ISSN 2652-8738

## The **Bayside** WE'RE ALL ABOUT GOOD NEWS



It's a stage show that has captivated audiences for decades with its razzle-dazzle choreography and timeless musical numbers, and now, a fresh production of A Chorus Line - the teen edition - is about to open in Wynnum. Have you got tickets yet?

A sensational cast of up-and-coming young performers, alongside seasoned professionals, will bring A Chorus Line to life. And with so much youthful energy on stage, the production is primed to captivate audiences, showcasing the dreams and aspirations of a group of talented hopefuls, each vying for their big career break.

Directed by local icon Lyn Pelgrave and choreographed by the dynamic Sarah Cooper, this adaptation stays true to the essence of the original while infusing it with youthful vigour and enthusiasm.

Oozing with fresh and fabulous talent, this must-see local production will be staged at Wynnum's Star Theatre on July 27 and 28. Don't miss your chance to witness the stars of tomorrow shine today and show your support for emerging artists and musical theatre in your community. Find out more on page 3!

Pictured L-R: A Chorus Line cast members Kaitlin Everitt, Molly Hitson, Patrick Davis, Harry Leis, Sophie Jamieson, Mikaela Drewett and Reuben Newlands at the Star Theatre, Wynnum.



Sales in 12 months Avg. Days on Market

THAT SHOULD BE FRONT PAGE NEWS BAYSIDE

**David Pearce** 

0412 449 387

## **WYNNUM STATE HIGH STUDENT STEPS UP TO CHOP FOR CHARITY!**

CONTRIBUTED BY WYNNUM VIKINGS AFL CLUB

#### I'm Brodie Carton, and I have some exciting news!

On the 13th of July I will be shaving my head at Wynnum Vikings Ladies' Day to raise money to support the Breast Cancer Network Australia. Over the past 12 months, I have grown my hair. This has led to me being known by some very funky nicknames: Sheep, Mophead, Furball, Brian May...these are just some of the names I've been given! This has been to fulfil a very big goal of mine — to support breast cancer research and awareness.

Each year, around 2.3 million people are diagnosed with breast cancer. It is also the most commonly diagnosed cancer in women. Breast cancer was also responsible for the deaths of 670,000 people globally in 2022.

#### **ABOUT BRODIE**

Brodie is 16 years old and has been a part of the Wynnum Vikings Club since 2020, and was the Youth Viking of the Year in 2023. The Youth Viking award goes to the young person who does an outstanding job around the club for that season.

Brodie has played in the under 15s, umpired the juniors, helped set up Ladies' Day, helped out coaches with their teams throughout the year and contributed to the annual working bee.

Although Brodie is now playing at Mt Gravatt due to there being no under 17s at Wynnum, he is still around the club helping out where he can, even helping paint part of the outside of the club rooms.

Brodie lost his grandfather to throat cancer in June 2022. Now, he has opted to raise funds for breast cancer to not only help out women battling this awful cancer, but to promote awareness around the Wynnum Vikings AFL Club and the community.

Brodie is a Year 10 student at Wynnum State High School.

#### TO DONATE

If you'd like to contribute to Brodie's fundraising, scan the QR code or go to gofundme.com and search for Brodie Carton.





Brodie Carton will shave off his hair to raise funds for the Breast Cancer Network on July 13. Photo: Supplied.

200/OOFF#
LUXAFLEX® ENERGY EFFICIENT RANGE

SALE PERIOD: JUNE 10 TO JULY 19

Improve your home's energy efficiency by selecting window coverings that help regulate temperatures and lower energy bills. Luxaflex® Window Fashions have a range of products that assist with temperature regulation for inside the home or outside.

Keep the warmth in with the original honeycomb blind, Luxaflex® Duette® Shades, or the classic Luxaflex® PolySatin® Shutters. Reduce your cooling energy costs in the warmer months with a Luxaflex® awning.

For a tailor-made solution with custom-made quality, visit us today.

LUXURY

BLINDS & AWNINGS

Gallery

#### Luxury Blinds & Awnings

111 Edith Street, Wynnum, QLD 4178 Call 07 3608 4264

Email sales@luxuryblindsandawnings.com.au

#### luxuryblinds.luxaflex.com.au

Conditions apply. Visit in store for details.
 Registered Trade Marks of Hunter Douglas Pty Limited.
 Consider 2024 Hunter Douglas Pty Limited (JRN) 09 00 675 7001 06/2024



## GET IN LINE: ONE SINGULAR SENSATION COMES TO WYNNUM

FROM LYN PELGRAVE, ON THE BOARDS THEATRE COMPANY

There's no business like show business and we are beyond excited to share with you a triumphant new production to be staged right here in Wynnum!

One of the most successful musicals of all time and winner of 10 Tony Awards and the Pulitzer Prize for Drama, *A Chorus Line* is an emotional, gruelling and uplifting journey through the anxieties, disappointment and triumphs of a Broadway musical theatre audition. Featuring iconic songs including *What I Did For One*, *One (singular sensation), I Can Do That, At The Ballet* and *The Music and the Mirror*, this production is a must-see for musical theatre lovers of all ages.

On The Boards Theatre Company's mission is to "put people on stage". *A Chorus Line* does just that, blending local emerging talent with seasoned professionals in an iconic production that ticks all the boxes – dancing, singing, acting.

A Chorus Line continues to be relevant and receive critical acclaim the world over.

Don't miss the chance to catch this spectacle right here in your backyard. This one singular sensation that is *A Chorus Line* is being staged at Wynnum High's Star Theatre on July 27 and 28.

To secure your seats, call Lyn on 0416 247 220 or 3195 7086 or scan the QR code.





The teen cast members of A Chorus Line.





### ARE THE CHEMICALS IN YOUR WATER DESTROYING YOUR TAPS AND TILES?

## The BPD Way!

Do you have unsightly taps and tiles? Chances are it's due to the chemicals in your water.

If you're concerned about the quality of your water and the presence of lime affecting your taps and appliances, there are solutions that will have your taps and tiles sparkling again!

Take a look at the photos on this page. Do they look familiar? If your appliances or taps have lime buildup, you probably have heavy metals in your water, which is not ideal for your health and wellbeing. While it's not the end of the world, it's an easier fix than you might think, and it doesn't have to be expensive.

#### **INTRODUCING ACTIVFLO**

There is a product called ActivFlo, which can be installed in your water system quite easily.

ActivFlo's catalytic water conditioner changes the structure of hard water without using salts or chemicals. The treated water prevents limescale buildup and reduces existing limescale problems, saving you money on your bills. ActivFlo water conditioners make heating systems and appliances more efficient. Pipework and appliances last longer and work better when treated with water from an ActivFlo water conditioner. ActivFlo doesn't take up valuable cupboard space, and

once fitted, no maintenance is required. One ActivFlo water conditioning device is enough to protect an entire home and is easily installed by a qualified plumber.

No hassle, no ongoing costs and no maintenance.

#### **NEED A PLUMBING EXPERT?**

No matter what's gone wrong with your pipes, you can rely on our plumbing team to fix it! Our friendly, fully qualified, licensed Brisbane plumbers can handle all water leak repairs in every residential and commercial setting. We offer a lifetime warranty on our workmanship.

## KEEP AN EYE OUT FOR MORE TIPS, TRICKS AND SPECIALS IN NEXT MONTH'S PAPER.



ActivFlo attachment, easily installed by a professional plumber.









We are an honest **Brisbane-based family business** who are prompt
and reliable. We have tradespeople
available **24/7**.

- + Blocked drains
- + Roofing and guttering repairs & replacemnt
  - + Gas plumbing services
- + Hot water systems repairs & replacement
  - + Water leak detection
  - + Leaking taps and toilets
  - + Drainage relays and relining

## Get hot water every time

with Brisbane Plumbing & Drainage

CALL 0488 849 125

Brisbaneplumbinganddrainage.com.au

ABN 90 167 138 874 | QBCC LIC. 127 6676

## THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



## **BUSY ON THE BAYSIDE!**

We have had a busy few weekends on the Bayside, and I want to thank all the local groups who were involved with the planning, set-up and execution of some particularly wonderful local events. **Pups in the Park** was paw-sitively fetching...Thank you to Tracey, Damien, and the entire Bayside Community Fund team (especially Miss Maggie) for organising such a unique event for our community and K-9s!

We also celebrated the second anniversary of the **Richie's Rainbow Foundation** by walking from Lota Park to raise money for children's cancer research! Thank you to Karl and Lisa for your heartfelt dedication in organising this event. What a great way to celebrate the life of little legend, Richie Walsh.

Finally, the **Rotary Fun Day** was another great day out, generously organised by the Wynnum Manly Rotary Club, in recognition and support of May being domestic violence month. These were all wonderful events, and I feel proud to represent such a community-minded part of Brisbane!





## **ALAN BURGE COMMUNITY ROOM OPEN!**

I am ecstatic to share that we officially opened the Alan Burge Community Room! Alan has been expertly tuning and restoring a 1907 all Australian made piano in my office over the past few years — he is the real-life 'Piano Man'! While I can't play myself, most who visit my office get a tour of this special piano! Alan's perseverance and joy throughout this project has been so inspiring to me that I decided to name this great room after him. The Alan Burge Community Room is a versatile space for local groups to book and use as they wish for events or meetings.

If you would like to book the room, please reach out to my office on 07 3893 3488.

## **SENIORS' EXPO: SAVE THE DATE!**

My annual 'Bonner Seniors' Expo' is back on the Bayside this year! Those who have been before know that it is a great opportunity to speak with charities, businesses and government organisations who are committed to improving the lifestyles of older members of our community. It is a wonderful resource for all those who work with, care for, or are seniors living in Bonner!

This year's event will take place on Thursday the 3rd of October at the Waterloo Bay Leisure Centre. More information is to come, but in the meantime, please don't hesitate to reach out to my office if you are interested in attending, or holding a stall at the expo.





69 Clara Street, Wynnum QLD 4178



07 3893 3488





rossvasta.com.au



RossVastaMP



rossvastamp



If you're looking for something to do locally, check out The Community Leader's What's On page here and online.



#### FREE MOVIE IN THE PARK: SPACE JAM

Saturday July 6, movie screens from 6:00pm to 8:00pm, Little Bayside Park, Manly

If you love Looney Tunes and basketball, you won't want to miss July's free movie in the park, *Space Jam*. This 1990s classic features basketball legend Michael Jordan alongside a cast of cartoon favourites, including Bugs Bunny. Fun for big and little kids, this outdoor cinema is an iconic Manly event staged on the first Saturday of each month (weather dependent). Pick up some take-away from one of Manly's fantastic eateries, bring a chair, or a picnic blanket, and settle in for a night of cinema under the stars.



#### WYNNUM MANLY SEAGULLS V SOUTHS LOGAN MAGPIES

Sunday July 7, 2:10pm kick-off, Kougari Oval, Wondall Road, Manly West

There's nothing quite like an afternoon in the winter sunshine watching the Seagulls battle it out at Kougari Oval. The 'gulls are in superb form this season and flying high up the ladder, so come on down and cheer them on from the sidelines and soak up the atmosphere. Food and drinks will be available from the Old Boys Canteen on game days, where you'll find all your favourite footy classics like chips, hot dogs and burgers. Over 18s can take a perch in the Chook Pen, which has a bird's eye view of the field and all the action!



