

The Community Leader

ISSN 2652-8738

WE'RE ALL ABOUT GOOD NEWS

SCAN AND SUBSCRIBE



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THE BAYSIDE'S GOT TALENT!

Local legends. They're everywhere. You probably walk past them in the supermarket, where we're all pretty much equal, doing what we need to keep the wheels of our households turning. While we're doing ordinary things, we're brushing past extraordinary people.

We walk alongside accomplished musicians, authors, artists and academics. Our community is made up of people who make the world better in their own unique way. It's the volunteers who give up their time to help others. It's the musos who lift our spirits through song. The artists who add colour to our days. The doctors who mend us when we're broken. These people bring unique gifts to our bayside community and the world beyond.

Manly local Dannika Patterson is one talented author igniting the imaginations of kids worldwide through her magical children's books. And she's just published book number 13 – no mean feat in the competitive and crowded publishing world.

Find out more about Dannika's new book on page 3 (available at your legendary local bookstore, Mad Hatters), and as you flip through the pages of The Community Leader, get to know the local legends who walk amongst us. They're truly inspirational people.



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*Source: Vendor Review, Realestate.com.au – November 2022

WALK TO RAISE FUNDS FOR CHILDREN'S CANCER RESEARCH

FROM RICHIE'S RAINBOW FOUNDATION

The Walsh family has vowed that their warrior son and brother's strength, courage, and bravery would never be forgotten. Through Richie's Rainbow Foundation, the family aims to raise funds for vital research into treatments and therapies that are kinder and more effective for children diagnosed with sarcoma. By doing this, the Walsh family hopes that one day all children diagnosed with sarcoma can be cured.

Richie was diagnosed with stage four embryonal rhabdomyosarcoma. He began 52 weeks of intense chemotherapy, followed by eight weeks of radiotherapy over the next 18 months. Sadly, despite all the treatment, Richie never went into remission. He passed away peacefully, surrounded by his loving family, on 26th September 2021. He was only nine years old.

It is heartening to know that the Wakerley Family has already raised over \$100,000 and donated numerous iPads through their iPad scheme to over 60 families. Their contribution is making a difference to the lives of children and their families who are going through similar challenges to what Richie and his family faced.

Richie's Rainbow Foundation was launched last March and has already been voted in the top five per cent of Australia's start-up charities for 2022.

Please join us for a 5km/10km fun walk on Sunday, 26th March 2023 and help celebrate the first birthday of Richie's Rainbow Foundation.



Photos: Supplied.

To register, head to www.richiesrainbow.org.au. The walk starts from Lota Park at 10.30am, with muster at 9.00am.

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LOCAL AUTHOR BRINGS HEDGEHOG THE WONDER DOG TO LIFE

Introducing “Hedgehog the Wonder Dog”, the heart-warming new children’s book written by Manly local Dannika Patterson and illustrated by Ross Morgan. This book is a celebration of the bond between humans and animals, particularly the incredible healing powers of therapy dogs.

The story follows a special dog named Hedgehog, who possesses extraordinary abilities that only certain children like Sam can see. While others may see her as just an ordinary dog, Sam knows she has true superpowers that can help heal and comfort those in need.

Through the perspective of a child, this book takes us on a journey into the world of a children’s hospital, exploring the concept of childhood illness and treatment in a gentle and age-appropriate way. The contrast between a child’s inner and outer worlds is artfully portrayed through symbolism, making this a poignant and insightful read for children and adults alike.

The illustrations by Ross Morgan are truly captivating, featuring a combination of hand-drawn sketches, paintings, and digital elements. The multi-layered illustrations are filled with hidden details and invite exploration, adding another layer of depth to the story.

This book is a comfort to children going through hospital treatment

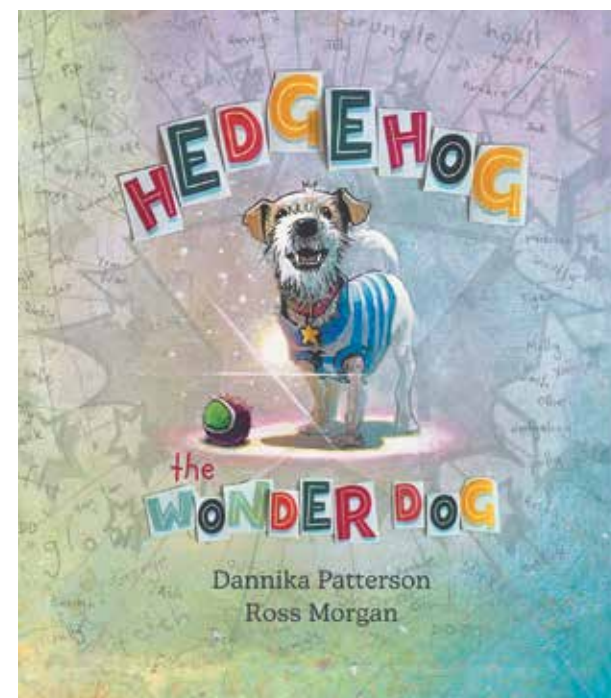
and a valuable resource for parents, friends, carers, teachers, counsellors, and medical staff. It promotes the benefits of therapy animals and can serve as a conversation starter around assumptions and the power of emotional support.

“Hedgehog the Wonder Dog” is a book full of heart, hope, and furry, four-legged love. It’s sure to delight and inspire children and adults alike with its beautiful story and stunning illustrations.


Copies are on sale now at bookstores, including The Mad Hatters Bookstore at Manly.

Dannika Patterson is a children’s author and workshop presenter with degrees in Psychology and Journalism. Her writing and related school workshops aim to uplift and spark wonder, helping to foster ecological, social, and self-awareness in a gentle and joyful way.

Ross Morgan is an award-winning fine artist and illustrator with a unique approach to illustrating books. His love for quiet little moments that are filled with magic is evident in his deeply sensitive illustrations. In 2019, Ross won the Raising Literacy Australia’s Emerging Writer and Illustrator Mentoring Program. In 2021, he was shortlisted in the 2021 SCBWI Australian Picture Book Illustrator Award (emerging illustrator).




AUDITIONS 21ST APRIL



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COMMUNITY UPDATE

JOAN PEASE'S COMMUNITY UPDATE, STATE MEMBER FOR LYTTON

STRENGTHENING COMMUNITY SAFETY



I see the impact youth crime is having on our community, so I am pleased to announce to Baysiders that new, tougher action is being taken by the Queensland Government to further protect the safety of our Bayside community, whilst tackling the complex causes of youth crime.

Action will be taken in the following three key areas:

1. Targeting serious repeat youth offenders;
2. Tackling the complex causes of youth crime; and
3. Investing in community safety.

The tough new laws and increased investment follows careful consideration by the Queensland Government, are based in evidence and follow feedback from the community, police and other stakeholders.

It will now be harder for serious repeat offenders to get bail and there will be even more investment in addressing the complex causes of youth crime.

A new investment of \$332 million will also help boost police resources, tackle the complex causes of youth crime and support community safety.

In addition, there will be a significant funding boost for the Queensland Police Service including a new \$25 million injection for high visibility police patrols and \$17 million for expanded joint flying squads.

Everyone on our Bayside deserves to feel safe, and I am confident these tough new measures will ensure that youth crime is tackled head-on.

ENROLMENTS NOW OPEN FOR 37,000 FEE-FREE TAFE PLACES

A skilled workforce is vital for the future of our Bayside, and the State, which is why I am delighted that the Queensland Government's fee-free TAFE initiative will see 37,000 fee-free TAFE places offered this year

for qualifications in health and community services to support the NDIS and aged care sectors, agriculture, tourism and hospitality.

This targeted investment will help address a national skills shortage challenge, by ensuring Lytton locals have the right skills, more job security and more job choices. It's a win-win for our locals, our Bayside businesses and our Lytton industries.



UPGRADED LINDUM PARK N RIDE NOW OPEN!

The Sibley Road Lindum Station Park n Ride upgrade is now open and being well used!

I was thrilled to recently open the brand new car park, which boasts 30 additional spaces for commuters driving to and from Lindum station.



It's secure, convenient parking that will keep more commuter cars out of neighboring residential streets.

The expanded Park n Ride facility on Sibley Road is part of a suite of works and improvements that are being made to increase the safety and accessibility of the Lindum Precinct. This will include a further Park n Ride expansion on North Road; a Station Accessibility Upgrade; and a realignment of the Lindum Level Crossing.

Key benefits of the upgraded carpark include:

- Increased commuter parking spaces.
- Upgraded disabled parking facilities.
- Improved accessibility for all users.
- Improve passenger amenities, experience, and security through CCTV and lighting.
- Decreased road congestion on the surrounding road network.

I'm delighted to be getting on with the job of delivering these important infrastructure upgrades for the Bayside.

REFORMS TO IMPROVE COMMUNITY TITLE SCHEMES

It's no secret that the Bayside is home to an ever-growing community of residents living in self-contained units under community title schemes, so I am delighted to announce

that the Queensland Government is proposing changes to existing body corporate legislation to improve the liveability and transformability of community title complexes.

The highlights of these reforms include the strengthening of laws to better protect residents from second hand smoke by empowering bodies corporate to make by-laws that prohibit smoking in outdoor and communal areas of a community titles scheme; the addition of new laws to protect pet owners by preventing bodies corporate from banning pets in community titles schemes, except in specific circumstances; and the addition of further laws allowing bodies corporate to tow vehicles which are preventing access or causing a hazard.

Additionally, important legislative reforms will occur to make it easier to sell and redevelop ageing or rundown community titles schemes in Queensland, by allowing for the termination of a scheme with the support of 75 per cent of lot owners, where the body corporate has agreed it is more financially viable for lot owners to terminate rather than maintain or remediate the scheme.

These much needed reforms will not only protect the investments of property owners in community title schemes, but ensure they remain viable and enjoyable places to live for years to come.



WELCOME 2023 BAYSIDE SCHOOL CAPTAINS

With the school term now in full swing across our Bayside, I would like to warmly congratulate all our school captains for 2023. Being a leader in your community is an immense privilege – it's a journey of a lifetime which will allow you to not only grow as an individual, but to grow, improve and inspire those who look up to you.

I wish you all the best for the year ahead and look forward to meeting many of you as the year progresses!



