



# FROM LITTLE THINGS, BIG THINGS ARE BUILT!

Most great inventions are born out of necessity, and social groups are no exception. What starts as a “wouldn’t it be nice to have...” conversation between two friends can become a movement that changes lives.

In Redland Bay, a casual chat between two friends – Shelly Rogers and Amanda McLune – led to the creation of the area’s first Women’s Shed. When word got out about the new initiative, local ladies jumped at the chance to build something special from the ground up. Read their story on page 3.

In this edition, we’re also chatting to Julie O’Shea, from Who Gives a Cluck. Julie is an absolute legend who’s working hard to re-home battery hens in their forever homes. Read about her on page 2, and find

out how you can get involved in the upcoming hen adoption day at Capalaba.

The Redland Bay Women’s Shed and Who Gives a Cluck are great examples of volunteer-led groups driven by people who collectively work to make our community better. And we know that strong communities are healthy communities. Three cheers to everyone who volunteers their time and efforts to create lasting legacies!

If you have a good news story to share, get in touch – we’d love to hear from you!

*Pictured: Jo, Amanda and Denise from the Redland Bay Women’s Shed.*



**The Season to Sell is Here!**  
**Thinking of Selling This Spring?**  
**Now Is the Perfect Time to Act.**

**Louise Denisenko**  
Fully Licenced Real Estate Agent  
07 3824 8814 | 0423 110 555  
[louise@redlandscoastproperties.com](mailto:louise@redlandscoastproperties.com)  
Shop 5, 7 Lakeside Boulevard, Victoria Point



Experience ~ Integrity ~ Results



# WHO GIVES A CLUCK ABOUT THE CHICKENS? JULIE O'SHEA DOES!

Adopting a chook may not be high on your list of fun things to do, but Julie O'Shea says that it can be a wonderful and rewarding adventure.

"Hens are companion animals, no different from a dog or cat. People who have chickens do fall in love with them and realise how sentient and beautiful they are. They're wonderful little friends who just love being around you. They eat your veggie scraps, provide you with great poo as mulch for your garden, improve your permaculture efforts and generally keep you entertained for hours – and gift you some eggs, too!"

After 35 years of corporate life Julie founded Who Gives a Cluck, a volunteer-driven charity committed to rescuing and rehoming hens from the egg laying industry.

"There are 29.5 million caged hens in Australia. The farm that I deal with has 58,000 battery hens and they cull approximately 42,000 of those hens every year, when the hens are about eighteen months old and are considered to be non-profitable if they're not producing five to seven eggs a week. We collect the battery hens just before they start culling."

Just before the big rescue effort a team of volunteers gathers up the 'floor girls' – hens that may have escaped the cage, and possibly hurt themselves in the fall. Who Gives a Cluck has two operational 'chook

hospitals' – paid for by donations from Hen Heroes – where hens that don't pass the health check go to and are cared for and given any necessary rehabilitation and medical treatment.

"We find homes for about 2,500 hens a year in our eight major adoption locations," says Julie. "In the Capalaba area we have 234 Mother Cluckers – approved adopters; we're hoping to raise it to 300 this year."

Hopeful adopters need to fill in an application form to make sure that they're properly prepared for new feathered family members. Julie says that for the first month the hens have to be treated like a two-year old; they're inquisitive, they've never seen rain or sun and usually their first reaction in their new home is to try for a dust bath. If you let them wander too far they won't know how to get back home because they've always lived in a tiny cage.

"Some people may adopt them for the eggs but we make sure that they tick the box that says: eggs or no eggs, this hen will have a forever home," says Julie.

If you're prepared to enrich your life by becoming a Mother Clucker, make sure that your application is in, at the absolute latest, ten days before adoption day. This year, the Capalaba adoption date is October 25. Sign up here <https://whogivesacluck.org/become-a-hen-parent/>



Julie with her hens. Photos: Supplied.



For more information – including heart-warming stories shared by other Mother Cluckers – go to [www.facebook.com/whogivesacluck/](http://www.facebook.com/whogivesacluck/).



## Manage Your Next Move With Experience, Reliability & Ease.

DELIVERING DEDICATED SERVICE FOR DECADES ACROSS THE REDLANDS.

**Call Darren Cole on 0447 002 455**

DEEP EXPERIENCE & CONFIDENTIAL ADVICE ON:

- DE-STRESSING DOWNSIZING •
- RETIREMENT PLANNING •
- COMBINED FAMILY LIVING ARRANGEMENTS •
- ESTATES & SHARED INTERESTS •
- MEDIATIONS •
- INVESTMENT MANAGEMENT •

 **NETWORK** Realty Group

SHOP 37 / 135 SHORE STREET WEST, CLEVELAND QLD 4163



# SAWDUST SISTERS: THE WOMEN BEHIND REDLAND BAY’S NEW SHED

**Blokes and sheds are a natural fit – but some women need a shed too, says local vet Amanda McLune.**

“The Redland Bay Women’s Shed was founded in September last year, after a conversation with one of my clients, Shelly Rogers, about the urge to make things manually. We thought it would be a good idea to set up a women’s version, having no idea of what we were getting ourselves into. I expected maybe a dozen ladies who’d be interested in working on a project, but at our first meeting, we had a turn-up of 42. There was definitely a need in that area! Shelly became our first president.”

Amanda says that setting up a not-for-profit was a journey of discovery, learning as they went; given the variety of shed organisations, there isn’t one instruction manual that covers them all.

“Affiliation with other like-minded organisations, like the Australian Men’s Shed Association (AMSA) (which gives us access to cheaper insurance) and

the Bayside Woodies have helped with support and resources. We started with coffee catch-ups, then the Woodies – who have been awesome – ran classes for us, teaching us basic carpentry skills and tool handling, making boxes and stools.”

The group has acquired the resources to buy tools and a trailer from which to use and store them through various grants, and the toy makers from Redland Bay Men’s Shed have generously donated a lot of equipment. The Women’s Shed will access their newfound bounty as soon as they have acquired one more vital asset: a shed.

“The problem with a lot of otherwise suitable properties is that they have a rule about no mess, no noise, both of which are associated with woodwork,” says Amanda.

“Understandably, because the organisation is so young, they want to be sure that we’re viable before they make extra effort to find us a facility.

“In the meantime, we have a really good



Jo, Amanda and Denise from the Redland Bay Women’s Shed.

committee, including an events manager who will coordinate events within the group. We have a website under construction and we’re keeping the social meetings going; combating social isolation is part of our charter.

“Future projects could include toy-making for hospitalised children – as the toy makers do – and making bird boxes, and we can seek community support in providing tailored programs to meet member interests, such as disaster preparedness, car maintenance, and basic DIY skills. Lady tradies would be welcomed with open arms, but all women, no matter their skill level, are welcome.”

For more information, email enquiries@redlandbaywomensshed.org.

HEALTHY  
EATING  
MADE  
EASY

31

CELEBRATING 31 YEARS

I

ndis

\*\*\*\*\*

Gourmet Meals

Since 1993

HOME DELIVERY OF READY MADE MEALS

Mention the code word **INTRO** and receive one **FREE MEAL** of your choice.  
For new customers only. Minimum order of \$59.00 applies, excluding delivery fee. Limit one per customer.

✓ Gluten Free

✓ Convenient ready-made frozen meals

✓ Tastes like home cooking

✓ Wholesome and nutritious

✓ Australian owned and operated

✓ Home delivered or available in stores

PICK UP ADDRESS: 46/2 15 BRISBANE ROAD, LABRADOR QLD 4215 | MONDAY TO FRIDAY 9:00AM - 4:00PM

Find us on facebook

Call now 1300 112 112

www.gourmetmeals.com.au

CAPALABA  
SPORTS  
CLUB

WEDNESDAY  
CHICKEN Schnitzel  
NIGHT

\$16.90

Members

\$19.90

Non Members

Chicken schnitzel served with chips and salad

\$4.50 toppers available

113 Ney Road, Capalaba  
PH: 33903011

facebook.com/capalabasports  
www.capalabasportsclub.com.au

Melbourne Cup Lunch

TUESDAY 4 NOVEMBER, 2025

PRIZES FOR  
BEST DRESSED  
LIVE MUSIC  
by ANGUS  
HOLMES

2 COURSE BUFFET  
LUNCH \$80pp  
LUCKY DOOR  
PRIZES  
RAFFLES & SWEEPS

DOORS  
OPEN  
10.00AM

Booking and prepayment essential

3





# a grade

plumbing and gas

At A Grade Plumbing and Gas, we're a proud local, family-owned business committed to delivering quality workmanship that meets all Australian standards. With Daniel's qualifications and experience across plumbing, drainage, roofing, and gasfitting, we offer a wide range of reliable services while using premium products and materials, ensuring long-lasting results for every project.

We back our work with a lifetime workmanship warranty, giving clients confidence in the quality of our services. Combined with extensive product warranties, this guarantees the long-term performance and durability of our installations.

## Our Services



Blocked Drains



Water Leaks



Full Home Filtration System



Hot Water System Repairs



Tap Repairs and Upgrades



Bathroom Plumbing



Gas Fittings



Appliance Installations



Leaking Toilets and Pipes



Roof Repairs

(07) 3555 6711   [agradepg.com.au](http://agradepg.com.au)

## Our Services



Drain Cleaning



Blocked Drains



Drain Renewals



Drain Upgrades



Pipe Relining



Drain Mapping



Stormwater Management Systems



CCTV Inspections & Locating



Onsite Septic Systems



Brown Arm Boys Drainage Brisbane is a local, family-owned business who deliver reliable, high-quality drainage solutions that comply with Australian standards and can keep up QLD's rainfall. With years of experience, our team provides precise, professional solutions using only premium products for lasting results.

We back every job with a lifetime workmanship warranty and comprehensive product warranties, giving clients confidence and peace of mind in the long-term reliability of their drainage system.

(07) 3555 6708   [brownarmboys.com.au](http://brownarmboys.com.au)



# STRADDIE INVITATIONAL RETURNS TO SHOWCASE SURF, SPIRIT, AND SERIOUS TALENT!

From October 17 to 19, Point Lookout Boardriders will host the Gage Roads Straddie Invitational – a milestone event, and one of Australia’s most iconic grassroots surf comps. First launched 42 years ago, this year’s comp promises a weekend of full force and plenty of foam.

The Invitational draws top boardriding clubs from across Queensland and Northern NSW for a weekend of high-stakes, high-energy surfing. With divisions spanning under-16 juniors to over-35 masters, it’s a showcase of raw talent and club pride.

Spectators can expect to see some of Australia’s best junior surfers in action, alongside familiar faces from the World Surf League – past and present. The format includes two separate events: the classic Teams event, where eight surfers represent their club, and the fast-paced Tag Team showdown.

More than just a comp, the Straddie Invitational is a celebration of surf culture, community, and the legendary spirit of local boardriders. And after four decades, one thing’s clear: when it comes to bringing the heat, Point Lookout knows how to deliver!


It’s free to view the comp, so jump on the Straddie ferry, catch the bus to Point Lookout, and make a day of it.




Photo: Supplied.

## LOCAL PRINTER

Thinking Printing?  
Thinking Fast, Affordable, Local?



**THINK**

 **redland graphic printers**

Our **state-of-the-art** digital machine is perfect for quick **SAME DAY PRINTING**, brilliant colour reproductions at the right price.

## But that’s not all we do!

Great service and unbeatable prices on:

- Business Cards
- Printed Stationery
- Brochures
- Graphic Design
- Banners
- Distribution
- Magnets
- Tradie Docket Books

# Call us on 3286 1666

redlandgraphics.com.au

admin@redlandgraphics.com.au • 9/55 Shore Street, Cleveland Q 4163



## ENGAGE CARE SERVICES

Are you ready for reliable, genuine Support...

### Your Local Award Winning Support Provider – Owned and Run By Nurses

**Why Choose Us?** Our award-winning support team, trained and supervised by Registered Nurses, delivers reliable, professional, and compassionate care based on **YOUR** choices. We tailor services to individual needs, promoting independence across in-home, community access, respite, SIL, and complex clinical support. We ensure a seamless transition with **no hidden fees**.

**Contact us today for exceptional care and support.**

**1300 702 033**

[info@engagecareservices.com.au](mailto:info@engagecareservices.com.au) [engagecareservices.com.au](http://engagecareservices.com.au)





REGISTERED NDIS PROVIDER



We are also a NIISQ Registered Provider.





# LOCAL EVENTS

See what local events are happening in your community.

SPONSORED BY  
MARKET 2 MARKET

If you’re looking for something to do locally, check out The Community Leader’s What’s On page here and online.



### SPRING SEASON SHOWCASE: AUSTRALIAN CELTIC WOMEN

Saturday October 11, 2:00pm to 4:30pm, Redlands Coast Museum, Smith Street, Cleveland

Redlands Coast Museum presents a spellbinding afternoon of music, movement, and Celtic magic. This all-female ensemble delivers breathtaking harmonies, whirlwind fiddle playing, and dazzling costumes in a high-energy concert that celebrates Australia’s Celtic roots and women in music. With backgrounds in opera, folk, and theatre, these powerhouse performers promise warmth, exhilaration, and a show that leaves audiences cheering for more. Make it extra special and pre-order a savoury grazing box or sweet treat (or both!). For more information, scan the QR code or visit [redlandscostmuseum.org.au](http://redlandscostmuseum.org.au).



### GAGE ROADS STRADDIE INVITATIONAL 2025

Friday October 17 to Sunday October 19, Point Lookout, Minjerribah

The Gage Roads Straddie Invitational surfing competition returns to Point Lookout, Minjerribah, for its 42nd year, bringing together 20 of Australia’s top boardriders clubs for the world’s longest-running team surfing event. Originally launched in 1983 as the Straddie Assault, the competition has become a cornerstone of Australian surf culture. This year’s format features both points-based heats and tag team events, showcasing elite club surfing at its finest. Spectators are welcome to attend free of charge, no tickets required.



### SATURDAY FAMILY MOVIE — MY LITTLE PONY: THE MOVIE

Saturday October 11, 10:30am to 12:00pm, Victoria Point Library

Families are invited to a free and fun movie morning at the Victoria Point library featuring *My Little Pony: The Movie* [G]. When a dark force threatens Ponyville, the Mane 6 set off on a dazzling adventure beyond Equestria, meeting new friends, facing wild challenges, and proving the power of friendship. No bookings are required, just bring your crew, grab a comfy seat, and enjoy the magic!



### THE ROY ORBISON STORY

Thursday October 23, 7:30pm, RPAC Concert Hall, Middle Street, Cleveland

Experience the magic of Roy Orbison’s voice, heart, and legacy in this stunning theatrical tribute. Mark Shelley delivers a breathtaking portrayal, capturing Roy’s emotional depth and iconic sound with uncanny precision. From *Pretty Woman* to *Crying*, this show features all the hits and the highs and lows of a remarkable life. A must-see celebration of the man who gave vulnerability a voice and made simplicity unforgettable. For tickets, visit [rpac.com.au](http://rpac.com.au) or phone (07) 3829 8131.



### AUSTRALIAN TAMIL INTERNATIONAL FILM FESTIVAL

October 18 and 19, BCC Cinemas, 38/62 Moreton Bay Road, Capalaba

The Australian Tamil International Film Festival (ATIFF) comes to BCC Cinemas Capalaba this October, spotlighting global filmmakers living in Australia. This non-profit celebration of diversity and storytelling invites entries from all genres and cultures, judged by industry experts. Through film, ATIFF fosters dialogue around equality, social justice, and multiculturalism. Audiences can engage directly with creators in Q&A sessions, while standout films earn jury and audience awards, including laurels, certificates, and cash prizes. For more information, go to [www.atiff.net](http://www.atiff.net).



### BOOM CRASH OPERA LIVE

Saturday October 25, 8:00pm, Koala Tavern, Capalaba

Boom Crash Opera celebrates 40 years with *Hands Up In The Air – The Singles Tour 2025*, hitting Koala Tavern, Capalaba on Saturday 25 October. Expect wall-to-wall hits – from *Great Wall* to *Onion Skin* – plus their glam-rock new single *Latest Hustle*. With 13 Top 50 singles and a legacy woven into Aussie culture, this is a high-energy, sing-along night not to miss. Four decades on, the rally cry still rings out: Keep it in! Cut it out! Kick it out! For tickets, go to [www.koalatavern.com.au/touring-acts/](http://www.koalatavern.com.au/touring-acts/).



# SUPPORT ROTARY CLEVELAND’S 24TH ANNUAL CHARITY GOLF DAY

CONTRIBUTED BY SHIRLEY MAHON PHF

The Rotary Club of Cleveland is delighted to announce that its 24th Annual Charity Golf Day will be held at Redland Bay Golf Club on Friday, 17 October 2025.

