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ISSN 2652-8738

WE'RE ALL ABOUT GOOD NEWS!

Community Leader

SCAN AND SUBSCRIB

TAKE IT EASY THIS EASTER AND SHOP **CLOSE TO HOME**

Hop to it! Put a call out to friends and family, pack a picnic or book a table at a local restaurant - Easter is a great time to catch up with loved ones, take stock and recharge for the rest of the year.

It's easy to fill your Easter basket with goodies when you shop locally, and there's no shortage of food, gifts, and experiences to be enjoyed in your village.

Your local retailers would love to see you. With everything from handmade chocolates to fresh produce, homewares, flowers and fashion, you don't need to travel far from home to support your community and enjoy a fabulous Easter.

If you're looking for something to do this month, check out our What's On section on page 4 and on The Community Leader's website, and take advantage of some great events in your neighbourhood.

Pictured: Ash, Riley and Olivia enjoying a pre-Easter catch up at Wynnum jetty.

LISTINGS

See what local property is on the market in your community.



THE ANZAC SPIRIT LIVES ON

FROM WYNNUM RSL

It was early Sunday morning in 1915; the sun was yet to rise as the ships carrying Australian troops steered towards the shores of Gallipoli.

As the allied troops came ashore, their gazes washed over the rugged coastline; the Ottoman soldiers stood atop the steep and impenetrable hills. The allied forces had landed two miles further south than intended in the dark. This tremendous error saw copious amounts of causalities and the beginning of a battlefield like no other.

The campaign to capture the Gallipoli Peninsula lasted eight months and is considered a military disaster – though the characteristics and strength displayed by our troops are now legendary. These soldiers demonstrated immense bravery, endurance, sacrifice and mateship. Their spirit lives on over 100 years later.

April 25th not only commemorates the landing but also remembers and acknowledges all those Australian soldiers who have served in conflicts and peacekeeping missions and sacrificed their lives for our nation.

At the going down of the sun and in the morning, we will remember them.

This year the Anzac Day march will commence at 9.15am on the corner of Bay Terrace and Clara Street. If you'd like to participate in the march please contact the sub-branch at subbranch@wynnumrsl. com.au. If you wish to lay a wreath at the 9.45am service, please see reception or call us on 3396 7333 reception@wynnumrsl.com.au.

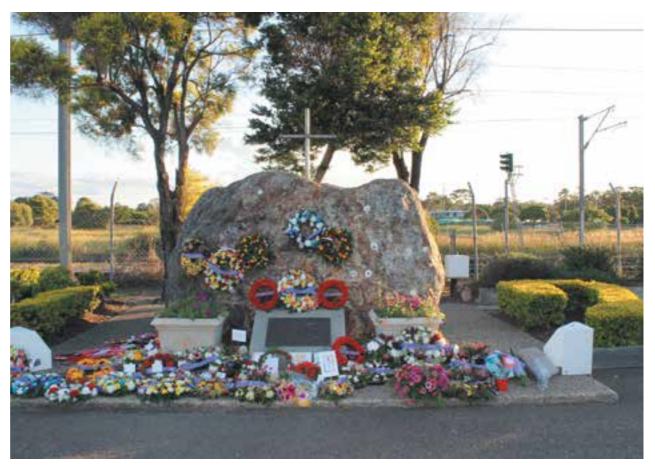


Photo courtesy of Wynnum RSL.



Notice of Public Meeting

ST PAUL'S ANGLICAN CHURCH MANLY 99 ERNEST STREET, MANLY THURSDAY 7 APRIL 2022 7PM As a proactive response to our ministry context and for the benefit of the whole Manly community, the Parish of St Paul's has voluntarily opted to sell the site of our current church to enable the expansion of Manly State School and the relocation of the parish to the Anglicare SQ Chapel at E.M. Marsden Tooth Memorial Home. While the sale of the church is proposed the parish will not be closed. The ministry of St Paul's in our local community will continue.



MANLY WEST'S STUDIO YELLOW CELEBRATES FIVE YEARS

Manly West art school, Studio Yellow, has celebrated its 5th anniversary. Art teacher, Natalie Lynch, launched her business in December 2016. Since that day, Natalie has worked tirelessly to establish a creative space for adults ready to nurture their mental health by adding creativity into their lives.

After becoming a widow in 2009, when her husband succumbed to his depression, it became apparent to Natalie that more needed to be done to help people find joy and a real sense of purpose. As a qualified art teacher with almost 30 years of experience, she decided to use her expertise to focus on helping adults in need of support and guidance when embarking on an artistic hobby.

For anyone considering a new start in 2022, Studio Yellow offers therapeutic art programs and workshops for beginners (and those with some art confidence), teaching a wide variety of media.

"I want my studio to be a place that people look forward to returning to each time – a bright, fun space that also feels safe for clients to be open to the stories and experiences that unfold within the four walls," said Natalie.

For more information about Studio Yellow scan the QR Code below:















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FOR MORE INFO OR TO BOOK ONLINE: WWW.WATERLOOBAYHOTEL.COM.AU 75 Berrima Street, Wynnum. PH: 07 3893 2344. EMAIL: infoewaterloobayhotel.com.au



If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

ANZAC DAY DAWN SERVICE AND MARCH - WYNNUM



Monday April 25 from 5am

The Dawn Service commences at 5.00am followed by the march starting at 9.15am on the corner of Bay Terrace and Clara Street. If you would like to participate in the march, please contact the Wynnum RSL subbranch at subbranch@wynnumrsl.com.au. If you wish to lay a wreath at the 9.45am service, please see Reception or call 3396 7333 or email reception@wynnumrsl.com.au.

WYNNUM VIKINGS AFL SPORTMAN'S LUNCH



Friday 24th June, 12pm – 4pm Waterloo Bay Hotel, Wynnum Book early to secure your seats. Tickets are \$120 each or \$1,100 for a table of 10.

Tickets available from: https://www.eventbrite.com.au/e/wynnum-vikings-sportsmans-lunch-2022-tickets-274523556347



If you have a local event you would like to promote online or in print, contact Rhonda on 0416 245 193 or Damien on 0421 786 302 or email sales@market2market.com.au.

SATURDAYS

Jan Powers Farmers Markets

Saturday 2 & 16 April, 6am - 12pm

Parkrun is a weekly free 5km timed run.

More information at parkrun.com.au.

Little Bayside Park, Manly

Wvnnum/Lota Parkrun

Every Saturday from 7am

Various locations

Free to attend, family friendly.

TUESDAYS

Vision in Voice Community Choir

Tuesdays 10am – 11.30am Birkdale School of Arts Hall, 101 Birkdale Road, Birkdale Everyone and every ability is welcome. Suitable for adults with disabilities, sight impaired people, seniors, those with early stages of dementia, suffering Parkinson's, anxiety or depression and anyone looking for a joyous, positive experience. This is an all-inclusive choir welcoming everyone who loves to sing. For more details call 0411 430 658.

Wynnum/Manly Meditation Circle

Wynnum Tuesday 6.45pm – 7.45pm Thursday 7.30pm – 8.30pm Free Community Relaxation classes. Call John on 0403 676 435.

WEDNESDAYS

Wynnum Manly Older Women's Network

The group meets on the first Wednesday of each month. Municipal Hall, Corner of Bay Tce and Cedar St, Wynnum. Are you new to the Wynnum Manly area, and would like to meet other ladies for social activities, or learn with some of the programs of OWN? The next meeting is on April 6th at 10am. For more information phone Di on 0411099848. More information about OWNQ is on www.ownq.org.au.

Social Tennis

Wynnum Tennis Centre 9.00am – 12.00pm Social tennis costs \$10 and includes a light morning tea at Colina Street Tennis Centre, Wynnum.

Wynnum Manly Bayside Socials Group

Meets the first and third Wednesday of every month at Celtic Corner, 45 Cambridge Parade, Manly 6.30pm – 7pm A \$1 donation is appreciated. More details on meetup.com.

Social Sailing: WAGS Roval Queensland Yacht Squadr

Royal Queensland Yacht Squadron, 578 Royal Esplanade, Manly Every Wednesday from 12pm.

Zumba Gold

Drevesen Park, 352 Upper Esplanade, Manly Every Wednesday 8am to 9am Zumba costs \$6 pp For more information phone 0428 419 157.

THURSDAYS

Be Active & Healthy: FREE Zumba and Line Dancing classes

Wynnum Community Centre, 105 Florence St, Wynnum For more information call 07 3403 8888 or visit eventbrite.com.au.

Bayside Health Nook: Wynnum Heart Foundation walk 7.30am

Meet at BHN coffee and walk along the esplanade with a friendly and supportive group. info@baysidehealthnook.com.au 07 3162 2778.

BlueBottle Cocktail & Tapas Bar: Karaoke Thursdays

More information is available by calling 0431 588 498 or

For more information call 07 3161 3764 or visit

Drevesen Park, 352 Upper Esplanade, Manly

55 Cambridge Parade, Manly

bluebottlemanly.com.au.

Free Yoga & Meditation

Every Thursday 7am - 8.15am

go to Facebook.com/Suniyoga20.

7pm – 11pm

SUNDAYS

Sunday Sounds: Tide on the Jetty William Gunn Jetty, 1 Wyvernleigh Close, Manly Every Sunday 3pm – 6pm Find out more by calling 07 3396 8962 or visit tideonthejetty.com.au.

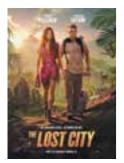
Manly Creative Markets Little Bayside Park, Manly 8am – 2pm Free family friendly event.



FOR MORE GREAT EVENTS IN THE COMMUNITY, VISIT THECOMMUNITYLEADER.COM.AU

WHAT'S NEW AT THE MOVIES

FROM MAJESTIC CINEMAS, WYNNUM



The Lost City (CTC) – April 7th

Reclusive author Loretta Sage writes about exotic places in her popular adventure novels that feature a handsome cover model named Alan. While on tour promoting her new book with Alan, Loretta gets kidnapped by an eccentric billionaire who hopes she can lead him to an ancient city's lost treasure from her latest story. Determined to prove he can be a hero in real life and not just on the pages of her books, Alan sets off to rescue her.



Rabbit Academy (PG) - April 7th

Max is the first city rabbit ever to be chosen in the master class for Easter rabbits. When the Easter rabbits' most powerful magical possession, the "golden egg", turns black, Max and his friends must find their very own superpower to protect Easter. Leo, the leader of a gang of city rabbits, wants to destroy Easter, and tricks a family of foxes into stealing all the Easter eggs. Max's only chance to save Easter lies in teaming up with the fox Ferdinand. But can a rabbit really trust a fox?



Fantastic Beasts: The Secrets of Dumbledore (CTC) – April 7th

Professor Albus Dumbledore knows the powerful, dark wizard Gellert Grindelwald is moving to seize control of the wizarding world. Unable to stop him alone, he entrusts magizoologist Newt Scamander to lead an intrepid team of wizards and witches. They soon encounter an array of old and new beasts as they clash with Grindelwald's growing legion of followers.



The Northman (CTC) – April 21st

From visionary director Robert Eggers comes THE NORTHMAN, an actionfilled epic that follows a young Viking prince on his quest to avenge his father's murder. With an all-star cast that includes Alexander Skarsgård, Nicole Kidman, Claes Bang, Anya Taylor-Joy, Ethan Hawke, Björk, and Willem Dafoe.

Join the Movie Club & get discounted tickets & more!