JoanPease MP | State Member for Lytton

PO Box 719, Wynnum QLD 4178

(07) 3915 1100

JoanForLytton

lytton@parliament.qld.gov.au

www.joanpease.com

SEAGULLS JUNIORS' SEASON KICKS OFF WITH RECORD NUMBERS

FROM DANIEL CRUICKSHANK

The Wynnum Manly Seagulls Juniors' season is back and better than ever, with record numbers of players registering at the club. As the club gears up for another exciting year of rugby league, we have some key dates for people to know and would love to see the community out in full support.

Starting with trials against Burleigh from the 3rd to the 5th of March at Kitchener Park, this will be the first opportunity to watch our juniors take the field in 2023. It's sure to be an exciting event, so mark your calendars and come out to support the next generation of rugby league stars.

But it's not just the juniors getting in on the action. The big boys will also be kicking off their season this month, rolling out in Under 20s, BRL reserve grade and BRL A grade. Our BRL A Grade team were grand finalists in 2022 and will look to go one better in 2023. Coach Jason Harris is excited about the year ahead, with some exciting signings and expects them to produce top-class footy. It's been a long, tough pre-season, and the squad is ready to go.



Photo: Supplied.

This year will be a huge one for the club, with many age groups out to defend their titles. Get down to Kitchener Park and support the Gulls! If you're going to be a bird, be a seagull!

Empowering You To Age Well In Your Own Home

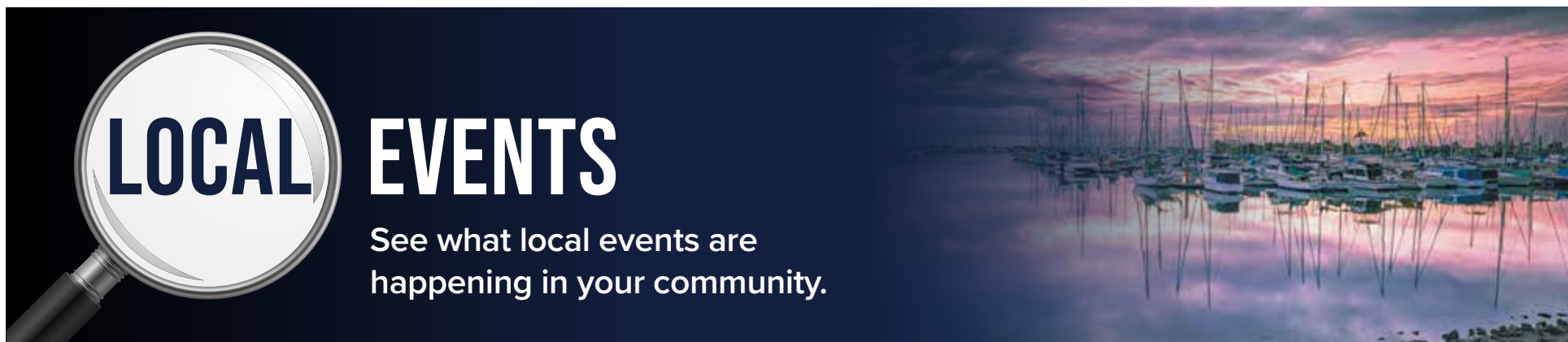
The Age Well Club is a luxury Retirement Service coming to Wynnum/Manly, empowering people to retire in their own homes. Exclusive members only clubhouse, concierge service, social club, aged care navigation, home maintenance and modification project management and so much more.

Register your interest as memberships are limited.

Contact Candice McGregor on 0427 337 874 or email candice@agewellclub.com.au

www.agewellclub.com.au





SPONSORED BY MARKET 2 MARKET **20 YEARS**



If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

HERITAGE & HARMONY FIESTA 2023

CREATE IT

ROCK THE AGES TRIBUTE SHOW

LEARN TO DRAW A PET PORTRAIT



Sunday 19 March from 9am to 2pm
Redland Museum, 60 Smith Street, Cleveland

Redland Museum will host this free community event for all the family on 19 March from 9am to 2pm. The fiesta celebrates the richness and diversity of multicultural life in the Redlands. Experience the fun and excitement of this event featuring multicultural dancers, entertainers, vintage vehicles, and workshops.

Monday 13 March, 3.30pm
Wynnum Library, Florence Street, Wynnum

Children aged five to 12 years will love this free session that explores, art, science, reading and technology through hands-on learning activities.

Saturday 18 March, 7pm
Wynnum RSL, 174 Tingal Road, Wynnum

This 1980s-themed glam rock show features some of the decade's greatest songs, covering music by Guns N Roses, Motley Crue, Whitesnake, Bon Jovi, ACDC and more! Tickets are \$25pp and are available at the club's reception, or by calling 3396 7333.

Saturday 4 March, 10am to 3pm
Wynnum Manly Arts, 105 Florence Street, Wynnum

Professional pet portrait artist Sandra Temple will guide you through the steps and teach you the tricks of the trade to draw a pet portrait at this free interactive demonstration. For more information call Wynnum Manly Arts on 3348 2369.

TUESDAYS

Wynnum/Manly Meditation Circle
Tuesday 6.45pm – 7.45pm
Branches Community Hub, 29 Fox Street, Wynnum
The meditation circle is run by donation.
Call John on 0403 676 435.

Wynnum Embroidery Group
Wynnum Library
2nd and 4th Tuesday of the month from 9am to 12pm
Join a happy group of crafters who meet to exchange ideas and chat.
For enquiries call Zoe on 3393 4752.

WEDNESDAYS

Social Tennis
Wynnum Tennis Centre
9am – 12pm
Social tennis costs \$10 and includes a light morning tea at Colina Street Tennis Centre, Wynnum.

Wynnum Manly Bayside Socials Group
Meets the first and third Wednesday of every month at Celtic Corner, 45 Cambridge Parade, Manly 6.30pm – 7pm. A \$1 donation is appreciated. More details on meetup.com.

Morning Melodies
Wynnum RSL Club, 174 Tingal Road, Wynnum
On the first and third Wednesday of each month, get down to the Wynnum RSL Club for free live music from 10.30am. It's a toe-tapping good time and a sure way to beat the mid-week blues! For more information call the club on 3396 7333.

Age Well Club Open Day
Wednesdays at 10am, 72 Florence Street, Wynnum
Come and have a free cup of coffee and learn about the new way to retire in your community with the Age Well Club.

THURSDAY

BlueBottle Cocktail & Tapas Bar: Karaoke Thursdays
55 Cambridge Parade, Manly
7pm – 11pm
For more information call 07 3161 3764 or visit bluebottlemanly.com.au.

FRIDAYS

Chess and Board Game Enthusiasts' Club
Every Friday at the Wynnum Library, 145 Florence St, from 2pm – 5pm.
Bring along your favourite board games or join others. Cost is \$1 which goes towards biscuits and photocopying. This is not a library-initiated event; all enquiries can be texted to 0423 055 289.

SATURDAYS

Jan Powers Farmers Markets
Little Bayside Park, Manly
Saturday March 4 and 18, 6am to 12pm
Free to attend, family friendly.

SUNDAYS

Sunday Sounds: Tide on the Jetty
William Gunn Jetty, 1 Wyvernleigh Close, Manly
Every Sunday 3pm – 6pm
Find out more by calling 07 3396 8962 or visit tideonthejetty.com.au.

Manly Creative Markets
Little Bayside Park, Manly
8am – 2pm. Free family friendly event.

FOR MORE GREAT EVENTS IN THE COMMUNITY, VISIT THECOMMUNITYLEADER.COM.AU



WHAT'S ON AT THE MOVIES THIS MARCH

FROM MAJESTIC CINEMAS, WYNNUM



Shazam! Fury of the Gods (CTC) – March 16

Bestowed with the powers of the gods, Billy Batson and his fellow foster kids are still learning how to juggle teenage life with their superhero alter egos. When a vengeful trio of ancient gods arrive on Earth in search of the magic stolen from them long ago, Shazam and his allies get thrust into a battle for their superpowers, their lives, and the fate of the world.



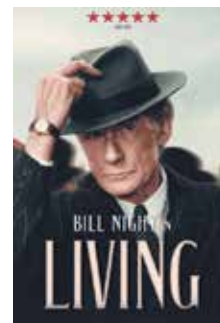
Dungeons & Dragons: Honour Among Thieves (CTC) – March 30

A charming thief and a band of unlikely adventurers embark on an epic quest to retrieve a long lost relic, but their charming adventure goes dangerously awry when they run afoul of the wrong people.



John Wick 4 (CTC) – March 23

With the price on his head ever increasing, legendary hit man John Wick takes his fight against the High Table global as he seeks out the most powerful players in the underworld, from New York to Paris to Japan to Berlin.



Living (CTC) – March 30

A veteran civil servant receives a medical diagnosis that inspires him to move to the south coast and cram some fun into his remaining days. He meets a sunny young female colleague who seems to have the pep that had previously escaped him.



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THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



1ST ANNUAL FUN-FU FESTIVAL

WOW! What a day! The First Annual Fun-Fu Festival was a massive success, celebrating the year of the Rabbit and highlighting our local Chinese community and businesses. From Lion Dancing, Kung Fu demonstrations, dumpling making and calligraphy, it was fantastic to see so many Bayside families enjoying this event. Plans are already in work to make next year's Fun-Fu Festival bigger and better. Thank you to special guests, the Honourable Peter Dutton MP, Lady Mayoress Nina Schrinner, Cameron Costello, Cr Lisa Atwood, as well as Joan Pease MP and Cr Peter Cumming for attending. Thank you also to, Bartons Motor Group and the Community Leader for supporting this event. Last but certainly not least, thank you the Bayside Language School for hosting the Fun-Fu Festival. I look forward to supporting it again next year and to celebrate the Year of the Dragon.



REBUILDING CARMICHAEL PARK

It's exciting to see works have started to rebuild, expand and future proof Carmichael Park after the devastating impacts of the 2022 floods. As part of my local flood recovery plan and working alongside Wynnum Wolves FC President Rabieh Krayem I was able to secure \$4 million of federal government funding for the Carmichael Park masterplan. I'm glad to see the current Australian Government has honoured this investment into our local sporting community. Funding will be used to create state of the art sporting facilities, as well as a cultural and community hub for all local families to enjoy. This rebuild will allow both the Wynnum Wolves and Wynnum Manly District Cricket Club the chance to host high-quality state and national championships. It will also deliver the opportunity to connect our local community to international counterparts for the upcoming 2032 Olympics. I will keep you updated as works progress!

