

## IT'S GAME ON FOR A SEASON OF SENSATIONAL LOCAL FOOTY!

You could easily spend your weekend in Wynnum-Manly checking out iconic locations like the Wading Pool, the Pine Street bridge (duck!) or Manly Road Vets. Or you could swing by Kougari Oval – a *seriously* legendary location – and witness some scintillating footy this month, courtesy of an iconic local team.

There are few things more iconic in the Wynnum-Manly area than the Seagulls. Since 1951, they've been fiercely competitive. Their red and green jersey is instantly recognisable and has been proudly worn by many rugby league greats whose legendary playing styles upped the speed and skill level of the game. This year's

team is pumped to build on that legacy of greatness on the hallowed turf of another local icon: Kougari Oval.

March heralds the start of the footy season, and the Wynnum Manly Seagulls' first home game is on Sunday March 16. Come down to Kougari, bring your neighbours and your friends, and cheer on the Seagulls. You won't want to miss the incredible talent on show! Find out more about the Seagulls on page 7.

Pictured: Seagulls' players Ben Farr, Brendan Frei (Captain), Chaz Jarvis and Josh Berryman at Kougari Oval.



## LOU LOU ROOM: WYNNUM'S NEW HOME FOR STAR-STUDDED BANDS

FROM THE LOU LOU ROOM

Wynnum is ushering in a new era of star-studded entertainment at the newly renovated The Lou Lou Room, located inside the Health Hub building on the corner of Florence Street and Bay Terrace (the old Franklins or IGA building for long-time locals!).

Legendary 1980s rock band *The Radiators* recently treated over 250 (mostly) locals to a high-energy mosh down memory lane at The Lou Lou Room, with their original lineup crushing songs like *Comin' Home* and *Summer Holiday*.

The Lou Lou Room fits up to 300 people, has a large stage that comfortably hosted nine-piece Bob Marley Tribute band, *The Roaring Lion*, late last year (returning in April), and an air-conditioned green room for performers. It also boasts a long bar, ample toilets, undercover parking, and is fully air-conditioned.

The Lou Lou Room manager, Davey McBrien, said the vision for the venue is to be the new bayside home for top-quality live music and entertainment.

"While we love our well-known Aussie bands and tribute bands, we have also hosted a number of up-and-coming events for local artists, as well as some great talent from 'across the ditch', such as Auckland-based indie rock band *Park Road*, singer-songwriter Macey, and NZ Idol finalist Luke Whaanga," Davey said.

"Now we just need more of our local music lovers to know we are here, get behind our local and international acts, and we can keep levelling up the live music scene on the bayside."

The Lou Lou Room is also available for hire for birthday parties, work functions, album launches, and more. The team can assist with booking bands, DJs, and catering.

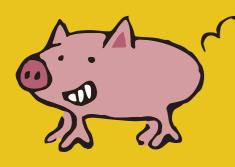
By popular demand, *The Radiators*, supported by *Munkey Feet*, are returning on Friday June 6.

For tickets and upcoming gigs at The Lou Lou Room, go to the website www.theloulouroom.com.au.



The Radiators will play at The Lou Lou Room on June 6. Photo: Supplied.





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## **BCF PARTNERS WITH BENDIGO BANK FOR \$20K RAFFLE!**

The Bayside Community Fund (BCF) has announced its first Community Raffle, designed to benefit not-for-profit organisations and clubs in the Wynnum-Manly and Redlands areas.

Community Bank Victoria Point and and Wynnum Manly branches of Bendigo Bank have donated \$20,000 in cash, to be raffled as three cash prizes, with tickets to be sold by non-profit local clubs. All proceeds from tickets sales will be kept by the clubs.

"We are proud to enable local community groups to raise funds for themselves without the expenses of prizes and raffle tickets," explained BCF chairman Michael Sarquis. "Being able to make 100 per cent profit from ticket sales will make a tangible difference to many groups in our area."

The raffle will be drawn mid-June, when one lucky person will win a \$15,000 Bendigo Bank savings account. Second prize is a \$3,000 Bendigo Bank savings account, and third prize is a \$2,000 Bendigo Bank savings account.

"We are fortunate to have the Community Bank Victoria Point and Wynnum Manly branches of Bendigo Bank sponsor this raffle for the prizes and raffle tickets," Michael said.

Bendigo Bank's Community Development Manager for the Victoria Point and Wynnum Manly branches, Mr JJ Cowley, said the idea for the Community Raffle came from a Bendigo Bank branch in Western Australia where an initial community raffle saw organisations raise \$67,000, growing to \$123,000 by the third raffle.

"Bendigo Bank's Community Bank model is to invest 80 per cent of profits into the community, and if we can invest \$20,000 (plus costs) into the BCF's Community Raffle, it will allow local organisations to raise three to five times that amount," said Mr Cowley.

Consider the fundraising possibilities with tickets selling at \$5 each. If an organisation has 50 members who sell 10 tickets each, that organisation will profit by \$2,500. With more members or more ticket sales, that profit will increase.

Tickets will be on sale from early March to May 30, and it's easy for local organisations and clubs to get involved. Simply register an expression of interest online by scanning the QR code on this page, and you will be contacted to collect raffle tickets, advertising posters and complete some basic paperwork. Local hockey, rugby league, touch and union clubs along with dance clubs, Zonta, P&Cs, RSLs and a choir have already registered their interest.



Photo: Supplied.

"We want as many groups in our community to participate in the Community Raffle so everyone can share in the profits of this fundraising opportunity," Michael said.





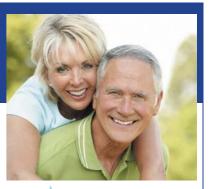


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## MOULD GROWTH FROM ROOF LEAKS IS A SERIOUS CONCERN

FROM BRISBANE PLUMBING AND DRAINAGE

With the recent heavy rain and high humidity, many homeowners are experiencing an unwelcome problem – mould growth inside their homes. One of the most common yet often overlooked causes of mould is slow, undetected roof leaks. Even a small leak can allow moisture to accumulate in ceilings, walls, and insulation, creating the ideal conditions for mould spores to thrive.

A leaking roof isn't just a structural issue – it's a serious health hazard. When moisture lingers, mould can spread rapidly, releasing airborne spores that may trigger allergies, asthma, and other respiratory problems. Prolonged exposure to mould can be particularly harmful to young children, the elderly, and individuals with pre-existing health conditions.

We've seen firsthand how devastating the consequences can be. In one case, a minor roof leak went unnoticed for months, leading to extensive mould contamination that required costly remediation. In another instance, a builder unknowingly compromised a waterproofed section of a home during renovations, allowing moisture intrusion that contributed to significant mould growth. These examples highlight why routine roof inspections and proactive maintenance are essential for protecting both your property and your health.

If you notice musty odours, discoloured walls, peeling paint, or water stains on your ceiling, don't ignore them – these could be warning signs of a hidden leak. Addressing the problem early can prevent widespread damage, save thousands in repairs, and most importantly, safeguard your family's wellbeing. Regular roof checks, prompt repairs, and



proper ventilation can go a long way in preventing mould-related issues before they escalate.

Don't wait until the damage is done - act now to keep your home safe and mould-free.

KEEP AN EYE OUT FOR MORE TIPS, TRICKS AND SPECIALS IN NEXT MONTH'S PAPER.



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## LEISURELY OR LIVELY, THESE LAPS COUNT FOR MENTAL HEALTH!

Visit the Manly Pool on any Tuesday or Thursday morning and you'll probably see a group of swimmers doing lap after lap, no matter what the temperature. Commendable, you think, to take such good care of themselves – but some of those swimmers are doing it not just for fitness, pleasure or self-care – they're doing it for young people who are struggling with mental health problems and desperately need someone to stand by them in that battle.

Katie Hart is one of the local swimmers giving her hours in the pool this March to raise funds for *ReachOut Australia. ReachOut*, designed with and specifically for young people, is 100 per cent online, anonymous and confidential, and lets young people connect on their terms. The annual March fundraising is an initiative of Laps for Life, which supports young people dealing with mental health problems, such as stress, anxiety and depression.

"I'm one of a group of locals, ranging in age from the mid-50s to early 70s, who do swim fitness classes at the pool twice a week," Katie says.

"This is my third year as a swim fundraiser, and I suggested we could get a team together; now we have 15 people signed up! The money's raised by setting our personal goal of how many laps we'll swim in the month and asking friends, and businesses to sponsor us for a certain amount."

The group obviously take their task seriously; having set a target total of \$2,500, they're now topping the team leaderboard with more than \$7,000 already raised.

"We want to raise as much as we can before the end of March," says Katie. "This is a local community effort, and we'd love to see how much support we can get from the rest of the community."

If you'd like to help young people while helping yourself to fitness, or donate to the Manly Swim Fit Legends (or any other group) you can do it through the Laps for Life website at https://www.lapsforlife.com.au.



Photo: Supplied.



# FIGHTING FOR OUR FUTURE. VOTE LABOR.

Authorised by Kate Flanders, Australian Labor Party, 1/16 Peel St South Brisbane QLD 4101



If you're looking for something to do locally, check out The Community Leader's What's On page here and online.