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THE BONNER UPDATE







ANZAC DAY ON THE BAYSIDE

It is tradition on Anzac Day to wear a sprig of rosemary, as it is to lay a wreath of remembrance or bake a batch of Anzac biscuits. Over the last few years, I have started a tradition with my boys to make the wreaths that I present at ANZAC services around Bonner. As we do this, we talk about the incredible sacrifice that so many young Australians gave defending our country. I will again be making wreaths with my boys to lay at services throughout the Bayside. A list of times and places can be seen below.

- Lota Manly RSL: 4:15 am Dawn Service, 8: 00 am Parade starting on Ernest Street near Manly State School.
- Wynnum RSL: 5am -Dawn Service in RSL Carpark, 9:15 am -March starting on the corner of Bay Terrace & Clara Street, 9:45am- Wreath Laying Ceremony & Service, 1:00pm- Club will be open to public. If you wish to register to lay a wreath for this ceremony, please call 3396 7333
- Bayside National Servicemen's Association: 6:10am sunrise service at Darling Point memorial.

LINDUM CROSSING STAGE 2

Getting locals home sooner and safer is a priority of mine, one which I share with many of my colleagues. I am proud to have led the way in ensuring our roads are safer for residents, so they spend less time travelling and more time with friends and family. I am pleased to announce Stage 2 of Lindum Level Crossing upgrade, which includes short-term safety signalisation as we look towards Stage 3. Stage 2



has seen an all levels of government approach come to provide funding and work together towards a solution that will help keep locals safe on our roads. This next phase of the project will include a realignment of the intersection layout, installation of traffic lights, and median island, as well as a new controlled and dedicated pedestrian crossing. I will keep working towards making sure our roads are safe for locals.

CALLING ALL BMX BANDITS!



If you haven't checked out the upgrades at Bayside BMX, then I encourage you to do so! I am happy to see the Federal funding I secured from the Stronger Communities Grant has allowed the Bayside BMX to upgrade their clubhouse. This funding has improved safety for members, volunteers, and the community by allowing the club to upgrade from their shipping container to a new, permanent structure. The new clubhouse also enables Bayside BMX to expand business operations and engage more of the local community. It's great to know that this funding is helping provide safety for members, whilst also giving the club the opportunity to grow. So, make sure you grab you bike and some mates and head on down to the Bayside BMX track for a great day out. If you are interested and want to get involved, please contact the Bayside BMX on 0411 066 220.

LAWN BOWLS ON THE ROAD!

Club Manly has a rich history within our community, and I am proud to be supporting the club through a Stronger Communities Grant. Although I still need quite a few lessons when it comes to lawn bowls myself, I am pleased to know this Federal Government grant will allow lawn bowl veterans to spread their passion and skills with the next generation. From this funding, Club Manly has been able to purchase new equipment



that can be easily transported throughout our local area, enabling them to take lawn bowls to local school students who cannot travel. This is a fantastic outcome for our community and is a great way for the younger generation to engage in lawn bowls, whilst also hearing the life lessons and stories from older generations within our community. If you would like to give lawns bowls a go or think it would be great for your school contact Club Manly today on 3396 3272.

69 Clara Street, Wynnum QLD 4178

07 3893 3488

ross.vasta.mp@aph.gov.au

rossvasta.com.au

6

EASTER FUN BY THE BAY

CONTRIBUTED BY THE MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

Hop along to Manly Harbour Village these Easter holidays and discover something for everyone!

Easter is upon us, and as the weather cools down and some of us get a mini break, April is the perfect time of year for embracing the cooler days and shorter nights.

Pay a weekend visit to Little Bayside Park at Manly Harbour Village and pick up fresh produce from local growers at the Jan Powers Farmers Market on the 1st and 3rd Saturday of every month (6am - 12pm), or find artisan wares, plants, coffee, crafts and much more at the Manly Creative Markets every Sunday (8am - 2pm).

Cozy up with hot cross buns and hot chocolate or other delicious treats at the range of cafes, bakeries and patisseries in the Village - including Manly Bakery, Le Bistro, Keith's on Cambridge and Cambridge Lane Espresso, to name just a few.

Looking for ways to keep the kids entertained over the holidays? Pick up some great deals on Easter treats at Jones & Co IGA and set up an Easter egg hunt down at Little Bayside Park or in the newly replenished foreshore plaza. Just remember to leave no trace! For indoors fun, visit the Mad Hatter's Bookshop in Manly Harbour Village, with school holiday workshops, themed parties and more – visit their website for event updates.

For grown-up fun, drop into Bluebottle Bar or Manly Deck for open mic or karaoke nights, or grab a relaxed pint and feed at Celtic Corner Bar & Bistro, Manly Hotel, or Manly Deck.

However you plan to spend this Easter, we look forward to sharing it with you at Manly Harbour Village.

For our full business directory and to discover more, visit manlyharbourvillage.com.





Where Brisbane meets the bay

manlyharbourvillage.com f

COMMUNITY UPDATE

JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

INTERNATIONAL WOMEN'S DAY

Last month's International Women's Day was a wonderful occasion to meet some of the amazing women who live and work in the Bayside. I would like to share some of their stories.

Wynnum Senior Police Liaison Office Jacqui O'Leary was rightfully recognised by Wynnum Community Place's Everyday Amazing campaign, Jacqui has been PLO for 24 years, has volunteered at Rosie's and as a Winnam Aboriginal Torres Strait Islander Co-op board member and is a respected member of the community.

The Bayside Women in Business IWD lunch at the Wynnum Leagues Club was an outstanding success, what a wonderful opportunity to meet and speak to so many local business women with guest speaker Elena Gosse, CEO of AIS Water. She is an award-winning woman in STEM and a passionate advocate for domestic and family violence survivors.

I also attended an International Women's Day lunch at the Wynnum RSL to raise funds for Dementia Queensland. Sadly, 63% of Australians who live with dementia are women, while somewhere between 79 000 and 244 000 women are carers of people living with dementia. Congratulations to Linda Whitbourn, local JP and Zumba instructor on such an engaging and successful event.

Rotary Club of Wynnum Manly also hosted their 4th IWD Breakfast at the Wynnum Gold Club, we heard from the impressive mother and daughter Nirmala Prasad and Dr Jayishni Maharaj. The event was again a huge success.

Here's to strong women. May we know them. May we be them. May we raise them.





BAYSIDE BUSINESS OF THE MONTH

Last month, the Courier Mail named Port Stop Cafe - Best Pies in Brisbane the best eatery in Lytton and Baysiders agreed! That's why Port Stop Cafe (119 Export Road, Lytton) is my March Bayside Business of the Month.

Richie and his team serve up 700-800 pies a week, with a range of incredible flavours like lamb and rosemary, pork and caramelised apple, and crowd favourite steak, bacon and cheese. They also have a lot of other delicious options on their menu like beer battered chips and roasts. Congratulations Richie!



NATIONAL AND MARINE PARK CLEANUP

I joined Minister Scanlon, Minister for the Environment and the Great Barrier Reef, for a recent announcement regarding the clean-up of flood debris in our waterways and walking tracks. \$745 000 in State Government funding will be provided to volunteer groups to help speed up recovery efforts. Our very own Ocean Crusaders were successful in a \$150,000.00 grant as part of the important clean up work.

CLEAN AIR WYNNUM

Clean Air Wynnum invites local residents to share their opinions and experience.

Clean Air Wynnum has purchased 10 Purple Air Monitors though a Commonwealth Volunteers grant, with Bayside Creeks Catchment Group acting as auspice to the application. This follows their 12-month joint citizen science project with the Queensland Government Department of Environment and Science.

You can join their mailing list to learn more about the project and suggest locations for the monitors by emailing cleanair2wynnum@gmail. com. Their meetings take place at Wynnum Library on the second Wednesday of the month at 3pm.

Joan**Pease mp State Memeber** for Lytton

FROM REDLAND TO RUSSIA: MUSEUM CELEBRATES LISA BOLTE

BY SANDRA DAVIS

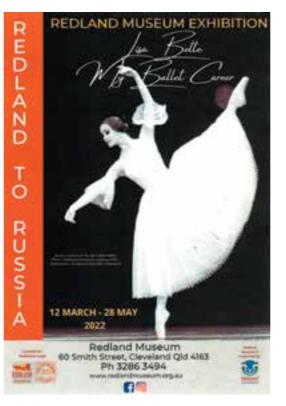
Redland Museum in Cleveland is hosting an exhibition celebrating the career of an internationally known ballerina who did her early training from 1975 to 1981 at the Caprice Dancing School based in Manly.

The name of this ballerina is Lisa Bolte, who has fond memories of her dancing days in Manly under the tutelage of Margaret Lucas, Janice Schoenauer and Sandra Ashley, all three of whom nurtured Lisa's deep love of dance. These teachers shaped and instilled knowledge of ballet technique and discipline during the six years Lisa was with them. All three attended the exhibition's opening, aptly titled "Redland to Russia", on Saturday, 12th March.

Caprice Dancing School lessons were held in the 1914 heritage hall at St Paul's Anglican Church at 99 Ernest Street, Manly. This was originally the church until 1964 when the present church was built.

Little did Lisa know as she trained in Manly that she would be invited to dance across the world from Canada to England, Italy to Russia, lunching with Queen Elizabeth, dining with Princess Diana, dancing with Rudolf Nureyev and even featuring on a Australia Post stamp!

It is wonderful to know that Lisa's stellar ballet career was fostered in Manly.







St Paul's church hall, Ernest St Manly, now and then, where Lisa Bolte's early dance training took place. Photos: Supplied.



WILLIAM GUNN JETTY - 1 WYVERNLEIGH CLOSE, MANLY QLD tideonthejetty.com.au - 07 3396 8962 **f** © @tideonthejetty

PETER CUMMING'S LOCAL AREA UPDATE

COUNCILLOR FOR WYNNUM MANLY WARD

In last month's The Community Leader I referred to long term business Manson Framers as though it had gone out of business.

This is not correct. Manson Framers continues to trade and will continue to do so.

Manson Framers are situated at 6 Ronald St, Wynnum. They are open for business Monday to Friday 9am to 4pm and Saturday 9am to 1pm. Their entrance is opposite Wynnum Central railway station. As well as a framing service they also sell art tapestry, needlework supplies and an extensive range of art supplies and materials.

My apologies for any confusion caused.

Kerbside Collection Is COMING – April 2022.

Council has rescheduled your kerbside large item collection due to flood waste collections.

During the week commencing Monday 4 April 2022 residents in Manly, Wynnum West and Manly West will have their acceptable household items collected.

Please place items for collection on the kerbside prior to or on the weekend of 2-3 April 2022.

Lindum Crossing UPDATE

Aside from the flood issues, late last week Council announced the plans for Lindum Level Crossing. I am pleased to see further changes are to occur. Further improvements are to be made with the installation of traffic signalisation.

The initial works were completed in December. These works included:

- Installation of a new median island on the northern approach to the intersection
- Extension of the median island on Lindum Road
- New longer 12-metre boom gate on the eastern approach
- New pavement and road line marking.

The next step is described as 'Short-term Signalisation'.

Project details

- Realigning the intersection layout to the west of the existing open level crossing, to achieve a perpendicular crossing. This improved geometry will make it safer and easier for road users to travel through the area with improved sightlines and visibility.
- Installing traffic lights on the roads that neighbour the level crossing to control all traffic movements through the crossing.
- Installing controlled pedestrian crossing facilities on Lindum Road and Kianawah Road.
- Removing the right-turn from Sibley Road into Kianawah Road to further improve safety for road users.
- Installing a U-turn facility on Kianawah Road so those travelling westbound on Sibley Road can access Lindum Road and North Road.
- New controlled, dedicated pedestrian crossing facility at the open level crossing.
- New yellow box line marking and road surface.

