

The Community Leader

ISSN 2652-8738

WE'RE ALL ABOUT GOOD NEWS

SCAN AND SUBSCRIBE



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2023 IS YOUR CUE TO TRY NEW THINGS!

Welcome to a new year full of fresh opportunities, challenges and adventures. What's on your calendar?

Some of us set lofty goals, milestones to reach, marathons to run. Others plot small steps, inching towards the new, cautiously content. Whatever you've got planned for 2023, there's a huge selection of local classes, organisations, clubs and experiences on the bayside – they're your pathway to making new connections in the community.


It's not too late to make a New Year's resolution. Join a club, learn to sail, swim or sing. Volunteer. Start a market stall. Launch a book club at a local café. Walk, or simply talk. Every day presents new possibilities and our interactions with each other help make the bayside a fantastic place to live.

And even if your goal is to just put one foot in front of the other each morning, remember there's always someone in your community willing to cheer you on!

Happy New Year!


Pictured: Dance and Theatre Factory students are excited to embrace a new year of developing their skills in the arts. Find out more on page 10.

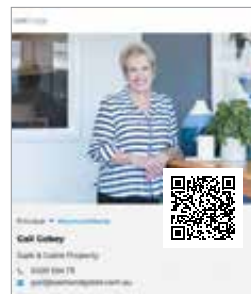





LOCAL LISTINGS

See what local property is on the market in your community.







supporting the local community

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READING HAS GONE TO THE DOGS, AND IT'S GREAT!

FROM THE ROTARY CLUB OF WYNNUM AND MANLY



Rotarians Mick Matthews and Rod Fletcher with Gizmo. Photos: Supplied.



Story Dogs is a not-for-profit literacy program running throughout Australia, helping around 3,000 children to improve their reading skills and grow their self-confidence in a safe, non-judgmental setting.

Story Dogs' mission is to make reading fun for children so they become confident lifelong readers. When children read to a dog, the outcomes are amazing – their focus improves, their literacy skills increase, and their confidence soars.

Story Dogs is funded entirely by sponsorship and donations, which support training, equipment, and insurance for volunteer dog teams. To this end, the Rotary Club of Wynnum and Manly is now a proud sponsor of one of the local teams in the Wynnum Manly area.

Avid pet owner Fran Natrass and her handsome young miniature schnauzer Gizmo help five Grade 3 students weekly at Guardian Angels' Primary School. Fran and Gizmo are proudly co-supported by the

Rotary Club of Wynnum and Manly in a co-sponsorship arrangement with Raine & Horne Wynnum Manly for the next two years.

Fran gets great enjoyment from taking Gizmo to Guardian Angels' each week. "As well as better reading skills, it's about building self-confidence, and the real joy is seeing the kids come out of their shells," she says.

Rotary's co-presidents Tracey Wyatt and Rod Fletcher believe supporting Story Dogs is a wonderful investment in the future of our next generation.

Recently Rotarians Mick Matthews and Rod Fletcher (pictured above) enjoyed some tuition time with Gizmo. Who said you can't teach an old dog new tricks?

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YOU'RE INVITED TO AN AUSTRALIA DAY BREAKFAST IN THE PARK

FROM THE OFFICE OF CR PETER CUMMING

The Wynnum Manly Australia Day Breakfast will return in 2023, following a two-year pandemic-imposed hiatus.

The Australia Day Breakfast will take place on Thursday, 26 January 2023, from 7am until 12 noon at Bandstand Park, Manly.

The free, family-friendly festivities will include:

- Rides
- Entertainment on the bandstand
- A sausage sizzle
- Other delicious treats such as pancakes and popcorn

As usual, the children's colouring-in competition will take place, with forms available from Cr Peter Cumming's office (212 Bay Terrace, Wynnum) with prizes such as bikes generously provided by the Wynnum Manly Leagues Club.

The Scope Australia Day Awards will also be announced on the day. The Scope award celebrates those who have given their time as a volunteer helping those less fortunate.



Photos: Supplied.

Those nominated must be older than eighteen, and their volunteer work must not be part of their normal paid duties. Nominations, including a brief history of the nominee and their community activities, can be sent to PO Box 184, Wynnum QLD 4178, by 13 January.

The Wynnum Manly Australia Day Breakfast is made possible by funding through the Brisbane City Council Community Fund, which



is managed by Cr Peter Cumming. It would not be possible without the support of Port of Brisbane Rotary, Rotary Club of Wynnum and Manly, Wynnum Manly Leagues Club, Wynnum RSL, Scope Club of Wynnum, Quota Club of Wynnum, Wynnum Red Cross, Wynnum Scouts, Wynnum Vikings Australian Rules Football Club and the Bay Belles CWA Group.





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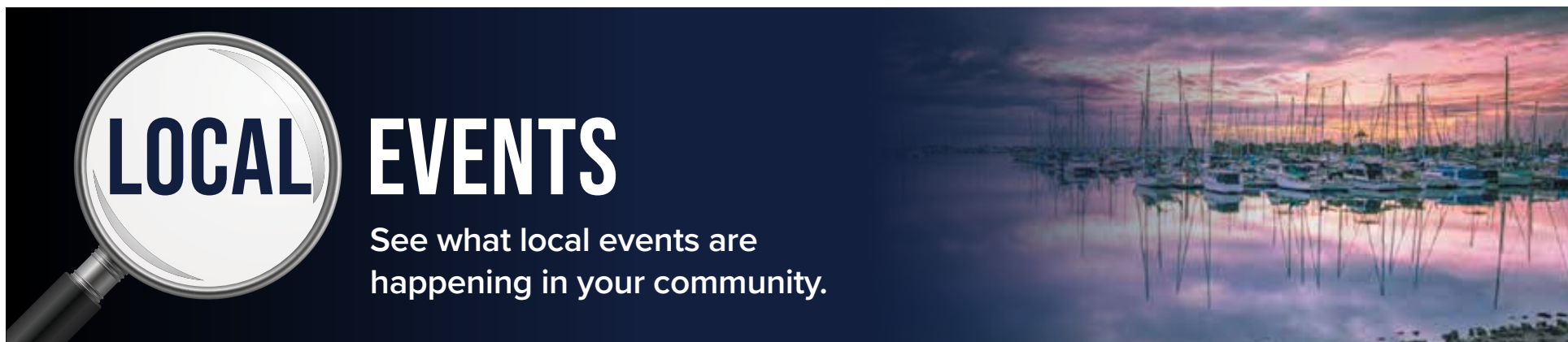
“This is the place where I feel at home”
– LJ Fisher (student)

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– Google Reviewer

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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

WYNNUM MANLY AUSTRALIA DAY BREAKFAST

BRONCOS VS SEAGULLS TRIAL

WRITER'S PLAN WORKSHOP



Thursday 26 January, 7am to 12pm
Bandstand, George Clayton Park, Manly

Enjoy a free, family-friendly Australia Day breakfast, featuring rides, live entertainment, a sausage sizzle and more!



Saturday February 4 at 4pm (main game kick-off) BMD Kougari Oval, Manly West

Think of this as the ultimate warm-up for the 2023 rugby league season! The Brisbane Broncos will play the Wynnum Manly Seagulls in a trial game at Kougari Oval – a sensational ground that lets you get up close to the on-field action. Tickets are expected to sell out fast, so purchase yours early by scanning the QR code.



Saturday January 28, 10am to 11.30am
Wynnum Library, 145 Florence Street, Wynnum

Are you an aspiring writer? Come along to this writer's workshop, where you'll receive tips on how to set your writing goals and achieve them. Entry is free. Reserve your place in the workshop by scanning the QR code.



If you have a local event you would like to promote online or in print, contact Rhonda on 0416 245 193 or Damien on 0421 786 302 or email sales@market2market.com.au

TUESDAYS

Wynnum/Manly Meditation Circle
Wynnum
Tuesday 6.45pm – 7.45pm
Thursday 7.30pm – 8.30pm
Free community relaxation classes.
Call John on 0403 676 435.

WEDNESDAYS

Social Tennis
Wynnum Tennis Centre
9.00am – 12.00pm
Social tennis costs \$10 and includes a light morning tea at Colina Street Tennis Centre, Wynnum.

Wynnum Manly Bayside Socials Group
Meets the first and third Wednesday of every month at Celtic Corner, 45 Cambridge Parade, Manly 6.30pm – 7pm. A \$1 donation is appreciated. More details on meetup.com.

Morning Melodies

Wynnum RSL Club, 174 Tingal Road, Wynnum
On the first and third Wednesday of each month, get down to the Wynnum RSL Club for free live music from 10.30am. It's a toe-tapping good time and a sure way to beat the mid-week blues! For more information call the club on 3396 7333.

THURSDAYS

Bayside Health Nook: Wynnum Heart Foundation walk
7.30am
Meet at BHN coffee and walk along the esplanade with a friendly and supportive group.
info@baysidehealthnook.com.au or 07 3162 2778.

BlueBottle Cocktail & Tapas Bar: Karaoke Thursdays
55 Cambridge Parade, Manly
7pm – 11pm
For more information call 07 3161 3764 or visit bluebottlemanly.com.au.

FRIDAYS

Chess and Board Game Enthusiasts' Club
Every Friday at the Wynnum Library, 145 Florence St, from 2pm – 5pm. Bring along your favourite board games or join others. Cost is \$1 which goes towards biscuits and photocopying.
This is not a library-initiated event; all enquiries can be texted to 0423 055 289.

