



The Community Leader

ISSN 2652-8738

MERRY CHRISTMAS AND HAPPY NEW YEAR!

SCAN AND SUBSCRIBE



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NEWS & VIEWS



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'TIS THE SEASON FOR A BAYSIDE CHRISTMAS!

Poincianas are in bloom, beetles flicker about in their gold armour, and there's a heady scent of frangipani in the air. December by the bay is cool and calm, and you don't need to travel far to gather all the trimmings for a memorable Christmas.

When the sun sets in the height of summer, locals and visitors flock to the waterfront, where the breeze cuts through the heat. What better place to stage an evening of Christmas cheer?

Manly's George Clayton Park will host a spectacular Christmas concert on December 17. A much-loved end-of-year event, Bayside Carols features a cheery line-up of local entertainers of all ages who will perform your favourite Christmas melodies.

For parties, lunches and dinners, there's a delectable smorgasbord of old favourites and new dining options on the bayside, and stores packed with unique gifts and gourmet goodies. One of the greatest gifts you can give your community is to shop locally, so let's make this Christmas a bumper year for our local economy!


Christmas traditions like Bayside Carols bring our community together, and we all play a part in keeping them alive. This December, check on your neighbours, call old friends, smile, and show kindness wherever you go. From everyone at The Community Leader, Merry Christmas!

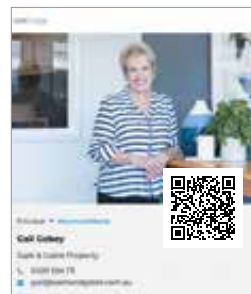
Pictured: Isla, Sienna, Zoe and Andie are members of the Queensland Services Heritage Youth Band, performing at Bayside Carols. Find out more on page 2.



LOCAL LISTINGS

See what local property is on the market in your community.





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BAYSIDE CAROLS TO SUPERCHARGE CHRISTMAS SPIRIT

FROM THE QUEENSLAND SERVICES HERITAGE BAND

Get ready to sing along to your favourite Christmas carols at the annual Bayside Carols concert on Saturday, December 17, at Manly's George Clayton Park. Pack a picnic, bring a rug and a chair and join the festivities!

Bayside Carols is a family-friendly event, with music provided by talented musicians from the Queensland Services Heritage Band Association, along with other local performers.

Paul Jones, from the Queensland Services Heritage Band Association, said the event will start at 3.45pm with various pre-carols entertainment and attractions.

"Last year's event was popular and joyful," said Paul. "It's a great community event for families to celebrate Christmas in a pleasant outdoor venue."

For those who don't want to self-cater with a picnic, food trucks will be in the park to tempt concertgoers with various delicious food options.

Bayside Carols is made possible thanks to community sponsorship. Paul says the band is always looking for new members, so whether you're a beginner musician or an experienced player, contact Paul on 0418 740 919 for more information about how you can get involved.

The December 17 event will start at 3.45pm with a range of free activities, followed by the concert featuring traditional and contemporary Christmas songs at 7pm. For more information about Bayside Carols, visit www.facebook.com/BrisbaneBaysideCarols.



Photo: Supplied.

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HAPPY HAPPY

CHRISTMAS

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Manly's Premier Motel

BOOKINGS: 3348 1000
manlymarinacove.com
*Conditions apply. Subject to availability.

BOOK DIRECT & SAVE

BMD'S FUTURE LEADERS SUPPORT WYNNUM MANLY MEN'S SHED

As part of BMD's graduate program, Foundations, participants built and auctioned outdoor mud kitchens and dog kennels with \$1900 raised and donated to the Wynnum Manly Men's Shed.

With over 60 graduates across engineering, human resources, accounting, communications and construction management, collaboration was in full swing during the construction process in designing and building outdoor mud kitchens and dog kennels. Split into six project teams, BMD's graduates worked together to deliver a product of exceptional craftsmanship on time and within budget.

Dare Power, BMD Group Executive – People and Process, said the BMD Group's future is looking brighter than ever in the hands of graduates.

"At BMD, we believe in the power that fresh and diverse perspectives bring to our business and welcome innovative and passionate graduates. BMD is proud to have supported the Wynnum Men's Shed in their pursuit to advance the wellbeing and health of their members," Dare said.

Wynnum Manly Men's Shed is a community-based organisation accessible by all men in Wynnum and the surrounding suburbs looking for a safe and friendly environment where men are welcome to work on meaningful projects at their own pace in the company of other men.

"We were delighted to have been approached by BMD to receive the proceeds raised by the graduates. We were thankful for the opportunity to meet the BMD family and watch the auction unfold at BMD's head office at the Port of Brisbane," Wynnum Manly Men's Shed president David Westlake said.



BMD Foundations participants and Wynnum Manly Men's Shed representatives. Photo: Supplied.



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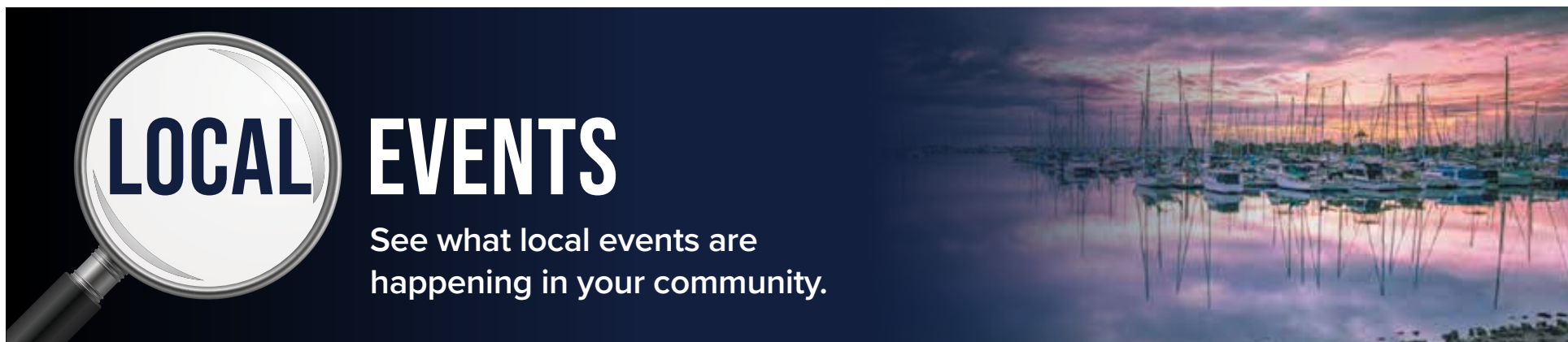
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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

COMMUNITY CHRISTMAS CAROLS



Sunday 11 December, 4pm to 7pm

Bayside Uniting Church, 420 Wondall Road, Manly West

Come along and sing along at this family-friendly Christmas event. Enjoy a free sausage sizzle, jumping castle and other fun activities. Food and drinks will be available to purchase. This is an all-weather event.

STEAKS WITH MATES



Tuesday 13 December, 6pm

The Arsonist, 457 The Esplanade, Manly

Men are invited to get down to the Arsonist in December to enjoy a great meal, a cold beer and chat with fellow bayside mates. Steaks with Mates is a chance for blokes to get together and 'chew the fat' about any topic!

For more information, email info@whitecloudfoundation.org.

MANLY HARBOUR CHRISTMAS LIGHTS LAUNCH



Saturday 3 December, 3pm to 9pm

Little Bayside Park, Manly

Join us for Christmas carols, Christmas markets and a Christmas movie screening to launch the 2022 Manly Harbour Lights competition.

With performances from local schools and community groups, and maybe even a visit from Santa, this event will be fun for the whole family!

CHRISTMAS TREE FESTIVAL



Wednesday 7 December to Tuesday 13 December, 10am to 2pm and 6pm to 8pm daily.

St Peter's Church, Bride Street, Wynnum

You are invited to visit the annual TREErific Christmas Tree festival at St Peter's Church, Wynnum. Stunning individually-decorated Christmas trees from a variety of community groups and businesses will be on display. Admission is free.

TUESDAYS

Wynnum/Manly Meditation Circle

Wynnum
Tuesday 6.45pm – 7.45pm
Thursday 7.30pm – 8.30pm
Free community relaxation classes.
Call John on 0403 676 435.

WEDNESDAYS

Social Tennis

Wynnum Tennis Centre
9.00am – 12.00pm
Social tennis costs \$10 and includes a light morning tea at Colina Street Tennis Centre, Wynnum.

Wynnum Manly Bayside Socials Group

Meets the first and third Wednesday of every month at Celtic Corner, 45 Cambridge Parade, Manly 6.30pm – 7pm. A \$1 donation is appreciated. More details on meetup.com.

Morning Melodies

Wynnum RSL Club, 174 Tingal Road, Wynnum
On the first and third Wednesday of each month, get down to the Wynnum RSL Club for free live music from 10.30am. It's a toe-tapping good time and a sure way to beat the mid-week blues! For more information call the club on 3396 7333.

THURSDAYS

Bayside Health Nook: Wynnum Heart Foundation walk

7.30am
Meet at BHN coffee and walk along the esplanade with a friendly and supportive group.
info@baysidehealthnook.com.au or 07 3162 2778.

BlueBottle Cocktail & Tapas Bar: Karaoke Thursdays

55 Cambridge Parade, Manly
7pm – 11pm
For more information call 07 3161 3764 or visit bluebottlemanly.com.au.

FRIDAYS

Chess and Board Game Enthusiasts' Club

Every Friday at the Wynnum Library, 145 Florence St, from 2pm – 5pm. Bring along your favourite board games or join others. Cost is \$1 which goes towards biscuits and photocopying.

This is not a library-initiated event; all enquiries can be texted to 0423 055 289.

SATURDAYS

Jan Powers Farmers Markets

Little Bayside Park, Manly
Saturday December 3 and 17, 6am to 12pm
Free to attend, family friendly.

Wynnum/Lota Parkrun

Various locations
Every Saturday from 7am
Parkrun is a weekly free 5km timed run.
More information at parkrun.com.au.

SUNDAYS

Sunday Sounds: Tide on the Jetty

William Gunn Jetty, 1 Wyvernleigh Close, Manly
Every Sunday 3pm – 6pm
Find out more by calling 07 3396 8962 or visit tideonthejetty.com.au.

Manly Creative Markets

Little Bayside Park, Manly
8am – 2pm
Free family friendly event.

FOR MORE GREAT EVENTS IN THE COMMUNITY, VISIT THECOMMUNITYLEADER.COM.AU



WHAT'S ON AT THE MOVIES THIS DECEMBER

FROM MAJESTIC CINEMAS, WYNNUM



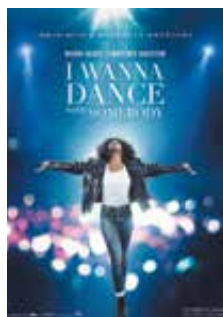
Avatar: Way Of The Water (CTC) in 2D & 3D – December 15

Jake Sully and Ney'tiri have formed a family and are doing everything to stay together. However, they must leave their home and explore the regions of Pandora. When an ancient threat resurfaces, Jake must fight a difficult war against the humans. Directed by James Cameron.



Puss in Boots: The Last Wish (CTC) – December 26

Puss in Boots discovers that his passion for adventure has taken its toll: he has burnt through eight of his nine lives. Puss sets out on an epic journey to find the mythical Last Wish and restore his nine lives.



I Wanna Dance With Somebody (CTC) – December 26

The joyous, emotional, heartbreaking celebration of the life and music of Whitney Houston, one of the greatest female R&B pop vocalists of all time, tracking her journey from obscurity to musical superstardom.



Lyle, Lyle, Crocodile (G) – December 26

Based on the best-selling book series by Bernard Waber, Lyle, Lyle, Crocodile is a live-action / CGI musical comedy that brings this beloved character to a new, global audience.

When the Primm family moves to New York City, their young son Josh struggles to adapt to his new school and new friends. All of that changes when he discovers Lyle – a singing crocodile who loves baths, caviar and great music – living in the attic of his new home.



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COMMUNITY UPDATE

JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

MERRY CHRISTMAS LYTTON

As the year draws to a close, and the festive season grows near, I want to take the time to wish each and every baysider a happy Christmas. If you are travelling, well wishes for a safe journey ahead, and if you are staying local, may you enjoy all the beauty and charm that our unique corner of the State has to offer.



2022 has been full of progress and innovation for our bayside. From the commencement of critical infrastructure upgrades to the Lindum Station Precinct, to the undertaking of a vital community sports survey, to the opening of an iconic revitalised Manly Harbour Boat Club, and the announcement of clean, green hydrogen refuelling facilities for Lytton, I am so proud of what has been achieved this year.

