

The Community Leader

WE'RE ALL ABOUT GOOD NEWS

Bayside



GET READY FOR A TAIL-WAGGING AFFAIR: PUPS IN THE PARK RETURNS!

Get those tails wagging and mark your calendars because on May 26, the most 'pawsome' event of the year is back – Pups in the Park! Gather your furry friends and join us for a day filled with fun, laughter, and plenty of adorable moments, all while supporting two incredible causes – the Animal Welfare League QLD and the Bayside Community Fund.

Pups in the Park isn't just your average dog-friendly event; it's a celebration of our four-legged companions and a chance to make a real difference in the lives of animals in need. With every

wag of a tail and every playful bark, you'll be helping to raise vital funds for these fantastic organisations.

Come along to Elanora Park at Wynnum to see dazzling dances with dogs, breed displays, fun demonstrations showcasing the incredible talents of our canine friends, and plenty of activities you can enjoy alongside your pooch. And let's not forget about the array of stalls offering everything from handmade treats and stylish accessories to essential pet care products!

So, whether you're a proud pup parent, a dog enthusiast, or simply looking for a fun day out with the family, Pups in the Park is the event for you.

Don't miss this tail-wagging extravaganza! For more details and a full program of events, check out page 32.

Pictured: Miss Maggie of Manly, who will be at Pups in the Park, with Olivia from Lota.

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SAILING IDENTITY LYN HANLON RETIRES FROM DPSS

BY HARVEY SHORE

Lyn Hanlon, one of Queensland's best-known and loved sailing identities, has retired from the Darling Point Sailing Squadron (DPSS) after a life devoted to young sailors.

Lyn first began sailing as a toddler in a Sabot built by her father, George Stubbs.

George taught woodwork at the Darling Point Special School in the early '60s and trained students how to build Sabot sailing dinghies there. George was also a founding member of the Waterloo Bay Sailing Club, which later merged with the DPSS and moved to its current clubhouse beside the Coast Guard base on Norfolk Point in 1974.

Joining the club as a teenager, Lyn sailed Flying 11s and 16ft skiffs, until the clubhouse was taken over by the Multihull Yacht Club in the '90s.

Activities at the DPSS took a back seat until 2008 when the Multihull people approached some parents (whose children were sailing at the time) and asked them to reinstate dinghy and skiff sailing at the DPSS. It then sprang back to life, reclaimed its clubhouse, and has grown stronger ever since. Today, it includes both Multihull and Sailability.



Lyn Hanlon is retiring from the Darling Point Sailing Squadron Committee after 15 years.



Lyn Hanlon and a young Tacker, with Ozi Opti sailing dinghies. Photos: Supplied.

Lyn Hanlon joined the committee of the reinvigorated DPSS in 2008 and has been a leading committee figure ever since.

Starting from scratch, she and her committee made DPSS one of the premier sailing clubs in Queensland. They were the first club in the State to run Tackers Courses (a fun introductory learn-to-sail program for kids aged seven to 12 years) and have since introduced Junior Dolphins and Teen Dolphins programs for kids, sailing in Ozi Opti and

in RS Quest sailing dinghies. They've held international sailing events and hope to be involved in Olympic events in future.

Lyn has also run the club's Discover Sailing Centre since it began. "It's been hard work but rewarding," she said.

Now, after 15 years on the DPSS Committee, Lyn has retired. She plans to head off to the USA and Canada with her husband, Peter, and then visit Croatia and New Zealand.



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THE JOY OF DANCE: CANINE STARS TO PERFORM AT PUPS IN THE PARK!

BY CAROLINE STRAINIG

Dust off those dancing shoes because one of last year's most popular Pups in the Park performers will be back to delight, and you may not be able to resist dancing along!

Tingalpa-based Sharon Clark will lead two Dances With Dogs demonstrations and tricks at Pups in the Park on Sunday, May 26. After the second demonstration, Sharon will invite dog owners into the ring to try teaching their own dogs some simple tricks.

Sharon has trained several dogs to Australian championship level in Dances With Dogs, and this year will showcase new breathtaking routines with her two younger dogs, border collies Gift and Banjo.

Gift already has her Advanced title in Dances With Dogs and is competing for her championship title. The routine she and Sharon will perform – The Greatest Show – is scoring highly with judges. Banjo will perform his new ultra-fun novice-level routine, Runnin.

Sharon's oldest dog, Holly, another border collie, was semi-retired last year but may show off some advanced-level tricks if her health and cooler temperatures permit.

Seeing the connection between Sharon and her dogs as they perform a routine is really special. Sharon puts a whole series of amazing behaviours together to music in an artistic way. Her connection with Holly is even more impressive because Holly has been deaf for many years, and Sharon uses hand signals to communicate.

Sharon will be supported by fellow dog sports enthusiasts who compete in Dances With Dogs and Tricks, including Wynnum-based dog trainer Caroline Strainig from CLEAR Dog Training.

For scheduled times to watch Sharon and her friends perform, see page 33.

Pictured: Sharon Clark with her gorgeous older border collie, Holly. Photo from Pawsnap Photography.







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- Inspect the top of your cylinder for rust or corrosion.
- Pull the relief handles of your relief valves to ensure they discharge.
- Check the temperature with a thermometer and ensure it's at 50 degrees Celsius.
- Check the condition of the foam lagging on the pipework.

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KEEP AN EYE OUT FOR MORE TIPS, TRICKS, AND SPECIALS IN NEXT MONTH'S PAPER!



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Lord Mayor Adrian Schrinner

Cr Alex Givney

Councillor for Wynnum Manly Ward

A New Chapter for Wynnum Manly Ward

I extend my gratitude to the wonderful community of Wynnum Manly for entrusting me with the honour of serving as your new Councillor for the Wynnum Manly Ward. It is with great excitement that I step into this role, eager to advocate for our beloved Bayside within the Brisbane City Council.

My foremost commitment is to listen intently to our community, striving to take their suggestions and help steer them into tangible, sustainable projects that enhance our quality of life.

Last month, as we settled into our Council office at 212 Bay Terrace in Wynnum, I was humbled by the support and encouragement from visitors who welcomed me into my new role. I'm pleased to share that our office boasts a comfortable boardroom, accommodating up to 10 individuals. Community groups and small business owners are invited to utilise this space for meetings or gatherings. For bookings, please reach out to our team at 3403 2180. The boardroom is available during regular business hours and by appointment after hours, first in, first served.

Looking ahead, we look forward to launching a community e-newsletter, alongside a comprehensive website featuring a directory of community groups and an events calendar. These platforms will serve as vital resources for fostering community engagement and collaboration- watch this space.

As your Councillor, I am committed to spending ample time engaging with residents and stakeholders, working collaboratively to make the Bayside an even more vibrant, inclusive, and safe place to live, work, and play.

Thank you once again for your trust and support. Together, let's embark on this journey of positive change and progress for our beloved Wynnum Manly community.



Manly Pool – Winter Hours

Over summer, the Lord Mayor introduced his cost-of-living **\$2 Summer Dips** program. Here at the Manly Pool, there was a **35% increase in visits** compared to the previous summer which is a great success. As we enter the cooler part of the year, the Manly Pool are now operating under their winter hours. These are:

Mon – Fri 5:30am to 6pm

Saturday – 6am to 12pm

Sunday – 8am to 12pm



My Commitments

Over the last few months, I was pleased to announce a range of projects that I would deliver as the Councillor for Wynnum Manly. As I have now been sworn in, I am able to officially begin this work.

