

CARNIVAL VIBES BY THE BAY: BAYSIDE SPRING FESTIVAL IS BACK!

For generations of Wynnum-Manly families, the Wynnum Spring Parade has been an annual highlight on the social calendar, with locals taking centre stage as the stars of the show as the parade snakes its way down Bay Terrace. It's always been an event run by the people, for the people – and its recent reincarnation as the Bayside Spring Festival will once again bring the community together.

If you're a long-term bayside local, chances are you're related to — or you know — a former Spring Parade Queen. You might remember cars and tray-back trucks decorated with flowers, streamers, and anything colourful, smiling kids with legs dangling over the sides of floats, and local entertainers revving up the crowd that lined the streets.

And while there's no parade this year (but yes – there will be fireworks!), George Clayton Park plays host as festival headquarters. It's the perfect seaside hub for two days of live entertainment, rides, food trucks, and a variety of family-friendly activities.

Join your neighbours and friends on September 12 and 13 for a laid-back, carnival-style celebration, and make some new memories to treasure. More on page 3.

Pictured: Popular local musicians Ken Kunin and Lily Maia will perform at the Bayside Spring Festival.



RQYS SAILOR RORY MEEHAN TAKES OUT YOUTH WORLD TITLE

Australian sailor Rory Meehan has clinched gold at the Youth World Championships in Brest, France, sailing his way to the top in a thrilling final against competitors from 36 countries.

With 150 sailors in the U19 Men's fleet and shifty, light winds to contend with, Rory's campaign was anything but smooth sailing. After a gutsy race win on Day 1, an over-eager start left him with a costly Black Flag penalty. With a disqualification hanging over every start, Rory had to play it safe, working his way up from deep in the fleet, race by race.

By the end of the qualifying series, he'd fought through to secure sixth place and a spot in the gold fleet. With the pressure lifted and a chance to race freely, Rory soared, posting three first-place finishes and jumping to second overall heading into the medal series.

Only eight sailors advanced to this final showdown. As the second seed, Rory earned a direct berth to the Grand Final, where he faced off against Italy's Mattia and Türkiye's Arton in a knockout-style format.

It all came down to the final race. With all three contenders holding one star apiece, Rory pulled off a bold tactical move at the bottom mark, launched into a pumping battle upwind, and held his lead to the finish line, claiming the world title and sealing the win with pure Aussie determination.

"This title isn't just mine," Rory said. "It's for my coach Mitch Pearson, Royal Queensland Yacht Squadron, my family, my teammates — everyone who supported me."

And he's not stopping here. Next up: training camp in Townsville and a push to qualify for the Youth Sailing World Championships in Portugal this December.

Keep an eye on this rising star. His Olympic dreams are very much afloat.



Photo: Supplied.





BAYSIDE SPRING FESTIVAL BLOOMS AGAIN ON SEPTEMBER 12 AND 13

After more than a decade away, the much-loved Bayside Spring Festival is making a comeback.

The free festival is set to be a highlight of the community calendar, bringing laughter, live music, and family fun back to George Clayton Park on Friday, 12 September, and Saturday, 13 September.

Brisbane City Council and Wynnum Commerce Inc. are joining forces to bring the Bayside Spring Festival to life, in conjunction with the Brisbane Festival for the Friday night program, featuring:

- Rachael Fahim powerhouse country-pop artist with charttopping hits
- · Midwest Molly country favourites with a fresh twist
- Briana Dinsdale rising star with soulful vocals and heartfelt songwriting

Alongside the music, festival-goers can enjoy roaming performers, face painting, a giant jumping castle, food trucks, a bustling makers' market, and a spectacular fireworks finale on Saturday night.

"The Bayside Spring Festival is part of our community's story and celebrates what makes this part of Brisbane so special," said Wynnum Manly Ward Councillor Alex Givney.

"Bringing it back after all these years means more opportunities for families, friends and neighbours to connect and make lasting memories on Brisbane's bayside.

"The energy and commitment from our volunteers so far has been nothing

short of inspiring, and I want to thank them from the bottom of my heart for all their amazing work."



- · Local bands, school performers, and dance groups
- Ranger Stacey as MC and wildlife presentation by D'Aguilar wildlife
- Royal Australian Navy Band
- · Charlotte Street Jazz Band
- The Kunins
- Phoenix

The Bayside Spring Festival is supported by the Lord Mayor's Community Fund, Brisbane City Council, and Ampol.

The Bayside Spring Festival will be held on September 12 and 13 at George Clayton Park, Manly. For more information, check the festival's Facebook page.





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WYNNUM'S COMMONWEALTH BANK BRANCH CELEBRATES 90 YEARS!

CONTRIBUTED BY MEGAN STINCHCOMBE, COMMONWEALTH BANK WYNNUM

The Wynnum Commonwealth Bank branch recently celebrated its 90th birthday! The event was a wonderful success, bringing together a vibrant mix of past and present staff, support teams, and loyal customers. It was heartwarming to see so many familiar faces reconnecting and reminiscing about the branch's long-standing presence in the community.

One of the most touching moments was when two of our cherished customers, who also celebrated their 90th birthdays this year, joined us to cut the birthday cake. Their stories and connection to the branch added a beautiful layer of meaning to the celebration.

We were also honoured to welcome Federal MP Kara Cook, whose presence underscored the importance of community and continuity. Her support was deeply appreciated by everyone in attendance.

The branch was decorated with balloons, historical photos, and memorabilia showcasing our journey through the decades. Guests enjoyed light refreshments, shared memories, and celebrated the enduring relationships that have defined our branch's legacy.









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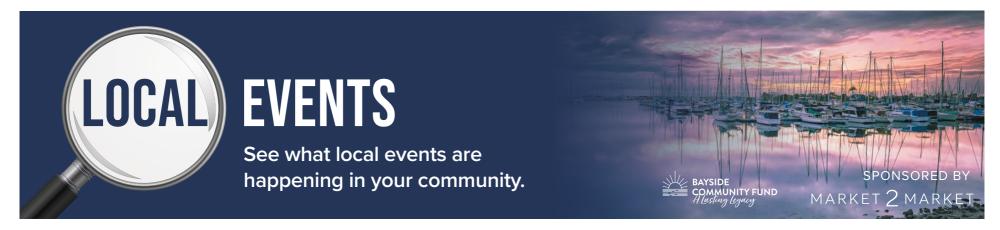
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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.



MEET THE AUTHOR: GILLIAN WILLS

Saturday September 13, 11:00am, Wynnum Library, 145 Florence Street, Wynnum

Step into the world of Gillian Wills' novel *Big Music*, a thrilling blend of melody, mayhem, and mystery set in a college for rock and classical musicians. Hear Wills share insights into the music world's bright lights and shadowy corners. This author meet is

presented as part of the Lord Mayor's Writers in Residence series. Books will be available for purchase, or bring your own copy for signing. For free tickets, scan the QR code.





BLINK 182 AND GREEN DAY EXPERIENCE

Saturday September 6, doors open 7:30pm, Wynnum Manly Leagues Club, Wondall Road, Manly West

Australia's #1 Blink 182 and Green Day tribute band explodes onto the Wynnum Manly Leagues Club stage for one wild, high-energy night. Expect non-stop anthems from every era, including *All the Small Things, Basket Case*, and loads more emo and pop-punk bangers from *Welcome to the Black Parade to Sugar, We're Goin Down*. A loud, nostalgic, and insanely fun throwback, this 18+party will keep you singing long after the final chord. For tickets, go to www.wynnummanlyleagues.com.au.



PRINTMAKING FOR BEGINNERS

Saturday September 13, 1:30pm, Scattered Arts Shop, 117 Edith St, Wynnum

Discover the joy of handmade design at Scattered Arts' hands-on printmaking workshop. In this creative two-hour session, you'll learn to trace, carve, ink, and print your own linocut designs — perfect for personalising cards, bags, t-shirts, and more. Whether you're a first-timer or seasoned crafter, this beginner-friendly workshop offers everything you need to turn simple sketches into reusable art. Leave with unique prints and the skills to keep creating at home. Spots are limited, so book early online at scatteredarts.com.au.



REPAIR CAFÉ BRISBANE BAYSIDE

Saturday September 13, 2:00pm to 4:00pm, Waterloo Bay Leisure Centre, Tingal Road, Wynnum

Bring your broken items and team up with skilled volunteer fixers to mend them — right alongside the people who know how. It's free, fun, and hands-on, with repairs that help you save money and reduce landfills. Bookings are essential (check Facebook), and don't forget to bring any manuals and spare parts you have on hand. Visitors can also enjoy a famous \$5 Devonshire Tea and take home a \$7 frozen meal.



VWDC ACTION DAY

Sunday September 14, 10:00am to 2:00pm, George Clayton Park, Upper Esplanade, Manly

If you're a fan of the Volkswagen, come along and celebrate VeeDub magic at the VWDCQ Action Day. From Beetles to Kombis, Golfs to beach buggies, enjoy a dazzling lineup of classic air and water-cooled VWs. Enjoy food, drinks, and friendly car chat in a beautiful seaside setting. Full details at wwdcqinc.org.au or follow VWDCQ on Facebook



FREE LAUGHTER YOGA CLUB

Monday September 22, 9:30am to 10:15am, 352 Upper Esplanade, Manly

Join Wildflow Wellbeing for a free morning of movement, mindfulness and infectious giggles! This beginner-friendly Laughter Yoga session welcomes everyone to breathe, stretch, and laugh your way to better mood, deeper connection, and full-body wellness — no experience or yoga mats required. Held outdoors under shady trees, just follow the orange flag to find your tribe. Don't forget sun-safe gear, water, and a towel for comfort. Find full details at wildflowwellbeing.com.au.

BACHELOR GIRL TO SHINE LIVE IN WYNNUM FOR ONE NIGHT ONLY!

ARIA Award-winning pop-rock legends *Bachelor Girl* is bringing their powerhouse vocals and beloved hits to Wynnum this September – kicking off the weekend with a high-energy standing gig at the dazzling Augathella Spiegeltent.

