

# The Community Leader

WE'RE ALL ABOUT GOOD NEWS

## Bayside



## FROM THE BUSH TO THE BAY AND BEYOND — FRINGE FEVER HITS THE BAYSIDE!

From bush beats to bayside vibes, Wynnum Fringe is back this July — bolder, wilder, and more wonderfully weird than ever!

Under the canvas of the magical Augathella Spiegeltent on Bay Terrace, an exciting lineup of acts will showcase their genius, spanning music, comedy, cabaret, circus, theatre and quirky family fun.

Festival-goers can expect the unexpected as the streets, parks and pop-up venues of Wynnum come alive with talent from across Australia and beyond. Whether you're a first-timer or a seasoned Fringer, there's something for every age, taste and sense of adventure.

Locals are looking forward to showing superstars like Tex Perkins, Wil Anderson, Rhonda Burchmore, and

Theo Katzman around Wynnum. Maybe they'll stop for a cocktail at The Shed or a beer at Cedar & Pine?

A festival highlight is the B&S Ball on July 5, where boots and beers will converge to the twang of live country music courtesy of the Brooke Schubert Band. Billed as a "proper country throwdown", this bachelor and spinster ball promises a traditional boot-scootin' bash in the city.

Get your tickets now at [wynnumfringe.com](http://wynnumfringe.com).

*Pictured: Tom Oliver (centre) with Loretta Ryan and Craig Zonca (ABC Radio Brisbane), The Side Step Shuffle Line Dance Club, Pauline Bell, Kristian Santic, and Cassidy Rae, who will be at the Wynnum B&S Ball on July 5.*



### SALES STATS - LAST 12 MONTHS



**97**

Properties sold

**\$1.26M**

Median sold price

**13**

Ave. Days advertised

**BAYSIDE**

PROPERTY ~ AGENTS

**David Pearce**

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WANT TO KNOW WHY SO MANY CHOOSE BAYSIDE? GET IN TOUCH



# SAWDUST, SEQUINS & SURPRISES: IT’S WYNNUM FRINGE TIME

The Wynnum Fringe Festival is back and bigger than ever in 2025, bringing a tidal wave of talent, colour and creativity to Brisbane’s bayside from July 2 to 20.

This year’s theme, Mateship, celebrates the bond between the bush and the bay, with a dynamic program of music, comedy, cabaret, circus, theatre and family entertainment centred on the iconic Augathella Spiegeltent on Bay Terrace.

The festival opens with *Yana Marumba* (Walk Good), a powerful, free First Nations-led event inviting the community to walk together in reflection and respect on Quandamooka Country. From there, the program bursts into life with a host of headline acts. Comedy lovers can catch Wil Anderson’s acclaimed show *WILEGITIMATE* or enjoy a night of laughs at the Wynnum Fringe Comedy Gala, featuring some of Australia’s top comedic talent.

Live music takes centre stage with Theo Katzman of *Vulfpeck* fame performing on July 12, alongside soulful soprano Mirusia Louwerse in *Arias in the Afternoon*. Pianist and showman Trevor Jones pays tribute to musical legends in *Still Standing*, a lively homage to the greats.

Cabaret and circus fans are in for a treat with *Dangerous Goods*, a provocative cabaret exploring identity and desire, and *Railed!*, a whip-cracking western-themed circus spectacle. Theatre lovers can experience Shake & Stir’s fresh take on *Romeo & Juliet*, an immersive adaptation set within the intimate spiegeltent.

Adding to the fun, the ever-popular Wynnum B&S Ball is on July 5, mixing country flair with coastal vibes. Families will love the kid-friendly offerings too, including *CIRCUS: The Show*, *The Greatest Magic Show*, and the explosive science-themed *KABOOM!*

With something for everyone, Wynnum Fringe 2025 promises unforgettable entertainment by the bay. Find the full program and buy tickets at [wynnumfringe.com](http://wynnumfringe.com).



Photos: Supplied.

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# WYNNUM FRINGE PRESENTS THREE EXTRAORDINARY FAMILY-FRIENDLY SHOWS!

Three of the biggest family-friendly smash hits on the festival circuit are set to dazzle audiences as Showmen Productions brings a trio of award-winning shows to the Augathella Spiegeltent for Wynnum Fringe.

Prepare for mind-blowing magic, jaw-dropping circus, and explosive science as *The Greatest Magic Show*, *CIRCUS – The Show*, and *KABOOM!* take over the bayside in a celebration of wonder, laughter, and pure theatrical joy.

**THE GREATEST MAGIC SHOW**

Back by magical demand, the multi-award-winning international hit is bursting with whimsical wonders and hilarious mayhem. Stars Sam and Justin bring their high-energy illusions to this fast-paced spectacle packed with tricks, giggles, and gasp-worthy moments – and yes, every child receives a FREE magic wand on entry!

**Time:** 11:45am **Dates:** July 2 – 13 (Wed to Sun).

**CIRCUS – THE SHOW**

Roll up for a modern circus spectacular where imagination knows no bounds! A global sensation that has wowed families from coast to coast, this reimagined circus experience blends acrobatics, illusions, juggling, aerial artistry, and side-splitting comedy into one magical hour. Look out for the lovable clown and his enormous 6-ft balloon!

**Time:** 1:30pm **Dates:** July 2 – 13 (Wed to Sun).

**KABOOM!**

He's the wildest scientist on the circuit, and he's bringing his high-voltage, high-energy STEM show to Wynnum for the first time! KABOOM! is a science-meets-spectacle sensation packed with electrifying experiments, riotous comedy and explosive fun for all ages.

**Time:** 10:00am **Dates:** July 2 – 13 (Wed to Sun).

Tickets are on sale now at [wynnumfringe.com](http://wynnumfringe.com).



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# Bartons Welcomes MG and GWM to Wynnum: A New Era for Local Automotive Excellence



Bartons is proud to announce the arrival of MG and GWM - two of Australia's fastest-growing automotive brands to its Wynnum dealership. Launching in July 2025, this milestone strengthens Bartons' legacy of innovation, value, and community service by expanding access to cutting-edge, high-quality vehicles for Bayside customers.

## A Legacy of Adaptation and Reinvention

Founded in 1945 as a Holden dealership, Bartons has been a staple of the Wynnum-Manly community for nearly 80 years. The closure of Holden in 2020 marked a turning point that Bartons embraced, evolving into a dynamic, multi-brand business under Dealer Principal Mark Beitz. Today, Bartons Bayside represents Hyundai, Nissan, Mitsubishi, Subaru, LDV, Chery - and soon MG and GWM.

"These two brands represent what today's customers are looking for," said Beitz. "MG and GWM deliver high quality, modern technology, and exceptional value - and we're proud to bring them to the Wynnum-Manly region."

## A Revolution Driven by Technology and Value

Chinese-manufactured vehicles are redefining the local market. MG and GWM are leading the charge with affordable, safe, and innovative models - including advanced EVs and hybrid options. Following strong demand at Bartons Redlands, their introduction to Wynnum enhances access and choice for local drivers.

"We've seen the success firsthand," Beitz noted. "This expansion is part of our broader vision to provide greater access, better service, and more choice for our community."

## Remaining Independent in a Consolidating Industry

While many dealerships have merged into national conglomerates, Bartons remains one of Brisbane's largest privately owned groups. "Independence gives us the freedom to invest in what matters - our people and our customers," said Beitz. That includes embracing digital tools, AI-driven service systems, and a customer-first mindset, without losing the human touch.

## A Culture of Family, Loyalty and Growth

Bartons is more than a business - it's a family. That culture shines through in its independence and leadership, with the next generation already stepping up. Mark Beitz's sons, Jack and Trent, began as vehicle detailers straight out of school and have worked their way up. Jack, 27, is now Sales Manager at Bartons Bayside Hyundai, while Trent, 24, leads as Used Car Manager at Bartons Redlands. "In less than a year since their promotions, both have set sales records month after month," said Beitz. "They've earned their teams' respect and are proving the future of Bartons is in capable hands."

Their rise reflects Bartons' commitment to developing talent from within - a philosophy shared by longtime shareholders Laura Wright and Michael Atkinson. With 11 and 29 years at Bartons respectively, they've been key to guiding the business through change and into its next chapter.

"This isn't about short-term success," said Wright. "We're building a business that lasts - by investing in our people, our processes, and our community."

## Jobs, Growth, and the Path to an Automall

The arrival of MG and GWM will also mean local job creation across sales, service, logistics, and support. With new showroom spaces and expanded service operations, Bartons is recruiting and training new team members - reinforcing its commitment to being a local employer of choice.

Looking ahead, the long-term vision includes the transformation of Bartons Bayside into a true Automall Precinct - a destination offering customers a wide variety of brands, services, finance options, EV infrastructure, and lifestyle convenience, all in one central location.

"This is just the beginning," said Beitz. "We want to offer our customers an experience that's modern, seamless, and enjoyable - not just a place to buy a car, but a place to explore what's next in mobility."

## Giving Back to the Community That Built Us

Bartons' growth is matched by its enduring community support, including renewed sponsorships with the Wynnum Manly Seagulls and Wynnum State High School. Through sport, education, and charitable partnerships, Bartons remains committed to giving back to the region that has supported it for generations.

## A Family Business with a Bold Vision

Bartons' story is one of resilience, adaptation, and ambition — but above all, it's a story of people. Whether it's Mark, Jack, Trent, Laura, Michael, or the hundreds of team members who make the business what it is, Bartons represents something rare: a dealership that's both big enough to lead and personal enough to care.

With MG and GWM soon joining the family, and a vision that includes technology, sustainability, and continued growth, Bartons is positioning itself as the automotive destination of choice for South Brisbane — and a proud reminder of what a family-owned business can achieve.

*Stay tuned — the Bartons story is just getting started.*



# BUILDING A BETTER COMMUNITY THROUGH COLLABORATION

FROM THE BAYSIDE COMMUNITY FUND

The Bayside Community Fund and the Bendigo Bank (Victoria Point and Wynnum Manly) recently joined forces to launch the inaugural Community Raffle. The raffle successfully raised \$132,830, which was distributed to 64 local clubs and community organisations across Bayside and Redlands.

