leisure Centre will close for the year from Sunday 12th December and will reopen on Monday 10th January 2022. We wish all our members and guests and very Merry Christmas and Happy New Year ahead. Thank you for your support of our community centre.



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# BONNER CHRISTMAS APPEAL – HELP FOR LOCALS DOING IT TOUGH

The festive season has officially begun! This is a time of celebration and joy, but for some it can be stressful, isolating, and costly – especially during the ongoing pandemic.

Every year, Federal Member for Bonner Ross Vasta MP encourages locals to give the gift of giving by donating non-perishable food items to the Bonner Christmas Appeal. This year's appeal has now launched and will be running until Wednesday 15th December.

Mr Vasta said the goods will be spread across Bonner's not for profit groups where they are needed most including Mt Gravatt Community Centre, Access Street Van's in Mansfield, Rosie's, Beyond DV as well as church groups like St Peters in Wynnum and Citipointe Church in Carindale.

"This has been another challenging year for many individuals and families in our community. The Bonner Christmas Appeal is an opportunity for locals to spread joy and comfort to those who need it most by donating the simple food items most of us take for granted.

"While you're shopping for your loved ones this year, I encourage you to think about adding a few items to your trolley which can make a real difference to someone's Christmas.

"Together, let's make sure our community can enjoy Christmas."

St Pete's Pantry volunteer Marilyne Jacob said, "This is such a generous appeal; there is a definite need in this community".

"People's money is not stretching, and Christmas is that time where most of the community wants to help," said Mrs Jacob.

Donations can be dropped into the locations below any weekday between now and Wednesday 15th December between the office hours at each location:

- Ross Vasta MP at 69 Clara Street Wynnum (open 8:30am to 4:30pm)
- State Member for Chatsworth Steve Minnikin MP at Unit 1, Millennium Business Centre, Millennium Boulevard Carindale (open between 9am to 5pm)



Federal Member for Bonner Ross Vasta MP alongside St Pete's Pantry volunteer Marilyne Jacob at St Peter's Anglican Church Wynnum.

- Councillor Steven Huang at MacGregor Ward Office 2072 Logan Road Upper Mt Gravatt (open between 9am to 5pm)
- Councillor Lisa Atwood at Doboy Ward Office Shop 5, 1181 Wynnum Road Cannon Hill (open between 9am to 5pm)
- Councillor Ryan Murphy at Chandler Ward Office Shop 8 Millennium Centre, 14 Millennium Boulevard Carindale (open between 9am to 5pm)

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**Sudoku**

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

	3	8			1			9
1		9					4	3
2				4				
3				2	7			
							6	8
						2		1
	4					3		2
9				5				
6	8						5	

**Quick Workout**

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.

**Crossword**

**Focus**

An All Australian Word Game

- \* Each word must contain the centre 'Focus' letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words

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Reference: Macquarie Concise Dictionary Focus No. 3850

**TODAY'S FOCUS** Good: 10 words  
Very good: 15 words  
Excellent: 26 words

**ACROSS**

- 3 Low sand hills
- 7 Barrel
- 9 Beginning
- 10 Essential
- 12 Disposed to
- 13 Cockatoo
- 15 Goal
- 16 Giver
- 17 Division
- 19 Build
- 22 Hollow in the cheek
- 25 Offer marriage
- 27 Thespian
- 29 Choose by vote
- 30 Rested
- 32 Country
- 34 Sanity
- 37 Moving lightly over a surface
- 40 Small nocturnal

mammal

- 42 Of pressing need
- 43 Meditates
- 44 Cavalry sword
- 45 Prize
- 46 Vendor
- 47 Biblical quotation
- 48 Dogma

**DOWN**

- 1 Container
- 2 Make a hole in
- 3 Abstract
- 4 Combine
- 5 Happening
- 6 Wrongdoing
- 7 Tribe
- 8 Fly upwards
- 11 Worry excessively
- 14 Aircraft manoeuvre
- 16 Extinct bird