SATURDAYS

Jan Powers Farmers Markets
Little Bayside Park, Manly
Saturday January 21, 6am to 12pm
Free to attend, family friendly.

Wynnum/Lota Parkrun
Various locations
Every Saturday from 7am
Parkrun is a weekly free 5km timed run.
More information at parkrun.com.au.

SUNDAYS

Sunday Sounds: Tide on the Jetty
William Gunn Jetty, 1 Wyvernleigh Close, Manly
Every Sunday 3pm – 6pm
Find out more by calling 07 3396 8962 or visit tideonthejetty.com.au.

Manly Creative Markets
Little Bayside Park, Manly
8am – 2pm
Free family friendly event.

FOR MORE GREAT EVENTS IN THE COMMUNITY, VISIT THECOMMUNITYLEADER.COM.AU



WHAT'S ON AT THE MOVIES THIS JANUARY

FROM MAJESTIC CINEMAS, WYNNUM



A Man Called Otto (CTC) – January 1

When a lively young family moves in next door, grumpy widower Otto Anderson meets his match in a quick-witted, pregnant woman named Marisol, leading to an unlikely friendship that turns his world upside down.



The Amazing Maurice (PG) – January 12

The Amazing Maurice is a talking cat, who leads his Educated Rodents, a group of talking rats, as they go from town to town being a plague so that their accomplice, a boy piper, can “lure them all away” from the town, after which they share the money the piper makes.



The Banshees of Inisherin (M) – January 12

On a remote island off the coast of Ireland, Pádraic is devastated when his buddy Colm suddenly puts an end to their lifelong friendship. With help from his sister and a troubled young islander, Pádraic sets out to repair the damaged relationship by any means necessary. However, as Colm’s resolve only strengthens, he soon delivers an ultimatum that leads to shocking consequences.



Babylon (CTC) – January 19

From Damien Chazelle, BABYLON is an original epic set in 1920s Los Angeles led by Brad Pitt, Margot Robbie and Diego Calva, with an ensemble cast including Jovan Adepo, Li Jun Li and Jean Smart. A tale of outright ambition and outrageous excess, it traces the rise and fall of multiple characters during an era of unbridled decadence and depravity in early Hollywood.



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THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



HAPPY NEW YEAR!

Happy New Year! I hope you have had a wonderful Christmas spent with family, friends and loved ones. Can you believe we are in are already in 2023?! Where has the time gone?

2023 is going to be a very busy year as I continue to fight for the people of Bonner and hold the Federal Government to account. That's why I need your help! To kick start the new year, I am again running the Bonner Biggest Survey. One of the best ways I can represent the interests and needs of our local community is by hearing your feedback on the issues that matter to you. You can find my survey on my website, rosvasta.com.au

I will be taking these ideas down to parliament in Canberra to ensure that I can deliver on the key issues that matter most to the people of Bonner. Thank you, and here's to a great 2023!

P.s. One lucky entrant will also receive a Bunnings Gift Card, to help with those DIY projects at home.



WIN A BBQ MEAT TRAY THIS AUSTRALIA DAY!

Let's be honest, Australia Day isn't complete without a good old Aussie BBQ. In fact, it is one of the most iconic symbols of Australian's coming together to celebrate with family and friends.

That's why I am giving away three meat trays to the greatest barbecue chefs of Bonner this Australia Day. To help support local Bonner businesses, I have partnered with three butchers across the electorate, including The Local Butcher in Manly.

If you think your skills are up to scratch, enter my website rosvasta.com.au for your chance to win a delicious high-quality meat tray for your friends and family to enjoy.

Entries close on **19th** at **5pm**, so jump online and tell me your best BBQ secret.

Good luck and Happy Australia Day!

YOU ARE INVITED TO THE FUN-FU FESTIVAL!

For the first time in 2023, the Bayside Chinese School will be hosting the 'Fun-Fu Festival' to highlight our wonderful local Chinese community. It is exciting to see new cultural community events coming to the Bayside and I am proud to be supporting this great initiative. Enjoy a multitude of cultural performances, indulge in Chinese delicacies, and get involved with friendly competitions to take home an awesome prize! If you are excited to watch lion dancing, Kung Fu performances, and try dumpling making, then I encourage you to come along to this FREE event for all families and help celebrate the start of the Year of the Rabbit.

All additional proceeds raised will be donated to Darling Point Special School.

For more information, please contact Bayside Chinese School, on 0432 901 819.

Date: 4th February 2023

Time: 2pm - 6pm

Location: 450 Wondall Rd, Manly West, QLD, 4179

Be sure to scan the QR code to register for your lucky door prize and I look forward to seeing you all there.



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COMMUNITY UPDATE

JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

WELCOME TO 2023

Happy New Year Lytton! Welcome to 2023 – a year that promises to be full of milestones, progress and achievements for the bayside.

As always, I am here to serve you as your State Member for Lytton. If you have any questions, concerns or require assistance, my office

is open from 8am – 4pm, Monday to Friday. You can get in contact by calling 3395 1100, or by email at lytton@parliament.qld.gov.au. May the year ahead be prosperous and full of opportunity, and I look forward to seeing you all in my travels around the bayside this year.



RIDE N RIDE

Make your new year's resolution to stay fit and active this year, by replacing your daily car commute to and from Manly train station with a bike ride.

Due to a state-of-the-art secure bike storage enclosure – infrastructure that I proudly delivered to baysiders in 2022 - you can safely park your bike for the day, with peace of mind that it will be ready for you to ride home at any time.

It's a great way to fit exercise into your day, beat the peak-hour commuter car rush, and help the environment.

To book a spot for your bike at the Manly train station bike enclosure, visit: <https://bit.ly/32JDfFE>



FEE-FREE TAFE AND VET PLACES FOR QUEENSLANDERS

In BIG news, the Australian and Queensland governments are working together to deliver more than 37,000 Fee-Free TAFE places for Queenslanders.

More than \$200 million is being injected into Queensland's skills and training sector in a skills agreement this year.

Under the new agreement, fee-free courses will include priority areas such as the care sector, emerging technology and digital industries, hospitality and tourism, construction, agriculture, and sovereign capability including manufacturing.

Free training will encourage workers to take on new skills in priority areas that lead to good secure jobs in our traditional and emerging industries.

Check out what courses are freely available at our local TAFE campuses here: <https://tafeqld.edu.au/>



BAYSIDE COMMUNITY FUND

In 2022, I announced the launch of the Bayside Community Fund, a charitable fund designed to help bayside community groups through grants and financial assistance. Future Baysiders will be supported by the fund's dividends being made available via grants to eligible community groups to deliver grass roots services to the Bayside.

Recently, one of our Lytton locals and bayside business owners, Justin Ham from Hambros Chartered Accountants, made a sizeable donation towards the Fund. A big thank you to Justin for your support of our bayside.

Like Justin, you can contribute to the future of our bayside by making a donation to the Bayside Community Fund here:

<https://qcf.org.au/donations/>



COMMUNITY VOLUNTEERING

Do you have some spare time in your week? Help give back to our bayside, by volunteering for one of our amazing community groups.

Volunteering is such a rewarding opportunity. From wonderful friendships and connections you can form, to the satisfaction of making a difference to the lives of our locals, I would strongly encourage baysiders to consider donating some of their spare time.



BAYSIDE BUSINESS GRANTS

Bayside business owners have been exceptionally successful in achieving funding in the latest rounds of the Business Boost and Business Growth grants.

Recently, I caught up with owners Michael and Dallas of Dunn and Watson Pty Ltd, whose business is one of the most recent recipients of a \$50,000 Business Growth Grant.

Operated by two young people that are passionate about the outdoors, Dunn and Watson Pty Ltd are a leading local manufacturer of industrial hardware, spare parts and accessories for 4WDs, Utes, boats, caravans and RVs, that can be used to optimise the functionality of these vehicles.

The successful grant funds will go towards purchasing a new CNC machine, that will streamline and increase the speed of production at their Tingalpa fabrication facility.

Congratulations Michael and Dallas! I look forward to working closely with your business into the future.



JoanPease MP | State Member for Lytton

PO Box 719, Wynnum QLD 4178

(07) 3915 1100

JoanForLytton

lytton@parliament.qld.gov.au

www.joanpease.com

BE SOCIAL THIS YEAR AT THE WATERLOO BAY LEISURE CENTRE

FROM THE WATERLOO BAY LEISURE CENTRE

The Waterloo Bay Leisure Centre, at 241 Tingal Road, Wynnum, reopens on Monday, January 9, 2023.

This fantastic community hub offers a range of social activities and gatherings, including exercise classes, concerts, markets, venue hire and much more.

ACTIVITIES include needlecraft, knitting, quilting, parchment, leatherwork, painting and art, table tennis, and indoor bowls. There is a library on site with many books for enthusiastic readers.

VENUE HIRE is available for special celebrations, functions and gatherings. The auditorium caters for large groups of up to 230 people. The Shire Clerks Cottage is available for wedding ceremonies and offers a picturesque setting for photographs.

CONCERTS are held on the second and fourth Tuesday of each month and showcase a variety of entertainers. Concerts commence in February 2023, so save the dates of February 14 and 28.

Doors open at 9.30am for morning tea, and the show starts at 10.15am. A two-course lunch is served after the concert. Bookings are essential by phoning 3396 9488.

HIGH TEA is offered on Wednesday mornings for groups of 10 or more. Bookings are essential.

CANTEEN is open to purchase refreshments, tea, coffee, scones and baked goods. Catering is available on request.

