



SCI-FI FANS REJOICE: COSPLAY MEETS STEAMPUNK IS COMING TO WYNNUM!

Wynnum's annual Steampunk festival is back this month, where fashion, culture and art converge to create a gathering of fantastical proportions!

This year's theme is Cosplay meets Steampunk, which spans Victorian-era fashion with a futuristic industrial twist, to superheroes and villains.

It's your chance to devour delicious food, dance to live music and shop the market for unique treasures. There'll be puppet and magic shows, jazz bands and a harp player, and the marvellous

Morris Dancers will dazzle the court with eclectic choreography using sticks and handkerchiefs. And most importantly, you're invited to dress in Steampunk or Cosplay style!

So, mark your calendar for August 26 and don your most eccentric attire to become part of this captivating celebration. Join your community to rejoice in the festival's magic – more on page 10.

Pictured: Wynnum Manly Arts Council's Deb Brown (Maleficent), Greg T Conroy (Rocketman) and Sue Willingham (Wonder Woman).



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MANLY HARBOUR VILLAGE CENTRE REFRESH COMING SOON



Manly Harbour Village shopping centre will soon undergo a refresh and be known as "The Mall".

Interestingly, The Mall was the original name of the village shopping centre built on the corner of Cambridge Parade and Stratton Terrace in Manly. Many locals have shared their stories of working and shopping in the building and local village stores.

Constructed in the 1960s, the original mall had a butcher, greengrocer, newsagent, general store and a barber before being home to one of Brisbane's 'Cash and Carry' stores. All are very similar to the shops and services found in the shopping centre that our community knows and loves today.

With works planned to start in August, the updates to the shopping centre include improvements to roofing, floors, signage and cosmetic interior changes. The centre will remain open throughout the refresh, ensuring minimal downtime for outlets and as little disruption to shoppers as possible.

Once work commences, there may be some short interruptions to trading times. However, the good news is that Jones & Co IGA will operate as usual throughout the refresh to allow locals and visitors to continue shopping for their everyday essentials.

To keep updated on the latest developments, head to www.manlyharbourvillage.com.au/themall to find out more, sign up for the newsletter or follow Manly Harbour Village on Facebook and Instagram for regular updates.



Artist's impressions of the refurbishment. Images: Supplied.



LOCAL COMMUNITY TO UNITE FOR VIETNAM VETERANS' DAY

FROM THE MANLY-LOTA RSL SUB-BRANCH

Vietnam Veterans' Day is commemorated on August 18, the anniversary of the Battle of Long Tan. This battle was one of the most significant conflicts for Australian service personnel who fought in the Vietnam War. This year marks the 50th anniversary of the end of Australia's involvement in the Vietnam War.

Every year, the RSL remembers the sacrifices of almost 60,000 Australians made, including more than 500 who died and some 3,000 who were wounded, during 10 years of our involvement in the Vietnam War.

The Manly-Lota RSL Sub-Branch invites the community to join us for a service at Richard Russell Park, Manly (on the Corner of Cambridge Parade and Carlton Terrace) at 11:00 am on August 18 2023, to honour the many Vietnam veterans who volunteer their time in Sub-Branches and in their local communities, who served and sacrificed for our nation during the Vietnam War.

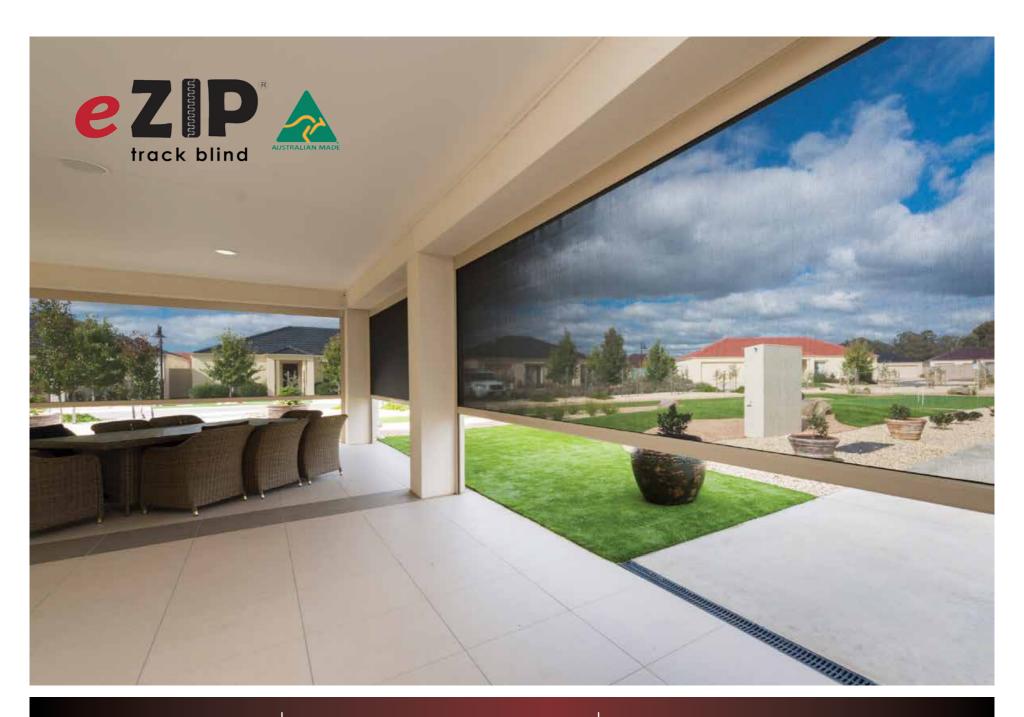
Veterans, their families, friends and the local community are invited to the Manly-Lota RSL Sub-Branch hall at 184 Melville Terrace, Manly, after the service, for light refreshments.

For further information, please contact our office at info@manlylota.rslqld.net.au or phone 3348 2572.



Photo: Supplied.





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SARA WHITMEE'S LOCAL AREA UPDATE

COUNCILLOR FOR WYNNUM MANLY WARD





GIGS ON GREENE

I'm very proud to announce that one of my first accomplishments as the Councillor for Wynnum Manly Ward was to give Gigs on Greene the Greene light.

This free, monthly live music event is the latest musical venture for Wynnum Fringe founder Tom Oliver.

Gigs on Greene will support local businesses and attract visitors from outside of the area with free music and food trucks in beautiful Greene Park on Fox Street, Wynnum.

I'll see you down there on the second Sunday of the month.

COMMUNITY GROUP FORUM

Wynnum Manly, I don't think you know just how many committed and passionate community groups you have in the area.

I thought I did but in the past two months, I've met with so many groups that I didn't know existed. I'd love to bring all these groups together to share information and spotlight their various services.

Save the date for the first Wynnum Manly Community Group Forum on Thursday, 31 August. We are still ironing out the final details so keep an eye on our newsletter and social media as we roll out more information.







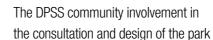






GEORGE CLAYTON PARK UPGRADE

The new and improved George Clayton Park re-opened last month. I was excited to host the family of George Clayton, the former Councillor for whom the park was named, as well as students and teachers from Darling Point Special School.



is clear. It's not just the accessible walkways and wheelchair height features that make it the best disability park in the area — it's the textured surfaces that are fun to use with mobility aids, or the sensory panels that cover children in calming coloured light.

Thanks go to the principal Charmaine Driver and parents, teachers and students of Darling Point.



Keep up to date with local events and announcements! Scan the QR code to access my Facebook or sign up for my newsletter by emailing wynnummanly.ward@brisbane.qld.gov.au.





Wynnum Manly Ward Office 3a/212 Bay Terrace (Cnr of Pine Street) Wynnum Qld 4178 Office hours: 8.30am-4.30pm, Monday-Friday

Phone: 07 3403 2180

Email: wynnummanly.ward@bcc.qld.gov.au



THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



BONNER YOUTH MENTAL HEALTH FORUM

Mental health challenges have a devastating impact on the people we love and care for, our local community and our country. It's safe to say, we all know someone who has been impacted by poor mental health. It's also sad to see that, according to Beyond Blue, 75% of mental health problems occur before the age of 25. That is why I am partnering with youth mental health organisation *You Are Not Alone* to run the **Bonner Youth Mental Health Forum**.

This forum will be an opportunity for the youth of Bonner to have their say on what is impacting them and what can and should be done better.

Who can attend: Bonner Youth between the ages of 16 - 25. Anyone under the age of 18 who wishes to attend will need to have parental consent.

Date: Saturday 2nd of September 2023

Time: 1pm-3pm

Location: As I write this, the final location is being confirmed, but please make sure you save the date!

To RSVP and more information: please email me at ross.vasta.mp@aph.gov.au

I want to encourage all Bonner Youth to come along to give their feedback on ways to help better support those struggling with mental health.





VERY SPECIAL FLAG DELIVERY

How lucky was I to be greeted by superheroes and princesses when I recently delivered the Australian, Aboriginal and Torres Strait Islander Flags to Wynnum - Manly Kindy?!

As your local Federal Member for Bonner, I am able to present flags to veterans, community groups, schools and for other special occasions.

If you would like to request a flag, please email me at ross.vasta.mp@aph.gov.au

FAMILY FUN EVENTS

We are spoilt for choice when it comes to fun family events on the Bayside. Make sure you have these upcoming events saved in your calendar!

MUSIC IN MINNIPPI:

Great music and great food, Music in Minnippi is the perfect way to spend a Sunday afternoon relaxing!

Time: 2pm – 5pm

Date: First Sunday of every month! **Location:** Minnippi Parklands

THE BRISBANE KITE FESTIVAL:

With a stunning display of kites, a fantastic variety of food and drink, a BCC pop-up library and more, this is a must attend event for all the family.

Time: 10am – 2pm

Date: Sunday 20th August

Location: Tingalpa Model Aero Club

COSPLAY MEETS STEAMPUNK

Time to put on your best Steampunk or Cosplay outfit for the Wynnum-Manly Steampunk meets Cosplay event! There will be market stalls, food, drinks, performances, and games for all to enjoy.

Time: 10am - 6pm

Date: Saturday 26th of August **Location:** Florence Street, Wynnum

There will also be a Kaleidoscope Art Exhibition running from the 25th of August to the 2nd of September.





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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

SOLSTICE GUITAR DUO LIVE

Sunday August 6 from 2:30 pm to 4:30 pm Wynnum Community Centre, 105 Florence St, Wynnum

Brisbane musicians the Solstice Guitar Duo are two dynamic guitarists, Clancy Anderson and Dominic Ward. Their musical range spans ballads to Spanish songs, Irish jigs to uplifting classical music. Tickets are \$20 and available online via www.humanitix.com.