**18** Freight

- 20 Happen again
- 21 Unwelcome task
- 23 Confused fight
- 24 Is wanting in
- 26 Portion
- 28 Hermit
- 31 Fruit
- 33 Female sheep
- 34 Thoroughfare
- 35 Heckle
- 36 Whole
- 38 Loud raucous sound
- 39 Tend the sick
- 40 Old stringed instrument
- 41 Dissolve
- 44 Become firm

**Word Find**

P	A	N	G	E	R
E	S	D	O	N	T
E	P	D	E	S	U
K	E	O	E	E	E
R	C	N	R	E	F
E	T	I	K	K	R

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

- |        |      |      |      |
|--------|------|------|------|
| Anger  | Fern | Nest | Seek |
| Aspect | Keep | Nose | Sent |
| Deer   | Kite | Pork | Used |
| Don't  | Knee | Red  |      |
| Feed   | Nap  | Rope |      |

**Join the Dots**

What creature is this? Find out by joining the dots.

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mason moan moon moon  
muon myna nomo noon nosy  
nouon nous onus ony ony soon  
unyl gpus unum ununs

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# TIPS FOR A DECEMBER SEAFOOD BOUNTY FROM THE BAY



BY SPERO KARTANOS

The year is at its end and there have been plenty of fish in the bay. Not much is going to change in December, just more traffic on the water, but if you can get out on the nice calm days, I'm pretty sure you can come home with a good feed.

Whiting will close by Chain Banks, Maroon, Amity, the Rous Channel, the Sand Hills and most of the western side of Moreton Island. Drifting with a paternoster rig with blood worms, beach worms, squid strips or peeled prawns (especially when there is a good run in the tide) will get you a feed.

School mackerel will be all through the bay, especially the southern side of Hope Banks, Peel Island, and Shark Spit, so a diving board and a 3-inch spoon trolled behind the boat at around 5 to 6 knots is the best way to catch these fish.

The water will be warm enough for the spotty mackerel to come in the bay – these are much bigger fish with the females in first, followed by

the smaller males three to four weeks later – let's hope it's a better season than we've had in the past few years. The best way to catch these surface-feeding fish is a chrome slug (no wire) and cast and retrieve in the feeding schools. Water Tower Bait & Tackle carry a good non-expensive chrome slug that will work very well, and you don't have to borrow money from the bank to buy a few.

Squire and snapper will also be in good numbers around the shallow reefs and all our artificial reefs, so big baits like whole whiting or garfish, or whiting heads or mullet fillets will do the trick on a running rig with just enough weight to get to the bottom.

The tiger squid season should also be starting, so a squid jig on a float wherever you are fishing for whiting should get you a feed.

I hope you all had as good a year as possible. Have a merry Christmas and a happy New Year, stay safe on the water, and good fishing!

For weekly updates check out fishingmonthly.com.au. My Moreton Bay reports will keep you up to date.

PS: All you will need for the mackerel season ahead are chrome slugs, diving boards and Smith jigs and spoons, and squid jigs for your calamari.



Photos: Spero Kartanos.

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# RACING FOR FUN, FRIENDSHIP AND SKILLS

BY HELEN HENNESSY

**Do you own a yacht but have never considered racing? Maybe it is time to try!**

There are many cruising boats in Manly Harbour that never go racing. There are good reasons for the owners to reconsider this.

Racing improves your sailing. Anyone can sail a boat in calm weather, but safely managing changing conditions is a thing you learn when racing.

When you race you can compare your performance with those around you. If you see a similar boat going faster than you, you begin to think about what that crew is doing differently. Trim your sails in a similar way and, hey presto, you start to go quicker. And who doesn't want to get to an anchorage faster when on a long cruise?

Over time you are forced to tackle different weather conditions in races and again learn from your fellow competitors. The racing community is wonderful at sharing ideas and explaining the reasons behind decisions. You just have to be prepared to listen and learn.

Start racing in conditions that you feel you can handle and gain confidence. Start with white sails and then learn to fly a spinnaker. The race will push you but you can choose whether to go on the water on any given day or not.