MARKETS are held throughout the year on the grounds of the Shire Clerks Cottage. The first market for 2023 is Saturday, March 18. Over 70 stalls will showcase the goods of many talented local artists and craftspeople. Devonshire teas are served on the verandah of the cottage on market days.

NEW VOLUNTEERS are welcome to join the incredible team that keeps the centre operating. The centre is run entirely by volunteers. Some areas we welcome new volunteers are front of



Photo: Supplied.

office, IT and website support, canteen, function set up, market set up, serving of meals, and building and gardening maintenance.

Please contact the centre; one of the volunteers will be happy to help with details of all activities offered. We welcome new members and encourage everyone to take advantage of the

many activities offered and enjoy the friendship of fellow patrons.

We look forward to the community's continued support in attending the centre, and we wish everyone a Happy New Year ahead.



ARE YOU THE NEWEST BAYSIDE COMMUNITY FUND COMMITTEE MEMBER?

The management committee of the Bayside Community Fund is looking for expressions of interest to become a committee member.

You may be someone who is an advocate for your community, well-connected, and have a knack for fundraising, event management, and engaging with the wider community. If you're passionate about giving back to your local community, we are interested in hearing from you.

In the interests of diversity, we are looking to fill two committee member positions.

Firstly, we are looking for an advocate to support and connect with seniors living on the bayside, and secondly, we are looking for someone with connections to the disability sector.

The Bayside Community Fund's goal is to build a pool of money that is distributed back to the community year after year in perpetuity.

Through our community partnerships, fundraising efforts and corporate support, we have raised almost \$20,000 in our first year.

If you are interested in applying for this volunteer position, please email your CV to baysidecommunityfund@gmail.com.

BEAT THE HEAT THIS SUMMER WITH THE FROZEN JR WORKSHOP

FROM THE DANCE AND THEATRE FACTORY, TINGALPA

If you're looking for a great school holiday activity for the kids, The Youth Musical Theatre Collective's Frozen JR workshop – held in partnership with The Dance and Theatre Factory – could be just the ticket!

Future stars aged six to 18 with a passion for dancing, singing or acting are encouraged to join the January workshop hosted by The Dance and Theatre Factory in Tingalpa.

Over two weeks, students will prepare for two performances of Frozen JR, based on the hit Broadway musical. The show features all the memorable songs from the animated film, with music and lyrics by Kristen Anderson-Lopez and Robert Lopez, plus five new songs written for the Broadway production.

The workshop runs from January 12 to 21 and is delivered by industry professionals. Lead roles will develop their characters and learn the show over 10 days, with the ensemble joining them for the final six days of the workshop.

"Over these days, your child will develop skills in confidence, teamwork, creativity, passion, singing, dancing and performing, all while making new friends along the way," said Dance and Theatre Factory Principal Lyn Pelgrave.

"Participants will be involved in all facets of production, including costumes, lighting, staging, creating and learning choreography. The workshop will culminate in a dazzling performance for family and friends, designed to showcase the talents and efforts of your child."

The workshop fee includes the daily workshop, costumes, props and learning materials. Leads (10 days) for \$395, Ensemble (six days) \$345 and Junior Ensemble (six to eight years, six days) \$295.

For more information about classes, the workshop and other creative programs run by The Dance and Theatre Factory, call (07) 3195 7086 or email admin@thetheatrefactory.com.au.



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WYNNUM MANLY BAYSIDE CHOIR

Love to sing, have fun, laugh and make new friends?
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Want to know more? Scan the QR code and come along to our first open rehearsal.

Tuesday 24 January 2023
7.00pm – 9.00pm.
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sing@baysidechoir.com.au



PETER CUMMING'S LOCAL AREA UPDATE

COUNCILLOR FOR WYNNUM MANLY WARD



Goodbye 2022 and welcome 2023! To quote John Lennon – another year over, a new one just begun. After the excitement of the past three years, I hope that 2023 gives you all lots of opportunities to celebrate and to create new memories.

AUSTRALIA DAY BREAKFAST

I invite all Wynnum Manly residents to my free Australia Day Breakfast on Thursday, 26 January, 2023, from 7am until 12 noon at George Clayton Park, Manly.

There will be rides, shows, a sausage sizzle and others treats available. There will also be a children's colouring competition and the announcement of the Scope Australia Day Awards.



This event wouldn't be possible without help from many of our dedicated community groups; Port of Brisbane Rotary, Rotary Club of Wynnum and Manly, Wynnum Manly Leagues Club, Wynnum RSL, Scope Club of Wynnum, Quota Club of Wynnum, Wynnum Red Cross, Wynnum Scouts, Wynnum Vikings Australian Rules Club and the Bay Belles CWA Group.

Sadly, this event has been cancelled due to COVID-19 for the past two years. I look forward to seeing everyone when it returns in 2023.

BUSINESS SPOTLIGHT

One of Brisbane's best Thai restaurants moved to Wynnum last year and if you haven't had a chance to check out Mekhong Wynnum, I highly recommend it. Their previous venture at New Farm was renowned for their Pad See Ew (Stir Fried Noodles in Dark Soy Sauce) and their Crispy Pork Curry and Coconut Potatoes are also huge crowd pleasers. Mekhong Wynnum is located on the corner of Berrima Street and Bay Terrace.



E-SCOOTERS

The Bayside E-Scooter trial ran from 1 December 2021 and ended 30 November 2022. Almost 54,000 e-scooters trips were taken during this period, largely along the waterfront but also from train stations and more broadly across residential areas of Wynnum Manly.

Given its popularity, Brisbane City Council administration has decided that the e-mobility service will become permanent. The e-scooters are a fun and easy way of getting around, but I urge all users to be thoughtful of the general public when using footpaths and parking.



Additionally, the Queensland State Government introduced a package of e-scooter safety initiatives on 1 November 2022 including 12km/hour footpath speed limits for e-scooters, drink riding offences, increased fines, and greater enforcement powers for the Queensland Police Service.

If you have any concerns with the Neuron (orange) scooters, please contact Neuron Customer Support Team on 3067 8617 or email brisbanesupport@neuron.sg.

If you have any concerns with the Beam (purple) scooters, please contact Beam Customer Support Team on 3186 1011 or via www.ridebeam.com/help.

EMAIL NEWSLETTER

You can receive my community newsletter by contacting my office with your email address. This is an informative e-newsletter that is sent out weekly with a guide to "What's Happening" in the Wynnum Manly Ward. It lists community events, social activities and much more. Email me to subscribe at wynnummanly.ward@bcc.qld.gov.au



Wynnum Manly Ward Office
3a/212 Bay Terrace (Cnr of Pine Street)
Wynnum Qld 4178

Office hours: 8.30am-4.30pm, Monday-Friday
Phone: 07 3403 2180
Email: wynnummanly.ward@bcc.qld.gov.au

WANT TO IMPROVE YOUR HEALTH AND FITNESS IN 2023?

FROM PACE AT SLEEMAN

Undoubtedly, improving one's health and fitness is always close to the top of most New Year's resolution lists. Pace at Sleeman is here to help. We are a little different to other gyms – we are all about 'fitness at your pace'.

With our two weeks for \$23 membership offer, you'll be treated to the full Pace at Sleeman membership experience. This includes a fitness assessment and personalised program, access to over 60 group fitness classes and our state-of-the-art fitness centre, heated pools for lap swimming and a digital Mywellness account.

Plus, if you continue as a Pace member beyond the two-week offer period, you'll get a \$23 credit towards your next membership purchase.

Health and Fitness Manager, David Trahair, said Pace members have access to a huge selection of group classes, to the fitness centre and heated pools, as well as tailored individual fitness advice delivered by highly qualified fitness staff.

"At Pace, our motto is 'Fitness at Your Pace'. We strive to assist members in their pursuit of optimal health and well-being," David said.

Contact us today at 3131 9615 or visit www.paceatsleeman.com.au. Better still, come in for a tour and a chat. We guarantee that no matter who you are or what your health and fitness needs are, we can help you get on Pace.

Pace at Sleeman is located at Sleeman Sports Complex, on the corner of Old Cleveland and Tilley Roads, Chandler.



Photo: Supplied.

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STUDIO YELLOW CELEBRATES ANNIVERSARY WITH ART THERAPY

You're invited to join in and celebrate the sixth anniversary of Studio Yellow by attending a free "Sip 'n' Draw" art therapy workshop.

After becoming a widow through suicide in 2009, Natalie Lynch realised that she wanted to help others looking for ways to improve their overall health and well-being.

"Art has always given me joy, so, having taught art in schools for almost 30 years, I decided that I wanted to share my knowledge with others," explains Natalie. "I now teach adults easy ways to discover the benefits of having a creative hobby because Art has the power to make your world feel brighter and lighter."

On February 4, Natalie is hosting what is sure to be a fabulous, relaxing afternoon where you can connect with others, make new friends, and, if you're a past or present client, connect with old friends too.

"I originally launched Studio Yellow, surrounded by family and friends, at the Pineapple Hotel, and I have celebrated each anniversary there ever since as the venue is full of pineapples!"

On Saturday, February 4, you'll also have the opportunity to discover how easy it can be to add creativity to your life by creating colourful affirmation cards. All art materials will be supplied, and everyone is welcome, but please RSVP to hello@studioryellow.com.au to ensure there are enough art materials for everyone and to find out more about the workshop.



Natalie Lynch would love to see you at Studio Yellow this year. Photo: Supplied.



