

The Community Leader

WE'RE ALL ABOUT GOOD NEWS

Bayside



WE'RE MARCHING INTO MARCH, FOR A FANTASTIC CAUSE!

There's so much happening in your community this month, and we're here to help you discover it!

Annually, for the last four years, a colourful parade of people has walked from Lota to Wynnum along the waterfront, and each year, their numbers grow. Such is the impact Richie Walsh's legacy has on the bayside, and the foundation started in his name, Richie's Rainbow, is punching above its weight when it comes to fundraising for the fight against children's cancer.

If you've got a few hours to spare on Sunday March 29, join the procession. Your energy will make a difference to cancer research. Find out more about how you can get involved on page 7.

Another highlight on our community calendar is Wynnum's annual Highland Gathering on March 8. If you go weak at the knees at the sound of bagpipes, this event's for you. It's a celebration of Scottish culture held close to home at Wynnum, and we've featured it as part of our What's On (see page 6), and there's a story about the Wynnum RSL Pipe Band on page 34. Our Wynnum Manly Seagulls have also kicked off their season, so don't forget to check out some top-level local footy up close at Kougari Oval!

Whether you're joining in, cheering from the sidelines, or just catching up through these pages, we're glad you're here. See you out and about!

Pictured: Stephen Brooks, Lisa Walsh and Karl Walsh from Richie's Rainbow Foundation.





#1 AGENT
WYNNUM,
WYNNUM WEST,
MANLY WEST



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MANLY AUTHOR UNVEILS A SUPER NEW STORY FOR YOUNG READERS!

March sees the nationwide release of Manly author Dannika Patterson's latest children's book, *My Super Uncle*, a collaboration with CBCA-shortlisted illustrator and Noongar artist, Seantelle Walsh.

A heartwarming celebration of family bonds and everyday heroes, *My Super Uncle* is a picture book that celebrates families whose structure extends beyond the nuclear unit. This story honours the importance of role models and chosen family in a child's life – the lighthouse figures who provide guidance, support and safety to children as they grow.

Written in playful rhyme, the story is told through the lens of a child who idolises her chosen uncle so much, she suspects he has superpowers. It is pitch-perfect for reading aloud to children aged 5-9 in home and school environments, and children will delight in the details included in relatable scenes: swings, sports, hide and seek, drawing, dress-ups, beach trips, washing up, family gatherings and story times.

In a classroom context, this book touches on areas of the K-10 Australian Curriculum that focuses on diversity, inclusion, family, community, respect and kindness.

My Super Uncle is a beautifully age-appropriate conversation-starter about diversity, culture and how different kinds of families can be made, serving as an accessible resource for parents, teachers, counsellors and wellbeing professionals.

Dannika was inspired to write this book because she believes that storytelling is one of the most effective ways humans have to increase understanding, spread immunity to prejudice and help decrease negative behaviours, especially towards marginalised peoples.

"If someone closes a book and walks through the rest of their life with even a slightly greater capacity to understand, empathise, accept or celebrate the full humanity of those they perceive as different to them in some way, there's power in that story," Dannika said.

"My sincere hope in writing *My Super Uncle* is that it will speak to the hearts of children and families of all kinds, helping them feel seen, or to recognise the beautifully diverse family units of their friends or peers in the pages, too."

My Super Uncle is now available where all good books are sold, including our wonderful local bookshops, The Mad Hatters Book

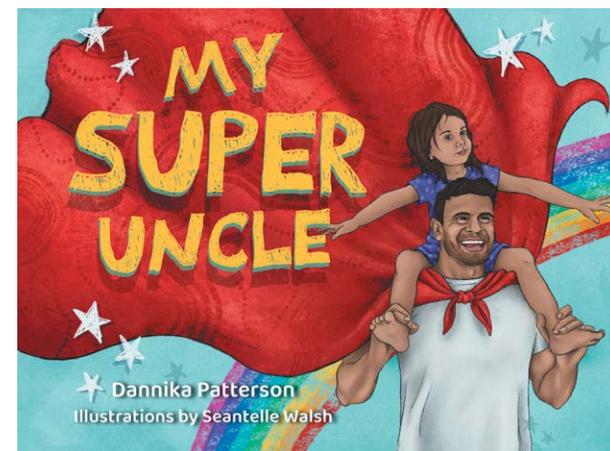


Photo: Supplied.

Shop at The Mall in Manly, and Little Gnome Book Shop on Edith Street in Wynnum.

To learn more about Dannika Patterson's books and story-driven workshops for schools and community events, visit dannikapatterson.com.

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ROTARY WYNNUM MANLY PROVIDES OPPORTUNITIES FOR LOCAL YOUTH TO SHINE

CONTRIBUTED BY LES LOUIS

The Rotary Club of Wynnum and Manly has a long history of supporting local youth with its various programs. This year is shaping up to be a bumper year for these activities and the wonderful opportunities they offer local youth.

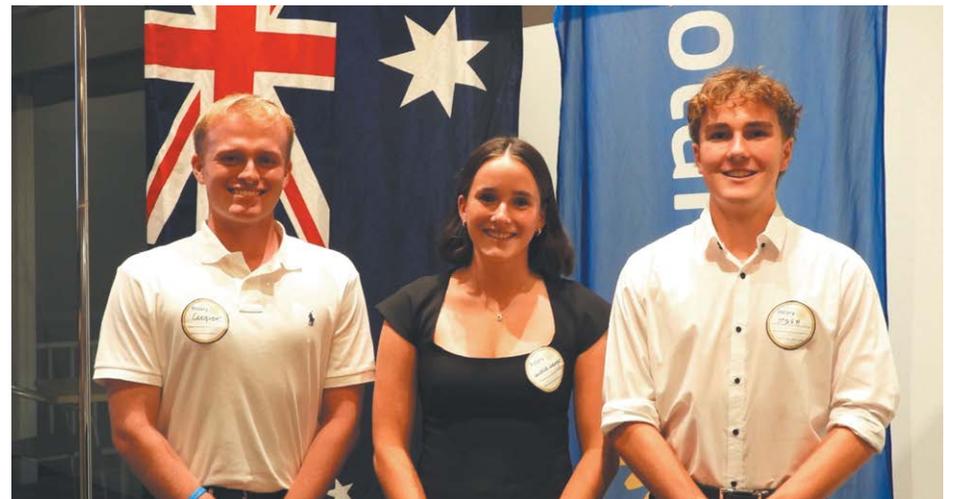
Citizenship awards are made to outstanding senior high school students who embody Rotary's core values of integrity, service and helping others. The awardees for 2025, Cooper Clarkham (Iona College), Joshua Buchanan (Wynnum State High School) and Giselle George (Moreton Bay College), were recognised at a recent club meeting, where they spoke of their life plans and dreams.

The club will begin accepting nominations for the 2026 awardees from August this year.

We are currently sponsoring Rebecca Notari-Markey as a 12-month exchange student in Chile and are now looking for candidates for 2027. Interviews will be held in March 2026 – get in early.

An exciting and challenging training program – the Rotary Youth Leadership Award – aims to equip leaders and potential leaders aged 20-30 with the personal, leadership, and citizenship skills required to succeed in all areas of their lives. The program provides participants with an unforgettable experience, combining learning and laughter in a regional setting. It will be held from 31st May to 6th June at Camp Cooby, located north of Toowoomba, an engaging venue with lake views and friendly staff who are dedicated to creating the best opportunities and experiences for guests.

A popular program for students in the last two years of secondary school is our Rotary Youth Transition Seminar, a weeklong camp held in early December. The week is packed full of sessions, games, guest



Cooper Clarkham, Giselle George and Joshua Buchanan. Photo: Supplied.

speakers, activities and events designed to prepare you with everything you need to know to survive in the real world. We teach how to budget, maintain a car, connect with and influence people, eat well, exercise, challenge yourself, build strong relationships, and so much more! We will begin accepting nominations from October this year.

The Science Experience program will be held in January 2027, with nominations starting in August 2026 – check with your school and online at rcwm.org.



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COMMUNITY ORGANISATION PROFILE

CHATSWORTH – CARINDALE PROBUS MEN’S CHORALE

The Chatsworth–Carindale Probus Men’s Chorale began in April 2025, bringing together members who enjoy singing, friendship, and community. With 2026 marking the 50th anniversary of Probus in Australia, the Chorale is a wonderful example of the Probus spirit in action.

After several months of rehearsals, the Chorale made its first public appearance at our Christmas in July luncheon, where their performance was met with enthusiastic applause. This success was followed by another much-enjoyed performance at our Annual Christmas luncheon in December, firmly establishing the Chorale as a highlight of club celebrations.

In addition to performing at club meetings and events, the Chorale has proudly taken its music into the wider community. Performances at the Mt Gravatt Respite Centre and Wishart Christian Retirement Village brought joy and connection to residents and audiences alike, while also raising awareness of Probus and the friendship, fellowship, and opportunities it offers.

The benefits of singing extend well beyond the audience. For Chorale members, rehearsals and performances support wellbeing, boost confidence, strengthen friendships, and provide a real sense of achievement.

Chorale member Phil Egan shared what the group has meant to him: “All my life I wanted to do something related to music but never found the time. With no previous experience in singing, Probus has given me the opportunity to fulfil a lifelong ambition. At age 74, I have found being a member of a choir very rewarding, sharing with a great bunch of people. Life is what you make of it.”

The Chatsworth–Carindale Probus Men’s Chorale is proof that trying something new can create lasting connections, enrich lives, and celebrate 50 years of Probus in perfect harmony.

If you would like to book the Chorale, please contact the Chorale Director via email at chatscarinweb@gmail.com.



Photos: Supplied.