BRISBANE BAYSIDE STEAM RAILWAY



Sunday August 6 and 20, from 10:00 am 1900 Wynnum Road, Wynnum,

Toot toot! Come down for a day of family fun and ride the miniature steam trains. Check out Facebook for more information about this family friendly event at https://www.facebook.com/ BrisbaneBaysideSteamRailwaySociety.

SHIRE CLERK'S COTTAGE MARKETS



Saturday August 19 from 8:00 am to 1:00 pm Waterloo Bay Leisure Centre, 241 Tingal Road, Wynnum

Browse the market stalls in the grounds of the beautiful heritage listed Shire Clerk's Cottage, featuring an incredible selection of hand-made crafts and wonderful gift ideas.

GROW YOUR OWN HEALTH



Sunday August 27 from 9:30 am to 12:30 pm Bethania Street Community Garden, Lota

Would you like to grow your own supplements? Participants in this workshop will learn to grow and care for a range of plants that are rich in natural antioxidants, prebiotics, vitamins, minerals and other health supporting elements. Cost: \$5 to cover cost of take home plants. Email bookings to: bethaniabooking@gmail.com.

MONDAYS

Trivia at Wynnum Manly Leauges Club

Mondays from 7:00 pm Wynnum Manly Leagues Club, 92 Wondall Road,

Join Trivia with Quiz Meisters from 7:00 pm for free fun-filled hours of trivia unlike any other! Registration is at 6:30 pm and trivia kicks off at 7:00 pm.

Chair Yoga Dance

Mondays from 9:00 am to 10:00 am Wynnum Hall, 219 Bay Terrace, Wynnum

Join this gentle and fun movement session for seniors that uses a chair as a prop and combines yoga, dance and music to increase mobility, reduce pain and feel happy. This is a FREE Gold event, suitable for seniors, via the Brisbane City Council. No booking required. For more details phone Vicki at 0421 421 921.

TUESDAYS

Wynnum/Manly Meditation Circle

Tuesdays 6:45 pm to 7:45 pm Branches Community Hub, 29 Fox Street, Wynnum

The meditation circle is run by donation. Call John on 0403 676 435.

Vision in Voice Community Choir

Tuesdays at 10:00 am

Birkdale School of Arts Hall, 101 Birkdale Road, Birkdale Join this all-inclusive choir, which welcomes adults with disabilities, sight-impaired people, seniors, those with early stages of dementia, those suffering Parkinson's, anxiety or depression, and anyone looking for a joyous, positive experience. This is an all-inclusive choir for everyone who loves to sing. For more details call 0411 430 658.

WEDNESDAYS

Social Tennis

Wynnum Tennis Centre 9:00 am to 12:00 pm

Social tennis costs \$10 and includes a light morning tea at Colina Street Tennis Centre, Wynnum.

Wynnum Manly Bayside Socials Group

Meets the first and third Wednesday of every month at Celtic Corner, 45 Cambridge Parade, Manly 6:30 pm to 7:00 pm. A \$1 donation is appreciated. More details on meetup.com.

Tai Chi Qigong in the Park

Wednesdays from 8:30 am to 9:30 am Wynnum Wading Pool Park, 173 Wynnum Esplanade,

Join in this free senior event in conjunction with Brisbane City Council. Tai Chi and QiGong are dynamic activities that rejuvenate your body and mind. No bookings required. For more information phone Paul on 0415 335 063.

THURSDAYS

Wynnum Bayside Weight and Friendship Club Waterloo Bay Leisure Centre, Tingal Road, Wynnum

8:00 am to 10:00 am

The club meets every Thursday with weigh-in from 8:00 am to 8:45 am followed by a meeting from 9:00 am to 10:00 am. Engage with guest speakers and enjoy activities to help you stay healthy. New members are welcome. There is a joining fee of \$10 and a weekly fee of \$5. Contact Maralyn 0408 211 223 or Cheryl 0448 841 144 for more details

Zumba with Linda

Thursdays from 8:00 am to 9:00 am Wynnum Municipal Hall, 219 Bay Terrace Wynnum

Zumba Gold & DAYOP (dance at your own pace) for this free Zumba Gold activity every Thursday. Everyone is welcome, however, bookings are required due to limited space. Call Linda on 0428 419 157 for more

FRIDAYS

Live Music In The Motif Bar

Fridays from 7:00 pm to 11:00 pm Wynnum Manly Leagues Club, 92 Wondall Road, Manly West Love live music? Come along and hang out at the Motif Bar for some great live performances from various artists.

SATURDAYS

Jan Powers Farmers Markets

Little Bayside Park, Manly

Saturday August 5 and 19, 6:00 am to 12:00 pm Free to attend, family friendly.

Parkrun Wynnum

Saturdays at 7:00 am

Wynnum Manly Foreshore, Wynnum

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or watch - it's up to you!



WHAT'S NEW AT THE MOVIES THIS AUGUST

FROM MAJESTIC CINEMAS, WYNNUM



Gran Turismo (CTC) - August 10

Based on the true story of Jann Mardenborough, the film is the ultimate wish fulfillment tale of a teenage Gran Turismo player whose gaming skills won a series of Nissan competitions to become an actual professional race car driver. Starring Orlando Bloom, David Harbour and Diimon Hounsou.



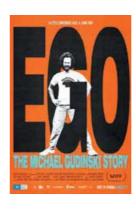
Chevalier (M) - August 17

Based on the incredible true story of composer Joseph Bologne, Chevalier de Saint-Georges. The illegitimate son of a an African slave and a French Plantation, Bologne rises to improbable heights in French society as a celebrated violinist composer and fencer, complete with an ill-fated love affair and fallout with Marie Antoinette herself and her court.



Strays (MA15+) - August 17

They say a dog is a man's best friend, but what if the man is a total dirt bag? In that case, it might be time for some sweet revenge, doggy style. When Reggie a naïve, relentlessly optimistic Border Terrier, is abandoned on the mean city streets by his lowlife owner, he finally realises he was in a toxic relationship and begins to see his owner for the heartless sleaze ball that he is. Reggie, with his newfound friends, hatch a plan and embark on an epic adventure to help him find his way home. Starring Will Ferrell, Jamie Foxx and Isla Fisher.



Ego - The Michael Gudinski Story (M) - August 31

This feature documentary follows the wild ride of Michael Gudinski over five decades as he forges his own maverick path consumed by his ambition and enduring passion for Australian music. This film dives into the psyche and unorthodox tactics of Michael as he became the front man of a cultural movement and built a music empire whose artists helped create the soundtrack of a nation.



ROCKETMAN ROARS INTO TOWN FOR FANTASICAL FREE FAMILY EVENT

FROM WYNNUM MANLY ARTS COUNCIL

In a surprising turn of events, Rocketman has extended an edict to Maleficent and Lord Sauron, proposing a truce amidst the ongoing war that engulfs the realms. Rocketman aims to achieve peace through a groundbreaking initiative.

To further bolster this unprecedented initiative, he has collaborated with Wynnum Manly Arts Council to organise a free family event on August 26: Cosplay Meets Steampunk.

The event promises an abundance of delights for children and adults alike, ensuring a day filled with fun and entertainment for everyone.

A packed timetable of scheduled events is in the works; Rocketman will let everyone know what is happening and where.

There will be prizes for best-dressed adults and children and photo opportunities with Rocketman and Lord Sauron! Mark your calendar and assemble your costumes for a day to remember.

What: Cosplay Meets Steampunk Festival
When: Saturday, August 26, from 10:00 am to 6:00 pm
Where: 105 Florence Street, Wynnum
Need to know: Come dressed in your best Cosplay or
Steampunk costume



TIMETABLE OF EVENTS | SATURDAY 26 AUGUST

Photo opportunity with Lord Sauron

COSPLAY MEETS STEAMPUNK FESTIVAL

10am - 6pm	Kaleidoscope Art Exhibition	Gallery Level 2
10am – 4pm	Medieval Encampment	Wynnum Central Park
10am – 2pm	Dungeons & Dragons (beginners & experts all welcome)	Back Door
10am – Midday	Stilt Walkers	Various
10am – 10:30am	Bayside Youth Band/Adult Starter Band	Band Area
10:30am – 11am	Punch & Judy Puppet Show (free)	Hall Level 2
11am – 2pm	Professional Photoshoot	Stage Level 2
11am – 1pm	Slime Making (free)	Hall Level 2
11am – 11:30am	Bayside Youth Band/Adult Starter Band	Band Area
11:00am – Midday	HarpWaves – Jillian Praeger	Level 2
Midday	Alchemist Guild Presentation (free)	Wynnum Central Park
Midday – 2:00pm	Morris Dancers	Outside
1pm – 1:30pm	Magic and Puppet Show (free)	Level 2
Midday – 12:30pm	Qld Show Band	Band Area
1pm – 1:30pm	Qld Show Band	Band Area
2pm	Armoured Combat Demonstration (free)	Wynnum Central Park
2pm – 2:30pm	Punch & Judy Puppet Show	Level 2



3pm – 3:30pm BackDoor Charlotte Street Jazz Band
2pm – 5pm Cooper Flick Singer/Guitarist
4pm Silent Auction Closes
3:30pm – 4pm Rock Band

Rock Band Close Band Area Forecourt steps

Band Area



2:30pm - 3:30pm



Children & Adults; capture the moment with your own camera





Level 1



6pm





KALEIDOSCOPE EXHIBITION SHOWCASES LOCAL ARTISTS

FROM WYNNUM MANLY ARTS COUNCIL









Photos: Supplied

Wynnum Manly Arts Council Inc has a rich history of hosting exhibitions under various names.

For the past seven years we have proudly occupied the premises of 105 Florence St, where we have successfully organised and presented our previous exhibitions. The upcoming Kaleidoscope Exhibition (from August 25 to September 2) will mark our eighth showcase of emerging artists works. It is a highly anticipated event that provides a platform for emerging artists who have participated in any of the WMArts classes or workshops throughout the past year as well as our members and tutors. This exhibition holds significant value for many students as it serves as their inaugural opportunity to showcase their artistic talents in a professional setting.

The primary objective of Kaleidoscope is to celebrate the creativity and artistic growth of these emerging artists. The exhibition also aims to foster a sense of community and camaraderie among artists, students, members and tutors in an environment that encourages collaboration and artistic exchange.

For any enquiries or further information, call 07 3348 2369 or contact us via email at wmarts@tpg.com.au.





Walking is excellent for your health and well-being. Why not earn some money while you walk?

Locals R Us, a distribution partner of The Community Leader, is looking for locals to get involved with the paper's home delivery in the bayside and Redlands areas each month.

It's a fantastic opportunity to earn extra money while keeping fit and supporting your local community.

