

# The Community Leader

WE'RE ALL ABOUT GOOD NEWS

## Bayside

DELIVERED TO 23,500 HOMES



## MERCURY THEATRE LAUNCHES A TITANIC PRODUCTION!

Many people dream of taking to the stage, testing their creative chops to deliver a performance that leaves an audience in awe. Not so many people have the courage to see through their dreams. And whether an actor is performing on a Broadway stage or a small community hall, the challenge is the same: to do their absolute best to tell a story, stir emotions, and inspire.

Mercury Theatre Wynnum has been staging community theatre

productions for 75 years. The group's latest production, *Scotland Road*, is giving local actors the chance to tell the tale of the mysterious appearance of a woman found floating in the North Atlantic in modern times, claiming to be a Titanic survivor. It's a dynamic script that will intrigue audiences with its psychodrama, and challenge the cast and crew.

Let's give our local thespians and backstage crews a standing

ovation and say 'thank you' for bringing outstanding theatre productions to life in the heart of Wynnum Manly. Bravo!

Performances of *Scotland Road* will run from November 1 to 17 at the Manly-Lota RSL Memorial Hall at Melville Terrace, Manly. Find out more about Mercury Theatre on page 7, and get your tickets before they sell out!

*Pictured: The cast of Mercury Theatre's Scotland Road.*



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## BAYSIDE

PROPERTY ~ AGENTS

David Pearce

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# APPLICATION LODGED FOR EXCITING NEW COMMUNITY ASSET

CONTRIBUTED BY CHRIS MAY, BAYSIDE WOODIES

The Bayside Woodturners and Woodcrafters Club, affectionately known as the Bayside Woodies, has planned a new building to replace the old Girl Guide Hut on its Council lease in Harman Street, Manly. The application for redevelopment has been lodged.

The club was established in 1989, and initially, members met in garages before taking over the present lease at Harman Reserve. The existing workshop buildings were added earlier this century to cater to membership growth, but more space is needed.

Bayside Woodies is known as a friendly and welcoming club catering to men and women over 14 years, with members practising wood turning, box making, musical instrument construction and restoration, pyrography, scroll saw work and toy making.

The club is active in the community, supporting district kindergartens with toys and other wooden activity pieces.

With over 165 members and growing, the club needs a new clubhouse and meeting room. The present hut is used for the

library and some woodwork activities but is no longer suitable as a meeting area; it is old and has asbestos walls, so extending it is not possible. Presently, the workshop is used for meetings. This takes up valuable workspace and requires machinery, chairs, and tables to be constantly moved about.

Over the past 18 months, the committee and members have worked towards getting council approval for the new building. Council representatives have been involved from the beginning, and Councillors Alex Givney and Lisa Atwood have been hugely supportive of the venture. Local residents have also been consulted and are supportive.

The new building has been designed to blend in with existing houses and will have access for people with any mobility issues. It will be entirely environmentally friendly.

"It's been a long time in the making with a group of members doing a lot of hard work. It will be a tremendous asset not only to the club and but also for the community and Council," said club president Chris May. "The club is very hopeful of approval success. Once achieved, a

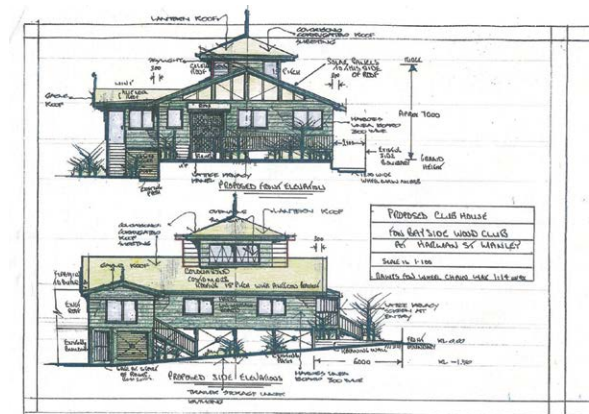




Image: Supplied.

building application will be lodged. Then the fun of fundraising begins, as it will cost \$300,000-plus."

*The Bayside Woodturners and Woodcrafters Club is hosting an open day on November 16 from 10:00am to 3:30pm at its Harman Street, Manly clubhouse.*





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# REMEMBRANCE DAY AT THE ARMISTICE CENTENARY WAR MEMORIAL

CONTRIBUTED BY IAN ERRINGTON

During the Great War of 1914-18, more than 500 Riflemen who were members of the Queensland Rifle Association (QRA) made the supreme sacrifice to protect our freedom and way of life. These men came from the cities, towns and pastoral communities of Queensland. Sadly, many of their names were lost forever when the central Brisbane building housing the Honour Rolls was demolished in the 1970s.

As Australia prepared to commemorate the 100th anniversary of the signing of the Armistice, the QRA decided to establish at the Belmont Shooting Complex a new memorial honouring these 500 Riflemen. It was envisaged that this new memorial would also provide a commemorative site for use by people from the local communities to honour their families and friends and to educate the next generation of young Australians on aspects of our military history.

In addition to formal ceremonies, the memorial's peaceful bushland setting allows for quiet contemplation. The site is guarded by a memorial gate and flanking walls. The memorial itself consists of a central stone, surrounded by 11 plinths, with a further two plinths on either side of the central memorial stone. Each plinth has been adopted by a shooting club or association to acknowledge the past sacrifices of their members in defence of the nation. A flagpole was erected next to the central memorial stone. The national flag flies constantly as a silent sentinel over the memorial and is illuminated at night. A manicured lawn area completes the solemn yet uplifting ambience of the memorial.

The Armistice Centenary War Memorial has been consecrated and accepted as a registered National Memorial.

**The Remembrance Day service will commence at 10:30am, Monday, 11 November 2024, at the Belmont Shooting Complex at 1485 Old Cleveland Road, Belmont. Guests should be assembled by 10:15am. Seating is limited, so you may wish to bring a folding chair, and an umbrella and sunscreen.**



Photo: Supplied.

**After the service, you are invited to move to the QRA Café area, where refreshments will be served. The QRA Museum will be open for visitors. It has a significant historical collection of the contribution of Queenslanders to Australia's war efforts.**

## Professional Aged Care & NDIS Services

**Home Caring Capalaba** is an Aged Care and NDIS service provider, locally owned and operated by Cassandra Russell who brings over 11 years in the aged care and disability industry. Cassandra's passion is to help you and your loved ones stay at home safely for as long as possible.

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- domestic assistance
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- companionship
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- access to the community
- dementia care
- Qualified Support Staff recruited by Home Caring Capalaba

If you would like more information on Home Care Packages or the NDIS, please contact Cassandra for a FREE consultation.

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Web: [www.homecaring.com.au/capalaba/](http://www.homecaring.com.au/capalaba/)



# WYNNUM UP LATE

## FRI 1 NOV, 5 - 8pm

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# UNDERSTANDING AND MAINTAINING FLEXI HOSES IN YOUR HOME

## *The BPD Way!*

In our October edition, we talked about flexi hoses, but the issues surrounding them are so important we wanted to highlight them again this month, just in case you missed it.

### **The Risks of Aging Flexi Hoses**

At Brisbane Plumbing and Drainage, we often encounter issues related to flexi hoses that can lead to significant water damage and costly insurance claims for homeowners. Flexi hoses are commonly used in plumbing systems due to their flexibility and ease of installation. However, these hoses can deteriorate over time, making them vulnerable to leaks and bursts, which can be devastating.

### **Common Causes of Hose Failure**

One of the main reasons flexi hoses fail is due to age and wear. Most hoses have a lifespan of about five to 10 years, and factors like pressure fluctuations, extreme temperatures, and poor installation can significantly shorten this lifespan. A common problem arises when the rubber around the wire inside the hose begins to degrade, which can go unnoticed until a significant leak occurs. When the hose breaks, the resulting water damage can be extensive, often requiring homeowners to file insurance claims that can be both stressful and

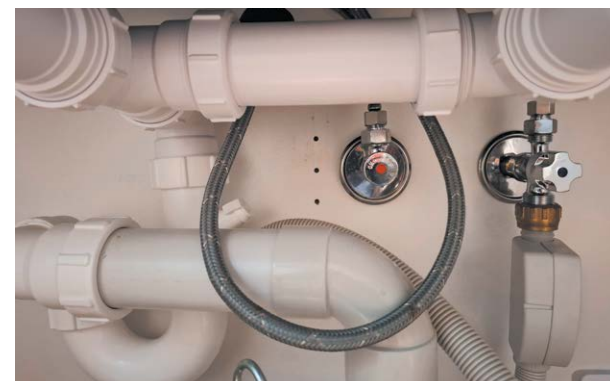
costly. At Brisbane Plumbing and Drainage, we've seen first-hand how these incidents can disrupt lives and finances.

### **Preventative Maintenance and Inspections**

To prevent these issues, regular inspections and maintenance are essential. Our experienced team at Brisbane Plumbing and Drainage recommends that homeowners proactively replace older flexi hoses, especially if they're approaching the ten-year mark. During inspections, we look for signs of wear such as cracks, discoloration, kinks, rust spots, and frayed wires. These indicators can help us identify potential problems before they escalate. We offer comprehensive inspection services designed to keep your plumbing system in top shape.

### **The Importance of Professional Installation**

Additionally, ensuring proper installation is vital. Hiring qualified professionals like those at Brisbane Plumbing and Drainage to install plumbing fixtures can significantly mitigate risks. We emphasise the importance of using high-quality hoses that meet industry standards, as they tend to be more durable and resistant to wear. Our team is dedicated to providing top-notch installations that prioritise your home's safety.



### **Protecting Your Home and Wallet**

Ultimately, taking these preventative steps can save you the headaches of unexpected repairs and insurance claims. If you have concerns about your flexi hoses or would like to schedule an inspection, don't hesitate to reach out to Brisbane Plumbing and Drainage. Our knowledgeable team is here to help ensure your plumbing system remains safe and efficient, protecting both your home and your wallet.