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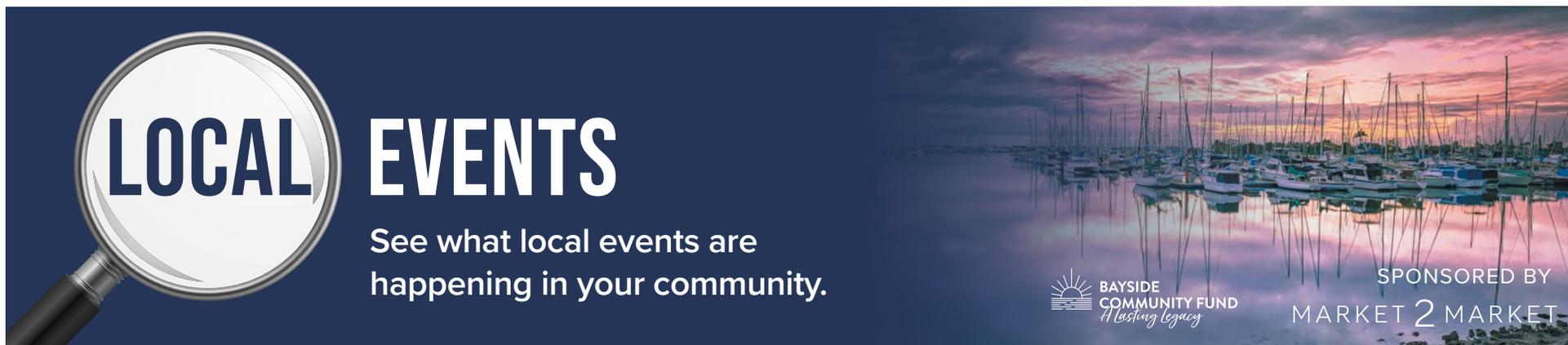
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If you're looking for something to do locally, check out The Community Leader's What's On page here and online.



WYNNUM HIGHLAND GATHERING

Sunday March 8, 12:00pm, Wynnum Manly Juniors Rugby League Club, 57 Stradbroke Avenue, Wynnum

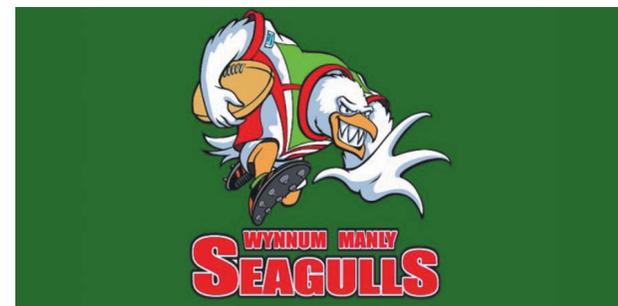
Do you love the sound of bagpipes? Get set for a vibrant celebration of Scottish culture in the heart of Wynnum at the Wynnum Highland Gathering. Enjoy a lively pipe band competition, great stalls, tasty food, and a cash bar. Entry is free for an afternoon of music, community, and highland fun, so grab your kilt and come along!



PUTTING & PIMMS

Sunday March 8, 3:00pm to 4:00pm, Wynnum Golf Course

Putting & Pimms invites women to enjoy a relaxed introduction to golf in a friendly, social setting. Participants spend 45 minutes learning the basics of putting – ideal for complete beginners – before unwinding with a refreshing drink and light bites in the clubhouse. It's a chance to connect, try something new, and enjoy a fun afternoon at beautiful Wynnum Golf Club. For more information, contact Wynnum Golf Club at 3396 9000.



WYNNUM MANLY SEAGULLS V REDCLIFFE DOLPHINS

Sunday March 22, 3:00pm, BMD Kougari Oval, Wondall Road, Manly West

Round 3 of the HostPlus Cup for 2026 is the second Seagulls' home game of the season, where they'll take on the Redcliffe Dolphins in what is expected to be a scintillating game of rugby league. Come along and get up close to the action at Kougari Oval, see the players representing the club this year, and cheer on the home team for a win! For more details, visit www.wynnumseagulls.com.au.



RUMOURS – THE FLEETWOOD MAC TRIBUTE SHOW

Saturday March 14, Doors open 7:30pm, Wynnum Manly Leagues Club, 92 Wondall Road, Manly West

Experience the Magic of Fleetwood Mac and step back into the golden era of the 70s and 80s as Rumours – The Fleetwood Mac Tribute Show – brings the band's iconic sound to life. A powerhouse group of musicians delivers the harmonies, emotion, and authenticity that defined one of the world's most enduring acts. This unforgettable tribute captures the timeless spirit of Fleetwood Mac and promises a night of pure musical nostalgia. For tickets, go to www.wynnummanlyleagues.com.au.



TWILIGHT ON CAMBRIDGE

Friday March 13, 5:00pm to 9:00pm, Cambridge Parade, Manly

Twilight on Cambridge will again light up Manly on Friday, March 13, with an evening full of flavour, music and fantastic community vibes! Cambridge Parade will transform into a lively hub where locals and visitors can wander, taste and enjoy everything this bayside precinct has to offer. Food lovers can graze their way through an enticing selection of food stalls and food trucks, or settle in for a relaxed dine-in experience at one of Manly's many welcoming restaurants and bars.



JAN POWERS FARMERS MARKETS

Saturday March 7 and 21, Little Bayside Park, Manly

Fresh produce, ocean breezes, and unbeatable community vibes – the Jan Powers Farmers Markets pop up at Little Bayside Park, Manly, on the first and third Saturdays of the month. Locals and visitors flock to the waterfront for farm-fresh fruit and veg, artisan treats, and gourmet bites. It's the perfect spot to grab a coffee, meet the growers, and soak up the sunshine.

A SEA OF COLOUR WILL SPARKLE FOR RICHIE'S RAINBOW WALK

FROM RICHIE'S RAINBOW FOUNDATION

Richie's Rainbow Walk is back on Sunday March 29, and this year promises to be bigger, brighter and more exciting than ever. Will you join the fun?

The fundraising walk, which begins at Lota and travels along the esplanade towards Wynnum, is now in its fifth year. The children's cancer research fundraiser began in memory of Richie Walsh, who sadly lost his battle with a rare cancer in 2021, aged nine.

While the walk is predominantly a fundraiser, it's also a celebration of Richie's life and legacy; a day to honour children currently fighting cancer and to remember those we have lost, and stand in solidarity with families navigating the unimaginable.

Richie's Rainbow Foundation was founded with a mission to support families facing the journey of childhood cancer. Over the past five years, the charity has grown rapidly, funding iPads for children undergoing treatment, providing family support, and creating moments of light during the darkest of times.

This year's walk will begin at Lota Camping Reserve at 10:30am, but the fun begins earlier at 9:00am when entertainment kicks off and families gather for a great morning by the bay.

Participants can choose between the scenic 5km or 10km course, making it perfect for families, seasoned runners, community groups and local businesses who want to show their support. Along the way, you'll be walking alongside hundreds of supporters, all united for one cause: making a difference for kids battling cancer.

There will be fantastic prizes up for grabs, food trucks serving up crowd favourites, live entertainment to keep the atmosphere buzzing, and plenty to keep the kids smiling, including jumping castles and special appearances from Star Wars characters ready for photos and high-fives. Adding to the excitement, Bay FM will be broadcasting live from the walk, bringing the energy of the morning to the wider community.

Everyone is welcome and encouraged to take part, walk in honour of someone special, and help ensure that no family faces childhood cancer alone.

Find out more about Richie's Rainbow Foundation by visiting www.Richiesrainbow.org.au.



Photos: Supplied.

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UPDATES FROM YOUR LOCAL COUNCILLOR



Kerbside Collection Returns to Wynnum Manly Ward

Brisbane City Council's kerbside collection service is returning to the Wynnum Manly Ward, giving residents the opportunity to dispose of bulky household items that cannot go in regular wheelie bins.

Collection dates for suburbs are:

- Lota & Wynnum: 2 March
- Manly & Wynnum West: 9 March
- Manly West: 16 March

Residents are encouraged to place items on the kerb no earlier than two days before their scheduled collection period.

Accepted items include furniture, whitegoods, small household appliances, electronic waste, bicycles and sporting equipment, carpet and rugs, bath and laundry tubs, and small quantities of timber. Council will not collect items such as batteries, tyres, bricks, concrete, chemicals, gas bottles, garden waste, building materials or general household rubbish.

To keep neighbourhoods safe and tidy, residents are reminded to keep piles neat, ensure footpaths remain clear, remove doors from refrigerators and cupboards, and limit piles to two cubic metres, approximately the size of a small box trailer load.

Collected materials are sorted, with suitable items recycled or reused where possible to reduce landfill.

Volunteer Expo 2026



Wynnnum Manly VOLUNTEER EXPO

SATURDAY 28TH MARCH

2PM - 4PM

WYNNUM MUNICIPAL HALL
219 BAY TERRACE
WYNNUM

REGISTER YOUR ORGANISATION



REGISTER YOUR ATTENDANCE



Aussie Day Brekkie Brings the Bayside Together

It was wonderful to see our community come together at George Clayton Park for the annual Aussie Day Brekkie. Locals of all ages enjoyed a relaxed morning by the bay, sharing breakfast, conversation and plenty of smiles as we celebrated what it means to be Australian.

The event was a great reminder of the strong community spirit we have across Wynnnum Manly, with families, neighbours and volunteers all playing a part in making the morning such a success.

Thank you to everyone who attended, helped out and contributed to creating such a welcoming and inclusive Australia Day celebration.



Local resident and Rotarian William (Bill) Simpson receiving the Wynnnum Manly Scope Club Australia Day Award

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TOUGH GUY BOOK CLUB: A PINT, A CHASER – AND A BOOK!

BY JAN NARY

Shay Leighton set up the Tough Guy Book Club when he realised that he – and blokes like him – were spending time in the pub. Following the mantra, “If you want to catch fish, go where the fish are”, he started the men’s reading group where the men already were – in the pub.

“I was a guy who didn’t read enough – hadn’t read a book since leaving high school; somehow life gets in the way. I thought the only way to solve that problem was to get some men together and read books with them. I started inviting guys who don’t look like ‘book club’ types; most of our members are tradies, but we get all sorts. One of the club rules is we don’t talk about work; that knocks down a lot of social barriers.”

Shay says that just offering an invitation to someone who’s never been asked to join a book club can be all it takes.

“We didn’t start book clubs and bring them into pubs – we were already in pubs, and we just started book clubs there. Not everyone’s going to enjoy every book, but the ones you do like might introduce you to a new genre or a new author, and your reading’s going to

increase. People talk about books in the way they understand.

“We read all kinds of books but only fiction,” he says. “Last year, we covered eight genres and six countries. We’re currently reading about paranormal investigators in a town invaded by drug-dealing demons, so it doesn’t have to be high-brow stuff.”

Shay says that men join for a variety of reasons: to read more, to talk more or to make more local friends – and that having differing tastes and opinions about books gives an added element.

“There’s nothing as good on a hot day as having an argument about a book over a cold beer!”

The volunteer organisation started 14 years ago in a Collingwood pub by Shay and his mate Tom Scott, and now has an international membership (in eight countries) of 5000 in 180 chapters.

Chapter meetings are held on the first Wednesday of the month. For more information about your local Redlands chapter, visit www.toughguybookclub.com/redlands_qld

Happy reading!