Find out more about how you can get involved by calling Sharyn at 0403 189 625 or Laura at 0419 174 693.





Name: Barnaby. Suburb: I'm from Lota.

How long have you lived here? I am nearly three years old and have lived in Lota all my life.

What's your favourite local walk? Sooo many to choose from! I love the dog beach and I play with my friends at the Lota dog park. I love the walk around the boardwalk at Wynnum too, but I'd have to say, my favourite is walking through the bush between the creek and the Lota football fields. I meet lots of my friends on that walk and there are scrumptious smells (ducks, kangaroos, koalas and water birds). I wish my mum would let me chase the ducks just once, but she won't!

Your most treasured toy: Well, Ellie the elephant is very special to me. She is the only toy I'm allowed to do something with that rhymes with pump!

Your favourite food? Well I love 'people food' when I can get it, but I'm not allowed it.

What's your worst habit? I like to jump up on visitors when they first come to my house because I love visitors, but my mum and dad don't like me doing that.

Your favourite local hangout? I just love the Wynnum Coffee Club on Saturday mornings because I can usually score some people food, which I love.

Who's your best doggo friend? Louie the schnauzer is my best friend. We play at the dog park every day.

Any funny or embarrassing stories you'd like to share? Well, I thought it was funny, but my mum didn't. Once I got off my lead and ran into the soccer field where lots of little kids were playing soccer. I managed to move every marker on the field with my mouth and zig-zagged through the kids trying to play. They all had to jump over me. My mum was very embarrassed and was running after me and yelling at me to come while all the parents were laughing at her and me. I thought it was a game, but boy did I get in trouble over it!

What do people love most about you? Most people say I'm a real character, but my mum says she loves my gentle, kind spirit most of all.



Suburb: Manly West.

How long have you lived here? For eight months.

What's your favourite local walk? Along Manly Road, and to the Lota dog park.

Your most treasured toy? It has to be my Kong.

What's your favourite food? I love all food!

What's your worst habit? Dribbling when someone is eating in front of

Your favourite local hangout? Definitely Lota dog park.

Who's your best doggo friend? My best friend is Maisy.

Any funny or embarrassing stories you'd like to share? I love to wear my cape in public. People call me The Super Dog! I also enjoy spending hours looking for lizards.

What do people love most about you? I love to be patted, and will kiss you if given the chance.





Miss maggie of manly













ALL ABOUT EAR INFECTIONS IN DOGS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Ear infections are extremely common in dogs. The most common signs of an ear infection are head shaking, ear scratching, odour and discharge from the ear canals and red, inflamed skin in the ear canal.

CAUSES OF EAR INFECTION

There are a number of causes of ear infections. These include:

- The shape of the ear and ear canal dogs with lots of fur in their ear canals (e.g. Poodles and Poodle crosses, Schnauzers), dogs with heavy, long ears (e.g. Cocker Spaniels, Cavalier King Charles Spaniels) or very narrow ear canals (e.g. Shar Peis, French bulldogs, Pugs) predispose dogs to infection.
- Allergies are a very common cause of ear infections inflamed, itchy skin lining the ear canal is more readily infected with secondary bacteria or yeasts. Allergies may be environmental (such as pollens, moulds, grass) or food related.
- Environmental conditions can predispose to infections hot, humid weather provides a perfect environment for ear infections.

TREATMENT

Treatment of ear infections includes addressing both the initiating cause and resolving secondary infections.

- If your dog has furry ears it may be useful to pluck the fur from the canals.
- Your vet may suggest cleaning your dog's ears under sedation or anaesthetic to remove discharge.
 This also allows a more thorough examination of the ear canal and assessment of the health of the ear drum.
- Medication may be dispensed based on the infectious organisms (yeast and bacteria most commonly) present. Your vet can take a sample from your dog's ear and examine the material under a microscope.
- Controlling itch and inflammation is important to prevent further irritation and self-trauma.





PREVENTION

- Regular ear flushing with an appropriate product can reduce discharge and decrease the risk of secondary infection.
- Controlling allergies can be useful in reducing the frequency of ear infections. There are good options in both tablet and injectable form for ongoing allergy relief — have a chat with your vet to decide the best plan for your dog.

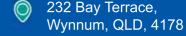
Wynnum Manly Veterinary Hospital



To make an appointment call

07 3396 6488

vets@wmvh.com.au



Mon to Fri: 8am - 7pm Sat: 8am - 12pm Sun: 8am - 11am

WWW.THECOMMUNITYLEADER.COM.AU **AUGUST 2023**

LYTTON FUEL IMPORT TERMINAL BOOSTS QUEENSLAND FUEL SECURITY

FROM JOAN PEASE MP, MEMBER FOR LYTTON

Diesel fuel security has been vastly improved for Queenslanders following the commissioning of the 110ML Lytton Fuel Terminal at Port of Brisbane on Wednesday, 12 July, 2023.

The works were expedited with the support of a \$15 million loan from the State Government's Building Acceleration Fund to IOR, assisting with the total project cost of \$60 million.

I was delighted to attend the commissioning and witness the new upgrades first-hand. A key component of the upgrades was the construction of two new tanks with a combined capacity of 60ML and the repurposing of an existing 50ML tank, to increase diesel fuel storage in Brisbane by 110 million litres.

The project also saw the installation of a new underground pipeline, expansion of an existing wharf - including installation of two new marine loading arms - at Fisherman Island, a new fast loading gantry with 18 loading arms, as well as improvements to all electrical services and supporting infrastructure onsite.

I'm particularly pleased to see that peak on-site employment for the project was 272 full time workers, above initial expectations of 264, with the large majority of the construction work being awarded to Queenslandbased companies.

While we are focussed on transitioning to net zero emissions, it's imperative to ensure the security of diesel fuel in order to keep Queensland moving

This project allows for the storage of a significant amount of fuel as well as improved infrastructure to better cater for importing. Importantly, this site has significant expansion potential, including 80ML of additional storage and another truck lane at the loading gantry, meaning more business can be done in and out of the Brisbane Port.



The Queensland Government's Building Acceleration Fund made it possible to accelerate the development of the project, which is exactly what it was designed for. The Fund is a Queensland Government initiative to accelerate economic growth through investing in infrastructure that unlocks development, generates construction activity, and creates long-term employment.

I look forward to seeing the benefits that this upgraded facility will bring to Lytton, our region and the State.



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DEATH, DYING AND BEREAVEMENT: DYING TO KNOW DAY

BY JANE POCOCK, PRACTICE MANAGER AT BAYWEST MEDICAL CENTRE & MANLY VILLAGE MEDICAL

There is a day (August 8) on the 'Health Events Calendar', an annual day dedicated to creating conversations about death, dying and bereavement.

Death seems to be something that most people in Western culture don't want to talk about. It can be an uncomfortable, confronting conversation, but dying is the one sure thing in our lives – we live now, and one day we will die.

I had the absolute privilege of being with my father for the last 48 hours of his life, holding his hand, speaking to him, playing his favourite Scottish music and then watching him take his last breath. It was heartbreaking and yet beautiful and comforting, seeing a man who had fought extremely hard against many injustices in life and who held onto as much control as he could right to the end of his life, to have to surrender to a process that none of us had any control over. That experience has been such a comfort to me in my grief, and I am always so grateful to have flown back to Zimbabwe at short notice to be with him in his dying moments.

Everyone who has experienced the passing of a loved one will have their own story, and there is always grief, and it is always complicated. I would love us to be more open about speaking about death and the impact that it has on us and our loved ones.

While we are living, it is good to be reminded that we should live our lives in a way that is authentic and true to who we are. A book that had an impact on me was *5 Regrets of the Dying* by Bronnie Ware. In a nutshell, the top five regrets that people express on their deathbeds are:

- 1. I wish I'd had the courage to live a life true to myself, not the life others expected of me.
- 2. I wish I hadn't worked so hard and spent more time with my family.
- 3. I wish I'd had the courage to express my feelings.
- 4. I wish I had stayed in touch with my friends.
- 5. I wish I had let myself be happier.



So, this August, let's consider these points while we live our lives. With regard to death and dying conversations, if you need support, you can book in to see any of the doctors or psychologists at Baywest Medical Centre or Manly Village Medical.

scan the QR codes for some resources available to support you in speaking about death or grief:







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GET YOUR GROOVE ON, WYNNUM MANLY JAZZ FESTIVAL IS BACK!

The Wynnum Manly Jazz Festival has been a beloved annual event for the past two decades, bringing joy to the community, only interrupted by the unwelcome arrival of Covid.

However, this year's festival carries a bittersweet note as it marks the final festival to be organised by Gloria Davey, as she retires from the festival committee. Gloria, a well-known local figure and OAM recipient, has dedicated herself to serving the community for over sixty years.

Traditionally held on Father's Day, the festival takes place on the picturesque foreshore at Wynnum. Generously funded by the Brisbane City Council, the event is made possible through the collaborative efforts of local committees who work to provide various delectable food, refreshing drinks, and captivating entertainment for enthusiastic iazz fans.

Grab your chairs, gather the family, and immerse yourself in the enchanting melodies of the jazz performers. Make this year's festival a truly unforgettable experience for yourself and your dad on the scenic Wynnum foreshore. The festival promises to be a delightful outing for the entire family, creating cherished memories that will last a lifetime. Come down to Bandstand Park at Wynnum (below Gordon Parade) on September 3.

For inquiries and further information, please get in touch with Gloria Davey at $3396\ 5825$.



WYNNUM MANLY JAZZ FESTIVAL 2023

PROGRAM

SUNDAY SEPTEMBER 3

10:45 am - 11:45 am
The Redlands City Big Band

12 noon - 1:00 pm Royal Australian Navy Band

1:15 pm - 2:15 pm The Andrews Sisters Tribute

2:30 pm - 3:30 pm

Mal Wood and the Swinging Seven

3:45 pm - 4:45 pm The Session Band

www.wmjazzfest.com.au





LEARN TO SAIL AT THE FAMILY-FRIENDLY SAILING CLUB

CONTRIBUTED BY LYN HANLON, DARLING POINT SAILING SQUADRON

Darling Point Sailing Squadron is a long-standing Wynnum-Manly volunteer-run sailing club located on the northern end of Manly Boat Harbour. The club was established in 1927 with the current clubhouse built in the 1950s on Darling Point before being moved to its current location on Norfolk Point in the 1970s.

Today, the club offers a range of learn to sail courses designed for juniors through to adults.

Children from ages six to 12 years who can swim 50 metres are welcome to register for DPSS's Tackers courses run by the club's qualified and experienced Australian Sailing instructors. These courses run on Saturday and Sunday mornings during the summer sailing season as well as during the September and end of year school holidays.