## MASH IT UP — THE CHANGING FACE OF CRIME FICTION IN AUSTRALIA

Saturday July 13, 10:00am to 11:00am, Wynnum Library, 145 Florence Street, Wynnum

Fans of the crime fiction genre will love this talk at Wynnum Library. *Hawkeye* authors K.M. Steele and Troy Henderson will deeply delve into the topic of crime fiction at this panel talk exploring crime writing in Australia from 1818 to today. Hear about the history of the genre and how it has developed over time, and explore the many sub-genres that have intrigued readers for more than a century, from the perspective of these two brilliant and respected authors.



#### LIVE THEATRE: RELATIVELY SPEAKING

Friday July 19 to Sunday July 28, various times, Manly-Lota RSL Memorial Hall, 184 Melville Terrace, Manly

Mercury Theatre celebrates its 75th anniversary this year, and in the spirit of great community theatre, they're proud to present Alan Ayckbourn's brilliant comedy, *Relatively Speaking*. This riotous show will leave you in stitches and pondering the intricacies of human relationships. The theatre will be set to accommodate tables of seven, and you're welcome to bring your own food, and drinks can be purchased from the bar at the theatre. Book your tickets now by scanning the QR code.



## MANLY-LOTA RSL SPREADS A LITTLE KINDNESS

BY HARVEY SHORE

lan Wheeler and Kym Pregnell are Wellbeing Officers at the Manly-Lota RSL Club. They keep an eye on the wellbeing of over 200 local Australian Defence Force (ADF) veterans and veteran families.

Having completed an RSL Welfare Course, lan and Kym began looking at new ways to bring a little extra kindness into the lives of those they care for.

"Some vets struggle a bit with physical, mental or age-related issues," said lan Wheeler. "Some have fallen on hard times. We want to reach out to all ex-service members who need a little help, and we want to do it in a more practical way than just saying 'how are you?' in the odd phone call."

Kym Pregnell came up with the delightful initiative of 'Kindness Boxes'.

They're large boxes packed with non-perishable goodies at the Manly RSL Hall, and distributed to those most in need. Kym says they're for all local ADF veterans, not just for RSL members. The Manly-Lota RSL Club pays for the contents of these boxes from money earned recycling bottles and cans from regular club functions.

"So far, our Kindness Boxes have proved a big hit with needy ADF households," says Kym Pregnell. "They're especially welcomed by less-mobile members of our community, and delivering them allows our Wellbeing Team to personally meet people, assess their needs, and refer those in need to the advocates and social workers we have at the Manly-Lota RSL."

The Manly-Lota RSL Wellbeing Team is currently in discussions with Foodbank, hoping to add perishable goods to their Kindness Boxes in the near future.



Kym Pregnell and Ian Wheeler with their new RSL 'Kindness Boxes'. Photo: Supplied.

## SAINTS ALIVE: MEN'S SHED GIVES BACK TO THE COMMUNITY

FROM THE WYNNUM MANLY AND DISTRICT MEN'S SHED

Members of the Wynnum Manly and District Men's Shed were assisting at a recent garage sale on a Saturday morning and were honoured to meet a wonderful, saintly lady named Kerri. Kerri was doing the rounds of garage sales buying winter clothing, tarpaulins and plastic boxes, generously donating the items to people experiencing homelessness in Wynnum to combat the cold and the rain.

While delivering donations, we learned from our members that Kerri also buys large lasagnas, cooks them at home, and delivers hot meals to the homeless with her mum's help. Such admirable generosity is astounding.

From conversations, it is interesting to learn that not all tent dwellers think of themselves as homeless but only temporarily dislodged due to circumstances such as employment termination, relationship breakdowns and exorbitant rental increases.

The Men's Shed is consulting with its members, with some success, to find generous people who would be prepared to offer short-term accommodation for a reasonable rent, topped up with an agreed amount of hours of yard work and housework.

With the help of the community it is our hope that we may be able to arrest and reverse the trend of this alarming and unfortunate social problem in our local area.



Kerri White is collecting essential items for those experiencing homelessness. Photo: Supplied.

## JOAN PEASE'S COMMUNITY UPDATE

#### STATE MEMBER FOR LYTTON



#### **MASSIVE \$1300 ENERGY BILL RELIEF**

I am incredibly excited that every Baysider will see \$1,300 slashed from their energy bill, with \$1,000 up front from the Queensland Government and an extra \$300 from the Federal Government.

That means most Bayside households won't pay a cent on their energy bill until March 2025.

It's only possible because we're making the multinational mining companies pay their fair share and because we kept our energy assets in public hands.



#### **ALL ABOARD FOR 50 CENT FARES**

The Miles Labor Government is leading the nation by delivering another massive cost of living measure to Baysiders, as well as easing congestion.

From 5 August 2024, the cost of Translink public transport services across Queensland will be slashed to 50 cents, no matter where you live or how far you travel. Our number one priority as a government is taking pressure off household budgets. This initiative is just one part of our Queensland State Budget 2024-2024, which is delivering the most cost-of-living relief in Queensland's history.



#### 20% OFF CAR REGISTRATION

I'm delighted that the Miles Labor Government is taking 20% off car and ute rego for all Queenslanders from 5 August. For most Baysiders, that works out to a saving of \$85 on your four-cylinder

The reduction will apply to the registration fee and the traffic improvement fee for all light vehicles, including trailers, regardless of whether they are used for personal or business purposes.

This is in addition to a freeze on motor vehicle registration fees in 2024-25, meaning Baysiders can make the most of this incredible cost of living relief.

#### KICK OFF SOONER WITH 200,000 FAIRPLAY VOUCHERS

It's no secret that Baysiders LOVE their sport, so I'm excited that the Miles Labor Government is giving the FairPlay voucher program a \$33.5 million funding boost to \$40 million, helping Queensland families to get their kids aged between 5 and 17 years involved in sport and recreation activities.

In this year's Budget, the value of the vouchers will increase from \$150 to up



to \$200, to help reduce the cost of sports memberships, registration and participation fees for families.

The number of vouchers for the program has also increased from up to 50,000 to 200,000.

FairPlay ensures more Queensland children have access to sports and active recreation activities such as rugby league, AFL, netball, BMX, table tennis, basketball, orienteering and abseiling

#### THIS MONTH ON THE PEASE PODCAST

In this episode, I'm thrilled to talk with Melissa, a local author with an international reach, a captivating storyteller, mother, and strong health and youth advocate.

We'll be discussing the launch of her latest book, her inspiration, and the importance of fostering an inclusive and welcoming community for our young people.



Melissa's book, "Chloe and Tom," explores the sibling relationship in the context of Fragile X Syndrome, a genetic condition not widely known.

Through her personal experiences, Melissa shares the journey of raising a son with Fragile X and the positive impact it has had on her family.

We'll also talk about the therapies and support systems that have helped her son, Tom, thrive. Join us as we uncover Melissa's inspiring story, the challenges and triumphs of living with Fragile X Syndrome, and the enduring bond between siblings.

Subscribe to the Pease Podcast and stay tuned for more stories of the extraordinary individuals who make Lytton the vibrant place it is today.





PO Box 719, Wynnum QLD 4178 (07) 3915 1100 JoanForLytton





lytton@parliament.qld.gov.au



www.joanpease.com

## CHAMBER BREAKFAST EXPLORES THE CHALLENGES AND OPPORTUNITIES OF AI

BY JANELLE BOSTOCK, PRECINCT COORDINATOR

The Manly Harbour Village Chamber of Commerce (MHVCOC) is a not-for-profit incorporated entity operated by a committee of local business and property owners interested in developing the precinct and providing opportunities for businesses to collaborate and grow. The Chamber promotes the precinct as a Queensland leisure destination.

On 7 June, we hosted our Business Breakfast, exploring the world of artificial intelligence (AI) and digital transformation. Our Master of Ceremonies, Kym Kristofer, Treasurer of MHV Chamber, gave a special welcome to Joan Pease MP (Member for Lytton), Councillor Alexandra Givney (Wynnum Manly Ward), Jeanette Mitchell (President, Bayside Women in Business), Brenda Ryan (President, Wynnum Commerce), Chamber member Karen Baldwin (CEO, Royal Queensland Yacht Squadron) along with members and visitors.

Our guest presenter was Tanya Titman, Chief Digital and Innovation Partner at BDO Australia. Tanya drives BDO's digital transformation and innovation agenda by creating business opportunities that deliver continual improvement, diversification and new value propositions. Tanya related to the audience by sharing that she was an SME before joining BDO Australia. This session was informative and interactive, with many 'aha' moments in the room.







#### **KEY TAKEAWAYS WERE:**

- Understanding Al's impact: Attendees learned how Al is reshaping industries and the potential implications for businesses. This includes opportunities (automation, efficiency gains) and challenges (workforce changes, ethical considerations).
- **Preparing for the future:** We need to prepare for a future where Al plays a significant role. Businesses should explore how to adapt their processes, workforce, and strategies to thrive in this evolving landscape. Tanya mentioned a variety of tools that can assist. Did you know that a voice clone tool can help you streamline training programs and website functionality?
- Business Resilience: Tanya discussed strategies for building business resilience. This involves staying agile, embracing innovation, and proactively addressing disruptions caused by technology shifts.

Want to join us at the next event or find out more about membership?

Please reach out to promotions@manlyharbourvillage.com.

#### **REGULAR VILLAGE EVENTS**

The Jan Powers Farmers Markets are held on the first and third Saturdays of the month, and on the first Saturday of the month, there are free Movies in the Park, starting at sunset. The Manly Creative Markets are held every Sunday. All three events are held in Little Bayside Park, Manly,



#### **DATE CLAIMERS**

**6 JULY – Movies in the Park** – *Space Jam* 

16 JULY - Christmas in July Trader Night at The Manly Hotel

**3 AUGUST – Movies in the Park** – *Cool Runnings* 

20 AUGUST - Business Trader Night at The Manly Deck Bar & Restaurant

25 AUGUST - Music by the Bay in Little Bayside Park













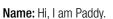


## Maggie's Mates



SPONSORED BY MARKET 2 MARKET 24 \$





Suburb: I am from Manly.

How long have you lived there? I've lived at Manly for three years.

What's your favourite local walk? Along the Manly esplanade every morning.

What's your favourite food? Anything really. I LOVE food!

What is your worst habit? Stealing food, although I am getting better.

What's your favourite local hangout? Cambridge Lane Espresso at Manly.

Who's your best doggo friend? Tilley is my bestie.

Any funny or embarrassing stories you'd like to share? Once I took a croissant out of a little girl's hand at the farmers' market. Then there was the time I saw a tin of sardines in the pantry and I managed to open them perfectly – no cuts at all!

What do people love most about you? My handsome face and my whippy-waggy tail! Some people call me Whippy! They also love my mischievous nature.



Name: My name is Daisy.

Suburb: I live at Lota.

How long have you lived there? My whole life, for one year.

What's your favourite local walk? To the Lota dog park.

What's your most treasured toy? My tug-of-war rope.

What's your favourite food? I love sardines and raw eggs!

What is your worst habit? Chewing the couch.

What's your favourite local hangout? Lota dog park.

Who's your best doggo friend? Violet the boxer.

