# Community Leader WE'RE ALL ABOUT GOOD NEWS Bayside

ISSN 2652-8738





## **MAKING WAVES** WITH CONNECTIONS **THAT COUNT**

Sometimes, an experience - large or small - can change the course of someone's life. It could be a chance encounter with an inspirational person. It may be exposure to a glimpse of a world that was previously never seen. The opportunity to learn a new skill. To make new connections.

One such program changing lives is Making Waves, charting a course that allows young people living with disability or disadvantage the chance to get out on the water and learn to sail. Its local base is Royal Queensland Yacht Squadron, Manly, and the program expects to reach around 2000 people over the next few years. This is more than just a drop in the ocean and one of the many groups working locally to make our community better.

Find out more about Making Waves on page 37, and take a flick through this edition to discover more amazing people making positive contributions to our fantastic bayside community!

Pictured: RQYS Commodore David Redfurn, CEO Karen Baldwin, and Vice Commodore John Warlow.

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## BAYSIDE COMMUNITY UNITES FOR BRAIN INJURY FUNDRAISER





In 2012, Angela Kalantzis suffered a traumatic brain injury when, as she puts it, had an "altercation with a camper trailer". The mother of two loves to share her experience – with humour where she can – to support others to accept, adapt, and find fulfilment in a new way of living after a brain injury.

Angela founded The Brain Injury Community, a not-for-profit charity, in 2021. The charity provides support services for people impacted by brain injury and disability.

"We promote quality of life, self-determination, and choice through information, specialist support, networking, events and connecting brain injury survivors and service providers in their local area," Angela explains.

"Additionally, we guide families, support workers, allied health workers, medical professionals and the disability sector with an understanding of their patient's day-to-day lives to enhance the support we receive for this 'invisible disability'."

The Wynnum community recently got behind The Brain Injury Community at its inaugural fundraising event, held at The Waterloo Bay Hotel in Wynnum.

The night was brimming with a joyous atmosphere as 36 guests were entertained by the enchanting tunes of Nix Gross, a talented bayside performer and artist.

Thanks to the unwavering support of volunteers, local businesses and sponsors, The Brain Injury Community Inc. raised over \$3,500 for their charity members, families and their support networks.

"All funds raised will enable us to establish vital social and support connections for individuals with brain injuries, as well as their loved ones and support system," said Angela.

"These fundraising initiatives enable us to offer valuable resources and educational opportunities to professionals who aspire to augment their understanding and awareness of brain injuries.

"In our perspective, this exemplifies the epitome of locals supporting locals."

For more information or to donate, please visit www.braininjurycommunity.org.au.











Photos: Supplied.



## FESTIVAL OF COSPLAY MEETS STEAMPUNK COMING TO WYNNUM!

FROM WYNNUM MANLY ARTS COUNCIL

Enter an extraordinary realm of fantasy and imagination at Wynnum Manly Arts' highly anticipated event: *Cosplay meets Steampunk!* Princesses, crime fighters, pirates, monsters, Jedi, fairies and characters from any universe, regardless of age, are all welcome to attend this spectacular free family event.

Mark your calendars for Saturday, August 26, 2023, from 10:00 am to 6:00 pm and prepare to embark on a day filled with enchantment and endless fun.

Little ones will be entertained by face painters, a captivating puppet show, teacup rides and stilt walkers.

For the adults, there will be stalls and performances, along with the Kaleidoscope Art Exhibition, which will run until September 2.

On Saturday, families are encouraged to bring a picnic rug to relax and enjoy the vibrant atmosphere or indulge in various vendors' delectable food and drinks.

In addition to all the festivities, look out for *Rocketman*, a charismatic and enigmatic figure who will be roaming the event. Not only does he possess a wealth of knowledge about what is happening and where, he'll also be available for photo opportunities.

So don your finest costumes, bring your energy and enthusiasm and join us at 105 Florence Street, Wynnum, next month for *Cosplay meets Steampunk!* 



Photo courtesy of Grey Rose Photography.

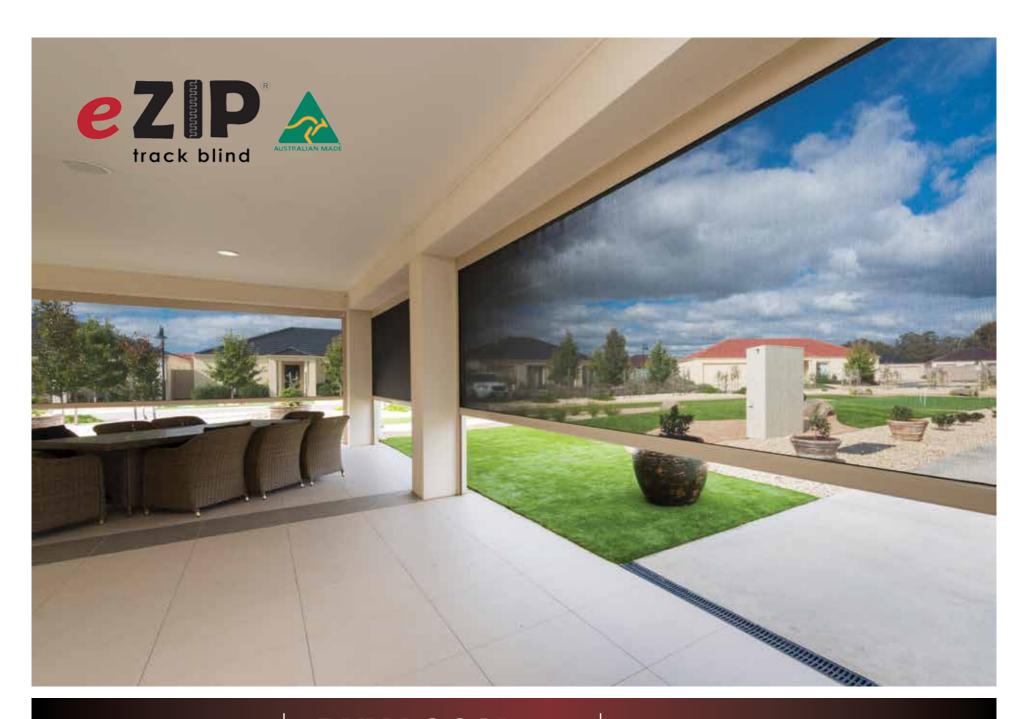




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## JOAN PEASE'S COMMUNITY UPDATE

#### STATE MEMBER FOR LYTTON

#### BUDGET BENEFITS FOR BAYSIDERS



The Queensland Government's 2023–2024 State Budget is investing in the things that matter to Baysiders — tackling the cost of living, delivering better services and investing in our local community.

Baysiders will be delighted to see real cost of living relief helping to ease the pressure. Included in this year's budget is a \$550 electricity rebate for every Queensland household, which is increased to \$1072 if you are a concession card holder. There's funding for free kindy for Queensland children who turn 4 in the year they attend kindy. This will deliver up to \$4600 in savings for Bayside families. In addition, there is up to \$150 available for eligible children aged up to four years to learn to swim; and over 300,000 SwimStart Vouchers will be available across Queensland.

Our local schools are receiving significant funding to make them even more inclusive, vibrant learning environments for young Baysiders. Darling Point Special School and Manly State School are each receiving \$13 million and \$9 million respectively to build brand new learning spaces, while Wynnum State High school is receiving \$1.5 million to undertake important classroom refurbishments.

Bayside infrastructure continues to be a priority, with \$23 million delivered to continue the Lindum Station Precinct Upgrade. This includes \$15 million for a full station accessibility upgrade, and \$8 million to further the Lindum level crossing upgrade and signalisation project. There has also been \$200,000 committed to deliver a feasibility study on building the vital missing Moreton Bay Cycleway connection between Pritchard St and the Gateway Motorway.

Last, but certainly not least, our local community sporting groups will be sharing in over \$215,000 in funding. This includes \$118,000 for the Wynnum Golf Club to upgrade their path network, and \$97,000 for Wynnum Tennis Association to upgrade the court surfaces.

This truly is a budget that Baysiders can be proud of. I am delighted to have worked tirelessly to deliver these important funding outcomes for Lytton and will continue to stand up for the Bayside.

If you have any questions about anything contained in the 2023-2024 State Budget, please contact my office for more information and my staff and I will be happy to assist you.

#### **UPDATE: AIRSERVICES AUSTRALIA NOISE ACTION PLAN**



Airservices Australia has provided me with the latest updates on the progress in addressing the impact of aircraft noise operations.

I have been advised that after the June/July school holidays, AirServices Australia will present the second round of design options that have been developed in response to community consultation that has been received this year.

I am advised that the new design options will focus primarily on increasing operations over water, notably Simultaneous Opposite Direction Parallel Runway Operations (SODPROPS).

AirServices Australia have advised that they will also share at this time:

- Outcomes of phase one engagement including next steps and implementation timeframes
- Final Communications Approach including how feedback has shaped this approach
- Options to reduce the impact of legacy runway over land operations to the north between 10pm and 6am - based on the feedback we received during round one discussions
- Increased reporting on operations initial reporting of SODPROPS, Noise Abatement Procedures and other operations – based on feedback we received during round one discussions and during the Post Implementation Review.

After these design options are released, AirServices Australia will hold a second round of community consultations, with the specific dates and locations for these sessions published a minimum of two weeks ahead.

I will keep Baysiders updated on developments regarding the Noise Action Plan.

#### NEW BOAT FOR QUEENSLAND PARKS AND WILDLIFE SERVICE

I was very excited to welcome the arrival of a brand new boat at the **QPWS Coastal Islands** Manly Base recently.

Alongside the Hon Leanne Linard MP, I had the pleasure of inspecting this incredible addition to their



Named 'Tabilbahn,'

meaning 'salt water' in the local Quandamooka language, this boat is set to support the outstanding work of QPWS rangers in our beloved Moreton Bay Marine Park and serve the needs of our Bayside boaties.

I want to express my appreciation to all the QPWS rangers for their dedication and tireless efforts in safeguarding our marine environment and keeping it clean. Your commitment is truly commendable.