Teenagers are also catered for during the upcoming September holidays in a Start Sailing course in the club's new RS Quests. Teens and adults are welcome to register for the next Start Sailing course commencing on Saturday 7 October. This course runs for seven Saturday mornings in the club's new RS Quests conducted by our qualified Australian Sailing instructors. This course is a great introduction to the fundamentals of dinghy sailing.

Or be a part of the club and join us on Sunday afternoons for off-the-beach sailing dinghies and skiffs, or volunteer supporting the club's operations by manning support boats, helping with race management, manning the on-shore radio or helping in the canteen.

More information about learning to sail at DPSS can be found on the club's home page or the Discover Sailing Centre page at dpss.org.au/sailing-courses/ or via email to dpssdsc@gmailcom.



Photo: Supplied.

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JOAN PEASE'S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON

WYNNUM BOWLS CLUB RECEIVE FUNDING TO TAKE **CLIMATE ACTION**



Wynnum Bowls Club received an amazing \$31,304 to purchase and install a solar system and inverter for their club, which will significantly reduce their carbon emissions and energy costst

Our Bayside community groups do such incredible work on the ground and it's great to see funding go towards projects that can help them reduce their costs as well as their emissions.

GAMBLING COMMUNITY BENEFIT FUND OPENS **APPLICATIONS FOR ROUND 118**



The Gambling Community Benefit Fund (GCBF), Queensland's largest one-off community grants program, is now accepting applications for Round 118.

This is an excellent chance for Bayside community groups to showcase their vision and contribute to the growth and well-being of their local communities.

I encourage eligible community group to take advantage of this opportunity and submit your application for Round 118.

For more information on eligibility criteria, funding objectives, and the application process, please visit my website.

NEW WEBSITE OFFICIALLY LAUNCHED



I am delighted to announce that I have launched a brand-new website! It's full of everything Baysiders love, and it's here to keep you informed, inspired and connected as you work, live and play here in our beautiful Bayside.

Just some of the exciting new features include:

Community News and Events

Keep up to date with the latest news stories and upcoming events. It's fast, convenient, and you can find the information you need with helpful features like categories and the search bar. Both pages are updated daily and you can event submit your own events for promotion, right on my website.

Contact my Office Online

Have an enquiry and can't get to the phone or my office? You can now contact my office directly through my website. Simply note your request, provide some contact details and attach any supporting documentation, and my office team and I will be alerted immediately to your enquiry. You will receive the same expert care and attention that only my office team and I can offer Baysiders.

Improved Accessibility

Access everything you need on my website, anytime, anywhere, with new accessibility features and improvements. My website now includes large fonts, high contrast text and backgrounds, and can be read on any device. In particular, my website is now optimised for browsing on your smartphone or tablet.

Lifestyle Accessories

My new website seamlessly integrates with your Bayside lifestyle. You can view the weather forecast for our local area, see what I've been up to lately by checking out my social media feed, and browse my recent achievements and ways I'm Standing up for the Bayside.

My new website is your one-stop hub for everything Lytton and Bayside, and it's available online now! Simply visit www.joanpease. com to check it out for yourself.

BAYSIDE EVENTS

I recently held two events that were very well-attended by Baysiders – the Bayside Grants Forum and the E-Scam Community Forum. The Bayside Grants Forum was an excellent opportunity for our local community groups and charities to gain an insight into the grants available to them, while the



E-Scam Community Forum provided a timely reminder for us all to safeguard our personal information.

I would like to thank Baysiders who attended these recent events. If you were unable to attend or would like more information on grants or E-Scams, please visit my website.

FREE FLU VACCINES FOR QUEENSLANDERS

From 22 July to 31 August 2023, influenza (flu) vaccinations will be provided free of charge to help combat the significant increase in influenza cases across the state.

This initiative aims to safeguard our community's health and



reduce the risk of flu infections. Influenza is a highly contagious infection that can make many people sick and, in severe cases, lead to fatalities.

Hospitalisations due to influenza are especially concerning for children aged 6 months to 5 years and adults over 65 years, as well as those at higher risk.

As we approach the peak of the flu season (June - September), it's essential to act promptly. Baysiders can get vaccinated at their local General Practitioner (GP), community health clinic, or pharmacy.

I urge Baysiders to share this vital announcement with family, friends, and colleagues. The more people who get vaccinated, the stronger our community's defence against the flu is.



State Member











WYNNUM UP LATE



WYNNUM UPLATE: A FANTASTIC NIGHT OUT

FRIDAY 1ST SEPTEMBER, 5PM - 8PM

Wynnum UpLate proudly showcases the exciting diversity of Wynnum's independent retailers, and August's UpLate is the perfect opportunity to enjoy an evening out and shop for Father's Day gifts.

Follow the map of participating stores dotted along Florence and Edith Streets and through Bay Terrace, and take in the ambience and enjoy the music and conversations.



Example of retail businesses participating

Wynnum's retail footprint includes everything from jewellery, fashion, lingerie and interiors, homewares, gifts, and more.

And if you need even more motivation to come along, don't miss your chance to enter the draw to win a MEGA hamper, brimming with gifts from selected UpLate retailers — it's their way of saying "thank you" for supporting local retail. Enter by shopping at three or more participating retailers. You can enter as many times as you like, so if you shop at more than three stores, start a new map for an extra chance to WIN!

UpLate is the perfect opportunity to catch up with friends, so why not make a night of it? Once you have shopped 'till you can't shop any more, settle into one of the fantastic restaurants or bars for a cosy dinner or nightcap.

The landscape of the Wynnum CBD has changed a lot over the past few years, which is why Wynnum UpLate retailers would love to welcome you to experience a night that is 'uniquely' Wynnum. See you there!



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WYNNUMNOW.COM/UPLATE

DID YOU MAKE THE MOST OF YOUR OUTDOOR AREA LAST SUMMER?

FROM SUNCOAST OUTDOOR LIVING

Queensland's stellar climate and outdoor living go hand in hand, but at certain times of the year, it can be challenging to enjoy because of the heat, the rain, bugs, wildlife and the general mess the elements can leave behind.

What if you could increase the living space in your home, with protection from environmental nuisances, in an affordable yet beautiful way? Brisbane-based Suncoast Outdoor Living is here to help with a speciality range of quality patios, outdoor screening and pool enclosures, having expanded the range of products since their humble beginnings in 1993.

"We are one of the few companies in Australia that can offer a complete outdoor living solution," said director Tony Mora.

"We have a unique outdoor screening system with a wide range of screens and locally manufactured insulated patio roofing.

"Our detail-focused staff provide friendly service and quality products fully customised to the client's needs."

The business fabricates the structures on site, not in a warehouse, to ensure that it fits millimetre-perfect.

If you'd like a cost-effective way to increase your living space, Suncoast specialises in insulated patio roofing, creating a seamless transition from indoor to outdoor living.

A Suncoast custom-made pool enclosure can add value to your home while providing UV protection, reducing water evaporation and chemical usage, and cutting down cleaning time while complying with pool safety regulations.

Suncoast expects customers to get the best possible outcome and product to suit their purpose and budget.

Importantly, these products represent long-term solutions that will last in the harsh Queensland environment.

"If you use a budget product on your house in Queensland, you need to put some money aside for when it fails," Tony said.

Imagine coming home to no leaves on the ground, bird droppings on the outdoor furniture and having a meal with no bugs, all while feeling the fresh breeze of the outdoors.



The team loves to see the absolute joy on clients' faces once their structure has been installed.

To find out how you can make better use of your outdoor areas all year round, contact the friendly staff at Suncoast Outdoor Living today or visit the website at www.suncoastoutdoorliving.com.au.



1300 137 081

suncoastoutdoorliving.com.au

BAYSIDE DOG TRAINER STRIKES GOLD AT NATIONALS

FROM CLEAR DOG TRAINING

Wynnum-based dog trainer Caroline Strainig has put her training skills to the test at the state and national dog obedience championships – and struck gold.

Caroline, who owns CLEAR Dog Training, competed with her two border collies, Hope and Adam, and came away festooned with prizes.

Her haul included two national championships, two reserve national championships, two state championships and two reserve state championships.

Her dogs were first and second in four classes, and she also won three other major awards, including the highest combined score in rally obedience for the two trials.

For Caroline, the top award was particularly cherished as her young dog, Hope, had only been competing at the top level in rally for two weeks before the trial held in Durack in early July.

The state and nationals had also attracted a strong contingent of competitors from southern states and northern Queensland, and to have such success at the top level with both her dogs was a huge tick for her training methods.

"I love training dogs of all breeds and get a lot of joy out of helping people with their puppies and older dogs," Caroline said.

"However, I still compete at the highest level with my own dogs when I can to ensure my training is right up there with the best.

"Not only do you have to teach your dog the necessary skills, but you have to produce a top performance under huge pressure.

"I must admit I was extremely nervous going into the final national comp, but my dogs seemed to know it was important and tried their hearts out. It was almost like they were saying, 'Relax, we've got this, mum'."



Caroline with her two much-loved border collies, Hope (centre) and Adam and some of their prizes from the state and national dog obedience championships. Photo by Julie Finter.



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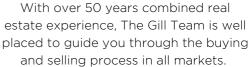








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REIQ welcomes pause in interest rate hikes

FROM THE REAL ESTATE INSTITUTE OF QLD

With inflation moderating, productivity levels falling, job vacancies declining, household savings eroding, and business insolvencies increasing, the REIQ says today's pause on the cash rate was a sensible decision given mixed economic signals.

Real Estate Institute of Queensland (REIQ) Chief Operating Officer Dean Milton said business owners, mortgage holders, aspiring home owners, and renters who hoped the new financial year would bring interest rate reprieve would be nicely surprised.

"In our view, there were enough economic factors at play to warrant a stop or at least a pause to the steep tightening cycle, so this comes as welcome news," Mr Milton said.

"With 12 rises and only two pauses since May last year, pressure continues to mount on businesses, the economy is weakening, and households with little savings left are wondering what else they can scrape by without.

"Small businesses are also coming under pressure with a raft of cost increases this financial year including electricity prices going up by 25% across the state, and the additional Superannuation Guarantee of 0.5%.

"Given small business is a major employer in Queensland, if they begin to struggle and lay off staff, this again has a flow-on effect to the broader housing market."

Mr Milton said the interest rate tightening cycle was also hurting construction of new builds that will be required to ease the housing crisis.



"There has been a 30% decline in loans for new builds during the last 12 months of the hiking cycle which are now at are their lowest levels since the end of the mining boom a decade ago," he said.

"With business insolvencies on the rise, this is a welcome pause to give developers a chance to catch up and restore cash flow."