Photos: Supplied.

 Wendy Wu Tours.

ASIA AWAITS

**THURSDAY 12TH MARCH
10AM-11:30AM**

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Photo: Supplied.

What's your name? Hi, my name is Jasmine, or Jazzie for short.

Suburb: I live in Wynnum West.

How long have you lived there? I was rescued when I was two, and have lived here for 11 years. On my first day at my new home, I took Mum's shoe and put it in my bed. I knew this was where I belonged!

What is your favourite local walk? I have two walks a day around my neighbourhood: in the early morning with Mum, and in the evening with Dad. I love wandering through the Manly Creative Markets on a Sunday because there are lots of people and other dogs to meet.

What is your most treasured toy? I've got lots of soft toys, but Betty the pug is special! She's soft to cuddle, and I rest my head on her when I am in bed.

What is your favourite food? I'm a big fan of all food! My favourite is chicken, plus occasional treats.

What is your worst habit? Eating too fast. I get so excited when food is being prepared that sometimes I let out a little squeal of excitement.

What's your favourite local hangout? I'm a bit of a homebody; however, I do like a trip to Edith Street Espresso in Wynnum. It's cool to sit out on the footpath, enjoy a treat, and people-watch.

Who is your best doggo friend? I have a few besties – Howie, Kupa, Trixie, and Mollie. Plus the other four-legged mates I see on my daily walks, like Tilly, Bailey and Miss Marple.

Do you have any funny or embarrassing stories you'd like to share? I watch television and bark at the football. When I see dogs, horses, or other animals on TV, I can't help but get excited!

What do people love most about you? I'm often told I'm a very cute little pug with a fun and quirky personality. I'm friendly, affectionate, and grateful for my wonderful life.

We have made a \$50 donation to the RSPCA QLD on Jazzie's behalf.



Would you like your best mate to be featured in Maggie's Mates? Email us at sales@market2market.com.au and we'll send you a questionnaire. We will donate \$50 to a registered animal charity of your choice for each profile published in The Community Leader.

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MISS MAGGIE OF MANLY



THE BENEFITS OF PET OWNERSHIP

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

We know pets provide us with companionship and unconditional love but did you know that there are many other health benefits associated with pet ownership? Choosing an appropriate pet to suit your lifestyle and routine can improve your life in numerous ways.

- **Companionship and emotional support** – pets help to reduce loneliness and provide support during times of emotional need.
- **Stress reduction** – patting and playing with pets can reduce stress through reduced cortisol (stress hormone) production.
- **Physical activity** – pets rely on owners to provide them with exercise. Regular walks with your dog can lead to improved cardiovascular health and maintaining a healthy weight.
- **Physical health** – regular activity with pets can help to reduce blood pressure and heart rate.
- **Social interaction** – pets are the ultimate ice breakers and conversation starters, and help build connection within the community.



- **Mental health benefits** – interacting with pets has been shown to improve the production of oxytocin, serotonin and dopamine, which can alleviate symptoms of depression and anxiety.
- **Pain management** – pets can play a part in the management of chronic pain conditions through distraction and improved mood.
- **Routine and responsibility** – owning a pet can provide structure to an otherwise disorganised life. Children can learn responsibility by being involved in caring for the family pets.
- **Enhanced mood and happiness** – interacting with a pet can lead to increased endorphin release.



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SEAGULLS APPOINT NEW PREMIERSHIP HEAD COACH FOR THE 2026 SEASON

FROM THE WYNNUM MANLY SEAGULLS

As the Wynnum Manly Seagulls Club prepares to celebrate its 75th year, strong leadership across both its men's and women's programs will underpin the 2026 season, with Mathew Head returning to lead the HostPlus Cup side, and Darren Ferricks stepping into the role as newly appointed BMD Premiership Head Coach ahead of the upcoming season.

Now entering another year in charge, Mathew Head brings consistency, experience, and a deep understanding of the playing group. After falling short in last season's finals series, the HostPlus squad is focused on learning from that disappointment and returning stronger, with a renewed emphasis on discipline, preparation, and high-performance standards.

Meanwhile, the club welcomes Darren Ferricks into the BMD head coaching role. Already a familiar face through his leadership of the club's women's academy program, he has played a key part in developing emerging pathways and nurturing local talent. His appointment signals an exciting new chapter for the women's program as it continues to grow in strength and depth.

Both coaches are focused on building competitive, united squads that reflect the club's pride and history. As the 75th season approaches, players, staff and supporters alike are looking forward to a memorable year on and off the field.

For match updates and game day information, visit www.wynnumseagulls.com.au.



Photos: Supplied.

TRIBUTE SHOW...

FLEETWOOD MAC

RUMOURS





Doors 7:30pm • Show 8PM

SATURDAY

14TH March

TICKETS

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KARA COOK COMMUNITY UPDATE

FEDERAL MEMBER FOR BONNER



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Whether you need documents witnessed, a few extra pantry staples, or a new book to read, these services are available locally and free of charge at my office on 69 Clara St, Wynnum.

The Community Pantry and Community Library are open during office hours, Monday to Friday from 8:30am to 4:30pm.

We are also introducing monthly JP services, with the first session taking place on Wednesday 18 February from 10:00am to 12:00pm.

If you need assistance or would like more information, my office is always here to help. You can get in contact by emailing kara.cook.mp@aph.gov.au or calling (07) 3893 3488.



Healthcare Access Expanding Across Bonner

Access to cheaper healthcare continues to strengthen across Bonner, with new national data confirming there are now 13 fully bulk-billed GP clinics operating in the electorate. This is more than double the number prior to Labor's investment in Medicare, meaning more local families can see a doctor without worrying about out-of-pocket costs. You can find your closest bulk billing GP by heading to www.health.gov.au/bulk-billing.

Bulk billing access is further reinforced by two Medicare Urgent Care Clinics serving the community. The Carina-Carindale and Capalaba clinics provide fully bulk-billed urgent but not life-threatening conditions. These clinics are delivering more affordable healthcare close to home, easing pressure on emergency departments and ensuring you can access timely treatment when you need it most.

Open seven days a week, the clinics treat:

- Minor infections
- Minor fractures, sprains and sports injuries
- Neck and back pain
- Urinary tract infections and STIs
- Minor cuts, insect bites and rashes
- Eye and ear problems
- Respiratory illness
- Gastroenteritis
- Mild burns

The Carina-Carindale clinic operates from 9am to 7pm at 805 Old Cleveland Road, Carina. The Capalaba clinic operates from 8am to 8pm at 2/8 Dollery Road, Capalaba.



Bonner Electorate Awards



The Bonner Electorate Awards celebrate everyday champions who strengthen our community through volunteering, leadership, service and kindness.

Nominations are now open, and community members are encouraged to put forward someone who deserves local recognition.

To nominate someone you can scan the QR code or email my office for a nomination form.



Recognising Bonner's Community Leaders

This year's Australia Day Honours List recognised several outstanding local residents for their service across research, education, media, youth welfare and community leadership.

- Emeritus Professor Roderick Drew AM – For significant service to horticulture research and agricultural development
- Dr Rodney Straw AM – For significant service to veterinary surgical oncology and tertiary education
- Mr Kenneth Brown OAM – For service to media and the community
- Aunty Aileen (Merle) Dippel OAM – For service to the Indigenous community of Queensland
- Dr Bronwyn Herbert OAM – For service to youth social welfare

Their contributions reflect the depth of service and leadership within our electorate, and our community is grateful for their service.

I recently had the opportunity to speak in Parliament to recognise their achievements and the outstanding contribution they have made to our community.

JOAN PEASE'S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON



MANLY STATE SCHOOL BUILD

Giving our Bayside kids the best possible start in life with world-class schools remains one of my top priorities. I was honoured to tour Manly State School with its school Principal, seeing first-hand the transformation underway for this wonderful school. This multi-million dollar Big Build project, instigated and funded by the previous Queensland Government, is delivering much-needed new classrooms, modern learning spaces and refreshed facilities to support students now and into the future. I thank the teachers, staff and Manly State School community, and reaffirm my support for continued education investment in our local schools.



PLAN TO CAP FUEL PRICES

Queenslanders pay the most for fuel compared to anywhere else in Australia. In Brisbane you'll pay on average \$1.85 per litre for unleaded, while in regional places like Weipa and Longreach, that price can reach more than \$2.20.

In Wynnum, we consistently see unleaded fuel prices bounce around from \$1.55 cents per litre one day, to \$2.15 the next. This needs to stop.

That's why the State Opposition introduced a plan into Parliament to cap the amount fuel stations can increase their prices by 5c per day. It's something that's been called for by Queensland's peak body representing drivers – the RACQ. It means petrol stations can't gouge you with huge and unjustified spikes.



PRESSURE ON VOLUNTEERS

Our volunteers are the backbone of our community. I recently spoke in Parliament about the Inquiry into Queensland Volunteering. The Inquiry heard from more than 500 submitters and dozens of witnesses across Queensland. The Inquiry report confirms that volunteering contributes an estimated \$117 billion in social and economic benefit annually in Queensland. Yet participation has declined significantly in recent years, with around 200,000 fewer volunteers compared to previous levels. Those who remain are carrying more weight, more compliance, and more cost. Regrettably, concerns that volunteer burnout, red tape and insurance costs are not being addressed with sufficient urgency. There is growing compliance burden placed on small volunteer-run organisations, effectively requiring unpaid committee members to operate at near-professional governance standards. We are expecting unpaid mums, dads and the elderly to meet governance standards that resemble those of small corporations. That's not sustainable. If we value our communities – then we must value our volunteers.



BAYSIDE PAVILLION: HAVE YOUR SAY

Last year, the Carina Leagues Club unveiled plans for a multi-storey redevelopment at the former Wynnum fish markets site on Fox Street, Wynnum. The proposal includes a major gaming area with 65 poker machines, late-night entertainment, large dining spaces and a rooftop venue, with trading hours proposed from 7am through to 4am daily. Whilst this prominent foreshore site deserves thoughtful development that enhances local amenity, many residents have voiced concerns about parking pressures, noise, gambling impacts and the overall scale of the project.



Please have your say via my community survey: <https://tinyurl.com/baysidepavillion>

GOVERNMENT CUTS DOMESTIC VIOLENCE FUNDING

Sadly at a time when domestic violence reports are rising, the Queensland Government is cutting specialist support and walking away from frontline services that save lives. Sue and Lloyd Clarke (pictured) – who tragically lost their daughter Hannah and her three children – warned that weakening specialist responses will “leave victims at the mercy of a patchwork of officers” and is “a step backward” when we should be strengthening protections. Victims deserve properly funded, specialist services – not governments with the wrong priorities. Queenslanders expect better leadership, real investment, and action that keeps women and children safe.



