

The Community Leader

Redlands

WE'RE ALL ABOUT GOOD NEWS

ISSN 2981-8087



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IGNITING CREATIVITY THROUGH COMMUNITY

Our local environment is a constant source of inspiration. From the beach to the bush, the vibrant colours in nature have nurtured artistic expression throughout generations.

Art is important to any community, and being around other creative people is important to artists.

The newly-formed Redland Coast Art Society is bringing together artists of all abilities to create a hub that develops and encourages creativity through art. You'll often spot their members outdoors, engrossed in their craft, connecting with the beauty of their surroundings and one another.

If art isn't your thing, chances are you'll find your tribe in the Redlands, which is rich with clubs and groups ready to welcome you into the fold, some of which we've featured in this edition.

And if you'd like a more casual activity, take a stroll, smile (because it feels great!) and chat with people in your community. The small connections we create make our area a fantastic place to live, work and play.

We hope you love this edition of The Community Leader and find inspiration to enjoy your neighbourhood's diverse activities and events.

Pictured: Redland Coast Art Society members. Find out more on page 11.



Redlands Coast Properties

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EXPERIENCE ~ INTEGRITY ~ RESULTS

ORMISTON COLLEGE STUDENTS UNDERGO CLIP FOR A CURE

CONTRIBUTED BY ORMISTON COLLEGE

For almost a decade, Year 12 girls at Ormiston College have donated their hair for wigs to help those with hair loss from cancer treatment. The Chop, as the annual fundraiser is known, has collected over \$100,000 in donations for Mater Chicks in Pink, supporting women living with breast cancer, since the inaugural campaign in 2015.



Cognisant of men's health issues and inspired by their female peers, the Year 12 boys at Ormiston College sought to initiate their own fundraising campaign and have launched The Clip in support of the Prostate Cancer Foundation of Australia this year. Prostate cancer is the most commonly diagnosed cancer in Australia, and it is estimated that one in six males will be diagnosed by the time they are 85.

On Wednesday, 7 June 2023, 17 students gathered, having a buzz cut and raising \$12,000 in funds for prostate cancer research, awareness and support services. Hair clippings will be donated to Sustainable Salons and used to create hair booms to help rid our oceans of oil spills that endanger bird and marine life.

The Ormiston College Service Leadership Committee, who coordinated the initiative, warmly welcomed Jason Castle, community engagement manager for the Prostate Cancer Foundation of Australia, to the event to receive the cheque for \$12,000 on behalf of the foundation.



Photos: Supplied.

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IT'S ALL IN THE TEXTURE OF THE TEXTILE...

An exhibition of textile art pieces and an introduction to creating beauty out of fabric and thread will be featured at the Redland Art Gallery in July.

Connected by Thread is a celebration of the SmartArts Creative Textile group's 20th anniversary. The current collective grew from an original group of three, each of whom had won prizes in a challenge at Bayside Stitchcraft at Ross Court, Cleveland. This grew into a more structured group of seven and membership now stands at nearly twenty.



The exhibition, which will run from 15th July to 5th September, comprises 18 works; at least one entry from each of the group members and two collaborative works to which each artist has contributed a separate component. Marj Long, a member of SmartArts, says that one of the collaborative works is a display of each member's self-portrait.

"The portraits will be hung close together, all the same size but totally different applications," she says. "The other collaborative work is a grouping of more than four hundred Artist Trading Cards (ATCs) that form the number twenty for our anniversary. ATCs are only 64mm x 89mm; they are usually textile based and include many different techniques and themes. We hope both collaborative displays will be of interest to visitors."

The crafts incorporated in the artworks include collage, 3D creations, batik and eco-dying, embroidery, appliqué, beading, free machine stitching/thread painting, lace making and felting. For those who find the various techniques enticing – but baffling – a participatory workshop will be held on July 20th, when some of the arcane mysteries will be unfolded for participants.

Each participant will be given a kit to work with then guided through the various creative techniques. Lynne Williams, one of the three original members, will give a floor talk after the workshop.

Note: the workshop is fully booked but the gallery is running a wait list for late applications.

For more information about the exhibition <https://artgallery.redland.qld.gov.au/>.



Photos: Supplied.




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KIM RICHARDS MP STATE MEMBER FOR REDLANDS



#LuvRedlands

COMMUNITY UPDATE

COST OF LIVING RELIEF ON ITS WAY!

At the heart of this year's budget is providing national cost of living pressures relief that is impacting Queensland families. It is the largest household relief package anywhere in the nation. Queenslanders will pay less for electricity in 2023–24, with households receiving one of the following: a \$550 Cost of Living Rebate on electricity bills for all other Queensland households OR a \$700 Cost of Living Rebate on electricity bills for vulnerable households, plus a further \$372 under the Queensland Electricity Rebate Scheme, bringing total rebates to \$1,072. To find out about the full range of savings on the table for Queenslanders visit: www.queenslandsavers.qld.gov.au



\$80M MORE FOR CLEVELAND REDLAND BAY ROAD

In exciting news, last week's budget secured a further \$80M to continue the duplication of Cleveland Redland Bay Road from Anita Street to Giles Road Redland Bay in Stage Two of the road plans. This builds on the construction work that is underway for the Stage One \$110M duplication from Magnolia Parade, Victoria Point to Anita Street. There are a lot of road works underway right across the Redlands, so thank you to locals for their patience while these important projects are being delivered and for the disruptions they cause.



REDLAND HOSPITAL CONTINUING TO EXPAND

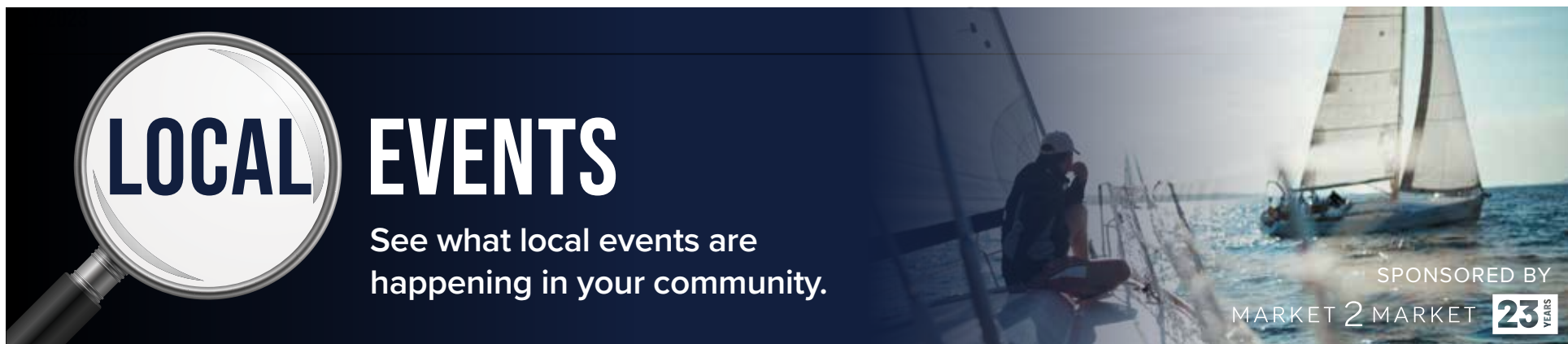
Healthcare for Queenslanders is at the centre of our budget in new hospital infrastructure and more nurses, doctors and allied healthcare staff. Our Redland Hospital Stage 2 Expansion will kick off with a \$150M investment in a new mental health facility. With the old carpark and demolition of the existing mental health facility, we will unlock the front of the hospital site for more new buildings. ADCO Constructions is underway on work for the \$62M Redland Hospital Stage 1 Expansion that includes 37 new beds and ICU. We've also got Hutchinson Builders going gangbusters on the \$25M new 28 bed ward. This investment will see an increase of 40% in bed capacity at Redland Hospital.

FREE KINDY FOR LITTLE REDLANDERS

We're making kindergarten free for all Queensland families from 1 January 2024. We want to make sure all our little ones get the best possible start to learning! This \$645M investment will help every Queensland child get a great start and support parents in returning to work. Free kindergarten is set to save families around \$4,600 per year, putting money back in family's pockets where it's needed. And at Russell Island State School we're delivering Kindy in the School and we're supporting Bay Island Early Learning on Macleay Island to deliver programs for our little ones on islands too.



Kim RICHARDS MP



If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

PARENTS & PRAMS – REDLAND ART GALLERY



Wednesday July 5th from 9:30am to 12:30pm
Redland Art Gallery, 95 - 97 Bloomfield St,
Cleveland

A free, fun activity held once a month at RAG, Cleveland. Parents & Prams offers carers and their young children an opportunity to explore the latest exhibitions, socialise and get crafty. Three sessions at 9:30am, 10:30am, 11:30am. Bookings essential via Redland Art Gallery website.

FIRST EVER SHORELINE MARKETS



Friday, July 7th from 5:00pm to 9:00pm
Jingeri Street, Shoreline, Redland Bay

Entry is free, parking is free, and so is the live music at this twinkling twilight market. The Shoreline Market features international food trucks, pony rides, face painting, carnival games, roving entertainment and more!

EXHIBITION OPENING: OLD SCHOOL HOUSE GALLERY



Saturday, July 8th from 5:00pm
Old School House Gallery, 120-126 Shore St,
North Cleveland

Come along, be inspired, and support the talented members at the opening of the *Place We've Been – Things We've Seen* exhibition, on display throughout July.

LOCAL HISTORY WALK



Saturday, July 15th from 11:45am to 12:45pm
Cleveland Cemetery, 53 - 71 Wellington
Street, Cleveland

Get your walking shoes and join this historical stroll through Cleveland to uncover true local stories from the pioneer era. This is a free event, and bookings are essential via Redland City Council's Library Service.

LATIN DANCE SOCIAL CLASS



Sunday, July 30th from 7:00pm to 9:00pm
Redlands Sporting Club, Anson Road,
Wellington Point

Dancing is fantastic for the body and the soul, so join Amos Dance Rhythms on the last Sunday of the month for a free social Latin dance class.

TUESDAYS

TEEN BOARD GAME DROP IN SESSION

Fortnightly on Tuesdays from 3:30pm to 4:45pm
Victoria Point Library, 7/15 Bunker Rd, Victoria Point
Play chess, D&D, Magic: The Gathering or Uno – all you need to do is drop in and play a game! This is a free activity space for teens, with no bookings required!

FREE TRIVIA

Tuesdays from 7:00pm to 9:00pm
Redlands Sporting Club, Anson Road, Wellington Point
Trivia takes place in the main lounge, with great prizes including cash vouchers and venue vouchers up for grabs!