Any funny or embarrassing stories you'd like to share? My parents often find me jumping on the trampoline on my own, having the time of my life!

What do people love most about you? People love that I am a gentle giant.



## **BUY LOCAL**

AND DEAL DIRECT WITH THE OWNER & SAVE

- 30 years experience
- No pushy sales people
- Experienced mature installers

**OUR EVERY DAY PRICES ARE OTHERS SALES & SPECIALS** 



#### **FREE IN-HOME CONSULTATION**

Indoor Blinds • Plantation Shutters • Indoor Shutters • Motorised Blinds • Outdoor Blinds • Aluminium Shutters • Fabric Awnings • Roller Shutters

Visit our Family friendly showroom in Capalaba 9am - 4pm Monday to Friday 9am - 1pm Saturday

**CALL US TODAY** 3824 3078



#### **REDGUM BLINDS & SHUTTERS**

297 Redland Bay Rd, Capalaba www.redgumblinds.com.au

Like us on





# MISS MAGGIE OF MANLY













## FIVE FREEDOMS FOR KEEPING YOUR PET HAPPY AND HEALTHY

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Pets can bring so much joy and companionship to our lives. As responsible pet owners, it is important that we give our pets a safe, happy and healthy life to the best of our abilities. The RSPCA has a list of the five freedoms essential to wellbeing, which outline the areas in which we can ensure our pets are well cared for.

#### FREEDOM FROM HUNGER AND THIRST

Your pet needs a complete and balanced diet appropriate for their life stage. Depending on your pet's requirements there should be a balance of protein, carbohydrates, fats, vitamins and minerals to provide the necessary daily requirements. It is important that your pet not be over or under weight as both states can cause health issues. A supply of clean, fresh water should be available at all times.

#### FREEDOM FROM DISCOMFORT

Your pet needs shelter from wind, rain, hot sun and colder temperatures. Smaller animals should be kept in housing that offers protection from predators. Housing should be as large and comfortable as possible,

and there should be a supply of appropriate clean, dry bedding or substrate.

#### FREEDOM FROM PAIN AND INJURY

Pet owners are obligated to seek medical attention for their pets when necessary — this includes both treatment for injuries and illness and preventative care where possible. Animals demonstrating a loss of appetite, difficulty moving, rapid weight loss, vomiting, diarrhoea, eye/ear or nasal discharge or any lumps and bumps should be seen by a veterinarian. Prevention of disease through a parasite control and vaccination program should be discussed with your vet.

#### FREEDOM TO EXPRESS NORMAL BEHAVIOUR

Animals should have the opportunity to move and exercise as appropriate for their species and age. Environmental enrichment with exercise, toys and games can help animals to demonstrate normal behaviours.



#### FREEDOM FROM FEAR AND DISTRESS

It is important to be aware of your pet's mental and emotional needs. Animals should not be left unattended for extended periods as they may become anxious and destructive.

Providing a home of love and understanding of your pet's physical, mental, and behavioural needs will help keep your pet happy and healthy for as long as possible and ensure the development and maintenance of the human/animal bond.

Wynnum Manly Veterinary Hospital



To make an appointment call

07 3396 6488

vets@wmvh.com.au

- 232 Bay Terrace, Wynnum, QLD, 4178
- Mon to Fri: 8am 7pm Sat: 8am - 12pm





TRISH BREEN! 0419 647 799





# **Cr Alex Givney**



**Councillor for Wynnum Manly Ward** 

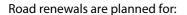
## Updates from your local Councillor

#### **Transforming Wynnum Manly: A Vision for the Future**

In a promising announcement for residents of Wynnum North to Lota, the Lord Mayor has unveiled plans in the 2024/2025 budget for a comprehensive foreshore master plan. This ambitious initiative aims to enhance our cherished bayside lifestyle by aligning community needs with a long-term strategy.

The master plan promises to encapsulate the essence of our vibrant coastal area, ensuring sustainable growth while preserving what makes Wynnum Manly truly special.

Beyond the foreshore master plan, several exciting projects are set to transform the Wynnum Manly Ward. Road network renewal works are listed below and aim to ensure our local roads are updated whether that be new curb and channel and/or resurfacing.



Boondara St, Manly West Meron St, Wynnum West Warra St, Wynnum

Randall Rd, Wynnum West Kamarin St, Manly West Natasha St, Wynnum West West Ave, Wynnum

Kingsley Tce, Manly Oceana Tce, Manly Valetta St, Manly

Merlina St, Manly West Manly Rd, Manly West Wynnum North Esplanade, Wynnum

Park upgrades feature prominently in the budget, with Greene Park in Wynnum and Bayside Park in Manly scheduled for rejuvenation. Additionally, enhancements to recreational spaces such as Lota Camping Reserve and Wynnum Wading Pool Park will further enrich our bayside lifestyle.

Waterway renewal efforts are also on the horizon, with upgrades to the Glenora St Boat Ramp aiming to preserve our natural ecosystems while improving access for water enthusiasts.

The commitment to accessibility continues with planned upgrades to shared pathways at Lota Creek Reserve, Wynnum Esplanade and Elanora Park Foreshore, ensuring that pedestrians, cyclists, and those with mobility aids can enjoy our picturesque foreshores with ease.

I express my gratitude to Lord Mayor Adrian Schrinner for his strong support of these initiatives, highlighting his commitment to improving life in Wynnum Manly. With investment in our bayside, Wynnum Manly moves toward a brighter future.









#### Stay in the Loop!

Want to stay updated on all the latest news and developments? Join our mailing list today! Simply scan the QR code and never miss a beat.

Let's keep the momentum going, Wynnum Manly! Together, we're building a brighter Bayside to keep Brisbane moving!

🥸 3403 2180 🖳 WynnumManly.Ward@bcc.qld.gov.au 🧑 Shop 3A, 212 Bay Terrace, Wynnum (Mon - Thurs: 9am-5pm, Fri: 9am-4pm) 📑 🔘 @CrAlexGivney



## HOW CAN TECHNOLOGY SUPPORT YOUR HEALTH AND DIABETES?

BY JENNA NEWTON - NURSE PRACTITIONER, CREDENTIALLED DIABETES EDUCATOR - MANLY VILLAGE MEDICAL

Diabetes Awareness week is coming up from the 14th to 21st of July. This year we are shining a light on the impact that diabetes technologies can have on the lives of people living with diabetes and their caregivers.

Technology for diabetes can come in many different forms and can include insulin pens, insulin pumps, traditional glucose meters and continuous glucose monitors (CGM).



CGMs are small devices about the size of a 50 cent piece that are worn on the upper arm or abdomen that measure glucose levels as often as every minute and feed that information back in real-time to a smartphone or other compatible device. That's 1440 glucose readings a day! This gives the person with diabetes or their caregiver lots of information about the person's diabetes so they can make decisions with their GP and other members of their healthcare team about what foods are best to eat, how their medications are working and whether there need to be any changes made.

Currently CGMs are subsidised by the National Diabetes Services Scheme (NDSS) for people with Type 1 Diabetes, however they are available to anyone with diabetes. If you have diabetes of any type and you think you would benefit from using diabetes technology, book an appointment with your local Credentialled Diabetes Educator to discuss – and you might be eligible for a free trial.





Your health, Our Commitment



GENERAL PRACTICE • PSYCHOLOGY • To make an appointment book online through our website.

PODIATRY • DIETITIAN

QML PATHOLOGY

WWW.BAYWESTMEDICALCENTRE.COM.AU OR CALL 07 3396 5309 • WYNNUM WEST SHOPPING CENTRE, CNR WYNNUM & RANDALL ROADS, WYNNUM WEST QLD 4178

WWW.MANLYVILLAGEMEDICAL.COM.AU OR CALL 07 3396 2141 • GROUND FLOOR, 25 CAMBRIDGE PARADE, MANLY, QLD 4179 • MON – FRI 8AM – 5PM AND SAT 8AM – 12PM • 07 3396 2141

## FISHERS DENTURE CLINIC

Smile with Confidence

Veterans Affairs
Major Health Funds Processed

Chris and Vicky

**FULL PROSTHETIST SERVICES AVAILABLE** 

Dentures • Flexible Dentures • Repairs • Relines • Sports Mouthgurads

Chris Fisher Reg. Dental Prosthetist 131B Old Cleveland Rd Capalaba QLD 4157 Tel: 07 3245 3218

www.fishersdentureclinic.com.au



# LOCAL GARDENING WITH KAT JUMPING JACKFRUIT!

BY KAT PEARSON, GIRL IN THE GREEN

If you read my blog, you would already know about my jackfruit escapades. If you don't read my blog, you should! But I'll forgive you for now and update you.

Quite a few years ago, I stopped at a garden on the side of a country road that had plants advertised. It was a very eclectic mix with an equally eclectic owner, and although I couldn't find anything of value to buy, I admired the large arching tree she had in the centre of the garden providing lovely, dappled shade — a jackfruit tree she told me.

Now, I was slightly naïve, having developed most of my garden love and experience in cooler climates, and it didn't occur to me to really investigate. I knew what jackfruit was, I liked it (cooked green), and I loved this tree. So off I went and acquired one.

It turns out hers was probably not the best specimen, and they don't grow like that at all, but have rather dense foliage, and, due to their propensity to develop said jackfruit (which can weigh up to 50kg!), are best kept pruned so you

can reach them at harvest time. Handily, jackfruit are cauliflorous, which means they bear their flowers (and subsequent fruit) directly off the trunk and large branches, so the heavy fruit are at least well supported. But well supported or not, you don't really want bowling balls hanging above head-high.

My little tree had a rough start to life, but this summer, it finally gave me my first jackfruit! At just under 4kg, it weighed the same as my newborn niece. I dutifully dipped my knife and hands in oil and proceeded to chop it up. The oil helps stop the latex substance that the fruits exude from sticking to everything. In hindsight, I needed more oil. I had just enough to make the knife tricky to hold but not enough to stop me from spending 10 minutes afterwards scraping chewing gum-like goo off my hands! Gross. But it was worth it. I pre-boiled the pieces and shredded them, giving me several ziplock baggies in the future for delicious sloppy jackfruit burgers (think pulled pork!). You can find the recipe on my website.

#### **ABOUT KAT**

I love gardening, and growing my own food and plants in general. I've been working on our current garden in subtropical



Brisbane for the last five years but have been gardening for much longer in all sorts of places. I'm an ex-engineer, recently turned horticulturist (life's too short not to work in something you love!). I grow edibles and ornamentals in an often wild, rambling jungle, filled with birds and bugs, including a handful of pet chooks and a dog (though to be honest you're more likely to find him inside on the couch). Find out more at www.girlinthegreen.com.au.



Photo by Kat Pearson.

## TAILS OF THE WORLD BRINGS GLOBAL PHOTOGRAPHERS TOGETHER

FROM PAM HART

Tails of the World is an international collaboration of 90 photographers, each committed to supporting local animal welfare organisations through a unique fundraising initiative. Each photographer has a designated area and selects a local animal charity to receive the photo session fees. Proceeds from the upcoming Tails of the World coffee table book will benefit the Geelong Animal Welfare Society (GAWS).

In Brisbane, photographer Pam Hart of Pets with Pam Hart Photography is partnering with Precious Paws Animal Rescue (PPAR), a Brisbane-based volunteer organisation dedicated to rescuing dogs at risk of euthanasia.