On Friday September 12, fans will dance the night away with the bar open and the tent buzzing, as *Bachelor Girl* delivers a hit-packed set full of nostalgia and unmistakable Aussie charm.

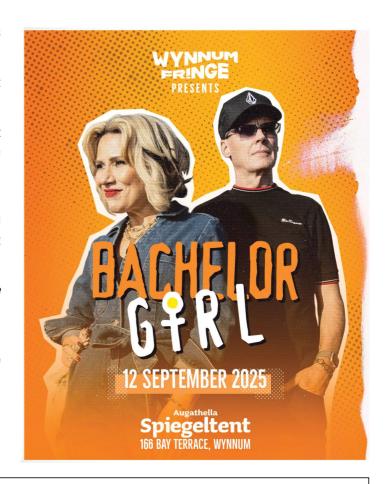
The Australian pop duo Bachelor Girl, formed in 1992 by vocalist Tania Doko and producer James Roche, made a splash with their debut single *Buses and Trains* in 1998. The track became a top-10 hit in Australia and New Zealand, charted in the UK, and even reached the top 30 in Sweden. Their debut album *Waiting for the Day* followed later that year, earning platinum certification and peaking in the top 20 on the ARIA Albums Chart. The band's other hits include *Permission to Shine* and *Treat Me Good*.

Over the years, Bachelor Girl has sold more than 500,000 albums and singles worldwide — a testament to their catchy songwriting and enduring appeal. Doko was recently named in Triple M's Top 300 Greatest Singers of All Time and brings an electric stage presence that lights up every venue she plays.

Fresh off sold-out performances at the Sydney Opera House Studio and Melbourne's Chapel Off Chapel — and ahead of touring with *The Corrs, Icehouse,* and *Wolfmother* — this intimate Wynnum show promises a rare close-up experience with one of Australia's most enduring pop-rock acts.

Don't miss this chance to relive the classics, sing along to reimagined international favourites, and witness the heart and fire that make *Bachelor Girl* a must-see.

Tickets won't last - grab yours now and get ready to shine. For tickets, go to wynnumfringe.com/bachelor-girl/



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COUNCILLOR FOR WYNNUM MANLY WARD

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Lachlan Brew, Director & Senior Finance Specialist



Maggie's Mates

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Photo: Supplied.

What's your name? Hi, I am Maple the Frenchie.

Where do you live? I am from Wynnum.

How long have you lived in Wynnum? I've lived in Wynnum for the last seven months after my new mum picked me up from the Hunter Valley.

What is your favourite local walk? I love walking along the esplanade down to the Wynnum Bugs' fields where I get to watch the kids that live in my house play footy!

What is your most treasured toy? I don't really have one; I just love to chew most things made of plastic, especially pens and phone chargers.

What is your favourite food? Everything and anything that's on offer!

What is your worst habit? I guess 'my staff' would say chewing their stuff

What's your favourite local hangout? I do like going to Manly for breakfast because everyone wants to give me cuddles.

Who is your best doggo friend? My best dog friend is Walter Gabbett, although I think he's scared of me.

Any funny or embarrassing stories you'd like to share? I did fall in the pool once, and realised I couldn't swim, but thankfully, my staff came to my rescue.

What do people love most about you? My colour, and get it right – I'm Isabella Tan, not brown! People also like my YouTube Channel called Maple the Frenchie.

Maple's favourite charity is Squishies Flat Faced Animal Rescue Inc., and we have made a \$50 donation on her behalf.



Would you like your best mate to be featured in Maggie's Mates? Email us at sales@market2market.com.au and we'll send you a questionnaire.

We will donate \$50 to a registered animal charity of your choice for each profile published in The Community Leader.

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ALL ABOUT BLADDER STONES IN DOGS AND CATS

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

Bladder stones are rock-like formations of minerals that develop in the urinary bladder of dogs and cats. Normal urine contains minerals; changes in urine pH and concentration result in these minerals forming crystals, and over time, the crystals may form stones. There may be anywhere from one to hundreds of stones, which can range in size from sand-like grains to 5cm rocks.

TYPES OF STONES

- Struvites these are the most common bladder stones in dogs and cats.
 Struvite stones may develop as a result of a urinary tract infection, as bacteria may cause changes in the urine pH, leading to more alkaline or 'basic' urine, which allows stones to form. Struvite stones without bacterial infection can occur in cats and often play a role in idiopathic cystitis (Feline Lower Urinary Tract Disease).
- Calcium oxalate these stones form in more acidic urine and are less likely with infection.
- Other stones can form as a result of toxins such as anti-freeze (not very common in Queensland!)
 or may be breed-related urate cystoliths in Dalmatians is one example.

CLINICAL SIGNS OF BLADDER STONES

Clinical signs of bladder stones may include:

- · Straining to urinate
- · Passing small amounts of urine frequently
- Urinating in unusual places
- Vocalising when urinating

- · Licking of the genital region
- Strong odour to urine
- · Blood in urine

DIAGNOSIS OF BLADDER STONES

Diagnosis of bladder stones begins with a physical examination — sometimes, your vet may be able to palpate the stones within the bladder. Urine testing is important for checking the pH of the urine and examining a sample for evidence of infection or the presence of obvious crystals. Imaging of the bladder with radiographs and/or ultrasound are required for definitive diagnosis.

TREATMENT OF BLADDER STONES

Treatment depends on the type of stones present and may include antibiotics for urinary tract infections, as well as a diet change to adjust the pH of the urine. In some cases, a diet change may be sufficient to dissolve the stones. Surgical treatment may be recommended for your pet — your vet may perform a cystotomy to physically remove the stones from the bladder.

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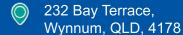
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To make an appointment call

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Mon to Fri: 8am - 7pm Sat: 8am - 12pm

PRESENTED BY THE BAYSIDE COMMUNITY FUND



The Bayside Community Fund is thrilled to announce the 2025 Bayside Community Awards.

Here's your chance to give exceptional people, organisations and businesses in our community the recognition they deserve via the Bayside Community Awards.

Nominate and vote for your favourite bayside business, employee, community service organisation and teacher across a number of categories.

Nominations open on August 18. Voting commences September 29.

Winners will be announced at a gala dinner on November 6.

Go to baysidecommunityfund.org.au to have your say, and be part of these exciting annual awards!

2025 Bayside Community Awards Categories

Bayside Business of the Year

Best Educator (Individual) of the Year

Best Beauty Business

Best Health, Wellbeing and Fitness

Best Hospitality Business (Small)

Best Hospitality Business (Medium/Large)

Best Pet Services Business

Best Professional Services Business

Best Real Estate Agency Business

Best Retail Business

Best Small Business Newcomer (Less than 18 Months)

Best Trade/Industrial Business

Outstanding Customer Service (Individual)

Outstanding Community Service (Individual)

Outstanding Community Service - Organisation

Outstanding Apprentice of the Year

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COMMUNITY SUPPORT BUILDS FOR NEW BAYSIDE CHARITY

CONTRIBUTED BY BAYSIDE SHELTER INC.

A newly registered charity in Wynnum–Manly is working to address the shortage of crisis accommodation for women in the local area.

Bayside Shelter Inc. is working with existing service providers and women who have experienced homelessness to build the area's first dedicated safe shelter for women.

"We know that strong communities take care of all their members," said Carly Ogborne, president of Bayside Shelter Inc. "This shelter is about safety, dignity, and making sure local women aren't left without options."

The group is currently fundraising to support a community engagement process, working alongside those who know the space best to shape the future of Bayside Shelter Inc.

As part of that effort, Bayside Shelter has been selected for Bendigo Bank's Tokens of Change program.

From now until October 31, community members can visit the Community Bank Wynnum Manly and vote for a chosen charity.

The more tokens an organisation receives, the greater their share of a \$10,000 community grant.

Bayside Shelter has also received a start-up grant from the Wynnum Manly Leagues Club, which will help the team develop early infrastructure and outreach materials.

"We're so grateful to our early supporters," said Ms Ogborne. "This is a local project, and every contribution helps us take the next step."

To show your support, visit the bank and place a token for Bayside Shelter, or learn more at bayside-shelter-inc.raiselysite.com.



Bayside Shelter Inc. president Carly Ogborne with Carly Motu (secretary). Photo: Supplied.

CELEBRATE FATHER'S DAY AT THE WYNNUM MANLY JAZZ FESTIVAL!

FROM THE WYNNUM MANLY JAZZ FESTIVAL ORGANISERS

If you're searching for something fun and free to do this Father's Day, pack a rug and a picnic and head down to the Wynnum foreshore for the annual Jazz Festival.

This year's festival will feature a variety of talented jazz musicians performing live, including one of Australia's top jazz bands, *Galapagos Duck*. Also on stage will be the *Andrews Sisters Tribute Band*, *Dezzie D and the StingRays*, *Royal Australian Navy Band*, *Brisbane*, *The Queensland Show Band*, and the *Empire Swing* team.

This free event is suitable for the whole family. Food stalls will be serving up delicious meals, or if you prefer to BYO, pack a picnic (no glass is allowed), and remember to bring chairs.

The 2025 festival is the first to be organised by the Queensland Services Heritage Band Association (QSHBA), which is carrying on the legacy of Gloria "Lady Jazz" Davey. Gloria ran the festival for many years before her passing in late 2024.

Brisbane City Council is the main sponsor of the event, providing a generous donation to ensure the festival's continued success. The festival is still in need of financial support, and thanks to the support of QSHBA, donations of \$2.00 or more are tax-deductible. Donations can be made directly to QSHBA via their bank account (BSB: 064 133, Account number: 1038 8640). Be sure to put your name and email in the reference to get your tax-deductible receipt.

The Wynnum Manly Jazz Festival is on Sunday, 7 September 2025 from 11:00am, at George Clayton Park – known locally as Bandstand Park – on the corner of Gordon Parade and the Esplanade, Manly.





Photos: Supplied.

KARA COOK COMMUNITY UPDATE

FEDERAL MEMBER FOR BONNER



Back from Canberra: My First Fortnight in Parliament

I've returned from my first fortnight in Federal Parliament, and it's been an incredible start.