I have no doubt that the 'Tabilbahn' will be warmly welcomed and put to excellent use in fulfilling its important role. It's a testament to our ongoing commitment to preserving and protecting our precious natural resources.

#### REMINDER: ST PETE'S PANTRY WINTER FOOD DRIVE

St Pete's Pantry, a local not-for-profit dedicated to supporting vulnerable Baysiders facing food insecurity, has kicked off its Winter Food Drive to provide crucial assistance during the cold winter months.



To ensure the success of this initiative, I am collecting donations for the pantry, specifically focusing on cereal. Cereal is in high demand at the pantry, making it an essential item for those in need. I would ask Baysiders to consider contributing by dropping off boxes of cereal at my office, located at 100 Edith Street, Wynnum, Monday-Friday between 8am and 4pm.

St Pete's Pantry has long been recognised in our Bayside for its tireless efforts in assisting vulnerable individuals and families, ensuring they have access to nutritious food throughout the year.

By supporting the Winter Food Drive, community members can make a tangible difference in the lives of those experiencing food insecurity within Lytton.



**State Member** 



PO Box 719, Wynnum QLD 4178 【 (07) 3915 1100 🜈 JoanForLytton 🔀 lytton@parliament.qld.gov.au









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## THE BONNER UPDATE

**ROSS VASTA MP FEDERAL** MEMBER FOR BONNER



## HAPPY 20TH BIRTHDAY, SAILABILITY BAYSIDE!

Operating from Darling Point Sailing Squadron, Sailability offers sailing for people with disabilities during the school term. As we all know, being outdoors, in the sun and on the water is not only part of the Australian way of life, but it also has incredible benefits for our health and wellbeing. That is why Sailability Bayside is so important, as it empowers people with disabilities through opportunities, freedom, fun, laughter and friendship.

I would like to take the opportunity to thank everyone who has been involved with Sailability Bayside over the last 20 years. From the presidents, executive committee members, sponsors, volunteers, carers and of course the incredible participants.

A massive happy 20th Birthday, and thank you for inviting me to celebrate with you for this very special occasion.

Here's to the next 20 years!

If you would like to get involved, whether to help volunteer, donate, or know of someone who would benefit from the support and opportunities Sailability offer, please email sailabilitybayside@gmail.com





### SUPPORTING YOUTH MENTAL HEALTH

The second annual 'You Are Not Alone Fun Run' was a massive success, with over 2000 people attending to support this fantastic event – including myself and Team Vasta!

Founded in 2021 by Bonner local, Tom Price and his best mate, Wilson Griffin, You Are Not Alone is a youth-led mental health organisation that is empowering youths and helping to break down the stigma surrounding mental health.

Since You Are Note Alone first started, this organisation has reached over 50,000 students! Later this year, they will also be introducing high school positive mental health programs to Queensland Schools.

Congratulations, Tom and Wilson! I can't wait to see the next chapter of You Are Not alone.

For more information about the incredible work of You Are Not Alone, check out their website: www.yrna.com.au

## FIGHTING AGAINST THE EARLY TURN OPTION

Airservices Australia have proposed a new early turn flightpath option over Wynnum- Manly and the Bayside. I am fighting to make sure this does not happen.

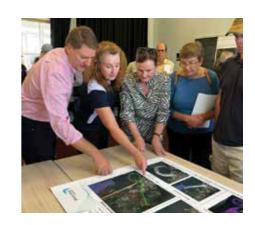
I have been in regular contact with Airservices Australia, BAC (Brisbane Airport Corporation), Minister King, as well as talking on Bay FM, letterbox dropping, and gave a speech against the proposal in parliament.

I want to say a massive thank you to the over 1700 Bayside locals who have signed my petition opposing the proposal by Airservcies Australia,

and to those who have emailed me with their concerns. The petition has now been sent to Minister King and Airservices Australia.

I will keep you updated on the progress and will continue to fight for my community. Your voices have been heard loud and clear - Bayside locals do not want the early turn flightpath option!

For more information on the proposed flightpath changes by Airservices Australia, please visit: engage.airservicesaustralika.com





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RossVastaMP



rossvastamp

# LOCAL VOLUNTEERS RECEIVE AWARDS FOR OVER A CENTURY OF OUTSTANDING COASTGUARD SERVICE

BY HARVEY SHORE

At the Annual General Meeting of Brisbane Coast Guard in June, more than 100 years' worth of Long Service Awards were handed out to local volunteers.

Phil Smith topped the Long Service Award list with a certificate and ribbon for 45 years as a Coast Guard volunteer.

Kevin Sullivan received his award certificate and ribbon for 35 years as a volunteer with the local Flotilla. Paul Burchell and Kevin Franklin also received awards for 25 years of Long Service, and Harvey Shore received an award for 15 years of service. Christian Hager received his award for a decade of volunteer service.

One of the most popular awards on the night went to Lurlene Bowen of Wynnum. Lurlene is the mother of current Flotilla Commander Craig Bowen. She received her award for 25 years of service to the Brisbane Coast Guard.

Lurlene actually started working with the local Flotilla unofficially in 1973, when her husband joined. She started by operating the Marine Radios, but after her husband passed away, she also began looking after the essential stores at the Manly base, keeping it supplied with everything from garbage sacks to kitchen stocks. It was only in 1991 that Coast Guard officially recognised her service by making her an honorary member.

Current Radio Officer Nigel Moore was recognised with an award for 1,000 Hours of Radio Operations.

Also at the AGM, current Flotilla Commander Craig Bowen and current Deputy Flotilla Commander David Purcell were both re-elected for another two years.



Craig Bowen presents his mother Lurlene Bowen with her 25 Years Long Service Certificate. Photos: Supplied.



Nigel Moore (right) with his award for 1000 Hours Radio Operations.



Kevin Sullivan (right) receives his 35 Years Long Service Award.



Paul Burchell with his 25 Years Long Service Certificate.

## REVISITING THE LAND; A LAND VETERAN'S MEMORIES

For Elsie Stiller, attending a stage play about the Australian Women's Land Army was a trip down memory lane. Elsie, who is 96, was a VIP at The Other Diggers, presented by Theatre Redlands and the Redland Museum.

Elsie was 17 when she joined the Land Army in 1943. She had grown up in a rural township near Miles, 300km west of Brisbane, left school at the age of 12 and worked on neighbouring properties as a domestic help and farm hand.

"My younger sister Jean and I went out to work — a bit of everything — then this Land Army work turned up. My friend Mona asked Jean and I if we would join up with her and Mum said; 'Alright, you can go for twelve months — and behave yourselves.' So off we went to Chinchilla and signed up."

In a few months letters of acceptance arrived and the trio were on a train to their first placement at Stanthorpe, living in tents with 12 other Land Army girls. Elsie remembers their supervisor, Matron Maddox. "We were governed; she was stern – 12 teenage girls, she had to be!"

Elsie worked in a variety of places with a variety of produce.

"Stanthorpe was fruit," Elsie recalls. "We had to harvest the fruit – pears and apples and peaches – grade them and pack them into the

crates that we'd made – at the cost of many black fingernails. We could eat at much of the fruit as we wanted – delicious! Jean was picking vegetables.

"At Callide and Wowan it was cotton – them there cotton fields! – where they paid threepence a pound. Mona was the 'top picker' making £8 in one week. The most I was paid was £7. I'd had experience picking cotton for our neighbours but some of the city girls didn't like it; it was backbreaking work and really hard on your fingers.

"After Wowan it was off to Woombye for more vegetables and fruit work. We trudged up and down the hill twice a day but the bosses were lovely and we stayed in their house."

There was a light side to the experience; weekly letters home to the family, books to read in the evening and singing on the truck rides (the parody It's the Wrong Way to Tickle Mary was a favourite) to the weekend dances, where Elsie first learned to dance.

"I enjoyed dancing but disappointingly, some of the boys were too drunk to dance properly – but I knew how to handle them," Elsie grins.

At the end of a year, as promised, she and Jean returned to the family home but they were offered a job at a Toowoomba rest home where



Photo by Greg Pope.

Elsie worked for five years until she returned to her home town as a married woman.

Elsie's delight in seeing the play was equalled by the universal delight of everyone at having her there. Kya Munro, the youngest cast member who plays the role of 16-year-old Elspeth, presented Elsie with flowers. Elsie recalls the Land Army time with real fondness.

"It was all hard work but I really enjoyed it."



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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

#### **BOOK LAUNCH OF THE PIMP** AND THE PORK SAUSAGE



#### Sunday July 16, 11:00 am Wynnum Manly Leagues Club, Manly West

Bayside author Susan Norris will launch her riotous new book, a story based on true events, encompassing tenacity, strength and a dose of good humour.

#### FISHING FOR BEGINNER KIDS & TEENS



#### Saturday, July 8, from 12:00 pm to 3:00 pm Pandanus Beach, Wynnum Esplanade Wynnum

At a 2 Bent Rods Fish Wise™ activity, you will learn the basics of fishing including bait gathering, how to tie fishing knots, bait hooks, cast a fishing rod and learn plenty of tips to make your next fishing trip more successful. Entry is \$6 per person and bookings are essential via 2 Bent Rods. This class is for 10-to-17 year-olds and all equipment and bait are supplied.

#### MR IMPOPPABLE STORY TIME & **ACTIVITIES**



#### Saturday, July 8, from 10:30 am to 11:30 am The Mad Hatters Bookshop, Manly

Come along for story time and activities such as drawing your own impoppable character and designing an ultimate balloon-popping machine! Bookings are essential. Book an e-ticket online at madhattersbookshop.com.au or over the phone on 0431 615 787.

#### CHRISTMAS IN JULY CONCERT: TERRY SCOTT



#### Tuesday, July 11, from 9:30 am to 1:00 pm Waterloo Bay Leisure Centre, 241 Tingal Road, Wynnum

Get festive at the Waterloo Bay Leisure Centre's Christmas in July event, which includes a live concert with Terry Scott and lunch. Bookings are essential. Cost is \$25 per person; book by calling 07 3396 9488.