In addition to the numerous food, beverage and entertainment venues that have opened their doors on our bayside, it is clear that Lytton truly is coming into its own as the inclusive, diverse and welcoming destination of Queensland – a future that we can all be proud of.

It has been a pleasure representing you this year as your State Member for Lytton, and I can't wait to see what we can achieve together for our community in 2023.

MANLY HARBOUR CHRISTMAS LIGHTS

Baysiders are in for a treat this December. Manly locals are lighting up their homes, yachts, boats and businesses to create a festive Christmas lighting display



for all to enjoy in the Manly Harbour Village. There will be prizes for the best decorated boats, homes and businesses, and regular night time harbour cruises throughout the month, to see the spectacle of the twinkling lights from the water.

For more information and to book harbour cruise tickets, visit the Manly Harbour Village website: <https://www.manlyharbourvillage.com/harbourlights>

LYTTON ANNUAL CHRISTMAS FOOD DRIVE

Thank you to everyone who donated to my annual Christmas Food Drive!

Each year, I collect non-perishable food and hygiene items from the Lytton community and distribute them to those most in need, with the support of a fantastic local community group.

This year, all donations went to St Pete's Pantry Wynnum, to feed vulnerable people in our community.

Christmas should be a rewarding time of the year, full of celebration, relaxation and festive spirit. However, for those in our community who are struggling to pay bills or put food on the table, it can be stressful and challenging.

Thanks to your support and generosity, we have ensured that baysiders doing it tough this Christmas will receive the dignity and respect they deserve.



PAINT THE BAYSIDE ORANGE

It was a pleasure to attend the Paint the Bayside Orange Breakfast recently, hosted by the Zonta Club of Brisbane East.



The Breakfast is an important annual event in Lytton that raises awareness for ending violence against women. It brings our community together and strengthens our knowledge and understanding of the topic, while reminding us of all of the importance of fostering respectful relationships in our community.

This year, we were very privileged to hear from guest speaker Vanessa Fowler, Chair of the Allison Baden-Clay Foundation and Co-Chair of the Queensland Domestic Violence Prevention Council, who gave an informative and heartfelt speech that inspired us all.

It was also wonderful to see many of our locals in attendance, including community groups, schools and businesses. Thank you for giving up your time, and I hope to see you all again at next year's Breakfast.

WYNNUM FRINGE FESTIVAL 2022

Wynnum Fringe Festival has officially launched for 2022, and what an exciting program of events available for baysiders to experience!

The three-week arts, entertainment and cultural extravaganza spans a dazzling array of performance genres including music, dance, comedy, theatre, cabaret, burlesque, circus as well as weekend family programming.

This year, Wynnum Fringe Festival has an exciting new hub at George Clayton Park – the Wynnum Fringe Garden. Situated on the shores of beautiful Moreton Bay, the Garden is not only the home of the Spiegel tent, a brand new performance space, but a place of gathering and celebration.

As well as housing the Spiegel tent, Wynnum Fringe Garden features a Ferris Wheel, a container bar with a rooftop seating area, food trucks, artists performing Rock The Bay: Pop Up Series gigs daily in Miles: The Caravan Stage and roving entertainment from Cocoloco and Memetica.



PRINCIPAL AND P&C/F THANK YOU

Recently, I hosted our amazing, talented local school principals, P&F and P&C teams for an annual afternoon of networking, whilst also recognising the outstanding work they do for young people of Lytton.

Thank you to everyone who attended - it was a pleasure to have you!

An important reminder of the engaged and caring community we have here in Lytton. Together, we truly are stronger.



JoanPease MP | State Member for Lytton

PO Box 719, Wynnum QLD 4178

(07) 3915 1100

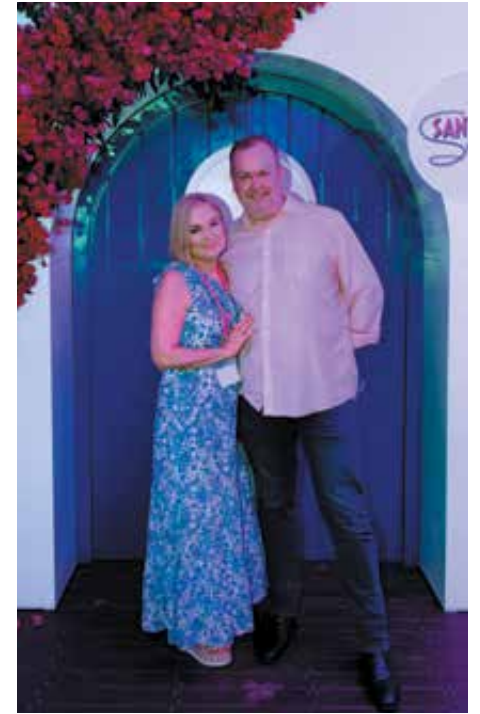
JoanForLytton

lytton@parliament.qld.gov.au

www.joanpease.com

LOCAL CHARITIES BENEFIT FROM A SANTORINI SUMMER IN MANLY

Celebrate for a Cause's Santorini Summer-themed fundraising event was a tremendous success. More than 500 people danced the night away at the Royal Queensland Yacht Squadron, raising \$46,000 for local charity The Forgotten Women, and \$11,000 for the Bayside Community Fund. Photos courtesy of Andrea Thompson Photography.



PETER CUMMING'S LOCAL AREA UPDATE

COUNCILLOR FOR WYNNUM MANLY WARD



MANLY HARBOUR CHRISTMAS LIGHTS

This December, retailers, yacht clubs, boat owners and homeowners will combine to bring Christmas to Manly Harbour.

The Manly Harbour Christmas Lights is a month-long community event that will see the boats, houses and businesses around Manly Harbour and Manly Harbour Village light up like Christmas trees. There will be prizes for the best dressed business, house, and boat.

I encourage all Wynnum Manly residents to head down to Manly Harbour during December to check it out. The best vantage point is from the water, where night cruises will disembark from William Gunn Jetty on Friday and Saturday nights leading up till Christmas. The cruise lasts one hour and is \$25 for adults and free for children under 12. Participants receive free refreshments onboard and a \$14 Manly Harbour voucher upon disembarking.



For more information, please visit the Manly Harbour Village website - <https://www.manlyharbourvillage.com/harbourlights>.

MANGROVE HOUSING DRIVE

You still have a few more weeks to get your donations in for the Mangrove Housing Christmas drive.

Mangrove Housing is a local community housing provider that provides a holistic range of services to their clients. Every year, they put together Christmas hampers full of food and toys for community members who might not otherwise be able to afford one.

This year, my office (3A/212 Bay Terrace, Wynnum) will be a collection point for donations from the community. Mangrove Housing will accept non-perishable food and clean, unbroken toys in good condition. You can also drop donations off at their office (6/70 Andrew Street, Wynnum) or contribute by purchasing an online gift card at mangrovehousing.com.au/shop.



Last year, Mangrove Housing donated 250 hampers. Let's see if we can beat that in 2022!

BUSINESS SPOTLIGHT

I heard that Kool Beans café in Wynnum West (or Lindum, depending on how old you are) had the best bahn mi in the area, so I had to go check it out. I wasn't disappointed! Kool Beans is located at 253-255 Sibley Road, Wynnum West. They also do catering.



CHRISTMAS CAKES

Get your Christmas cakes and puddings from the Wynnum Manly Ward office! I will be selling a selection of Rotary and Lions Christmas treats throughout December while stocks last. Every year they sell out quickly, so get in fast!



Wynnum Manly Ward Office
 3a/212 Bay Terrace (Cnr of Pine Street)
 Wynnum Qld 4178

Office hours: 8.30am-4.30pm, Monday-Friday
 Phone: 07 3403 2180
 Email: wynnummanly.ward@bcc.qld.gov.au

LOCAL COAST GUARD VOLUNTEERS PREPARE FOR CHRISTMAS

BY HARVEY SHORE

Manly's Coast Guard volunteers will be on duty throughout this Christmas holiday season.

Local commander Craig Bowen of Wynnum says the summer season is always the busiest for recreational boating, but it's also the storm season. Calls for Coast Guard help always increase as Christmas approaches.

He also recommends boat owners join Coast Guard's Marine Assist breakdown service. This provides assistance year-round for any vessel needing help at sea.

Coast Guard skipper John Lucchi and his colleagues have signed up new members to Marine Assist every weekend recently. "It's a smart move," says John, "because every boat breaks down sooner or later, and a commercial tow costs hundreds of dollars. But it's free if you're a member of Marine Assist. Call into our Manly base any weekend for joining details and a free tide chart."

Meanwhile, veteran Coast Guard duty officer Paul Burchell has just passed the Australian Maritime Safety Authority's mandated practical assessment and been issued with his Coxswain Grade 1, a nationally recognised Open Coxswain Certificate of Competency.



Coast Guard Rescue Skipper Paul Burchell. Photos: Supplied.

This means Paul can lawfully operate any vessel in Australia that is under 12 metres, with her owner's permission.

Paul has been a member of QF2 since 1998, and already holds the National Emergency Medal and the Queensland Flood & Cyclone



John Lucchi (centre) and his Coast Guard volunteers sign up another Marine Assist member.

Citation for rescue work, plus the National Medal and many Coast Guard awards.

Unfortunately, success has a downside. Paul and his ace 'J' Roster team will end their year on duty in Manly...on New Year's Eve!

Men's Christmas Gifts Sorted!!!

The sensational John Lennon Shirts, jeans, chinos & shorts, quality leather shoes, sports jackets, Will & Bear hats, quality leather bags, wallets and belts. Aussie socks, jocks, skin care, hundreds of unique sporty, nautical, beachy, fun gift ideas for Fellas who are "hard to buy for"!! **We are the Men's specialists.** Gift vouchers also available.



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THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



MERRY CHRISTMAS!

Well, what a year it has been! Whilst at times 2022 has been challenging to say the least, I am constantly in awe of the resilience, determination, and spirit of our local Bayside community.

From my family to yours, have a very Merry Christmas and a Happy New Year! I hope you have a safe and wonderful holiday season.

For those looking for some local activities to help entertain the children over the Christmas break, I have compiled a list of free events below:

Dream Snow Santa: Come make your own Santa!

- For children 7 years and older.
- Date: 14th December, 10:00am – 11:30am.
- Location: The Wynnum Library
- For more information, contact the Wynnum Library on 07 3403 2199

Bayside Carols:

- For the entire family
- Date: 17th December, 3:30pm – 8:30pm.
- Location: George Clayton Park.
- For more information, check out their event page on Facebook

Bayside Adolescent Boarding Incorporated (BABI):

- For youth aged 12 – 25 years
- A variety of activities between the 12th- 14th December and 9th -11th of January
- Events include: Nobby's Beach Day, White Water World, Bounce, and Ice Skating.
- For more information, please email Mel from BABI at youthworker@babi.org.au or call 0481 730 146



\$4 MILLION TO REBUILD CARMICHAEL PARK

Before the election, I was proud to secure \$4 million in federal government funding to rebuild and expand Carmichael Park after the devastating February Floods. I am pleased to say that this funding has been honoured by the new government. Whether you are passionate about sport or looking for a place to take the family for a night out, the masterplan for Carmichael Park will see the creation of culture hub for all the community to enjoy. Not only will there be infrastructure upgrades to both the Wynnum Wolves FC and Wynnum-Manly Cricket Club, but there will also be a family club house, art precinct, array of dining options and a canoeing adventure trail along Bulimba Creek. This much needed investment into our local community will help create jobs and leave a legacy for future generations to enjoy. I look forward to keeping you updated on its progress.

LINDUM CROSSING UPDATE

In early November, the Brisbane City Council started ground works for the design of the short-term signalisation project at Lindum Crossing. The short-term signalisation project will see the installation of traffic lights as part of Stage Two of the safety upgrades. It's fantastic to see further work progressing on this vital project, with the final concept design for Stage 3 still under investigation by Council. I am proud to have secured \$85 million for Lindum Crossing to help families get home sooner and safer. To keep up to date with the latest developments from Brisbane City Council, you can call the projects team on 1800 669 416 or email cityprojects@brisbane.qld.gov.au. For after hours, please call Council's 24-hour Contact Centre on 3403 8888.



MANLY HARBOUR VILLAGE BECOMES A CHRISTMAS VILLAGE!

FROM THE MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

A visit to Cambridge Parade and surrounds is sure to get you into the Christmas spirit, with business owners adorning their shopfronts with thousands of twinkling lights. They're competing for some great prizes in the business category of the Manly Harbour Christmas Lights competition. There's also a homeowner category, and a boat owner category, with the first prize in each category valued at over \$1500!

