

The Community Leader

Bayside

WE'RE ALL ABOUT GOOD NEWS

ISSN 2652-8738

DELIVERED TO 23,500 HOMES



BUSINESS AND COMMUNITY AWARDS CELEBRATE THE BEST IN THE BAYSIDE!

Isn't it good to deal with great people? We're blessed in the bayside to have so many fantastic local businesses driven by people passionate about what they do. Now, the Bayside Community Fund is giving us a chance to formally recognise them through the Bayside Business and Community Awards 2023.

Award categories have been designed to include all the businesses that make our local economy thrive. It's your chance to nominate your favourite restaurant, hairdresser, tradie and doctor and give them the recognition they deserve!

Nominations open in September, and you can vote for finalists in October, with winners announced in November. Turn the page to see a full list of award categories, and scan the QR code (above) to cast your vote.

Let's get behind this initiative – voting is free, it's easy, and you'll raise the profile of your favourite people and places.

Pictured L-R: Peter Smith (Chairman, Wynnum Manly Leagues Club), Cr Sara Whitmee (Wynnum Manly Ward), Anthony Brown (Edith St Espresso, Wynnum), Owen Johnson (Bayside Community Fund) and Joan Pease MP (member for Lytton).

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INTRODUCING THE BAYSIDE BUSINESS & COMMUNITY AWARDS 2023

FROM THE BAYSIDE COMMUNITY FUND (BCF)

The Bayside Community Fund (BCF) is thrilled to introduce the Bayside Business and Community Awards 2023 to celebrate and profile local businesses and employees.



Baysiders will be able to make nominations through the BCF website during the month of September. Finalists in each category will be released in October and voting will commence through the BCF website. The Awards will be announced at a gala dinner on Thursday November 9.

Best Small Business Award Categories

- Best Trade Business (includes plumbers, builders, electricians etc.)
- Best Beauty, Health, Wellbeing & Fitness Business (includes beauty and hairdressing, care agencies, adjunct health services etc.)
- Best Professional Services Business (lawyers, medical practitioners, and allied health etc.)
- Best Real Estate Agency Business
- Best E-commerce Business
- Best Industrial Business (includes logistics, boat building, warehousing etc.)
- Best Hospitality Business
- Best Retail Business

Special Award Categories

- Best Small Business Newcomer (up to 1 year in business)
- Bayside Business of the Year

Employees

- Outstanding Customer Service Award

Community Organisations (includes clubs and other not-for-profit organisations)

- Community Service – Individual

The Bayside Community Fund (BCF) is a not-for-profit charity established as a sub-fund of the Queensland Community Foundation and run entirely by a volunteer management committee of local residents. The BCF raises revenue through events and donations, invests the capital with the Queensland Investment Corporation, and uses the interest earned to run a grant program for the benefit of bayside residents. It is a perpetual fund, with the capital remaining invested in perpetuity leaving a lasting legacy for the bayside.

To make a nomination, scan the QR code on page one, or go to www.baysidecommunityfund.org.au to find out more.

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MARK YOUR CALENDARS, WYNNUM FRINGE IS BACK!

Get out your diaries and blast the group chat. The bayside's biggest arts festival is back and is a must-see this November/December.

Wynnum Fringe is back from November 15 to December 3. Fresh from accepting the most prestigious award – the Gold Matilda – in the Queensland Arts Industry Awards, Tom Oliver and the Fringe team are committing to another three years of arts in the bayside.

As you may know, the Festival began as a Covid recovery effort in 2020 to employ artists and bring the community together. In three short years, the event has grown from three days to three weeks.

Last year Wynnum Fringe welcomed 36,000 patrons across ticketed and free activations, and the goal this year is to increase that by at least 50%.

This year's lineup will be announced at a special local launch event on September 26; tickets for this event are now on sale. Head to wynnumfringe.com before they disappear. This event gives special access to the new festival lineup and the ability to get tickets before they are released to the public on September 28.

The team is currently gathering artists and sponsors to make sure the event continues to grow. This would not be possible without founding partner, Margaret Vote from Raine & Horne Wynnum Manly. If you're a business owner or local legend keen to support the festival, reach out to their brand new Partnerships Manager, Manly local and founder of Celebrate For A Cause, Tracey Lucock, at tracey@wynnumfringe.com.



Photos by Matt Taylor.



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JOAN PEASE'S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON

BAYSIDE EVENTS



I recently attended the Bayside Voice to Parliament Town Hall event, hosted by Wynnum/Manly4YES.

It was a fantastic opportunity to hold honest, robust discussions about the Voice to Parliament, what it means, and how it will progress us as a Bayside and a nation.

A special thank you to the presenters, Cameron Costello, Sallyanne Atkinson AO, and Dr Jackie Huggins, along with MC Aunty Becky Thomson from Winnam for your insightful words and commentary.

QUEENSLAND REMEMBERS GRANTS PROGRAM

A new round of the Queensland Remembers Grants Program has been announced that pledges substantial funding to eligible organisations to help support our veterans.

Eligibility extends to organisations dedicated to serving the veterans' community, including ex-service organisations, not-for-profit entities committed to veterans' welfare, and local councils.

For more information, visit: www.qld.gov.au/remembersgrants



WESTPAC WYNNUM FALLS OUT OF LOVE WITH THE BAYSIDE



I was extremely disappointed to hear recently that the Westpac Wynnum Branch will shortly be closing its doors for good on our Bayside.

Baysiders will now be forced to learn how to do all their banking online, use AusPost, or else travel all the way to Capalaba to continue face-to-face banking.

This is an enormous slap in the face for our Bayside. Having a local bank branch is critical to keeping banking accessible for all.

Please sign my petition to show Westpac how disappointed you are in them: <https://bit.ly/3DGSnb3>

NEW BILL BUSTING ENERGY EFFICIENT APPLIANCE REBATE

Baysiders will soon be able to upgrade to new, energy-efficient appliances with rebates of up to \$1000 to around 40,000 eligible households in Queensland.

The initiative is set to kick off in September 2023, allowing eligible households to take advantage of substantial savings on energy-efficient appliance such as washing machines, fridges, dryers, air-conditioners and hot water systems.

Visit my website for more information.

FAREWELL MANSON FRAMERS



It is with heart-felt sadness to hear that Manson Framers has closed its doors for the final time in our Bayside.

The store was an iconic and beautiful family business that provided our Bayside with a much-loved go-to for framing and art supplies in the Wynnum Manly community.

First opening in 1964, the closure of the store marks the end of an era after almost 60 years of trade.

I wish Cameron and Sharon all the best on their next endeavours. You will be dearly missed.

HARDING MILLER 2024 EDUCATION SCHOLARSHIP NOW OPEN

Do you know a bright Bayside girl who needs a helping hand to reach her potential? A Harding Miller scholarship could change her life.

The Harding Miller Education Foundation offers life-changing scholarships to young women in Australian public high schools who are experiencing socio-economic hardship, are motivated to achieve and have high academic potential. Applications close on 21 September 2023.

For more information, visit my website.

JoanPease MP

State Member
for Lytton

PO Box 719, Wynnum QLD 4178

(07) 3915 1100

JoanForLytton

lytton@parliament.qld.gov.au

www.joanpease.com

THE BONNER UPDATE

ROSS VASTA MP FEDERAL
MEMBER FOR BONNER



SENIORS' EXPO

The Seniors' Expo is back for 2023! This year, the Bonner Seniors' Expo is heading to Mt Gravatt and I am inviting all seniors on the Bayside to join me! I am working to make this event bigger and better than ever. There will be sample bags, lucky door prizes, guest speakers from key industry areas, including government support services and much more. This is a free event for seniors.

DETAILS

Date: Thursday 28th of September 2023

Time: 9am - 12pm

Location: Community Hall (Upper and Lower Levels), Mt Gravatt Showgrounds.

Ramp: Available for easy access

Address: 1644 Logan Road, Mt Gravatt

For catering purposes, please RSVP to: ross.vasta.mp@aph.gov.au

RSVP by: Monday 11th September 2023 (RSVP is not compulsory but will help for catering!)

Transport: If you need assistance in organising transport to and from the event, TransitCare have kindly offered their services, please call: 1300 153 636.



FUNDING DELIVERED FOR WYNMET

Thank you Jason and the Team at Wynnum Manly Employment & Training (WynMET) for the incredible work you do supporting local community members to find employment. WynMET was first established in 1987. Since then, they have gone on to help countless youth from disadvantaged backgrounds, long term unemployed, refugees and people with disabilities train, upskill and find employment. Recently, I caught up with the Team to see how federal funding through the former Coalition Government's Volunteer Grant Program has benefited WynMET. Funding delivered will be used to purchase much needed equipment for volunteers who are currently using their own devices. It will also allow volunteers to upskill in the area of First Aid.

If you or someone you know is having difficulty with finding employment, I encourage you to reach out to WynMET.

Office number: 07 3396 3965

Email: wynmet@ceagroup.com.au

LOCAL MEN'S SHED HONOURED TO HOST 30-YEAR CELEBRATION

FROM THE WYNNUM MANLY AND DISTRICTS MEN'S SHED

The Australian Men's Shed Association has selected the Wynnum Manly and Districts Men's Shed (WMDMS) to host a celebration of 30 years of Men's Sheds in Australia on October 10.

The event will coincide with World Mental Health Day and its theme, "Mental health is a universal human right".

A BBQ breakfast of coffee and bacon and egg rolls will provide a welcome start to the celebration from 8:00 am, and a sausage sizzle will be held from 10:00 am to 1:00 pm.