The impacts are:

- Removal of right turn from Sibley Road into level crossing, left turn only with U-turn provision on Kianawah Road, to improve intersection safety
- Two full land resumptions
- Four partial land resumptions

Budget

The project budget is \$20 million of which the Federal Government will be contributing \$10 million and Brisbane City Council and the State Government will contribute \$5 million each.

Construction is to be completed by the end of 2023.

More Details

To see the map and further details the Council website is - https:// www.brisbane.qld.gov.au/traffic-and-transport/roads-infrastructureand-bikeways/road-and-intersection-projects/lindum-level-crossing

To make comment email cityprojects@brisbane.qld.gov.au and please cc me at wynnummanly.ward@bcc.qld.gov.au

LINUUM LEVEL CROSSING SIGNALISATION



We are fortunate to live in a great community. I would like to acknowledge the businesses who, over previous months, have been named as the BEST in Brisbane for their services.

I know there is always questions over polls, but our local businesses are great and to have three in recent time acknowledged as the best is a great achievement.

Congratulations to Mali for Cedar and Pine on Bay Terrace, Wynnum being named The Courier Mail's Best Bar in Brisbane.

Congratulations to Ben Davey for Rebuild Health and Fitness on North Road, Wynnum West for being named The Courier Mail's Best Gym in Brisbane.

Congratulation to Richard and Sarah Hudson of Hudson Brewing, Gibb Street, Wynnum for recently winning Best New Brewery at the Royal Queensland Beer Awards.

It shows our business community has a lot of talent and a lot of potential. So please support our great local businesses.



Wynnum Manly Ward Office 3a/212 Bay Terrace (Cnr of Pine Street) Wynnum Qld 4178 Office hours:8.30am-4.30pm, Monday-Friday Phone: 07 3403 2180 Email: wynnummanly.ward@bcc.gld.gov.au



What a tough month for so many in Bonner!

Thank You to the many generous people within the Bonner electorate, for stepping up and helping out. It has been heart wrenching to see the wide-spread devastation caused by the recent flooding. The need for strong community connections and support is vital at these times. There are many important issues that are affecting our constituents and in April, we are holding forums to provide you with the opportunity to have your say. What have I heard that's important?



Addressing the concerns of NDIS clients

Access to Mental Health Services

Better community access to local representative

APRIL COMMUNITY EVENTS

Please join me to have your say during a variety of general and targeted events during April. In particular, the NDIS and Mental Health forums. For updates and more information, please feel free to email/call me or check the @KimPriorTNLBonner Facebook page Scan to access Facebook Page >



WEDNESDAY 6 APRIL - 9.30 to 10.30am Coffee Catch Up - Frenchie's Cafe, 142 bay Terrace WYNNUM SATURDAY 9 APRIL - 10.30am to 12 Noon NDIS Forum - Location TBA - Please Check Facebook for location and updates WEDNESDAY 13 APRIL - 6 to 7PM Town Hall Discussion - Online - Please Check Facebook for link FRIDAY 22 APRIL - 10.30am to 12 Noon

Mental Health Forum - Location TBA - Please Check Facebook for location and updates

OUT AND ABOUT IN BONNER

Climate action

March was a month with plenty of opportunities to connect with the community. Of particular mention – celebrating IWD with Bayside Women in Business group, accepting donations for flood affected residents from Sam Nielson & Team (ReMax Bayside) & informative discussions with constituents at the Banter Coffee morning.





Thank you to Som Nielson & her team at ReMax Bayside to their generous donations to help those in our community affected by the floods. $K_{\mu\nu} \mathcal{P}_{\mu\nu} h$

KIM PRIOR DELIVERING FOR BONNER -POLITICAL ACCOUNTABILITY, INTEGRITY & ACCESSIBILITY

I would like to issue an open invitation to everyone to have your say. You can contact me directly or attend one of our planned community events during March – details can be accessed via the **@KimPriorTNLBonner** Facebook Events Page.

GET CONNECTED

GET INVOLVED

SE HEARD



AUTHORISED BY KIM PRIOR TNL,

53 MARTIN PLACE, SYDNEY, NSW 2000



iner



kimprior13



kimpriortnlforbonner.squarespace.com



SPONSORED BY MARKET 2 MARKET 20



Name: Archie.

Suburb: Capalaba.

How long have you lived here? Three years.

Your favourite local walk? I love the dog park, and Parkrun Capalaba.

Your most treasured toy? A doggy rubber tyre.

Your favourite food? Any food the baby drops on the floor. I'm a good vacuum!

What's your favourite local hangout? Preferably on someone's lap.

Name: Ollie.

Suburb: Capalaba.

How long have you lived here? I've lived here for three months.

Your favourite local walk? In the backyard, as I have not had all my needles yet.

Your most treasured toy? Anything I can chew!

Your favourite food? I eat anything at an amazing speed. My Mummy says I "inhale" my food.



Your worst habit? I like to bark

at anything I see or hear outside (people, birds, other dogs on way to park, meter and mail person).

Your best doggo friend? Ollie.

Any funny or embarrassing stories you'd like to share? I like to play hide and seek, doing laps around the house.

What do people love most about you? I'm great company.

Your worst habit? I don't have any bad habits!

What's your favourite local hangout? On anyone's lap.

Your best doggo friend? Archie.

Any funny or embarrassing stories you'd like to share? I love wrestling with Archie.

What do people love most about you? I am small, cute and I'm an extremely good looking miniature dachshund like Archie.



SHOP MM1 WYNNUM PLAZA, 2021 WYNNUM ROAD I 3348 5044





KEEPING YOUR DOG ENTERTAINED WHEN YOU'RE NOT AT HOME

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL



Dogs are social and inquisitive animals. Many people will have discovered the perils of leaving a dog to keep themselves amused – holes dug in gardens, furniture and belongings chewed and escape routes planned!

The arrival of COVID in our lives over the last two years has resulted in a lot of dogs having much more company at home than they would previously. As conditions change and we shift back to working away from the home our dogs are often left to their own devices again. Here are some tips to help your dog use their energy in positive ways!

EXERCISE

Find a time in your day to exercise your dog – whether it be a long walk by the bay, a short session of fetch in the backyard or a trip to the dog park to catch up with some furry friends, taking some time to get your dog to burn off some energy will generally result in them being calmer.

ENVIRONMENTAL ENRICHMENT

Make your backyard an exciting place for your dog to be. Providing a sandpit (a plastic "clam shell" swimming pool filled with sand) and burying toys and treats can keep a dog amused for ages! Snuffle mats can be used to hide treats — like a miniature hide and seek for your pet to explore. In the hot summer months a treat such as a small piece of meat frozen in the centre of a block of ice will keep a food motivated dog entertained.

RE-THINK FEEDING TIME

Dogs don't necessarily need to eat from a bowl. Providing a meal in a different vessel such as a Kong, a treat ball or a puzzle bowl can help turn a meal into a more stimulating experience as dogs have to work for their food. Scatter feeding is an easy way to stretch out a meal -a handful of their usual dry biscuits spread out over the grass will keep them occupied for longer.

DOGGY DAYCARE

There are a number of doggy daycare providers in the local area – lucky dogs get to spend the day playing with other like-minded pooches.



Wynnum Manly Veterinary Hospital

To make an appointment call 07 3396 6488

vets@wmvh.com.au

232 Bay Terrace, Wynnum, QLD, 4178

Mon to Fri: 8am - 7pm Sat: 8am - 12pm Sun: 8am - 11am

OWN: A NETWORK OF LAUGHTER, FUN AND FRIENDSHIP

BY DESLEY MOLNAR – OLDER WOMEN'S NETWORK, CAPALABA

Members of the Older Women's Network (OWN) Capalaba celebrated their 7th birthday and International Women's Day in March. A fantastic and lively group of ladies shared lots of laughs and a delicious morning tea and birthday cake.

OWN Queensland is part of a national network supporting the needs and interests of older women from all walks of life with a range of activities throughout the local branches.

The members of OWN Capalaba provide mutual support, companionship, information, social activities and contributions to the wider community. At monthly meetings invited speakers present information on topics such as health, safety and resilience. At other times members share their stories and skills. The group also meets once a month for morning tea at local cafes or for BBQs in the park.

OWN has previously contributed to the community in a variety of ways and this year Rotary Capalaba, local businesses and family members have made donations towards the group's current project, Hope in a Suitcase. Members will fill suitcases with essential items for the organisation to distribute to children in foster care.

OWN members are proud to be themselves and encourage members to grow through laughter, friendship and social inclusion.



Whatever your interests you are invited to join OWN as a guest or member at our Capalaba or Wynnum branches.

To find out more, contact: Naomi Jarvis, Convenor Capalaba, 0424 060 603 Desley Molnar, Convenor Capalaba, 0409 594 908 email: own.Capalaba@hotmail.com Facebook: Older Women's Network (Qld) Inc.Capalaba

BERNARD LAKEY



FOR BONNER

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/BernardLakeyGreens

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I am standing for Bonner because the electorate needs a fresh view. With 35 years experience as a professional accountant, I understand business and the pressure of managing the day-to-day

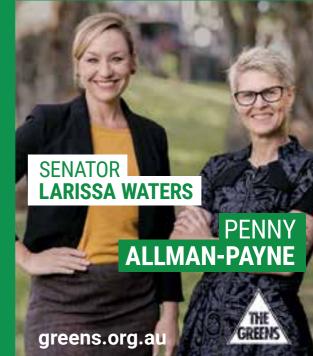
Under the current Government inequality has worsened. The Greens policy "Better Rights, More Pay and Secure Jobs" is about removing this inequality, about ensuring all in our community can thrive.

The Greens are the only party in Australia that has equality and justice for all as core values. These are values I strongly believe in; when we have equality and justice for all in our community, business and individuals prosper.

Find me at:

Manly Farmers Market - 2nd April 8am to 11am. Brisbane Southside Chamber of Commerce Breakfast - 20th Apr 6.30am to 9am. Mount Gravatt Market - 24th April 6am to 12 noon. Manly Craft Market - 30th April 8am to 11am.

VOTE 1 GREENS





WYNNUM POLE BANNERS

Have you noticed them?

Over the last seven months, Wynnum Commerce Inc (WCI) has partnered with Wynnum Fringe and local small businesses to bring a little pride, information and colour to our streets. Artwork was provided by Wynnum Fringe and our wonderful mural at Cultivation Lane.

Tick off the ones below that you've already spotted and see if you can get them all.

Pole banners will be up for renewal on 1 July 2022.

If you are interested in being involved please contact WCI at info@wynnumcommerce.com.au.

BECOME A MEMBER

We have free community memberships and paid business memberships.

Community members will benefit from a combined voice for the reinvigoration and sustainable growth of Wynnum; first knowledge of activities and campaigns being planned, plus opportunities to get involved; priority invitations to local events and functions.

Business members can benefit from: visibility on our online directory, including

SEO backlinks to increase domain authority and reach; logo placement in our monthly Community Leader page as a supporting member, plus our monthly e-newsletter to the wider community; social media promotions and priority corporate sponsorship opportunities.



WYNNUMNOW.COM/UPLATE DATES

6 MAY **5 AUGUST 11 NOVEMBER**

Sign up here



LOOKING BACK: WYNNUM'S ICONIC WADING POOL

BY SHANI DOIG

What would memories of a childhood spent at Wynnum be without some reference to the Wynnum Wading Pool?

To a child's eye it seemed the single most enormous pool in all of Brisbane and sat there tantalising and tempting ready for seemingly hundreds of children to paddle, splash and slide every weekend.