On behalf of Cleveland Rotary, I extend our sincere thanks to the many local businesses whose generous support has made a real difference over the past 23 years. Thanks to you, this event has raised more than \$450,000 (over \$650,000 in today's dollars), with every dollar going directly to local charities. Last year alone, your support helped us raise over \$25,000, all of which was distributed to nominated charities.

This year, your generosity will benefit:

- Maybanke Housing Project – providing crisis accommodation for women experiencing domestic and family violence.
- Redland Mater Hospital Auxiliary – supporting patients in ways not covered by government funding.
- Redland Foundation – assisting a variety of local causes, including support for domestic violence victims.

We’re also excited to announce that this year’s event will feature an outside broadcast by BayFM 100.3, offering a unique opportunity to showcase local businesses live on air during the day.

Corporate sponsorship is welcome. Please complete the Corporate Sponsorship Registration Form at your earliest convenience: <https://form.jotform.com/251272505126045>.

Your support means so much – not only to Cleveland Rotary but to the local charities and the people whose lives you help improve. If you have any questions or would like to discuss how you can be involved, please



Photo: Supplied.

don't hesitate to call or email Ian Neil at 0413 620 096 or [iann2708@gmail.com](mailto:iann2708@gmail.com)

We look forward to another memorable and impactful day on the beautiful grounds of Redland Bay Golf Club.



Whatever your online needs, from website and software development to mobile applications, Advanced Dev Logics provides comprehensive solutions.

## Core Services

- Website Development
- Mobile Application
- Software Development
- E-Commerce Website



## Advanced Dev Logics

Shop 1, 84 Shore St West  
Ormiston QLD 4160

Phone: 0466 668 233  
Email: [support@advanceddevlogics.com](mailto:support@advanceddevlogics.com)

Web: [advanceddevlogics.com](http://advanceddevlogics.com)





## Building resilience in **Redland City**



### Our role ... and yours

Community resilience is about collectively withstanding, adapting to and recovering from adversity.

Redlands Coast has a great track record of coming together in times of need, but this is just as important when pre-empting, preparing for, and preventing issues.

Council is committed to working hand-in-hand with our community to strengthen Redlands Coast's resilience.

While preparing for natural disasters is a key focus, our resilience efforts go far beyond emergency response – ranging from waste and wastewater management to coastal hazards and biosecurity.

You can also take small actions to help us build a stronger, safer Redlands Coast – whether it's checking stormwater drains, preparing properties or treading gently on our fragile foreshores.



### Mayor's message

It's time to Get Ready Redlands! With storm and bushfire season almost upon us, now is the time to prepare. Get Ready Queensland Week, from 6 to 12 October, is the call to arms to be proactive as we head into late spring and summer, when we know there can be challenging weather events and conditions conducive to destructive bushfires in our local government area.

Council's fire management staff have reduced bushfire risk across the city by undertaking physical and mechanical fuel reduction within asset protection zones, proactive slashing of Council-owned land adjoining houses creating firebreaks (102 ha in total), maintaining fire access tracks within conservation areas (about 160km) and completing prescribed burns.

All residents similarly have a responsibility to prepare their homes, themselves and family for natural disasters. The Get Ready campaign can be broken down to three simple steps:

1. understand your risk,
2. prepare a household emergency plan, and
3. pack an emergency kit.

The Get Ready Queensland website is a great resource with lots of advice on how to prepare for extreme weather events and natural disasters.

Being prepared extends beyond natural disasters. For example, everyone has a role to play in sustainable waste



*Ex-Tropical Cyclone tree damage*

management, supporting community health by reducing mosquito breeding sites on their property, and reducing fire risk and managing stormwater on private property.

I regularly hear from local SES volunteers that one of their most common callouts is for leaking roofs, often caused by blocked gutters. Blocked drains can cause damage when water flows back towards your house, so I encourage all residents to check, and clear, drains and gutters now.

Council is committed to continuing to work together with our community to create a strong and resilient Redlands Coast. Let's be proactive and Get Ready.

**Cr Jos Mitchell**  
**Mayor of Redland City**  
**Email: [mayor@redland.qld.gov.au](mailto:mayor@redland.qld.gov.au)**



## The bottom line

An important part of the city's ongoing resilience is maintaining essential infrastructure – like our wastewater network.

Hidden underground, it's easy to forget this massive system is hard at work – treating wastewater from our kitchens, laundries, bathrooms and, yes, toilets!

While our City Water crews handle the day-to-day operations, there are some simple steps residents can take to help prevent blockages and overflows. Every small action makes a big difference.

### Did you know?

Last year, Council supplied the city 14,380 ML of clean drinking water, but treated 14,392 ML of wastewater. Why is the wastewater total more? **Stormwater!**

Entering our wastewater system through illegal connections or damaged pipes, stormwater can cause backflows that impact private properties and vital city infrastructure.

### How you can help to keep the pipes flowing

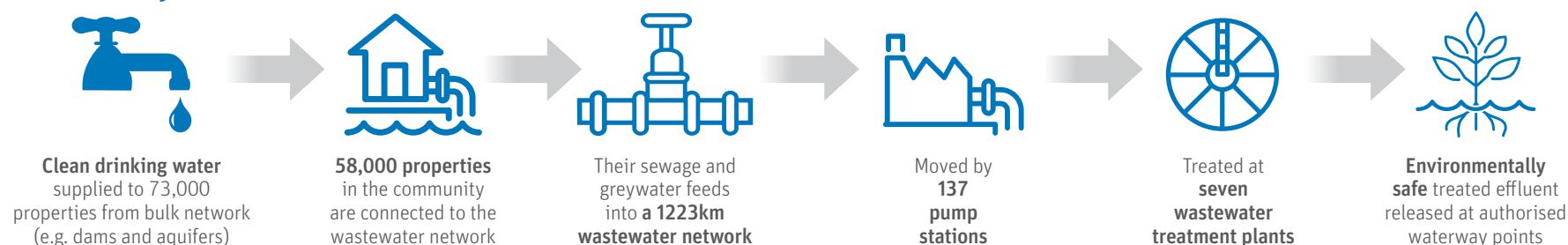
- Never plumb stormwater into your wastewater system.
- Flush only the three P's – pee, poo and paper. Nothing else belongs in the bowl!
- Use sink strainers and never pour fats or oils down the drain – they can clog pipes and cause blockages.
- Be mindful when planting trees – roots can damage underground pipes.

For more advice head to [redland.qld.gov.au](http://redland.qld.gov.au)



City Water teams clean up after ex-Tropical Cyclone Alfred

### Our water cycle



## People vs pests

As the weather warms up, we're not the only ones heading outdoors – mosquitoes and fire ants are gearing up too!

Council runs a year-round mosquito management program and conducts fire ant checks and treatments on Council land, with both ramping up over summer.

### Here's how you can help protect our community:

- **Tip it out** – remove stagnant water around your yard to stop mozzies breeding.
- **Cover up** – wear light-coloured, long clothing, and use insect repellent, particularly at dawn and dusk.
- **Check your screens** – make sure insect screens are in good condition.
- **Report fire ants fast** – if you spot them, contact the National Fire Ant Eradication Program at [ants.daf.qld.gov.au](http://ants.daf.qld.gov.au).

Together, we can help keep Redlands Coast bite-free this summer!

## Our coastal community



Redlands Coast boasts **335km of stunning coastline** – and we're all keen to keep it that way. Coastal erosion is a real and ongoing challenge, with conditions changing constantly and often rapidly. That's why Council is delivering 'Living Shorelines' – a smart blend of nature-based solutions and engineered methods – as another innovative solution for helping reduce long-term erosion across the city.

View our 'Living Shorelines' video at [redland.qld.gov.au/Project-updates/Living-Shorelines](http://redland.qld.gov.au/Project-updates/Living-Shorelines)



Using nature and engineering to protect our shorelines

### Out and about enjoying our foreshores?

#### Help us protect the coast for generations to come:

- Only drive on the waterfront where it's legally permitted.
- Avoid damaging coastal vegetation, especially young plants.
- Steer clear of walking on eroded banks.
- Minimise boat wash waves near the shore.



## Local connections – a problem shared

It may be a neighbour, rather than emergency services, who is your first responder during a disaster.

Having connection with your community is important during an emergency.

Download a 'Neighbour contact card' to get you started.





# Maggie's Mates

SPONSORED BY MARKET 2 MARKET



Photo: Supplied.

**What's your name?** Hi, my name is Zeke.

**Suburb:** I am from Capalaba.

**How long have you lived at Capalaba?** For six years.

**What is your favourite local walk?** Unfortunately, I can only dream of a local walk – I am an indoor cat.

**What is your most treasured toy?** Not strictly a toy, but I love any humans who visit!

**What is your favourite food?** Dry food.

**What's your worst habit?** Somersaulting between my human's calves as she walks.

**What's your favourite local hangout?** As I am in house confinement, any sunny comfortable spot around the house will do.

**Who is your best doggo friend?** I've never met a dog, though I dream of meeting Miss Maggie of Manly!

**Any funny or embarrassing stories you'd like to share?** My human gets cross when I become over-enthusiastic with her visitors.

**What do people love most about you?** I am very handsome and friendly. I am also a great "snake in the house" sleuth.

*Zeke's favourite animal charity is Twinnies Pelican and Seabird Rescue, and we have made a \$50 donation on his behalf.*



Would you like your best mate to be featured in Maggie's Mates? Email us at [sales@market2market.com.au](mailto:sales@market2market.com.au) and we'll send you a questionnaire. We will donate \$50 to a registered animal charity of your choice for each profile published in The Community Leader.



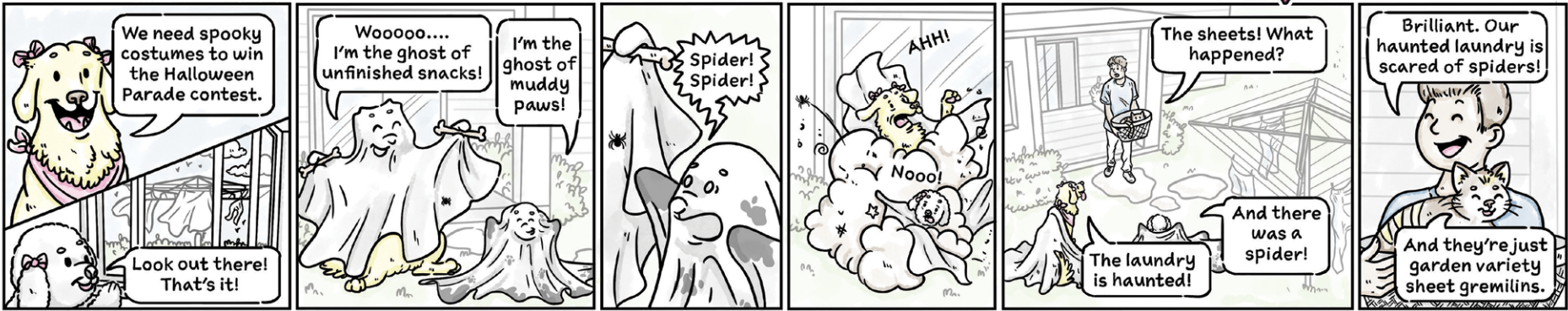
**Miss Maggie of Manly's new colouring and activity book will be out soon! Locally created and printed, it's a pawsome gift for big and little kids!**

If you're a retailer and you'd like to stock Maggie's book, give her a call on 0421 786 302 to order your copies.





# MISS MAGGIE OF MANLY



## BEACH SAFETY FOR YOUR DOG

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

As the weather warms up, we start to look forward to beach days. Many dogs love the chance to enjoy a day at the beach, but there are some important safety considerations to make sure the trip doesn't end in a vet visit!



### Salt water ingestion

Dogs will often lap at seawater or inadvertently swallow a large volume of water while swimming or retrieving toys. Excess consumption of salt water can result in salt toxicity with signs including vomiting, diarrhoea, excessive thirst, confusion, and seizures. Provide your pet with clean, fresh water, and make sure you give them a thorough rinse in fresh water to remove excess salt from their coats.

### Sand ingestion

Dogs will often consume sand when playing, especially when digging for buried toys. Swallowing a large volume of sand can result in a condition called sand impaction, which can cause vomiting, reduced appetite, bloating, and constipation. Discourage dogs from eating sand and avoid playing with toys in softer sand.

### Heat stroke

Bright sun and hot sand during the day, combined with excessive

activity, can rapidly lead to heat stroke. It is best to avoid the beach during the hotter part of the day, and do not walk dogs on hot sand. If you suspect your dog is overheating, move to a shady, cooler area and offer them water to help cool them down.

### Sun burn

Dogs with light-coloured coats and thin skin can become sunburnt. Keep your dog out of the sun between 10am and 4pm and provide shade when on the beach for any extended period. Dog-safe sunscreen can be applied to exposed, less furred areas such as the ears, nose, and belly.

### Fishing hooks, lines, and baits

Dogs can be at risk of serious injuries from ingestion of fishing tackle. If your dog swallows a fish hook, DO NOT cut any attached line. Cover any exposed hooks to prevent trauma from licking and seek veterinary attention. Keep a close watch on your dog while

around fishing areas, as preventing access to fishing equipment is preferable to expensive surgery to retrieve it from your dog's gastrointestinal tract!

### Animal encounters

Our lovely bayside area is home to a number of marine creatures that are best avoided. Puffer fish ingestion and contact with stone fish can result in life-threatening toxicities, while oyster shells can result in nasty wounds on soft paws. Be alert to your surroundings and supervise dogs carefully.

## Joes Caravan Sales



### WANTED TO BUY

ALL Caravans and Motorhomes  
**WE COME TO YOU!**

- Fast settlement • Finance Paid Out

If you want a quick, no hassle sale call Joe for a price...

## 0418 876 395

bluexe@gmail.com





NEW SEASON ARRIVALS IN STORE & ONLINE NOW AT

# LABELS

by the bay

Visit us in store or online now to view our range of New Season Arrivals. Full of trans-seasonal items made in natural & breathable fibres.

Labels by the Bay is situated in two great Bayside locations, Cleveland and Manly.



CLEVELAND 6/48 BLOOMFIELD STREET | MANLY SHOP 2 STRATTON SQUARE 188 STRATTON TERRACE | OPEN 7 DAYS | WWW.LABELSBYTHEBAY.COM.AU



# BIRKDALE TO BLOOM: REDLAND ORCHID SOCIETY’S SPRING SHOW

On Saturday, 11 October 2025, the Birkdale Sports Club will burst into colour as the Redland Orchid Society’s Charity Spring Show returns for another spectacular season of blooms and garden inspiration.

From 8:30am to 3:00pm, visitors will be treated to a dazzling display of orchids – from rare, exotic specimens to hardy favourites perfect for Queensland gardens. The event promises more than just petals: live potting demonstrations will offer hands-on tips from seasoned growers, while raffles and plant sales give attendees the chance to take a little piece of the show home.

With entry just \$4.00 and children admitted free, the show is a budget-friendly outing for families, hobbyists, and anyone curious about the world of orchids. Food and drinks will be available throughout the day, making it easy to linger, learn, and enjoy the vibrant atmosphere.

“This show is a celebration of nature, community, and the joy of growing,” says a spokesperson from the Redland Orchid Society. “Whether you’re a seasoned orchid collector or just looking for a fun day out, there’s something here for everyone.”

Proceeds from the event will support the Redlands Hospital Auxiliary, adding a meaningful layer to an already joyful day.

Mark your calendars, bring your curiosity, and prepare to be inspired. For updates and details, visit the Redland Orchid Society’s Facebook page.



Photo: Supplied.



# A TO Z FLOORING

SOLUTIONS

25 years+ in flooring...  
we’ve got you covered

YOUR FLOORS, OUR PASSION

Call us **3110 0077**

 **CAPALABA SHOWROOM, 133 REDLAND BAY ROAD**  
BEHIND INSPIRATIONAL PAINTS



**VINYL PLANK SPECIAL**  
FROM **\$18.95/M<sup>2</sup>\*** \*Product only  
Limited Stock







# NOW YOU KNOW WHAT TO RECYCLE, MAYBE IT’S TIME TO UPSIZE YOUR YELLOW-LID BIN

FROM REDLAND CITY COUNCIL

This year across Redlands Coast, we’ve been working hard to make sure the right items go into our yellow-lid recycling bins, helping reduce the 1300 tonnes of non-recyclables that sneak into the bin every year.

Early results from our education team show that many households are on the right track, with many only needing small tweaks to get their recycling sorted.