**NEXT MONTH, LOOK OUT FOR OUR NEXT ARTICLE ON MAKING SURE YOUR DRAINAGE IS SUMMER-READY.**



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# Buying Now

Mike and Nate Cornish will be travelling to the Redlands and Bayside areas for **5 days only from Monday 25th, to Friday, 29th November**. We want to buy your unwanted items listed below. Please visit us at a venue as shown below, for an 'on the spot' appraisal.

**If you live outside the area, have too many items to bring in, or would like a home visit, phone Nate on 0426 820 646 NOW to arrange a time.** These events are often compared to the 'Antiques Roadshow' on TV, but without the long queues. **Don't miss this opportunity!**

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Mike



Nate



**Are you moving or downsizing? Are you worried about security? Unwanted coins?  
Any jewellery, incl damaged? Do they sit in a drawer or cupboard?  
Are you no longer collecting? Are the family not interested?  
Would the money be more of use to you?**

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## Gold Coins

Full and Half Sovereigns, Nuggets, Bullion, \$200 Aust. Coins, Commemorative Coins, World Gold Coins, Holed or Worn, Gold Medals & Fobs



## Silver Coins

Aust. - Crowns, Florins, Shillings, Sixpences, Threepences, all coins from NZ, Great Britain, Fiji, South Africa, USA, Canada, Misc Silver Coins & Tokens, and all Other World Silver Coins



## Silver

Sterling Silver, Tea Sets, Cutlery, Trophy Cups, Trays, Baskets, Vases, Photo frames, Jugs, Mugs, Cigarette & Card Cases, Bullion Bars



## Aust. Proof & Uncirc.

All RAM and Perth Mint. Gold, Silver, Proof, Uncirculated, C-Mint, Old or Modern Coins and Sets, Collections & Accumulations. Any folders, tins, or bags of coins.



## Military Medals

- Australian Military Medals
- All Other Military Medals
- Orders & Decorations
- Bravery & Long Service Medals
- Stars & Crosses
- Groups & Accumulations
- Collections



## Bank Notes (Aust. & World)

- Decimal World Notes
- Predecimal World Notes
- Error and Misprint
- Private & Trading Bank Notes
- Specimen & Cancelled Notes
- Star Notes
- All World Notes



## Jewellery

All Jewellery, Bracelets & Bangles, Rings, Diamond and other stones, Coral Jewellery, Brooches, Pendants, Locket, Gold Cuff Links, Necklaces, All Broken or Worn Jewellery



## Silver & Gold Bars, Pendants

- Any size or weight, even unspecified
- Any condition - All brands including ABC, Perth Mint, Harrington, Engelhard, Geomin, and all other brands
- Also Platinum & Palladium coins/ bars



## Watches (Modern & Vintage)

Any Condition - working or not, Omega, Rolex, Tudor, Seiko, Longines, Breitling, Tag Heuer, Cartier and Other Watches Gold, Silver, and all Pocket Watches. Watchmaking spare parts and tools.



**MONDAY  
25TH NOV**

**Club Manly  
(Function Room)  
9:00am - 11:00am  
26 Faine Street**

**Redlands RSL  
(Tobruk Room)  
12:00pm - 4:00pm  
8 Passage St, Cleveland**

**Home Visits  
4:00pm - 6:00pm  
Phone 0426 820 646**

**TUESDAY  
26TH NOV**

**Wynnum RSL  
(The Pandanus  
Lounge)  
10:00am - 3:00pm  
174 Tingal Road**

**Home Visits  
3:00pm - 6:00pm  
Phone 0426 820 646  
For a Home Visit**

**WEDNESDAY  
27TH NOV**

**Home Visits  
9:00am - 1:00pm  
Phone 0426 820 646  
For a Home Visit**

**Redlands Sporting Club  
(Front Room)  
1:00pm - 4:00pm  
Anson Road,  
Wellington Point**

**THURSDAY  
28TH NOV**

**Victoria Point  
Sharks Sporting Club  
(Sharks Function Room)  
10:00am - 2:00pm  
325 Colburn Avenue**

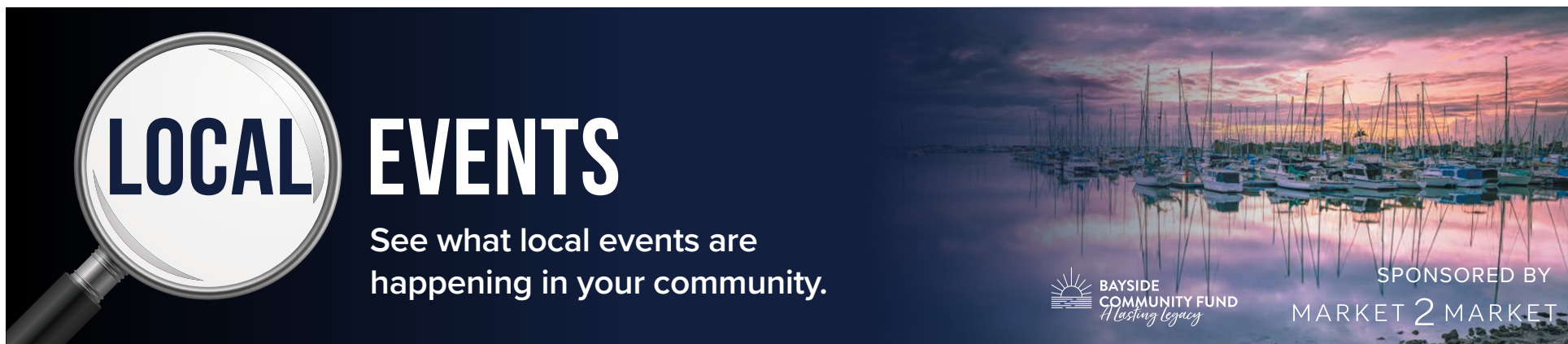
**Home Visits  
2:00pm - 6:00pm  
Phone 0426 820 646  
For a Home Visit**

**FRIDAY  
29TH NOV**

**Underhill Centre  
(Upstairs Room)  
9:00am - 12:00pm  
55-57 Degen Road,  
Capalaba**

**Home Visits  
12:00pm - 6:00pm  
Phone 0426 820 646  
For a Home Visit**

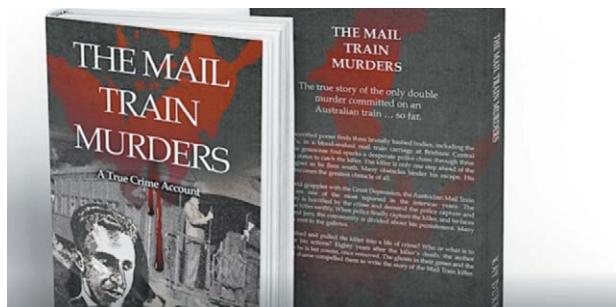
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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.



### THE MAIL TRAIN MURDERS BOOK LAUNCH AND AUTHOR TALK

Saturday November 23, 1:30pm, Wynnum Library, Florence St, Wynnum

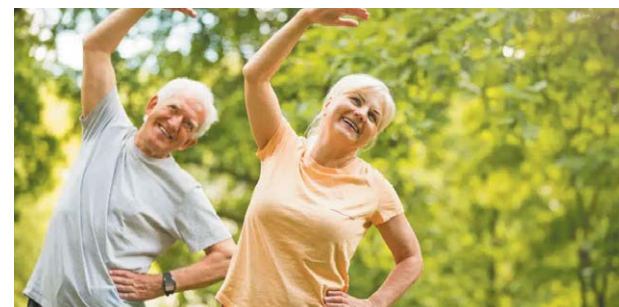
Come along to Wynnum Library for this utterly thrilling author talk and book launch of a Brisbane-based true crime story, *The Mail Train Murders*. Guests will hear the book's author, Kay Duke, speak in depth, and there will be question and answer time. Based on a true story, the book explores the only double murder committed on an Australian train. To book your tickets, scan the QR code.



### MANLY CREATIVE MARKETS

Every Sunday, 8:00am to 2:00pm, Little Bayside Park, Manly

What a fantastic way to get some early Christmas shopping done in the fresh air! Come along to Manly's Sunday markets, and enjoy the vibe of the gorgeous waterfront precinct, browse boutique market stalls, then make your way up Cambridge Parade for more easy breezy shopping! There's a huge selection of cafes, restaurants, and take-away options, so make a day of it and shop, eat and drink your way through Manly on a Sunday.



### FREE ZUMBA GOLD CLASS

Thursday November 14, 8:00am to 9:00am Wynnum Community Centre, 105 Florence St, Wynnum

This fun and fabulous Zumba class is ideal for seniors and active older adults who are looking for a modified Zumba class that incorporates classic Latin moves that are low intensity. Learn easy-to-follow choreography focusing on balance, range of motion and coordination. Meet upstairs at the Community Centre in Room 2.06 (where the stage is). For more information phone Linda at 0428 419 157. Bookings are essential; scan the QR code to book.



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### REPAIR CAFÉ BRISBANE BAYSIDE

Saturday November 9, 2:00pm to 4:00pm, Waterloo Bay Leisure Centre, Tingal Road, Wynnum

Repair Café volunteers will be standing by to help you fix broken and damaged items to save them from becoming landfill. Repairs are free, but visitors pay for parts or materials used. Donations help maintain a stock of consumables and cover other costs. Visitors watch the repairs being made and are encouraged to get involved, creating an opportunity to learn how things work and can be fixed. For bookings, go to trybooking.com and search for Repair Café Brisbane Bayside.



### MANLY-LOTA RSL REMEMBRANCE DAY SERVICE

Monday November 11, 10:45am, Richard Russell Park, Manly

A Remembrance Day Service hosted by the Manly-Lota RSL will be held on Monday, 11th November 2024, at Richard Russell Park, Manly. The service will honour those who have served. After the ceremony, light refreshments will be available at the Manly-Lota RSL Hall. Everyone is welcome to attend.

# MERCURY'S SCOTLAND ROAD IS A MYSTERIOUS AND INTRIGUING DRAMA

CONTRIBUTED BY NIKKI MEYER, MERCURY THEATRE

Step aboard the Titanic's legacy with Mercury Theatre Wynnum's latest production, *Scotland Road*, opening in November.

This intriguing drama delves into the mysterious appearance of a woman found floating in the North Atlantic in modern times, claiming to be a Titanic survivor. The play's thrilling narrative will keep audiences captivated as secrets unravel and truths are challenged.