PPAR has faced significant expenses this year, including over \$100,000 in veterinary costs and more than \$30,000 for trainers, food, and medicines. The organisation relies heavily on donations to continue its lifesaving work.

Pam is looking for dogs of all breeds, sizes, and quirky personalities from Redlands and Bayside to participate in this project. Ten photo sessions are available, each requiring a \$199 tax-deductible donation to PPAR.

Participants will receive a pet photo session, five 5x7 prints, a \$100 in-store credit with Pets with Pam Hart Photography, and their dog's inclusion in the *Tails of the World* book.

Applications are open until July 30, and photo sessions will be held in August and September. The book will be released on December 1, 2024.

For more details about this project and how to get involved, visit www.pamhartphotography.com/tailsoftheworldthebook or follow Pets with Pam Hart Photography on Facebook and Instagram.





Photos: Supplied.

## REV UP AND GET ROCKIN'! GREAZEFEST IS COMING TO TOWN

What do you get if you blend early rock'n'roll, hillbilly, country, rhythm and blues, western swing and boogie woogie with a really big beat? Rockabilly.

Stir in a lavish helping of retro costumes and hairstyles, classic and hot rod cars, vintage motorbikes and a knockout License Plate Art Show – you get a weekend packed with nostalgia and excitement.

Add food outlets, a licensed bar, retro clothes stalls and a special zone for the littlies then you're talking GreazeFest - a two-day Kustom Kulture Festival that will take you to the 1950s in a whirl of entertainment and memories

Love the chrome and colour of vintage cars and motorcycles? You'll revel in the display of American and Australian pre-1980s classics that will compete for GreazeFest trophies. Frock fanatics will bliss out at the retro clothes stalls and the GreazeFest Pinup Party, featuring hairstyles and fashions from the 1940s through to the 1970s. And while you're frocked up, join in the photo calls that will try for the highest number of pinups captured in a single photo.

And once you're in the sweetheart necklines, rope petticoats and dancing shoes why not head onto the dance floor and join the action? With more than 20 performers and bands the weekend promises to be a musical heaven for folk who like to move with beat – and it's not just the oldies who are hooked on swing.

"Rockabilly was the punk rock of the 1950s, where everything started - and that's the live energy we recreate at GreazeFest," says Lori Lee, GreazeFest Director. "It's a celebration that draws together different groups - hotrod, pinup, music, art, fashion - who live and breathe the Kustom Kulture lifestyle, because it's the only place you'll find it. And for the public, it's a wonderful, vibrant, weekend escape."



Eliza May with a hot rod, photographed by Peter Walker.

GreazeFest is scheduled for Friday August 2 to Sunday August 4 at Redland Showgrounds.

For more information https://www.greazefest.com/tickets/greazefest-2024/

**Professional Aged Care & NDIS Services** 

Home Caring Capalaba is an Aged Care and NDIS service provider, locally owned and operated by Cassandra Russell who brings over 11 years in the aged care and disability industry. Cassandra's passion is to help you and your loved ones stay at home safely for as long as possible.

As both a Home Care Package Provider and NDIS Provider, we offer:

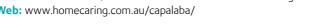
- domestic assistance
- personal care companionship
- · nursing services
- · access to the community
- · dementia care
- Qualified Support Staff recruited by Home Caring

Capalaba

If you would like more information on Home Care Packages or the NDIS, please contact Cassandra for a FREE consultation.



Ph: 0476 795 307 | Email: cassandra.russell@homecaring.com.au Web: www.homecaring.com.au/capalaba/





**YOUR UNION IN** 

**UNION WORKPLACES ARE SAFER & BETTER PAID** JOIN THE TWU TODAY: WWW.TWU.COM.AU



**AVIATION** 

PORTS & WHARVES

**GENERAL TRANSPORT** 



**PASSENGER TRANSPORT** 



**WASTE** 

TRANSPORT WORKERS' UNION QUEENSLAND

11 ALEXANDRA PL MURARRIE QLD 4172 - info@twuqld.asn.au - 1800 804 533

## LOCAL CYCLISTS RAISE \$220,000 FOR RARE OVARIAN CANCER RESEARCH

Peter Reaburn and Peter Smith have returned home from their annual Ride4Research fundraising initiative in Bright, Victoria. They cycled for 500km over five days alongside 28 other riders to raise an incredible \$220,000 for research into Rare Ovarian Cancer (ROC).

This year, they were joined by local cyclist Richard Odgers, a well-known rider from the Manly Mashers, renowned for his enthusiasm for cycling and helping others.

Wynnum's Peter Smith, along with Richard Odgers, was supported by event sponsors Bendigo Bank (RVM Community Financial Services) and Joan Pease MP, along with Edith Street Espresso, Margaret Vote (Raine and Horne, Wynnum), Kellehers Dance Academy, Cambridge Lane Espresso, and Sonny Jim.

HUDSON
INSTITUTE OF MEDICAL RESEARCH
27 - 31 Wright Street, Clayton

The Ride4Research riders also had fantastic support from local community groups in Bright. University of the Third Age, Bright Lions Club, and Bright Rotary Club all contributed substantially to the ride with logistical support, meals, and donations.

Why fundraise for rare ovarian cancer? Peter Reaburn's wife Claire was diagnosed with Juvenile Granulosa Cell Tumour (JGCT) at 53 years of age. This is a rare ovarian cancer that typically affects younger females. Claire is the oldest female in the world to have JGCT. The youngest was diagnosed in Australia at the age of 11 months. Ninety-four per cent of patients with JGCT are aged under 30.

There is no cure for JGCT, and little research exists to help understand the disease. Australian researcher



Photos: Supplied.

Associate Professor Dr. Simon Chu at the Hudson Institute of Medical Research, Melbourne, is the world leader in this field. Simon also rode in Bright, covering 500km over five days. While clinicians are still prescribing treatments based on "best guess" rather than facts, funding is needed to enable Simon to continue the research.

You can still make a donation to help fund ROC research by visiting the web page: https://www.rocinc.org.au/ride-for-research/

All donations over \$2 are tax deductible.



## DAVID BINDI HUDSON IS BRINGING THE CAMPFIRE INTO THE SPOTLIGHT

"Come on David, you've got to get a real job, get to college, be an educated man...where's this music going to take you?" The concerns of David Hudson's mother echoed those of many mothers when confronted with a passionately creative child.

But David is a born performer and you can't run away from who you are. His boyhood dreams of being an entertainer have taken David around the world but he's also graduated as a teacher and has added a Doctorate of Culture, Music and Art to his impressive CV.

"I grew up in a musical family and music's always been a part of my life," says David. "Dad was a guitarist and singer and as a kid I learned guitar, drums, cornet, clarinet and Yigi Yigi (Didgeridoo) I make my own now, I've got about 80 in my personal collection."

The music was always an inspiration. Amongst other achievements, David is co-founder of Tjapukai Aboriginal Dance Theatre.

"Mum grew me up on a cattle station until I was about five then it was down to the Big Smoke to get an education. After finishing school I worked on the railways, in a pest control company, played football — but Mum was my inspiration and I wanted that education."

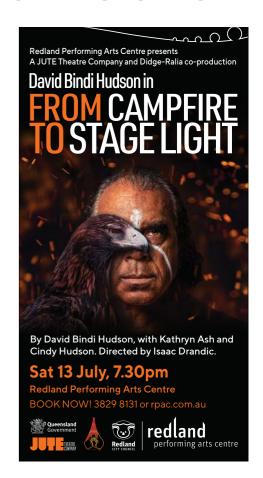
A chance collaboration with Ernie Dingo and a later tour of America made David realise that education and entertainment could work together, and the concept of a cultural show could be a reality.

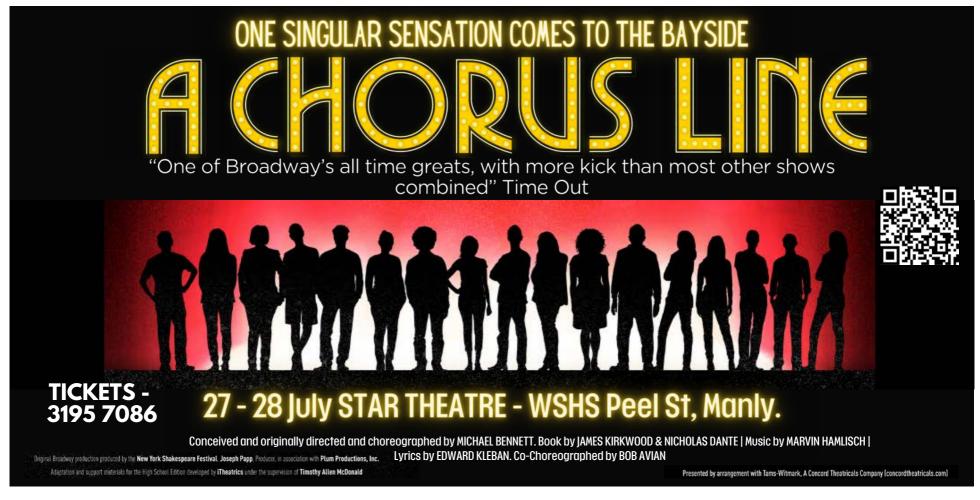
"That American trip made me realise that they were more interested in Aboriginal history and culture than most of my fellow Australians were, and that there was a real need for education — of young Indigenous folk as well as white folk. Only older Indigenous people have any understanding of what it was like to live on a mission reserve, not allowed to walk off it without an Exemption Card; I still have my mother's. Until I was five I was classified — like all our people — without citizenship."

David calls himself an edutainer, and together with his company Didge-Ralia and the Jute Theatre Company, has developed his Campfire show, this telling the story of his life set within the bigger frame of post-white settlement Indigenous history. The stage is filled with music, story-telling, songs, projection — and, of course, a live band.

David laughs; "I'm a musician, no backing tracks for this show!"

To book or for more information on the program call 3829 8131 or visit rpac.com.au.













no one knows our Bayside better than

The Gill Team

With over 42 years combined experience selling in Brisbane's Bayside, The Gill Team are your expert agents in the local property market.



RE/MAX Advantage

www.remaxadvantage.com.au

Travis | 0407 124 733

Liza | 0408 111 840



# Travis Gill of Re/Max Advantage honoured as a panellist at prestigious Platinum+ event in Bali

FROM RE/MAX ADVANTAGE

Travis Gill, an esteemed bayside local and principal of RE/MAX Advantage, was honoured with an invitation to speak at the prestigious RE/MAX Australia Platinum+ event in Bali.

The event, held on June 16th 2024, featured Travis as a panellist, where he shared his insights, expertise, and strategies garnered from 24 years as a high-performing real estate agent.

As one of the most respected figures within the RE/MAX network, Travis Gill consistently demonstrates exceptional leadership and innovation in the field of real estate. His dedication to excellence and unwavering commitment to client satisfaction have earned him widespread recognition and acclaim from colleagues and clients alike.

"We were thrilled to have Travis Gill join us as a panellist at the RE/MAX Australia Platinum+ event," said Joel Davoren, Managing Director of RE/MAX Australia. "His wealth of knowledge and expertise in real estate undoubtedly provided invaluable insights to our attendees, empowering them to excel in their respective markets."