#### FREE MOVIE IN THE PARK

Saturday March 1 and Saturday April 5, from 7:00pm, Little Bayside Park, Manly

Looking for family-friendly entertainment that's affordable? Or perhaps you're looking for a different first date option? Manly's movies in the park, held on the first Saturday night of each month, are an iconic Manly drawcard that brings the village to life under the stars. March's screening will feature the all-ages favourite, *Free Willy*.



#### RELATIVELY SPEAKING

Various performances from March 7 to 23, Manly-Lota RSL, 184 Melville Terrace, Manly

Alan Ayckbourn's *Relatively Speaking* is a witty comedy of mistaken identities and chaotic misunderstandings. As Greg, Ginny, Philip and Sheila navigate a web of confusion, their encounters spiral into hilariously awkward situations. This classic farce explores love,

timing, and the unintended consequences of little white lies. With sharp dialogue and clever twists, the play promises an evening of laughter and light-hearted mayhem. For tickets, scan the QR code.





#### THE FILTHY ANIMALS

Saturday March 29, 7:30pm, Wynnum Manly Leagues Club, Wondall Road, Manly West

Billed as the 'Australian Supergroup', The Filthy Animals' band features current, original and past members of Dragon, Mondo Rock, John Butler Trio, Savage Garden, Wolfmother, and more. In March,

they take the stage at Wynnum Manly Leagues Club for a night packed with rock anthems you know and love, along with hidden gems and hits from the bands' impressive individual careers. For tickets, scan the QR code.





#### SRI CHINMOY WYNNUM SEASIDE RUN

Sunday March 9, race briefing at 6:50am, Bayside Park, Manly

The Sri Chinmoy Marathon Team will host a scenic running event along the Wynnum foreshore in March, offering a fast, flat course with stunning coastal views. Runners can choose from four distances: 2.5km, 5km, 10km, and 21km. The shorter races follow an out-and-back route, while the half marathon covers the 10km course twice with an extra section. The event provides a welcoming atmosphere for all levels, from beginners to seasoned runners, making it a fantastic

way to enjoy Wynnum-Manly's beauty while working on your personal fitness goals! Register now by scanning the QR code or go to https://au.srichinmoyraces.org/events/brisbane for more information.





#### BMD WYNNUM MANLY SEAGULLS VS BURLEIGH BEARS

Sunday March 16, 3:00pm, BMD Kougari Oval, Wondall Road, Manly West

Round 2 of the HostPlus Cup for 2025 is the first Seagulls' home game of the season, where they'll take on the Burleigh Bears in what is expected to be a scintillating game of rugby league. Come along and get up close to the action at Kougari Oval, see the players representing the club this year, and cheer on the home team for a win! For more details, visit https://www.wynnumseagulls.com.au.



## AUSCYCLING TRACK NATIONAL CHAMPIONSHIPS

From March 25 to 30, Anna Meares Velodrome, Sleeman Sports Complex, Chandler

Australia's top track cyclists are back to battle for the prestigious green and gold national champion's jersey! Experience the thrill of high-speed racing, including the keirin, pursuits, time trials, points race, scratch race, and omnium. Don't miss the action at Anna Meares Velodrome as the nation's best compete for glory. Be trackside and witness history in the making! For more information, go to https://tracknationals.org.au.

## SEAGULLS SET TO SOAR FOR A HUGE 2025 SEASON KICK-OFF!

The Wynnum Manly Seagulls are gearing up for an exciting start to their 2025 QRL HostPlus Cup campaign, with their first competition match on home turf against the Burleigh Bears on March 16. As regular top-six contenders in the Queensland competition, both teams are expected to bring their A-game, making this a thrilling must-see match.

Seagulls head coach Mathew Head is confident in his squad, thanks to a strong pre-season and a well-balanced mix of returning talent and new recruits. "We are very happy with how our playing group has prepared and developed over a gruelling pre-season," he said. "Our attitudes and application have been first class. Now, we have the chance to perform in real-time."

Game one of the HostPlus Cup sees the Wynnum Manly Seagulls take on the Tweed Seagulls over the border at Piggabeen Sports Complex on March 8. Round two marks the Seagulls' first home game on Sunday, March 16, with five games to be played throughout the day at Kougari Oval:

**HostPlus Cup:** 3:00pm – Wynnum Manly Seagulls vs. Burleigh Bears Under 17 & 19 Boys & Men: Wynnum Manly Seagulls vs. Burleigh Bears Under 17 & 19 Girls & Women: Wynnum Manly Seagulls vs. Burleigh Bears

The Seagulls are incredibly grateful for the ongoing support of partners, members, and fans.

Come down to Kougari this footy season to see some sensational footy up close, and cheer on the mighty Seagulls as they take flight in 2025!



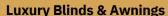
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## THE BONNER UPDATE

ROSS VASTA MP FEDERAL MEMBER FOR BONNER



## STRENGTHENING AUSTRALIA'S DEFENCE

I recently organised the Bonner-Bowman Defence Forum, where we gathered at the Manly Lota RSL to discuss the vital issues surrounding Australia's defence strategy and the security of our nation. It was an insightful discussion with Shadow Minister for Defence the Honourable Andrew Hastie MP and Member for Bowman, Henry Pike MP, on Australia's defence strategy and the security of our nation.

On top of needing cheaper groceries, affordable rent and lower bills, Australians expect to feel safe, in their homes, communities and as a nation. Sadly, one of the most pressing issues discussed was the growing challenge of recruitment within Australia's defence forces. Australia is a strong and mighty country; we have bright minds and plentiful natural resources. We are a hopeful, fierce and ready people, so it is incredibly disappointing to see defence recruiting in such a poor state.

Our strategic environment is the most challenging and complex it has been since the Second World War, and we desperately need to fix the recruiting, retention, and readiness crisis' in our defence force.

We need a message that appeals to young hearts and minds, reminding the next generation of the timeless values of service, duty, honour and country. As the Shadow Defence Minister Says, "A strong and capable sovereign defence industry means a stronger and more capable Defence Force, and, therefore, a stronger and more capable Australia."

Travelling across the country from Western Australia to the Manly Lota RSL, it was wonderful to hear from a leader as experienced, educated and decisive as the Honourable Andrew Hastie MP.



## TACKLING THE FUTURE: WHAT'S NEXT FOR RUGBY LEAGUE IN WYNNUM



Community sport is vital in fostering social connections, promoting physical and mental wellbeing, and strengthening local communities. It provides people of all ages and backgrounds with opportunities to stay active, develop teamwork and leadership skills, and build friendships. I recently met with Wayne Weekes from our local Wynnum Manly Seagulls for an update on their players and facilities.

Infrastructure and growth are a key focus at the club. By leveraging his thirty years of experience in the League, most recently nine years at the Broncos, Wayne has transformed the club, pushing to bring back its legacy and expand opportunities for future players.

Wayne has established an 'Old Goals' club, to foster community amongst all past players. Since launching halfway through last year, the 'Old Goals' has surged

to 300 members, a testament to its commitment to the Bayside community and grassroots rugby league.

He has also taken practical steps to foster female participation in the game. He has mirrored the men's teams for women (including establishing a local Brisbane Rugby League (BRL) A-grade team).

Community involvement is another pillar of the 'Gulls. Through partnerships with local schools, junior clubs, and charities, they foster a positive culture from the ground up.

The 'Gulls are also dedicated to looking after their players, on and off the field, through health and wellness initiatives. Their approach includes expertled strength and conditioning programs, mental health support, and injury prevention initiatives. By focusing on player welfare, they ensure athletes develop both physically and mentally in a supportive environment.

Clubs like the Seagulls provide people of all ages and backgrounds with opportunities to stay active, feel a sense of belonging and inclusivity and contribute to the local economy. Additionally, community sports programs can play a crucial role in youth development, keeping young people engaged in positive activities and teaching valuable life skills. By encouraging participation and collaboration, team sports ultimately help create healthier, more connected and resilient communities.

## **COMMUNITY COMES FIRST**

Our Bayside community spirit has been on full display over the past few weeks as local volunteers and organisers have brought together a series of successful events to life. From sports tournaments and charity fundraisers to cultural festivals and family fun days, these gatherings have strengthened community ties and provided joy to residents of all ages.

I was able to stop by the Bayside Community Legal Services' "Coffee With A Lawyer", which provided

locals with an opportunity to meet with the team at BCLS and have a yarn over coffee and cake.

I also visited the Wynnum Retirement Living & Senior Lifestyle Expo. The event was complete with a variety of service experts, deals, refreshments and luck door

Behind every well-run event are the dedicated individuals who devote their time and energy to planning, coordinating, and ensuring everything runs

smoothly. Whether it's securing venues, managing logistics, or simply lending a helping hand, these organisers play a crucial role in making these events possible. Their commitment reflects the values of generosity, teamwork, and service that make our local community so special.

On behalf of the entire community, we extend a heartfelt thank you to all those who give their time to serve others in this way.





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## YOUR DAY, YOUR VIBE: BAYWAVE YOUTH FESTIVAL IS BACK IN 2025!

CONTRIBUTED BY BABI YOUTH AND FAMILY SERVICE

BABI Youth and Family Service is happy to announce that BayWave Youth Festival is on again this year. A full-day celebration of young people will be held on Tuesday, April 8, from 11:00am to 4:00pm at the Lota Skate Park. The festival is open to all ages and promises a day of live music, stalls, workshops, food and drinks. BayWave is a free event where everyone's welcome, conveniently located next to Lota train station.