The biggest opportunities for improvement have been:

- **Eliminating soft plastics** like wrappers and plastic bags, as they can’t be recycled through kerbside collection. These should go in your red-lid bin or be taken to Woolworths who have recently restarted to trial soft plastic recycling collections.
- **Keeping items loose in the bin**, as they can’t be recycled if they’re in a plastic or paper bag as the material often remains in the bag once compacted in the truck.

The great news is that many households have already made

improvements, helping create cleaner, more effective recycling streams and reducing the amount of waste going to landfill.

Our educators have also noticed that many yellow-lid bins are filled to the brim, a sign that some households could recycle even more if they had a bigger bin.

If your recycling bin isn’t keeping up with your household’s needs, consider upsizing from a 140 or 240-litre to a 340-litre bin. It’s just a one-off \$30 establishment fee and no increase in the ongoing costs – a small step for a big impact.

You can also downsize your general waste from a 240-litre to a 140-litre bin and add a green waste bin to keep garden clippings out of landfill. Make these changes together and you’ll save on fees, with no extra cost to your rates.

**Ready to get the right bin setup for your home?**

Call Council on 3829 8999 or visit [Redland.qld.gov.au/recycling](http://Redland.qld.gov.au/recycling) to learn more.



Recycling bin full?

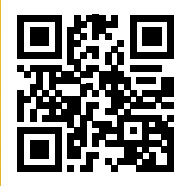
Upsize your recycling bin

Upsize from a 140L/240L to 340L for just \$30 set up fee and no additional ongoing costs.\*

*\*Available for existing residents only. Terms and conditions apply. See website for details*



Scan for details



03308 09/25



# BRYAN BROWN TO INTRODUCE HIS LATEST NOVEL AT CLEVELAND LIBRARY

BY JAN NARY

Bryan Brown has achieved a worldwide reputation as one of Australia's finest actors, but his talent isn't confined to the stage. Rapidly becoming established as a writer, he sees the two skills as being closely related.

"I don't think I'm an author, I'm a storyteller and I've been doing that for 50 years – it's just a different platform, I think.

"I was writing the pitch for an idea I had for a series, but I started to enjoy the writing of it, and I wanted to see where it went – so I just kept going. I ended up with a seventeen-and-a-half-thousand word story; different people who read it loved it, so I scribbled a few more stories down, Allen and Unwin said they'd like to publish them, and that was how it all started."

Is it a quantum leap from being a character in someone else's story to creating your own?

"Someone lays down a story and a character and as an actor, I interpret that character – that's the creative part of being an actor. Here, I sit down with a blank screen and think – where do we want to go here? I come up with a character or two that interest me and I follow them to see where they're going to take me. Within a couple of hours I might have written a thousand words and wonder: where

did that come from? It comes from imagination and experience, drawing on the things you've known and done and things other people have done – you're drawing on life."

Despite decades of having his name up on the screen, Bryan is still coming to terms with having his books proudly displayed in bookshops.

"I do find it a little bit surprising to walk in and see *Sweet Jimmy* and *The Drowning*, and now *The Hidden* by Bryan Brown – I haven't quite come to terms with that part of it. I've got used to my name on a TV show or a movie, but I can still walk into a bookshop, look at a title and think: I wonder what that's like? – oh, that's me!"

Bryan is no stranger to the Redlands, having filmed scenes of the popular *Darby and Joan* series on Minjerribah in recent years. Locals are in for a rare treat at the Cleveland Library on Saturday, November 8 when Bryan will talk about his latest crime novel *The Hidden*. Bookings are essential and can be made via [www.redland.qld.gov.au/Libraries/Whats-on-at-your-library](http://www.redland.qld.gov.au/Libraries/Whats-on-at-your-library).

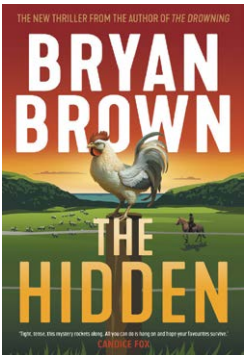


Photo: Supplied.

See them  
Snap them  
Save them

Help protect Redlands Coast koalas.

Q redland koala watch



Redland  
CITY COUNCIL





14



# COMMUNITY ORGANISATION PROFILE: AL-ANON FAMILY GROUPS

If someone you care about struggles with alcohol, it can take a toll on your own emotional health. That's where Al-Anon Family Groups comes in. It's a warm, welcoming fellowship designed to support family members and friends affected by someone else's drinking. It's a space where you can connect with others who truly understand what you're going through, share your story, and learn practical ways to take care of yourself.

Al-Anon meetings are confidential and judgment-free, offering a safe environment to explore how alcoholism affects families and relationships. You'll hear from people of all backgrounds, each navigating their own path toward healing. The program follows a 12-step model, similar to Alcoholics Anonymous, but with a focus on your own recovery – not trying to fix or control someone else's drinking.

One of Al-Anon's core messages is that you didn't cause the problem, and you can't cure it. Instead, the focus is on acceptance, setting healthy boundaries, and finding peace by letting go of what you can't control. It's about learning to detach with love, and supporting your loved one without losing yourself in the process.

Al-Anon is free to attend, and there's no pressure to speak or commit. You're welcome to simply listen, and many people find comfort just being in the room. There's also Alateen, a sister program for teenagers dealing with similar challenges.

If you're curious, the best way to get started is by attending a meeting. They're held in community spaces across the country, and you can find one near you through the Al-Anon Family Groups Australia website. It might just be the first step toward feeling a little more grounded, supported, and understood.



For information and help contact:  
AL-ANON FAMILY GROUPS  
[www.al-anon.org/Australia](http://www.al-anon.org/Australia)  
Phone: 1300 252 666


# BATTERIES


## MORE POWER LONGER LIFE

SERVING THE BAYSIDE FOR OVER 60 YEARS  
WITH QUALITY BATTERIES




Batteries that last and last







VALVE REGULATED LEAD ACID AGM BATTERY










MORE POWER. LONGER LIFE

CARS • TRUCKS • MOBILITY SCOOTERS • STOP START VEHICLES • MARINE • BIKES • CARAVANS • MOTORHOMES

238 TINGAL RD (CRN BURKE ST) WYNNUM 4178 | 3396 3674 | [www.wynnumbatteries.com.au](http://www.wynnumbatteries.com.au)





**Tint-a-Car**  
Protects Best.

Darkest Legal Film with 99 % UV Protection

Ceramic Paint Protection

Interior Protection (Fabric/Vinyl/Leather)

Films Exclusive to Tint a Car  
Nationwide Lifetime Warranties



Unit 1/18 Smith Street, Capalaba Qld 4157 | 3245 6822 | [capalaba@tintacar.com.au](mailto:capalaba@tintacar.com.au)



Feeling confused and overwhelmed with too many options?  
Unsure what the next steps are in your retirement journey?  
**We're here to help**

**YOUR ONE STOP RETIREMENT SHOP**  
SERVICES INCLUDE: Aged Care Placement, Downsizing Strategies, Real Estate Consultancy, Decluttering

*Your peace of mind starts with a simple conversation*

**CONTACT US 1300 245 502**  
[www.retirementcaresolutions.com.au](http://www.retirementcaresolutions.com.au)





# THERE’S NO PLACE LIKE HOME CHARITY DINNER & AUCTION IS ON AGAIN!

FROM REDLANDS COAST PROPERTIES

On Saturday, October 11, at 6:30pm, the fifth annual There’s No Place Like Home Charity Dinner and Auction will be held at the Alexandra Hills Hotel as a major fundraising event supporting homelessness in the Redlands community.

Founded by local real estate agent Louise Denisenko of Redlands Coast Properties in 2021, this annual event has become the largest of its kind in the Redlands, dedicated to raising funds for Redland Community Centre’s Homeless United program, run by CEO Ronan Wicks and his team. This vital initiative assists individuals experiencing homelessness or those at risk, helping them secure housing, rebuild their lives, and re-enter the workforce.

Previous events held:

- **2021:** Cleveland Courthouse with 120 attendees, primarily from the real estate industry, raising \$20,600
- **2022:** Redlands Sporting Club, with increased business and community involvement, raised \$32,624
- **2023:** Alexandra Hills Hotel, with over \$42,860 raised
- **2024:** Alexandra Hills Hotel, with \$50,452 raised, breaking previous records

This year’s event is shaping up to be the biggest yet, with nearly 200 tickets already sold.

Louise Denisenko expressed her gratitude for the ongoing generosity of real estate professionals and local businesses, who have donated raffle and auction items. She acknowledged the essential support of her team and fellow industry colleagues, including Bianca Stubbs, Tanya Campbell Flood (First National Cleveland), Julie O’Callaghan (@ Realty), and Leanne Bojarski (REMAX On Point), who help bring the event to life each year.

With the housing crisis intensifying due to high rental prices and cost-of-living pressures, support for those experiencing homelessness is more critical than ever. Homeless United provides a lifeline for many in our region, and events like this ensure that vital services continue to be available.

The evening promises a vibrant atmosphere filled with a three-course meal, drinks, live entertainment, a charity auction, and raffle prizes, all aimed at raising money to make a difference in the lives of those in need.



Photo: Supplied.

We invite everyone to attend or support in any way possible. Every contribution helps make a lasting impact on our community. For tickets, visit: <https://www.trybooking.com/events/landing/1426057>



**FINE**  
**CONCRETE FINISHES**

- Restore old tired concrete driveways & paths.
- Removal of paint, glues & epoxy surfaces from concrete.
- Concrete surface repairs
- Concrete surface cleaning & surface preparation.
- Painting of masonry surfaces i.e concrete, bricks, pavers, retaining walls etc
- Residential & Commercial

## Revive “A” Drive



**Call Simon today 1300 870 925 or 0414 422 200**



# Buying Now

Mike and Nate Cornish will be travelling to the Redlands and Bayside areas for **5 days only from Tuesday, 28th Oct, to Saturday, 1st Nov.** We want to buy your unwanted items listed below. Please visit us at a venue as shown below. No appointment necessary.

These events are often compared to the 'Antiques Roadshow' on TV, but without the long queues.

**Don't miss this opportunity!** If you live outside the area, have too many items to bring in, or would like a home visit, phone Nate on 0426 820 646 NOW to arrange a time.

**Fully Licensed Antique, Numismatic, and Precious Metal Buyers with over 45 years Industry Experience.** Security Supplied by Security International Limited.

Mike



Nate



**Are you moving or downsizing? Are you worried about security? Unwanted coins?**

**Any jewellery, incl damaged? Do they sit in a drawer or cupboard?**

**Are you no longer collecting? Are the family not interested?**

**Would the money be more of use to you?**

## Gold & Silver Jewellery

All Modern, Vintage & Antique Jewellery, Rings, Chains, Bracelets, Earrings, Brooches, & Pendants, All Worn or Broken Jewellery



## Aust. Proof & Uncirc.

All RAM and Perth Mint. Gold, Silver, Proof, Uncirculated, C-Mint, Old or Modern Coins and Sets, Collections & Accumulations. Any folders, tins, or bags of coins.



## Silver & Gold Bars, Pendants

- Any size or weight, even unspecified
- Any condition • All brands including ABC, Perth Mint, Harrington, Engelhard, Geomin, and all other brands
- Also Platinum & Palladium coins/ bars



## Gold Coins

Full and Half Sovereigns, Nuggets, Bullion, \$200 Aust. Coins, Commemorative Coins, World Gold Coins, Holed or Worn, Gold Medals & Fobs



## Military Medals

- Australian Military Medals
- All Other Military Medals
- Orders & Decorations
- Bravery & Long Service Medals
- Stars & Crosses
- Groups & Accumulations
- Collections



## Silver Coins

Aust. – Crowns, Florins, Shillings, Sixpences, Threepences, all coins from NZ, Great Britain, Fiji, South Africa, USA, Canada, Misc Silver Coins & Tokens, and all Other World Coins



## Bank Notes (Aust. & World)

- Decimal World Notes
- Predecimal World Notes
- Error and Misprint
- Private & Trading Bank Notes
- Specimen & Cancelled Notes
- Star Notes
- All World Notes



## Silver

Sterling Silver, Tea Sets, Cutlery, Trophy Cups, Trays, Baskets, Vases, Photo frames, Jugs, Mugs, Cigarette & Card Cases, Bullion Bars



## Jewellery

All Jewellery, Bracelets & Bangles, Rings, Diamond and other stones, Coral Jewellery, Brooches, Pendants, Locket, Gold Cufflinks, Necklaces, All Broken or Worn Jewellery



## Watches (Modern & Vintage)

Any Condition – working or not, Omega, Rolex, Tudor, Seiko, Longines, Breitling, Tag Heuer, Cartier and Other Watches Gold, Silver, and all Pocket Watches. Watchmaking spare parts and tools.



## TUESDAY 28TH OCT

**Redlands RSL  
(Tobruk Room)**  
10:00am – 12:00pm  
8 Passage St, Cleveland

**Wynnum RSL  
(Pandanus Lounge)**  
1:00pm – 3:30pm  
174 Tingal Rd, Wynnum

**Home Visits**  
3:30pm – 6:00pm  
Phone 0426 820 646

## WEDNESDAY 29TH OCT

**Redlands Sporting Club  
(Room 3, behind Haven  
Restaurant)**  
10:00am – 2:00pm  
Anson Road,  
Wellington Point

**Home Visits**  
2:00pm – 6:00pm  
Phone 0426 820 646  
For a Home Visit

## THURSDAY 30TH OCT

**Victoria Point  
Sharks Sporting Club  
(Sharks Function Room)**  
10:00am – 1:00pm  
325 Colburn Avenue,  
Victoria Point

**Home Visits**  
1:00pm – 6:00pm  
Phone 0426 820 646  
For a Home Visit

## FRIDAY 31ST OCT

**Redlands RSL  
(Tobruk Room)**  
10:00am – 2:00pm  
8 Passage St,  
Cleveland

**Home Visits**  
2:00pm – 6:00pm  
Phone 0426 820 646  
For a Home Visit

## SATURDAY 1ST NOV

**Home Visits  
All Day**  
Phone 0426 820 646  
For a Home Visit

No need to sort or clean coins.

We'll buy 1-10,000 items.

**Heritage International**  
[www.heritageint.nz](http://www.heritageint.nz)



## LE CHAPEAU EXHIBIT: WHERE DID YOU GET THAT HAT?

BY JAN NARY

*Redlands Coast Museum is tipping its hat to a fascinating collection of millinery with Le Chapeau, and you're invited to see it up close.*

"Many of the hats – and millinery tools – were donated by Brisbane milliner Dell Johnstone\*, as well as some items from her mother, tailor Edna Hicks," says Jan Banks, head of the Textile Group at the Redlands Coast Museum, referring to *Le Chapeau*, one of the museum's current exhibitions. *Le Chapeau* features a curated collection of hats spanning from 1880 to the present day.

“Even up into the 1900s, it was important for a lady to wear a hat when she went out – it was frowned on to go out bareheaded; her hat was a sign of modesty. In some places, a woman could be reported for going out hatless,” says Jan.

“By the 1960s, that had changed, and hats became more of an enjoyable, optional fashion accessory. As fashions changed, so did hats, and milliners began to play a more important role in couture.”

Materials commonly used included straw, felt, silk, taffeta, and sinamay. Sinamay is made in the Philippines from the Abaca banana plant; light, strong, stiff and durable, it is an obligingly adaptable material for hat shapes and decorations. The chaps haven't been forgotten, and the exhibition features some distinctive samples of men's hats, including the iconic Akubra.

The cloche (French for “bell”) hat, beloved by the 1920s flappers, is a classic example of a hat that carries a wealth of information about social mores and extended fashions of the time. They suited the fashionable new short bob haircuts and tightly framed the wearer’s face, with the new, bold makeup style of the day. Because they were originally worn pulled down over the ears and brow, they required the wearer to tilt her head up,



*Photo: Supplied.*

giving a slightly haughty look that suited her thoroughly modern attitude. For those in the know, the addition of certain ribbons could indicate the wearer's availability for dalliance. What more could one ask of a chapeau?

\*A footnote: one of Dell's commissions was to make five hats for bloodhounds to wear in a dog food commercial.

SAFETY SCREEN DOORS  
HINGED OR SLIDING  
from  
~~\$515~~  
**\$425**

INCL. GST & INSTALL 864W X 2114H

✓ TRIPLE LOCK

✓ LOCK GUARD

Q screen doors by K&B



Offer valid until 21.11.25

15%  
OFF!

SUPA SAVINGS SALE!