WEDNESDAYS

ZUMBA WITH KELLY

Wednesdays at 4:30pm
Donald Simpson Community Centre, 172 Bloomfield St, Cleveland
Move and groove at this fun Zumba class. You don't need experience, just wear comfortable footwear, and bring a towel, water bottle and your sense of fun! Zumba costs \$12 for DSC members, \$15 for non-members.

THURSDAYS

MUSIC BINGO & TRIVIA

Thursdays from 7:00pm
Redlands RSL, 8 Passage St, Cleveland
Every Thursday night from 7pm in Anzac Lounge you'll find free Music Trivia or Music Bingo (rotating weekly).

SATURDAYS



PARK RUN, REDLAND BAY

Saturdays at 7:00am
Sel Outridge Park, Hamilton Street, Redland Bay
A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or watch – it's up to you!

FOR MORE GREAT EVENTS IN THE COMMUNITY, VISIT THECOMMUNITYLEADER.COM.AU



Community News



VICTORIA POINT

Bennett Family Real Estate has been serving the area for more than 18 years and over that time we have got to know our lovely residents!

With this community paper, we would like to expand the value we bring to the lovely people of Victoria Point!



Are you looking for reliable trades people?

Contact us for electrical, plumbing, roofers, cabinet makers, painters, plasterers, gardeners, pools, maintenance, and removalists.

Call us on 3820 7922 or email info@bennettfamily.com.au



Joke of the month

What did the left eye say to the right eye?
Between you and me, something smells.

RESIDENT OF THE MONTH BILL ROLLO

MEMBER OF VOLUNTEER MARINE RESCUE VICTORIA POINT

Bill was born in Dublin, Ireland, into a family with a background of boating and fishing. He relocated first to England, then Sydney, then 12 years ago retired with his wife Mary to the bayside in Victoria Point-in Bill's words "best place in Australia!"

I was lucky enough to meet Bill and his family when they first came here and was able to secure a beautiful home for them where they still live today.

With his boating background, Bill liked the idea of volunteering and he joined the Victoria Point V.M.R over 11 years ago. "It is a great outfit to belong to and very rewarding when you rescue a family with small children who were stuck in the bay exposed to the weather," says Bill.

Bill joined when he was 69 years old, and has enjoyed over 11 years of great friendship with all the crews. There are four crews, one for each weekend of the month.

V.M.R is always on the lookout for new recruits – age is not a barrier; Bill is 81 years young now – so don't be shy in asking about joining, you will be more than welcome.



WHAT'S ON IN July

Teddy Bears' Picnic & Workshops Victoria Point Shopping Centre

Monday June 26th – Sunday 9th July

WHERE: Outside Best & Less

TIME: 10am - 2pm daily

COST: FREE

Come and join the FREE teddy bears' picnic, with workshops to help you make your very own teddy bear to take home, as well as an edible teddy bear race car. No bookings required. Suitable for ages 4 – 12 years.

WEEK 1: 26 June - 2 July

Make and decorate your very own teddy to take home and treasure.

WEEK 2: 3 - 9 July

Create an edible teddy bear race car to enjoy.

TEDDY BEAR MEET & GREET:

26 June & 3 July

Dr Seuss's The Cat in the hat - live on stage

WHEN: Saturday 1st of July

TIME: 10:30 am, 1pm, 4pm

WHERE: Rpac concert hall

2 -16 Middle Street, Cleveland, QLD 4163

Book tickets online by scanning the QR code



VMR Fundraiser At Bunnings Victoria Point- Sausage Sizzle SUNDAY THE 16TH JULY

**Outside the front of bunnings
Victoria Point**

Victoria Point marine rescue are having a sausage sizzle to fundraise for their organisation. Come down and show some support!

IT TAKES A VILLAGE: SOCIAL MUMS CREATE NEW CHAPTER

BY REBECCA MACRAE

They say it takes a village to raise a child. But what if you don't have one? Or don't know how to include yourself in one? You might be an introvert. Or maybe even too exhausted to make the effort. So the cycle continues.

Motherhood can be magical and fulfilling, but it can also be lonely, repetitive and can leave a woman feeling isolated and with a loss of identity.



Photo: Supplied.

Social Mums Club is your village.

We connect mums to create uplifting communities of fun, friendship and support.

At Social Mums we are your support network and your cheerleading squad. We are encouraging, non-judgemental, safe and inclusive. We have your back, and have a lot of fun too!

Come and see for yourself; we have a beautiful diversity of backgrounds, ages and stages so everyone will feel welcome.

We are also passionate about supporting our wonderful local businesses who want to give back to their community and offer a range of discounts for our members. We have only just started, so watch this space.

For more information, visit www.socialmumsclub.com.

DISCOVER UNIQUE TREASURES AT THIS MASSIVE MARKET DAY!

FROM REDLANDS COAST COLLECTIVE MARKETS

Remember when markets were full of amazing handmade treasures that you just couldn't find at the shops? Redlands Coast Collective Markets is a boutique market that showcases vendors selling arts and crafts, handmade items, vintage and pre-loved fashion, toys and household items.



Photo: Supplied.

Held at the Faith Lutheran College Redlands, the market is the largest on the Redlands Coast and is the perfect place to pick up a beautiful unique gift, shop for a new outfit or source that amazing market find and support local Redlands businesses.

The outdoor market hosts more than 100 stalls, and has something for everyone. It's even pet friendly!

Following the huge success of the first pet-specific market in May, Redlands Coast Collective Markets will run PuppyPalooza again in September, so get ready for a pawsome day out!

The next market will be held on Sunday 6th of August, so come along and support your local community. More information is at www.redlandscoastcollectivemarkets.com.au.

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Leasing AT LAKESIDE!

Victoria Point Lakeside offers a unique lakeside setting, where you can dine at the vast choice of restaurants or be entertained at the state-of-the-art 9-screen Cineplex cinema complex.

If you would like to join the 80 retailers at Lakeside, leasing enquiries should be made to Bronwyn Seeto, All Commercial Properties QLD on 07 3207 8211 or bronwyn@allcommercialpq.com.au.



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at Redland Bay Village

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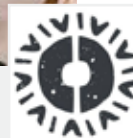
Whether you are in the mood for a delicious Chinese Takeaway or a Coffee catchup, Redland Bay Village has a selection of Cafés and Takeaway options to choose from.



Zazzy's Corner Café
3206 9062



Merak Gf Artisan Café
0434 226 872



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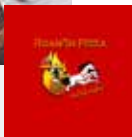
Chickens By The Bay
(07) 3134 3316



Dominos
3479 2120



Roam 'In Pizza
3829 1410



Thai Time
3829 1222



Redland Bay Chinese Café
3206 8161



Leasing at Redland Bay Village

Redland Bay Village hosts 60+ retailers. It is home to a variety of professional services, eateries, health & medical services and unique stores. If you are interested in joining the Redland Bay Village Community, leasing enquiries should be made to Bronwyn Seeto, All Commercial Properties QLD at 07 3207 8211 or bronwyn@allcommercialpq.com.au.

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FIVE MINUTES WITH REDLAND COAST ART SOCIETY MEMBERS

We asked the newly-formed Redland Coast Art Society members to tell us a little about their group.

What was the driving force behind establishing the Redland Coast Art Society?

Gloria Dietz-Kiebron: A circle of friends sharing a passion for fine arts joined forces to create a supportive community that would nurture their artistic pursuits and provide encouragement and guidance to Redlands residents.

What do you hope to achieve over the next 12 to 24 months?

Robin Wilson: We'd like to increase membership numbers and create a haven for like-minded artists.

Peter Wallach: To have our own venue for workshops and exhibitions.

Kat Christensen: To create good vibes in the Redlands community!

Gloria Dietz-Kiebron: We look forward to organising exhibitions geared towards the youth in our area, providing them with opportunities to showcase their talents.

Do you have any special events planned?

Angela Bruce: During Senior's Month, the society will host an art-venture event in October with an exhibition at the conclusion.

During the year, we will host an exhibition of members' artworks and crafts for sale, with a welcome to all our visitors.

Can I join, and how do I find out more?

If you'd like to join the society, the members would love to hear from you. You don't need to be an experienced artist – just an enthusiastic one! Beginners are most welcome, so why not try something new?



Redland Coast Art Society is at St. Paul's Anglican Church, 4 Cross Street, Cleveland. For more information, contact Gloria Dietz-Kiebron at 0427 244 438, Kat Christensen at 0412 638 768 or Angela Bruce at 0408 150 930.

Help Wanted

Would you like to earn some extra money, get fit and help connect the local community?

We're looking for locals to distribute The Community Leader. If you'd like to work flexible hours with a good hourly rate, contact Locals R Us on 0403 189 625 or hello@localsrus.com.au.



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MAGGIE'S MATES

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Name: Hi my name is Pepper.

Where do you live? With Mum and Dad at Birkdale.

How long have you lived there? Since I was eight weeks old, when I first came to live with Mum and Dad, so I guess that's about two-and-a-half years ago. You know, I only weighed about 650 grams when I arrived, but I'm a big girl now and, while we girls don't generally like to talk about our weight, I'm just 3kgs now.

What's your favourite local walk? Personally, I prefer anywhere outside of our gates – sure I've got lots of yard to play in but it's just so damned exciting out in the world.

Your most treasured toy? I love playing soccer, but I think my favourite is the three little pigs house. You see, Mum hides treats in there whenever she goes out. She thinks I need to have something to do while she's out but the truth is, I mostly sleep once I've checked out that the neighbours are all okay.

Your favourite food? Well, it's certainly not that kibble they give me! I'm sure it's a healthy option but would you want to eat untoasted muesli all day every day? I'm in doggy heaven when she gives me a little sliver of cheese.

What's your worst habit? I do like to dig and, for better or worse, we have that lovely Redlands red soil. The 'better' part is that it's really lovely to have a dig in it. Apparently, the 'worse' part is that I have a habit of racing inside with a bit on my paws (usually it's a bit damp too) and I'm always so excited after a dig that I race straight in and jump up on the bed to do some zoomies.

Your favourite local hangout? I really like it up at the jetty at Wellington Point. There are usually a few birds and some other dogs to meet. I like the bait the fishermen use too.

Your best doggo friend? That would have to be Sally – she's a cavoodle and lives at Redland Bay. Her mum and my mum are family so we have lots of play dates.