HAPPY 1ST BIRTHDAY TO RICHIE'S RAINBOW!

It's time to get your walking shoes on, Richie's Rainbow 1st celebration fun walk will be held on the 26th of March 2023. This incredible charity raises funds and awareness for childhood cancer research in honour of local legend, Richie Walsh who tragically passed away from childhood cancer at age 9. So why not get some friends together, register a team and help make their first birthday celebration a success?!



Event: 5km and 10km Fun Walk

Time: 9am registration, with walks starting at 10:30am

Date: 26th of March 2023

Location: Lota Park, with walks along the Wynnum-Manly Foreshore.

My team and I will be there to support Richie's Rainbow on the day, I look forward to seeing you there. For more information, please head over to the Richie's Rainbow Facebook page, or visit www.richiesrainbow.org.au



EOI STRONGER COMMUNITIES GRANT NOW OPEN

Expression of Interests (EOI) are now open for 'Stronger Communities Grant Programme' Round 8!

This initiative has delivered incredible benefits for local community groups on the Bayside. Through Round 7 of the Stronger Communities Programme, Autism Queensland (AQ) Wynnum House (pictured) was able to purchase a portable defibrillator for carers to easily transport throughout the community. Grants between \$2,500 - \$20,000 are available for small scale upgrades and new equipment. I want to encourage all local community groups, schools, or eligible organisations to apply for this grant. EOIs must be completed by 5pm Friday the 24th of March. For more information, please call my office on 3893 3488 or email me at ross.vasta.mp@aph.gov.au

69 Clara Street, Wynnum QLD 4178

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AN INVITATION FOR MEN TO WALK, TALK AND CONNECT

BY MITCHELL BEAUCHAMP, MEN'S WALK & TALK BAYSIDE

It's great to have the football back!

Men's Walk & Talk members were excited to be invited to the 2023 season-opening trial match between the Wynnum Manly Seagulls vs. Brisbane Broncos at BMD Kougari Oval. Throughout the day, we connected with the community and showcased everything Men's Walk & Talk.

Despite the rain and heat, the crowd was fantastic, and the atmosphere was awesome. The Broncos emerged victorious with a score of 44-12.

We were honoured to have former New Zealand International Steve Kearney visit and show his support for what we do.

A huge thank you to the Wynnum Manly Seagulls for their support, and we look forward to welcoming them at our upcoming Men's Walk & Talk Bayside.

Men's Walk & Talk is a health, mental health, and wellness organisation that aims to connect men and build stronger communities. The organisation is based on the simple concept of men supporting each other in a healthy environment through walking, talking, and connecting. This creates a space for men to openly discuss their feelings, build stronger relationships with each other, and improve their mental fitness.

Every day we lose seven men and two women to suicide, and we have drawn a line in the sand here at Men's Walk & Talk. We encourage men not to man up, harden up, or toughen up but to speak up and share their stories.

As we walk towards our 100th Men's Walk & Talk in Minnippi on March 5th and our 50th Men's Walk & Talk Bayside on March 9th, we'd love to have as many of our community members join us in celebration.

Who'll join us for our next Men's Walk & Talk?



Men's Walk & Talk Bayside

Manly Boathouse

From 5.30pm every Thursday

Free coffee for all walkers; walk starts at 6pm down to Wynnum jetty and back (approximately 5km)

Men's Walk & Talk Minnippi

Minnippi Parkrun track, Meadowlands Rd

7am every Sunday

Free post-walk coffee for all walkers



Photos: Supplied.



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Wynnum Manly LEAGUES CLUB

PETER CUMMING'S LOCAL AREA UPDATE

COUNCILLOR FOR WYNNUM MANLY WARD



FUNDING FINDER

I get many enquiries from our wonderful local charities, sporting clubs, and community organisations regarding grant funding.

That's why I'm excited to announce that Brisbane City Council has launched Funding Finder. The Funding Finder database gathers all forms of funding programs opening and closing across Australia and filters them for those that are relevant to Brisbane residents.

There's a simple search bar function as well as more information about grant writing, applications, and guidelines.

Visit <https://brisbanecitycouncil.grantguru.com.au/> or scan the QR code with your mobile phone camera.



NEW PLAYGROUNDS GALORE

There are four new playgrounds planned for the Wynnum Manly Ward in the next 12 months.

George Clayton Park on the Esplanade at Manly is to have new equipment installed. The old equipment is over 20 years old. George Clayton was one of my predecessors; he was the Alderman from 1952 – 1967.

Kitchener Park is having an improved playground at the triangular piece of Council land adjoining the Wynnum Juniors fields. I have found that installing playground equipment at sports fields is great for families as it allows youngsters to play on the swings while their older brothers and sisters are training.



Both these projects should be finished this financial year.

Replacement swings are proposed for the Clifton Street Park at Manly West and a brand new set of swings is proposed for Sorrento Street, across the road from Wynnum West State School.

CLEAN UP AUSTRALIA DAY

I invite the Wynnum Manly community to 'Step Up to Clean Up' for Clean Up Australia Day on Sunday, 5 March.

I will host a clean up at the Mangrove Boardwalk from 1pm to 3pm. Please join me or host your own event to ensure our waterways and green spaces remain clean and free from debris.

If you're not available on date, I remind you that every day can be Clean Up Australia Day. Do your part any time by disposing of your rubbish thoughtfully and picking up litter when you see it.



BUSINESS SPOTLIGHT: LA CASA NOASTRA

Should Edith Street be renamed Bakery Street? We've got Magic Oven, Vietnamese bakery Golden Baguette, and now Romanian bakery La Casa Noastra. La Casa Noastra opened last year and was even featured in the Wynnum Fringe act High Tea with Dolly.

Owner Cornelia handmakes a range of delicious albinatas and dobos – soft, layered cakes – as well as savoury breakfast and lunch meals like bacon and eggs and avo toast.

Don't forget to try the famous devilled eggs!



Wynnum Manly Ward Office
3a/212 Bay Terrace (Cnr of Pine Street)
Wynnum Qld 4178

Office hours: 8.30am-4.30pm, Monday-Friday
Phone: 07 3403 2180
Email: wynnummanly.ward@bcc.qld.gov.au



SPONSORED BY MARKET 2 MARKET **20 YEARS**



Name: Charlie Bear.
Suburb: I'm from Manly West.
How long have you lived here? Forever!
Your favourite local walk? Around the markets and along the esplanade. I cuddle anyone who gives me attention!
Your most treasured toy? My monkey – he is full of slobber as I love to suck him.
Your favourite food? A boiled egg on a Sunday morning. My drool goes everywhere waiting for it!

Your worst habit? Hmm... Mum would say putting a wet ball/toy on her lap, she then gets disgusted by it and must throw it. I would say it's my best habit really...

Your favourite local hangout? I love a good doggie date at the coffee shop. Everyone says I look like a big teddy bear – hence my name.

Your best doggo friend? My many brothers, and Spency my cousin. Other than that, my parents are my fave people on Earth!

Any funny or embarrassing stories you'd like to share? When I was a pup I got my head stuck in a bit of wire fence that was supposed to keep me out of the garden. Those things are so scary, I will never go near them again.

What do people love most about you? My big bear cuddles.

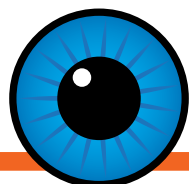
Name: Monty O'Kane. I'm an Irish wolfhound/German shepherd mix.
Suburb: I live in Manly.
How long have you lived here? Four years. I was rescued from life on the streets; I love my family for saving me, keeping me warm and giving me steak!
Your favourite local walk? Anywhere with my peeps.
Your most treasured toy? My milkshake squeaky toy.
Your favourite food? Steak.
Your worst habit? Sneaking chocolate biscuits out of the pantry.

Your favourite local hangout? Anywhere with my peeps, but mostly coffee shops, including Frenchies Café, Cambridge Lane Espresso + Kitchen and Le Bistro.

Your best doggo friend? Patches the fox terrier, Flick the theatrical superstar and Melio the well-behaved golden retriever.

Any funny or embarrassing stories you'd like to share? I went and sat at the feet of the school principal while he was watching my human brother play football. I did not know that there was a 'No Dog' policy at the school.

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Vitreoretinal Surgeon and
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MISS MAGGIE OF MANLY



SOCIALISING YOUR PUPPY

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

The socialisation period for puppies is from three to 17 weeks of age. The experiences your puppy has during this time of learning and development can influence their behaviour well into adulthood. To ensure your puppy grows into an adult dog who relates well to other dogs, animals and people it is important to provide socialisation with people and other animals and exposure to different environments.



This critical time period of socialisation is also an important time to make sure that your puppy stays safe and healthy. Puppies may be socialised with puppies and dogs who are up to date with their vaccinations and worming. You can take your puppy to family and friend's houses to meet their dogs if they are vaccinated. DO NOT take your puppy to areas where there are numbers of unknown dogs until they have had their third puppy vaccination – this is generally performed at 16 weeks of age.

Below are just some of the experiences you should try and provide your puppy.

SOCIALISATION AND DESENSITISATION CHECKLIST

- New environments – suburban neighbourhoods, residential and city streets, inside buildings (Bunnings is a favourite!), beaches, forests, parks.
- Objects with wheels – skateboards, bikes, rubbish bins, shopping carts, prams, cars, buses, motorbikes.
- New surfaces – concrete, metal, unstable surfaces, stairs, wet grass, mud.
- Loud noises – thunder, fireworks, alarms, doorbells, barking dogs, vacuum cleaners, traffic.
- Other animals – cats, horses, livestock.
- Unfamiliar people – people of different ages, genders, appearances, ethnicities; people wearing hats, helmets, boots; people using canes or walkers; people running, walking and crawling.

Interactions should be safe and positive – if your puppy is showing signs of fear and stress during socialisation you should remove them from the situation. Work slowly and carefully with your puppy and reward calm behaviours when they are exposed to new situations. Have a chat with your vet about other ways to help your puppy adjust to the big wide world!



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FROM SUNCOAST OUTDOOR LIVING

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"If you use a budget product on your house in Queensland, you need to put some money aside for when it fails," Tony said.

Imagine coming home to no leaves on the ground, bird droppings on the outdoor furniture and having a meal with no bugs, all while feeling the fresh breeze of the outdoors.



The team loves to see the absolute joy on clients' faces once their structure has been installed.