From new lighting to road upgrades and safety around schools, I look forward to working with you all to keep the Wynnum Manly Ward a great place to live, work and raise a family.

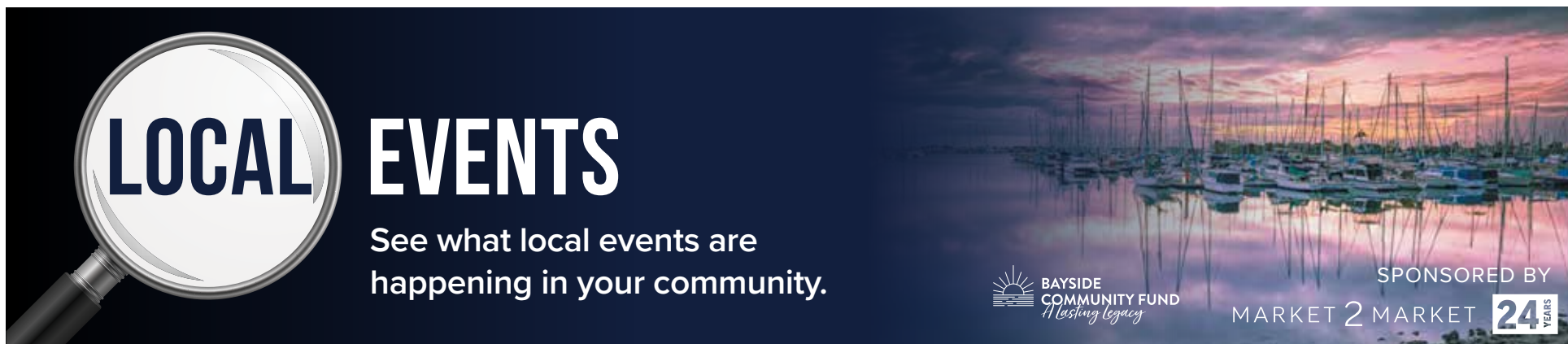


The Latest on Lindum

In February, Council held public information sessions about the Lindum Open Level Crossing Upgrade.

These sessions were well attended and it's clear the community are watching this project closely.

Right now, the final construction-ready design is just about complete. I will keep everyone updated as the project progresses.



If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

MOTHER'S DAY SOIREE



Saturday May 11, 2:00pm to 6:00pm, Bayside Event Centre, 70 Edith Street, Wynnum

Looking for a special Mother's Day gift? Why not buy your mum a ticket to an afternoon soiree that includes a glass of sparkling on arrival followed by a divine high-tea service, prizes and entertainment? Hosted by Social Mums Club in conjunction with Bayside Event Centre, this event is open to all females aged 13 and over (under 18s must be accompanied by an adult). For tickets and more details, scan the QR code:



CREATIVE WRITING WORKSHOP



Saturday May 18 from 10:30am to 1:30pm, Wynnum Community Centre, 105 Florence Street, Wynnum

Join Sarah Klenbort for a creative writing workshop that explores the fundamentals of excellent writing – from character, voice and themes to plot and story structure. Explore different genres and formats of writing, from short fiction to novels, memoirs and more. If you're working on a piece of writing, you are encouraged to bring it along. Sarah will also give a rundown of the Australian writing and publishing industry and what it means to be a writer. The workshop costs \$145, or \$125 for Wynnum Manly Arts Council members. Bookings are essential and can be made by phoning 0417 286 555 or emailing wmarts@tpg.com.au.

BAYSIDE WOMEN'S SOCIAL CLUB



Every Thursday from 10:30am to 12:30pm, Waterloo Bay Leisure Centre, 241 Tingal Road, Wynnum

Bayside Women's Social Club members meet weekly. The club offers social and educational interaction for women of all ages. Activities include lunches and bus trips, and guest speakers feature regularly to speak on a broad range of informative issues. For more information, contact Lyn Reid at 0402 247 379 or email baysidewomensclub@gmail.com.

MOTHER'S DAY BUFFET BREAKFAST



Sunday May 12, 8:00am to 10:00am, Wynnum Manly Leagues Club, Wondall Road, Manly West

Treat Mum to an all-you-can-eat Mother's Day breakfast buffet in the gorgeous Gabbiani Café at Wynnum Manly Leagues Club. There's something on the menu for everyone, including pastries, croissants, eggs, bacon, pancakes, fruit, and so much more! Prices are \$35 for adult club members or \$40 for non-members, \$17 for children aged five to 14, and \$10 for little ones four and under. Scan the QR code to book.



CHILDREN'S ACTIVITIES WITH DANNIKA PATTERSON



Sunday May 26, 10:00am to 3:00pm Pups in the Park, Bugs' Rugby Union grounds, Elanora Park, Wynnum

Local author Dannika Patterson is excited to continue her support of Pups in the Park for 2024, where she will be facilitating a range of free activities for children at her stall, themed around one of her popular picture books, *Hedgehog the Wonder Dog*.

From storytime sessions to an interactive dog breed guessing game (with prizes!), puppy crafts, colouring-in and dog collar decorating, all pups and their humans are welcome to pop in and share some canine-inspired fun and creativity with Dannika. Signed copies of Dannika's picture books will also be available for purchase on the day.

BAYSIDE DV CANDLELIGHT VIGIL 2024



Thursday May 9, from 5:30pm to 6:15pm, Pandanus Beach, Wynnum

Hosted by Joan Pease MP, the Bayside DV Candlelight Vigil is a community event that brings people together to take a stand against domestic and family violence in the bayside area.

May is Domestic and Family Violence (DFV) Awareness month, where we send a clear message: that DFV in families and homes will never be tolerated. People of all ages are invited to attend, where they will hear from guest speakers and survivors of DFV by the light of hundreds of candles.

Register for free by scanning the QR code:



AMPOL ROTARY FAMILY FUN DAY: A FREE CELEBRATION FOR ALL

FROM THE ROTARY CLUB OF WYNNUM AND MANLY

The Rotary Club of Wynnum and Manly, in partnership with Ampol, is thrilled to invite the community to the annual Ampol Rotary Family Fun Day. This free event will be held on Sunday, June 9th, 2024, from 10:00am to 2:00pm at George Clayton Park (near the bandstand on Lower Esplanade, Wynnum).

Designed as a perfect day out for families, the Ampol Rotary Family Fun Day offers a mix of entertainment, learning opportunities, and fun to promote safety within our local area. The event seeks to unite the community for a day filled with joy and valuable information, focusing on efforts to curb crime and violence and enhance overall safety through education and the provision of resources.

Attendees can look forward to an array of free activities and treats, including a jumping castle, magic shows, juggling acts, face painting, petting zoos, a balloon artist, traditional games like tug-of-war, various races, and arts and crafts for children. The event also includes a free sausage sizzle, fresh fruit, and popcorn.

A highlight of the day will be a four-hour musical extravaganza featuring two performances by Amber Lawrence, the celebrated multi-Golden Guitar winner and 2023 Female Vocalist of the Year.

The generosity of local service organisations and support agencies and the invaluable assistance of our local Fire, Ambulance, and Police services make this day possible.