Do you have any funny or embarrassing stories? I'm not very big and Mum calls me an escapologist. Is that a good thing? I'm sure it must be! As a youngster, I used to slip through the fence, the gates, just about anywhere there was a sliver of light, so mum attached 100 metres of chicken wire to the bottom of all our fences and gates. It's so embarrassing – I'm sure people think I'm in jail. Oh, and I went grey very early – born black, but silver at only nine months.

What do people love most about you? I think I'm just exceptionally cute and I'm very snuggly.



Name: Leo.

Where do you live? In a big house with a messy yard in Thornlands.

How long have you lived there? All my life I think – I was very little when we moved there.

What's your favourite local walk? Anywhere! Sadly, my family is very busy and I don't get to go on too many walks except when my mum is on a health kick, but they never last long!

Your most treasured toy? Anything I can chew really – rope toys are fun 'cause you can play tug-o-war.

Your favourite food? I love chicken.

What's your worst habit? It's a toss-up between barking and chewing!

Your favourite local hangout? The lounge when Mum is on it, or Mum's bed when she's in it. I love snuggling under the blanket.

Your best doggo friend? I am not very friendly I'm afraid, but I'll hang out with my cousin (fellow dachshund) when Mum visits her brother.

Do you have any funny or embarrassing stories? Lots! My family is always laughing or crying at me. I like to climb into the bathroom basin or bath (when they forget to close the bathroom door), problem is I'm too little (scared) to jump out so usually have to cry for help so someone can help me out. Not fun when they have gone out for the day.

What do people love most about you? The fact that I am little. They like to carry me around, I like that too and I am sure they love my kisses. I give lots of kisses!



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ALL ABOUT ARTHRITIS IN CATS AND DOGS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Arthritis is a degenerative disease which causes inflammation of the joints. Approximately 25% of dogs are diagnosed with arthritis in their lifetime with as many as 60% showing changes on x-rays. In one study a huge 90% of cats over the age of 12 years showed radiographic signs of arthritis.

TYPES OF ARTHRITIS

There are two forms of arthritis – primary and secondary. Primary arthritis is due to ageing – years of wear and tear on the joints. Secondary arthritis is the result of an external event or force on joints – injury or conformation (poor joint alignment) which have damaged the joint cartilage. There are also some immune conditions which cause arthritis.

DIAGNOSIS

Diagnosis of arthritis is based on physical examination and diagnostic imaging (x-rays, arthroscopy, CT scans or MRI).

TREATMENT

Treatment of arthritis is based on management as there is no specific cure. The goals of treatment are to relieve the pain and discomfort associated with the condition, minimizing further joint damage and degeneration and restoring the functionality of joints as much as possible.

There are a number of factors involved in treatment including:

- Managing weight – your vet may recommend a weight loss diet for your pet as overweight animals put more strain on their joints.
- Maintaining an appropriate exercise program – low impact exercise such as gentle leash walks or swimming to keep joints moving.
- Joint supplements to support healthy cartilage – there are a range of different products with ingredients such as polysulphated glycoaminoglycans, glucosamine and chondroitin sulfate.
- Diets containing omega fatty acids or supplements such as fish oil or green lipped mussel extract.
- Anti-inflammatory pain relief – ask your vet for advice on the most appropriate medication for your pet.
- Physiotherapy, acupuncture and massage can be very helpful to help relieve pain.
- There are some new injectable medications for dogs and cats which are so far proving very helpful on reducing the signs and discomfort of arthritis – ask your vet for more information.



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HEARING HEALTH WITH PENELOPE WOODS

Hearing Loss and Dementia – The Link Explained

BY PENELOPE WOODS, BMUS, MAUDST, MAUDA (CCP)

As a Masters Qualified Audiologist and founder of A Better Ear, I'm passionate about helping people maintain good hearing health. Today, I'd like to discuss an important topic: the link between hearing loss and dementia, and how early intervention can make a difference.

According to the Lancet Commission's 2020 report on dementia prevention, intervention, and care, hearing aids can have a protective effect against developing dementia. While 60% of dementia cases occur regardless of lifestyle changes, the remaining 40% can be influenced by modifiable risk factors, with hearing loss being the most significant. Yes, you read that right!

On average, it takes people up to ten years from when they first notice their hearing loss to when they decide to seek assistance. The Lancet report highlights the importance of early intervention, as hearing aids can have a protective effect against late-life onset dementia. Receiving a timely diagnosis and treatment can better prepare individuals for hearing rehabilitation and allow them to consider the impact of hearing loss on their lives.

Untreated hearing loss can lead to reduced social connectedness, increased feelings of isolation, frustration, and depression. Loss of social support and integration are high-risk factors for early mortality, even more so than smoking or heavy drinking. Hearing rehabilitation, when performed by a skilled and motivated Audiologist, can help reduce these risks. The key is for the Audiologist to be genuinely interested in the patient, highly skilled, and to involve family members or significant support people.

If you or someone you know is experiencing hearing loss, find a clinic with a great reputation and get started. Early intervention is crucial, and with the Australian Government's Hearing Services Program and Medicare rebates now available with a GP referral, there's no better time to address your hearing health.

Penelope is a passionate hearing health advocate and the founder of A Better Ear in Cleveland. Send your hearing health care questions to hello@abetterear.com.au and Penelope will answer them in a future column.

See a
specialist,
not a
salesperson.



Penelope Woods
MAudSt, MAudA (CCP), BMus
Founder/Audiologist

 **A Better Ear**

Ph: (07) 3821 3744
9/21 Waterloo Street, Cleveland
www.abetterear.com.au

COOLNWPIN STATE SCHOOL NEWS

What's happening in our school & community



PRINCIPAL'S MESSAGE

Coolnwynpin State School is one of Queensland's greenest primary schools and also the best kept secret in the Redlands. We are tucked away in Capalaba on 24 acres of land with only 330 students. This allows us to provide so much more for each and every student here. Each day begins in a warm and welcoming environment, with each classroom forming its own mini-community within our small Coolnwynpin team. We are very proud of our most recent grant of \$20,000 to increase the tree canopy for wildlife as part of the Queen's Jubilee project.

We value the very close relationships we have with students, parents, families and staff. We are all working for the same goal; to secure the best education for every student. These positive relationships and community partnerships promote a connection to our local area that is unique. A serious culture of improvement and lifelong learning exists across our whole school. When I walk into each room I am delighted to hear and see that students are learning and having fun.

COOLY AND THE COOL KIDS

Our Coolnwynpin Koala helps with behaviour and social skills. Standing at 7 feet high, Cooly is a big piece of the fun at our school. We celebrate Cooly's birthday every year on



May 3rd, which happens to coincide with International Koala Day. Cooly is in charge of posting home our school postcards that promote our rules and reward excellent behaviour. You can't keep a good koala down and he is a favourite on our Facebook page. Cooly is the star of our book about leaving Kindy and coming to Prep that is available for all Redland Early Childhood Education Centres.

At Coolnwynpin State School we develop our Prep students to have a love of learning, appreciate the environment and a deep understanding of who they are. We use their inquisitive qualities to enhance important life skills by working, playing and investigating together. Our Preps think and solve problems to become independent, using oral language, physical skills and early learning behaviours through play. This is the grounding they need to be successful students in later years.

We are in the final stages of enrolling students into Prep for 2024. If your child is born between July 1st 2018 and June 30th 2019 they can begin Prep with us next year. Parents and caregivers who have not yet enrolled should contact us on 3906 4333 immediately to ensure a placement.

STRONG EXPERIENCED LEADERSHIP

The Leadership Team at Coolnwynpin is diverse and very experienced. With over 100 years of combined teaching and leadership experience in state schools across Queensland, our team is united and determined to work supportively with our staff, families, community and students to promote positivity and excellence.



OUR GREEN CREDENTIALS

The LED school sign on Ney Road is made from recycled aluminium and 100% powered by solar energy. This sign is the first of it's kind in Queensland and it means that there is no cost to the environment in the day-to-day promotion of our school.

Chickens are our waste reduction super heroes. We have a flock of chickens, and while they support students who need help with regulation, they also reduce our waste. Every left-over crust and apple core goes down to the girls who happily turn them into eggs. We also have composting facilities for things that chickens are not allowed to eat.

The Coolnwynpin Orchard has over 40 fruit trees. 20 citrus varieties that allow us to produce oranges, mandarins, limes and lemons for 8 months of the year. On top of this are olives, apples, feijoa, macadamia, mulberry, custard apples, pomegranate, avocados, bananas and more. Our students learn that fruit doesn't come from Aisle 1 – it grows on trees. This is a huge life lesson. Watering the garden is also a highly therapeutic activity and supports students, parents and staff who volunteer.



Native bees live in a hive hidden within the bush tucker garden. Year 1 are the official bee keepers and have embedded our stingless friends into their scientific learning.

We have two species of wallaby that live on site, microbats, possums, koala and a wide variety of birdlife that nest in the grounds.

If you are looking for a green school, we are your answer.

2024 PLACES FILLING FAST – ENROL NOW – COOLNWPINSS.EQ.EDU.AU

ANGLICARE KILLARA PLACE DAY RESPITE CENTRE, HOME AWAY FROM HOME

TAKING care of a loved one can be quite a challenge, not just physically, but mentally and emotionally.

At Anglicare’s Killara Place Respite Centre, located at 71 Wynyard Street, Cleveland, staff are trained to provide support to carers by offering short-term professional centre-based day care for the elderly.

Featuring an extended Dementia Care Service, Killara enables carers to take a break and recharge their batteries with peace of mind; and it gives clients the opportunity to spend their day in a way they enjoy, whether that is building friendships, participating in activities or simply relaxing.

Anglicare Southern Queensland Group Manager Home and Community, Sue Montgomery, said it was important that carers take time out for themselves so they can continue to provide quality care to their loved ones.

“We’re here to support you to take a break, recharge and rest,” Ms Montgomery said.

“We can provide experienced qualified Anglicare staff, nursing and care support workers who will ensure the social, emotional, cultural and spiritual

needs of the person you are caring for are met, with respect for their dignity, self-worth and individuality.”

The respite centre is funded for people under the age of 65 with a disability via the Queensland Community Support Scheme (QCSS) and people over 65 via the federal Commonwealth Home Support Program (CHSP). There is a co-payment and fee-for-service option available. Transport is available for a limited number of clients where needs have been identified. Meals are also included.

Ms Montgomery added that if a carer volunteers, works, or studies and is looking after a client with a diagnosis of dementia, Killara Place will cover all costs associated with their care thanks to government funding.

A client’s family member said ... “Killara gives mum what we cannot give – six hours of mental stimulation, time with people similar to herself in age and health, and a safe and happy environment where she feels and is, independent from us”.