Local artist, Robbie Dunn, will entertain guests during breakfast.

The day's events will include 20 guest participant organisations, suppliers and other regional Men's Sheds, with guest speakers discussing men's health, law and order.

Men's Sheds from across Queensland have been invited to attend, along with organisations such as FX7FJ Holden Car Club, Military Jeep Club, Mt Gravatt Orchid Society, Black Dog Ride Club, Qld Spinners, WM Boomerang Bags and many more.

Shed President David Westlake said he was honoured that the Wynnum Manly Shed was selected to host the event. "Our shed will be on display for all to see," said David.

What: Men's Shed 30-Year Celebration.

When & Where: 59 Granada Street Wynnum, from 8:00 am to 1:00 pm on Tuesday October 10.

Cost: \$8 for breakfast.



The Wynnum Manly Men's Shed. Photo: Supplied.



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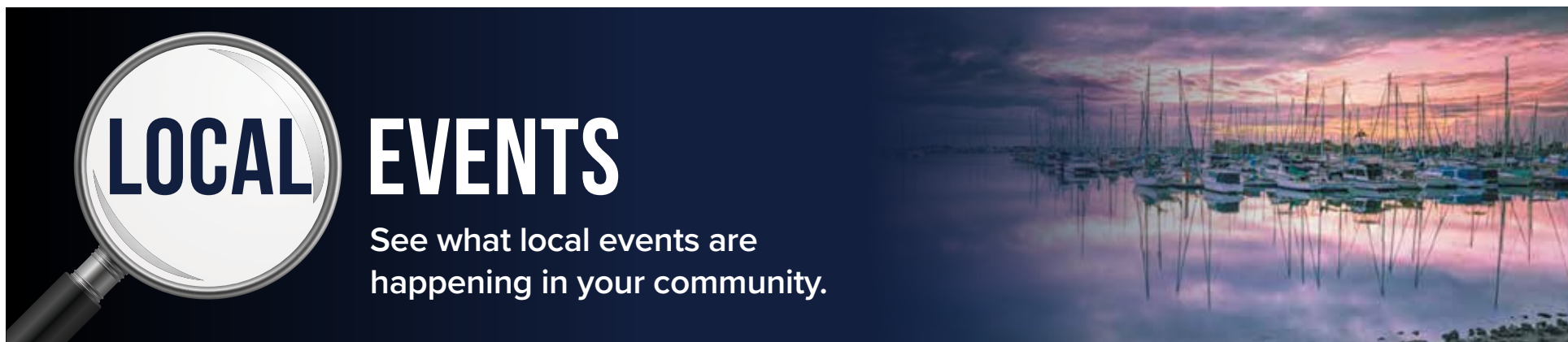


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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

CHAPLAINCY GALA DINNER



Thursday September 7 from 6:00 pm
Wynnum Manly Leagues Club

Buy a \$50 ticket for one or a table of ten for \$500 and help raise funds for chaplains in local State schools. Ticket prices includes a two-course meal, and a monster auction will be held during the night. Bookings via <https://brushfire.com/sua/dinner/554141>.

ORGANIC GARDENING: BACKYARD ABUNDANCE



Friday September 8 from 10:00 am to 12:00 pm and 12:30 pm to 2:30 pm
Bethania Street Community Garden, Cox Park, Lota

Learn how to grow fantastic organic fruit and vegetables in small suburban backyards. The sessions are free but you'll need to book by emailing: bethaniabooking@gmail.com.

WALK / RUN FOR A CAUSE



Saturday September 9, 4:00 pm
Bayside Park, Manly

The OzGeeOm Walk/Run For A Cause includes a 5km or 10km walk/run. The event takes place along the Wynnum Manly foreshore, where you'll also find music and food trucks. This charity event raises money for the underprivileged in South Africa. Book your entry tickets online at <https://ozgeeom.org/2023/05/23/walk-for-a-cause/>

LOCAL MUMS MEET UP, WYNNUM



Tuesday, September 12 from 9:30 am to 11:00 am
YMCA Wynnum Community Hub, 63 Edith Street, Wynnum

There will be baskets of toys available for little ones to enjoy thanks to Entropy Toys in Capalaba, Social Mums' community partner. If you want a delicious coffee pop into The Eclectic Mix a few doors down on your way in. Social Mums PLUS members can receive a 10% discount. RSVP via Facebook to Social Mums Club Queensland.

MONDAYS

Trivia at Wynnum Manly Leagues Club

Mondays from 7:00 pm
Wynnum Manly Leagues Club, 92 Wondall Road, Manly West

Join Trivia with Quiz Meisters from 7:00 pm for free fun-filled hours of trivia unlike any other! Registration is at 6:30 pm and trivia kicks off at 7:00 pm.

Chair Yoga Dance

Mondays from 9:00 am to 10:00 am
Wynnum Hall, 219 Bay Terrace, Wynnum

Join this gentle and fun movement session for seniors that uses a chair as a prop and combines yoga, dance and music to increase mobility, reduce pain and feel happy. This is a FREE Gold event, suitable for seniors, via the Brisbane City Council. No booking required. For more details phone Vicki at 0421 421 921.

TUESDAYS

Wynnum/Manly Meditation Circle

Tuesdays 6:45 pm to 7:45 pm
Branches Community Hub, 29 Fox Street, Wynnum

The meditation circle is run by donation. Call John on 0403 676 435.

Vision in Voice Community Choir

Tuesdays at 10:00 am
Birkdale School of Arts Hall, 101 Birkdale Road, Birkdale

Join this all-inclusive choir, which welcomes adults with disabilities, sight-impaired people, seniors, those with early stages of dementia, those suffering Parkinson's, anxiety or depression, and anyone looking for a joyous, positive experience. This is an all-inclusive choir for everyone who loves to sing. For more details call 0411 430 658.

WEDNESDAYS

Social Tennis

Wynnum Tennis Centre
9:00 am to 12:00 pm

Social tennis costs \$10 and includes a light morning tea at Colina Street Tennis Centre, Wynnum.

Wynnum Manly Bayside Socials Group

Meets the first and third Wednesday of every month at Celtic Corner, 45 Cambridge Parade, Manly 6:30 pm to 7:00 pm. A \$1 donation is appreciated. More details on meetup.com.

Tai Chi Qigong in the Park

Wednesdays from 8:30 am to 9:30 am
Wynnum Wading Pool Park, 173 Wynnum Esplanade, Wynnum

Join in this free senior event in conjunction with Brisbane City Council. Tai Chi and QiGong are dynamic activities that rejuvenate your body and mind. No bookings required. For more information phone Paul on 0415 335 063.

THURSDAYS

Wynnum Bayside Weight and Friendship Club

Waterloo Bay Leisure Centre, Tingal Road, Wynnum
8:00 am to 10:00 am

The club meets every Thursday with weigh-in from 8:00 am to 8:45 am followed by a meeting from 9:00 am to 10:00 am. Engage with guest speakers and enjoy activities to help you stay healthy. New members are welcome. There is a joining fee of \$10 and a weekly fee of \$5. Contact Maralyn 0408 211 223 or Cheryl 0448 841 144 for more details.

Zumba Gold Fitness

Drevesen Park, 83 Lower Esplanade, Manly

Get active with great people at the Zumba Gold Fitness workout for the young-at-heart! Enjoy a fun, simple and low-impact workout in a welcoming and supportive atmosphere. This class will help you improve your balance, range of motion and coordination. Meet under the trees behind the waterfront rotunda. No bookings required. For more information, contact Olga on 0415 818 983.

FRIDAYS

Live Music In The Motif Bar

Fridays from 7:00 pm to 11:00 pm
Wynnum Manly Leagues Club, 92 Wondall Road, Manly West

Love live music? Come along and hang out at the Motif Bar for some great live performances from various artists.

SATURDAYS

Jan Powers Farmers Markets

Little Bayside Park, Manly
Saturday September 2 and 16, 6:00 am to 12:00 pm
Free to attend, family friendly.

Parkrun Wynnum

Saturdays at 7:00 am
Wynnum Manly Foreshore, Wynnum

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

FOR MORE GREAT EVENTS IN THE COMMUNITY, VISIT THECOMMUNITYLEADER.COM.AU



WHAT'S NEW AT THE MOVIES THIS SEPTEMBER

FROM MAJESTIC CINEMAS, WYNNUM



Teenage Mutant Ninja Turtles: Mutant Mayhem (CTC) – September 7

In Teenage Mutant Ninja Turtles: Mutant Mayhem, after years of being sheltered from the human world, the Turtle brothers set out to win the hearts of New Yorkers and be accepted as normal teenagers through heroic acts. Their new friend April O'Neil helps them take on a mysterious crime syndicate, but they soon get in over their heads when an army of mutants is unleashed upon them.



Blue Beetle (CTC) – September 14

From Warner Bros. Pictures comes the feature film “Blue Beetle,” marking the DC Super Hero’s first time on the big screen. Recent college grad Jaime Reyes returns home full of aspirations for his future, only to find that home is not quite as he left it. As he searches to find his purpose in the world, fate intervenes when Jaime unexpectedly finds himself in possession of an ancient relic of alien biotechnology: the Scarab. When the Scarab suddenly chooses Jaime to be its symbiotic host, he is bestowed with an incredible suit of armour capable of extraordinary and unpredictable powers, forever changing his destiny as he becomes the Super Hero BLUE BEETLE.



My Big Fat Greek Wedding 3 (CTC) – September 7

From writer and director Nia Vardalos, the worldwide phenomenon My Big Fat Greek Wedding is coming back to theatres with a brand-new adventure. Join the Portokalos family as they travel to a family reunion in Greece for a heart-warming and hilarious trip full of love, twists and turns. Opa!