As a panellist, Travis was involved in discussions around the paramount importance of customer service and the art of crafting exceptional client experiences within real estate. Attendees gained actionable strategies and practical advice that they could implement to elevate their business and achieve their goals.

"I was honoured and excited to have the opportunity to speak at the RE/MAX Australia Platinum+ event," said Travis. "It was truly a privilege to share my experiences and insights with fellow real estate professionals and contribute to their growth and success."

The RE/MAX Australia Platinum+ event in Bali was a transformative experience for all attendees, providing unparalleled networking opportunities, educational sessions, and inspiring keynote presentations.

For more information about Travis Gill and RE/MAX Advantage, please visit www.remaxadvantage.com.au.



Photo: Supplied.

## IT'S EASY TO MAKE THE CHANGE



# Contact The Property Management Specialists Today!

Make the change, it's easy.
Call Tammy Vitale to see how.
0407 000 153

4 Senior Property Managers
Working Together To Look After Your Asset

"Your Property Is Our Priority"



Join Our Growing List Of Contented Landlords & Experience The Difference

3/99 Cambridge Parade Manly | P:07 3348 5861 | M:0407 000 153 | E:rentals@vitaleco.com.au | vitaleco.com.au



# List and sell with Anne Webber 0422 882 039



anne@macleayislandpropertyagents.com









4 BED, 3 BATH, 4 CAR, 1012M<sup>2</sup>

#### \$768,000

#### **ELEGANT ISLAND LIVING**

- Three bedrooms, the main with walk-in robe and ensuite.
- A fourth bedroom downstairs with sitting area and ensuite ideal for guests.
- Two living areas plus large open plan kitchen and dining.
- Family bathroom and internal laundry.
- Generous covered deck overlooking the rear yard.
- Double lock-up garage plus double carport.
- Fully fenced with electric gate and concrete driveway to the rear of the property.
- Ducted and zoned air-conditioning and ceiling fans.
- 6.8kw solar system and new Evo Heat Pump HWS.
- Internal and external shutters.







#### **6 Weeroona Street Macleay Island**

3 BED, 2 BATH, 2 CAR, 973M2

#### \$648,000

#### **CHARACTER FILLED COASTAL RETREAT**

- Fully fenced 973m2 block with white pickets across the front.
- Enter through timelessly perfect timber doors that open into the huge open plan living area.
- A crisp white on white kitchen is cleverly tucked into the open plan living providing convenient access without impeding on the living space.
- Three bedrooms, two with built-in robes and the master with ensuite
- The stunning main bathroom features a separate tub and shower.
- Expansive rear deck capturing water views to Stradbroke Island.

## **GET NOTICED GET RESULTS**







View By Appointment Price Contact Agent

#### Margaret Vote 0411 521 747

margaret.vote@wynnum.rh.com.au

#### 28 Sloop Street, Manly West

- Uniquely Large block for any family Wonderful location
- Built in 1995 by Fiteni Homes reputable local builder
- $\bullet$  level 1007sqm land fully fenced and secure
- lots of room for van/boat & trailer/jet ski etc
- double lock up garage with internal entry to house
- separate double carport vehicle access to back yard
- $\bullet$  good size garden shed room for bigger shed & veggie garden
- genuine 5 bedroom with ensuite & main bathroom & toilet







View By appointment Price Contact Agent

#### 7 Cavanaugh Street, Wynnum West

#### Country Feel in Urban Environment

- New roof installed
- Renovated Kitchen with new appliances
- Renovated bathroom
- All electrical wiring, house electrical box, and electrical meter replaced throughout

#### Margaret Vote 0411 521 747

margaret.vote@wynnum.rh.com.au









Auction 13 July 2024

#### 128 & 130 Kingsley Terrace, Wynnum

#### First time Offered to Market - 1215m2 - 128 & 130 Kingsley Terrace Manly

This is a rare opportunity to purchase a large 1215sqm (approx) block on a popular Terrace in Manly. The block offers 2 street frontages and a total of 3 lots over 2 properties.

128 Kingsley is a single block on its own Title, while 128a & 130 Kingsley is a double block on 1 Title with an original Queenslander home.

#### Margaret Vote 0411 521 747

margaret.vote@wynnum.rh.com.au

Wynnum | Manly (07) 3348 7555 183 Bay Terrace, Wynnum rh.com.au/wynnum





Sold after Auction for \$3.2M

#### **□** 5 **□** 3 **□** 3

**Price** Contact Agent

#### 12 Wynnum North Esplanade, Wynnum

## Serenity on the Esplanade - Views to Forever - Stroll Esplanade to Manly

The residence is spacious 450sqm approximately and spread across two levels, featuring

- 696sq m waterfront property with uninterrupted water views
- Unique architect-designed contemporary double-storey home
- air conditioning, fans, screens & window treatments throughout
- 5 bedrooms + study and 3 bathrooms plus powder room
- master with small balcony

#### Margaret Vote 0411 521 747

margaret.vote@wynnum.rh.com.au



## NATURALLY WONDERFUL...WITH RANGER STACEY

BY RANGER STACEY THOMSON, PRINCIPAL ADVISER - COMMUNITY EDUCATION (REDLAND CITY COUNCIL)

Nature's calendar features wonderfully wild events that automatically pop up around the same time each year – masses of red crabs marching across Christmas Island, turtle nesting season at Mon Repos, and the epic migration of humpback whales.



Closer to home, a natural phenomenon is about to kick off — Swooping Season! While this news may not be music to everyone's ears, it's important to understand the primary reason for this dramatic behaviour.

Magpies, plovers, and bush-stone curlews will go to extreme lengths to protect their precious offspring from potential danger. As a parent you'd do the same for your babies, right? Okay, minus the flapping of wings and clapping of beaks.

I'm a fan of magpies (and I don't mean the footy team). I enjoy their melodic songs, admire their smart black and white plumage, and marvel at their curiosity and intelligence. They're smarter than the average bird, capable of human facial recognition, but the thing I admire most about them is their dedication as parents!

Nesting season is July to December. Interestingly, magpies aren't 'born swoopers'. It's a defensive behaviour they learn after a negative interaction with people. That's why only a small percentage of magpie dads swoop.

Some target specific humans like cyclists or posties, while others aren't fussy, swooping anyone who enters the defence zone (up to a 150-metre radius of the nest). If you've ever been the target, you'll appreciate the nickname 'feathered torpedo'! This behaviour lasts around six weeks while mum takes care of eggs or chicks in the nest.

To stay safe and let these sometimes overzealous parents of the bird world raise their babies, it's pretty easy to modify our behaviour.

- Avoid the area if you can and temporarily change your route.
- Wear a hat and sunglasses or use an umbrella.
- Get off your bike and walk on by.
- Decorate your helmet and bike with spikes and a flag.



I know plovers and bush-stone curlews would also appreciate the same consideration. Remember, it won't be long before swooping season is over for yet another year.

Until next time ... Stay Wild!

Ranger Stacey

## **CELEBRATE FOR A CAUSE IS BACK FOR ITS SEVENTH YEAR!**

Celebrate for a Cause, a beloved community initiative, returns for its seventh year, poised to add to the \$256,000 already raised for bayside charities. Bayside businesses and community members are invited to the launch event on Friday, July 26, at the Royal Queensland Yacht Squadron.

"Our launch event is a celebration of community impact. We're excited to have last year's major charity partner, Rosies, share how the \$46,000 raised was invested back into the bayside," explained co-founder Kara Vallins. "Guests will also hear from The Bayside Community Fund, who received \$11,600, about their long-term vision for the region."

Attendees at the launch will also be the first to learn the identity of the 2024 Major Charity Partner and the exciting theme for the main fundraising event, scheduled for October 26 at Royal Queensland Yacht Squadron. Expect a revitalised event experience with expanded activities and a more accessible ticket price to accommodate those facing financial pressures.

"With traditional funding sources becoming more difficult, we've seen a record number of charity applications this year," explains founder Tracey Lucock. "Choosing our partner has been a rewarding challenge, as every organisation does such meaningful work. Our rigorous selection process ensures the chosen charity maximises the benefit to the bayside and aligns with the community's current needs."

Celebrate for a Cause's launch event will take place on July 26 at 5:30pm at Royal QLD Yacht Squadron Tickets are available at www.cfcmanly.com.au.

Charity organisations in the running for CFC's 2024 Major Charity Partner are: Challenge CV, Making Waves Foundation, HEART Equine Therapy, Wynnum Community Place, White Cloud Foundation, Bayside Legal Service, The Carers Foundation and Share the Kindness.



Pictured L-R: Tracey Lucock (CFC), Bev Gibson (HEART Equine Therapy), Owen Johnston (Bayside Community Fund), Keith Tracey-Patte (Challenge CV), David Smith (Wynnum Community Place), Renee Commins (HEART Equine Therapy), Kirrily Page (CFC), Natalie Herity (Making Waves Foundation) and Anna Zerner (CFC). Photo: Supplied.

**About Celebrate for a Cause:** Celebrate for a Cause Inc. has raised over \$250,000 for charities, including Rosies, BABI Youth & Family, The Forgotten Women, Black Dog Institute, Rural Aid, and Share the Dignity. The local charity group is 100% volunteer-run by local women with a vision to celebrate community with purpose.

## LOCAL POKÉMON PLAYERS QUALIFY FOR WORLD CHAMPIONSHIPS

WRITTEN BY OWEN DYSON (AGE 12)

A Local Pokémon team, Team Raptor from Wynnum, has qualified for the Pokémon World Championships in Hawaii this August.

They will be competing in the Pokémon Trading Card Game (TCG), which is a two-person game where players use 60 card decks to battle it out against one another. Players build their decks around cards that feature Pokémon characters, and then take turns using powerful trainer cards attaching energy and attacking the enemies' Pokémon. Although seemingly simple, the game requires a significant amount of skill and strategy to succeed.

The Pokémon World Championships is an annual three-day event held in different locations around the world. The 2024 event will be held in Honolulu, Hawaii, from 16 to 18 August where over 2,000 players compete with up to nine rounds each day, with each round lasting up to an hour. Players will be competing for a total prize pool of over \$1 million across games and age divisions.

Team Raptor is led by Coach Edin and players range in age from nine to 16. Each player has qualified for the Championships by earning Championship Points throughout the year at Premier Events. Players compete in weekly events and can train for over 15 hours a week.

"It's been such an amazing season for the team. It's been an honour seeing them evolve. This is something all the kids will remember for a lifetime!" said Coach Edin.

Players have been raising money to support the costs of flights, accommodation and general expenses of flying to Hawaii and have run fund-raisers such as Bunnings BBQs, Containers for Change, Trivia Nights, selling merchandise and have set up a Go Fund Me page.



Team Raptor from Wynnum will travel to Hawaii in August to compete in the Pokémon World Championships. Photo: Supplied.

Raptor Games is a community gaming destination operating out of Florence Street in Wynnum where they run fun tournaments, enlightening learn-to-play sessions, and sell Pokémon and other card games.

To find out more visit www.raptor-games.com.

# NEED FAMILY LAW HELP? GET THE RIGHT ADVICE, RIGHT WHEN YOU NEED IT

**DEPEND ON IT** 

Having a DBL Family Lawyer on your side can mean keeping more money in your pocket:

- if drafted correctly, formalising your property settlement will attract a stamp duty exemption on real estate transfers.
- finalising your property settlement properly will prevent your ex from making further claims on your property.