One of the proudest moments of my life was delivering my **first speech in the House**, where I expressed my deep gratitude to the people of Bonner for placing their trust in me. I also spoke about the values and experiences that led me to put my hand up to represent our community. If you'd like to watch the speech, it's available on the Parliamentary website.

During this first sitting period, I had the opportunity to ask my **first questions in Question Time**, directly to the Prime Minister, focusing on how our Government is delivering for Queenslanders and helping to strengthen the economy.

We've already made progress on key commitments. I'm proud that the first piece of legislation we passed this term delivered:

- A 20% reduction in student HECS debts, and
- A cap on the cost of PBS medicines at \$25 per script, starting 1 January next year.

I'm also honoured to have been appointed:

- Co-Chair of the Parliamentary Group for the Prevention of Violence Against Women and Children – an issue deeply personal to me as a former domestic violence lawyer, and
- A member of both the Joint Standing Committee on Aboriginal and Torres Strait Islander Affairs (JSCATISA) and the House Procedures Committee.

I look forward to keeping you updated on the work of these committees and the contributions I'll be making on behalf of our community in the national conversation.

Thank you once again for your support, I'm proud to represent Bonner.

Mobile Offices

Over September and October, I will be holding multiple mobile offices. If you want to drop in to have a chat with me or have an issue you want to bring to my attention or just want to say hi. Then I would love to see you there

- Westfield Carindale: 9-10am, 10 September
- Manly Creative Markets: 9-10am, 12 October



Bonner Volunteers Grant Recipients

A big congratulations to all the Bonner Volunteers Grant recipients in the Bayside for 2025. This money will help our local community organisations and clubs fund small projects which make a meaningful impact and support our local volunteer run organisations to keep doing great work.

- Bayside BMX Club \$3,000
- Junior Bayside Jets Basketball Club \$3,175
- Community Sports Mentoring and Coaching Ltd \$3,000
- Making Waves Foundation \$2,500
- Manly-Lota RSL Sub-Branch \$3,000
- Moreton Bay Girl Guides \$2,000
- Wynnum Christian Community Church \$5,000
- Wynnum Croquet Club Inc. \$1,000
- Wynnum RSL Auxiliary Sub-Branch \$4,000
- Wynnum Vikings Australian Football & Sporting Club Inc. \$3,000

Keep an eye out on my social media and regular e-newsletter updates for upcoming grant opportunities.

Seniors Month Expo

It's not long to go until my Annual Bonner Senior's Expo being held from 9-12noon on 21 October during Seniors Month at the Waterloo Bay Leisure Centre. This is a great opportunity to hear from local organisations and services about everything that is on offer for our senior's community. From grants and discounts to service providers and events and more. Hope to see you there!





69 Clara Street, Wynnum Qld 4178 kara.cook.mp@aph.gov.au (07) 3893 3488







STEP INTO A BLOOMING WONDERLAND AT THE SPRING ORCHID SHOW

Orchid lovers, curious green thumbs, and anyone chasing a little floral joy, take note: the Eastern District Orchid Society Inc. is bringing back its beloved Spring Orchid Show for the 59th spectacular year, and it's set to be a feast for the senses.

This vibrant annual showcase welcomes visitors into a world of orchids in every imaginable shape, size, and colour. With expert growers on hand to offer tips, answer questions, and even demonstrate how to pot your new plant properly,



it's not just a pretty exhibition – it's a place to be inspired and get your hands dirty (without the mess!).

Whether you have a sprawling garden or a sunny apartment balcony, orchids offer endless possibilities. They're ideal for small-space living, and growing them is often easier than people think. Guests can explore a wide variety of low-maintenance orchid genera, perfect for beginners, and even find options for planting directly on trees.

Don't miss the buzzing plant sales area, stocked with flowering species and hybrids. Plus, Brisbane Orchid Supplies will be on-site with everything from potting mix to pest control, making it easy to get growing right away.



Photos: Supplied.

EVENT DETAILS

Belmont Shooting Complex, 1485 Old Cleveland Road, Belmont, QLD

Saturday 13 September 2025, 8:30am to 4:00pm

Sunday 14 September 2025, 8:30am to 2:00pm

Admission: \$4 adults | Free for children under 14

Wheelchair accessible with ample parking and bus-friendly access

For more information, visit www.edos.org.au.

NATURALLY WONDERFUL ... WITH RANGER STACEY

RANGER STACEY THOMSON IS PRINCIPAL ADVISER - COMMUNITY EDUCATION (REDLAND CITY COUNCIL)

Spring has sprung! This is the season when Mother Nature embraces the warmer weather and longer daylight hours. For many native species, spring sparks courtship and mating behaviours across a range of wild habitats, both terrestrial and aquatic.

On land and in trees, birds are creating cosy nests and marsupials like koalas are busy attracting a mate in preparation for the arrival of tiny offspring.

Redlands Coast is the gateway to magnificent Moreton Bay – pure paradise – and permanent home to schools of fish, pods of dolphins, herds of dugong, and turtles (which are mostly solitary).

At this time of year, the ocean beyond our naturally wonderful coastline transforms into Humpback Highway.

If you haven't watched whales frolicking off our coast this year, let me remind you, there's still time!

Magnificent southern humpback whales are currently cruising past, on their annual migration up and down Australia's east coast. From

June until around November, an estimated 40,000 whales will make the mammoth journey all the way from their feeding grounds in Antarctica to Queensland...and back again.

The Great Barrier Reef is the ultimate destination for breeding and calving, its warm tropical waters providing shelter for the whales. Mothers make the long journey back to where they were once born, to welcome a single calf.

Right on our doorstep, you'll find the ideal vantage point to watch whales breach, tail slap, and spyhop ... North Stradbroke Island, aka Straddie, aka Minjerribah.

High above the vivid blue ocean, Point Lookout is the perfect place on dry land to spot this natural phenomenon – forget about any risk of getting seasick!

Humpback whales are humongous, yet graceful. I'm constantly in awe of their aquatic acrobatics, tail flukes so unique that researchers use them to identify individuals, innate sense of navigation, as well as the use of complex underwater songs to communicate over long distances.



Photo: Supplied.

Aren't we lucky to be able to enjoy one of the best land-based whale watching locations in the country? If you're yet to experience this natural wonder, go for it... and if you've done it before, do it again. It's always a giant thrill!

Until next time ... Stay Wild!



JOAN PEASE'S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON





REGISTER TO DONATE LIFE

I'm a registered organ donor. Since the Donate Life national program first began in 2009, 19,469 people have received lifesaving transplants from 6,944 deceased organ donors.

One of those recipients was adorable Harry (pictured) from Wynnum West. He had world-leading heart surgery at just 12 days old. A life-threatening condition was turned into a straightforward and successful procedure thanks to donated tissue.

Did you know one donor can save up to 7 lives. Register today and you can help save a life, just like Harry's! Simply go to donatelife.gov.au.



LEAGUES CLUB SUPPORTING OUR COMMUNITY

A heartfelt thanks to the Wynnum Manly Leagues Club for supporting our vibrant Bayside community through their 2025 Community Grants Program. Some 20 local schools, clubs, and service organisations were awarded a total of \$68,570 last month recognising their incredible contribution to our region.

These grants are more than funding – they're an investment in connection, opportunity, and brighter futures. Congratulations to all the community grants recipients. The Wynnum Manly Leagues Club continues to make a significant contribution to our local community, with donations totalling approximately \$21 million over the years.



VEHICLE REGO RISE IN SEPTEMBER

From September 2025, Queensland vehicle registration fees will increase by 24 per cent as part of changes announced in the State Budget. This means that most Queenslanders will notice a significant jump in their next registration renewal. For the average car owner, the increase is expected to add approximately \$88 to the cost of annual registration.

This change comes as the current registration discount, which was previously introduced as a cost-of-living measure, comes to an end. Motorists are encouraged to check the Department of Transport and Main Roads website for updated pricing and renewal dates.



WYNNUM MANLY JAZZ FESTIVAL

This Father's Day, treat your dad to a toe-tapping day out at the Wynnum Manly Jazz Festival on Sunday 7 September at George Clayton Park in Wynnum. The free one-day festival promises to be a memorable day for the family. Enjoy world-class jazz performers, delicious food stalls, kids' activities and a relaxed Bayside atmosphere perfect for families. Headline acts this year include Dezzie D and the Stigrayz, Galapagos Duck, and the Royal Australian Nazy Band. Bring a picnic rug, sit back by the water, and let the music set the mood for a memorable Father's Day in our community.



CELEBRATING ONE YEAR OF 50 CENT FARES

It's now been one year since Labor's 50-cent fares rolled out across Queensland's public transport – a game-changing cost-of-living measure that's saved Queenslanders millions on public transport. It's made travel more affordable, reduced congestion, and helped families keep more savings in their pockets.

But the LNP Government still refuses to legislate this initiative to make it permanent. Labor introduced this measure to ease pressure on everyday Queenslanders – and we'll keep fighting to lock in affordable transport for the long term.



APPLY FOR A \$200 SPORTS VOUCHER

Great news for local families! Labor's much-loved FairPlay vouchers are continuing as rebranded Play On! vouchers, supporting kids to stay active and involved in community sport. The FairPlay initiative saw an extraordinary take-up, with over 240,000 vouchers issued to families keen to get their kids involved in organised sport and active

Eligible families can apply NOW for a \$200 'Play On' voucher per child aged 5-17 to help cover registration costs for local clubs and activities. Go to www.qld.gov.au/playon.

Joan**Pease MP**

State Member for Lytton

Authorised by Joan Pease 100 Edith Street Wynnum



PO Box 719, Wynnum QLD 4178



(07) 3915 1100



JoanForLytton





www.joanpease.com

MHVCOC TRADER NETWORKING EVENING AT FREEDOM BOAT CLUB

BY CATH COOK, PRECINCT COORDINATOR, MANLY HARBOUR VILLAGE

The Manly Harbour Village Chamber of Commerce recently hosted a wonderful Trader Networking Evening at Freedom Boat Club Brisbane. Guests were warmly welcomed by Club owner Brett Bolton and his friendly team, who provided delicious finger food, refreshing drinks, and exceptional hospitality.