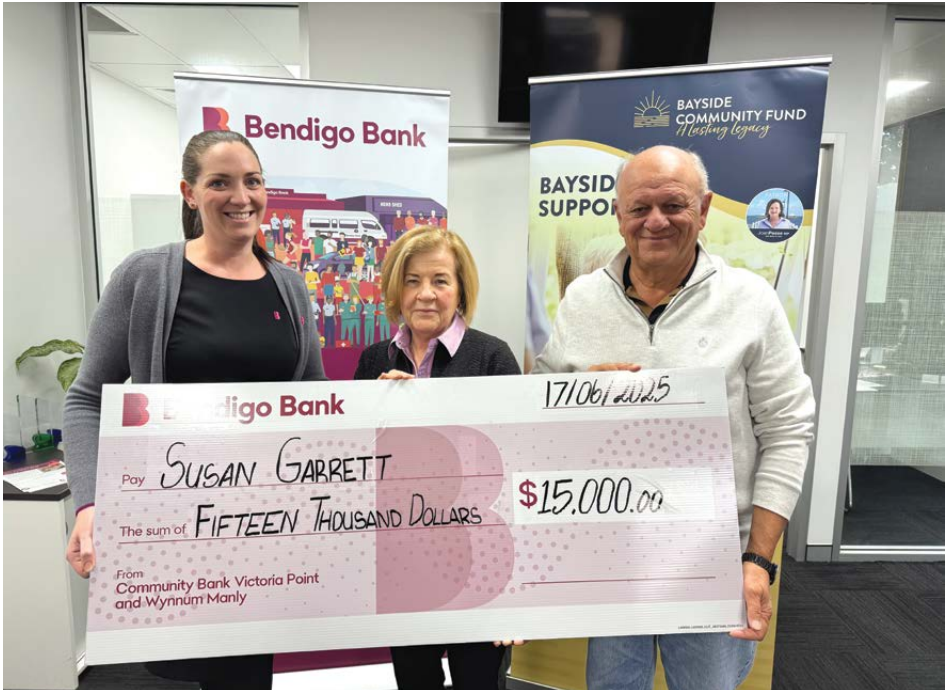
Building on this success, the Bayside Community Fund and the Bendigo Bank Community Bank branches of Victoria Point and Wynnum Manly will be running another Community Raffle starting in August. This initiative offers local organisations a valuable opportunity to raise funds with no upfront costs.

The prize pool is valued at \$30,000 and includes:

- 1st Prize: \$15,000
- 2nd Prize: \$3,000
- 3rd Prize: \$2,000
- Ten \$1,000 prizes

Tickets will be sold at \$5 each. Organisations and clubs participating in the raffle will keep 100% of the proceeds from each ticket sold – \$5 per ticket – minus a small online sales fee.

To participate, please provide some basic details via this link:  
<https://forms.office.com/r/hvFkaDRwpV> or by scanning the QR code.



The inaugural raffle's first prize winner Susan Garrett (centre) with Caitlyn Pearson (Bendigo Bank), and Mike Sarquis (Bayside Community Fund). Photo: Supplied.



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# LOCAL EVENTS


See what local events are happening in your community.





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If you’re looking for something to do locally, check out The Community Leader’s What’s On page here and online.



### THE DINO MANIACS

Tuesday July 8, 10:30am for an 11:00am start, Wynnum Manly Leagues Club, Wondall Road, Manly West

Get ready to roar with The Dino Maniacs at Wynnum Manly Leagues Club! This award-winning, high-energy show is packed with music, dancing, and laugh-out-loud fun for kids aged one to eight (and the young at heart). Meet lifelike baby dinos, including Trixi the Triceratops, Tru Blu, and Olive the Parasaurolophus, and enjoy dino-themed tunes hosted by the dynamic Shaun and Tara. Tickets are \$25 (free for little ones under 12 months). Don't miss this interactive dino-mite adventure for the whole family! Book now by scanning the QR code.





### RHONDA'S AFTER PARTY

Various performances from July 16 to 20, Augathella Spiegeltent, Bay Terrace, Wynnum

Get ready to glam up and let loose – Rhonda’s After Party is back at Wynnum Fringe! This adults-only, sell-out sensation stars the legendary Rhonda Burchmore OAM, serving cheeky comedy, dazzling circus acts, and seductive cabaret in a wild night of outrageous fun. It’s part show, part immersive party, and all Rhonda. Don't miss your exclusive invite to the hottest after party in town – it’s glitzy, risqué, and unmissable. Come in, darl! For tickets, go to [wynnumfringe.com](http://wynnumfringe.com).



### HEAD & NECK CANCER FUNDRAISER FASHION PARADE

Sunday July 27, 11:30am, Royal Queensland Yacht Squadron, Royal Esplanade, Manly

Step into an afternoon of style, sparkle and giving back at this fun and fancy fundraising Fashion Parade. Enjoy a three-course lunch while being treated to a dazzling showcase of fashion, all in support of Head & Neck Cancer Australia. Doors open at 11:30am for a noon start. Tickets are \$100 and include lunch and entry into the lucky door prize draw. Scan the QR code to grab your tickets or make a donation today!





### COMMUNITY CONCERT: CLIFF TURPIN

Tuesday July 22, 9:30am, Waterloo Bay Leisure Centre, 241 Tingal Road, Wynnum

Join your community for a toe-tapping Community Concert with the talented Cliff Turpin on Tuesday July 22 from 9:30am at the Waterloo Bay Leisure Centre at Wynnum. Enjoy morning tea, live entertainment, lucky door prizes and raffles – all for just \$12! For an extra treat, hot two-course meals are available for \$10. Bookings are essential, so call 3396 9488 to reserve your spot for a fun-filled morning!



### FREE MOVIE IN THE PARK

Saturday July 5, 6:00pm, Little Bayside Park, Manly

Join the fun at Manly Harbour Village for a free outdoor screening of the family-friendly movie *Surf's Up*! Bring a folding chair, rug or cushion and settle in for a night under the stars. Come early – music starts at around 4:00pm, and there's space for the kids to dance. Pack a picnic or pick up dinner from nearby restaurants offering everything from burgers and fish and chips to gelato.



### WYNNUM MANLY SEAGULLS VS WESTERN CLYDESDALES

Sunday July 20, 2:10pm, BMD Kougari Oval, Wondall Road, Manly West

Catch all the excitement as the Wynnum Manly Seagulls face off against the Western Clydesdales on home turf at BMD Kougari Oval, where every seat is the best in the house! Wear your red and green with pride and back the Gulls in this fierce Queensland Cup showdown. With high-energy footy, a lively crowd, and fun for the whole family, it's a great way to fire up your weekend. Find out more at [www.wynnumseagulls.com.au](http://www.wynnumseagulls.com.au).



# KALEIDOSCOPE ART AWARDS RETURNS TO CELEBRATE BAYSIDE CREATIVITY

FROM WYNNUM MANLY ARTS COUNCIL

The Wynnum Manly Arts Council Inc (WMAC) is proud to present the annual Kaleidoscope Art Awards, an artsy celebration of local creativity and talent. Originally established as a platform to showcase the work of emerging artists and the council's own tutors, the event has grown to welcome the broader community, including a dedicated Children's category to nurture young artistic talent.

This year's event would not be possible without the generous support of The Manly Hotel, which is kindly providing the venue, and The Community Leader, our major sponsor. We are also grateful for the support of our category sponsors: Joan Pease MP, David Pearce of Bayside Property Agents, Coralie Peterson of Bay Taxation, Peter Brown of Specialist Adjusters, The Simpson Family Award (Geraldine and Bill), and Sharon Manson of Bayside Art Supplies.

As a registered charity and not-for-profit organisation run entirely by volunteers, the Wynnum Manly Arts Council relies on community support to host events like these, which enrich our cultural landscape and provide opportunities for artists of all ages.

Join us for the 2025 Kaleidoscope Art Awards at The Manly Hotel, Cambridge Parade, on Wednesday, 16th July. Artwork viewing is from 5:00pm, with all pieces available for purchase on the night.

**CAN YOU HELP?**

Wynnum Manly Arts Council Inc. is a charity and not-for-profit organisation seeking assistance with a small transport task.

We require a truck and manpower for approximately one hour on Wednesday, 16th July at 9:30am to collect 10 art panels from Florence Street, Wynnum, and deliver them to The Manly Hotel on Cambridge Parade.

We will also need assistance the following day to return the items from the Manly Hotel to the original location in Wynnum. Any support would be greatly appreciated.

For further information, please contact WMAC on 0417 286 555.

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wynnum manly arts

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Annual Art exhibition



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# For Olleh’s Ross O’Shea, it’s all about community

FROM OLLEH LENDING



Connection with people and looking after clients has been the career driver for Ross O’Shea since he started in banking 35 years ago.

“I basically wanted to do something that involved the community, to get there and provide a service that would make a difference for people,” he says.

Ross worked with two banks for 17 and 18 years respectively, most recently as a Branch Manager who could prioritise services tailored to suit each client’s needs rather than primarily satisfying the demands of banks’ sales targets.

As a local Bank Manager, I always took pride in Relationship Banking. During my tenure as a Branch Manager, we were sponsors of Iona College, St John Vianney’s, the Manly Bowls Club, Moreton Bay Trailer

Boat Club Fishing Classic, Wynnum Golf Club and Wynnum Fringe, to name a few. Unfortunately, due to changes beyond my control, this chapter in my banking career came to an end.

I’m pleased to announce that I’ve now moved on, and I’m working as a Commercial & Home Loan Specialist at Olleh Lending.

Ross says that he and Olleh Lending are a natural fit, both prioritising client and community care. His role as a Commercial and Home Lending Specialist affords him professional and ethical satisfaction.

“A client might be struggling to buy a home, they might have tax problems, their income might have dropped, they may need to try and purchase a property prior to selling another. Being a brokering firm that



prides itself on results for our clients, we have a lot of options that we can tailor to offer solutions. That’s the really pleasing part of the job for me – looking after the client and making contributions to the local community.”