“Initiating our Family Fun Day as a way to combine fun with access to crucial safety information represents a significant step toward maintaining a vigilant and secure community,” explained Les Louis, President of the Wynnum and Manly Rotary Club. “Attracting over 3,000 attendees in past years, we’re eager to welcome the community again to a day that promises enjoyment for all ages.”

Come along for a day of free fun, entertainment, and education, celebrating community spirit and safety awareness.



Photos: Supplied.

GEORGE CLAYTON PARK
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AMPOL ROTARY FAMILY FUN DAY

SUNDAY 9TH JUNE
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EVENT



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THANK YOU!

CHEERS TO FOUR YEARS OF THE COMMUNITY LEADER!

Four years ago, the first issue of The Community Leader came off the press. We were in the thick of Covid, the world was an uncertain place, and we figured everyone could use some good news.

Thank you to the advertisers who have been with us from our first issue, along with those who came on board later to show their support, and to our readers from near and far.

Thank you to state MP Joan Pease, federal MP Ross Vasta, along with former local councillors Peter Cumming and Sara Whitmee,

who have supported the idea of a community-driven newspaper. Thank you to Wynnum Manly Ward's new councillor, Alex Givney, for continuing the local government page that keeps our community connected. And thank you to our contributors who make The Community Leader an authentic reflection of our diverse bayside community.

The continued success of this friendly local publication is due to you, and as a (very) small local business, we appreciate your support.



THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



SOME FUN EVENTS COMING UP!

We all know the Bayside is one of the liveliest communities within Brisbane. Thank you to all the locals who sew into our area by planning events for us all to enjoy! Might I say, we have some exciting ones coming up this month...

A Sunday morning out with the community, raising money for a great cause and getting some vitamin D, is a Sunday well spent in my book! Richie's Rainbows annual "Walk the Bay for Richie" Fun Run is happening on the 26th of May. Participants can either walk or run the 5km to 10km routes along Lota, Wynnum and Manly Bay at 10:30am (registrations are \$25 and open at 9:00am). There will be food trucks, entertainment, and great prizes on the day!

We also have Pups in the Park coming up! This event is as fun as the name suggests, and a great day out for the whole family – even our 'furbabies'. Locals can bring their K-9 companions down to Elanora Park from 10am until 3pm, also on Sunday the 26th of May, for obedience, dancing with dogs, and the best-dressed pooch parade! Thank you to the Bayside Community Fund for organising Pups in the Park.



CONGRATULATIONS COUNCILLORS ALEX AND LISA!

What a fantastic result for the Bayside, at the recent Brisbane City Council election. Councillors Alex Givney and Lisa Atwood have officially been sworn in as the elected representatives for Wynnum-Manly and Doboy Wards respectively! We are so lucky to have two accomplished community leaders standing up for us in the council with Lord Mayor Adrian Schrinner.

Congratulations to Alex on officially being named the new Councillor for Wynnum Manly Ward, and to Lisa and her team for retaining Doboy Ward (with an even greater margin). I applaud both women for having conducted themselves with integrity and positivity throughout their entire campaigns. Well done Alex and Lisa!

I am so excited to be working with the councillors on many exciting projects in the future. This is a game-changer for the Bayside!

PROTECTING OUR LOCAL ENVIRONMENT

Oz Fish is a Bonner organisation making a great contribution to our local environment. With a crew based on Moreton Island, many of their projects are seen from below sea level. It has been great to chat with the team about their 'Shellfish Reef Restoration' project. Did you know that every recycled oyster shell will provide a home for as many as 10 baby oysters? Wow!

Oz Fish collects shells from businesses and restaurants across Brisbane, and packages them into Robust Oyster Baskets (ROBs). I was able to secure funding for OzFish to build an oyster speed washer – to speed up the work previously done by hand. This has allowed the team to work more efficiently. Since starting the ROBs project, Oz Fish has been able to place 3000 ROBs in the bay!





Maggie's Mates



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Name: Muppet Strauss.

Suburb: Wynnum/Manly.

How long have you lived here? For 13 years.

What's your favourite local activity? Walking along the Wynnum/Manly foreshore (as I believe I own it).

Your most treasured toy: My fluffy BBQ (which I just destroyed) and my squeaky pig.

What's your favourite food? Pierre's chicken (my grandparents allow me to indulge in this treat – skin off of course!) and prawns.

What is your worst habit? Small dog syndrome (there's nothing like taking on a Great Dane).

What is your favourite local hangout? The Manly Boathouse.

Who is your best doggo friend? My cousin Louie (it might be a love/hate friendship) and my new cat friend Blizz (also a love/hate friendship).

Do you have any funny or embarrassing stories you'd like to share? I have a habit of finding just the right spot to go to the toilet right where my mummy wishes I wouldn't. One particular day I decided I would grace a group of people sitting at a picnic table with my presence. I squatted right next to their table just as they were opening up their fish 'n' chips. My mummy didn't realise until it was too late to pull me away! Oops!

What do people love most about you? My ability to make people laugh even when I am not trying.



Name: Hi, my name is Angus.

Suburb: I'm from Manly West.

How long have you lived there? I have lived in Manly West for two years.

What's your favourite local activity? Walking along Kamarin Street at Manly West.

Your most treasured toy: "Sheepy", my plush toy.

What's your favourite food? I really love Weet-bix with milk.

What is your worst habit? Sleeping on my people's pillows and drinking the pool water!

What is your favourite local hangout? It would have to be Lota dog park.

Who is your best doggo friend? Any dog that wants to play!

Do you have any funny or embarrassing stories you'd like to share? I get so excited when people are in the pool that I fall in.

What do people love most about you? I am so cute!





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MISS MAGGIE OF MANLY



ALL ABOUT DENTAL DISEASE IN CATS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Diseases of the teeth and gums are common in cats with some studies suggesting that as many as 90% of cats over four years of age suffer from some degree of dental disease.

SIGNS OF DENTAL DISEASE

The clinical signs of dental disease vary depending on the severity of the condition but can include:

- Swelling, redness and oral pain
- Bleeding gums
- Increased salivation
- Bad breath
- Avoiding hard foods
- Turning the head to one side when chewing
- Rubbing the mouth/face
- Inappetence

TYPES OF DENTAL DISEASE

There are three common types of dental disease in cats:

- 1. Gingivitis**
Gingivitis is inflammation of the gums as a result of plaque and bacteria accumulating on the teeth.
- 2. Periodontitis**
Untreated gingivitis can progress to periodontitis which is when the tissues attaching the tooth to the gums and bone become weakened. This can lead to tooth loss.
- 3. Tooth resorption**
Tooth resorption occurs when the structure of the tooth breaks down – this begins with the

tissues inside the tooth and progresses to the loss of enamel. Teeth may fracture, resulting in large enamel defects which can be very painful.

PREVENTING DENTAL DISEASE

Good dental hygiene is important for maintaining your cat's health.

- Some cats will tolerate brushing – daily brushing of the teeth and gums with an appropriate brush and pet friendly toothpaste will reduce the development of plaque on the teeth.
- Providing regular opportunities to chew with specialised dental diets, dental treats and



chews will help reduce plaque buildup. Have a chat with your vet about the best choices for your cat.

- Regular vet checks can help to diagnose and address dental issues as they occur.