As the sun set over Manly Harbour, members and newcomers mingled under the stars, reconnecting with familiar faces and making valuable new connections. The relaxed waterfront setting provided the perfect backdrop for conversations, collaboration, and the strengthening of our vibrant business community.

For those not familiar, Freedom Boat Club Brisbane offers a unique way to enjoy the beautiful waters of Moreton Bay. From first-timers to experienced boaters, Freedom Boat Club allows you to enjoy the boating lifestyle without the hassle. You simply walk on, walk off, and they take care of the rest. Don't let your lack of experience hold you back; hands-on training is available from the team until you find your sea legs.

We look forward to seeing everyone at our next networking event!



Photography by Steven Krige Photography.













DATE CLAIMERS



5 SEPTEMBER – Business Breakfast (*The Manly Hotel*)

6 SEPTEMBER – Movies in the Park (*The War with Grandpa*)

4 OCTOBER – Movies in the Park (TBC)

21 OCTOBER – AGM & Trader Networking Evening (Royal Queensland Yacht Squadron)





6 AND 20 SEPTEMBER – Jan Powers Farmers Market

EVERY SUNDAY – Manly Creative Markets

For more information on upcoming events, be sure to follow Manly Harbour Village on social media, subscribe to our newsletter at manlyharbourvillage.com or email us at promotions@manlyharbourvillage.com.

LET WATTLE SHINE IN 2032: LOCAL PUSH TO BLOOM IN TIME FOR OLYMPICS

You can put it in a bottle, you can hold it in your hand. Thus goes the Monty Python's Flying Circus doggerel about a blossom known and loved by Australians – and perhaps no one loves it more than Mike Gilmour. Mike, president of the Queensland Wattle Association, is on a crusade to raise awareness of the wattle plant and encourage more local wattles to be planted in time to blossom for the 2032 Olympic Games.

"There are over a thousand species of wattle in Australia; varieties are found in every state and territory and in a really wide range of environments. It's said that there's a wattle tree blooming somewhere in Australia every month of the year," he says.

"The first wattle celebration was held in 1838 in Hobart; the story has it that people who turned up wearing a sprig of wattle were given a free beer and sandwich!"

Mike says that wattle's rise to floral authority was gradual.

"Wattle was included in our coat of arms in 1913, but it wasn't until Bob Hawke's prime ministership that Golden Wattle was declared Australia's national floral emblem. Green and gold were declared Australia's national colours, and National Wattle Day was established under Paul Keating's stewardship."

Indigenous Australians used wattle for food, tools, weapons, handles and medicine; seeds were roasted and eaten, or ground to make flour for baking, sap could be eaten, made into a drink or be used as a glue. White settlers were quick to appreciate the home-building potential of wattle-and-daub.

Wattles are quick to establish and spread, often unwelcome on farms because they encroach on cropland, but they're welcomed by native birds, insects, and mammalian insectivores for the food and shelter they provide.

"One thing we don't have here is a passion for our floral emblem," Mike says. "Wo're hoping that the councils and communities in South East Queensland will plant the local wattle varieties – Golden, Silver, Zigzag and Eprapah – so that they'll all be in blossom in time for the 2032 Olympics."



Mike Gilmour, president of the Queensland Wattle Association. Photo: Supplied.



LOCAL GARDENING WITH KAT

WHY SO BLUE?

BY KAT PEARSON, GIRL IN THE GREEN

Surely everyone has heard of superfood turmeric by now. It's the latest latte, capsule, powder, anti-inflammatory paste (with the added benefit of providing skin tone vibes that would fit a Simpson character), and, of course, curry ingredient. Curcuma longa comes in a variety of shades from yellow to orange and is eaten all over the world for its colour, flavour, and health benefits. But have you heard of black turmeric?

Black turmeric is a close relative of our common edible turmeric and (despite what the name suggests) is BRIGHT BLUE! The scientific name is Curcuma caesia. Caesia means bluish-grey, so I'm not really sure how black came into it, but regardless, the colour is outstanding. It grows in similar conditions to common turmeric, preferring warm, sheltered, part-shade locations in rich, moist soils. The long and broad, lance-shaped leaves have a very ornamental dark pink/purple stripe down the mid-rib (centre), and the flowers, or rather bracts, are a bit like a pinecone that is pinkish white with darker tips. The real flowers that peak out of each 'pinecone hole' are yellow, but they're a little bit insignificant.

Although the rhizome is technically edible, it is primarily used medicinally and has a very bitter taste. As a plant, black turmeric is an extremely lush ornamental plant that would make itself at home in a tropical garden. Be warned, though, it completely dies back over winter. This is when you can harvest the rhizome to use or split and spread around the garden (or simply marvel at the not-quite-natural-seeming colour!). When the weather finally warms up (I'm sure we're all ready for that now), the leaves appear first, sometimes hiding the flowers that come a little later, so keep an eye out. As a cut flower, they last well in a vase, and you aren't harming the plant by cutting them, so bring them inside where you can see them better!





Photos: Kat Pearson

On a side note, if you really love the flowers, why not try Cape York Lily (Curcuma australasica)? It's a native turmeric that sends its flowers up first and makes for a wonderful sub-tropical substitute for that spring-bulb impact.



Professional Aged Care & NDIS Services

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BRING OUT YOUR COLLECTABLES – DON'T BOTTLE THEM UP!

What is there about old bottles that is so fascinating? You can find out at the Antique Bottle and Collectables Association's annual fair in September.

"For many collectors, it's the history that they carry, particularly of a specific area," says Yvonne Taylor, secretary of the association. "Our members have bottles that are up to three hundred years old — oil, pickles, alcohol, and medicine bottles. Some of the colours in the glass are incredible.

"Pottery bottles are most likely to be old ginger beer bottles — one of them sold recently for 36,000. They're very sought after, especially if they have a good imprint on them — or a thumbprint that will identify them as convict-made."

Yvonne, an ardent collector, has a collection of cemetery vases — floral-designed vases made to hold flowers on a grave. The floral decoration guaranteed that there would always be 'flowers' there, even when the real ones died.

In addition to the opportunity to buy and sell, the fair features an exhibition that's a judged competition for entries in any of the 87 different categories. For those who have a treasure of unknown value, there will be a valuer at the fair, as well as experts in specific types to help with classifications.

The term 'collectables' encompasses a wide range of articles, varying in age and provenance, including everything from pie funnels to money boxes, Avon figurines, shaving and smoking accessories, early plastic items, postage stamps, pot lids, and railway memorabilia, as well as model and real items. 'Garagenalia' refers to collectables related to motoring; enamel signs, petrol pumps, oil bottles, advertising and promotional material, and 'Kitchenalia' embraces appliances that many of us remember from our grandmother's kitchen.

"We have expanded our category list to include 'retro' because that's a category on its own now," says Yvonne. "There's also a fantasy/sci-fi category — Star Wars is in! — and one for promotional toys and collectables."

So if you still have that boxful of wind-up toys that came with the kiddies' hamburgers, dig them out – you may have an unexpected nest eqq!

The Antique Bottle & Collectables Fair will be held on Saturday, 27 September 2025, from 9:00am to 2:00pm at Cleveland State School, corner of Queen and Wynyard Streets, Cleveland. For more information, call 0411 124 722.





Photo: Supplied.



WHY DO I HAVE SKIN?

BY DR ROGER DOWN, MBBS, FRCS, FRACS, MD (LOND)

Skin care is at the epicentre of beauty all over the world. But why? Skin is the first thing we all see, making each of us so special and unique.

Many myths about skin have evolved in our culture, including:

- · The sun is bad for your skin;
- · All skin cancers are due to UV and sun exposure;
- Skin cancers only occur when you are old.

Yes, we need to care about our skin as much as we do our diet. Without our skin, we would not survive.

The skin has several major functions:

- It 'wraps us in' to prevent water loss; after all, we are 85 per cent water!
- It is the major controller to keep our body temperature between 36.5 and 37 degrees Celsius.
- It is the major source of Vitamin D with sun exposure.
- It is covered with friendly symbiotic bacteria to protect us from disease no need for antiseptics/ sanitisers, which would kill the good bugs and leave us vulnerable to attack.
- It produces natural moisturisers to keep itself healthy.
- When skin is penetrated (as occurs with a wound), it rapidly heals itself to become impervious to external bugs within two to four hours.





So, let's look after our skin. It's simple; here are a few tips:

- Only wash with soap and water occasionally, not antiseptics or sanitisers.
- Get regular intermittent, short doses of sunshine.
- If injured, only use a dressing that breathes for the first day. Occlusive dressings trap sweating and encourage infection.

Dr Roger Down's Manly Skin Clinic is located at 128 Boswell Terrace, Manly.



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Why Hire A Handyman?

CONTRIBUTED BY ONE CALL HANDYMAN

From fixing small annoyances to tackling larger maintenance jobs, a handyman can be an invaluable resource for homeowners. With expertise across multiple trades – carpentry, plastering, painting, and more – they bring efficiency, reliability, and the ability to handle a wide range of tasks in one go. Instead of juggling multiple specialists, you get one skilled professional who can take care of it all, saving you time, stress, and often money. Next time your to-do list starts growing, consider calling a handyman – you'll be glad you did.

Time-Saving Convenience

Most homeowners lead busy lives. Tackling repairs after work or on weekends can be stressful and time-consuming. Hiring a handyman frees up your time so you can focus on more important things – like family, work, or simply relaxing. What might take you hours can often be done professionally and efficiently in a fraction of the time.

Professional Results

While DIY repairs can sometimes do the trick, they often lack the polish and durability of professional work. Handymen have the experience, tools, and know-how to complete jobs correctly the first time. This not only ensures safety and functionality but can also boost your home's value and curb appeal.

Cost-Effective Solution

Hiring individual tradesmen for each small job can get expensive fast. A plasterer for a patch repair, a carpenter for a fence repair? The costs add up. A handyman can often handle all of these tasks in a single visit, which means fewer service calls and less money out of your pocket.



Peace of Mind

Perhaps the biggest benefit of hiring a handyman is peace of mind. Knowing that your home is being cared for by a skilled professional reduces stress and ensures your home stays in great shape year-round.