“The staff are fantastic, maintaining a cheery disposition and brightening up mum’s days. They are caring and kind and she loves them. We are



Photo: Supplied.

enormously grateful for the wonderful service provided by Anglicare at Killara Place. It has enabled us to keep mum at home with her family and still retain a degree of independence for her and for ourselves.”

Some of the activities and services that are provided at Killara include men’s group and friendship groups, arts and crafts, discussion groups, music, book club, card games, live music, knitting, cultural and theme days, table games, social and educational

outings, active minds and sensory games, exercise sessions, beauty therapy, sports competitions, bus outings, community garden and morning tea and lunches.

If you would like to find out more information on our respite care services or would like to have a chat about how we can support you and your loved one, please give us a call on 1300 610 610 or visit our website www.anglicaresq.org.au/carer-support/respite

Killara Place Day Respite Centre

Supporting carers to take a break, rest and recharge.

We offer client-centred care designed around staying socially and physically active. Dementia care available.

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CONNECTING AND SUPPORTING PEOPLE IN OUR COMMUNITY

FROM PETER HOULISTON-HOOLY AND THE FREEDOM PROPERTY TEAM

Residents of the Redlands recently nominated their elderly neighbours and family members who they felt deserved a treat. The latest campaign from THEHOOLYTEAM saw 50 roast lamb dinners delivered to the elderly.



These elderly people may be alone, lonely or bereaved, or doing it tough in some way. This meal is a hug, and a thank you to let them know we care and value them.

On July 21, we intend to deliver 100 *Christmas in July* roast turkey dinners (with all the trimmings) to the elderly, who are the pillars of our community. We thank them and respect them for their contributions over the years.

To nominate a deserving elderly neighbour or family member, contact us at www.Hooly.com.au with your nominated person's name and address. The recipient must be home between 12pm and 4pm on Friday, July 21, as we cannot leave meals for health and safety reasons.

Nominations for our last round of roast lamb dinners were received through the contact page at www.Hooly.com.au. Some of the nominees were so deserving with wonderful stories. We prepared the roast lamb dinners with so much love, and delivering them directly to their doors was delightful. Everyone was so grateful, and we received so many hugs.



Pictured: Dylan, Peter, Christine and Harrison from THEHOOLYTEAM preparing the dinners. Photos: Supplied.

We are THEHOOLYTEAM at Freedom Property, giving back to the community that supports us. We sell houses too!

For more details, contact Peter Houliston-Hooly at 0424125773 or hooly@freedomproperty.com.au.

ENRICHING THE LIVES OF LOCALS THROUGH SONG AND DANCE

BY SUE HARVEY, GENERAL MANAGER, HERE'S TO LIFE REDLANDS INC.

Here's to Life (H2L) has so many beautiful stories within its walls, but one of the loveliest is the one about the mother/daughter duo Ellen and Nicole Bennett.

Ellen joined Here's to Life's jazz dancing classes nine years ago to get some exercise that wasn't the usual run-of-the-mill cardio gym workout, and as they say, the rest is history! Ellen was enraptured by the camaraderie she found at H2L.

"Shortly after starting at Here's to Life, I lost my wonderful husband, and the love, support and kindness I received from my H2L friends really helped to carry me through this sad time and still does," explained Ellen. "It certainly put a smile back on my face."

After only a few months, Ellen brought along her daughter Nicole to join the fun. Nicole started out dancing in the jazz class with her mum, but being the determined young lady she is, she quickly decided that she would also like to learn to tap dance and sing! Between the two, they sing, tap and jazz dance, do drumming, and the occasional bone strengthening class...phew!

Nicole rarely misses her early morning tap lesson on a Monday, and with Miss Sue's and Miss Renee's patience and compassion, Nicole has mastered some pretty tricky steps and rhythms. She chirps away like a songbird in Mr Warryn's singing classes and takes on all the challenging balance work in Miss Ange's Buff Bones classes.

What we haven't mentioned yet, which makes this story even more special, is that the beautiful Nicole has Down syndrome. Her love of the world, life and the girls and guys she sings and dances with is totally infectious.

Every member of H2L knows and adores the cheeky Nic – she is the personification of joy and brings it to every session. Not only does Nicole participate in the programs, but just like her mum, she volunteers her time (about six hours a week) to work at Here's to Life. Ellen and Nicole are tireless and give hours and hours of their time and energy to H2L to ensure it continues well into the future.

As well as volunteering around the hall, they sing, dance and drum their way through the annual Here's to Life concert, participate in community performances throughout the Redlands, and Ellen offers much-appreciated financial sponsorship through the family business, Bennett's Carpets.

Here's to Life is a better place for having these wonderful souls around, and Ellen says, "I could not imagine our lives without H2L – what more can I say?"

If you or a family member or friend could benefit from the fantastic programs Here's to Life offers, call Sue at 0407 154 993 or check out the website www.herestolife.org.au for more information.



Photos: Supplied.

REDLANDS ATHLETES' MEDAL-WINNING PERFORMANCES AT NATIONALS

CONTRIBUTED BY STEVE PALMER, REDLAND CITY GYMSPORTS

A Redlands athlete has made a clean sweep of events in her first National Gymnastics Championships appearance.

Eleven-year-old Ella Brushe was one of four members of Redland City Gymsports in the Queensland team who recently competed in the week-long event at the Carrara Indoor Stadium.

RCG Head Coach Melanie Tonks said, "Ella had amazing success at her first National competition. She won gold in Level 5 Trampoline, Double Mini Trampoline and Synchronised Trampoline. None of the long-time coaches from all over Australia can remember when this last happened".

Charlotte Johnstone, the club's 19-year-old Australian Representative, won Junior Under 22 Double Mini and level 7 Tumbling. She placed 6th in Senior Trampoline and was a member of the winning Double Mini Queensland team.

Jonah Masri, 10, also at his first Nationals, placed second In Youth Under 13 Double Mini Trampoline and 9th in Level 5 Trampoline.

Thirteen-year-old Bella Malcolm continues to move up the placings every time she competes at the Nationals. This is her third time, and she made finals in both her events, Level 6 Double Mini and Tumbling.

The athletes' coaches, Melanie, Lesley Daly and Joe Finley, are extremely proud of their young athletes and now know that the hard work from both sides was worth it.

Redland City Gymsports trampolinists are now focusing on their next competitive event, the South Queensland Interclub Challenge to be held at Redcliffe. With over 50 entrants, the club hopes for more success at introductory levels.



Photos: Supplied.

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GAME RUNDOWNS: REDCITY ROAR V CAIRNS MARLINS

FROM THE REDCITY ROAR

Women's team, sponsored by Hog's Breath Café, Cleveland.

RedCity Roar women have enjoyed an injection of experience and energy in recent weeks with the arrival of Donica Cosby and Angela Beadle.

We recently hosted the visiting Cairns Dolphins with talented players Shanice Swain (WNBA draftee) and Teyahna Bond having a great season so far.

Our Roar women burst out of the blocks playing some excellent two-way basketball with Lilly Rotunno steering the ship and some great inside and out play from Angela Beadle to take a 21-14 lead into the first break. From there, Cairns went up another gear with four players scoring in double digits and controlling the boards and game.

For RedCity, Angela Beadle finished with 18 points, Lilly Rotunno with 11 points and nine assists, and Donica Cosby with 12 rebounds and two blocks.

As for the final score? RedCity 69 v Cairns 81.

Men's team, sponsored by Redlands Sporting Club, Wellington Point.

Our men had a point to prove, and they came out strong in the first quarter. Every player on the court contributed in one way or another, including young guard Michael Afrakoff hitting a three off the bench.

RedCity was up six points at the break. Like the women's game, Cairns came out swinging in the second and third quarters, with Lachlan Anderson (32 points) and Tad Dufelmeier (29 points) lighting up from deep.

RedCity went on a run, and once again, young guard Michael Afrakoff (eight points, two rebounds and two assists) provided some good minutes off the bench before clawing the game back in the fourth. However, it wasn't enough. Jaylen Key finished with 21 points and 10 rebounds, and Mitch Poulain had 16 points and 10 rebounds.

The final score: RedCity 79 v Cairns 93.



Photos: Supplied.

THE *REAL* COMMUNITY VALUE OF THE DONALD SIMPSON CENTRE

FROM THE DONALD SIMPSON CENTRE, CLEVELAND

The Donald Simpson Centre, in Bloomfield Street Cleveland, has been assessed as providing \$2,026,587 in value to the Redlands community in 2022.

"This is calculated by Neighbourhood Centres Queensland using a method devised by Deloitte Access Economics and using data on operational aspects provided by the centre," explained Board Chairman Tony Christinson.

Mr Christinson said that this value was largely based on 250 hours per week contributed by volunteers.

"Volunteers are the backbone of our centre, making it possible for us to contribute to the quality of life of members and visitors through social connections and managing social isolation," he said.

Centre Chief Executive Officer, Thomas Jithin, said, "During 2022, our visiting numbers were still growing after reductions that occurred during the Covid period, but numbers have grown significantly in 2023".

The Donald Simpson Centre was purpose-built in 1987 as a centre for seniors using funds from three levels of government and community fundraising. It is currently unfunded and operates on its own resources.

The centre has over 2000 members and supports over 40 activities, theatrical shows, educational and other entertainment events, and its popular cafeteria.

For further information about the centre and its activities, contact Tony Christinson at 0447 177 633 or email chairman@thedsc.com.au.



Photo: Supplied.

START SAVING ON YOUR ELECTRICITY BILL WITH SOLAR AND BATTERIES

FROM GOODHEW ELECTRICAL AND SOLAR

It comes as no surprise that the 25% increase in electricity prices this month has left many homeowners and businesses on the bayside reeling. Such a substantial surge in power costs not only adds financial strain to households but also poses a threat to the economic viability of local businesses. However, amidst these challenging times, there exists a glimmer of hope: solar power and battery storage systems. These technologies offer a viable and sustainable solution to reduce power bills while promoting environmental consciousness. Goodhew Electrical and Solar – the local solar experts – stand ready to design and install customized systems to meet the needs of any homeowner or business.

Solar power, a renewable energy source, has long been recognized for its ability to generate clean and sustainable electricity. Queensland, blessed with abundant sunlight throughout the year, holds enormous potential for harnessing this power. By installing solar panels on rooftops, homeowners and businesses can tap into this abundant resource, reducing their reliance on the traditional electricity grid and, in turn, reducing their power bills.