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JOAN PEASE'S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON



LINDUM STATION ACCESSIBILITY UPGRADE

Baysiders, the Lindum Station Accessibility Upgrade is full steam ahead. Lindum Station has now closed to the public to build new platforms, a new footbridge with lift access and many other outstanding accessibility features.

Queensland Rail have advised me that the construction team has been working hard this month on demolishing parts of the existing platform and the old footbridge, and are currently installing foundations and pilings, clearing vegetation and conducting geotechnical surveys. I am advised that the new platform construction will commence later this month.

I am excited to continue keeping Baysiders updated on the station works!



ENERGY BILL RELIEF

Baysiders – don't forget to check your electricity bill, you could be making big savings!

All Queenslanders have received an automatic \$550 off their bills, with pension and concession card holders receiving an even bigger rebate of \$1072.

This relief is great news for Baysiders and their families in helping to ease cost of living pressures.

If you have any questions about the rebate, please contact your electricity supplier.



THIS MONTH ON THE PEASE PODCAST

In this episode of the Pease Podcast, I talk about everything good news with The Community Leader's Damien Lugg.

Damien Lugg is the Director of Market to Market Communications, better known to locals as the publisher of this newspaper, The Community Leader.

Tune in on Apple Podcasts, Spotify or YouTube to learn more about Damien's extensive experience in publishing and media, and how he is restoring access to independent publishing, one story at a time. Simply search 'The Pease Podcast'.

IMPROVING WOMENS' HEALTH

As a female, a mother and a strong advocate for women, I am very excited to announce that the Queensland Government is making it possible for hormonal contraception to be prescribed by appropriately trained community pharmacists.

Women and girls aged 16 and older will be able to access a range of hormonal contraceptives through their local pharmacy.

Pharmacists will be required to complete additional clinical training to provide this service, which will be made available to pharmacists in the coming months.

This initiative will ease the burden on GPs, freeing up appointments for Baysiders.

The service is expected to be available from July 2024.

NEW WOMEN AND GIRLS' HEALTH STRATEGY

I am very excited to announce that the Miles Labor Government is delivering a brand new \$1 billion Women and Girls' Health Strategy.

Almost 12,000 Queenslanders shared their experiences and suggestions on how to improve the health of women and girls, including in areas of mental health and wellbeing, chronic health conditions such as endometriosis and pelvic pain, maternity care for mums and bubs, and sexual and reproductive health.

Baysiders can visit my website at www.joanpease.com to read more about the new Strategy.

JoanPease MP | State Member
for Lytton



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JoanForLytton



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VIBRANT COMMUNITY INITIATIVES DRIVEN BY MANLY'S CHAMBER OF COMMERCE

BY JANELLE BOSTOCK, PRECINCT COORDINATOR

The Manly Harbour Village Chamber of Commerce (MHVCO) is a not-for-profit incorporated entity operated by a committee of local business and property owners interested in developing the precinct and providing opportunities for businesses to collaborate and grow. The Chamber promotes the precinct as a Queensland leisure destination and organises various events throughout the year to attract visitors.

The Jan Powers Farmers Markets are held on the first and third Saturdays of the month, and on the first Saturday of the month, there are free Movies in the Park, starting at sunset. The Manly Creative Markets are held every Sunday. All three events are held in Little Bayside Park, Manly.

The Chamber takes a holistic approach to its mission through various initiatives and recurring events in the local community. This includes hosting regular trader networking events and business breakfasts. We collaborate with local schools and businesses to host our community events.

On 16 April, we hosted the inaugural Medical and Allied Health networking evening for the Wynnum/Manly area. This initiative was planned by Jessica Nguyen of Manly Village Compounding Pharmacy.

"I planned this event to be able to meet other like-minded health professionals in our community," explains Jessica.

"In our pharmacy, we have about 200 customers come through our

door every day. As the most accessible healthcare professionals, pharmacists are often the first point of call for advice. In my day-to-day work as a pharmacist, the questions I get asked the most are for referrals: 'Should I see a doctor about this? Can you recommend a physio that specialises in neck pain? Do you know a podiatrist who can visit my mum at home? Do you know a dietician that doesn't focus on weight?' By directing patients to the right health professionals for that person, it not only helps me as a pharmacist build rapport and trust, it improves patient care and outcomes."

We would like to thank our generous sponsors – AFT Pharmaceuticals, Yield Advisory, Manly Village Compounding Pharmacy and The Consortium Qld – for making the evening possible.



Photography by Steve Krige Photography.

UPCOMING CHAMBER EVENTS

14 MAY

Trader Networking night hosted by Freedom Boat Club (Brisbane) at East Coast Marina. Join us for a great night of meeting fellow traders and catching up on the latest information in the Village. This will be a great opportunity to meet and chat with other business owners, local government representatives, and others.

7 JUNE

Business Breakfast at RQYS with guest presenter Tanya Titman, Chief Digital and Innovation Partner at BDO in Australia.

Tanya will discuss AI and digital transformation. AI and changing technologies are impacting businesses of all sizes and industries.

Our business breakfasts are practical and hands-on, run workshop-style and not a talk fest. So, please, any questions or topics you would like covered at the breakfast, email them through to the Chamber.





LOCAL GARDENING WITH KAT

CAMMA CAMMA CAMELLIA

BY KAT PEARSON, *GIRL IN THE GREEN*

As I write, camellias are just starting to bloom. Soft petals open sporadically across plants, heralding the profusion that should be well underway by the time you're reading this!

There are hundreds of camellia species, but as with many plants, a few have taken out the top spots as our horticultural go-to's, and one is even a culinary go-to. Yep, our humble cup of tea comes from a camellia plant (*Camellia sinensis*). The fresh shoots are harvested, wilted, and dried. The longer the leaves are allowed to oxidize, the darker the tea (from green to black).

Camellias originally came from the Orient, particularly Japan and China, but also extend into other regions. Both Japanese and Chinese cultures hold the camellia in high regard, and they hold special places in temples and religious practices. In Yunnan Province (China), there are many ancient camellia plants (mostly *C. reticulata*), some dating back to the 1300s – that's over 600 years old! In Japan, camellia oil is highly regarded and is said to have been used by geishas to maintain their perfect skin and silken hair. It's still a popular skincare product today (maybe I should look into that!).

Camellia blooms come in all shapes and sizes, ranging in colour from whites and pale yellows to pinks and reds. Flowers can be small and single or big blousy doubles. While the big doubles are the most elegant and probably my favourite, don't forget that all your pollinators prefer open flowers so they can get to the good stuff!

Our popular ornamental species, *C. sasanqua* and *C. japonica*, flower across autumn through to early spring, with the former starting first and the latter blooming later. While camellias are generally known for being shade lovers, *C. sasanqua* can take quite a lot of sun once established, but it's best to read the tag and get some advice from your local nursery as hybridization has blurred the boundaries a little.

ABOUT KAT

I love gardening, and growing my own food and plants in general. I've been working on our current garden in subtropical Brisbane for the last five years but have been gardening for much longer in all sorts of places. I'm an ex-engineer, recently turned horticulturist (life's too short not to work in something you love!). I grow edibles and ornamentals in an often wild, rambling jungle, filled with birds and bugs, including a handful of pet chooks and a dog (though to be honest you're more likely to find him inside on the couch). Find out more at www.girlinthegreen.com.au.