If you say "slide" to a child today they think of wave and water parks and the seemingly death-defying water slides that exist therein.

When I talk of the slippery slide at the Wynnum Wading Pool back in the day I am talking of a wooden structure with a few steps leading up to a metal slide into the pool.

That's right kids – none of this plastic stuff, my generation risked splinters and very hot bottoms before sliding down a whole metre and a half into the water below.

We may not have been the daredevils of today, but we were tough - really, really tough!

It's funny, when I think of the wading pool I think of children, as its depth is just perfect for pint-sized people. Imagine my surprise then to learn that the wading pool was not designed to be the sole purview of children but also for their adult counterparts.

Built in 1932 by depression workers, it opened in 1933 for the use of day trippers and holiday makers who, prior to its construction, had to swim in the sea. Alas with both sharks and jellyfish being a very real threat for those who took at dip in Moreton Bay, the wading pool was designed in the 1920s as a safe and rather respectable alternative.



Now of course times have changed and most adults can find their way to swimming pools or the ocean allowing the wading pool to be used for the most part by children. It is the laughter and squeals of absolute delight from said children that bring a smile to my face every time I visit.



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PORT OF BRISBANE FLOOD RESPONSE AND RECOVERY EFFORT

FROM THE PORT OF BRISBANE

The recent flood event has significantly disrupted and devastated many communities in South East Queensland and northern New South Wales, and the thoughts of Port of Brisbane Pty Ltd (PBPL) continues to be with everyone impacted.

Port operations were impacted due to the flooding, with the sheer volume of debris and build-up of siltation creating dangerous conditions in the navigational channel. This dangerous marine environment led to the Acting Regional Harbour Master (Maritime Safety Queensland) to temporarily halt shipping movements at the Port.

In total, upwards of 160 obstructive items were identified by Maritime Safety Queensland downstream of Hamilton together with around 60 navigational aids that were rendered in operable.

The recovery efforts were further impacted by the sheer force and turbidity of the Brisbane River for days and weeks afterwards, which created challenging conditions for all involved.

Waterside operations were most significantly disrupted, with landside access to the Port remaining open by road and rail throughout.

Under the direction of the Acting Regional Harbour Master, PBPL and its customers and stakeholders have worked around the clock to

help identify and remove debris to enable the safe resumption of shipping movements.

For PBPL, our efforts were focused on deploying our team of Hydrographic Surveyors, supported by our Marine Crew, who used their world-class hydrographic surveying technology to identify potential hazards in and around wharf infrastructure.

While it took time to restore shipping movements, safety must always come first.

On Thursday 3 March, following extensive planning and simulation, the first vessel movement was authorised by the Regional Harbour Master.

The movement was made under extreme caution and a result of strong collaboration between the Regional Harbour Master, Svitzer, Ampol, PBPL's Operations personnel, Pilots, and the ships' agents and masters. Subsequent shipping movements continued to operate under the same caution as the first.

It is pleasing to see the port returning to normal operations under the direction of the Acting Regional Harbour Master.



The Stavanger Falcon was the one of the first vessel movements at the Port of Brisbane post-floods on 3 March, under the direction of the Acting Regional Harbour Master.

It has been a challenging time for the port community, as it has been for so many across SEQ and northern NSW. We thank all of our customers, stakeholders and the community for their patience and will continue to prioritise safe operations in all that we do.

Port of Brisbane's 2022/23 Community Grants Program is now open!

We're looking to support local organisations making a big difference in their communities.

Grants of up to \$15,000 are available for eligible not-for-profit and community organisations. Apply now – applications close 30 April.

www.portbris.com.au

PORT of BRISBANE Here for the future



When not saving the world from ZOMBIES

We've made a pretty darn good website or two.

nichestudio.com.au Great web stuff (and brains)



IT'S OKAY TO FEEL DOWN OR ANXIOUS – YOU'RE NOT ALONE

BY DR ORLA BARRY, MANLY VILLAGE MEDICAL

It's been an eventful few years to say the least.

We've had unpredictable COVID lockdowns, isolation from friends and family, floods and terrible news all around. It shouldn't be a surprise that more and more people are coming to see GPs with concerns for their mental health.



Firstly, know that it's okay to feel down or anxious - you're far from alone

in that. Even before COVID, depression and anxiety were two of the most common reasons people came to see their GP. Feeling down or anxious is just the tip of the iceberg- fatigue, insomnia, irritability, loss of appetite, withdrawing from friends and family or lack of interest in hobbies are just a few of the other symptoms that you might notice.

Here are a few tips to help:

- Be kind to yourself being self-critical doesn't help.
- Reach out to friends and family even if you can't see them in person, talking with someone can help lift
 a weight off your shoulders.
- Try to avoid vices smoking, alcohol and too much food can all feel good in the short term but often leave us feeling regretful or worse than before.
- Exercise you don't have to hit the gym or run 5km, even short walks will release endorphins which can help improve your mood.

And of course, please see your GP. Your GP can help you access counselling, therapy, medication or other services to help support you on your journey.



If you are experiencing severe mental health concerns, suicidal thoughts or self-harm or are worried for your or someone else's safety please seek help urgently via 1300 MH Call.

For more information please consider:





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LOCAL PHOTOGRAPHER PROFILE: DAN HILLIER

Redland Camera Club member Dan Hillier shares his photography journey, and his inspiration to capture people and places on film.

"It wasn't until my early 30s that I realised that photography could be more than taking snapshots of family, friends and special occasions. Driving home one evening, I listened to a radio interview with a landscape photographer who described in detail the difficulties and dangers he faced to capture the perfect photograph. It was the most interesting interview I had ever heard. The idea of going out with the sole intention of just taking a photo was completely foreign to me at the time, but from that moment I was hooked.

"I immersed myself into the world of film photography and darkroom techniques for a couple of years before buying my first digital camera in 2009. A few years later, I heard about the Redlands Camera Club and decided to take a look.

"Not really knowing what to expect, I was actually surprised to learn that our local club was extremely active, attracting speakers from all over Australia and even from overseas. Every month, there is a different presenter discussing a topic that they are passionate about. Through being involved, my understanding and knowledge about photography has grown dramatically, and continues to do so.

"Perhaps the aspect of photography I enjoy most is the endless range of genres and subjects – there is always something new to attract my attention. And while I have an interest in the history of photography, and still use some film and chemical processes, I really enjoy the freedom and greater ability to experiment that digital cameras have given us."

Anzac Day 2022









Photos: Dan Hillier.

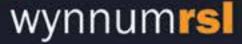
5.00 am Dawn Service - Club Carpark

9.15 am March: Starts Cnr Bay Tce & Clara Street

9.45am Wreath Laying Ceremony & Service

10.30 am Servicemen's Luncheon Doors Open. Tickets for the Servicemen's Luncheon on sale now from Reception. Members Only.

> 1.00 pm Club Opens. Bistro, Bar, Live Music, Two Up.



WHY YOU SHOULD STEER CLEAR OF CHEAP SOLAR PANEL DEALS

FROM GOODHEW ELECTRICAL AND SOLAR

You may have seen ads for cheap solar panels and thought they were too good to be true. Well, in most cases, they are. Cheap solar panels are usually made from lower quality materials and aren't built to last. In the long run, you'll end up spending more money on repairs and replacements than you would have if you'd just invested in higher quality solar panels from the start. So, why take the risk? Steer clear of cheap solar panels and opt for a quality product that will save you money in the long run. Your home and wallet will thank you!

NOT ALL TIER 1 PANELS ARE MADE EOUAL

As the saying goes - what you pay for is what you get; and, solar panels are no different. The past 12 months have seen extraordinary hikes in solar panel prices. Like most building materials, solar panels have been affected by the ever-increasing supply demands, material shortages and freight issues which have plagued the past 2 years of the Pandemic.

Cheap solar panels are made of low-quality materials and can break down quickly - especially in the harsh Australian climate. One of the most important components of a solar panel is the back sheet. For years, manufacturers have used cheap backsheet materials to cut costs; however, this is not ideal as the backsheet is one of the most important components. The role of the backsheet is to effectively insulate the rear of the panel electrically and prevent mechanical and environmental degradation of the internal module components. Most importantly, the back sheet protects the solar cells from UV radiation and moisture penetration, while offering durability to the panel as a whole. Failed backsheets can lead to cell-burn, cracked panels and in some cases could lead to more extreme events such as fire or electrocution

An easy visual test to see the quality of a solar panel is the translucence test. As seen in the image, you are able to see right through the backsheet on the cheap "Tier 1" panel. Whereas the LONGi panels that Goodhew exclusively use feature a highefficiency back sheet technology which lets very minimal light through.



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OZFISH CALLS ON QUEENSLANDERS TO LEAD ON FISHING RECYCLING

FROM OZFISH UNLIMITED

Queensland anglers can now recycle their old fishing tackle in any BCF store as an Australian first RIG RECYCLE program expands across the sunshine state.

In partnership with two Australian charities, Tangaroa Blue Foundation and OzFish Unlimited spearheading the movement, BCF are opening their Queensland stores as a drop-off location for anglers to contribute to litter prevention and recycling.

The program enables recreational anglers to bring their old, unwanted or recovered fishing tackle into any BCF stores in Queensland and dispose of it in purpose-built Rig Recycle bins.

The programs expansion has been made possible with support from the Queensland Government's Community Sustainability Action Grants Program.

Craig Copeland, OzFish Unlimited CEO and Founder, says that you can now find a Rig Recycle bin in every BCF store between Mt Isa to Burleigh Heads.

"It's a great program because it encourages anglers to become responsible stewards of the waterways they enjoy," said Craig.

"Queensland anglers who have been asking for a way to recycle their fishing tackle and play their part in reducing the impact this waste has on their local fish habitats," says Craig.

The Rig Recycle concept is an initiative developed by ReefClean to tackle litter in the Great Barrier Reef and has now been expanded into all BCF stores throughout Queensland. The aim is to help overcome issues such as pollution from discarded fishing gear, while also reducing the amount of waste sent to landfill.

All the tackle placed in the Rig Recycle bins will be assessed by volunteers and sorted to be either recycled into other products or repaired into small tackle packages to share with like-minded fishing charities.

"We can refurbish hard lures with new paint, bibs, split rings and hooks, with fishing- based charities reusing them for more sustainable fishing," Craig said.

Heidi Tait, CEO of the Tangaroa Blue Foundation said it is the first rig recycling program in Australia.

"There are only three other known rig recycling programs in the world, so it's a gamechanger for the Aussie fishing industry," said Heidi.



"The Rig Recycle bin will take mono filament line, plastic line spools, hooks, sinkers, swivels, lures, jig heads and floats, broken or unwanted," said Heidi.

Rig Recycle is a partnership of OzFish, BCF- Boating, Camping Fishing and Tangaroa Blue Foundation.



YOUNG AUTHOR HONOURED WITH GREEN FROG AWARD

FROM CAPALABA ROTARY CLUB

Capalaba Rotary Club recently welcomed guest speaker Siobhan Wilson, author and founder of Our Pixie Friends, to share her story that inspired a business to assist children experiencing medical issues.

Twelve-year-old Siobhan was born three months premature with several ailments, including allergies, asthma and eczema. Siobhan had open heart surgery when she was just one- month-old, but as she told the audience, "I'm not sharing my story to look for sympathy, but rather I want others to feel okay and not be afraid of medical issues".

"I want to share with you my business idea, which came to me when I was just six-years-old and on one of my many trips to the doctor."

Siobhan has published a book Sneezy Pixie Visits Amy, about a pixie who visits a child to help her overcome her fear of having nasal spray. Ten per cent of the proceeds from book sales and various materials are donated to medical research.