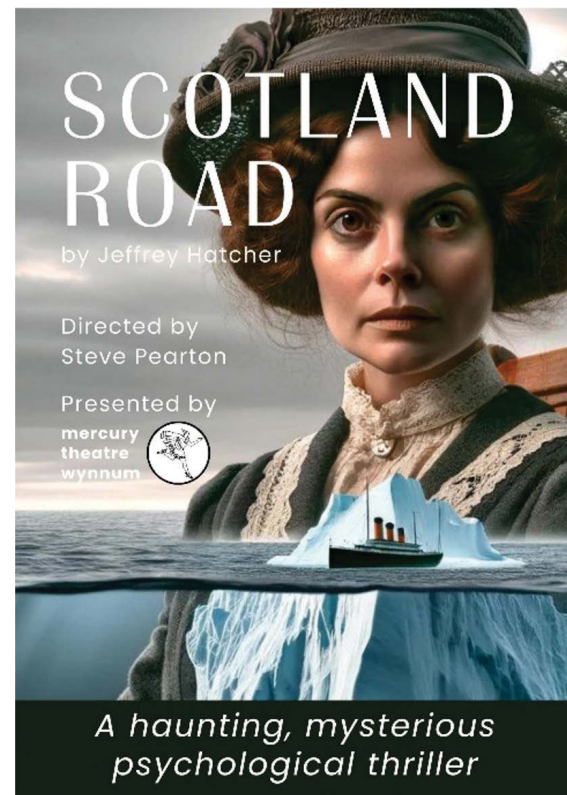
Mercury Theatre Wynnum, a beloved local community theatre group, is proud to bring this compelling production to the stage. The group has been a cornerstone of Brisbane bayside's theatre culture since 1949, and as we celebrate our 75th anniversary, we are more committed than ever to providing high-quality local entertainment. *Scotland Road* promises to be no exception, offering both newcomers and long-time theatre lovers an unforgettable experience.

Directed by talented director Steve Pearton, the cast features an exceptional lineup of actors whose riveting performances will make this production a highlight of the year!

This is your chance to support local theatre and be part of our vibrant community as we continue to showcase top-tier performances in the heart of Wynnum/Manly.

The show runs from November 1 to 17 at the charming and intimate Manly-Lota RSL Memorial Hall at Melville Terrace, Manly. Tickets are available now. Don't miss this chance to experience an atmospheric and thought-provoking drama right in your backyard!

**The theatre will be configured with tables of seven, and theatre-goers are welcome to bring their own food. Drinks will be available to purchase from the on-site bar. For more information and to book your tickets, visit [www.mercurytheatrewynnum.com](http://www.mercurytheatrewynnum.com).**



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# BAYSIDE MUMS GET SOCIAL TO BEAT LONELINESS AND ISOLATION

**Moving from New Zealand to Wynnum was an eye-opener for Kirsty Foster. With a husband in the air force she was no stranger to moving and with three boys in kindergarten and playgroups, establishing a circle of friends had never been a problem – but now things were different.**

“As your children get older and more independent you don’t have the contact with other parents that you once had, particularly when you’re in a new city – and COVID restrictions didn’t help!”

Kirsty tackled the feeling of isolation by setting up a Social Mum’s Facebook group. Within a day she had 200 members and it just kept growing, to the extent that it ceased to be a hobby and became a fulltime job.

“There was obviously a demand for it so I turned it into a ‘side hustle’ – then I gave up teaching and it became a fulltime job, and very quickly grew into a family business,” she says.

“It’s understandable when you look at the research indicating that one in three Australians are lonely – it’s an epidemic. The membership grew to the extent that we couldn’t do it on our own. I was getting a lot of interest from mums in the Redlands and I thought that franchising – what we now call ‘friendchising’ – would be a good idea.

“Social Mum’s Club organises social events and outings for mums of all ages and cultures and we’re supported by local businesses that recognise the value of looking after mums and supporting the club,” says Kirsty.

“Most of our events are free, there’s no membership fee or age restrictions. We organise outings to suit working mums, mums with

babies and mums with older children. We have grandmothers and young mothers in the group and a lot of lasting friendships and support networks have grown from club contacts.

“We now have a south-east Queensland membership of 13,000 – and with our new Redland business we’re expecting that number to grow!”

Talia Read is the owner of the Redlands franchise. After decades of a career at the top end of fundraising, sales, business management and marketing, recently having her second child dropped Talia into an isolated space. She knew no other mature mothers with toddlers, eighteen months of maternity leave had distanced her from her work colleagues and her high-level personal work skills were sorely under-utilised.

“I met Kirsty at a dinner and the concept of her Social Mum’s Club really caught my imagination,” she says. “Being part of a team, getting to use my professional skills again, having a purpose outside home and family, the flexibility of working as a franchisee – it was a perfect fit.”

The evidence certainly points that way. In four weeks, the existing 2,000 Redlands membership has grown by 100 and Talia has expanded the core of enthusiastic business partners.

“It’s such a warm and welcoming community,” says Talia. “If you see me out and about please come and say hello!”

For more information visit <https://www.facebook.com/groups/socialmumsclubredlands> or [www.socialmumsclub.com](http://www.socialmumsclub.com) and for events, go to [www.socialmumsclub.com/events](http://www.socialmumsclub.com/events).



Photos: Supplied.

# THE BUZZ ABOUT BERNIE: SAVING THE BEES AND THE EARTH!

CONTRIBUTED BY DON SMITH, WYNNUM MANLY MEN’S SHED

**Bernie is another ‘Men’s Shedder’ whose mission is to save the world. It must be a grandfather thing.**

When Bernard O’Sullivan arrived from Ireland looking for the peace and tranquillity that stories about Australia had promised, he was alarmed to find that the lucky country’s biome was in dire trouble, with our declining bee populations already careering towards extinction.

This is caused mainly by human degradation of their habitats and the destructive Varroa mite, which kills off hives.

Bernie recognised that humankind’s best hope to reverse climate change was to replant those areas denuded by excessive cultivation. But with the ‘busy bees’ – our most prolific pollinators – now being corralled towards extinction, the Earth was rapidly hurtling towards the greatest mass extinction since the Cretaceous Paleogene period 65 million years ago. (You know, dinosaurs kaput!).

So, Bernie took up the challenge to save the bees and the Earth. At the Men’s Shed, he began furiously building bee hives and high-rises, probably using architectural ideas he gleaned from the Gold Coast high-rises. He willingly dispensed his knowledge and tips on beekeeping and hive building to all potential apiarists. It’s hard to save the world on your own.

A ‘Weekend at Bernie’s’ is killing Varroa mites, caring for his millions of workers and collecting the honey he sells at the Manly Markets to fund his noble crusade.

The photo shows Bernie discussing the highway with ardent supporter Joan Pease MP. No, no, no. Not the Bruce Highway. The Bee Highway. It’s all about the bees.

So, let’s all raise a glass of honey wine to Bernie, and thank him on behalf of our children and all future children.



Photo: Supplied.



# THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



## A CROWD AT THE BONNER SENIORS' EXPO

I recently hosted my annual Bonner Seniors' Expo, at the Waterloo Bay Leisure Centre in Wynnum. Fostering a community where elderly people know they are cared for and supported is a priority of mine. It is important Bonner locals age with the assurance that **quality assistance is available and accessible to them.**

This year, we had **forty-eight vendors, twenty-three raffles and three hundred attendees!**

Non-for-profits, commercial, and government organisations joined us, each bringing a wealth of knowledge and experience. It was awesome to see such a great range, with each vendor bringing a unique contribution to our 2024 Expo... whether it be on wellness,

financial planning, social activities, or practical advice. We had great speakers and even performances from Bayside Dance and Darling Point Special School.

Thank you to everyone who supported the event, from donating raffle prizes to inviting your family members. A special shout out to our sponsor, **Piccardi Fry Lawyers**. Without their generosity, the Bonner Senior's expo wouldn't be possible.

Thank you to everyone who came to the expo, it is a privilege to serve our community in such a practical way. My team and I are already planning next year's expo, which will be even bigger and better!



## AMPLIFYING THE VOICES OF OUR YOUNG PEOPLE

Sometimes, to young people particularly, it can feel that politicians are making life-changing decisions a world away... in Canberra. That's why I decided to participate in the 2024 Raise Our Voice Australia Campaign, to amplify the voices of young people and show that the perspectives of Bonner youth are heard and important.

As part of the ROVA Campaign, high schoolers across Australia were asked *"What do you want your community to look like in the next 10 years, and what can the next parliament do to achieve it?"*

This year, I read a speech by **Bonner local year 11 student, Araminta.**

Araminta's vision is simple, **she wants our community to be a place where mental health is openly discussed and where everyone feels supported.** Her 90-second statement was a personal story, sharing her struggle with mental health, and is a powerful reminder of the challenges many young Australians face.

I found her story particularly touching in light of the Bonner Youth Mental Health Forum, which I hosted in May this year. The forum highlighted the importance of early intervention, and remembering to check in on your mates.

The statistics she shared are alarming: 38.8% of Australians aged 16 to 24 have experienced a mental health disorder in the past year, and suicide is the leading cause of death among young Australians.

As Araminta wrote, *"These are not just figures, not just numbers, these are people, these are children, with real lives, and real struggles. They are our classmates, our friends, our family."*

With young people as switched on as Araminta, I think we can rest assured that the next generation is ready to lead the charge in creating a more supportive community.

**Thank you, Araminta, for your courage and commitment to highlighting the importance of mental health.**

# Maggie's Mates

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**Name:** Hi, I am Miss HoneyBun.

**Suburb:** I'm from Wynnum.

**How long have you lived at Wynnum?** For five months. My humans have been in the 'hood for seven years.

**What is your favourite local walk?** Mum and Nanna have been introducing me to a different part of the esplanade every time we walk, so I'm yet to gather all my bearings (Sandyboy, their 15-year-old retriever, knew the place like the back of his paw). I will say I'm incredibly lucky to have landed here and for this magnificent place to be an extension of my backyard, full of fresh sea air, plentiful smells and all the birds I hope to play with one day!