BayWave has been running for over 18 years in the Wynnum-Manly area and has been an event that young people and families look forward to each year. The festival is held during Youth Week and is proudly sponsored by Brisbane City Council. There is a lot of community support from local businesses in the area, as they understand just how valuable this event is.

BayWave is a chance to celebrate young people's talents, skills and achievements in our community. There are performers of all sorts, including bands, solo artists and dancers. It's a highly interactive festival where young people can participate in basketball and skate workshops.

The festival is youth-led from the planning stage to delivery on the day. Young people from BABI's Youth Voice Committee assist with planning, running the food stalls, and developing their public speaking skills by MCing the stage. Stage management on the day will be run by Braxton and the crew from DeadTrigger Records, a record label by the youth, for the youth.

If you want to be part of the festival in any way, including having a community stall, as a performer on stage, or as a volunteer, email youthworker@babi.org.au to express your interest.

The festival falls in the first week of school holidays, so mark your calendars for a fun day celebrating young people, free food and activities, live music and sporting workshops!









Photos: Supplied.

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Travel Dates: 10 October - 1 November 2025

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Travel Dates: 27 October - 3 September 2025

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## Maggie's Mates





What is your name? Hi. my name is Coconut, and I'm nearly 15 years old!

Where do you live, and how long have you lived there? I'm from Manly, and have lived there for the last four years.

What's your favourite local activity? Every Saturday we walk to Coopers Café on the Manly esplanade. I love that walk, because I know I'm gonna get scrambled eggs for breakfast!

What is your most treasured toy? Well, I'm too old to play with toys these days, but sitting on the porch and watching kids on their scooters makes me want to play again.

What is your favourite food? I love all food. I don't taste it. I inhale it.

What is your worst habit? It's a secret, but I fart a lot...

Who is your best animal friend? Lola is my best mate.

Do you have any funny or embarrassing stories you'd like to share with us? I have another secret: my dad thinks I'm deaf, but I only have selective hearing!

What do people love most about you? That I love everyone, and they all love me back.



Would you like your best mate to be featured in Maggie's Mates? Email us at sales@market2market.com.au and we'll send you a questionnaire. We will donate \$50 to a registered animal charity of your choice for each profile published in The Community Leader.



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# MISS MAGGIE OF MANLY



## **ALL ABOUT CONTACT ALLERGIES IN PETS**

BY DR NICKY THOMAS. WYNNUM MANLY VETERINARY HOSPITAL

The very wet spring and summer we have experienced has seen our gardens and lawns absolutely blooming with flowers and seeds. This has led to an increase in the incidence of contact allergies in our pets.



#### WHAT IS A CONTACT ALLERGY?

A contact allergy occurs when an animal develops dermatitis as a result of contact with an irritant. Common causes of contact allergies are:

- Grass Kikuyu, Buffalo and Couch
- Succulent groundcovers Rhoeo, Moses-in-a-boat, Wandering Jew
- Topical medications, including shampoos and lotions
- Mulch

- Carpet
- Fabrics
- Fertiliser

#### WHAT ARE THE SYMPTOMS OF CONTACT ALLERGY?

Contact allergies generally manifest as severe itching within four to 72 hours after contact with the offending allergen. Animals develop a red, itchy rash that may affect the muzzle, armpits, elbows, belly, groin, scrotum, perineum and paws - basically the underside of the animal. Chronic exposure to the allergen may result in inflammation, leading to hyperpigmentation (darkening) and thickening of the skin. A scaly, scabby or sometimes pustular rash may occur.

#### **HOW IS A CONTACT ALLERGY DIAGNOSED?**

Pet owners may notice that their dog or cat is itchy after being

in certain environments or products within the house and yard. A dermatologist can perform skin testing to diagnose specific allergies.

#### **HOW IS CONTACT ALLERGY TREATED?**

Ideally, if the allergen can be identified and the pet can avoid exposure, then contact allergies may be controlled. This is not always effective or practical, particularly in instances of grass or carpet allergy where daily exposure is inevitable. Protective clothing may be used to limit contact with the offending allergen. Regular washing of pets to remove irritants may help reduce the symptoms. Omega fatty acids in the diet and topical moisturising treatments can help to improve your pet's skin barrier health, which can reduce the penetration of allergens.

Your vet will be able to discuss a range of options for medical treatment of contact allergies.

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## JOAN PEASE'S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON





#### **BAYSIDE KERBSIDE COLLECTION DATES**

Baysiders keep asking me when kerbside collection for large items commences. Here's a list of dates in March by suburb (Collection Start Week Commencing):

- Lota Monday, 3 March
- Lytton Monday, 3 March
- · Hemmant Monday, 3 March
- Wynnum Monday, 3 March
- Manly Monday, 10 March
- Wynnum West Monday, 10 March
- Manly West Monday, 17 March
- Tingalpa Monday, 17 March For more info, call 3403 8888.

#### 6 MONTHS OF 50 CENT FARES

Our 50 cent public transport fares are here to stay. They've now been in for over 6 months. The great news is that public transport patronage is up 20%.

Thousands of Bayside commuters are saving up to \$50 per week on travelling. I encourage all Baysiders to make the switch to public transport, where possible. You can reduce local traffic congestion, help the environment, and take pressure off your household budget. The cost is 50 cents per trip – please remember to tap on and tap off.



#### MOUNTED POLICE PATROLS

You may hove noticed more Mounted Police Unit patrols in Wynnum Central recently. The Mounted Police Unit, based out in Moggill, have been undertaking regular scheduled patrolling of our Bayside. Pictured is 11-year-old Lance and his much shyer older brother Karma in the background, who is 13. The Mounted Police Unit are frontline operational police officers, except they carry out their duties from above crowd level astride a horse. There's a few extra duties as well...training, grooming, brushing, feeding, exercising, mucking out stables and picking up poo, just to mention a few.



#### WYNNUM COURTHOUSE JPS NEEDED

The Justices of the Peace in the Community signing site at Wynnum Courthouse is looking for additional volunteers to join their team. They are looking for volunteers on Fridays 10am-1pm or 1pm-4pm.

You can keep your skills up to date by volunteering your time, skills and knowledge while giving back to your local community.

Keen to get involved? Already a registered JP in the Community Volunteer program? Simply email jpsinthecommunity@justice.qld.gov.au or to apply to volunteer your services, please contact the Engagement Officer on 3013 5460.

#### SMALL BUSINESS GROWTH STRATEGY RELEASED

I had a productive meeting with Australia's Treasurer and fellow Queenslander Jim Chalmers about opportunities to grow small businesses in our great state. Queensland's 485,000 small businesses are vital to driving our country's prosperity.

Australia's first ever National Strategy for Small Business has just been released.

As the Shadow Minister for Small Business, the

main feedback I'm getting from the sector includes the need to address labour shortages, retain skilled workers and address operational costs. A national strategy will help address the operating environment for small businesses and support them to grow.



#### **BAYSIDERS HONOURED ON AUSTRALIA DAY**

Congratulations to our Baysiders who were amongst the Austalia Day Honours list for their services to the community, including:

Graham Mapri, President of the Wynnum Manly Cricket Club, receiving an Order of Australia Medal for his contribution to community sport.

Lionel Morgan, Wynnum Manly Seagulls legend, who's been posthumously honoured as a Member of the Order of Australia for his contributions to rugby league and to the Indigenous community.



Clare Polkinghorne, ex-Wynnum Wolves legend and Matildas veteran, who was awarded an Order of Australia Medal for her services to women's football.

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## LET'S HEAR IT FOR THE SHED'S VERY OWN RICHARD THE LIONHEART

FROM WYNNUM MANLY AND DISTRICT MEN'S SHED



Volunteer Richard Wood, or Richard the Lionheart as he is known at the Men's Shed. Photo: Supplied.

The Wynnum Manly and District Men's Shed is fortunate to attract its fair share of those salt-of-the-earth people who fly under the banner 'volunteer'. Richard Wood is one who, in a previous life, would have been a white knight on a horse, hell-bent on good deeds, righteousness and chivalry.

Our *Richard the Lionheart* is an extremely generous, energetic man who is thrilled by the challenge of solving other people's 'Mr Fixit' problems, especially if he has to use the 3D printer or the modern, computer-managed CNC Routers and Cutters.

Also, if the machines break down, who are you gonna call? Yes, Richard, of course! He can fix anything because Richard is also a handyman, the 'Jack of all trades', the go-to man, the GOAT, the inventor, and also the one with the springloaded arm when anyone asks for volunteers.

In Wynnum, with its only two degrees of

separation, you have probably already met him. If you've been part of the crusade of people who have brought a 'fix it' problem to the Men's Shed, it is more than likely that Richard has done the work for you or would have advised on the solution. Or maybe you are one of the tens of thousands he has served with his fabulous Brekky Buster Sausage Sandwich at the Manly markets or Bunnings. On these occasions, Richard is up at dawn to set up the pergolas for the stall, organising the food and drinks to feed a

thousand hungry mouths. All this is done with his usual good humour, fast wit and friendly rapport with the customers.

At our social functions, Richard manages the barbecue, helps with serving, and when the party hits a lull, he jumps up and recites poetry, tells jokes, gets the sing-along going, and kicks off the dancing. The man is a marvel!

So, let's all clasp our hands, lower our eyes and thank God for volunteers!