The benefits of solar power are further amplified when combined with battery storage systems. These systems allow excess electricity

generated during the day to be stored and used during peak demand periods or during nighttime when solar production is limited. By effectively managing energy usage, homeowners and businesses can significantly reduce their reliance on the grid, thereby mitigating the impact of rising electricity prices.

Along with solar, there are a number of other ways you can combat the rising cost of power this winter including; optimizing your heating by sealing air leaks in doors/windows to keep warm air in, utilize natural heat and sunlight during the day to heat the home as well as improving your hot water usage by taking shorter showers or using cold water for laundry washes where possible. By minimizing heat loss, you can reduce your reliance on high energy-consuming appliances therefore reducing your overall electricity use.

At Goodhew Electrical and Solar, we pride ourselves on offering only high-quality solar, battery and EV charging solutions, installed by our own in-house team of experts. With a tailored approach to each project, we can design and install solar and battery storage systems that suit the unique needs and circumstances of homes and businesses alike.



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Who's responsible for common area tiles and slip testing?

FROM REDLAND BODY CORPORATE

Part of the responsibility of the body corporate is to ensure the safety of the occupants and visitors to the common property of the scheme.

With the risk of injury and possible cost to the body corporate in the event of a slip and fall incident, many committees are choosing to play it safe by relying on an independent expert in slip testing to ensure they know how their site sits within the Australian standards and building code.

Undertaking inexpensive floor slip resistance testing is done on-site and will ensure that your body corporate meets the current Australian Standards AS4586 and AS4663.

Sliptest Australia is just one of the companies that carry out these tests (www.sliptest.com.au).

When the report comes back and your tiles/flooring are compliant within these standards, that's a relief for the body corporate. But what happens when the report comes back and it does not meet the standards?

There are tile treatments that can be applied to the tiles. Anti Slip Floor Safety is one company that provides a treatment which is a penetrant and not a coating so it lasts the life of the floor surface (www.antislip.com.au).

Slipgard is also a DIY application that when applied, creates a microscopic pattern that channels and disperses water from under foot, allowing contact to be made with the surface at all times (www.slipgard.com.au).



So how can you avoid choosing the wrong tiles when renovating or upgrading to begin with?

Did you know there is a universal anti-slip rating for outdoor tiles? Tile Factory Outlet have written a great article on what to consider when looking for outdoor tiles and how to avoid realising a mistake in tile selection has been made after someone has been injured. Read more here at <https://www.tfo.com.au/outdoor-tiles/non-slip-floor-tiles>.

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ASKING PRICE: \$3,000,000- **Contact:** Michael Fardouly • 0413 517 222



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My team and I will continue to list and sell property in every suburb across the Redlands with our unwavering commitment to deliver excellent service and results.

Whatever your property journey is, we are here to help you every step of the way. If you would like a price update on your property, please contact us anytime. We hope to see you soon!



Louise Denisenko 0423 110 555

A New Wave of Real Estate

Interest rate rises: burden the young, boost the old

FROM THE REAL ESTATE INSTITUTE OF QLD (REIQ)

The Real Estate Institute of Queensland (REIQ) says extraordinary data released by PEXA showing one in four property sales in the eastern states last year were mortgage free, indicates interest rate rises are impacting younger Australians the most.

REIQ CEO Antonia Mercorella said the data revealed that during 2021 and 2022 more than \$240bn in property sales across the east coast were purchased on a cash basis.

“With about a quarter of residential sales in eastern Australia being cash sales, we’re heading towards similar numbers to the U.S. where one in three mortgages are settled with cash,” Ms Mercorella said.

“These cash property sales were made in typical retiree suburbs and suggest there’s many boomers who are not only unaffected by sharply rising interest rates, their savings are actually benefiting from them.

“On the other hand, the data demonstrates that the blunt instrument of interest rate rises is impacting younger Australians the greatest who are the cohort coping the blow.

“The Federal and State Governments now need to engage in the heavy lifting to assist the RBA with inflation control, otherwise we may see a generation locked out of home ownership permanently.”





DANIELLE DICK,
SENIOR ASSOCIATE &
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SECURE YOUR INVESTMENT IN THE FUTURE: REDLANDS BUSINESS PARK

Are you an investor or business owner? Here's an outstanding opportunity to purchase a parcel of commercial real estate in a tailor-made development in a thriving growth corridor.

Redlands Business Park, located at Redland Bay, represents an exciting opportunity for businesses seeking a foothold in South East Queensland's booming industrial property market.

Located on the shores of Moreton Bay just 40 minutes south of Brisbane CBD and 15 minutes from M1 access to the Gold Coast, the master-planned estate features quality landscaping, comprehensive servicing, boom-gate and after-hours security and strong amenity for businesses and their employees.

Professionally managed by a body corporate, the park boasts an onsite café and boardroom facilities, backed by quality security services which include CCTV coverage and a complete

after-hours lockdown. Residents also have access to bulk electricity rates – a competitive advantage in today's market.

The facility is currently home to over 140 businesses and, once complete, is expected to provide employment for over 2,000 people. With a growing community of local schools, child care centres, shops and entertainment options, the Redland Bay location is an attractive drawcard for staff looking for that often elusive work/life balance. Public transport and bikeway links are also easily accessible.

Throughout the development process, environmental impacts have been carefully considered. The site has hectares of rehabilitated fauna habitat with 120,000 native trees planted since the project's commencement. Two fauna underpasses and more than a kilometre of fauna fencing have been constructed to help protect local wildlife.



The park benefits from state-of-the-art stormwater treatment equipment, ensuring that the water undergoes a thorough purification process and emerges free of all contaminants.

With over 50% of this stage already sold, now is the time to secure your investment. Contact Nicole Plath on 0410 328 319 to find out more about how you can be part of the bustling business community at Redlands Business Park.

Current Land For Sale stage 4A at the Redlands Business Park German Church Rd, Redland Bay

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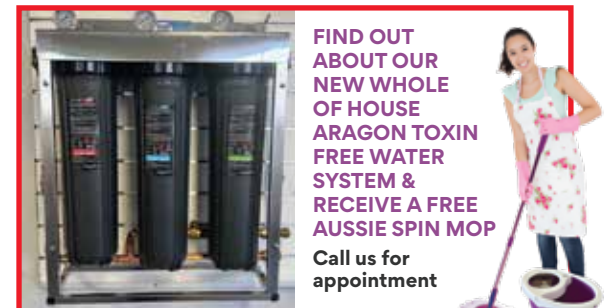
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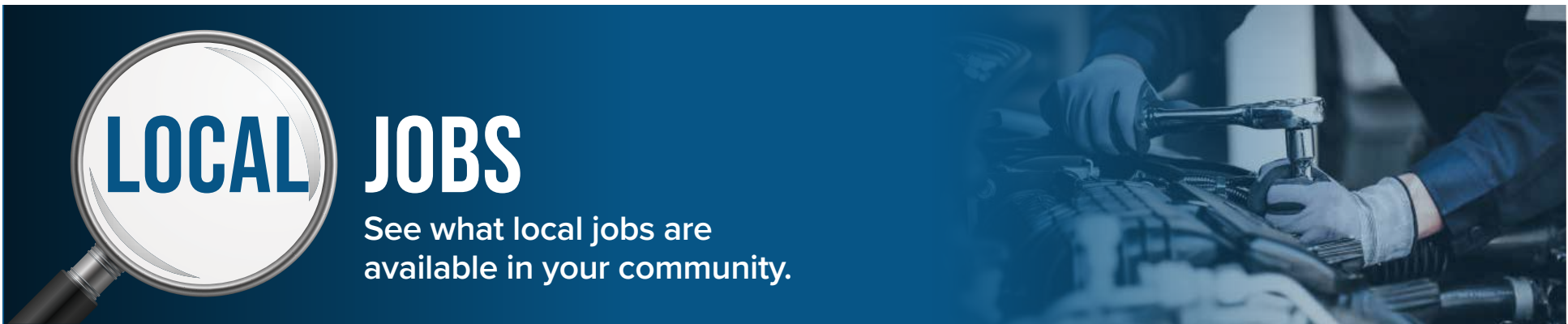
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If you are seeking a genuine long-term career within the motor industry and believe you have the skills, abilities and positive attitude to become part of the Bartons team, please send your resume to hr@bartons.net.au.

We look forward to receiving your resume and you becoming part of the fantastic Bartons team!

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CONNECT2GROUP - CELEBRATING 30 YEARS

Connect2Group provides a wide range of community support and employment services for people with disability. Connect2Group commenced its operations in Wynnum as Bayside GATE Employment Service in July 1993. In March 1996 the organisation incorporated, and Bayside GATE Employment Services Inc. was established, later becoming the well-known Connect2Group in February 2010.

Connect2Group provides an environment where people are treated with dignity, respect, and fairness; recognising each person is unique in their support and development needs.

Today Connect2Group operates across the south-east of Queensland in varying locations across Redlands, Bayside, Inala and Ipswich. Connect2Group has over 100 employees providing services across varying programs including employment services, supported independent living, community access and lifestyle options day programs.

The Community Services team provides supports for independent living and lifestyle options day programs to provide goals-based support to our participants, whilst the Employment Services team assists job seekers to gain and maintain meaningful employment across a range of industries from automotive to supermarkets like Aidan, [pictured] who was successful in gaining employment two years ago.

At the heart of its success is the team of dedicated and loyal employees, most of whom have worked to support those with a disability for over 15 years, the team make all things possible.

Over the coming years Connect2Group aims to increase the number of supported independent living solutions in the Bayside area – stay tuned for more.

The Head Office is at 141 Queen Street, Cleveland, phone 07 3286 7166. Further information can be found at www.connect2group.org.au.



Photo: Supplied.



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SWITCH ON TO SCIENCE AT REDLAND MUSEUM!

FROM REDLAND MUSEUM

With spy technology taking centre stage in the media Switch on to Science, held at the Redland Museum in conjunction with National Science Week, is sure to be of interest.

Switch on to Science is an annual event where museum volunteers operate and demonstrate a wide variety of working vintage equipment and talk about the science and technology principles that make them work. An introduction to radio communications, including amateur radio and the workings of crystal sets – the earliest form of radio receivers – will be part of the day's activities.

Participants will learn Morse code, play with the oldest telephones and switchboards and be taught to send messages on a telegraph machine.

The museum's science coordinator, Ross Bower, says the simplicity of early machines is an ideal introduction to later, more sophisticated technology.

"Working vintage machines are perfect for demonstrating the basic principle of science because they are much simpler than modern machines, and it is easier to understand how they function," he says.