It all kicks off at 3pm on Saturday, December 3, with Christmas Carols, a Christmas movie screening, lots of fun and activities, and maybe even a visit from the 'Big Red Man' himself in Little Bayside Park. A Santa photo booth will be set up for families to capture memories during the event.

The fun doesn't stop there – what better way to see Manly Harbour Village and all the twinkling lights than by a night cruise? Harbour cruises will sail throughout December, with a \$15 Village Voucher included in the ticket price to spend at participating traders throughout December and January.

Mark your diary for December 3 and set aside the afternoon/evening to kick off your Christmas festivities, or add Manly Harbour Village to your night-time Christmas lights tours with your kids, grandchildren, neighbours and friends.

For more information, visit manlyharbourvillage.com.



Photo: Supplied.

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Healthy Eating On The Go: A Guide For Your Busy Lifestyle

Figuring out how to eat healthy when you're busy isn't always easy. Between back-to-back meetings, errands, or classes, you may only have time to grab something quick. The tips and tricks below will help you form a game plan and make fueling yourself fit better into your busy schedule!

1 / **Keep healthy snacks on hand!**

Whether you are running your daily errands or powering through your workday, keeping a healthy snack, or two on hand is crucial to avoid "hanger." A nutritious snack will provide you with the energy you need to stay focused and feel your best until it's time to clock out or do whatever it is you have to do!

2 / **Meal prep breakfast the night before**

Meal prepping is the concept of prepping whole meals ahead of schedule and it's particularly popular amongst busy people because it can save a lot of time and keep you on top of your nutrition goals. A nutritious breakfast fuels you for the rest of your day and sets you up for success.

3 / **Be aware of healthy options when dining**

Restaurant food is meant to look, smell and taste delicious, and that means that sometimes nutrition can sometimes fall short when menus feature main dishes that are fried or covered in sauces and few fresh fruits and veggies. Don't get us wrong, you must enjoy your pizza and fries every once and a while but if your busy schedule has you eating out regularly, there are ways to make more nutritious choices.

By Snap Fitness



Scan the QR Code to
read the full article on
the Snap Fitness Blog.

snap fitness^{24/7}

MANLY WEST

Cnr Manly Rd & Burnett St,
Manly West, QLD
ph 0450 762 769

MANLY-LOTA SCOUTS SCORE HIGH AT PEAK AWARDS

BY LOUISE FLANAGAN, SECRETARY, MANLY-LOTA SCOUT GROUP

The Manly-Lota Scout Group is a not-for-profit group for young people aged five to 26. The group is focused on the personal development of youth through participation in outdoor activities, community service, teamwork, and leadership skills. Scouts of all ages can achieve Peak Awards in their sections by completing age-appropriate activities to develop their skills. Fourteen youth members of the Manly-Lota Scout Group achieved Peak Awards throughout 2022.

Three Joey Scouts (aged five to eight years) achieved their Joey Scout Challenge Award this year. This was achieved through completing foundational outdoor adventure skills, demonstrating leadership and teamwork, and participating in special areas of interest such as sports and the arts.

Five Cub Scouts (aged eight to 11) achieved their Grey Wolf Award by earning badges for activities of their choice and demonstrating leadership skills through planning and leading a series of activities, including a hike.

Three Scouts (aged 11 to 15) achieved the Australian Scout Medallion, and one earned the Australian Scout Award. These awards were achieved through consistent demonstration of skills in a variety of adventurous activity areas, planning and leading activities, including a multi-day hike, and completing a leadership and personal development course.

Finally, two Venturer Scouts (aged 15 to 18) achieved their Queens Scout Award. The Venturers completed several activities such as supporting charity and community events, participating in special areas of interest, leading expeditions, environmental care and supporting the youth programs within Scouts. In addition, the Venturers completed Leadership and Unit Management courses. They earned qualifications in many areas, such as first aid and water rescue.



Photo: Supplied.

The Manly-Lota Scout Group is very proud of the dedication and efforts of the youth members who achieved their Peak Awards in 2022. The recipients of these awards have consistently shown resilience, perseverance and a commitment to the youth program.

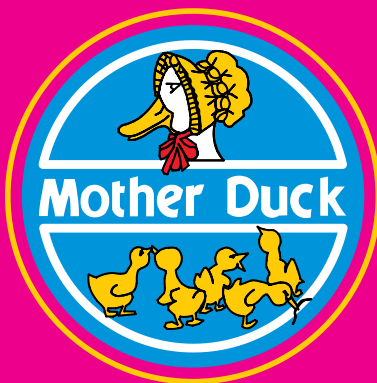
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- if drafted correctly, formalising your property settlement will attract a stamp duty exemption on real estate transfers.
- finalising your property settlement properly will prevent your ex from making further claims on your property.



Find out more by calling our Family Law Team today: **Wynnum** 3106 5600 **Brisbane CBD** 3225 5600 **Morningside** 3899 0722 **Carina** 3395 1800 **dbl.com.au**



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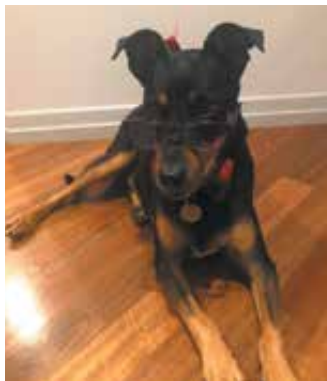
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Name: Floyd.
Suburb: Lota.
How long have you lived here? I have lived in Lota for seven years. I moved from the city and now I can enjoy the bay.
What's your favourite local walk? Through the mangroves and along the bay.
Your most treasured toy? A pink ball with rope around it.
Your favourite food? Anything edible in the whole wide world – except for lettuce!

Your worst habit? Eating too much and stealing sausages!
Your favourite local hangout? My favourite place to sit is in my back garden looking out over the bay.
Your best doggo friend? I would love to meet a dog who could be my friend just like Maggie! But I love all my two-legged friends the most.
Any funny or embarrassing stories you'd like to share? I am a rescue dog. When I was in the pound my name was Butter Ball because I was very overweight. What a name!
What do people love most about you? I'm a big softy, and a little secret: humans will pat and snuggle you if you do tricks, and if you do, they will shower you with love!

Name: Mia.
Suburb: Lota.
What's do you do? I am in primary school.
Do you have any fun/interesting stories about your school? I work hard at school. I will be going to my first school camp soon and I am very excited!
What's your favourite local take-away? Lota Takeaway for fish and chips – yum!
What's the best local activity? Playing in the park on the Lota waterfront, or at the Wynnum water park. There are lots of beautiful parks and bush walks around Lota for people to enjoy.

What's the last book you read? *City of Dragons* by Jaimal Yogis and Vivian Truong. Sometimes I like to write my own books!
What's the last TV show or movie you watched? I watched *Sing 2* with my dog Floyd!
Is there anything you'd like to see happen in the local area? I really enjoyed the Halloween street party at Wynnum. I hope that keeps going.
Is there a local business/community group/club you'd like to give a shout-out to? The Lota PCYC for hosting lots of activities for me to do after school. I also love The Mad Hatter's Bookshop in Manly. I have bought lots of very interesting books there and have even enjoyed some holiday activities there.



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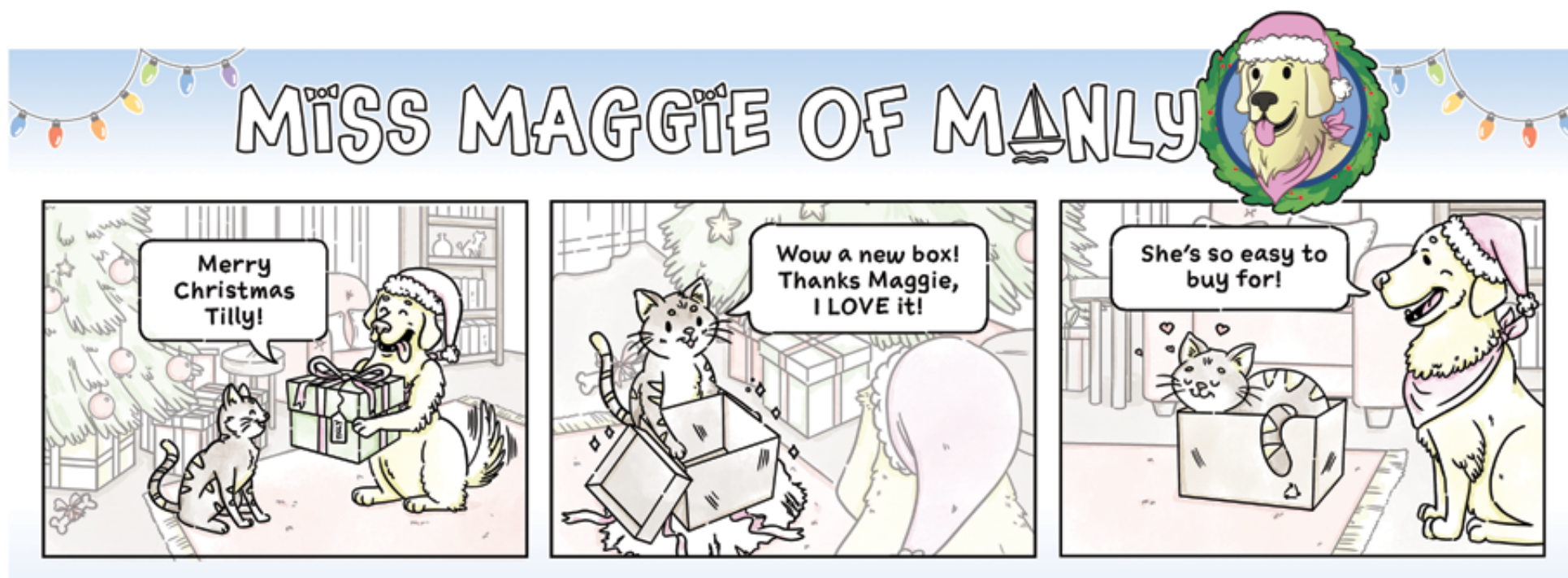
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WHY IS MY DOG COUGHING?

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Dogs can develop a cough from many different causes. While a cough can sometimes be the result of mild airway irritation, other times, it can be the sign of a serious disease process. Below are some of the more common causes of coughs in dogs.

KENNEL COUGH

Kennel cough, or “infectious tracheobronchitis”, is a common cause of coughing which may affect dogs of any age. A number of different viruses and bacteria may be implicated in this condition, some of which dogs are routinely vaccinated against. Kennel cough is very contagious and can spread readily through the air when dogs are in close contact. Affected dogs may appear to have something stuck in their throat as the inflammation of the trachea will cause a hacking cough and may result in a white, frothy fluid being expelled.

TRACHEAL COLLAPSE

Tracheal collapse occurs as a result of weakening cartilage rings in the trachea. This results in a harsh, honking cough more commonly seen in elderly small-breed dogs, although it may also be a congenital condition. Severe cases require surgical intervention and stent placement to prevent the trachea from collapsing on itself.

ALLERGIC AIRWAY DISEASE

Dogs may develop a cough in response to environmental allergens, including pollen and moulds. Bronchitis (inflammation of the small airways) results in coughing, gagging, wheezing and a reduction in exercise tolerance. Anti-inflammatory medications such as steroids or antihistamines may be required to reduce the severity of the cough.

HEART DISEASE

Dogs with heart murmurs and congestive heart failure may develop a cough as a result of fluid congestion in the chest or an enlarged heart pushing on the larger airways. A “cardiac cough” is often quieter in volume than a respiratory cough. Medical attention is necessary for any dog with a known underlying heart condition that develops a cough.

OTHER CAUSES OF COUGHS

- Parasitic diseases, including heartworm disease, tick paralysis or lungworm infection
- Pneumonia – this may be viral, bacterial or fungal in cause
- Lung cancer



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Sat: 8am - 12pm
Sun: 8am - 11am

ALL ABOUT THE BAYSIDE COMMUNITY FUND



WHAT IS IT?

The Bayside Community Fund is a newly established charitable fund designed to support the bayside community.

WHAT HAPPENS WHEN I DONATE TO THE FUND?

All donations to the fund will remain in the fund in perpetuity. That means your money stays in the fund forever, with the interest distributed to back to the community.

HOW ARE FUNDS GIVEN BACK TO THE BAYSIDE COMMUNITY?

Donations to the fund are invested. The interest generated by the fund is then given back to those in the community in need – community groups, local organisations or worthy causes in the geographical boundaries of the Lytton electorate.

When the fund has a large enough base to generate interest, the local committee will invite community groups to apply for grants. Grant applications will be assessed based on several criteria, with money awarded based on the amount of funding available and each application's merit.

WHO MANAGES THE MONEY?

The Queensland Investment Corporation (QIC) and The Public Trustee manage the fund's investments and legal framework.