Photos: Kat Pearson

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A NEW SHINGLES VACCINE IS NOW AVAILABLE

BY DR MARIA NICOLAOU, MANLY VILLAGE MEDICAL

In November 2023, a highly effective shingles vaccine named Shingrix became free for people aged 65 and over, Aboriginal and Torres Strait Islander people aged 50 and over, and some people with severely weakened immune systems.

One in three Australians will get shingles in their lifetime, and the risk increases with age. Shingles presents with a blistering rash and can cause complications such as blindness, hearing problems and pain that can last for months. Whilst Shingrix is only free for certain people, it is recommended for all adults over the age of 50 and for people living in the same household as someone with a weakened immune system.

Having had chicken pox in the past does not protect you from shingles. If you've had shingles, Shingrix is still recommended, but you must wait 12 months between the shingles infection and the vaccine.

Prior to November 2023, the vaccine Zostavax was given for free to those over 70 and other eligible people. If you had Zostavax over 12 months ago, you can be re-immunised with Shingrix. In this instance you will have to pay privately for Shingrix, unless it has been five or more years since you received the free Zostavax.

Shingrix can be given at the same time as influenza and COVID vaccines. A second dose is required, usually two to six months later.





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MEN'S SHED MEMBERS FIND THEIR GROOVE FOR MENTAL HEALTH

BY DON SMITH, WYNNUM MANLY AND DISTRICT MEN'S SHED

The Wynnum Manly and District Men's Shed recognises and encourages music in many forms. It remains synonymous with improving mental health by bringing joy to the human heart and lifting flagging spirits.

Jam sessions are popular at the Men's Shed, not only because they allow players to play together, but also because they are a good method for improving skills and giving players an opportunity to perform in a group situation.

With our fantastic machinery, some skilful members choose to make their own instruments, and experienced guitar makers are always willing to assist and pass on their knowledge to those setting out on this intricate adventure.

One talented member, an ex-drummer, made a drum kit out of boxes and suitcases to play with the band – an exercise of pure genius!

The Shed also has an extensive DVD and CD collection, so members can swap their CDs to maintain an endless supply of new music to gladden their hearts.

At the Men's Shed, music truly is food for the soul, and a healthy option for contentment and peace of mind.



Wynnum Manly Men's Shed members making music. Photo: Supplied.



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A PIECE OF HISTORY: HOW WATER CAME TO WYNNUM

BY JILL GREENHILL, WYNNUM MANLY HISTORICAL SOCIETY

Rainwater fell in creeks, was collected in dams, and was captured in wells in the early days of settlement. Horse-drawn trucks delivered water to citizens before each house had a rainwater tank.

In November 1919, an agreement was made with the Wynnum Town Council and the Queensland Government to fill a reservoir on Roles Hill from the Somerset Dam through the Brisbane Water mains for £25,000. The building of the first reservoir began in 1921. On 31 March 1921, the first tap in the original reticulated water system in the principal streets of Wynnum was turned on.

The Roles Hill No 1 Reservoir is the original reservoir and is an in-ground reinforced concrete reservoir both above and below ground, mostly above ground, with landscaped stepped embankments. If you walk down to No.30 Preston Road, you'll see a set of steps. Mount the steps. A flat lawn is at the top, with four vent pipes. This is the roof of the reservoir. Only the top edges of the side wall are visible on Preston Road (NE), and the NW sides of these edges are concealed by a porphyry retaining wall.

At the top of the steps to the left, there is the remains of a "Roles Hill" sign, now partly obscured by vegetation.



The well in Florence Street, early 1900s. All photos supplied.

Why Roles Hill?

Herbert William Roles was a schoolteacher at the old Normal School, Edward Street, Brisbane. He left teaching to join the firm of Smellie & Co, Engineers. Later, with a few friends, he founded the Engineers Supply Company of Australia. He built a large house for his parents and himself at Belmont. In 1906, when he purchased eight acres of land on the heights of Manly from Mr Connolly, the station master, for £150, he is said to have moved the family home to this location.

In 1919, the Wynnum Town Council Water Board purchased three acres of Mr Roles' land for a water reserve. Four large tanks now stand on the site as the district's population grew. The prime use of the towers, as well as water storage, is as a booster for reticulation, being built on the highest area in the district.



Steps from Preston Road to top of Roles Hill No. 1 Reservoir.



Cleaning out Roles Hill No. 1 Reservoir in 1969.

The old house from Belmont, "Burwells," was relocated to the two acres that remained and the house still stands on the corner of Preston and Manly Roads. Herbert Roles lived there until his death on 11 February 1953.



Part of sign "Hill" buried in vegetation.

This No.1 underground reservoir was cleaned out every year or so. The water was let run out. The silt that had settled on the floor of the Reservoir was hosed away along channels in the floor, as seen in the June 1969 picture.

The smaller elevated metal water tank, Manly No.1 Tank (now covered with the Wynnum Manly logo), opened in 1953. Roles Hill No. 2 Reservoir, a large concrete above-ground tank with a pumping station, opened in 1970. Close by, on Preston Road, stands the original Turncock's Cottage.

Wynnum Manly Historical Society's resource centre is located at room 1.08, 105 Florence Street Wynnum, and is open weekdays from 10.00am to midday.



"Burwells" today.

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MARGARET REDFERN RECOGNISED FOR 40 YEARS OF VOLUNTEERING

FROM THE WBLC VOLUNTEERS

At the Easter concert featuring former Wickety Wak member Robbie Rosenlund, Waterloo Bay Leisure Centre (WBLC) honoured one of its longest-serving volunteers.

In 1984, Margaret Redfern walked into WBLC and registered her name as a volunteer. At the time, WBLC was known as the Waterloo Bay 50s and Over Leisure Centre, and Margaret was not old enough to be a member.

Margaret has continuously been a much-valued member of our team of volunteers, has served on the management committee, has been the office manager, and has assisted in many other areas over the years. If you've bought a date loaf at our Shire Clerk's Cottage Market, it would have been baked by Margaret.

WBLC has been operating for 46 years and is run entirely by volunteers, and we are always happy to welcome any newbies.

Pictured: Margaret Redfern celebrates 40 years of volunteering this year. Photo: Supplied



FREE MENB VACCINES NOW AVAILABLE FOR SCHOOL STUDENTS

FROM JOAN PEASE MP

The MenB vaccine is now available for bayside Year 10 students and infants. Bayside families can get their children vaccinated for free at medical centres, child and community health facilities, hospitals, university health services and Aboriginal medical services.

In addition, Moreton Bay Boys' College, Wynnum State High School, and Brisbane Bayside State College are scheduled to provide clinics later this year.

This is a great initiative aimed at keeping our young baysiders healthy.



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COMMUNITY SPORTING CLUB PROFILE: BAYSIDE UNITED FOOTBALL CLUB

CONTRIBUTED BY CLEONE, BAYSIDE UNITED FOOTBALL CLUB

Bayside United Football Club is a small club located in the heart of Lota. Established in 1974, the club will celebrate its 50th anniversary in July this year.



In the lead-up to its anniversary, the club, led by new President Andrew Dale, has conducted extensive research to understand how it can better benefit our local community. This has influenced several changes.

“Bayside United understands that a local sports club in a small community can be a powerful way to come together and feel a sense of belonging and wellbeing,” said Club Vice President Kristen Barnes.

“It is increasingly important for children and adults to have a place where they can connect, learn new skills, and focus on their overall health and wellbeing.”