"Also, they are lots of fun to watch and to play with. Everyone will be encouraged to try operating the old equipment and to explore the development of technology over the years. The aim is simply to learn while having fun, to challenge the curious of all ages and get people to think about the science in our everyday surroundings."

Ross says that while intended mainly for young people, Switch on to Science will offer plenty to interest and entertain parents and grandparents – and for some it will revive memories of long-gone technology and the wonder it generated.

As well as the communications aspect of science visitors will see what kitchens were like 100 years ago, learn how clothes were washed before machines, buy lollies at an old style lolly shop, use a treadle sewing machine, make a scarf on a knitting machine, try their hand at spinning wool, learn to write with a slate and a copybook, operate a 100-year old silent movie projector, play music on a music box and a player piano, see germs under a microscope, play with windup toys, make their own rope, churn butter from cream, and much, much more.

Switch on to Science will be held from 10:00am to 2:00pm on Monday



Photo: Supplied.

14th August, which is the Ekka holiday for the Redland community. Lunch options, cool drinks, tea, and coffee will be available.

Find out more by visiting Redland Museum's website at: <https://www.redlandmuseum.org.au>

REDLANDS CAMERA CLUB PHOTOGRAPHER PROFILE:

CHARLOTTE CARTER

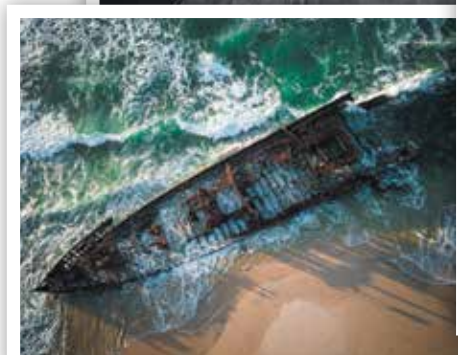
Since moving to Brisbane from Auckland, New Zealand, amidst the COVID pandemic, I have found immense joy in exploring the stunning landscapes of Brisbane, Redlands, and the surrounding areas.

It's a remarkable experience to be surrounded by such natural beauty every day, and my camera has been working overtime to capture these special moments, which I eagerly share with my family in South Africa.

In 2022, Pia Jessen and Meg Forbes of the Redlands Camera Club organised a remarkable photography tour to K'gari (formerly known as Fraser Island) with K'gari Adventures. As a 'new' Queenslander, I had no idea what to expect, but the moment we reached Inskip Point, I knew I was embarking on the trip of a lifetime.

The five days we spent on K'gari were brimming with activity and breathtaking sights. I was constantly amazed at the diverse range of beauty the island had to offer. One day, I found myself capturing a shipwreck while Dingos strolled by, and the next day, I was enchanted by the crystal-clear waters of Lake McKenzie, displaying the bluest shades imaginable. Traveling between these wonders required traversing the lush rainforests in 4x4s, providing opportunities to pause and learn about the island's history from the traditional owners, the Butchulla people.

It was an unforgettable week in paradise, providing a much-needed respite from the hectic world. The experience truly compelled me to appreciate each and every moment. As I concluded the trip, I departed with a sense of tranquillity, memory cards filled to capacity, and a heart brimming with contentment. I eagerly anticipate returning to K'gari soon and sharing its wonders with my family.



Photos: Charlotte Carter.

DICK CIFFERS JOURNEYS ON

BY SEAN LUES AT JOURNEYS WORLDWIDE

The Redlands has lost one of its most colourful characters with the recent death of Dick Ciffers. A life-long adventurer and travel agent, what Dick didn't know about travel probably hasn't been discovered yet and there are many people whose most memorable holidays were advised and arranged by Dick.

Dick had a truly remarkable life and career, one that he built from scratch through his unwavering passion for travel and adventure. He grew up and was educated in South Africa before travelling to the UK at the age of 21, where he found his calling in the travel industry as a Tour Leader with Penn Overland and Trafalgar Tours. After escorting 12 tours from London to Kathmandu, he founded his own tour company, Capricorn Overland Tours, based in London.

Dick emigrated to Australia in 1987 and settled in Queensland, where he formed Journeys Worldwide and managed the company for over 30 years.

Dick was also a prominent media figure, co-hosting hugely popular talk back radio shows on 612 4QR (ABC), 4BC and Bay FM. His deep love and knowledge for Southern Africa, India, Sri Lanka and travel in general were also recognised when he became a Fellow of the Royal Geographical Society in London in 1977.

Dick's weekly half-hour talkback show on 612 4QR was a front-line favourite with listeners and it was usual for the switchboard to be jammed with waiting callers well before his 11.30am start time. His knowledge was encyclopaedic. One caller wanted to go skiing in India; Dick was not only

able to supply her with ski lodge options but also with information about which lodges hired ski gear. His skill at negotiating difficult overseas political barriers was legend and his store of anecdotes – some, sadly, not suitable for broadcast – was inexhaustible. His zebra-striped car was unforgettable and some will recall his occasional escapade of dressing up in a gorilla costume and handing out brochures on the streets of Brisbane

Dick will be remembered fondly by his family, friends, listeners and clients, for his wonderful personality and his dedicated service to the travel industry and the many unforgettable journeys he helped create. He was certainly always up for an adventure and his legacy will be felt for many years to come. Thoughts are with Dick's family and loved ones at this difficult time.



Photo: Supplied.

VOLUNTEERS KEEPING OUR COMMUNITY MOVING

CONTRIBUTED BY NEHA, STAR COMMUNITY SERVICES

When Di Thompson left a full-time job she did not particularly enjoy, she knew she wanted to do something meaningful with her time in retirement. "I have always volunteered in some capacity with whatever spare time I have available as I believe that we need to give something back to the community we live in," says Di.

Di heard about a local non-profit organisation STAR Community Services, and immediately signed up to become an owner-driver. We asked Di about her volunteering experience.

What do you do in your volunteering role, and why is it special to you?

As a volunteer owner-driver, I drive STAR's elderly clients in my own car. This volunteer role is very special for so many reasons. I truly enjoy that my service makes such a big difference in other people's lives. Many elderly live on their own but have the desire to be independent and not call on their friends or relatives to drive them. By using community transport services like STAR, they are able to maintain their independence. They feel they are not inconveniencing anyone. Not only do I drive them to their doctor's appointments, but I also take them to the shops, to the hairdresser, swimming pool, or even to have a coffee with a friend. They truly enjoy their outings. It keeps them connected to their friends and family.

What does preparation for your volunteer role require?

Since I drive my own vehicle, I need to make sure my car is meeting all of STAR's safety regulations. For example, it needs to be less than 10 years old, regularly serviced etc. As a driver, I complete CPR training every year and First Aid training every couple of years. Thankfully, STAR looks after all the cost and organisation of all the training for all the drivers. I also get reimbursed for the mileage as per the ATO rate.



Photo: Supplied.

What do you enjoy most about volunteering?

For me, volunteering is an exchange of energy. As a volunteer, I get as much out of volunteering as I give. I truly enjoy my conversations with the seniors. They have interesting stories and a perspective on the world that can only come with experience. They are so thankful and express their appreciation very generously. I am grateful that I get to absorb all the niceness. Not a single day goes by when I don't enjoy my work; hence I am able to give my 110%.

THROWING AND HITTING CHALLENGE INVITES YOUNG PEOPLE TO STEP UP!

CONTRIBUTED BY REDLANDS BASEBALL CLUB INC.

The Redlands community is buzzing with excitement as the Banggu Baseball Throwing and Hitting Challenge approaches. The challenge, aimed at discovering talented young athletes aged 10 to 18 years of age, is set to take place at local schools and community centres across Redlands in term 3.

Organised by the Banggu Baseball Academy, the challenge is open to all students, with a special focus on recruiting First Nations youth. Participants will have the chance to showcase their skills in both throwing and hitting, and the most promising players will be considered for scholarships to the prestigious Banggu Baseball Academy.

“We believe that every young athlete deserves the opportunity to explore their potential and pursue their dreams,” says Dean Ainsworth, head junior coach at Redlands Rays Baseball Club and director of Banggu Baseball Academy. “That’s why we are reaching out to local schools to invite your students to participate in our throwing and hitting challenge.”

The Banggu Baseball Academy is known for its experienced professionals and cutting-edge technology, including Pro Play AI for thorough analytics. The immersive training experience prepares players for high-level competition, and the partnership with Down Under Travellers provides players with opportunities to play overseas and potentially compete in the Down Under World Series.

“We’re proud to partner with Bendigo Bank and QLD Workplace Law to provide crucial funding for our programs, including our Indigenous program which promotes baseball to Aboriginal and Torres Strait Islander youth and helps cover fees and equipment,” adds Ainsworth.

The challenge is expected to draw in a large crowd, including players, coaches, and community members.



Photo: Supplied.

It’s a fantastic opportunity for young athletes to showcase their skills and potentially earn a scholarship to the Banggu Baseball Academy.

“We’re thrilled to see so much enthusiasm for the challenge, and we’re excited to welcome young athletes from all backgrounds to join us in this celebration of baseball,” says Ainsworth.

The Redlands community can’t wait to see what the future holds for these talented young athletes.

If your school or community group is interested in being a part of the Throwing and Hitting Challenge, please contact Banggu Baseball at bangubaseball@gmail.com.

SIGN UP NOW FOR YOUR FREE PICKLEBALL SESSION!

BY RON JACKSON – REDLANDS PICKLEBALL

Pickleball is a fantastic opportunity to try something new and have fun!

Pickleball is a popular and enjoyable sport that combines elements of tennis, badminton, and ping pong, and Redlands Pickleball Club is offering a free first session for those who mention this article.

To participate in the session, you’ll need to book a spot by calling Ron at 0417 152 133. The sessions take place every Friday morning from 9:00 am to 11:00 am at 373 Birkdale Rd, Wellington Pt, on the tennis courts behind the community hall.

When attending the session, it’s important to wear comfortable athletic clothing and footwear suitable for outdoor activity. Since it’s an outdoor sport, it’s recommended to bring a hat, water bottle, and sunscreen to protect yourself from the sun.

The club will provide paddles and balls for the session, but if you have your own equipment, feel free to bring it along. The coordinators at the club will provide an introduction and instruction, guiding you through the rules and techniques of pickleball.

Once the instruction is over, you’ll have the opportunity to play pickleball with others. This is a great chance to enjoy the game, make new friends, and have a wonderful time.

Pickleball is known for its friendly and inclusive nature, making it suitable for people of all ages and skill levels. So even if you’re new to the game, don’t hesitate to give it a try!



Photo: Supplied.