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# Maggie's Mates

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Photo: Supplied.

**What's your name?** Hi, we are Wally and Elvie (father and daughter duo).

**Where do you live?** We live at Manly.

**How long have you lived there?** Our whole life! That's three years for Wally and 15 months for Elvie.

**What's your favourite local walk?** Down the waterfront in Manly, getting as much attention as possible.

**What is your most treasured toy?** An elephant toy called Elly.

**What's your favourite food?** We love apples and bananas.

**What's your worst habit?** We are both attention seekers, no matter where we are!

**What is your favourite local hangout?** Mum's office, because we get so many pats and cuddles from everyone without even asking.

**Who is your best doggo friend?** Our neighbour Milo the sausage dog.

**Do you have any funny or embarrassing stories?** Unfortunately, we are way too perfect.

**What do people love most about you?** We give the best cuddles ever and make people smile.

*Wally and Elvie have asked us to donate \$50 to Wynnum Manly Veterinary Hospital on their behalf, so they can 'pay it forward' to another customer.*



Would you like your best mate to be featured in Maggie's Mates? Email us at [sales@market2market.com.au](mailto:sales@market2market.com.au) and we'll send you a questionnaire. We will donate \$50 to a registered animal charity of your choice for each profile published in The Community Leader.

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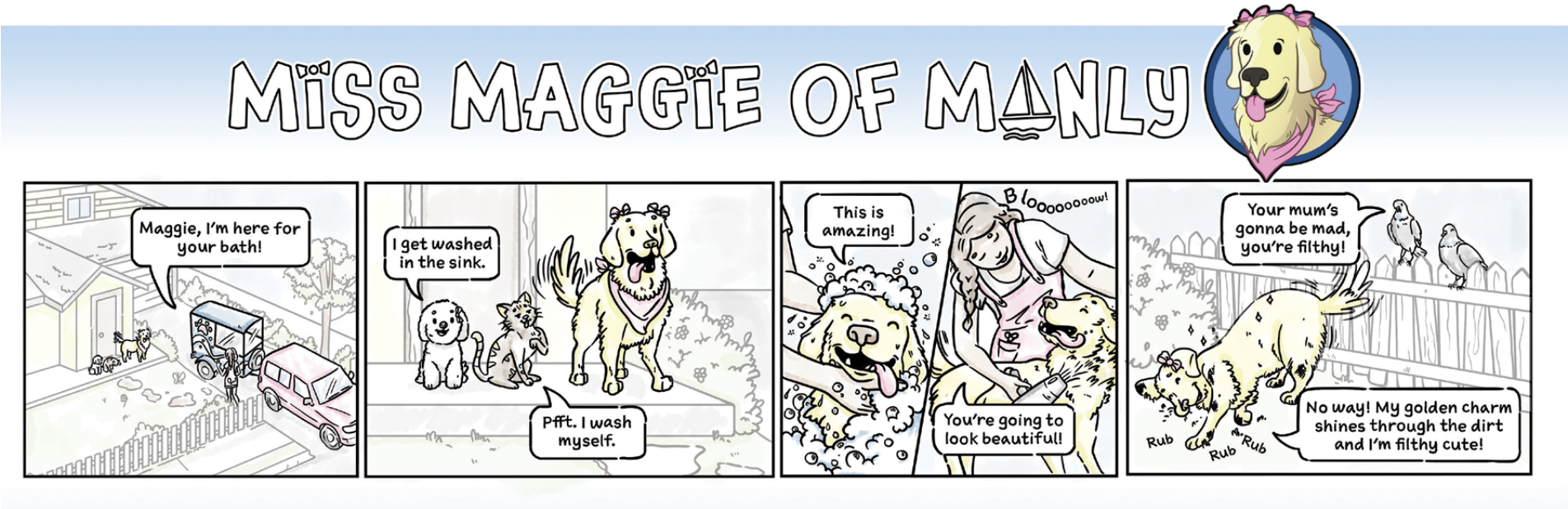


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# ALL ABOUT MALASSEZIA INFECTION IN DOGS AND CATS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Malassezia is a particular species of yeast which is commonly found on the skin and ears of dogs and cats. Overgrowth of Malassezia can occur when the environment of the ear canal changes. Inflammation of the ear canal results in increased moisture and secretions in the ear, which allow the yeast to multiply. Allergic skin disease, chronic wetting of the ears (common in dogs who like to swim) and humid environmental conditions can all lead to Malassezia overgrowth.



- Odour – often a “musty” odour may be detected.
- Head shaking or scratching ears.
- Swollen, inflamed pinna (ear flap).
- Pain.

## HOW IS IT DIAGNOSED?

Your vet will examine your pet's ears – your pet may have red, inflamed ear canals, swelling of the ear canal wall, dark discharge and increased odour to the ear.

Cytology is required to diagnose an ear infection. Your vet will take a sample of the discharge and examine the material under a microscope. Pets may also have bacterial infections simultaneous with a Malassezia infection and correct diagnosis is important to ensure that effective treatment may be prescribed.

## HOW IS MALASSEZIA OTITIS TREATED?

Your vet will prescribe an appropriate medicated ear treatment for your pet. This may be a twice daily, once daily or longer-acting treatment depending on the infection present, and how co-operative your pet is with having their ears handled!

Regular cleaning of the ears with an appropriate ear cleaner can help reduce wax and debris from accumulating in the ear canal and reduce the incidence of ear infections.

Severe ear infections may require ongoing preventative treatment with a medicated formula – your vet will discuss the best plan for your pet.

Treatment of underlying conditions such as allergic dermatitis will also help reduce the occurrence of ear infections.

## WHAT ARE THE SIGNS?

Signs of Malassezia overgrowth include:

- Increased wax/discharge in the ear canals. This is commonly dark brown (like vegemite) but may be any colour and texture.

# Wynnum Manly Veterinary Hospital

To make an appointment call  
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# KARA COOK COMMUNITY UPDATE

FEDERAL MEMBER FOR BONNER



## THANK YOU

I am so excited to have been elected as the new Federal Member for Bonner. Thank you to our local community for placing your trust in me. It is an honour to be elected to federal parliament, and I will work hard every single day to serve you. My campaign was built on listening, on hope, and on a shared belief that our community deserves strong, compassionate and practical representation, and I will take this into everything I do as your member.

I also want to acknowledge and thank all of my volunteers who poured their hearts into my campaign and supported me every step of the way – I could not have done it without them.

I am already hard at work to deliver on our important election commitments, including:

- A NEW Medicare Urgent Care Clinic
- Continuing FREE TAFE
- Cutting student debt by 20%
- Funding \$1.5 million for the OzFish Oyster Recycling Centre to help restore our native oyster reefs in the Bay
- Investing \$1 million to upgrade the Wynnum Manly District Cricket Club and a \$500,000 investment to upgrade the Wynnum Manly District Men's Shed.

My office is now open on 69 Clara Street, Wynnum, from 8:30am to 4:30pm Monday to Friday. If you need support with a Federal matter or would like to get in touch with me, please feel free to give my office a call. My lovely team is always here to help. My office will be a hub to support the community, and I have set up a community pantry for those who need it – donations are always welcome! The lovely men at the Wynnum Manly Men's Shed are also in the process of building a community library for the front of the office, which we hope to open in the coming weeks.

Thank you again for placing your faith in me – I will not let you down and look forward to seeing you out and about in our wonderful community.



## OUT AND ABOUT IN THE COMMUNITY

I have been so fortunate since my election to be invited to meet so many fantastic community organisations and businesses. It was a pleasure to help celebrate the 10-year anniversary of the Wynnum Ladybugs Netball team at the Waterloo Bay Hotel, help keep our bush clean with the awesome Lota Creek Bushcare Group as well as Lota State School, and then to celebrate World Environment Day with planting organised by B4C at the Port of Brisbane. We have celebrated the re-opening of Wynnum Community Place, enjoyed mornings by the bay at the Manly Creative Markets, and got to leave a handprint on the mural for the Gundala Kindergarten at their recent unveiling. I am very excited for the Wynnum Fringe festival in July, so make sure you RSVP, and I'll see you there!



KARA

COOK

MP

FEDERAL MEMBER FOR BONNER

69 Clara Street, Wynnum Qld 4178  
kara.cook.mp@aph.gov.au  
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# MEDICAL AND ALLIED HEALTH EVENT BRINGS LOCAL PROFESSIONALS TOGETHER

BY CATH COOK, PRECINCT COORDINATOR, MANLY HARBOUR VILLAGE

This is the second year local Manly pharmacist and president of Manly Harbour Village Chamber of Commerce Jessica Nguyen has coordinated the Medical and Allied Health networking evening. Held at the Royal Queensland Yacht Squadron, it brought together over 90 local health professionals for an evening of connection, collaboration, and community.

The event provides a unique opportunity for medical and allied health professionals to meet face-to-face, many for the first time, and put faces to names they had only known via referrals or email. With a wide range of specialties represented – from general practice and physiotherapy to mental health, pharmacy, and dentistry – the room was buzzing with conversation and a shared commitment to integrated patient care.

One of the key benefits of the evening was the opportunity to build relationships that encourage cross-referral and better outcomes for patients. In an increasingly connected healthcare environment, knowing and trusting the professionals you refer to is invaluable. This event helped foster that trust.

A heartfelt thank you goes to all the healthcare professionals who took the time to attend. Your willingness to engage with colleagues, share insights, and support one another is what makes our local health community so strong.

We are especially grateful to our sponsors for their generous support. Returning sponsors AFT Pharmaceuticals, Yield Advisory, Manly Village Compounding Pharmacy, and the Manly Harbour Village Chamber of Commerce helped bring the event to life once again. A warm welcome and thank you also goes to new sponsor, Galderma.



Photography by Steven Krige Photography.