#### **MONDAYS**

#### Trivia at Wynnum Manly Leauges Club

Mondays from 7:00 pm Wynnum Manly Leagues Club, 92 Wondall Road,

Join Trivia with Quiz Meisters from 7:00 pm for free fun-filled hours of trivia unlike any other! Registration is at 6:30 pm and trivia kicks off at 7:00 pm.

#### **TUESDAYS**

#### Wynnum/Manly Meditation Circle

Tuesdays 6:45 pm to 7:45 pm Branches Community Hub, 29 Fox Street, Wynnum

The meditation circle is run by donation. Call John on 0403 676 435.

#### Vision in Voice Community Choir

Tuesdays at 10:00 am Birkdale School of Arts Hall, 101 Birkdale Road, Birkdale Join this all-inclusive choir, which welcomes adults

with disabilities, sight-impaired people, seniors, those with early stages of dementia, those suffering Parkinson's, anxiety or depression, and anyone looking for a joyous, positive experience. This is an all-inclusive choir for everyone who loves to sing. For more details call 0411 430 658.

#### WEDNESDAYS

#### **Social Tennis**

Wynnum Tennis Centre 9:00 am to 12:00 pm

Social tennis costs \$10 and includes a light morning tea at Colina Street Tennis Centre, Wynnum.

#### **Wynnum Manly Bayside Socials Group**

Meets the first and third Wednesday of every month at Celtic Corner, 45 Cambridge Parade, Manly 6:30 pm to 7:00 pm. A \$1 donation is appreciated. More details on meetup.com.

#### **THURSDAYS**

#### Wynnum Bayside Weight and Friendship Club Waterloo Bay Leisure Centre, Tingal Road, Wynnum

8:00 am to 10:00 am

The club meets every Thursday with weigh-in from 8am to 8:45 am followed by a meeting from 9:00 am to 10:00 am. Engage with guest speakers and enjoy activities to help you stay healthy. New members are welcome. There is a joining fee of \$10 and a weekly fee of \$5. Contact Maralyn 0408 211 223 or Cheryl 0448 841 144 for more details.

#### **ZUMBA WITH LINDA**

Thursdays from 8:00 am to 9:00 am Wynnum Municipal Hall, 219 Bay Terrace Wynnum

Zumba Gold & DAYOP (dance at your own pace) for this free Zumba Gold activity every Thursday commencing July 13, 2023. Everyone is welcome, however, bookings are required due to



#### **FRIDAYS**

#### LIVE MUSIC IN THE MOTIF BAR

Fridays from 7:00 pm to 11:00 pm Wynnum Manly Leagues Club, 92 Wondall Road, Manly West

Love live music? Come along and hang out at the Motif Bar for some great live performances from various artists.

#### **SATURDAYS**

#### Jan Powers Farmers Markets

Little Bayside Park, Manly

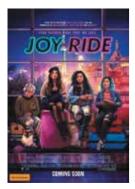
Saturday July 1 and 15, 6:00 am to 12:00 pm Free to attend, family friendly.





## WHAT'S NEW AT THE MOVIES THIS JULY

FROM MAJESTIC CINEMAS, WYNNUM



#### Joy Ride (CTC) - July 6

This comedy follows four Asian-American women as they bond and discover the truth of what it means to know and love who you are, while they travel through Asia in search of one of their birth mothers.



#### Oppenheimer (CTC) - July 20

Written and directed by Christopher Nolan, Oppenheimer is an epic thriller that thrusts audiences into the pulse-pounding paradox of the enigmatic man who must risk destroying the world in order to save it. Stars Cillian Murphy, Emily Blunt, Matt Damon and Robert Downey Jr.



#### Mission: Impossible - Dead Reckoning Part One (CTC) - July 13

In Mission: Impossible — Dead Reckoning Part One, Ethan Hunt (Tom Cruise) and his IMF team embark on their most dangerous mission yet: To track down a terrifying new weapon that threatens all of humanity before it falls into the wrong hands.



#### Barbie (CTC) - July 20

To live in Barbie Land is to be a perfect being in a perfect place. Unless you have a full-on existential crisis. Or you're a Ken. Stars Margot Robbie and Ryan Gosling.



## SARA WHITMEE'S LOCAL AREA UPDATE

#### COUNCILLOR FOR WYNNUM MANLY WARD



#### I am delighted to address you as the newly appointed Councillor for Wynnum Manly.

There are 26 wards in Brisbane and we all know that Wynnum Manly is the best one! Since assuming this role, I have had the privilege of meeting so many dedicated and passionate community organisations and residents. I am both honoured and humbled to be representing you all.

I'm aware I have some big shoes to fill, following Peter Cumming and his 29 years of service. Like former Cr Cumming, my door is always open.

With the Lord Mayor delivering his 2023-24 Budget this month, I've hit the ground running. A lot of what's in the budget is future planning costs and not necessarily works delivered this financial year. Details are still coming through and I will continue to keep you updated as I learn more.



#### **COUNCIL BUDGET FOR WYNNUM MANLY WARD**

I'm pleased to announce that the Wynnum Manly Community Fund grant program will receive an extra \$2000 per year, which means more grants for our wonderful community groups.

Unfortunately, the Lord Mayor has locked in another rate rise for Brisbane residents. Rates will increase in every single suburb in our community:

**LOTA** 6.29%

**MANLY** 5.29%

**MANLY WEST** 6.41%

**WYNNUM** 6.08%

**WYNNUM WEST** 6.73%

Some major items of interest are as follows:

#### SAFER PATHS TO SCHOOL

for Wynnum State High School, \$36 000.

#### **MAJOR TRAFFIC IMPROVEMENTS**

- Bay Terrace and Chestnut Street, Wynnum \$253 000
- Cambridge Parade, Melville Terrace and Arnold Street,
   Manly \$903 000 (investigation works only)

#### **ROADS NETWORK RESURFACING**

- Kianawah Road, Wynnum West \$259 000
- Lorelei Street, Manly West \$71 000
- Malabar Street, Wynnum West \$327 000
- Preston Road, Wynnum \$1 180 000
- Stradbroke Aveune, Wynnum \$461 000
- Tingal Road, Wynnum \$166 000

#### KERB CHANNEL

- Haylock Street, Wynnum \$243 000
- Prospect Street, Wynnum \$281 000

#### **SEA AND RIVER WALLS REHABILITATION**

• Wynnum Manly Seawall (stage 1) - \$146 000

#### **MAJOR WATERWAYS VEGETATION MANAGEMENT**

• Wynnum Creek - \$11 000

#### FOOTPATH AND BIKEWAY RECONSTRUCTION

• Wynnum Esplanade - \$89 000

The following items are rolled over from last year's Budget:

#### COMMUNITY AND SPORT PARTNERSHIP PROGRAM

Wynnum Vikings - \$124 000

#### **UPGRADING FACILITIES IN PARKS**

Bayside Park, Manly - \$366 000

Wynnum Manly Ward Office 3a/212 Bay Terrace (Cnr of Pine Street) Wynnum Qld 4178 Office hours: 8.30am-4.30pm, Monday-Friday

Phone: 07 3403 2180

Email: wynnummanly.ward@bcc.qld.gov.au





## JOIN DUSTY'S SECOND BIRTHDAY CELEBRATION AT THE NURSO!

Get ready to celebrate in style because Dusty, the lovable resident dog of The Nurso, is turning two in July! And guess what? You're all invited to join the 'pawsome' celebration! It's going to be a party like no other, with loads of fun activities that the whole family can enjoy.

The excitement begins at 9am sharp with fantastic free face painting, balloon making, and colouring-in. Get ready to unleash your creativity and let your imagination run wild!

But that's not all—the wonderful folks from The Rescue Collective will be there too, showcasing their adorable rescue animals in search of their forever homes. It's a chance to meet these furry friends and maybe even find your perfect match.

And while you're having a blast, don't forget to stop by The Nurso's café, where they'll be selling delicious dog-inspired cookies. The best part? All the proceeds from the cookie sales will go to support The Rescue Collective. So, you can satisfy your sweet tooth and contribute to a great cause at the same time.

Oh, and did we mention you can bring your furry friend along? That's right! Let the incredibly talented BAD Pet Portrait Master, Katherine Viney, work her magic and create a unique artwork featuring your beloved four-legged companion.

So mark your calendars, grab your pup, and get ready for a day filled with laughter, wagging tails, and unforgettable memories for Dusty's birthday bash!



WHEN: FROM 9AM, SUNDAY JULY 23, 2023.
WHERE: THE NURSO, 1666 OLD CLEVELAND ROAD, CHANDLER

Photo: Supplied.

## Community Leader

The Community Leader is a monthly publication, home delivered to Wynnum, Wynnum West, Manly, Lota, parts of Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point.

Any submissions can be emailed to

sales@market2market.com.au for consideration.

# Hemmant Wynnum West Manly West Cannon Hill Tingalpa Wakerley Belmont Gumdale

#### **LOCAL PICK UP POINTS**

#### BELMONT

Belmont IGA Belmont Newsagent

#### GUMDALE

Gumdale Newsagent

#### TINGALPA

Tingalpa Newsagent

Fielders

#### MANLY

Manly Village Shopping Centre Manly Hotel Tide on the Jetty

#### MANLY WEST

Wynnum Leagues Club Manly West Newsagent Manly Bowls

#### **WYNNUM**

Wynnum Plaza Joan Pease's office Ross Vasta's office Waterloo Bay Leisure Centre Majestic Cinemas Wynnum Sash & Gable

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#### **AUGUST BOOKINGS**

- Community editorial 16th of July
- Advertising cut off 18th of July
- Distribution 1st of August to 10th
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising contact 0421 786 302 or 0416 245 193 sales@market2market.com.au

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Name: I'm Maggie! Suburb: I live at Manly.

How long have you lived here? For more than six years!

What's your favourite local walk? Anywhere around Manly,

especially along the esplanade.

What's your most treasured toy? My stuffy lamb that I got from the IGA at Manly when I was little. It's a bit grotty now, but I still love to carry it around, along with one of Dad's socks.

Your favourite food? I eat anything. I believe the world is my buffet. But cheese is probably my favourite.

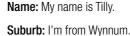
What's your worst habit? Staring at strangers to pat me, and lying on the ground on my back at the Sunday markets because I don't want to go home.