In Manly there are a range of races in which you can participate. You can start racing on short courses like WAGS (run on Wednesday afternoons by Royal Queensland) and SAGS (run on Sunday afternoon by Wynnnum Manly Sailing Club) or slightly longer courses as run once a month by the Manly Combined Clubs. More information about all these races can be found on relevant websites or Facebook pages.

When you have some experience and gain confidence you may also like to participate in some of the much longer events but this is entirely up to the boat owner. Fellow racers will be keen to talk about the events in after-race debriefs at the bar. You may be invited to crew in one of the longer events on a bigger boat.

Cost may also be a factor. To participate in the shorter events you need a category 5 audit which the clubs can help you to organise. This audit ensures you have basic safety equipment – a good check for any cruiser. You will pay an entry fee to cover the costs of running the race and your crew will need Australian Sailing numbers which also provides them with insurance.

Why not have a try and meet some new people who also love sailing?

*Manly local Helen Hennessy is a keen sailor who competes regularly in races on Moreton Bay.*



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 26<sup>th</sup> Dec Closed  
 27<sup>th</sup> Dec 8am - 1pm  
 28<sup>th</sup> Dec 8am - 1pm  
 29<sup>th</sup> Dec to 31<sup>st</sup> Dec 8am - 4.15pm  
 1<sup>st</sup> Jan Closed  
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# AUSTRALIA'S LARGEST SHELLFISH REEF RESTORATION

Inspired by the Billion Oyster Project in New York Harbor, Australia's largest community-driven shellfish reef restoration project has launched in Moreton Bay led by fishing conservation charity, OzFish.

Over the next six years, OzFish and its team of volunteers – many of them recreational anglers – will work to re-establish 19.4 hectares of lost shellfish reef in the Bay, in an area adjacent to the Port of Brisbane.

Access to this part of the Bay for the habitat restoration was provided by the Port of Brisbane, who has also provided port land to support OzFish's shell recycling centre for over three years.

It's a milestone that's been years in the making and one that Craig Copeland, CEO of OzFish Unlimited, describes as a gamechanger for shellfish reef restoration nationally.

"We've lost more shellfish reefs across Australia

than coral reefs and we not only need people to know about it – we need the community to help in its restoration," Mr Copeland said.

"OzFish and our selfless volunteer recreational anglers have been working for more than four years, collecting the shells, and designing the ROBS and shell washing machinery."

While the next stage has commenced, the work is far from over.

From their base at the Port, OzFish will monitor and progressively place over 50,000 robust oyster baskets (ROBS) into approved areas of the Bay which will ultimately create the reef.

The ROBs are handmade by recreational fishers and filled with recycled and sterilised oyster shells, which provide the base structures for baby oysters to grow on.

With funding from the Australian and Queensland Governments, OzFish has also worked with many



Robbie Porter, Renee Ferenc (both OzFish) and Craig Wilson (PBPL) at the OzFish Shellfish Recycling Centre at Port of Brisbane. Photo: Supplied.

partners to get the project off the ground, including the Port of Brisbane and Healthy Land & Water.

Restoring these reefs not only creates vital shellfish

habitat, but also improves water quality, rejuvenates aquatic life and improves fish productivity. Ultimately, that means a healthier Moreton Bay and better recreational fishing for the community.

## PORT TIDINGS

DECEMBER 2021

LATEST NEWS FROM THE PORT OF BRISBANE



Port of Brisbane is Queensland's largest multi-cargo port, handling 95% of the state's containers and motor vehicles, and approximately 50% of its agricultural exports.

Over 70 businesses are located within the port precinct, employing thousands of people. We're also an active member of the local and regional community, supporting not-for-profit and community organisations and playing our part in protecting and enhancing the natural environment.

As 2021 draws to a close, we wish you and your loved ones a safe and festive holiday season.

### TRADE

In the busy lead up to Christmas together with continuing strong residential construction activity, the Port is experiencing high volumes of import containers led by household and retail goods, building materials and machinery.

Agricultural exports are also continuing to do well with high volumes of wheat, sorghum and chickpeas being handled through the Port on their way to global markets. While producers have faced challenging years impacted by the long-running drought and natural disasters, much-improved weather conditions have boosted production and the outlook remains positive.