To find out how you can make better use of your outdoor areas all year round, contact the friendly staff at Suncoast Outdoor Living today or visit the website at www.suncoastoutdoorliving.com.au.

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WATERLOO BAY LEISURE CENTRE'S UPCOMING CONCERTS AND MARKET

FROM THE WATERLOO BAY LEISURE CENTRE VOLUNTEERS

The Waterloo Bay Leisure Centre, located at 241 Tingal Road Wynnum, has a range of events scheduled for March 2023.

CONCERTS

14th March, 9.30am – entertainment by Dennis Boland

Morning tea is served from 9.30am and the concerts run from 10.15am to 11.45am. A two-course hot lunch is served after the concert. The cost is \$10 for the concert plus morning tea, plus an additional \$10 for the two-course lunch served after the concert.

28th March, 9.30am – Special Easter Concert with entertainment by Lachlan Wallace

Doors open at 9.30am for morning tea followed by the concert from 10.15am to 11.45am. A two-course hot lunch is served after the concert. The event costs \$25, which includes the concert, morning tea and the two-course hot lunch served after the concert. There will be a prize for the best Easter bonnet, and a lucky door prize and raffles.

Bookings are essential for all concerts. Please phone 3396 9488 to make a booking.



Photo: Supplied.

SHIRE CLERK'S COTTAGE MARKET

Saturday 18th March from 8am to 1pm

The market showcases our local talented artists and craftspeople. Buy yourself an original painting or some of the beautiful handicrafts created within the centre, including artwork, crafts, jewellery, clothing, home baked goods, plants and much more. The market hosts over 70 market stalls inside the auditorium and outside in the cottage grounds. Enjoy a delicious Devonshire Tea on the cottage verandah. Fresh scones are baked on site on market day. The cottage will also be open for viewing.

REPAIR CAFÉ

Saturday 11th March from 2pm to 4pm

Toss it – no way! Bring along that broken, damaged item to be fixed or repaired and at the same time minimise landfill. It's free. Book online at TryBooking.com (Search Repair Café, Wynnum), find us on Facebook (Brisbane Bayside Repair Café) or phone 0474 095 560. Enjoy a Devonshire Tea served by the Waterloo Bay Leisure Centre canteen (cost \$5) while having your repairs done.



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WHAT IS A HOME MEDICINES REVIEW?

FROM MANLY VILLAGE MEDICAL

A Home Medicines Review is a free service that can be organised by your GP. The purpose of the review is to improve your understanding of the medicines you are using, including over the counter medications, herbs and vitamins.

During the visit, a pharmacist will attend your home and address any questions and concerns you may have about your medications. This may include how well the medications are working and any side-effects you may be experiencing. If you use inhalers, patches, creams and eye or ear drops, the pharmacist will also ensure that they are being used correctly.

You may be eligible for a home medicines review if you:

- take lots of medicines
- have medicines prescribed by different doctors
- started a new medicine
- have recently been in hospital
- feel unwell after taking medicines
- don't always remember to take your medicines
- are concerned about your medicines

Following the review, a report will be provided to your GP along with any recommendations to help you get the best from your medicines. Your GP will then discuss the report with you and make any necessary changes. If you or a person you care for lives in an aged-care home, the pharmacist will visit you at the aged-care home and talk to you, your family, carers, or staff about your medicines.





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MAKING WAVES FOUNDATION FUNDRAISING DINNER AT RQYS

CONTRIBUTED BY THE ROYAL QUEENSLAND YACHT SQUADRON

Making Waves Foundation is a non-profit organisation that provides people with disability, or experiencing social challenges, opportunities to use sailing to further personal growth and potential.

The Making Waves headquarters in Sydney was established 28 years ago when a crew of sailors with disabilities competed in the 1994 Sydney to Hobart Yacht Race. The first Winds of Joy program was run a year later. Five different programs are now run to facilitate personal development and inclusion of people who may not usually be able to access sailing or the maritime industry.

Bases are established in Melbourne, Newcastle and Geelong with the newest base at the Royal Queensland Yacht Squadron scheduled to open mid-2023.

Come and join us for what will surely be an extraordinary night of fun, dancing, dining and good old-fashioned camaraderie in the spirit of supporting youth members of our community who are disadvantaged or disabled.

All the funds raised will enable Making Waves Foundation to enrol kids in their programs, and most importantly, give them the joy of sailing and being out on the water – something that many of us simply take for granted. The event is being held on Friday 5th May 2023, and will include a stunning three-course dinner, dancing and entertainment, a raffle as well as silent and live auctions. The theme of the event is “Paint the Night Red” in keeping with the Making Waves red logo, so the dress code will be obvious – just wear anything red!



Photo: Supplied.

Our goal on the night is to raise at least \$30,000 and with the arrival of their new yacht early in 2023, Making Waves will be up and running very, very soon. Ticket prices are \$85pp for RQYS members and \$95pp for non-members, or you can purchase a table of 10 for the price of nine. Tickets can be purchased online at Trybooking by searching Making Waves Fundraising Dinner.

To help achieve these goals, Making Waves in Queensland has already established great relationships with the Bartons Motor Group, YachtShare and other local clubs and schools. So please get a group together and help us kick-off this fantastic initiative with a bang...and a splash of red!

INFORMATION FOR WYNNUM RSL MEMBERS

Notice of Annual General Meeting:

Sunday 26th March 2023

10.30am | The Pandanus Room

All financial members are invited to attend.

Voting restrictions apply as laid down in the constitution.



wynnumrsl

3396 7333
174 Tingal Road, Wynnum

YOUR IMPACT LASTS A LIFETIME

FROM GUIDE DOGS QUEENSLAND

Thanks to you, Jenny, Stacey and Brent had a place to turn to for support when they needed it most.

Anyone can experience vision loss at any time. It doesn't discriminate by age, gender, lifestyle or location. It could be anyone at any point in their life. And for each individual, their journey is unique.

That's why your support is so important. You make it possible for people with low vision or blindness to access personalised services. Whether it's learning to move around safely, improving mental health through psychology services, making new friendships through Leisure and Lifestyle classes, or gaining the independence and companionship that comes with having a Guide Dog, your support helps people to achieve their goals.

Thank you for being there for Jenny, Stacey, Brent, and so many other Queenslanders who are now living life on their own terms, thanks to your support.

JENNY

"Getting a cane opened up my world and I can't thank you enough. With the white cane I am able to put my head up and navigate the world without fear of falling. I can go and do the activities I want to do with confidence, knowing I'm not going to get hurt. I'm now independent and loving life. Thank you."

STACEY

"I've been vision impaired since I was five years old. My sight is slowly deteriorating, so the last few years have been rough. I've been getting into some of the Leisure and Lifestyle programs and one of them has been yoga.

I found it to be incredible for my mental health and wellbeing. I have noticed more strength in my muscles in my legs, in my arms and I've noticed much better balance with my walking."

BRENT

"I'd just turned 16 when I was diagnosed with a rare genetic condition, Stargardt's Disease, commonly referred to as the young person's Macular Degeneration.

I thought I could get through it on my own.

It wasn't until after I became legally blind that I really started seeking support. I'd had a few close calls with traffic that really made me think I needed some help.

Since working with Guide Dogs, things have gotten much easier. I've been able to go to the places I want, when I want, and I've been able to do it safely. Without that support I don't know where I'd be.

I can't thank you enough.



Photo: Supplied.

Now I have Jaycee, my first Guide Dog. She has changed everything for me and can take me around. She's my companion, always by my side. She's more than my best friend. She a part of me now.

It's no longer just Brent—it's Brent and Jaycee.

The easiest way to explain life since having Jaycee is that I can just be a normal person now. I've never had anything like her whatsoever and she's just amazing."

SAVE THE DATE FOR PUPS IN THE PARK!

21 May

If you love your dog and enjoy walking along the foreshore with them, mark May 21st on your calendar for the first Pups in the Park event, brought to you by the Bugs, the Bayside Community Fund, Guide Dogs Queensland, and The Community Leader.

The event will kick off at 10am and will feature a range of family-friendly activities, including interesting and informative information about the role Guide Dogs play in our community, along with other fun activities that you and your dog will enjoy.

The day's schedule is still being worked on, and more information will be shared with the community over the coming weeks. However, we are seeking expressions of interest from sponsors, stall holders, volunteers, and exhibitors. Find out more by calling 0421 786 302.



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A Lasting Legacy



The **Community Leader**

CHAMBER OF COMMERCE HOSTS INAUGURAL BREAKFAST

Manly Harbour Village Chamber of Commerce hosted its inaugural business breakfast in February. Networking and collaboration can be incredibly valuable for small businesses, especially during times of uncertainty or change. As first in the Building Business Resilience series, the morning allowed chamber members and guests to network with like-minded business owners and explore strategies and tools to build a better business. Photos courtesy of Zara May.



Geraldine Rimmer, Grace Graham



Kym Kristofer



Annette Johnson, Janelle Bostock, Tracey Lucock



Lee-Anne Maker-Evans



Tammy Vitale



Kyle Faram, Michael Harrison, Michael Partis



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EVENT WRAP-UP: CHAMBER OF COMMERCE BREAKFAST

BY JANELLE BOSTOCK, PRECINCT COORDINATOR

On an early Friday morning in February, the Manly Harbour Village Chamber of Commerce hosted its inaugural Building Business Resilience interactive breakfast at Royal Queensland Yacht Squadron, with the theme Activate Your Brand, Market Your Business. Close to 50 members and guests were presented with the necessary business tools and strategies to improve and enhance their business skills, knowledge and business performance.

Two well-known local speakers were Michelle O'Hara from OH! Marketing and Karl Schwantes of My 5 Star Reviews. We were fortunate to have Emily Moore, Manager Brisbane Business Hub, as our MC, who kept the morning humming and on task.

Michelle is passionate about aligning business with branding, marketing and sales strategies that generate revenue, philosophies that were evident in her presentation. Michelle highlighted the 2023 traditional and digital marketing trends and covered the must-have “nine Ps” for an effective marketing strategy for 2023, identifying the “new-look” lead and how to convert it.

Our second presenter, Karl Schwantes, is the owner of Xennox Diamonds, a 44-year-old second-generation family business. Karl's skill lies not just in making unique jewellery but also in crafting phenomenal experiences with clients. In the second session, Karl worked through his My 5 Star Review formula to help achieve three important outcomes: incontestable online reputation, the flow of new business leads and remarkable client experiences.

Watch out for details for the second breakfast scheduled for Friday May 12.