Your favourite local hangout? I have lots of favourite places! Manly Creative Markets on a Sunday, Shucks Bar on the deck, Manly Harbour Boat Club on the lawn and outside at Manly Boathouse.

Who's your best doggo friend? There's so many! Bonnie, Rusty, Moose and all the doggos I see every week out walking. I love everyone.

Any funny or embarrassing stories you'd like to share? When I was a puppy I went to the dog park. Some people were eating cake at the table there. I quickly jumped up on to the seat, then up to the table to share their cake. They weren't happy, but hey, they ate cake in a dog park!

What do people love most about you? I like to be close to anyone who pats me, so I snuggle up. People seem to like that.



How long have you lived here? All my life!

What's your favourite local walk? Over to Bugs and up to the dog park to meet some friends, then back along the mangrove

boardwalk.

What's your most treasured toy? My stuffed crocodile.

Your favourite food? Doggie ice cream!

What's your worst habit? Licking my paws.

Your favourite local hangout? Hudson's Brewery at Wynnum.

Who's your best doggo friend? My neighbours. If I sneak out, I'll always head over there to say "Hello" to Ziggy, Charlie and Winnie!

Any funny or embarrassing stories you'd like to share? I like to give a warm leg hug to anyone and everyone.

What do people love most about you? My warm, gentle personality.





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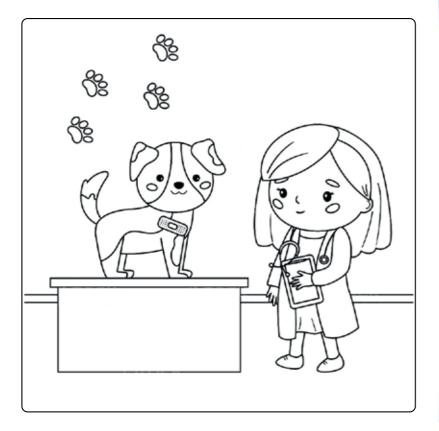
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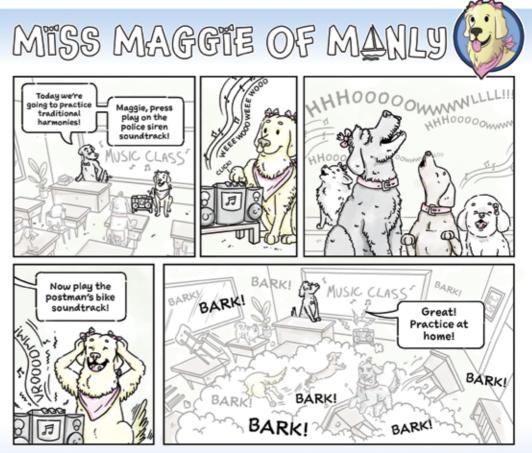
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## **ALL ABOUT ARTHRITIS IN CATS AND DOGS**

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Arthritis is a degenerative disease which causes inflammation of the joints. Approximately 25% of dogs are diagnosed with arthritis in their lifetime with as many as 60% showing changes on x-rays. In one study a huge 90% of cats over the age of 12 years showed radiographic signs of arthritis.



#### TYPES OF ARTHRITIS

There are two forms of arthritis – primary and secondary. Primary arthritis is due to ageing – years of wear and tear on the joints. Secondary arthritis is the result of an external event or force on joints – injury or conformation (poor joint alignment) which have damaged the joint cartilage. There are also some immune conditions which cause arthritis.

#### **DIAGNOSIS**

Diagnosis of arthritis is based on physical examination and diagnostic imaging (x-rays, arthroscopy, CT scans or MRI).

#### **TREATMENT**

Treatment of arthritis is based on management as there is no specific cure. The goals of treatment are to relieve the pain and discomfort associated with the condition, minimizing further joint damage and degeneration and restoring the functionality of joints as much as possible.

There are a number of factors involved in treatment including:

- Managing weight your vet may recommend a weight loss diet for your pet as overweight animals put more strain on their joints.
- Maintaining an appropriate exercise program low impact exercise such as gentle leash walks or swimming to keep joints moving.

- Joint supplements to support healthy cartilage there are a range
  of different products with ingredients such as polysulphated
  glycoaminoglycans, glucosamine and chondroitin sulfate.
- Diets containing omega fatty acids or supplements such as fish oil or green lipped mussel extract.
- Anti-inflammatory pain relief ask your vet for advice on the most appropriate medication for your pet.
- Physiotherapy, acupuncture and massage can be very helpful to help relieve pain.
- There are some new injectable medications for dogs and cats which are so far proving very helpful on reducing the signs and discomfort of arthritis – ask your vet for more information.

Wynnum Manly Veterinary Hospital



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## FORT LYTTON? WHERE'S THAT?

CONTRIBUTED BY DALEY DONNELLY - QUEENSLAND PARKS

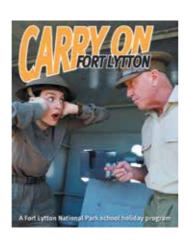
Fort Lytton National Park is situated on the Brisbane River, just a 10-minute drive from central Wynnum. It is the site of a major military base and a Federal quarantine station.

The fort was built in colonial times to defend Brisbane from attack by enemies of the British Empire. Lytton Quarantine Station was built in the twentieth century to defend the population from disease. The fort played a significant role in the Boer War and the First and Second World Wars. The first death from the Spanish Flu in Queensland occurred in Lytton Q Station.

The area was declared a National Park because of its cultural heritage values back in 1989, but 34 years on, local people still don't know where or what it is.

The site is managed by the Heritage Parks Unit of the Queensland Parks and Wildlife Service, and amongst its many roles, high-level historic interpretation is top of its agenda. At Fort Lytton National Park, this includes a night show: Fort Lytton at Night, a school holiday program: Carry On Fort Lytton; and education programs, such as History in a Box and Immigration.

The site is open to the public for free on Sundays between 10:00 am and 4:00 pm. But why not experience *Fort Lytton at Night* one Friday evening, or *Carry On Fort Lytton* with the kids in the holidays? Phone 3393 4647 for more information.





Photos: Supplied.



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## **WINTER AND YOUR SKIN**

BY DR REBECCA LEVY, MANLY VILLAGE MEDICAL

One of the best things about winter, for some people, is being able to hide their skin under layers of clothing. Dry or damaged skin might be ignored when out of sight, but taking care of your skin makes you feel good year-round. Some skin conditions, such as eczema and psoriasis, often flare up in colder weather, and it's especially important to protect fragile skin.

#### SOME TIPS FOR EVERY TYPE OF SKIN:

Keep showers warm and short – prolonged exposure to hot water will dehydrate your skin and strip it of natural oil (sebum) which protects your skin.

Exfoliate gently twice a week to remove dry, dead skin and stimulate new growth.

Avoid using soap (and most shower gels) - again because they strip sebum, and can change the pH of certain areas of your body, leading to overgrowth of "flora" (e.g. thrush).

Take care not to overuse alcohol-based hand sanitiser – these can dry out your palms so the skin cracks and becomes painful.

Apply moisturiser all over your body after showering – the precise type of moisturiser that suits your skin may vary at different times of year, and different periods of life. Discuss this with your doctor if you are unsure.

Keep hydrated – it's easy to forget if you're not feeling hot or sweaty, but your skin, and the rest of your body, need water and you'll feel better sipping slowly throughout the day.

Don't forget the sunscreen – yes, UV rays still cause harm during the cooler months, so apply sunscreen daily to your face and back of hands, and any other areas that are going to be exposed.





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## **LOCAL PERSONALITY PROFILE**

Name: Jack Baggoley.

Suburb: Wynnum.

What's your business? Jack's Ice Creams.

Do you have any fun/interesting stories about your job? I have served ice cream in an aircraft hangar at Brisbane Airport!

What's your favourite local meal? It has to be the fish tacos at Cedar & Pine Bar.

Best local activity? Manly Creative Markets on Sundays!

What's the last TV show or movie you watched? Home and Away.

Is there anything you'd like to see happen in the local area? Make a sandy beach!

Is there a local business/community group/club you'd like to give a shout-out to? I would like to give a shout out to Mali at Cedar & Pine Bar — a great supporter of local businesses. And Tom Oliver for bringing Wynnum Fringe and the arts to the bayside. Also to Kelleher's Dance, who support my business and taught my sister how to dance. And Manly Creative Markets for the great community atmosphere. There are loads more — I love my local community!



Photo: Supplied.



## WATERLOO BAY LEISURE CENTRE'S JULY CONCERTS

FROM THE WATERLOO BAY LEISURE CENTRE VOLUNTEERS

The Waterloo Bay Leisure Centre, located at 241 Tingal Road Wynnum, has a range of events scheduled for July, 2023.

#### **CONCERTS**

#### Tuesday July 11, 9:30 am - entertainment by Terry Scott

Morning tea is served from 9:30 am and the concert is from 10.15 am to 11.45 am. A two-course hot lunch is served after the concert. Raffles and lucky door prizes will be held on the day. The cost is \$25 which includes the concert, morning tea and a the two-course hot lunch.

#### Tuesday July 25, 9:30 am - entertainment by John Cornelius

Morning tea is served from 9:30 am and the concert is from 10:15 am to 11:45 am. A two-course hot lunch is then served after the concert. The cost is \$10 for the concert plus morning tea, plus an additional \$10 for the two-course lunch.

Bookings are essential for all concerts. Please phone 3396 9488 to book.

#### REPAIR CAFÉ

#### Saturday July 8 from 2:00 pm to 4:00 pm

Toss it - no way! Bring along that broken, damaged item to be fixed or repaired and at the same time minimise landfill. It's free. Book online at TryBooking.com (Search Repair Café, Wynnum), find us on Facebook (Brisbane Bayside Repair Café) or phone 0474 095 560. Enjoy a Devonshire Tea served by the Waterloo Bay Leisure Centre canteen (cost \$5) while having your repairs done

#### **ROOMS FOR HIRE FOR SPECIAL EVENTS**

The Waterloo Bay Leisure Centre is available for hire for special occasions, including weddings, birthdays, engagements, christenings, anniversaries, meetings and other gatherings.