A Haunting in Venice (CTC) – September 14

A Haunting in Venice, an unsettling supernatural thriller based upon the novel “Halloween Party” by Agatha Christie and directed by and starring Oscar® winner Kenneth Branagh as famed detective Hercule Poirot. Set in eerie, post-World War II Venice on All Hallows’ Eve, A Haunting in Venice is a terrifying mystery featuring the return of the celebrated sleuth, Hercule Poirot. Now retired and living in self-imposed exile in the world’s most glamorous city, Poirot reluctantly attends a séance at a decaying, haunted palazzo. When one of the guests is murdered, the detective is thrust into a sinister world of shadows and secrets.



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SARA WHITMEE'S LOCAL AREA UPDATE

COUNCILLOR FOR WYNNUM MANLY WARD



GROWING PRECINCTS TOGETHER

Brisbane City Council's Growing Precincts Together program recognises that our local business and retail hubs are the heart of our community. Over the next year, BCC will work with business owners in Wynnum Central to understand the needs of the area and develop initiatives to grow the region into a more vibrant neighbourhood.

The Economic Growth and Activation team is getting down to business with a thorough survey involving business owners, employees, and customers in the area. For those in Wynnum, keep an eye on your mailbox for a flyer asking for further insights about the Wynnum Town Centre precinct.

If you need a little incentive, how about a \$150 voucher to spend in Wynnum Central? Simply scan the QR code and complete the short survey to go into the draw.



MUSIC IN THE PARK



Is there anything better than the Bayside in Spring? With the crispness of winter giving way to sunny, blue-sky days, I'm sure a lot of you will be heading outdoors this month. Make the most of it with one of Wynnum Manly's free music events in September.

The seasons kicks off with the **Wynnum Manly Jazz Festival** on Sunday, 3 September. This is a free family fun day that will take place at Bandstand Park, with children's entertainment, a selection of food, and, of course, live jazz.

The **Wynnum Choral Society** turns 100 in 2026 but they're looking spritely for their age! They will perform a selection of pop music, folk songs, and show tunes at the Wynnum Municipal Hall on Sunday, 3 September from 3pm.

And **Gigs on Greene** continues to draw a crowd of hundreds each month. The free al fresco music event comes from the team behind **Wynnum Fringe** and **Rock the Bay**. In September, it will take place Sunday, 10 September, at Greene Park, Wynnum, from 1pm.

BRISBANE FLORAL EMBLEM

Which flower says 'Brisbane' to you? Is it the buttery Brisbane wattle? Or maybe the dramatically named Firewheel tree flower?

Brisbane City Council wants your help in picking a new flower to represent our lively city. The shortlist was created earlier this year and community members are asked to vote for their favourite:

- Brisbane Wattle Flower (*Acacia fimbriata*)
- Brisbane Lily Flower (*Proiphys cunninghamii*)
- Firewheel Tree Flower (*Stenocarpus sinuatus*)
- Dwarf Silky Oak Flower (*Grevillea banksii*)

To vote, visit yoursay.brisbane.qld.gov.au/vote-for-brisbanes-additional-floral-emblem.



FREE NATIVE PLANTS PROGRAM



Do you know that some community members and groups can score free native plants thanks to the BCC Native Plants program?

Schools, community groups, clubs on Council-leased land, and some Brisbane residents are eligible for the program. Individuals can claim up to two plants, while groups can claim 20 – 50 (see the Brisbane City Council website 'Free Native Plants program' page for more information).

You can apply online, or you are welcome to come to my office if you need some help claiming your plants.



Wynnum Manly Ward Office
3a/212 Bay Terrace (Cnr of Pine Street)
Wynnum Qld 4178

Office hours: 8.30am-4.30pm, Monday-Friday
Phone: 07 3403 2180
Email: wynnummanly.ward@bcc.qld.gov.au



NEVER THE BRIDESMAID...ALWAYS THE BRIDE

Local actor Jill Tuckwood seems destined for the role of stage bride. She has played the poignant, wordless Ghost Bride in two Theatre Redlands Hallowe'en productions (*When the Darkness Moves* and *Through the Dark Door*) and is now rehearsing TR's forthcoming play, *There Goes the Bride*, directed by Ray Noonan. This time around, she has lines.

"Having a speaking role is a bit outside my comfort zone," she says. "I'm used to being in the band, playing alto sax or clarinet or working backstage. Being the Ghost Bride required focus and feeling but learning lines will be a whole new challenge!"

Jill's *Bride*, while being the title role, is perhaps one of the more low-key characters in this classic comedy by John Chapman and Ray Cooney, who have written some of Britain's most popular stage comedies. Surrounded by a family which includes a father who seems to be losing his wits – and his stiff British sense of propriety, a grandfather who slides effortlessly between reality and somewhere else, a grandmother who is the ultimate matriarch, an increasingly outraged father-in-law-to-be (perhaps); an intrusive bra model who might be her father's lover – or not – and a mother who's trying to hold it all together, poor dear Judy the Bride just wants to get married... Good luck with that.

Ray Noonan, a Theatre Redland's principal, actor and director, selected the play for its cleverly-dialogued comedy.

"These are hard times; everybody needs to forget their troubles for a few hours and have a good laugh," he says. "While it was written in the mid-seventies it embodies the classic sit-com device of unfolding a series of human foibles and inviting us to have a good laugh at ourselves."



Photos: Supplied.

Ray's casting includes well-loved favourites of the Redlands stage such as Chad Sherrin, Jim Gilbert and Diana Gogulski and introduces some new performers, in keeping with Theatre Redlands' commitment to developing new untapped talent. And, of course, coaxing previously silent talent into speaking roles...

There Goes the Bride will play at Redland Museum Saturday 11 to Sunday 19 November; for bookings go to <https://www.redlandmuseum.org.au/whats-on/events>.

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MAGGIE'S MATES

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Name: Murphy Balfe (Murphman, Murphinator, Captain Radical Banana).

Suburb: I live at Lota.

How long have you lived here? Since I was eight weeks old.

What's your favourite local walk? Behind Bayside United Soccer Club, up beside the train tracks (after a swim) then past the skate park to see the local kids do some cool tricks!

What's your most treasured toy? The big orange stuffed cat toy I won at Pups in the Park from the Wynnum Manly Vets. I love to carry it around everywhere at home.

What's your favourite food? Roast chicken pieces and cheese – pay me the cheese tax!

Your worst habit? Playing dead when I don't get my own way.

What's your favourite local hangout? Lota dog park.

Who's your best doggo friend? I've got so many friends, but Kevin and Winnie from the Lota dog park would be my besties. We've been going to the dog park together since we were puppies.

Any funny or embarrassing stories you'd like to share? If you know me, you've probably already got a story. But maybe the time I accidentally turned the Rugby World Cup on while Mum and Dad were sleeping and they came out to me watching it on the couch.

What do people love most about you? I smell good, I look good and I smile like an angel!



Name: Hi, my name is Jessie!

Suburb: I'm from Manly.

How long have you lived here? Ever since Mum adopted me from Redlands animal shelter, about six years ago.

What's your favourite local walk? Along the esplanade and beach near the lighthouse park. Sometimes I like to pretend I'm young again and dig holes in the sand!

What's your most treasured toy? My humans. I'm not really into stuffies!

What's your favourite food? The world is my buffet!

Your worst habit? Getting in the way of anything and everything that is unfortunate enough to cross paths with me.

What's your favourite local hangout? Finn's Fish House on the Wynnum esplanade!

Who's your best doggo friend? My nephew, Louie. We like to run around a lot, but he always tires me out because he's only one.

Any funny or embarrassing stories you'd like to share? One time when my family got me revved up, I mistook a glass door for an open door and ran into it. Ouch!

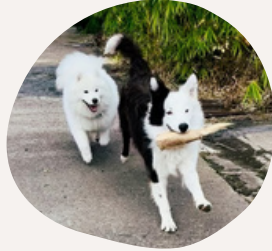
What do people love most about you? My gentle and enthusiastic personality.



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MISS MAGGIE OF MANLY



UNDERSTANDING EYE PROBLEMS IN DOGS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Dogs are prone to a number of different conditions affecting their eyes.

CONJUNCTIVITIS

Conjunctivitis is often triggered by allergies.

Signs of conjunctivitis:

- Green or yellow discharge
- Squinting/holding the eye closed
- Scratching or rubbing at the eye
- Red sclera (the white part of the eye) and red, swollen eyelids

Treatment of conjunctivitis includes cleaning away any discharge from the eye and an appropriate medication as dispensed by your vet.

CHERRY EYE (PROLAPSED THIRD EYELID GLAND)

Cherry eye is more commonly seen in brachycephalic (short nosed) dogs such as French and English bulldogs and pugs.

Signs of cherry eye:



- The tear gland prolapses from behind the third eyelid causing a ball of pink tissue (which may resemble a cherry) to protrude at the inner corner of the eye

Treatment of cherry eye may sometimes be achieved with anti-inflammatory medication but in the long term surgical intervention may be required.

GLAUCOMA

Glaucoma is the term for increased fluid pressure within the eye.

Signs of glaucoma:

- A "blue and red" eye – the cornea (outer covering of the eyeball) becomes blue and the sclera (white of the eye) becomes red
- The globe can appear swollen
- Marked eye pain can occur rapidly

Treatment of glaucoma requires medication to reduce the pressure in the eye and assist drainage of fluid from the globe. Uncontrolled glaucoma may require removal the entire globe as the condition is very painful if not resolved.