JoanPease MP

State Member for Lytton

Authorised by Joan Pease 100 Edith Street Wynnum

PO Box 719, Wynnum QLD 4178

(07) 3915 1100

JoanForLytton

lytton@parliament.qld.gov.au

www.joanpease.com

WYNNUM CROQUET CLUB OPENS 2026 WITH CHALLENGING TOURNAMENT

CONTRIBUTED BY WYNNUM CROQUET CLUB

Wynnum Croquet Club held its first tournament of the year last month, proudly sponsored by George Hartnett Metropolitan Funerals. The event, known as the George Hartnett Metropolitan Challenge, was a Golf Croquet doubles-level play tournament that attracted a full field of 32 players.

Competitors travelled from far and wide, with players coming from as far north as Hervey Bay and as far south as Byron Bay. They were greeted by hot, humid conditions, making the day a true test of stamina and skill.

In a traditional tournament format, top-seeded players are matched against bottom-seeded players in the opening round. One of the standout stories of the day featured Wynnum players George Nakhoul and Len Frankland.

George is an established player, and Len has been only playing for 10 months. Between them, they brought 172 years of life experience and a combined handicap of 21! Their first opponents had an impressive combined handicap of minus one. There was never much doubt about the scorelines.

Each doubles team played seven games. It was a demanding test of determination and focus. Len commented, "You really have to think playing this game". George and Len kept playing game after game, knowing the odds were stacked against them. It didn't help that George is blind in one eye!

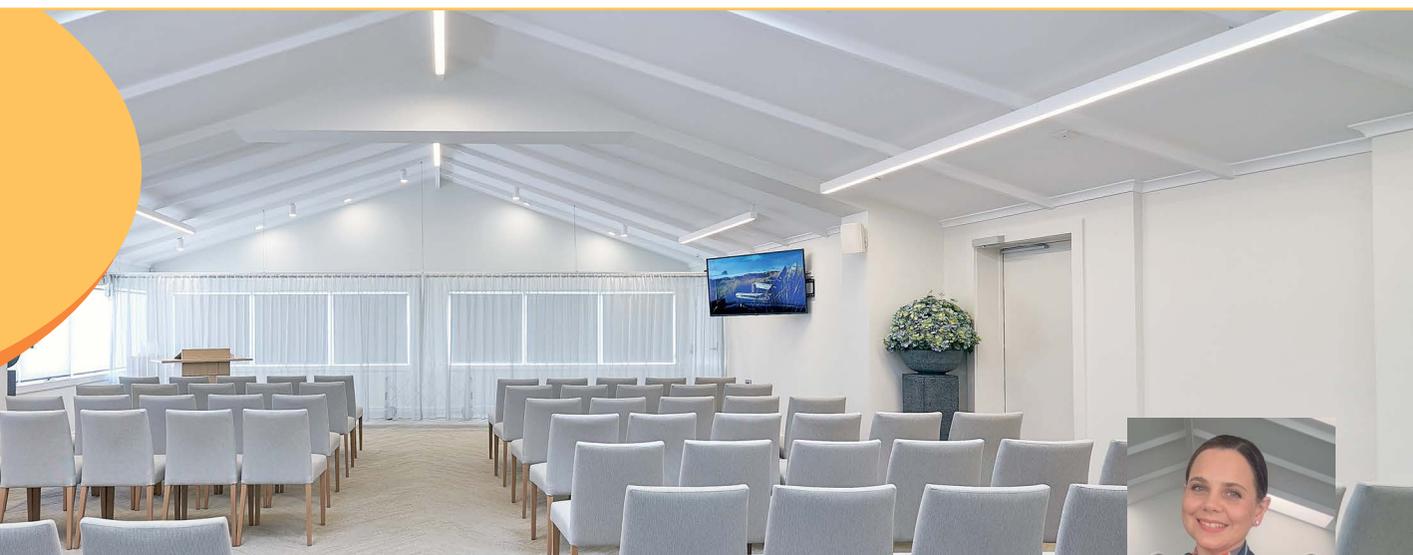
They didn't win a game, but earned plenty of respect. Tenacity, good humour and a willingness to compete no matter the challenge were on full display. George and Len headed home exhausted but proud after a hard-fought day, perfectly capturing the spirit of resilience and camaraderie that defines croquet at Wynnum.

Find out more about Wynnum Croquet by visiting www.wynnumcroquet.au.



Wynnum Croquet players Len Frankland and George Nakhoul. Photo: Supplied.

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MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE UPDATE

BY JEMANDA HANNOUF, PRECINCT COORDINATOR, MANLY HARBOUR VILLAGE

Join Manly's Clean Up Australia Day – Sunday 1 March

Manly is coming together for Clean Up Australia Day, proudly hosted by the Royal Queensland Yacht Squadron, and everyone in our community is invited!

This is a fantastic opportunity for local families, friends, and community groups to roll up their sleeves and help keep our beautiful village, foreshore, and waterways looking their very best. The more the merrier; we'd love to see locals come out in force and show their community spirit. Whether you can spare an hour or stay for the whole event, every helping hand makes a real difference. For more information scan the QR code below.

GET YOUR
GLOVES ON
GIVE BACK TO THE PLACE WE CALL HOME
SUNDAY 1 MARCH
2026
Clean Up Australia Day
MORE INFO

Manly Harbour Village to Celebrate International Women's Day 2026

There's not long to go until the Manly Harbour Village community gathers to celebrate International Women's Day 2026 – and the final tickets are on sale now.

This much-loved annual event has become a standout occasion on the local calendar, bringing together women and supporters from across the bayside for a morning of connection, conversation and celebration.

Guests will hear from three outstanding speakers, each sharing their unique experiences, insights and stories. Their perspectives promise to inform, inspire and spark meaningful discussion among attendees.

Beyond the stage, the event offers a valuable opportunity to strengthen local networks, support women in business and leadership, and celebrate the many contributions women make to families, workplaces and the wider Manly community.

With the event just around the corner and strong demand again this year, those wishing to attend are encouraged to secure their seats as soon as possible!

Tickets for Manly Harbour Village Chamber of Commerce International Women's Day Breakfast can be purchased online at manlyharbourvillage.com.

MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE
SAVE THE DATE
INTERNATIONAL WOMEN'S DAY BREAKFAST
Royal Queensland Yacht Squadron
Friday 6 March 2026
6.30am - 9.00am
International Women's Day
#BalanceTheScales #IWD2026

What's On

MANLY HARBOUR VILLAGE IN MARCH

SUN 1 ST MAR	8am	Manly Creative Market
FRI 6 TH MAR	6am	International Women's Day Breakfast
SAT 7 TH MAR	6am	Jan Powers Farmers Market
SAT 7 TH MAR	7pm	Free Movies in the Park - The Wild Robot
SUN 8 TH MAR	8am	Manly Creative Market
FRI 13 TH MAR	5pm	Twilight on Cambridge Jazz, Food & Markets
SUN 15 TH MAR	8am	Manly Creative Market
TUE 17 TH MAR	5pm	Manly Traders Networking Event
SAT 21 ST MAR	6am	Jan Powers Farmers Market
SUN 22 ND MAR	8am	Manly Creative Market



UPCOMING MARKETS

SATURDAY 7 AND 21 MARCH Jan Powers Farmers Market	FRIDAY 13 MARCH Twilight on Cambridge, Manly	EVERY SUNDAY Manly Creative Markets
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For more information on upcoming events, be sure to follow Manly Harbour Village on social media, subscribe to our newsletter at manlyharbourvillage.com

THE VALUE OF A HISTOPATHOLOGICAL REPORT

BY DR ROGER DOWN, MBBS, FRCS, FRACS, MD (LOND)

All surgically removed tissue must be sent for histopathology to determine the nature of the lesion. This is why I do not advocate freezing, burning, or chemotherapeutic agents like Efudix, as no pathology specimen is obtained. There is a view that cryotherapy can do 'no harm'. This is not true. It opens Pandora's Box, and is subject to over-treatment for reward.



Histopathology can determine whether a lesion is benign or malignant and identify the cancer cell type. Firstly, this is important for determining the patient's likely prognosis and guiding the specialist's treatment. Secondly, it can provide the clinician with guidance on whether all the cancer has been removed.

Please remember that the skin cancer cure is related to the tissue/cells that remain in the patient, not to what the pathologist sees. The pathologist's report is based on random sections, which are subject to contraction, folding, and deformity, which can, in turn, provide misleading information. Further, fat gets dissolved, often leading to an incorrect report, which reads, 'extends to the deep margin'.

So, what matters is as follows: are there any residual cancer cells in the patient that were not removed? This is impossible to say for certain. Single or multiple cancer cells can spread via the lymphatics or the bloodstream. A pathology report cannot always determine this, but it is looked for.

Dogma dictates that 'margins' (i.e., the distance from the cut edge to the cancer edge) determine this, but experience with 100,000s of cases and studies negates this view. All tumours must be macroscopically removed, with a small additional 'normal' tissue margin. The surgeon's competence matters.

The pathologist is looking at slides but cannot determine this with certainty; they can only state what is seen.

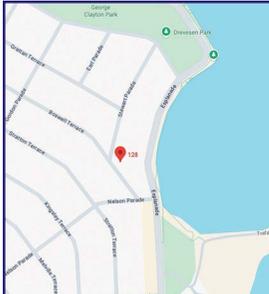
Personal studies of thousands of patients show that 90-95% of 'margin involved' pathology reports – especially after a partial-thickness skin shave excision of intraepidermal cancers – were followed up three-monthly over two years and never developed a recurrence. Of those patients who did have an early second



re-operation because of site complexities, the pathologists were unable to find any residual cancer in 95% of the specimens. This leads to the conclusion that 'out is out'. With the exception of melanomas, the margin is most likely irrelevant.

Are the very small number of patients with 'margin involved' pathology reports in danger? Basically, no.

Basal cell cancers only grow locally and do not spread or metastasise to other parts of the body. About 10% of invasive squamous cell cancers (they must always have a 1-2mm clear margin in all planes) that penetrate the full skin thickness can metastasise or develop a local recurrence. Local recurrence needs to be re-excised as soon as it declares itself, usually without detriment. Very rarely, the 'horse may have bolted' prior to the original surgery, leading to the development of lymph node metastasis, which can then easily be treated with either surgery or DXT.