She has three other books ready to publish, and thanks to a grant from the Redland City Council through the 2021-2022 Regional Arts Development Fund, Siobhan will publish Minsky the Meltdown Pixie this year.

Capalaba Rotary awarded Siobhan the perpetual Green Frog Trophy, a certificate and a grant as the recipient of its prestigious Green Frog Award for transforming lives through literacy.

Siobhan was also honoured with a Paul Harris Fellow, and US\$1,000 was donated to The Rotary Foundation for Basic Education and Literacy.

ROTARY RECOGNISES LOCAL ENTREPRENEUR TOM OLIVER

FROM THE ROTARY CLUB OF WYNNUM AND MANLY

Tom Oliver is an actor, singer, producer and creative director from right here in Wynnum. He is one of Australia's brightest talents with a broad portfolio that includes music, theatre, film, television, cabaret and, of course, the successful Wynnum Fringe Festival.

Tom was the Founder and Artistic Director of our first Wynnum Fringe Festival in 2020, and with his help, Wynnum became the first live

Tom is pictured with Presidents David Groves and Jo-Anne O'Connor, Rotary District Governor Wendy Protheroe and newest Rotary member Margaret Vote also a recent PHF recipient. Photo: Supplied.

Fringe Festival in the world to proceed during a global pandemic. Last year, Tom returned to run his second successful Wynnum Fringe Festival, ensuring this local event got all the backing and support it needed to just keep getting better and better. Even the Rotary Club of Wynnum and Manly got a Wynnum Fringe BBQ gig!

At The Rotary Club of Wynnum and Manly's first meeting for 2022, Tom Oliver was awarded a Paul Harris Fellow (PHF).

Joint Rotary Presidents David Groves and Jo-Anne O'Connor explained, "we wanted to recognise Tom for his outstanding achievements in helping the wider and creative community grow and flourish and for helping to promote Wynnum to our greater Brisbane communities".



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SOLD \$1,380,000 20 Tamaree Avenue, Wynnum by Jacqui Brown



SOLD \$1,080,000 6 Aberdeen Place, Manly West by Richard Myers & Hayden Russell

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SOLD \$2,750,000 42 Boston Road, Belmont by Caiti Shaw & Jane Hayes



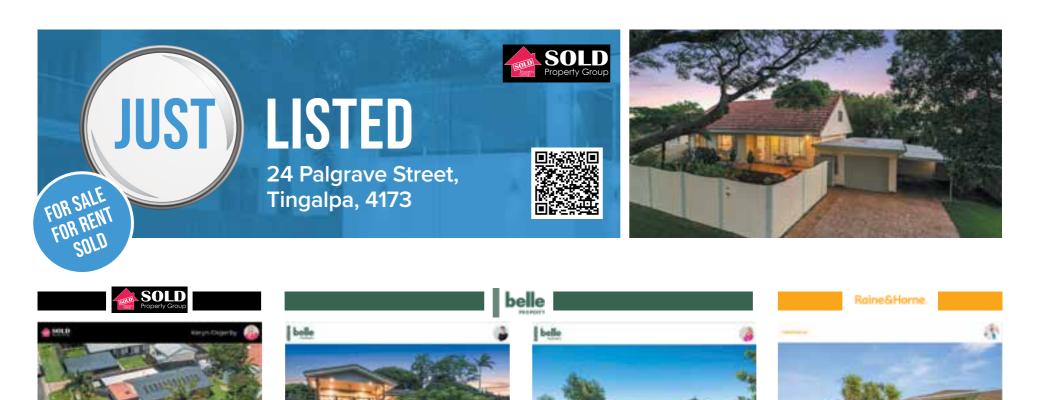
SOLD \$1,300,000 20/72 Bride Street, Wynnum by Jacqui Brown

Now under new ownership, Place Manly services another key market across Brisbane's Eastern Suburbs. Manly and surrounding Bayside suburbs will be serviced by experienced agents from our Gumdale and Bulimba teams who are active members of the community and have been delivering outstanding levels of service to buyers, sellers, landlords and tenants for years already. At the helm is Glenn Bool, who brings a wealth of experience in the residential real estate industry as a Lead Agent and professional auctioneer. The team will be operating out of our fast-paced Gumdale office while we look to secure the ideal location for our new office in Manly.



Get in touch with the Place Manly team today. **3107 6966** | **manly@eplace.com.au**





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action 2nd April at 12pm on-s

a Street, Manly West 4779

Developers may rejoice with nearby Park, Doboy creek which is mudcrab mecca, Queensland Film Studios, Morgan's Moorings and Queensport Tavern. The booming Port of Brisbane, Gateway bridge and nearby Manly Harbour, site of the Olympic yachting, are all just 15 minutes away. Convenience is the key from this ecology allotment. Room for ponies, putt putt and pool. Desiderata

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Publication Update

We have introduced a new section in the centre spread of The Community Leader and Real Estate News & Views.

New Just Listed

The objective of the new section is to give you an opportunity to market your home to locals in an affordable way.

To help plan your campaign with your local agent, The Community Leader is distributed at the start of each month, and Real Estate News & Views is distributed in the middle of each month.

Just Listed is supported by a digital offering on The Community Leader website called Local Listings, where you can view videos, photos and find the contact details of each agent. Simply scan the QR codes and they will take you to each property.

Ask your agent for more information.



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Wynnum

VALE KEITH RICHARDSON, Founder of Manson Framers

BY SHARON MANSON

Keith Richardson, the founder of Manson Framers in Wynnum, has sadly passed away at the age of 86, ten years after losing his beloved wife Laraine and youngest son lan in 2012.

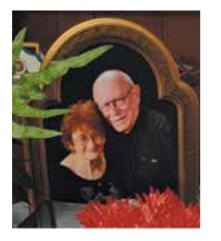
Keith founded Manson Framers in 1964. Family members Cameron and Sharon have been involved in the business for over 30 years and will continue the family tradition.

Contrary to recent reports and signage regarding the proposed development of the Manson Framers & Art Supplies shop site, the business will continue to trade and will

not be closing. The proposed development process may to take years to materialise, and if needed Manson Framers will relocate locally.

Keith's passing is not the end of his legacy, and we look forward to continuing to provide quality picture framing services and supplying the local community with art and needlework supplies.

We would like to thank our wonderful customers for their support and concern at this time.



LOCAL ARTIST PROFILE: LAURA LEWIS

FROM THE WYNNUM MANLY ARTS COUNCIL

Being back in the old school building stirred memories for local artist and Wynnum Manly Arts Council's Kaleidoscope Art Exhibition participant, Laura Lewis.

Laura attended Wynnum Central Primary between 1975 and 1981 – the location that is now a community building that hosts events such as the annual Kaleidoscope Exhibition.

When Laura began school at Wynnum Central in 1975, there were about 1000 students, and by the time she left, there were only about 300.

Laura felt very emotional being back in the room where she learnt screen printing. She also remembers learning ballroom dancing during her school years at Wynnum. Laura lives, thrives and falters with a mental illness.

On the topic of Special Ed support during this time, Laura recalled that they withdrew disabled students and educated them in a segregated environment. As you would expect, this drew much attention and teasing to the children who required additional support. Whilst Laura had no known disability at that time, she said she "worked mightily hard at fitting in".

Laura says she is very much an "inclusive education advocate" moving forward. Earlier this year, Laura felt



Laura and her partner Warren at the opening of the Kaleidoscope Exhibition. Photo: Supplied.

honoured when she was asked to speak at AIFS 2022 Conference Putting Families at the Centre.

With a toolbox of methods to manage her illness, Laura speaks openly about her struggles and wishes to impart the knowledge that she also uses her art to deal with the daily stressors in her life.

Laura's painting *Think Positive* expresses that this is not the answer to respond to mental illness but to consider other support mechanisms to enable those suffering to cope with daily life.

You can follow Laura on Instagram at lauralwisautisticadhder







WATERLOO BAY LEISURE CENTRE APRIL EVENTS

The Waterloo Bay Leisure Centre, located at 241 Tingal Road Wynnum, is delighted to announce its April market and concert schedule.

CONCERTS

12th April, 9.30am – Special Easter Concert with entertainment by Lachlan Wallace.

Doors open at 9.30am for morning tea followed by the concert from 10.15am to 11.45am. Lunch is served at 12pm. The cost is \$25 and includes morning tea, concert and a two-course hot lunch. There will be a prize for the best Easter bonnet, lucky door prizes and raffles.

26th April, 9.30am - Concert with entertainer Dennis Boland.

Doors open at 9.30am for morning tea followed by the concert from 10.15am to 11.45am, followed by a two-course hot lunch. The cost is \$10 for the concert plus morning tea, plus an additional \$10 for the two-course hot lunch. There will be lucky door prizes and raffles.

Bookings are essential for all concerts. Please phone 3396 9488 to make a booking.

SHIRE CLERK'S COTTAGE MARKET

Saturday 23rd April from 8am to 1pm

The market showcases local talented artists and craftspeople. Buy yourself an original painting or some of the beautiful handicrafts created within the Centre, including artwork, crafts, jewellery, clothing, home-baked goods, plants and much more.

There's over 70 amazing market stalls inside the auditorium and outside in the cottage grounds. Enjoy a delicious Devonshire Tea on the cottage verandah and be greeted by Iris the Pink Lady. Fresh scones for the Devonshire Teas are baked on-site on market day. The cottage is also open for viewing on market day.



Who will win this year's Easter bonnet contest? Fay Stewart and Daphne Hyde wearing Easter bonnets. Photo: Supplied.

WE NEED YOUR VOICE!

FROM THE WYNNUM CHORAL SOCIETY

The Wynnum Choral Society needs new singers, especially men (basses and tenors). We are happy, friendly people who really enjoy our time together. If you love singing and enjoy singing in harmony, we need you! If you also read music, that would be an advantage.

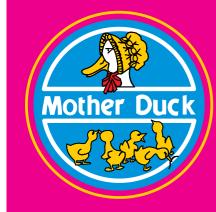
Our choir is a non-profit organisation, and our repertoire covers many styles including musical theatre, folk songs, ballads, sacred songs, opera and modern.

In normal times we perform two variety concerts a year (in May and November), the net proceeds of which are donated to local charities.

Fees for members are \$60 per six month term (\$120 per year), and music is provided.

Rehearsals are on Tuesday evenings from 7:15pm to 9pm at the Wynnum Christian Community Church, 161 Preston Rd, Manly West.

If you are interested in joining us, please contact our Conductor, Esme Gray, on 3396 1450. She would be delighted to hear from you.



Mother Duck Where Happiness Comes First

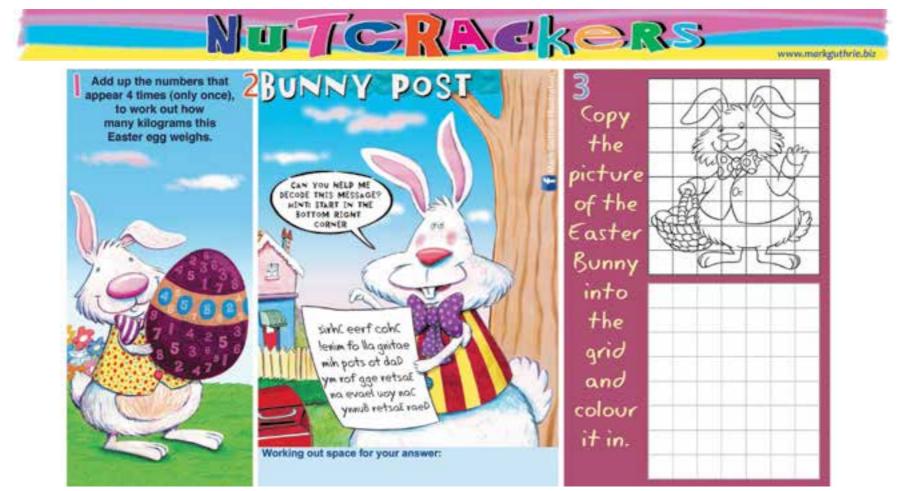
At Mother Duck Child Care, we start with happy. Our child care centres in Wynnum & Manly offer rich and rewarding work environments for the most passionate early childhood educators. Delivering the best in play-based learning programs, our happy educators inspire happy children. Contact one of our experienced management team to take a tour of our centres.