## WHY SPF 50 SUNSCREEN IS ESSENTIAL FOR HEALTHY SKIN

BY DR TERRY MILLER, MANLY VILLAGE MEDICAL

A lifetime of sun exposure inevitably leads to the development of precancerous skin cells, particularly on areas frequently exposed to sunlight. While these cells may remain dormant for years, exposure to ultraviolet (UV) photons can trigger malignant changes in a matter of seconds, increasing the risk of skin cancer.



Daily sunscreen application is one of the most effective ways to protect your skin. The Australian sun is harsh, and prolonged exposure not only raises cancer risk but also accelerates skin aging, leading to wrinkles, pigmentation, and loss of elasticity. Applying SPF 50 sunscreen every morning before stepping outside is a simple but crucial habit that can significantly reduce these risks.

The key is consistency - just like brushing your teeth, applying sunscreen should be second nature. The 'Slip, Slop, Slap' message remains as vital today as ever: slip on protective clothing, slop on sunscreen, and slap on a hat. Choosing a broad-spectrum SPF 50 sunscreen ensures maximum defence against both UVA and UVB rays.

By making sunscreen a daily habit, you protect your skin from premature aging and, more importantly, from the potentially life-threatening effects of UV radiation. Start today - your future self will thank you.





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## LOCAL BUSINESS COMMUNITY BENEFITS FROM NETWORKING OPPORTUNITIES

BY CATH COOK, PRECINCT COORDINATOR, MHVCOC

The Manly Harbour Village Chamber of Commerce (MHVCOC) hosted the first trader networking evening of the year on 18 February, on the iconic Boardwalk at the Royal Queensland Yacht Squadron (RQYS).

More than 30 local business owners and professionals gathered for an evening of connection, conversation, and collaboration. Guests enjoyed a selection of delicious finger foods and drinks while watching the sun set over Manly Harbour, creating a relaxed and engaging atmosphere for fostering new opportunities.

The evening was expertly hosted by Danielle Forward, newly appointed Secretary of the MHVCOC, who kept the energy high and

ensured attendees made the most of the networking opportunities. RQYS CEO Karen Baldwin welcomed guests and emphasised the significance of 2025 as the club prepares to celebrate its milestone 140th anniversary. Karen also provided an update on the exciting developments at RQYS, including a new outdoor bar, an expanded function room, a revamped members' lounge, and the muchanticipated boardwalk renovation and extension.

The International Women's Day Breakfast is just around the corner, and after last year's incredible event, this year promises to be just as inspiring. Hosting the event is Caroline Starecky, founder of Leap Lab, who will lead an engaging discussion with an impressive panel of speakers. Deborah Bauer, founder of Urban Metal, producer for

Cinemapodgrapher, co-founder of Film Tips Pro, and recipient of the inaugural Lord Mayor's Women in Business Grant, will share her insights alongside Hayley Colbert, owner of Bayside Optometry for the past 12 years, whose passion for Indigenous eye health and the effects of diabetes on vision have driven her career. With such a dynamic lineup, this year's breakfast is set to be truly inspiring.

With more events planned throughout 2025, MHVCOC invites local businesses to get involved and take advantage of opportunities to network, learn, and grow. Stay updated on upcoming events by visiting www.manlyharbourvillage.com.



















Photography by Steve Krige Photography.





7 MARCH: International Women's Day Breakfast (RQYS)

**5 APRIL:** Movies in the Park (Sing 2)

**20 MAY:** Manly Chamber and Friends Medical/Allied Health Networking





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For more information on upcoming events, be sure to follow Manly Harbour Village on social media, subscribe to our newsletter at manlyharbourvillage.com or email us at promotions@manlyharbourvillage.com.

#### **LOCAL GARDENING WITH KAT**

## WHAT'S THE BUZZ?

BY KAT PEARSON, GIRL IN THE GREEN

I'm sure everyone knows the European honeybee - the ones that sting you (and then die!) and are responsible for the jars of honey in the pantry. Honeybees were introduced to Australia in the early 1820s by European settlers who imported many a plant and animal to make Oz feel like home. But Australia has around 2000 species of native bees all of our own!

During summer, I wake up to the sound of our native blue-banded bees, Amegilla cingulate, buzzing in my blue ginger flowers Dichorisandra thyrsiflora (not actually a ginger at all, but well worth growing). I've noticed these bees around my garden in other flowers, but the blue ginger is a magnet for them, and the tubular shape of the flowers amplifies the buzz sound, so I know when they're about.

If you haven't seen a blue-banded bee, they are a bit chunkier than a honeybee, have a tan, hairy body and iridescent blue stripes on their bottoms. If you get up close, you can also see their really long tongues,

which help them get nectar and pollen from deep in the flower.

Like many of our native bees, these guys are specialists in 'buzz pollination'. Basically, they get into a flower and shake their booty (technically, they vibrate their flight muscles, which are in their thorax or the middle bit, but that sounds less cute). Buzz pollination is really helpful to some plants that have their pollen tucked away in anthers with tiny openings too small for insects to get in. One well known plant that likes buzz pollination is the tomato. The wind is often enough to shake some of the pollen free, but buzz pollination is the next level.

Blue-banded bees are solitary bees and don't live in hives, although they often live near each other, like a little village. Females nest in clay soil or soft sandstone and the guys hang out overnight on plant stems, clamping on with their jaws. These bees are only active in the warmer months and die as the weather cools, but overwintered eggs hatch when it warms up and the cycle starts again!

## **ABOUT KAT**

I love gardening, growing my own food and plants in general. I've been working on our current garden subtropical



Brisbane for the last six-plus years, but have been gardening for much, much longer in all sorts of places. I'm an exengineer, recently turned horticulturist (life's too short not to work in something you love!). I grow edibles and ornamentals in an often wild, rambling jungle, filled with birds and bugs, including a handful of pet chooks and a brand new puppy (who likes to chase said chickens, and is not averse to helping me dig a hole!).



Photo by Kat Pearson.



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## STEP UP FOR RICHIE'S RAINBOW WALK TO FIGHT CHILDHOOD CANCER

FROM RICHIE'S RAINBOW

Lace up your walking shoes and join us for the 4th Annual Richie's Rainbow Walk at Lota Park on Sunday, March 30. The walk represents a day of community, remembrance, and hope for families affected by childhood cancer.

This year's walk is extra special, as Richie's Rainbow celebrates its third year of operation. In just three years, the charity has made a significant impact, raising over \$350,000 for childhood cancer research and family support. One of its standout initiatives, Richie's iPad Scheme, has already provided over 100 iPads to children undergoing oncology treatment, helping them stay connected and engaged during their fight.

The event is held in memory of Richie Walsh, a brave young boy who battled Rhabdomyosarcoma, a rare childhood cancer, with treatments that had not changed in decades. His fight inspired the creation of Richie's Rainbow, a movement dedicated to ensuring that no child faces cancer alone and that more funding goes toward research for better, more effective treatments.

Participants can take part in a 5km or 10km scenic walk along the bay, starting at 10:00am, with registration and activities beginning at 9:00am. The event is about more than just walking – it brings people together to honour Richie's legacy, and advocate for real change in childhood cancer treatment.

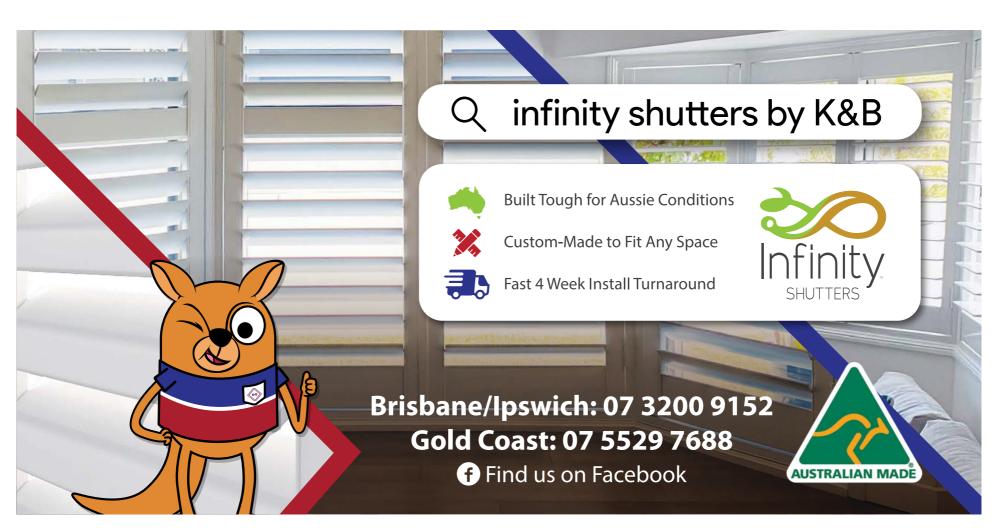
"We walk for Richie and for every child fighting cancer today," says the Richie's Rainbow team. "Together, we can change the future."

Join us in turning heartbreak into hope. Every step counts.

To register or donate, visit https://richiesrainbow.org.au.



Photo: Supplied



## MERCURY THEATRE WYNNUM PRESENTS RELATIVELY SPEAKING

Mercury Theatre Wynnum is thrilled to present a production of Alan Ayckbourn's *Relatively Speaking,* a delightful comedy of mistaken identities and chaotic misunderstandings. Directed by Rosemary Thwaites, this uproarious production promises an evening of laughter and confusion.