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LOCAL FAMILIES ARE POWERING AHEAD WITH THE BATTERY REBATE

FROM GOODHEW ELECTRICAL & SOLAR

As energy prices rise and time-of-use tariffs roll out across the Bayside, more locals are turning to home battery storage. The Australian Government's Cheaper Home Battery Rebate is making it easier than ever to invest in the latest energy storage technology.

At Goodhew Electrical & Solar, we've seen a surge of interest in two standout brands — SAJ and Sungrow. Both manufacturers have developed some of the most reliable battery systems available on the market. These systems allow families to store excess solar energy generated during the day and use it when it matters most — at night or during peak demand periods. For many of our customers, the financial and lifestyle benefits are remarkable.

It is important to realise that not all batteries are created equal. We have seen a number of low-budget, low-quality batteries installed by others across the Bayside under the rebate scheme. Some have already failed and the customers are unable to make contact with the original installer, so they have reached out to us. Choosing a proven brand is critical for long-term peace of mind, and equally important is the company that installs it. A local, reputable installer understands not only the products but also the unique requirements of a Bayside household. At Goodhew, our decades of experience mean every installation is designed for maximum efficiency, safety, and future expansion.

The results speak for themselves. One of our recent customers, who invested in a 40kWh Sungrow battery system, is already seeing significant returns by participating in wholesale energy trading. In their words: "Our battery has completely changed how we think about electricity. We're not just saving money — we're actually earning credits by selling power back to the grid at night. It's good to know we're ahead of the curve and in control of our future."

This is the future of clean, smart energy. The Cheaper Home Battery Rebate won't last forever, so now is the time for households to act. By investing in a quality battery system, installed by a trusted local company, families can protect themselves from rising bills, embrace sustainability, and even create new income streams.

As the Bayside's multi-award-winning solar and battery experts, we've been helping homes and businesses reduce their energy costs for over 18 years. Our team of licenced electricians delivers systems designed for performance, safety, and long-term savings. We don't just sell you a battery — we guide you through the entire process, from designing a tailored solution to applying the rebate and commissioning your system with full monitoring and support.



Photo: Supplied.

This is your moment to power up and push back against rising energy bills. If you've been thinking about adding a battery or upgrading your existing solar system, don't wait. Contact our team today on (07) 3286 1422 or visit www.goodhewsolar.com.au.



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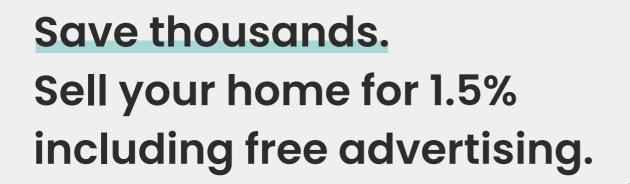


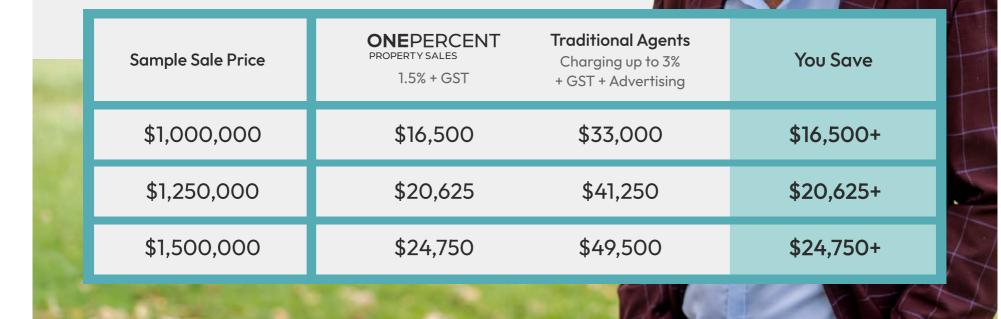












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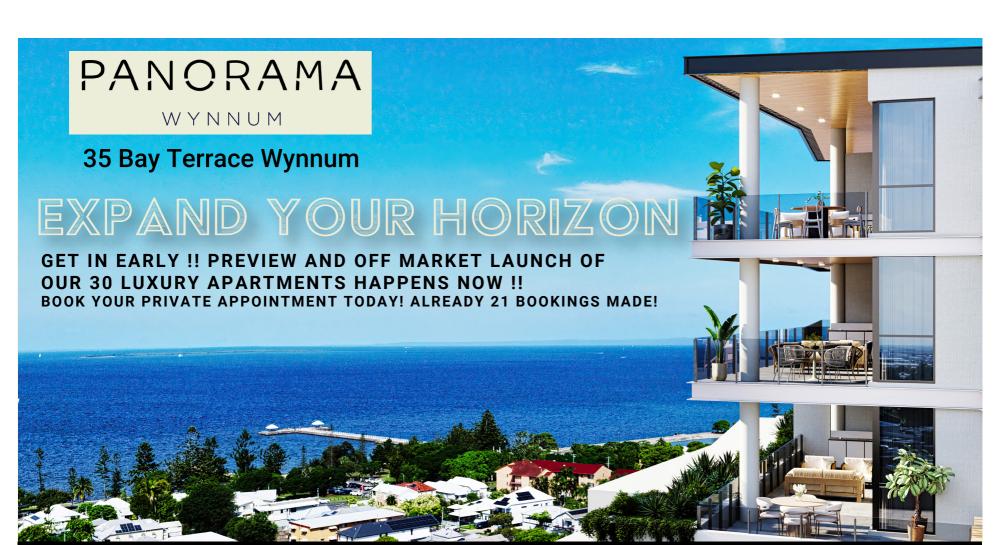
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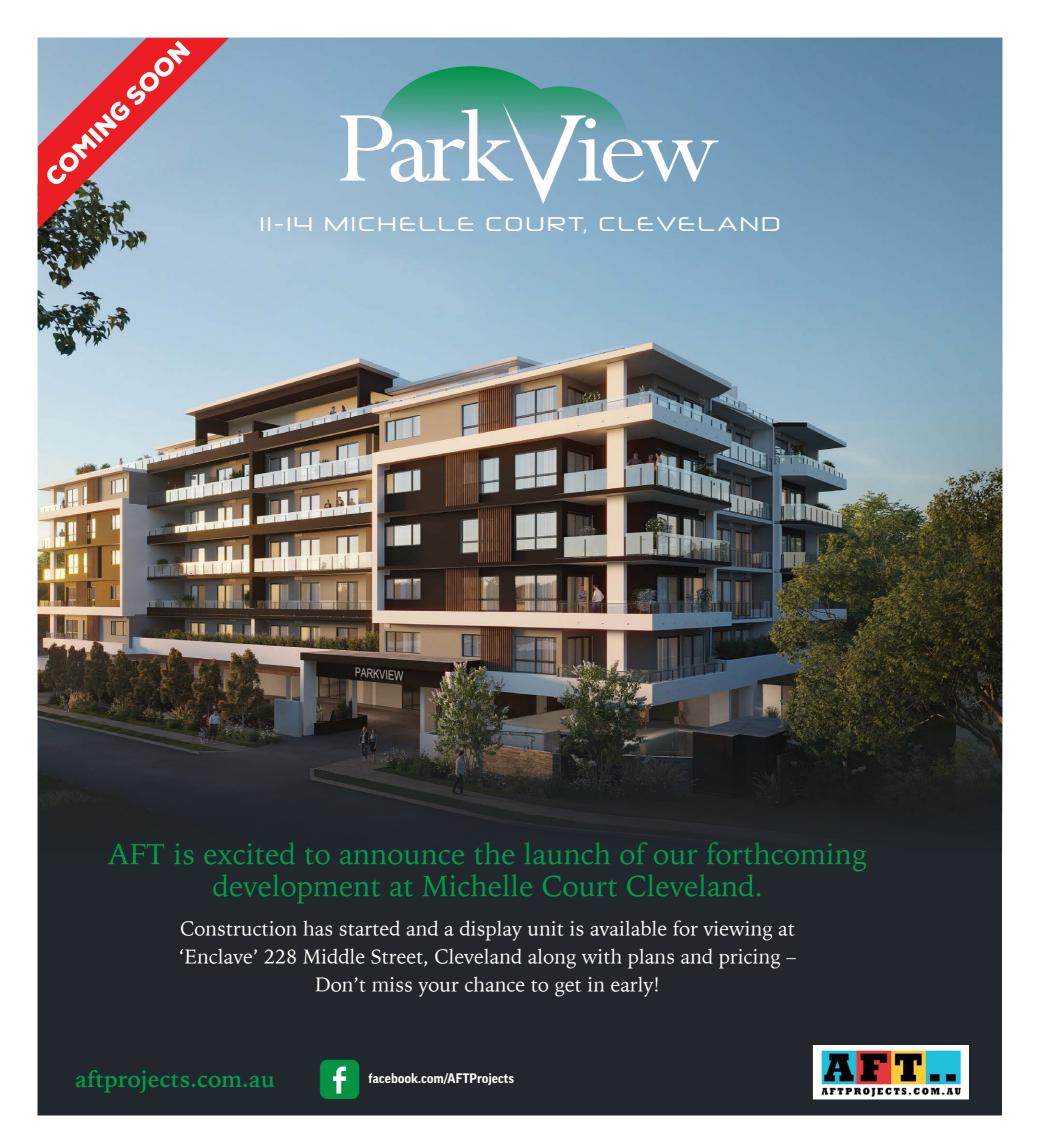
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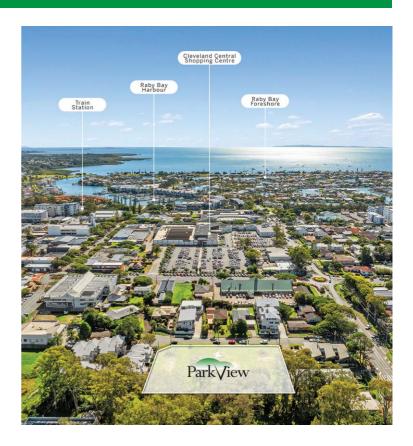
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As well as expanding Redlands Hospital, here are some of the ways the new Queensland Government is delivering for Redlands:

- → Delivering more CCTV and anti-theft measures in hotspots
- → Upgrading sports clubs
- → Fixing the Valley Way Mount Cotton Road intersection
- Opening a Marine Centre of Excellence for the Southern Moreton Bay Islands

- → Upgrading schools in Ormiston, Birkdale South, and Thornlands
- → Delivering a new Redland Whitewater Centre for 2032 and beyond
- → Delivering a world-class wildlife hospital in Capalaba with the RSPCA.