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Name: I'm Tigger, nice to meet you!
Suburb: I'm from Capalaba.
How long have you lived there? I've lived here for eight years.
Your favourite walk? I like to walk around Bunnings' Park at Capalaba.
What is your most treasured toy? I love my stuffed blue elephant, and any kind of ball I can chase.
Your favourite food? Definitely chicken!

Your worst habit? I do not have any bad habits.
What's your favourite local hangout? I would have to say a ride in a trolley through Bunnings.
Who's your best doggo friend? Missy is my 3kg girlfriend.
Do you have any funny or embarrassing stories you'd like to share? I bark at planes in the sky.
What do people love most about you? I'm very cute and very happy, and have a very waggy tail.

Name: Molly.
Suburb: I'm from Lota.
How long have you lived here? I moved to Lota in December 2021. Before moving to the big smoke I was a beach dog in Yamba, NSW.
Your favourite local walk? Definitely along the esplanade, I get so many pats! And I LOVE belly scratches!
Your most treasured toy? I have too many to choose from. I love playing with my squeaky reindeer though.
Your favourite food? Chicken and cheese!
Your worst habit? When I meet new people I get so excited I forget to control my bladder!

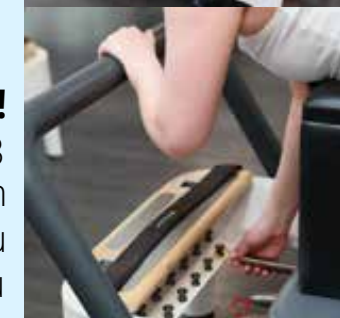
Your favourite local hangout? At the Raine & Horne Wynnum/Manly office where I work, and Groundhog Social where I go for coffee dates.
Your best doggo friend? I left some of my oldest dog friends in NSW when I moved. My new friends here are Gypsy, Dougal and Murphy – but they are all much, much bigger than I am, so I have to be alert at all times!
Any funny or embarrassing stories you'd like to share? I have lots of embarrassing stories, like the time I ate the bait and got the fishing hook caught in my lip, or the time when the glass door was so clean I didn't see it and ran straight into it. Then there was the time I thought I could jump high enough to get up onto the bed, but I miscalculated how small my legs were and I crash-landed... should I continue?
What do people love most about you? I'm always so happy to see them and I'm super small so they think I'm cute!



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MISS MAGGIE OF MANLY



HELPING YOUR DOG TO LOSE WEIGHT

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

New Year's resolutions for a lot of people often involve improving their health. It's a good time to make sure that our pets are also in the best condition they can be. Obesity in pets is becoming increasingly common and can lead to a number of health issues including heart disease and diabetes. If you suspect that your furry friend is becoming a little bit too cuddly, here are some things you can do to help get them back into shape.

- Feed your pet a good quality, balanced diet in the appropriate amount for their age and activity levels.
- Make sure that everyone involved in feeding your pet is on the same page – use a measuring cup to ensure that food is accurately rationed!
- Avoid giving excessive treats throughout the day. Or, if treats are being fed, reduce the amount of food at meal times.
- Feed multiple, smaller meals throughout the day – this gives your pet more time to burn off the calories.
- Use non-food rewards when training. Some pets will be happy with tummy rubs, verbal praise or a toy in place of calorie dense training treats. For animals who are very food motivated you can use some of their daily meal as treats – a few pieces of kibble can work well.
- Help your pet move more. For dogs this may be increasing the length and frequency of walks, playing games of fetch or taking them swimming. Cats can be encouraged to play using toys such as fishing line toys or a ball with a bell inside.
- Offer healthy treats such as carrots, apples or blueberries. During summer months a small piece of meat frozen inside an ice cube doubles as both a treat and an easy way to stay cool!
- Plan monthly weigh-ins and don't be discouraged if the numbers don't change rapidly – any changes you are implementing are improving your pet's quality of life.
- A full health check with your vet is a good place to start any lifestyle modification. Animals who are consistently not losing weight despite an appropriate diet and exercise may have underlying health issues which can be detected with blood tests.



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FROM BAYSIDE CREEKS CATCHMENT GROUP

Here's your chance to contribute to regenerating your local habitat to ensure it's healthy now and in the future.

If Moreton Bay is the heart of our beautiful region, our creeks and rivers keep the heart pumping.

Bayside Creeks Catchment Group is a group of dedicated people who help to protect our local habitat. We are involved in regenerating bushland by planting trees, removing weeds and propagating native species. We hold community events, clean up rubbish and monitor wildlife, and we even have an environmental book club.

Members get enormous satisfaction from checking the progress of a tree they planted years earlier.

We are now looking for new members to be involved on the committee or on the ground. We also have a vacancy for a secretary.

If you would like to help make a difference, email info@baysidecreeks.org.au.



Photos: Supplied.



LOCAL POETRY SANS TV

BY GEOFF SMILEY

The CD collection had been standing quietly in the lounge and unread books lay all around.

But, I was lately able to start my reading while listening to music half-forgotten, not heard since the takeover of Television.

The TV had failed and specialist care was required. The tragedy of a broken system gave me freedom, a time to think, without the self-imposed stimulation so persistent, that brings relaxation's end.

When the repairman had finished, I was again mesmerised. Lazy, at the smorgasbord so easily offered, I gave in, like an addict returning to his addiction.

But the silence and access to other pursuits were such a treat. Are there rehab programs for the TV- watching lost?

© Geoff Smiley

We are well served by technology. Learning the discipline of managing the technology is another thing.





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MY LOCAL MEMORIES: FIREWORKS IN THE BEDROOM!

BY ROSS FARLEY, BAYSIDE RESIDENT

Guy Fawkes Night was coming up, and my younger brother was sick and confined indoors. He had purchased his treasured fireworks, and a school friend visited with his fireworks. Dad was home with a migraine, and I was a teenager in my room downstairs studying for exams. The temptation was too much, and the two boys started lighting fireworks and throwing them out of the bedroom window.

Someone accidentally dropped a lit cracker in one of the cardboard boxes containing the fireworks. My study was interrupted by what sounded like a war. I raced upstairs and, when I finally opened the bedroom door, was obstructed by the two boys trying to get out.

Two boxes of fireworks were burning, and fireworks were going off everywhere. Skyrockets were shooting across the ceiling, hitting the walls, fishtailing, and changing direction before crossing the ceiling to other walls. The curtains, bedspread and bed were all on fire, and the room was full of smoke.

I raced downstairs and filled buckets with water, which I tipped on the burning boxes of fireworks. At this stage, one of the boys started punching me and yelling, "You wet my crackers!" but I continued throwing buckets of water and put the fires out. (Fortunately, it was natural fabrics that caught fire and not the flammable synthetics of later years).

By this time, the whole house was full of thick smoke, and Dad emerged, had a look, and went back to bed with his migraine. Eventually, Mum came home, inspected the damage, and found Dad lying in bed giggling at the train of events. He could see the funny side of anything.



Photo: Supplied.

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REPAIR CAFÉ BRISBANE BAYSIDE: TOSS IT? NO WAY!

BY CHRIS LINTOTT, ON BEHALF OF REPAIR CAFÉ BRISBANE BAYSIDE

Repair Café Brisbane Bayside was a WasteSMART Brisbane Awards finalist, recognizing groups that go above and beyond to make Brisbane a clean, green, sustainable city with its message “Toss it? No way!”.

Since February 2022, Repair Café Brisbane Bayside has been repairing items to stop them from going to landfill. Items repaired included bikes, radios, clocks, cooking equipment, household appliances, sewing repairs, furniture, toys, lamps, leatherwork, garden tools, and more!

Repairs are free, but visitors pay for parts or materials used. Donations help maintain a stock of consumables and cover other costs. Visitors watch and are encouraged to get involved with the repair creating an opportunity to learn how things work and can be fixed.

Fixers enjoy the challenge and satisfaction of returning an item to working order, fixing a broken

toy, or repairing a piece of clothing. They also provide advice on the repair and maintenance of household items.

Waterloo Bay Leisure Centre provides the workroom facility where repairs are undertaken and sell its famous Devonshire Teas to provide the café aspect.

Examples of feedback from delighted visitors include:

“Rob was fantastic, knowledgeable, and kind – well done, Repair Café.”

“Thanks to Eddy for helpful advice on how to proceed with the repair.”

“Great needlework!”

“Wonderful! Love the idea of the Repair Café!”

“Roger showed me how to fit the beaters on my mixer properly.”



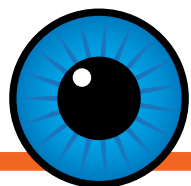
Repair Café volunteers are on hand to welcome visitors, weigh and record incoming items for repair, introduce visitors to fixers, maintain a safe environment for everyone, and encourage donations!

During nine Repair Cafés, fixers and volunteers dedicated 300 hours to preventing 160 repairable items from going to landfill, weighing a total of 450 kgs.

The next Repair Cafés will operate on Saturday 11th February, 11th March and 15th April at the Waterloo Bay Leisure Centre, Wynnum.



Photos supplied.



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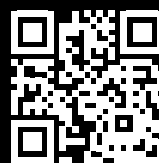
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LOCAL AUTHOR RELEASES TAPESTRY OF SHORT STORIES

Wynnum resident Jane Cornes Maclean has published her first collection of auto-fiction short stories just in time for Christmas. These include *Cockroach*, which won her the AAWP national award for best short story from an emerging writer.

Jane says her new book, *Cockroach and other stories*, is the culmination of over 20 years of work.

“As a teacher of creative writing and songwriting, I spend a lot of time setting my students writing prompts, which I also do myself,” explains Jane.