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Case Study: God-villa

BY BYRON FREEBORN, RAINE & HORNE WYNNUM

Just like the ebb and flow of the ocean with currents, tides and cyclones, the nature of humans when buying homes and investments is likely to follow similar physics – some of it follows patterns, while some of it tracks orderly chaos.

As an example, a recent sale of a villa attracted a frenzy of interest (well presented in a top location near Wynnum North's Elanora Park), and it sold like hotcakes – it surpassed any previous sale of its kind in recent times. But why?

We styled it and had some Angus & Julia Stone playing at the open homes, but it was more than that: it was a sign of the times, a confluence of markets rolling into one point. Also, the term 'rare as hen's teeth' came up at least four, maybe five times during the sale process. It had the simple factor of the supply/demand ratio being tipped in its favour.

Let's look at the breakdown of the sale and its potential buyers.

We saw mature buyers, couples and singles looking for a small home in a secure complex on one level with a yard and leafy outlook – the ultimate downsizer checklist.

We had first-home buyers who perhaps ideally wanted a house, but to stay in the area within their budgets was proving unfeasible, so a home like a villa was just the ticket.

We saw professional couples who work hard, are time-poor and want less maintenance and the ability to lock up and go on holidays or trips away without worrying about a large house/garden. Some, in fact, from interstate, were simply looking to lock in a property and rent it out for the time being while they plan their escape from Sydney or Melbourne (both lovely cities, but who doesn't like to reduce their mortgage?).



Raine&Horne



41/519 Tingal Road, Wynnum QLD

Lifestyle Villa, walking distance to water front!

This stunning villa is located at 41/519 Tingal Road, Wynnum. Offering a comfortable and convenient lifestyle, this property is perfect for young families, professionals or mature buyers looking to downsize. Featuring three spacious bedrooms, including a master bedroom with an ensuite, this home provides ample space for everyone. The two bathrooms ensure there is no morning rush for the shower! Step outside and be greeted by the beautiful courtyards, perfect for relaxing or hosting outdoor gatherings. The fully fenced garden offers privacy and a safe space for children and pets to play. The outdoor entertaining area is ideal for summer barbecues or enjoying a morning cup of coffee.





Wynnum | Manly 07 3348 7555 rh.com.au/wynnum



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The pros and cons of home energy audits

CONTRIBUTED BY FALLON SOLUTIONS

Home energy audits are gaining popularity as a valuable tool for improving energy efficiency and reducing utility bills. These audits assess your home's energy usage and identify areas for improvement, leading to potential cost savings on your next bill. But do these audits truly deliver on their promise of saving you money?

What is a home energy audit?

During a Home Energy Audit, Fallon Solutions' licenced electricians visually examine your home's energy usage.

They will assess lighting, power, Air Conditioning, solar, and appliances to identify areas of energy waste. You'll receive detailed ratings and a comprehensive report with personalised recommendations for cost savings and efficiency improvements. Their aim is to help you maximize energy efficiency in your home.

Pros:

Energy-saving advice: Certified professionals provide specific insights into areas where energy efficiency can be improved, offering recommendations and changes in usage patterns for maximum energy savings.

Cost savings: Implementing audit recommendations can reduce monthly utility bills and prevent future costly repairs, resulting in long-term cost savings.

A healthier and safer living environment: Home energy audits focus on improving indoor air quality and safety, creating a healthier and safer living environment for your family.

Increase in home value: Investing in energy-efficient upgrades as recommended by the audit enhances the value of your home, attracting potential buyers seeking eco-friendly and energy-efficient features.

Cons

The audit itself does not lower energy costs: The audit provides recommendations, but the effectiveness in reducing energy costs depends on you as the homeowner implementing the suggested changes and adopting energy-saving habits.

Upfront cost: Home energy audits come with an associated cost, but the potential long-term energy savings and benefits can outweigh the upfront investment.



At Fallon Solutions, we offer multiple trades under one roof to assist with implementing energy-saving measures promptly and conveniently. We also provide financing options through our partnership with Brighte Loans to help you manage the upfront costs and achieve your home improvement goals.

Contact us today on 1300 712 028 to schedule your home energy audit and start your journey towards a more efficient and cost-effective home!









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TEE UP YOUR FAMILY AND PUTT FOR A PURPOSE

FROM MCGUIRES HOTEL GROUP

McGuires' Hotel Group and Small Steps 4 Hannah have teamed up and announced the first Day for Kids 2023, "Putt for a Purpose", to be hosted by The Alexandra Hills Hotel Putt Putt on September 17 from 8:00 am to 2:00 pm.

This exclusive ticketed event aims to bring families in the community together while raising much-needed funds and awareness for Australia's growing domestic violence epidemic.

All proceeds from Putt Putt tickets will be donated to the Small Steps 4 Hannah Foundation.

The day will be jam-packed with kid's entertainment, including face painting, kid's mosh dancing, fairies, games, a BBQ, a magician show, a hypnotist, live music and much more (and there'll also be some 'cold ones' for the parents)!

There will also be random prizes for the best dressed, so theme your team for a chance to win. Many local businesses have supported the event and donated prizes to be drawn at the 12-noon raffle. Be there to win!

Deborah Ellyett, McGuires' Hotels Business Development Manager, explained the importance of the event.

"It all starts with the little people. What can we do as a community to ensure kids grow up to not be victims of domestic violence? More importantly, what can we do to ensure kids don't grow up to be perpetrators of family violence?" said Deborah.

"The message needs to be louder, clearer, and the conversation needs to come earlier. When you tell your kids you're taking them to Putt for a Purpose, tell them why; share the legacy of Aaliyah, Laianah and Trey. Make their tragic deaths mean something."

Small Steps 4 Hannah members will be at the event selling merchandise and speaking to the community.

Every person must present a ticket to gain entry to the event. Tickets can be purchased by scanning the QR code on this page.



CHICKS IN THE STICKS: AN EVENT FOR ADVENTUROUS WOMEN OF ALL AGES

CONTRIBUTED BY RATS CYCLING CLUB

The most popular women's mountain biking event in Australia, Chicks in the Sticks, will return this year to Karingal Scout Camp at Mt Cotton on 20 August.

Women of all ages and mountain biking capabilities will hit up the specially-created trails at Karingal Scout Camp in a colourful and plucky celebration of adventure-loving women.

The racing chicks often get dressed up in crazy costumes to ride, chat, eat, drink and even camp overnight in beautiful surroundings and a supportive atmosphere.

Run by the local and largest mountain biking club in Australia, RATS, the event has drawn in hundreds of women each year since the event's inception in 2015. RATS also has the largest membership of women of any mountain biking club in Australia.

RATS President, Lonnie Toia, said that the event has been so successful because it allows a diverse group of adventurous and spirited women to 'spread their wings', even if they are 'coming out of their shells' for the first time.

"Some of the chicks who attend Chicks in the Sticks are racing more seriously, while others are having fun in teams or as individuals and are socialising and drinking coffee in between laps.

"There's no pressure to race hard; the aim of this fun event is to build confidence and have a lot of fun in the dirt whether you're new to the sport or an old hand," he said.

"And I think that's why it has been the biggest female mountain biking event in Australia for a long time. It's totally inclusive of women from all backgrounds and is also a great day out for the whole family."

The event has multiple race categories with different race lengths and difficulties.

Mr Toia said the race is even more remarkable because it is run by a group of volunteers who put in lots of time to make sure women are encouraged to participate in a lesser-known, but incredibly fun and rewarding sport.



"It's amazing how many women feedback about how this sport has helped change their lives, gave them confidence, helped them meet other great women and got them back into nature and a healthy lifestyle. We'd like more women to experience the benefits of mountain biking and this event is a great way to encourage that," he said.

For more information on racing or volunteering, go to www.ratscc.com.au/chicks-in-the-sticks/ or contact our Race Director at cits@ratscc.com.au.





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LOCAL PHOTOGRAPHER PROFILE: TARNJAH MYERS

FROM REDLANDS CAMERA CLUB

My photography journey began in earnest when I got my first DSLR camera about seven years ago. Since then, with the supportive community of Redlands Camera Club I have increased in both my skill level and love of photography. Photography is the ultimate combination of technical skill and artistic expression, making it a wonderful and fulfilling hobby.

For me, photography is a way to capture the moments of awe and wonder that I am always in pursuit of, those moments where the natural beauty of the world just takes your breath away. Sometimes they are found in the back yard and sometimes on the other end of a plane trip. In the last few years, I have been blessed to be able to travel many times to Tasmania where awe and wonder is in such abundance it can be overwhelming.

I love planning out my photographic adventures in advance but some of the best moments are the times you must quickly pull off the road to capture something completely stunning and unexpected; these moments can happen around any bend in the road.

When driving in Tasmania I always double the time it will take to get to my destination to factor in the unexpected stops I anticipate. These are moments of pure joy, whether it be an echidna crossing the road, a snow-covered mountain, a river winding through a field full of sheep, a waterfall, rainforest or vast ocean vista. I hope to be able to make many more trips to this wondrous part of the world.

Road tripping Tassie









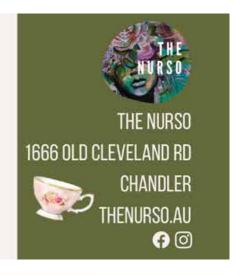
Photos: Tarniah Mvers





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MANLY HARBOUR IS YOUR HAVEN FOR EVENTS AND EXPERIENCES

BY JANELLE BOSTOCK, PRECINCT COORDINATOR, MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE

The Manly Harbour Village Chamber of Commerce collaborates with local business and school communities to create memorable experiences, allowing locals and visitors to discover hidden secrets in this beautiful Queensland tourism destination.

In the stunning bayside area, our winter months are much like the winter solstice – the cold only seems to last a few days, and now as the days start to get longer, we can enjoy more of the beautiful sunshine!

Come and join us at our next Movies in the Park event. Scheduled for August 5, the featured film is the Disney movie *Moana*. Bring your family and friends, a folding chair, beanbag, or a picnic rug and settle in for a great night's entertainment. Why not visit nearby restaurants and outlets and have a night off cooking? Visit the IGA and grab some popcorn, Jaffas and ice-creams to complete the night. Music will be played from 4 pm, so bring the family and maybe have a little dance before the movie feature!

Our next Chamber Business Breakfast with our guest presenter Velia Nicholls will be held on September 1 at Manly Harbour Boat Club. Customer service is about building relationships, making connections and building trust. But is building this connection even possible in today's environment? Absolutely! Join us for a highly interactive breakfast session with many takeaways, plus the chance to network and enjoy a delicious breakfast. Book your tickets by scanning the QR code.



Consider becoming a member of the Manly Harbour Village Chamber of Commerce today. More information is at https://www.mhvcoc.com.au/







Photos: Supplied.