WHO DECIDES WHO GETS FUNDING?

The Bayside Community Fund has a volunteer committee comprised of local community members. These people come from all walks of life, have diverse skill sets, and, most of all, are invested in the future of the bayside and its people. They do not receive any payment or financial incentives for being on the committee.



ARE DONATIONS TAX-DEDUCTIBLE?

Yes! All donations are tax-deductible.

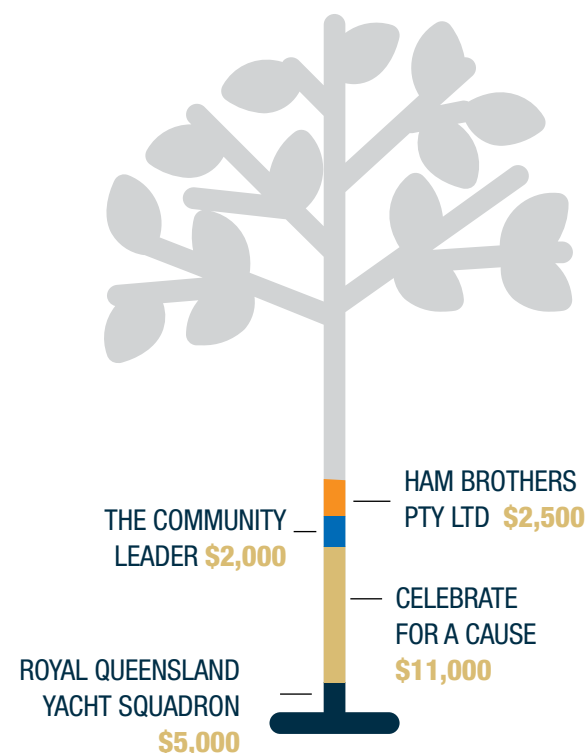
HOW DO I DONATE TO THE FUND?

Would you like to plan a fundraiser to help your community? Big or small, the Bayside Community Fund could benefit from your fundraising event.

Other ways to become involved include bequests, community organisation partnerships and corporate sponsorship.

To learn more about donating to the fund, you can email baysidecommunityfund@gmail.com or call Tracey at 0422 218 533 or Damien at 0421 786 302.

HELP THE COMMUNITY FUND GROW



REGIS WYNNUM RESIDENTS COMPETE IN CHAIR OLYMPICS

FROM REGIS WYNNUM

They may not be Olympians – or even tri-athletes – but the determination to succeed amongst members of the Regis Aged Care community can't be disputed.

That's because dozens of seniors from Regis Wynnum gathered at the home to participate in a highly anticipated tournament – the home's first ever Chair Olympics.

The games were a sporting extravaganza where residents ignited their competitive spirit and tried their skills at archery, darts, golf, table tennis, basketball and lawn bowls.

"This was so much fun, and it was great to have the kids helping out, really wonderful," shares resident Maureen.

"You really do an amazing job. I never would have thought we would do something like this," says Colin.

Residents from the local aged care home enjoyed the lively atmosphere and the opportunity to test their skills in a fun and supportive manner. These activities benefit the residents by encouraging social engagement, improving dexterity, and promoting independence.

It's fair to say the residents have had a lot of fun taking part in the games at Regis Wynnum, and the tournament was a huge success.

Regis offers a diverse range of care options including residential aged care, home care, retirement living, day therapy and day respite. Regis is one of the largest providers of aged care in Australia and cares for more than 7,000 residents each year.



GOING TO STRADDIE? PLAN A VISIT TO STRADDIE BREWING CO!

FROM STRADDIE BREWING CO, DUNWICH

Straddie Brewing Co opened the doors to the islands' only brewery at Dunwich, North Stradbroke Island, on October 20 following a 12-month build.

Ideally situated just minutes from the Sealink Ferry Terminal in the beautiful township of Dunwich, the architecturally designed home of Straddie Brewing Co occupies three floors.

On the ground floor, double-height glass windows reveal stainless steel fermentation tanks and a 10hl brewhouse where the beer is brewed. Climbing the stairs to the first floor, visitors can appreciate several art installations, including a 3.6-metre-high wall mural by the Queensland artist Jarad Danby.

Although the 90-seat taproom is on level one, the sense of being part of a working brewery isn't lost, as guests can look down into the brewhouse from an internal void.

The top floor panoramic roof deck seats another 90 – 100 with views of the Brisbane CBD skyline, the Glasshouse Mountains and the beautiful Redlands Coast by day, and an uninterrupted view of Straddie's iconic sunsets. Also on the top floor is an exclusive

'Brewery Caretakers Unit' with views of Moreton Bay and Russell Island, which can be booked by the night on Airbnb.

Open five days a week – Thursday through to Monday – the brewery boasts two bars with 12 taps in each, pouring six core-range Straddie beers, plus a couple of craft beer guest taps. Point Lookout Lager, Amity Pale Ale, Myora Springs Gose, Manta Dark Lager, Jumpinpin IPA, and Mid Track Session Ale with taproom-only 'Sandpit Series' beers are constantly rotating. The brewery is now pouring Sandpit Series #1 – Rock Stout and Sandpit Series #2 – Super Pale. A hand-picked artisanal spirits, non-alcoholic spirits, and wine list, including Redlands Coast Distillery, Milton Rum, Lyres, and Sirromet ensures something for everyone to settle into island time.

A tapas-style selection of small and large plates makes up most of the sharing-style menu, with Neapolitan style hand-stretched pizzas and Straddie's iconic seafood completing the culinary experience.

For all inquiries, email: g'day@straddiebrewing.com.au or visit the website at Straddiebrewing.com.au. To book a table phone 07 3469 6726.



Photos: Supplied.



ARE YOU THE NEWEST BAYSIDE COMMUNITY FUND COMMITTEE MEMBER?

The management committee of the Bayside Community Fund is looking for expressions of interest to become a committee member.

You may be someone who is an advocate for your community, well-connected, and have a knack for fundraising, event management, and engaging with the wider community. If you're passionate about giving back to your local community, we are interested in hearing from you.

In the interests of diversity, we are looking to fill two committee member positions.

Firstly, we are looking for an advocate to support and connect with seniors living on the bayside, and secondly, we are looking for someone with connections to the disability sector.

The Bayside Community Fund's goal is to build a pool of money that is distributed back to the community year after year in perpetuity.

Through our community partnerships, fundraising efforts and corporate support, we have raised almost \$20,000 in our first year.

If you are interested in applying for this volunteer position, please email your CV to baysidecommunityfund@gmail.com.

baysidecommunityfund@gmail.com | 0421 786 302 Damien | 0422 218 533 Tracey



LOTA KIDS RUN FOR FUNDS WITH A BURST OF COLOUR

FROM LOTA STATE SCHOOL

Lota State School P&C held a very successful colour run as its major fundraising event for 2022.

The run represented a spectacular fundraising effort from everyone in the community, with the total tally reaching \$18,440.

The school would like to thank everyone who was able to donate – no matter how big or small – and thank all the parents and community members that were able to help around the colour run course.

The students had an enjoyable afternoon running around the course, and loved the experience of being sprayed with colour at the finish line.

Congratulations to the special prize winners for raising the most funds and getting the privilege of “sliming” the school principal, Mr Low!



Photos: Supplied.

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18

WYNNUM'S INAUGURAL HALLOWEEN PARADE WRAP-UP

FROM WYNNUM COMMERCE INC (WCI)

The inaugural Wynnum Halloween parade was haunted by an overwhelming 6,000 to 8,000 ghouls, ghosts, zombies, scary clowns, dinosaurs, hairy beasts and a few mere humans braving it in fishnet stockings and heels.

The effort made by the bayside community was awe-inspiring, and Wynnum Commerce Inc (WCI) would like to thank everyone who attended the event and, in particular, the countless individuals who went over and above with their costumes and make-up. WCI appreciates the individuals who joined the parade and took the time to entertain and pose with the little humans. High-fives all around!

The paranormal event would not have been possible without the Ghost Busters, Beetle Juice, the Terminator, Van Helsing and the Los Angeles Police (oh yes, and the Wynnum Police), and WCI thanks all the amazing supernatural beings and their vehicles for parading down Bay Terrace and making it fun for all the creatures, young and old.

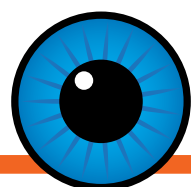
WCI would also like to thank the local haunts in Wynnum CBD for getting into the spirit of things by dressing up their shop fronts and providing sweets by the thousands for the sticky-fingered trick-or-treaters.

The free community event would not have been possible without the generous support of the sponsors, in particular Ampol, BCC, Joan Pease MP, and Councillor Peter Cumming.

WCI has been graciously awarded a grant to hold the parade in 2023. Here's to a better and bigger night of fright in 2023!



Photos courtesy of Light Planning Media.



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Macular Disease Specialist

SPOT THE JOLLY ROTARY SANTAS ON THE ROOFTOPS!

BY JOANNE O'CONNOR, ROTARY CLUB OF WYNNUM AND MANLY

With Christmas fast approaching, the Rotary Club of Wynnum and Manly have already prepped and given their Santas a fresh coat of paint ready for installation on rooftops around town just in time for Christmas.

More than 100 Santa cut-outs will be placed in and around our community, ready for Christmas. We know that children and parents welcome these colourful reminders that Christmas is upon us.

"The Rotary Santas have been a tradition in and around Wynnum and Manly for more than 20 years and remain a major fundraising project for our Rotary club," said joint presidents Tracey Wyatt and Rod Fletcher.

"Local businesses are generous in their support because they know that their contribution helps people and projects come together to support others in need."

Santa tries hard not to disappoint anyone, and safety is a priority. Last year several local tradies (plumbers and electricians) came on board to safely assist Rotary's volunteer members with placing the Santas on rooftops. We look forward to their fabulous support again this year!

The Rotary Club of Wynnum and Manly wishes everyone a happy and safe festive season.



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'TIS THE SEASON TO BE JOLLY, BUT NOT TOO SILLY!

BY DR REBECCA LEVY, MANLY VILLAGE MEDICAL

'Tis the season to be jolly – yes, but hopefully not too silly! The Christmas season is a time when a lot of people's good habits slide, or when we become more aware of our not-so-good habits.

Here are five tips to help keep you healthy over the season:

1. Be realistic about what you can achieve – at this time of year, it's not the best to start a weight loss program, so make your goal weight maintenance instead. It's also a time of extra stress, both financial and emotional – don't be hard on yourself if you can't do everything you'd like or are supposed to like. Instead, intentionally set aside time for yourself to de-stress and choose a few festivities you really want to get involved in.
2. Limit the "all-you-can-eat" mentality – indulging in special foods a couple of times, like Christmas Day or New Year's eve, is not going to make any difference to your health, or "ruin your diet". But a whole month's worth of festivities can seriously set you back. Make sure you're having a healthy breakfast, and get your vegetable and fruit intake earlier in the day, so you're not "starving" by dinner.
3. Keep hydrated – and not with alcohol! Water intake is especially important when the days are getting hotter and when there's an abundance of rich foods (read salty, fatty or sweet). Alcohol dehydrates you, and is full of empty calories. Do yourself a favour and alternate alcoholic drinks with water, or by diluting wine or spirits with iced mineral water.
4. Stick to that exercise program – this is all the more important in maintaining fitness and circadian rhythm when you're eating differently to usual or staying up late. Never underestimate the benefits of exercise – you have to use some energy in order to make some energy!



5. Wear masks when advised to do so – it's a reality we've lived with for the past couple years, but Covid is not going away. Those most at risk for severe illness are the elderly and immune-suppressed, so if you have family gatherings with people at higher risk, consider providing face masks for your guests, and avoid shared food platters. Yes, it's an inconvenience, but it's simply common sense and common courtesy.

Above all, be kind to yourself, and kindness to others will naturally flow.

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FROM RETIREMENT CARE SOLUTIONS

Savannah Falzon from Retirement Care Solutions is a Retirement and Aged Care Specialist who identified the need to support retirees struggling with confusion and feeling trapped in their current lifestyle. Her aim is to help retirees who are in fear of making the wrong decisions when considering their options for care and their lifestyle requirements.

Savannah says many factors can impact a retiree's ability to make the right decisions in retirement.

"Years of memories in their family home, affordability and that actual physical house move are stopping many retirees from living a retirement dream," said Savannah.

Savannah assisted her mum with a move into retirement living. She wanted her mum to have peace of mind, security, and a low-maintenance home once her father passed away. It was through this experience and later working in the retirement and aged care industries that Savannah realised not all retirees and seniors fit in the same peg hole. That's why Savannah founded

Retirement Care Solutions. This service provides honest and unbiased advice to help pave a personalised and peaceful path to a new way of living.