### COMMUNITY

PBPL is proud to announce a total of \$9,000 was awarded to four groups working to improve their communities and environment at its October Community Consultative Committee meeting

The successful projects funding in this quarter include: Bayside Sea Scouts, Manly West Men's Shed, Lota State School and Sails at Bayside.

PBPL was proud to sponsor the Quandamooka Jarjums Camp on Minjerribah (Stradbroke Island) in October. The camp provides year six students from Dunwich and local Brisbane Bayside Schools with an opportunity to learn about indigenous culture and build connections with Country and local Elders.

### ENVIRONMENT

Great strides are being made by the Port of Brisbane's Operations Base, who have saved 65 tonnes of scrap metal from going to landfill since 2019 with the money raised going to support our Employee Charities.

In addition to scrap metal, the team also recycles containers through the Queensland Containers for Change Refund scheme. Since 1 July, the team has raised \$547.35 through container recycling and \$957.77 through scrap metal recycling with all funds going to our 2021/22 Employee Charity, Foodbank Queensland.

It's all part of our commitment to achieving zero PBPL-generated waste to landfill and net positive water by 2030.

### SAFE BOATING DURING THE FESTIVE SEASON

This Christmas please take care when using the Whyte Island Boat Ramp or out on the water. And, happy boating!

### Our 2020/21 Business and Sustainability Highlights

In September, we released our 2020/21 Sustainability Report which outlines the progress we've made on actions and initiatives during the year. The report is available on our website.



For more information about the Port of Brisbane, visit [www.portbris.com.au](http://www.portbris.com.au) or email [info@portbris.com.au](mailto:info@portbris.com.au).





# HOT DECEMBER MOVIES AT MAJESTIC CINEMAS WYNNUM

FROM MAJESTIC CINEMAS, WYNNUM

**Majestic Cinemas Wynnum has been entertaining the bayside for just over seven months now, and there's a huge summer of blockbuster movies coming your way!**

The long awaited 007's No Time To Die will finally hit cinema screens from November 11 and baysiders are hustling to get tickets to the Majestic Crown Lounge sessions. Fitted out with luxury seating, licensed auditoriums, meals provided by The Waterloo Bay Hotel and dessert selections to make you drool, movie lovers are rushing to nab seats before they sell out.

The community has also celebrated the chance to experience special event screenings at their own local cinema with sessions of Grease Sing-A-Long and The Rocky Horror Picture Show selling out.

Families are locking in kids birthday parties months in advance, and local businesses are booking private and exclusive sessions for their staff and clients.

Foreign language film fans are taking advantage of a monthly International Film Series as well as several Foreign Film Festivals held during the year so far.

The hugely popular Majestic Movie Club, that broke signup records when the cinema opened in March, continues to grow as members enjoy year-round discounts on tickets and the candy bar.

With six cinemas, including two Crown Lounges, Majestic Cinemas in Wynnum is proving to be a hit with all ages.

Head to [www.majesticcinemas.com.au](http://www.majesticcinemas.com.au) to check out session times, coming-soon movie lists, or to get in touch to organise your upcoming event.

December releases include the next instalment of the Tom Holland Marvel Spiderman series, while Sing 2 will keep the kids singing with joy throughout Christmas and Westside Story, out on Boxing Day, should have the discerning audience singing along as well. Matrix Resurrections will get the heart pumping with high-octane action scenes and a new take on the golden oldie Ghostbusters will make you laugh (and probably jump with fright) from January 1.

Majestic Cinemas in Wynnum, your local and independent cinema, looks forward to seeing everyone for a huge summer of blockbuster movies.



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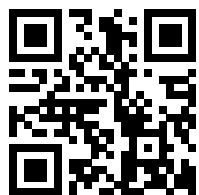


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### LOCALS'R'US

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We require people who will work a set roster each week. Must have a car and licence to be able to get to site. Must have a smart phone to collect tracking data for our clients. Must be able to follow and work maps.

Our crews start early to try and beat the heat, especially as we are coming into a hot summer. It is not a difficult job, we offer training, but it is a physically demanding job, with our crews travelling up to 25 kilometres a day. Our crews get fit and most of them lose weight. Genuine enquiries only please.