As a result, Jane had over 200 small pieces of writing that she planned, one day, to turn into a book.

“Covid hastened that process,” she says. “When my work as an editor and musician dried up, I looked around for another project and settled on completing this book.”

Jane grew up in London but has lived in Australia for 40 years. Her stories reflect this mixed heritage, and her own experiences of breast cancer, postnatal depression and losing her younger sister to lung cancer.

“It all sounds a bit heavy, but I have a very strong sense of the ridiculous which also weaves its way into my writing, and there are some lovely uplifting pieces, too,” says Jane. “We all have darkness and light in our lives, and it’s how we navigate those things and come out the other end stronger, more resilient, people.”

Jane’s book is available from her website at www.juicecreativ.com.

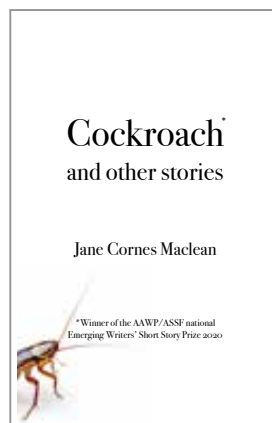


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AGREEMENT PROGRESSES CAPALABA REVITALISATION PROJECT

FROM REDLAND CITY COUNCIL

Redland City Council has partnered with global powerhouse Shayher Group to deliver an exciting community precinct in Capalaba Town Centre.

Redland City Mayor Karen Williams said Council had signed a development agreement with Redland Investment Corporation (RIC) and Shayher Group to revitalise the principal activity centre to be the commercial, entertainment, cultural and civic heart of Capalaba.

“The agreement for the commercial hub of Capalaba will see delivery of a \$250 million project that incorporates exemplar public spaces including community assets such as a new library, customer service centre, arts centre and community hall,” Cr Williams said.

“This will be complemented with a renewed public realm that is activated and innovative, using best practice architecture and sub-tropical design.

Cr Williams said Shayher Group had extensive experience delivering mixed-use developments such as the Brisbane Quarter precinct, redeveloping the former CSIRO site in Indooroopilly and developing the former Government landholdings in Northshore Hamilton.

Redland City Council engaged RIC to implement Council’s vision for a vibrant Capalaba Town Centre.

RIC Chief Executive Officer Peter Kelley said they ran an extensive Expression of Interest campaign calling for proponents from the private sector.

“The Capalaba Centre Master Plan, adopted by Council in 2010, identified key areas of need at Capalaba, which holds tremendous potential as the entry into Redlands Coast,” Mr Kelley said.

“The key areas included an active town square, a need to improve pedestrian movement and repositioning Capalaba as a primary employment, transit, and mixed-use development centre.



Photo: Supplied.

“Shayher Group presented an exciting and dynamic proposal that will bring much-needed infrastructure and improve connectivity, creating a mixed-use precinct in Capalaba.”

Shayher Group Managing Director John Lin said they were proud to be part of the landmark project.

“We envision bringing the Redlands Coast community together by accommodating major employment and community facilities, complemented by an innovative and high-quality public realm and village green,” Mr Lin said.

Division 8 Councillor Tracey Huges said she supported plans to revitalise the area.

“Capalaba is home to a growing number of families, so it’s important this project protects the local community feel of the area while also delivering much-needed activation,” Cr Huges said. “This project will breathe new life into Capalaba and boost the local economy.”

The next stages of the Capalaba Town Centre Revitalisation Project will include detailed design and development applications in 2023.

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THE IMPORTANCE OF MAINTAINING YOUR SOLAR POWER SYSTEM

FROM GOODHEW ELECTRICAL AND SOLAR

The Christmas season has come to an end, and we're officially in the new year. With Summer in full swing, and electricity prices at an all-time high, there's never been a better time to ensure your solar system is performing at its best.

Once solar panels are installed, they are often forgotten; for many, it's a case of "out of sight, out of mind." This is not the right attitude to have. Think about it – you wouldn't deprive your car of a service – so why would you do it to your solar system?

A number of external elements lead to your solar panels becoming quite dirty; dust, dirt, leaves, bird and bat droppings, to name a few, which is why it is recommended that you clean your solar panels on a regular basis. Imagine your car windscreen – if you left your car outside for months on end, there would be a significant build up of grime on your glass that would obstruct your view. Solar panels are similar – although the rain does remove some dirt and dust – it won't remove it all!

At Goodhew Electrical and Solar, we recommend that you clean your solar panels every 6 to 12 months. This ensures that your system is always performing optimally and especially important if you live in an area prone to lots of dust, debris or salt spray.

It's important to remember that cleaning should always be undertaken by a competent professional. Not only is getting on the roof dangerous, it is important that panels are cleaned carefully, using products that are safe for your panels and rinsed properly to not cause any damage.

Summer storms can also wreak havoc on your solar system, storm damage is the number one cause of system failure and the team at Goodhew this day in, day out. Hail and extreme weather can lead to water damage which severely impacts the system performance.

At Goodhew Electrical and Solar we provide a full cleaning and maintenance service, allowing us to check the condition of your panels and conduct a thorough clean of them at the same time so



that they can continue to operate optimally. Solar maintenance and cleaning costs depend on the size of your system.

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Why you shouldn't try to fix your own clogged drains

FROM FALLON SOLUTIONS

Fancy yourself as a bit of a DIY expert? Happy to get your hands dirty? When it comes to clogged drains, we recommend you leave it to the professionals. Sometimes fixing blocked drains yourself can result in damage much greater than just the blockage.

Why do drains get clogged?

Most of the time a blocked drain is caused by a build-up of waste materials. Often these waste materials combine together to form a glutinous mass. Hair on its own is not too bad, but mix hair with shampoo and conditioner and you have a fibrous and adhesive substance that will block drains with ease

Dangers of DIY plumbing "tools"

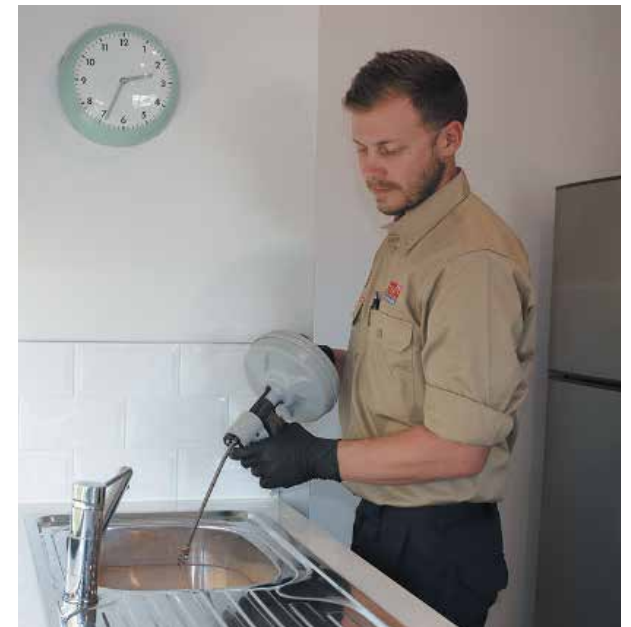
Sticking long, sharp objects into drains does not clear blockages. It may instead result in gouging the pipes, stabbing holes through pipes or more; but you can be sure that it does result in the latter, not the former.

Dangers of drain cleaner

By repeatedly pouring drain cleaner down your drain, you could end up with damaged pipes. The chemicals in a drain cleaner are customarily accompanied by corrosive and harmful warnings on the bottle for good reason. Now, imagine all those chemicals pooling around the blockage in your pipes and the damage it will do and you'll agree that it isn't worth the risk. The corrosivity can even result in a collapse of the system which, believe us, is extremely messy and disruptive; not to mention the damage it'll do to your pocket.

Time to bring out the big guns

Time to bring out the big guns...or big jetter in our case. Fallon's professional drain cleaners will be able to use an exploratory camera to find the blockage, clear it precisely with the electric eel or water jetter and use CCTV to ensure the drains are unblocked after.



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to the Vitale & Co Property Management Team in January 2023. She is a well known Property Manager in the local area and has over 15 years industry experience. Landlords and tenants love her and we are delighted she is joining our team. Give her a call on 3348 5861.

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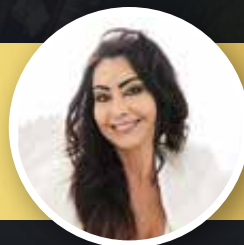
Do You Have Property Plans in

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Liza Martinez
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Wynnum Fringe 2022 absolutely took our breath away!

Raine&Horne.

BY MARGARET VOTE

Who would have thought little old Wynnum could produce such a world-class event, with sensational entertainment, delivering great joy and fun to our community!

When the people of Wynnum come together and contribute their amazing generosity of spirit and invite their friends from Manly and Lota and greater Brisbane along for the celebration, that's when anything is possible (especially when being led by the quintessential spirit of Tom Oliver and his greater-than-ever vision for WYNNUM FRINGE 2022) and everything that follows is pure MAGIC!

The opening event was led by the Elders of QUANDAMOOKA peoples at Pandanus Beach with traditional dance and lighting of the fire followed by YANA MARUMBA 'walk good'. First Nations' People led all those who gathered on Wynnum Pier along the waterfront to George Clayton Park for Welcome to Country speech by Aunty Merle Dippel.

Congratulations to Tom Oliver, Jess, Emma, David, and Tom's Mum and Dad, Stephanie and Peter Oliver, for an incredible effort, and well done to all the wonderful sponsors who love this community.