Manly Harbour Village Chamber of Commerce

TRADER NETWORKING EVENING



August 19 @ 5:30pm

MANLY MARINA COVE MOTEL

578A Royal Esplanade, Manly

Book your ticket via [manlyharbourvillage.com.au](http://manlyharbourvillage.com.au)

DATE CLAIMERS



5 JULY: Movies in the Park (*Surf's Up*)

22 JULY: Trader Networking Evening (Freedom Boat Club)

2 AUGUST: Movies in the Park (*The Karate Kid "Original"*)

19 AUGUST: Trader Networking Evening (Manly Marina Cove Motel)

LOCAL MARKETS



5 AND 19 JULY: Jan Powers Farmers Market

EVERY SUNDAY: Manly Creative Markets

For more information on upcoming events, be sure to follow Manly Harbour Village on social media, subscribe to our newsletter at [manlyharbourvillage.com](http://manlyharbourvillage.com) or email us at [promotions@manlyharbourvillage.com](mailto:promotions@manlyharbourvillage.com).



# LET’S TALK ABOUT RSV VACCINES

BY DR ORLA BARRY AT MANLY VILLAGE MEDICAL

Respiratory syncytial virus, or RSV, has been talked about a lot more recently. It’s one of the yearly viral infections that makes the rounds in cold weather. For most people, it causes mild cold-like symptoms, but in infants, immunocompromised people, people with chronic health conditions and the elderly, it can cause severe illness, leading to hospitalisation and even death. Thankfully, over the last few years, we have had vaccines released specifically to target RSV and reduce the risk of illness for high-risk people.

Because the vaccines are new, many eligible people aren’t aware of them.

If you are over 60 with chronic health conditions or over 75, you should see your doctor to discuss whether getting an RSV vaccine is appropriate.

The other important group who should be getting RSV vaccines is pregnant women, as the government currently funds an RSV vaccine between 28-26 weeks of pregnancy to help newborns have immediate protection. RSV has been a leading cause of ICU admissions for infants, but we have seen these numbers drop significantly since the vaccine was introduced. Some high-risk newborns are recommended to have a dose at birth – this should be discussed with your doctor.

You can book an appointment at Manly Village Medical by calling 3396 2141 and at Baywest Medical Centre by calling 3396 5309. Alternatively, go to the relevant website and book online.





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14



# LOCAL COMMUNITY GROUP PROFILE: APHASIA GROUP

BY BETHAN GRANT (CPSP, MSLP) – NEURO TALK

Aphasia is a condition that makes it hard for people to communicate — it can affect speaking, understanding, reading, and writing. It's important to know that aphasia doesn't affect a person's intelligence. It happens when the parts of the brain that control language are damaged, often due to a stroke or another type of brain injury.



Photo: Supplied.

The Wynnum Aphasia Group helps individuals with aphasia connect, chat, and meet others in a safe, friendly, and supportive environment. The group is relaxed and inclusive, and caregivers are welcome to attend. Biscuits and tea or coffee are provided, and the group explores a new theme each week, which is chosen by the group members.

The group is led by a qualified speech pathologist, is free to attend, and open to all levels of communication ability. The group meets on the last Thursday of the month at Wynnum Library from 9:30am to 10:30am.

# PRE-LOVED FASHION LOVERS UNITE FOR LOCAL OP-SHOP TOURS BY THE BAY



Photo: Supplied.

Wynnum Manly friends Sharon and Allana love a good op shop bargain. Their wardrobes are packed with pre-loved clothing and shoes, and they decided to share the love.



In early 2025, they created the Facebook group Opportunities by the Bay to share images of their purchases, encourage others to op shop and remind their followers of the sustainability benefits of buying second-hand. The reaction from others has been excellent, and in March, they hosted the first of their op shop tours, with 15 women spending the day exploring the second-hand shops in Wynnum CBD. While planning future tours, possibly in other locations, the friends are partnering with Wynnum's Do-Op shop to present a fashion parade of second-hand clothing at the Wynnum Fringe Festival.

Keep a look out for the parade at the Wynnum Fringe stage in Bay Terrace on Saturday, July 12. To join the member-only Opportunities by the Bay Facebook group, go to <https://www.facebook.com/groups/579053848085372>

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# FASHION FUNDRAISER FOR HEAD AND NECK CANCER AWARENESS

CONTRIBUTED BY MANDY KELEHER

Head and neck cancer was unknown to me until I was diagnosed. Though it encompasses over 11 different cancer types, awareness remains low. About 10 to 11 years ago, I noticed my gums on the upper left side became puffy and started bleeding. Multiple dentists dismissed it as Periodontitis, but treatments had no effect. Over three years, the gum issue worsened, and a significant gap developed between the two teeth.

In 2019, just before my wedding, a dentist flagged the enlarging gap and urged me to seek urgent specialist attention. Due to timing, I postponed the appointment, but after returning from our honeymoon, I saw a dentist at the Indigenous Health Centre, Yulu Burri Ba. They took initial X-rays, prompting a referral for more detailed scans and biopsies. A private specialist performed a biopsy, initially suggesting a benign lesion. However, during a follow-up, I was devastated to hear it was cancer.

The diagnosis was squamous cell carcinoma (SCC). I was referred to the Maxillofacial team. The urgency was clear: surgery was scheduled for March 18. The operation lasted 11.5 hours, removing nine teeth, part of my upper jaw, a neck dissection, and a fibula graft for reconstructing my jaw. The tumour was larger than initially thought, and I received four units of blood during surgery.

Post-surgery, I faced multiple subsequent procedures, including additional surgeries for complications from implants and radiation therapy. Despite challenges, survival was the goal – and I was fortunate to be saved.

KEY FACTS:

- No screening tests exist for head and neck cancer.
- Early detection saves lives and enables less invasive treatment.
- Over 5,300 Australians are diagnosed annually; 70% are men.
- Causes include tobacco, alcohol, and HPV.
- Symptoms to watch for (lasting over two to three weeks): mouth ulcers, lumps, ear pain, hoarse voice.

If you notice symptoms, seek urgent medical advice. Awareness and early detection are critical.

I am passionate about raising awareness for HANCA (Head and Neck Cancer Australia) and generating much-needed funds to support their ongoing efforts in helping patients and their families, as well as conducting research. Currently, no pre-screening can be done, and quite often, by the time Head and Neck Cancer is found, the results can be life-changing.

In November, I will be embarking on a four-day trek through the Three Capes in Tasmania to raise money and awareness. One of the first fundraisers I am hosting is a Fashion Parade on July 27 for World Head and Neck Cancer Day at the Royal Queensland Yacht Squadron.

Why is my fashion parade different from others, you ask? My models are family members of head and neck cancer patients, along with one lady who is a survivor like me – and our local member.

## Fashion Parade

Raising funds in support of



HEAD & NECK CANCER AUSTRALIA  
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Make a donation



An afternoon of Food, Fashion and Fun

**Sunday 27th July 2025**

Doors open at 11.30am for a 12.00pm start

Royal Queensland Yacht Squadron

**Tickets**

\$100, includes a 3 course lunch and entry to the lucky door prize

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# JOAN PEASE’S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON



COMMUNITY BENEFIT FUND SUPER ROUND NOW OPEN

The Gambling Community Benefit Fund (GCBF) is Queensland’s largest one-off community grants program and distributes approximately \$60 million each year to not-for-profit community groups. The GCBF funding helps these groups to provide services, leisure activities and opportunities for Queensland communities.



The GCBF will have 2 more funding rounds in 2025: Round 124 – \$100,000 super round – closes 18 July and Round 125 – \$35,000 standard grant round – closes 31 October. To check eligibility requirements and understand your organisation’s responsibilities throughout all stages of the grant funding process, go to [www.justice.qld.gov.au/initiatives/community-grants](http://www.justice.qld.gov.au/initiatives/community-grants).

Contact the GCBF team on 1800 633 619 for assistance.



CONGRATULATIONS TO BAYSIDE’S BEST VOLUNTEERS

I recently hosted The Best of the Bayside Volunteer Awards at Wynnum RSL. I wish to acknowledge all recipients of these volunteer awards.

Volunteers across our Bayside are the heart of our community. Their selfless contributions, whether in local events, feeding the vulnerable, on our school P&C committees, or sporting clubs, help build stronger, kinder neighbourhoods. They give their time, skills and compassion without expecting anything in return.

We thank and celebrate all volunteers for making our Bayside a better place.



LAWS PASSED TO INCREASE TOLLS

The Queensland Government recently passed sneaky laws to make it easier to toll roads like the Story Bridge and Gateway. These laws quietly pave the way for tolls to be declared on Queensland roads with less scrutiny and less transparency. These laws mean they can slap a toll on any road, or hike up an existing road toll without fear, favour or proper consultation.

Under these laws, councils gain the power to declare tolls in stages. That opens the door for Brisbane City Council to toll, for example, the Story Bridge. We know the Story Bridge is in disrepair. It’s just a sneaky deal between Brisbane City Council and the Crisafulli Government to put in road tolls. We’ll fight it if they try it.



GET YOUR WYNNUM FRINGE TICKETS

Wynnum Fringe is here – running from July 2 to July 20. This winter, Brisbane’s bayside explodes with colour, culture and connection as Wynnum Fringe returns with its biggest celebration yet. A blockbuster program of music, comedy, cabaret, kids’ shows, circus, and tributes will light up The Augathella Spiegeltent and surrounds in Bay Terrace.

Wynnum Fringe has experienced extraordinary growth since its inception in 2020, with a 300% increase in ticket sales annually. Don’t miss out! Get your tickets at [wynnumfringe.com](http://wynnumfringe.com).



BAYSIDERS AMONGST KING’S BIRTHDAY HONOURS

Congratulations to all recipients of King’s Birthday Honours. Among Baysiders to be recognised is Aunty Becky Thomson, a revered Quandamooka Elder and Chair of WINNAM. Aunty Becky was awarded the Medal of the Order of Australia (OAM). I was honoured to nominate Aunty Becky for this high honour in recognition of important work that she’s done over many years for our Indigenous and wider community.

Bayside local Dr Toni Hains was honoured in recognition for her service to nursing, as was former Wynnum Manly Seagulls Player, Gene Miles, who was recognised for his service to youth and rugby league.