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# OVERTURNED TRIMARAN SPARKS TWO-DAY RESCUE

FROM BRISBANE COAST GUARD

**A freak wind gust in the bay turned a pleasant afternoon of sailing into a terrifying ordeal for a trimaran owner recently. The owner was preparing his vessel to enter the Manly Harbour leads when a wind gust over-turned his normally very stable trimaran, breaking the mast and spearing the jib arm into the cabin.**

The sailor was quickly recovered from the water, but due to the rough weather the Brisbane Coast Guard crews were initially unable to right the vessel.

“The vessel was in reasonably shallow water near the coast, so the mast was stuck in the mud,” explained Coast Guard skipper Geoff Stanhope. “Then we needed to collapse one of the outriggers so we could roll the boat the right way up.”

Complicating the recovery option, the Coast Guard team were receiving multiple calls for help as the wind picked up during the day. At one stage extra crews were mobilised, and the trimaran was left to float overturned while higher priority taskings were underway.

“We really appreciate members of the public who called to notify us of the upturned boat throughout the day,” Geoff added, “It’s great to see mariners looking out for each other”.

Coast Guard crews continued the recovery the following day, and in much calmer weather the team were able to right the boat and tow it into harbour. The owner was relieved that his boat was salvaged. He cautioned other skippers to remain vigilant in windy conditions, and added that even close to harbour unexpected conditions can catch people out.



Rescue crews work to recover the overturned trimaran. Photo: Rob Price, Brisbane Coast Guard.

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# LOCAL TRADES & SERVICES

Since The Community Leader's first issue, readers have asked for the inclusion of a local trades and services section.

To kick things off, we'd like to thank the local businesses that have committed to advertising in this section. If you'd like to promote your trade or service, **prices start from \$145 plus GST\* per month**, which includes a feature in our print and online version of The Community Leader.

\* Call Rhonda on 0416 245 193 or email sales@market2market.com.au. Bookings are for a minimum of 6 issues paid monthly.

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# FESTIVE FRUIT CAKE RECIPE

FROM THE ROTARY CLUB OF WYNNUM AND MANLY'S ISOLATION: KITCHEN DESTINATION COOKBOOK. CONTRIBUTOR: MICHELINE ROSE.

## INGREDIENTS

- 250g whole shelled brazil nuts, 150g walnut or pecan halves and 250g stoned dates, halved
- 100g glacé pineapple
- 100g red glacé cherries, 100g green glacé cherries, 100g glacé apricots
- 3/4 cup plain flour
- 1/2 tsp baking powder and a pinch salt
- 3/4 cup sugar
- 3 eggs
- 1 tsp vanilla
- 1 tbsp rum or sherry

## METHOD

- Grease sides and base of a large loaf tin (8in x 5in; 20cm x 13cm) or use two smaller tins. Line with two layers of greased paper. A ring tin is also good for the whole mixture.
- Place whole brazil nuts, walnuts, cherries and halved dates in large bowl. Chop pineapple and apricots into chunks and add to mixture. Sift together flour, baking powder and salt and then mix with sugar. Add to nuts and fruit. Mix thoroughly.
- Mix in beaten eggs, rum or sherry and vanilla. Spoon into prepared tin; flatten with back of a spoon.
- Bake in slow oven (150°C) for 2 to 2 1/2 hours. (Reduce cooking time to approximately 1 to 1/2 hours if using smaller tins).
- Leave in tin 10 minutes; loosen edges and turn onto a cake cooler and remove the paper. (Or brush with extra rum or sherry when cooked and cool in tin – this is what I prefer.)
- When cold, wrap in foil or glad wrap and store in the refrigerator.