Find out more by calling our Family Law Team today: Wynnum 3106 5600 Brisbane CBD 3225 5600 Morningside 3899 0722 Carina 3395 1800 dbl.com.au

We can be there today!

Why use Fallon Solutions?

Why use Fallon Solutions?

Why use Fallon Solutions?

One call trade specialists

One call trade specialists

Rated 5 stars for service

Upfront pricing

Quality workmanship



#### **AIR CONDITIONING**

#### AIR CONDITIONING SPECIALISTS **LEMINE Pty Ltd ALL BRANDS • SERVICE & REPAIRS PANASONIC SALES & INSTALLATION** 3207 1596 aircon@lemine.com.au Celebrating 40 years in business

#### AIR CONDITIONING

- Split System Air Conditioning Ducted Air Conditioning Smart Home Wi-Fi Upgrades Repairs & Maintenance Spare Parts & Replacements

- Annual Servicing Warranty Work & Repairs Commercial HVAC Management
- eak Detection & Regassing Relocation of Existing Units

452 742

#### **ANTENNA INSTALLATIONS**

#### **DIGITAL ANTENNA INSTALLATIONS**

FOR \$49 EXCL. PARTS Free Quotes • TV Tuning • Extra TV points PH: 0416 322 600

#### **ASBESTOS REMOVAL**



#### **BATHROOM**



#### **BATHROOM RENOVATIONS**

• 35 yrs experience • Reliable & Honest · Reasonably Priced · Free Quotes

#### PHONE Steve 0412 374 377

QBS Builder Number 1305188

#### **COMPUTER & IT SERVICES**

#### **COMPUTER PROBLEMS?**

- AVAILABLE 7 DAYS
- NO CALL OUT FEE (BAYSIDE
- WE CAN COME TO YOU

216 Vienna Rd, Alex Hills (By Appointment)

REPAIRS, SERVICING, SALES & SUPPORT

3824 6117

#### **CONCRETE**

## BAYSIDE CONCRETING

#### **QUALITY WORK** AT THE RIGHT PRICE

PLAIN • EXPOSED • COLOURED • COVERCRETE • RE-SURFACING • **RE-SEALING** 



**DARREN** 0413 502 821 JOSH 0438 574 353

QBCC 1109507

#### 0409 635 197 **Excellent Concrete Finish**

Call Matt Lowian with over 25 years experience. Licensed professional team servicing all Bayside suburbs. We meet all concrete and drainage needs Small or Large Honest pricing.

Bobcat, excavator & Tipper available Excellent standards. QBCC 1171983

#### **ELECTRICAL**

#### LOCAL ELECTRICIAN

- Safety Switches
- Phone & Data Points Switchboard Upgrades
- Electrical Inspections
  Ceiling Fan Upgrades & New Installs
  EV Charge Points
- Warehouse & Factory Lighting Security Lighting
- **Pool & Spa Circuits**

#### **HOUSE CLEANING**



#### MITRE CLEAN PTY LTD

It's not clean until it's Mitre Clean..

#### Domestic Cleaning Services Brad 0490 856 357

· Low Pressure House Washing · Brick and mortar tinting · High Pressure Roof & Concrete Cleaning · Gutter Cleanout

Construction Cleaning Services Aaron 0428 588 897

· Builders Cleans · Brick cleaning · Acid washing · Masonry sealing · Brick and mortar tinting

PROFESSIONAL · RELIABLE · FULLY INSURED mitreclean.com.au | sales@mitreclean.com.au

#### GARDENING/LANDSCAPING



#### **COMMERCIAL & DOMESTIC** LANDSCAPE GARDENING

Pre-Sale Makeovers, New Turf & Gardens, Garden Clean-Ups. Commercial Maintenance & Mowing

Glen 0424 151 969 Qualified Horticulturist & Landscaper 25 Yrs Experience

- Hedge trimming

0416 223 509

#### **KITCHEN RENOVATIONS**



#### **MULTI-SERVICES**

## Is your appliance playing up?

#### **Fallon Solutions can help!**

Top quality, reliable appliance repair services by locally employed specialists

WASHING MACHINES • DISHWASHERS **ELECTRIC OVENS + MORE** 

**(2)** 07 3029 3297 ONE CALL FIXES IT ALL



#### **PAINTING**



Local painter and crew with 40+ years

Call Paul

3822 8940 or 0427 671 241

Ir-mswilliams@hotmail.com

Free quotes

K PAINTERS

• PAINTING • MINOR CARPENTRY • HANDYMAN

PLASTER WORK • REPAIR TO WATER DAMAGED CEILINGS

25 YEARS EXPERIENCE -

NO JOB TOO SMALL OR BIG

PH: 0419 683 855 OR (07) 3820 9031

QBCC IC NO. 1274258 GOLD LIC. 54312C

ABN: 54 578 583 408 | QBCC: 120 1125



**PLUMBING** 

# BRAD TOWNSEND

Plumbing repairs and Installing **Hot Water Systems Gutters and Downpipes Domestic Plumbing NO JOB TOO SMALL** 



Bradtownsendplumbing.com.au Dolilamahotmail.com | 0419 774 583

## **PLUMBING**



CALL 0488 849 125

ABN 90 167 138 874 | QBCC LIC. 127 6676



#### **SPECIAL OFFER**

4 Taps in your home re-washered & reseated, Toilets & Hot Water Unit checked for the set price of **\$110** inlcuding GST

FOR ALL YOUR PLUMBING NEEDS

**0412 742 242** 64407-QBCC

BOOK A TRADES AND SERVICES ADVERTISEMENT TODAY

PATIOS, CARPORTS, PERGOLAS

#### PATIOS | CARPORTS | PAGOLAS

- Tailored patio options to suit your property
- Stratco-designed and supplied materials
- 24+ years patio building experience
- Delivered on time and on budget



0447 651 717 | gwpatios.com.au



#### **ROOF RESTORATION**

### **NP ROOFING**

Repairs to all Ridge Cappings Storm Damage & Insurance work

> 3822 2921 or 0419 677 226

nproofing@bigpond.com

QBCC 1057386 - ALL WORK GUARANTEED

#### **TOP 2 BOTTOM**

#### **Roof Restorations, Painting**

- ✓ Roof Restorations, Paintings
- All types of Roof restored
- ✓ Internal/External Painting ✓ All work guaranteed
- Whirly Birds
- ✓ Gutter protection

10 year warranty - QBCC 1075956

#### Ph: 0424 964 606

david@top2bottom.com.au | www.top2bottom.com.au

#### **SOLAR**



#### **SECURITY**



BRISBANE **07 3200 9152** 

**Security Doors Plantation Shutters** Insect Screens

#### TREE AND LANDSCAPING

## TREES, PALMS & STUMPS

- Tree removal/reductions Qualified Arborist
- Palm removal
- Stump grinding
- Fully insured
- Free written quotes

For the BEST RESULTS and Tidy Professional Service Call TPS

Family owned & operated for 15 years, we offer superior customer service, affordable prices and a genuine care for our clients property and safety.

0409 621 863 E: tpstreeservice@gmail.com



#### **PEST CONTROL**

# "30 years REAL experience



- TERMITE TREATMENTS & ERADICATION
- TERMITE INSPECTIONS & ADVICE
- ALL GENERAL PEST CONTROL SOLUTIONS



**WE WILL BEAT ANY WRITTEN TERMITE** QUOTE

l f

JOSH O'BRIEN 0433 575 921 GAVIN O'BRIEN 0433 575 922

EMAIL: admin@termitetracker.com.au www.termitetracker.com.au

# **CARPET CLEANING & PEST CONTROL**



#### **CARPET CLEANING SERVICES**

- Carpet Cleaning
- Upholstery Cleaning
- Leather Specialist
- Walk on dry
- Free Deodorising & Sanitize
- Cars & 4WD's
- Asthma friendly when requested

#### **PEST CONTROL SERVICES**

ORSA 1080457

- · All general pest control and rodent control
- Termite Specialists
- Pre-purchases termite inspections
- Cockroaches, Spiders, Ants, Fleas
- Free Ant treatment with Internal & External
- Free Roof Dusting Internal and External

## **ALL WORK GUARANTEED - PHONE STEVE ON 3245 3507 OR 0411 833 402**

#### **LOCAL JOBS**



#### **Aged and/or Disability Support Workers**

#### How can you make a difference?

Care to Care provides in-home assistance to aged and disabled clients, enabling them to live their lives independently in their own homes.

We are recruiting experienced Aged and/or Disability Support Workers to join our team. The minimum qualification requirement is a Certificate III in

Individual Support or equivalent. We offer excellent remuneration, a pleasant working environment and training opportunities.

Email a confidential resume to recruitment@caretocare.com.au or https://caretocare.com.au/join-us/

## Community Leader

The Community Leader is a monthly publication, home delivered to parts of Wynnum, Wynnum West, Manly, Lota, and parts of Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point. Maps are subject to change and availability of walkers, however the total number of copies delivered remains constant.

Any submissions can be emailed to **sales@market2market.com.au** for consideration.

#### **LOCAL PICK UP POINTS**

Various shopping centres, cafes, clubs and local businesses.



#### **ADVERTISEMENT SIZES**

Full PageImage Area285mm deep x 255mm wideHalf PageImage Area128mm deep x 255mm wideQuarter PageImage Area65mm deep x 255mm wideEighth of a PageImage Area65mm deep x 125mm wideStrip AdImage Area40mm deep x 255 mm wide

#### **AUGUST BOOKINGS**

- · Community editorial 10th of July or earlier
- Advertising cut off 16th of July
- Distribution 30th of July
- · Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising contact 0421 786 302 or 0416 245 193 sales@market2market.com.au

**DISCLAIMER** While the publisher of The Community Leader has made every attempt to ensure that the content contained herein was accurate at the time of printing, the Publisher does not assume any liability to any party for any loss or damage caused by errors or omissions. Views expressed herein are not necessarily the views of the Publisher. All brands and trademarks published are the property of their respective owners. The Publisher reserves the right to refuse any advertising at its discretion.



## LOCAL CLUB PROFILE: THE PROBUS CLUB OF WYNNUM AND MANLY

FROM LESLEY JOHNSON, CLUB SECRETARY

In July this year, The Probus Club of Wynnum and Manly celebrates the 40th anniversary of the founding of the club – the second oldest Probus Club in Queensland!

What is Probus? It's fun and friendship in retirement. When you retire, often friendships that are developed through a working life tend to fade away. Probus is a great way to develop new friendships. Probus Clubs offer a range of activities for members, depending on their interests, lifestyle and location.

What about Wynnum Manly Probus Club? We are active retirees (and some semi-retired members) who enjoy the opportunity to participate in many activities that keep us young at heart and engaged with our community. We meet monthly at the Wynnum Bowls Club.

Our president and committee work hard to ensure that our meetings have a minimum of formality and a maximum of enjoyment and social connection.

Every month, we have interesting guest speakers, and we get to know our members better through interviews with one of our group members. Following our monthly meeting, members can opt to stay on for a well-catered Friendship Lunch at our venue.