A huge shout-out goes to all the volunteers who gave so selflessly of their time to serve at the event.

Not to be forgotten are the many residents who live close to Wynnum Fringe – thank you for your generosity and your patience and understanding – you gave 'air and life' to many struggling entertainers.

We saw world-class artists – a kaleidoscope of singers and musicians, music genres from swing to rock, jazz to blues, vibrant Latino, cultural and burlesque and cabaret, a Battle of the Bands and the Common People Eisteddfod, along with talented comedians who made us laugh till we cried, children's pantomimes and circus acrobats and muscle, European, Japanese car clubs, and a Wynnum Pooch Parade for dog lovers.

There was something for everyone, free and ticketed entertainment. To top it all off, we had the Bayside Bash with Australian and local legends of cricket. Our up-and-coming young players had a Brisbane Heat Cricket Clinic and played a junior match before the 'Big Boys' took to the field. Spectators cheered, enjoyed the music, the cold drinks ... and the winner was cricket!

It was a privilege and an honour to be given the opportunity to sponsor the Raine & Horne Wynnum Manly Spiegelent this year. The Spiegelent hosted the incomparable Marcia Hines and Velvet Rewired, fresh from shows in Munich, Germany, and now on the way to the Sydney Opera House. Then there were icons Diesel, Dave Hughes, Akmal, Cal Wilson, and many other well-known artists. I have absolutely loved being on Tom's Wynnum Fringe 'bandwagon' for 2020, 2021, and 2022I can't wait for 2023!

All the sponsors involved obviously saw Tom's vision to create work for his industry and his much-loved community, colleagues and friends. This year he gave work to more



Photos: Supplied.



than 381 local & overseas artists and 521 workers employed and sold 18,000+ tickets to shows and more than 38,000 people, men, women, children and pooches came through the gates.

It takes a village of people to bring about significant change, and the people kept coming and many kept coming back. Thank you for turning up and for everyone's commitment!

This **EXTRAORDINARY EVENT** is now a **TRADITION** giving **CONNECTION** to **WYNNUM**.



How to get your application approved

CONTRIBUTED BY STACEY PENNICOTT, STACEY LEE REALTY

As many are aware, Queensland is currently in the grip of a rental crisis where there are more tenants than there are properties available. This results in a lot of stress for those out there currently trying to find a new home.

As a property manager, it means we are receiving applications from many people who would be wonderful tenants, but we only have one property available for them to apply for and can only approve one application. The common question we are getting at our inspections is, "why aren't I getting approved for a property? I've been submitting a lot of applications, and I'm just not getting mine across the line." So I thought I would share with our community some tips that may be helpful.

1. Ensure your application is completed in full. Many real estates accept online applications using the same or similar platforms that tenants may have used before, so sometimes tenants forget to update their details and the details of their current employer and current

reference for their current agent, and this wastes the property manager's time trying to get references that are no longer current, or those referees ignore our requests.

2. Let your references know that you are applying for properties and ask if they can respond to the request for a reference as quickly as possible and treat the request urgently. If we have multiple applications for a property, as soon as we have completed one application, we submit it to the owner, and we continue processing the others, but if the owner approves the first one submitted, then the other applicants are missing out simply because their referees did not respond.

3. Check that you can afford the property – one of the first criteria a property manager checks is the rent-to-income ratio, where we do not want the rent to exceed more than 35% of the tenant's net weekly income. Otherwise, this would place the tenant under

financial stress and unable to meet their weekly rent commitment.

4. If you have pets on your application, include photos of your adorable four-legged family members and references if possible.

5. Be prepared to pay the bond and first two weeks' rent within 24 hours of having your application approved. If you cannot afford this financial commitment, you may miss out on the property, and it goes to another applicant.

6. Call the agent after you have submitted your application to confirm they have received it and ask if they can let you know if they need any other information as part of processing your application.

I hope these tips have been helpful to you, and I wish you all the best with finding your new home.



REALTY
Stacey Lee



About Paul 30 YEARS EXPERIENCE

Paul Swenson is a dedicated and fully licensed real estate agent and is head of sales at Stacey Lee Realty. Paul joined the team in 2017 and has been a valuable member ever since. He enjoys the opportunity to meet new people and help them on their real estate journey, whether that's buying or selling. Paul is able to understand his client's individual needs, relating to both buyers and sellers by analysing situations from their perspectives and advising them accordingly.

With a consistent track record, Paul is committed to exceptional service through sincere and honest communication.

SPECIALITIES

- Paul recognises the importance of working with clients to achieve their goals – and having a comfortable, happy client who enjoys their Real Estate experience is his aim.
- Your most important decision in a successful Real Estate transaction is to find the person committed to helping you achieve your goals.



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Sold & Congratulations



37 Padbury Street, Hemmant

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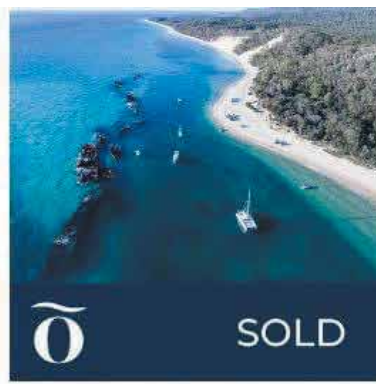
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2022 was a massive year for Ocean Realty.

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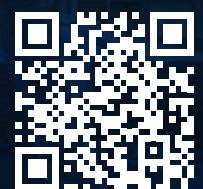


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Sold for \$950,000
First Week, Street Record

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43 Margaret Crescent, Wakerley

Sold for \$1.175M
First Week

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28 Pine Street, Wynnum

Sold for \$1.92M
Street Record

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14 Manettia Street, Wynnum West

Sold for \$760,000
Off-market

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Lot 82, 31 Wassell Street, Wynnum

Sold for \$715,000

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51/10 Tripcony Place, Wakerley

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First Week

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Lot 11, 145 Prospect Street, Wynnum

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4 Westaway Place, Wynnum West

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Off-market

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17 Hartland Street, Manly West

Contact Agent

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66a Ryder Street, Wynnum

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First Week, Complex Record

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REIQ applauds new housing accord

CONTRIBUTED BY THE REAL ESTATE INSTITUTE OF QLD (REIQ)

The state peak body for real estate professionals, the Real Estate Institute of Queensland (REIQ) has welcomed the wide range of initiatives announced in the Federal Budget which puts housing front and centre of the national agenda.

REIQ CEO Antonia Mercorella said the Budget demonstrated a clear commitment to collaboration and an encouraging focus on addressing the supply issues at the heart of the crisis.

“The REIQ has always acknowledged that we can’t rely on just one level of government to tackle housing affordability and address the serious housing supply shortage we face,” Ms Mercorella said.

“That’s why this budget, which includes buy-in from all levels of government on planning reform and housing targets, funds to accelerate the delivery of more social and affordable housing supply, support for pathways to ownership, incentives to downsize, and innovative ways to encourage institutional investment in developments, is incredibly encouraging.

“These initiatives complement the Queensland State Government’s Housing Investment Fund for new housing supply, and it’s great to see both state and federal governments are unified in their commitment to solve housing supply and affordability issues.

“We desperately need more housing in Queensland, due to pressures such as decreased household population, with the average household now sitting at only 2.5 persons per dwelling.

“Concerningly, it’s also been identified that our state has a shrinking rental pool, with 55,000 fewer properties on the permanent rental market than the historical trend projected, as well as reduced listings on the sales market.

“This shortfall tells us that there has never been a more important time to encourage and recognise the critical role private investors play in housing Queenslanders – with around 36% of people living in our state renting their homes, and the vast majority of that housing provided by mum and dad investors.”



Ms Mercorella said the REIQ welcomed the establishment of the National Housing Supply and Affordability Council to review barriers to institutional investment and innovative financing models, and independently advise the Government on housing policy.

“At the Housing Summit, the REIQ took the opportunity to advocate for innovative ways to deliver increased housing supply, such as amending taxation rules to stimulate build-to-rent developments – specifically with vulnerable groups in mind,” she said.

“We believe there’s a real appetite for more build-to-rent in our community – we all recognise that it’s a model that would offer more certainty for our state’s large renting population.

“However, in order to deliver increased housing supply to those who need it most, we urge the State and Local Governments to work with the Federal Government to ensure that the right settings and policies are in place to facilitate these much-needed developments.”



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If your group could benefit from extra funding this year, we'd love to hear from you. For more information, call Damien on 0421 786 302.

ALCOHOL: HOW MUCH IS TOO MUCH?

BY DR ORLA BARRY, MANLY VILLAGE MEDICAL

As we emerge on the other side of holidays, maybe a little bleary eyed or with belts loosened, I'm sure many of us are turning our minds to New Year's resolutions. For some that may mean more exercise or less food but for others it will mean trying to cut back on drinking.



The Australian Alcohol guidelines currently recommend that healthy men and women should drink no more than 10 standard drinks a week and no more than four standard drinks on any one day. This doesn't mean 10 glasses of wine or four cans of beer, it refers to 10 grams of pure alcohol in whatever volume it takes. Most full strength beers and most standard pours of wine will contain more than one standard drink. Most people unknowingly exceed the recommended amount weekly or monthly depending on their lifestyle.

Exceeding this amount doesn't mean you are an alcoholic in the same way that eating more than your daily recommended calories doesn't mean you have an eating disorder. What matters more is your pattern of behaviour and what drives you to consume alcohol. Reliance on alcohol can be influenced by many factors and develop for many reasons but can have serious health consequences. These include liver disease, increased risk of certain cancers, dementia and increased injury risk. Alcohol is the most easily accessed harmful drug in Australia.