BIRKDALE HALL – BREATHING LIFE INTO THE PAST

Eighty years ago, on the 14th August 1943, the Birkdale School of Arts Hall was declared the first permanent Australian Women's Land Army camp in the Redlands. The date will be celebrated on Sunday 13th August with a discussion forum revisiting *The Other Diggers*.

The Other Diggers, a stage play about the Australian Women's Land Army, recently completed a highly successful run at Redland Museum. An imagined glimpse of two years in the lives of a team of Land Army girls, the production generated such a level of enthusiasm and interest that Theatre Redlands has decided to hold a public forum about the Land Army, the play and its background – appropriately, at the Birkdale Hall. Writer Jan Nary said that the story was a significant strand of women's history that had been allowed to fade from history.

“Just like the Australian women suffragists, the Land Army women have a story that very few people know,” she says. “The almost universal response has been; why aren't we taught this?”

Jan says the play is a work in progress and that there is probably more information that is waiting to be found.

“Researching this show has brought two wonderful women to us, former Land Army women who are keepers of stories and memories that must be preserved. Auria Nixon and Elsie Stiller are in their nineties but they've both shared with us a wealth of narrative that is archival gold. If there is more to collect, out there in the Redlands, we want to gather it up. We're hopeful that this forum will provide an opportunity.”

Facilitated by Cr. Paul Bishop, the afternoon will feature extracts from *The Other Diggers* and talks from people involved in various Land Army projects, including ABC TV's *Landline*'s Courtney Wilson; author Pamela Rushby; Lorraine Newton and Judith Butler (both keepers of their individual mother's Land Army records) and Jan Nary.

The forum will also present an opportunity to collect local information relevant to the Redlands and the end of WW2, especially from those who worked in communications and coding, radar and local centres such as Willard's Farm.

For more information on the forum or to book tickets please contact <https://www.redlandmuseum.org.au/whats-on/events/>



Photo: Supplied.



Photo: Supplied.

OWN LADIES JOIN FORCES FOR BIGGEST MORNING TEA FUNDRAISER

FROM THE OLDER WOMEN'S NETWORK (OWN)

Australia's Biggest Morning Tea is held throughout Australia each year and is the Cancer Council Australia's most popular and successful fundraising event for cancer research.

This year the ladies from the Older Women's Network (OWN) Capalaba invited OWN Wynnum Manly branch and their guests to join them for the Biggest Morning Tea fundraiser at the Waterloo Bay Leisure Centre. Some made new acquaintances; others enjoyed the company and a cuppa with old friends.

There was lots of laughter and appreciation of the sumptuous High Tea provided by the ladies from the Waterloo Bay Leisure Centre. Which was the favourite: the scones and cream or the caramel tarts, or maybe the sandwiches?

Thank you to those volunteers from the Waterloo Bay Leisure Centre who served this delicious spread. We were grateful to Benita who also hosted our trivia and fundraising games.

If you would like to know more about Own Qld please contact Naomi Jarvis (Capalaba) at 0424 060 603 or email Own.Capalaba@hotmail.com, or Di Hill (Wynnum Manly) at 0411 099 848.

MODERN DIGITAL DENTISTRY MEANS GREATER PATIENT COMFORT

FROM DENTAL ON CAMBRIDGE

Modern digital dentistry offers many advantages for patients that not only mean great aesthetic outcomes but also greater efficiency, better patient comfort and longer-lasting results. Utilising state-of-the-art equipment to enhance the comfort of our patients is one of our top priorities. At Dental on Cambridge, we pride ourselves on using the most cutting-edge technology to provide the highest quality treatment and care. Treatment outcomes include providing beautiful and realistic-looking crowns, bridges and dentures in fewer appointments than when using traditional techniques.

Previously, to create a new tooth for a crown, bridge or even a denture, patients would have to endure sometimes gag-inducing impression material to take impressions of their teeth. If you have experienced the discomfort of having traditional dental impressions done in the past, you know all too well that this can be an unpleasant experience. Whether it be the awful taste or the feeling of the runny goo inducing a gag reflex. By utilising ultra-high definition intra-oral 3D scanners, the need to take traditional dental impressions/casts is now eliminated.

Additional benefits of using digital scans, compared to traditional dental impressions, are speed and accuracy. Traditional impressions take up to five minutes to set properly and can often distort due to unavoidable patient movements such as swallowing or tongue movements. Additionally, traditional impressions are more sensitive to moisture contamination leading to a loss of accuracy and detail.

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How does this help with my dental visit? One of the biggest benefits we see is that patients report that



the procedure is quicker and more comfortable. Additionally, we see that crowns, bridges, splints, partial dentures and implant crowns fit better and require less adjustments on completion. This means less dental visits are required to complete the work.

So, if you've been putting off coming to the dentist because you are dreading the awful goop and gagging you may have experienced in the past, we can help! It's just one of the many ways we provide the highest quality treatment and service to our patients. Give our team a call at 3348 6661 to see how we can best help you.



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JOIN DUSTY'S SECOND BIRTHDAY CELEBRATION AT THE NURSO!

Get ready to celebrate in style because Dusty, the lovable resident dog of The Nurso, is turning two in July! And guess what? You're all invited to join the 'pawsome' celebration! It's going to be a party like no other, with loads of fun activities that the whole family can enjoy.

The excitement begins at 9am sharp with fantastic free face painting, balloon making, and colouring-in. Get ready to unleash your creativity and let your imagination run wild!

But that's not all—the wonderful folks from The Rescue Collective will be there too, showcasing their adorable rescue animals in search of their forever homes. It's a chance to meet these furry friends and maybe even find your perfect match.

And while you're having a blast, don't forget to stop by The Nurso's café, where they'll be selling delicious dog-inspired cookies. The best part? All the proceeds from the cookie sales will go to support The Rescue Collective. So, you can satisfy your sweet tooth and contribute to a great cause at the same time.

Oh, and did we mention you can bring your furry friend along? That's right! Let the incredibly talented BAD Pet Portrait Master, Katherine Viney, work her magic and create a unique artwork featuring your beloved four-legged companion.

So mark your calendars, grab your pup, and get ready for a day filled with laughter, wagging tails, and unforgettable memories for Dusty's birthday bash!



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Photo by Greg Pope.

REVISITING THE LAND; A LAND VETERAN'S MEMORIES

For Elsie Stiller, attending a stage play about the Australian Women's Land Army was a trip down memory lane. Elsie, who is 96, was a VIP at The Other Diggers, presented by Theatre Redlands and the Redland Museum.

Elsie was 17 when she joined the Land Army in 1943. She had grown up in a rural township near Miles, 300km west of Brisbane, left school at the age of 12 and worked on neighbouring properties as a domestic help and farm hand.

"My younger sister Jean and I went out to work – a bit of everything – then this Land Army work turned up. My friend Mona asked Jean and I if we would join up with her and Mum said; 'Alright, you can go for twelve months – and behave yourselves.' So off we went to Chinchilla and signed up."

In a few months letters of acceptance arrived and the trio were on a train to their first placement at Stanthorpe, living in tents with 12 other Land Army girls. Elsie remembers their supervisor, Matron Maddox. "We were governed; she was stern – 12 teenage girls, she had to be!"

Elsie worked in a variety of places with a variety of produce.

"Stanthorpe was fruit," Elsie recalls. "We had to harvest the fruit – pears and apples and peaches – grade them and pack them into the crates that we'd made – at the cost of many black fingernails. We could eat at much of the fruit as we wanted – delicious! Jean was picking vegetables.

"At Callide and Wowan it was cotton – then there cotton fields! – where they paid threepence a pound. Mona was the 'top picker' making £8 in one week. The most I was paid was £7. I'd had experience picking cotton for our neighbours but some of the city girls didn't like it; it was backbreaking work and really hard on your fingers.

"After Wowan it was off to Woombye for more vegetables and fruit work. We trudged up and down the hill twice a day but the bosses were lovely and we stayed in their house."

There was a light side to the experience; weekly letters home to the family, books to read in the evening and singing on the truck rides (the parody It's the Wrong Way to Tickle Mary was a favourite) to the weekend dances, where Elsie first learned to dance.

"I enjoyed dancing but disappointingly, some of the boys were too drunk to dance properly – but I knew how to handle them," Elsie grins.

At the end of a year, as promised, she and Jean returned to the family home but they were offered a job at a Toowoomba rest home where Elsie worked for five years until she returned to her home town as a married woman.

Elsie's delight in seeing the play was equalled by the universal delight of everyone at having her there. Kya Munro, the youngest cast member who plays the role of 16-year-old Elspeth, presented Elsie with flowers. Elsie recalls the Land Army time with real fondness.

"It was all hard work but I really enjoyed it."

DRAWING CLASSES AT REDLAND YURARA ART SOCIETY

BY DANIELLE BAIN, SECRETARY & ACTING WORKSHOPS CONVENOR, REDLAND YURARA ART SOCIETY INC

During May and June, at our studio in the Pinklands Bush Reserve at Thornlands, enthusiastic members of the general public and members of our Art Society took part in a series of five half-day drawing workshops.

Run by Redland Yurara Art Society artist Lynne Wright, the course covered basic mark making and drawing skills, culminating in the completion of a rendered still life. The aim was to inspire confident sketching both from life and in the preparation of further artworks, as well as to make finished drawings using either realistic or abstract techniques. The students can't wait to apply their new skills to their next artworks.

Another course for beginners and new artists will be offered in the coming months. For enquiries, contact Danielle Bain 0417 239 911 or visit www.redlandyurara.com.au.



Photo: Supplied.

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A BUMPER SNAPPER/SQUIRE SEASON IS HERE!

BY SPERO KARTANOS

July is an excellent time of the year for fishing in the bay, but I have to admit I'm not too fond of the cold mornings, and I'm so happy the fish are on the bite all day in Moreton Bay. When I was young, my father would get me up at 3am to go fishing in Victoria, on a jetty, a rock wall, or on his homemade boat. That experience turned me off early morning fishing for life, and I also had to recite the times' tables on the way there.

So wait until the sun rises to go fishing! The whiting in July are usually in the Rous Channel on the Maroon side, as are the school mackerel. While fishing for whiting, a floating pillie at the back is a good way to get a mackerel. Also, try the Rainbow Channel around the Amity area – this time last year, they were thick in the water, and judging by the small ones around in May, I think it will be a good season again.

Cuttlefish and arrow squid will be along the deeper water east from Ormiston all the way to St Helena, mixed in with plenty of arrow squid. Drop a ball sinker on top of a jig a few feet off the bottom while drifting, and you should catch some.