BRISBANE/IPSWICH: 07 3200 9152

GOLD COAST: 07 5529 7688

f Find us on Facebook



# REAL ESTATE

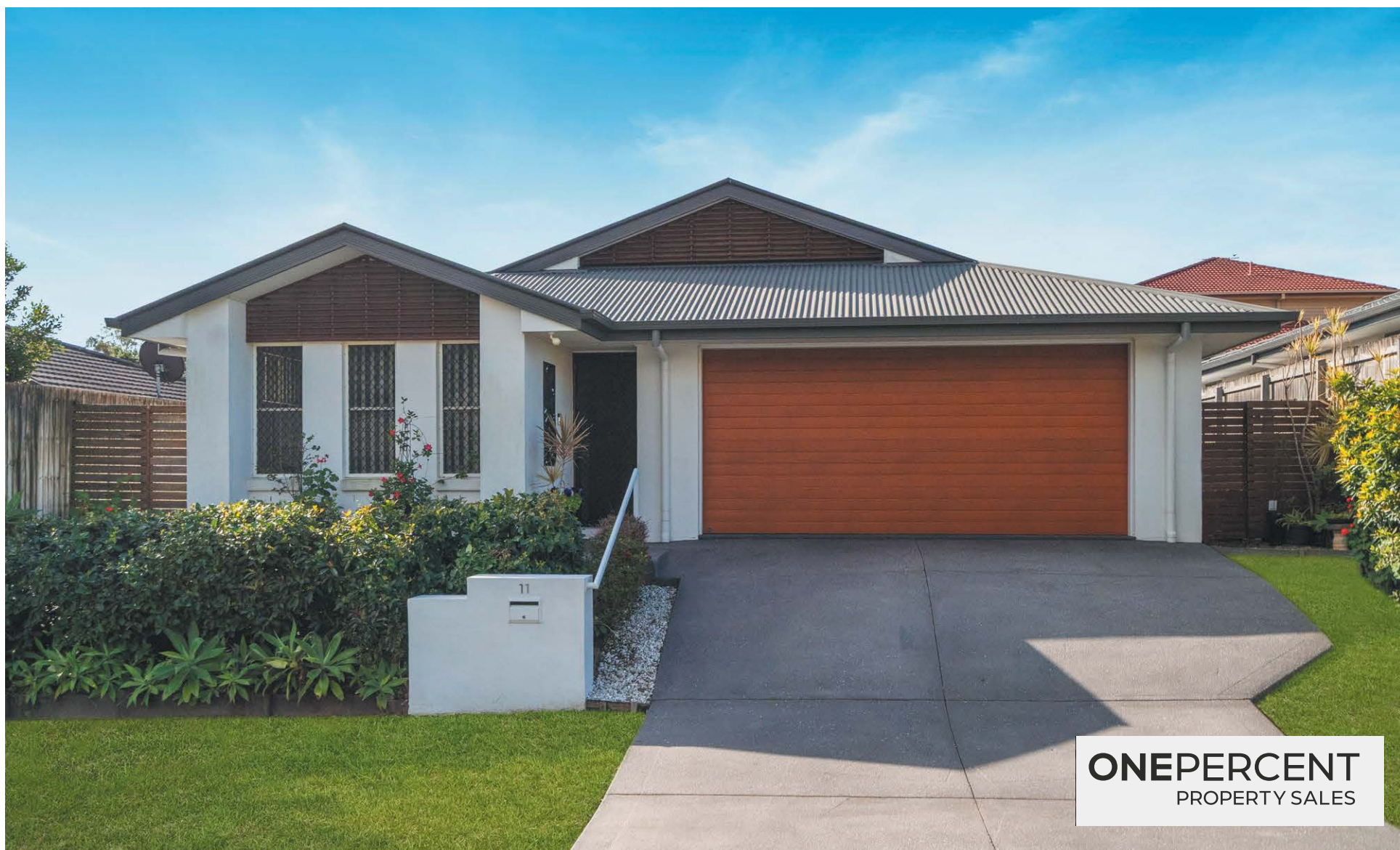
NEWS & VIEWS

**dibble**  
Locksmiths & Security



**CALL 3245 6999**

[www.dibblelocksmiths.com.au](http://www.dibblelocksmiths.com.au)



**ONEPERCENT**  
PROPERTY SALES



Jan Goetze  
0418 885 523

Queensland  
**Sotheby's**  
INTERNATIONAL REALTY



# The Importance of Pest Control During Summer

CONTRIBUTED BY AMG PEST MANAGEMENT

Summer in Australia is a time we all look forward to – longer days, family barbecues, and more time outdoors. But with the warmer weather also comes an increase in unwanted visitors: pests! From ants marching across the kitchen bench to cockroaches hiding in the dark corners, summer is the peak season for pest activity.

Pests thrive in the heat and humidity, making our homes and backyards an easy target. Ants, cockroaches, flies, mosquitoes, spiders, and even termites are far more active during summer. Not only can they be a nuisance, but many pests also carry diseases or cause serious damage to your property. For example, termites alone are responsible for thousands of dollars in damage to homes each year. Scarier is that one in three homes is impacted by termites.

Simple steps can make a big difference in keeping pests away. Keeping food sealed, cleaning up crumbs, emptying bins regularly, and reducing standing water around the home can help reduce the risk. Regular professional pest inspections are also important, especially during the warmer months, to catch problems early before they become a costly issue.

Taking action now means you can enjoy your summer without the stress of pests invading your home. A safe, comfortable, and pest-free environment lets you focus on what matters most, such as spending time with family and friends.

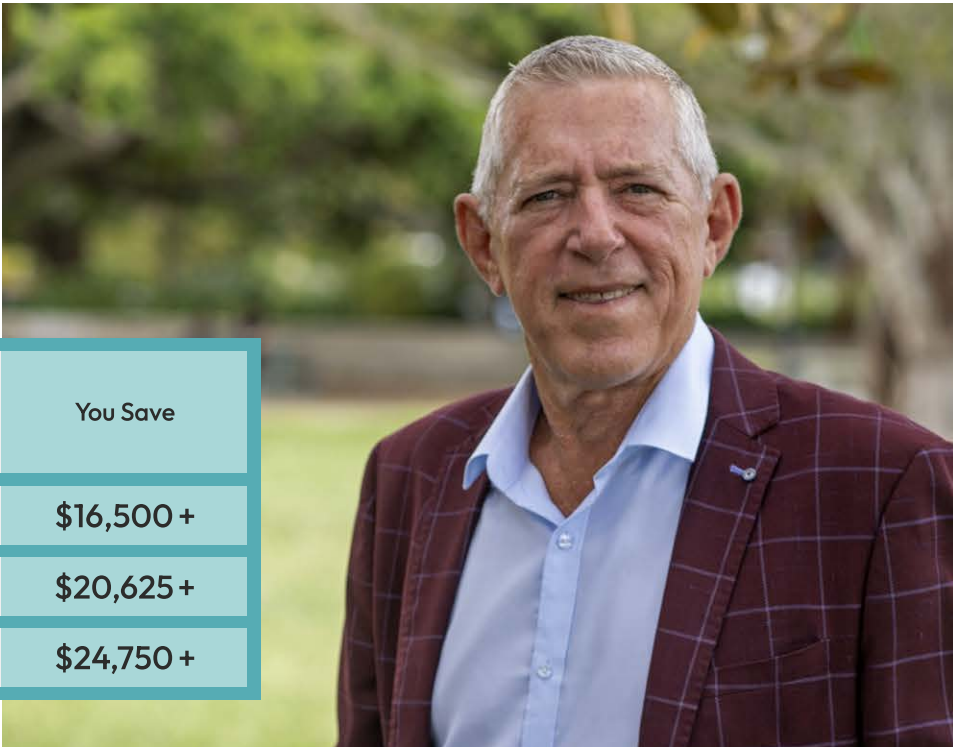
This summer, stay one step ahead of pests and protect your home and loved ones with simple prevention and timely pest control.

Thank you for choosing A.M.G Pest Management: proudly 100% family owned and operated!





**Save thousands.**  
**Sell your home for 1.5%**  
**including free advertising.**

Sample Sale Price	ONEPERCENT PROPERTY SALES 1.5% + GST	Traditional Agents Charging up to 3% + GST + Advertising	You Save
\$1,000,000	\$16,500	\$33,000	\$16,500 +
\$1,250,000	\$20,625	\$41,250	\$20,625 +
\$1,500,000	\$24,750	\$49,500	\$24,750 +

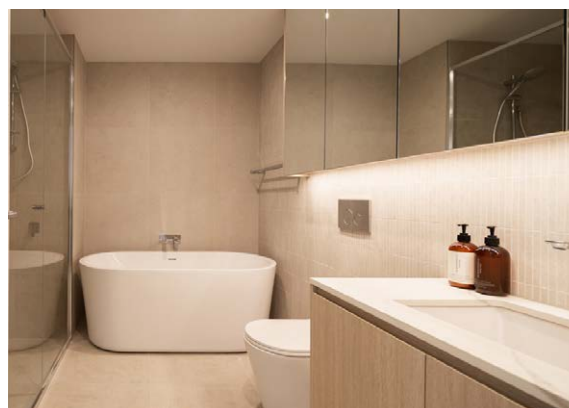
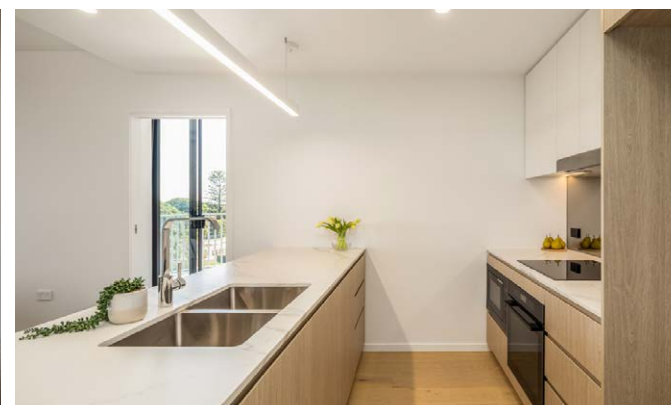


Contact Craig Yarrow

 0407 752 269  
 craig.yarrow@onepercent.com.au

**ONEPERCENT**  
PROPERTY SALES





## 41 Sorrento Street Wynnum West

2 Beds from **\$995,000**

3 Beds from **\$1,195,900**

**VISIT [adena.com.au](https://adena.com.au) or CALL 1800 443 446**

Onsite displays open 7 days a week 10am-4pm

**BUY NOW - SUBJECT TO SALE OF YOUR OWN HOME**

- Swimming pool
- Fully equipped gym
- Sauna & steam room
- Rooftop terraces with city & bay views
- Communal & BBQ areas
- Secure underground parking
- 5 min to the bay
- Less than 30 min to Brisbane CBD

**Brand New Luxury Apartments - NOW COMPLETE**



Welcome to **The Palms Luxury Villas** – an exclusive community redefining over-50s lifestyle living. Here, you can downsize without compromise, in a vibrant resort-style setting designed for comfort, convenience, and freedom.



**REGISTER YOUR INTEREST** [www.thepalmsvillas.com.au](http://www.thepalmsvillas.com.au)



**TOMAS**  
**0416 099 361**  
[tomas@tsprojects.com.au](mailto:tomas@tsprojects.com.au)



**INFORMATION CENTRE - 39 Bay Terrace, Wynnum**  
**OPEN: Monday - Saturday by Appointment**

**1 Connie Way Thornlands**



# Under the Hammer - Auction Story!

Living and breathing real estate for 30 years has given me the special opportunity to be part of people's dreams. Most people get through the selling and buying process unscathed and shed a big sigh of relief at the end. But for some other people buying and selling a home can be filled with high emotions and be very stressful if things don't go to plan. It's the weekly horror stories I have been exposed to over the years that make me cringe, but at the same time, fuels my passion to keep fighting to help people through the real estate minefield unscathed.

'Hey Dave, listen to what just happened to Justin and Robyn', Heidi our team's sales secretary said after getting off the phone. Hearing an outline of the story from Heidi, I decided to call Justin and Robyn to confirm the facts. We had just sold Justin and Robyn's property. Justin and Robyn gave us a glowing 5-star review. But as home buyers, it did not go so well. They explained how they inspected a home listed with another local agency and instantly fell in love with the property.

Justin and Robyn wanted to make an offer prior to the property going to auction in three weeks. They asked the agent to give an indication of what the sellers might accept, but the agent was not telling them anything. Justin and Robyn decided to put in an offer hoping they had a good chance to secure the property.

The agent then came back and said the sellers needed to seek advice from a financial planner. Although this sounded odd at the time, Justin and Robyn waited a few days. After hearing nothing, they called the agent and were told the seller was advised by his financial planner he

should go to auction now he has spent all the money on advertising. Now this is where alarm bells started ringing for me as I have heard the 'financial planner' stalling tactic many times before. This is a fabricated story by auction agents to deflect the focus off the agent so they can achieve two goals prior to auction day.

Firstly, to spend all the seller paid advertising budget to get maximum exposure for themselves, and secondly, to condition the seller's price expectations to a low reserve amount that guarantees a sale on auction day. In essence, agents do not want to sell a property before auction day.

Justin and Robyn were forced to attend the auction for the home which was conducted in an auction room, along with other properties. Justin and Robyn witnessed for the first time in-room auctions. 'What a circus, the agents acted like movie stars with unnecessary over the top self-promotion about the agency and very little about the properties being sold', they said. 'It also appeared 95 percent of the people in the room were spectators and young rookie agents learning the ropes.'

Justin and Robyn were shocked to see other properties had no bids and others sold for thousands below what they thought was a fair price. When it came time to bid on their dream home, they were the only bidders. The auction had failed. Justin and Robyn were taken aside and pressured to make an immediate offer at any price, as the sellers of the property had bought elsewhere and needed to sell urgently. Under pressure, they just decided to offer the same amount as three weeks ago. The sellers jumped at the offer and

Justin and Robyn bought the property. Sadly, for the sellers, Justin and Robyn would have paid much more if the environment was right.

'This has been the worst experience we could have ever imagined.' 'Never would I recommend anyone, buyer or seller put themselves through an auction,' Justin said. 'A friend had a similar experience and said you 'poor things' - most agents are disgusting to deal with when you are trying to buy a home, and you can't trust their motives when you are selling.'

When Justin and Robyn decided to sell, they chose our agency to sell their property based on a referral from a friend and the structured selling strategy called The SMARTRE SALE. The SMARTRE SALE has 8 components, which include advertising a property with an asking price, and implements a smart marketing campaign to reach a larger buyer audience. If you are about to embark on your real estate journey, we would love to help guide you through the process.

Justin and Robyn gave Tidbold Real Estate a 5-star review: 'A dedicated and professional team of real estate agents. I love the fact that you have a team of agents working for you to sell your house. Ben Hayward was calm, professional, and not pushy. He was very informative and clearly outlined what steps we had to take to sell for the highest price with no risk and no stress.'

Article by  
**Dave Tidbold**

Director of  
Tidbold Real Estate  
Selling Redlands'  
real estate since  
1994.



**THE  
SMARTRE  
SALE**

*The only  
ethical and effective way  
to sell your property!*



**TIDBOLD**  
REAL ESTATE  
*Ethics in Real Estate*

Call us 7 days/24 hours  
**3207 6000**



# REDLANDS WELCOMES 175 NEW AUSTRALIAN CITIZENS

Australian Citizenship Day on 17 September 2025 was extra special on Redlands Coast, when 175 residents from 33 countries made a pledge to become citizens.

Redland City Mayor Jos Mitchell reflected on the importance of Australian citizenship when welcoming the new citizens, their families and friends at a citizenship ceremony at Redland Performing Arts Centre, Cleveland.

“Australian citizenship represents a shared identity that unites us all while respecting our diversity,” the Mayor said.

“This is especially significant on Australian Citizenship Day, when we can reflect on the meaning of being an Australian citizen and the responsibilities and privileges that come with it.

“Whether we are citizens through birth or by choice, the day is an opportunity for us to take pride in our citizenship, celebrate our democratic values and think about what unites us as Australians.

“On Redlands Coast, more than 25 per cent of the city’s residents were born overseas and our Australian citizenship is the common bond that unites us all.”



Renee Jones, Isla Flinn, Carter Flinn and Ian Flinn. Photos: Supplied.

Mayor Mitchell encouraged the new citizens to continue embracing their own heritage and culture.

“In doing so you are contributing to the diversity that makes Australia such a wonderful place to live, work and play,” the Mayor said.



Awii Kottunui and Pal Juvancz.

“Australia prides itself on being one of the most successful multicultural societies in the world and Redlands Coast prides itself on being a prime example of this.”