ECTROPION (DROOPY EYELIDS) OR ENTROPION (EYELIDS ROLLING IN)

These conditions are due to a dog's conformation so are more commonly seen in particular breeds.

Surgical correction is usually required.

CORNEAL ULCERATION

Corneal ulceration occurs as the result of an injury to the cornea or due to degenerative change in the cornea.

Signs of ulceration:

- Squinting
- Excessive tearing
- Cloudiness of the cornea

Treatment of corneal ulceration includes pain relief and antibiotic medications. More severe injuries may require surgery.

Eye issues can occur very acutely in dogs and become very serious in a short period of time. If you notice any issues with your dog's eyes it is important to seek veterinary attention so the appropriate treatment can be commenced.

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SEAGULLS JUNIORS CROWNED CLUB CHAMPIONS

FROM THE WYNNUM MANLY SEAGULLS JUNIORS

It's the business end of the season, and the finals race is heating up.

The Under 16 girls (pictured) have already taken out the Grand Final after remaining undefeated all season. They didn't have it all their way in the Grand Final, though, having to fight back after being down at halftime to secure a famous win.

The Under 14 Division 2 boys kept everyone on the edge of their seats in a thrilling Grand Final, securing victory with an epic extra time try to become champions. It is now the Under 15 boys Division 1 and 2 teams shot at glory after booking their spots in the big dance. Also into a Grand Final are the Under 18 Division 1 team after taking care of the Redcliffe Dolphins in their semi-final.

In big news, the Wynnum Seagulls Juniors have been crowned BRL Club Champions after the combined success of the Under 20s, Reserve Grade and BRL A Grade teams. All three teams have a chance at adding premierships to the tally with upcoming qualifying finals.

Keep your eye on the Wynnum Manly Juniors socials for finals matches and locations, and get out there and support your local team and see some highly entertaining rugby league. Up the 'gulls!



Photo: Supplied.

WYNNUM Halloween Parade

2023 AMPOL HALLOWEEN PARADE

Saturday 28 October, 4 – 9pm

Halloween Parade starts at 6pm, Bay Terrace, Wynnum



Wynnum Commerce Inc has created a more spooktacular family friendly event for 2023. The second year running, the 2023 Ampol Wynnum Halloween Parade event will include Trick and Treat in the streets from 4pm, street entertainment plus entertainment on the main stage before and after the parade, food trucks and markets with the parade starting at 6pm. Plus this year there will be rides for the kids!

The Ampol Wynnum Halloween parade is a free community event and would not be possible without our sponsors and volunteers including our partners, Brisbane City Council, Ampol, Joan Pease MP and Cr Sara Whitmee. If you would like to get involved and support this community event, please contact Wynnum Commerce at halloween@wynnumcommerce.com.au.

Embrace the spirit of Halloween and get started on that costume, you might even win best dressed!

Registrations are now open for parade entries, market stalls and food trucks or if you need more information head to <https://wynnumnow.com/wynnum-halloween-parade/>

WYNNUM IS SPOOKY TOWN AGAIN IN 2023

LET'S TALK ABOUT WOMEN'S HEALTH

BY DR RACHEL NG, BAYWEST MEDICAL CENTRE

September 4 to 8 is Jean Hailes Women's Health Week, and I would like to take this opportunity to discuss the topic of contraception.



Contraception does more than prevent unwanted pregnancy. It can be used in many situations to manage common female health issues.

Iron deficiency (anaemia) can happen when one has persistently heavy periods. Contraception can reduce period loss by preventing ovulation and thinning of the uterus lining. Combined with an iron supplement, they are used effectively together to manage iron deficiency.

Oral contraception can also reduce sebum production and improve Acne.

Endometriosis can cause painful cramps and heavy period bleeding. Contraception can be used to control periods and suppress the symptoms of endometriosis.

Oral contraception, specifically the brands that contain drospirenone, has been used to manage period-related conditions such as Premenstrual syndrome (PMS) and Premenstrual dysphoric disorder (PMDD). It is still unclear why some women suffer more from these conditions, but it is thought to be due to the complex interaction between certain chemicals in the brain and progesterone. Oral contraception helps by preventing ovulation. In addition, a light period with fewer cramps also improves the overall mood.

Here at Baywest Medical Centre, all our GPs are passionate about women's health and would love to chat with you about any concerns you might have!





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SHARE THE KINDNESS FOUNDER RECOGNISED WITH NATIONAL AWARD NOMINATION

Helen Rays, founder and president of Share the Kindness – a charity that provides dolls with removable hair to children to help them understand hair loss due to cancer treatment – has been recognised for her exceptional achievements and contributions to the community.



Helen has been named as a finalist in not one but two highly acclaimed awards – the AusMumpreneur Awards in the Women Changing the World category and the BEAM Awards in the Resilience Leadership and Making a Difference Community Awards.

In 2019 and aged 39, Helen was diagnosed with breast cancer. Her two daughters were four and six years old when she was having treatment.

Helen had heard about dolls with removable hair, but after searching, she couldn't find anything, so she decided to find a way to make her own.

"During my treatment, I realised that if I wanted a doll like this, then perhaps they would be useful for other families, mums, dads, aunts, uncles, grandparents – or heartbreakingly, children themselves, who were facing the loss of hair due to cancer treatments," explained Helen.

Share the Kindness now gifts dolls to cancer patients and their families through health and cancer support service partners across Queensland and has impacted the lives of hundreds of families.

For more information about Share the Kindness, visit www.sharethekindness.com.au.



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LOCAL SPITFIRE PILOT JOHN SHOESMITH TURNS 100

BY FLIGHT LIEUTENANT ROB HODGSON

World War II pilot Warrant Officer (retired) John Shoesmith celebrated his 100th birthday in Wynnum on August 9, 2023.

Mr Shoesmith flew a clutch of 'classic warbirds' including the CAC Boomerang and Supermarine Spitfire for the Royal Australian Air Force during the War.

Enlisting during the dark days of early 1942, Mr Shoesmith was selected for pilot training – and what followed was intensive training, progressing from the classroom to cockpit.

Upon receiving his Wings, Warrant Officer Shoesmith moved through several flying Squadrons, culminating in active service flying Spitfires in 452 and 79 Squadrons.

"I received no instruction before my first flight in a Spitfire – but there was a training manual on the cockpit seat," he said.

What followed was active service in what is now Indonesia, as the Allied forces pushed the enemy back.

A key role of the Spitfire – and one that it was not initially designed for – was ground attack.

"It took great skill to dive bomb a bridge and drop 250 pound bombs whilst under fire," said Mr Shoesmith.

At the conclusion of the War, Mr Shoesmith, like many of his generation, returned to civilian and family life.

But he continued to hold strong memories of flying the Spitfire – undoubtedly one the most well-loved

aircraft aviation history.

"It was the best plane I flew, and it had such a surge of power at maximum throttle," he said with a twinkle in his eye.

In later years he maintained his passion for the aircraft and 'kept his eye in', tackling missions on the Microsoft Flight Simulator computer game with Spitfire add-in.

Group Captain Dennis Tan, Senior Australian Defence Force Officer at RAAF Base Amberley, Queensland, represented Air Force for an early birthday celebration at Mr Shoesmith's home on August 8, presenting him with some Air Force mementos.

These included a framed image of one of 100 Squadron's flying Spitfires, based at Temora New South Wales, signed by Commanding Officer Jason Easthope.

The 100 Squadron is a historical squadron which was re-formed in 2021 to coincide with the Air Force centenary and maintains and operates heritage aircraft.

Himself a pilot, Group Captain Tan considered it a special honour to be able to present the mementos to Mr Shoesmith, and 'talk flying' with a fellow aviator.

"All the aircraft that Warrant Officer Shoesmith flew would be considered 'classic warbirds' these days, and what an amazing collection of aircraft to have in a pilot's logbook," Group Captain Tan said.

"It is a very special honour for me to spend some time with one of our veterans who has flown them."



Photo: Supplied.

The current Commanding Officer of Mr Shoesmith's old unit, 79 Squadron, noted the importance of remembering those who had gone before in his unit.

"The 79 Squadron has been formed for times of conflict and those who served in the unit during these times did so with courage and resilience," Wing Commander Grant Taylor said.

"It is a joyous occasion for the current members of 79 Squadron to wish John a happy 100th birthday as one of the men who faced the enemy at a time when Australia needed it the most.

"The skills John demonstrated against the enemy

during World War II are now being taught to the future generation of fighter pilots, continuing a legacy which underpins the need for high quality training in high quality people."

Today, 79 Squadron forms part of 78 Wing of the Air Combat Group and is headquartered at RAAF Base Pearce, Western Australia.

The Squadron operates BAE Hawk 127 aircraft and has the mission of training and graduating aircrew for follow-on conversion to fast jet aircraft.

The Squadron also supports Australian Defence Force operational training.

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GET SET TO NETWORK AT THE NEXT BUSINESS TRADER EVENT

BY JANELLE BOSTOCK, PRECINCT COORDINATOR, MANLY HARBOUR VILLAGE



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Business Networking Evening
Tuesday, 26 September
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Photos: Supplied.

If you have a local business or are involved with the business community, you are invited to join the Manly Harbour Village Chamber of Commerce for its next business networking and social night on September 26.

This event is an excellent opportunity to meet and chat with other business owners, local government representatives and get involved with the Manly community. Find out what's happening in the area, including details about our upcoming Christmas Harbour Lights program and New Year's Eve festivities.

If you are a sole trader, have a business working from home, or are part of the local business community, please come along to socialise and network with other like-minded people in a casual setting.