There are three main areas available for hire and all are air-conditioned (extra charge may apply).

The auditorium can seat up to 300 people, has a timber floor ideal for dancing and exercise, and is suitable for large gatherings. The activities room is a smaller room which can seat up to 80 people, but could also be used for small gatherings. The Shire Clerk's Cottage in the grounds adjacent to the centre can also be hired for weddings.

#### **INDOOR BOWLS**

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## PHARMACY EMBRACES TECHNOLOGY FOR MORE PATIENT TIME

FROM JANELLE BOSTOCK, MHV CHAMBER OF COMMERCE

On June 20, the Manly Harbour Village Chamber of Commerce held its regular Business Networking Trader Night, attended by close to 40 members and guests. This event was jointly hosted by Keith's on Cambridge and Manly Village Pharmacy. MC and chamber vice president Steve Rickertt opened the evening by introducing our two hosts, Keith Hynes and Jessica Nguyen, and her partners, Tien and Di.

Keith's On Cambridge is the perfect venue to enjoy deliciously fresh food, friendly service and a relaxing ambience in the heart of Manly overlooking the boat harbour. Manly Village Pharmacy has been with its current owners for over 20 years and was recently rebranded to an independent pharmacy in December 2022. In February this year, the pharmacy underwent an extensive renovation that included a state-of-theart dispensing robot designed to improve workflow, allowing pharmacists to spend more time with patients.

We were delighted to have a mini tour through the pharmacy and witness the dispensing robot in action. Jess, from Manly Village Pharmacy, further informed us of their great service to the local community — a vaccination clinic, sleep apnoea consultations, a baby clinic, onsite compounding, and home visits for the elderly with their pharmaceutical needs. The stories of the local yachties bringing in their outdated first aid kits ("out with the old, in with the new") resonated with all in the room, as I'm sure we all have one in our business that needs attention.

The MHV Chamber of Commerce collaborates with the local business and school community to create memorable experiences and discover hidden secrets in this beautiful Queensland tourism destination. There are so many places to eat and drink at Manly Harbour Village and cute shops to discover, but it's also the place to find sailing and cruising adventures, gorgeous seaside parks and fabulous waterfront walks.



Consider joining as a member today.

https://www.mhvcoc.com.au/







Photos by Peta Prestidge, Chamber President.



## COMMUNITY SPIRIT STRONG DURING NATIONAL VOLUNTEER WEEK

FROM THE PORT OF BRISBANE

Australia's largest annual celebration of volunteering was held from May 15 to 21, with businesses and community groups coming together to recognise the vital support that millions of volunteers provide to their communities across the country.

The bayside was no exception, with Port of Brisbane employees getting out and about in the local community and out west to Chinchilla to lend a hand.

Working with three of the Port's community partners, 26 staff volunteered 216 hours of their time to mentor young people, help with re-vegetation activities on St Helena Island in Moreton Bay, and volunteer at a farm property in Chinchilla.

Port of Brisbane's Community Relations Advisor, Edward Harwood, organised the Port's volunteering efforts.

"Over a long period of time, the Port of Brisbane has developed valuable partnerships with community organisations both here in the Bayside and further afield.

"We know how important their work is, and while we coordinate volunteer opportunities with partners throughout the year, National Volunteer Week is a time when we double-down on our own efforts to get our employees out and about.

"Every year, the response from our people is fantastic, and this year is no different with over 10% of our workforce getting involved.



Edward Harwood (Port of Brisbane) and Natasha Johnston (Drought Angels) in Chinchilla.



Port of Brisbane lent a hand at St Helena Island. Photos: Supplied.

"This year, we've volunteered on St Helena Island and have provided mentoring opportunities for high school students with our staff. We've also had a team head out west with Drought Angels to help rebuild a fence for a local farmer. Our people get a lot out of giving back."

If you want to find out more about National Volunteer Week or the opportunities available, head to Volunteering Australia's website: https://www.volunteeringaustralia.org.



## DID YOU MAKE THE MOST OF YOUR OUTDOOR AREA LAST SUMMER?

FROM SUNCOAST OUTDOOR LIVING

Queensland's stellar climate and outdoor living go hand in hand, but at certain times of the year, it can be challenging to enjoy because of the heat, the rain, bugs, wildlife and the general mess the elements can leave behind.

What if you could increase the living space in your home, with protection from environmental nuisances, in an affordable yet beautiful way? Brisbane-based Suncoast Outdoor Living is here to help with a speciality range of quality patios, outdoor screening and pool enclosures, having expanded the range of products since their humble beginnings in 1993.

"We are one of the few companies in Australia that can offer a complete outdoor living solution," said director Tony Mora.

"We have a unique outdoor screening system with a wide range of screens and locally manufactured insulated patio roofing.

"Our detail-focused staff provide friendly service and quality products fully customised to the client's needs."

The business fabricates the structures on site, not in a warehouse, to ensure that it fits millimetre-perfect.

If you'd like a cost-effective way to increase your living space, Suncoast specialises in insulated patio roofing, creating a seamless transition from indoor to outdoor living.

A Suncoast custom-made pool enclosure can add value to your home while providing UV protection, reducing water evaporation and chemical usage, and cutting down cleaning time while complying with pool safety regulations.

Suncoast expects customers to get the best possible outcome and product to suit their purpose and budget.

Importantly, these products represent long-term solutions that will last in the harsh Queensland environment.

"If you use a budget product on your house in Queensland, you need to put some money aside for when it fails," Tony said.

Imagine coming home to no leaves on the ground, bird droppings on the outdoor furniture and having a meal with no bugs, all while feeling the fresh breeze of the outdoors.



The team loves to see the absolute joy on clients' faces once their structure has been installed.

To find out how you can make better use of your outdoor areas all year round, contact the friendly staff at Suncoast Outdoor Living today or visit the website at www.suncoastoutdoorliving.com.au.



1300 137 081

suncoastoutdoorliving.com.au

## WHAT'S HAPPENING AT WYNNUM BUGS RUGBY

#### **BATTERED BY THE BAY FESTIVAL**

#### Saturday July 8, 2:00 pm kick off

Introducing the inaugural Battered Festival 2023, where Wynnum Bugs will host Over 35's rugby teams from around Brisbane and the Gold Coast.

The "Battered Bugs" team regrouped in 2023 after a few years away from the VRQ (veteran rugby Queensland) competition held throughout Brisbane and the Gold Coast. Wynnum has a healthy 32-strong player base, with interest mounting each week for others to join. Club support is strong for the Battered side, with junior and senior players supporting the older generation as they produce some interesting passages of play!

#### SPONSORS' DAY 2023

#### Saturday July 15 from 1:30 pm

Wynnum Rugby's penultimate day is July 15, when we invite all of our sponsors to the club for "Their Day" and thank them for their generous support of Bugs' Rugby.

The support given to the club this year from sponsors has been huge, with 2023 being our biggest year in memory. Without their support, many things we do and have would not be possible. Some of the many items they've funded include new training equipment, providing our juniors with more rugby items, a new scrum machine, a container bar, and upgrading club facilities for all to enjoy.

Our sponsors are very important and special to our club, and we continue to promote and support them in any way we can.

#### **OLD BOY'S DAY 2023**

#### Saturday July 29, 12:30 pm

We welcome past players and members to celebrate the club's history on our annual Old Boy's Day. It's a time to reminisce and catch up with mates from the past, to tell a few tales and walk down memory lane with what I'm sure will be embellished stories of greatness from a few.

Our A Grade and Women's sides will be wearing our first-ever Indigenous jersey that represents the history of the land that our club resides on. Jillian Jacob, a local Indigenous artist, designed the jersey. These jerseys will be auctioned after the game.

The day marks the last fixture round for the season with four games of rugby v Caloundra. At 12:30 pm, our Battered Bugs will take on the Caloundra over Veterans Rugby (Over 35's) in what is sure to be a great game. Following this, we will kick off Reserve Grade at 1:30 pm, A Grade at 3:00 pm and our Women's game at 5:45 pm. These are important games for our Reserve Grade, and A Grade as finals begin the following week. There will be a huge outdoor TV to screen the Bledisloe Cup as we support our Wallabies.





Photos: Supplied.





## START SAVING ON YOUR ELECTRICITY BILL WITH SOLAR AND BATTERIES

FROM GOODHEW ELECTRICAL AND SOLAR

It comes as no surprise that the 25% increase in electricity prices this month has left many homeowners and businesses on the bayside reeling. Such a substantial surge in power costs not only adds financial strain to households but also poses a threat to the economic viability of local businesses. However, amidst these challenging times, there exists a glimmer of hope: solar power and battery storage systems. These technologies offer a viable and sustainable solution to reduce power bills while promoting environmental consciousness. Goodhew Electrical and Solar – the local solar experts – stand ready to design and install customized systems to meet the needs of any homeowner or business.

Solar power, a renewable energy source, has long been recognized for its ability to generate clean and sustainable electricity. Queensland, blessed with abundant sunlight throughout the year, holds enormous potential for harnessing this power. By installing solar panels on rooftops, homeowners and businesses can tap into this abundant resource, reducing their reliance on the traditional electricity grid and, in turn, reducing their power bills.

The benefits of solar power are further amplified when combined with battery storage systems. These systems allow excess electricity

generated during the day to be stored and used during peak demand periods or during nighttime when solar production is limited. By effectively managing energy usage, homeowners and businesses can significantly reduce their reliance on the grid, thereby mitigating the impact of rising electricity prices.

Along with solar, there are a number of other ways you can combat the rising cost of power this winter including; optimizing your heating by sealing air leaks in doors/windows to keep warm air in, utilize natural heat and sunlight during the day to heat the home as well as improving your hot water usage by taking shorter showers or using cold water for laundry washes where possible. By minimizing heat loss, you can reduce your reliance on high energy-consuming appliances therefore reducing your overall electricity use.

At Goodhew Electrical and Solar, we pride ourselves on offering only high-quality solar, battery and EV charging solutions, installed by our own in-house team of experts. With a tailored approach to each project, we can design and install solar and battery storage systems that suit the unique needs and circumstances of homes and businesses alike.