THANK YOU CELEBRATE FOR A CAUSE

Sadly, *Celebrate for a Cause* is being formally wound up. I want to thank the leadership of this wonderful organisation for their hard work in support of our Bayside community over the last 7 years.

*Celebrate for a Cause* raised over \$300,000 for local and charitable groups and supported countless lives through their fundraising efforts. Among those to benefit include The Black Dog Institute, BABI Youth & Family, The Forgotten Women, Rosies, Challenge DV, and the Bayside Community Fund.

To everyone who volunteered, attended events, sponsored, or donated to *Celebrate for a Cause*, thank you. You have helped make a difference.

JoanPease MP

State Member  
for Lytton

Authorised by Joan Pease 100 Edith Street Wynnum

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# GREASE, GRIT & GLAMOUR: BAYSIDE GOES ROCKABILLY FOR GREAZEFEST!

Get ready for a major rock event that brings the '50s back to life every year – the music, the fashion, and the cars are all on show at GreazeFest. Lori Lee Cash, director and ringmaster of the event, says the music was a major driver.

“In the mid-1950s, Elvis took the world by storm with a mix of Afro-American rhythm and blues and Caucasian country music – that was the birth of rockabilly, then rockabilly turned into rock’n’roll,” she says.

“Post-war optimism and economic growth set the stage, and teenagers became recognised as their own social force with their own voice. There was the increasing popularity of radio – you no longer had to sit in the lounge room to listen; transistor radios and carry-case record players made music portable.”

Fashion also played a major role.

“After the restrictions of the war, fashion became all about abundance and colour – huge flowing circle skirts, pleated skirts and all sorts of fashion opportunities,” Lori says.

“In a rebellious streak, girls started wearing denim jeans and loafers, the start of gender cross-over in fashion – and the emergence of teen movies presented popular role models for young people.”

The cars of the period were iconic, and manufacturers developed car designs that competed to have the biggest tail fins and lots of chrome, echoing the growing world preoccupation with space travel and rockets. But while the cars, clothes and music are the identifiers, Lori says that the people who come to GreazeFest are what makes it fly.

“I provide the structure, but the colour of the festival is created by the inner core, who live the rockabilly lifestyle, and the audiences who come to look at them and also dress up to the nines – it’s a very visual



Photo: Supplied.

festival; we’re all looking at each other!” she says.

Get set for music, dance (22 bands), Australian and overseas performers, professional pin striping, and Tiki carving – check out [www.greazefest.com](http://www.greazefest.com) for more program information and mark August 1, 2, and 3 in your diary!

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# New rebate makes battery storage more affordable than ever

FROM GOODHEW ELECTRICAL AND SOLAR

**There's no hiding from it anymore - power prices are on the rise again, and the next wave of increases will hit harder than ever. Between growing demand, network charges and time-of-use billing, the cost of electricity is only going one way.**

At Goodhew Electrical & Solar, we believe Redlanders deserve a better option. That's why we're proud to help households take full advantage of the new Cheaper Home Batteries rebate - and we've already secured stock while much of the country faces shortages.

## A GAME-CHANGER FOR HOMEOWNERS

The Cheaper Home Batteries rebate now makes battery storage more affordable than ever, offering \$370 per kilowatt-hour of usable battery capacity - with a maximum of \$18,500 per household. This is a chance to make the shift toward energy independence with real government support behind you. As Redland's largest and longest-established solar and battery company, we're offering 20kWh retrofit battery systems starting from just \$8,991 - including a true hybrid inverter, ready for integration with your existing solar system.

## WHY BATTERIES? WHY NOW?

We've written it before and we'll write it again - battery storage isn't just about storing solar power - it's about protecting your home from

future price shocks, avoiding demand charges and maximising the value of your solar investment. With a battery, you're no longer feeding energy back into the grid for cents, only to buy it back for 10 times the price. Our customers are already seeing benefits including power bill reduction around 90% on average, back-up protection during black-outs and storm season as well as the peace of mind that comes from knowing you're in control of your own energy.

## THE CLOCK IS TICKING

This rebate drops every January and will only last until funding is exhausted. The main issue currently is the supply chain within the industry. We've seen what happened with the original solar rebates - once demand spikes, stock disappears and waitlists grow. That's why we've locked in a large volume of battery stock ahead of time - so our customers don't miss out. While other installers are waiting on shipments, we're already rolling out systems across the Redlands and beyond.

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As Redland's award-winning solar and battery experts, we've been helping homes and businesses reduce their energy costs for over 18 years. Our team of licenced electricians delivers systems designed



for performance, safety and long-term savings. We don't just sell you a battery - we guide you through the entire process, from designing a tailored solution to applying the rebate and commissioning your system with full monitoring and support.

This is your moment to power up and bush back against rising energy bills. If you've been thinking about adding a battery, or upgrading your existing solar system - don't wait. Contact our team today on (07) 3286 1422 or visit [www.goodhewsolar.com.au](http://www.goodhewsolar.com.au)

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# July Real Estate Insights

FROM RAY WHITE TINGALPA – YOUR INDUSTRY EXPERTS IN SALES & PROPERTY MANAGEMENT IN THE EAST

**As the Eastern Brisbane property market heats up, knowing when (and how) to act has never been more important.**

With Australian house prices reaching a national median of \$917,433 and Brisbane continuing to outperform – reaching \$1,024,625 in Q2-25 – the momentum in the market is undeniable. Brisbane has seen significant year-on-year growth of 7.8%. Locally, even higher demand and growth are evident in certain suburbs, including 18.7% in Tingalpa and 33.1% in Gumdale, with buyers eager to enter the Eastern suburbs.

Low stock levels, climbing auction clearance rates, newly introduced government policies, and the potential for further RBA rate cuts, are all pointing towards a hotly contested seller's market. Locally, listings are down 19% compared to this time last year.

Mitch Witherow, Senior Sales Executive at Ray White Tingalpa, says, "Now is an ideal time for homeowners to act and position their property ahead of the expected surge in competition later this year".

Shaun Witherow, Principal of the agency, says "We're currently seeing strong competition amongst buyers and excellent results for well-presented homes." Shaun leads the family-run business, alongside his son Mitch.

With the rental market in the East continuing to surge, Ray White Tingalpa is actively growing its boutique rent roll. Backed by top-tier technology, clear communication, and a client-focused approach, the team treats every investment property as their highest priority, always staying one step ahead. Principal Shaun Witherow says, "We take pride in delivering good old-fashioned customer service to our clients – built on trust and consistency".



As experts in the property industry for over 40 years, the Ray White Tingalpa team continues to be your trusted partner in property, backed by Australia's most noteworthy brand, Ray White.

They are currently offering an obligation-free rental or sales appraisal to help homeowners better understand their position in this fast-paced environment. For those seeking a dedicated team that knows the market, genuinely cares and delivers on their promises, Ray White Tingalpa is worth a visit.



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# ParkView

**SELLING NOW**



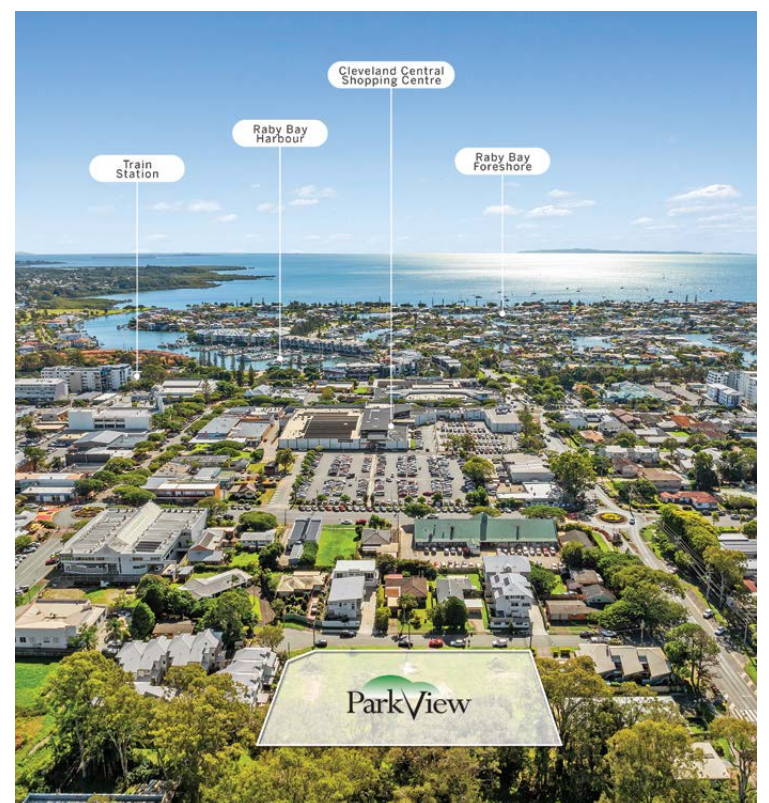
The location is perfect. A quiet cul de sac position, a parkland vista and only a 5 minute walk to Cleveland CBD.

'ParkView' comprises of 56 premium apartments accompanied by AFT's signature facilities: swimming pool, gym, sauna, meeting room, RV/Caravan parking, function room, and more.