Consistent with this philosophy, Bayside United will host several events throughout the football season to celebrate participation in sport and enhance the wellbeing of its players. These include a 50th-anniversary celebration in June/July for Life Members and a very special visit by Libby Trickett and Georgie Trickett from Play On Media to coincide with Female Football Week on Wednesday, May 8.

Libby Trickett (nee Lenton) is a retired Australian swimmer. She is a seven-time Olympic gold medallist, motivational speaker, yoga teacher, mum of four, and co-founder of Play On Media. Libby has clocked thousands of hours training, travelling, and competing, and through her speaking engagements, shares this experience, which is helpful to parents and children involved in sports.

Georgie is a health professional, kids’ coach, mum of three, and co-founder of Play-On Media. She’s a classic all-rounder who loves making sport accessible for all and firmly believes that sport, in all its beautiful forms,



Photo: Supplied.

is one of the best public health initiatives around. Libby and Georgie are passionate about children playing and staying in sports.

Bayside United would like to extend a warm invitation to all to hear Libby and Georgie speak. An Evening with Libby and Georgie Trickett is on Wednesday May 8, 5:15pm arrival for 6:00pm start. The cost is \$20 for adults and \$10 for children. Discounts apply for members of Bayside United. Bookings can be made through the club website, baysideunited.com.au.

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RE/MAX Advantage bids big at charity auction

FROM RE/MAX ADVANTAGE

Make-A-Wish® Australia was a winner at the RE/MAX Australia annual awards gala held at the Sofitel Brisbane. The charity initiative is a highlight of the night, raising money for the network's partner charity. This year, it returned to the popular live auction format.

Auctioneer Dene Tucker led from the stage to motivate the 500-plus crowd to some spirited bidding and raise an outstanding \$17,100.

With three excellent auction items, Mr Tucker began with the silver Apple iPad (9th Generation), which had been kindly donated by RE/MAX's preferred partner, First Focus.

Second up was a BlinkPlus video production package featuring 20 Blink Plus video credits, a DJI Osmo Mobile SE Gimbal, and a choice of in-person training on the Sunshine Coast or virtual training for those outside Queensland. Jarryd and Ryan Fisher, RE/MAX Aspire, claimed the prize.

Then the big one... SOLD to Travis Gill, RE/MAX Advantage, with an incredibly heart-warming winning bid of \$13,000: an opportunity to grant a Make-A-Wish wish, plus a group balloon flight.

"Giving back to the community and those going through tough times has always been a cornerstone of RE/MAX Advantage's philosophy. Make-A-Wish Australia is a charity that is close to our hearts personally, and being able to support a child's wish to come true fills our hearts with joy," says Travis Gill, Director of RE/MAX Advantage.



Photo: Supplied.

RE/MAX Australia has been donating to Make-A-Wish since 2012 to help grant the wishes of children with life-threatening illnesses, with RE/MAX offices individually and collectively working throughout the year toward achieving an annual goal for the charity.

Through the generosity of the network, the amount raised at the awards gala exceeded the value of the auction items.

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LOCAL POETRY

THE GREEN SOFA

BY GEOFF SMILEY

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to be put in a favoured place.

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for entertaining visitors
and for watching TV.
It was where their first child
was conceived.

As children were born
the family enjoyed its comfort;
crowded on the furniture
that nurtured them.

But life moves on
and the green sofa,
overshadowed by fashion
and loving wear,
had no function.

Like with an aging pet,
they were reluctant to act.
Resolved though by the
Council rubbish collection.

The decision was made and
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Now with arms outstretched
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Rejected
even by the scavenger beat.

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The Community Leader's distribution partner is looking for walkers to get involved with the paper's home delivery in the bayside and Redlands areas each month. It's a fantastic opportunity to earn extra money while keeping fit and supporting your local community. Find out more about how you can get involved by calling Damien at 0421 786 302.



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JUNE BOOKINGS

- Community editorial 13th of May or earlier
- Advertising cut off 20th of May
- Distribution 1st of June
- Bookings are for a minimum of 3 months and space is limited
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SPORTY BY NATURE: WOMEN'S MOUNTAIN BIKING COURSE

CONTRIBUTED BY RATS (RACING, ADVOCACY, TRAILCARE, SOCIAL)

RATS Cycling Club's women's subcommittee is again offering a mountain biking ladies' beginners course to promote the joy of riding bikes in nature, exploring bushland, and improving health.

Partly subsidised by profit from the club's annual Chicks in the Sticks race, the course – on May 19 and 26 – is delivered by professional coaches in a supportive and encouraging environment.

The two by two-hour sessions, at Underwood Park, Priestdale, are held on a grass oval and the beginner riding trails at Daisy Hill Conservation Park, where riders are guided through the basics, from proper technique to navigating more challenging terrain.

"These popular courses flow into our RATS Chicks Ride program, which offers weekly social rides for women and a monthly beginner social ride," coordinator Christine McKay says.

"After five years of running the program, we know the system works in encouraging more women on more bikes, more often. This fits well as the participants begin joining into the club's areas of Racing, Advocacy, Trailcare, Social – the RATS in our name."

Addressing a significant barrier to entry to even just trying mountain biking, RATS Cycling has 10 hire bikes available for use with this course. For more information, visit facebook.com/RATSchicksride.



Photo: Supplied.

Do you have a Community Project that needs funding?



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EVENT SCHEDULE

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10.45 - 11.00
DOG OBEDIENCE WITH AWARD-WINNER CAROLINE STRAINIG FROM CLEAR DOG TRAINING

11.15 - 11.30
DANCES WITH DOGS WITH AWARD-WINNER SHARON CLARK

11.45 - 12.00
DOG & OWNER YOGA STRETCH WITH BODY FIT & FLEX PILATES STUDIO

12.15 - 12.30
GET TO KNOW YOUR BREED – BEAGLES, BORDER COLLIES, CHIHUAHUAS AND MORE

1.00 - 1.15
MENTAL HEALTH BENEFITS OF OWNING DOGS WITH LACI CHRISTIAEN, HEART OF GOLD CONSULTANCY

1.30 - 2.30
LET THE GAMES BEGIN! IT'S COMPETITION TIME.