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\$103,000 INVESTED IN THE BAYSIDE COMMUNITY AND GROWING

CONTRIBUTED BY CHARLES ALDER, BAYSIDE COMMUNITY FUND

Since its inception, the Bayside Community Fund has proudly raised and invested more than \$103,000 on behalf of Brisbane's bayside community, a milestone that reflects the generosity, trust and collective spirit of local residents, businesses, sponsors and supporters.

These funds have been invested through Queensland Gives, a program administered under the supervision of the State Government. The model is simple yet powerful: community funds are invested and the interest generated is distributed as grants to local not-for-profit and community organisations ensuring long-term, sustainable support for the bayside region.

Over the years, a number of much-loved community initiatives have contributed to this success. Events such as Pups in the Park, community raffles that have raised over \$260,000 for community groups, and highly valued partnerships with Bendigo Bank, the Community Leader, and Celebrate for a Cause have helped build momentum and bring people together around a shared purpose, strengthening the bayside community while giving back in a meaningful way.

The annual Bayside Community Awards have also played a major

role in expanding awareness and engagement. Across the three years the awards have been running, more than 1,000 people have attended the celebration events, recognising the individuals, groups, and organisations making a difference locally. Combined with a growing audience of over 15,000 newsletter subscribers to Bayside Community News and thousands of community votes cast each year, the awards have become a cornerstone of community connection.

President of the Bayside Community Fund, Mike Sarquis, said the milestone is a reflection of what's possible when a community comes together with shared intent.

"This achievement isn't about a single organisation; it belongs to the entire bayside community," said Mike.

"Every sponsor, volunteer, event attendee, voter and supporter has played a role in building something that will continue giving back for years to come. We're incredibly proud of what's been achieved together and excited about what the future holds for the bayside."

With strong foundations, growing community participation and a sustainable investment model, the Bayside Community Fund



Photo: Supplied.

continues to ensure local generosity today becomes lasting impact tomorrow, right where it matters most. If you'd like to make a difference to our community come and join us; positions are vacant now for events support and community liaison.

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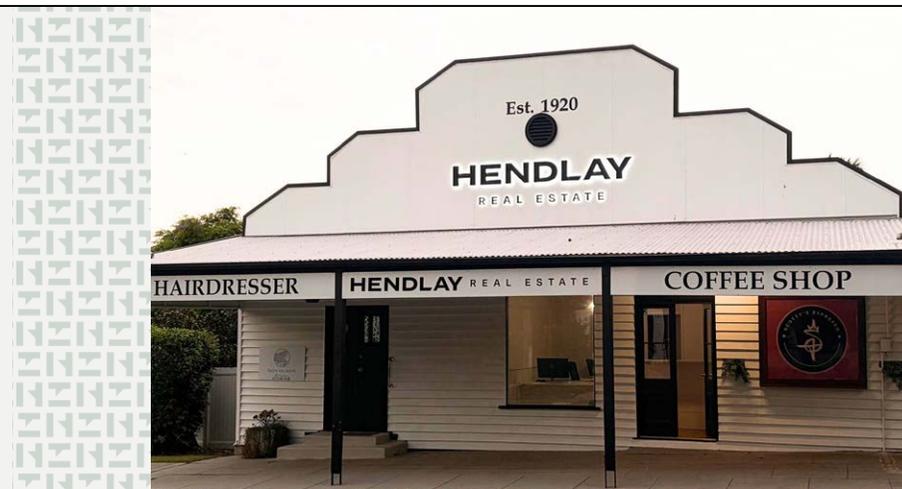
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Recognise the Risk: Be Asbestos Aware

CONTRIBUTED BY CHERIE BARBER

In the wake of the recent scare of asbestos being identified in children's play sand, now more than ever, parents need to understand that with asbestos-containing materials (ACMs) remaining in one-in-three Aussie homes, if these materials are not managed safely, they can pose a significant health risk to families.

There's no doubting Australia's passion for renovating. We love the challenge! But what many don't know is that they could be risking their lives and the lives of their loved ones (including their children) if they fail to respect asbestos risks and ensure asbestos-containing materials (ACMs) are managed safely.

It's heartbreaking that around 4,000 Australians die needlessly every year from avoidable asbestos-related diseases – that's three times the national road toll. With 51% of current mesothelioma deaths directly linked to home renovations, the number of Australians who will lose their lives is predicted to rise if we don't get serious about asbestos awareness and how to manage this potentially deadly material safely.

To protect ourselves and our families, it's vital that we stop playing renovation roulette and start playing it safe by ensuring we understand the risks, know the sorts of ACMs to look for and what to do to ensure this silent 'serial killer' is managed safely. What homeowners need

to know is that asbestos wasn't only used in the manufacture of flat and corrugated sheeting materials. It was used in the manufacture of more than 3,000 building and decorator products that remain lurking in one third of homes including brick, weatherboard, clad homes and apartments. It was used everywhere!

ACMs were commonly used in wet areas such as bathrooms, kitchens and laundries but this potentially deadly fibre could be in places renovators might not expect. It could be lurking under carpets, linoleum, vinyl and ceramic floor and wall tiles, external and internal walls, ceilings, eaves, roofs and fences. Asbestos could be in any residential property, in any town or city across Australia if the home was built before 1990 and in any commercial property constructed before 2004.

Make no mistake, renovating, demolishing or maintaining properties that contains asbestos can be lethal if ACMs are disturbed and invisible asbestos fibres become airborne and are inhaled. So before taking up tools, learn how to manage asbestos safely by visiting asbestosawareness.com.au to access a range of free information for tradies, rural and commercial property owners, and homeowners including checklists and the *Asbestos in Homes: A Guide to Identification, Testing and Removal Video*.



Photo: Supplied.

Visit asbestosawareness.com.au to learn how to identify, test and safely manage asbestos because it could save your life or the life of a loved one.

Remember, when it comes to asbestos, Don't cut it! Don't drill it! Don't drop it! Don't sand it! Don't saw it! Don't scrape it! Don't scrub it! Don't dismantle it! Don't tip it! Don't waterblast it! Don't demolish it! Don't dump it! And whatever you do... DON'T remove it yourself! ONLY use licenced asbestos professionals because it's not worth the risk!



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Parkview at 11-14 Michelle Court, Cleveland is an exclusive collection of 56 premium apartments, perfectly positioned to offer the best of Cleveland living. 20% sold so far and 100% owner occupiers! We've gone above and beyond to provide a life of comfort and convenience. When you own at ParkView, you gain access to AFT's signature, resort-style facilities, including:

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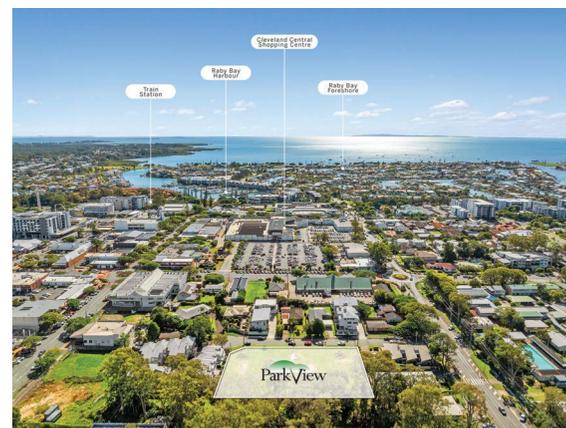
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Transform Your Driveway: Simple Ways to Boost Street Appeal and Add Value

CONTRIBUTED BY FINE CONCRETE FINISHES

Your driveway is one of the first things people notice when they arrive at your home, yet it's often the most overlooked. A tired, stained, or dated driveway can drag down the appearance of your entire property. The good news is that with the right approach, you can completely transform an old, worn out driveway into a fresh, modern feature that lifts your home's street appeal and adds real value.

One of the most effective ways to revive a driveway is through professional surface restoration. Over time, driveways accumulate layers of old paint, glue, epoxy, and grime, making the surface look patchy and aged. Removing these coatings is the first step in bringing the driveway back to life. Once stripped back, the true condition of the concrete can be assessed and prepared for a new finish.

Modern resurfacing techniques allow homeowners to update the look of their driveway with clean, contemporary colours and textures. Whether you prefer a sleek charcoal finish, a natural stone look, or a subtle decorative pattern, resurfacing can dramatically improve the appearance of both the driveway and the adjoining paths. This creates a cohesive, polished look that instantly refreshes the front of your home.

Beyond aesthetics, a revitalised driveway also improves functionality. Smoother surfaces are easier to clean, safer to walk on, and more durable in harsh weather. For homeowners preparing to sell, a modern driveway can be a standout feature that enhances first impressions and increases perceived value.

With the right restoration service – especially one that specialises in removing old paint, glue, and epoxy – you can turn a tired driveway into a stylish, modern entryway that elevates your entire property.

For more information or a quote, call Simon at Fine Concrete Finishes on 0414 422 200.



BEFORE



AFTER

Photos: Supplied.



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RENOVATIONS

TO EV OR NOT? REVELATIONS FROM A NEW ELECTRIC VEHICLE OWNER

BY DAVE NELSON

About two years ago, I decided I needed to buy a new car, and I wanted it to be electric because I am always trying to be a bit greener. But I was in for a few surprises, and some of the concerns I had heard about electric vehicles (EVs) were just not true.

Two years ago, the number of EV models was expanding, but was still a bit limited. Now, almost any vehicle available with an ICE (internal combustion engine) is available as an EV. There are even EV 'utes' now, and even more models available only as EVs.

The model I chose (a mid-sized SUV) was available for \$30,000 as an ICE version, or \$44,000 as an EV. So, about a \$14,000 premium to upgrade to an EV.

Range anxiety is often quoted as a reason not to choose an EV. But I don't drive long distances, just the occasional trip to the Gold Coast or the Sunshine Coast, so I was happy with the 330km range my car came with (although there is a long-range model of the same car; it has a 480km range for an extra \$4000).

One of the first surprises I had when I started driving my EV was the performance. The acceleration is phenomenal. I've driven sports

cars that don't have nearly the acceleration of my family EV.

The other big surprise was the cost of fuel. I used to spend \$250-\$350 on petrol per month for my old ICE SUV. The charger for my EV is on a separate meter, so I know exactly how much I am spending on power, and it is only \$20-\$30 per month. And no more searching for deals at the local fuel stations.

Another surprise was the cost of maintenance. With my ICE SUV, I would take it in for maintenance every six or so months, and each visit would cost \$300-\$600. At two years old, my EV is just coming up for its first maintenance. The quoted cost will be \$400.