Find out what else we're delivering for you.

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ST HELENA'S 50TH: BAY'S FAVOURITE RACE CELEBRATES GOLDEN YEAR

The St Helena Cup turns 50 in 2025, and Wynnum Manly Yacht Club is gearing up for a golden anniversary to remember. Moreton Bay's largest fleet race will take over the bay on 11–12 October, drawing boats, spectators, and plenty of salty good cheer for a two-day regatta like no other.



What sets the Cup apart is its team format – boats race in groups of three, with each team vying for the lowest combined score across the weekend. In 2024, more than 80 boats filled the bay, dwarfing the 29 entries in that year's Brisbane to Gladstone race. It's a testament to the Cup's grassroots appeal and strong sailing community support.

But there's history here, too. The St Helena Cup began in 1976 thanks to club legends Stan Davey, Mick Patterson, and Rod Florence, who dreamed of a race to rival Bribie and Myora. The trophy they chose carries its own legacy: a sterling silver cup crafted in England in 1890 and first awarded for a rifle shooting competition on St Helena Island. It was won by Mick's grandfather, Edwin Cloherty, and passed through generations before Mick gifted it to the club.

Last year's 49th regatta featured three competitive divisions and shifting weather conditions. Day one was light and breezy; day two brought heavy southerlies that forced 20 retirements. But spirits stayed high, especially with *Mohokoi* offering brilliant on-water views and *Malagari* anchoring the start line. On shore, hungry sailors were spoiled for choice with local favourites like Hudson Brewing, Decadent Donuts, Captain's Parrot Café, and more.

The 2024 winners were *Team George Swazinga*, comprising *Georgia 2, Swallow*, and *Bazinga* – cheers to skippers Andrew Knights, Richard Dagwell, and Christine Mah for a stellar effort.

With history, heart, and a whole lot of hulls, the St Helena Cup's 50th year promises to be bigger than ever. Whether you sail, support, or simply soak it all in from the shore, this is a weekend not to miss.



Photo: Supplied.

Home Delivering More Good News to More People



The Community Leader is a monthly publication, home delivered to parts of Wynnum, Wynnum West, Manly, Lota, and parts of Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point. Maps are subject to change and availability of walkers, however the total number of copies delivered remains constant.

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LOCAL PICK UP POINTS

Various shopping centres, cafes, clubs and local businesses.



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- · Community editorial 10th of September or earlier
- Advertising cut off 14th to the 19th of September
- Distribution from 6th of October
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising contact 0421 786 302 or sales@market2market.com.au

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LOCAL HISTORY: A STAR COMES HOME

FROM JILL GREENHILL, WYNNUM MANLY HISTORICAL SOCIETY INC.

Three stars were perched on the front façade of the Star Theatre, which once stood in Florence Street, Wynnum. Recently, Glenda McConnell of Redland Bay offered one of those stars to the Wynnum Manly Historical Society. Her father had retrieved the star from the site whilst assisting with the cleanup after the devastating fire in 1959.

Wynnum Manly Ward councillor Alex Givney is able to store the relic at her office until a suitable mounting is available in the small Wynnum Central Park, opposite the former site of the Theatre. Presently, the Coles Wynnum store sits on the site where the Star Theatre was located.

On August 5, 1915, the first day in the life of the Star Theatre, an open-air theatre was opened by William Baker and five others. William Baker provided most of the money. Early theatres were

open to the stars, with walls made of galvanized sheeting. Later, the building was enclosed. The floor was composed of chip bark, and chairs were made of canvas. The theatre held 1500 people. The films were silent.

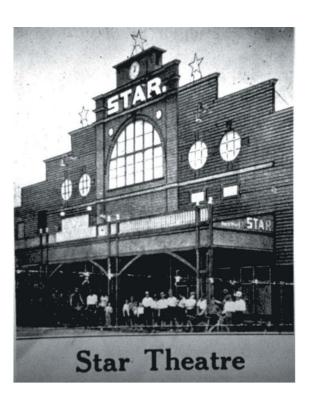
The first proprietor/manager was Bert Mouland, who married William Baker's daughter, Miss Ida Baker, and their reception was held at the theatre. Bert sold out to Mr Brandon, who sold the theatre to Sam Greene in 1924, when silent movies were becoming talking movies.

Sam replaced the chip bark floor with a wooden one. A crying room was provided for the babies, baby cradles were built between some of the seats, and headphones were installed with volume controls for those hard of hearing. Teddy bears were given away to the young children.



"Look at this!" Member Duncan Morrison with the star. Photos: Supplied.

You can view the star in the Wynnum Manly Historical Society Resource Room at Room 1.08, 105 Florence Street, Wynnum.



FINANCIAL SUPPORT EVERY TUESDAY AT YMCA WYNNUM HUB

As the cost of living continues to climb, many locals are feeling the pinch – and seeking trustworthy financial advice has never been more important.

The YMCA Wynnum Community Hub is extending a helping hand to locals navigating financial stress. Every Tuesday, Karen from Good Shepherd Financial Resilience is on-site at the YMCA Wynnum Community Centre, offering free and confidential financial consultations.

Karen's expertise spans a range of support services, from help with electricity bills and Telstra assistance to guidance on accessing No Interest Loans (NILs) and other financial aid options. Whether someone's facing unexpected expenses or simply wants to disaster-proof their finances, Karen provides practical, judgment-free advice tailored to individual needs.

With approachable support and easy access, the YMCA Wynnum Hub is making financial wellbeing more achievable for everyone.

The YMCA Wynnum Community Hub is located at Room 1.07, 105 Florence Street, Wynnum.

Walk-ins are welcome on Tuesdays, or appointments can be booked by calling 3555 6565.





FOR FATHER'S DAY

BY GEOFF SMILEY

We sit watching with him as the cancer overwhelms. My wife giving care, I am remembering the years

when Max was father figure caring for me. And had made me feel safe through childhood.

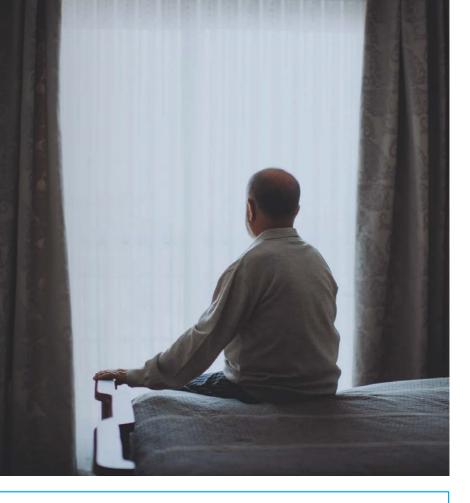
Now he lies defenseless. The 70-year-old who during the war was a young man in that photo wearing his flight cap at the rakish angle the carefree way, of young men in 1939.

In maturity he became careful from responsibility and the war.
In childhood I too was careful, from past losses.

Max died two days before my mother's sudden passing. His was the loss I most felt at a time so confusing. I was left with a longing to know the carefree young man in the photo, with his 1930's mustache and blue air force cap.

Before we were both changed.

© Geoff Smiley.



Latest news from the Port of Brisbane September 2025





Trade

It was another strong year of trade in 2024/25. The Port handled 35.2million tonnes of trade, a 9% increase on 2023/24, and a record 1.62 million TEU (twenty-foot equivalent containers). These trade outcomes were underpinned by continued population growth in south east Queensland and good agricultural growing conditions.

Bulk grain exports (including wheat, sorghum, rice, barley, and chickpeas) performed strongly with volumes increasing to nearly 2 million tonnes, while refrigerated meat increased 15% to a record 75,500 TEU.

Community

Congratulations to our 2025/26 Community Grant recipients! This year, 12 organisations from the Bayside to regional Queensland will share in \$100,000 funding.

Our team raised a record \$53,000 for our 2024/25 Employee Charity, MND and Me Foundation, through fundraising initiatives including Containers for Change, scrap metal recycling, chocolate sales and employee giving programs. PBPL dollar matched all funds raised.

We welcomed over 200 visitors to the Port Office as part of Brisbane Open House in July, with the community also visiting Patrick Terminals and Svitzer to get a 'behind the scenes' look at their operations.

Environment

Saltmarsh rehabilitation plays a vital role in protecting coastal biodiversity, improving water quality, and supporting fisheries productivity.

Over the last decade, our Environment Team has worked with partners including B4C and Healthy Land & Water to steadily restore an area of saltmarsh habitat near the Brisbane International Cruise Terminal that was highly degraded due to erosion and unauthorised access.

Their efforts have led to a 6,798 sqm expansion of saltmarsh, 1,537 sqm of new mangroves, and healthier vegetation across the site, with further rehabilitation underway at areas at Fort Lytton and Whyte Island.

For more information about the Port of Brisbane, visit www.portbris.com.au or email info@portbris.com.au.

The Port of Brisbane's proposed 25-year Channel Enhancement Project aims to improve efficiency, reduce vessel emissions and ensure the shipping channel caters for the future needs of the global shipping market.

In preparation for the project's environmental impact statement, the Port of Brisbane has been undertaking technical work to optimise the project design and meeting and engaging with key stakeholders including Traditional Owners. This early stakeholder engagement and consultation has provided valuable insights to inform the upcoming studies which will be required for the project.