Savannah is always encouraging clients to consider the move sooner rather than later. She has often seen a retiree lose the opportunity to choose where they would like to move due to ill health or some other significant life-changing episode.

Savannah offers a complimentary analysis and consultation to assist retirees in identifying options that can ultimately help them with the right choices to suit their needs. Once Savannah has completed her consultation and analysis and spent time with her clients getting to know and understand their situation better, she provides solutions, freedom and confidence for her clients to make their own decisions.

Savannah can be contacted at 07 3518 4171 or scan the QR code or visit www.retirementcaresolutions.com.au for more details.



MERRY

Christmas

We would like to wish our valued clients a very Merry Christmas and a Happy New Year.

To our Landlords, Tenants, Business Associates, Friends and Family we hope you have a wonderful Festive Season filled with laughter, joy and happiness.

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Raine & Horne: sponsoring our community

BY BYRON FREEBORN, RAINE & HORNE WYNNUM

Wynnum is worth celebrating, and Wynnum Fringe is one of the key events that throw a spotlight on our bayside town. The place and the event go hand-in-hand – both are packed with talent, eclectic, worth attending, and a place to see many familiar faces and new faces.

Regarding sponsorship, Raine & Horne Wynnum, directed by Margaret Vote, hasn't held back. There are several reasons why Raine & Horne have been a major sponsor of Tom Oliver and the Wynnum Fringe festival, not just this year but the two years prior.

First, there are the branding/business aspects of our sponsorship. The community keeps our business going, and it's nice to give back in various ways. Marg has had a long-standing relationship with Tom and his family – she sold the Oliver family their first house in Wynnum. But there's also a deep affection for Wynnum itself; wanting to see our area shown in its best light so that not only the people who live here can be proud of what we have and can be, but to also showcase our area to the surrounding citizens of Brisbane and beyond.

Wynnum's recent Halloween parade, organised by Wynnum Commerce Inc., is an excellent example of "if you put it on, they will come!".

The festivals and activities that are growing, developing and improving each year enrich the cultural fabric of our community and attract people to move here. That's good for every local business. It's also a place where we live, and the events, bars, and restaurants allow us to invite friends and family to enjoy the beauty of the bayside, set against the stunning backdrop of Waterloo Bay.











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Margaret Vote
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margaret.vote@wynnum.rh.com.au

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Margaret Vote

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margaret.vote@wynnum.rh.com.au



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Raine & Horne

LJ Hooker Property Centre would like to welcome Peter Stone. Passionate about real estate, the complete sales and negotiation process and what truly matters to you. Peter brings to the table three decades of sales experience, the last 20 years of which he has spent both living and selling Real Estate in your local area.

Peter is enjoying an even greater depth of knowledge and skill offered by the highly successful team around him and looks forward to bringing all of that to you when it comes to your property requirements.

Whether it is your own home or a valuable investment property, consider calling Peter to discuss what it is he can do to assist with all your real estate needs. **Thinking of selling? Call Peter Stone on 0411 618 304 today!**

Peter Stone Testimonials

The patient professional you need on your team ★★★★★

Working with Peter on the sale of my property completely exceeded my expectations. His local real estate knowledge is exceptional – I can see why so many people in my street have trusted him to buy or sell. Peter is a fantastic communicator, professional yet friendly, super patient at answering all questions, has a solid grasp of marketing strategies and target audiences, and goes above and beyond to not only secure a sale but at the best possible price. He keeps you informed and comfortable every step of the way.

- Seller of 39 Meadowview St, Tingalpa

Success For A Second Time ★★★★★

Peter Stone has now sold a second property for our family. Peter is always professional and well presented. He is very personable and listens carefully to our wants, needs, hopes and dreams.

- Seller of 4 Cahir Street, Tingalpa



For Sale or For **LEASH!**



This is Brax, and whatever the day throws at me, I can be sure that, on my return, he will greet me with a slobbery smile, joyful excitement and unconditional love. To me he is the best Doggo in the whole world and I'm sure you feel the same about your "Four-legged friend"!

Like me, you probably spoil your dog more than perhaps we should but there are some puppies that aren't quite so lucky, so we have decided to partner with The Mini Rescue to see if we can put smiles on the faces of some of the dogs out there doing it a little tougher.

So between now and the end of January 2023 we will be **donating \$500 from every property sold with me to The Mini Rescue** to provide food, medication and care.



MANLY HARBOUR CHRISTMAS LIGHTS

WE'RE LIGHTING UP THE VILLAGE!

Boat owners, residents and business owners are encouraged to light up their homes, yachts, boats and businesses to create a Christmas spectacular for all to enjoy in Manly Harbour Village.

The competition will launch with a Christmas Extravaganza on **Saturday 3 December in Little Bayside Park**. The event kicks off with Christmas Carols at 3pm and entertainment continuing throughout the afternoon. A Christmas movie will be shown on the big screen from 7pm, as part of the monthly Free Movies in the Park event.

Prizes are on offer for the best decorations in each of the three categories! To enter the competition visit manlyharbourvillage.com

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Liza Martinez
0408 111 840



Ani Jones
0407 771 997



Harcourts



Harcourts Inner East welcomes Scott Auer.

Top selling and award-winning Principal Scott Auer joins Harcourts Inner East after a decade of business ownership.

“I was drawn to Harcourts Inner East for their positive and successful Sales and Property Management team, a balanced management style and a family-orientated business,” continues Mr Auer.

“Scott is the market leading agent in Tingalpa and we are thrilled to welcome him and his team to the group,” remarks Harcourts Queensland CEO Mitch Peereboom.

“He has a remarkable reputation, and we could not be prouder that he has chosen to join forces with the ever-growing team at Harcourts Inner East”.

The recipient of multiple Real Estate Awards, Mr Auer is committed to doing the best job for his clients and his community.

“I’m also a proud supporter of Tingalpa State School!” says Mr Auer.

Mr Auer and his Sales Associate Tom Duffy will continue selling in the bayside suburbs of Tingalpa, Belmont, Hemmant and adjoining suburbs, which means there will be a familiar face in the area.

“It is a massive coup for us as we continue to strengthen our presence through these markets,” enthuses Mr Peereboom.

“This move energises us all for the future.”

Scott Auer
0413 684 286

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"He is a genuine all-round top bloke which made the process so much nicer. He got the job done, achieved the result and went above and beyond to make it as smooth as possible. I would recommend him any day of the week."



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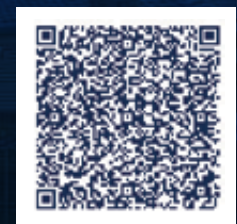
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FEEL IN CONTROL OF YOUR RENTAL PROPERTY WITH OCEAN REALTY



Keeping elderly family members comfortable in their homes during the humid season

CONTRIBUTED BY FALLON SOLUTIONS

For many people, their family home is the most important place in the world. It's a source of comfort and stability. But for older family members, living alone can be a challenge, especially with Brisbane's hot, humid weather in summer. People aged 65 years and over are at an increased risk of heat-related illnesses and need special care when the temperature is predicted to rise above 30°C.

If you're worried about an elderly relative or neighbour, there are steps you can take to help them stay safe in the summer heat.

1. Air Conditioning

Installing an air conditioner is the best way to stay cool and ensure peace of mind. Encourage your loved one to stay inside and run the A/C during the hottest hours of the day.

If there is already an air conditioner installed, ensure it is clean and has had a recent maintenance check. This

can help reduce running costs while guaranteeing clean, healthy air.

2. Ceiling Fans

Ceiling fans are economical to operate and an excellent means to help reduce your air conditioning costs by circulating the cool air throughout your home.

3. Blinds and Curtains

Drawing your curtains at dusk can reduce heat loss by around 15-17%. With blinds, the figure is a little lower at 13-14%, but the difference is enough to make closing them worth it. Therefore, to beat the heat, we encourage the installation of blinds and curtains.

4. Switching to LEDs

It is found that almost 90% of the energy in incandescent bulbs is used to produce heat which increases the heat



in rooms as well as fire risks. Yes, LED lights produce some heat; however, this heat is only a fraction of what incandescent or halogen bulbs produce while also being more efficient. LED bulbs are also cool to the touch since they don't generate infrared radiation heat.



REALTY
Stacey Lee



About Paul

30 YEARS EXPERIENCE

Paul Swenson is a dedicated and fully licensed real estate agent and is head of sales at Stacey Lee Realty. Paul joined the team in 2017 and has been a valuable member ever since. He enjoys the opportunity to meet new people and help them on their real estate journey, whether that's buying or selling. Paul is able to understand his client's individual needs, relating to both buyers and sellers by analysing situations from their perspectives and advising them accordingly.

With a consistent track record, Paul is committed to exceptional service through sincere and honest communication.

SPECIALITIES

- Paul recognises the importance of working with clients to achieve their goals – and having a comfortable, happy client who enjoys their Real Estate experience is his aim.
- Your most important decision in a successful Real Estate transaction is to find the person committed to helping you achieve your goals.



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Construction begins on \$22m development with water views

FROM URBEX LIVING

Buyers hunting for a slice of luxury within Brisbane's bayside suburb of Manly have their chance at an exclusive collection of architecturally designed residences boasting views over Manly boat harbour and Moreton Bay.

Construction has begun on Manly's newest collection of just eight luxury residences. The Wellington Collection is ideally situated in the prestigious and tightly held pocket of Wellington Street, Manly.

The development comprises of two new buildings encompassing six luxury apartments and two stunning townhomes, poised to become one of Manly's most desirable addresses.

This architecturally designed project is being delivered by Urbex Living, a division of the Australian national award-winning developer Urbex, and is expected to be completed in late 2023 with near half of the sales were secured off the plan, with prices starting from \$2m to \$3.375m.

Development Director of Urbex, Carl Bruhn, said "Urbex has a track record of delivering award-winning communities nationally, and we are excited to commence construction on this bespoke offering in Manly".

Utilising the key design elements of screening, light and ventilation, The Wellington Collection is in perfect balance with the aspect and simple beauty of the area. The north-east aspect gives residents expanded views of the marina and bay while natural, textured materials create a palette that perfectly complements the bayside location.

In addition to the home-like proportions with generous floor plans spanning 199m2 to 472m2, the luxurious collection includes lift access from all residences. Amenity in the apartments offer residents an outdoor pool, outdoor and indoor entertaining spaces with the townhomes providing a private outdoor lounge deck, plunge pool and lush, tropical gardens, all without the maintenance and upkeep associated with bigger homes.

General Manager for Urbex Realty, Craig Covacich, said a Manly Village lifestyle is highly desirable.

"Recent home sales are now exceeding the \$5m price tag and many others firmly sitting above the \$2M range, Manly has very quickly become a frontrunner in the Brisbane property market. The suburb has presented a compounded growth rate of 40.5% in houses and 27% in units based on the past five years of sales," Covacich said.



"Much of the appeal for The Wellington Collection to date has been from buyers seeking housing solutions aligned to their new phase of life, like growing their family or transitioning out of life with kids.

"To date, we have already seen nearly half of The Wellington Collection's residences sold off the plan to local buyers, and with the continuing demand for bayside views, we expect much of the remainder of the collection to attract Brisbane locals looking to be closer to the water."

The Wellington Collection is selling and invites buyers to get in quick to avoid missing out on this rare bayside opportunity. To schedule a private appointment, interested buyers can contact Stacey Scrutton via info@thewellingtoncollection.com.au or call 1300 420 260. For more information, please visit thewellingtoncollection.com.au.

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Virtually nowhere to go as Queensland's vacancy rates plateau

BY THE REAL ESTATE INSTITUTE OF QUEENSLAND (REIQ) CEO ANTONIA MERCORELLA

It comes as no surprise that Queensland's tight residential vacancy rates have not shown any substantial signs of easing over the September quarter 2022, according to the Real Estate Institute of Queensland's (REIQ) latest report released today.

At the Queensland Housing Summit held last month, which highlighted the serious housing supply shortage plaguing the state, stakeholders conceded that there was no silver bullet that would solve the housing crisis overnight.

Vacancy rates are an indication of the percentage of properties that come onto the market to rent, and according to the REIQ, a healthy vacancy rate sits between 2.6 – 3.5 per cent.

In many parts of the state, the September quarter 2022 figures represent the ninth consecutive quarter of sub 1.0 percent vacancy rates, as tight conditions firmly set in.

The September quarter also showed a number of areas had plateauing vacancy rates compared to the previous quarter, and for the areas that did experience a shift, most only saw a minimal 0.1 percent movement up or down.

REIQ CEO Antonia Mercorella said it was unlikely vacancy rates would see any significant shifts in the foreseeable future due to complex supply and demand constraints.