The original tyres my EV came with were a bit of a disappointment. They needed to be replaced after only 20,000 km. I'm not sure if that is only because the manufacturer of my EV chose lower-quality tyres. Apparently, because EVs are a bit heavier than ICE vehicles, they wear their tyres faster. I replaced them with tyres that have a 50,000km warranty.

I have heard some people claim that EV batteries run down, wear out, and need to be replaced. But my EV came with a 10-year battery warranty, which is pretty standard for EVs now. After two



Dave Nelson's electric vehicle. Photo: Supplied.

years, I haven't seen any reduction in range and no degradation in battery performance.

In short, although the upfront cost of an EV may be a bit higher than that of an ICE vehicle, with savings on fuel and maintenance, I have found that my EV is actually cheaper. And certainly, in terms of performance, an EV is a lot of fun to drive, and, of course, it is greener.

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These events are often compared to the 'Antiques Roadshow' on TV, but without the long queues.

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Mike



Nate



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MONDAY
16TH MARCH

Redlands RSL
(Tobruk Room)
10:00am - 12:00pm
8 Passage St, Cleveland

Wynnum RSL
(Pandanus Lounge)
1:00pm - 3:00pm
174 Tingal Rd, Wynnum

Home Visits
3:00pm - 6:00pm
Phone 0426 820 646

TUESDAY
17TH MARCH

Victoria Point
Sharks Sporting Club
(Sharks Function Room)
10:00am - 1:00pm
325 Colburn Avenue,
Victoria Point

Home Visits
1:00pm - 6:00pm
Phone 0426 820 646
For a Home Visit

WEDNESDAY
18TH MARCH

Redlands Sporting Club
(Room 3, behind Haven
Restaurant)
10:00am - 2:00pm
Anson Road,
Wellington Point

Home Visits
2:00pm - 6:00pm
Phone 0426 820 646
For a Home Visit

THURSDAY
19TH MARCH

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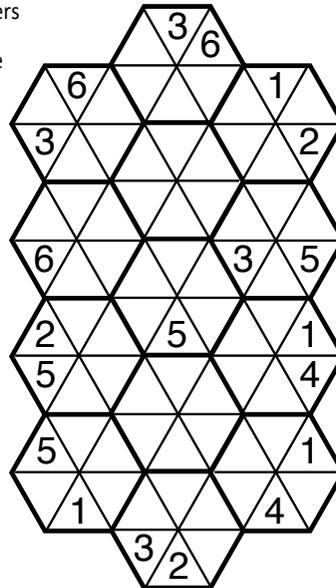
Sudoku

Fill in the blank cells using numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block.

		6				7		
3	8	2	4			6		
							8	
	1	4		5				7
		7				3		
				4				8
6			1			9		
	7	3	6	9			4	
1								

Quick Workout

Fit the numbers 1, 2, 3, 4, 5 and 6 into the hexagons so that where the hexagons touch, the numbers will be the same. No number is repeated in any hexagon.

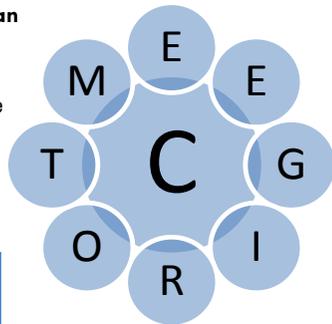


Crossword

1		2		3		4		5	6		7	8		9
10								11						
						12					13		14	
15											16			
								17		18				
19	20		21								22	23		24
25								26			27			
	28										30		31	
36		37									38			
42								39		40		41		
								45			46			
49											50			

Focus An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

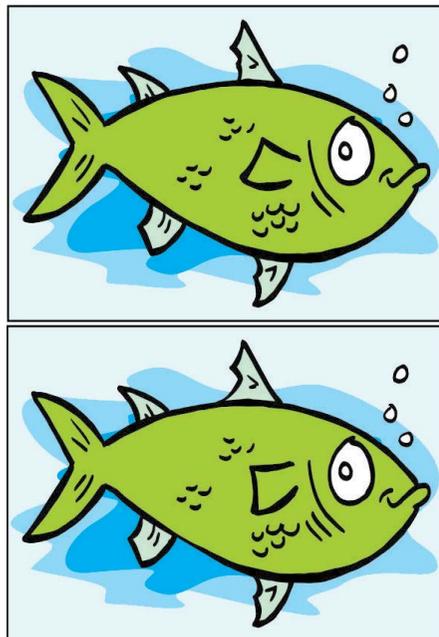


TODAY'S FOCUS Good: 10 words
Very good: 17 words
Excellent: 32 words

Reference: Macquarie Concise Dictionary
Focus No. 3904

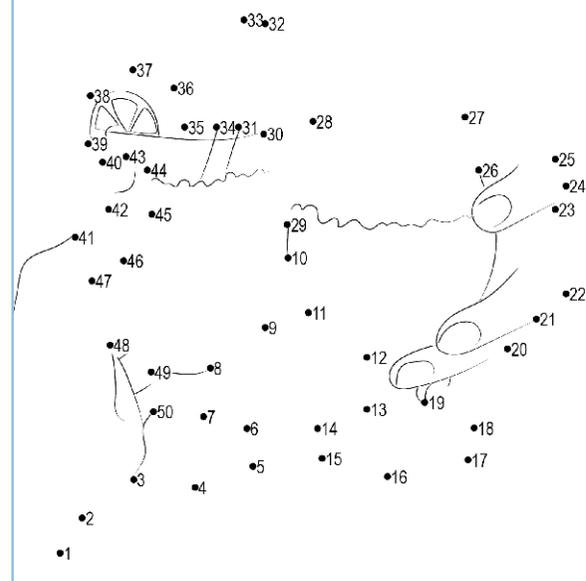
- ACROSS**
- 3 Radiolocation
 - 7 Microbes
 - 10 Played in a lively manner
 - 11 Strength
 - 12 Wool
 - 13 Present
 - 15 Slumbering
 - 16 Consider as affront
 - 17 Starry
 - 19 Wicked giants
 - 22 Teacher
 - 25 Stagger
 - 26 Card game
 - 28 Mine entrance
 - 30 Trees
 - 32 Having left a will
 - 34 Turn away
 - 36 Agreement
 - 38 Deputised group
- DOWN**
- 1 Maker
 - 2 Beseeched
 - 3 Alcove
 - 4 Take as one's own
 - 5 Month
 - 6 Decay
 - 7 Produce
 - 8 Love god
 - 9 One courting a woman
 - 14 Direction
 - 16 Male sheep
 - 18 Praise
 - 20 Driving mechanism
 - 21 Select group
 - 23 Artillery salute
 - 24 Comforts
 - 27 Sacrificial table
 - 29 Offered
 - 31 Errands
 - 33 Agitate
 - 35 Arbitrator
 - 36 Way of viewing
 - 37 Slender support
 - 38 Annoy
 - 40 Wear away
 - 41 Sanity
 - 43 Visage
 - 46 Female swan

Spot the 5 Differences



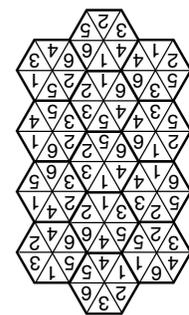
Join the Dots

What is this? Find out by joining the dots.



Solutions

Puzzles and pagination supplied by Auspac Media



FOCUS: cetero cert cite coir come comet core coruI corn corteges cote coterie creme crim crime emetic erect erotic GEOMETRIC meteoric metric mice micro mortice otic recte recto rice terrace terrace toric trice

angle rear in moved, missing scale, extra grill, middle fin changed

SPOT THE 5 DIFFERENCES: Top fin changed shape, lower rear fin changed shape

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
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NATURALLY WONDERFUL ... WITH RANGER STACEY

RANGER STACEY THOMSON IS PRINCIPAL ADVISER – COMMUNITY EDUCATION (REDLAND CITY COUNCIL)

We have visitors!

A whole bunch of Little Red flying-foxes have taken up temporary residence on Redlands Coast and I for one am excited ... I mean, why wouldn't they want to visit this wonderful part of the world?!

I know it's not just me who is thrilled by this wildlife phenomenon. In fact, the more we understand these fascinating flying mammals, the greater our appreciation for the role they play in the overall environmental landscape.

Throughout the year, Grey-headed flying-foxes and Black flying-foxes literally hang out in our region. But Little Reds are unique because of their highly nomadic lifestyle. They follow the flowering of eucalypts along the eastern seaboard of Australia.

For hungry Little Reds, the sweet nectar of eucalypt blossoms is the "piece de resistance," while mangrove flowers also feature on nature's menu. In return, flying foxes maintain biodiversity as champion pollinators and seed dispersers. They keep our forests healthy and thriving! A specialist nectar feeder, the tongue of a Little Red is perfectly adapted for extracting the juicy liquid from flowers.

Little Reds are smaller than our other Redlands Coast flying foxes and have shiny reddish-brown fur from their cute head to their toes. Flying-fox feet have a ratchet-like tendon system, which makes hanging upside-down effortless. Unlike other flying foxes, Little Reds hang out together in clumps, like bunches of grapes – but way more animated and interesting.

Flying foxes are intelligent, highly social mammals with excellent communication skills. Observing Little Reds during their stopover in the Junee Street Wetlands at Redland Bay is a rare privilege. If you're lucky enough to see them, or any other flying-fox species in the wild, please take care not to disturb them.

Right now, our Black flying-foxes are caring for babies, and our special guests, the Little Reds, are pregnant. And as any expectant mother will tell you, peace and rest are very much appreciated.

By the end of this month or early April, our nomadic visitors will be preparing to depart to their next location where eucalypt flowers are plentiful.



Photo: Supplied.

Until next time ... Stay Wild!