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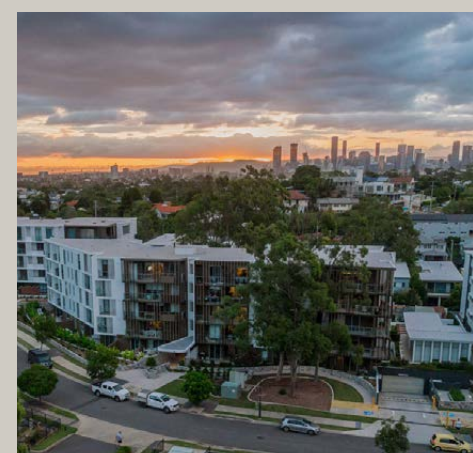
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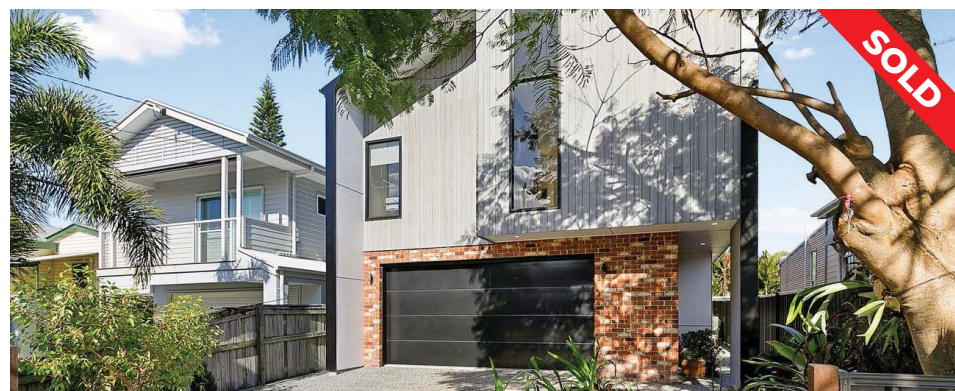






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# LOCAL GARDENING WITH KAT

## EDIBLE GREEN TREES IN YOUR WINTER GARDEN

BY KAT PEARSON, *GIRL IN THE GREEN*

Did you eat green trees growing up? The seemingly number one hated childhood food was broccoli. I can't remember what I really thought of it as a child, but now I LOVE broccoli, Brussels sprouts (roasted in lots of oil with bacon), cauliflower (smothered in cheese or roasted with spices), and even kale, mostly, though I can't get onto the kale chips thing.

Now, why have I derailed my broccoli conversation to a bunch of other brassicas? Because they're all the same! Ok, they're not exactly the same; they have all been bred and selected over hundreds (thousands?) of years to be special in their own way, but they are all actually the same species – Brassica oleracea.

Usually, when I think of varieties of the same species, I'm thinking of different coloured flowers or maybe a slightly different growth habit. The difference in Brassica oleracea varieties is huge! They range from the tight, unopened flower head of a broccoli to the balls of leaves up the stalk of a Brussels sprout plant to the swollen base of kohlrabi!

Brassicas are a cooler climate crop, so in the subtropics, we tend to grow them in winter. Brussels sprouts are tricky because they really need a good frost to make them sweet, but lots of the other brassicas are great to put in your winter garden. I've even had fun growing cabbages! Winter is also when the pesky white cabbage butterfly is less active. Although personally, I think they look lovely flitting about the garden; they lay their eggs on brassicas, and the newly hatched caterpillars will decimate your crop in seconds! You can try fake butterflies, or use products such as DiPel® (an organic spray), but netting to prevent butterfly access is usually the most successful.

If you do give Brassicas a go, don't forget the whole plant is edible. Pluck some leaves off while you wait for broccoli heads – they are great in pasta sauce, and if the caterpillars got to them and they have a few holes – who cares!



Me and my first cabbage – holes and all! Photo by Kat Pearson.

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# LOCAL POETRY HISTORY

BY GEOFF SMILEY

Who recalls when  
buttoned-fly trousers  
were so difficult to undo.  
Swimming togs of knitted wool  
sagged when wet.  
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When sawdust thrown  
into toilets never did  
hide the smell.  
The uses of newspaper.  
Clothes-lines staked  
with wooden props  
chaotically.

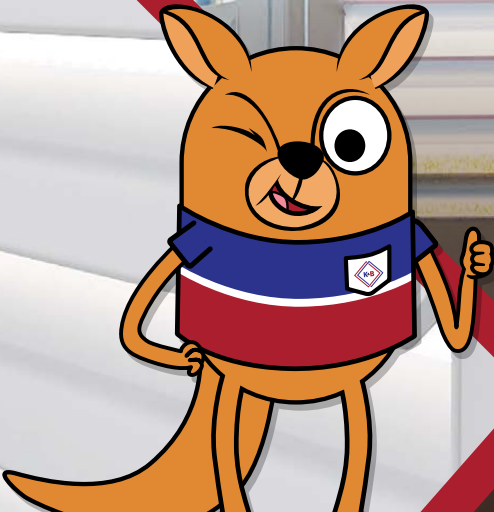
The first awareness  
of who you were and  
that feeling about  
the opposite sex,  
and your clumsiness  
in showing it.  
Your interest in yourself.


I remember  
ploughing with Bessie,  
a horse/boy enterprise.  
The knowledge of how  
cows release their milk.  
Learnings  
from animals and machines.

Monster trains and trams  
that fascinated.  
And at school  
the Russian Sputnik seen  
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# JULY COMMUNITY UPDATE: COAST GUARD BRISBANE, QF2, MANLY

BY NIGEL MOORE, RADIO OFFICER, COAST GUARD BRISBANE

**Hello again, Baysiders! Despite an unusually cold start to winter, QF2 has been kept busy with breakdowns and vessel maintenance.**

On Sunday, June 8, at 22:30, we received a phone call from Brisbane Water Police activating us to attend to a 41-foot 9-tonne yacht with sail damage and a broken down engine that left them drifting at 4 knots, with a request for a tow back to Rivergate Marina from East of Moreton Island. Our crew in our rescue vessel CG22 endured a 13.5-hour trip over 120 nautical miles in choppy seas and a cold 20-knot westerly wind, towing usually being a slow process, with a typical speed of around 7 knots. The crew had to go the long way around the top of Moreton Island for the return trip due to being close to low tide, making crossing the bar too dangerous to attempt. Estimated fuel use was around 350 litres – that’s nearly \$600 at \$1.70 per litre! This really brings home the benefit of having Marine Assist membership at only \$80 for a year.

As I mentioned in my last article in the June issue, you may be aware that the Queensland Government has established a new single-service marine rescue organisation, Marine Rescue Queensland (MRQ). While a few units across the state have begun the transition, no Coast Guard flotillas have yet transitioned, including QF2. That means, for now, we remain entirely reliant on the generous support of the recreational boating community to keep our vessels on the water and provide critical lifesaving services 24/7, 365 days a year.

Government funding for our operations is minimal, and programs like Marine Assist are vital to cover the substantial costs involved in maintaining and running our rescue fleet. For just \$80 per year, Marine Assist offers outstanding value to the boating community. Your membership has the following benefits:

- 1. Covers you for towing assistance across Queensland when in range of a Coast Guard unit.

- 2. Ensures 100% of the towing cost is included in your membership — no further donation is expected (though always appreciated).
- 3. Grants access to our TRIPWATCH App, allowing you to log on and off independently without needing to call or radio in.
- 4. Keeps you protected with our 24/7 Search and Rescue Watch.

Do you prefer to use your VHF Marine Radio? You can still call us on VHF Channels 16 or 73 between 0600 and 1800 on weekends and public holidays or directly on 3396 5911.

If you haven’t renewed your membership because you believed we had transitioned to MRQ, please know that we haven’t yet, and we still need your support.

We anticipate the transition to MRQ will begin sometime in late 2025 or 2026, but until that time, our ability to save lives on the water depends on your continued backing. Thank you again for your ongoing support.



Photo: Supplied.

If you want or need to obtain a radio licence for either VHF (SROCP) or VHF+MF/HF (LROCP), please contact me at [radio.qf2@coastguard.com.au](mailto:radio.qf2@coastguard.com.au) for further details and information.

Stay safe on the water!



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# STEP BACK IN TIME AND VISIT THE GUMDALE HISTORICAL MUSEUM

CONTRIBUTED BY WALLIS VINSON, MEMBER OF FRIENDS OF LAGGAN HOUSE

The Gumdale Historical Museum was originally a tin-shingle one-room shed on a property on Greencamp Road. It had been a storage shed, a garage, a hay shed, a small animal abattoir, and a home for a Depression-era family. The shed was carefully disassembled, with each part numbered, and then reassembled at its present site. A small group of dedicated volunteers devoted a significant amount of their time and expertise to ensure that this snapshot of a past era was not lost.

The museum has been officially named Laggan House, after the family who first lived in it.

On display in the museum are items from the Depression years and earlier, through to the 1940s. One interesting item is an 1870 kerosene tin watering can, which was handmade by a gold miner in Tenterfield.

The interior of the museum displays everyday items from that era. There are too many items to list, so you need to come along for a look. We are sure you will have memories of the same types of items being used by your grandma or grandpa. The outside displays include a tool

shed, a laundry area with a copper, and a thunderbox toilet. Everything is displayed in a true-to-life setting.

Volunteers will be on-site on open days to give you a guided tour and answer any questions you may have. There is a quiz for the children where they can learn about everyday items from the past and a fantastic book for sale titled “From Saplings and Kero Tins: A Peek at Gumdale’s Past.”

Several times a year, one of the open days is dedicated to a special display in keeping with the era. Some of the past displays have included puzzles, games, toys, and dolls appropriate to the era; a military memorabilia display before Anzac Day; a vintage clothing display; a display of vintage and antique clocks, radios, and gramophones, and a volunteer dress-up day.

The museum is located at 737 New Cleveland Road, on the grounds of the Gumdale Progress Hall, with parking on site. Admission is \$2 for adults, \$1 for children or concessions, and \$5 for a family. The museum is open on the first Saturday of each month (except December and January) from 10:30am to 12:30pm. See you there!



Photos: Supplied.

## Home Delivering More Good News to More People

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# HOLDEN OUT FOR A CURE: CLASSICS TO REV IT UP FOR CHARITY

Drivers on the bayside on the morning of Sunday July 13 may notice a sudden upsurge in the number of schmick and shiny FJ and FX Holdens on the road. They'll probably be on their way to the Holden Out for a Cure All Holden Day at Cleveland Showgrounds, where close to 200 of Australia's classic cars will be on display.

Les Ross, President of the FX-FJ Holden Club of Queensland Inc., who has been involved in the club for 35 years, says that the club has a long history of fundraising for the Queensland Cancer Council.

"This event started back in the 1990s then folded for a while due to COVID and other concerns. In 2019 I thought it would be good to revive it as a one-off memorial event for several members who'd died – some from cancer – so the Redland Branch of the Cancer Council of Queensland was the obvious beneficiary," he says. "It's been running ever since and in one year at least we understand that we were the Cancer Council's biggest fundraiser."