## NEED A WARDROBE REFRESH? SOROPTI-SWAP HAS YOU COVERED!

FROM SOROPTIMIST INTERNATIONAL BAYSIDE

**Soroptimist International Bayside invites you to Soropti-Swap – Recycle, Reuse, Upcycle, on Saturday, October 11, at Redlands IndigiScapes Centre, 17 Runnymede Rd, Capalaba.**

Australians hold the unfortunate record of purchasing more clothing per capita than anywhere in the world. This results in large volumes of textile waste being sent to landfills. Soropti-Swap serves to raise awareness of this problem and to encourage more people to reduce, recycle, or upcycle garments and textiles.

Come along to hear how one woman has established a business to address this issue. Kim Bailey, from East of Grey, will share her story and then lead a workshop on how to mend, reuse, or upcycle garments to breathe new life into much-loved clothes.

Bring along the following items:

- Garments needing repair or upcycling
- Old sheets and towels for recycling
- Up to 10 items to swap for ‘new-to-you’ outfits
- Clothing, shoes, bags, jewellery, fabric, buttons, lace, etc.

Entry is by a gold coin donation, which will be forwarded to a local charity. There will also be market stalls selling their recycled products, as well as ideas on how to reuse or upcycle textiles in craft projects.

SI Bayside looks forward to seeing you at IndigiScapes on Saturday, October 11, from 10:30am to 2:00pm.





# Upgrading schools in Ormiston, Birkdale South and Thornlands



As well as upgrading local schools, here are some of the ways the new Queensland Government is delivering for the Redlands:

- ➡ Expanding Redland Hospital
- ➡ Delivering more CCTV and anti-theft measures in hotspots
- ➡ Upgrading sports clubs
- ➡ Fixing the Valley Way - Mount Cotton Road intersection
- ➡ Opening a Marine Centre of Excellence for the Southern Moreton Bay Islands
- ➡ Delivering a new Redland Whitewater Centre for 2032 and beyond
- ➡ Delivering a world-class wildlife hospital in Capalaba with the RSPCA.

**Find out what else we're delivering for you.**



Delivering for Queensland

**DELIVERING**  
FOR QUEENSLAND



**Queensland**  
Government





LOCAL POETRY  
**STARDUST**  
BY GEOFF SMILEY

We are formed of stardust \*  
and the earth around us.

We were there when,  
millennia ago  
ancestors lived in  
dreamtime identity.  
Connection claims us.

We were there when  
those ships came into  
Botany Bay  
and share responsibility  
for that day.

We were there when,  
in 1901 new Australia began;  
when came the institutions  
that served since then.  
They are a part of us.

We were there when  
they defended our country,  
those brave men and women  
and share in the honour  
of what they did.  
We now carry their banner.

We are here for  
what our generation  
must do.  
Building with  
fairness and generosity.

When we return  
to the earth and stardust  
we will still be there  
represented in  
the future and the past.

That is eternity.  
© Geoff Smiley

\*Science tells us that stardust is part of us.



# FINDING A LOST BALLOON – AND FINDING FORGOTTEN FEELINGS

**For more than 20 years, Clint Bolster – clown, physical actor, producer and teaching artist – has been making Australian and international audiences laugh, think and feel.**

Bringing a unique elegance and significance to the role of the clown with such creations as *Booff, Bolster & Lee*, *The Bubble Canteen*, *The Mask Family*, *Manoeuvre*, and *Homunculus Theatre*, Clint has forged resilience and laughter from an intensely painful childhood. His latest offering is *The Lost Balloon*, showing at RPAC on November 6.

A survivor of early violence and trauma, Clint credits school teachers with helping him to battle through the difficulties, reconnect to others, find the joy again – and to share the laughter with others.

“Through the clown characters I’ve created it’s as if I’ve found a way to give myself, as an adult, the childhood that I never had and a lot of my work is autobiographical,” he says.

“In primary school I didn’t feel that I fitted in; I was bullied a lot and all my friends were older people. The young Hero character in *The Lost Balloon* is about seven years old – he has no friends, he can’t connect with people, he feels like an outsider – then a lovely yellow balloon

drifts into his life. Yellow is a symbol of hope and joy and friendship and for the first time ever he has somebody – the balloon is alive – who has befriended him and accepted him. Then a gust of wind blows the balloon away and the chase is on.”

What follows is a string of encounters with folk who help him – and are helped by him. Accompanied by an original, soul-stirring musical score, the whole wonderful romp is played by masked characters and the emotional connections are unhampered by age differences, gender differences or language. Even though the characters are wearing full face masks and have no spoken words they communicate precisely through body language, feelings, instinct and music. Each encounter brings unexpected moments of humour, tenderness, and joy.

“Mask theatre connects directly to the heart and *The Lost Balloon* is an exploration of human connection; not judging others for being old or for being young or for being different. Its themes are universally understood, its characters are easy to identify with, and it reminds us that even the smallest acts of kindness can create ripples of change.”

For tickets to the RPAC show, go to [www.rpac.com.au](http://www.rpac.com.au) or phone (07) 3829 8131.



Photos: Supplied.



# WYNNUM GETS WICKED: HALLOWEEN PARADE TO BE SPOOK-TACULAR

Get your ghouls, giggles, and glowsticks at the ready – Wynnum’s most frightfully fun tradition is back! The Wynnum Ampol Halloween Parade is set to take over Bay Terrace on Saturday, 25 October, and this year’s lineup promises more thrills than ever!

Kicking off at 3pm, the main stage will come alive with high-energy performances from Kelleher’s Dance Academy and the ever-spirited Side Step Shuffle Line Dancers. Add in bustling markets, carnival rides, and food trucks serving everything from fairy floss to fang-worthy snacks, and you’ve got an afternoon packed with family-friendly chaos.

But the real magic begins at 5:30pm, when the parade rolls down Bay Terrace (between Berrima and Clara Streets), featuring over 200 performers – including Bayside Dance, local bands, and a few mysterious guests who may or may not be wearing capes. Keep your eyes peeled and your lolly bags open as you follow the Trick and Treat Trail, with participating retailers handing out sweets to costumed wanderers.

As the sun sets, the fun ramps up with the Best Dressed finals and a family-friendly DJ set to keep the spooky vibes bouncing into the night. Monster Mash, anyone? And whether you’re rocking a homemade monster look or just there for the tunes and treats, there’s a place for everyone in this community celebration.

Want to strut your stuff in costume? Enter the heats now via the event website (<https://wynnumnow.com/wynnum-halloween-parade/>), and you might just be crowned Wynnum’s Halloween royalty.

So grab your broomsticks, dust off your wigs, and get ready to haunt the streets, because Wynnum’s Halloween Parade 2025 is one event you won’t want to ghost!



Bayside Dance students are excited for Halloween.



**Saturday 25 October from 3.00pm**

**FOOD & ENTERTAINMENT**

Rides, markets, food trucks,  
entertainment & more!

**TRICK & TREAT IN THE STREET**

Wynnum Central  
3.00-5.00pm



Brought to you by



**AMPOL WYNNUM HALLOWEEN PARADE**

Bay Terrace **5.30pm**

Proudly supported by



Dedicated to a better Brisbane

Scan for more info



**BEST DRESSED COMPETITION**

Prizes for best dressed! | **Enter online!** | Children & Adults

27



# CLEVELAND AND BAYSIDE FORUM: TURNING FEAR INTO FUN

CONTRIBUTED BY PAM TRANTER

Several people rank public speaking among their top fears – right alongside heights or spiders – due to its ability to evoke anxiety. However, within Forum, we view public speaking as much more than a skill to master. It’s a creative pursuit, an opportunity for play, and a personal stage upon which we can truly shine.

Whether you’re an experienced orator or just gathering the courage to greet an audience, Cleveland members are committed to inspiring and entertaining, showing both new and seasoned speakers how public speaking can become an enjoyable and fulfilling journey. The biggest challenge is encouraging others to take that first step.

Our mission continues to be the inspiration and demonstration that public speaking is one of life’s most rewarding and enjoyable adventures. We dedicate ourselves to helping others discover the excitement and satisfaction that comes from sharing one’s voice.

At our recent session, we embraced the theme “EXPAND” for our speeches, reflecting our ongoing dedication to both personal growth and the continual expansion of our membership. This approach aligns with our core values, encouraging every member to push their

boundaries and reach new heights with confidence.

Some speech titles have been: Expand Your...Taste Buds, Knowledge of Eggs, Creativity, Wardrobes, Horizon, Expand or Shrink Your House?

To motivate new members and encourage participation, we introduced segments such as On Your Soap Box, Journalist for a Day, book and movie reviews, Poets’ Corner, Cameos, Progressive Story, and the dying art of joke-telling. We also continued tutorials, workshops, and sessions with guest speakers to support ongoing learning.

At the biennial Forum conference held at the Royal Qld Yacht Squadron in Manly in September, all clubs had the opportunity to showcase their club. Our Cleveland Forum delivered the message of “fun and fabulous at Forum”, making every session an opportunity for growth and enjoyment when removing fear, freeze, fight or flight.

Fear of public speaking is common and can hold you back from opportunities and growth, but you can overcome it with preparation, gradual exposure, mindfulness, and by shifting your focus to serving the audience.



Photo: Supplied.

Cleveland Forum – Be Confident, gathers on the first and third Thursday of each month at 12:30pm at the Cleveland Library. Bayside Forum gathers second and fourth Wednesday each month at 7:00pm at the Wynnum Library. If you are interested in attending a 90-minute meeting to see if it suits you, please contact the secretary, Pam Tranter, at pamtranter46@outlook.com.

# ST LUKE’S ARTS SHOWCASE CELEBRATES STUDENT CREATIVITY

FROM ST. LUKE’S CATHOLIC PARISH SCHOOL, CAPALABA

On Tuesday, 16 September, St Luke’s Catholic Parish School in Capalaba came alive with colour, music, and joy as students from Prep to Year 6 presented their Arts Showcase. The event was a vibrant celebration of creativity, featuring performances and exhibitions across Visual Art, Media Art, Music, Dance, and Drama.

Families, staff, and community members gathered to witness a spectacular display of student talent. From energetic dances and heartfelt singing to joyful marimba performances, hilarious skits, and stunning visual artworks, every act reflected the students’ passion and imagination.

Special mention goes to student MCs Arabella and Avah – affectionately known as the “Cabbage Girls” – who confidently introduced each act with professionalism and flair.

Principal Denita Castley praised the dedication of Arts Teacher Mrs G, whose enthusiasm inspires students every week. She also acknowledged the tireless efforts of staff behind the scenes, whose support helped students shine both on stage and in the gallery.

“We are so proud of our school community,” said Denita Castley. “Thank you to everyone who came along to support and celebrate with us.”

St Luke’s continues to foster a love of the arts, enriching the lives of students and the wider Capalaba community.



Photo: Supplied.



# LOCAL TRADES

TRUST A LOCAL

Phone DAMIEN on 0421 786 302 to book an advertisement



SCAN HERE FOR MORE INFORMATION



## AIR CONDITIONING

### AIR CONDITIONING

- ✓ Split System Air Conditioning
- ✓ Ducted Air Conditioning
- ✓ Smart Home Wi-Fi Upgrades
- ✓ Repairs & Maintenance
- ✓ Spare Parts & Replacements
- ✓ Annual Servicing
- ✓ Warranty Work & Repairs
- ✓ Commercial HVAC Management
- ✓ Leak Detection & Regassing
- ✓ Relocation of Existing Units



QBCC: 15128877 - Elec: 80306 - ARC: AU39136  
admin@jaricgroup.com.au

**1300 452 742**

## BATHROOM

### FIX LEAKING SHOWERS WITHOUT REMOVING TILES

SHOWER REPAIRS • SHOWER RE-GROUT

Free quotes: 0403 558 896

QBCC 151 607 42



leaky showers  
com.au

## CONCRETE

### BAYSIDE CONCRETING

#### QUALITY WORK AT THE RIGHT PRICE

PLAIN • EXPOSED • COLOURED •  
COVERCRETE • RE-SURFACING •  
RE-SEALING

NO  
JOB TOO  
SMALL

DARREN 0413 502 821  
JOSH 0438 574 353

QBCC 1109507

PROMPT  
SERVICE

## ELECTRICAL

### J. Richardson Electric

#### "THE FAN & SMOKE ALARM MAN"

Ceiling Fans, Safety Switches,  
Smoke Alarms, Light & Power

Phone Jim 0413 995 348

Lic No 66173

## AIR CONDITIONING SPECIALISTS

### LEMINE Pty Ltd

QBCC LIC NO 58120 ARC Lic. AU3506

ALL BRANDS • SERVICE & REPAIRS

**PANASONIC**  
SALES & INSTALLATION

3207 1596 aircon@lemine.com.au

*Celebrating 40 years in business*

## BUILDING & MAINTENANCE

AE PRICE PTY. LTD.

### BUILDERS

KITCHENS • BATHROOMS • REMODELLING SPECIALIST

Call Stiven: 0430 355 112 | info@mrfixall.com.au

www.mrfixall.com.au

BUILDING • MAINTENANCE • PAINTING

Reputation and trust Est. 31 Years

Member of the Redlands Coast Chamber of Commerce

Insured - Police Clearance

QBCC 1314383



**MR. FIX ALL**  
*We maintain!*

When you think of building  
and maintenance... CALL US!

Reputation and trust.  
Est. 31 Years

A.E. Price Pty. Ltd. Licenced Builders Also Painting Work  
Unlimited • Public Liability Insurance • Police Clearance  
Member of the Redlands Coast Chamber of Commerce

Call Stiven: 0430 355 112 | info@mrfixall.com.au

QBCC 1114108

www.mrfixall.com.au

QBCC Builders 1314383

## ANTENNA INSTALLATIONS

### DIGITAL ANTENNA INSTALLATIONS

FOR \$49 EXCL. PARTS

Free Quotes • TV Tuning • Extra TV points

PH: 0416 322 600

## COMPUTER & IT SERVICES

### COMPUTER PROBLEMS?

- AVAILABLE 7 DAYS
- NO CALL OUT FEE (BAYSIDE)
- WE CAN COME TO YOU

### TECHBUSTERS

REPAIRS, SERVICING, SALES & SUPPORT  
216 Vienna Rd, Alex Hills (By Appointment)



**3824 6117**

### BOOK A TRADES AND SERVICES ADVERTISEMENT TODAY

From \$165 PLUS GST

Phone DAMIEN on  
0421 786 302 or email  
sales@market2market.com.au

## ELECTRICAL

### LOCAL ELECTRICIAN

- ✓ Safety Switches
- ✓ Phone & Data Points
- ✓ Switchboard Upgrades
- ✓ Electrical Inspections
- ✓ Ceiling Fan Upgrades & New Installs
- ✓ EV Charge Points
- ✓ Warehouse & Factory Lighting
- ✓ Security Lighting
- ✓ Pool & Spa Circuits
- ✓ Smoke Alarms & Compliancy



QBCC: 15128877 - Elec: 80306 - ARC: AU39136

admin@jaricgroup.com.au

**1300 452 742**

**BOOK A LOCAL**

## Alans Electrical

LIC. 37417

**Servicing the Redlands  
for the last 30 years**

Family owned and run business

All types of electrical work including:

- ✓ Smoke alarms installation and certification
- ✓ Fan installation
- ✓ Led lighting
- ✓ Power points
- ✓ Switch board upgrades
- ✓ Data/phone and modem points
- ✓ All work Guaranteed
- ✓ No Job too big or too small

Call Ian on 0414 967 060  
or Alan on 07 3821 4379

## FENCING/RETAINING WALLS

### BOSS RETAINING WALLS

Timber and Concrete 1 metre and over  
by licenced qualified carpenter.

Ph 0407 919 919

QBCC 1161484

## DRIVEWAY



**FINE**  
CONCRETE FINISHES

- Restore old tired concrete driveways & paths.
- Removal of paint, glues & epoxy surfaces from concrete.
- Concrete surface repairs
- Concrete surface cleaning & surface preparation.
- Painting of masonry surfaces i.e concrete, bricks, pavers, retaining walls etc
- Residential & Commercial

### Revive "A" Drive



Call Simon today **1300 870 925** or **0414 422 200**



**HANDYMAN**

**'One call takes care of it all!'**

**One Call HANDYMAN** 0421 814 341

- General maintenance & repairs
- Plastering & painting Carpentry
- Fencing & retainer walls
- Gardening & landscaping
- Water pressure cleaning
- And much more!

admin@onecallhandyman.com.au

**PLUMBING**

**O.A.Plumbing & Bathrooms**

**SPECIAL OFFER**  
4 Taps in your home re-washed & resealed, Toilets & Hot Water Unit checked for the set price of **\$110** including GST

FOR ALL YOUR PLUMBING NEEDS

**0412 742 242** 64407-QBCC

**PATIOS, CARPORTS, PERGOLAS**

**PERGOLAS BRISBANE**

We are Brisbane's leading pergola, deck, tiling and patio builders.