**What's your most treasured toy?** Umm...the kitchen chairs?! I must have been a furniture designer in a past life. That said, we're all designers here, so I'm giving them a much-needed facelift and 20-year revamp, adding some elevated seaside charm to the chair stumps!

Beyond that, I love my yellow bouncy ball, which I love playing soccer with (go the Tillies!); Mum only has to find it approximately 50 times a day.

**What's your favourite food?** Fruit salad (apples, strawberries and bananas) – yummy, yummy! I love chewing on carrots too, and 'oh-em-gee', I discovered hot chips by the bay the other day, and I'll be back! I'm also super keen to try a doggo-lato.

**What's your worst habit:** Witching Hour!

**What is your favourite local hangout?** I've had my first taste of Tide on the Jetty (yummy), and I am oh-so-keen to try the Manly Boathouse and Coopers, and to become a hip-laneway doggo at Cambridge Lane! If there's a sea view and a feast, count me in!

**Who is your best doggo friend?** Lucky, my stuffy labrador littermate. Mumma-bear keeps doing monthly progress photoshoots with us both, and surprise, surprise, I keep growing taller! I'm so looking forward to hanging out with Miss

Maggie of Manly and learning from the best. My humans met Miss Maggie at a Golden Retriever Club meet-up when Miss Maggie was just a sweet little pup and fell in love with her beautiful feminine energy. As luck would have it, they ran into each other again as locals on the esplanade and have become fur-iends ever since! I also went to my first golden meet-up recently, which was a sea of gold in all our different golden shades, and I slept for more than three hours afterwards! I'm also looking forward to meeting Astrid, as I hear she's the 'mummabear' figure of Manly.

**Are there any funny or embarrassing stories you'd like to share?** Being a true Gen-Millennial fur-kiddo, I, of course, chose my name!

**What do people love most about you?** My super curious, honey-sweet nature and the fact that my name is a nod towards Miss Honey from *Matilda*, every '90s kids' favourite movie! I also give gentle, soothing hugs.

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# MISS MAGGIE OF MANLY



## INSECT BITES IN PETS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Dogs can be bitten and stung by a number of different insects – in some cases the bite may cause minor irritation only but some animals may develop a severe reaction which requires veterinary attention.

### FLEAS

Flea bites cause itching which may result in hair loss and self-trauma, leading to the development of wounds and secondary infection. Flea infestation can be diagnosed by finding live fleas or flea dirt in the fur.

There are a number of different options available for preventing flea infestation including oral, top spot or injectable medications.

### MOSQUITOES

Mosquitoes and sandflies are common in our bayside suburbs and our pets are just as sensitive as us when it comes to being bitten. Mosquito bites can cause raised, red lesions (“itchy bites”) most often in poorly furred regions such as the ears, belly and groin. Cats may develop a hypersensitivity to mosquito bites and demonstrate severe raised pink lesions commonly affecting the nose and paw pads.

Apply a pet friendly mosquito repellent to your pets if they are outside at dawn and dusk when these insects are most likely to be active.

Keep your yard free of stagnant water sources to reduce mosquito breeding sites.

Mosquitoes are also responsible for spreading heartworm disease so it is essential that your pet be on regular preventative medication to avoid contracting this potentially deadly disease.

### BEEES, WASPS AND ANTS

Flying insects such as bees and wasps may cause painful stings and a variety of ant species have painful bites. Sudden pain, limping, localised swelling and redness at the site are common signs of stings and bites. If a sting is visible it should be removed and an ice pack may be applied to the affected site.

Some animals may experience an allergic reaction as a result of a bite from these insects. Signs including facial swelling, hives, difficulty breathing, intense itching and vomiting and diarrhoea indicate a serious reaction that needs veterinary attention.

Keeping your yard free of obvious nests can reduce the risk of bites and stings. Avoid walking through areas where there is a large amount of clover and stay on pathways to avoid brushing against flowering plants where bees may be active.



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# WYNNUM MANLY ROTARY'S CAMPAIGN AGAINST DOMESTIC VIOLENCE

FROM THE ROTARY CLUB OF WYNNUM AND MANLY

**The Rotary Club of Wynnum and Manly's campaign against domestic violence is gaining momentum!**

Members of the club have adopted a 'purple Friday' theme, meeting at different venues in the Wynnum/Manly area on Friday mornings for coffee and to engage with local businesses and people.

The first gathering was at Frenchies on Bay Terrace, with subsequent visits to Pelican's Nest on the esplanade, Banette Bayside and Second Home, both on Bay Terrace. Twenty-three members enjoyed Second Home on Friday, October 4; their many purple shirts made quite a splash!

When you see our members with the purple shirts having coffee at a venue in Wynnum or Manly (every Friday morning from 8.00am) please join us and have a talk.

The club is seeking support from everyone in the community for this campaign, and the dream is to have the whole area awash with purple shirts on Fridays. This demonstration of community support for action against domestic and family violence will send a powerful message to all.

Businesses are being approached to join the club in promoting this campaign, with the hope that employees and associates of these businesses will purchase purple shirts and wear them on Fridays. If you would like to get a shirt, please email the club secretary (secrcwm@gmail.com), and Les Louis will contact you.



Photo: Supplied.

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Councillor for Wynnum Manly Ward

## Updates from your local Councillor



### Wynnum Scout Group

On August 10th, five Wynnum scouts completed Operation NightHawk, an annual 12 km night hike through unknown terrain without electronic assistance. Starting at 7 PM from Pittsworth, the patrol independently navigated the course with only a compass and basic supplies, facing a forecasted low of 7 degrees. After 6.5 hours, they returned cold, tired, but proud. Among 100 patrols, Wynnum achieved a top 25 ranking at two checkpoints. This event and the patrol's result showcased their solidarity and resilience under pressure in tough conditions. Well done to the patrol, from the entire Wynnum Scout Group community.



### Bayside Sea Scouts

Dexter has been participating in scouts from a young age as a Joey Scout and now as a Cub Scout. He has achieved his peak award in both sections. As all scouts do, Dexter has relied upon the support of his parents and fellow scouts and it's this support along with Dexters personal drive that's carried him along his journey. Dexter culminated his ability and skills most recently during a 4 hour canoe adventure on Tingalpa Creek. As they say in Scouts, BRAVO!



### Manly Lota Scout Group

Thank you to the Manly-Lota Scout Group for presenting me with a special scarf and woggle at a recent scarfing up ceremony. It's inspiring to see how active their group is and the incredible activities they offer for youth in our community. Scout groups play a vital role in fostering teamwork, leadership, and a sense of adventure among young people.

I am excited to support these initiatives and get more involved with our local scout groups. Together, we can strengthen our community and provide even more opportunities for our youth to learn, grow, and thrive.



### Stay in the Loop!

Want to stay updated on all the latest news and developments? Join our mailing list today! Simply scan the QR code below and never miss a beat.

Let's keep the momentum going, Wynnum Manly! Together, we're building a brighter Bayside to keep Brisbane moving!

# LET'S TALK MENOPAUSE

BY DR ORLA BARRY, MANLY VILLAGE MEDICAL

Menopause is the spectre that hangs over women of a certain age. On one hand, it's a relief – no more periods! On the other, it's a minefield of unexpected symptoms. Brain fog, hot flushes, joint aches, night sweats, mood changes, loss of libido, dryness...any and all of them could happen.

Many women don't even realise when menopause starts – all they know is one day they're sitting at work, covered in sweat, angry for no reason and unable to concentrate, and they have no idea how they got there.

Menopause is defined as the last menstrual cycle, and most people know they've reached it when they have no periods for 12 months. Perimenopause is the time prior to that, where menstrual cycles can become irregular and women can suffer the same symptoms of menopause.

The average age of menopause is 50, but can occur any time after 40. The symptoms of menopause can be debilitating, and unfortunately, many women don't know that they can be treatable, leaving them suffering unnecessarily. On top of that, there can be benefits for long-term health, particularly for women who go through early menopause.

If you notice your periods have become irregular, or you are suffering any symptoms like the ones above or any others you think may be menopause, you should talk to your doctor about your treatment options.





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# MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE UPDATE

BY CATH COOK, PRECINCT COORDINATOR, MHVCO

The Manly Harbour Village Chamber of Commerce (MHVCO) continues to support the local business community, fostering collaboration and growth within our vibrant precinct. As a not-for-profit incorporated entity, the Chamber is led by a dedicated committee of local business and property owners who share a vision of making the Manly area a premier leisure destination in Queensland.

On Tuesday, September 17, the Chamber held its latest Trader Networking evening at Move Podiatry. Vanessa and her team gave us a warm welcome to their new space, with just over 20 members and guests attending this intimate gathering. The atmosphere was lively as guests mingled in the practice's reception area, enjoying a selection of delicious, locally sourced food and drinks.

This year's Manly Harbour Christmas Lights Competition is shaping up to be a memorable one! For the first time, all residents within the 4179 postcode are invited to participate, making it a true community-wide celebration. The official launch will take place on Saturday,

November 30, in Little Bayside Park. Come join us for Christmas carols, a festive movie screening, and, of course, a special visit from the 'Big Man in Red' himself! There will even be a Santa photo booth where families can capture the magic of the evening. Harbour cruises will be running throughout December, offering the perfect way to see Manly Harbour Village in all its twinkling holiday glory. What better way to take in the lights than a peaceful night cruise?

Don't forget, on the first and third Saturday of the month are the Jan Power Markets, the first Saturday of the month also sees the free Movies in the Park, starting at sunset. The Manly Creative Markets are held every Sunday. All the three events are held in Little Bay Park, Manly.

For more information on upcoming events or to get involved with the Chamber, please contact us at [promotions@manlyharbourvillage.com](mailto:promotions@manlyharbourvillage.com).



## DATE CLAIMERS

**2 NOVEMBER:** Movies in the Park – *Mamma Mia*

**19 NOVEMBER:** Trader Networking Evening – Manly Lota RSL Sub Branch

**30 NOVEMBER:** Manly Harbour Christmas Lights Competition Launch – Little Bayside Park, Manly

**7 DECEMBER:** Movies in the Park – *Home Alone 2 Lost in New York*

## MARKETS

**2 & 16 NOVEMBER:** Jan Power Markets

**EVERY SUNDAY:** Manly Creative Markets



Photos by Steve Krige Photography.