FROM THE SAND HILLS TO THE BLUE HOLE, WHITING ARE BITING

BY SPERO KARTANOS

Local fisherman Spero Kartanos shares his tips for finding the best fresh feed of fish this month in Moreton Bay.

The weather in August should be great — apart from the westerly winds this time of year — and the fishing should be good with plenty of all our local species in abundance.

The whiting should now have moved throughout the small boat channel, the Rous Channel, Amity Banks, the Sand Hills and the Blue Hole, so there's no excuse not to get a feed for most families!

Bait-wise, my favourites are blood worms, beach worms, peeled small prawns and strips of squid, and a paternoster rig works the best. Another tip: a good run in the tide is best.

School mackerel will be in the bay, especially the small boat channel towards the Rous entrance. They're usually undersized this time of year, but there will be plenty of bigger fish mixed in. Wait another few weeks; come September, it should a cracker month for school mackerel. Try using floating pillies or diving boards with spoons.

The squid and cuttlefish numbers tend to slow down a little in August, but judging by the results in July, there could be a bumper season ahead for these cephalopods in the bay. For

jigs, I'm finding the dull colours work best on cloudy days and the bright colours on sunny days. I've included a picture of the three best jigs.

The snapper season has been closed since July 15 but restarts in the bay on August 15, but there's plenty of other fish to catch until then.

A thank you to all my readers — it has been great to help you to catch a few more fish, and it has been lots of fun reading your emails about your catches.

So get out there on beautiful Moreton Bay, catch a fish and remember to be safe and be careful in strong westerly winds. It feels nice and calm close to shore, and you don't see the whitecaps until you turn to come home, so it's better to put off a day's fishing than put yourself and others at risk.

Until next month, good fishing, and check out my weekly updates on fishingmonthly.com.au for Moreton Bay reports.

Water Tower Bait and Tackle







Photos: Spero Kartanos.



COMMUNITY SHELLFISH RESTORATION PROJECT A SUCCESS

FROM OZFISH UNLIMITED

More than 2,000 Robust Oyster Baskets destined to grow into new oyster reefs have been strategically dropped into Moreton Bay as part of the biggest community-driven shellfish reef restoration project in Australia.

Local OzFish volunteers recently deployed 2,265 Robust Oyster Baskets, lovingly called ROBs, onto the restoration site, taking the total number to an incredible 6,465 since the project launched nearly two years ago.

The ROBs are made from degradable steel mesh filled with recycled oyster shell that volunteers help clean at the shell recycling centre at the Port of Brisbane. The shells are collected from local restaurant, bars and wholesalers and recycled by volunteers.

All up there were more than 2.7 million shells in the baskets dropped into the water recently, bringing the total of shells deployed to just under 7.8 million for the project.

The baskets take about two years to degrade, which gives the oysters and other shellfish time to clump together, leaving only a solid structure of oyster

shells and living shellfish.

They were loaded onto a barge to be placed into a 19.6-hectare site which was graciously donated to OzFish for restoration by the Port of Brisbane.

Marine creatures in Moreton Bay are facing a housing crisis of their own after a staggering 96% of shellfish reef habitat has been destroyed in the past 150 years, leaving them functionally extinct.

OzFish's Central Moreton Chapter refuses to stand by idly. The results from a study conducted by Griffith University on the previously deployed ROBs are nothing short of astonishing. Each ROB creates 626 new homes for shellfish, as well as providing shelter for a remarkable 1120 other animals including crabs, worms, prawns and other creatures.

This incredible achievement amounts to more than 11 million new animals now thriving on the site, showcasing a massive increase in biodiversity.

Furthermore, OzFish has already successfully restored 10 hectares of shellfish reefs. As a result, volunteers have contributed to the generation of

2,500 tonnes of additional harvestable fish for Moreton Bay, year after year, forever.

"Together, we are making a significant impact on the health and sustainability of our oceans," said Robbie Porter, OzFish Senior Special Projects Officer - Shellfish Revolution.

"Each restored hectare produces an additional 2.5 tonnes of harvestable fish every year for Moreton Bay.

"I believe this is the best shellfish restoration project in Australia without question. Queensland should be very proud of what we're achieving.

"We extend our heartfelt gratitude to the exceptional OzFish Central Moreton Chapter volunteers for their tireless dedication in supporting this work. Without their time and ingenuity, this project wouldn't be possible."

The Moreton Bay shellfish restoration project has been made possible by OzFish Unlimited, Australia's only recreational fishing charity, the Port of Brisbane, Queensland Fisheries, Healthy Land and Water through funding from the Australian Government's



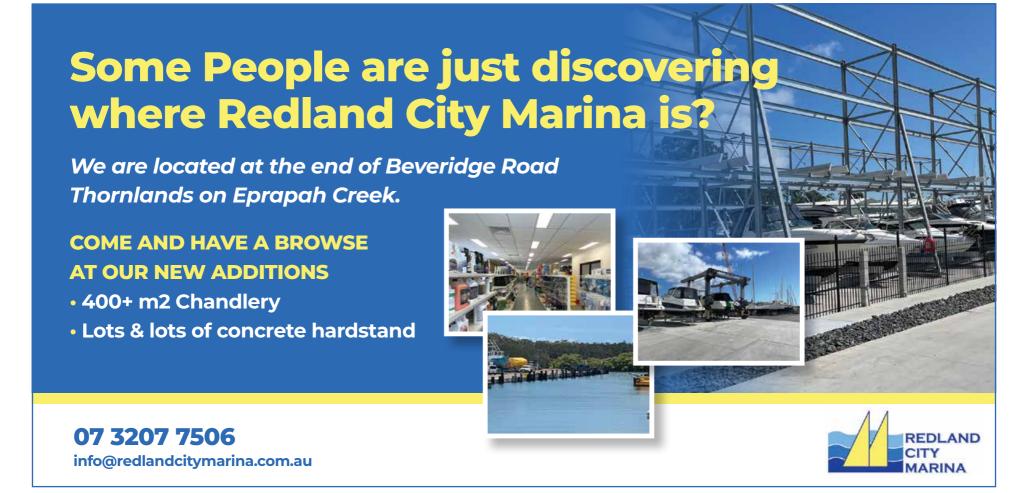
Photo: Supplied.

National Landcare Program, BCF – Boating, Camping, Fishing and a wealth of community partners and corporate supporters.

OzFish would also like to thank Malec Transport and MGN Civil for their help in providing the barge and a front-end loader for the recent deployment.

To learn more about the Moreton Bay shellfish reef restoration with OzFish, visit: https://ozfish.org.au/projects/moreton-bay-shellfish-reef-restoration/

If you would like to become a member of OzFish,log onto www.ozfish.org.au or contact 1800 431 308.





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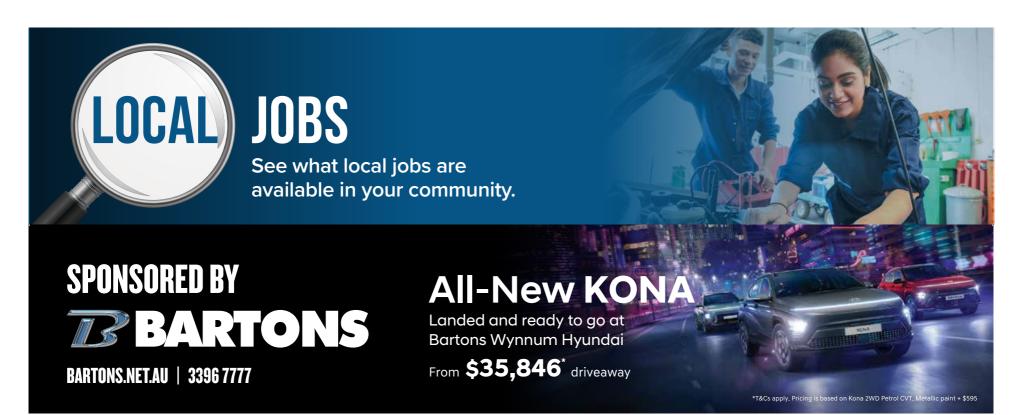
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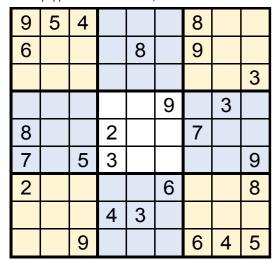
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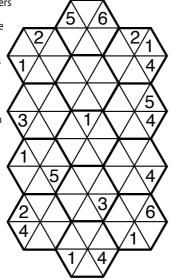
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

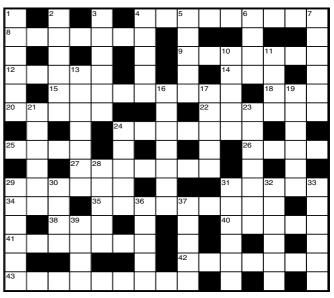


Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



Crossword

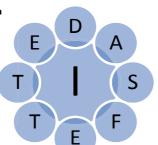


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- * Find at least one nine letter word
- * No swear words
- st No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S Good: 10 words **FOCUS** Very good: 18 words Excellent: 26 words



Reference: Macquarie Concise Dictionary Focus No. 3871

ACROSS

- 4 Lives a dull life
- 12 Assumed name
- 15 Superintendents
- **18** Filled pastry
- 20 Narrow ways
- 24 Tool
- 26 Drv
- 27 Lubricates
- 29 Decapitate
- 31 Twilled fabric
- 38 Friend (Fr)
- 41 Assembled, as troops

42 Neck ornament

- 8 Party game
- 9 Moving force
- 14 Whichever

- 22 Speaks
- 25 Deep sleep

- 34 Employ
- 35 Continue steadfastly
- 40 Useful thing

- 43 Cleansing agent
- DOWN
- 1 Scribble 2 Fixed allowance
- **3** Church services
- 4 Parts of speech
- 5 Cunning **6** Prayer ending
- 7 Waistbands
- 10 Adhesive 11 Kind
- 13 Common run
- 16 Passes away 17 Ladder steps
- 19 Vexing
- 21 Makes amends
- 23 Merchants
- 24 Soft leather 28 Swift

- 29 Collided with
- 30 Listen to
- 31 Spiritualists meeting
- 32 Recoil 33 Landed property
- 36 Long narrow elevation
- **37** Happening
- 39 Labyrinth

Word Find

В Ε Ε

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

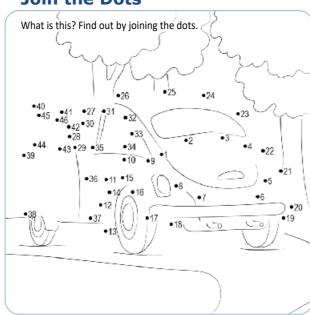
Neck

Reed

Stet Tame

Heat

Join the Dots



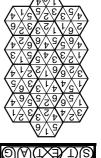
Solutions

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SIMPLE AND VERSATILE BROWN RICE SALAD RECIPE

If you're struggling to up your vegetable intake, here's an easy to assemble salad that packs a flavourful punch and makes a perfect side or a light main meal. Leave out any vegetables you don't like, and add the ones you do.