- Pergolas • Patios
- Screening • Decking
- Tiling • Carports

**GET YOUR FREE QUOTE**  
QBCC: 15154266

**0493 126 828**  
pergolasbrisbane91@gmail.com  
www.pergolasbrisbane.com.au

25 YEARS OF BUILDING AND CONSTRUCTION EXPERIENCE

Pergolas Brisbane

**ROOFING**

**NP ROOFING**  
**SPECIALISTS IN TILED ROOFS**

Repairs to all Ridge Cappings  
Storm Damage & Insurance work

**3822 2921 or 0419 677 226**  
nproofing@bigpond.com

QBCC 1057386 - ALL WORK GUARANTEED

**KITCHEN**

**Evenden Cabinets**

Kitchens - Bathrooms  
Wardrobes - Offices  
All Your Cabinetry Needs

0412 736 885  
evendencabinets@gmail.com  
www.evendencabinets.com.au

QBCC - 155 31373

**Bacal & Co PLUMBING**

- Licenced Plumbers, Drainers & Gas Fitters
- Blocked drains & Hot Water Systems
- Guttering & Roofing
- General Maintenance & Leak Detection
- 50+ years in the industry

**FREE QUOTES** **PENSIONER DISCOUNT**

**3821 4224 / 3390 8338**  
QBCC LIC48757 admin@bacal.com.au ABN 74 501 696 602

**PEST MANAGEMENT**

**Pest Problems? We can HELP!!**

**A.M.G. PEST MANAGEMENT**

General Pests • Rodents • Termites

**Residential & Commercial**  
**15% Pensioner Discounts**

**0410 045 884**  
www.amgpest.com.au  
License Number: PMT008465619 QBCC: 15251683

**SOLAR**

**Goodhew Electrical & Solar** Licence No: 78875

Solar Power  
Battery Storage  
EV Chargers  
Electrical  
Switchboards  
Air-Conditioning

Speak to the experts **07 3286 1422**  
www.goodhewsolar.com.au

**LAWN CARE**

**DON'T WASTE YOUR WEEKEND**  
RELAX AND HAVE US BRIGHTEN UP YOUR YARD!

**PRECISION LAWN MOWING**

Other Services Available...  
• Lawn Weed Spray  
• Lawn Grub Spray  
• Commercial

PH: 0409 729 575

**MOW & TRIM**  
25 YEARS OF RELIABILITY

All Your Plumbing Needs

**WESTSCOTT PLUMBING**  
DRAINAGE & GAS FITTING

— Ph: Scott 0447 292 916 —

westscottplumbing@outlook.com

Specialising in  
**Hot Water Systems**  
Electric, Gas & Solar  
QBCC 1296121

**RENDERING**

**JC Rendering**

Specialising in all types of acrylic, cement rendering, repairs & venetian plaster.

27 Years experience

**Call: Warren 0412 697 202**  
QBCC 1053705

**TV MAINTENANCE**

TV'S . ANTENNAS . HOME THEATRE  
INSTALLATION SERVICES

**YOUR TV WILL LOVE YOU FOR IT**

• TV TUNING • TV POINTS  
• WALL MOUNTING • HOME THEATRE  
• SATELLITE • INTERNET/STARLINK

**0449 947 247** TV MAGIC

**MOVERS**

**KNIGHT MOVERS REMOVALIST**

LOCAL OR INTERSTATE  
12T TRUCK AVAILABLE

**0439 636 667**

**PLASTERING**

**JUST PLASTER REPAIRS**

Cracked & Sagging Ceilings, Holes, Cracks  
Water Damage and Expansion Joints

**FREE QUOTES**

Repair Specialist • Phone Ray

**0419 465 283**  
QBCC 58624 | AW3993414

**SECURITY**

**K&B SECURITY DOORS AND SHUTTERS**

**BRISBANE 07 3200 9152**

- ✓ Security Doors
- ✓ Plantation Shutters
- ✓ Insect Screens

kbsecurity.com.au

**TREE AND GARDENS**

**greenscape TREES AND GARDENS**

- Stump grinding • On-Site mulching
- Trees, Palms & Hedges
- Landscape maintenance
- Acreage mowing

Call Terry  
**0434 404 433**

**BOOK A TRADES AND SERVICES ADVERTISEMENT TODAY**

From \$145 PLUS GST

Phone DAMIEN on  
0421 786 302 or email  
sales@market2market.com.au

**PLASTERER**

- Local Tradesman
- Reliable
- Quality work
- No job too small

**CALL RON 0421 549 708**

**ozSpy SECURITY SOLUTIONS**

NOT SURE WHAT YOU NEED? INQUIRE TODAY.

SHOP 13/1050 Manly Road, Tingalpa  
ALARM AND CCTV SERVICE AND INSTALLATION

PH: 07 3348 8320 tingalpa@ozspy.com.au

**LOP CHOP CHIP Pty Ltd Fully Insured & Licensed**

**ALL ASPECTS OF TREE WORK INCLUDING:**

- Tree Removal • Felling • Climbing
- Cherry Picker Tree Trimming • Pruning
- Block Clearing and Thinning Help with Council approvals Root Ball Removals
- Stump Grinding etc

Fully Insured • Over 20 Years Experience • Latest Machinery & Chippers  
Speak to Raice  
**CALL 0408 151 730** We service all bay islands



TREE AND GARDENS



### NEIL'S TREE EXPERTS

- Tree and palm removals
- Tree pruning
- Hedge pruning
- Stump grinding
- Pensioner discount



## 0410 510 185

### TREES, PALMS & STUMPS

- Tree removal/reductions
- Palm removal
- Fully insured
- Qualified Arborist
- Stump grinding
- Free written quotes

For the **BEST RESULTS** and Tidy Professional Service Call TPS

Family owned & operated for 15 years, we offer superior customer service, affordable prices and a genuine care for our clients property and safety.

## 0409 621 863

 E: [tpstreeservice@gmail.com](mailto:tpstreeservice@gmail.com)



Check out our reviews on Google & Facebook





# Looking for readership and reach?

## Advertise today with a publication that home-delivers!

Phone **DAMIEN** on 0421 786 302 or email [sales@market2market.com.au](mailto:sales@market2market.com.au)

# Home Delivering More Good News to More People

The Community Leader is a monthly publication, home delivered to parts of Alexandra Hills, Birkdale, Capalaba, Cleveland, Ormiston, Redland Bay, Thornlands, Thornside, Victoria Point and Wellington Point. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point. Maps are subject to change and availability of walkers, however the total number of copies delivered remains constant.

Any submissions can be emailed to [sales@market2market.com.au](mailto:sales@market2market.com.au) for consideration.

### LOCAL PICK UP POINTS

Various shopping centres, cafes, clubs and local businesses.



## The Community Leader

WE'RE ALL ABOUT GOOD NEWS

### ADVERTISEMENT SIZES

Full Page	Image Area	285mm deep x 255mm wide
Half Page	Image Area	128mm deep x 255mm wide
Quarter Page	Image Area	65mm deep x 255mm wide
Eighth of a Page	Image Area	65mm deep x 125mm wide
Strip Ad	Image Area	40mm deep x 255 mm wide

### NOVEMBER BOOKINGS

- Community editorial 10th of October or earlier
- Advertising cut off 14th of October
- Distribution from 3rd of November
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- **Advertising contact 0421 786 302 or [sales@market2market.com.au](mailto:sales@market2market.com.au)**

**DISCLAIMER** While the publisher of The Community Leader has made every attempt to ensure that the content contained herein was accurate at the time of printing, the Publisher does not assume any liability to any party for any loss or damage caused by errors or omissions. Views expressed herein are not necessarily the views of the Publisher. All brands and trademarks published are the property of their respective owners. The Publisher reserves the right to refuse any advertising at its discretion. Delivery suburbs and streets are subject to changes, however the total number of copies delivered each month remains constant. Houses on acreage and Australia Post Mail/No Junk Mail' signs cannot be delivered to. For full terms and conditions relating to home delivery, please visit the website of our distribution partner, Ive, here: <https://www.ivehub.com.au/public/legal/ive-distribution-general-terms.pdf>



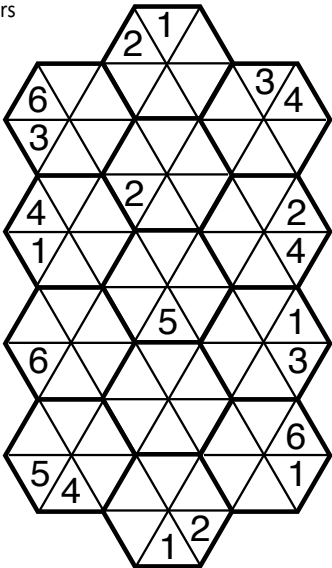
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

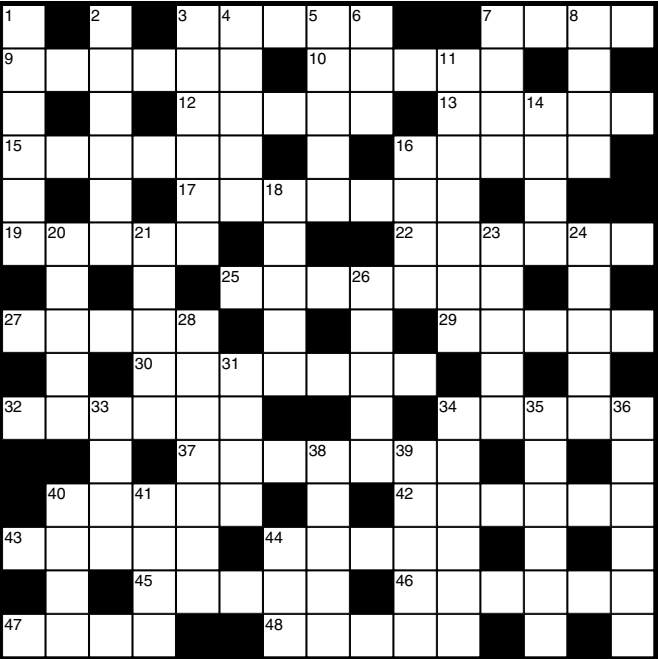
	9		4				5	3
7			6					2
	4				3			9
	3				6		8	
		2	8				4	
5		9				8		
4					9			7
					7	5		

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.



Crossword

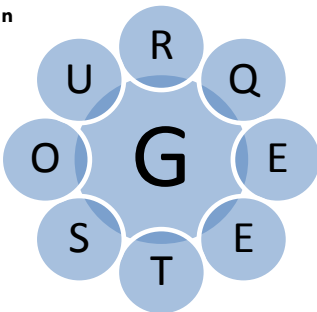


Focus

An All Australian Word Game

- \* Each word must contain the centre 'Focus' letter and each letter may be used only once
- \* Each word must be four letters or more
- \* Find at least one nine letter word
- \* No swear words
- \* No verb forms or plurals ending in 's'
- \* No proper nouns and no hyphenated words

**TODAY'S** Good: 9 words  
**FOCUS** Very good: 17 words  
Excellent: 26 words



Reference: Macquarie Concise Dictionary  
Focus No. 3898

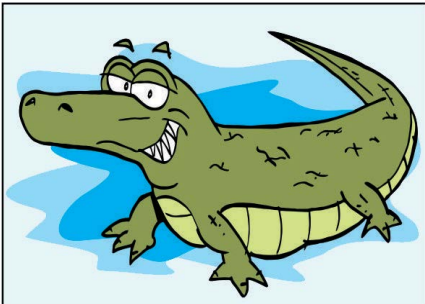
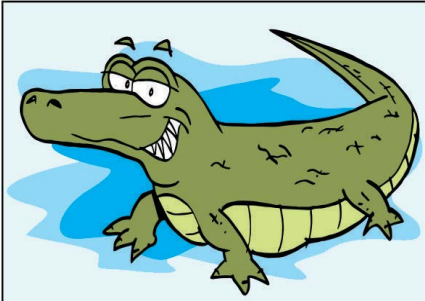
ACROSS

- 3 Document  
7 Single entity  
9 Neckwear  
10 Old stringed instruments  
12 Organic poison  
13 Become less tense  
15 Very heavy  
16 Worker in stone  
17 Retributive justice  
19 Kind of wheat  
22 Soft sound  
25 Transmute  
27 Let in  
29 Bird of prey  
30 Arbitrator  
32 One granted a lease  
34 Concise  
37 Pungent sauce  
40 Wish for wrongfully

DOWN

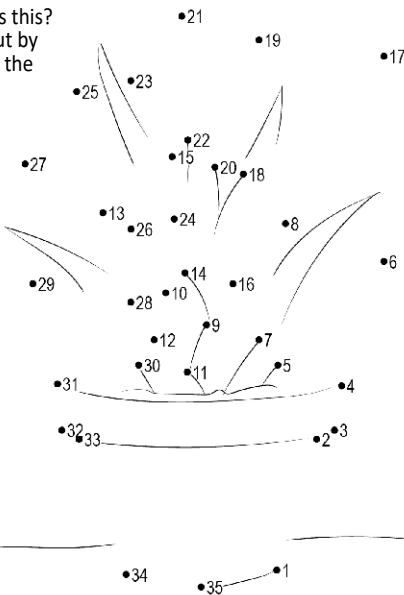
- 42 Imagined perfect state  
43 Apple drink  
44 Woo  
45 Muslim religion  
46 Italian city  
47 Actual  
48 Slender candle  
20 Army chaplain  
21 Dens  
23 Raised platform  
24 Soothes  
26 Turns away  
28 Seesaws  
31 Noteworthy deed  
33 Given shoes  
34 Reel  
35 Mend  
36 Made proud  
38 Fragrance  
39 Bend  
40 Quote  
41 Disguise  
44 Domestic animal

Spot the 5 Differences



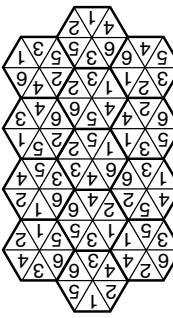
Join the Dots

What is this?  
Find out by joining the dots.



Solutions

Puzzles and pagination supplied by Auspax Media

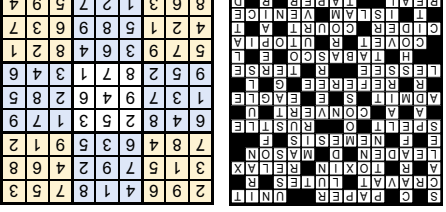


FOCUS: egest agrest ergo gesture goer gorge goust greet  
GROTESQUE grouse guest gust gutser ogre ogre  
regio rogue rouge rugose segue serge surge urge.

mouth smaller.  
moved, segment missing from chest, extra lump on back.

SPOT THE 5 DIFFERENCES: Nostril moved, cheek dimple

8 6 3 1 2 7 5 9 4  
4 2 1 5 8 9 6 3 7  
5 7 2 8 7 1 3 4 6  
9 5 2 8 7 1 3 4 6  
1 3 7 9 6 4 2 5 8  
6 4 8 2 5 3 1 7 9  
7 8 4 6 3 5 9 1 2  
3 1 5 7 9 2 4 6 8  
2 6 4 1 8 7 5 3



STOP SNORING. START LIVING.

Customised to deliver superior, reliable results, the **SnoreXguard** has helped thousands of sufferers, and their partners, claim back quality sleep. Wake up feeling full of energy, ready to take on the day!

**SPECIAL RESPONSE OFFER: SAVE \$50 + EXTRAS**



www.snorex.com.au | Ph (07) 3392 1642



# SIMPLE TIPS TO KEEP YOUR BRAIN HEALTHY

BY CHEREE SHELDON, QUALIFIED NATUROPATH, FLANNERY'S ORGANIC WHOLEFOOD MARKET, VICTORIA POINT HOMECO CENTRE

As we age, cognitive decline is a natural part of the aging process. From memory, mood, and function, it's important to support your brain health with lifestyle, diet, and targeted supplements. It could really make a difference in overall longevity and mental vitality. Chronic stress, a poor work-life balance, a high-pressure lifestyle, excess food consumption combined with poor dietary choices, limited exercise, and lack of sleep all contribute negatively to the health of our brain.

**Symptoms to be mindful of include:**  
Cognitive concerns such as forgetfulness, lowered resistance to things outside of your control, feeling overwhelmed, being easily frustrated, increased mood swings, and brain fog. Continual inflammatory processes in your body, such as viral or bacterial infections, autoimmune conditions, or chronic pain, can also lead to the accumulation of toxic substances, creating neuroinflammation.