"These statistics aren't just numbers, they tell a story about how challenging it is for people struggling to find a home," Ms Mercorella said.

"While I wish I could tell these people that we can see light at the end of the tunnel for them, the sad reality is that renters could be enduring this tight market for some time.

"In Queensland, the average household size has reduced to only 2.5 persons per dwelling, which has put extra strain on our housing supply – and that's even before looking at the extraordinary external pressures from high levels of migration, and immigration to come.

"We know there are various obstacles which have been holding back our state's housing supply and pathways to home ownership. This is what needs to be rectified in order to restore some balance to the market and address the true cause of the crisis – while also finding remedies for the symptoms."

Ms Mercorella said that the State Government had identified that Queensland has 55,000 fewer rental dwellings than expected based on historical trends and forward projections.

"Some of this sizeable rental market shortfall was accounted for, but the remaining 'missing' properties were not able to be explained," she said.

"We have been warning for some time now that regulatory intervention, including more onerous lending changes and tougher tenancy laws, has an impact on investment.

"Increasingly, we are also seeing investors charged at higher rates for property related fees and expenses, including stamp duty costs, higher local government fees, and mortgage repayments.

"In the face of these challenges, we are seeing some investors making the choice to exit the market and more needs to be done to retain and attract investors to the long-term rental market to pump up the rental pool and boost vacancy rates."

Out of the 50 local government areas and sub regions the REIQ reports on, 19 markets plateaued this quarter (maintaining the same vacancy rate as the previous quarter).

These included Brisbane LGA (0.8%), middle-ring Brisbane (0.7%), outer-ring Brisbane (0.6%), Ipswich (0.6%), Sunshine Coast Statistical Division (0.8%), Sunshine Coast (0.6%), Fraser Coast (0.5%), Hervey Bay (0.6%), Maryborough (0.2%), Cairns (0.5%), Gladstone (1.0%), Rockhampton (0.4%), Townsville (0.5%), Banana (0.5%), Cassowary Coast (0.8%), Goondiwindi (0.1%), Livingstone (0.4%), Southern Downs (0.1%) and Tablelands (0.2%).



Fourteen markets experienced an immaterial lift up by 0.1% over the quarter, including Greater Brisbane (0.7%), Logan (0.7%), Moreton Bay (0.5%), Caboolture (0.5%), Mainland (0.5%), Gold Coast (0.6%), Bundaberg (0.5%), Mackay (0.6%), Toowoomba (0.4%), Charter Towers (0.5%), Gympie (0.4%), Isaac (1.1%), Mareeba (0.4%), and Scenic Rim (0.6%).

While nine markets fluctuated down slightly by 0.1% over the quarter, including Redcliffe (0.4%), Maroochy Coast (0.4%), Hinterland (0.4%), Noosa (1.0%), Burdekin (0.4%), Central Highlands (0.5%), Cook (0.3%), Lockyer Valley (0.4%), and Maranoa (0.5%).

Inner city Brisbane saw a more noticeable change over the quarter, dropping to a record low of 0.8 percent – the first time this market has dropped below 1.0 percent in the past decade. This could suggest a return of workers to the CBD and a renewed demand for inner-city living post COVID-19.



Buying or selling?

Chris McKenna

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AVOID THE BILL SHOCK THIS SUMMER BY OPTIMIZING YOUR POWER CONSUMPTION

FROM GOODHEW ELECTRICAL AND SOLAR

The festive season is a time for celebration; but when you receive your summer power bill there's usually not much to celebrate. With family and friends visiting and the kids/grandkids home from school for extended periods over the holidays, your energy use can increase extensively. Don't stress however, as there's a few things you can do to help reduce your household's power bills this Christmas.

The secret is energy optimization – that is – when and how you use your power. Most people display Christmas lights throughout the months of November and December, and by switching your old incandescent lights to new LED equivalents, you can save up to 80% on energy usage. Based on 5 hours use per night for the month of December (31 days), the average household with 1000 incandescent bulbs will use around \$19.50 worth of power – compared to just 85-cents to run 1000 LED equivalent bulbs for the same period.

Another culprit for high energy use over the summer period is your air-conditioner. Did you know that if you change your air-

con temperature from 22°C to 25°C, you will cut your daily air-conditioning energy consumption by more than 20%.

These tips are all well and good, but the easiest way to reduce your power bill year-round is to install a rooftop solar system or add a solar battery for those with an existing system. By generating and storing your own electricity, you can run your home during the day and become less reliant on the power grid at night.

An investment in solar is for the long-term and will save you hundreds of dollars each year for the lifetime of the system; and, choosing the right retailer is one of the most important steps.

So, whether you're wanting to reduce your bill or eliminate it entirely, Goodhew Electrical and Solar can design a system for you. As a CEC Approved Solar Retailer and with over 15 years' experience in the industry, you can be confident in choosing to work with us on your solar installation. Goodhew was also recently awarded Best Solar System Design and Installation over 100kW at the 2022 Clean Energy Council Awards.



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A LITTLE HISTORY: WYNNUM'S ZELDA ARCADE

FROM THE WYNNUM MANLY HISTORICAL SOCIETY INC.

Zelda Arcade is on the same side of Bay Terrace as the old post office but a little further north, close to Cedar & Pine Bar.

The arcade was the second to be built in Wynnum. The first arcade was built in 1957 for Mr Woodforth, over the site of his garage, and he had a petrol pump on the edge of the footpath. The location was Woodforth Arcade, almost directly opposite Zelda Arcade, across Bay Terrace.

Zelda Arcade was built on the former premises of Real Estate Agent LP Crawford and the shop of Miss Grace Emma Waldren. At least six first-class shops were planned for this new brick building erected for Miss Pearly Fabian.

In the Herald dated 21 March 1958, Henry Roebuck announced that his store was to "Open soon in the new Zelda Arcade", selling "modern household furniture".

On Monday, 29 September 1958, LP Crawford and Co. Real Estate Agents moved back to its original location, into a new shop, in the recently completed Zelda Arcade.

Shanahan's, The Trouser Specialists, opened a menswear shop in October 1958, which diversified to include a book bar with books such as *Bridge Over the River Kwai* and *Elephant Walk*.



In June 1959, a Herald advertisement suggested a visit to George Wilcox, in Shanahan's in Zelda Arcade, for a new suit.

In 1960, Mrs FE Fuller opened an up-to-date salon for the "Mother-to-be and Baby". There was now a Singer Sewing Machine Company shop at number 3 Zelda Arcade and Waldron's Casket Agency at number 1, right next to the arcade's entrance, opening out to Bay Terrace.

The arcade was refurbished in 2021, and its name was mounted above the arcade entrance.



THE NURSO CHRISTMAS EVENT

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WHAT'S ON AT THE WATERLOO BAY LEISURE CENTRE THIS DECEMBER

CONTRIBUTED BY THE WATERLOO BAY LEISURE CENTRE

Everyone is welcome to come along and enjoy the activities and entertainment held at the volunteer-run Waterloo Bay Leisure Centre at 241 Tingal Road, Wynnum.

SHIRE CLERKS COTTAGE MARKET

December 10, from 8am to 1pm

The final market for the year will be held on Saturday 10 December from 8am to 1pm at 241 Tingal Road, Wynnum. Browse for Christmas gifts at more than 80 market stalls in the grounds of the Shire Clerk's Cottage and indoors in the auditorium.

The market showcases the creations of talented local artists and craft groups. Items for sale include artwork, hand-made crafts, jewellery, home-made baked goods, plants and much more. The Shire Clerk's Cottage will be open to the public for viewing and our famous Devonshire Teas will be served on the cottage verandah. Come along and purchase a unique gift for that someone special for Christmas.

The centre closes on 9th December 2022, and reopens on 9th January 2023. There are no concerts in December 2022 or January 2023. Concerts will resume in February next year.

On behalf of the management committee, we wish everyone a Merry Christmas and Happy New Year in 2023. We thank all our current members and volunteers for their support throughout the year and look forward to continued support, new memberships and friendships in 2023.



A SPECIAL NOTE OF THANKS

BY JO STEWART, MANLY

On Thursday November 17, out on my morning walk, I tripped and fell forward on Ernest Street, Manly.

I was rescued by three 'Angels', two of whom had 'little people' in their cars being taken to school.

All were kind. One phoned my husband to pick me up. One had a first-aid kit and swabbed and butterfly sutured my chin. And one provided a chair and iced water to drink. I was lifted up to the chair and waited until the car arrived.

Thank you!



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WHAT'S SWIMMING IN MORETON BAY FOR CHRISTMAS?

BY SPERO KARTANOS

Where has the year gone! The end of 2022 is here, so let's hope the fishing is just as good in 2023.

When the winds allow us to go fishing, the bay has plenty of fish. Whether you're a fishing fanatic or a weekend/family/kids fisherman, Moreton Bay has plenty to offer. Here's a quick rundown of the species in the bay this time of year.

Whiting. It's the easiest and the best fish for the kids and the family to catch and probably the best tasting for most. You should find whiting in good numbers around the southern side of the Chain Banks, Amity Banks, the Maroon Bank side of the Rous Channel, and of course, the Sand Hills at Moreton Island and the blue hole.

In the north/easterlies, most will float around Horseshoe Bay at Peel Island – the shallows have plenty of whiting but also lots of traffic. The best bait is sand worms or blood worms and peeled small prawns and squid strips on a paternoster rig while drifting.

Squire/Snapper. December squire and snapper will be closest to Wynnum/Manly on the eastern side of

Green, Mud and St Helena Islands, and Wellington Point all around Peel Island. In particular, try Lazaret Gutter and Harry's artificial reef, Mt Cotton Reach, and in the Rous further north, Cowan Reef.

I prefer the shallow reefs close to our Bay Islands with smaller currents, and fishing in 18 to 21-ft depth makes it fun, running a rig with enough weight to get to the bottom on a 3.0 to 6.0 snapper hook. The best baits for me are small whole whiting and garfish. Whiting heads are my favourite, but squid, cuttlefish, octopus, mullet flesh and grinner fillets will catch a fish or two. I prefer a good run in the tide (especially outgoing), and you'll also find sweetlip, bream and flathead while fishing for squire.

School Mackerel. The best way to catch school mackerel is with diving boards – Yamashita, Delta or Yozuri (copies orange boards) with 3-inch spoons, trolling at 5 to 7 knots around the bay near Hope Banks, the basin at Peel Island, the Rous Channel, Rainbow Channel and deeper water at the Sand Hills and Shark Spit. At the shipping

channel and the Measured Mile Beacon, you can also float a pilly out around any of the bay markers, and when you are whiting fishing, there's always a mackerel swimming around.

Spotty Mackerel should start showing up in the next few weeks, and you can catch them trolling, but a chrome slug thrown and retrieved in a feeding school is the way to catch them.

Sand Crabs will also be in excellent numbers throughout the bay, and a pot or two should make everyone happy!

Last but not least, one of the best-tasting critters in the bay is the **Tiger Squid**, which are starting to show up in all the weed banks in the bay on the western side of Moreton Island, the Rous Channel, Small Boat Channel, Amity Banks, Rainbow Channel and Green Island. You need nice clear water and a couple of good quality squid jigs. A cast and slow retrieve should get you a squid and a face full of ink (which happens to us all).

Have fun and be careful; watch the weather and all the extra boat traffic. There are a couple of

nasties in the bay you should be cautious of – the stone fish and Moreton Bay Irukandji jellyfish we have in the bay will be in bigger numbers as the water warms up.

To all my readers, Merry Christmas, good fishing, and a happy and healthy New Year to you all! See you in 2023.



Photos: Spero Kartanos.



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REGISTRATION IS NOW OPEN: WOMEN'S FISHING CLASSIC 2023

FROM THE WOMEN'S FISHING CLASSIC

Women from around the Sunshine Coast and the greater Moreton Bay Region are invited to participate in a fishing competition with record-breaking prizes!

Participants are encouraged to register early to be a part of the upcoming annual Women's Fishing Classic (WFC). According to Nicole, founder of WFC, the competition is a way to connect fun, kind and like-minded women to a predominately male sport. Women with all skill sets are encouraged to apply, from the novice beginner to the fierce competitor!

Families and individuals who register will receive special packs while stocks last, including brag mats, sponsor products and special draw prize entries. Upon registration, participants in the WFC group have access to workshops, training videos, special invites, discounts and, most notably, support and encouragement from other participants.

"There has never been a better time to connect with others," Nicole says. "I am elated that so many women and children have appreciated a women-only fishing tournament in previous years. However,

I never anticipated the incredible benefits the competition has had on local businesses, tourism, and the health and wellbeing of everyone included."

In previous years, the month-long event has attracted women from Inskip Point, Sunshine Coast, Brisbane and the Tweed.