Our next free Movies in the Park on 7 October will feature the movie *Shrek*. The last movie saw well over 500 people in attendance. Why not lock it in your diary, grab your picnic rug, a takeaway from one of the many cafes and restaurants in the village and enjoy the evening? Secure your spot from 4pm and sit back and listen to the music. Want to get your business advertised on the big screen? Please reach out, and we can assist.

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ORCHIDS AREN'T AWKWARD...COME AND MEET THEM

BY JAN NARY

Many gardeners avoid orchids because they see them as exotic, demanding and expensive. According to the treasurer of the Redland Orchid Society, Bruce Prebble, nothing could be further from the truth.

“Any hobby can be as expensive as you make it; you can pay a thousand dollars for an orchid or pick up an Australian beauty for twenty dollars; they’ll both give you the same amount of pleasure.”

The society promotes orchid growing and has an active “citizen science” role of researching, photographing and cataloguing local species. Bruce, who is one of the organisers of the society’s biannual charity fundraising shows, has been in love with orchids since his youth; a passion he may have inherited.

“I used to work in the Cape York Aurukun community and I remember the first time I saw native orchids growing wild in trees; they just took my breath away,” he says. “I later discovered that my grandparents were passionate orchid growers and I share their love of this very special flower.”

For many of us, our first encounter with orchids was the showy catalea, the corsage presented by a hopeful beau to his date for a dance. As wonderful as they are, the world of orchids has many others less flamboyant but just as lovely.

“Orchids are captivating by their beauty and their complexity and by the way they’ve adapted to microclimates and specific pollinators –

like the Madagascar orchid that can be pollinated only by a nocturnal moth with an exceptionally long proboscis,” he says. “Growers can hybridise them but there are many naturally occurring hybrids – forty to fifty thousand – including our Queensland emblem, the Cape York dendrobium.”

Bruce says that much of the public perception of orchids as difficult “prima donnas” comes from lack of knowledge.

“Many first-timers treat orchids like other flowers; they plant them in soil and water them frequently – that can kill them with over-love. If you have them in a greenhouse and they don’t like it they may need just a different place in the greenhouse or if they want rainforest conditions, if you grow them in the open with occasional water they’ll find their own way. Growing orchids isn’t daunting – after a while it becomes second nature.”

Folk wanting to learn more about the secret life of orchids can learn from fellow enthusiasts in the Redlands Orchid Society, which will be holding its annual Spring Charity Show on Saturday October 7 at the Redlands Multi-Sports Club, Judy Holt Park, Randall and Bailey Roads, Birkdale. The show, which raises money for the Redlands Hospital Auxiliary, will run from 8:30 am to 3:00 pm and features orchid displays and sales – and potting demonstrations, for those of us who are still tempted to cram them into soil.

More information is available at <https://www.redlandsorchidsociety.org/>.



Photos: Supplied.



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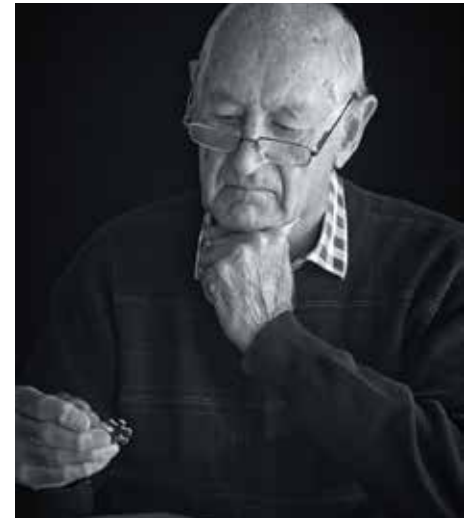
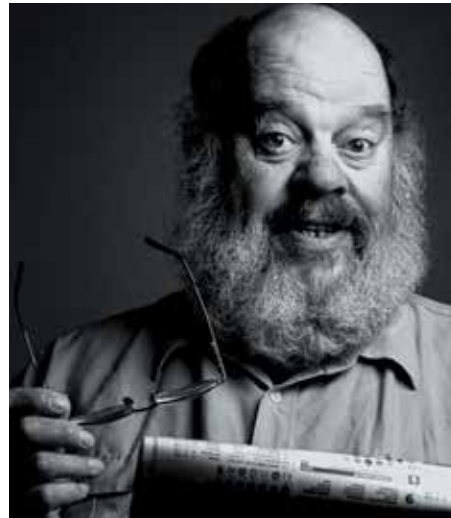
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LOCAL PHOTOGRAPHER PROFILE: MARGARET DUNCAN

FROM REDLANDS CAMERA CLUB



Photos: Margaret Duncan.

I inherited a bit of an artistic streak from my mother and always dabbled in a bit of drawing, painting and photography. Our family moved to Queensland, where I eventually got excited about photography, but it was a long time before I met up with someone who explained that taking family holiday shots on auto was only the beginning. She recommended joining a camera club, and here I am, with boundless support and learning opportunities!

I like all sorts of photography, but I particularly like working in black and white. Even though most of us see the world in colour, it is sometimes more exciting seeing it stripped down to one colour made up of light and dark shades, tones and textures.

Modern cameras enable us to shoot in colour and convert to black and white later, in which case you need to be able to imagine that scene or person in black and white. But not all colour images are suitable to

convert. Conversely, we can shoot in black and white with an option to convert to colour later. See how much I am learning?

I am trying to train myself to visualise in black and white. It is refreshing walking around and imagining the scene and people in front of you stripped of colour and focusing instead on tone and light.

I've still got a long way to go, but it is really a never-ending journey and at the end of the day, it's all about enjoying the journey.

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Find out more about how you can get involved by calling Damien on 0421 786 302 or Laura at 0419 174 693.

COMMUNITY GROUP UPDATE: QUEENSLAND SERVICES HERITAGE BAND

Our first order of business is to say “thank you and congratulations” to Paul Jones, the maestro extraordinaire of no less than seven bands based in the Wynnum Community Centre under the umbrella of Queensland Services Heritage Band/Top Show Music.

This year Paul is beginning to get the recognition he deserves, starting with the Lord Mayors’ Art and Culture Award for Brisbane for 2023, presented at City Hall.

Bayside Carols is now in its tenth year, and the event has grown under Paul’s leadership from an audience of 400 in 2012 to 4000 in 2022. The event showcases Paul’s bands, local talent, dancers, choirs, bagpipes and more. We have games and rides, rock walls and face painting for the kids. George Clayton Park is where the Bayside celebrates Christmas together, where food stalls are plenty and a collection is taken up for the Salvos to spread the Christmas cheer.

Every other year we march in the city for the ANZAC Day Parade to cheering crowds with popular songs from the various war eras.

The 2022 Parade was kicked off by our own Bugler, Derek Miller, playing The Last Post and the Reverie for the Governor General, the Premier, and the TV cameras.

This year we spent the ANZAC Day in Nanango starting with the Dawn

Service, a march through the town, a celebration in the town square with local dignitaries and residents, topped off with a rousing concert at the local RSL. It was a great place to celebrate the lifestyle the ANZACS won for us with their sacrifice. Lest we forget. Nanango treated us royally, and the word on the street was, “This is the best thing that ever happened in Nanango”. We were glad to celebrate Nanango’s 175th year with them.

The seven bands of QSHB include The Light Horse Band, Bayside Youth Bands, Top Show Concert Band, QSHB Drummers, QSHB Jazz Band, QSHB Rock Band and QSHB Adult Starters Band. Paul is tireless in his care for his flock of 100 (80 musicians and 20 happy volunteers). We are amazed at his tireless efforts to teach, organise and bless the community, even while receiving a round of chemo!

The bands have travelled to country towns and are always at the Toowoomba Flower Festival in September as the Star Wars Band. They have even travelled into enemy territory (NSW) as far as Twin Towns in Tweed and Tenterfield and have been seen at the Warwick Grape and Wine Festival and Military Remembrance Days in Gympie, Wondai, Maryborough, Nanango, Chinchilla.

Locally, they appear regularly at Manly markets, Star Wars Market, Steampunk Festival, The “Hallowed Eve” Parade, Spooktacular, and local aged care facilities for Christmas concerts. In the city, they



Photo: Supplied.

perform Victory in the Pacific, the ANZAC Parade and the EKKA.

QSHB has a not-for-profit status for tax-deductible gifts, and the bands also take on paid gigs. While we are scrambling for sponsors, Paul is focused on growing his band of musicians.

Musicians of any age and skill level are invited to join the QSHB family. The cost is \$200 for the first year, then \$100 for subsequent years, which includes lessons, uniforms, instrument rental, fun and a place in the QSHB family.

For more information, get in touch at qshba@topshowmusic.com.au or write to QSHB at PO Box 685 Wynnum Qld 4178.

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WHAT IS DEMAND METERING AND HOW DOES IT WORK?

FROM GOODHEW ELECTRICAL AND SOLAR

In today's energy-conscious world, optimising electricity consumption is crucial for both homeowners and businesses. To achieve this, power companies are adopting advanced technologies such as demand metering. Demand metering - or time-of-use metering as it is sometimes referred to - allows your energy retailer to charge a premium for electricity used during peak periods.

Over the past few months, a considerable number of homeowners across the bayside have found their properties have been switched to demand metering. Many of these homeowners have not had a proper explanation of what demand tariffs are or how they work - leaving confusion when their bills arrive.

Put simply, with demand metering - power consumed during the "peak" incurs a surcharge. With some retailers this can be upwards of an additional 15c per kilowatt hour on top of the standard usage tariff. Demand meters or next generation digital meters allow consumption data to be sent in real time to the energy retailer and therefore, usage during the peak period is then broken down on your bill.