Emily Moore, Michelle O'Hara and Karl Schwantes. Photo by Zara May.

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\$100,000 IN COMMUNITY GRANT FUNDING UP FOR GRABS!

FROM THE PORT OF BRISBANE

If you're a local community organisation or a not-for-profit, Port of Brisbane is encouraging you to check out its \$100,000 Community Grant Program, which is open now.

Individual, eligible projects can apply for up to \$15,000 in grant funding, with applications closing Sunday 30 April.

One of last year's worthy recipients was the Australian Volunteer Coast Guard, who received funding to contribute to improving the facilities at its Manly base, as was the bayside's hugely successful local arts festival, The Wynnum Fringe.

Organisations with projects across the fields of education, community, and environment should consider the grant funding, with First Nations organisations strongly encouraged to apply. It's open to eligible organisations from the bayside through to the Lockyer Valley and the Darling Downs, where the Port's customers and supply chain partners operate.

Since the Port's community grant program started in 2013, it has provided \$950,000 to support 137 community organisations.

The Port encourages interested organisations to head to its website for more information and to apply: www.portbris.com.au.



2022 Community Grant recipients Kerry Williams and Alex Leese of Australian Volunteer Coast Guard, Manly. Photo: Supplied.



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Rent control not a panacea for rental pain

FROM THE REAL ESTATE INSTITUTE OF QUEENSLAND

The Real Estate Institute of Queensland (REIQ) says calls from tenants' advocates for rent control in Queensland is a short-sighted solution to a complex problem.

REIQ CEO Antonia Mercorella said rent control would not be a panacea for the rental crisis and would likely have the opposite effect and exacerbate challenging rental conditions.

"We are acutely aware of the devastating impacts of the rental crisis and against that backdrop, it's understandable that some tenants' advocates are proposing rent control as a solution – but rent control is not the panacea that many argue it to be," she said.

"It's clear Queensland does not have sufficient rental housing supply to meet the ever-increasing demand for rental properties and, as a result, we are living in the tightest rental market in the history of our state. These tight conditions make for an incredibly challenging environment for renters.

"However, rent control is a short-sighted solution to a complex problem and could in

fact significantly deter property investment and reduce rental supply at a time when we're already in a rental crisis."

Ms Mercorella said everyone was feeling the pressure of inflation and increasing costs.

"It's unsustainable to assume property investors will keep meeting free-market driven cost increases such as mortgage repayments, rates, repairs and maintenance, and insurance, while artificially capped rents create a hard limit on their return to cover such expenses," she said.

"Given regular Mum and Dad property investors provide the vast majority of housing for our state's rental community, with the Government's social housing supply program accounting for under 4 per cent, it needs to be recognised that the contribution of property investors to housing Queenslanders is vital.

"If even a small percentage of investors were to sell their properties or withdraw them from the permanent rental market, this would have a material impact on the Queensland rental sector."

She stressed the importance of ensuring our state has fair and balanced rental legislation.

"We are in extraordinary times and we need to be careful about creating a regulatory framework designed to respond to some fairly exceptional circumstances," she said.

"Rental legislation needs to work in all markets and it needs to be fair and balanced because on one hand, renters need to be afforded statutory protections and on the other, if restrictions on what property owners can and can't do become too onerous, there will be a proportion of property owners who simply choose to walk away.

"This delicate balancing act is a tricky one to get right, but it's important that the regulatory framework is fairly balanced and isn't too tipped in the favour of one party."

Ms Mercorella said last year the State Government introduced rental reforms to give greater rights and protections to tenants.

"There are already statutory constraints that relate to rent in Queensland that limit how frequently you can increase rent and provide

rules around the way rent increases are implemented," she said.

"There's also important statutory safeguards in place to enable tenants to dispute excessive rent increases with QCAT."

She said the rental crisis ultimately comes back to supply.

"This is not a problem that has emerged overnight, and while COVID has had a role to play, the number of dwellings being built in Queensland has diminished considerably over the last five years and our future pipeline is also likely to fall short of demand," she said.

"Until we are able to achieve a greater balance between the demand for rental housing and supply, and introduce greater diversity of housing, we won't be able to fix this critical problem we are facing.

"What's needed is a concerted effort from all levels of government to create the right environment to sustain existing established rental stock and to build new housing each year that matches targets based on detailed population forecasts."

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Location, land and lifestyle

BY BYRON FREEBORN, RAINE & HORNE WYNNUM

There is something intrinsic about purchasing land and building your own home that some people prefer to give the whole process a wide berth. In contrast, others feel that's the only way they will get the desired home after exhausting available established homes. Still, others see it as a rite of passage, one of their life goals – collecting the keys to that never-lived-in-before home!

Irrespective of how they arrived on the doorstep of building a new home, let's take a quick look at some items to consider along the way.

Are there some nervous nellys still out there in relation to building? Yes! And rightly so, caution always needs to be taken when purchasing a block of land and building.

You'll want to check you're comfortable with the suburb, the street and the position of the street. For example, is the land on the high or low side of the street? What is the direction of the fall on the site, i.e. does the water run

to the rear, front, or side of the block? Are the services (water/sewer) etc., ready to go/included? Are titles issued, or are they still being processed?

It's also wise to have a soil test carried out, or stipulated in the contract, to make sure you are happy with the earth, and to ensure the soil type is compatible with the method of building within your budget. Does the soil require a standard slab, or are pier footings required, which add to the construction cost?

A big ticket item that can blow your budget is site works: the cost of excavating and retaining. Another element is flooding/overland flow, which is not ideal, but not a complete knockout. If there's overland flow, you need to be aware of costs added and the different types of build required, i.e. the sub-floor being above a certain height from the natural earth.

Height restrictions for most standard residential areas allow a maximum height of 9.5 metres. A factor to

consider here is the zoning of your proposed land. Are there protected trees that you have to factor in keeping and working around? If you have a pool in mind, check that anything subterranean that you can't see with the naked eye doesn't impede your plans.

You may have an ideal home design in mind. Does the building envelope allow you to build that vision, with the home's orientation just how you want it? It also doesn't hurt to take a look around the left/right and behind your lot to see any obvious issues that may be apparent with neighbours. Does it all seem peaceful and quiet enough?

Walking a block of land, dreaming up the ideal build, seeing it through to completion, and enjoying living in the creation that was (and is) yours – now that's the exciting stuff!



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2022 Queensland vacancy rates end on a low note

FROM THE REAL ESTATE INSTITUTE OF QUEENSLAND

While market pressures have pinned Queensland vacancy rates down during 2022, REIQ data released showed the year ended with a slight uplift across the state.

Of the 50 local government areas and sub regions covered in the REIQ's Residential Vacancy Rate Report for the December 2022 Quarter, 43 experienced a vacancy rate rise compared to the previous quarter, while the remaining seven were static.

The state-wide vacancy rate rose from 0.6 per cent in the September quarter to 0.8 per cent to close the year, at an improved yet still critically low rate.

REIQ CEO Antonia Mercorella welcomed the momentary relief but said vacancy rates were still far too low to be considered 'healthy' and it was too early to draw conclusions that there is a material shift in the rental market.

Promising as this news may seem, we're taking it with a grain of salt until we see if this is uplift is here to stay or if it's merely a seasonal fluctuation," Ms Mercorella said.

"Tiny movements, however hopeful, should not be overanalysed. What this essentially means is the market is holding tight, and only time will tell if a trend is emerging.

An influx of rental property changeovers at the end of the year is certainly not a new phenomenon, and the past decade of vacancy rates reveals patterns of generally higher vacancies in December.

"However, the REIQ is hearing from property managers that there is noticeably less exit and entry activity than usual, as there's still plenty of tenants that are staying put and choosing to renew their lease rather than compete for a new place.

"Even with this small improvement in rates, let's not forget that we're still talking about incredibly low vacancy figures which tells us there's no-where near enough rental properties to meet demand, and tough conditions continue for tenants."

While upward movements in most areas stayed between 0.1 – 0.3 per cent, Redland's Bay Islands rose by 1.8 per cent to a considerably weak vacancy rate of 6.0 per cent, and Mount Isa was a standout lifting by 1.1 per cent to 2.4 per cent – teetering on the edge of 'healthy'.

Other regional areas which saw vacancy rates relax substantially over the quarter were Gladstone (1.6%), Mackay (1.0%), Townsville (1.0%) and neighbouring Burdekin (1.1%), Central Highlands (0.9%), Isaac (1.7%), Lockyer Valley (0.8%), and Maranoa (0.9%).

Similarly, tourism areas which welcomed markedly more residential vacancies in the December quarter, were Hervey Bay (1.1%) and Fraser Coast (0.9%).

Meanwhile, the Gold Coast and Sunshine Coast rates barely budged, both now sitting at 0.7 per cent, and there was no relief whatsoever for the Caloundra Coast (0.7%), Maroochy Coast (0.4%) or Sunshine Coast Hinterland (0.4%) which includes towns such as Maleny, Nambour and Eumundi.

With no surprises on the list, the regions that took out the tightest vacancy rates in the state were Southern Downs (0.2%), Cook (0.3%), Goondiwindi (0.3%) and Tablelands (0.3%).

Ms Mercorella said the REIQ's expectation is that this year will bring more of the same stubbornly tight conditions for the Queensland rental market.



"It's likely that 2023 will be a case of – New year, same rental pressures," she said.

"Our state will continue to feel the impact of population growth with very strong interstate migration as well international migration including students set to return in force to the southeast corner.

"This increased demand will continue to apply pressure to an already strained rental market.

"Queensland is crying out for additional housing supply to ease the tight conditions, but building costs and planning red tape are putting the brakes on new construction, while higher costs, more challenging lending conditions, and reduced legislative rights are deterring vital private property investment.

"This report has delivered some fleeting good news, but we're certainly not at a turning point yet, and with these economic factors continuing to apply pressure, it's hard to see any significant changes in sight."



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SOLAR-POWERED EV'S SET TO TRANSFORM OUR LIVES

FROM GOODHEW ELECTRICAL AND SOLAR

Electric vehicles and solar power are two technologies that are transforming the way we generate and use energy. The combination of these two technologies could have a profound impact on the way we power our homes in Australia. With the rise of EVs and solar power, we have a unique opportunity to transition towards a more sustainable and environmentally friendly future.