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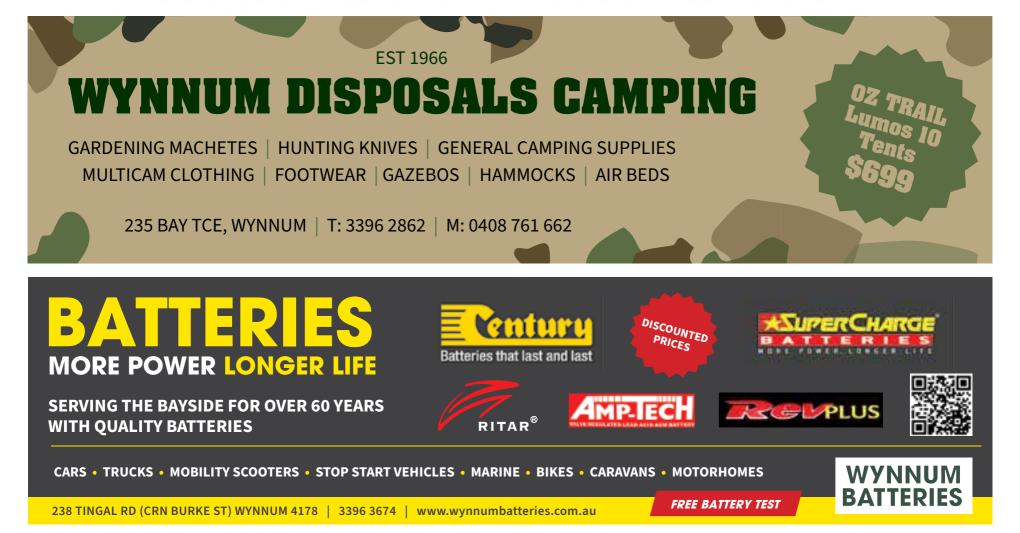


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Answers - Puzzle 1: 2 + 3 + 6 + 7 = 18 kilograms. Puzzle 2: Dear Easter Bunny can you leave an Easter egg for my Dad to stop him eating all of minel. Choc Free Chris.

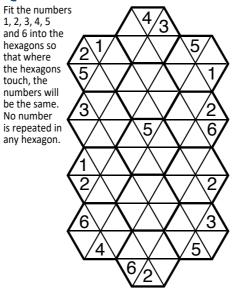


Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

2							9	5
						1		
		1			3			
9	8		7					
9 6						7		
	4		1	6	5			
				7		4		
		7		1	9	5	3	
		6	4	3				8

Quick Workout



Focus An All Australian Word Game Ε * Each word must contain the centre 'Focus' E letter and each letter may be used only once * Each word must be four letters or more * Find at least one nine letter word В Ν * No swear words * No verb forms or plurals ending in 's' * No proper nouns and no hyphenated words R TODAY'S Good: 16 words FOCUS Very good: 24 words **Reference: Macquarie Concise Dictionary** Excellent: 34 words Focus No. 3854

Word Find

L	Μ	Е	Т	S	Y
R	Е	V	Ι	L	D
F	Т	А	Ρ	Е	R
D	Т	G	S	Е	Е
U	D	Α	Е	Н	W
Е	Y	D	0	W	Ν

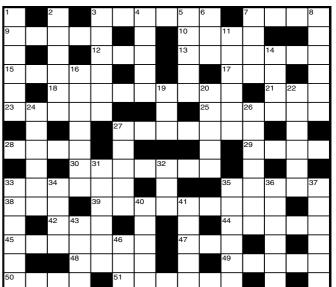
Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

Deer	Dye	Leash	Stem
Digs	Fee	Liver	Таре
Down	Gave	Pew	Tidy
Drew	Head	Ply	Wheel
Due	Item	Spit	

Join the Dots



Crossword



ACROSS 3 Hypnotic condition 7 Wagers

30 Sorrows

33 Consented

38 Female deer

35 Representative

39 Relating to geometry

9 American state 10 Above 12 Zodiac sign 13 Equilibrium 15 Shock 17 Stain 18 Come about 21 First woman 23 Added clause 25 Wears away 27 Remonstrate 28 Notion 5 Hooded serpent 29 Relief for the needy 6 Girl's name

42 Make a mistake 44 Hooked claw 45 Ease a burden 47 Small imaginary being 48 Male deer 49 Combine 50 Look for 51 Pendent ornament DOWN

1 Make worse 2 Gave a gratuity 3 Bank employee 4 Take as one's own

7 Heehaw

8 Views

14 Require

16 Common run

- - 36 Rich cake 37 Offer
 - 40 Greek letter 41 Water pitchers

33 Embellishes

34 Scottish dance

19 Flying Saucer

20 Rains heavily

24 Colour

26 Earache

31 Rue

32 Vigour

35 Cunning

22 Obnoxious creatures

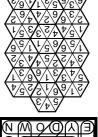
27 Company of lions

- 43 Chance of loss 46 Large tank
- 11 Church office holders

Solutions

Puzzles and pagination supplied by Auspac Media

treble tree tribe tern tier tile tiler tine tinier tire nite nitre relent rent rite teen inter lent LIBERTINE lint lite litre biter elite enter entire inert inlet beet belt bent beret betel bite









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Each month we're featuring standout special offers from local retailers, which is a great excuse to shop locally and keep your community's economy buzzing! Check out the monthly specials here and on The Community Leader's website.



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Mention you saw this amazing jacket here and you'll receive a free pair of earrings when you purchase this beauty. New season styles are arriving rapidly in small quantities, so be quick, don't miss out!

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HANDSOME HARRY Chocolate Bunny

Handsome Harry is a giant 2.5kg, 62cm high hollow milk chocolate bunny, decoratively hand painted with white chocolate.

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Wynnum Fine Jewellers 107 Edith Street, Wynnum 07 3396 6999 www.wynnumfinejewellers.com.au



PEACEFUL AFTERNOON

Artwork by Jess King available at Manly Harbour Gallery. Supporting local artists we have a huge range of original, affordable art for sale in store and online.

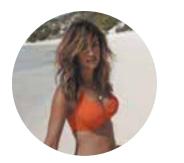
Manly Harbour Gallery 1/11 Cambridge Parade, Manly 07 3151 0151 www.manlyharbourgallery.com.au



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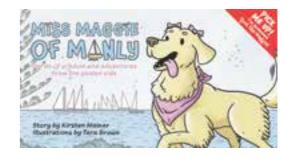


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If you have a product you would like to promote call Rhonda on 0416 245 193 or email sales@market2market.com.au **Discover what your neighbourhood retailers have to offer and visit www.thecommunityleader.com.au**

www.lebuste.com.au

DET EGG TIVE

CALLING ALL LITTLE DETEGGTIVES

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BAKED EASTER EGG CHEESECAKE RECIPE

Here's a delicious baked cheesecake recipe that tastes as good as it looks. The cake's plain top makes a perfect canvas to decorate with easter eggs, edible flowers or even miniature Easter figurines.

INGREDIENTS

CAKE FILLING

- 2 x 250g blocks of Philadelphia cream cheese (add a small dash of pink or yellow food colouring if you'd like your cake to be more colourful for Easter)
- 2/3 cup caster sugar
- A dash of pure vanilla extract
- 3 large eggs and one egg yolk
- 1 tbsp lemon juice

CAKE FILLING PART 2 - TOP

- 1 small tub (250g) of sour cream full fat or light
- 2 tsp lemon juice

CAKE BASE

- 1 packet of Nice biscuits or Gingernut biscuits
- 80 grams melted butter
- Add 1 tsp of mixed spice, cinnamon or grated nutmeg if you use Nice biscuits

TO FINISH

• Candied and/or chocolate eggs, and grated chocolate to decorate.

METHOD

- Preheat your oven to 175°c, and grease a 20cm springform tin.
- Prepare your base by crushing the biscuits (a food processor makes this easy, otherwise put the biscuits in a plastic bag and crush them with a rolling pin).
- 2. Put the crushed biscuits in a bowl and add the melted butter and spice, then stir to combine.
- 3. Using your hands, press the biscuit mixture into a greased 20cm springform tin to form a base for your cake, and pop it in the fridge to set while you make the cake filling.
- 4. In a stand mixer, combine your cream cheese blocks, caster sugar, lemon juice and vanilla on a low speed.
- 5. Once combined, add the eggs, slowly one by one, mixing as you go.
- 6. Remove your cake base from the fridge and pour in the cream cheese mixture.



- 7. Bake for 35-40 minutes (it should be almost set and light brown on top) then remove from oven, mix the lemon juice into the sour cream tub, then pour the sour cream over the top of the cake.
- 8. Return to the oven for another 6 minutes you'll see the top bubble at the edges.
- 9. Remove from oven and cool for 5 minutes, then sprinkle some grated chocolate over the top, then transfer to the fridge to cool completely, uncovered.
- 10. Decorate with various small easter eggs candy or chocolate, and scatter with generous amounts of grated chocolate.

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Sonny Jim Step right in.

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BEWARE MOVING SANDBANKS AND OTHER MARINE HAZARDS!

CONTRIBUTED BY BRISBANE COAST GUARD

Long-time Moreton Bay fishermen know that the sandbanks in Moreton Bay change over time. These changes happen rapidly in timescales measuring months rather than years. For example, the Rous Channel used today is not the same exit to South Passage Bar from 12 months ago, and beacons and markers move, fall over or are temporarily out of order.

"A lot of water rushes in and out of the bay as tides come and go, which moves the sand on the bottom around," Coast Guard skipper Paul Burchell said.

"We're called out regularly to help vessels with damaged props or stern drives because they've hit a newly formed sandbank.

"Just because you successfully transited a channel three or four months ago, don't only follow the track on your GPS. Keep a lookout for indications on the surface such as unusual

breaking water that might indicate shallow water, and if necessary, slow down so you can monitor your depth finder carefully and stop in time to avoid bottoming out."

Other hazards include vessels that sink and are barely visible under the surface, markers that fall over because they were hit or someone tied up to them, and temporary obstructions such as dredges.

Maritime Safety Queensland publishes several Notices to Mariners each week for the Brisbane Pilotage area. They are not just for commercial fishing craft but are important for all boaties. They cover information such as beacons and channel markers that have been moved or out of order, restrictions such as river closures, and other obstructions that sailors and power-driven vessels need to be aware of. All boaties are encouraged to check them regularly on the MSQ website at https://www.qld.gov.au/transport/boating/notices.



Crewman David Harris reviews a chart after a recent Notice to Mariners was issued. Photo: Brisbane Coast Guard.

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LOCAL TRADES **& SERVICES** Since The Community Leader's first issue, readers have asked for the inclusion of a local trades and services section.