At Goodhew Electrical and Solar, we've spoken to a number of homeowners who have been switched over to demand metering,

many of whom were not informed by their power company of the implications to their bill. Many of these customers are paying up to 45c per kilowatt hour for electricity consumed between 4PM and 9PM. For a standard working household - this means that the majority of usage in the evening after occupants return from work or school falls within the peak period.

The move to demand metering, coupled with the ever increasing wholesale power price and low solar feed-in tariff has left many households with bill shock. This is a timely reminder for homeowners to go through their bill line-by-line and not hesitate to query any charges or tariffs that have changed.

Our team is often asked how to offset demand pricing and reduce household electricity bills. The answer is simple, homeowners should seek to optimise their power consumption to reduce the evening load where possible. Things like moving large appliances including electric hot water systems and pool pumps onto timers to operate through the day. By making small changes to your habits, you can save even more money. For example, try to use the washing machine, dryer and dishwasher during the day when prices are lower. Alternatively, for homes that have a higher electricity consumption in



the evening, a battery storage system may benefit you by allowing you to store energy during the day for use in the evening peak - therefore saving you a considerable amount each quarter.

For more information on demand metering and ways you can reduce your electricity bills, speak to the team at Goodhew Electrical and Solar.








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At Fallon Solutions, we believe in providing our customers with the best energy-efficient appliances and solutions to help them save on electricity bills while contributing to a greener environment. Now, with the Climate Smart Energy Savers Program, you can benefit from rebates of up to \$1,000 on eligible energy-efficient appliances and hot water systems.

How it Works

Starting from September 2023, eligible Queensland householders can claim rebates of between \$300 and \$1,000 when they purchase and install 4-star or higher-rated appliances and hot water systems.

Eligible Appliances

- Washing machines and dryers
- Dishwashers

- Refrigerators (including fridge/freezers)
- Air conditioners (AS4755 compliant and 4 star-rated or higher for cooling)
- Solar or heat pump hot water systems.

Appliance	Standard Rebate	Low-income rebate
Clothes washing machines (incl. washer/dryer)	\$300	\$550
Clothes dryer	\$300	\$550
Dishwashers	\$300	\$550
Refrigerators (incl. fridge/freezers)	\$350	\$600
Air conditioners	\$400	\$650
Heat pump hot water systems	\$800	\$1,000
Solar hot water systems	\$800	\$1,000

Making a Difference

At Fallon Solutions, we are committed to helping you make a positive impact on the environment. By taking part in the Climate Smart Energy Savers Program, you join a collective effort to create a more sustainable future for Queensland.

Register Your Interest

Ready to start saving energy and money with Fallon Solutions? Register your interest now at <https://www.epw.qld.gov.au/resources/reusable-snippets/hesp-form> to be notified when the Climate Smart Energy Savers applications open. Please note that registering your interest does not guarantee eligibility for a rebate, but it's the first step towards benefiting from this fantastic program.

Don't miss this incredible opportunity to enhance your home's energy efficiency and make a difference in your community. Join us at Fallon Solutions as we support the Queensland Government's initiative to create a greener and more energy-efficient future for all.



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Time to get ready: Wynnum Fringe Festival 2023 is on the horizon

BY MARGARET VOTE, RAINE & HORNE WYNNUM MANLY

I am so excited and just waiting in anticipation for details of events and who is performing at the upcoming Wynnum Fringe Festival, scheduled for November 15 until December 3 on our bayside foreshores.

And it is with great pleasure that I confirm Raine & Horne Wynnum Manly's continuing commitment to Tom Oliver, 'Voice of Wynnum' and his upcoming production of the Wynnum Fringe Festival 2023.

What a journey of JOY and DISCOVERY it has been since our very first Wynnum Fringe Festival in 2020. Tom signed himself up for \$800,000 of risk in 2020 – when there was no major Government funding available that year – to make sure the event proceeded and the community could come together. We saw 500 artists perform and creative workers set the stages (and all get paid), plus the army of willing local volunteers who made everything run smoothly – nothing short of ASTONISHING.

What Wynnum Fringe has achieved as a business and the huge risk Tom Oliver has taken personally to get us to this point three years down the track, for the benefit of Wynnum

Manly, the bayside and Brisbane as a whole, is truly an EXTRAORDINARY achievement.

The festival has spent \$2.5 million on artists, arts workers, and local suppliers. This does not include the money attendees spend in local shops, cafes, restaurants, and bars each year.

On top of its economic benefits, Wynnum Fringe Festival brings music and joy to families; it brings the whole community together and enhances the wonderful cultures of our region and helps us develop as sharing and caring humans. Let us all make Wynnum Fringe Festival 2023 the BEST EVER!

It is now time for myself, my business, Raine & Horne Wynnum Manly, other local sponsors and the Government to rally behind this festival. Our support will help its strategic growth and make sure it continues to be a huge asset for Brisbane, the bayside community, the tourism sector and most importantly, the arts industry. Join the Wynnum Fringe Crew at the official launch of the programme on Thursday 28th September. Tickets available at wynnumfringe.com ... love to see you there! .



Photo: Supplied.



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Green shoots emerge in Queensland’s rental vacancy rates

FROM THE REAL ESTATE INSTITUTE OF QLD

The Real Estate Institute of Queensland (REIQ) says consecutive lifts in the state’s quarterly residential vacancy rate is a promising sign that rental conditions are improving.

The REIQ Residential Vacancy Rate Report for the June 2023 Quarter covers 50 local government areas (LGAs) and sub regions in Queensland, and comes as the state-wide vacancy rate rose to 1.0% for the first time since December 2021.

While the vacancy rate remains ‘tight’ (0 – 2.5%) across the vast majority of Queensland, over the June quarter it relaxed in 38 regions, held steady in three, and tightened in nine.

REIQ CEO Antonia Mercorella said the movement over the quarter showed that we are crawling towards healthier rates across most of the state.

“We’re starting to see some early signs of the rental market starting to soften just ever so slightly, with vacancy rates showing small increases in the majority of regions,” Ms Mercorella said.

“It was too early to call in the March quarter, which also saw a slight lift, but now with back-to-back, quarter on quarter improvement, we can see some promising green shoots.

“There is still a long way to go for Queensland’s rental market to reach healthy rates, but these results are a step in the right direction with a little more movement and increasing opportunity and choice for renters wanting to get into the market.

“This is consistent with what real estate agents on the ground are telling us. They say there’s more rental housing stock freeing up, particularly in higher price point suburbs which have probably hit the peak of rent increases.

“Necessity is the mother of invention, and because people have been unable to find the type of rental property they are looking for, in the area they’re looking for, and something that works within their budget restraints, they are thinking outside of the box, adapting, and finding alternative solutions.

“These alternative arrangements include moving back in with parents where possible, moving in with other tenants in a co-tenancy instead of sole tenancy, and looking for units or townhouses instead of a freestanding home, or casting their net wider by looking at nearby localities with greater supply.”

Most improvements in vacancy rates were limited to a slight lift of 0.1-0.2 per cent which was the case across Greater Brisbane, including Brisbane LGA (1.0%), Ipswich (1.1%), Logan (1.0%), Moreton Bay (0.9%), Caboolture (1.1%), Pine Rivers (1.0%), Redcliffe (0.8%), Redland (1.3%) and Mainland (0.8%).

The exception in Greater Brisbane was Redland’s Bay Islands where demand for ‘island living’ continues to weaken – rising to its highest-ever vacancy rate of 6.3 per cent.

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Congratulations to Port of Brisbane's 2023/24 Community Grant Recipients

Since 2013, Port of Brisbane's Community Grant Program has provided over \$1 million in funding to 81 local and regional community organisations.

This year, our grant funding is supporting a range of diverse initiatives and services across the Bayside, greater Brisbane and west to Chinchilla. Congratulations to the 12 community organisations that will share in the \$100,000 community grant funding!



Rosies Youth Mission

Installation of a stainless-steel servery in Rosies' new Wynnum Manly outreach van.



Drought Angels

Supporting farmers impacted by natural disasters, mental wellbeing issues.



Marigurim Mubi Yangu Aboriginal & Torres Strait Islanders Corporation

Supporting a healing journey program for First Nations women impacted by domestic violence.



Wynnum Manly Men's Shed

Contributing to the purchase of a CNC (Computer Numerical Control) Router to make bespoke aids for people with disabilities and schools.



Community Canteen

Supporting *Laughs at the canteen*, featuring some of Brisbane's finest comedians to help raise funds to supply meals to women and children in temporary accommodation.



Redlands Primary Sports League

Inspiring healthy habits through accessible school aged team sports across the Redlands region.



Power of Engineering

Delivering the Engineer in a Box program to local schools, showing students the role engineers play in a community, demonstrating creative thinking, problem solving and collaboration.



Tingalpa State School P&C

Supporting a commemorative Song Line mural to celebrate the school's 150th anniversary.



BABI
Youth & Family Service

BABI Youth & Family Services

Supporting their Youth Voice Committee Leadership Camp.



CoralWatch

Supporting citizen science activities focused on the beauty and value of corals in Moreton Bay.



Bayside Creeks Catchment Group

Providing nesting sites for endangered birds and mammal species found to have reduced breeding sites in the local area.



The Mission to Seafarers

Contribution to a new Foreign Exchange and Point of Sale business system.

To find out more about our community support, visit www.portbris.com.au.



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LOCAL POETRY

A FAVOURITE MEMORY IS...

BY GEOFF SMILEY

...his back view as we drove
those long car trips
through childhood,
looking with him
at what he saw
beyond the windscreen.