**Inflammation and Flavonoids**  
Breaking the cycle of inflammation can be achieved by using flavonoids. Look for supplements that lower brain inflammation with targeted flavonoids

to improve mental energy. An anti-inflammatory diet is important – focusing on wholefoods that aren't processed or sprayed with chemicals. Support your body's nutritional needs while reducing the burden of inflammation on your brain.

**Sleep Support and Hydration**  
Let me introduce you to the glymphatic system – an amazing mechanism of the body that “washes the brain” while we sleep. Removing neurotoxic waste products and distributing neurotransmitters, glucose, and lipids into the brain more effectively. The need for sleep is critical to have this wash process. If you're struggling with getting a good night's rest, pop in and speak to our Naturopaths to support your lifestyle – from magnesium, herbal tonics, or dietary advice. Brain fog or headaches can be a result of dehydration. Have mineral-rich water to feed your cells by adding some Celtic salt or electrolytes.

**Protein, Creatine, and Amino Acids**  
Our brains need protein. As we process protein, it breaks down into amino acids, which are crucial for supporting our neurotransmitters. Three key amino acids that support our brain are arginine, glycine

and methionine. These combine to create creatine and ultimately the energy source ATP, fuelling cellular energy and cognitive function as we age.

**Healthy Fats and Omegas**  
The brain is 60% fat! The myelin sheath that surrounds nerves and the membranes of cells are all made from lipids (or fats). The brain can synthesise all the lipids it requires apart from DHA, and this molecule doesn't easily cross the blood-brain barrier. EPA polar lipids enable omega-3 transport to the brain, enhancing cognitive function and inhibiting inflammation pathways.

Omega 3 polyunsaturated fats DHA and EPA support brain health in many ways: it increases glymphatic clearance, supports blood-brain barrier integrity and can influence neuroplasticity, which is the ability of the brain to rewire. Look for a DHA-rich polar lipid, combined with EPA from algal oil or clean fish oil, to meet your needs.

**Herbal Cognitive Support**  
My top five herbs to support brain function, memory, attention, and focus are Ginkgo, Bacopa, Gota Kola, Rosemary, and Lion's Mane. Supplementing with



Photo: Supplied.

herbs and nutrients is particularly useful for times that require a higher cognitive load, such as exams, preparing for a presentation, or when you need increased cognitive sharpness. If you've got a family history of cognitive decline, start supporting your brain health and mental resilience early.

It's important to seek professional healthcare advice before consuming any supplements to ensure they're right for you. Our naturopaths are available to support your personal wellbeing needs.



## Stay well with Flannery's Organic Wholefood Market

**SAVE 20% off all Vitamins & Supplements** the first Friday & Saturday of each month! Plus, free naturopath advice in store.

Find us at Victoria Point Town Centre HomeCo.  
For more locations visit [flannerys.com.au](http://flannerys.com.au)

\*For members only, it's free to join in store. Not in conjunction with other offers.

**FLANNERY'S**  
ORGANIC • WHOLEFOOD • WELLNESS



# CHEESY PUMPKIN HALLOWEEN DIP BOWL RECIPE



Whether you're having a Halloween dinner party or just love a delicious, hot, cheesy dip, this is a fun twist on the good old party cob loaf recipe, but instead of bread, we're using a whole pumpkin to hold gorgeously gooey cheese dip!

## INGREDIENTS

- 1 small whole pumpkin (about 1kg)
- 1 tbsp olive oil
- 1 tbsp butter
- 1 brown onion, sliced
- 300g cream cheese (full fat)
- ½ cup of sour cream
- 125g freshly grated cheddar or red Leicester
- 1 tbsp chopped fresh parsley
- 1 tbsp chopped fresh chives
- 1 tsp smoked paprika
- Salt and pepper

## METHOD

1. Preheat oven to 180°C (fan forced).
2. Using a sharp knife, cut the top off your pumpkin (like a lid). Scoop out seeds and stringy bits.
3. Brush the inside with olive oil, sprinkle with the smoked paprika, and a little salt and pepper.
4. Roast pumpkin (lid off) on a tray for approximately 20-25 minutes until the remaining pumpkin flesh is tender, but still sturdy enough to hold your dip.
5. Meanwhile, in a frypan, sauté the onions in a splash of oil and a tablespoon of butter over a low to medium heat until they're soft (don't burn). Set aside (keep any buttery sauce).
6. In a medium bowl, mix cream cheese, cheddar, sour cream, cooked onions (and any leftover butter sauce from the pan), parsley, and chives until smooth. Season with salt and pepper.
7. Spoon cheesy mix into the roasted pumpkin. Return to the oven for 10 minutes until the cheese mixture is melty and bubbling.
8. Pop the lid back on your pumpkin, and it's ready to serve.
9. Serve warm with crackers, veggie sticks, or crusty bread – use a fondue stick if you like!



- + Split System Air Conditioners
- + Ducted Air Conditioners
- + Safety Switches
- + Switchboard Upgrades
- + Phone & Data Points
- + Electrical Inspections
- + Ceiling Fan Replacements & New Installs
- + EV Charge Points
- + Warehouse & Factory Lighting
- + HVAC Repairs & Maintenance
- + Security Lighting
- + Pool Circuits & Lighting
- + Smoke Alarms & Compliancy

+ Fully Licenced  
+ ARCTick Approved

100%  
SATISFACTION  
GUARANTEE

Call us today  
and ask about our  
Satisfaction Guarantee!

Winner of the 2023 APAC  
Australian Enterprise Awards  
for the Most Trusted Electrical  
& Air Conditioning Contractor

1300 452 742

34



# LOCAL READERS: A BOOK REVIEW – *TWIST* BY COLUM MCCANN

BY ANNE CROWLEY

**WHAT THE EXPERTS SAID:**

“Anthony Fennell, a journalist, is in pursuit of a story buried at the bottom of the sea: the network of tiny fibre-optic tubes that carry the world’s information across the ocean floor – and what happens when they break.

“So he has travelled to Cape Town to board a cable repair vessel captained by Chief of Mission, Conway. Conway is a talented engineer and fearless freediver – and Fennell is quickly captivated by this mysterious, unnerving man and his beautiful partner, Zanele.

“As the boat embarks along the west coast of Africa, Fennell learns the rhythms of life at sea. But as the mission falters, tensions simmer – and Conway is thrown into crisis. Then Conway disappears, and Fennell must set out to find him.” *Bloomsbury.*

**MY THOUGHTS:**

Fennell says at the beginning he “needed a story about connecting, about grace, about repair”. Did he get one? ... Before repair comes rupture.

The story has the air of a mystery from start to finish. “Others have tried to tell Conway’s story, and so far as I know, they got it largely wrong.” Fennell becomes obsessed with everything Conway, and

particularly with solving the puzzles that surround the enigmatic man, to the end.

Along the journey, we experience captivating and vivid descriptions of the process of freediving, the depths of the ocean and its undiscovered creatures, and the enormous collection of human rubbish below the surface (including that transmitted through the cables).

We learn that *Waiting for Godot* (Samual Beckett) is actually today’s great climate play, according to Conway’s actress partner Zanele – “let us do something while we have the chance” (quoting Beckett).

We observe through Fennell’s narration a lengthy ocean voyage involving sea-sickness, storms, calm, the ever-changing nature of the sea, and the regimen of managing the ship.

We gain fascinating insights into the process of cable repair, beginning with finding a needle in a haystack, more than 4km below the surface – literally a stab in the dark! Repeat until successfully locating and retrieving the fibre-optic ends and fusing them – as long as it takes.

I enjoyed the book’s intertwining metaphors, for example, cables with relationships and human wiring, and the surface and depths of the ocean with human connection and understanding. Conrad’s relationship apparently unravels, while Fennell works on repairing his

with his alienated son, starting with drying out during the sea voyage.

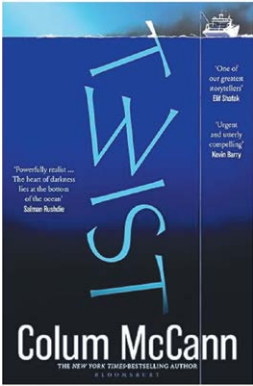
“The task at hand was to knit at least some distant parts of myself anew.

“The disease of our days is that we spend so much time on the surface. Part of our human warmth is the darkness we don’t show each other.”

And I enjoyed the succinct but evocative writing style and apt use of words. (I confess I referred to the dictionary more often while reading this book than I have in years.)

As to the answer to the opening question, Conway says, “Everything gets fixed, and we all stay broken.” Perhaps this explains the final plot twist, though my book club was equally divided as to its plausibility. I was left wondering: perhaps it is understandable as a break in the cabling in a person.

Either way, *Twist* is worth reading.





## Blue Tongue Adventure Open Day

Are you 17 – 30 and looking for new opportunities, life skills, and fun?  
Come and see what we're all about!

Disability Day Programs

★

Gain Independence

★

Get Creative

★

Build Confidence

★

Make Meaningful Friendships

★

Prepare for the Future with SLES

★

Learn Life Skills

📅

 Wednesday 15 October 

🕒

 10.00 AM – 2.00 PM 

📍

 260 Tingal Road, Wynnum

FREE sausage sizzle!

Register here!





REDLANDS ORCHID SOCIETY INC.

## Charity Spring Orchid Show

SATURDAY 11TH OCTOBER 2025 | 8.30AM – 3.00PM

- Orchid display
- Orchid plant sales
- Potting demonstrations

- Orchid products sales
- Cultural advice
- Refreshments available

Birkdale Sports Club, Judy Holt Park,  
Randall & Bailey Rds, Birkdale  
*Supporting Redland Hospital Auxiliary*

ADMISSION

Adults \$4.00

Children Free





Enquiries: 0414 738 110 | redlandsorchidsociety@hotmail.com



# LOCAL FISHING WITH SPERO

## OCTOBER’S BAY BOUNTY: MACKEREL, WHITING AND SNAPPER ARE ON!

BY SPERO KARTANOS

You won't find better weather for a fish in the bay than right now – and with the fish biting in good numbers, it's easy to put something fresh on the dinner table this month.

So, where are they? The school mackerel have come back on the bite, and the whiting will be in good numbers in the Rous Channel, the Sand Hills, and close in to the Wynnum foreshore and Darcy Light, all the way to St Helena. If October is anything like September, the snapper fishing should continue to be excellent.

School mackerel will be all over the bay, especially on the western side of the bay from St Helena to Ormiston, and some in the Rous and the Rainbow Channel. Using diving boards with 3-inch Halco spoons is the way to go. And once you find the mackerel, floating out pillies on 3-ganged hooks will get you plenty as well.

The whiting are caught best with a good run in the tide, and I use a paternoster rig. Bloodworms are the best bait by far, and frozen beach worms would be my second choice. Peeled prawns and strips of squid work, but not as well, unless the fish are thick on the bite.

The whale sightings in August and some of September in the bay have been very disappointing compared to previous years. Let's hope they come in for a little rest in October.

So get out there when the conditions are good and get a fresh fish or two for dinner!

Good fishing!



Photos by Spero Kartanos.

# COMMUNITY ORGANISATION PROFILE: CLEVELAND SCOUTS

CONTRIBUTED BY JULIE, CLEVELAND SCOUT GROUP

**In every community, there are places where young people learn resilience, teamwork, and the value of giving back. For Cleveland, one such place is the Cleveland Scout Group. More than just uniforms and badges, this group is built on the spirit of adventure and service.**

At Cleveland Scout Group, volunteers from all walks of life come together to mentor and guide the next generation. They show our young people how to lead, listen, and respect one another.

Whether it's camping under the stars, learning new skills, or lending a hand in local service projects, Scouts here discover they are part of something bigger than themselves.

What makes this group truly special is its volunteers. Many balance busy work and family lives, yet still dedicate time to ensure every child feels supported and encouraged to grow.

"Scout leadership allows me the joy of exploring the outdoors alongside my beautiful children, creating memories and friendships that will last a lifetime," says scout leader Danielle – known as 'Tigger'.

Our newest leader, Lisa – known as 'Dolphin' – adds, "I became a scout leader so more children could enjoy Scouts and to spend time with my own children doing something we all enjoy." Both leaders highlight the heart of Scouting: shared adventures, family, and friendships that strengthen our whole community.

The Cleveland Scout Group is not just shaping Scouts – it's shaping citizens. Young people leave with confidence, responsibility, and lifelong connections. And in a time when strong community ties matter more than ever, that is something worth celebrating.



Lisa 'Dolphin' and her children, Finlay (left) and Joshua (right). Photo: Supplied.

We invite you to join us at our Family Fun Day on Saturday, November 8, from 10:00am to 2:00pm at the Cleveland Scout Den. With market stalls, a BBQ canteen, and plenty of activities for children, it's set to be a day of fun, connection, and community spirit.



# LOCAL GARDENING WITH KAT

## THE PURPLE HAZE

BY KAT PEARSON, *GIRL IN THE GREEN*

“Jacaranda!!!” That is what my sister and I would yell out every time we saw the purple haze of a Jacaranda tree. It was a game to see who could say it the fastest when a tree was spotted – and you said it once for every tree. I’m not sure if this was a legitimate game or something my mum made up to keep us occupied in the car. Considering the avenue of jacaranda trees that lined the street of our primary school and the ensuing month of car-chaos when she took us to school, I suspect she regretted it either way.

Jacarandas (*Jacaranda mimosifolia*) are an introduced species (from Brazil) and are actually classified as a weed in Queensland due to their ability to happily self-seed and take over native vegetation. They’re an iconic weed, though. Grafton and Ipswich even have celebrations and festivals in October/ November to celebrate these special trees that drop all their foliage, covering everything below them in teeny tiny leaves that block all sorts of gutters and downpipes, then put on a fabulous show of little mauve trumpet-shaped flowers that eventually fall and become a brown slushy mess all over the pavement. Most people still love them, though. At least from afar.

Jacarandas are in the Bignoniaceae family, which includes other trees such as Tabebuia (also flowering now) and vines, such as our native *Pandorea* and the classic orange trumpet vine (*Campsis radicans*). Take a closer look at the trumpet-like flower shape next time you get a chance, and you will see the similarities.

Jacarandas are a fast-growing tree, generally up to 15 metres with a canopy just as wide and an extensive root system. There are now more compact dwarf varieties available, and even the rarer white jacaranda, which is the same species, just a special cultivar with white flowers instead of the typical purple. While they are beautiful, I think it’s the purple colour that makes Jacarandas special.

Sadly, many of us do not have the space for a Jacaranda, but there’s no reason we can’t enjoy the magic of the trees that are already here. “Jacaranda!!!”



Photo: Kat Pearson.

### PATIOS. CARPORTS. PERGOLAS.

- ✓ Leading Stratco distributor
- ✓ Tailored designs to suit your property
- ✓ 24+ years of experience
- ✓ Delivered on time and on budget
- ✓ Exceptional customer service

**Contact us for a FREE design and quote consult**  
gwpatios.com.au | admin@gwpatios.com.au | 0408 828 486

QBCC LICENSE 694

### ABOUT KAT

I love gardening, growing my own food and plants in general. I’ve been working on our current garden in subtropical Brisbane for the last six-plus years, but have been gardening for much, much longer in all sorts of places. I’m an ex-engineer, recently turned horticulturist (life’s too short not to work in something you love!). I grow edibles and ornamentals in an often wild, rambling jungle, filled with birds and bugs, including a handful of pet chooks and a brand new puppy (who likes to chase said chickens, and is not averse to helping me dig a hole!).

# SPRING YEAR-ROUND CONFIDENCE HAS SPRUNG

COMPLETE PEST CONTROL | TERMITE INSPECTION | FLY TREATMENT

ALL FOR JUST

# \$349

## ANNUAL PEST MANAGEMENT

07 3893 1432 EST 1968 - FAMILY OWNED & OPERATED

# BOOK NOW!

ANNUALPESTMANAGEMENT.COM.AU | 1300 001 521

\*OFFER VALID UNTIL 31 OCTOBER 2025. THIS OFFER CANNOT BE USED IN CONJUNCTION WITH ANY OTHER OFFER.



# NATURALLY WONDERFUL ... WITH RANGER STACEY



RANGER STACEY THOMSON IS PRINCIPAL ADVISER – COMMUNITY EDUCATION (REDLAND CITY COUNCIL)

Four decades have fluttered by since I first pulled on the mission brown Queensland National Parks and Wildlife Service ranger uniform, with Herbie the Herbert River ringtail possum logo proudly positioned on my sleeve.