The story follows Greg, Ginny, Phillip and Sheila as they navigate a labyrinth of awkward encounters and humorous miscommunications. This classic farce offers a hilarious examination of love, timing, and the tangled webs we weave.

"This play is a true gem in comedic theatre, and our cast's chemistry brings every scene to vibrant life," said Rosemary. "We invite you to join us for an evening that promises to be as delightful as it is disorienting."

Mercury Theatre Wynnum has been a cornerstone of Brisbane's bayside theatre culture since 1949, celebrating its 75th anniversary in 2024. The group is dedicated to providing high-quality entertainment and fostering a vibrant community spirit through the arts.

Don't miss this chance to support local theatre and experience a spectacular comedy event! Book your ticket now to experience brilliant community theatre in the heart of Wynnum-Manly.

*Relatively Speaking* will run from March 7 to 23 for nine shows at the Manly-Lota RSL hall on Melville Terrace, Manly. For tickets, go to mercurytheatrewynnum.com.



Mercury Theatre's cast of Relatively Speaking. Photo: Supplied.

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## **Cr Alex Givney**



**Councillor for Wynnum Manly Ward** 

## Updates from your local Councillor

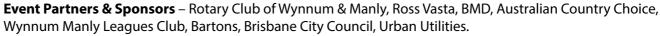
## A Huge Thank You for an Unforgettable Aussie Day Brekkie!

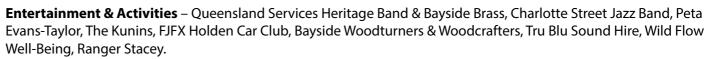


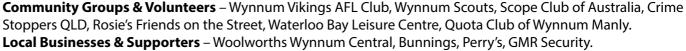
What a fantastic morning we had on Australia Day with our wonderful community! From the sizzling Rotary BBQ to the incredible live entertainment, the spirit of togetherness was on full display, and it wouldn't have been possible without the incredible support of our local community groups, volunteers, and sponsors. Your generosity, hard work, and community spirit truly made the event a huge success!

With thong tosses, amazing local music, and over 3,000 sausages sizzling, this year's Aussie Day Brekkie was a celebration of everything we love about this great country. A huge thank you to everyone who joined us and helped keep this Bayside tradition alive!

#### **Special Thanks to Our Supporters:**







Thank you for coming together to connect with community and spend time with family. Your support made this event truly special, and we can't wait to do it all again next year!





We're spending 89% of our budget in the suburbs to ensure Brisbane remains the best place to live, work and relax. As part of this commitment, the Schrinner Council is planning to create a 20-year Master Plan to transform the Wynnum, Manly, and Lota foreshores. The project will explore possibilities to enhance connectivity and create more opportunities for recreation and relaxation. At this early stage of the project, our team is keen to understand your connection to the Eastern foreshores and invites you to **Have Your Say** using the QR code.





#### Stay in the Loop!

Want to stay updated on all the latest news and developments? Join our mailing list today! Simply scan the QR code below and never miss a beat.

Let's keep the momentum going, Wynnum Manly! Together, we're building a brighter Bayside to keep Brisbane moving!









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## JUNIORS SCORE NEW CLUB INFRASTRUCTURE WITH BMD TEAM-UP

Family-owned civil contractor BMD has mobilised its young graduate workforce to build four new player dugouts for the Wynnum Manly Junior Rugby League Football Club, enhancing the club's facilities for its under 6's through to under 10's teams.

The new dugouts – designed to provide players with a space to rest, recover and strategise during games – will greatly improve the young footballers' overall experience, particularly as they play over the warmer months.

The new dugouts came to fruition through the support of BMD's Foundations Graduate Program, where as part of a learning module, the cohort of 47 graduates were split into four teams and tasked to build a dugout each.

With a tight timeframe of just 36 hours, the four teams successfully delivered the four dugouts, utilising over 800 metres of timber, 2800 screws and bolts, and 60 bags of rapid-set concrete.

The graduates were given mock roles within their teams that corresponded to real jobs in the civil construction sector and had to follow BMD's HSEQ Excellence safety processes as part of the exercise.

To ensure the Juniors received top-quality structures and everyone stayed safe, the business supported the initiative by operating under BMD Group business JMac Constructions' builders' licence, utilising its skilled tradespeople.

BMD's Executive General Manager of Constructions Jeff Gallus said through this year's program, BMD is preparing for the future growth of its site teams as well as the growth of the Wynnum Juniors club.

"BMD believes collaboration and the sharing of knowledge is vital to the construction industry and we instil this in the next generation of our workforce from early on in their careers," Mr Gallus said.

"Exposing our graduates to an immersive experience where they are on the tools and overcoming real-life



L-R: BMD Communications Graduate Ethan Malt with three junior players, BMD Executive General Manager of Constructions Jeff Gallus, Wynnum Manly Juniors Coaching Director Mick Haggarty and Wynnum Manly Juniors Coach Danny Eaton. Photo: Supplied.

challenges is vital to them adopting a collaborative mindset and being able to problem-solve and yield great outcomes for our future projects."

BMD Communications Graduate and Wynnum Manly Seagulls HostPlus Cup Forward Ethan Malt said it was a special initiative for him to take part in given his connection to BMD and the Seagulls.

"Having played for the Seagulls since I was seven, it was extremely rewarding to give back to a community that has provided me with so much throughout my footballing journey," Mr Malt said.

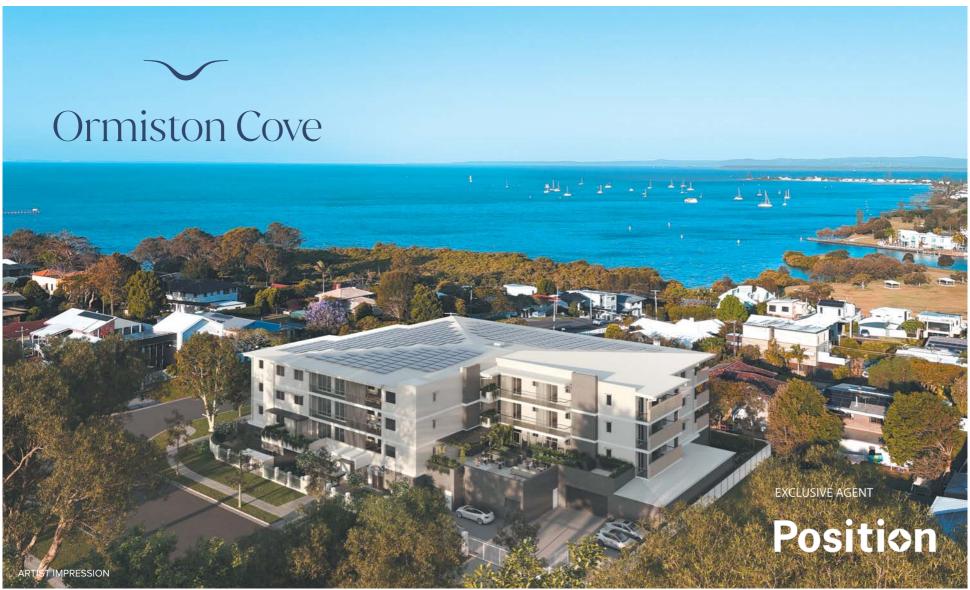
BMD's Foundations Graduate program provides structured workplace learning and development to help graduates bridge the gap between formal education and the workforce. Held over 18 months, it provides graduates with accelerated success and a clear pathway for their future.

Despite being Australia's largest privately owned civil contractor, BMD was founded by long-term resident of Wynnum Manly Mick Power AM, and the business remains deeply entrenched in the region.











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## The Long House: Luxurious Modern Masterpiece hits the Market

FROM OCEAN REALTY

You could be miles away from the buzz of Brisbane's CBD, but really, you're not. That's the beauty of Chandler, a prestigious acreage suburb that's tranquil and green, where horses roam white-fenced paddocks, and those lucky enough to live there enjoy the city-meets-country lifestyle. And it's less than 25 minutes' drive to the CBD.

An exciting new listing has recently hit the Chandler market, and it's a unique acreage retreat already capturing serious buyer attention. Welcome to 719 London Road, Chandler.

A modern architectural masterpiece designed by award-winning Shaun Lockyer Architects, The Long House takes advantage of its prime acreage location for easy, stylish living. The property is a masterclass in modernist architecture, built to capture breezes and play with light in a sophisticated yet casual way. Its clever design is as interesting as it is beautiful and bang-on perfect for its sub-tropical location.

The Long House's elongated floor plan sits on the east-west axis of the site to take in views of the north-easterly landscape. This linear floorplan lends itself to indoor-outdoor living, and one of the true architectural gems of this property is the outdoor room that is a continuation of the indoors. The white brick walls that define the outdoor room are cleverly designed with a circular window to frame the expansive views, allowing light to flow through into the adjoining indoor spaces.

This mid-century masterpiece should pique the interest of buyers who appreciate timeless, quality architecture, and the relaxed lifestyle opportunity acreage living affords.

The Long House is located at 719 London Road Chandler and is for sale via Ocean Realty.