Les says that about 200 cars are expected to enter and is hopeful of a turn up of up to 600 visitors.

"As Australia's first car Holdens attract a lot of interest," says Les, who's the proud owner of a 1962 EJ.

"The Holdens on display will range from 1948 to 2017, which was when the last Holden rolled off the production line. Some blokes may use their car as a daily run-about, but in the main they're classic special-interest cars that get a lot of love and care."



Photos: Supplied.

Added attractions to the cars will be food stalls, access to the Redlands Coast Museum, and a memorabilia auction to be held at midday.

"The wife of a late member has donated his collection that includes Holden jigsaw puzzles and framed prints," says Les. "We don't have a professional auctioneer, but we've organised a lot of 'spotters' and blokes who'll scream out a bit!"

# CAMPAIGN TO KEEP CASH GAINS SUPPORT AND REWARDS SENIORS

FROM NATIONAL SENIORS AUSTRALIA

Since its inception last year, the National Seniors Australia (NSA) Keep Cash campaign continues to gain support from thousands of Australians who want to keep cash as a viable payment option alongside cards and digital transactions.

Campaign supporters have proudly worn "Keep Cash" t-shirts and displayed "Keep Cash" stickers in a public show of support. Retailers have also come on board, displaying "We Accept Cash" stickers in windows or at point of sale.

"While NSA acknowledges the inevitability of a mostly digital society, it's important to consider the needs of those who rely on cash, particularly seniors," NSA Chief Executive Officer Chris Grice said.

"Reports show around 7% of Australians use cash for 80%+ of transactions. When retailers refuse cash, it not only inconveniences customers but can also lead to genuine hardship for those who rely on cash."

As cash use declines, so does the number of access points available to withdraw it. Since 2017, the number of bank owned ATMs across Australia

has dropped by more than 8,000 machines or almost 60%.

"ATM and bank closures impact people who are less inclined to bank online or travel to another branch. In regional areas, travelling to another branch may not be feasible. Closures need to be considered with older people in mind, to ensure they can access cash, transfer money, and pay for groceries and bills just as they always have," Mr Grice said.

"Not all seniors are comfortable using debit or credit cards, or banking online, because they're not tech savvy; they're fearful of potential scams and cash is what they've always known.

"Doing any business online comes with problems and risks. In emergency situations and during outages, when electronic systems crash, cash plays a vital role, offering security and stability. It really is a case of use it or lose it!"

"By reinforcing the importance of maintaining cash, especially for older people and others who may be less comfortable with digital alternatives, NSA continues to advocate for inclusive systems that cater to all Australians," Mr Grice said.





# WYNNUM MANLY ROTARY HELPS WESTERN QUEENSLAND FLOOD VICTIMS

FROM LES LOUIS, ROTARY CLUB OF WYNNUM AND MANLY

Jim Byrne, a very active and involved member of the Rotary Club of Wynnum and Manly, is a native of Thargomindah in far western Queensland. Jim was dismayed at the extent of the devastation caused by the recent floods and was determined to assist in whatever way he could. Another member, Kai Eberspaecher, also has business and personal connections in the area and was keen to help by giving to the community through ‘virtual purchases’ at local shops, the Council Flood appeal, and the Rotary Disaster Fund. Together, they are making a great contribution to the flood recovery effort.

Jim joined the project team established by the two Rotary Districts covering western Queensland to implement a three-pronged approach to a multi-phase response to this disaster:

- 1. Phase 1: Immediate Financial Assistance
- 2. Phase 2: Coordination of Essential Goods
- 3. Phase 3: Mental Health Support

Approximately 133 households were affected by this event, and the Bulloo Shire Council launched a fundraising campaign to provide immediate assistance to residents in replacing items such as clothing,

furniture, and appliances lost. The Rotary Club of Wynnum and Manly made an immediate donation of \$1000 to this campaign and contributed another \$4000 to the Rotary Fund for ongoing assistance.

Cash payments to residents and Phase 2 of the response are underway. In addition, Andersen's Carpets has made a very generous donation of carpets to local businesses and is installing them. The Rotary Fund will match Andersen's donation so that they will have at least half of their flooring costs donated.

Helping businesses survive and providing residents with a helping hand will help keep the town alive.

## LOCAL READERS

# BOOK REVIEW – THE WOMEN BY KRISTIN HANNAH

BY ANNE CROWLEY

### WHAT THE EXPERTS SAID:

“Women can be heroes. When 20-year-old nursing student Frances ‘Frankie’ McGrath hears these words, it is a revelation. Raised in the sun-drenched, idyllic world of Coronado Island (off San Diego, California) and sheltered by her wealthy conservative parents, she has always prided herself on doing the right thing. But in 1965, the world is changing, and she suddenly dares to imagine a different future for herself. When her brother ships out to serve in Vietnam, she joins the Army Nurse Corps and follows his path.”

Source: inspireuplift.com

### MY THOUGHTS:

The first half of the book focuses on Frankie's time in Vietnam: the formation of life-long friendships and loves and rapidly acquiring trauma and surgical nursing expertise in impossible circumstances – “Damn it, McGrath! We don't have time for fear. You're good enough. Do it!” As an ex-nurse, I found her rapid climb to competence in the face of extreme casualties and conditions enthralling, and I really enjoyed this part of the book.

It also traces the authentic historical detail of the war – in-country and in ‘the real world’ – particularly as attitudes supportive of it in the USA began to change. This was all set to a ‘soundtrack’ of familiar ‘60s music, e.g. Doors, Beach Boys, Turtles, and descriptions of contemporary clothing – these may bring back memories for readers of a similar age in the ‘60s.

Frankie's return to real life added trauma to trauma. She had left hoping to make her family (particularly her father) and her country proud. But she was treated like a pariah, and the dissonance between her pride in ‘making a real difference’ and the denial from both her family and the veterans’ associations from which she sought help that she'd even been to Vietnam contributed to her unravelling. (Her father had told friends Frankie had been studying in Florence for two years, and the veterans’ support groups flatly stated ‘there were no women in Vietnam’).

Following is a very long journey of healing, interspersed with major setbacks – not unusual for thousands of vets facing abuse and denial of

their needs on their return. PTSD was not formally recognised as a distinct mental health disorder until 1980, though it began to come into use in the 1970s in response to the very large number of very damaged Vietnam vets.

The research behind this book ensures the experiences of nurses and soldiers in Vietnam are authentically recounted, however the plot twists hint at a Netflix series in the making. I would have stopped short of the final plot twist, but for all that, I found it an enlightening and gripping read, and was pleased to hear the women's perspective on experience in Vietnam during the war and stateside. BTW, did you know the Vietnamese call the ‘Vietnam War’ the ‘America War’?

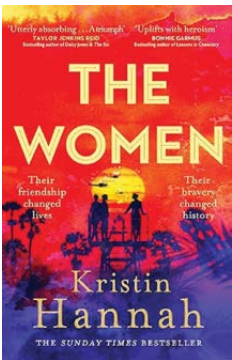


Photo: Supplied.

## Brisbane's flight paths may be changing

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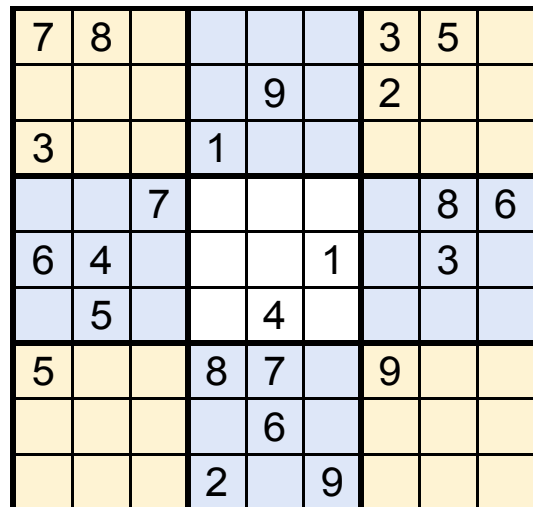
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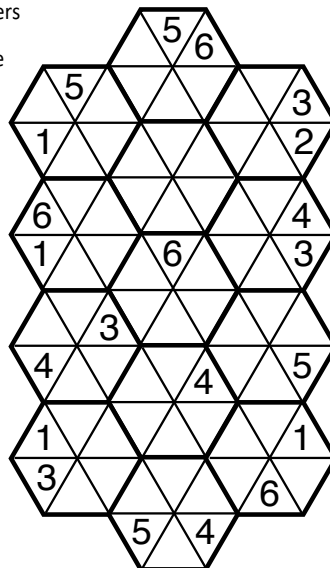
# Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