INGREDIENTS

- 2 cups cooked brown rice (microwave rice is easy and quick)
- . 1 large continental cucumber, diced
- 3 tomatoes, de-seeded, diced
- 1 red and 1 green capsicum, diced (sweet mini capsicums are great too)
- 1 red onion, finely chopped
- 1 small tin of baby corn kernels
- · Handful of olives, pitted

- ½ cup of chopped fresh parsley, flat leaf or curly
- 1/4 cup of crumbled feta or goat's cheese
- · Finely sliced chilli (optional; as much as you like)
- Juice of one large lemon
- · 2 tbsp extra virgin olive oil
- . 1 clove of garlic, crushed
- 2 cups of loosely packed fresh baby spinach leaves
- · Salt and pepper to taste

METHOD

- 1. In a large mixing bowl, combine the cooked rice, cucumber, tomatoes, capsicums, red onion, parsley, corn, baby spinach, olives, chilli (if using), and feta or goat's cheese. Toss (be gentle!) to combine.
- 2. In a small jar with a lid, combine the lemon juice, olive oil, minced garlic, salt, and pepper to make the dressing. Give it a good shake (put some music on, this is a good opportunity to dance).
- 3. Pour the dressing over the rice mixture and toss until everything is well coated.
- 4. Taste and adjust the salt and pepper; add more lemon juice if it needs more zing.
- 5. Cover the bowl with plastic wrap and pop it in the fridge for at least half an hour so the flavours can develop.
- 6. Serve chilled and enjoy!

Additions: To bulk up the salad, add grilled chicken strips, pan fried halloumi or tofu, cooked prawns or squid, even roast lamb and beef. You can also substitute the rice with cooked pasta.



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CELEBRATING SUCCESS AND EMPOWERING WOMEN: WYNNUM MANLY LEAGUES CLUB'S COMMITMENT TO RUGBY LEAGUE

FROM WYNNUM MANLY LEAGUES CLUB

At Wynnum Manly Leagues Club, we are passionate about supporting our local community and fostering the growth of rugby league. Following our sponsorship of the Wynnum Manly Juniors for \$220,000 for this year 2023, we are thrilled to extend our support to the talented ladies of Wynnum Manly Seagulls teams. With an additional sponsorship of \$66,000, we aim to ensure the continued success of the women in sport program.

We proudly celebrate the achievements of the women's teams, who have made an incredible impact in a short span of time. In just two years, there are now over 60 women involved in the program, with the Premiership team of The Seagulls Women's program soaring to new heights this year, ultimately earning a spot in the Grand Final, showcasing their determination and skill.

The Seagulls Women's teams will return to their home ground on Kougari Oval to showcase their

remarkable talents for the 2024 season. The women's program is set to expand with the addition of another team. This will bring the total number of teams to six, that play under the Seagulls banner at Kougari Oval.

Brett Mooney, Chairman of Wynnum Manly Leagues Club, on behalf of the WMLC Board, is proud to provide continuous support to rugby league and the Seagulls. The club's commitment to the Seagulls this year will be a total sponsorship of \$750,000 in cash, with an additional \$320,000 in in-kind support. This extensive support encompasses vital aspects such as power, water, and maintenance, including the upkeep of the cherished home of the Seagulls, Kougari Oval — a place where we will continue to watch the Seagull's exceptional players develop. This investment demonstrates our dedication to nurturing the growth and success of the sport and its talented players.

Recognising the significance of empowering our

community beyond the realm of rugby league, we place great emphasis on our annual Community Grants Program. This program, in operation since 2016, recently concluded on July 15. We are delighted to share that the outcomes of successful applicants will be communicated by August 10. Our program's objective is to offer valuable resources and assistance to local organisations, proving direct grants to those organisations to help make our local community a better place to live, work and play.

We are also excited to announce our sponsorship of the Tri 21 Series. It will take place on the first weekend in December at Action Indoor Sports Wynnum. The Tri 21 series is about community, inclusion and supporting people with Down syndrome. With a mix of social and competitive grades the event attracts participants with a range of sporting ability, while raising money to support young children with Down syndrome, who are either not eligible or waiting on NDIS funding.



Photo: Supplied

None of these achievements and contributions would be possible without the unwavering support of our valued members and the community. We extend our deepest gratitude to all those who have stood alongside us, enabling us to make a meaningful difference in the lives of aspiring athletes and the wider community. Together, we will continue to create a legacy of success, of empowerment, and importantly, camaraderie through rugby league.

Join us as we embark on this incredible journey, shaping the future of our local sporting landscape.



JOIN WYNNUM RSL SUB-BRANCH WOMEN'S AUXILIARY

FROM WYNNUM RSL WOMEN'S AUXILIARY SUB-BRANCH

Wynnum RSL Sub-Branch Women's Auxiliary is looking for new members. Here's a summary of what we do and why you might be interested in joining.

We aim to support the RSL Sub-Branch and the veteran community. It is a myth that our association is a "ladies sewing or knitting group"; we are an integral part of the RSL. We come under the RSL Sub-Branch and are governed by By-Law 6 of the RSL (Qld) State Rules.

Welfare is a major part of each auxiliary. The welfare of its members, the veteran community and the community, youth and the serving military are particularly important.

Being a member of the RSL Women's Auxiliary is a rewarding experience; it brings new friends, new ideals and a great deal of satisfaction.

RSL Women's Auxiliaries have been running for over 90 years and need new members to continue their welfare and community work.

The Wynnum RSL Sub-Branch Women's Auxiliary meets on the second Wednesday of each month, hosts a morning tea on the fourth Monday and indoor bowls on the second Tuesday. We raise money in various ways, notably selling merchandise leading up to ANZAC Day and Remembrance Day. We also organise outings, bus trips, BBQs, luncheons and functions for our members.

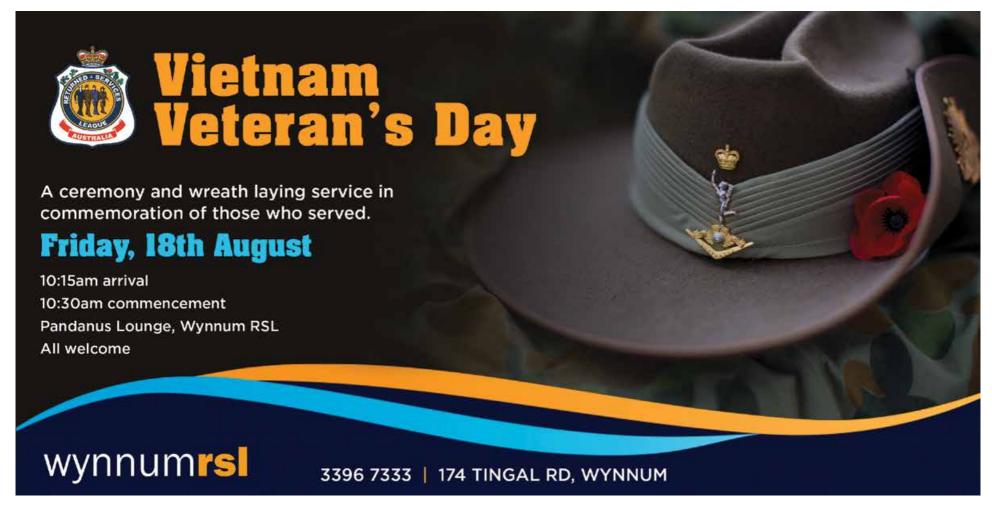
Any woman who upholds the values of the RSL is eligible to become a member. There is no need to have a military or service background to join.

If you want to meet new friends, would like to donate your time to a very worthy cause, or want to feel a sense of fulfilment and satisfaction, please do not hesitate to contact the secretary by email: womensaux@wynnumrsl.com.au or call the club on 3396 7333 and they will get a message to us.

This is your opportunity to become involved as a part of a respected group of women, aid the veteran community, become a volunteer, help the RSL and have fun!



Photo: Supplied.



OUR LOST BUILDINGS: CAPUCHIN FRIARY, WYNNUM NORTH

FROM THE WYNNUM MANLY HISTORICAL SOCIETY INC.

For a short time (1957 – 2002), there was a Friary at Wynnum North. St Laurence Friary of the Capuchin Franciscan Friars stood at the junction of Wynnum North and Tingal Roads.

The Order of the Franciscan Friars originated from Francis (1182 – 1226), the son of an affluent merchant born in the Italian town of Assisi who was given papal recognition in 1210. Poverty was their life. They helped the poor and owned nothing themselves. Their worldly goods were the property of the Catholic Church.

In 1525 the Order of the Franciscan Friars reformed into three separate Orders, one of these being the Order of Friar Minor Capuchin. Capuchin referred to the light reddish-brown robe with a pointed hood. (Cappuccino: Ital.) The Capuchins travelled amongst the community doing good, compared to monks who spent their lives in isolation, meditation and prayer. The Capuchin Order gradually spread worldwide.



Original Farmhouse (Friary) in 1953 at Wynnum North.

On October 2, 1945, at the request of the Apostolic Delegate for Australia and His Grace Archbishop Duhig, four Capuchin Friars arrived in Brisbane from New Jersey, USA:

- Fr Accursio Rasi was to be the superior of the Capuchin Mission in Australia.
- Fr Gabriel d'Italia was to be the Parish Priest of Wynnum.
- Fr Anastase Paoletti was to look after the Italians in Brisbane. Toowoomba and Townsville.
- Fr Egidio Scarpini was to go to the Diocese of Townsville for the Italian apostolate there.

Fr Gabriel was officially welcomed into the Wynnum Catholic Parish on December 10, 1945. He was replaced by Fr Carlo di Matteo and Fr James Resci in 1948. In 1949, Fr Boniface Zurli arrived in Wynnum to help the Italians in Brisbane. There was continual change. Friars did not stay in one location for many years and moved to various other parishes worldwide.



Signboard at Wynnum North, 1958.

In 1953, the Wynnum Capuchin Order purchased a property in Wynnum West, next to the State School, as a 'House of Studies' for Capuchin students. However, later in the same year, the friars found property at the northern end of Tingal Road. They purchased the old, very large, wooden building and 11 acres of land, which extended down to the waters of Moreton Bay. The previous land, already purchased in the same year (1953) near Wynnum West School, was sold.