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## WHY CHEAP SOLAR WILL COST YOU MORE IN THE LONG RUN

#### FROM GOODHEW ELECTRICAL AND SOLAR

Homeowners looking to save money on solar installations often find that the cheapest option ends up being the most expensive mistake. Goodhew Electrical and Solar, the trusted local solar experts, recently encountered a homeowner who learned this lesson the hard way.

Just months after investing in a large solar system from a budget provider, the homeowner faced serious issues with workmanship and customer service. After repeated failed attempts to resolve these problems with the original installer, they turned to Goodhew Electrical and Solar for a full system inspection.

A qualified Goodhew electrician, accredited by Solar Accreditation Australia (SAA), conducted a thorough inspection, and the number of issues uncovered was truly shocking. Nine major non-compliances and eleven additional system issues or instances of installer malpractice were identified.

Some of the most serious issues included exposed cabling, which created a significant electrical hazard, and a failure to install roof penetration seals, increasing the risk of leaks and structural damage. The panel racking, conduit, and cables were not properly supported, compromising the system's integrity. Additionally, components were installed incorrectly and not in accordance with manufacturer specifications, potentially voiding all warranties.

Beyond these safety concerns, the homeowner also suffered extensive damage to their home, including multiple holes in the ceiling and walls, as well as severe roof damage requiring the repair or replacement of more than 50 sheets.

It is important to remember that even the best-quality products will fail if installed by a substandard company.

The original installer did not use cheap products by any means. However, upon further investigation, it became evident that the company was not a New Energy Tech Approved Seller. Instead, they relied exclusively on subcontractors for the installation—a decision that ultimately proved disastrous for the unsuspecting homeowner.

The cost to rectify both the system and the roof exceeded \$8,000. When added to the original cost of the system, the so-called "cheap" solar installation turned out to be significantly more expensive than if the homeowner had chosen a reputable company like Goodhew Electrical and Solar from the start.

#### **CHOOSE THE TRUSTED LOCAL EXPERTS**

When you choose Goodhew Electrical and Solar, you can rest assured that every person you deal with is directly employed by our company—not a subcontractor. Additionally, we are a NETCC New Energy Tech



Photo: Supplied.

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For more information scan the QR code >>





## The developer of the region's newest apartment project to call Ormiston Cove home

FROM CORO PARTNERSHIP

Coro Partnership, a trusted name in Queensland's construction industry for over 30 years, is proud to announce its latest landmark development: Ormiston Cove. This boutique residential development exemplifies the company's unwavering commitment to quality and innovation.

The site on Gordon Street, Ormiston, has been undeveloped for the past 75 years. Its north-east aspect on top of the hill at Ormiston creates one of the most stunning views of the bay for residents to savour. This unique site will be home to the developer, who has been a resident of Ormiston for more than 35 years and cannot imagine living anywhere else.

Featuring 24 spacious three-bedroom apartments, Ormiston Cove has been designed with the owner occupier in mind, offering sophisticated design, exceptional finishes, and breathtaking coastal views that will set a new benchmark for modern living in the region. The building also boasts one of the highest Nabers Ratings applicable to residential developments, mirroring the Coro's accolade of developing one of the highest green rating commercial sites in Australia. The green focus of the building includes solar panels covering the entire roof, providing backup battery storage for residents' use.

As a stalwart in the Queensland construction industry for over 30 years, Coro Partnership has completed a wide array of residential and commercial developments that testify to their dedication to expertise and quality. The company continues to set the bar for construction excellence in Brisbane and beyond with a robust portfolio ranging from townhouse developments to major commercial refurbishments.

Projects include a landmark townhouse development, as well as the refurbishment and redevelopment of several commercial buildings in and around Brisbane's CBD.



The company's track record also includes the successful completion of over 20 shopping centres. These ventures underscore the company's versatility and commitment to enhancing local communities.

Coro Partnership has appointed Eurocom Projects Pty Ltd, a firm with 50 years of building experience in Brisbane, as the builder to bring this exciting new development to life via sophisticated design and cutting-edge construction techniques.

Drawing from decades of experience, the builder and developer are excited to deliver a product that reflects the highest standards of craftsmanship and attention to detail. The development's design and construction are a direct result of the combined efforts of a team of industry professionals who have spent decades perfecting their craft.

For further information on Ormiston's newest residences, visit ormistoncove.com.au.

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## 27 CLUB: A EULOGY THAT ROCKS

BY JAN NARY

What's the common thread that links Janis Joplin, Amy Winehouse, Kurt Cobain, Jim Morrison and Jimi Hendrix? They've each been acclaimed as the voice of their generation and each one of them has left a canon of songs for future generations. And each of them died at the age of 27.

Though the singers are gone the songs live on and they'll blaze back into life at *27 Club*, presented by a cast of performers who are each spectacular in their own right. Sarah McLeod, Justin Burford, Carla Lippis, Dusty Lee Stephensen and Cam Blokland are backed by a band of some of Australia's finest musicians – and audiences are loving it.

"They're such great songs – it's hit after hit after hit," says Sarah McLeod (*The Superjesus*); "and it's a good education in the history of rock and roll because we underpin each track with the story of the composer's life.

"I love doing shows where you can learn something. You can listen to a song and appreciate it but you never really understand it until you've learned it yourself; that really drives home what good songs they are and how well they stand up. And I've learned a lot about live performance and entertainment from this show; it's more than just singing!"

Sarah says that one of the reasons for the show's success is the quality of the performers and that they really enjoy working together.

"Striving for individual excellence never overrides the fact that we're a tight-knit, cast iron collective, even



Photo: Supplied.

though it's a pretty loose style. We're on stage the whole time, even if we're not performing, and we react to each other's work. That keeps the show fresh and fun — maybe that's why some Adelaide audiences have seen up to five performances — but I can't talk, I'm up there six nights a week and I still love it!"

27 Club comes to RPAC on Thursday April 3. For tickets, go to rpac.com.au or call (07) 3829 8131.



## **BAYSIDE BRASS FINDS A HAPPY NEW HOME AT CARINA HEIGHTS**

FROM BAYSIDE BRASS

After more than seven decades of being deeply rooted in the Wynnum-Manly area, Bayside Brass is excited to announce its relocation to the Salvation Army Hall in Carina Heights. This marks a new chapter in the band's history, while staying true to its legacy and connection to the bayside community.

The decision to move was not taken lightly, as the Wynnum-Manly area has been the home of Bayside Brass for over 75 years. Dating back to the 1950s, the Wynnum Manly Citizen's Band became Bayside Brass in the 1990s to appeal to a greater catchment area for players.

The band's name and identity are inextricably linked to this community as the area's premier performance and contesting brass band. President and Musical Director Damian Bowden believes that the relocation of rehearsals to Carina Heights will not impact the band's ties to the bayside community.

"Our membership base already travels from as far as Ipswich, the Sunshine Coast, Brisbane's Northside and Redland City to play in the band," said Mr Bowden. "There are some terrific schools in the area that will allow us to provide an option for their students to continue with community music-making when they graduate from school."

The move was made possible thanks to the incredible generosity of the Salvation Army Carindale, who have graciously opened their doors to the band when it was announced that the existing rehearsal venue was to be repurposed. This collaboration ensures that Bayside Brass has a comfortable and welcoming space to rehearse and create music. The band extends its heartfelt thanks to the Salvation Army for their community spirit and sharing their space with the band.

Rehearsals will remain on Tuesday nights from 7:00pm to 9:00pm, at the Salvation Army Hall, located at



Photo: Supplied.

202 Gallipoli Road, Carina Heights. Bayside Brass warmly encourages brass and percussion players of all ages to join us for a rehearsal and see what brass banding is all about. The band offers high-quality professional-level instruments for players that do not have their own instrument. From local performances to state championships, the band's dedication to excellence and community engagement remains unwavering.

For more information or to inquire about joining the band, please contact Bayside Brass via email at baysidebrass@gmail.com or visit their website at www.baysidebrass.com.au and follow our vibrant social media pages on Facebook and Instagram for performance updates.

## Latest news from the Port of Brisbane March 2025





#### **Trade**

Following ideal growing conditions and a temporary pause in tariffs for the Indian market, a record monthly total of bulk chickpeas was exported through the Port during December – over 300,000 tonnes – to markets including India, Bangladesh and Pakistan.

Motor vehicle imports stabilised over the last quarter with the industry said to have caught up on the back-order fulfilment of new car deliveries, which resulted in record numbers of car imports in 2023/24.

#### Community

Applications are now open for our 2025/26 Community Grant Program! A total of \$100,000 in grant funding is available for community organisations and registered not-for-profits, with up to \$15,000 available to individual, eligible organisations. Applications close 30 April.

If you're interested in a tour at the Port of Brisbane, you can book our one-hour bus Explorer Tour for \$10 per adult, \$8 concession and free for children under 16. Tours will take place during Queensland school holidays on:

- Tuesday 8 April
- Tuesday 8 July
- Tuesday 23 September.

To apply for a Community Grant or book a tour, visit our website, email info@portbris.com.au or call us on 3258 4888.

#### Environment

We undertake a range of environmental and research monitoring programs every year to help inform our management and day-to-day operations and provide important insights into the health of Moreton Bay.

With our partners, we're focused on protecting and improving sensitive environmental areas around the Port. Last year, we commenced a project to rehabilitate 10ha of degraded coastal land at Whyte Island – vital high tide roosting habitat for migratory birds. Now in its second year, this work is progressing well with invasive pest control and re-planting of native vegetation underway.