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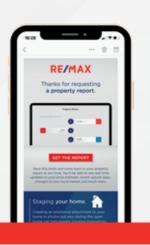
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## REIQ calls on Government to perform rather than reform

FROM THE REAL ESTATE INSTITUTE OF QLD (REIQ)

The Real Estate Institute of Queensland (REIQ) is urging the State Government to stop the legislative attack against rental providers, that would do more harm than good for both lessors and tenants amid the rental crisis.

The Government released its Stage 2 Rental Law Reforms Options Paper on 18 April with community consultation closing yesterday.

In its response, the REIQ opposed the implementation of the rental reforms at this time.

"Although we are prepared to support some of the proposed measures at a later date and with further consultation, we consider the timing and nature of these reforms to be inappropriate and extremely dangerous given the current unprecedented rental crisis and limited housing supply," REIQ CEO Antonia Mercorella said.

"Queensland's rental housing supply has considerably diminished, and whilst the reasons for this are varied, it is evident that legislative reform has had a material impact.

"Over the past three years, legislative reform has been exclusively focused on tenant rights and protections.

"Meanwhile, lessor rights have been diminished, decision making powers have been removed or limited and contractual relations have been overridden.

"As shown by a recent Property Investor Survey conducted by the REIQ, lessors are concerned by the ongoing erosion of their contractual and statutory rights and they are, in the majority of cases, opposed to Stage 2 rental reforms."

She said the State Government must take into account that private lessors provide around 95% of rental housing in Queensland.

"While these properties provide homes for tenants, they are ultimately assets owned by lessors, with associated financial, legal and statutory responsibilities and risks," Ms Mercorella said.

"The gradual erosion of lessor rights and asset control increases the risk of withdrawal of investment housing from the property market.



"Rather than constant legislative reform, the Queensland Government should focus on initiatives to drive housing supply and confidence in the rental housing market to maintain and grow private investment in Queensland.

"It is widely accepted that our current rental crisis stems from insufficient supply. It will be difficult to address the current supply imbalance in the market if owner rights are diminished any further."

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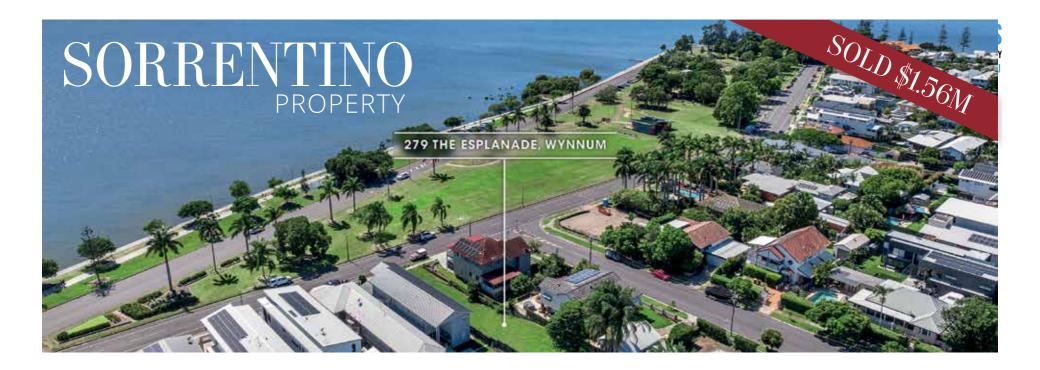
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**FOR SALE** 233 Wynnum Esplanade, Wynnum

Is there anything better than waterfront living - a stress-free lifestyle enjoying everything the Esplanade has to offer? You never need to be concerned about losing your views as you are on the front row, a benefit that is unique to the waterfront.



**FOR SALE**Lot 21, 14 Falcon Street, Manly

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## Local atheletes set to represent Wynnum Manly at major events

The remarkable sportsmen and women of Wynnum Manly have made significant strides towards representing their region at larger-scale competitions.

#### Queensland wins Men's Over 35's National Titles

Chris Vote from Action Indoor Cricket Wynnum Seagulls and Raine & Horne Wynnum/Manly, has emerged victorious alongside his QLD teammates in the Men's Over 35's National Titles for both 2022 and 2023. First and foremost, congratulations are in order for the state of Queensland! The dedicated



Photos: Supplied

representatives showcased their skills and tenacity in the Masters National Titles for Indoor Cricket over 35's Men, held in Darwin, NT in May 2023. Remarkably, they triumphed in every match, securing an impressive undefeated record. As a result of their outstanding performance, they earned a spot in the Grand Final against NSW, where they engaged in an epic battle and emerged victorious once again. Such a remarkable achievement has not gone unnoticed. Chris Vote has been named in the Australian team for the upcoming TransTasman Cup scheduled for 18th-21st October 2023 on the Gold Coast.

#### Manly Dragons officially on the road to Ravenna Italy 2024

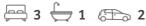


The Manly Dragons showcased their impressive skills at the Australian Dragon Boat National Championships in Albury Wodonga in April 2023, earning medals in four categories across various racing distances of 200m, 500m, and 2000m.

Their outstanding performance has earned them an invitation to compete at the upcoming International Dragon Boat World Club Crews, scheduled to take place in Ravenna, Italy in August 2024. More than 5000 paddlers have been invited to compete from 27 countries. Congratulations to the Manly Dragons for their well-deserved success!



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Agent Margaret Vote

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Agent **Byron Freeborn** 

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Agent Byron Freeborn

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Agent Margaret Vote

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## Interest rate rises: burden the young, boost the old

FROM THE REAL ESTATE INSTITUTE OF QLD (REIQ)

The Real Estate Institute of Queensland (REIQ) says extraordinary data released by PEXA showing one in four property sales in the eastern states last year were mortgage free, indicates interest rate rises are impacting younger Australians the most.

REIQ CEO Antonia Mercorella said the data revealed that during 2021 and 2022 more than \$240bn in property sales across the east coast were purchased on a cash basis.

"With about a quarter of residential sales in eastern Australia being cash sales, we're heading towards similar numbers to the U.S. where one in three mortgages are settled with cash," Ms Mercorella said.

"These cash property sales were made in typical retiree suburbs and suggest there's many boomers who are not only unaffected by sharply rising interest rates, their savings are actually benefiting from them.

"On the other hand, the data demonstrates that the blunt instrument of interest rate rises is impacting younger Australians the greatest who are the cohort copping the blow.

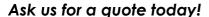
"The Federal and State Governments now need to engage in the heavy lifting to assist the RBA with inflation control, otherwise we may see a generation locked out of home ownership permanently."



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#### LOCAL PHOTOGRAPHER PROFILE:

## **JEFF BASLEY**

FROM REDLANDS CAMERA CLUB

My photography journey began with my very first pay cheque; that same year I also bought my first motorbike. Over time I've merged my two passions and I often find myself clicking away at the high-octane atmosphere of the motorcycle racetrack. It's not just the racetrack that ignites my creative spark.

Nestled in the picturesque landscape of Mount Glorious, motorcycles converge to conquer its twisty corners, hills and captivating scenery. A haven for both riders and photographers, Mount Glorious offers a splendid backdrop to capture these two-wheeled wonders against nature's majestic canvas!

In this digital age, I revel in the instant gratification of viewing my images as soon as they are captured. This allows me to meticulously select and curate the moments that best convey the essences of motorcycle riding. Utilising deliberate slow shutter speeds, my photographs strive to encapsulate the speed, precision and unadulterated emotion that defines the spirit of two-wheeled adventures!

Photos: Jeff Basley.



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## REMEMBERING IRVINES DEPARTMENT STORE, WYNNUM

CONTRIBUTED BY JOAN MITCHELL

Bronwyn Herbert was a social worker for almost 30 years, working at Silky Oaks Children's Haven and the Royal Children's Hospital. She and her brother Lex were the children of Hugh Albert Irvine (known as Mr Bert) and his wife, Eunice. Bert's brother Sam married Eunice's sister Zillah, and the two brothers managed Irvines department store. The store opened on Bay Terrace in 1901.

The store (pictured right) provided a wide range of goods from hardware, groceries, haberdashery, manchester, ladies, men's and

children's wear, shoes, jewellery, crockery and furniture. It was well known that almost all requirements could be purchased at Irvines.

When the brothers retired in 1966, the business was sold to Bayards. It was later demolished, and government offices, including Social Security, were built on the grounds. During the War years and depression period, many local people were able to obtain their groceries and clothing from Irvines when unable to pay for them due to unemployment. Bronwyn felt it was apt that Social Security replaced the business as they also provided support to many families in need.

During Bronwyn's social work career, she first worked in the residential section for children needing housing and support and then developed the homeless program at Silky Oaks for families needing housing and support. Silky Oaks built some units on their property and had access to some Housing Commission





Photos: Supplied.

houses to provide this support. A Counselling and Therapy department was developed, and many parents and children received support from Therapists, Occupational Therapists, Art and Play Therapists and Social Workers. Bronwyn found managing the program and supporting so many families very fulfilling and worked in this position until she was in her early 80s. She has since been writing a PhD thesis on what families, including young people who are homeless, need and how best to support them.



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## CHOOSING THE GOOD

BY GEOFF SMILEY

There are those who make choices that help others.
They volunteer, they notice, they care.
They choose the good.

The young child smiling through illness, or trying to appease in family distress. Their gift of gentleness. Whence comes such grace? The growing child given reason to hate, but does not. Kissed by otherness, blessed by goodness.

The dignity of a parent for whom life decides their child has limits and adversity fills their days. Yet they choose selflessness. Or the nobility of parents whose child suffers from an evil act.
Consumed with hurt, choosing to forgive.
Shunning a future blighted by revenge.

Celebrate those who aspire to love. Who would, with courage, decide for good.

© Geoff Smiley



There is not sufficient acknowledgement for the persons who live their lives choosing the good. The cohesion of our community depends on them.