To kick things off, we'd like to thank the local businesses that have committed to advertising in this section. If you'd like to promote your trade or service, prices start from \$165 plus GST* per month, which includes a feature in our print and online version of The Community Leader. Call Rhonda on 0416 245 193 or email sales@ market2market.com.au.

*Bookings are for a minimum of 6 issues paid monthly.



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MEET WYNNUM WEST STATE SCHOOL'S Newest leaders

FROM WYNNUM WEST STATE SCHOOL

Congratulations to the newly appointed Wynnum West State School Captains who were welcomed into their new positions at the end of last year ready for the start of 2022.

After a long wait, COVID restrictions were finally lifted and parents and carers of school leaders were invited to a formal parade and morning tea to celebrate their accomplishments. Every leader brings unique skills to the role and we look forward to them leading our school this year.

Leaders are expected to uphold the school rules and values of Faith, Honesty and Truth. Together

they have pledged that they will conduct themselves as respectable community members and commit to being reliable ambassadors for the school. Congratulations to School Captains, Carlos and Yu, and Vice Captains, Reese and Harmony, and to all our other captains who will lead the school this year.

INTRODUCING WYNNUM STATE HIGH SCHOOL'S 2022 CAPTAINS

FROM WYNNUM STATE HIGH SCHOOL



Wynnum State High School's 2022 Captains are Joey Masters, Tiana Collins, Andrew Cook, and Danica McAvoy-Crone. The captains will continue the proud tradition of outstanding leadership set by previous school captains, and are looking forward to a successful year of study and achievements.

THERE'S AN EXCITING SEASON AHEAD FOR SEAGULLS' JUNIOR TEAMS

BY ANTHONY CORVEN

As we approach the 2022 season kick-off, the mighty Wynnum Manly Junior Rugby League Club's teams have shown a lot of promise throughout the trial matches.

The BRL A grade team has had two trial games resulting in comprehensive wins for the Seagulls. Their first two regular-season home games are against Wests on the 2nd of April and then against Souths on the 23rd of April. These are fantastic opportunities to enjoy high-level local footy down at Kitchener Park.

In the ever-growing girls' rugby league space, the Under 14s' first game was successful against Beaudesert, with a dominant 40-12 victory. Despite only having three girls who have played rugby league before, the girls have formed a strong bond, which is evident in their strong round one victory.

Most of the younger kids will kick off their season after Easter. Some spots are still available as teams are selected in the coming weeks. If you want to inquire about playing in the 2022 season, feel free to pop down or just jump onto playrugbyleague. com. The Seagulls is a grassroots organisation that prides itself on making everyone feel welcome.



SQUID, WHITING AND SQUIRE ON THE MORETON BAY MENU IN APRIL

BY SPERO KARTANOS

What a March we had, with nearly a year's worth of rain in a few weeks, and the flooding and devastation were terrible. It's sad to see people suffering through no fault of their own, and the rubbish, pontoons, boats and all sorts of items floating out in the bay were unbelievable!

By April, the water visibility in the bay should have cleared, hopefully enough for the schoolies to come a little closer. Try the eastern side of Green Island and in between Green and the Hyubers, but the best bet should be on the south-eastern side of the Hope Banks, especially with the cleaner water at high tide.

The whiting will have gone further into the Rous Channel to Maroon Gutter, Amity Banks, and along the southern side of the Rous, but be careful you don't end up in the green zone - it's easy to do as the whiting are in the shallower water and fisheries will be going past, so keep an eye on your charts.

Squid (hopefully) will be better as the water gets cleaner but will be very skittish unless the water is crystal clear, which means you'll have to work hard to get them. Red and NKN Yamashita and Daiwa orange Emerald squid jigs should do the job best in the 3.5 sizes.

Mt Cotton reach will be worth a go in April with nice size squire, so let's hope the weather is good and the fishing is better.

It has been a year since the Hope Banks beacon has been operating on the BOM site, and we have accurate winds to plan our days by. I am very grateful to Dr Andrew Johnson, CEO of BOM, for making this happen - it's been fantastic for us to use the bay and get accurate readings of the wind in the Boilt and Tockle middle of the bay.



Photos: Spero Kartanos.







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If you are seeking a genuine long-term career within the motor industry and believe you have the skills, abilities and positive attitude to become part of the Bartons team, please send your resume to hr@bartons.net.au. We look forward to receiving your resume and you becoming part of the fantastic Bartons Team!

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Letterbox Distribution with a Difference Est: 2019

Locals'R'us are looking for workers!

We distribute flyers into letterboxes for clients in the Wynnum Manly area. Unlike most other flyer distribution services, we offer our employees an hourly wage. We are willing to give anyone a go who is willing to give the job a go. You will be employed on a permanent part time basis and, as such, you will have entitlements to annual leave, sick leave and superannuation payments. We pay under the Miscellaneous Award.

We require people who will work a set roster each week. Must have a car and licence to be able to get to site. Must have a smart phone to collect tracking data for our clients. Must be able to follow and work maps.

Our crews start early to try and beat the heat, especially as we are coming into a hot summer. It is not a difficult job, we offer training, but it is a physically demanding job, with our crews travelling up to 25 kilometres a day. Our crews get fit and most of them lose weight. Genuine enquiries only please.

Contact details: For more info, send an email to hello@localsrus.com.au, or contact us on Facebook or Instagram @localsrusqld. Phone Sharyn on 0403 189 625

BRANCHES

Branches Lifestyle Support

Branches Lifestyle Support is looking to employ two new part-time staff. Are you energetic with a caring nature? Do you want to support people with an intellectual disability to live a fulfilling life? Do you like variety every day? This could be for you!

One position involves shift work, including weekends and sleepovers and can lead to full-time hours for the right person. Could also suit a Uni student studying in the Health or Education industries, and the other position would suit a mum with school age children as the hours are 9-3 some weekdays.

Experience not necessary as we provide all relevant training. Must have own transport. Both positions are in the Bayside area. Must be Covid Vaccinated.

Please send through a cover letter with your resume as why you would like to work in the Disability Sector to Holly.Smith@bls.org.au or phone 38934528



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WYNNUM MANLY SEAGULLS' SEASON GETS UNDERWAY

FROM THE BMD WYNNUM MANLY SEAGULLS

Round one of the HostPlus Cup commenced on 20 March for the Seagulls, and unfortunately the result was 26-18 in a close match to the Burleigh Bears. BMD Kougari Oval was looking a treat, with the sun shining over a strong crowd to open the season.

Both teams boast plenty of NRL experience, however, it was Deine Mariner, on debut for the Seagulls, who stole the show in four-try effort. Mariner becomes the first HostPlus Cup player to score four tries on debut since former Seagull Daniel Ogden in 2009. The 18-year-old, who is contracted to the Brisbane Broncos, certainly has a bright future, and will be one to watch this season at right centre for the Seagulls.

On 2 April, the Seagulls will hold a BMD Premiership game at BMD Kougari Oval. The QRL women's competition has exploded since last season, and 2022 marks the first time the Seagulls have a team in this division, which is equal to the men's HostPlus Cup.

The following weekend, on 10 April, the Seagulls host Redcliffe in XXXX Rivalry Round. Redcliffe is the Seagulls main rival in the battle of the two bayside areas, and we're expecting an enormous crowd at BMD Kougari Oval. There will be plenty of action for the whole family at the Redcliffe match, and we welcome one and all on the day to support the Seagulls.

On Sunday 24 April, the Seagulls will host Souths Logan Magpies in an ANZAC Round clash against our fellow Broncos affiliate club. Always a big drawcard, the game against the Magpies will also celebrate the memory of Mitch Cronin, as the two teams play for the Cup named in his honour.

April will be a massive month for Seagulls. We would love your support for both our men's and women's competitions!



All matches this season can be viewed on QPlus.tv, a new streaming service implemented by Queensland Rugby League. If you can't make it to BMD Kougari Oval, this is your best alternative!

Up The Gulls!







SEAGULLS

SUNDAY

10 APRIL

2:10PM

BMD KOUGARI OVAL, WYNNUM Tickets available at: wynnumseagulls.com.au

NEITHER TENNIS NOR ELBOW

BY DR WAYNE GIBBON, CLINRAD

Medicine in the 1800s and 1900s seemingly liked to name conditions based on occupation with "Clergyman's Knee", "Postman's Heel" and "Wool Sorter's Lung" as examples. Sport has similarly been inspiration for elbow injuries such as "Little-League Elbow", "Golfer's Elbow" and of course "Tennis Elbow". In medical terms it is "repetitive overuse of the common origin of the extensor tendons". However, they are a group of tendons whose primary function is to extend not the elbow but the wrist. They cause the wrist to bend backwards. Where they come together at the outside of the elbow, they do so over an area similar in size to a mobile phone SIM card. Big, powerful muscles coming together at a small surface area attachment to bone is a human body design fault most notably occurring where the different groups of thigh muscles attached to the pelvis. Therefore, although the problem is felt at the elbow the overuse activity causing the problem is usually at the wrist. The linking in sufferers' minds to sporting activity is also unfortunate as it suggests high energy pursuits. The reality is that it is usually due to high repetition of low energy activities. Tennis elbow is potentially just as likely to occur playing computer video games as racquet ones.

Humans cannot tear normal tendons. We simply cannot generate the forces required. When we tear tendons, they have already been



softened without us even knowing it has occurred. The reason why tears become symptomatic even when small is that the process whereby the body encourages repair is inflammation and as with inflammation anywhere in the body inflammation also produces pain. The body thinks that pain is a good idea. If you have pain, then you cannot keep on doing the activity which produces the tearing. Unfortunately, many of us disagree with our bodies, and would prefer to continue with our sporting or occupational activities.

Ultrasound-guided steroid injections reduce inflammation, thus reducing pain in the short term but, as that inflammation is the repair process, it is best avoided if there is significant tearing already starting to develop. Platelet rich plasma (PRP) (your blood minus its red blood cells) when injected attempts to encourage repair. It takes time for the body to get its act together and it has less immediate, although often more prolonged acting, anti-inflammatory action than steroids. However, regardless of which option is chosen it should be combined with resting the wrist either through avoidance of that activity (physiotherapists will usually be able to help with this) or by using a removable splint where it can be used whilst still being able to perform the required activity. Speak to your doctor about these procedure options.

So... the problem is not usually tennis ... nor is it the elbow. But then again I suppose Tennis Elbow is a bit easier to remember than repetitive overuse common extensor origin tendinopathy.



HAVE YOU BEEN FLOOD-AFFECTED? ASSISTANCE IS AVAILABLE NOW

FROM JOAN PEASE, STATE MEMBER FOR LYTTON

I hope everyone has fared well following the rainfall in February and March. I would like to make you aware of the range of grants and assistance available to flood-affected businesses and individuals. I was truly heart warmed to meet with residents, businesses and sporting clubs that have helped each other in the recovery process.

Individuals

Brisbane City Council residents will receive waste levy exemptions to help with the cleanup. All flood-related waste including damaged goods can be disposed of at the a number of landfill locations without incurring a levy. Check out the BCC website for details https://www. brisbane.qld.gov.au/clean-and-green/rubbish-tips-and-bins/wasteand-recycling-facilities/resource-recovery-centres.

If your birth certificate or marriage certificate was destroyed, the Queensland Registry of Births, Deaths and Marriages is offering free replacements. Call 13 74 68 or email bdm.disaster@justice.qld.gov. au or more information.

Businesses & Community Clubs

The Business Queensland website (https://www.business.qld.gov. au/) and Small Business Disaster Hub (https://www.business.qld. gov.au/running-business/protecting-business/disaster-resilience/ disaster-hub) provides information and resources on how to respond and recover during natural disasters.