DOG & SPOON RACE
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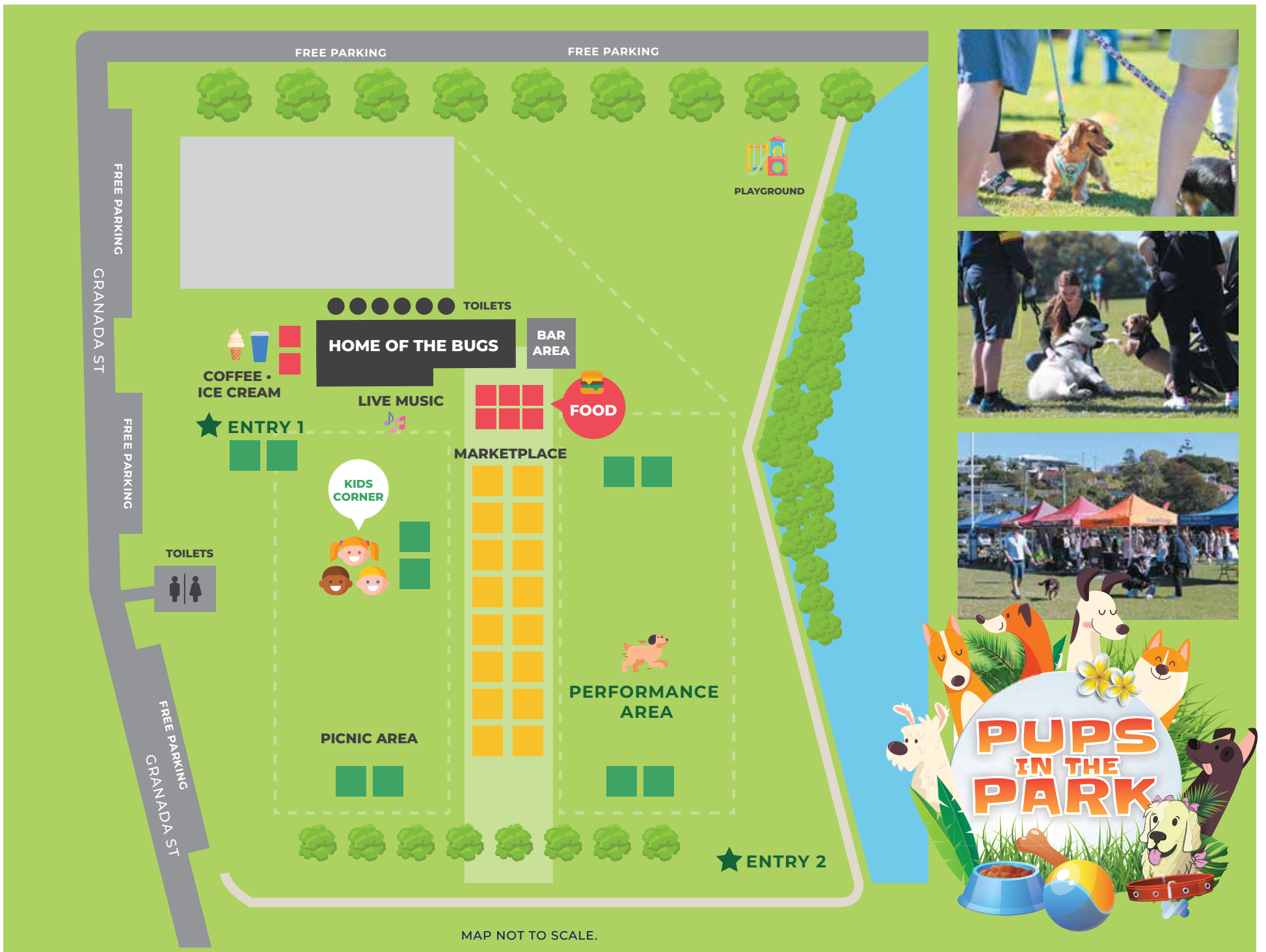
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* All funds raised on the day will go to Animal Welfare League QLD and the Bayside Community Fund.

Schedule may be subject to change on the day of the event.



The Bayside Community Fund would like to thank our Pups in the Park event sponsors for their support.



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RICH HISTORY ON DISPLAY AT WYNNUM'S AMBULANCE MUSEUM

CONTRIBUTED BY QUEENSLAND AMBULANCE SERVICE

Have you ever wondered what people in the bayside area used to do in an emergency a century ago?

Queensland Ambulance Service's Wynnum Heritage Museum opened its doors on Sunday 7 April, to show off its historic collection of weird and wonderful items big and small, delighting all who took advantage of the free event.

QAS Heritage and History Manager Mick Davis said the QAS began as the City Ambulance Transport Brigade in September 1892 and was renamed the Queensland Ambulance Service Transport Brigade before its most recent rebrand to become the Queensland Ambulance Service in the 1990s.

"There is always plenty to see as our museum tells the story of 132 years of ambulance service in Queensland and one of our big drawcards is a stable of historic vehicles including the ambulance that featured in Boy Swallowed Universe which has become locally famous," Mick said.

"Also on show were our odd and quirky pieces of ambulance equipment from the past, uniforms, rooms set up as they were in their eras – long before smart devices – and historical photographs, and many other things too.

"The little ones enjoyed pretending to drive our mini ambulance called Axel, our horse and cart used before cars were readily available, and the sausage sizzle was also a hit."

Mick said this largely volunteer-staffed museum is one of three in the state responsible for recording the QAS's rich history.

"Our Open Days are always a great opportunity to have our history all out on display, so if you haven't been here before, bring your kids and grandparents along – we've got plenty to entertain everyone," Mick said.

The next Open Day will be held on June 23, 2024.



Photos: Supplied.



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LOADED GOURMET HOT DOGS RECIPE

One of our favourite May events is Pups in the Park, so in honour of that, we're giving you some inspiration to create your hot dog this month. You probably don't need a recipe for this, but use it as inspiration to create your perfect hot dog! It's easy and fun, and you can add any of your favourite toppings and be as creative as you like.

INGREDIENTS

- A hot dog bun for each person (or two)
- A dash of olive oil
- Butter
- A beef or pork hot dog for each person
- Shredded cheddar cheese – the more the merrier!
- Onion cut into fine rings – fresh or fried
- Chopped tomatoes
- Jalapeños
- Chopped and cooked crispy bacon
- Lettuce
- Tomato sauce, mustard, and any other tangy dressings you like
- Optional extras: sauerkraut, relish, pickles, avocado, finely sliced spring onion, parsley.

METHOD

1. First, cook your hot dogs. Preheat a frypan with the olive oil to medium-high heat. Fry the hot dogs until they are nicely browned and cooked through (about five to seven minutes), turning occasionally. You can also gently boil your hot dogs on the stovetop to cook through if you prefer.
2. While the hot dogs are cooking, prepare your toppings. Letting everyone add their toppings is fun, so assemble each ingredient in small bowls.
3. Butter your bun. Place each hot dog in a bun, and while it's hot, add a generous amount of shredded cheese on top of each hot dog. Then, layer the onions, lettuce, tomatoes, jalapeños and crispy bacon. Finish with a drizzle of tomato sauce, mustard, and any of your must-have condiments.



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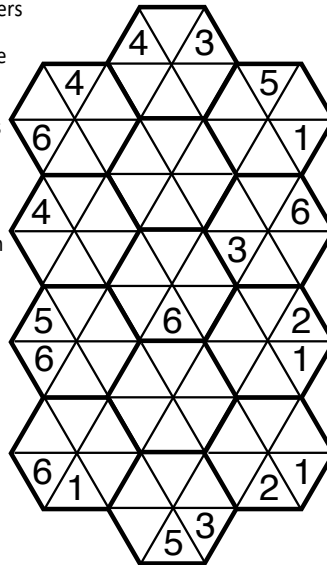
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

								8
		1		6		7		5
		4	2	7		3		
				5		2		
	3							7
1	2							3
4	1				6			
5			8					
		6				5	8	1

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



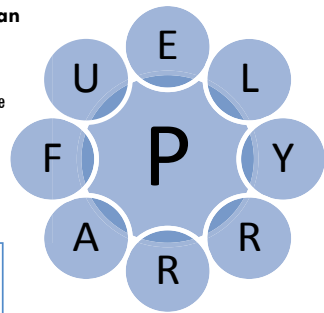
Crossword

1		2		3		4		5		6		7
				8		9						
										11		12
13												
						15						
16	17		18					19		20		21
				22	23		24			25		
				26				27	28			
29		30					31					
32										33	34	35
								36	37		38	
39			40				41		42			
							44					
									45			
46											47	