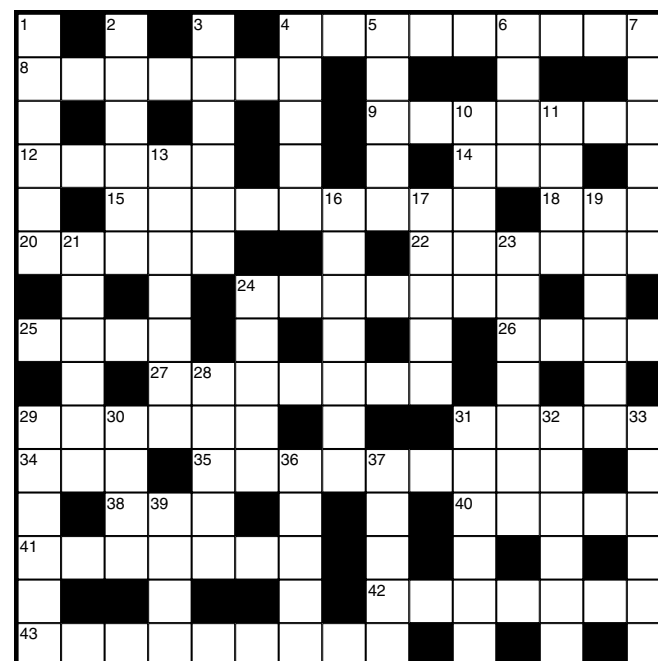


## Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



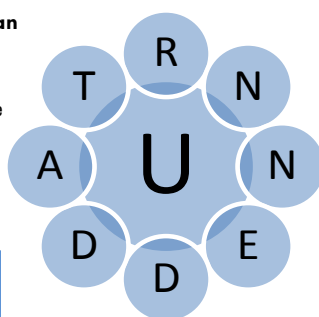
## Crossword



## Focus

## An All Australian Word Game

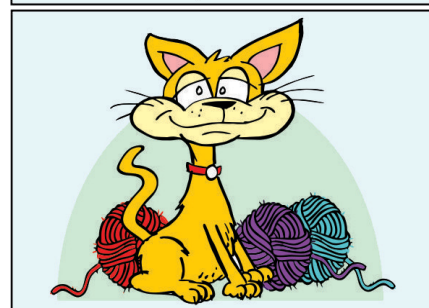
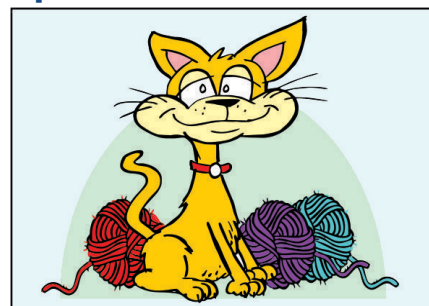
- \* Each word must contain the centre **'Focus'** letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words



**TODAY'S FOCUS** Good: 12 words  
Very good: 19 words  
Excellent: 32 words

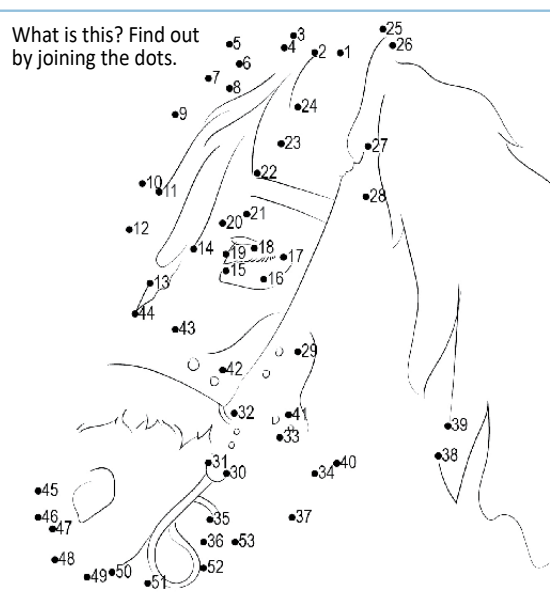
**Reference: Macquarie Concise Dictionary**  
Focus No. 3895

## Spot the 5 Differences



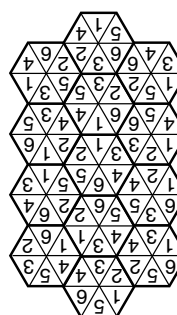
## Join the Dots

What is this? Find out  
by joining the dots.

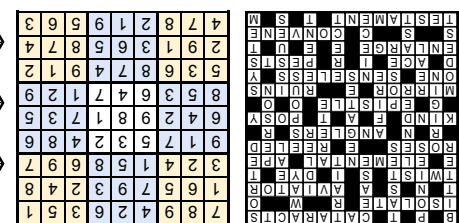


## Solutions

Puzzles and pagination  
supplied by Auspac Media



**SPOT THE 5 DIFFERENCES:** Missing part of whiskey, Collar changed, Red yarn moved, Tail longer, Bottom lip reversed.



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# DELICIOUSLY CREAMY SEAFOOD MACARONI RECIPE

Here's a simple and quick macaroni recipe using fresh fish and herbs. Substitute the snapper or barramundi for salmon or chopped squid, or if seafood isn't your thing, add a handful of sliced spicy fried chorizo for a sizzling winter-warmer meal.

## INGREDIENTS (SERVES 4)

- 400g dried macaroni pasta
- 350g barramundi or snapper fillets (skin off, bones removed)
- 2 tablespoons olive oil
- 2 cloves garlic, minced
- 1 small brown onion, finely diced
- 1 cup of cooking cream
- 1/4 cup grated parmesan cheese
- The zest of 1 lemon
- The juice of 1/2 lemon
- Salt and pepper to taste
- Fresh parsley or dill, chopped to garnish

## METHOD

1. Bring a large pot of salted water to the boil. Follow the packet directions and cook the macaroni until al dente. Drain and set aside.
2. While the pasta is cooking, heat one tablespoon of olive oil in a large frying pan over medium heat and add your barramundi or snapper. Cook the fish for 3 to 4 minutes on each side or until just cooked through. Flake the fish into large chunks and set it aside. Keep the frying pan handy for the next step (don't wash it yet!).
3. Now make the sauce. In the frying pan over medium heat, add a tablespoon of olive oil and sauté the onion for about 3 minutes, then add the garlic and cook for 1 minute more (don't let the garlic burn). Pour in the cream and bring the mixture to a gentle simmer. Stir in the parmesan, lemon zest, and juice, then season with salt and pepper.
4. Add the cooked macaroni and the fish to the frying pan. Stir gently to combine and warm through (about 2 minutes). Garnish with fresh herbs and extra parmesan if desired.



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# LOCAL FISHING WITH SPERO

## JULY FISHING IS SENSATIONAL, BUT WATCH THE WESTERLIES!

BY SPERO KARTANOS

July is one of our better months for fishing in the bay, but the only thing to watch out for is the westerly winds. Now that I've gone back to a smaller boat, I'll be keeping an eye out so I don't get into trouble.

As many of you might remember, there have been a few accidents and drownings in the past, and they nearly always happen in the winter months with small boats capsizing close to the bay islands. So, please – just because it looks flat from the land, remember you have to come back into the wind and waves on the way home. It's better to postpone a trip and be safe than risk your life and that of others.

The school mackerel should be in good numbers close in, with tailor and bonito as well, and lots of small mackerel are about this time of year. I have found over the years that if you find where they are, floating pillies gets you the bigger fish, especially off Ormiston and Wellington Point.

The cuttlefish and arrows started last month and should be in good numbers from Ormiston to St Helena in 23 to 30-ft depth. Drifting with a jig just off the bottom with a ball sinker above the jig is the best way to catch them, and if you get inked, remember the 30 Seconds cleaner from Bunnings removes the ink in seconds. My other tip is to get yourself a \$10 stainless steel pot with a lid from Kmart to put your cuttlefish in. It doesn't stain and is easy to clean, which means less mess on your boat.

Whiting will be all over the bay from Chain Banks to Amity Banks and Fisherman's Gutter and close in off Wynnum just wide of Darcy Light.

July is also a good month for snapper and squire, and last year, the spoil grounds and Mt. Cotton Reach were producing good fish.

Rug up, keep warm, and good fishing!



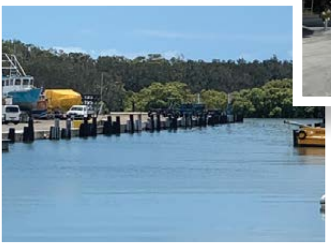
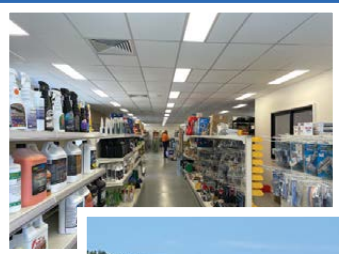
Photos: Spero Kartanos.

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# ARE YOU OR YOUR FAMILY PART OF BRISBANE’S DENTAL HEALTH CRISIS?

FROM DENTAL ON CAMBRIDGE

**In Brisbane, dental health is more than just a personal concern – it’s a pressing public issue. Recent data reveals that over 19,000 Queenslanders are hospitalised annually due to preventable dental conditions like decay, gum disease, and tooth loss. These ailments rank among the top reasons for acute, avoidable hospital admissions in the state<sup>1</sup>.**

Alarming, nearly 90% of Queensland adults have experienced dental decay, with about 23% currently living with untreated cavities. Children aren’t exempt; in Brisbane, approximately 46% of kids aged five to 10 have decay in their baby teeth, and over 30% of those aged six to 14 have decay in their permanent teeth<sup>2</sup>.

At Dental on Cambridge, prevention is one of our key passions, as preventative care is always our preferred option to costly and invasive treatments. We offer comprehensive examination and cleans for all patients with our highly trained and experienced dentists – that’s right – each and every appointment is with a dentist. We believe that building a long-lasting relationship with your dentist is key to trusting them to take care of your oral health and provide informative and well-priced treatment options. We highly recommend six-monthly examination and clean appointments for our patients, as this is still the most effective way for our dentists

to monitor any potential problems and provide effective treatment solutions BEFORE things turn into toothaches, costly root canal treatments, or cracked and broken teeth needing extraction. Has it been a while since you’ve had your clean? It’s like servicing your car; for things to continue to run smoothly, it has to make it to the top of the priority list – but we’re talking about your health, and unfortunately, it’s not replaceable like your car!

We also highly recommend the six-monthly examination and clean for children, particularly those that are already having to look after adult teeth. We only get one set of adult teeth, and it’s imperative that from a young age, these teeth aren’t already subjected to cavities and fillings in areas of the mouth that could have been prevented by regular check-ups. It’s also a great opportunity for someone other than parents to be able to influence oral health hygiene; explaining the WHY behind brushing and flossing is often critical in encouraging adherence to dental hygiene in kids. It’s also a wonderful way to show your children what to expect at the dentist and develop a healthy relationship with attending. We absolutely love seeing families and will work with you to find back-to-back or parallel appointments with our team of four dentists. We have plenty of room in our dental rooms for the whole family to attend. We also provide free kids dental treatment for eligible families



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1 <https://www.health.qld.gov.au/newsroom/doh-media-releases/dental-plan-tackles-the-painful-tooth-behind-hospital-admissions?>  
2 <https://www.choreport.health.qld.gov.au/our-health/dental-and-oral-health?>



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