Participants make new fishing buddies and participate in invited off-shore fishing charters or simply enjoy overwhelming support by sharing their fishing adventures online.

Last year the competition generated over \$300,000 for local businesses. With women's recreational fishing on the rise, it also provides an opportunity for family fun and promotes community spirit.

The 2023 Women's Fishing Classic has generated substantial interest from local businesses, with sponsors welcome to apply. The major prizes are set to be the biggest yet, with a \$13,000 boat and outboard motor donated by Wynnum Marine.

Winners of individual fish categories can win products and cash prizes. There are opportunities

to win by competing in off-shore and land categories; however, all-round categories such as "most-caught" and "size" provide other opportunities to win.

The competition is also an excellent research opportunity, with tag-and-release training available for members. All catches are recorded to aid in sustainable fishing practices and provide a greater understanding of our local waters.

The competition starts May 6 and finishes June 3, 2023, giving competitors ample time to participate throughout the tournament.

Nicole encourages participants to register now to enjoy the support and education-awareness around the sport, tides, community, and adventures to be had over the upcoming months leading up to and during the event.

Contact Nicole directly at 0429 011 050 or search Women's Fishing Classic on Facebook.



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Photos: Supplied.

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MY LOCAL MEMORIES: THE MOST MEMORABLE CHRISTMAS EVE!

BY ROSS FARLEY, BAYSIDE RESIDENT

My most memorable Christmas Eve started quietly. Many years ago, I was relaxing in front of the TV, watching Carols by Candlelight, when I heard a gunshot followed by a loud scream. I raced from where I was sitting and followed the screaming to where I found a man who had shot himself in the foot.

Another person also arrived, and we held him down and applied pressure to the wound to stop the bleeding. The police and ambulance came, and the unfortunate man was taken to hospital while the police remained to investigate. They asked me to help find where the bullet went.

We were mystified because there was no hole or bullet in the floor. Eventually, we worked out that the bullet had bounced off a floor nail, back again through the man's foot, past his body and head before travelling through the ceiling. Lucky man! I went back to the TV and watched the rest of Carols by Candlelight before acting as Santa like any other Christmas Eve.



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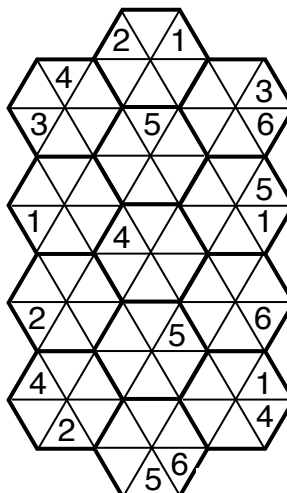
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

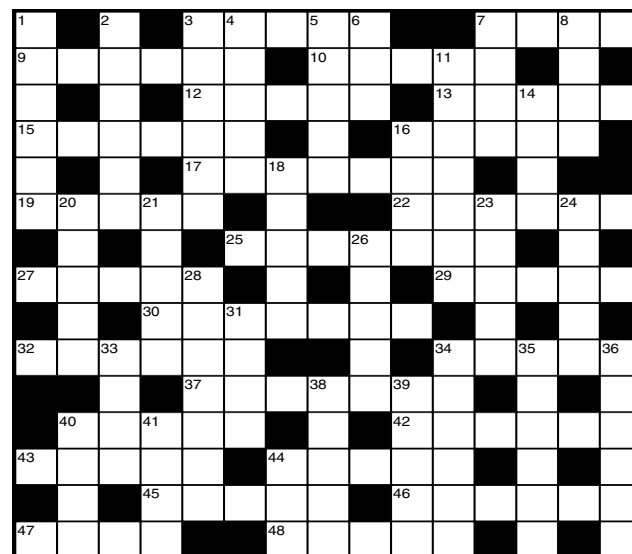
							2	
1			4	5				
				9		7		
5						3	6	
				2	6			8
	9		8			5		1
		5	1					3
8					9			7
2		1					8	

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.

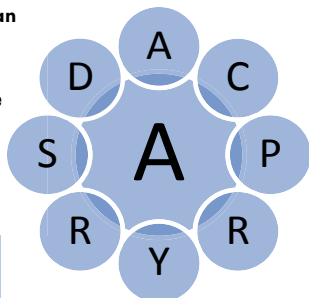


Crossword



Focus An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words



Reference: Macquarie Concise Dictionary
Focus No. 3862

TODAY'S FOCUS Good: 11 words
Very good: 17 words
Excellent: 24 words

ACROSS

- 3 Underwater worker
- 7 Musical instrument
- 9 Cowardly
- 10 Planet
- 12 Domesticated
- 13 Holy person
- 15 Slumbering
- 16 Rotates
- 17 Speech defect
- 19 Bird
- 22 Sudden convulsions
- 25 Widened
- 27 Fastener
- 29 Evade
- 30 Arbitrator
- 32 Settle cosily
- 34 Kingdom
- 37 One bequeathed a will
- 40 Heavenly body
- 42 Weapons

DOWN

- 1 Series of eight
- 2 Visitor
- 3 Hate intensely
- 4 Not fitted
- 5 Occurrence
- 6 Colour
- 7 Former Russian ruler
- 8 Prohibits
- 11 Taken unjustly
- 14 Taverns
- 16 Examine
- 18 Combine
- 20 Ingrained dirt

- 21 Make effort
- 23 Worship
- 24 Important person
- 26 Representative
- 28 Bank employees
- 31 Measures of length
- 33 Given shoes
- 34 Curbed
- 35 Refer casually to
- 36 Workers in stone
- 38 Reduce in intensity
- 39 Wear away
- 40 Quote
- 41 Niggardly
- 44 Dry, of champagne

Word Find

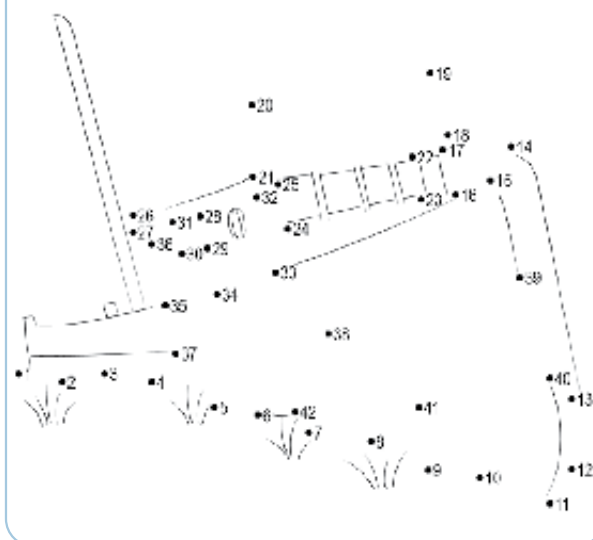
K	N	E	E	S	T
N	R	R	E	N	T
C	A	R	E	E	S
M	Y	M	O	L	U
G	E	P	O	A	D
C	A	T	O	W	N

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

- | | | | |
|--------|------|------|-------|
| Care | Lens | Rent | Woman |
| Cat | Mare | Roan | Yarn |
| Cement | Met | Seen | |
| Dust | Peg | Slot | |
| Knees | Poet | Town | |

Join the Dots

What is this? Find out by joining the dots.



Solutions

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Below is the list of current roles we're looking for and wish to list:

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- Sales consultant – Part Time (Wynnum)

- Aftermarket Sales Consultant - Competitive Rem Package + Comms + Vehicle Allowance (Capalaba)
- Apprentice Technicians – Dec 2022/Jan 2023 Annual Intake (Wynnum and Capalaba)
- Mechanical All-Rounder (Cleveland)
- EV Moto Sales Trainee (Capalaba)
- EV Moto Sales Consultant (Capalaba)
- Vehicle Parts Interpreter
- Vehicle Detailer/Car Washer (Wynnum)
- Used Cars Sales Consultant – Part Time (Capalaba)

If you are seeking a genuine long-term career within the motor industry and believe you have the skills, abilities and positive attitude to become part of the Bartons team, please send your resume to hr@bartons.net.au.

We look forward to receiving your resume and you becoming part of the fantastic Bartons Team!



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We are looking for a casual sales assistant to work in our indoor plant shop for a minimum of two days per week – Friday and Saturday with the possibility of further hours.

If you are a proactive and self-motivated individual that loves being surrounded by plants please send your CV to qldmanager@frenchamsqld.com.au.

Only shortlisted candidates will be contacted.

We also have permanent indoor plant service technician positions available. Phone 07 3396 2363 for further information.

Help Wanted

Would you like to earn some extra money, get fit and help connect the local community?

We're looking for locals to distribute The Community Leader and Real Estate News & Views in the bayside. If you'd like to work flexible hours with a good hourly rate, contact Locals R Us on 0403 189 625 or hello@localsrus.com.au.



LOCALS'R'US **Letterbox Distribution**


Locals'R'us is looking for workers!

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Contact details: For more info, send an email to hello@localsrus.com.au, or contact us on Facebook or Instagram @localsrusqld. Phone Sharyn on 0403 189 625.



Assistant Manager Role

Tide on the Jetty and The Arsonist Manly

An exciting career opportunity exists for an experienced hospitality professional to support our Restaurant Manager in all facets of venue operations. Experience in a similar role is absolutely essential. RSA and a current RMLV is preferable. Availability – operational hours of weekdays and evenings, and weekend days.

Please email applications to Michael Redhead mihhail@theconsortiumqld.com.au.



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You'll also need a positive outlook and excellent communication skills, and hold a valid open manual Australian driver's license. No experience is required. Training is provided, however it would be beneficial to have a passion and an interest in lawns.

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The Community Leader REAL ESTATE

NEWS & VIEWS

The Community Leader is a monthly publication, home delivered to Wynnum, Wynnum West, Manly, Lota, parts of Capalaba, Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point.

Any submissions can be emailed to sales@market2market.com.au for consideration.

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JANUARY BOOKINGS

- Community editorial 10th December
- Advertising cut off 15th December
- Distribution 3rd January 2023
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- **Advertising contact 0421 786 302 or 0416 245 193**
sales@market2market.com.au

COLD SUMMERY SPINACH AND RICOTTA PESTO SALAD RECIPE

Here's the ultimate easy summer salad, versatile as a side or a main meal. It's a perfectly delicious addition to a colourful Christmas buffet! Using store-bought ravioli makes this quick and easy to throw together, and it keeps well in the fridge, so you can make it ahead of time.

SALAD INGREDIENTS

- 1 packet of spinach and ricotta ravioli or tortellini
- 1 cup of cherry tomatoes
- 1 tbsp of olive oil

PESTO

- ¾ cup of parmesan cheese
- 1 cup of freshly picked basil leaves
- 1 cup of baby spinach leaves
- 1/3 cup of pine nuts
- 2 garlic cloves, minced
- ½ cup of olive oil
- Freshly cracked black pepper and salt to taste

TO SERVE

Extra basil leaves to garnish

METHOD

1. Preheat your oven to 180°C.
2. Line a flat tray with baking paper, scatter the tomatoes on the tray, drizzle with oil, and cook for 20 minutes or until wilted and soft. Set aside to cool.
3. Heat a small non-stick pan to medium heat, and toss the pine nuts in the pan. Keep them moving so they don't burn, and once they're a lovely brown colour, remove them from the pan and set aside to cool.
4. In a food processor, blitz the basil and baby spinach leaves, parmesan cheese, garlic and pine nuts until combined.
5. Pour in the olive oil slowly, then season with salt and pepper and set aside.
6. Cook the ravioli or tortellini as per the packet instructions. Drain and transfer to a large bowl to cool.
7. Once the ravioli are cool, gently stir the pesto through the ravioli, then stir through the cherry tomatoes.
8. To serve, garnish with extra basil leaves.



MAKING CHRISTMAS MERRY FOR UNDERPRIVILEGED KIDS

Each year Marc Sorrentino purchases and collect toys for the Salvos' Christmas Gift Appeal. These toys help to make Christmas a joyous occasion for children who would otherwise go without.

But how did it all begin?

"Ten years ago my then teenage daughter Monroe approached me with this idea of inviting her friends over to our house," explained Marc. "The plan was that we supplied dinner, and in return her friends brought a toy that we would then give to the Salvation Army for underprivileged kids."

Monroe's initial idea has since become a Sorrentino family tradition that gains momentum each year.

"It was such a positive experience that it became a family tradition that just kept growing, from a boot full of toys to a car full, to a van full, and these days the Salvos' truck is required to pick up all the toys because it has become so big," said Marc.

"If I had to guess, I would estimate that in the past 10 years thanks to our friends and community we have collected over 7000 toys.