The snapper/squire season has been great so far, and July should be the pick of the months. The Bay Island drop-offs and the artificial reefs in the bay are worth a try. Big bait or live small fish are the best for the snapper, whiting heads being my favourite.

So, keep your winter woollies on until the sun rises, and again, be careful and stay safe in the strong westerly winds in the bay when they arrive.

Till next month, good fishing!



Photos: Spero Kartanos.



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Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

	7		5					
6								4
		8		3				9 6
7				9				
	9		3		4			
	1 5		8 6					
			8 2			1		
3 4			6 1					2

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.

Crossword

Focus An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

Reference: Macquarie Concise Dictionary
Focus No. 3834

TODAY'S FOCUS Good: 16 words
Very good: 22 words
Excellent: 33 words

- | | | |
|------------------------------|----------------------------------|--------------------------------|
| ACROSS | 46 Whole | 23 Nigh |
| 3 Reflect on | 48 Orchestral composition | 24 Machines for weaving |
| 9 Bony outgrowth | 49 Lofty | 25 Guiding signal |
| 10 Wading bird | 50 Of higher rank | 26 National song |
| 11 Commanded | 51 Earned | 28 Serpents |
| 13 Dwellings | | 30 Young hares |
| 16 Festive season | DOWN | 33 Leave out |
| 19 Mature | 1 Tracking system | 34 At all times |
| 20 Perform | 2 Condescend | 36 Opposed |
| 21 Fuss | 3 Yield | 38 Of the country |
| 22 Make void | 4 Prayer | 39 Speed an engine |
| 25 Loud raucous sound | 5 Slender support | 41 Shy |
| 27 Birds of prey | 6 Found out | 42 Full of cheer |
| 29 Nuts | 7 Disencumbers | 44 Brave |
| 31 Garb | 8 Employed | 45 Agitate |
| 32 Assumed attitudes | 12 Consume | 47 Require |
| 35 Sudden convulsion | 14 Beak | |
| 37 Metal-bearing rock | 15 Expensive | |
| 39 Corded cloth | 17 Furniture items | |
| 40 Article | 18 Henhouses | |
| 43 Quantity | | |

Word Find

T	E	E	R	T	S
Y	M	T	I	P	S
R	O	R	A	T	S
E	E	N	A	D	O
E	C	I	N	W	T
D	R	E	N	A	V

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

- | | | | |
|-------|------|--------|------|
| Annoy | Nice | Stair | Tyre |
| Date | Own | Star | Vane |
| Deer | Rein | Street | Warm |
| Ends | Span | Tire | |
| Nerd | Spit | Toss | |

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As The Community Leader evolves, we'd love to include your local story. We openly encourage community groups, sporting clubs, and charities to contact us with their stories and photos. The newsletter's objective is to promote activities and events in the community, while encouraging the support of local businesses. Thank you to the community leaders who have enthusiastically supported the idea of developing a friendly local newsletter. Please support them, and engage with them as best you can. Any submissions can be emailed to sales@market2market.com.au for consideration.



CLASSIC HOMEMADE PEA AND HAM SOUP RECIPE

When it comes to warming winter comfort food that goes a long way, you can't beat a fresh pot of pea and ham soup on a chilly day.

INGREDIENTS

- 2 cups of dried green split peas
- 500-750g smoked ham hock or meaty ham bone
- 1 large onion, chopped
- 2 medium carrots, peeled and diced
- 2 celery stalks, diced
- 2 cloves garlic, minced with a garlic crusher or the back of a knife
- 8 cups of chicken stock
- 2 bay leaves, fresh or dried
- 1 tsp dried thyme
- Salt and pepper to taste
- 2 tbsp olive oil
- 2 small potatoes, sliced in half
- Freshly chopped parsley to garnish and crusty bread to serve

METHOD

1. Rinse your split peas in water, drain, then set aside for later.
2. In a large pot, heat the olive oil over medium heat then add the chopped onion, carrots, celery, and minced garlic. Sauté until all ingredients are soft and tender, for about five to seven minutes.
3. Add the ham hock or bone to your pot, then add the chicken stock and bring to a simmer.
4. Once simmering, turn the heat down to low and add the split peas, bay leaves, potatoes and thyme, then stir to combine.
5. Cover and simmer for one to two hours, until the split peas are soft (mushy peas are good!) and the meat falling off the ham bone.
6. Take the ham hock or bone out of the pot and let it cool, slightly. Remove the meat from the bone and chop it up, then put it back in the pot.
7. Season with salt and pepper to taste, and your soup is now ready to eat!

Note: If the soup is too thick, you can add more stock or water to thin it out. This is more likely to happen with left-overs – be prepared for your soup to thicken in the fridge once it cools!



The Community Leader

WE'RE ALL ABOUT GOOD NEWS

The Community Leader is a monthly publication, home delivered to parts of Alexandra Hills, Birkdale, Capalaba, Cleveland, Ormiston, Redland Bay, Thornlands, Thorneside, Victoria Point and Wellington Point. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point.

Any submissions can be emailed to sales@market2market.com.au for consideration.

LOCAL PICK UP POINTS

Various shopping centres, cafes, clubs and local businesses.



ADVERTISEMENT SIZES

Full Page	Image Area	285mm deep x 255mm wide
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AUGUST BOOKINGS

- Community editorial 16th of July
- Advertising cut off 18th of July
- Distribution 1st of August to 10th
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- **Advertising contact 0421 786 302 or 0416 245 193**
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What a super idea

CONTRIBUTED BY UEM GROUP

For most Australians, superannuation will become the second largest asset (aside from the family home) that is ever owned by us, and will arguably be the most financially significant asset for our lifetimes. For this reason, it's really important for us all to have a basic level of understanding of it. But it can be hard to understand. This is natural, because for most of us superannuation will be intangible. Here is a brief and definitely not comprehensive explanation of what superannuation is, and how it is intended to work.

First off, superannuation is essentially a special kind of trust. That is, there are assets (in the form of shares, cash, or managed investment units) that are held by someone (the trustee) for the benefit of someone else (the member). Take a moment to think about the concept. Your superannuation is owned legally by someone else but held for your benefit.

The primary intended purpose of your superannuation is to provide for your future retirement. There are many superannuation funds in Australia that are available including industry funds, retail funds, investment management platforms, and self-managed superannuation funds. It is important to have a fund that matches what is important to you, and is consistent with how you feel you want to invest your savings.

There's rules and benefits to superannuation. Remember: the purpose of superannuation is to provide for retirement, so the primary rules are that you cannot access or use the funds for yourself until after you do retire. The benefits are that you get taxed less on superannuation investments than you do by investing personally depending on what your personal tax rate is. Once you retire, there may be zero to pay on superannuation investments.

That's right – superannuation is the only legal tax-free investment structure available in Australia.

Less tax paid means more of the earnings compound for your future retirement. Multiply that over a 40-year working life and a 30-year retirement, and the savings can be substantial.

Because it's not a simple area, talking to a licensed financial planner can be of real benefit. If it's going to be the most significant and important asset that you own, is it worth the risk of getting it wrong?



Laurence Smith, Financial Adviser at UEM Wealth, part of the UEM Group

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SECURE YOUR FINANCIAL FUTURE WITH OUR EXPERT WEALTH MANAGEMENT SERVICES

6 QUESTIONS YOU MUST ABSOLUTELY ANSWER BEFORE SELLING YOUR PROPERTY!

When is the right time to sell your property? Whether it's an investment property or your family home, making the decision to put your property on the market is not as simple as it sounds. Emotions can be high and there is a lot at stake with varied opinions about market values, timing, agent selection - or even how to start the process of selling your property.

It can be a very confusing time and it helps to have a professional, experienced advisor to help you answer the 6 most important questions.

WHAT? What is my property worth?

This question is the most common question asked by prospective sellers. Ensuring you receive an accurate market estimate on your property's true value is essential when making the decision to sell. Many agents will offer inflated prices and build false hope in the seller's mind - just to win the listing. Tidbold Real Estate does not do this. In fact, we are held accountable to our clients to ensure we are providing truly independent and accurate valuations based on the current market, recent sales activity and property age and condition.

HOW? How does my neighbourhood compare to the rest of the market?

The local market can appear fickle. Prices go up one day and seem to flatten out the next. One minute the papers are talking about a real estate bubble and the next minute it's a boom. How do you get accurate information about the market, your suburb - and your property? Tidbold Real Estate is not a traditional real estate agency, we are purely a residential sales specialist agency and offers an alternative way to sell your property. We have access to all of the latest market information, sales activities and statistics. We can provide you with an evidence-based opinion supported by market facts that are relevant to you and your property.

PRICE? How do I ensure I am getting the best price?

Most sellers are keen to obtain the highest possible price for their property. Tidbold Real Estate has a five star reputation and 20 years' experience working with homeowners to guide and assist them in preparing their property to maximise the sale price. The best sales outcomes are achieved when the agent and the seller work collaboratively on the property preparation timetable in advance of the sales and marketing activity. This ensures when prospective buyers first become aware of the property, it is already looking its best - giving the homeowner the greatest opportunity of achieving their desired price.

TIME? Is now a good time to sell?

One of the most exciting aspects of the real estate market is the varied and unpredictable pricing being achieved across different markets, properties, sale type (auction vs. private sale), marketing and buyer activity. While we believe there is no 'bad time' to sell (there are ALWAYS buyers), it is still important to know when the best time is to put your property on the market and what are the necessary steps to maximise the sale price. Tidbold Real Estate has extensive local experience in Redland City and can advise you on the best time, method and marketing options to sell your property and achieve the ideal price.

WAIT? If I wait, will prices go up - or down?

There is a lot of information in the market about property prices. Much of the information appears to be conflicting. Most sellers are seeking a genuine and realistic appraisal of their property - and guidance on the best time to sell. While there is no perfect time to sell, there are a range of key market trends and indicators that can assist the seller to determine the best time for them to put the property on the market and maximise the sale price. Tidbold Real Estate is here to help you decide on the best time to sell and guide you through the process. We're here to help!

WHERE? Where do I even begin?

So, if this seems like a lot to do - it is. But only if you try and do it all by yourself. Our role at Tidbold Real Estate is to make the decision to sell your home an easy one and the process of achieving your desired sales result even easier! We understand the decision to sell a property is a major life decision. For many, it is the largest financial decision they will make in their lives. Tidbold Real Estate is here to help guide you through the complex maze of questions and decisions regarding selling your property. Tidbold Real Estate has built our reputation on ethics, honesty, reliability, professionalism, expertise and service - and we would be delighted to help you make an informed decision about your property today.

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