Our guest speakers have covered a wide range of topics, from the history of our region, through poets and authors, meteorology, snake catchers, Olympic torches, medical researchers, to exercise physiologists...and we aren't just passive listeners, either!

Our club has a range of interest groups, run by our members, including walking, board games, coffee mornings, theatre and film, music makers and book swap. We also have regular get togethers apart from meetings, such as picnics, dine outs, barefoot bowls and barbecues. It's all go — with our monthly club calendar filled with opportunities that members can enjoy.

Then there are the bus trips. A trip every month to locations around Brisbane and the coasts, with interesting destinations, sightseeing and convivial lunches – something for our members to look forward to each month. We also embark on extended tours. Thanks to our talented tour director, we've had quite a choice, from 5-star luxury at Noosa to affordable cabins at Lightning Ridge. Of course, holidaying with friends is just the best!

We are a very vibrant and growing club – so much so that we've had to set up a waitlist – but you are very welcome to join that list. Check us out on Facebook and see for yourself the fun and friendship to be had with Probus.







Photos: Supplied.

## THE WATERLOO BAY LEISURE CENTRE IS NOT JUST FOR SENIORS!

FROM THE WATERLOO BAY LEISURE CENTRE VOLUNTEERS

Let's bust the misconception that Waterloo Bay Leisure Centre (WBLC) is a 'Senior Centre'. When the building was opened in 1978, it was exclusively for people over 50; however, during the '90s, membership was opened to people of all ages, and the '50 and Over' was removed from our title.

Today, the WBLC has become a hub for activities and events for all ages. During the day (Monday to Friday), we still cater mainly to the older population with various activities. We have recently welcomed Maggie Moo Music, which is music play for babies and toddlers, and our Tuesday leather class has welcomed a couple of home-schooled children to learn the craft.

Some of our regular events are bi-monthly markets, encompassing the historic Shire Clerk's Cottage and grounds, and two Community Concerts are held each month.

We are the home base monthly for The Repair Café and weekly for Boomerang Bags. The Wynnum Fringe has held several events at our venue in the past few years. We have been hosts of a number of well-known live acts such as Dragon, Eurogliders and Russell Morris under the banner of Bayside Music Hall, and more recently, we have welcomed The Drop Bear Comedy Club, with more of these occasions in the pipeline.

The Wynnum Manly Eisteddfod has been based at WBLC for over 40 years and runs during May.

Regular activities include craft groups, quilting, leatherwork, indoor bowls, table tennis and two art groups. Zumba and line dancing are held three times a week.

Our commercial kitchen produces hundreds of freshly cooked and frozen meals for sale to the public for just \$6, as well as serving meals at our concerts and morning teas to our groups. Our High Teas, served in our beautiful library, are also very popular with members and guests.

Community groups use our venue for fundraising events at reduced hire fees, but we welcome bookings for all types of occasions. In the main building, the auditorium seats 300 people, and the activity room will seat 80. For small meetings, etc., the library can seat up to 14 around our conference table. We also have a room beneath the cottage with kitchen facilities that accommodates 20 people.



The Waterloo Bay Leisure Centre library, where High Teas are served. Photo: Supplied.

For 46 years, Waterloo Bay Leisure Centre has been run entirely by volunteers.

For enquiries for classes or bookings, please phone 3396 9488 during business hours.

## CAN YOU HELP A TALENTED JUNIOR ATHLETE REACH THE TOP?

FROM ACTION INDOOR SPORTS ARENA

Imagine you are a 12-year-old girl. Imagine you are very good at your chosen sport; you are selected to represent Australia at the Junior World Cup for Indoor Netball in New Zealand in July. Imagine that because Mum is a widow working full-time to support this 12-year-old girl and pay for all her extracurricular activities, she may not be able to afford to participate.

Wynnum High School Year 7 student Ciena Wallis has excelled at every sport she has played. Ciena is an excellent swimmer who holds numerous pool records at her swimming club, the Wynnum Wahoos. While in primary school, her sports teacher called on her on many occasions to fill in for various sports, including rugby league and touch football, and she played in interschool carnivals.

From the age of four, she has been a permanent fixture at Action Indoor Sports Arena, Wynnum, and has always played with much older children and adults. She has played Super

League in under-16s since she was 10 and was selected for representative indoor netball the past two years but was unable to play due to injuries.

When COVID-19 hit, all indoor netball centres were forced to close. However, outdoor netball was allowed, so Ciena decided to give it a try. Her indoor netball skills were a great advantage for her as a rookie, and she was soon playing with older players. Last year, and again this year, she was chosen to represent the Redlands Outdoor Netball at the State Championships in Townsville after only a couple of years' experience.

Towards the end of 2023, Ciena finally got to play in a State Championship, where her Queensland team won both 6s and 7s. She was named in the 13-and-under Rubies at the Junior World Cup starting on July 19 in Auckland, New Zealand. Her usual position is goal attack or goal shooter, although she is a very versatile player and can fill any position.

Last year Ciena was named Sportsperson of the Year at Wynnum Primary School, and also Sportsperson of the Year at Redlands Outdoor Netball. She was also the Age Champion at several swimming carnivals.

Having a multi-talented 12-year-old is a very expensive exercise, and while the Action Indoor Sports Arena has shown support by holding raffles and money boards, any benevolent businesses or individuals who would be willing to assist would be greatly appreciated. If this is you, please contact Action Indoor Sports Arena for details







Photos: Supplied.



#### Canine Hydrotherapy, Remedial Massage & Laser Therapy

Is your dog: suffering from arthritis, recovering from surgery, getting older and/or slowing down? Maybe they're an athlete needing extra fitness? Or maybe they need to shift some extra kilos?

Whatever the case, get in touch to see how we can help your dog lead their best life!

www.bfpetrehab.com.au **f** @bfpetrehab **Q** 3/175 Bay Terrace Wynnum 4178

## HIT THE DANCE FLOOR WITH BIG **MUSIC FOR A BIG NIGHT OUT!**

If the sound of Big Band music gets your toes tapping and your hips moving, if the strains of swing classics like Sheikh of Araby or Basin St. Blues make you smile, or if your face lights up at the mention of Count Basie, Tommy Dorsey or Glenn Miller - well, keep smiling, because the Redland City Big Band has a night for you!

Swing, jive, jazz, Latin - and for the more sedate or less energetic, an occasional waltz - will be the order of the evening on July 20th at the band's Winter Magic dance night at Cleveland. Era-appropriate costumes are always welcome.

"There are quite a few dance groups around, and people enjoy really getting into the swing with clothes from the '30s and '40s," says Stephen Phoenix, a long-time Big Band member.

"The women lead the fashion stakes, but we occasionally have men turn up in peaked caps, braces and knickerbockers – it all adds to the atmosphere and the fun."

The Big Band is one of the music groups under the aegis of the Redland City Bands, which also includes the Concert Band, the Beginner Concert Band, the Wind Ensemble and the Smith Street Jazz Band.

"A number of musicians in the Beginner Concert Band are experienced musicians who are trying their hand - and perhaps their embouchure - at a new instrument," Stephen says.

As for brass, woodwind and rhythm players, the Big Band is certainly the place to settle into. A 22-piece band under the direction of Dr. David Salisbury, it boasts seven saxophones, three trombones, five trumpets and a rhythm section that would get the shyest dancer onto the floor.

If you're tempted to dig out the petticoats and flared skirts, the bobby socks and dance shoes, you can get more information by calling Joy Lovey on 0400 529 451, or go to https://redlandcitybands.org.au.







Photos: Supplied.



## **LOCAL POETRY** STILL WITH US

BY GEOFF SMILEY

Loved ones live in awareness and in feeling. even if only one of us survives. Like a scene remembered. relationship abides.

The loss of a partner or child, how can they not still be with us? The present includes the past. They live in our heartsthose we have known. In our private self they stay, when others have forgotten.

Perhaps they join the past only when those who knew them have all left this present dimension?



#### Do you want your dentures to feel good and look great?

#### **Our Services**

- · Emergency Repairs
- · Denture Additions
- Mouthguards
- Relines

#### Contact Paul on **0411 737 586**

www.abcdentureclinic..com.au abcdentureclinic@hotmail.com





## Cyanotype **Printing** Workshop

Unleash your creativity and curiosity with this ancient photographic process that produces stunning blue and white prints.

Small classes. Perfect for beginners.

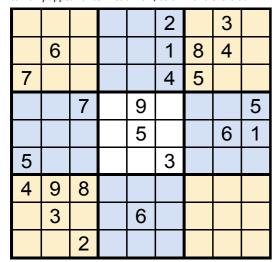
**SCAN OR CODE TO BOOK NOW OR CALL 0447 614 822** 





#### Sudoku

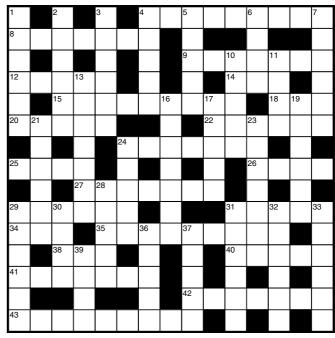
Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.



#### **Quick Workout**

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.

#### Crossword



#### **Focus**

An All Australian **Word Game** 

- \* Each word must contain the centre 'Focus' letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's' \* No proper nouns and no hyphenated words

TODAY'S Good: 15 words **FOCUS** Very good: 22 words Excellent: 35 words



Reference: Macquarie Concise Dictionary Focus No. 3883

#### **ACROSS**

- 4 Give up
- 8 Wonder
- 9 Speaks indistinctly
- 12 Sharp ridge
- 14 Snake
- 15 Names for office
- 18 Corn spike
- 20 Measure of length
- 22 Bear witness to 24 Strut with insolent air
- 25 Make silent
- 26 American state
- 27 Try to equal or excel 29 Instructive example
- **31** Motionless
- 34 Lyric poem
- 35 Vendor of writing
- materials
- 38 Respectful fear 40 Take as one's own

#### 41 Joins up

- 42 Rich cakes
- 43 Continued alive

#### DOWN

- 1 Preserve a body
- 2 Of pressing need 3 Plot
- 4 Saloon car
- 5 Send money **6** Fasteners
- 7 Place much
- frequented 10 Sample
- 11 Duelling sword
- 13 Flashlights 16 Unyielding
- 17 Bird of prey
- 19 Assault
- 21 Oozed out 23 Gave credit to

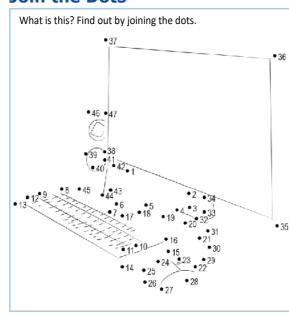
- 24 Showy deed
- 28 Biblical character 29 Lets down
- 30 Close up
- 31 Garden pests
- 32 Seemingly mocked by fate
- 33 Most recent
- **36** Advantage 37 Lazed
- 39 Hairpieces

#### **Spot the 5 Differences**





#### Join the Dots



#### **Solutions**

Puzzles and pagination supplied by Auspac Media



thwart whare what whata wheat whet wrath wreath herb rehab rhea that thaw thawer theta thew threat threw breath earth hare hart hate hater hatter hear heart heat FOCUS: athwart baht bath bathe bather BATHWATER berth

lump, extra buckle on shoe, shoe heel shorter, broomstick longer. SPOT THE 5 DIFFERENCES: Eyebrow moved, bag has extra







**GET MORE \$\$\$ FOR YOUR CAR, WE WORK FOR YOU!** 

AUSTRALIA'S LARGEST CONSIGNMENT DEALER, **UNDERCOVER LIKE NO OTHER!** 

**ZIP INTO 605 ZILLMERE RD ASPLEY** 

07 3359 2477

consignacar.com.au

VALUED AT \$

## **LOCAL FISHING WITH SPERO**

## WHERE THE FISH ARE BITING THIS MONTH AND THE GEAR I USE

BY SPERO KARTANOS

July is upon us, and the westerlies remind us why we like summer, but the fishing is fantastic! There's plenty of whiting, school mackerel, tailor, squire and snapper, and lots of cuttlefish and arrow squid – we really can't complain; Moreton Bay is just tremendous for fishing in winter.