The transportation sector is one of the largest contributors to greenhouse gas emissions. According to the Department of Industry, Science, Energy and Resources, in 2020, the transportation sector accounted for 18% of Australia's total greenhouse gas emissions. One of the ways to address this issue is to promote the use of EVs, which emit far fewer greenhouse gases than traditional vehicles.

Solar power, on the other hand, is a renewable and sustainable energy source that can be harnessed by homeowners. By installing solar panels on their rooftops, homeowners can generate their own electricity, reducing their dependence on fossil fuels and their electricity bills. Solar power is also a great way to reduce greenhouse gas emissions, as it produces no emissions during operation.

The combination of EVs and solar power is a powerful one that has the potential to revolutionize the way we generate and use energy. By using solar power to charge their EVs, homeowners can reduce their dependence on the electricity grid and further reduce their carbon footprint. It's a win-win situation for both the environment and the homeowner's wallet, as they can save money on fuel and electricity bills.

There are a range of solar EV charging solutions available on the market currently. Most solar inverter manufacturers have released an EV charger option including Fronius, Growatt, ABB and Alpha to name a few. Wall box chargers are also proving popular among those who have an existing solar system as these can be configured through firmware to allow solar optimization.

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YOUR BAYSIDE COMMUNITY FUND UPDATE

FROM THE BAYSIDE COMMUNITY FUND COMMITTEE



We would like to thank the community for their continued support of the Bayside Community Fund.

In February, we saw the team from The Dance and Theatre Factory continue their support of the fund by donating \$450 from their recent performance of Frozen Jr. A big thank you goes out to Lyn, Tammy, and their dog Tuffy, (pictured above right) and to those that attended the performance.

We also saw Sash and Gable continue their support and partnership via The Community Leader's Community Benefits initiative, which resulted in some great community feedback. In January, \$200 was donated to Wynnum non-profit BABI, and in February, \$100 was donated to the Bayside Community Legal Service.

We also saw Bayside Language School's Amay Small, along with Federal MP Ross Vasta's office, put on the first Fun-Fu Festival. The team raised funds for the community, with a portion of the event's takings going to Darling Point Special School and the remaining 50% going the Bayside Community Fund.

BAYSIDE COMMUNITY FUND WEBSITE

The committee has been busy developing a new website that will feature a range of information and a calendar of events to be released soon.

If you or your community group is interested in becoming involved with Bayside Community Fund events, please email us at baysidecommunityfund@gmail.com.

ALL ABOUT THE BAYSIDE COMMUNITY FUND

WHAT IS IT?

The Bayside Community Fund is a newly established charitable fund designed to support the bayside community.

WHAT HAPPENS WHEN I DONATE TO THE FUND?

All donations to the fund will remain in the fund in perpetuity. That means your money stays in the fund forever, with the interest distributed to back to the community.

HOW ARE FUNDS GIVEN BACK TO THE BAYSIDE COMMUNITY?

Donations to the fund are invested. The interest generated by the fund is then given back to those in the community in need – community groups, local organisations or worthy causes in the geographical boundaries of the Lytton electorate.

When the fund has a large enough base to generate interest, the local committee will invite community groups to apply for grants. Grant applications will be assessed based on several criteria, with money awarded based on the amount of funding available and each application's merit.

WHO MANAGES THE MONEY?

The Queensland Investment Corporation (QIC) and The Public Trustee manage the fund's investments and legal framework.

WHO DECIDES WHO GETS FUNDING?

The Bayside Community Fund has a volunteer committee comprised of local community members. These people come from all walks of life, have diverse skill sets, and, most of all, are invested in the future of the bayside and its people. They do not receive any payment or financial incentives for being on the committee.

ARE DONATIONS TAX-DEDUCTIBLE?

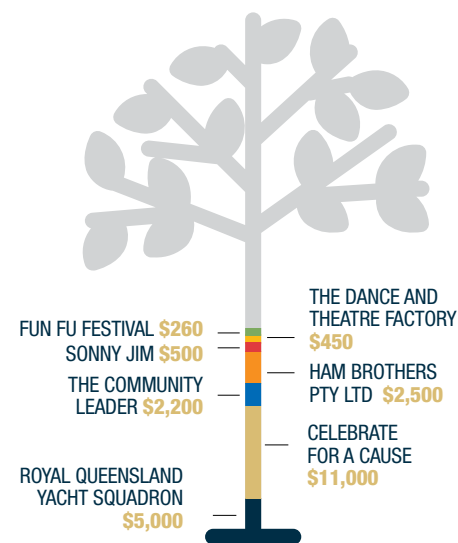
Yes! All donations are tax-deductible.

HOW DO I DONATE TO THE FUND?

Would you like to plan a fundraiser to help your community? Big or small, the Bayside Community Fund could benefit from your fundraising event.

Other ways to become involved include bequests, community organisation partnerships and corporate sponsorship.

HELP THE COMMUNITY FUND GROW



To learn more about donating to the fund, you can email baysidecommunityfund@gmail.com or call Tracey at 0422 218 533 or Damien at 0421 786 302.

100 YEARS OF WYNNUM GOLF CLUB

FROM THE WYNNUM HISTORICAL SOCIETY

Last year marked the centenary celebrations of the local Wynnum Golf Club (or WGC). At our November 2022 meeting, society member (and also WGC member) Michael Beard spoke about some of the highlights of WGC's first 100 years.

Brisbane residents started playing golf in the late 1800s. The arrival of Governor Lord Lamington – a keen golfer – in April 1896 helped promote the game in our city.

It wasn't until 1921 that community members here in Wynnum resolved to establish a golf course in the Wynnum-Manly area. Shortly thereafter – on 19 July 1922 – a meeting was held at the Wynnum Town Hall, and the Wynnum Golf Club was formed, with the then Mayor of Wynnum (Ald. John Greene) as the Club President.

Within months, the site for the golf course had been chosen: a piece of swampy land known as Lovekin's Paddock (or Lovekin's Estate), which was part of the WGC site as we know it today. The Wynnum Town Council bought the land and granted WGC an initial 21-year lease. Wynnum Golf Club's nine-hole course was opened on 29 March 1924 by the then president of the Queensland Golf Association (and WGC Member), Mr JW Brook. At the opening, Mr Brook spoke very

highly of golf and also of our beloved Wynnum-Manly when he said, "that it was fast becoming recognised that any community desiring to be acclaimed progressive must have a golf course and that the district was to be congratulated on being thoroughly up to date". Well played, Wynnum-Manly!

An imposing two-storey timber clubhouse was constructed and opened by His Excellency the Governor of Queensland, Sir Mathew Nathan, at a gala event on 14 February 1925.

In subsequent years, additional land was purchased, and the nine-hole course became a standard 18-hole course. Manual labour – volunteered by humans and the WGC's resident Clydesdale horse 'Larry' – was invaluable in the early development of the course. The 18-hole course was opened officially by the then Lord Mayor of Brisbane (Ald. Roberts) on 15 September 1928. In 1929, the annual membership at WGC cost two guineas.

Since its opening, the course has been upgraded a number of times, including for layout, greens, irrigation and drainage.

Wynnum Golf Club is listed on the Brisbane City Council's Local



Wynnum Golf Club's opening ceremony, 1924. Lord Mayor, Ald J Greene, is pictured in the centre of the front row. Photo: Supplied.

Heritage Places website as a place of local heritage significance (relevant criteria: historical, representative, aesthetic, social). WGC is the third oldest championship course in Brisbane (after Brisbane Golf Club and Royal Queensland Golf Club).

From a piece of swampy land to the beautifully landscaped and wildlife-friendly course we know today, and from 91 members in 1924 to more than 1,400 today, our local Wynnum Golf Club has had a successful first 100 years. Happy Birthday to Wynnum Golf Club!

This article includes research by society member Michael Beard.

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CATCHING TIGER SQUID IS FUN, GIVE IT A TRY THIS MONTH!

BY SPERO KARTANOS

It's that time of the year when the tiger squid are at their best, and it's great fun for all, and I'm finding the kids, in particular, love catching them.

Some folks make it sound hard to find tiger squid in Moreton Bay, but let me tell you, it's easy. A whiting rod and a squid jig are all you need. Cast over the weed banks (especially in whiting areas) and slowly retrieve with or without jerking the rod. If the squid are there, they will grab the jig, and then it's only a matter of slowly retrieving them. A net close to the boat is good, or you can lift them out of the water and grab between the squid's body and head. When you turn them upside down, water will be released, and it can't ink you! If there is no water in the squid's body, it can't ink you. And don't believe the stories about leaving squid in water to get rid of all the ink – it's not true; they only mix a small amount with water to spurt out, and they have plenty of ink to do that.

So where are the tiger squid? Try the shallow weed banks on the western side of Moreton Island, the

Small Boat Channel to the Rous entrance, the Rainbow Channel, and all the Bay Islands when the water is clean.

The rods and reels you need are the same as any whiting rods you have, but I would recommend good quality squid jigs like Yamashita and Daiwa and Masuta. The colours I find best are any of the orange prawn patterns. Pilchard colours and reds work best for me, and there are plenty of variations on the market. I tend to buy too many to ever use, so three or four jigs are all you need.

So go get them, tiger squid are great fun to catch and very tasty to eat, and I hope you get inked as this means you've caught some (even the author gets inked sometimes).

Updates on where to fish and what jigs are working the best are on fishingmonthly.com.au, along with Moreton Bay reports. Water Tower Bait and Tackle at Manly carry all the jigs I use.



Photos: Spero Kartanos.



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MY LOCAL MEMORIES: LEGGING IT ON THE SOCCER FIELD

BY ROSS FARLEY, BAYSIDE RESIDENT

It was an informal game of soccer at a youth camp. They looked a rag-tag bunch: no one wore proper footy gear, and some campers wore jeans for almost everything.

Camps are temporary communities where some know each other well while others are finding their feet with new friends. They were all keen to impress with their soccer skills. Sides were picked and tension mounted as kick off time approached.

As one of the staff, it fell to me to referee and one guy, who always wore jeans, pleaded with me to be allowed to kick off. My whistle blew, the game began, and he kicked off, but his leg also came off and flew about 20 metres down the field. He had a prosthetic leg, and no one knew until he kicked it off in spectacular fashion. For a few minutes, no one showed the slightest interest in the ball because they were all rolling around laughing.



LOCAL POETRY THE PRESENT

BY GEOFF SMILEY

Sitting with my wife, waiting
in the shopping centre
looking at the people passing,
seeing the faces of the worried,
the impatient and the kind.