If you are concerned that your alcohol use is excessive or are worried about its effects on your health please see your GP to discuss your concerns. There are easily accessed tests and services that can assist in your alcohol journey and more options than just rehabilitation which your GP can help with.





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MANLY COMBINED CLUBS WANTS YOU TO GET ON BOARD IN 2023!

BY LYNLEY VINTON, FOR MCC

On February 26, the 2023 Manly Combined Clubs (MCC) sailing season starts again and is open to anyone who wants to come out sailing.

We are a wide and varied group of sailors who enjoy getting out on the bay together in races that include courses for those who prefer to cruise and those who like to race. The races are jointly supported by MBTBC, RQYS, QCYC, MBBC, WMSC and TSCQ to create events to be enjoyed by everyone.

While many of us were chilling out and enjoying a restful break between Christmas and New Year, we know several of our regular sailors were competing in the Sydney Hobart yacht race.

Closer to home, the preparations are underway for the ASBA (Australian Sports Boat Association) National Titles hosted by MBTBC; they're not as big as the keelboats, but they're fast and great to watch so expect to see some awesome action out on the bay.

The Kingfisher Bay Night Series also has the next race on February 4, starting at 3pm off Mud Island. The race is approximately 30 nautical miles long and provides the opportunity to sail after dark, learning to read the lights on marker buoys as you navigate the course and experience sailing under the full moon.

The MCC sailing series is community-based, and we warmly welcome volunteers and support from the community to create success for all. We know that Darling Point Sailing School (DPSS) is looking for volunteers for January events.

Thank you to all who sailed in our 2022 series for the friendships made, and we look forward to a bigger and better 2023 season.



Photos: Supplied.

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WHEN THE WEATHER PLAYS NICE, FISHING IS FUN FOR THE FAMILY

BY SPERO KARTANOS

Happy New Year to one and all, and may you all have another great fishing year. I can't complain about 2022 – plenty of fish and whales in the bay; the only sad part was that we lost too many good friends who were way too young. I'll be thinking of them every time I'm out in the bay.

So, all we need this month will be for the weather to play its part. With plenty of families waiting for the right conditions to get a fish, here's where to go. Whiting should be plentiful in the bay around Chain Banks, Rous Channel, Maroon Gutter, Amity Banks and, of course, the Sand Hills and all along the western side of Moreton Island and the Blue Hole. The tiger squid should also be in good numbers, so while you're fishing for whiting, a squid jig on a float behind the boat will generally provide you with entrée before the main meal.

Squire, snapper and sweet lip will be around all the shallow reefs and all the artificial reefs, and floating out a pilly might get you a mackerel or two. The school mackerel will be around, but hopefully, so will the spotty mackerel, so trolling a spoon on a diving board or cast and retrieving with chrome slugs while they are feeding on the surface is the way to catch them. Just remember, no wire on the spoons or chrome slugs in the bay, they don't like it at all.

Sand crabs will also be in good numbers, so watch all the crab pots in the bay – you don't want them around your prop.

Enjoy the bay, be careful with all the boat traffic, and keep a close eye on the weather. The family will want to go out more often if they catch a fish in calm seas!

Good fishing to you all, and a Happy New Year.

Weekly and daily Moreton Bay reports are on fishingmonthly.com.au and feature up-to-date information.



Photos: Spero Kartanos.

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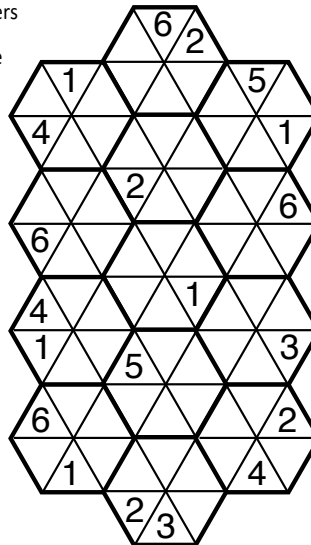
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

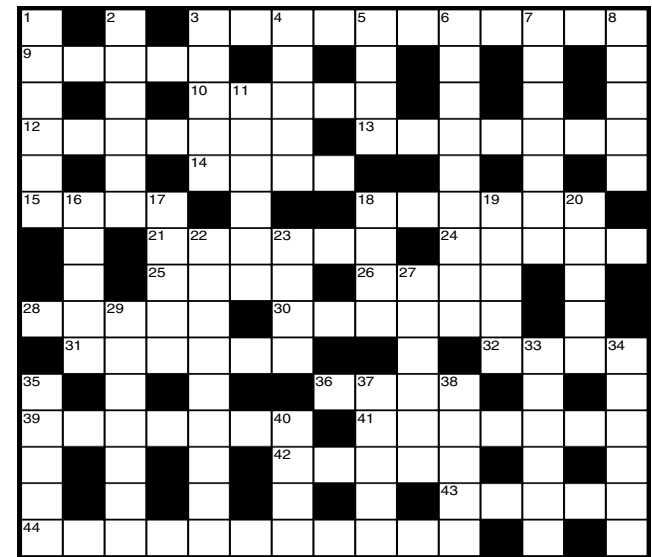
			4				9	2
					8			3
	3	5			9	6		
				7	2			
	7	3				4		
				6			8	
			9			5		6
		4		8				
1								2

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



Crossword



ACROSS

- 3 Settles by mutual concession
- 9 Garden pest
- 10 Interior
- 12 Leaks out
- 13 Published format
- 14 Prophet
- 15 Soft powder
- 18 Arachnid
- 21 Carry too far
- 24 Of the sun
- 25 Manufactured
- 26 Afflictions
- 28 Safe harbour
- 30 Within
- 31 Fixed allowance
- 32 Preservative
- 36 Firm hold
- 39 Made ashamed
- 41 Riddles

DOWN

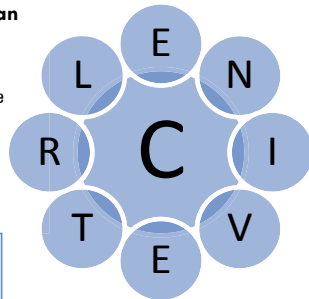
- 1 Declare
- 2 Scoundrel
- 3 Gripping devices
- 4 Minister's residence
- 5 Uncommon
- 6 Belittled
- 7 Contract and wrinkle
- 8 Inadequate
- 11 Required
- 16 Sacrificial table
- 17 Heavenly body
- 18 Female pigs
- 19 Prescribed amounts
- 20 Entangle
- 22 Disappearing

- 23 Curb
- 27 Lubricating
- 29 Left empty
- 33 Nut
- 34 Pendent ornament
- 35 Italian isle
- 37 Respond
- 38 Dutiful respect
- 40 Facts given

Focus

An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words



Reference: Macquarie Concise Dictionary
Focus No. 3863

TODAY'S FOCUS
Good: 12 words
Very good: 18 words
Excellent: 36 words

Word Find

M	O	O	D	W	S
A	A	D	A	O	T
C	L	I	T	R	E
A	T	A	D	G	W
W	L	S	R	A	R
K	T	L	A	M	Y

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

- | | | | |
|-------|-------|------|------|
| Alarm | Litre | Oar | Wait |
| All | Macaw | Said | Wry |
| Data | Maid | Stew | |
| Day | Malt | Talk | |
| Grow | Mood | Toad | |

Join the Dots

What creature is this? Find out by joining the dots.



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Joan Pease's office
Peter Cumming's office
Ross Vasta's office
Waterloo Bay Leisure Centre
Majestic Cinemas Wynnum
Sash & Gable



ADVERTISEMENT SIZES

Full Page	Image Area	285mm deep x 255mm wide
Half Page	Image Area	128mm deep x 255mm wide
Quarter Page	Image Area	65mm deep x 255mm wide
Strip Ad	Image Area	40mm deep x 255 mm wide

FEBRUARY BOOKINGS

- Community editorial 15th January
- Advertising cut off 24th January
- Distribution 3rd to 8th February 2023
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- **Advertising contact 0421 786 302 or 0416 245 193**
sales@market2market.com.au



LOCAL JOBS

See what local jobs are available in your community.

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\$41,488 T60 MAX
 DRIVE AWAY FOR ABN HOLDERS

FREE \$500 WORTH OF ACCESSORIES



T&C's apply: All vehicles must be sold and delivered between 1-31 January 2023. Price is based on T60 Luxe and for ABN holders only. Metallic paint is an extra \$500.



Bartons


Located in Brisbane's Bayside and Redlands, Bartons is a family owned business that retail over 500 New and Used vehicles per month. Representing six brands across two huge locations, we proudly represent Nissan, Hyundai, Mitsubishi, Subaru, and now Haval/GWM and LDV. Bartons offer a professional and fun atmosphere, established staff, supportive management, work life balance and an excellent reputation for selling quality vehicles. We are seeking applicants for the following positions:

Below is the list of current roles we're looking for and wish to list:

- Financial Controller/Corporate Automotive Role
- EV Moto Sales Consultant
- Financial Controller/Corporate Automotive Role
- Mechanical All-Rounder (Cleveland)
- EV Moto Sales Trainee (Capalaba)
- EV Moto Sales Consultant (Capalaba)
- Service Advisor (Capalaba)
- Sales consultant – Part Time (Wynnum)
- Retail Sales Trainee (Wynnum and Capalaba)
- Used Car Sales Consultant
- Hyundai Sales Consultant (Wynnum)
- LDV Sales Consultant (Wynnum)
- Nissan Sales Consultant (Capalaba)

If you are seeking a genuine long-term career within the motor industry and believe you have the skills, abilities and positive attitude to become part of the Bartons team, please send your resume to hr@bartons.net.au.