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# BAYSIDE UNITED WIN PREMIER LEAGUE GRAND FINAL

BY KEVAN SANGSTER

**Local soccer club Bayside United were crowned champions of Brisbane’s Premier League last month, upsetting an undefeated Albany Creek Excelsior side in the grand final!**

In an enthralling game played at Brisbane Strikers’ Perry Park ground, the Lota club held minor premiers Albany Creek to a 1-1 draw at full time, with Conor Askew grabbing the first half goal. After a tense period of extra time produced no further score, goalkeeper Eddie Murphy proved to be the hero, saving three Albany Creek efforts in the penalty shoot-out to bring the trophy back to Bayside.

It’s the first time in their history that Bayside United had been champions of Brisbane’s top amateur league, and club President Greg Pascal was understandably thrilled. “Our boys were magnificent tonight and the supporters we had at Perry Park were a credit to our club,” Greg told us.

He went on to say that two other Bayside teams made Grand Finals this season too – the Senior Women and the Under 18 Boys – although both fell at the last hurdle and finished runners up.

With a successful season now behind them, the club is already planning for next year, when their victorious Men’s First Team will compete in the newly formed Football Queensland Premier League (FQPL).

Bayside is also looking to further invest in female football in 2022, having already built female-only changing rooms and increased the female participation at the club significantly in the last 12 months. The aim now will be to see that investment translate to success on the pitch, as they hope to get the Senior Women and Junior Girls’ teams higher up the Brisbane football ladder.



Photo courtesy of Pat Hoelscher Photography.

## AN INVITATION TO COMMUNITY GROUPS

As The Community Leader evolves, we’d love to include your local story. We openly encourage community groups, sporting clubs, and charities to contact us with their stories and photos. The newsletter’s objective is to promote activities and events in the community, while encouraging the support of local businesses. Thank you to the community leaders who have enthusiastically supported the idea of developing a friendly local newsletter. Please support them, and engage with them as best you can. Any submissions can be emailed to [sales@market2market.com.au](mailto:sales@market2market.com.au) for consideration.







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# DENTAL ANXIETY CAN BE CRIPPLING, BUT THERE IS HELP AVAILABLE!

FROM DENTAL ON CAMBRIDGE

Dental anxiety is common, but there are some great ways to manage it. Dental anxiety is a term used to describe fear, anxiety, or stress in a dental setting. Some signs of dental anxiety are sweating more than usual, racing heart, low blood pressure, crying, and feeling nauseous.

Being scared to visit the dentist can result in delaying or avoiding dental treatment, which can result in worsening dental disease, therefore a greater need for emergency treatment and more complex treatment. All these things can mean you can fall into a vicious cycle of dental anxiety, as a trip to see your dentist is never simple, often meaning you're in pain before you come!

However, if you're able to find ways to manage your dental anxiety and can work with your dentist to bring your oral healthcare treatment up to date, the good news is that you can move to a preventive relationship with your dental care. That means a trip to the dentist is your routine examination and clean, rather than an emergency appointment because you're in pain!

It's especially important to speak with your dentist about how they can support you to access treatment if your anxiety is stopping you from completing treatment. Some ways which your anxiety can be managed at Dental on Cambridge include asking us to play your favorite meditation, playlist or audio book through our noise-cancelling headphones, watching some peaceful moving art on our ceiling mounted TVs, taking some medications prior to your appointment to help you relax, or accessing our onsite nitrous gas commonly known as 'happy gas' during your routine examination and clean or during required treatment.






Our team is also more than happy to book some extra time for your appointment if you need more time with our dentists to talk through your preferred treatment settings and solutions. Need some extra support to get your dental care under control? Why not give our team a call on 3348 6661 or book online [www.dentaloncambridge.com](http://www.dentaloncambridge.com).



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We understand your time in our boutique salon is precious, so we make sure every moment counts. It's an escape from the everyday, where you can drift away in a sea of relaxation and surrender yourself to the blissful Beauty on Belmont experience.

We have so much to offer our wonderful clients, including hair services, waxing, tinting, eyelash extensions, manicures and pedicures, massage, facials and teeth whitening. We also have incredible packages that include a little bit of everything – perfect if you want a whole package for yourself!

The Beauty On Belmont Team is always here to help, and can't wait to see you soon! Call 0433 077 909 or book online through the webpage <https://www.beautyonbelmont.com.au> to give yourself that much needed "me time".



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