"We are reaching out to our wonderful community to help us by donating a toy or two so more kids can participate in the joy of Christmas."



This year marks the tenth year of the Sorrentino family Salvo's Christmas toy collection. Marc invites anyone who is able to drop a new, unwrapped toy for donation to the Sorrentino Property office/Le Bistro, located at 75 Cambridge Parade, Manly, prior to Friday 16th of December at 4pm.

"Our family would like to thank our community in advance. Let's make sure that no child misses out on the joy of receiving a present this Christmas," said Marc.

NEW LIFE FOR MANLY ANGLICANS

CONTRIBUTED BY FR. DANIEL HOBBS

As we prepare for the birth of new life in Christ this Christmas, St Paul's prepares for new life as Anglicans in Manly.

As a proactive response to our ministry context and for the benefit of the whole Manly community, St Paul's voluntarily opted to sell the site of our current church to enable the expansion of Manly State School and relocate the parish to the Anglicare Chapel at E.M. Marsden Tooth Memorial Home.

This is not our first rodeo! Anglicans have gathered in Manly for over 130 years. During that time, we have worshipped in four different locations reflecting our willingness to adapt to the needs of our wider community. The Chapel at Lota House will serve as our fifth place of worship. Our ministry in the local community continues and we look forward to our move to the Chapel in 2023.

I am thankful for the way in which the principal of Manly State School, Mr Clayton Carnes, and I have worked collaboratively as we together navigated uncharted waters for both Education Queensland and the Anglican Church Southern Queensland. What Mr. Carnes and I have demonstrated is that anything is possible when positive outcomes for genuine community remain the focus.

Education Queensland's plans for the site not only offer more much needed space for learning and play, but also include the refurbishment of the church as a Student Performance Centre. Here again we see new life emerging for our sacred space, where the next generation will learn, play and grow. This is our shared legacy of love for our wider Manly community.

To enable our new Lota House Chapel ministry, Diocesan Council back in May approved our request that a percentage of the proceeds of sale of our site be returned to the parish. We are grateful for Bishop John Roundhill's public statement back in April that these funds will be allocated to support our ongoing presence in Manly.

We do not live in the past, but the past very much lives in us. All that St Paul's represents, all that has been offered by those who have come before us, all that God has called us to be continues in the hearts and prayers of faithful, loving, beautiful humans known to the world as "St Paul's Manly".



Fr. Daniel Hobbs tssf

Parish Priest

St Paul's Anglican Church

99 Ernest Street, Manly

e: priest@stpaulsmanly.org

PORT TIDINGS

DECEMBER 2022

LATEST NEWS FROM THE PORT OF BRISBANE

PORT of BRISBANE
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Port of Brisbane is Queensland's largest multi-cargo port, handling 95% of the state's containers and motor vehicles, and approximately 50% of its agricultural exports.

Over 70 businesses are located within the port precinct, employing thousands of people. We're also an active member of the local and regional community, supporting not-for-profit and community organisations and playing our part in protecting and enhancing the natural environment.

TRADE

Motor vehicle volumes improved over the last three months with over 65,000 new vehicles imported into Brisbane, an increase of 12.5% on the same period last year.

Volumes have been constrained due to auto parts shortages in global supply chains, largely due to COVID-related shutdowns. The Federal Chamber of Automotive Industries has stated that while supply chain issues are improving, the global automotive market remains in recovery and will be for some time yet.

COMMUNITY

We're proud to have supported the Wynnum Fringe for the second year running through our Community Grant Program, helping to have celebrated the vibrant arts and cultural experiences the festival brings to the Bayside.

We are pleased to announce that The Sunlight Centre has been selected as our 2022/23 Employee Charity. Based in Morningside, The Sunlight Centre aims to support the community and their mental health through free face-to-face crisis counselling for under 18s and adult workshops.

ENVIRONMENT

Our annual dredging Technical Advisory and Consultative Committee meeting was held in November, providing an update on our dredging activities to community, environment, government and port stakeholders. Port of Brisbane is required to undertake maintenance dredging of the navigational channel to ensure safe passage for commercial ships. The 2022 flood events deposited significant amounts of sediment within our channel and will be dredged as part of our upcoming campaign this summer.

A team of volunteers from the Port, B4C and the school descended on Brisbane Bayside State College last month, for a planting day as part of our work to restore a degraded waterway corridor and create an outdoor learning space. The project is supported by a \$40,000 community grant from Port of Brisbane securityholder, IFM Investors.

For more information about the Port of Brisbane, visit www.portbris.com.au or email info@portbris.com.au.

BRISBANE INTERNATIONAL CRUISE TERMINAL

The peak cruise season is in full swing at the Brisbane International Cruise Terminal (BICT), with over 20 cruise ships calling in December alone.

During November, we welcomed a host of new cruise ships on their maiden voyages including Carnival Luminosa, Quantum of the Seas, Noordam Holland America and Celebrity Eclipse.

Onsite car parking is filling up quickly at the BICT, so if you're intending to park and cruise, please book car parking well in advance of your travel dates on the Wilson Parking website.

BICT USEFUL INFORMATION

Address:

1 Cruise Terminal Drive, Pinkenba

Terminal information and directions:

www.portbris.com.au/cruise

Book car parking:

www.wilsonparking.com.au

(search "Brisbane International Cruise Terminal)

Cruise requirements / itinerary information:

contact your cruise line.



LOCAL POETRY CHRISTMAS 2

BY GEOFF SMILEY

Christmas can be a time
Of remembered joy.
When families celebrate
and tell little lies
to willing children.

For others there is
a low level of sadness,
reminding of past loss
and anniversaries.
The realities
of living a life.

All around it seems,
everyone hopes to be
swept up in others'
expectations of this time,
chasing happiness.

So, at Christmas,
consider this.
Come with expectations
of renewal. Perhaps
also, some nostalgia.
Then Christmas can be,
a time of hope.

© Geoff Smiley



LOCAL SWIMMERS TOKYO BOUND TO REPRESENT QUEENSLAND

Exciting times are ahead for the Iona Swim Club as it sends off two elite members of its senior squad to Tokyo.

Alex Fahey (19) and Hannah Allen (16) have been selected in the Queensland team to compete at the Japan Invitational and Japan Open in late November and early December.

After COVID prevented butterflyer Alex Fahey from competing overseas as part of the Australian Junior Dolphins team in 2021, he is excited to have the chance to hit the water in Japan. Alex is joined by middle and long-distance freestyler Hannah Allen, who is one of the youngest squad members having just turned 16. The pair will be joined by their coach, Zane King, who has been selected as one of the Queensland team coaches.

It's an exciting achievement for this new local club. Originally established in 1975, the Iona Swim Club was restored in July 2022 under Head Coach Zane King. In just a few short months, the club has become home to Australian and Queensland junior representative swimmers, a number of National Age Champions and a suite of Metropolitan representative swimmers.

This caliber of junior swimmers shows us what our locals can achieve, but support is critical to continue development pathways, particularly as the club journeys towards the 2032 Brisbane Olympics. The club is looking to develop long-lasting, collaborative relationships with the local business community. To get on board at the grass-roots level with one of Queensland's most exciting new swim houses, contact the club at ionaswimming@gmail.com. Support can also be shown for our 2023 National Team's journey to the 2023 Australian Championships by visiting <https://asf.org.au/projects/iona-swimming-club>.



Photos: Supplied.

YACHT RACING – 2022 SERIES CELEBRATED, NOW FOR 2023

CONTRIBUTED BY MANLY COMBINED CLUBS

Moreton Bay provides a spectacular sailor’s playground right on the doorstep of Brisbane. The Manly Combined Clubs Series was established by the Sailing Group of the Moreton Bay Trailer Boat Club (MBTBC) to unite the sailors of Manly Harbour and Moreton Bay with the aim of fielding a larger, more diverse fleet than might otherwise be possible by any club individually.

Our Purpose – To Unite The Love Of Boating And Make It Fun For Everyone.

In 2022 there were 47 boats entered in the Manly Combined Club series with over 300 people out sailing. The boats that entered included trailer sailers, cruising keelboats, race-oriented keelboats, sports boats and multi-hull, and they came from six clubs around Moreton Bay including RQYS, WMSC, NCYC, BIYC, TSCQ and MBTBC.

On Saturday 12 November the season finished with an '80s themed prize giving.

Thank you to Moreton Bay Trailer Boat Club for hosting the series. The post-race prize-giving with sausage sizzle was a great time to grab a drink and catch up with everyone to tell stories and relive the day on the water.

In 2023 the first race is on February 26. Everyone is welcome to join us and come out for a sail. If you'd like to know more see manlycombinedclubs.com for details.



2023 MANLY COMBINED CLUBS CALENDAR OF EVENTS

FEB 26th 2023	Sunday	MCC Race (1)
MAR 12th 2023	Sunday	MCC Race (2)
MAR 26th 2023	Sunday	MCC Race (3) & Peter Beard Memorial Lap Race
MAY 27th 2023	Saturday	MCC Race (4) CANAIPA CUP
MAY 28th 2023	Sunday	MCC Race (5) CANAIPA CUP
JUN 11th 2023	Sunday	MCC Race (6)
JUL 22nd 2023	Saturday	MCC Xmas in July Race (7)
JUL 23rd 2023	Sunday	MCC Xmas in July Race (8)
AUG 6th 2023	Sunday	MCC Race (9)
SEP 10th 2023	Sunday	MCC Race (10)
OCT 22nd 2023	Sunday	MCC Last Chance Race (11)
NOV 11th 2023	Saturday	MCC PRESENTATION NIGHT

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DIGITAL IMPRESSIONS – IMPROVING PATIENT COMFORT!

FROM DENTAL ON CAMBRIDGE

Our top priorities at Dental on Cambridge are the care and comfort of our patients. We've fitted out our practice with beautiful but functional and advanced technologies to support this mission.

Digital Impressions – also known as 3-D intraoral scanning – are the latest technology in capturing a replica of the mouth. By using a wand-like tool connected to a computer and advanced software, our dentists can create a virtual model of the hard and soft tissues in the mouth. These 3D scans are more accurate than a traditional mould and can be used for a variety of treatments. After taking a scan of the mouth, a dentist can immediately send the digital impression to a lab where dentures, crowns, bridges, implants, clear aligners, mouth guards and retainers can be made. Additionally, they assist with comprehensive treatments such as full mouth rehabilitation, including all on four dentures, implant retained dentures, full arch crowns and dentures.

PATIENT BENEFITS OF DIGITAL IMPRESSIONS

Digital impressions are less messy and more pleasant than the goopy traditional mould material. Patients with a severe gag reflex or sensitive teeth can enjoy a more comfortable experience while our dentists take a digital impression. Another benefit of digital

impressions is the ability to take breaks for patients who have jaws that tire quickly, enabling access to more treatment options. There is also the accuracy of the scan because the dentist can see the completed scan immediately on the computer, and they know if there are any inaccuracies in the image and can add additional data to the scan while the patient is still in the chair. With traditional mould materials, sometimes we don't know if we will have a good result until after a plaster mould has been made.

OTHER BENEFITS OF DIGITAL IMPRESSIONS

- Improved image/impression quality for better-fitting restorations.
- Less chair time for the patient.
- No need for distasteful impression materials that cause some patients to gag.
- More comfortable, less anxious experience for patients.
- Patients tend to appreciate the new technology and state-of-the-art dental care, so they become more engaged and better informed about the treatment process because they can see their impressions on-screen chairside.
- The scan of the teeth being restored, as well as the opposing teeth and bite, can be completed in just three to five minutes.



- The digital impression can be stored electronically indefinitely and referred to for future treatment needs.
- It's more eco-friendly! Including eliminating the need for disposable plastic trays, impression materials, postage packing, and freight transport.

At Dental on Cambridge, we love new technology – especially if it means we can increase the comfort of our patients! If you're looking for a trusted team, give our reception a call at 3348 6661.



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Alex Ritchie BDrash (Dent), GGDPDent, Bphty (UQ)



Family focused funerals by a real Wynnum Local

Jo grew up in Wynnum, she went to school here, she worked at the Plaza for 18 years, and for the last 17 years she has been the local funeral director that families rely on when they want someone who understands what it means to love the Wynnum area and the fantastic lifestyle it provides.

McCartney Family Funerals are proud to call Jo part of our team. Jo is available to care for the local families of Wynnum when they need her most, in the compassionate, caring and friendly way that only Jo can deliver. You can visit Jo personally at McCartney Family Funerals, 155 Bay Tce, Wynnum - the beautiful heritage listed post office.

When you are looking for a local, family owned funeral home to care for your family, the only real option is Jo Salm and the professional team from McCartney Family Funerals.

Call us today on 1300 043 522 or visit our website www.mccartneyfunerals.com.au



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