Focus An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S Good: 14 words
 FOCUS Very good: 23 words
 Excellent: 36 words



Reference: Macquarie Concise Dictionary
 Focus No. 3881

ACROSS

- 1 Moves to and fro
- 4 Interpret
- 8 Pronoun
- 10 Oily fruit
- 11 Water storage
- 13 Implore
- 14 Requiring
- 15 Slender support
- 16 Table-shaped hill
- 19 Differing printing
- 22 Drive forward
- 25 Send money
- 26 Of sound mind
- 27 Observed
- 29 Spirited mount
- 31 Opposed
- 32 Continue despite opposition
- 33 Neat
- 36 Annoying child

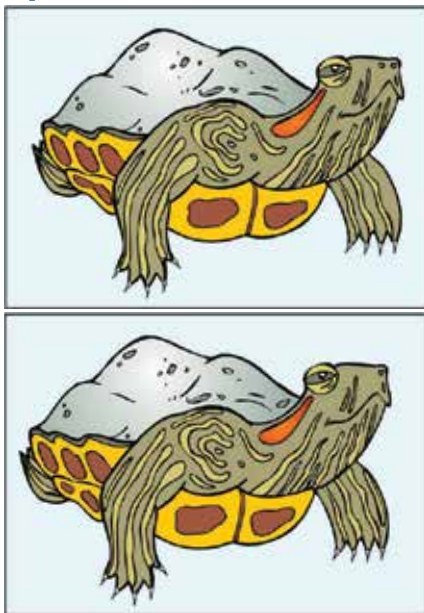
DOWN

- 1 Buy back
- 2 Desert plant
- 3 Footwear
- 4 Hackneyed
- 5 Prayer ending
- 6 Burden
- 7 Tastefully fine
- 9 High spirits
- 11 Longings
- 12 Musical note
- 17 Select group
- 18 Church recesses

OTHERWISE

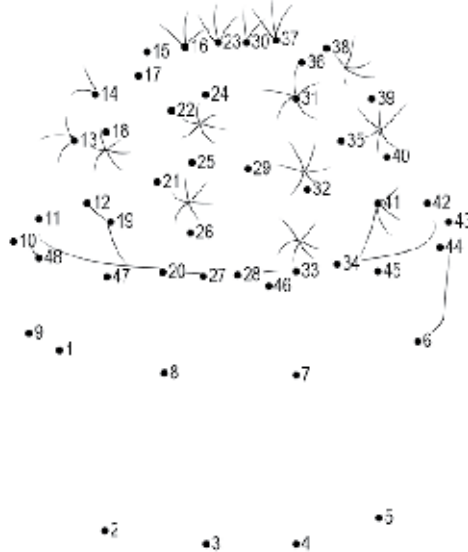
- 20 Dogma
- 21 Lubricated
- 23 Shining
- 24 Fuel cut from bogs
- 28 Noted printing error
- 29 Particular
- 30 Mistake
- 34 Frozen formation
- 35 Surrenders
- 37 Speed contests
- 38 Trunk
- 40 Kiln for drying hops
- 41 Prevalent

Spot the 5 Differences



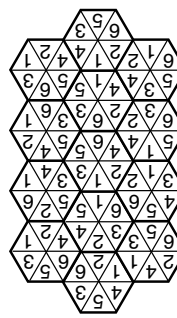
Join the Dots

What is this? Find out by joining the dots.



Solutions

Puzzles and pagination supplied by Auspac Media



FOCUS: hap lemp pale paler pare parry payer peal
 pear pearl pearily play player plea pleura prau pray prayer
 PRAYERFUL prey pure purely purly purt purler putt
 pyre rape reap replay reply yell
 on shell.

SPOT THE 5 DIFFERENCES: Missing nostril, extra line on leg, brown mark now two marks, mouth lower, extra mark

7	6	3	1	9	5	4	2	8
4	1	8	5	3	6	7	2	4
5	7	2	8	1	9	6	3	4
4	1	8	5	3	6	7	2	4
1	2	9	6	4	7	8	5	3
8	3	5	9	8	2	1	4	7
8	4	7	3	5	1	2	6	9
9	5	4	2	7	8	3	1	6
2	8	1	4	6	3	7	9	5
7	6	3	1	9	5	4	2	8

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LOCAL FISHING WITH SPERO: MACKEREL SEASON IS HERE AND THE PRAWNS HAVE ARRIVED

BY SPERO KARTANOS

Finally, cooler weather is here, and I'm hoping like crazy that the rain is gone as well! I could not handle a wet autumn/winter this year after all the rain, but it made it one of the best ever mud crab and sand crab seasons, and the prawns finally started to appear in big numbers at the end of last month. My prawn friends tell me this month will be good for prawns.

The school mackerel season is really fired up, and everyone targeting them is catching some. I've heard some reports that even fishermen who usually catch plenty of whiting and don't normally fish for mackerel in Fisherman's Gutter are getting plenty of school mackerel on floating pillies behind the boat. So, floating pillies anywhere through the Small Boat Channel all the way to opposite Fisherman's Gutter will most likely get you a few mackerel.

The deeper waters off Green Island and King Island, and around the Hope Banks and towards the Naval reserves, have an abundance of school mackerel, Bonito and long-tail tuna. Wherever

you see the tuna species smashing bait this time of the year, you will find schoolies under them. From my experience, there were so many early last week fishermen were catching and releasing, so as mentioned, the season will get better as the cooler weeks approach. It's interesting to note we are still picking up the odd big spotty mackerel, but after a cold snap, they will be hard to find until next year. Again, 2024 was not as good for spotties as last year.

The whiting are in good numbers further up in the Rous Channel, Fisherman's Gutter, and opposite Hope Banks. The deeper water around Amity Banks will also have plenty, and the Maroon Gutter and sandhills at Moreton Island are always good for whiting this time of year.

Squid fishing is fantastic now, with plenty of tiger squid on the weed banks all the way through to the Rous, Amity Banks, and Green Island. The



cuttlefish and arrow squid will start showing up in the deeper water all around Green Island and Victoria Point, just off the bottom in 26 to 28 feet of water.

Try reef fishing along the island drop offs, and the artificial reefs have plenty of fish to keep everyone happy.

Till next month, good fishing and remember for weekly and daily reports, check out fishingmonthly.com.au for my Moreton Bay fishing reports to keep up to date.



Photos: Spero Kartanos.

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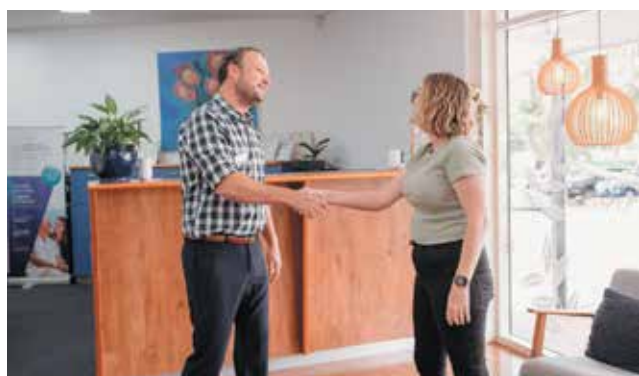
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