The Extraordinary Disaster Assistance Recovery Grants provides information about grants for small businesses and not for profit clubs may also be eligible. Applications are due by 5 September 2022 and can be made through the Queensland Rural and Industry Development Authority (QRIDA) (https://www.qrida.qld.gov.au/).

I also encourage small business owners to use the services of Queensland Small Business Commissioner, an organisation that empowers small business through collaborative advocacy (https://www.business.qld.gov.au/running-business/supportassistance/qsbc).

The State Government Sport and Recreation Disaster Recovery Program is providing initial grants of up to \$5000 to help eligible clubs with cleaning; clubs may also apply for the grant to reimburse invoices already paid. Level 1 funding will be available for three months following the event. For more information, including how to apply, please visit https://www.qld.gov.au/recreation/sports/ funding/disaster-recovery.



If you would like to be updated as information comes in, please contact my office on 3915 1100 or lytton@parliament.qld.gov.au to be added to my mailing list.

<u>Community Leader</u>

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Any submissions can be emailed to **sales@market2market.com.au** for consideration.

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ZONTA CLUB HOSTS INTERNATIONAL Women's day celebration

CONTRIBUTED BY THE ZONTA CLUB OF WYNNUM REDLAND

The Zonta Club of Wynnum Redland celebrated International Women's Day with a dinner at the Alexandra Hills Hotel.

Over 100 guests braved the weather to hear Assistant Commissioner Katherine Innes of the Crime and Intelligence Command of the Queensland Police Service.

Katherine spoke about her service in all aspects of policing over 29 years. Her comments on preventing offending and reoffending, particularly in juveniles, were very interesting. Katherine also spoke of the value of community involvement to complement the work of the police service.



Photo: Supplied.

The dinner also celebrated the presentation of the Zonta Club of Wynnum Redland annual Young Women in Public Affairs Award. Five amazing young women applied for the award, which Olivia Chissel won. Olivia attended the 2021 dinner with Her Cleveland District State High School cohort and is now studying at the University of Queensland. Olivia's speech left the audience in awe of the calibre of young women in our community.



LOCAL POETRY GOD GRANT ME BY GEOFF SMILEY

God grant me neither riches nor poverty. Not the power of wealth with responsibility and worry for my safety.

Not the grind of poverty. anxious for each day. Fighting envy and random luck just to be. But give me the middle road, of just enough. Not exposed, average accepted, avoiding highs and lows. © Geoff Smiley

Average is easy. Too much and not enough can be stressful.

AN INVITATION TO COMMUNITY GROUPS

As The Community Leader evolves, we'd love to include your local story. We openly encourage community groups, sporting clubs, and charities to contact us with their stories and photos. The newsletter's objective is to promote activities and events in the community, while encouraging the support of local businesses. Thank you to the community leaders who have enthusiastically supported the idea of developing a friendly local newsletter. Please support them, and engage with them as best you can. Any submissions can be emailed to *sales@market2market.com.au* for consideration.



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THE HISTORY OF THE WYNNUM RSL AND THE MANLY RSL

FROM THE WYNNUM MANLY HISTORICAL SOCIETY

WYNNUM RSL

On August 25 1925, the Commissioner of Railways received an application from the Lady Mayoress of Wynnum, Mrs J W Greene, for an area of land owned by the Commissioner to be made available for a site for a Memorial Hall for the Returned Sailors and Soldiers Imperial League of Australia (RSSAILA), Wynnum Branch.

The site chosen was Lord Kitchener's land and reviewed the troops returning to Lytton on January 3, 1910.

The application was successful. On the corner of Tingal Road and Berrima (now Colina) Street, the land was set aside on November 5 1925, as a "Reserve for a Soldiers Memorial Hall".

Mr G T Campbell of Federal Deposit Chambers, Brisbane, prepared the plans for the Hall. Tenders were called in October 1929, and the building soon commenced. A public ceremony was held on 7th December 1929, and the Hall was opened by Sir John Goodwin, Governor of Queensland. The post in the ground, marking Kitchener's location, in 1910, for the match past, was replaced with a granite and marble cairn.

The Commissioner for Railways extended the size of the piece of land in 1931. A Board of Trustees John Greene, William Gunn and William Nichols was proposed but never appointed.

The first Board of Trustees was appointed on October 8 1936, made up of George Paton, J P Donnelly and Edmund Calvert.

More land was purchased for a significant extension in 1937. When there were great extensions and renovations in 1954, extending



1929

from the Bowling Green to the Kitchener Memorial, the remodelled building was flush with the footpath alignment. Meeting rooms were added, card rooms, a billiard room and a library. Additional activities were incorporated into the RSL Club's program. Public entertainment was introduced. Septic was installed. The project cost £8,000.

Further extensions took place in November 1963 towards Colina Street over the site of the Memorial Cairn. The cairn was not incorporated into the building and disappeared.

Advertisements in 1973 indicated a further \$500,00 was spent on modernising the club. The lost marble face of the cairn was found in 1992, dumped in a suburban backyard. A new cairn was reconstructed 60 metres away from the old site, across Colina Street against Wynnum Creek. Lord Mayor Jim Sorley unveiled the new Cairn on May 2, 1992.



1929 -1954



Today

MANLY LOTA RSL

Travel was difficult in the mid-1930s. Due to the distance from Manly and Lota to the Wynnum Hall, Billy Gunn (William Morrison Gunn MP. (1895-1970) founded the Manly-Lota Sub-Branch on September 21st 1936, at a meeting held in the Manly Progress Hall in Melville Terrace. Early meetings were held in members' homes, and in the first year, the sub-branch gained 115 members. The first President was Charlie Mengel; Secretary was Les Cameron and Treasurer Perc Cooper.

In June 1940, a piece of land and a derelict hut were secured on the corner of Nelson Parade and the Esplanade. With renovations, a temporary clubhouse was formed. The kitchen was built in the garage and connected by a walkway to the clubhouse. The grounds stretched down to the Esplanade on which an annual White City Fete was held in September. Some of the attractions were a procession, stalls, refreshments, baby show, big wheel, dips, and ice cream. The clubhouse was far too small and was only intended to be temporary accommodation. In 1951 moves were made to purchase the Manly Progress Hall. Many of the RSSAILA members were also members of the Progress Association.

From January 1st 1952, the Progress Hall in Melville Terrace became the property of the Returned Sailors, Soldiers and Airman League (RSSAILA) and was known as the Manly-Lota RSSAILA Memorial Hall. One hundred and twenty members and guests witnessed the official handing over of the Manly Progress Hall to the Manly-Lota Sub-branch of the RSSAILA on Saturday night, March 5th 1952.

The 16th White City Fete was held in the Manly Memorial Hall in 1952. A new and improved stage induced Mercury Theatre to move their performances into the Hall in 1955, and the company is still performing today.





LOCAL PERSONALITY PROFILES

Name: Bernard Lakey.

Suburb: Wynnum.

What's your business? Financial Accountant and current Greens candidate for Bonner.

Do you have any fun/interesting stories about your job? Some people might think accounting sounds boring, but the profession does some unexpected things. For example in 2019 I started the Sustainability

- Accounting for Climate Change discussion group which looks at how accounting standards are changing to incorporate Environmental, Social and Governance (ESG) reporting.

What's your favourite local dine-in and takeaway? The Cedar and Pine - great service!

Best local activity? I have grandkids, so it has to be the Wynnum Wading Pool for us.

What's the last book you read? Most recent would be Big: The Role of the State in the Modern Economy by Richard Denniss (Chief Economist at The Australia Institute).

Is there anything you'd like to see happen in the local area? I'd love to see greater protections for our coastline and wetlands to protect them from developments like the Toondah Harbour proposal. Properly preserved for the community, they're a great natural asset.

Is there a local business/community group/club you'd like to give a shout-out to? I may be biased as I'm a volunteer on the local executive, but OzFish is a great little organisation! The Central Moreton Bay chapter's shellfish reef restoration project is currently working to rejuvenate aquatic life, and improve fishing, seagrass habitat and water quality in the bay.

Gourmet Meals

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Suburb: Wakerley.

What's your business? Owner of a locally based engineering company and TNL candidate for the seat of Bonner.

Do you have any fun/interesting stories about your job? I have been really fortunate in my job to be able to work in different places around Australia and overseas, and have spent a lot of time in Latin America and the Caribbean. Sounds more glamourous than it is! I have had some



really rewarding personal and professional experiences, but I have also had some hair-raising ones. Now as the TNL candidate for Bonner, I have the chance to meet so many interesting people and hear their stories. Every day I am amazed at what people are able to achieve.

What's your favourite local dine-in and take-away? Both Casa di Louie and Marine World Seafood (I am quite partial to a prawn cutlet) are really close to me.

Best local activity? Movies at the Majestic, bevvy on Bay Terrace, Manly Markets, and walking on the esplanade.

What's the last book you read? Doc - The life & times of Aussie rock legend Doc Neeson, because I remember seeing the Angels at the Mansfield Tavern a million years ago, and Return of the King by William Dalrymple, to learn more about Afghanistan.

Is there anything you'd like to see happen in the local area? I have a long list, but building community connections. We have some amazing people living in our area, let's build on that. Oh, and we need public toilets on Bay Terrace in Wynnum.

Is there a local business/community group/club you'd like to give a shout-out to? I am so impressed with the work of Babi and the Wynnum Community Centre.

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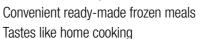
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WHAT IS NEURODIVERSE DENTISTRY?

FROM DENTAL ON CAMBRIDGE

April 2nd is Autism Awareness Day, and we thought it would be a good opportunity to talk about neurodiverse dentistry. For many patients, coming to the dentist is a challenge, but even more so when there are additional sensory triggers at play.

We understand that this can cause additional stress for parents, care givers and of course patients. At Dental on Cambridge, we look to partner with families and patients to learn about their individual needs, because you know your child or young adult best! We understand that for individuals living with autism, the main barriers to accessing dental treatment are meeting new people and accessing new environments with many new sensory stimuli.

We are more than happy to take the time to prepare an initial 20-minute consultation if required to "Meet and greet" before your actual first appointment with us. At this consultation, it is an opportunity to come into the practice, get a feel for our environment, our team and of course meet the dentist who will be helping with your oral health journey. It's also an opportunity for you to share any other items or requirements that might support a successful first appointment.

Some things that we have supported patients to access in the past are to request a particular TV show or meditation on our in-surgery devices, to bring in their own devices and headphones for use to watch their favourite show, listen to music or a meditation, wearing their own sunglasses rather than the ones supplied at the practice, ear plugs, bringing in any fidget toys or plushies, blankets or even slime to play with during their treatment! We also have nitrous oxide available onsite which if your child or young adult can tolerate small mask over their nose, this could be an option to assist them to relax.

Our team on reception is happy to discuss and take note of any additional needs required to support a successful visit. There are also some things you can do at home before your first appointment such as:

- Talk about what sensory stimuli might be present in the practice bright lights, music, new people and smells.
- Practice at home. Pretend to be the dentist, go over needing to open wide, how they can communicate if they need a break e.g. place your hand up like asking a question.
- Discuss what items or distractions your child might need to cope with some of the sensory stimuli – common ones in a dental practice are bright lights and a variety of different noises.



Whilst we've focussed on Autism specifically in this article, we are open to supporting all individuals with any specific needs to access good quality dental care. Each patient is unique, so we encourage you to think about what might be a barrier to accessing dental care, come up with ways that we can work together to support their safe access in a supportive environment – tell us – and we'll happily become part of your healthcare team to support theirs or your oral health!





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