As a Ranger, my favourite thing was to find wonder in the natural world around me ... and share my passion with anyone who was interested.

That philosophy continued through my television era as I instinctively delved into each story with child-like enthusiasm, to reveal fun facts, unique animal behaviours, and unusual adaptations for species survival.

A whole generation of '90s kids were lucky to be exposed to a plethora of totally wild topics.

Now in my work across Redlands Coast, based at IndigiScapes, it's a privilege to inspire a new generation of nature lovers ... to look for the "extra" in the "ordinary"!

The extraordinary is everywhere. You don't have to venture far to see, feel, and experience the wonder of nature.

Each month at Joey Club, I lead a bunch of budding nature lovers (average age three) on a wild adventure. We look, listen, move, and learn – all while having fun. Recently, we looked for koala scats and scratch marks on trees, because while spotting a koala is the ultimate, discovering their tracks and traces is also exciting!

If you're keen to spark that child-like enthusiasm, here are a few simple tips:

- Check out all levels, from the canopy to the leaf litter.
- Stop and take a moment. What's the rush? We see more when we slow down.
- It's often the little things that possess intricate beauty, like delicate wildflowers and tiny blue banded bees.
- Use a range of senses – look for signs of animal activity, smell native mint or eucalypt, touch rough and smooth bark, and listen for wild sounds.



Photo: Supplied.

Remember, you don't have to be a kid to feel the freedom and thrill of spending time outdoors. In fact, in this fast-paced, technologically advanced world, there's no better time to get out there and connect with nature, the good old-fashioned way!

Until next time ... Stay Wild!

*Ranger Stacey*


DISCOVER IM: MG'S LUXURY BRAND — TEST DRIVE THE NEW IM5 & IM6 NOW.

**BARTONS REDLANDS MG**

# ALL NEW IM5 & IM6


HAVE ARRIVED AT BARTONS

**IM5**  
FROM  
\$60,990\*



IM5

**IM6**  
FROM  
\$60,990\*



IM6

**IM5 & IM6 ARE THE FIRST PRESTIGE MOTORING LAUNCHES FOR MG!**

**BARTONS REDLANDS MG** 103 REDLAND BAY ROAD BARTONSMG.COM.AU

07 3245 2200 **AFTER HOURS HOTLINE KYLE 0488 943 388**

LIVE CHAT NOW

OUR STAFF ARE ONLINE NOW

All offers applicable to advertised vehicles are valid for vehicles currently in stock at the time of publication and must be sold and delivered between 6 and 31 October 2025. Excludes metallic paint. Colour of vehicles may differ to colours advertised. Private and retail customers only. Excludes fleet and government buyers. This offer cannot be used in conjunction with any other offer. [\*] Price based on 6 months registration. BARC87680\_1025



# REDCITY ROAR TEAMS UP WITH LIFE ED QLD TO CHAMPION CHILD SAFETY IN BASKETBALL

CONTRIBUTED BY REDCITY ROAR

RedCity Roar is proud to announce a new partnership with Life Ed Queensland to deliver a comprehensive Child Safeguarding Program, funded by the Queensland Family & Child Commission (QFCC).

This initiative marks a significant step forward in strengthening child safety practices across the Redlands basketball community.

Earlier this year, RedCity Roar received significant funding from the QFCC to enhance the capacity of local clubs and administrators in upholding child safeguarding responsibilities.

With this funding, RedCity has engaged Life Ed Queensland as expert consultants to help roll out the program over the next nine months.

The project aims to translate the Child Safe Standards and Universal Principle into practical, sport-specific strategies that can be scaled across community basketball organisations. Through this initiative, RedCity Roar will empower clubs to embed child safety into every aspect of their operations.

The initiative will:

- Undertake consultation with affiliated clubs to understand current practices, needs, and challenges in child safeguarding.
- Co-design workshops with young people to develop child-friendly resources that promote rights awareness, safety, and inclusion.
- Develop and deliver tailored training for coaches, referees, volunteers, and administrators on the Child Safe Standards and

cultural safety, supported by toolkits and practical checklists.

- Launch digital tools such as a centralised Blue Card register, incident reporting templates, and compliance tracking dashboards, made available to partner clubs and designed for easy replication.
- Provide ongoing support and review, including follow-up with participating clubs, collecting feedback, and adapting tools and resources for long-term sustainability.
- Build local leadership and confidence, empowering clubs to embed child safeguarding into governance, operations, and culture.
- Foster collaboration across clubs, strengthen relationships, promote shared learning, and align standards across the region.

By creating flexible, community-driven solutions, this project will help our affiliated clubs grow their safeguarding maturity and embed sustainable, culturally safe practices across the Redlands basketball sector.

Chris Angus, General Manager for RedCity Roar, is excited about the new partnership and the significance of this project.

“It’s great to commence this important partnership with Life Education Queensland to assist us in supporting and improving our Child Safeguarding practices and knowledge within our association,” said Chris.

“It means we can create the safest and most enjoyable space possible for the thousands of juniors who have connections with RedCity basketball.



Life Ed QLD CEO Taryn Black with RedCity Roar’s Chris Angus. Photo: Supplied.

“To create this partnership with a trusted organisation such as Life Ed Queensland, highlights our commitment to delivering this project at the highest standards that will enable us to engage in, and in some cases, introduce the significant child safe standards and principles to our clubs and administrators, many of whom are volunteers.”

# WELLO POINT RACER SHATTERS DOUBLE WORLD DRAG RACING RECORD

Wellington Point’s own Errol Brittain has officially rewritten the record books, blazing his way to a double world record in high-octane Sport Compact ¼ mile Drag Racing.

At the 2025 Brisbane Jamboree on Sunday, August 24, Brittain’s iconic Drag Brumby – a Subaru-powered beast – claimed the titles for both the Quickest Elapsed Time and Fastest Speed over a quarter mile for 4-cylinder Subaru vehicle in the world.

With a blistering 7.49-second run and a top speed of 189.3 mph (305 km/h), Brittain’s performance stunned spectators and solidified his place as the quickest 4-cylinder Subaru driver on the planet.

The acceleration stats are equally jaw-dropping:

- 0 to 100 km/h in just 1.3 seconds
- 100 to 200 km/h in 2.1 seconds
- 0 to 200 km/h in a mere 3.6 seconds

This isn’t Brittain’s first brush with glory. The Drag Brumby team has been chasing – and smashing – records since 2010, with multiple resets along the way. But this latest feat marks a new high, proving that when it comes to speed, precision, and Subaru-powered innovation, Errol is in a league of his own.

Errol would like to thank local Subaru Performance specialist Diversion Garage for their ongoing support.



Photo: Supplied.



# DRUMMING FOR THE SOUL: BEAT OUT THAT RHYTHM ON A DRUM!

**It's been said that music and rhythm, found in every culture, can inspire, soothe, and heal us; it has been postulated that humans used song even before we developed language. The experiences of the Drum for Life participants certainly bear that out.**

Drum for Life, part of the Live for Life program, has a core group of about 15 participants, but there's a constant flow of new members, says committee member Ellen Bennett, a long-time drumming aficionado.

Ellen says that the first lesson is free, giving potential participants a chance to try before committing.

"Djembes are wonderful drums; we have big ones that stand alone, they're good for your posture, they encourage you to sit up straight. As well, we have smaller ones that walking drummers can carry in a sling.

"Drums are supplied, though if people come to love them, they usually go on to buy their own. People who have drums can bring their own,

even if they're not djembes, and sometimes other instruments are introduced for special sessions, such as African music. We have a qualified music teacher and the results are really wonderful."

Ellen says that drumming provides more than just physical benefits.

"All of the rhythms are great for the brain," she says. "In fact, one of our ladies, who is nearly 90 and has Parkinson's Disease, has been encouraged by her doctor to take up drumming. Research indicates that rhythmic cues can help retrain the brain and that slow, steady rhythms – like drumbeats – can help Parkinson's patients to move more steadily. We also have drumming sessions for disability clients.

"It develops a sense of camaraderie and teamwork, and some members find that it helps them cope with depression or anxiety. Most of us just do it for fun – we call it our Here's to Life Family!"

To find out more, visit [herestolife.org.au](http://herestolife.org.au).



Photo: Supplied.

# REDLANDS CAMERA CLUB SHINES IN NATIONAL PHOTO COMPETITION

Redlands Camera Club has proudly earned national recognition, achieving a top ten ranking in the 2025 Australian Cup Interclub Competition. The club secured 6th place out of 42 camera clubs nationwide – an outstanding result that highlights the skill and creativity of its members.

Organised annually by the Australian Photographic Society, the competition brings together clubs from across the country in a showcase of photographic excellence. This year's theme *This is Australia*, invited entrants to capture the essence of the nation through images taken anywhere across Australia's states and territories.

Redlands Camera Club's strong performance placed it as the highest-ranking club from Queensland, reflecting the dedication and teamwork of its members.

Club president Pia Jessen said the recognition is a testament to the club's commitment to fostering photographic talent in the community.

"To be recognised at a national level is a huge honour for our club. It reflects not only the outstanding work of our members but also the supportive and collaborative spirit that drives Redlands Camera Club," Pia Jessen said.

With this achievement, Redlands Camera Club continues to inspire photographers of all levels. Congratulations to all members on this outstanding accomplishment!



Albino Python – Jeff Basley



Circular Quay – Paul Balfe



Cormorant in the Mist – Wendy Bauer



Watch Out – Maree Morris



When people say it's a family thing they're saying  
"you wouldn't understand, this is our private world".  
And when a loved one from your family dies,  
your private world is sacred to you.  
And that needs to be respected.



At McCartney Family Funerals we understand that.  
The big corporates don't, but we do.  
Because we're a family too.

# It's a family thing.



9/21 Waterloo St, Cleveland | [mccartneyfunerals.com.au](http://mccartneyfunerals.com.au) | 1300 043 522  
Local Family Owned and Operated. Caring for Families in the Cleveland and Bayside areas.



# DEMO RUNOUT

**SAVE UP TO \$6,462<sup>1</sup>**



**DON'T MISS OUT - SAVE THOUSANDS TODAY! DON'T MISS OUT - SAVE THOUSANDS**



**DEMO 2024 Subaru Impreza 2.0L**  
2.0L Boxer Engine, 11.6" Touchscreen, EyeSight Driver Assist Technology, Symmetrical All-Wheel Drive.

FROM **\$32,500** DRIVE AWAY\*

SN: G027431



**DEMO 2024 Subaru Crosstrek 2.0S**  
2.0L Boxer Engine, 360° Camera, Leather Seats, Panoramic Sunroof, 11.6" Touchscreen, Apple CarPlay®.

FROM **\$37,800** DRIVE AWAY\*

SN: G031734



**DEMO 2024 Subaru Forester STI Sport**  
2.5L Boxer Engine, Special Edition STI Model, Leather Seats, Sunroof, Seat Memory.

FROM **\$47,400** DRIVE AWAY\*

SN: G217462



**DEMO 2024 Subaru Outback AWD Sport**  
2.4L Turbo Boxer Engine, Water-Repellent Seats, Apple CarPlay®, All-Wheel Drive.

FROM **\$50,800** DRIVE AWAY\*

SN: G079055



**DEMO 2024 Subaru WRX RS**  
2.4L Turbo Boxer Engine, Leather Seats, 11.6" Touchscreen, Symmetrical All-Wheel Drive.

FROM **\$52,800** DRIVE AWAY\*

SN: G011462



**DEMO 2024 Subaru Outback AWD Touring XT**  
2.4L Turbo Boxer Engine, Sunroof, Harman Kardon Sound System.

FROM **\$55,800** DRIVE AWAY\*

SN: G077351 **3 Years Free Service Included<sup>†</sup>**



**OUR STAFF ARE ONLINE NOW**





# Personal Insurance: Focus On Trauma

BY LAURENCE SMITH, FINANCIAL ADVISER, UEM WEALTH, AUTHORISED REPRESENTATIVE, LIFESPAN FINANCIAL PLANNING PTY LTD AFSL 229892

**There are four types of personal insurance available in the Australian market. Three of these are broadly discussed and more well-known, and the final one is less so.**

Let's start with familiar territory. Life, Total and Permanent Disability (TPD), and Income Protection cover are broadly covered and discussed in the news and through superannuation fund education seminars. They are all very important and play a vital role in any financial plan. One of the reasons that these insurances have had more exposure to consumers is their broad distribution through superannuation products.

Because large superannuation funds can purchase a policy that can cover all their members (also called "Group Cover Insurance" if you want to Google for more information), Life, TPD, and basic income protection are often offered to members by their super fund. And rightly so too – these covers provide benefits to nominated beneficiaries when a person passes away or can assist in managing the long-term costs of an illness or injury that forces someone to stop working.

But what about if an illness or injury is serious, but not serious enough that the insurer determines a benefit is payable? TPD and Income Protection insurance both rely on a definition of "disability"

being met. If cover is held through superannuation, the definition is broader and slightly more difficult to meet. The insured person must also contend with the tax implications of accessing a benefit from the insurer.

Trauma insurance provides the final missing piece to a comprehensive insurance plan. Trauma insurance policies (also commonly referred to as "Critical Illness" insurance) also rely on a definition being met for a payment to be completed; however, they are not based on a subjective condition of whether an insured person is able to work. They are instead based on the medical diagnosis of the condition.

All policies will list the conditions that are covered and will generally cover heart conditions (including heart attacks or surgery on the heart), cancers, organ diseases, neurological diseases, and burns or traumatic events, and normally a range of others. The insured benefit of this kind of insurance is not like that of private health insurance. The policy has a dollar amount of benefit, which is normally paid as a tax-free lump sum.

The benefit of the policy is that the payment can be used for any purpose that is needed. It can be used to pay for medical treatments, taxi or Uber fares, groceries, bills, or to maintain mortgage repayments. The difference between trauma insurance

and private health insurance is that a private health insurance policy will cover some treatments and the cost of a hospital admission. It will not cover any of the ancillary or extra costs associated with a serious illness, like transport, lost earnings, or just keeping life going. In many instances, it is not only the individual who has had the trauma who is impacted, as often family members step in to help care for the individual.

Like most insurances, it has a cost. There needs to be a commitment of the policy holder to purchase and maintain the policy, and the costs may increase each year. But, like with most insurances, the decision comes down to what will cost more: having the policy or not having it when it is truly needed.

**DISCLAIMER** General Advice Warning – this is untailored, general advice. It does not take into account your personal circumstances. You need to decide whether it meets your needs. Laurence Smith is an Authorised Representative and UEM Wealth Pty Ltd is a Corporate Authorised Representative of Lifespan Financial Planning Pty Ltd (AFSL 229892). Laurence Smith may offer services through UEM Wealth and UEM Group. Accounting services are provided by UEM Group. Financial Services (financial product advice and dealing) are provided by UEM Wealth. To the extent permitted by law, although the same adviser may offer you services under the above business, each business is solely and separately responsible for the advice they each provide.



Laurence Smith, Financial Adviser at UEM Wealth, part of the UEM Group



**UEM**  
GROUP

**SECURE YOUR FINANCIAL FUTURE WITH OUR EXPERT WEALTH MANAGEMENT SERVICES**

UEM Wealth Pty Ltd (ABN 76 623 876 773) is a Corporate Authorised Representative of Lifespan Financial Planning Pty Ltd (ABN 23 065 921 735 / AFSL 229892)

**FINANCIAL ADVICE**  
**TAXATION & ACCOUNTING**  
**BOOKKEEPING**  
**BUSINESS CONSULTING**

**1300 836 477**  
**INFO@UEMGROUP.COM.AU**

**WELLINGTON POINT**  
**SUITE 4, 401 MAIN ROAD**





Awarded Australia's Best Solar System Design and Installation over 100kW

# Take advantage of the new Federal Battery Rebate.

## Save up to \$18,500 on battery storage\*



SCAN HERE FOR MORE INFO

\*The Cheaper Home Battery program has been announced, with funding to start from 1 July 2025. Eligibility criteria may apply. Rebate amount calculated based on usable battery capacity. Visit our website for more information.

Solar Power		Battery Storage
EV Chargers		Electrical
Switchboards		Air-Conditioning

**SPEAK TO THE SOLAR AND BATTERY EXPERTS**



Call today for an obligation free chat with a Goodhew Solar Consultant and see for yourself why more than 15,000 satisfied customers have already chosen to install a Goodhew Solar System on their home or business.



**07 3286 1422 | [www.goodhewsolar.com.au](http://www.goodhewsolar.com.au)**

Unit 15 & 16, 26-34 Weippin Street, Cleveland QLD 4163

Licence No: 78875