Our environmental monitoring reports are on our website.

For more information about the Port of Brisbane, visit www.portbris.com.au or email info@portbris.com.au.

**Port of Brisbane** is Queensland's largest multi-cargo port. In 2023/24, approximately \$72 billion in international trade was handled through the Port including around 95% of the state's containers and motor vehicles and 50% of its agricultural exports, while the Brisbane International Cruise Terminal is helping to grow Queensland's tourism industry.

We are currently considering the future requirements of the shipping channel. The proposed 25-year Channel Enhancement Project aims to improve efficiency, reduce vessel emissions and ensure the shipping channel caters for the future needs of the global shipping market. The Project will require an Environmental Impact Statement (EIS) and its draft Terms of Reference are currently being prepared.

#### Port fast facts

- In 2023/24 over \$377,000 funding was provided to 36 community partners
- 12 community organisations from the Bayside, greater Brisbane area and west to Chinchilla shared in a total of \$100,000 in FY24/25
- Over \$1.1 million awarded in community grants since 2013

**Brisbane International Cruise Terminal Address:** 

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Information and directions: www.portbris.com.au/cruise

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Cruise requirements/itinerary information: Please contact your cruise line.

#### **LOCAL FISHING WITH SPERO**

## THE WHITING ARE BITING, AND THE PRAWNS ARE PLENTIFUL THIS MONTH!

BY SPERO KARTANOS

Gee, it's already the third month of the year! Time flies when you're getting old, but fishingwise, March brings the whiting, prawns, and squid, and hopefully, we'll see the spotty mackerel tearing the bay apart!

So, where are the fish this month?

The whiting should be plentiful from Chain Banks through to the Rous and Amity Banks. The tiger squid should be hanging around the same areas, and I always use a squid jig out the back of the boat when I'm fishing for whiting. Take a look at the photo for the squid jigs I use that work best in the bay.

Prawning is good north and south of the river, so if you can throw a cast net (I can't!), follow the thousands of boats, get in between them, and the prawns should be in the bucket.

Spotty mackerel should be throughout the bay, so look for the diving turns and have your chrome

slug ready, and maybe you'll hook a couple. Schoolies keep-on keeping-on these days, which

Water Tower Bait and Tackle

is great – they're in the bay all year round, so a trolled spoon should get you a few around Hope Banks and north of Peel Island.

Sweet lip and snapper will be around the Bay Islands and artificial reefs, and some patience always pays off.

Thank you to everyone who texted me; I really enjoyed the kids' photos last month. The photos embarrassed those who are now driving cars and are teenagers, but it was worth seeing the smiles. Maybe down the track, we can publish the rest of the photos that did not get in this time, just to embarrass a few more!

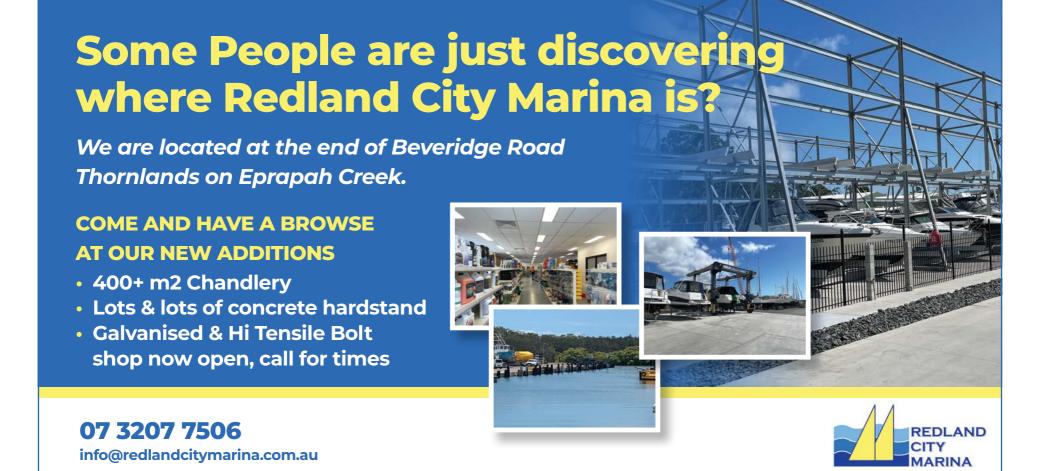
Till next month, good fishing.







Above: These squid jig colours have worked best for me for a very long time. Photos: Spero Kartanos.



## HEY PRESTO! PESTO CHICKEN WITH MACADAMIA NUT RECIPE

Bursting with fresh, punchy flavours, this chicken recipe is quick and easy with its deliciously herby, nutty, and citrusy take on classic pesto chicken. Serve it with a big green salad, as filling in a super-sandwich, or mix it through your favourite cooked pasta.

#### **INGREDIENTS**

#### PESTO

- 1 cup of fresh basil leaves
- 1/2 cup of baby spinach (optional, for extra green goodness!)
- 1/4 cup of roasted, unsalted macadamia nuts
- 1/2 cup of grated Parmesan cheese

#### CHICKEN

- 4 large skinless chicken breasts
- 1 tbsp olive oil
- · Salt and pepper

- 2 peeled garlic cloves, minced
- · 2 tbsp of lemon juice
- The zest of 1 lemon
- 1/3 cup of extra virgin olive oil
- Salt and pepper to season
- 1/2 cup cherry tomatoes, halved
- 1/2 cup sun-dried tomatoes, chopped
- · Fresh basil leaves to garnish

#### METHOD

- First, make the pesto. In a food processor, blend basil, spinach, macadamia nuts, Parmesan, garlic, lemon juice, and lemon zest. Drizzle in the olive oil while blending until it's smooth. Season with salt and pepper to taste. Set the pesto aside.
- 2. Season the chicken breast on each side with salt and pepper. Heat the olive oil in a pan with a lid over medium-high heat and sear the chicken for 5 to 7 minutes on each side, until it's golden brown and cooked through.



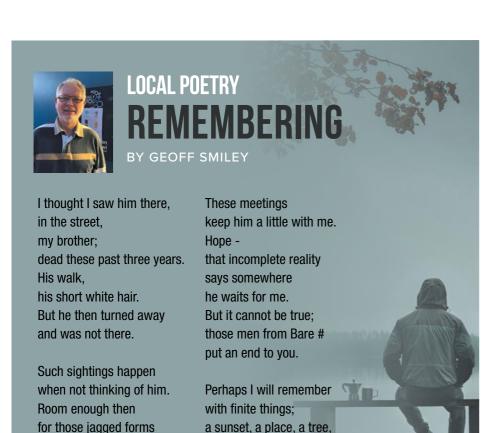
- 3. Turn the heat down to low, spread a generous layer of pesto over each chicken breast, and add cherry tomatoes and sun-dried tomatoes to the pan. Cover the pan with its lid, and let it simmer gently for 2 minutes to let the flavours combine. Remove the chicken from the heat and place it on a cutting board, then let it rest for 2 minutes.
- 4. Slice the chicken into 4 to 5cm strips. Return the chicken to the pan and mix through the pesto. Garnish with basil leaves, and your meal is made!











where I can recall you

in anchored reality. © Geoff Smiley

# Funeral directors

## **CELEBRATE INTERNATIONAL WOMEN'S DAY AT WYNNUM**

FROM WYNNUM 60 AND BETTER

Join Wynnum 60 and Better for an unforgettable International Women's Day celebration on Thursday, 6 March 2025. Embracing the theme March Forward: for All Women and Girls, this uplifting afternoon combines inspiration, wellbeing, and connection.

Kicking off at 12:15pm with a light lunch, the event features a powerhouse mother-daughter duo, Amanda and Satya Lynn. Amanda, an Ayurvedic yoga teacher, and Satya, a radiant yoga spirit, will guide guests through an enriching experience designed to refresh and inspire.



Yoga teacher Amanda Lynn, Photo: Supplied

Guest speakers include Janine Baldwin, Family Dispute Mediator and Solicitor, and Allie Forster, Local Counsellor and Community

Chaplain, offering valuable insights into resilience and empowerment. A guided meditation session and open discussion provide space for reflection before everyone gets moving with an energising dance session to wrap up on a high note.

Come along to celebrate the strength of women in our community on Thursday March 6 at 12:15pm, upstairs at 105 Florence Street, Wynnum. Bookings are essential for catering - call 07 3348 6306 or email admin@wynnum60andbetter.org.au to secure your spot.

# Feet*up*. Catch*up*. Showup.

of memory to be shown.

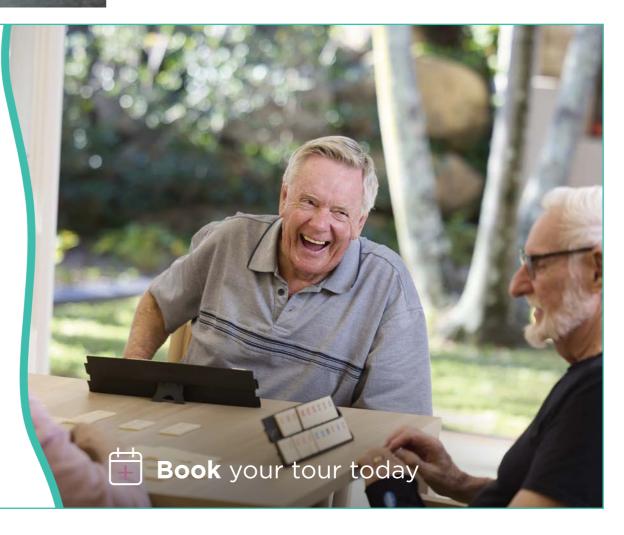
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## **INVESTING IN RUGBY LEAGUE AND COMMUNITY GROWTH IN 2025**

FROM WYNNUM MANLY LEAGUES CLUB

With 2025 well underway, Wynnum Manly Leagues Club is kicking off the year in spectacular fashion, reaffirming its unwavering commitment to the future of rugby league and the broader Wynnum-Manly community.