Ranger Stacey

Home Delivering More Good News to More People

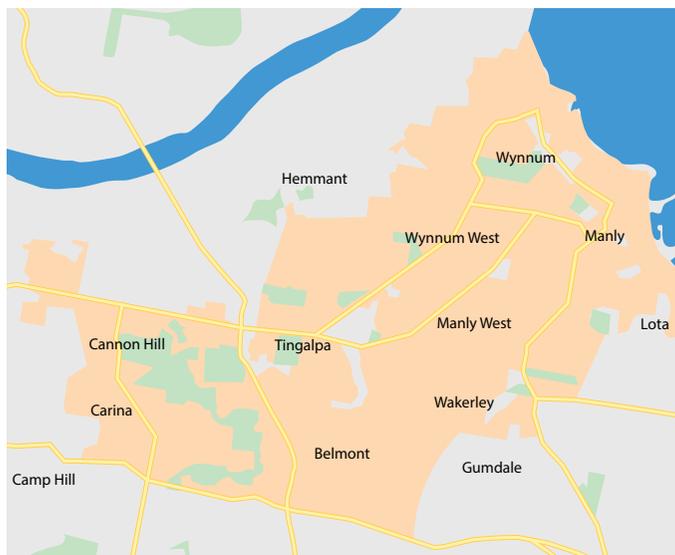
The Community Leader
WE'RE ALL ABOUT GOOD NEWS

The Community Leader is a monthly publication, home delivered to parts of Wynnum, Wynnum West, Manly, Lota, and parts of Gumdale, Wakerley, Hemmant, Tingalpa and Belmont. Please note that if your home has a 'no junk mail' or 'Australia Post Only' label, then we are unable to deliver the newsletter to you. However, copies will be available around the local area for you to read. If your home does not get a copy, you can collect one from a local pick up point. Maps are subject to change and availability of walkers, however the total number of copies delivered remains constant.

Any submissions can be emailed to sales@market2market.com.au for consideration.

LOCAL PICK UP POINTS

Various shopping centres, cafes, clubs and local businesses.



ADVERTISEMENT SIZES

Full Page	Image Area	285mm deep x 255mm wide
Half Page	Image Area	128mm deep x 255mm wide
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Eighth of a Page	Image Area	65mm deep x 125mm wide
Strip Ad	Image Area	40mm deep x 255 mm wide

APRIL BOOKINGS

- Community editorial 10th of March
- Advertising cut off 13th of March
- Distribution to commence 2nd of April
- Bookings are for a minimum of 3 months and space is limited
- Market to Market Communications reserves the right to refuse any advertising
- Advertising contact 0421 786 302 or sales@market2market.com.au

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E-BIKES AND BIKE SAFETY: WHAT RIDERS NEED TO KNOW

Electric bikes, commonly known as e-bikes, are becoming an increasingly popular way to get around, offering a convenient and eco-friendly alternative to driving. But with their growing use comes the need for riders to understand the rules and safety requirements that apply on Queensland roads and pathways.

The good news is that e-bikes can be ridden by people of all ages, with no age restrictions in place. However, safety gear is non-negotiable – all riders must wear a properly fastened helmet. Passengers are only allowed if the bike is specifically designed to carry more than one person.

When it comes to where you can ride, e-bikes are permitted anywhere traditional bicycles are allowed, including roads, bike paths and shared pathways. They are not allowed on motorways or roads where bicycles are prohibited. Riders must always follow posted speed limits on paths, bridges, roads and bikeways.

To be legal, e-bikes must meet specific device requirements. Motor assistance is limited to 25km/h and the motor can only assist when the rider is pedalling – pedals must be the primary source of power. The motor’s maximum continuous power output cannot exceed 250 watts. Throttle use is only permitted up to 6km/h to help riders get started, after which pedalling is required.

High-powered or modified devices that exceed these limits are illegal on Queensland roads and paths. These include e-bikes with internal combustion engines, motors over 250 watts, or devices altered to bypass speed restrictions. Riding a non-compliant device can result in fines of more than \$1600, and the bike may be confiscated.



Safe riding also means following the road rules: obey traffic lights and signs, give way to pedestrians on shared paths, use a bell to warn others, don’t use your phone while riding, never ride under the influence of alcohol, and ensure you’re visible at night with lights and reflectors. If a crash occurs, riders must stay at the scene and exchange details.

Knowing the rules helps keep everyone safe – riders, pedestrians and drivers alike.



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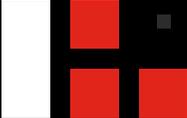
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SWEET AND EASY OVERNIGHT CHOC-CHIP ICE CREAM DESSERT RECIPE

We think this frozen dessert is just as good as home-made ice cream, but the bonus is that you don't have to churn it. Let your freezer do all the work overnight, and you'll have this deliciously creamy and indulgent dessert, thanks to the sweet condensed milk!

INGREDIENTS

- 1 tbsp of vanilla extract (refrigerated, so it's cold)
- ½ cup of chocolate chips – dark or light chocolate
- 1 x 395g can of sweetened condensed milk
- 600ml double cream (or heavy cream), cold
- A pinch of sea salt

METHOD

1. Line a baking tin with baking/greaseproof paper. Make sure the sides and the bottom of the tin are lined. A bread loaf tin works well for this.
2. Whip the cream in a large bowl using a hand-held electric beater until it's thick and fluffy and forms peaks – just like making a meringue.
3. In another medium-sized bowl, gently combine the condensed milk, vanilla extract, sea salt and chocolate chips.
4. Fold the condensed milk mixture into your whipped cream.
5. Put the mixture in your pre-prepared tin, cover with plastic wrap and tuck it in so that the wrap touches the top of the ice cream. Freeze overnight, or for at least 8 hours.
6. Serve cold, on its own or in a cone, and top with fruit, nuts, chocolate topping or any kind of traditional ice cream accompaniments you like.





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LOCAL FISHING WITH SPERO

MARCH FISHING ON THE BAY: WHAT'S BITING AND WHERE TO CATCH IT

BY SPERO KARTANOS

The weather in March is hit-or-miss, and the same goes for some of the species in the bay, but the fishing should still be good.

As mentioned last month, the squid are still in good numbers, but the whiting should also be in big numbers in the bay this month. Find them from the Chain Banks, all through the Rous, Amity Banks and the Maroon Passage. The Sand Hills should also be good this time of year. The school mackerel babies tend to be in big numbers during March, and you'll need to put in a decent effort to catch the bigger ones. I'm predicting that the spotty mackerel will be in the bay, but after the last few years, 'hoping' is all I can say!

I've seen lots of sand crabs and muddies being caught, and the prawn season started well last month, so this should be a good month for prawn fishing too.

But, in my opinion, chase the whiting this month. The gear you need is simple: a hand-line or a light 5 to 6-ft rod, a paternoster rig, fresh bloodworms, beach worms or prawns, and squid strips. You should get a feed with minimal effort. The only other thing we need is for the weather to play its part.

And for any advice about where to fish or any general fishing questions and up-to-date weekly reports, you can go to fishingmonthly.com.au for Moreton Bay fishing reports. Here you can find information about the fish species in the bay, and it's easy to find – just search for 'Spero features'.

Til next month, happy fishing!



Water Tower Bait and Tackle



Photos: Spero Kartanos.

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LOCAL GARDENING WITH KAT

TO CORIANDER OR NOT TO CORIANDER, THAT IS THE QUESTION...

BY KAT PEARSON, *GIRL IN THE GREEN*

Coriander. The most divisive herb if there ever was one. In fact, there is a genetic variation in some people (primarily involving the OR6A2 olfactory receptor gene if you'd like a bit of trivia for the next pub night) that actually makes fresh coriander taste like soap to some people. Their receptors identify the aldehyde chemicals in coriander, which are the same ones that exist in soaps. If you are one of these people, unfortunately, I do not have a solution for you.

If you are one of the people that loves coriander but struggle to grow it in our hot, humid, gross summers, I DO have a solution for YOU!

Enter Mexican/sawtooth coriander, *Eryngium foetidum*. It has similar aldehyde chemicals, so it might not fix the soapy taste problem, but this spikey little beast gives off the same coriander vibes as regular coriander (*Coriandrum sativum*). It also loves heat and humidity and is easy to grow in the subtropics and tropics. It struggles a bit over winter, but we can usually manage with regular coriander then, and so we shall have banh mi all year round!

Mexican coriander is in the same family as regular

coriander, Apiaceae, or the carrot family. It is a low growing, bright green herb that forms a rosette of admittedly spikey-edged leaves – hence the sawtooth name. It's best grown in part shade as the leaves grow softer and the spikes less spikey. I used to chop the very edge of the leaf margin off before I used the leaves, but now I find if I chop them finely enough, it's not a problem.

The plants are a short-lived perennial, and if your winter is warm enough, they will last for a few years. To get the best out of the leaves, like many herbs, remove the flower spikes as they form. Considering the flower spikes are also incredibly spikey (I'm not selling this to you am I), it also makes harvesting much easier. If you're happy to brave the spikes (usually you can reach underneath) leave them to grow and they will happily self-seed in a warm, moist spot.

I promise, if you're a keen coriander lover and want to keep up your zingy herb supply for home-made *bahn mi*, curry garnishes, and guacamole improvements, Mexican coriander is one to grow. They can usually be found this time of year at nurseries in the specialist herb ranges.



Photo: Kat Pearson.

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CELEBRATE HIGHLAND TRADITION WITH THE WYNNUM RSL PIPE BAND

CONTRIBUTED BY WYNNUM RSL

The uplifting sound of bagpipes carries a proud tradition, one that the Wynnum RSL Pipe Band continues to share through music, friendship, and community spirit. Based in Wynnum, the band is a welcoming, supportive group of pipers and drummers of all ages and skill levels, united by a shared love of Highland music and community.

Whether competing across Australia or performing locally, the Wynnum RSL Pipe Band is a familiar and welcome presence at community events, including the Wynnum Manly Australia Day Breakfast, the Wynnum ANZAC Day Community March, and the Wynnum Halloween Parade, each performance combining musical excellence with a genuine sense of togetherness that audiences can feel.

That same warmth extends to the band's teaching program, where experienced pipers and drummers offer lessons in a safe, encouraging environment. From complete beginners to developing musicians, members are supported in learning at their own pace, building confidence, and enjoying making music as part of a team.

This March, the band invites the wider community to experience pipe band culture up close through exciting competitions that celebrate Highland tradition. The Wynnum Highland Gathering, to be held on March 8 at the Wynnum Manly Junior Rugby League Club, will bring together bands and musicians for a vibrant celebration of Highland culture, featuring traditional dress, formal performances, and time-honoured musical standards. These competitions showcase not only musical skill but also the sense of community and cultural pride that define pipe band tradition, offering musicians a chance to connect and audiences a fun, affordable day out.



Photo: Supplied.

At its heart, the Wynnum RSL Pipe Band is about bringing people together. Whether you're a long-time supporter, a curious first-time listener, or simply looking for a fun, family-friendly event, these upcoming competitions are the perfect way to enjoy great music, Highland traditions, and the community spirit that makes the band so special.