# Do you have unwanted items in your home that you would like to sell?

CONTRIBUTED BY ANTIQUE BUYERS

In today's trend of downsizing and decluttering our homes, it's the perfect time to go through those drawers and cupboards, to turn those unwanted items into cash. Antique Buyers, and father-son duo, Mike and Nate, will be in the Redlands and bayside areas for five days only from November 25 to 29, at a convenient venue near you.

"We are enthusiastic buyers, particularly interested in gold jewellery, whether broken or intact, antique jewellery, gold and silver coins, collectibles including military medals, and banknotes, as well as mechanical watches," says Mike Cornish, the company's chief buyer.

"Everyone has something we want to buy, and nothing is too small for our consideration. We are just as happy to buy one item as we are buying 10,000!". Mike says that if you are in doubt about any items you wish to sell, take them in for an instant appraisal. No appointment is needed. See page 5 for full details.

### Gold and Silver still at high prices

With the gold price still at higher than traditional levels, right now is

an opportune time to explore your jewellery box and dig out those old gold chains, rings, and brooches, to turn them into cash. Mike emphasises, "This is an ideal time to sell. We will buy anything made of gold – old jewellery, coins, virtually anything, even gold teeth! We also need silver in any form, including coins, and bars of any size."

### Old coins can toss up a rarity

Check those drawers and cupboards, you may have a rarity lurking amongst your coins. "We want to see any old foreign coin accumulations. Bags, tins, boxes, folders, however they come, we will be quite happy to go through your coins on the spot and give you an idea of what we can pay. You just never know what can turn up!"

### Rolex and mechanical watches wanted

Mechanical watches are needed urgently by the buyers. "Collectors at this stage want brands such as Rolex, Omega, Patek Philippe, and Seiko, just to mention some. These brands can command good prices depending on the model and condition." Mike explains. "If you are unsure, bring your watches in for an appraisal."



We also offer home visits for those unable to visit us, or those with too much to carry. Refer to our advertisement for home visit times, then call Nate on 0426 820 646 to book your appointment.

For complete details, including venue times and locations, please see the advertisement on page 5.

## Feetup. Catchup. Showup.

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# DRIZZLE BOY — A NEW LEVEL OF THEATRE COMES TO RPAC

Autism takes its proud place centre stage in Queensland Theatre’s production of *Drizzle Boy*. Winner of the 2023 Premier’s Play Award and the first Australian play to focus on autism, this radical three-hander boasts an autistic playwright, Ryan Enniss and an autistic actor, Daniel R. Nixon in the lead role.

Despite his widespread and impressive career in theatre, director Dan Evans says the experience was a steep learning curve – for everyone.

“I feel privileged to have directed this production,” says Dan. “Ryan was adamant that a neurodivergent play should have a neurodivergent actor playing the role of *Drizzle Boy* and I was determined that the character, navigating his way through life and relationships, should never have to explain himself; I wanted to bring the audience into his world, to experience the constant need to adapt that neurodivergent people live with.”

On top of the demands of working with the development and decisions demanded by a premiere production, Dan set himself to

understand the special skills, protocols and language necessary for working with such important and sensitive issues.

“I had to expand my creative thesaurus in the best possible way – filtering the language of theatre through a lens of compassion and patience,” he says. “Autism isn’t a graduated scale, it’s a colour palette; if you’ve met one autistic person, you’ve met one autistic person. I was nervous about what was appropriate for the actors but they gave me the best advice; if you don’t know, just ask. The conversation IS the work. Ray and Daniel taught me life-changing skills; the main one is to really listen.”

His research was extensive and thorough. As well as consulting with specialist university professors, autism associations, parents, teachers and supporters and the specialist disability arts organisation, Indelibility Arts, he enlisted the skills of respected dramaturg Saffron Benner to work with him and Ryan in fine-tuning the script.

“Ryan is the fastest writer I’ve ever met; within



Photo: Supplied.

24 hours he’d developed a new version of the script and added 54 new scenes – it was an amazing experience!”

“Working on *Drizzle Boy* has taught me so much. I needed to make sure that the writer and the cast could fly – it just meant paving the runway a little differently.”

(There’s a sweet touch of satire in the play’s name... just think about it...)

*Drizzle Boy* will play at RPAC on Thursday, November 21. For tickets, go to [rpac.com.au](http://rpac.com.au) or phone (07) 3829 8131.

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# NATURALLY WONDERFUL ... WITH RANGER STACEY

RANGER STACEY THOMSON IS PRINCIPAL ADVISER - COMMUNITY EDUCATION (REDLAND CITY COUNCIL)



I know not everyone likes snakes ... in fact many people are terrified at the mere thought of these graceful, rippling reptiles. However, I believe it helps if we try to understand them. For me, the sight of a snake is fascinating!



These cold-blooded creatures with shiny, scaly streamlined bodies have cool features and adaptations. If you can't bring yourself to look at a real snake, photos are a wonderful way to admire how the scales fit intricately together along the body... pure perfection!

Imagine having the ability to visualise your surroundings by 'tasting the air' with a simple flick of the forked tongue. Or swallowing a meal that's more than 75 per cent larger than your head!

Love them or loathe them, snakes are an integral part of nature's food chain. It is thanks to snakes that rats and mice aren't scurrying out of control.

For almost 40 years I've had close encounters with many snakes while filming educational segments for *Totally Wild* and other programs, and it's always been under controlled conditions, featuring relatively relaxed 'ambassador' snakes – such as Ben, Shaggy and Stretch. Over the decades I've been bitten twice by non-venomous snakes – I admit, not pleasant. But trust me, there are no hard feelings, just a healthy respect for their natural instincts.

Snake awareness is part of our Aussie culture. They inhabit a range of environments, including urban settings. There's a good chance a carpet python may be living the quiet life near you!



Photo: Supplied.

Most snakes will try to avoid humans. Statistics reveal that 90 per cent of snake bite incidents occur when a person attempts to corner, catch, or kill it.

So, my message is simple – if you come across a snake, try not to panic and simply leave it alone. Never assume the identity of a species based on colour, size or pattern, and if it's in your house, call a local snake catcher. For an injured snake or other reptile, Redlands 24-hour Wildlife Rescue Service is a phone call away (3833 4031).

Until next time ... Stay Wild and safe around snakes!

*Ranger Stacey*

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# Maximising the sale value of your home in the Wynnum Manly market: Your guide to pre-market preparation

FROM RE/MAX ADVANTAGE WYNNUM

In Wynnum Manly's competitive market, first impressions are key. Preparing your home for sale is key to attracting buyers and securing the best price. A well-presented home can not only boost interest, but also shorten your time on market. Here are our top five tips on how you can optimise your home before going to market:

## 1. Boost Curb Appeal

A strong curb appeal sets the tone for the rest of the inspection. Ensure the lawn is well maintained, hedges are trimmed, and paths are clean. A fresh coat of paint on the front door or a few potted plants can make a significant difference.

## 2. Declutter and Depersonalise

Buyers want to envision themselves in the home, so it's essential to create a neutral and clutter free space. Remove personal items such as family photos and excess furniture. The goal is to create an open, inviting environment where buyers can imagine their own belongings.

## 3. Make Necessary Repairs

Fix visible issues like leaky taps, cracked tiles, or peeling paint.

These small repairs can reassure buyers about the property's condition and reflect well in building and pest reports. This is especially important in older homes near the waterfront.

## 4. Consider Professional Styling & Furniture Staging

Hiring a professional stager can highlight the best features of your home and make it more appealing. Thoughtfully arranged furniture and décor can enhance spaces and increase buyer interest and emotional attachment when inspecting the home.

## 5. Clean Thoroughly

A spotless home indicates that the property has been well maintained. Make sure windows, floors, and surfaces are gleaming, and consider hiring professional cleaners for a deep clean should you need.

These simple but effective steps will enhance your home's appeal and help maximise its value in the Wynnum Manly real estate market.

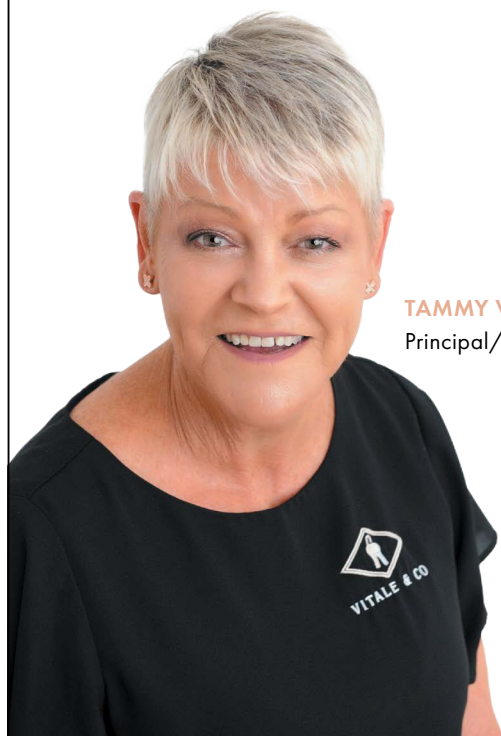
For more personalised advice about selling your home, contact Travis Gill of RE/MAX Advantage at 0407 124 733 | [travis.gill@remaxwm.com.au](mailto:travis.gill@remaxwm.com.au).



Photo: Supplied.

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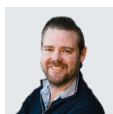


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# The Future of Energy: How Smart Technology is Transforming Bayside Homes

CONTRIBUTED BY SOLAR AIR ENERGY

With technology advancing rapidly, our homes are becoming smarter in how they use energy. For bayside residents, this means greater control over electricity, lower energy bills, and a more sustainable way of living. Modern solar systems and energy management tools are putting the power back into homeowners' hands – literally and figuratively.

Imagine being able to track your home's energy use in real-time, right from your phone or tablet. These systems allow you to see exactly how much solar energy your panels are producing and where your electricity is going. You can easily identify which appliances are using the most power and make adjustments to reduce waste. This technology is not only making our homes more efficient but also helping families save money by maximising solar energy production and minimising unnecessary electricity use.