Recently, Wynnum Manly Leagues Club Chairman Brett Mooney presented Seagulls' Chairman George Hill with an \$880,000 sponsorship cheque for the Wynnum Manly Seagulls' 2025 season. This amount is an impressive increase from last year's \$770,000. This sponsorship is further complemented by over



Photo: Supplied.

\$400,000 in in-kind support, covering essential operational costs such as power, water, and maintenance, ensuring the continued upkeep of the iconic Kougari Oval.

This sponsorship follows the substantial one-off \$440,000 Game Changer Relief Payment provided by Wynnum Manly Leagues Club at the end of 2024, further securing the Seagulls' financial stability and future success. The 2025 sponsorship will ensure the men's and women's teams have the necessary resources to compete at their best, while also laying a strong foundation for the club's new Brisbane Rugby League (BRL) teams.

Wynnum Manly Juniors have received a \$330,000 sponsorship for 2025, ensuring young athletes have the facilities and support they need to develop. Additionally, Fielders Club is set to commence a major

redevelopment project, introducing four new junior training fields. This expansion will help alleviate the pressure on Wynnum Manly Juniors, which is currently operating at full capacity.

Wynnum Manly Leagues Club's commitment extends far beyond the field. The club is dedicated to empowering the community through its Community Grants Program, which contributed over \$70,000 to local initiatives in 2024. These grants supported a wide range of projects, including the purchase of a commercial fridge for St Pete's Pantry to aid in distributing food hampers to vulnerable community members, and funding for holiday school programs at BABI (Bayside Adolescent Boarding Inc). The next major Community Grants round is set to open on May 1, 2025, and close on June 30, 2025.



# Home Delivering More Good News to More People

The Community Leader is a monthly publication, home delivered to parts of Wynnum, Wynnum West, Manly, Lota, and parts of Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point. Maps are subject to change and availability of walkers, however the total number of copies delivered remains constant.

Any submissions can be emailed to **sales@market2market.com.au** for consideration.

#### **LOCAL PICK UP POINTS**

Various shopping centres, cafes, clubs and local businesses.



## Community Leader WE'RE ALL ABOUT GOOD NEWS

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Full Page Image Area 285mm deep x 255mm wide Half Page Image Area 128mm deep x 255mm wide Quarter Page Image Area 65mm deep x 255mm wide Eighth of a Page Image Area 65mm deep x 125mm wide Strip Ad Image Area 40mm deep x 255 mm wide

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- · Community editorial 11th of March or earlier
- · Advertising cut off 21st of March
- Distribution from 7th of April
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising contact 0421 786 302 or sales@market2market.com.au

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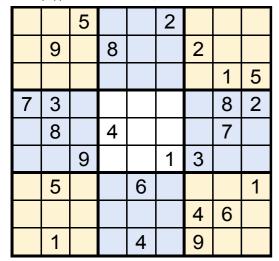
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#### Sudoku

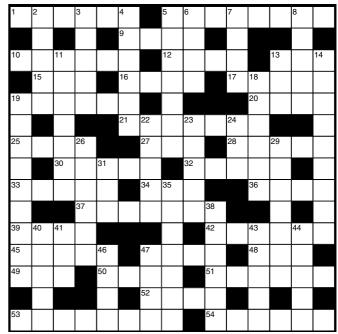
Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.



#### **Quick Workout**

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons 6 touch, the numbers will be the same. No number is repeated in any hexagon.

#### Crossword



#### **Focus**

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- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words

TODAY'S Good: 10 words **FOCUS** Very good: 21 words Excellent: 35 words



Reference: Macauarie Concise Dictionary Focus No. 3891

#### **ACROSS**

- 1 More than one
- 5 Look like
- 9 Observed
- 10 Separated
- 12 Yield 13 Sailor (coll)
- 15 Bishop's territory 16 Profit
- **17** Lift up
- 19 Slope gradually
- 20 Heavy substance 21 Particular
- 25 Mine entrance
- **27** Fuss 28 Himalayan state
- 30 Lowest point
- 32 Cleat
- 33 Fish with rod and line 34 Anger
- **36** Poet's Ireland

- 37 Free time
- 39 Border 42 Find the place of
- 45 Bellows 47 Sicilian volcano
- 48 Lyric poem
- **49** Distress signal
- **50** Spoken
- 51 Father or mother
- 52 Becomes firm
- 53 Helped 54 Prepared for
- publication

#### DOWN

- 2 Dog's lead
- 3 Badger-like carnivore 4 Rock shelves
- 5 Repeated from
- memory **6** Paradise

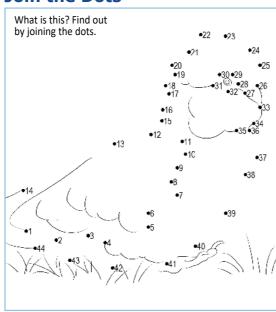
- 7 Water pitcher
- 8 Tibetan capital
- 11 Staggering 13 Neckwear
- 14 Fragrance 18 Assert without proof
- 19 Sailors
- 22 European capital 23 Crouch in fear
- 24 Also
- 26 Loftier
- 29 Spread through **31** Scottish river
- 35 Stole livestock
- 38 Pass away
- 40 Means of entrance 41 Fuel
- 43 Breed of dog
- 44 Time in grammar
- 46 Female pigs
- 47 Comfort

#### **Spot the 5 Differences**





#### Join the Dots



#### **Solutions**



sire siren sliver slyer sneer snivel verse resin resiny revise rinse rise risen seen seer seine seiner senile sere serein serve servile seven sever sieve silver sine siso sisos eliver space servile seven sever sieve silver sine FOCUS: else ensile inverse INVERSELY isle lenis lens resile

EXILA CUIU MISSINE, LIPSI MARK MOVED, COIOUR OF TAIL CHANGED. SPOT THE 5 DIFFERENCES: Extra feather on head, Eye smaller,

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## PROTECT YOUR SMILE WITH PREVENTIVE DENTAL CARE

FROM DENTAL ON CAMBRIDGE

Your smile is one of your most valuable assets, and keeping it healthy requires more than just daily brushing and flossing. At Dental on Cambridge, we believe that prevention is the foundation for lasting oral health. Our comprehensive preventive care services are designed to protect your teeth and gums from potential problems and ensure your smile stays radiant for years to come.

#### WHAT IS PREVENTIVE DENTAL CARE?

Preventive dental care focuses on maintaining the health of your teeth and gums through regular check-ups, professional cleanings, personalised advice and timely management of oral issues. By addressing small issues before they become major concerns, preventive care not only saves you time and money but also spares you from discomfort.

Our preventive care services are ALL completed by our qualified dentists and include:

- Routine Cleans: Remove plaque, tartar, and stains to keep your teeth clean and polished.
- Comprehensive Exams and Education: Identify early stages of decay, gum disease, and other oral health issues, and provide options for treatment before they worsen.
- X-rays: Get a detailed view of your teeth and jaw to detect hidden problems.
- Oral Cancer Screenings: Spot abnormalities early for the best treatment outcomes.

#### WHY PREVENTIVE CARE IS ESSENTIAL

Even if your teeth look and feel fine, regular dental visits are crucial. Many dental issues, such as cavities, gum disease, and infections, start small and progress without obvious symptoms. By the time you notice discomfort, the problem will have become advanced, requiring more extensive – and expensive – treatment.

#### THE LONG-TERM BENEFITS OF PREVENTIVE CARE

Investing in preventive care today ensures a healthier future for your smile. Here's why:

- **Cost Savings:** Treating a small cavity is far less expensive than dealing with a root canal or extraction.
- Improved Oral Health: Healthy teeth and gums reduce your risk
  of conditions like tooth ache, tooth loss, gum disease, and bad
  breath.
- Better Overall Health: Poor oral health is linked to systemic issues such as heart disease and diabetes. Preventive oral health care supports your general wellbeing.
- **Confidence:** A healthy, bright smile boosts your self-esteem and leaves a lasting impression.

#### YOUR PARTNERS IN ORAL HEALTH

At Dental on Cambridge, we pride ourselves on providing a welcoming, stress-free environment for patients of all ages. Whether it's your child's first dental visit or your own routine check-up, our



Photo: Supplied

skilled Dentists and friendly team are here to help. We use the latest technology and techniques to deliver thorough care with a gentle touch and a smile!

#### DON'T WAIT - TAKE CONTROL OF YOUR SMILE TODAY!

Protecting your smile starts with a simple step: scheduling your examination and clean — call our team on 3348 6661 or visit our website www.dentaloncambridge.com today to book your preventive appointment. Your oral health matters. Let us help you maintain a smile you're proud to share.



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