Age has overtaken him now.
And he sees around,
not from front seat status
but from behind;
seeing what I see and
accepting my opinions
as once I accepted his.

© Geoff Smiley

Over later childhood
I got to ride in
the front seat with him
Proudly sharing
his time and
the joy of driving.

*We owe a lot to our parents who spent time with us
and so included us in their lives. Who does not love
them for that sacrifice?*



Latest news from the Port of Brisbane Sept 2023



Trade

During 2022/23, the Port's overall trade reached 33.59 million tonnes, a 4.8% increase on the previous year. Container volumes also increased, with a record 1.56 million containers (TEUs – twenty-foot equivalent containers) handled through the Port.

The Port recorded strong agricultural export volumes after another year of excellent growing conditions throughout much of our trade hinterland. Exports of grains like wheat and sorghum continued to be very strong. A record 2.7 million tonnes of bulk grain exports were shipped to global markets during the year.

Community

Congratulations to the recipients of our 2023/24 Community Grant Funding, with 12 community organisations sharing in \$100,000. This year marks 10 years of our Community Grant Program, with 81 local and regional organisations sharing in over \$1 million of grant funding since 2013. The list of recipients is on our website.

Over the last 12 months, our staff raised \$32,378 for our Employee Charity, The Sunlight Centre, through various fundraising efforts. We are very pleased to announce that Hummingbird House has been chosen by our people as the Port's 2023/24 Employee Charity.

As a Community Partner, the Port of Brisbane is proud to once again support the Wynnum Fringe Festival from November 15 to December 3.

Brisbane International Cruise Terminal

We're continuing to invest in the Brisbane International Cruise Terminal (BICT), with works recently commencing to build an additional 340 car parking spaces at the cruise terminal. This will increase the total onsite car parking to 1,282 parking bays with the works to be completed in 2024.

Car parking at the BICT is managed by Wilson Parking and all onsite car parking must be booked online in advance by the Wilson Parking website (www.wilsonparking.com.au).

For more information about the Port of Brisbane, visit www.portbris.com.au or email info@portbris.com.au.

Port of Brisbane

Port of Brisbane is Queensland's largest multi-cargo port. Every year, the Port handles approximately \$55 billion in international trade including around 95% of the state's containers and motor vehicles and 50% of its agricultural exports, while the new Brisbane International Cruise Terminal is helping to grow Queensland's tourism industry.

We're also proud to be an active member of the local and regional community, supporting not-for-profit and community organisations and playing our part in protecting and enhancing the natural environment.

Port fast facts

- The Port of Brisbane is Australia's most diverse port, handling around 450 different types of commodities!
- Trade flows through the Port from over 125 import origins and to over 140 export destinations.
- In 2022/23, there were over 2,400 vessel calls to the Port of Brisbane.

Brisbane International Cruise Terminal

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Information and directions:
www.portbris.com.au/cruise

Car parking: www.wilsonparking.com.au

Cruise requirements/itinerary information:
contact your cruise line.



Bartons Continue Expansion Drive with Acquisition of Jayco Brisbane Camperland

“Same Name, Same Team, Same Values, New Ownership”

The Bartons Automotive Group is continuing to grow and invest in the local community by acquiring the family-owned and operated Jayco Brisbane Camperland based in Tingalpa.

With over 60 staff and sales of over 1250 units per year, the business is a “good fit” for Bartons, with endless opportunities for customers of both businesses and the RV sector in the coming years, as quoted by Bartons’ Managing Director Mark Beitz.

For over 42 years, this business has been owned and operated by the Carnavas family, who have built a caravan and RV dynasty founded on strong values, ethics and delivering what they promise. From father to sons running the business, Jim, Josh and Shane have created a culture that has led them to be the number one Jayco dealer in Australia, selling over 1250 vans a year on average. The Carnavas family philosophy has been to provide a combination of the right people, the right products with a transparent honest approach to everyday business. “We put ourselves in our clients’ shoes and see how they want to be treated.”

Selling was not an easy decision for the Carnavas family; however, the opportunity to sell to another like-minded and local family-owned business was a decisive factor in ensuring the legacy continues and that all staff and customers are well protected into the future. As part of the transaction, all staff will remain with the business, and to put it simply, it’s business as usual despite the ownership change. The operation continues with the same name, team and values and will continue trading from the same locations.

The only changes operationally to the business will be the promotion of Craig McLennan to Sales Manager and the appointment of Lee West to General Manager. Craig has been with the business for over 30 years in a Sales Manager’s assistant role and is deserving of this internal promotion. Lee, a Wynnum Manly local, returns to the bayside and brings over 25 years of experience in management and leadership roles in similar industries. Lee is the brother of Bartons Managing Director Mark Beitz, ensuring that the family-owned and operated management remains. To ensure a smooth transition from one family to another,

Josh and Shane Carnavas will remain management consultants over the next 12 months.

The acquisition of the Brisbane Camperland family sees the Bartons Group now employ over 370 staff across multiple locations and businesses, including Bartons Automotive Sales and Service Dealerships in Capalaba and Wynnum, East Coast Commercials (Acacia Ridge and Robina in a Joint Venture with BMD), Brisbane Camperland with Caravans/Motorhomes/Campervans/Campertrailers Sales and Service, PAF Financial Services A full Asset and Home Mortgage brokerage with Financial Planning services, Annual Pest Management (local joint venture) and EV Moto specialising in road-registered electric bikes and golf buggies.

Brisbane Camperland Caravan and Motorhome Centre – Who are We? One of Australia’s largest Jayco dealerships with a comprehensive range of Caravans and Camper Trailers, including a dedicated Motorhome site. Visit us online at www.brisbanecamperland.com.au or in-store at 1459 Wynnum Road, Tingalpa.



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WATERLOO BAY LEISURE CENTRE'S SEPTEMBER EVENTS

FROM THE WATERLOO BAY LEISURE CENTRE VOLUNTEERS

The Waterloo Bay Leisure Centre, located at 241 Tingal Road Wynnum, has a range of events scheduled for September 2023.

CONCERTS

Tuesday September 12, 9:30 am – with entertainment by Ian Maurice and June Lawson

Morning tea is served from 9:30 am and the concert is from 10.15 am to 11.45 am. A two-course hot lunch is served after the concert. The cost is \$10 for the concert plus morning, plus an additional \$10 for the two-course lunch served after the concert.

Special Birthday Concert

Tuesday September 26, 9:30 am – with entertainment by Terry Scott

Morning tea is served from 9:30 am and the concert is from 10:15 am to 11:45 am. A two-course hot lunch is then served after the concert. The cost is \$25 for the concert which includes morning tea, and a two-course hot lunch. Raffles, lucky door prizes and cutting of the birthday cake will also take place.

Bookings are essential for all concerts. Please phone 3396 9488 to book.

REPAIR CAFÉ

Saturday September 9 from 2:00 pm to 4:00 pm

Toss it – no way! Bring along that broken, damaged item to be fixed or repaired and at the same time minimise landfill. It's free. Book online at TryBooking.com (Search Repair Café, Wynnum), find us on Facebook (Brisbane Bayside Repair Café) or phone 0474 095 560. Enjoy a Devonshire Tea served by the Waterloo Bay Leisure Centre canteen (cost \$5) while having your repairs done.



Photo: Supplied.

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A QUICK HISTORY OF TINGALPA PIONEERS' CEMETERY AND CHAPEL

CONTRIBUTED BY TINGALPA PIONEERS' CHAPEL AND CEMETERY

Nestled behind a white picket fence at 1341 Wynnum Road is the Tingalpa Pioneers' Cemetery and Chapel. Dating back to 1868, the "Bush Cathedral" was erected by the pioneers and has seen approximately 300 burials.

Demolished by a cyclone in 1885, the chapel was rebuilt by the community using timber recovered from the original building. As the population of the Manly area increased, the Tingalpa chapel suffered from lack of patronage in the 1900s, and it was decommissioned and left to deteriorate. The chapel subsequently received a new lease of life thanks to the Friends of Tingalpa Cemetery Heritage Group, who rescued the chapel and ensured the site was heritage listed in 1998.

The beautifully restored gothic chapel boasts arched doorways, high cathedral ceilings and silky oak pews plus a bell in the gabled belfry. It is now used for civil ceremonies and events. With seating for approximately 50 guests, the chapel and outdoor areas are available for hire.

The one-acre of cemetery grounds, including the Circle of Life outdoor seating area, is now in pristine condition.

Decoration Day is traditionally a ritual carried out by families gathering in the cemetery grounds for a work day and picnic, honouring their ancestors. In recent decades, Decoration Day activities have focused less on graveyard maintenance and more on social activities. It is now a fete-fun style event for fundraising, the key to the preservation of the area.

The annual Decoration Day at Tingalpa Cemetery will be held on Saturday October 7, 2023 from 9:00 am to midday. This marks the 155th anniversary of consecration of the cemetery and the chapel. The event will feature food trucks, a sausage sizzle, book sale, live local music, raffles prizes and market stalls. Everyone is welcome to attend and entry is free, with parking available nearby at Smith's Chips' carpark on the day.



Photos: Supplied.

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SEPTEMBER FISHING: A WHALE OF A TIME!

BY SPERO KARTANOS

I know it's a fishing column, but when the whales are in, and you see the size of them as they go past your boat, and you realise that the calf is as big as your old bay cruiser, it's pretty amazing! Especially to see Mum being so protective; it's one of the best sights in the bay this time of year. And, how lucky are we to see them just east of Green Island and Wellington Point and around Peel Island? Looking at records, the next four weeks are when most whales come in to rest before the long journey to the South Pole, so if you get a chance during the school holidays, it's worth a look around the bay to see these magnificent mammals.