One of the most exciting aspects of this technology is how it can help homeowners take control of their energy use like never before. By shifting high-energy tasks, like running the dishwasher or doing laundry, to times when your solar panels produce the most energy, you can significantly reduce your reliance on the grid and cut your energy costs. And as energy prices rise, this kind of control becomes more valuable every day.

These systems are also helping create a greener future. By optimising energy use, homeowners are lowering their carbon footprint and contributing to a more sustainable bayside. Smart energy management is not just about saving money – it's about using energy more efficiently and responsibly. Whether it's adjusting the thermostat, monitoring solar output, or planning around peak energy production times, the technology is making it easier than ever to live sustainably.



Photo: Supplied.

What's more, this isn't just the future – it's happening now. Homeowners across the bayside are already benefiting from these smart systems, using them to make their homes run more smoothly, efficiently, and eco-consciously. And as technology continues to improve, the possibilities for even greater energy savings and sustainability are endless.

The way we use energy is changing, and bayside is at the forefront of this shift. With smart technology driving the way, residents are discovering just how easy it can be to save energy, reduce costs, and help the environment – all while staying comfortable and connected.

Solar Air Energy is a local bayside business leading the way with this solution. To speak with a solar technician, contact Solar Air Energy today by calling 0412 911 080.



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# WYNNUM GOLF CLUB HOSTS AUSTRALIA'S RICHEST ONE-DAY PRO-AM

FROM WYNNUM GOLF CLUB

*The 45th staging of the Bartons/BMD ProAm will light up Wynnum Golf Club on Monday, November 25, 2024.*

Get set for a golfing spectacle with a prize pool of \$50,000, featuring over 70 professionals and 130 amateurs.

Members and visitors are especially welcome to get inside the ropes and enjoy what promises to be a full and fantastic day of golf!

Bartons and BMD take pride in this very special ProAm event, the most awarded tournament and the Richest One Day Pro-Am in Australia, recently awarded 'Metropolitan Tournament of the Year' at the 2024 Queensland Golf Industry Awards.

The Bartons/BMD event has been a long and strong supporter of the Professional Golfers Association (PGA) and the game of golf, showcasing and supporting the talents and careers of many up-and-coming and accomplished golfers. Bartons and BMD thank the many long-term and valued sponsors whose unwavering dedication ensures the continued excellence of this event.

Don't miss this thrilling day of golf – everyone is welcome to join the excitement!



Photos: Supplied.



# Weddings

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# LOCAL GARDENING WITH KAT

## EAT YOUR GREENS! (PART 2)

BY KAT PEARSON, *GIRL IN THE GREEN*

Welcome back to part two of leafy green alternatives. To recap, my fresh alternatives to lettuce (that tolerate our hot humid climate better and won't bolt within a week of planting) are Okinawa spinach (*Gynura bicolor*) and Brazillian spinach (*Alternanthera sissoo*). Although there are other greens you can eat raw, I'll admit there aren't any more I'm a big fan of. But there is one more green I couldn't live without in the garden: sweet potato leaves! (*Ipomoea batatas*).

Unlike actual potato plants (*Solanum tuberosum*), which are entirely unrelated, you can eat all parts of the plant. The leaves are edible raw, but I prefer them lightly stir-fried. They are healthy, full of calcium and vitamins and delicious stir-fried with a bit of chilli, garlic and kecap manis (sweet soy sauce). Sweet potatoes make an excellent (vigorous!) ground cover. I have it growing in my front yard as a living mulch to protect my soil, suppress weeds, and provide a place for the chooks to dig that leaves less obvious holes in the yard. If you don't have the space for it to take over, try growing it in a raised bed or large pot. You might not get the best tuber harvest, but the leaves are worth it. I'll admit I had visions of going out to 'bandicoot' sweet potatoes from the yard whenever I had a hot chip craving, but it's rather dirty work, and they aren't that easy to find off the cuff, as they can grow quite deep!

Speaking of stir-frying with garlic.... Garlic is a little tricky in a humid climate, and there are cultivars that grow better here, but as a quick addition to any stir fry, salad, or curry, why not grow society garlic? (*Tulbaghia violacea*) You know, the one with pretty purple flowers that the council plants on median strips. Yep, it's edible and tastes like garlic. As a bonus, it's also not related to garlic and onions (*Allium* sp.), so it's a great alternative for people who can't eat them.

If you're in the Redlands area, I recommend you check out [www.littleislandorganics.com.au](http://www.littleislandorganics.com.au). Rod sells Rocky Point products (which I love) and delivers locally for free! Let them do the heavy lifting and leave you to the fun stuff. Use the code GiTG to get \$1 off each product!



Sweet potato leaves, starring Cherry the chicken. Photo by Kat Pearson.

### ABOUT KAT

I love gardening, growing my own food and plants in general. I've been working on our current garden in subtropical Brisbane for the last six-plus years, but have been gardening for much, much longer in all sorts of places. I'm an ex-engineer, recently turned horticulturist (life's too short not to work in something you love!). I grow edibles and ornamentals in an often wild, rambling jungle, filled with birds and bugs, including a handful of pet chooks and a brand new puppy (who likes to chase said chickens, and is not averse to helping me dig a hole!).





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# SIBLINGS DARCI AND JAKE STAR IN PRACTICALLY PERFECT *MARY POPPINS*

CONTRIBUTED BY SAMANTHA ALLEN

This November, Wynnum Manly siblings Darci and Jake Allen will light up the stage in Queensland Musical Theatre's production of *Mary Poppins* at Twelfth Night Theatre.

Ten-year-old Jake will take on the role of Michael Banks, while 13-year-old Darci will be part of the ensemble and play Jane Banks in one performance.

Since beginning their musical theatre journeys at age four, the siblings have cultivated a deep passion for performing. From their first show, *Singing in the Rain Jr* with The Dance and Theatre Factory, to the recent show of *Shrek the Musical* with Savoyards, they have consistently captivated audiences with their engaging performances.

Both Darci and Jake study various dance styles, drama and singing at The Dance and Theatre Factory. Darci enjoys being part of her high school dance troupe and sport aerobics team, while Jake plays the French horn. Additionally, Darci benefits from the mentorship of internationally renowned soprano and bayside local, Mirusia Louwerse.

The upcoming production of *Mary Poppins* promises to delight viewers of all ages, featuring beloved songs, memorable characters and enchanting moments. This family-friendly musical tells the story of a magical nanny who brings joy and adventure to the Banks family.

Tickets for *Mary Poppins* are on sale now, providing a fantastic opportunity to support local talent. Darci and Jake have worked hard to prepare for this production and are eager to share the stage with a talented cast from across Brisbane.

Show dates and times are as follows: Saturday, November 16 at 7:30pm; Thursday, November 21 at 7:30pm (Darci's show); Friday, November 22 at 7:30pm; Saturday, November 23 at 1:30pm; and Sunday, November 24 at 1:30pm.

For more information and to purchase tickets, visit Ticketek.



Photos: Supplied.



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# SUMMER STORM SAFETY ON MORETON BAY

CONTRIBUTED BY REBECCA MITCHELL, VMR RABY BAY

As the weather heats up, so do the chances of storms on the water. Boating during the warmer months can be a lot of fun, but it's important to prioritise safety and avoid dangerous situations. Here are some tips for staying safe during summer storms.

**Tell someone** where you will be going and when to expect you back. If you change your plans, keep them up to date. VMR Raby Bay offers a free log-on service. The radio room is open from 5:00am to 8:00pm every day. Log-on by radio VHF channels 73, 77, 81, 82, 83, intercom at the base, QR code app or phone 3821 2244.

**Stay informed.** Before heading out, check the marine weather forecast. <http://www.bom.gov.au/qld/forecasts/moreton-bay.shtml>

**Pay attention to strong weather warnings and updates.** Consider signing up for BOM alerts on your phone. Many mobile apps can provide real-time weather alerts.

**Plan your route.** Always have a plan. Choose a route that allows for a quick return to shore if conditions worsen. Familiarise yourself with nearby safe havens. Make sure you have a marine chart of the surrounding area in case you need to seek shelter. Beacon to Beacon is now available to download and print for free. <https://www.msq.qld.gov.au/Beacon-to-Beacon-Guides/Moreton-Bay-guides>

**Equip your vessel.** Ensure your boat is equipped with essential safety gear, including life jackets, a first-aid kit, and a working VHF radio. <https://www.msq.qld.gov.au/safety/safety-equipment-recreational-ships>

If things go wrong, a reliable means of communication can be life-saving. There are mobile phone blackspots in the bay. If you are not confident using your radio, VMR Raby Bay offers a free Know Your Marine Radio course. Call 3821 2244 to book.



Photo: Supplied.

**Monitor conditions.** Keep an eye on changing weather. Dark clouds and sudden wind shifts can signal an approaching storm.

**Act quickly.** If a storm is imminent, head back to shore or to a 'safe-haven' immediately. Avoid waiting out the storm on the water, as lightning can pose serious risks.

By prioritising safety and being prepared, you can enjoy summer boating while minimising the dangers posed by unpredictable storms.

## Community Leader

WE'RE ALL ABOUT GOOD NEWS

The Community Leader is a monthly publication, home delivered to parts of Wynnum, Wynnum West, Manly, Lota, and parts of Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point. Maps are subject to change and availability of walkers, however the total number of copies delivered remains constant.

Any submissions can be emailed to [sales@market2market.com.au](mailto:sales@market2market.com.au) for consideration.

### LOCAL PICK UP POINTS

Various shopping centres, cafes, clubs and local businesses.



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## Maintain independence at home as you age

CONTRIBUTED BY FOR CARE

**When day-to-day tasks become a little more challenging as you age, it can be hard to know where to turn for assistance.**

Fortunately, For Care, an experienced community services provider on the bayside, is now also specialising in aged care services through the federally funded Home Care Package – with an incredibly low package management fee of just 10%.

It means more choice for locals who want to stay independent at home, but need a helping hand – whether that means assistance to keep your home and garden tidy and safe, personal care, meal preparation, help with shopping and attending appointments, or more complex medical needs.