We then see her,
an older woman coming.
She stopped,
a wistful look in her eyes.
She smiled and said,
"Enjoy it while you can."

It took a while to understand
she was referring to us.
She walked on; it seemed
we reminded her of a past,
when she too was satisfied.

The interlude celebrated for us,
the valued present;
but also, that nothing lasts.
Past petty times contrast
with what really matters.
© Geoff Smiley



PORT TIDINGS

MARCH 2023

LATEST NEWS FROM THE PORT OF BRISBANE

PORT of BRISBANE
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Port of Brisbane is Queensland's largest multi-cargo port, handling 95% of the state's containers and motor vehicles, and approximately 50% of its agricultural exports.

Over 70 businesses are located within the port precinct, employing thousands of people. We're also an active member of the local and regional community, supporting not-for-profit and community organisations and playing our part in protecting and enhancing the natural environment.

TRADE

The demand for imported goods experienced during the Covid pandemic – which led to record import container throughput – is softening, with volumes falling for the fourth consecutive month up to December 2022. Import container volumes are dominated by household goods, building materials, electrical goods and general retail items, all of which increased significantly over the last two financial years.

However the challenging economic outlook, including increasing cost of living pressures, is anticipated to result in lower demand for imported goods until consumer confidence and cost of living pressures improve.

COMMUNITY

Do you know a local organisation or project that's doing great work in the local community?

Applications for our 2023/24 Community Grant Program are now open!

A total of \$100,000 in grant funding is available for community organisations and registered not-for-profits, with up to \$15,000 available to individual, eligible organisations.

Our Grant Program is designed to support important initiatives throughout South East Queensland. Last year, organisations from Brisbane's Bayside to the Lockyer Valley received funding.

Applications close 30 April.

Please get in touch with us to find out more. Eligibility criteria and application forms are available on our website.

ENVIRONMENT

Waders or shorebirds are birds commonly found around shorelines and mudflats and includes a large number of different species. The Port of Brisbane has been undertaking monthly shorebird counts with the Queensland Wader Study Group (QWSG) since 2005.

Large numbers of these birds use the Port and other nearby natural areas on port land as places to roost at high tide.

We undertook a count on Sunday 22 January, which was predicted to be one of the highest tides in Brisbane during 2023. In total 11,757 birds were recorded using the Port's roosting habitats. The data collected by QWSG is used to support the research and protection of shorebirds locally and further afield.

BRISBANE INTERNATIONAL CRUISE TERMINAL

Cruising out of Brisbane celebrated a big milestone in February, with the 100th vessel calling at the new Brisbane International Cruise Terminal in Pinkenba.

Not only are they a spectacular sight, but cruise ships are already bringing a welcome economic boost each visit – it's estimated that every cruise ship call contributes almost \$1 million to Queensland's economy.

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NEWS & VIEWS

The Community Leader is a monthly publication, home delivered to Wynnum, Wynnum West, Manly, Lota, parts of Capalaba, Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point.

Any submissions can be emailed to **sales@market2market.com.au** for consideration.



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- Community editorial 15th of March
- Advertising cut off 20th of March
- Distribution 28th of March to 6th of April
- Bookings are for a minimum of 3 months and space is limited
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ANOTHER EXCITING YEAR OF RACING HAS BEGUN ON MORETON BAY

BY CHRIS EADES, MCC SERIES SAILING CAPTAIN

Welcome to your Manly Combined Clubs series 2023, which set sail with race one in February.

Firstly, we'd like to thank those who supported and participated in the 2022 sailing year. Seeing so many up-and-coming superstars getting involved in our much-loved sport is amazing. The "join the fun and come along" spirit has truly weaved its magic for all to enjoy.

A testament to last year's successful race outcomes was the fleet heading up to Hamilton Island Race Week and down to the Sydney to Hobart race. A record number of boats and crews participated in those races, training here with us to up-skill, working to build great crews and moving on to bigger races nationally.

Secondly, this year promises to become yet another super year of sailing on our much-loved Moreton Bay, full of fun and frivolity, with fabulous prizes to be won. More importantly, this year, we will support our nominated local charity, the Bayside Community Fund.

We are off with a bang this year leading up to our 2023 season supporting the Kingfisher Night Series, and we hosted the Australian Sports Boat Association's National Titles 2023 in February.

Further to supporting all our close neighbours and local clubs, we will also be supporting the Royal Queensland Yacht Squadron's Women's Keelboat Cup, which is fast approaching on the 11th and 12th of March. This represents an amazing opportunity to encourage women's participation and growth in our great sport.



Photo: Supplied.

We welcome people with all levels of sailing skills, from novice to seasoned sailors, to participate in the 2023 Manly Combined Clubs series.



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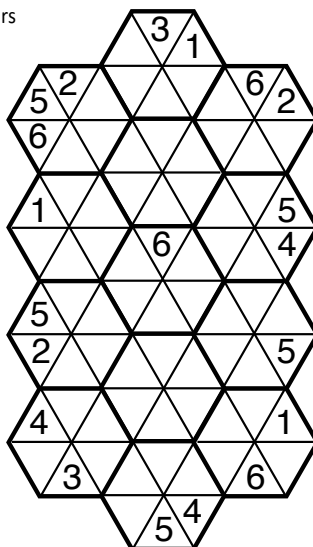
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

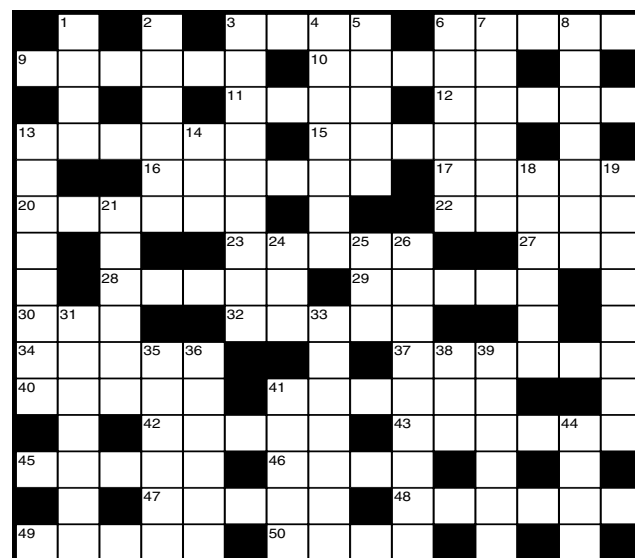
			6	1	9			
			7		8		6	2
							7	
	4	5						
8			3		7	4		
6					1	9		
	7	9		6	2			3
	3		5					
								1

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.

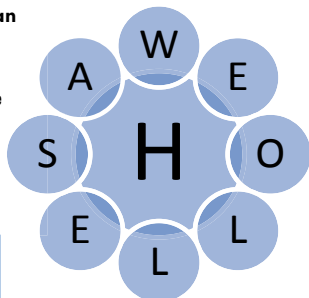


Crossword



Focus An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words



TODAY'S FOCUS Good: 17 words
Very good: 25 words
Excellent: 31 words

Reference: Macquarie Concise Dictionary
Focus No. 3865

ACROSS

- 3 Contends in rivalry
- 6 Cold dish
- 9 Stick together
- 10 Game of skill
- 11 Fastener
- 12 Relating to morals
- 13 Affectedly modest
- 15 Part of a theatre
- 16 Border
- 17 Radiolocation
- 20 Former Spanish currency unit
- 22 Writing tablet
- 23 Rains heavily
- 27 Corded fabric
- 28 At no time
- 29 Separated
- 30 Perfect score
- 32 Male honey bee
- 34 Turn outwards

37 Vegetable

- 40 Frighten from
- 41 Good name
- 42 Grinding tooth
- 43 Guide
- 45 Under
- 46 Festive
- 47 Dogma
- 48 Tribal symbols
- 49 Metal
- 50 Dry and withered

13 Portrayed

- 14 Rodent
- 18 Fish-eating bird
- 19 Newspaper employee
- 21 Poem of 14 lines
- 24 Do wrong
- 25 Homo sapiens
- 26 Engage in thought
- 31 Highest mountain
- 33 Work a machine
- 35 Far apart
- 36 Plastering tool
- 38 Consumed
- 39 Responds
- 41 Storms
- 44 Trees

DOWN

- 1 Shift
- 2 Begin again
- 3 Reversed
- 4 Large building
- 5 Drawing room
- 6 Directs a course
- 7 Starry
- 8 Stir violently

Word Find

S	W	I	M	A	M
M	E	O	P	S	E
I	R	A	T	S	G
L	C	E	T	N	N
E	T	O	A	E	U
Y	R	W	I	L	D

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

- | | | | |
|------|------|--------|------|
| Crew | Lens | Seated | Wild |
| Dung | Pace | Smile | Wry |
| Gem | Poem | Star | |
| Gnaw | Real | Stet | |
| Imam | Rots | Swim | |

Join the Dots

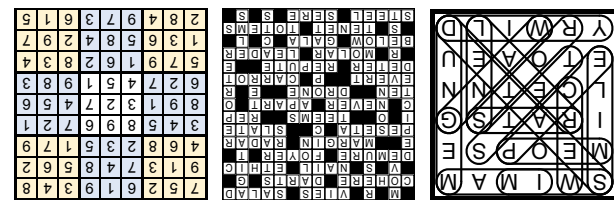
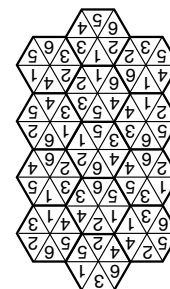
What creature is this? Find out by joining the dots.



Solutions

Puzzles and pagination supplied by Auspac Media

ehoa hale hall hello halo
hawse heal hell hello hole
hose howl lash leash shale shall
shallow shawl shell shoal shoe
show wash wawl whale wheel
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- Courtesy Bus Driver
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- Vehicle Detailer/Car Washer
- New Vehicle Sales Consultant

If you are seeking a genuine long-term career within the motor industry and believe you have the skills, abilities and positive attitude to become part of the Bartons team, please send your resume to hr@bartons.net.au.

We look forward to receiving your resume and you becoming part of the fantastic Bartons Team!

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JOIN A WINNING TEAM AT WYNNUM GOLF CLUB

FROM WYNNUM GOLF CLUB

Wynnum Golf Club is a welcoming club of history, tradition, fun and hospitality, and we simply love the great game of golf!