The school mackerel season is at its peak this month, and you should start to catch them all through the bay from close in at Manly Harbour, last leads, to King and Green Islands, all the way to Ormiston and east to the Naval Banks. So, there's no excuse for not getting a good feed; you can troll to find them, anchor up, drop some pillies on ganged hooks, and wait.

The whiting should be in the small boat channel and the Rous this time of year, and the Sand Hills at Moreton should also be firing, along with Amity Banks, close in at Darcy Light. The area between the shallows in front of Wynnum Creek out towards St Helena has also been good over the years, and the snapper and squire/sweet lip should be looking for us. Since the opening of the snapper season in mid-August, there are always plenty of snapper and squire in the bay to keep us all happy in September. My favourite areas to find them are around the shallow grounds around all the Bay Islands.

Till next month, good fishing!



Photos: Spero Kartanos.



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MY LOCAL MEMORIES: DROPPING IN

CONTRIBUTED BY ROSS FARLEY, BAYSIDE RESIDENT

The local bayside high school I attended had a two-storey brick building with a bell tower on the roof. There was a traditional dare for the larrikins among the Year 12 boys to carve their initials in the bell tower. This was strictly forbidden, and the bell tower was later removed.



Our classroom was on the top floor with a manhole into the forbidden ceiling. A few boys decided to carve their initials in the bell tower. At the end of the period before lunch, desks were placed on top of each other to form a ladder, some boys climbed through the manhole, then the desks were pulled down until a prearranged time when they would open the manhole and the desks would be set up again to get them down.

When the time came, they didn't return to the manhole, the next class began, and no one knew where they were. The problem was that when they closed the manhole, they had no idea where to exit and got lost in the dark ceiling. It so happened at that time that the principal's office was temporarily also on the top floor. One of the boys was wandering around the ceiling when he fell through and landed on the floor in front of the principal sitting at his desk. The principal coolly looked up and said, "Nice of you to drop in".

They were caught so red-handed; everyone just roared laughing. They had to pay for the damaged ceiling, but otherwise were unpunished.

"HAVE A GO" SUNDAY IS BACK AT MANLY HARBOUR

FROM THE WYNNUM MANLY RADIO SAILING CLUB

Have you ever walked along the Manly esplanade on a Sunday morning, seen the radio-controlled yachts racing, and thought you would like to have a go? Or maybe you are a retired yachting and have always wanted to have a go at radio-controlled yacht racing. Here's your chance when the Wynnum Manly Radio Sailing Club holds its "Have A Go Sunday" on October 1 at midday.



Photo: Supplied.

Club members will be there to make you feel welcome and to show you how the yachts operate, and boats will be available for everyone to have a sail in the harbour.

If you are interested and would like more details, go to the club website, wmrmc.club or give the friendly Club Commodore, Russell, a call on 0401 641 443.

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Pace at Sleeman – Supporting Women’s Health Week 2023

FROM PACE AT SLEEMAN

Pace at Sleeman (the fitness centre located at Sleeman Sports Complex) is again supporting and promoting Jean Hailes Women’s Health Week which will be held from the 4th to 8th of September.

Pace Health & Fitness Officer, Chris Say said, “This year’s program is focusing on gaining knowledge and will feature new resources and information on hormones, polycystic ovary syndrome, menopause, cervical screening self-collection, heart health, persistent pelvic pain, and nutrition. Information on all topics will be available on the Women’s Health week website but also available by contacting Pace Fitness.

“Our focus for the week will be all about women’s health. We will have a guest speaker presenting on Thursday 7th September followed by a FREE morning tea at 11:00 am. For more information, or to book a seat, please contact us at Pace on 3131 9615. Our goal is the start the conversations and keep the awareness going during and well beyond Women’s Health Week.”

Pace at Sleeman is Brisbane’s premier fitness centre, providing affordable memberships, quality equipment, and personalised training plans for all fitness levels. Conveniently located at the Sleeman Sports Complex, Pace caters to everyone, at any level of fitness.

According to Health and Fitness Manager David Trahair, Pace members have access to a vast array of benefits, including access to diverse group classes, the fitness centre, heated pools, and personalised fitness advice from our expert staff.

“At Pace, our motto is ‘Fitness at Your Pace’. We strive to assist members in their pursuit of optimal health and wellbeing,” David said.



Photo: Supplied.

“If you’ve been thinking about joining a gym or just getting out and meeting new people, Pace at Sleeman might be just what you’re looking for.”

To help promote Women’s Health Week, Pace is offering 1 FREE WEEK Membership* to all new members.

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NUT-CRUSTED BAKED FISH RECIPE

Here's a quick and easy fish recipe that adds extra crunch and flavour to your catch of the day. Serves 4.

INGREDIENTS

- 4 firm pieces of fish – Barramundi is excellent for this
- 1 cup of your favourite mixed nuts (e.g. almonds, pecans, walnuts, macadamias, or use just one nut variety), finely chopped
- 1/4 cup breadcrumbs
- 2 tablespoons fresh parsley, finely chopped
- 1-2 tablespoons Dijon mustard
- 2 tablespoons honey or maple syrup
- 1 tablespoon olive oil
- Salt and pepper to taste
- Lemon wedges to serve
- Chopped fresh herbs for garnish (optional)

METHOD

1. Preheat your oven to 200°C, then line a flat baking tray with greaseproof paper.
2. Combine the mixed nuts, breadcrumbs, and parsley in a bowl, then season with a pinch of salt and black pepper.
3. Now coat the fish. Start by patting the fish dry with a paper towel, then brush each fillet with a layer of Dijon mustard on the top. This is important as it helps the nut mixture stick to the fish.
4. Press the nut, parsley and breadcrumb mixture onto the mustard-coated side of each fish fillet to create an even layer of nuts.
5. Drizzle honey (or maple syrup) and olive oil over the fish. The olive oil will help to create a crusty crust!
6. Place the fish on the baking tray, nut-crust side up and bake for 10-15 minutes or until cooked through.

Serve with lemon wedges, and garnish with whatever herbs you have on hand – dill works well with this recipe.



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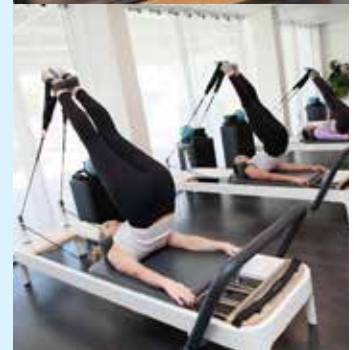
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SAILABILITY BAYSIDE: SAILING FOR 20 YEARS AT MANLY

CONTRIBUTED BY GEOFF GRACE, SECRETARY, SAILABILITY BAYSIDE

This year was the 20th anniversary for Sailability Bayside, who provide sailing experiences for people with disability at Manly Harbour in Brisbane.

Sailing for people with disability arrived in Australia in the late 1990s, with the first club in Queensland starting at the Southport Yacht Club in the year 2000. The Cerebral Palsy League (CPL) saw that this activity was a suitable outlet for their clientele and soon became involved.

As the activity grew in popularity, CPL sought a suitable location in the Brisbane region and the Multihull Yacht Club at Manly accepted the challenge to participate in the venture. The group in company with Sailability Queensland sought support from local community groups with the result that Lions MacGregor, Lions Capalaba and the Wynnum Manly Rotary Club joined in to purchase three Hansa sailing dinghies so operations could begin.

The beginning was rather testing as there were many obstacles to overcome where people with little or limited mobility had to be placed into boats which then had to be launched into the waters of the Manly Harbour. An old boat trailer was subsequently modified for this operation, with an electric winch located on the shore used to launch and retrieve the boats as required. A person also had to be

stationed in the actual water during these movements to raise and lower the centreboard of the boats so they could access the trailer. This particular job was easily filled in the warmer months however it was not as popular when the weather was cold.

This sailing activity then quickly grew from five clients initially to some 30 within a short time and thoughts turned to the purchase of a yacht to accommodate the increasing numbers. A seven-metre Payne daysailer named Faith was subsequently purchased for this purpose, though it was still hard work changing people in and out of the dinghies using the trailer method.

It was not until 2010 that negotiations with the State Government resulted in a state-of-the-art pontoon being installed at the site that dramatically changed the way that people could be readily hoisted in and out of dinghies without their being taken from the water. This addition was a boon to disabled sailing at Manly Harbour and numbers of clients as well as volunteers increased accordingly, so that in recent times 70 to 80 people enjoy the feeling of being out on the water in a small boat on sailing days.

The anniversary of 20 years was recently celebrated at the same site, now held by the Darling Point Sailing Squadron, where more than 200



How dinghies were originally launched and retrieved. Photo: Supplied.

people attended in support of the Sailability Bayside operation. From this gathering, it is obvious that sailing for people with disability is assured into the future.

If you'd like more information about Sailability Bayside, email sailabilitybayside@gmail.com or visit sailabilitybayside.org.au.



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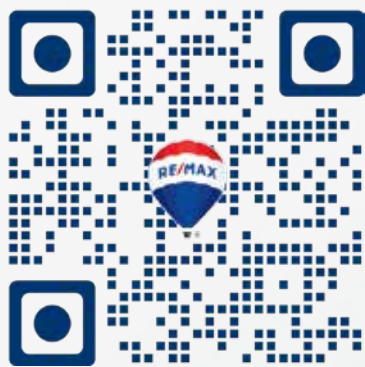
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