With the full suite of Home Care Package services, the For Care team will work closely with you to create an individual Care Plan to suit your needs and package budget.

For those who choose to self-manage their care services, For Care's low Package Management fee frees up more of your funding for the services you want.

Or, if you'd rather not worry about the coordination of your services, For Care's dedicated Care Coordinators can ensure everything runs smoothly for you. They'll compare care and support options, shortlist the best ones for your needs, liaise with and coordinate your care team, schedule services and stay on top of monitoring and reviewing – providing peace of mind for you!

If you or a loved one need a little support to stay independent at home for longer, contact the For Care team on 1800 367 227 or visit [forcare-agedcare.com.au](http://forcare-agedcare.com.au). You can also visit the office in Capalaba Central shopping centre, opposite Big W.



Photo: Supplied.

## HARRIERS AND HARES OUT AND ABOUT IN THE NIGHT!

**Running through forests at night, using torches to search for a sign, seeking to follow a nearly hidden trail – it sounds like a spy thriller or an undercover police chase but it's probably just a bunch of people having fun.**

The Redlands Hash House Harriers was formed years ago and it's still going strong. Hashing developed in 1938 in Malaysia and was revived at the end of WW2 as a way for members of the military to keep fit and maintain the bonds already created. To overcome any awkwardness of casual sporting association between officers and enlisted men no-one's real names were used; every member was granted – or inflicted – with a nickname, a custom that still exists.

Member Sid Steele, whose Hash name is Ned Kelly (he used to be a bank manager) shared some of the more presentable club names, which include Poo Bear, Captain Bligh, Drillit and MauMau; each one has a story attached.

A Hash takes place every Monday night. A member, designated as the Hare, measures out and marks a trail, usually between Capalaba and Redland Bay. The trail may be marked in chalk or powdered gypsum and includes certain symbols that give information about the direction to take. Members who are Harriers – originally hunting dogs – meet at a designated spot, pay their \$8 fee, then set out on the Hash, walking or running, depending on their level of fitness.

"It's really about enjoying ourselves with friends – and maybe staying fit too," says Sid. "There are no age restrictions – our members range in age from 20 to 80 – and we usually have between 25 and 35 participants. Sometimes parents run with kiddies in prams. The Hare is responsible for providing a meal at



Photo: Supplied.

the end of a run. There is a drink stop during the run and we have a designated member following the pack to make sure no-one gets hurt or left behind. It's really a great night out."

For more information about Redlands Hash House Harriers scan the QR code.



# REPAIR CAFÉ: MAKE AND MEND MAKES AMENDS

BY JAN NARY

This, regrettably, is the throw-away age. Increased ability in exploitation of resources, production of consumer goods and their accessibility has seen the transition from “make and mend” to “throw it away and buy another one”, a trend that Repair Cafés – started in the Netherlands 15 years ago – are pushing against.

Louise Yearn is the curator of the Wynnum Repair Café, which pops up for two hours every month at the Waterloo Bay Leisure Centre (renowned for its Devonshire Teas). Volunteer ‘fixers’, with skills that cover a wide variety of needs, make themselves available to repair items brought into them and, when appropriate, show the item owner how to do the repairs. Louise points out that even with such a limited window of time, ‘make and mend’ can have an impact.

“We keep a monthly tally of what we’ve kept out of landfill,” she says. “Last month, we saved 10 items of clothing and a hundred and 47 kilos of hard goods. Our mantra is: if you can carry it in we’ll probably be able to fix it!”

Household goods given a new lease of life include such items as lamps, toasters, clocks; knives, scissors and garden tools that need sharpening; music boxes, power tools, pieces of furniture – items that owners may deem too expensive to replace or repair commercially but with life left in them. Louise says the fixers are from all walks of life.

“Many are retired professionals. Electrical goods are always repaired by a qualified electrician; for safety reasons, that’s one area where we can’t teach the owner how to do their own future repairs. It may be something as basic as sewing on a button or rethreading elastic through a skirt waistband.

“We’re always on the lookout for fixers,” she says. “It’s amazing the number of people who think that they have no skills to pass on who turn out to have a wealth of ability they’ve never recognised.



Photo: Supplied.

“As well as volunteers we’d love to see the beginning of new Repair Cafés in other areas. Perhaps there’s a café somewhere in the Redlands that would be happy to host a team of fixers – and their customers – for a short time each month. It really adds excitement to a lunchtime snack or a cuppa!”

Repair Café is held every second Saturday of the month, 2:00pm to 4:00pm. Bookings are preferred, and walk-ins are welcome. For more information, contact [repaircafebaysidebrisbane@gmail.com](mailto:repaircafebaysidebrisbane@gmail.com) or call 0474 095 560.

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# LOCAL SAILORS RECOGNISED AT QUEENSLAND SAILING AWARDS

CONTRIBUTED BY SIMONE HASKER, ROYAL QUEENSLAND YACHT SQUADRON

The Royal Queensland Yacht Squadron (RQYS) had an incredible night at the 2024 Queensland Sailing Awards, held on the Gold Coast and hosted by Australian Sailing. With 14 finalists from the club and five taking out an award, RQYS made a significant impact and continued to show its strength in the sailing community.

The strong representation at this prestigious event is a testament to the hard work and dedication of its members, as well as the support of its staff and volunteers. The club boasted finalists across 14 categories including Youth, Female and Male Sailor of the Year; Team, Instructor and Coach of the Year to Professional, Sport Promotion and Official of the Year. Although the club narrowly missed out on 2024 Club of the Year, all were thrilled to congratulate life member Noel Paterson on his win in the coveted Lifetime Achievement Award category.

Besides Noel's sailing achievements, he has significantly contributed to the Queensland Racing Rules and Appeals Committee. He initiated the learn-to-sail program at RQYS, now known as the club's Sailing Academy, and has served on several committees. Noel's outstanding commitment to the club has earned him the club Member of the Year award and Life Membership. A true leader, Noel's unwavering dedication to sailing is inspirational.

The success achieved at the 2024 Queensland Sailing Awards is a reflection of the passion and commitment of everyone involved with the Royal Queensland Yacht Squadron.

In other news, RQYS was showing off in all its glory at the launch of the 140th Sailing Season on 7 September. RQYS welcomed over 350 members, guests and visitors for a magical day in the newly renovated bistro, boardwalk and lawns.

Patron Professor Graeme Nimmo RFD attended to present certificates to this year's recipients of the John Harrison Olympic Sailing

Foundation funding support, and also to welcome for the first time Commodore Stephanie Moles from the Royal Australian Navy. Their arrival at the grounds was heralded by the spectacular bagpipes and drums of the Emmanuel College Highlanders and VIP attendees including Rear Commodore Todd Anderson and Flag Officers.

Over 70 boats took part in the annual "sail past" after the official ceremony and blessing of the fleet. Always a favourite part of the day, the boats were once again decorated in full colour and some fancy dress costumes to boot, entertaining the crowd on the boardwalk.

The party continued late into the day with a Tiki Bar overlooking the lawn, seafood stations and live music. The Wyuna Fund raffle raised over \$4500 in support of the next generation of RQYS Olympians – many thanks to the generous prize donors and ticket buyers for supporting our local sailors.



Noel Paterson, Life Member of RQYS and recipient of the 2024 Lifetime Achievement Award. Photo: Supplied.



Guests at the launch of the 140th Sailing Season at RQYS. Photos: Supplied.



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## LOCAL POETRY PRAISE

BY GEOFF SMILEY

A child stands  
for an audience  
uncritical and doting.  
Intimates accepting  
of each note maturing.

In time he'll perform  
to those who see him not  
but how he plays.  
Then he'll discern, what  
an audience requires.

Whatever talent he may own,  
when a parent he becomes,  
then is the time  
he too must listen carefully,  
with pride and insincerity.

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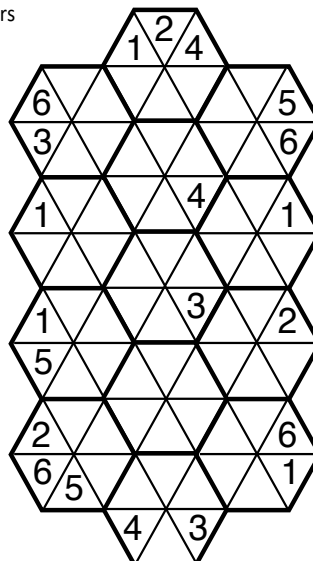
### Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

8				6		2		
			4	9		5		
				7				
		8						
		5		6				
	2			5	1	9		
			4				3	
		6		9	7	8		
3	4							

### Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



### Crossword

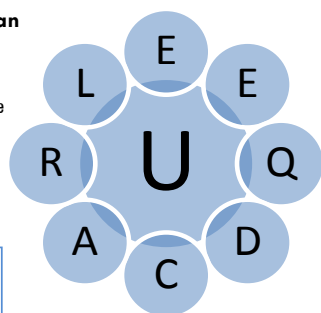
1		2		3		4		5		6		7		8
9														
				10	11									
12						13								
						14								
15	16		17				18		19		20			
			21	22		23			24					
			25				26	27						
28		29				30								
	31								32	33		34		
35						36	37		38					
39						40		41						
						42								
									43					
44														

### Focus

An All Australian Word Game

- \* Each word must contain the centre 'Focus' letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words

**TODAY'S FOCUS** Good: 13 words  
Very good: 24 words  
Excellent: 38 words




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Reference: Macquarie Concise Dictionary  
Focus No. 3887

#### ACROSS

- 3 Bold undertakings
- 9 Shock
- 10 Zodiac sign
- 12 Small crown
- 13 Try to equal or excel
- 14 Act
- 15 Permits
- 18 Mythical monster
- 21 Opposed
- 24 Fortune-telling card
- 25 Vetch
- 26 Encourage in crime
- 28 Commence
- 30 Refer casually to
- 31 Refused
- 32 Soapy lather
- 36 Factory
- 39 Becomes equal to
- 41 Most deep
- 42 Angry