Port fast facts

In 2024/25:

- A record **1.62 million TEUs** handled through the Port
- 5,473 commercial vessel movements
- 154 cruise ship calls at the Brisbane International Cruise Terminal

Brisbane International Cruise Terminal Address:

1 Cruise Terminal Drive, Pinkenba

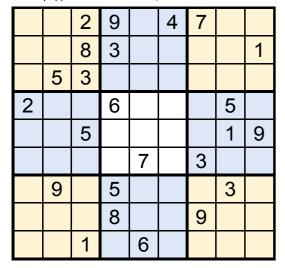
Information and directions: www.portbris.com.au/cruise

Car parking: www.wilsonparking.com.au

Cruise requirements/itinerary information: contact your cruise line.

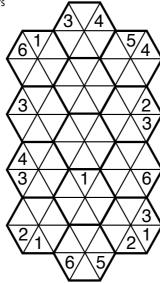
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

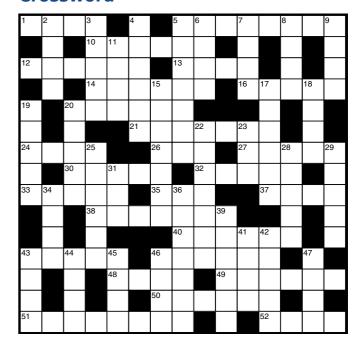


Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



Crossword

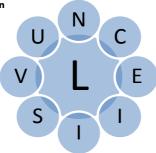


Focus

An All Australian **Word Game**

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- st No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S Good: 10 words **FOCUS** Very good: 15 words Excellent: 27 words



Reference: Macquarie Concise Dictionary Focus No. 3897

- 1 Speaker's platform
- 5 Painstaking
- 10 Appropriate
- 12 Movement 13 Citrus fruit
- 14 Pokes gently
- 16 Smelting waste
- 20 Laboratory vessel
- 21 Marijuana cigarettes 24 Worshipped image
- 26 Compass point (init)
- 27 Take unjustly
- 30 Drink to 32 Overalls material
- 33 Melody
- 35 First woman (Bib)
- 37 Qualified 38 Offers
- 40 Talk much about little
- 43 Concretion of nacre

- 46 Befitting a son or daughter
- 48 Flightless birds 49 Peruvian animals
- 50 Make more malleable 51 Unlucky number
- 52 Low sand hill

DOWN

- 3 Backbone 4 Large vulture
- 5 Crosses out
- 6 Flower
- 7 Decorated a cake 8 Reflected sound
- 9 Accordingly
- 11 Disorderly defeat 15 Welcomed
- 17 Country 18 Cicatrice

23 Cricket score 25 Tarry 28 Reddish brown

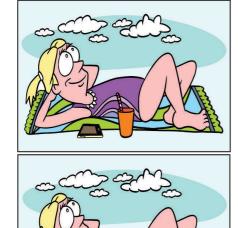
19 Distinct style

20 Disturbances

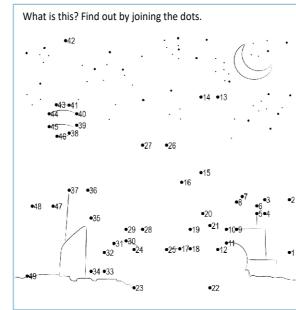
22 Relating to a league

- pigment 29 Looks slyly
- 31 Top airman
- **34** Encourage
- 36 Deer's meat
- **39** Tall supports
- 41 Story
- **42** Large antelope **43** Agreement
- 44 Prefix against
- 45 Fasting period
- 46 Electrical item 47 Daybreak

Spot the 5 Differences



Join the Dots



Solutions



lens lice lien lieu line live liven lune nuclei slice sluice snivel sulci uncivil uncle unveil veil vile FOCUS: ceil civil clevis cline clue evil INCLUSIVE isle lenis

Drink flipped, Missing foot, Towel colours reversed. SPOT THE 5 DIFFERENCES: Pony tail moved, Phone mov

9 7 7 8 1 2 8 6



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SAILS AT BAYSIDE CHARTS A COURSE TOWARD GREATER INCLUSION

FROM THE PORT OF BRISBANE

Local not-for-profit SAILS at Bayside is charting a course toward greater inclusion, thanks to a funding boost through the Port of Brisbane's Community Grants Program.

The organisation, one of 12 recipients in the Port's annual \$100,000 grant funding program, runs sailing and kayaking activities for groups working with at-risk youth, disadvantaged members of the community, and the general public.

The programs offer more than just time on the water — they provide connection, confidence, and a sense of belonging for young people in the Bayside region.

With the new funding, SAILS at Bayside hopes to welcome even more participants aboard.

SAILS at Bayside president lan Carr said the funding will help cover event-specific costs for groups working with at-risk youth and disadvantaged

members of the community, and help fund more volunteer training to enable SAILS to make their activities accessible, safe and engaging.

"For many of the young people we work with, it's their first time experiencing the freedom and joy of being out on the water. It's a powerful way to build trust, resilience and life skills."

Port of Brisbane Community Relations Manager, Edward Harwood, said the Port was proud to get behind initiatives that make a real difference in the Bayside community.

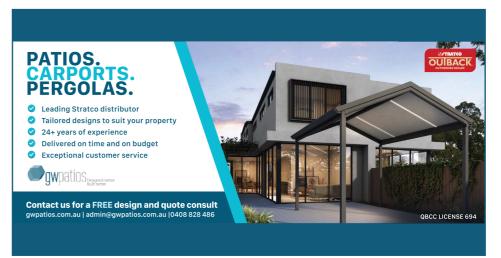
"We're proud to be part of the vibrant and diverse Bayside community. Supporting organisations like SAILS at Bayside that strengthen community connections is exactly what our grants program is all about."



Pictured: Ross Hodson (SAILS at Bayside), with Ed Harwood (Port of Brisbane) with Peter Downie (SAILS at Bayside). Photo: Supplied.







LOCAL FISHING WITH SPERO

SEPTEMBER IS THE HEIGHT OF WHALE SEASON ON MORETON BAY

BY SPERO KARTANOS

I know this is a fishing column, but when the whales are in, and when you see the size of them as they go past your boat and you realise that the calf is as big as your little karavaki (small boat), it's pretty amazing! Seeing Mum being so protective is one of the best sights in the bay this time of year, and how lucky are we to see them just east of Green Island, Wellington Point, and around Peel Island? Looking at my past records, the next four weeks are when some whales will come in to rest in the bay before their long journey to the South Pole. So, if you get the chance during the school holidays, it's worth a look around the bay to see these magnificent mammals. To be honest, I love fishing, but seeing the whales so close in takes your breath away.

Fishing-wise, the school mackerel season should be on in earnest with fish all through the bay from close in at the last leads to harbour entrance through to King and Green Islands, all the way to Ormiston, and east to the Naval and Hope Banks. So, there's no excuse for not getting a good feed! Water Tower Bait and Tackle

The whiting will be going strong in the Small Boat Channel, Rous, and the Sand Hills time of year, and there will be plenty of snapper and squire in the bay to keep us all happy. Try the shallows around the Bay Islands and artificial reefs. As for cuttlefish, the season has not been the best, and the same applies to arrow squid – very hit and miss. The last few weeks have seen the tiger squid in good supply around Green Island and Wellington Point.

Remember the laws regarding whales and dolphins in the bay. Keep a safe distance from them and don't approach them – just admire their beauty and grace.

Till next month, good fishing and whale watching.







Photos: Spero Kartanos.



HOLIDAY BOATIES URGED TO TAKE THE HELM ON LIFEJACKETS AND SPEEDING

Maritime Safety Queensland (MSQ) is urging Queensland boaties to turn the tide these school holidays, after a worrying number of skippers were found flouting the rules on speeding and lifejacket requirements over Easter.

During the Easter break, more than one in three boats intercepted by MSQ's compliance officers were caught speeding, while one in four weren't complying with lifejacket laws, despite new lifejacket rules having been in effect since 1 December 2024.

Despite the cooler weather, thousands of Queensland families are expected to be out on the water over the school holidays, and MSQ is reminding skippers that there is a clear need for them to do better to ensure family fun does not turn into tragedy.

MSQ's data has consistently shown that most boating fatalities involve boaties who drown, or are never seen again, after falling overboard while not wearing lifejackets.

Over the five years between 2019/20 and 2023/24, 64 people drowned in boating accidents in Queensland. Only five were known to have been wearing lifejackets.

Following extensive consultation, MSQ introduced new laws from 1 December 2024 requiring that lifejackets be worn by all skippers and passengers operating vessels in certain high-risk situations.

Boaties were given a six-month period of adjustment to understand and comply with the new requirements before Maritime Safety Queensland began enforcing them from 1 July. Fines for noncompliance with lifejacket rules start at \$333

MSQ is also reminding skippers that speeding is always dangerous, but is especially so during holiday seasons, when many more boaties are out on the water and waterways become congested.

Speeding reduces a skipper's ability to respond and adjust to developing or unexpected situations on the water and increases the chances of a marine incident occurring.

Queensland laws require that lifejackets must be worn when:

- Boating alone (or only with children under 12 years) on an open boat that is less than 4.8 metres in length whilst underway.
- Crossing a designated coastal bar on an open boat, or on an open area of a boat, of any length.
- Boating at night, that is between sunset and sunrise, on an open boat that is less than 4.8 metres in length whilst underway.
- If you are under 12 years (aged one year or more, but less than 12 years) in an open boat, or open area of a boat, of any length while underway.



Further, wearing a lifejacket is compulsory when crossing a coastal bar on certain craft in the style and risk profile of:

- Small sailing boats (such as lasers, herons).
- · Pedal boats.
- · Rafts, including inflatable rafts.
- Rowboats (excluding Surf Life Saving Australia Club Surfboats).
- Sea and surf kayaks.



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LOCAL READERS:

A BOOK REVIEW - CHAI TIME AT CINNAMON GARDENS BY SHANKARI CHANDRAN

BY ANNE CROWLEY

WHAT THE EXPERTS SAID:

"Chai Time [Booker Prize winner 2023] is set in contemporary Australia, in a nurturing old-age nursing home in Sydney started by Sri Lankan Tamil refugees [Maya and Zhakir], but open to all. The novel keeps flashing back to Sri Lanka during the country's nearly four-decade civil war... it charts their twin traumas: racism in their adopted country after having fled persecution at home. But it also celebrates their resilience.