## MY LOCAL MEMORIES: THE YELLOW PEDESTAL

BY ROSS FARLEY, BAYSIDE RESIDENT

Brisbane was not sewered until the 1960s, and construction took many years. As a boy, I recall open trenches and workers laying pipes so all the houses of Brisbane could be connected. Backyard toilets became redundant, and every household had to install a flush toilet and connect to the sewerage network. Residents were relieved — they could now be relieved in the comfort of their homes without going out in the rain, cold and dark. Human waste magically disappeared at the press of a button instead of brewing in the can waiting for the dunny man. We could switch on toilet lights instead of carrying torches or worrying about spiders under the seat. Furthermore, nosey neighbours would no longer know how often we go.

Sewerage was a boon for plumbers, drainers and retailers who sold the fittings. My father, Arnold, and his brothers had a hardware shop in Wynnum that sold toilet fittings.

Some years later, a local lady told of her experience purchasing a toilet pedestal from Arnold. She asked for a yellow pedestal. There were dozens of pedestals stretching many metres along a wall and stacked about six high. The only yellow pedestal in the shop was in the bottom row, in the middle of the stack. To access it, Arnold had to remove about half the stock. He removed several pedestals and asked the lady if she would prefer a white pedestal; "They all work the same". The lady replied that she wanted a yellow one. Arnold huffed and puffed and pulled down some more. He asked, "Would you like a blue one?" "Yellow please!" More huffing and puffing; "Would you like a pink one?" "Yellow please!" More huffing and puffing and at last, Arnold retrieved the yellow pedestal. The lady paid, and as Arnold handed her the yellow pedestal, he said, "Your backside won't know the difference!"



Photo: Supplied.

## A BUMPER SNAPPER/SQUIRE SEASON IS HERE!

BY SPERO KARTANOS

July is an excellent time of the year for fishing in the bay, but I have to admit I'm not too fond of the cold mornings, and I'm so happy the fish are on the bite all day in Moreton Bay. When I was young, my father would get me up at 3am to go fishing in Victoria, on a jetty, a rock wall, or on his homemade boat. That experience turned me off early morning fishing for life, and I also had to recite the times' tables on the way there.

So wait until the sun rises to go fishing! The whiting in July are usually in the Rous Channel on the Maroon side, as are the school mackerel. While fishing for whiting, a floating pillie at the back is a good way to get a mackerel. Also, try the Rainbow Channel around the Amity area — this time last year, they were thick in the water, and judging by the small ones around in May, I think it will be a good season again.

Cuttlefish and arrow squid will be along the deeper water east from Ormiston all the way to St Helena, mixed in with plenty of arrow squid. Drop a ball sinker on top of a jig a few feet off the bottom while drifting, and you should catch some.

The snapper/squire season has been great so far, and July should be the pick of the months. The Bay Island drop-offs and the artificial reefs in the bay are worth a try. Big bait or live small fish are the best for the snapper, whiting heads being my favourite.

So, keep your winter woollies on until the sun rises, and again, be careful and stay safe in the strong westerly winds in the bay when they arrive.

Till next month, good fishing!









Photos: Spero Kartanos.



JULY 2023 WWW.THECOMMUNITYLEADER.COM.AU

# MAKING WAVES GIVES MORE YOUNG PEOPLE ACCESS TO SAILING

FROM ROYAL QLD YACHT SQUADRON

On Friday, May 5, Making Waves Queensland took delivery of its latest program yacht, "The Tribe" (a Farr 40), which was trucked from South Australia, with Federal Member for Bonner Ross Vasta MP, Julian Martin, CEO of Making Waves, and Operations Manager Wendy Tuck on hand to celebrate the arrival.

The Royal Queensland Yacht Squadron in Manly, Brisbane, will be home to the yacht and base camp for sailing programs for young people with disability and/or social disadvantage which, if all the yacht modifications can be achieved in time, are planned to commence in July 2023.

An outstanding fundraising event was held at the squadron the same night, with over 200 people attending and a goal of raising \$50,000 to assist in covering the costs to get the yacht ready for service and set up the programs. To say the goal was exceeded is an understatement, and due to the enormous generosity of all guests that night, the result was over \$90,000!

"I am completely overwhelmed and extremely grateful to everyone who made this night, this result and the Making Waves program in Queensland such a great success," said Making Waves CEO Julian Martin.

"We are so proud of what has been established in other centres around Australia, but Brisbane is going to knock it out of the park!"

The fundraising night included silent and live auctions, live entertainment, and a presentation from Sam Kekovich. For many, it was the first time they had even heard about the programs being made available for young people to learn and enjoy sailing.

Mark Beitz, Managing Director of Bartons Auto Group, commanded everyone's attention with his live auctioneering skills.

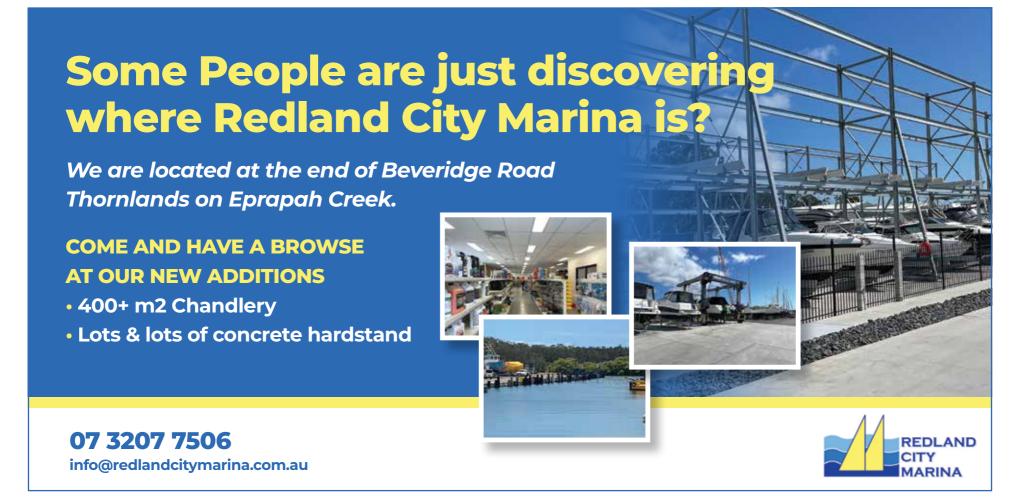
"I am just so proud to not only be a new member of the squadron and owning my first boat but for my wife Gaylene and I to be able to support this amazing initiative is just the best feeling I can imagine," said Mark.

Peter Lewis, president of Making Waves, said, "The tremendous success and support from the squadron and the local community has created an opportunity for Making Waves to establish a permanent base in Queensland to serve over 2000 people living with disability and disadvantage in our programs over the next coming years. This is a vital part of our strategy moving forward. Thank you to all those involved".



Photo courtesy of SpikeyMikey.

Further information regarding the event or assisting with the programs as a volunteer or contributor can be obtained by contacting Karen Baldwin, CEO of Royal Queensland Yacht Squadron, or via email to ceo@rgys.com.au.





### AIR CONDITIONING

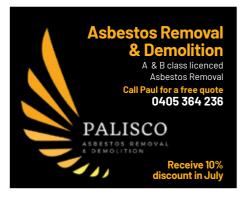




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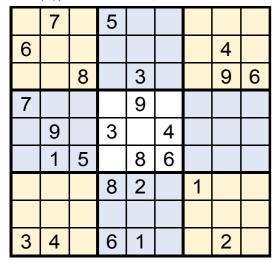
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# Sudoku

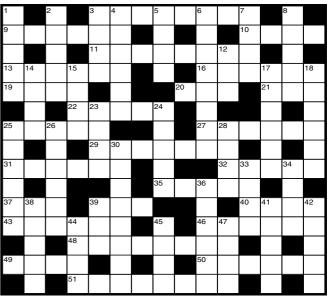
Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.



# **Quick Workout**

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. 6 No number is repeated in any hexagon. 6

# Crossword



# **Focus**

An All Australian **Word Game** 

- \* Each word must contain the centre **'Focus'** letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- st No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words

TODAY'S Good: 16 words **FOCUS** Very good: 22 words Excellent: 33 words



Reference: Macquarie Concise Dictionary Focus No. 3834

### **ACROSS**

- 3 Reflect on
- 9 Bony outgrowth 10 Wading bird
- 11 Commanded
- 13 Dwellings
- **16** Festive season
- 19 Mature
- 20 Perform
- **21** Fuss
- 22 Make void
- 25 Loud raucous sound 27 Birds of prey
- **29** Nuts **31** Garb
- 32 Assumed attitudes
- 35 Sudden convulsion 37 Metal-bearing rock
- 39 Corded cloth
- 40 Article
- 43 Quantity

### 46 Whole 48 Orchestral

- composition
- 49 Lofty
- 50 Of higher rank
- 51 Earned

#### DOWN

- 1 Tracking system 2 Condescend
- 3 Yield
- 4 Praver
- 5 Slender support
- 6 Found out 7 Disencumbers
- 8 Employed
- 12 Consume
- 14 Beak 15 Expensive
- 17 Furniture items
- 18 Henhouses

### 23 Nigh

- 24 Machines for weaving
- 25 Guiding signal
- 26 National song
- 28 Serpents 30 Young hares
- 33 Leave out
- 34 At all times
- **36** Opposed 38 Of the country
- 39 Speed an engine
- **41** Shy **42** Full of cheer
- 44 Brave
- 45 Agitate
- 47 Require

# **Word Find**

E E R

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

Stair

Tyre

Vane

Warm

Date	Own	Star
Deer	Rein	Street
Ends	Span	Tire
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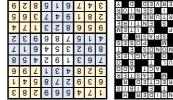
# **Join the Dots**

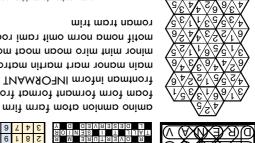
What creature is this? Find out by joining the dots. •20 •24 •25 •23 26 922 •13 27 •12 •28 32 • 31 •49 •47 35 •38 37 •38 •42 •41

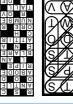
# **Solutions**

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# **CLASSIC HOMEMADE PEA AND HAM SOUP RECIPE**

When it comes to warming winter comfort food that goes a long way, you can't beat a fresh pot of pea and ham soup on a chilly day.