I've had plenty of time to clean the whiting rods and reels every time we get bad weather and to get all my favourite rigs ready for the run of winter whiting, which are starting to move back to all the usual winter haunts. Try the Rous Channel, Fisherman's Gutter, Amity Banks, Maroon Gutter and the Sand Hills at Moreton Island. Also, don't forget the Blue Hole is holding some very, very large whiting at the moment, and closer to home, the eastern side of Darcy Light is worth a try.

I receive lots of emails asking what the best rods, reels, setups, and baits are for our bay whiting. I know everyone has their own preferences, but I thought I would share what I have used and my current preferences.

My favourite rods are ultra-light 5 to 6-ft rods, but my absolute favourite is the Berkley Cherrywood ultra-light 5-ft 6-inch with any of the 1000 reels, Daiwa or Shimano, or any brand that has enough ball bearing and is well sealed to last a while.

I started off always using a running sinker, but after an old fisherman was out fishing us and explaining the benefits of a paternoster rig and keeping the hook out of the weed, I was converted and have never looked back. Hooks were the other item that I changed a few years ago, and now I use much smaller round hooks. The black magic whiting hooks KL101 — I really can't believe how good these little hooks are sometimes. They are hard to bait, especially with fat little fingers like mine, but I find you use half the bait of the long shank hooks (but I still use my red long shank as well) and that's quite a saving these days. Here is a web address to an article I wrote about trialling these hooks: http://tacklejunkie.fish/black-magic-whiting-rigs/.

Bait is the most important, and you can't beat live

blood worms, but if you're on a budget and trying to save a dollar or two, then red beach worms, peeled Water Tower Bait and Tackle

small prawns, and strips of frozen small squid are the other options that work well. The sandworm plastics are hit-and-miss; sometimes, they work really well, and other times, there's not a touch.

As for tides, my preference in the bay is plenty of run in the tide. When there are small tides and slack water the whiting don't bite as well. Drifting is by far the best way of finding them; anchoring up and using burly will hold them behind the boat.

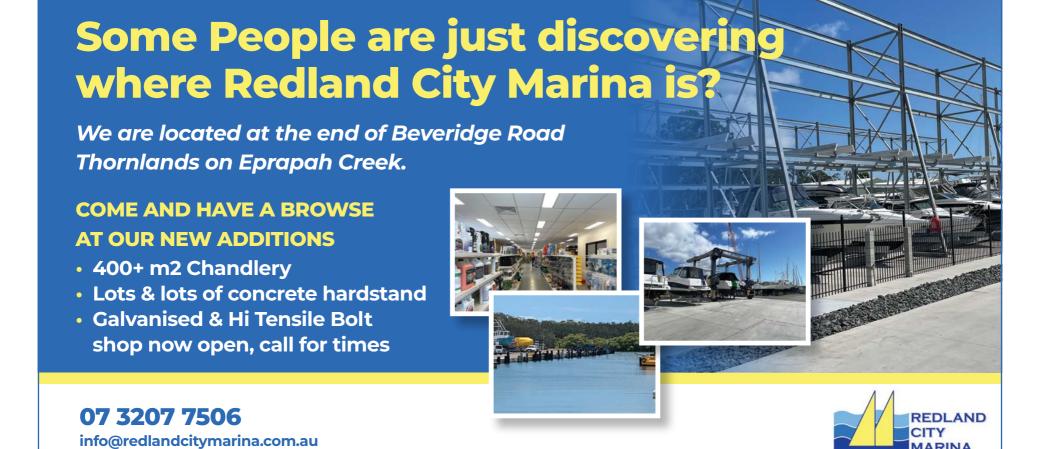
So, get the thermals, beanies and jumpers out, stay warm, and catch plenty of fish. And remember, with westerly winds, you can't see the whitecaps from shore, and we have lost too many lives in the bay this time of year, so it's better to put off a fishing trip for another day than to have a tragedy.

Until next time, good fishing!





Photos: Spero Kartanos.







MY24 NISSAN QASHQAI

SAVE \$1,293°

M \$ 40 78 2 DRIVE

SN: 2881156

CLOTH INTERIOR, WIRELESS APPLE CARPLAY®, ADAPTIVE



MY23 NISSAN X-TRAIL TI E-POWER

SAVE \$2,183\*

FROM \$56,565 DRIVE

SN: 2874204

19" ALLOY WHEELS, WIRELESS APPLE CARPLAY®, AND 12.3" TOUCHSCREEN DISPLAY.



MY23 NISSAN NAVARA ST 2WD

SAVE \$4,012\*

ROM \$48,978 DRIVE AWAY

SN: 2845391

BLIND SPOT MONITORING, EMERGENCY BRAKING, REAR PARKING SENSORS AND 360° CAMERA



MY23 NISSAN PATROL

SAVE \$11,891\*

ROM \$99,655 DRIVE

SN: 2860854

SUNROOF, ROOF RAILS, LED HEADLIGHTS, UNIQUE PREMIUM FRONT BUMPER AND GRILLE DESIGN.



MY23 NISSAN NAVARA ST 4WD

SAVE \$1,817\*

FROM \$55,823 DRIVE AWAY

SN: 2854918

17" ALLOY WHEELS, 360° CAMERA, APPLE CARPLAY® AND ANDROID AUTO™

**EOFY UNDRIVEN** 

DON'T MISS OUT!

**DEMO CLEARANCE** 



**BARTONS NISSAN** 

**WYNNUM** | 200 TINGAL ROAD | **3396 7777** 

bartonswynnumnissan.com.au







OUR STAFF ARE ONLINE NOW! TALK TO US VIA:





MESSENGER LIVE Facebook



All offers applicable to demo vehicles are valid for vehicles currently in stock at the time of publication and must be sold and delivered between 10 and 30 June 2024. Excludes metallic paint. Colour of vehicles may differ to colours advertised. Private and retail customers only. Excludes fleet and government buyers. This offer cannot be used in conjunction with any other offer. [\*] Price based on 6 months registration. [+] Save price based on RRP of vehicle. T&CS of the price of t

## **EASY VEGETARIAN CHILLI RECIPE**

Are you falling short on your veggie intake? This chilli packs a punch and is loaded with nourishing vegetables. It's a big ingredient list, but this veggie chilli is very easy to make and the perfect comfort food for cold winter nights.

#### **INGREDIENTS**

- · 2 tablespoons olive oil
- 1 large onion, finely diced
- · 2 cloves garlic, minced
- 1 red, green or yellow capsicum, diced
- · 2 medium carrots, diced
- 2 celery stalks, diced
- 1 zucchini, diced
- 1 can of black beans, drained and rinsed
- 1 can of kidney beans, drained and rinsed
- 1 can of pinto beans, drained and rinsed
- 1 can of diced tomatoes
- 2 tablespoons tomato paste
- 2 cups vegetable stock
- 1 tablespoon chilli powder
- 1 teaspoon ground cumin
- 1 teaspoon paprika (smoked or sweet)
- 1/2 teaspoon ground oregano
- 1/2 teaspoon cayenne pepper (optional, for fire!)
- Salt and pepper to taste
- 1 cup frozen corn kernels
- Juice of 1 lime



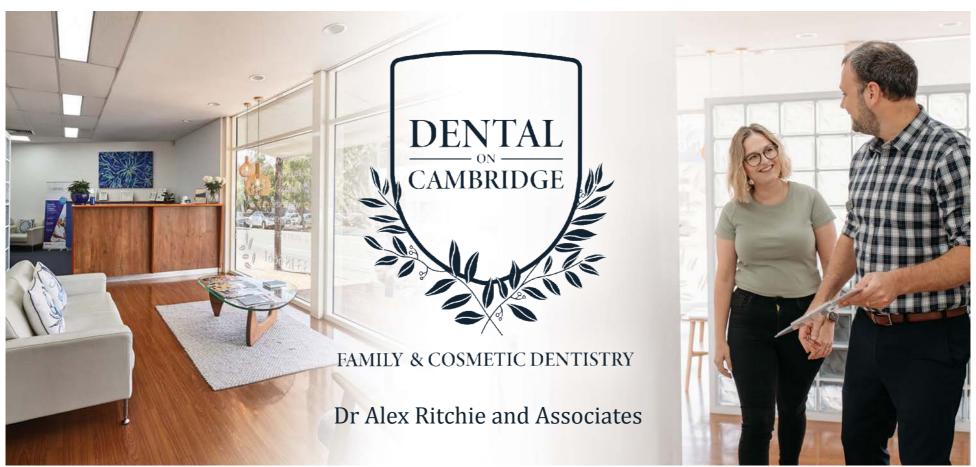
#### **OPTIONAL TOPPINGS TO SERVE:**

- · Grated cheese
- · Sour cream or Greek yoghurt
- Avocado/guacamole
- Tortilla chips

#### **METHOD**

- Heat olive oil in a large pot over medium heat. Add the diced onion and garlic. Sauté until the onion becomes translucent, about 3 to 4 minutes.
- Now add the capsicum, carrots, celery, and zucchini. Cook for another 5 minutes or until the vegetables start to soften.
- Stir in the black beans, kidney beans, pinto beans, diced tomatoes, and tomato paste.
- 4. Pour in the vegetable stock, add the chilli powder, ground cumin, paprika, ground oregano, cayenne pepper (if using), salt, and pepper, and stir well to combine.
- 5. Bring the chilli to a boil, then reduce the heat to low, cover, and simmer for about 35 minutes, stirring occasionally.
- 6. After 35 minutes, add the frozen corn kernels and simmer for 5 minutes
- 7. It's time to enjoy your chilli! Stir in the lime juice and serve.











## Preventive Dentistry, Patient Care & Comfort

Our highly experienced dentists have over 70 years' experience. With us, each and every appointment is with a dentist – no exceptions!

Call us today 3348 6661 | 4/99 Cambridge Parade, Manly

dentaloncambridge.com.au

When people say it's a family thing they're saying "you wouldn't understand, this is our private world". And when a loved one from your family dies, your private world is sacred to you. And that needs to be respected.

MCCARTNEY FAMILY FUNERALS

At McCartney Family Funerals we understand that. The big corporates don't, but we do. Because we're a family too.



155 Bay Terrace, Wynnum | mccartneyfunerals.com.au | 1300 043 522 Local Family Owned and Operated. Caring for Families in the Wynnum and Bayside areas.