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SAT 25TH
APRIL

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9:15 AM	MARCH CNR Bay Terrace & Edith Street
9:45 AM	WREATH LAYING CEREMONY & SERVICE
10:15 AM	SERVICEMAN'S LUNCHEON
	<small>**Pre-Purchased Tickets Required On Sale from 31 Mar at Reception</small>
1:00 PM	CLUB OPENS
1:30 PM	TWO-UP
3:30 PM	LIVE MUSIC



Brisbane
City Council



BAYSIDE ARTISTS CALLED TO CREATE: WMYC INVITES ENTRIES FOR 2026 NAUTICAL ART AWARDS

Artists across the bayside and beyond are being invited to paint, print and sculpt the sea, as Wynnum Manly Yacht Club (WMYC) prepares to transform its waterfront clubhouse into a vibrant winter gallery. Opening 19 June, with a celebratory Gala Awards Night on 27 June, the 2026 WMYC Art Awards promise an inspiring blend of creativity, community and coastal atmosphere.

Entries open Friday 1 May, welcoming both emerging and established artists to submit works that explore the irresistible theme Nautical: the sea, the boats, the birds, the light, the weather, and the stories that unfold along the foreshore. Artworks will be displayed during normal WMYC and Captain's Parrot Café hours, with Friday and Sunday viewing sessions adding to the exhibition's relaxed, bayside charm.

The WMYC Art Awards have a strong legacy of elevating local talent. Wynnum artist Jo Higgins, winner of the 2019 competition, went on to become a finalist for the prestigious Gallipoli Memorial Club's national art prize – a testament to the platform the exhibition provides. The 2026 program aims to build on that momentum, offering artists genuine exposure, a professionally curated exhibition, and generous cash prizes across multiple categories, including the ever popular People's Choice.

Curator Randell Armitage says the event blends the feel of a gallery with the warmth of a community clubhouse, bringing artists, sailors and locals together in a shared celebration of creativity. Commodore John Vandermaat agrees, noting that the Art Awards capture the welcoming spirit of Wynnum Manly and offer a unique way for the public to support exceptional artistic work.

Artists are encouraged to submit their nominations early; entries close on June 5. For further details, please get in touch with the Wynnum Manly Yacht Club on 3393 5708 or email office@wmyc.com.au.



The 2019 Member's Choice Award winner De Gillet Cox and her artwork 'Into the Swell'. Photo: Supplied.

Latest news from the Port of Brisbane March 2026



Trade

The Port recorded strong trade activity from July 2025 to January 2026, with total trade volumes increasing to over 22.5 million tonnes – a 9.1% rise on the same period last year. Favourable economic and climatic conditions are boosting demand across several key sectors.

Motor vehicle imports, cement products and building materials have all performed well during the financial year to date. Volumes are up compared to the same period last year reflecting improved market conditions and increased construction activity.

Community

Applications are open for our 2026/27 Community Grant Program! A total of \$100,000 in grant funding is available for community organisations and registered not-for-profits, with up to \$15,000 available to individual, eligible organisations. Applications close 30 April.

If you're interested in a Port tour, you can book into a one-hour bus Explorer Tour for \$10 per adult, \$8 concession and free for children under 16. Tours will take place during the Queensland school holidays on:

- Tuesday 14 April, Tuesday 7 July and Tuesday 22 September
- To apply for a Community Grant or book a tour, visit our website, email info@portbris.com.au or call us on 3258 4888.

Environment

Each year, we carry out detailed environmental monitoring programs to inform our day-to-day environmental management and help protect Moreton Bay's sensitive ecosystems. We work with environmental experts and some programs, like our shorebird monitoring, are supported by citizen scientists! Monitoring reports are available on our website.

We're working with Healthy Land and Water to rehabilitate sections of degraded catchment along Laidley Creek. Our latest one kilometre project involves removing invasive weeds, reshaping steep banks, and planting and maintaining 15,000 native plants. Once complete, it will prevent almost 6,000 tonnes of sediment entering the catchment each year.

For more information about the Port of Brisbane, visit www.portbris.com.au or email info@portbris.com.au.

Channel Enhancement Project

Work is progressing on the draft Environmental Impact Statement (EIS) for the Port of Brisbane's proposed Channel Enhancement Project. The Port's project team and technical consultants have commenced detailed studies and investigations to review and refine the project's design and layout. Over the next 18 months, EIS investigations will involve a broad range of technical studies. The team is continuing to review and refine the channel design in a way that achieves the navigational safety and operational objectives needed to accommodate larger ships into the port, but that can also lower the overall volume of material required to be dredged and placed. Visit www.portbris.com.au for more.

Port fast facts

- In 2025/26:
- 30% of port land is green space
 - We have 18 environmental monitoring programs, of which 11 are voluntary
 - Our seagrass and shorebird monitoring programs have been undertaken since 1992

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LOCAL READERS – A BOOK REVIEW

THE LONELINESS OF SONIA AND SUNNY BY KIRAN DESAI

BY ANNE CROWLEY

WHAT THE EXPERTS SAID

“A spellbinding story of two young people whose fates intersect and diverge across continents and years – an epic of love and family, India and America, tradition and modernity.

“Sonia, an aspiring novelist who recently completed her studies in the snowy mountains of Vermont, has returned to her family in India, fearing she is haunted by a dark spell cast by an artist to whom she had once turned for intimacy and inspiration.

“Sunny, a struggling journalist resettled in New York City, is attempting to flee his imperious mother and the violence of his warring clan. Uncertain of their future, Sonia and Sunny embark on a search for happiness together as they confront the many alienations of our modern world.

“A love story, a family saga, and a rich novel of ideas.” *Penguin Books Australia.*

MY THOUGHTS

Kiran Desai’s novel is a long, expansive saga – ambitious in scale, with journeys across continents and generations. The attentive detail lavished on its myriad of characters, even animals, makes even the

most mundane events, like a Delhi family selecting their evening meal, come alive. The book’s winding roads and side stories mean it’s not a quick read, but it’s deeply immersive if you’re willing to invest the time.

The story explores a wide range of themes – cultural contrasts between India’s family and community and America’s individualism, racism and social hierarchies, and magic realism that blurs the lines between superstition and the surreal. Food is a recurring motif; Sonia even writes about the history of the kebab. The lives of servants and their interdependence with employers are explored, as is corruption. The two most striking themes are loneliness and coercive control.

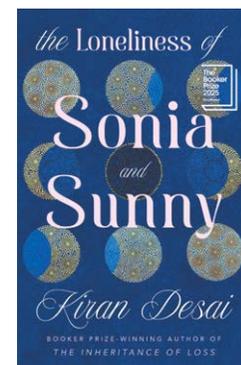
Loneliness is portrayed in nuanced ways. Sonia’s family in India can’t imagine loneliness, confusing being alone with feeling lonely, and many are lonely despite constant company. Sonia is acutely aware of loneliness in America, admitting, ‘I spend all my time trying to pretend I’m not lonely. If you are lonely, you feel ashamed, and the only relief to your shame is being alone, which is what makes you lonely in the first place’. For both Sunny and Sonia, loneliness arises first from exile and displacement – from homeland, family and culture – and then persists as they become estranged from their sense of self.

Coercive control and abuse also figure prominently: Ilan’s manipulation

of Sonia, Sonia’s father’s dominance over her mother, Sunny’s mother’s grip on him. Each character’s long struggle to break free is depicted with empathy. Sonia’s mother’s triumph – choosing her own happiness and casting off guilt – stands out, offering Sonia a role model.

Though too long, the novel is beautifully written, often ironic and humorous. Circular arguments are amusing: ‘A man can only change a system when he is in a position of power, and to get to a position of power he must perpetuate exactly what he wishes to transform.’ Contrasts of weight and light recur – Sonia is ‘too weighted by sadness, too light from emptiness,’ and Sunny swims ‘to exchange the heaviness of his guilt for an unbearable lightness of being’.

I enjoyed the book, though some plot detours felt unnecessary. Yet, their inclusion meant there was something for everyone in my book club. If you’re willing to take your time, Desai’s novel offers a wealth of insight and experience.

**LOCAL POETRY****THE DAY IT SNOWED IN BIGGENDEN**

BY GEOFF SMILEY

Strange things can happen
but none is like
the day it snowed in Biggenden.
Sometimes
fish fall from the sky,
no one knows why.
But rarer the time
that snow came down in '59.

Dairy cows had not seen
a spectacle such as when
the snow came down in Biggenden.
The ground was white
for just one night
the time it snowed in Biggenden.

In all white history
the town's one mystery,
that single night of sheer delight
when the sky opened
and it snowed.

So, attend
hot places everywhere,
chance could find you in the cold.
Like the time when
snow did fall in Biggenden.

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FROM DENTAL ON CAMBRIDGE

As we get settled into 2026, it's the perfect time to prioritise your oral health – and there's no better place to do so than Dental on Cambridge in Manly, where every appointment is with an experienced dentist.

Dr Zin Lwin brings over a decade of clinical experience and a calm, caring approach to every patient she treats. Known for her thoroughness and gentle manner, Zin is passionate about helping patients feel comfortable and confident in the dental chair – whether they're visiting for a routine check-up or more complex treatment.

Zin provides comprehensive dental care, including preventive check-ups and cleans, crowns, fillings, root canal therapy, and restorative treatments. She has a particular interest in wisdom teeth assessments and extractions, as well as Root Canal Treatment (RCT). Dr Zin understands that these procedures can feel daunting for many patients, which is why she takes time to explain the diagnosis clearly, outline all treatment options, and ensure you feel informed and at ease before proceeding.

Wisdom teeth can become impacted, infected, or difficult to clean – leading to pain, swelling, and repeated flare-ups. Early assessment allows Dr Lwin to determine whether monitoring or removal is the

best course of action, helping to prevent more complex issues down the track.

When it comes to root canal treatment, Dr Lwin's careful, methodical approach focuses on removing infection while preserving your natural tooth. Modern techniques mean RCT is far more comfortable than its reputation suggests – and it can often save a tooth that might otherwise be lost.

Dr Zin takes the time to listen, explain treatment options clearly, and tailor care to suit each individual's needs. Her focus is always on long-term oral health, function, and creating natural-looking results that help patients smile with confidence.

At Dental on Cambridge, we believe experience matters. That's why every patient – at every visit – is seen by a trusted and experienced dentist. No compromises. Just consistent, high-quality care from Dentists you can trust. Whether you're overdue for a check-up or have treatment you've been postponing, Dr Zin and the friendly team at Dental on Cambridge are here to help you take care of your oral health now and into the future. Call our team now to book at 3348 6661.



Photo: Supplied.

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