### **INGREDIENTS**

- · 2 cups of dried green split peas
- 500-750g smoked ham hock or meaty ham bone
- 1 large onion, chopped
- · 2 medium carrots, peeled and diced
- · 2 celery stalks, diced
- 2 cloves garlic, minced with a garlic crusher or the back of a knife
- 8 cups of chicken stock

- · 2 bay leaves, fresh or dried
- 1 tsp dried thyme
- · Salt and pepper to taste
- 2 tbsp olive oil
- · 2 small potatoes, sliced in half
- Freshly chopped parsley to garnish and crusty bread to serve

### **METHOD**

- 1. Rinse your split peas in water, drain, then set aside for later.
- In a large pot, heat the olive oil over medium heat then add the chopped onion, carrots, celery, and minced garlic. Sauté until all ingredients are soft and tender, for about five to seven minutes.
- 3. Add the ham hock or bone to your pot, then add the chicken stock and bring to a simmer.
- 4. Once simmering, turn the heat down to low and add the split peas, bay leaves, potatoes and thyme, then stir to
- 5. Cover and simmer for one to two hours, until the split peas are soft (mushy peas are good!) and the meat falling off the ham bone.
- Take the ham hock or bone out of the pot and let it cool, slightly. Remove the meat from the bone and chop it up, then put it back in the pot.
- 7. Season with salt and pepper to taste, and your soup is now ready to eat!

Note: If the soup is too thick, you can add more stock or water to thin it out. This is more likely to happen with left-overs — be prepared for your soup to thicken in the fridge once it cools!





JULY 2023 WWW.THECOMMUNITYLEADER.COM.AU

# **OUR LOST BUILDINGS: MORETON BAY GIRLS HIGH SCHOOL**

FROM THE WYNNUM MANLY HISTORICAL SOCIETY INC.

This fine building once stood at 89 Bay Terrace Wynnum. John lley Green (1839 - 1905) purchased this land in 1891, not long after the rail line had reached the district in 1889. Here, he and his two sons built the school.

The Green family hailed from Bridport, Dorset, England. Bridport was a rope-making town. John lley Green, his wife Ellen Webber Green (nee Greenham) and seven children moved to Cardiff in 1875, as there were more opportunities for education and employment for the family. However, the poor air quality of Cardiff, due to the surrounding south Wales coalfields, prompted John and fourth child Mary to sail to Australia.



1901 pen drawing.

They arrived on the steamship "Taroba" on 24 May 1889. His third child, Emily Marina, arrived on the "Jelunga" on 17 August 1891, and his wife and seven other siblings came on 8 December 1892. The youngest child, Harold, was four years old. The eldest daughter, Ellen "Ada", stayed in Wales as she was already married.

John lley Green, a carpenter by trade, was 43 years old and had progressed over time from being a carpenter to a builder. He purchased two roods (½ an acre) of land at the northern end of Bay Terrace on 17 November 1891 and built a home large enough for his family of 13 persons, including his sister-in-law.

The second child, Alice Jane (1863 -1966), had trained at the South Kensington Science Department and the London Day Training College before arriving in Australia. She taught at Cardiff Higher Grade School in Wales for five years, becoming a Senior Mistress. She brought excellent testimonials to Australia, coming in 1892 and moving to take up a Senior Mistress post at Rockhampton Girls Grammar School in 1893.

The fifth and sixth children, Anne Eliza "Alison" (1869 -1954) and Ella "Hellah" (1872 -1969) had studied Art and Music in London. The pair moved from Wynnum to teach at the ladies high school in Tenterfield. The ninth child, Elsie Gertrude, moved to Tenterfield, and finally, Alice



High School, 1901.

Jane left Rockhampton in 1895 and became Principal at Tenterfield for five years.

In 1900, Father John Iley and sons Samuel (1875-1958) and John William (1877-1959) completed a purpose-built school building at the front of the site of land in Wynnum. The Green girls left Tenterfield, and the family reunited in Wynnum.

Moreton Bay Girls High School took the first pupils in 1901. The original building was simple and catered for six boarders and 20 day girls. Queensland Country Life gives the school the highest accolades in 1908: "...broad and extensive curriculum, home from home accommodation, healthy seaside surroundings, examination links to overseas institutions and so on...".



Moreton Bay Girls High School, post 1910.

Father, John Iley Green, suffered an accident in 1905 and was killed.

In 1910, a large extension was built towards Florence Street, onto the southern side of the school, which increased pupil admissions. The extension contained additional new classrooms and practice rooms, a library and an abundant water supply.

The roof line was raised to give the dormitories more space on the second floor. The small balcony at the front of the original building was removed. An extension was built, enclosing the area, giving more

internal space for the school. The verandahs were left open. This building work, both from an educational and a health point of view, allowed the claim to be made that the school was one of the best secondary schools in the state.

Admissions grew. The Greens passed away. In 1957 the school was re-named Moreton Bay College. But financially, the school could not survive on the two-acre piece of land. Fourteen acres had already been purchased in Wondall Road, Manly West, and now housed the Junior School. The decision to move the secondary school to Wondall Road was made. The Board Chairman, Rev Nevin Stoddart, stated that the ideals and traditions built up over the last 84 years would be able to survive and flourish. Moreton Bay College was opened on Wondall Road in January 1986.



Moreton at Pullenvale.

Already in the hands of demolishers, the main building was eventually purchased by Tony Finlay, an expert at house restoration and moving large old homes onto new sites. Although the building was built as a school, Tony intended to create a residential mansion with very large rooms.

The three-storey structure was carefully dismantled into twelve pieces. Then the journey began across Brisbane to the new site, high on top of a hill in leafy Pullenvale, in Brisbane's western suburbs. Reassembly took six weeks, and full restoration took nine months. The house was named "Moreton".

Today we have the Wynnum Shopping Centre at 89 Bay Terrace Wynnum.

All photos courtesy of Wynnum Manly Historical Society.

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# MODERN DIGITAL DENTISTRY MEANS GREATER PATIENT COMFORT

# FROM DENTAL ON CAMBRIDGE

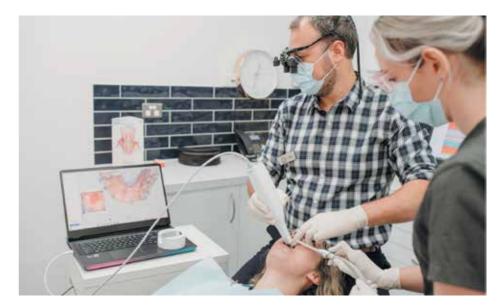
Modern digital dentistry offers many advantages for patients that not only mean great aesthetic outcomes but also greater efficiency, better patient comfort and longer-lasting results. Utilising state-of-the-art equipment to enhance the comfort of our patients is one of our top priorities. At Dental on Cambridge, we pride ourselves on using the most cutting-edge technology to provide the highest quality treatment and care. Treatment outcomes include providing beautiful and realistic-looking crowns, bridges and dentures in fewer appointments than when using traditional techniques.

Previously, to create a new tooth for a crown, bridge or even a denture, patients would have to endure sometimes gag-inducing impression material to take impressions of their teeth. If you have experienced the discomfort of having traditional dental impressions done in the past, you know all too well that this can be an unpleasant experience. Whether it be the awful taste or the feeling of the runny goo inducing a gag reflex. By utilising ultra-high definition intra-oral 3D scanners, the need to take traditional dental impressions/casts is now eliminated.

Additional benefits of using digital scans, compared to traditional dental impressions, are speed and accuracy. Traditional impressions take up to five minutes to set properly and can often distort due to unavoidable patient movements such as swallowing or tongue movements. Additionally, traditional impressions are more sensitive to moisture contamination leading to a loss of accuracy and detail.

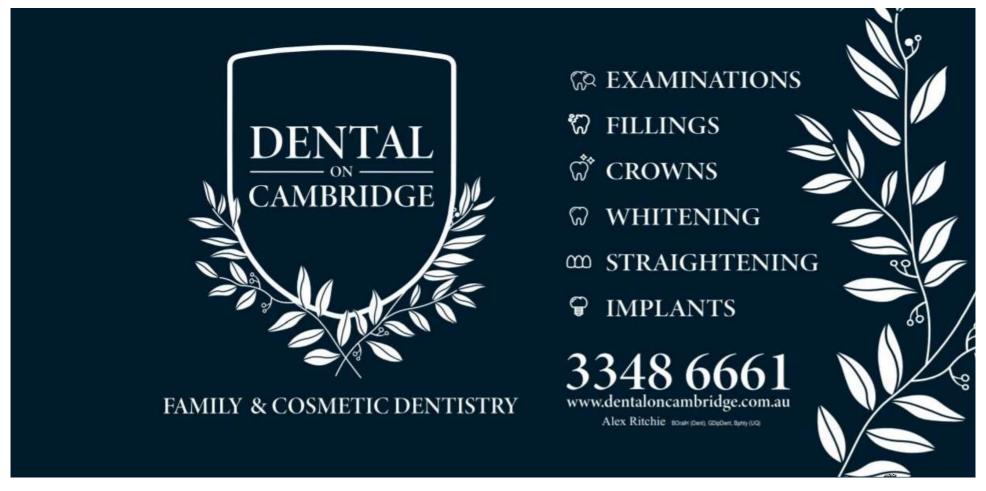
With an intra-oral scanner, due to the speed of acquisition and the ability to pause and resume data collection at any point, these issues are mitigated, and the end result is extremely accurate. The intra-oral scanner is a small wand-like camera device that quickly records three-dimensional data inside the mouth in exceptionally high detail, which is then used for 3D cad/cam design and 3D printing of devices such as dental splints and dental models.

How does this help with my dental visit? One of the biggest benefits we see is that patients report that



the procedure is quicker and more comfortable. Additionally, we see that crowns, bridges, splints, partial dentures and implant crowns fit better and require less adjustments on completion. This means less dental visits are required to complete the work.

So, if you've been putting off coming to the dentist because you are dreading the awful goop and gagging you may have experienced in the past, we can help! It's just one of the many ways we provide the highest quality treatment and service to our patients. Give our team a call at 3348 6661 to see how we can best help you.





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