On April 19 1955, Fr Claude and five theological students arrived in Wynnum and began to clean up and renovate the old house. This was a rather large undertaking, and the Blessed Sacrament took place on June 8, 1955. In August, the verandahs were closed in, and on September 1, a water closet was installed, to the joy of all of the friars.

In 1957 the old house was pulled down. A new two-storey brick friary was built and blessed on April 27, 1958, named St Laurence Friary. In 1970, this Friary became the Novitiate (a place for housing religious novices) of the Order and Friar Carmel Flora moved in with 10 Novices.



Capuchin Friars in the early days at Wynnum North, 1950s.

Thirty years later, in 2000, the Novitiate was moved to Sydney. The Friary and land at Wynnum North were for sale in 2002 for residential development. In June 2005, the Wynnum Herald advertised half-acre lots in a new development, "Moreton Bay Outlook". The plan showed 16 large parcels of land leading off Wynnum North Road, serviced by Brindisi Place and Alverna Close.

Brindisi is a reminder of the birthplace, in Italy, of Julius Caesar Russo (1559 - 1619). He was renamed Friar Laurence when he entered the Capuchin Franciscan Order in 1574 at the age of 16. Friar Laurence rose to become the Minister General of the Capuchins in 1602.

Alverna (meaning wise man) is the Latin form of 'La Verna', a location in central Italy where there is a Franciscan Sanctuary built to the memory of Friar Laurence of Brindisi.



St Laurence Friary, Wynnum North, 1958.

The Capuchin novices had left Wynnum to go to Pittsburg, USA, for their year of Novitiate and then later were to complete their theological studies in Melbourne.

In 2004 the Capuchins in Wynnum purchased the house at 92 Walnut Street and renovated it to become 'Our Lady of the Angels' Friary. They took the bell with them to the new Friary.

The bell was Wynnum's first fire bell, purchased from A. Sargeant, Brisbane, for £36 in April 1922 and hung at the original fire station in Mountjoy Terrace, Wynnum. When a fire broke out, the ringing of the bell called the volunteer firefighters to duty.

As the area of the district increased in size, the ringing of the bell to summon the firefighters was not efficient. The telephone was now used. The bell was sold to Guardian Angels Church for £20 in 1953.



The original fire bell at the Friary.



92 Walnut Street, Wynnum.

Guardian Angels Church owned two bells, so in 1970, the fire station bell was moved to the Capuchin Friary in Wynnum North Road and used to summon the friars at meal times.

In 2009 the bell was gifted to the Wynnum Manly Historical Society. After a complete refurbishment, the bell was handed back to the Wynnum Fire Service Station and now hangs at the front of the new fire station at No.2006, Wynnum Road, opposite Wynnum Plaza.

By 2014 the Friary in Walnut Street had closed.



Dedication of Friary in Walnut Street showing the Capuchin logo, 2004. All photos supplied.

Wynnum Manly Historical Society Inc. meets on the third Thursday of every month (excluding December and January) at the Wynnum Ambulance Auditorium (corner Tingal Road and Cedar Street; enter via Cedar Street), at 7:00 pm for 7:15 pm start.

Come along to hear interesting speakers, plus raffle and lucky door prizes and refreshments. Attendees are kindly asked for a gold coin donation, and everyone is welcome.

WATERLOO BAY LEISURE CENTRE'S AUGUST EVENTS

FROM THE WATERLOO BAY LEISURE CENTRE VOLUNTEERS

The Waterloo Bay Leisure Centre, located at 241 Tingal Road Wynnum, has a range of events scheduled for August, 2023.

CONCERTS

Tuesday August 8, 9:30 am - entertainment by Dennis Boland

Tuesday August 22, 9:30 am - entertainment by Redlands **Country Music**

Morning tea is served from 9:30 am and the concert is from 10.15 am to 11.45 am. A two-course hot lunch is served after the concert. Raffles and lucky door prizes will be held on the day. The cost is \$10 for the concert and morning tea, plus an additional \$10 for the twocourse lunch served after the concert.

Bookings are essential for all concerts. Please phone 3396 9488 to book.

MINI FUN FAIR AND SHIRE CLERK'S COTTAGE **MARKET**

Saturday August 19 from 8:00 am to 1:00 pm

The market showcases the wares of local arts and craftspeople.

There will be free gift bags for the first 100 children. Kids will love the face painting, fairy floss and pony rides, while big kids can browse the extensive market showcasing artworks, jewellery, clothing, plants and so much more!

Fresh scones for the Devonshire Tea are baked on site on market day, so enjoy a delicious Devonshire Tea on the cottage verandah. The cottage is open for viewing on market day.

REPAIR CAFÉ

Saturday August 12 from 2:00 pm to 4:00 pm

Toss it — no way! Bring along that broken, damaged item to be fixed or repaired and at the same time minimise landfill. It's free. Book online at TryBooking.com (Search Repair Café, Wynnum), find us on Facebook (Brisbane Bayside Repair Café) or phone 0474 095 560. Enjoy a Devonshire Tea served by the Waterloo Bay Leisure Centre canteen (cost \$5) while having your repairs done.



Photo: Supplied.

ART SALE AT WYNNUM PLAZA, AUGUST 24 - 26, 8:30 am to 4:00 pm

Artworks created by talented local artists who are members of the Waterloo Bay Leisure Centre will be on sale at Wynnum Plaza. Find the sale at site 14 opposite the post office.



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ST PETE'S PANTRY HELPS THOSE IN NEED

CONTRIBUTED BY RHONDA BRISTOW

There is a great need to support the disadvantaged in our community – the homeless, those in housing crisis, people with chronic health problems and the financially stressed. All have difficulty coping and need our support.

St Pete's Pantry provides help in the form of food parcels to people and families in need. Other agencies like Rosies are also part of the Wynnum/ Manly response. Volunteers are central to the services provided. Some give of their time to hand out food hampers; others offer food that is distributed, and a few even prepare meals that can be frozen for distribution. Monetary gifts are also received.

St Pete's Pantry provides breakfast on Monday mornings. Food hampers are distributed each

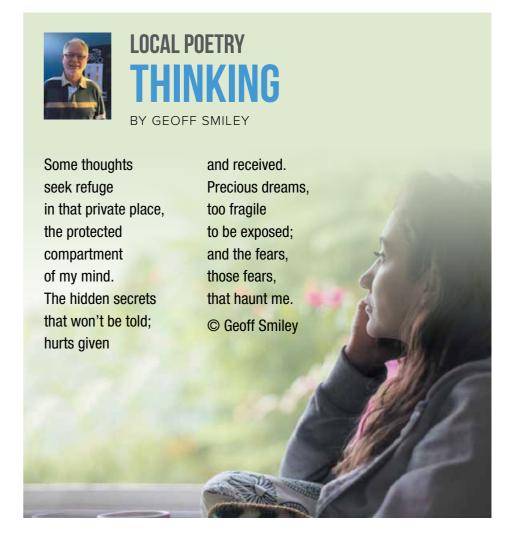
Monday, Wednesday and Friday morning. As can be seen, there is a genuine need for these services.

Contributions of non-perishable foods are very welcome. There is a paid coordinator (Marilyne), who works very hard, but otherwise, funds are limited. Marilyne says she is always impressed by the level of support from the local community for Pete's Pantry.

As members of the Wynnum/Manly area, we should be proud that services such as Pete's Pantry exist to support the disadvantaged. Making the lives of others better is part of being a good community member.



Pictured: Marilyne Jacon, Pat Harris and Geoffery Smiley. Photo: Supplied.



Community Leader

The Community Leader is a monthly publication, home delivered to Wynnum, Wynnum West, Manly, Lota, parts of Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point.

Any submissions can be emailed to

sales@market2market.com.au for consideration.

Hemmant Wynnum West Cannon Hill Tingalpa Manly West Lota Carina Wakerley Belmont Gumdale

LOCAL PICK UP POINTS

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Belmont IGA Belmont Newsagent

GUMDALE

Gumdale Newsagent

TINGALPA

Tingalpa Newsagent Fielders

MANLY

Manly Village Shopping Centre Manly Hotel Tide on the Jetty

MANLY WEST

Wynnum Leagues Club Manly West Newsagent Manly Bowls

WYNNUM

Wynnum Plaza Joan Pease's office Ross Vasta's office Waterloo Bay Leisure Centre Majestic Cinemas Wynnum Sash & Gable

ADVERTISEMENT SIZES

Full Page Image Area 285mm deep x 255mm wide Half Page Image Area 128mm deep x 255mm wide Quarter Page Image Area 65mm deep x 255mm wide Eight Page Image Area 65mm deep x 125mm wide Strip Ad Image Area 40mm deep x 255 mm wide

SEPTEMBER BOOKINGS

- · Community editorial 14th of August
- · Advertising cut off 21st of August
- Distribution 30th of August to 8th of September
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising contact 0421 786 302 or 0416 245 193 sales@market2market.com.au

ACCESS TO DENTAL TREATMENT

FROM DENTAL ON CAMBRIDGE

We know all too well that there are increased pressures on most households with the cost of living rising. Often, healthcare is one of the first things to be put to the side. While this may seem ok in the short term, the difficult thing with Dental care is that dental issues are initially painless, until such time that they've progressed often beyond the state of a simple repair.

We pride ourselves on preventative dentistry at Dental on Cambridge, so when you attend your six-monthly examination and cleans our dentists will talk to you about immediate needs (if any) and future concerns that might arise such as watching old fillings for signs of deterioration and pending failure. This means, you are well informed about your oral health now and into the future and we can plan together the best way to continue to protect your greatest asset — your beautiful smile and ensure that it is a healthy one!

If you do end up finding some teeth that need some extra care, and finances are a little tight, or you'd like to plan ahead, our team are committed to finding a way to help you access treatment. We have a variety of payment options, including early release super, ZIP, after pay and of course pre-paid treatment onsite with no additional fees or charges.

We often have patients that direct transfer amounts each week prior to their treatment to 'pre-pay off' their required treatment. In addition to this, we also offer split payments across appointments for common treatments such as crowns, bridges, dentures, implants, implant retained dentures and clear aligners.

At Dental on Cambridge, we know we provide quality dental care, and as such, we provide 10-year warranties for any crowns, bridges, and implants against fracture or dislodgement. To obtain your warranty it is essential that you continue your six-monthly routine examination and clean with our experienced team and implement any additional recommendations that will protect your dental work. That way, we can continue to support you by looking after your investment. After all, you only get one set of teeth!



If you're worried about your ongoing oral healthcare, why not partner with our experienced team to ensure you don't have any unwanted surprises into the future. Call our team on 3348 6661 to book today to see the Dental on Cambridge difference. Visit our website www.dentaloncambridge.com.au to learn more about our payment plans and warranties.





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