We are open to members and visitors and have strong connections to the local community. We have just celebrated our centenary with “100 Years of Memories & Events” and look forward to continued growth and celebration as a leading golf club, bar, bistro, functions and wedding venue.

Our 18-hole par 70, parklands-style golf course is located in our beautiful bayside area adjacent to Kitchener Park on Stradbroke Avenue. The club and course are suited to golfers of all ages and abilities, making membership or daily pay-for-play appealing to newcomers and experienced players, girls and boys, men and women, equally and inclusively.

Our professional and committed staff are key to delivering a great golf course, club and customer experience, and we are currently offering a number of great opportunities to join the team. We are looking for enthusiastic, energetic, experienced and hardworking individuals who want to join a winning team.

Wynnum Golf Club also offers an award-winning functions and events venue. The charming federation-style clubhouse sets the scene for any occasion with its wide verandas and panoramic parkland views, catering for a range of functions, including conferences, seminars, corporate golf days, and unforgettable weddings and celebrations.



Wynnum Golf Club offers and enjoys a great club and a welcoming and dynamic workplace culture. If this sounds like a place and a role for you, we look forward to hearing from you. Please contact the General Manager at 3305 3650 or GM@WynnumGolf.com.au for further information.

We're hiring

Wynnum Golf Club is delighted to be offering the following roles:

- **Hospitality and Gaming Staff – casual and part time**
RSA & RSG certification – available to work weekends and evenings
- **Golf Course Mechanic – full time**
Ideally with Turf Maintenance Equipment experience
- **Groundsperson – part time or casual**
Experienced in turf & grounds management, irrigation and drainage systems
- **Apprentice Greenkeeper**
First Year candidates welcome – a career in Sports Turf Management

For further information please forward your cover letter and resume to the General Manager on 3305 3650 or GM@WynnumGolf.com.au letting us know your interest, availability and experience.



wynnumgolf.com.au



NEW ADAPTATION OF ADVENTURES OF PETER RABBIT COMING SOON

CONTRIBUTED BY PAUL ADAMS, SMALL CROWN PRODUCTIONS

So far today Peter Rabbit has been chased by Mr McGregor, lost his jacket and shoe and almost got caught in a net... but that is not the worst thing that will happen today. Now Peter and Mrs Tittlemouse need to save Benjamin Bunny from the clutches of Mr Gregor before it's too late.

Get ready for a heart-warming and action-packed adventure as award-winning actor and Belmont local, Paul Adams, presents his new adaptation of the classic tale, Adventures of Peter Rabbit. This new take on the story promises to be a must-see event for families this Easter.

After being rescheduled in 2019 then again in 2020 due to the COVID-19 pandemic, this new adaptation of Adventures of Peter Rabbit finally takes the stage in April 2023.

"It was great to see such a positive and excited

response to the story when we performed it for a select preview audience in 2019," says Paul Adams, the artistic director of Small Crown Productions and the writer and director of the show.

"The kids loved the script and I can't wait for audiences to experience it in its full glory this April," says Paul.

The cast of professional actors will be joined by a young actress making her debut. Chloe Mandall-Davis, a 12-year-old girl living with Type 1 Diabetes, has been cast as the voice of Cottontail in a new production of the beloved classic. Despite her young age and living with diabetes, Chloe has shown a passion and dedication for acting, and her talent has not gone unnoticed.

Paul, in his capacity as director, was keen to give Chloe an opportunity to start following her dreams

and offered her the role of Cottontail.

"I saw Chloe show a real passion for acting and a commitment to doing the work required in her acting classes last year. She just started high school but there are no acting opportunities for her in the first couple of years, so I wanted to give her a chance to keep pursuing her passion."

The season will run from April 4th to April 8th, 2023, at the Ron Hurley Theatre in Seven Hills. All tickets are children's prices, with free parking on site, making this an affordable and entertaining family outing.

The season is offering accessible options as well. The two shows performed on April 7th will be performed as relaxed performances with reduced volume and lighting effects, and Companion Card holders will also be able to see the show for free when accompanying a client to any performance.



Photo: Supplied.

For more information and ticket bookings, please visit www.smallcrownproductions.com.au.

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CONTRIBUTED BY REDLAND MUSEUM

Redland Museum is embarking on a major restoration of an Indian Scout motorcycle and needs your help through “sponsorship of a part”.

First built in 1919, the Indian Scout has become the machine most closely identified with that great manufacturer, which was America’s most prolific motorcycle company for many years. The 1926 Indian Scout, which is to be restored, is claimed to be the best-known Indian of all – a 606cc, 12 HP twin model.

The project will be set up in the museum as a display of a “restoration in progress” with a storyboard. The work will be carried out by volunteers in the museum’s workshop. Still, some specialist tasks (sandblasting, chrome plating, etc.) will need to be outsourced.

Indian motorcycles of this vintage are hugely collectable and valuable. This is reflected in the availability and cost of either original or replacement parts. The museum is seeking sponsorship from individuals, community groups or a selection of local businesses in related fields, e.g. antique vehicle restorers, high-performance vehicle workshops, motorcycle sellers and racing suppliers, etc. Sponsors who cover the cost of one or more parts will be publicly acknowledged through signage in the museum, the museum’s website and social media.

This is a limited-time opportunity to become involved in a unique project that preserves this classic motorcycle for generations to come. For more information, see www.redlandmuseum.org.au or visit the museum’s Facebook page, or phone 3286 3494. The museum is open seven days, 10am to 3pm.



Photos: Supplied.

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SIMPLY SCRUMPTIOUS SLOW COOKED BOLOGNESE RECIPE

It's a crowd pleaser, and for good reason. Everyone has their own version of this easy meal, but here's one with a few twists. Slow cooking in the oven lets the flavours develop; the balsamic adds some sweetness and the rosemary and chilli give the sauce its zing. This is a great recipe to make on a lazy weekend or when you want to feed a crowd.

INGREDIENTS

- 1 onion, finely diced
- 2 garlic cloves, minced
- 500g pork mince
- ¼ cup of red wine
- 2 tbsp tomato paste
- 1 tbsp of balsamic glaze
- 1 (700g) jar of tomato passata
- 1 (400g) tin of tomatoes
- 1 cup of chicken stock
- 1 small sprig of fresh rosemary
- 1 dried chilli (optional)
- Dried pasta (spaghetti or rigatoni)
- 2 tbsp butter
- Parmesan and lemon slices (for serving)

METHOD

1. Preheat your oven to 150°C.
2. In a Dutch oven or a large pot with a lid, gently fry the onion over a low heat until it is transparent. Add the mince and garlic, then turn up the heat to medium and brown.
3. Add the red wine and cook for a minute or so until it has evaporated.
4. Add the rosemary, tomato paste, passata, tomatoes, chicken stock and balsamic (and your chilli, if using) and bring to a simmer.
5. Put the lid on your pot and place it in the oven.
6. Bake for 1.5 hours.
7. Remove the pot from the oven and check the sauce. If it's not thick enough, pop it on the stovetop without the lid over a medium heat until it thickens.
8. Cook your pasta as per packet instructions and drain.
9. In the same pot you cooked the pasta in, melt the butter over a medium-low heat. Add a portion of the pasta, followed by the sauce, then heat through, and remove from heat.
10. Serve with a sprinkling of freshly grated parmesan and a squeeze of lemon (optional).



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WHAT TO EXPECT WHEN GETTING YOUR WISDOM TOOTH REMOVED

FROM DENTAL ON CAMBRIDGE

Wisdom teeth, also known as third molars, are the last teeth to come in, usually appearing in the late teenage years or early adulthood. They can cause problems if they don't have enough room to come in properly, leading to pain, infection, and other issues. In some cases these may need to be removed, they can sometimes be removed at your local dentist, or in other cases, you will need to see a specialist such as an oral maxillofacial surgeon.

Here is what you can expect when getting your wisdom tooth removed:

Consultation: The first step in the process of wisdom tooth removal is to consult with a dentist. You can do this during your routine examination and clean, or can book a consultation appointment if they're starting to give you trouble. During this consultation, the dentist will assess your oral health and determine if wisdom tooth extraction is indicated. Often, the dentist will want to take x-rays of the wisdom teeth and may want to take an OPG (Orthopantomogram) which is a panoramic scanning dental X-ray of the upper and lower jaw. This type of x-ray will show the roots of the wisdom teeth and will help the dentist to determine if the wisdom teeth can be taken out safely within the normal dental practice setting. If they can, the dentist will discuss any potential risks and benefits of the procedure and answer any questions you may have.

If they can't be taken out at your local practice, you will need a referral to see a specialist. If you do need a referral, the dentist will send your

records, including any x-rays with the referral to the specialist for you. There are several options available, such as having your wisdom teeth extracted while you are currently in the specialist's practice or under general anaesthesia with the specialist.

Preparation: If your dentist determines that wisdom tooth extraction is necessary, they will provide you with instructions on how to prepare for the procedure if it is to be undertaken in their practice. This may include stopping smoking to improve idealic healing, adjusting any medications that may interfere with the procedure and a consultation with your GP regarding the adjustment of any prescriptions.

Procedure: Wisdom tooth extraction is typically a surgical procedure. This means the dentist may need to cut the wisdom tooth into pieces to remove it, you may have stitches after the procedure, or they may be so ready to come out they're no trouble at all. The thing about wisdom teeth is that every single case is different to the next. Your dentist is highly trained and should only undertake extractions that they feel are within their scope of practice and skill level. The procedure can take anywhere from 40 minutes to 1.5 hours depending on the number of wisdom teeth to be extracted.

After the procedure: After the wisdom tooth has been removed, the dentist will provide you with instructions on how to care for the extraction site and manage any pain or discomfort. It is important to follow these instructions carefully to ensure a smooth and successful



recovery. If you have any concerns at all following your procedure, you should follow-up with a phone call to your dentist's practice.

Follow-up care: If required, your dentist may schedule a follow-up appointment approximately one week after your procedure. This is to check on the healing process and ensure that the extraction site is healing properly, it may also be to remove any stitches. It is important to attend this appointment as scheduled to ensure that there are no complications.

If you've been putting off a discussion about your wisdom teeth, why not make the call on 3348 6661 to our professional and caring team to see what is the best treatment option for you.



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- Eyebrow Tint** From **\$15**
- Eyelash Tint** From **\$20**
- Beauty Pack** From **\$50**
Brow Wax, Brow Tint and Lash Tint

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*Prices subject to change after consultation.