We look forward to receiving your resume and you becoming part of the fantastic Bartons Team!



The Grow Centre, Tingalpa

Casual Sales Assistant

Do you have a passion for indoor plants? Come join our team of plant lovers and grow with us!

We are looking for a casual sales assistant to work in our indoor plant shop for a minimum of two days per week – Friday and Saturday with the possibility of further hours.

If you are a proactive and self-motivated individual that loves being surrounded by plants please send your CV to qldmanager@frenchamsqld.com.au.

Only shortlisted candidates will be contacted.

We also have permanent indoor plant service technician positions available. Phone 07 3396 2363 for further information.

LOCALS'R'US

Letterbox Distribution

Locals'R'us is looking for workers!

We distribute flyers into letterboxes for clients in the Wynnum Manly area. Unlike most other flyer distribution services, we offer our employees an hourly wage. We are willing to give anyone a go who is willing to give the job a go. You will be employed on a permanent part time basis and, as such, you will have entitlements to annual leave, sick leave and superannuation payments. We pay under the Miscellaneous Award.

We require people who will work a set roster each week. Must have a car and licence to be able to get to site. Must have a smart phone to collect tracking data for our clients. Must be able to follow and work maps.

Our crews start early to try and beat the heat, especially as we are coming into a hot summer. It is not a difficult job, we offer training, but it is a physically demanding job, with our crews travelling up to 25 kilometres a day. Our crews get fit and most of them lose weight. Genuine enquiries only please.

Contact details: For more info, send an email to hello@localsrus.com.au, or contact us on Facebook or Instagram @localsrusqld. Phone Sharyn on 0403 189 625.

THE WAY WE HIRE STAFF OR LOOK FOR WORK HAS CHANGED

FROM IRL JOBS

As employers, most of us have been in the situation of sifting through endless resumes in an attempt to find the right candidate for a job. Likewise, most potential employees have been through the arduous process of writing and submitting cover letters and resumes for positions.

At IRLjobs, we realised there had to be a better way forward. But what was the better way; what was being done to streamline the recruitment process?

Being a recruiter for 26 years – and with our major online suppliers charging more than \$300 per ad – we realised the current system was not sustainable for our business.

When Covid presented we had the opportunity to pivot and create a solution. Our idea was to re-engineer the recruitment process, using automation and bespoke technology to deliver accurate and timely results that matched employers with job seekers, so we created www.irljobs.com.au.

How IRLjobs provides value to employers

Pre-selection of candidates. Using bespoke development, IRLjobs has the functionality to complete the pre-selection of a candidate prior to them being alerted to a new job opportunity.

Time-saving. Once you advertise your position, you will only receive applications from available candidates who meet your specific position requirements based on location, remuneration, experience, qualifications, certifications and more. IRLjobs is fully automated, working to your requirements 24/7.

Text and email alerts. Once you post your advert, you will receive a text message and email when a candidate has applied for your opportunity. Simply log in to IRLjobs, review the candidate's profile, chat, organise to interview or hire immediately.

Security. Using your mobile number to enter the site, you will receive a one-time password, so you will never have to remember your login details again.

Payment. The system is engineered to accept credit cards, EFT and/or payment by account.

The benefits for candidates looking for work

IRLjobs can create multiple job preferences to fit your skillset, experience, location and availability. If you're looking to secure a full-time role in your chosen profession or trade, studying and needing to work part-time, or only looking for casual day/afternoon/night or weekend work, IRLjobs will filter these options for you. It's fast and easy,



free to create a profile, secure and easy to use, works for you 24/7 and alerts you to opportunities when they meet your requirements.

With a national reach, IRLjobs was developed with the power to connect local people to local jobs. To see how it works, scan the QR codes below.



(how it works video)



(connects you to the web)



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Reach out to us on :

📞 07 3899 6875

✉️ talk-to-me@irljobs.com.au

📍 Level 1/ 122 Lytton Road, Bulimba QLD



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MANGO, BANANA AND COCONUT OVERNIGHT OATS RECIPE

Too hot to cook? Here's a low fuss, no-cook breakfast recipe that's perfect for sunny summer mornings.

INGREDIENTS (ONE SERVE)

- ½ cup of rolled oats
- ½ cup milk – whole, skim or nut milk – whatever you love
- 2 tsp chia seeds
- 3 tbsp Greek yoghurt (coconut yoghurt also tastes great)
- Half a small banana, sliced
- Half a small mango, diced
- Dried coconut pieces to serve

METHOD

1. In a mason jar or a glass, combine the chia seeds and the oats.
2. Add the milk, then stir the oats and chia seed mixture through.
3. Add a layer of banana slices, followed by the yoghurt, then add the chopped mango.
4. Cover the jar/glass with its lid or cling film and leave in the fridge overnight.
5. Serve with dried coconut slices.

If you've got a sweet tooth, stir a dash of maple syrup or honey into the milk, and swap out the Greek yoghurt for a flavoured sweeter version. You can also make mini serves of overnight oats in small vases or shot glasses to add to a breakfast buffet.



Help Wanted

Would you like to earn some extra money, get fit and help connect the local community?

We're looking for locals to distribute The Community Leader and Real Estate News & Views in the bayside. If you'd like to work flexible hours with a good hourly rate, contact Locals R Us on 0403 189 625 or hello@localsrus.com.au.



HOW DOES NITROUS OXIDE WORK AT THE DENTIST?

FROM DENTAL ON CAMBRIDGE

Does the thought of coming to the dentist make you break out in a cold sweat? Heart racing? Mind swirling? We know the feeling well, and at Dental on Cambridge, we have successfully treated many patients with dental anxiety through a variety of support options, including nitrous oxide.

So what is it and how can it help you to look after your oral health in 2023?

Nitrous oxide (N₂O), more commonly referred to as laughing gas, is a mild sedative agent that safely and effectively manages anxiety during dental treatment. Nitrous oxide is mixed with oxygen and inhaled through a small mask that fits over your nose. It is colourless, odourless and does not impact a patient's usually breathing. Patients can continue breathing normally, and usually feel the relaxing effects of the gas within minutes.

How does it work?

The nitrous oxide slows down your nervous system to make you feel relaxed. You may feel light-headed, tingly, or even heaviness in your arms or legs. Ultimately, it assists patients to feel calm and comfortable throughout any treatment, whether this be through a general check and clean, or longer appointments for fillings, crowns or implants.

What are the benefits to the patient?

Nitrous oxide is a safe and effective method of mild sedation, which means that patients can be supported in their local dental practice to access treatment they may otherwise be unable to access or need to go to a specialist dentist to have routine procedures completed under general anaesthetic. The gas provides quick onset relief for patients, and once the treatment is stopped, the effects wear off quickly for the patient. Unlike some other sedation, nitrous oxide allows patients to feel relaxed but they can also continue to communicate with their dentist.

Can any dentist provide Nitrous Oxide?

The ability to provide onsite nitrous oxide at a dental practice can only be provided by dentists who have undergone specific training to be able to administer the treatment safely and effectively. As with any type of medical treatment, there may be side effects to be aware of. Most patients do not experience any adverse reactions, however part of the training for dentists is know how to support and manage any effects of the gas in the practice. As with any treatment, any risks and side effects should be discussed in detail before commencing.



Who can use nitrous oxide?

The treatment has been effective for any patients that feel anxious or fearful, patients with special healthcare needs, patients with severe gag reflexes that interfere with accessing treatment, and children that may need to undergo longer treatment for fillings or crowns.

If you think you might benefit from using nitrous oxide for your next appointment, discuss this option with your dentist, or give our team a call on 3348 6661.



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www.dentaloncambridge.com.au

Alex Ritchie BDrash (Dent), GDC(Dent), BSHy (UQ)



Family focused funerals by a real Wynnum Local

Jo grew up in Wynnum, she went to school here, she worked at the Plaza for 18 years, and for the last 17 years she has been the local funeral director that families rely on when they want someone who understands what it means to love the Wynnum area and the fantastic lifestyle it provides.

McCartney Family Funerals are proud to call Jo part of our team. Jo is available to care for the local families of Wynnum when they need her most, in the compassionate, caring and friendly way that only Jo can deliver. You can visit Jo personally at McCartney Family Funerals, 155 Bay Tce, Wynnum - the beautiful heritage listed post office.

When you are looking for a local, family owned funeral home to care for your family, the only real option is Jo Salm and the professional team from McCartney Family Funerals.

Call us today on 1300 043 522 or visit our website www.mccartneyfunerals.com.au



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All offers available for new vehicles are valid on available vehicles in stock at time of publication that are sold and delivered between 1-31 January 2023. Private and retail customers only. Excludes fleet and government buyers. This offer cannot be used in conjunction with any other offer. [SUBARU] (+) Choice of \$2000 Minimum Trade or 2 Free Services or \$500 Genuine Accessories to be provided upon full payment of vehicle purchased. [-] Vehicle must be Queensland registered, driveable and not listed on the written off register. One trade in per customer. [HYUNDAI] (#) Choice of \$2000 Free Fuel or \$2000 Genuine Accessories to be provided upon full payment of vehicle purchased. [^] \$2,000 free fuel is based on Santa Fe and Palisade in stock models; \$1,000 on Tucson, \$500 on i30, \$250 on N Range. BB677124_1222