



REDLANDS COAST DEMENTIA COMMUNITY INVITES YOU...

Join us for a meaningful morning during Dementia Action Week as we host a Dementia Friend Workshop in the welcoming Elders Room at Cleveland Library. This free workshop will help deepen your understanding of dementia and explore simple ways we can all make a difference in the lives of those affected.

Whether you're a carer, community member, or simply curious, come along to learn, connect, and become a Dementia Friend. Together, we can build a more inclusive and supportive community.

Dementia Action Week – Dementia Friend Workshop

Wednesday 17th September 2025

10:00 AM – 12:00 PM

Elders Room, Cleveland Library

Light refreshments provided.

Registrations ESSENTIAL by 12 September 2025. Call Allison 0416 473 628 (on behalf of Redland Coast Dementia Community). Or, **Dubhg 0414-920-897 for more information.**

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