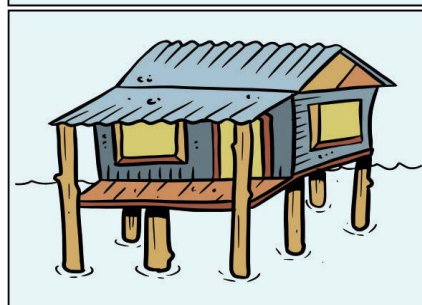
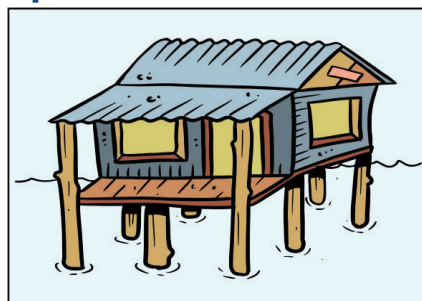
- 43 Low mournful bell sound
- 44 Representative groups

#### DOWN

- 1 Scoundrel
- 2 Ghost
- 3 Large antelope
- 4 Hackneyed
- 5 Flower
- 6 Controlled
- 7 Politician
- 8 Precipitous
- 11 Marijuana cigarette
- 16 Flowed back
- 17 Glossy fabric
- 18 Distribute cards
- 19 Entrances
- 20 Wanderer
- 22 Disappearing
- 23 Peruse print

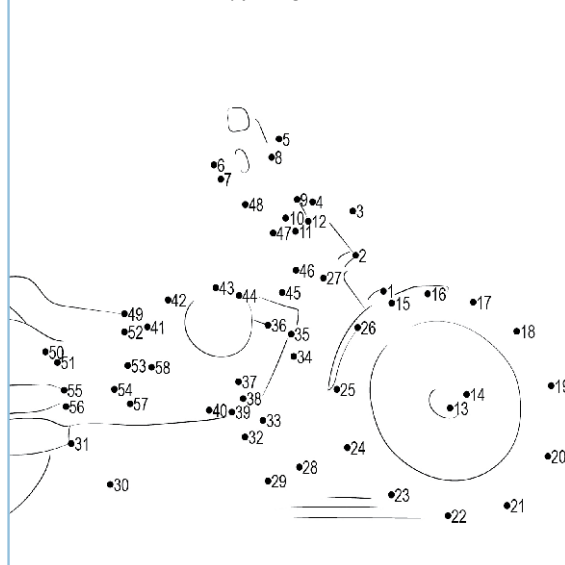
- 27 Small projectile
- 29 Well-bred
- 33 Not level
- 34 Become established
- 35 Correct
- 37 American state
- 38 Vegetables
- 40 Fine sediment

### Spot the 5 Differences



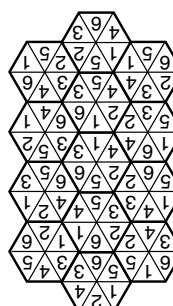
### Join the Dots

What is this? Find out by joining the dots.



### Solutions

Puzzles and pagination supplied by Auspac Media



**FOCUS:** curl, chie, chue, crude, curd, cued, curd, curdie, cure, einder, equal, lacquer, LACQUERED, laud, lauder, lure, lure, lured, quard, queer, reduce, ruder, ruled, ruler, ulcer, urea, ureal

**SPOT THE 5 DIFFERENCES:** Missing post, Roof patch missing, Extra line on roof, Window reversed, Door smaller.

3	7	4	4	5	8	2	9	6	1
1	5	6	3	9	7	8	2	4	
8	9	2	4	1	6	5	3	7	
4	2	7	8	3	5	1	9	6	
9	1	5	7	6	4	2	8	3	
6	3	8	9	2	1	4	7	5	
2	4	3	6	5	8	7	1	9	
7	6	1	2	4	9	3	5	8	
5	8	9	1	7	3	6	4	2	

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# ZINGY POTATO SALAD WITH A YOGHURT MUSTARD DRESSING RECIPE



Forget the usual mayonnaise-heavy potato salads and try this ultra-light, zingy salad that swaps out mayo for Greek yoghurt. Mixing mustard and lemon juice with yoghurt and freshly cracked black pepper really elevates this dish, and with barbecue season in full swing, it's a perfect accompaniment to grilled meat. Leftovers also make a fantastic sandwich filling!

## INGREDIENTS

- 500g potatoes, cut into bite-sized cubes
- 1 cup of Greek yoghurt
- 2-3 tablespoons of your favourite mustard – whole grain or English work well
- The juice of half a small lemon
- A handful of fresh dill, chopped
- A handful of baby pickled cucumbers, chopped
- ½ a red onion, finely sliced
- 3 hard-boiled eggs, quartered
- Salt and freshly cracked black pepper to taste

## METHOD

1. Bring a large pot of water to the boil. Put the potatoes in the pot and cook for around 4-5 minutes, checking regularly to see if they're cooked through. Take them off the boil and drain once they're tender, but not falling apart. Let the potatoes cool.
2. In a large bowl, mix the yoghurt, dill, lemon juice and mustard together. Season with salt and pepper. Taste the mixture and add more mustard or lemon juice if you prefer a stronger flavour.
3. Add the potatoes to the bowl, then the pickled cucumbers, red onion and eggs. Stir gently with a wooden spoon to combine. Keep refrigerated and serve chilled.

Optional extras: Stir in a large tin of tuna (drained) or shredded cooked BBQ chicken to turn this into a meal on its own.



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## LOCAL FISHING WITH SPERO

# GET YOUR POTS READY – THE BAY IS CRAWLING WITH CRABS!

BY SPERO KARTANOS

The weather has warmed up nicely, and it's time to get the crab pots in the water, as there will be plenty of crabs around. You'll be able to tell it's a peak time for crabs because there will be many more crab pots to dodge on the way to your favourite fishing spots, and some folks just drop them anywhere – even in the channels where all the boats have to travel!

You'll find crabs all over the bay, from close to the foreshore and the islands of Green, St Helena and Mud, and all the way in the deep and fast-running water on the eastern side of the Hope Banks and Amity Banks. I personally love to eat crab, but I hate the mess I have to put up with when there are crab pots on the boat, so I'm happy to buy some from the pro-fishermen. Fresh-boiled crabs and chilli crab will be on my menu over the coming summer months.

The whiting fishing will be as good as it gets this month, so try the Rous and Chain Banks, Amity

Banks and Fisherman's Gutter. Squid strips and blood worms top my list for baits, but I have been trying to save a few dollars, and have been salting frozen pippies, which is working a treat and is very economical, and I find the paternoster rig works the best.

The school mackerel are having a break close in, but there are plenty in the shipping channels. I am hoping the spotty mackerel season starts this year as the water is warming up nicely, but we need it to warm to around 74 – the ideal temperature for the spotties to come into the bay. My concern is that it does not get too hot like last year, when the spotties bypassed the bay. All we can do is get the spinning gear and chrome slugs ready and hope for a good season.

The squire and snapper season does not stop because it's summer, and this year should be a very good one, with Mt Cotton Reach in the Rous Channel and Harries artificial reef being two of the best spots

at the moment, and the close-in drop-offs near the islands. Whole whiting is by far the best bait, or whiting heads.

Until next month, good fishing and good luck in the Melbourne Cup (Zardozi is my long-range tip).

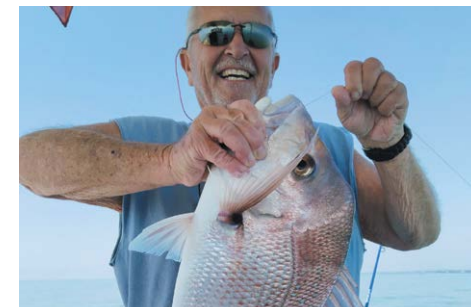
P.S.: What a great month October was for whale watching in Moreton Bay. It was one of the best for many, many years!



**Water Tower  
Bait and Tackle**



Photos: Spero Kartanos.

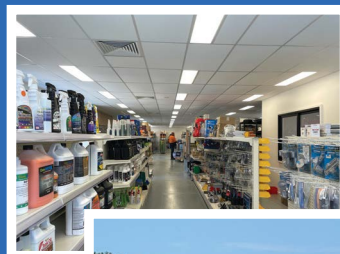


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# A NEW SMILE AT DENTAL ON CAMBRIDGE

FROM DENTAL ON CAMBRIDGE

As we draw closer to the busy festive season, the end of year looms, this also means the yearly health fund benefits for some patients are coming to an end on December 31st. Many health funds reset their members' benefits in the New Year, and many practices close from just before Christmas until the New Year. In 2023, our patients told us they wanted more available appointment times with our skilled dentists. Our patients LOVE that ALL their appointments are with a dentist, even our routine examinations and cleans. This means you have continuity of care across your treatments.

This year, we've worked hard to fit out a new surgery ready to service the needs of our patients during this busy period. You asked – we listened! We're proud to introduce you to our newest team member, Dr Ryan Nuttall. Ryan is a highly skilled and compassionate dentist who believes that every patient deserves quality dental treatment to ensure the best possible outcome for their long-term oral health. He has a relaxed chairside manner, putting patients at ease and believes that all patients should be well aware of all their treatment options so they can make informed decisions about their oral healthcare now and into the future.

Ryan enjoys all areas of general dentistry, including general examinations and cleans, fillings, root canal therapy, crowns and bridges, dentures, clear aligners and implants. He has a special interest in restorative and cosmetic dentistry to restore patients' smiles and confidence, supporting patients with dental phobias and assisting them to realise modern dentistry can be pain-free, and maybe even enjoyable in the right hands!

Ryan has over 10 years' experience as a dentist in Australia, after completing his training at Griffith University on the Gold Coast. Ryan has been working in Brisbane's northern suburb of Clayfield but is now practising solely at Dental on Cambridge in Manly.



Photo: Supplied.

Ryan now calls the southside of Brisbane home, and when he isn't working with patients, he spends time with his lovely wife and two beautiful daughters. They spend their spare time with their loved dogs, camping, travelling, and cooking. Ryan is accepting new patients on Mondays and Tuesdays at our practice. So, if you've been thinking it's time to find a new dentist, why not book in with one of our highly experienced and skilled dentists – give our team a call at 3348 6661 to book or online at [www.dentaloncambridge.com](http://www.dentaloncambridge.com).

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