"It raises a host of penetrating questions ... Yet these questions emerge organically from an engrossing story peopled with vividly-drawn characters and told in elegant prose." (Frontline: Interview with Shankari Chandran).

MY THOUGHTS:

I had been largely ignorant about the long-contested history of the first occupants of Sri Lanka, the atrocities committed against the Tamils, and their battle for recognition and independence (culminating in the civil war 1983-2009).

Parallels are drawn with the impact of Australian colonialisation on our First Nations people. In explaining to his seven-year-old son why he had removed a statue of Captain Cook from the nursing home, Zhakir explained, "I don't like him because he was a conqueror and a

coloniser...When he came here, he told a story about this country. His story erased the past and rewrote the future...".

Zakhir's act eventually became the excuse for an application to the Human Rights Commission by Gareth, rapidly disintegrating after the death of his young daughter and rupture of his marriage (and his contributions to those). This plot line is a bit farfetched, and quoting provisions from the Act unnecessary, but it provided a vehicle for discussing racism experienced by these immigrants (and others in real life) — a serious physical attack on Ruben, a kind and dedicated nursing home handyman, media fanning the fear and anger of white folk because the immigrants 'are coming to take what's ours', and ultimately a deadly attack on the nursing home itself.

But there's more here than all the serious stuff.

My favourite characters were Maya and Ruben. The respect and love shown by Maya and her family to the residents of the nursing home, engendering a sense of community was refreshing — if I end up in a nursing home, I hope it will be like this one!

The irony is not lost on Maya that she is unable to get her first book published until she takes on a pseudonym – then she becomes a best-selling author whose lead character is an indomitable white Australian woman whom readers imagine as the author herself.

And I laughed with Maya. By now a resident herself, in competition with one of the other residents about the appropriate configuration of Hindu God figurines in a shrine – based on their own opinion of which deserved the most deference – they raced each day to get there first to arrange them so.

Ruben is an unfolding mystery. Committed and loyal, he helps staff and residents alike – no



task is too menial. And he is also fluent in 10 languages! Gradually, we learn more about his Sri Lankan background as well as solving other mysteries — what happened to Zhakir, and why Ruben has chosen to work at the nursing home despite his exceptional qualifications.

The weightiness of some subjects in the book is balanced by the colour, humour, and human kindness of others, making it a very readable and memorable book.

TARGETING GREATNESS: JACK LOVE'S GLOBAL ARCHERY DEBUT

CONTRIBUTED BY JARRYD GREITSCHUS

Jack Love, a local teen who first picked up a bow just three years ago at a beginner class in Carindale, is now heading to the other side of the world to compete at the Youth World Archery Championships in Winnipeg, Canada later this month.

Jack's journey began at Rogue Archery's beginner program at the Carindale PCYC, before progressing through structured development pathways and making his mark on the local and national competition circuit. He is now a proud member of Aspire Archery, Australia's newest archery club based in Murarrie, dedicated to growing the sport and providing high-performance pathways for aspiring athletes.

Jack heads into the World Championships in strong form, having recently swept the podium at the Youth Olympic Festival in Singapore, winning three gold medals across all events: ranking round, individual matchplay, and team matchplay. His recent performances have seen him break and re-break his own state records, steadily stacking up personal best scores.

"Archery is a sport that requires mastery of your technique, physiology, mindset, and emotions," says Jarryd Greitschus, Jack's coach and

President of Aspire Archery.

"I remember when Jack first started in his beginner program. To be honest, he was no different to anyone else! It wasn't talent that got him to where he is, it was his passion, consistency, resilience and dedication to his training. He has embraced our philosophy of holistic growth to become a better archer, and it is a proud coach moment to be able to take him all the way from a beginner class through to competing on the big world stage... this is just the beginning for Jack."

Coach Jarryd will be standing by his side at the World Championships, being part of the Australian coaching team supporting 20 young athletes from around Australia.

While many think of archery as a solo sport, two of the three events at the World Championships are actually team-based: the team (comprising three men or three women), and the mixed team event, where the top-ranked male and female from each country pair up to compete. Jack will represent Australia across all event categories and is well-positioned to deliver a strong performance wearing the green and gold!



Photos: Supplied.

With the Brisbane 2032 Olympic Games on the horizon, this is a major step in a long-term plan. Jack, and several of his teammates, have their sights set on making a strong hometown showing — and this World Championship is just the beginning.

SMOKED SALMON, ASPARAGUS, AND FETTA FRITTATA RECIPE

The weather's not too hot, not too cold – what to eat? This fantastic frittata makes a quick and easy meal for breakfast, lunch, or dinner, which is just as good eaten cold as it is warm.

INGREDIENTS (SERVES 4 TO 6)

- 8 large eggs
- 100ml milk (or cream for richness)
- 4-5 asparagus spears, trimmed and chopped into 3cm pieces
- 100g smoked salmon, torn into strips
- 80g Danish-style fetta, crumbled
- · A handful of grated mozzarella cheese (freshly grated tastes better!)
- 1 spring onion, finely sliced
- · Salt and pepper, to taste
- Olive oil or butter, for greasing
- · Optional, but delicious: fresh dill or chives for garnish

METHOD

- 1. Preheat your oven to 180°C (fan-forced). Grease a 20cm oven-safe frying pan (or a 30cm pan for a thinner frittata) or baking dish with butter or olive oil.
- 2. In a small frypan, sauté the asparagus until it's just tender (about 2 minutes). Set aside.
- 3. In a large bowl, whisk the eggs and the milk, then season with salt and pepper.
- 4. Stir in the sliced spring onion, cooked asparagus, the smoked salmon, and ¾ of the fetta.



- 5. Pour the mixture into the pan. Scatter remaining fetta and all the grated mozzarella on top.
- Bake for about 20 to 25 minutes until it's puffed, golden, and cooked in the middle the time this takes to
 cook through will depend on how deep your frittata dish/pan is. Let it rest for about 5 minutes before cutting
 and serving.
- 7. Top your frittata with fresh herbs, and serve with fresh crusty bread or a green leafy salad.



Time to Spring Into Action!

FROM PACE AT SLEEMAN

The warmer weather is upon us. Is it time to Spring into action? PACE AT SLEEMAN is here to help.

PACE AT SLEEMAN is a little different from other gyms – we are all about "fitness at your pace".

Manager, David Trahair said, "To celebrate the change of season, we have a fantastic 'Join for two weeks, get two weeks FREE' offer. You'll be treated to the full PACE AT SLEEMAN membership experience which includes: a personalised program; access to over 60 group fitness classes; access to our modern Fitness Centre; use of our heated pools for lap swimming; and a FREE digital Technogym Training Coach Account to help monitor and motivate you to achieve optimal health, fitness and wellbeing".

PACE AT SLEEMAN staff members are all experienced and highly qualified fitness professionals. They are all registered with either AusActive (Australia's premier fitness registration body) or ESSA (Exercise & Sports Science Australia).

Classes on offer at PACE AT SLEEMAN include Yoga, Pilates, Aqua Aerobics, Strength Circuit Classes, Boxing, Body Pump, Bootcamp, Swim Squad, Run Squad, Spinning and RPM, and more!

Contact us today on 3131 9615 or visit www.paceatsleeman.com.au. Better still, come in for a tour and a chat. We guarantee that, regardless of who you are or your specific health and fitness needs, we can help you get on pace.

PACE AT SLEEMAN is located within Anna Meares Velodrome at Sleeman Sports Complex on the corner of Old Cleveland and Tilley Roads, Chandler.

Call us on 3131 9615 for more information or go to the website – paceatsleeman.com.au









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GOT A LUMP OR BUMP IN YOUR MOUTH AND WANT TO KNOW IF IT'S NORMAL?

FROM DENTAL ON CAMBRIDGE

Why That Small Lump Could Be a Big Problem!

At your routine examination and clean your dentist should also be undertaking an oral cancer check. This includes a **visual examination** — your lips, cheeks, gums, tongue, roof, and floor of your mouth, for any unusual spots, sores, lumps, or colour changes; **palpation** — gently feeling the tissues inside your mouth, under your jaw, and along your neck to check for any swelling, thickening, or tenderness; **risk factor discussion** — if you smoke, drink alcohol regularly, or have a history of significant sun exposure (particularly relevant in Queensland), your dentist may talk to you about increased risks. The key with oral cancer is that it often starts as small, painless changes. Catching it early dramatically improves treatment outcomes.

Any changes in your mouth should be promptly addressed with your Dentist, especially if you've noticed any small, pimple-like bumps on your gums — especially one that releases pus or fluid — you may have a dental abscess. An abscess indicates an infection and requires prompt professional treatment, even if it does not initially cause significant pain.

WHAT CAUSES AN ABSCESS?

An abscess forms when bacteria invade the space inside your tooth or

gum. Common causes include untreated tooth decay, advanced gum disease, or a cracked tooth. The infection creates a pocket of pus, leading to swelling, redness, and tenderness.

WHY YOU SHOULDN'T IGNORE IT

Even if the bump drains and the swelling subsides, the underlying infection persists. Left untreated, the bacteria can spread to the jawbone, other teeth, and even into your bloodstream, creating a serious medical emergency.

DON'T DIY YOUR DENTAL HEALTH

Popping or squeezing an abscess won't cure it — and can make the infection worse. Only a dentist can fully treat the problem and prevent it from returning.

WHAT ARE MY TREATMENT OPTIONS?

Depending on the cause of your infection, your dentist may recommend:

- Root canal treatment to remove infected tissue and save the tooth.
- Gum treatment to remove bacteria and promote healing.
- **Extraction** if the tooth is too damaged to repair.



PREVENTING ABSCESSES

Brushing twice daily with fluoride toothpaste, flossing daily, and keeping up with professional cleans can help prevent the decay and gum disease that lead to abscesses.

At Dental on Cambridge, we offer same-day appointments for emergency patients. Just mention you have a swelling or suspected abscess, and we'll make sure we find a time for you! Quick treatment means faster relief, a lower risk of complications, and a much better outcome for your oral health. Call our team today on 3348 6661.



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